

**GIVE DAD A BREAK, FIX HIM A STEAK!**

**SUNDAY**

THE

# Hansford PLAINSMAN

Volume 14, Number 32

The Hansford Plainsman, Spearman, Texas 79081

Sunday, June 17, 1984

## City Meeting Held June 12

The city council of Spearman, Texas met in regular session on June 12, 1984 at 8 p.m. with Mayor C. Ralph Blodgett presiding. Aldermen present were Wilson McClellan, Jim Nicholson, Ed Garner, Burl Buchanan and Bob Pearson and Jim Murray, city manager and D.J. Alberts, police chief.

Minutes of May 22 meeting were approved.

A public hearing was held concerning an application by the City of Spearman to the Texas Department of Community Affairs for a Texas Community Development grant for water distribution improvements. No action was taken.

The Hansford County Ap-

### Nell Morley services held

Funeral services were held Friday, June 15, at 4 p.m. for Nell Morley, 62, who died Wednesday. Services were in the First Baptist Church with the Rev. Russ Gibbs, pastor, officiating. Burial was in the Hansford Cemetery by Boxwell Brothers Funeral Directors.

Mrs. Morley was born in Cabool, Mo., and moved to Spearman in 1947. She was a member of First Baptist Church and was employed by the maintenance department of Spearman schools. She married Bud Morley in 1938 at La Junta, Colo. He died in 1972.

Survivors include two sons, Jim of Spearman and Don of Gruver; three sisters, Lorraine Wilson of Fritch, Juanita Dixon of Colorado Springs, Colo., and Evelyn Nye of Snowmass, Colo.; four grandchildren; and two great-grandchildren.

**NOTICE  
OPEN HOUSE  
GRUVER POST OFFICE  
JUNE 19, 1984  
10 to 11:30 a.m.**

praisal District's 1985 proposed budget was approved unanimously.

The city manager was authorized to enter into a contract with Bob Rhodes of Amarillo to appraise a parcel of property for the city and to enter into a contract with Troy Sloan to perform the review appraisal.

The council approved the monthly fire, ambulance, police, municipal court and animal control reports.

Council approved the monthly bills payable in the amount of \$749,180.06 and reviewed the current cash position.

The short meeting was adjourned at 8:32 p.m.

## Markets

WHEAT	\$3.40
MILO	5.30
CORN	3.40

## Hansford Roundup says thanks

The Hansford Roundup Association which is made up of Clubs and Organizations would like to thank everyone for a very successful Celebration. A special thanks to: Johnny Crawford, Fred Groves, Boy Scouts, City Police, Sheriff's Department, City Employees, County Judge and Commissioners, JayCee wivvs, KRDF-FM, Spearman Reporter Hergert Pontic, Buick & GMC, Hickerson Jewelers, Rotary Club, Helen and Irvin Boyd, Pam Eckroat, Paulette Laxson, Gary Walker, Stacy Lesley, Debbie Baskin, Dee Carper, Boyd's Family Shoes, City of Spearman, Ralph Blodgett, Texas-New Mexico Power Company, Xi Zeta, J.D. Wilbanks, Terry Graves.

Clubs and Organizations that

### Hackley Golf Tournament

The Dr. Hackley Memorial Golf Tournament will be held Saturday, June 16 at Hansford Golf Club.

There is a \$10.00 entry fee for the 18 hole individual medal play.

Tea off deadline is 2 p.m. Saturday.

## USDA requests comments on '85 feed grain program

WASHINGTON--The U.S. Department of Agriculture is seeking public comment on some aspects of the 1985 feed grain program prior to making a decision on the program, a USDA official said today.

Everett Rank administrator of USDA's Agricultural Stabilization and Conservation Service, said USDA will study the public's recommendations along with current dates on U.S. and World crop conditions and crop supply and demand before announcing the 1985 program.

Specifically, Rank said, USDA would like to receive comments on:

- the loan and purchase level;
- the established target price;
- the national program acreage;
- whether there should be a

- voluntary reduction percentage and, if so, what percentage;
- whether there should be an acreage reduction program and, if so, what percentage and how to establish the acreage bases for the acreage;
- whether a set-aside requirement is necessary and, if so, what percentage;
- whether there should be a land diversion program and, if so, the extent of such diversion and the level of payment!
- whether barley should be eligible for payment purposes under the feed grain program;
- whether malting barley should be exempt from any acreage program;
- if an acreage reduction or set-aside program is necessary, whether to allow haying and grazing of acreage conservation reserve acreage;

- provisions of the farmer-owned reserve;
- whether to require offsetting compliance if an acreage reduction program is established;
- whether non-recourse loans and purchases should be made available to producers who cut their corn crop for silage; and
- whether contracts that producers sign to participate in the program should be binding after the sign-up period.

Rank said current law stipulates that if USDA estimates the quantity of corn on hand in the United States on Sept. 30, 1985 will exceed 1.1 billion bushels, a cash land diversion program of not less than 5 percent must be provided and an acreage reduction program may be provided. If a combination cash land

diversion and acreage reduction program is offered, the total reduction may not exceed 20 percent, Rank said.

Any required reduction in excess of 15 percent must be equally apportioned between a cash land diversion program and an acreage reduction program.

The payment rate for any land diversion for corn cannot be less than \$1.50 per bushel.

Details of program options USDA is considering are scheduled to appear in the June 6 Federal Register.

Comments should be sent to director, Analysis Division, room 3741-S ASCS-USDA P.O. Box 2415, Washington, D.C. 20013. The comments, which must be received no later than Aug. 6, will be available for public inspection in that room during regular business hours.

had booths and/or floats. Businesses that had Commercial floats, Servitors, White House Lumber, Hansford Implement, Celebrate and Mr. Reed, Verlin Hagerman, Preceptor Epsilon, Micky Fanning, Grace McDade, All local people that had Antique Autos in the Parade, and Shriners.

### Sheriff makes arrests

It was a busy week at the Hansford County Sheriff's Department. Sheriff McFarlin reports that Jimmy Fielding has been arrested and is being held on \$5,000 bond in Hansford County Jail. The 25-year old Fielding was wanted in Wichita Falls, Tx. on a fugitive warrant for controlled substance.

Also Stephen Nelms, 18 years old, of Lawton, Okla. has been arrested and charged for allegedly stealing a cassette player from Anthony Electric. No bond has been set for Nelms.

Johnny Thomas, 25 years old, has been arrested for forgery. His bond has been set at \$10,000.

Sheriff R.L. McFarlin reports that Roy Berkley has been returned from Lexington, Okla. and is being held on a forgery charge. His bond is set at \$10,000.

## Trantham attends workshop



Those participating in a Southwestern State University School of Education summer workshop, entitled "Multi-Cultural Education" include: (front from left): Hazel Thomason, Gallup, New Mexico;

Carolyn Morey, Elk City; Edra Sutton, Burns Flat; Bobbie Brethouwer, Odessa, Texas; Robbie Holder, Hollis and Lisa Kitchens, Weatherford.

(back from left): Elanie Loftiss, Burns Flat; Richard Trantham, Spearman, Texas; Ruth Ann Cross, Altus; Tim Puett, Watonga; Kenneth Brethouwer, Odessa, Texas and Pam Rondobush and Deannice Huges, Altus.

## Brain surgery apparently cures epilepsy

By EARL MOSELEY  
Globe-News Staff Writer

SPEARMAN — Twenty-four-year-old Margaret Becker says she's a new person because of brain surgery that apparently cured her epilepsy.

The young Spearman housewife had suffered epileptic seizures most of her life. But she hasn't had one since her surgery last June at Duke University Medical Center in Durham, N.C.

"I've had no headaches," she said. "They told me I'd have headaches for about a year, but I just haven't had any."

Her neurologist, Dr. J. Scott Luther of Durham, N.C., told the Globe-News that Mrs. Becker's surgery for removal of an anterior gem of the brain's temporal lobe was a



BECKER

success and the epilepsy should not return.

Mrs. Becker explained that she read about a new method of brain surgery about two years ago.

"The neurologist I had seen in the Panhandle had not heard of this method of surgery and strongly advised against it," she said. "When I mentioned it to my parents, they didn't even want to discuss the possibility of surgery. Finally, I convinced them to at least look into it."

She and her mother flew to Raleigh-Durham, N.C., for a consultation, she said.

"After listening to all the pros and cons of surgery, it took me less than a minute to say yes," Mrs. Becker said. "My parents were still skeptical about the idea, but my husband, Jeff, was behind and beside me all the way, no matter what decision I made."

Dr. Luther says the operation itself is not new.

"This type surgery has been practiced since the 1940s," he said.

"Probably 100 to 200 are performed per year in eight medical centers throughout the country. But what has changed is, we can usually tell now where the patients might benefit from surgery — in what part of the brain it's located."

Mrs. Becker says her epilepsy might have begun at birth.

"My mother had a very difficult labor and delivery. Two years later, my parents discovered I had epilepsy — defined as an occasional, excessive and disorderly discharge of nerve tissue."

In the beginning, she said, she had Petit Mal, or mild seizures.

"These consisted of sudden onset and cessation of loss of responsiveness and lasted 10 seconds or less. The seizures were controlled by anti-epileptic drugs and this method worked well for a time," she said.

But Mrs. Becker's body became immune to medication.

"All the drugs slowed me down and made me feel very tired," she

don't understand," she said. "Even though 1 million to 4 million Americans suffer from some form of epilepsy, it's still a frightening reality."

Part of the pre-operative procedures included having electrodes glued to her scalp and hooked into a machine which recorded brain activity.

"This is the most important diagnostic procedure in the evaluation process," Mrs. Becker says. "The machine is like a video recorder/player. It films and records all activities of the brain. Anything I said or did was captured there."

The purpose was to record seizures and identify the epileptic focus, she said.

Afterward, she had a two-hour session with a psychologist, which included questions about geography, mathematics, religion and "my inner feelings." The test was extended later to include putting pictures together, drawing pictures and writing stories about them.

A seizure was recorded at 5 a.m. on June 19, 1983 — her 24th birthday. A second seizure was recorded on the following morning and the elec-

trodes were removed, she said.

"I was then given a ... test where half my brain at a time was put to sleep. This testing allows for assessment of language and new learning competency of each (side of the brain)," she said.

While part of her brain was asleep, she was asked such questions as, "Who are you?" "Where are you?" "Why are you here at Duke?"

"To the last question, I replied, 'I am here for a miracle!'" she said.

On June 27, 1983, she was wheeled into the operating room.

"Ten hours later in Intensive Care Unit, my doctor awoke me immediately and checked all my reflexes," Mrs. Becker says. "Every thing checked out. (But) my head felt as though an ax had ripped through it. It hurt so badly that tears poured down my cheeks. All I wanted to do was sleep."

On the third day after surgery, she was in a bed in a regular hospital room eating take-out Chinese food, she said.

"My faith in God is what really helped me get through the hard times and has kept me secure in the good times," Mrs. Becker said.

## Double Ring Ceremony Unites Couple



MR. AND MRS. JIM E. PHIPPS

Shellye Raylene Barnes and Jim E. Phipps were united in marriage March 24 in the sanctuary of the Panhandle Centenary United Methodist Church in Goodwell, Oklahoma. The Reverend George Warren performed the double ring ceremony.

The bride is the daughter of Bill and Betty Barnes of Goodwell and the groom is the son of Eurin and Nell Phipps of Amarillo, Texas.

The bride was escorted down the aisle by her father and given in marriage by her parents.

The bride's gown, designed and created by her maternal grandmother, Zela McDonald of Goodwell. It was a formal gown of

ivory taffeta with Chantilly lace. It had a long waistline and featured a heart-shaped neckline with a Queen Anne collar and an attached chapel length train. The bodice and sleeves of the dress were of lace with puffed sleeves and long tapering lace sleeves below. The gown was sprinkled with hand-embroidered lace medallions trimmed with hand sewn seed pearls, and a border of lace medallions and seed pearls around the hem of the skirt. The bride's veil was of maxi-length with a wreath band of flowers and seed pearls on the veil.

The bride carried a colonial bouquet of red and ivory roses,

carnations and baby's breath, with an ivory rose for the mother of the bride and for the groom. The mother of the bride and of the groom each wore corsages of red and ivory roses.

Christi Prince, of Oklahoma City, served her cousin as maid of honor. She wore a tea-length dress of red taffeta with puffed sleeves and a heart-shaped neckline. Her flowers were red and ivory roses, carnations, and baby's breath.

The bridesmaid, Chris Blount, a friend of the bride from Albuquerque, New Mexico, had a dress and flowers to match those of the maid of honor.

The men in the wedding party all wore grey tuxedos.

Monte Johnson of Amarillo, Texas, served as best man and Jubel Gillis, also of Amarillo, was a groomsman.

Lighting the tapers were Roger and Robyn Valliquette, cousins of the bride, from Houston, Texas. Roger Valliquette also served as an usher.

Mary Strain of Goodwell, cousin of the bride, was the pianist and Helen Boyd of Gruver, Texas, was the organist. Margaret Mason, of Goodwell, was soloist for the occasion. Musical selections included the traditional wedding march, "Flesh of My Flesh" which was recorded. Mrs. Mason, accompanied by Mrs. Strain, sang "The Rose," and "Surely the Presence of the Lord is in this Place."

Ribbon bows enhanced the pews. Heart-shaped candleabrum with eighteen candles in each flanked the chancel. They were enhanced with baskets of red and ivory roses, carnations, baby's breath, and daisy chrysanthemums.

Beth Commer of Berstein, Texas, cousin of the bride, attended the guest book.

The reception was held at the Methodist Student Center. Hostesses were Dee McDonald of San Antonio, Texas, aunt of the bride, Mary Strain and Rita Strain of Goodwell, cousins of the bride. Serving at the reception were

Rhonda DeCamp of Gruver, Texas, CeCe McDaniel and LeAnn McDaniel of Goodwell, cousins of the bride, and Kathy O'Rourke of Amarillo, Texas.

Decorations for the reception included centerpieces of red and ivory roses and carnations for each table. The wedding cake was a four-tiered heart-shaped cake with ivory icing and red roses, and ivory and gold bells on top of the cake. The groom's cake was a heart-shaped chocolate cake. The cakes were also made by the bride's grandmother, Mrs. Zela McDonald. A crystal punch bowl was used on the bride's table, and a silver coffee service was used on the groom's table.

Out of town guests included Mr. and Mrs. J.B. Strange of San Antonio, Texas, aunt and uncle of the bride; Mr. and Mrs. Carl B. Barnes of Kismet, Kansas, aunt and uncle of the bride; Mr. and Mrs. Lee Templeton of Amarillo, Texas, sister and brother-in-law of the groom; Lt. Col. and Mrs. Robert C. McDonald, and their children, Rob and Laura, of Fort Sam Houston, Texas; aunt, uncle, and cousins of the bride; Bob McAnarney of Guymon, uncle of the bride; Ms. Pat Prince of Oklahoma City, aunt of the bride; Mr. and Mrs. Mike Coomer, Ray, Halley, Carley of Bernstein, Texas, cousins of the bride; Mr. and Mrs. Medford DeCamp of Hitchland, Texas; Mr. and Mrs. Phil Cassidy and their grandchildren, Keith and Becky, of Gruver, Texas; and Mrs. Joel Stavlo of the Oslo Community.

The couple is at home in Amarillo, Texas. The bride is employed by First National Bank of Amarillo, and the groom is employed by Canyon Cabinets of Canyon, Texas.

Pre-nuptial courtesies extended to the couple include a bridal shower at the Methodist Student Center in Goodwell. Hostesses were Mrs. Medford DeCamp, Mrs. LeClair Lanning, Mrs. Billy Logsdon, Jr., Mrs. Clarence Zabel, Mrs. Phil Cassidy, and Mrs. Gary Doty, and Mrs. Richard Wagner.

Prince Edward Island, located in the Gulf of St. Lawrence, is Canada's smallest province, with an area of 2,184 miles.

You are cordially invited to a wedding shower honoring

Mrs. Daniel Boyd

nee Genne Womble

Saturday, June 23

from 2 to 4 p.m.

in Fellowship Hall

First Baptist Church

Hostesses

Barbara Rosser

Alva Garner

Joyce Frost

Betty Beham

Ellen Graham

325-2tc

Audene Beck

Judy Irlbeck

Pat Hamilton

Buena Lyon

June Tucker

### Thrift Shop to reopen

We want to thank everyone for being patient in waiting for the Thrift Shop to be re-opened. We

are ready to take items from you now. We also plan to be open Saturday.

The Thrift Shop

## Cha-Lor's "The Wedding Store"

502 Davis

### Final Closeout

Kitchen gadgets ½ and below

Windchimes ½ price

Candles 25% off

Selected coasters and napkins ½ price

2 tables of merchandise 70% off

Bulls Country items 75% off

Stenciling materials ½ price

Baskets 75% off

## NOW OPEN To Receive Cattle

Feed your cattle now at  
**Colbert Cattle Feeders, Inc.**

P.O. Box 1091

Spearman, Texas

**50,000 Head Capacity**

Telephone

**659-2577**

435-5920 - nights

**Boyd Colbert**  
Manager

435-5920-home

**Dan Colbert**  
Assistant Manager

435-6326 - home

2 miles East and 2 miles North of Spearman, Texas

## HANK IS BACK!



Cr. L. Holmes

### Hank the Cowdog IT'S A DOG'S LIFE

by John Erickson

Get a FREE copy of Hank's latest adventures just for saving at First National Bank. Open or add to a Savings Account or Certificate of Deposit (minimum deposit \$500) and receive "It's a Dog's Life." Absolutely FREE.

Savings offer available during June, 1984. Ask the New Accounts Advisor or Tellers for your copy of this delightful, fun book.



**First National Bank**  
Perryton, Texas  
806/435-3676  
Member FDIC

(P.S. Ace is Coming ...)



Bridal Shower for  
Carrie Bowen

Bride elect of Albert Avila

Thursday, June 21st.  
7:00 p.m. to 8:30 p.m.

First Baptist Church

Hostesses

Linda Beeson	Bette Hazelwood
Tammy Smith	Melba Rook
Ann Rook	Lometa Sparks
Mrs. A.F. Loftin	Altha Groves
Linda Winegarner	Jo Brown
Nordine Cochran	Holly Simpson
Stephanie Brock	Carol Stumpf
Nancy DeLuna	Becky Brown

Carma Dorton  
Gift selections at the Gift Box

32-3tc

### Engagement Announced



Mr. and Mrs. James C. Scroggs of Spearman would like to announce the engagement and approaching marriage of their daughter Tootsie Scroggs to Steve Fleetwood of Borger, Tx.

### Students listed on Tech honor rolls

More than 2,200 students at Texas Tech University qualified for the president's and deans' honor rolls in the university's six colleges during the 1984 spring semester.

To make the president's Honor List, a student must earn a perfect 4.0 (A) grade-point average while enrolled in 12 or more semester hours of classwork. For the Deans' honor List, a student must finish 12 or more semester hours with a grade-point average of 3.5 or above.

Students making the honor rolls included on President's list, Carlton B. Ware; and Eadie A. Bradford. The Deans' list included Karen Kenny, Shelly Mitchell and Larry W. Backus, all of Spearman.

Those making the Deans' list from Gruver include Richard T. Schad; Terri Hart and Jody Bradford.

You are invited to a  
Bridal Shower honoring  
Johnnie Eaton  
Bride-elect of Kelly Fuller

Tuesday, June 19  
7:30 p.m. to 8:30 p.m.

First Baptist Church  
Fellowship Hall

Hostesses

Zetha Blackburn	Wanda Reed
Denise Blackburn	June Day
Barbara Kenney	Charlotte Ford
Judy Friemel	Cleo Denman
Mickey Fanning	Jo Cochran
Sandy Russell	Evelyn Hiller
Betty Thomas	Gina McLain

32-2tp

### New arrival

Mr. and Mrs. Reagan Baker along with Khris, Kiki, and Lacie, are proud to announce the arrival of Daniel Lance Baker.

He was born June 9, 1984 at 8:59 p.m. he weighed 7 lbs. 15 1/2 ozs. and was 21 in. long.

Paternal Grandparents are C.L. and Charlsie Baker of Spearman. Maternal Grandparents are Wesley and Beth Daniel of Littlefield. Great Grandmothers are Martha M. Baker and Warrenna Roark both of Sudan.

### CLOSE OUT SALE AT MCCLELLAN'S

R.L. McClellan Grain Co. is having a close-out sale on their merchandise. They are giving a 20 percent discount on all feed, seed, garden supplies, chemicals and fertilizers and 30 percent discount of bridles, halters and feeders.

If you need any of these items this would be a good time to purchase them at a savings.

Don't worry about not being able to take it with you; there probably won't be enough left to worry about.

Rules of office survival: When the boss tells a funny — he who laughs last.

Wishing upon a star was much easier when you didn't have to first screenout all twinkles that might be airplane classification lights.

Law of diminished returns: The less hair a man has, the more hair tonic he needs to keep what he has in place.

MONDAY 6/18/84

CABLE	[2]	[3]	[4]	[5]	[7]	[8]	[9]	[10]	[11]	[12]
PM	ESPN	OETA	KAMR CH.4	TMC	KVII CH.7	CBN	WGN CH.9	KFDA CH.10	WTBS CH.17	CNN
	Sports Network	Oklahoma City	Amarillo	Movie Channel	Amarillo	Cbn Cable Netwr	Chicago	Amarillo	Atlanta	Cable News Ntwr
6:00	SportsCenter Inside Baseball	Nightly Business Report Oklahoma Report	News "M*A*S*H"	Prog Cont'd	News "Family Feud"	Here Come the Brides	Alice Carol Burnett	News "Three's Company"	Sanford and Son All In the Family	Moneyline Crossfire
7:00	USFL Football: Oklahoma at Michigan or	Frontline	TV's Bloopers and Practical Jokes	Movie: 'From the Terrace'	Major League Baseball: Teams to be Announced	Cisco Kid	Solid Gold	Scarecrow and Mrs. King	Movie: 'Sex and the Single Girl'	Prime News
8:00	San Antonio at Houston	Great Performances	Movie: 'Family Reunion' Part 2			700 Club	Greatest American Hero	One Day at a Time		
9:00		Tyranny of Status Quo		Movie: 'Psycho II'		Shirley & Pat Boone		Cagney & Lacey	TBS Evening News	Freeman Reports
10:00	SportsCenter Mazda SportsLook USFL	Dr. Who Austin City Limits	News "Tonight Show"		News "Barnaby Jones"	Another Life Best of Groucho	Twilight Zone Cannon	News "Hart to Hart"	Catkins	Moneyline Sports Tonight
11:00	Football: Oklahoma at Michigan or San Antonio	Business of Management	Late Night with David	Movie: 'Deadly'	Nightline	Burns & Allen Jack Benny Show	Movie: 'Not With My'	Columbo	Movie: 'No Way to Treat'	Newsnight
12:30	at Houston	Sign Off	Letterman Muppet Show	Force	Woman to Woman Virginian	I Married Joan Love That Bob	Wife, You Don't		a Lady	Crossfire News Wrap-Up

MONDAY

*Mr. and Mrs. Jim Ivey*  
request the honour of your presence  
at the marriage of their daughter  
Cindy Ann  
to  
Mr. Keith Atkins  
Saturday, the twenty-third of June  
nineteen hundred eighty-four  
at two o'clock  
First Christian Church  
29 South Bernice  
Spearman, Texas

WALLET SIZE COLOR  
**19** PHOTOS ONLY

**99¢** NO LIMIT ON THIS OFFER

WE USE KODAK PAPER

AT  
**Kids' Stuff**  
719 W. 7th  
Mon., June 18

ASK About Our  
**FREE**  
8x10  
OFFER

*Shugart's*  
inc.

GROUP CHARGE  
99¢ per person  
per 19 wallets

**COLOR PHOTOS**

Kodak paper. For a Good Look at the Times of Your Life. TM

## MONEY MARKET RATES

Money Market Certificates	\$2,500	\$10,000	\$25,000	\$50,000	\$100,000
32 DAYS	9.80%	9.90%	10.00%	10.10%	10.45%
90 DAYS	10.00%	10.10%	10.20%	10.30%	10.65%
180 DAYS	10.25%	10.35%	10.45%	10.55%	10.90%
1 YEAR	10.45%	10.55%	10.65%	10.75%	11.00%
18 MONTHS Min. \$500.00	10.55%	10.65%	10.75%	10.85%	11.05%

Call the Money Market Advisor at First National Bank, Phone 435-3676.  
We can keep your certificate safe in our vault at no charge.

**1st** First National Bank  
Perryton, Texas

Rates Effective Thru June 18, 1984  
All Deposits Insured to \$100,000 by F.D.I.C.  
Substantial Penalty for Early Withdrawal.

# Faye's Daze

Well I'm in a gripy mood this week. I have had laryngitis or pharyngitis for about 2 weeks now. If anything upsets me it is not being able to get my two cents in (talk). When I do get something out my voice is very squeaky. I've tried every remedy I know of, have seen the doctor, and still have the stuff. I read in a little booklet that came in the mail to chew up some Vitamin C pills. If you haven't tried that, don't what a taste! I may take Vitamin C for this condition but I will swallow them not chew them up.

\*\*\*

Remember when we were kids and always were saying or trying to say tongue twisters. I remember "A dozen double-damask dinner napkins", "She sells seashells by the seashore." This is regarded as the toughest tongue twister "Theophilus Thistle, the Thistle-sifter, sifted a sieve of unsifted thistles. If Theophilus Thistle, the Thistle-

sifter a sieve of unsifted thistles, where is the sieve of unsifted thistles Theophilus Thistle, the thistle-sifter, sifer?"

The most famous tongue twister of all is "If a woodchuck could chuck wood, how much wood would a woodchuck chuck if a woodchuck could and would chuck wood, no reason why he should, how much wood could a woodchuck chuck if a woodchuck could and would chuck wood?"

Here are some later day twisters: "Preshrunk shirts", "Double bubble gum bubbles double.", "Does this shop stock short socks with spots?" or "Six long slim slick slender saplings"; "Strange strategic statistics"; "Truly rural."; "Tie twine to three tree twigs."; "They threw three quick things."

Some don't sound too hard, but try them and see if you don't get your tongue twisted.

## Two-Bit Sermons

by James D. Jones, Pastor, Fellowship Baptist Church

What Is A Preacher?

What is a preacher? Why he is a man called of God to preach the Gospel, who is responsible only to God and dependent upon the grace of a congregation. He is a specialist, educated, trained, and experienced in a field where many of the church members feel they know more than he does. He is a manager of an institution, numbering many activities and scores of members, whose major task is to manage it without the least hint of assuming any authority.

And what does the preacher do? Well, his time is his own, which means he is always on call. The preacher heals, though without pills or knife. He is sometimes a lawyer, often a social worker, something of an editor, a bit of a philosopher, a lecturer, a salesman, a handy decorative piece for public functions, a local representative for every relief movement in the community. He is supposed to be a scholar as well as a promotional expert. People come

### Social Security representative schedule

A representative of the Guy-mon Social Security Office will be in Spearman July 3, 24, August 7 and 28, and September 4 and 25 from 10 until 11:30 a.m. in the County Commissioners Court Room at the Courthouse.

This individual will be glad to assist you in filing an application for Social Security Retirement, Survivors, Disability, Medicare, or Supplemental Security Income benefits.

If you are unable to visit personally, you may call 338-6527 Monday thru Friday between 9 a.m. and 4:45 p.m. except for national holidays.

Speakers are available for club or group meetings.

### State comptroller rep here June 20

Austin, Texas-- A representative of State Comptroller Bob Bullock will be in Spearman on June 20, 1984 to assist area taxpayers and answer tax questions.

According to Richard A. Shirley, manager of the Comptroller's Amarillo Office, Mort Watson, Taxpayer Representative, will meet with Hansford county taxpayers in the County Judge's Office at the County Court House in Spearman from 10:00-12:00 PM.

Mount Whitney (14,494 feet), the highest mountain in the 48 contiguous states, is located in Sequoia National Park, Calif.


TUESDAY 6/19/84

CABLE PM	[2] ESPN Sports Network	[3] OETA Oklahoma City	[4] KAMR CH.4 Amarillo	[5] TMC Movie Channel	[7] KVII CH.7 Amarillo	[8] CBN Cbn Cable Netwr	[9] WGN CH.9 Chicago	[10] KFDA CH.10 Amarillo	[11] WTBS CH.17 Atlanta	[12] CNN Cable News Ntwr
6:00	SportsCenter	Nightly Business Report	News	Prog Cont'd	News	Here Come the Brides	Alice	News	Sanford and Son	Moneyline
6:30	Auto Racing '84	Oklahoma Report	M*A*S*H		Family Feud		Major League Baseball	Three's Company	Major League Baseball	Crossfire
7:00	NCAA Champions - Class of '84	Nova	A Team	Movie: 'Night Shift'	Foul-ups, Blunders	Gentle Ben	Chicago at Pittsburgh	Movie: 'Rules of Marriage'	San Francisco at Atlanta	Prime News
7:30					Three's Company					
8:00		Merton: A Film Biography of Thomas Merton	Riptide		Arthur Hailey's Hotel	700 Club				
8:30	ESPN's Ringside									
9:00	Review	American Playhouse	Remington Steele	Movie: 'If...'	Hert to Hart					Freeman Reports
9:30						My Little Margie	News		TBS Evening News	
10:00	SportsCenter Mazda SportsLook 7th Annual	Dr. Who	News		News	Another Life		News		Moneyline
10:30		Austin City Limits	Tonight Show		Barnaby Jones	Best of Groucho	Cannon	Magnum P.I.	Catlins	Sports Tonight
11:00	Rolex Invitational Junior Tennis Championships	Focus on Society		Movie: 'Halls of Montezuma'		Burns & Allen			Catlins	Newsnight
11:30		Focus on Society	Late Night with David		Nightline	Jack Benny Show	Movie: 'Buona'	McCloud	Movie: 'Foreign'	
12:00	from Port Washington, NY ESPN's	Sign Off	Letterman		Woman to Woman Virginian	I Married Joan Love That Bob	Sera, Mrs. Campbell		Intrigue	Crossfire
12:30			Muppet Show							News Wrap-Up

TUESDAY

It is gasoline that they pour in the tank, but most autos these days are run on credit.

The local deadfall serves whisky so light it floats away, or else the barkeep is pouring air. So say our resident thrifter.



**Regional Chiropractic Center**


**Dr. Darrell D. Duke**  
complete Chiropractic and nutritional services

Open Mon.-Fri. 9:00-5:00  
221 Sanders 659-5585

**Father's Day Special**

**Sharp's VCR's**

**\$399.00**



**SOUND TRACK**

511A • HIGHWAY 207 SOUTH  
806/659-5174 • SPEARMAN, TEXAS 79081

If the moon's disk were drawn atop the United States, Las Vegas would peer around one edge and Philadelphia around the other.

**TGI/Y family centers**  
A HOUSEHOLD INTERNATIONAL COMPANY

Copyright 1984, TGI/Y Stores Co.

**Your child will always be special... remember the changes with PORTRAITS!**

**NOW SAVE 3.00**

BABIES • CHILDREN  
ADULTS • FAMILIES

**20 PROFESSIONAL COLOR PORTRAITS 9.95**  
Our Reg. 12.95

PACKAGE INCLUDES:

(2) 8x10

(3) 5x7


(15) 4x4

95¢ Deposit - Balance \$9.00. Poses our selection. Special effects poses extra. Limit: One package per subject. \$1.00 each additional subject in portrait. Minors must be accompanied by an adult. Satisfaction guaranteed. Satin-textured finish at no extra charge.

**4 DAYS ONLY!**  
**Wed., Thur., Fri., Sat.**  
**June 20, 21, 22, 23**  
**DAILY & SAT., 10 - 8 p.m.**

**521 Hwy. 207 S.  
Spearman, Texas**

**CLOSE OUT SALE**




**FEED**

**20% discount**

on all feed, seed, garden supplies, chemicals, and fertilizers.


**30% discount**

on tack and feeders.



**FEEDS MIXED TO YOUR NEEDS**

**Terms-Cash**



**R.L. McClellan Grain Co.**

228 Collard 659-3223 Spearman, Texas

# Police Dept. has busy week

On Saturday, June 9, 1984 at approximately 12:41 a.m., an officer was on patrol when he drove onto the parking lot of the swimming pool. He was accosted by a white male who advised the officer that a window at the pool had been broken. The complainant advised the officer that around 12:15 a.m. (3) boys had thrown a rock and had broken a window on the locker room building on the west side while there was a party going on. The complainant further advised that at first the boys were shouting and whistling at the girls at the pool party, but when the girls left the concession area of the pool area, the boys protested by throwing a rock at the window. A photo of the window was taken by the officer. Investigation continues.

On Saturday, June 9, 1984 at approximately 5:48 p.m., officers were notified of a white female subject soliciting without

a permit. At approximately 6:38 p.m. the subject was located in the 1100 block of Walter Wilmeth. At this time, the subject was transported to the Spearman Police Department. The subject was fined and released.

On Saturday, June 9, 1984 at approximately 7:35 p.m., an officer advised that a black female was walking on South Hoskins. The officer was notified that the subject was working with some solicitors that had been reported earlier in the day. The subject was transported to the Spearman Police Department. The subject was fined but could not pay but advised that her road manager would pay.

On Saturday, June 9, 1984 at approximately 9:00 p.m., an officer was dispatched to the Police Department in reference to a subject in the office. Upon arrival, the officer explained why we were holding the black female subject and the officer

advised her that we had a complaint against her also for soliciting without a permit. The female subject paid both fines and was released.

On Monday, June 11, 1984 at approximately 7:49 p.m., an officer was dispatched to the 500 block of South Bernice in reference to a fight. Upon arrival, the officer observed (4) male subjects standing in the street. Upon talking with them they advised that they had had a misunderstanding but that they had gotten it straightened out before any fighting started.

On Monday, June 11, 1984 at approximately 8:58 p.m., the Police Department was notified that someone had driven a vehicle on the rocket slide park. Upon arrival, the officer observed that a vehicle had entered onto the grass area of the park from Gibner Drive and Blodgett Drive, continued southeast accelerating to the point the tires

were breaking traction, made a circle and exited the park on Cotter Drive and Steele Drive. At approximately 9:15 a.m., a vehicle was found in the area having grass hanging from the rear bumper. At approximately 10:10 a.m., this vehicle was stopped and samples were taken from the vehicle and then from the park where it was found that a similar type grass and weed was taken from the vehicle were found to have been damaged by a vehicle. The driver of the vehicle denied any knowledge of the offense and first advised that he did not know of anywhere he may have been to get the grass, then later advised that he had driven his vehicle out in the country.

On Tuesday, June 12, 1984 at approximately 10:37 a.m., an officer observed a white male subject who was known personally to the officer, traveling north on Highway 207. The officer stopped the vehicle and advised the subject that the Spearman Police Department was holding (2) warrants for a

ticket he had received. The subject came to the Spearman Police Department and paid his fines. Case closed.

On Tuesday, June 12, 1984 at approximately 6:42 p.m., an officer was advised to go to the 100 block of South Barkely and check on a subject who was going door to door. Upon arrival the officer observed a white male going up to a residence. The officer stopped and talked with the subject and found out he was working out of Amarillo, selling siding for resident houses. Upon asking the subject for a permit, he advised that he did not have one. He then advised that there were (2) other subjects in town. The officer went to the 400 block of South Haney. The officer picked up a white female subject who advised that her boss was over in the next block. Upon arrival in the 400 block of South Bernice, the officer found a white male subject. The officer then transported the subjects to the Spearman Police Department. The officer was informed that the subject did not have a

permit. The male subject was fined and the (2) other subjects were given a warning. The subjects were then released.

NO ACCIDENTS TO REPORT  
D.J. Alberts  
Chief of Police

## School accepts resignations

In the June 4th meeting of the Spearman Independent School the following resignations were accepted: Susan Thomas, special education; Gordon Lockett, biology and coach and Mike Hoover junior high coach.

They employed Bobby Jones and Richard North.

The board selected Brown-Graham Co. to do the audit.

They selected Keystone Life Insurance to furnish student insurance.

## Spearman Church Directory

### APOSTOLIC FAITH CHURCH:

Leland Grimmer, Pastor  
824 South Dressen  
Sunday School: 10:00  
Morning Worship 11:00  
Evening Worship 7:00  
Wednesday Service 7:30  
659-2870

### CHURCH OF THE BRETHREN:

Steve Bailey, Pastor  
Waka, Texas  
Sunday School 10:00  
Morning Worship 11:00  
No Evening Services  
435-4598

### CHURCH OF CHRIST:

Gaylord Cook & David Fultz,  
Co-ministers  
121 South Haney  
Sunday School: 9:45  
Morning Worship 10:35  
Evening Worship 6:00  
Wednesday Service 7:30  
659-3244

### FAITH LUTHERAN CHURCH:

William Schardin, Interim Pastor  
1101 South Bernice  
Sunday School 9:45  
Morning Worship 10:45  
No Evening Worship  
659-2252

### FELLOWSHIP BAPTIST CHURCH

Jim Jones, Pastor  
1102 South Archer  
Sunday School 10:00  
Morning Worship 11:00  
Evening Worship 7:00  
Wednesday Service 7:30  
659-2782

### FIRST ASSEMBLY OF GOD:

David Nuckels, Pastor  
401 North Bernice  
Sunday School 9:45  
Morning Worship 11:00  
Evening Worship 7:00  
Wednesday Service 7:00  
659-2295

### FIRST BAPTIST CHURCH (SOUTHERN BAPTIST):

Russ Gibbs, Pastor  
Jerry Don Davis,

### FIRST CHRISTIAN CHURCH:

[DISCIPLES OF CHRIST]:  
Martin Foster, Pastor  
29 South Bernice  
Sunday School 9:30  
Morning Worship 10:50  
Evening Worship 6:30  
659-2036

### SACRED HEART CATHOLIC CHURCH:

Father Raymond Crosier, Priest  
Saturday Evening Mass 7:00  
Friday Mass 8:30 AM  
Sunday Mass 8:00 AM  
Thursday Mass 6:30 PM  
659-2166

### FIRST UNITED PRESBYTERIAN CHURCH:

Leland McCullough, Pastor  
1021 Cotter  
Sunday School 9:45  
Morning Worship 11:00  
No Evening Services  
659-2033

### FIRST UNITED METHODIST CHURCH:

Lane Boyd, Pastor  
407 South Haney  
Sunday School 9:45  
Morning Worship 11:00  
Evening Worship 7:00  
659-3220

### SPEARMAN UNION CHURCH:

(Inter-Denominational):  
Steve Rogers, Pastor  
31 South Endicott  
Sunday School 9:45  
Morning Worship 10:45  
Evening Service 6:30  
Wednesday Service 7:30  
659-2644

### SPEARMAN-GRUBER SPANISH BAPTIST MISSION:

Romeo Reyes, Pastor  
502 E. 7th  
Sunday School 9:45  
Morning Worship 11:00  
Church Training 6:00  
Evening Worship 7:00  
Wednesday Service 7:00  
659-3948

Minister of Youth  
123 South Bernice  
Sunday School 9:45  
Morning Worship 11:00  
Church Training 6:00  
Evening Worship 7:00  
Wednesday Service 7:00  
659-2445  
Intercessory Prayer Line 659-2911

Sunday  
Colossians 1  
24-29  
Monday  
Acts 3  
12-16, 4:5-12  
Tuesday  
Acts 10  
34-48  
Wednesday  
Acts 9  
1-19  
Thursday  
Acts 9  
20-31

Friday  
Acts 11  
19-26, 13:1-4  
Saturday  
Acts 19  
1-10

*If any bill shall not be returned by the President within ten days (Sundays excepted) . . . the same shall be a law. (Article I, Section 7 of the Constitution)*

They were conscientious and astute men—those architects of the Constitution. They wanted to be sure the President could never halt the processes of democratic government by delaying legislation.

And the phrase "Sundays excepted" shows that our Founding Fathers also respected Sunday as the day of the Lord.

To them, it seemed natural to safeguard their freedom and profess their faith all in one sentence.

The document they produced has weathered two hundred years—their faith almost two thousand. Both their Constitution and their creed—the Christian faith—are just as vibrant and important today.

Make Sundays an exception to your daily routine—Go to Church!

Church page compliments of:

**Boxwell Brothers**

659-2212 519 Evans

**Interstate Savings & Loan**

322 Main 659-2559 Spearman

**1st National Bank**

435-3676 Perryton

**Brock Ins. Agency**

206 Main 659-2514 Spearman

**Baker & Taylor**

Gruver Hwy. 659-2503



**Surplus Cheese & Butter distributed Wednesday**

U.S. Department of Agriculture surplus cheese and butter will be given to those individuals that qualify for the surplus foods


on Wednesday, June 20 from 1 to 5 in the judge's office at Hansford County Courthouse.

**Swimming pool available**

The Speraman Swimming pool will be available for the following: Family Night Thursday 8:30-10:30 p.m.. Teen-night is Tuesday 8:30 p.m.-10:30 p.m. Come enjoy the cascade plunge in

Spearman's beautiful swimming pool.

Remember the grass is green, and the park at the swimming pool is beautiful. Come out and have a hamburger fry and swim anytime.



**K. Dale Johnson, D.D.S., Inc.**  
3102 Garrett Drive  
Perryton, Texas 79070  
435-6564

Matches were sold in Hanchow, China, beginning in 970, and called "fire-inch-sticks." Marco Polo witnessed their use during his trip to China in the 13th century.

The Empire State Building in New York is struck by lightning an average of 23 times per year.



**STIHL® Makes Dad's Yardwork Easier**

The Stihl FS-50E — a lightweight, electronic weed and grass trimmer. Smooth, long-running, gasoline performance with no extension cord needed. Features a fully adjustable "loop" type handle, and a low weight of only 10.5 lbs. A great gift for Father's Day!

**Complete Small Engine Repair Service**

**STIHL®**  
THE WORLD'S LARGEST SELLING CHAIN SAW

**We Service What We Sell.**

120 Hwy. 207  
659-3826  
Spearman, Texas

**GUYMON LIVESTOCK AUCTION**

**WE SELL BOTH CATTLE & HOGS**

**"A FAST GROWING MARKET"**

**PRIVATE TREATY EVERY DAY**

**FRESH CALVES OFFERED**

**SALE EVERY WEDNESDAY**

**STARTS AT 11:00 A.M.**

Phone us about your consignments

Office 1-405-338-3378  
Out of State 1-800-338-5871

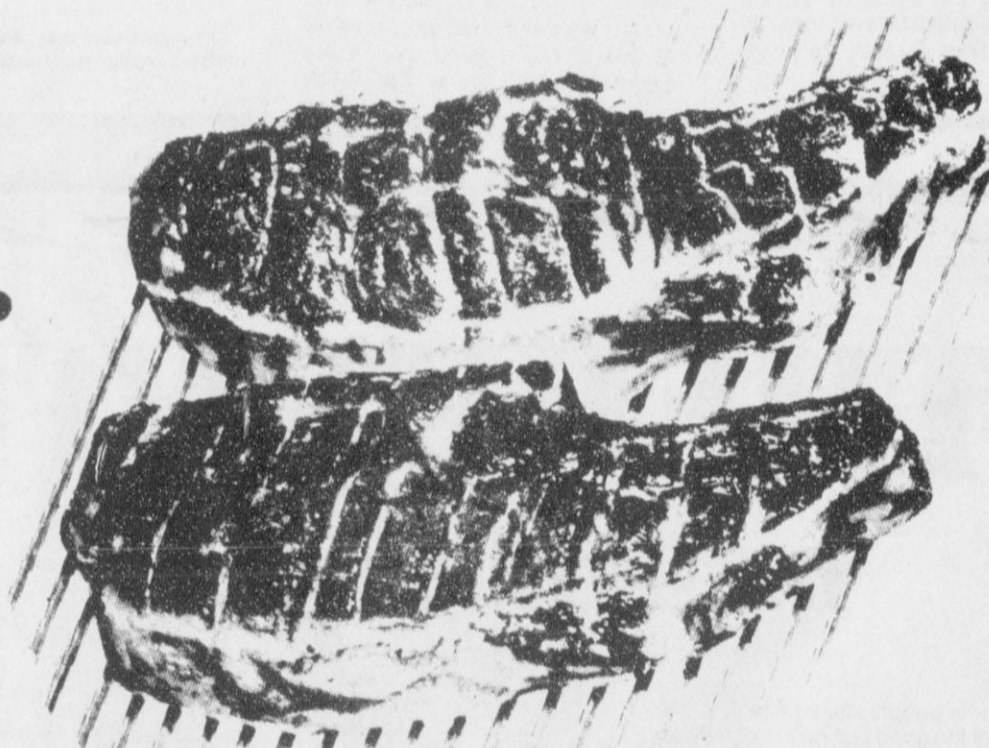
Gary Cobb - General Manager  
Res. Phone 1-405-545-3470

Bill Blackmore - Field Representative  
Res. Phone 1-405-349-2254

CABLE		WEDNESDAY																	
PM	6	7	8	9	10	11	12	12	11	10	9	8	7	6	5	4	3	2	1
Channel	ESPN	OETA	KAMR	TMC	KVII	CBN	WGN	KFDA	WTBS	CNN	Ch. 9	Ch. 10	Ch. 11	Ch. 12	Ch. 13	Ch. 14	Ch. 15	Ch. 16	Ch. 17
00	SportsCenter	Nightly Business Report	News	Prog Cont'd	News	Here Come the Brides	Alice	News	Prog Cont'd	Moneyline	News	News	Prog Cont'd	Moneyline	News	News	News	News	News
30	Inside the PGA Tour	Walk Through the 20th Century with Bill Moyers	Real People	Movie: "Duelists"	Family Feud	Major League Baseball	Chicago at Pittsburgh	Three's Company	America's Junior Miss Pageant	Crossfire	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Crossfire	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh
00	Auto Racing '84 Formula One Canadian Grand Prix	JFK: A One Man Show	Facts of Life	Movie: "Sink the Bismarck"	Fall Guy	700 Club	Chicago at Pittsburgh	America's Junior Miss Pageant	Movie: "True Girl"	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh
30	from Montreal, Quebec PNA Full Contact	Remembering Harry Truman	Duck Factory	Movie: "Sink the Bismarck"	Movie: "In the Custody of Strangers"	700 Club	Chicago at Pittsburgh	America's Junior Miss Pageant	Movie: "True Girl"	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh
00	Karate	Dr. Who	News	Movie: "Sink the Bismarck"	Movie: "In the Custody of Strangers"	700 Club	Chicago at Pittsburgh	America's Junior Miss Pageant	Movie: "True Girl"	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh
30	SportsCenter SportsWeek ESPN's	Focus on Society	Tonight Show	Movie: "Sink the Bismarck"	Movie: "In the Custody of Strangers"	700 Club	Chicago at Pittsburgh	America's Junior Miss Pageant	Movie: "True Girl"	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh
00	SportsWeek ESPN's	Focus on Society	Tonight Show	Movie: "Sink the Bismarck"	Movie: "In the Custody of Strangers"	700 Club	Chicago at Pittsburgh	America's Junior Miss Pageant	Movie: "True Girl"	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh
30	SportsWeek ESPN's	Focus on Society	Tonight Show	Movie: "Sink the Bismarck"	Movie: "In the Custody of Strangers"	700 Club	Chicago at Pittsburgh	America's Junior Miss Pageant	Movie: "True Girl"	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh
00	SportsWeek ESPN's	Focus on Society	Tonight Show	Movie: "Sink the Bismarck"	Movie: "In the Custody of Strangers"	700 Club	Chicago at Pittsburgh	America's Junior Miss Pageant	Movie: "True Girl"	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh
30	SportsWeek ESPN's	Focus on Society	Tonight Show	Movie: "Sink the Bismarck"	Movie: "In the Custody of Strangers"	700 Club	Chicago at Pittsburgh	America's Junior Miss Pageant	Movie: "True Girl"	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh
00	SportsWeek ESPN's	Focus on Society	Tonight Show	Movie: "Sink the Bismarck"	Movie: "In the Custody of Strangers"	700 Club	Chicago at Pittsburgh	America's Junior Miss Pageant	Movie: "True Girl"	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh
30	SportsWeek ESPN's	Focus on Society	Tonight Show	Movie: "Sink the Bismarck"	Movie: "In the Custody of Strangers"	700 Club	Chicago at Pittsburgh	America's Junior Miss Pageant	Movie: "True Girl"	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Prime News	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh	Chicago at Pittsburgh

**For FATHER'S DAY.....**

**GIVE HIM A BIG KISS  
...AND A DELICIOUS STEAK DINNER!**



**It's Traditional To Serve Beef To Father On His Day—June 17th**

- SIZZLING STEAK
- ROAST WITH ALL THE TRIMMINGS
- BARBEQUE BEEF
- HAMBURGER COOKOUT

**CAPROCK INDUSTRIES, INC.**

Feed Lot 1, 733-2461  
Feed Lot 2, 733-2429

General Office,  
414 Main, Gruver  
733-2483

Beef is the right meat for so many sound reasons and good taste is but one... besides being a versatile food, beef is also one of the most complete nutrition packages in Nature. It includes high quality protein, essential minerals and vitamins like Iron and Vitamin B-12. It tastes good and it's good for you.



# Mr. Fix



## MAKE YOUR OWN STORM WINDOWS

Storm windows cut the heat loss through your windows and pay for themselves in a short time. With the do-it-yourself aluminum available on racks in most hardware stores and home centers, you can make your own storm windows. Even if you now have storms on most windows, you probably don't have them on the basement windows, so you can make a set for them.

**TOOLS AND MATERIALS**  
Coping saw or hacksaw  
Do-it-yourself aluminum storm sash sections  
Plastic glazing channel  
Corner locks for storm sash  
Single or double strength glass  
Storm window hangers

## APPROXIMATE TIME: 60 MINUTES PER WINDOW

1. Stop at the aluminum rack at the hardware store. You'll find pre-formed storm sash channels there, along with necessary hardware such as corner locks and window hangers.
2. Measure each window from the sill to the top of the sash, and from side to side. To make a storm window, you need two side pieces (the window height minus 1/8 in.) and a top and bottom piece (both the width minus 1/8 in.) Purchase enough aluminum sash section to make these.
3. Remove the plastic glazing channels from these sections.
4. To cut a sash section, measure the correct distance along the outside of the section and mark with a felt marker pen.
5. The easiest way to cut the sash sections is to use a miter box. Place the sash section in the box and use a hacksaw to cut a 45 deg. angle at each end of the section. Note that the cut is made so that the inside measurement of the sash section is shorter than the outside section.
6. Cut two side sections, a top section, and a bottom section.

"Fix-It-Fast" © Encyclopaedia Britannica, Inc., 425 N. Michigan, Chicago, IL 60611

The Bath white butterfly was named in England in 1702 because of its resemblance to a piece of embroidery created in Bath.

# Senior Update

BY VIVIANNE BODEAU

## COOKING FOR ONE

Eating alone and buying food for one person can be a problem. Millions of Americans live and eat alone. To eat well, many must overcome a number of obstacles, including a limited budget, minimal storage space, special dietary needs or a lack of interest in preparing a meal to be eaten alone.

Various agencies and community organizations are addressing some of these problems. Meals on Wheels and senior luncheon programs help stretch limited incomes as well as provide companionship over the noon hour and they provide well balanced nutritious meals. If you are eating alone try to prepare meals that include meat, starch, vegetable, and fruit. Instead of munching in front of the television, set a pretty place mat and service on the table. After all you are your best guest and a proper setting will help you enjoy your meal more.

When buying food there are several tips that will help you conserve money and space. Purchase only the amount that you use within a reasonable length of time. The large package may cost less but is not a bargain if the food becomes stale or spoiled before it can be eaten. However, the large package of frozen vegetables may be a good choice as you can pour out or chop off just what you need for one meal and keep the remainder frozen.

If storage space is a problem for you, dried foods may be a wise buy. Dry milk is cheaper, requires little storage and can be reconstituted in the proportions needed. It is also easier to carry home.

Regarding storage space, usually the greatest amount of unused storage space is in the refrigerator. Many foods that are now kept in a cupboard could be stored in the refrigerator and will keep their quality longer there. Such items include salad oil, coffee, nuts, jellies, shortening, peanut butter, salad dressing, flavorings, spices, ketchup and other condiments.

Food generally keeps its flavor and quality in a cool dry spot rather than a warm one. Many people store spices, tea and other flavorful food on shelves above the stove. This is one of the worst places for any kind of food. Better to use these shelves for dishes.

The Statue of Liberty, a gift from France in 1884, arrived dismantled in New York. The sections had been packed in 214 crates aboard a steamship.

# You're Cooking

Youngsters who want to set up their own special Independence Day parties can put their desserts to work, for example, as part of the decorations. There will be no doubt that it is the Fourth with a table centerpiece of Stars 'n Stripes cupcakes.

## STAR 'N STRIPE CUPCAKES

- For batter:**  
21 (1/2 ounce each) milk chocolate bars  
3/4 cup milk  
1/4 cup shortening  
1 1/4 cups all-purpose flour  
1/2 cup sugar  
2 1/2 teaspoons baking powder  
1/2 teaspoon salt  
1 egg  
1/2 teaspoon vanilla  
1/2 cup crushed peppermint candy
- For Frosting:**  
1/4 pound marshmallows (about 20)  
2 tablespoons milk  
1/4 teaspoon cream of tartar  
3 egg whites
- For Decorations:**  
Assorted red and white candies (peppermint sticks, red hots, cherry whips, gumdrops, hard candy circles, licorice twists, Paper flags and cut-outs.

Combine chocolate bars and 1/4 cup of milk and melt in a sauce pan over low heat. Cool. Place shortening, sifted flour, sugar, baking powder and salt into a bowl. Add egg, 1/4 cup of milk and vanilla. Mix together at low speed until blended. Add remaining 1/4 cup milk and beat at high speed for 3 minutes. Stir in crushed candy. Pour batter into greased muffin cups until each cup is half full. Bake in a preheated 375-degree oven 15 to 20 minutes or until cupcakes test done. Let cool. Makes 18 cupcakes.

To prepare frosting, melt marshmallows, milk and cream of tartar in a double boiler, stirring occasionally. In a mixing bowl, beat egg whites until frothy. Gradually pour marshmallow mixture into bowl of egg whites and continue beating until stiff peaks form. Use to frost cupcakes immediately. Let cupcakes stand about 30 minutes to allow frosting to set slightly before decorating.

On the average, each American uses between 560 and 575 pounds of paper a year.

Years ago, the California legislature named a large lake on the Nevada border Lake Bigler, in honor of Gov. William Bigler (1814-1880). But the people ignored the official name. They continued to call Lake Tahoe, an Indian term meaning "big water."

The sun, which is 400,000 times as bright as the full moon, gives the earth six million times as much light as do all the other stars put together. Yet most of the star that can be easily seen on any clear night are brighter than the sun.

The Bureau of the Mint manufactures all U.S. coins. It distributes them through the Federal Reserve banks and branches. The Mint also maintains physical custody of the Treasury's monetary stacks of gold and silver, and it refines and processes silver bullion. The Mint also, for a fee and as scheduling permits, manufactures coins for foreign governments.

The origin of the song "Yankee Doodle" is unknown, but it is believed to have been composed in England in the 1750's and used to deride American colonials. It became instead a patriotic American tune.

The Seventh Earl of Cardigan who led the Charge of the Light Brigade in the Crimean War, got tired of pulling a sweater over his head. Tradition says he designed the sweater jacket with buttons that have carried his name down through history.

Pennsylvania was founded because King Charles II owed 16,000 pounds to a dead admiral, who had been grieved by his son's embrace of the Quakers and by his son's run-ins with the establishment. The king was happy to get rid of this son, William Penn, by settling the debt with a grant of land in America, 300 miles long and 160 miles wide.

© 1984 Suburban Features

## NIGHTLIFE by Georseon



# Crossword

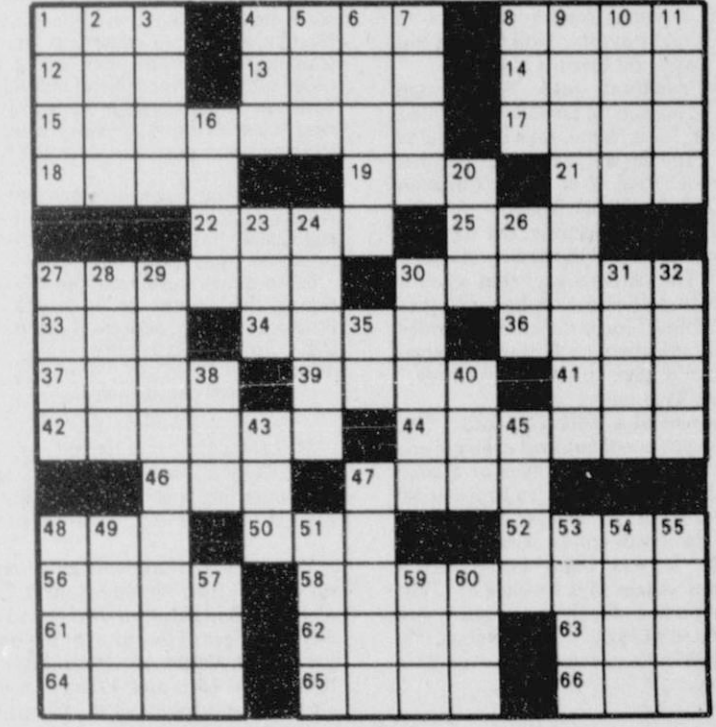
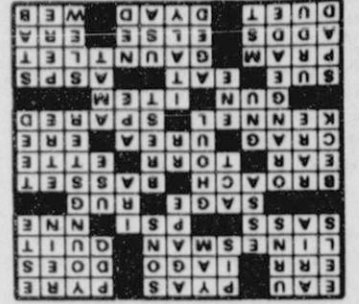
## ACROSS

- 1 Water (Fr.)
- 4 Burmese currency
- 8 Cremation fire
- 12 Miscalculate
- 13 Villain in "Othello"
- 14 Acts
- 15 Grid position
- 17 Resign
- 18 Impudence
- 19 Greek letter
- 21 Compass point
- 22 Western shrub
- 25 Lap robe
- 27 Pierce
- 30 Sad-faced hound
- 33 Corn spike
- 34 Barometric unit
- 36 Diminutive suffix
- 37 Precipice
- 39 Animal waste
- 41 Before this
- 42 Pack of hounds
- 44 Saved
- 46 Rifle

## DOWN

- 1 Skinny fish
- 2 Melody
- 3 Pots
- 4 Greek letter (pl.)
- 5 Edible tuber
- 6 Open-mouthed
- 7 Progeny
- 8 At once (sl.)
- 9 Child
- 10 Harness attachment
- 11 Family of medieval
- 16 Weather bureau (abbr.)
- 20 One of the Gershwins
- 23 Deed
- 24 Grave robber
- 26 Exploit
- 27 Bidding
- 28 Infrequent
- 29 Citrus drink (2 wds.)
- 30 French city
- 31 To be (Fr.)
- 32 Set up golf ball
- 35 Railway (abbr.)
- 38 South African antelope
- 40 Chimpanzee
- 43 Compass point

## Answer to Puzzle



© 1984 Suburban Features



**HOWDY PARTNER**  
PALO DURO FEEDERS, Inc.

PHONE 806-733-2416 GRUVER, TEXAS 79040 POST OFFICE Box 666

# Special GIFTS for a Special DAD

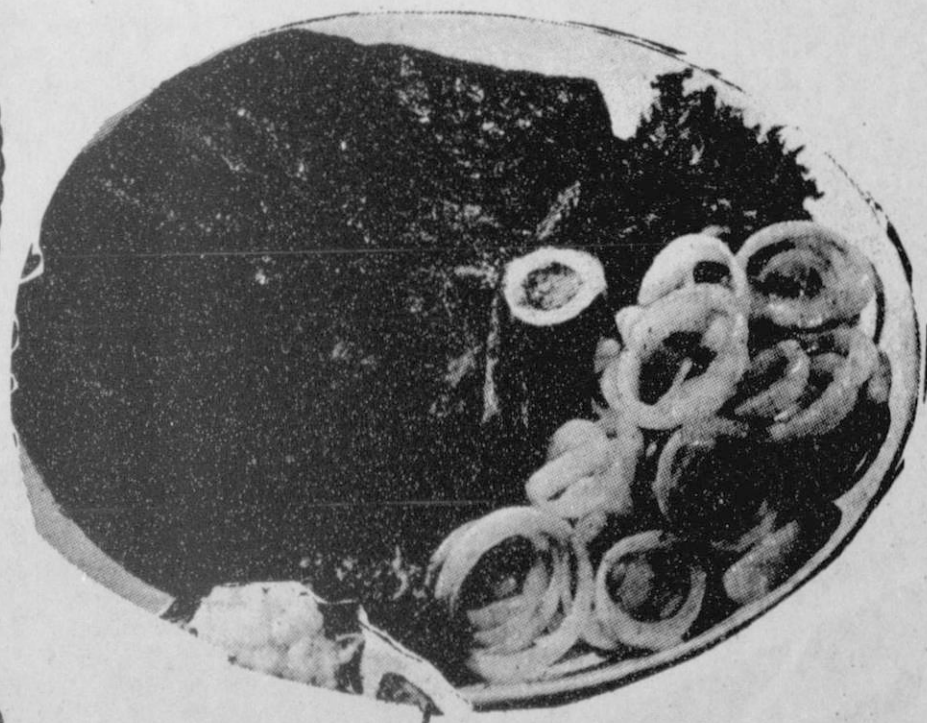


Fix DAD a steak for Fathers Day

733-2416

Hwy. 136 S. of Gruver

Give DAD a break, fix HIM a STEAK



PALO DURO FEEDERS, Inc.

PHONE 806-733-2416 GRUVER, TEXAS 79040 POST OFFICE Box 666



**This 'n That**  
BY BARBARA ALLISON



**Fun & Fitness**

**The art of smooching:** A new class is being offered to drama students at Bretton College in Barnsley, England — a course on kissing. "The kiss can be anything from just a friendly greeting to a strong sexual signal, and anyone who wants to be successful on stage must know how to do them all properly," says instructor James Hodgson. The class will be limited to 30 actors and actresses. "We don't want things to get out of hand," says Hodgson. Or it's kiss off!

**The marriage game:** Barry Butkus of North Easton, Mass., advertised for a wife several months ago. He placed "Wife Wanted" signs in front of his house. Some 450 women applied, but Butkus is still a bachelor and broke besides. Butkus says his social life cost him \$600. He dated 25 women and even paid for one woman to fly from Indiana to Boston. He thought she was Mrs. Right, but he was wrong. Barry, 36, is still looking. "I'll be married someday," he said. Detachedly.

**A hot course:** — Hawaii's Volcano Golf and Country Club is located between Mauna Loa and Kilauea volcanoes. "Where else could you play golf and watch an erupting volcano?" asks course superintendent Bill Hayashi. Molten rock has not yet hit the course, but a recent earthquake made a 20-foot crack on the 18th hole. The crack has no apparent bottom. You drop a shot in there," said Hayashi, "and that's a lost ball." Lava and learn.

**The cardinal rule:** The Roman Catholic primate of England and Wales, Cardinal Basil Hume, says in his guide book "To Be a Pilgrim: A Spiritual Notebook" that it is "good Christian practice" to "thank heaven" for the sound of beautiful music, the pleasure of a good wine and the beauty of a pretty girl. The cardinal says that when it comes to self-denial, there are other possibilities. "For instance, it is harder to endure someone's boring conversation than to give up sugar in your tea," he said. Two lumps, please.

**A house of a different color:** The Villa Regina condominiums in Miami are either a sight for sore eyes or a sore sight. Yaacov Agam, 56, an Israeli artist hired to paint the 30-story building, is using 44 vivid colors. One resident thought it was done for publicity purposes. Agam says he likes it. "This building is like Miami," Agam said. "It's cheerful. It's happy. It's voluptuous. It's beautiful." It's somewhere over the rainbow.

**Training to Lower Blood Pressure**

Recently there has been heightened interest in the effect of exercise on resting blood pressure. It is important that some basic concepts about blood pressure be understood before discussing training effects.

Blood pressure is measured in millimeters of mercury. A reading of 100 mm Hg means that the force exerted on the vessel wall would be sufficient to push a column of mercury up to a level of 100 mm.

Normal resting values are usually considered to be about 120 mm Hg for systolic pressure and 80 mm Hg for diastolic pressure. Those with blood pressures in excess of 140/90 are considered borderline hypertensives.

By far the largest number of people suffering from hypertension have essential or idiopathic hypertension, a hypertension without a known cause. Sometimes it is caused by some neurogenic factor but is more often related to function of the kidney.

What happens to blood pressure when we participate in aerobic training? Researchers have noted that active men have significantly lower systolic and diastolic pressures than sedentary men. Comparisons between highly trained athletes and nonathletes have shown lower resting pressures in the athletes.

Several studies on severe hypertensives have shown that reductions in blood pressure can occur with aerobic training. It also has been noted that older subjects (over 30) and individuals with low initial fitness levels will show decreases in blood pressure after initiating an aerobic conditioning program.

In reviewing data from recent studies, results indicate that active men had significantly lower systolic and diastolic pressures than less active men.

If you have questions about information in this column or on health and fitness generally, address them to the U.S. Sports Academy, c/o this newspaper.

© 1984 Suburban Features

St. Louis, Mo., was named for King Louis IX by fur trapper Pierre Laclède, whose trading post became a major fur market and gateway to the West.

**The Folger Shakespeare Library on Capitol Hill, Washington, D.C., is a research institution devoted to the advancement of learning in the background of Anglo-American civilization in the 16th and 17th centuries and in most aspects of the continental Renaissance.**

**This 'n That**  
BY BARBARA ALLISON

**Black Friday:** According to a recent nationwide survey of top executives and personnel directors, you are most likely to be fired from your job late Friday afternoon. The survey done by Accountemps, a data processing and book-keeping personnel service, was based on interviews with vice presidents and personnel directors of 100 "Fortune 1000" companies. The question asked was "What day of the week — and what time of the day — are you most likely to fire a permanent employee?" While 52% said they had no set day and 23% had no usual time, 38% named Friday as the day they were most likely to do their firing, usually late in the day. Friday's child is full of woe.

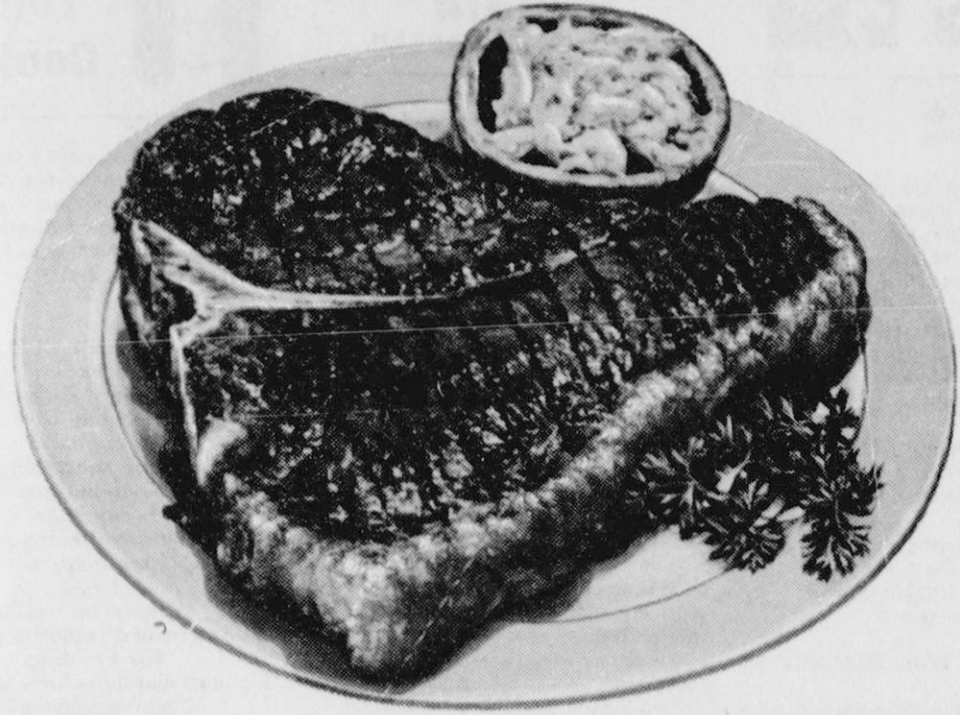
**Routed rooster:** Helmut Fabritius' pet rooster, "Hannes," crows every morning at 4 a.m. in Bad Neuenahr, West Germany. Neighbors have complained and one homeowner, Gerd Deidenberg, has brought suit to force Fabritius to muzzle the rooster. He has asked the court to fine Fabritius \$180,000 each time Hannes crows. The court dismissed the case after months of haggling and ordered the men to work out a neighborly agreement. Seidenberg suggested holding a neighborhood grill party, with Hannes the main course. A fowl idea.

**The fear of flying:** Edith Merrill, 78, landed a small plane last year after the pilot suffered a fatal heart attack. The experience gave her a fear of flying. She flew again recently, but flying the plane was flight instructor Jack Seeley, who had talked her down to her previous landing. Last November, Mrs. Merrill, of Sun City, Ariz., followed Seeley's instructions and safely landed the plane that carried two passengers. The lady has her feet on the ground.

**A real beef:** Betty Griffin of Rochester, N.Y., got a surprise when she opened her Wendy's burger and found no beef between the buns. She called the fast food chain from her home and said, "This is Mrs. Griffin. Where's the beef?" The cook had forgotten to put it in the bun. A red-faced restaurant manager visited Mrs. Griffin the next day and gave her coupons for three free hamburgers. That's a little rare.

**Sandlots go to the dogs:** Orleans, France, has allotted \$12,000 for "dog toilets." According to city officials, dogs account for 20,000 tons of refuse a day. Sandbox-type toilets will be placed next to sidewalks. The city's major parks are off limits to the canine crowd. That's the leash they can do.

**GIVE DAD A BREAK, FIX HIM A STEAK!**



**Father's Day**

American fathers make more money than those of most nations and give or help give their families a high living standard.

But in spite of such plenty, American families are not much of an example to the world as to permanence, child behavior, teen behavior, etc.

Why so many American fathers have abdicated their role as the rock of stability, security and authority in the home, is a question.

Most wives want a husband they can respect, look to for help and guidance in maintaining discipline in the home.

Too many aren't getting enough of that from American fathers and husbands today.

Thus on the 17th, in remembering millions of hard-working, deserving and loving fathers in 1984, it isn't inappropriate to remember, too, the crime and drug scene in too many families without paternal authority and discipline.

**Family Physician**

BY DR. JAMES G. PRICE

**Q. Isn't there some law which would prevent a child who contracted herpes at birth from attending public schools? The right to education surely doesn't include the right to expose other children to a disease which could last a lifetime and affect their future children. Why don't the doctors make the facts known?**

A. First of all, laws regarding school attendance are the business of each state, not the federal government, so no single law could exist. And it's also fair to say that doctors are trying to debunk some of the myths about how herpes spread and columns like this may help in this effort.

Birth acquired herpes is no more contagious than cold sores according to the Center for Disease Control. And we certainly don't exclude students — or teachers — with cold sores from the classroom. Spread of genital herpes requires inoculation of the genitalia with the live virus — a most unlikely occurrence in a classroom. For these reasons, the CDC strongly opposes the exclusion

of children having birth acquired herpes from school.

**Q. My first child began to talk about the time she was a year old and by two years, was talking pretty well. My third child seems normal, but at 15 months is talking very little. What kind of testing should she have to see if a speech difficulty exists?**

A. I assume that your third child has a couple of older siblings and this may well make it less important for number three to be able to talk intelligibly. She may be able to make her wants and feelings known without talking or may even use some speech which the older children understand but you don't. If you're like many of us, by the time a third child comes along, we find we don't have as much time to devote to her speech development as we had with the first two. Remember that speech development depends not only on the ability to talk but also on the need to talk. I've seen many children under these circumstances who talked very little until they were about two and then seemed to begin talking all at once. One of the major tests done on children genuinely having a delay in speech is a hearing evaluation. To learn speech, we have to be able to hear it, so in some instances a hearing aid is the most important help in learning to talk.

© 1984 Suburban Features

**GIVE DAD A BREAK,**



**FOOD BARGAINS**

**For Father's Day**

**give him the best,  
a delicious  
steak dinner.**

**McCLOY  
FEEDLOT**

Office, 733-2548

Feed Mill, 733-2654

**FIX HIM A STEAK!**