# Nursing: Then and Now

### Looking back . . .

A small boy looked inquiringly at Dickie Allen many years ago and asked innocently, "Are you the mother of the school?" She thought about this carefully for a moment and then replied cheerfully, "I guess I am!"

This "mother of the school" was Spearman's school nurse from 1955 to 1985, a 30-year career which she still describes today as "the best job in the world." Dickie claims she loved all aspects of her work, but that the best part was "just being with the children.'

In her early days as school nurse, she wore a starched white uniform with white hose and shoes and her office was located in the high school, the present junior high building. Dickie recalls that she was asked to be sophomore sponsor her first year. "The students always wanted the new young teachers," she says with a laugh. She was eventually junior class sponsor, a job she shared with Margary Alford, and which involved helping with the prom, junior banquet and concession stands at the ball games.

Dickie describes a school nurse's responsibilities as changing very little over the years and adds that "I don't see that kids today are any different, either." The biggest change that occurred during her career was in the late 50's when Texas made immunizations manda-

"There was no measles vaccine when I started," she says, "so every winter, we'd have half a room out and then the other half would come down with them. And it seemed that some kids would get the chicken pox right afterwards. Today we've got the vaccine for measles, and it seems to me that not as many come down with the chicken pox all at once.'

"Mandatory immunizations" was a somewhat controversial state law at first, with many parents refusing to have their children vaccinated. Dickie had written mandatory immunizations into Spearman's school policy before the state passed the law, however, with the school board's approval, so it was nothing new here.

The law created mountains of paperwork for school nurses, for the state began demanding more record-keeping of all kinds as a result. "I can remember spending entire afternoons trying to catch up on paperwork," Dickie says.

There were only 400 students in the Spearman district when Dickie took the job of school nurse, but in the 1960's, there were 1,100 pupils. The most common student ailment was a stomach ache and

the second one was a sore throat. She recalls a year when there was broken bone after broken bone. "I don't know why we had so many. It was the only year like that. It was kind of embarrassing to usher all those little casts out of the school door at the end of each school day!" she comments.

'There seem to be more ear infections and upper respiratory viruses nowadays," Dickie muses, "but kids are kids, and in general they have good health." Over the years, she noticed that fewer and fewer mothers stayed at home, but she said finding a parent to take a sick child home was never a problem. "I grew up here, and I know everybody and could always locate the parents," she says.

"I never told a child he wasn't ill," Dickie reflects, "because I figured if he needed to see the nurse, he needed something. I had my little 'regulars,' but after coming pretty often for a while, they'd stop. They had gotten the attention they needed, I guess."

In the 50's, Dickie says only one or two children per classroom had divorced parents, but by the time she retired, almost half of each classroom was made up of children from broken homes. "The break up of the family really affects a child. Kids are beginning to lose their heritage. A child's behavior can be affected, and sometimes his health. Divorce affects children, which means it affects the teacher and the school nurse, too," she comments.

Dickie was rearing her own three children during her career as school nurse. Her son Skip, a former Green Beret who served in Cambodia, is a real estate broker in Austin. Her daughter, Linn Ann Riley, has a gift shop, The Brass Register, in Perryton. Her other daughter, Diana Porter, is a registered nurse at Hansford Hospital. Dickie is married to Newell Allen, who has farmed here many years, and there are five grandchildren.

"My kids used to tease me, saying they didn't dare get ill, since I had to deal with an average of 50 sick students at work a day, but I think they liked my being the school nurse," Dickie reveals. "My schedule matched theirs perfectly, so it was a wonderful job for a mother."

After Dickie retired, there were several school children who continued to address Linda Winegarner, the new school nurse, as "Dickie." "I think they just thought 'Dickie' was what you called all school nurses," Linda says laughingly.

It is not surprising that "Dickie" came to be synonymous with "School nurses" to anyone who

### Looking ahead . . .

"I could have chosen a different career, but I don't believe I would have been this happy," says Linda Winegarner. She is the registered nurse in the Spearman school system.

Texas Governor William P. Clements has named Jan. 23 - 27 'School Nurse Awareness Week." In his official memorandum proclaiming this time for special recognition of school nurses, the governor states, "The school nurse plays a very significant role in the educational process. As well as being dedicated to the prevention of illness in students, the school nurse must focus on early detection and correction of health problems.'

The memorandum goes on to praise school nurses' contributions to the educational system in their roles as health educators, health counselors, child advocates and resource persons. It summarizes, 'It is appropriate that we recognize this group of individuals who play such an important role in maintaining the health and welfare of the school children of our state."

Linda Winegarner became Spearman's school nurse four



Linda Winegarner -- school nurse

years ago upon the retirement of Dickie Allen, who had served in this capacity for thirty years. Linda says she wanted to be a nurse even as a little girl, and her decision was firmly made before her high school graduation, due in part to her work at Hansford Hospital as a nurse's aide. Her early exposure to the career of nursing came through a

special career education program the school system offered at that

Upon grauation from Northwest see NURSING, p. 2

25°

Per Copy



Sunday, January 22, 1989

Weather encourages work

Volume 81, No. 12

# School construction on schedule

YOUR HOMETOWN NEWSPAPER

According to reports from Ray Dunlap, job superintendent of the construction at the Spearman Elementary School, work is progressing on schedule. "I'm beginning to doubt those Spearman people who gave me reports of 14-inches of snow and such," he says. "We've had such great weather. The only thing we've had to battle is the wind occasionally."

Many new rooms have been added in the 246 ft. length and about 88 ft. width that the additional classroom section has added. In it are also a new office for the principal, and one for the secretary /receptionist, a large media room and two large bathrooms.

About 27 employees are working inside the addition now. They are busy preparing to paint and bringing in classroom items such as chalkboards and cabinets. Last Friday morning, some of the workers were outside in front of the addition laying concrete for part of the new sidewalk, but if the weather were to turn bad, they could all be kept busy inside.

The work on the new gym has also showed steady progress. Friday morning two men from AMSCO Heating and Air Conditioning, were working inside the new structure on the duct work They are also the ones responsible for the star that was attached to the side of the gym during the holiday season. "We were trying to contribute to the Christmas spirit," they

There is a large hydraulic lift located to the side of the new gym structure which is lifting the materials needed for the roof that some of the men are beginning to put in

So far, no major problems have come about in the construction. No one has been injured, even when the wind got extremely high. Dunlap reported that on one occasion he had everyone shut down except for some men who were doing some pouring when the winds got too high. Right now things are progressing smoothly though, he reports.



This is what the view looked like Friday morning large picture windows that face the west entrance from the principal's future office. He will have two where children will be entering on school mornings.



Construction worker Ken Ratliff is prepping for the room that is located in the new classroom addition.

painting that will soon be done in the large media

# City council agenda announced

The city council is scheduled to meet next Tuesday, Jan. 24 at 7:30 p.m. for its regularly scheduled meeting.

After the reading of the minutes of the previous meeting, the first thing on the agenda is the consideration of the annual audit of the fiscal year ending Sept 30, 1988. The audit will be presented by Monty Blackman of Brown, Graham and Co. The council will then reconsider

the lease agreement of the t-hangars at the municipal airport. Next the council will consider two professional service agreements. The first, with Pat Tunnell, architect, for the design and inspection of the fire and emergency medical service station expansion project, involves the amount of \$3,000. The other is with Dwight L. Brandt, engineer, for the 1989 sealcoat. Other matters on the agenda

include the council's consideration of authorizing the mayor to order the city election of three positions of alderman, for a two-year term, for the election to be made May 6. The council will also consider a quotation from Looper Fence Company for building a 6' chain link fence on the north side of the municipal landfill in the amount of \$4,350.

Last on the agenda for the meeting will be the consideration of monthly bills payable and the current cash position of the City of

# PDRA re-elects officers, plans dam park fund

The Palo Duro River Authority met Tuesday, Jan. 10 in the PDRA meeting room to elect officers and discuss the dam project currently in progress.

All of the 1988 officers of the PDRA were re-elected to office for 1989. They are: Johnnie C. Lee, general manager, Spearman; Bruce Titus, Stinnett; Tommy Bergin and J.C. Harris, Gruver; Kenneth Evans and Robert Novak, Spearman; and Orval Allen, J.W. Buchanan, Arthur Davidson, and Howard Diedrichsen, Dumas.

According to information made available at the meeting, the dam project is on schedule and operating under its budget. In new business, the PDRA has established a park fund for the dam site. The park will be created using funds left over from the construction fund, and will be located downstream from the dam. General Manager Johnnie Lee said arrangements will soon be made for individuals who wish to donate to the park fund. Trees will be planted at the park site in the near

future, he said. "We really need this dam for future water supply and they are really making good progress at the site," Lee commented.

Panhandle

Association

Award Winner

Spearman, Tx. 79081

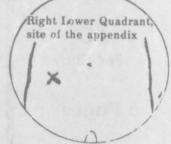
# Hansford Health Shelf

EDITOR'S NOTE: The Hansford Health Shelf is published two to four times per month in the Hansford Plainsman and the Gruver Statesman. Readers are invited to submit general information questions to the newspapers on health-related topics, such as dentistry, nutrition, and physical fitness. Each question will be answered in this column by a Appel Hansford County health professional.

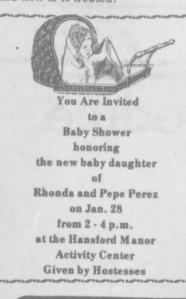
Questions may be submitted in writing to The Hansford Plainsman Gruver Statesman, c/o Box 458, Spearman, Texas 79081. Writers' names will be printed unless otherwise indicated.

QUESTION: What and where is the appendix?

Answer: The appendix is located in the right lower quadrant of the abdomen, below and lateral to the umbilicus. It is attached to the large bowel, or cecum. (see diagrams). It is a small tubular structure which medical research has shown to have no function. In other words, a person does not need an appendix. Nonetheless, everyone seems to be born with one.



QUESTION: What is appendicitis and how is it treated?



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1-8x10

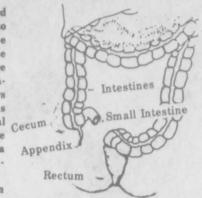
(Wall Photo)

2- 5x7

2- 3x5

16 - King Size Wallets

8 - Regular Size Wallets



ANSWER: Sometimes stool normally present in the bowel gets into the appendix and causes it to be obstructed, or stopped up. As the stool's bacteria grow in the appendix, inflammation develops. Appendicitis means "inflammation of the appendix."



A physician has two very important keys to diagnosing appendicitis: taking a history of the patient's symptoms and performing a thorough physical exam. Typically, the initial symptoms are vague. The patient experiences generalized pain and later nausea, with or without vomiting. He or she often has a slight fever and a loss of appetite. This can last an hour or more, but within a very few hours, the pain becomes localized to the right lower quadrant. Upon examination, there is extreme tenderness in this area. (A patient should always consult a physician about localized pain of this nature, because an inflamed appendix can rupture in the first 24 hours. although in general this does not happen until after the first 24 hours.)

A doctor who suspects appendicitis orders a blood count, urinalysis and abdominal x-ray on his patient. The blood count indicates whether or not there is an infection present and the urinalysis rules out other causes for the pain. Incidentally, only a doctor can make the diagnosis of appendicitis,

30

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because other illnesses mimic its symptoms. These include gastroenteritis, inflammation of the bowel, and, in women, infections of the ovaries, fallopian tubes, or cysts in the pelvic area.

There is no "treatment" for appendicitis except surgical removal of the appendix. This is done with the patient under general anesthesia and, in an uncomplicated case, the procedure can take from 45 minutes to an hour. The patient typically spends two post operative days in the hospital and can return to non-manual labor type work within another week.

Appendectomies comprise the most common surgical procedure in the United States. No single age group is free of risk from appendicitis, although it is unusual in children under two years of age and more frequent in the pre-teen and teenaged population.

QUESTION: What happens when an appendix bursts?

ANSWER: This becomes a much more dangerous condition. The patient is much sicker, with a high fever, vomiting and a high, high white blood count, as peritonitis develops. Peritonitis is inflammation (and infection of) the peritoneum, or abdominal cavity. The doctor who suspects this condition first hydrates and gives intravenous antibiotics to prepare the patient for surgery. The surgical removal of the ruptured appendix follows as soon as possible. The surgery is a much more complicated procedure and the patient's recovery correspondingly prolonged. The patient's hospital stay will run about ten days, during which he is on intravenous antibiotics.



ROMEO B. SANGALANG, M.D., is a general surgeon and general practitioner in Spearman, where he has been practicing since 1985. His medical school training was completed at the University of Santo Tomas in Manila, the Philippines in 1967. Dr. Sangalang interned at Westmoreland Hospital in Greensburg, Pa. from 1968-69 and then did a five-year surgical residency in Pittsburg and Bryn Mawr Pennsylvania at two hospitals, St. Francis and Bryn Mawr

Mawr.
Prior to his Spearman practice, Dr. Sangalang practiced general surgery in Chippewa Falls, Wis. for eight years and in 1983 moved to Dallas, Tx. to join Methodist Hospital's emergency room staff. He is presently Chief of Staff at Hansford Hospital and Chief of the Department of Surgery. He is also a member of the Texas Medical Association and the Top O' Texas Medical Society.

Texas Medical Association and the rop of Texas Medical Society.

"I love surgery, but I wouldn't want to spend all day long in the operating room," he commented. "I like the variety a general practice gives as well."

commented. "I like the variety a general practice gives as well."

Dr. Sangalang and his wife Mila have four daughters. Maria is a pre-law student at the University of Dallas. Gigl is studying international business at Southwest Texas State University, where her sister Lynn studies nursing. Tricia is a freshman at Spearman High School.

# Staff Editorial

Spearman residents may have reacted with a thankful "That could never happen here!" to last week's shooting spree at a California elementary school which left five children dead and countless others wounded.

To many people, California is synonymous with the fast lane, the bizarre, and displaced people, factors which can combine to create the environment and the personality for such a heinous crime.

Those reading through the news story about Stockton realized, however, that the town is not a modern-day Sodom at all, but a quiet basically middle-class home to 183,000 Americans. Moreover, the perpetrator of this crime was a drifter who could--and, sadly, eventually would--have made his bloody "statement" anywhere.

One overwhelming irony emerges from the results of that one madman's act. It is that a "That could never happen here" attitude is exactly why his victims parents and grandparents, all refugees from Viet Nam and Cambodia, came to live in the United States of America. They believed our country offered a permanent refuge from the violence dominating daily life in their native lands, only to have their children shot and killed here by an American, Patrick Purdy.

The surviving family members of these children cannot offer themselves the cold comfort, as they may have in Southeast Asia, that wartime brings these inevitable tragedies, because we are not at war in this country.

Or are we? Or, more aptly, should we be?

Never in our two hundred year history has there been such an era of meaningless violence. And this violence does not come from nowhere. It is early born of troubled childhoods and nurtured in a fast-paced society featuring abuse, broken families, rootlessness and godlessness. Violence is encouraged by the media for those individuals already so predisposed. Our backlogged, sluggish legal system gives violence an occasional wrist-slap, but it is already too late by the time its manisfestations bring its perpetrators into court.

We should be at war. We should be fighting to change our society so we will not have to wake up each day to face headlines broadcasting the latest senseless violent crime. But what or whom do we attack?

Drug and alcohol abuse is a good place to start, and Spearman is doing that through the "Just Say No" Club, but we can't stop there. A way of life changes only when it encounters an opposing force.

Keeping our own nuclear families healthy and morally strong is not enough, much as we would prefer to think so, because that doesn't protect our loved ones from everyone else. It's a little like driving or riding in a car. We can wear seat belts and obey all the laws and still be killed by a drunk driver in another vehicle. We have to get to that other driver before he becomes a killer-before he grows up, drinking and driving.

The unpleasant truth of the matter is that Stockton's tragedy could happen here, because there are Patrick Purdys growing up in every city and town in this nation.

### NURSING, from p. 1 \_

Spearman, Tx. 79081.

Texas Hospital's School of Nursing in 1973, Linda was a labor and delivery nurse at the hospital. Following that, she worked in Hansford Hospital and in Dr. Fredrick Taylor's office in Spearman.

The Hansford

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any advertisement which it deems objectionable, either in subject or

phraseology, or which it may deem detrimental to its business.

appearing in these pages will be gladly and promptly corrected upon

"The main difference between that kind of nursing and what I do now is that I see only children as patients through this job. I also do more preventive medicine and teaching now, and I'm my own boss," Linda says.

Her favorite part of the job is "just being around the kids," she says cheerfully. "Spearman has such a large group of good kids, who like school and love to learn. They hate to go home from school even when they're sick, because they miss being in the classroom."

On a typical day, Linda administers prescription medications to several pupils, gives first aid to those with minor injuries and deals with children who become sick at school. When a child is sent to her, Linda takes his or her temperature and checks the throat and ears if they are the source of the complaint. She says that the most frequent complaints are of stomach aches and headaches. If the child is indeed ill, the parents are contacted. When both parents work, sometimes another relative or individual listed on the child's emergeny card comes to take the student home.

Occasionally, a young student will feign illness. Linda said the teachers develop almost a sixth sense for detecting this, particularly after the "getting to know you" part of the new school year. "We just give this student a little 'Tender Loving Care' and lots of reassurance in these cases," she says. "Often they are just upset about something at home or their school work."

She said that Spearman seems to have fewer problems with child abuse and neglect than statistics indicate other areas have. "We have maybe only one or two of this type of case each year, and we always work things out with the families involved. It never ends up as a court case."

Other duties Linda performs as the school nurse include screening for vision, hearing, scoliosis (at the junior high), and tuberculosis (on irst and seventh graders). She also runs an immunization clinic through the Texas Department of Health every few weeks with the county health nurse, JoAnne McClellan. Each year, Linda does a weight and height check on students in kindergarten through fourth grade. "This is to see if the children are at a normal rate of growth," she explains. "If I notice that a child isn't growing, I contact the parents and we check it out."

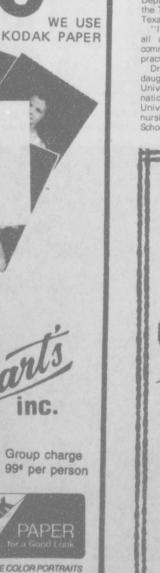
Linda spends most school days at the elementary building, but goes to the junior high and high schools when she is needed. "I feel that I'm very fortunate to have this job," she says. The hours and vacation schedule match her children's and no two days are alike.

"I really should write down some of the funny things kids tell me" Linda says. A little boy was sent to her recently complaining of a sore throat. "I asked when it had started hurting, and he said 'Right after my cat bit me.' " Another pupil persists in calling her "Doctor" even after she explained that she is a nurse.

Linda is married to Nolan Winegarner, who manages Spearman Auto Supply. Their three children are Cami, who is in second grade, Keith, a third grader, and sixth grader, Josh.



The average American, the U.S. Dept. of Agriculture reports, consumes some 95 pounds of refined sugar a year.







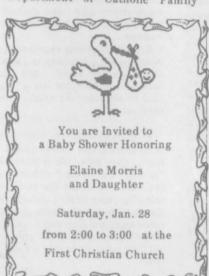


These construction workers were enjoying the good for part of the new sidewalk in front of the weather last Friday morning as they poured concrete

elementary building.

## Family Services offering free pregnancy test

The Maternity and Adoption Department of Catholic Family



Service, Inc. is offering confidential free pregnancy testing. The tests will be given at 1422 S. Tyler in Amarillo. The Maternity and Adoption Department is located in the Doctor's Building at the south end of the 2nd floor, Room 205. Appointments are preferred but walk-ins will be accommodated.

CFS also provides counseling service to assist a woman in deciding what to do about an unplanned pregnancy. Counselors are able to provide information for women to make responsible choices and give emotional support at a difficult time. These counselors are able to make referrals for medical care, financial assistance, employment counseling and housing depending on the mother's needs. If the mother wants to

consider adoption then the counselors will discuss all the practical and emotional aspects of placing the baby with a set of agency approved parents.

CFS facilitates a support group for the birth mothers who have chosen adoption for their baby. Mothers of all ages, religions, and backgrounds are welcome. For more information call Kathy Bradshaw at CFS 376-4571.



The first system of writing was in vented by the Sumerians in ancient Mesopotamia about 3500 B.C.

Dear Commissioner Nabers: I just returned from an Appeal Tribunal hearing and I am furious. The referee assigned to my case practically came out and said he already had his mind made up and that nothing I could say would make any difference. He was rude. He told me that he would not let my mother testify as to my previous excellent attendance on my other jobs (this was not "relevant" in his biased opinion). My ex-employer lied from start to finish, yet the referee let him talk as much as he wanted, When it came my turn he did not let me have a fair opportunity to tell my side of the story. I want to know what sort of action will be taken against this referee if I call the TEC and complain?

> - A.L. Austin

Dear A.L.: My advice at this point is to wait until you receive the written decision

from the Appeal Tribunal. Ifthe decision is not in your favor, you may appeal it further to the Commission. Because the entire hearing tape is listened to on appeal, any unprofessional conduct or



**TEXAS BUSINESS TODAY** 

breach of hearing procedure on the part of the referee will be noted by the Commission and appropriate action taken. If you do not wish to appeal the decision itself but do want to have your complaint investigated, you should put your complaint in writing and direct it to the state office of the

Too often people call in, dissatisfied with the treatment

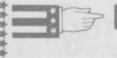
they have received from a state employee, and are unable to provide even the name of the offending party. The state is like any other employer. We must have a name; we must have specific information concerning the event precipitating the complaint; we must have it in writing. Otherwise, we cannot fairly investigate or take any corrective action.

Dear Commissioner Nabers: One of my employees is out on maternity leave and I have just hired someone to fill in until she returns. Will this temporary person be able to draw unemployment benefits when my permanent employee

Ysleta, Tx.

Dear E.N.: Yes. Assuming the temporary employee has enough wage credits in his base period to qualify monetarily, he will be eligible to receive benefits based upon this kind of work separation. An individual who is hired to do a temporary job is considered laid off for lack of work at the end of the assignment and therefore qualified for benefits.

Ms. Nabers represents 336,000 employers throughout Texas. If you have any questions you want answered, please write Commissioner Nabers at: TEXAS BUSINESS TODAY, 614 Texas Employment Commission Building, 15th and Congress, Austin, Texas 78778.



### **Don't Leave Town!**

March 23 and 24

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These are the chalkboards that are being installed in the new classrooms and a cart full of electrical

supplies to be used in the new elementary school

### Governor declares emergency to expedite

### prison changes

Governor Bill Clements today declared legislation authorizing the sale of general obligation bonds for the construction of new prison facilities an emergency so that the Texas Legislature can immediately begin to work on the issue.

"If the Legislature acts quickly so that approval of these bonds can go before the voters on the May

ballot, we can accelerate relief to packed county jails by months, and we can let counties know before their next budget cycle that we are committed to doing all we can to help them," the governor said in a speech to the Rotary Club of Houston.

Clements said general obligation bonds could be used to construct

nearly 11,000 new beds in the Texas Department of Corrections.

'The critical need for new space is witnessed day in and day out by the judges and juries who hand down sentences only to have them served out on the street because of a lack of prison beds," Clements said. "This simply must not continue."

A kangaroo cannot jump if its tail is lifted off the ground. It needs its tail for pushing off.

### Free Educational Booklet

The Adolescent CareUnit at St. Anthony's is offering a free educational booklet to the public that can help individuals identify and understand the disease of chemical dependency and how to get someone the help they need.

The booklet is a reprint of a special eight-page supplement that is appearing in the February issue of the Reader's Digest.

"Many people either don't understand the seriousness of a drug or alcohol problem or deny that a problem exists," says Dianne Bosche, Program Manager

of the CareUnit. "This informational brochure uses real life situations and examples to help show people that they don't have to live with the disease of chemical dependency, that there is help available."

It is estimated that more than 20 million Americans suffer from alcoholism or a drug dependency, according to Bosch. "Almost everyone is affected by a chemical dependency whether it's themselves, a friend or a family member.'

To obtain a copy of the free CareUnit booklet come to the CareUnit at St. Anthony's at 200 N.W. 7th, Amarillo, Texas, or call 378-6797 or (806) 556-CARE, ext.

# Register for Kindergarten by Jan. 31

Children starting to Spearman kindergarten next September will be invited to visit school in April. To know who these students are, Spearman Elementary School is starting the 1989-90 kindergarten students' list.

School officials are asking parents having a child or knowing any child whose birthdate was prior to Sept. 1, 1984, and who will be five years old before or as of Sept. 1, 1989, to complete the form located on page 5 and return it to the Spearman Elementary School, 511 S. Townsend.

These forms need to be turned in before Jan. 31. It is important that next year's students be known in order that they may be given information on the immunizations and other planning which is necessary.

Bus students are the only students who have a choice of attending morning or afternoon classes.

600 274 000 OF

### **Statement of Condition DECEMBER 31, 1988**

### ASSETS

Cash on Hand and Demand Deposits	\$ 998,350.21	
Securities and Certificates of Deposits	12,071,270.39	
Stock in Federal Home Loan Bank		
Mortgage Loans		
Other Loans		
Real Estate Owned		
Office Bldg. (Net of Depr.) and Land		
Furniture, Fixtures, Equipment and		
Leasehold Improvement (Net)	110,595.03	
Deferred Charges and Other Assets		
TOTAL ASSETS		

### LIABILITIES

Deposit Accounts	\$02,374,090.00
Advances from FHLB of Dallas	1,071,410.00
Other Liabilities	1,890,752.07
TOTAL LIABILITIES	\$65,336,860.12
COULTY CADITAL	

### CUMITY LAPITAL

Common Stock\$	300,000.00
Other Capital Accounts	492,012.17
Appraised Equity Capital	761,806.00
Retained Earnings	
TOTAL EQUITY CAPITAL\$	
TOTAL LIABILITIES AND EQUITY CAPITAL\$6	8,460,539.27



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Earl and Damon Goodheart have gone into the two-way radio and mobile telephone business in order to serve customers better.

They commented that business communication -- whether it be farming and ranching or personal, is more important than ever in our area's competitive business climate. Statistics show that three trucks with radio communications can do the work of four trucks without it. That means that our service is equal to an extra truck for many of our customers. And vehicles have their own private telephone num-

Properly installed and operated two-way-mobile phone communication is also vital to cattle and business owners who need to be in constant contact with their offices. It's a proven fact that sales can be lost if the cattle buyer or owner cannot be contacted when needed. Radio or telephone communications can remove this element of doubt.

"We offer roaming capabilities

Wedding Shower

You are cordially invited

Hostesses



in Spearman, Gruver, Dumas, and Amarillo, covering a 25 to 30 mile radius of each town," comments Earl. The firm offers professional communications equipment by E.F. Johnson, Uni-

den, Kenwood, and Motorola. One way Earl's TV helps save customers money is by offering a flat rate for service instead of a per-minute rate. This enables businesses to budget their communications costs and better control cash flow.

You may install a mobile phone

with two-way for as low as \$62.65 per month including unlimited air

"Innovative rates and concerned service are what our customers depend on," Goodheart conclud-"Depend on us for your business communication need. Call us at 659-2121 or visit us at 106 E. Kenneth, Spearman. We can help you stay in touch for

this is a paid advertisement

# Panhandle Crisis Center

MARY FRANCES ELLZEY

A most unexpected Christmas gift came to our office: A former client, whose life was changed by the help she received from us, and who has since moved out of state, sent us a check for \$50 to help make Christmas a time of joy for other children at the Center, as we had done for hers last year. What a

At our December board meeting we had a dinner to honor our founding director, Helen Bussey, who not only inspired us, but saw to it that we established an outstanding Center for helping women in need. To this end she donated every bit as much time as we paid her for. We deeply regret that she resigned as of December 31. To thank her for her five years of dedicated service, we presented her with a money tree, which we hope will help her do something delightful for herself.

At the same meeting, Chief Joe Hannon presented a video tape that showed that Texas is joining other states in instituting a program whereby women who are battered are not required to prosecute their batterer. The police themselves can do that. They can arrest the batterer, whether or not they themselves see the battering, and initiate prosecution proceedings. In cases of this type, the woman is not the complainant; the social order (represented by the police) is the complainant.

As in any other crime, the victim may be asked to serve as a witness. But she is not the prosecuting

Experience indicates that when a man is arrested and then sentenced with a choice of going to jail, or of paying a stiff fine, or of submitting to locally provided therapy, he tends to think twice about battering a woman. Already he thinks twice about battering another man! And that's because he cannot get away with it, either because the man will hit him back, or the man will surely prosecute. Or both!

Do you know that currently a batterer can be released with no more inconvenience than having spent a night in jail? Even a speeding ticket costs more than that. How come? Because the victim is afraid to prosecute, or is persuaded (by family, friends, or even the church) not to prosecute.

But no more. The police can

prosecute.

How come the change? At least 3 cities in our nation have been successfully prosecuted for \$1,000, 000 plus by a victim who could prove that the police did not adequately protect her from a violent partner. Our city is just as vulnerable as those cities were. We citizens cannot afford this!

The let-em-off-easy treatment of batterers prevails because the general societal attitude is of a humorous incident. Or maybe because the woman "provoked" the battering. "She made me do it!" or "She deserved it!" (Sometimes the woman herself thinks this way.)

There is no excuse for a violent "solution" to domestic problems. Certainly it is not excused in other societal situations.

It's up to us to see that this general attitude is changed in Ochiltree, Lipscomb, and Hansford counties, as it has been changed in other places where local citizens became sufficiently alarmed about their pocketbooks!

Speaking of societal obligations, we citizens have the obligation of assuring ourselves that the public officers we have elected are doing their job properly. We can always be present in the court at a time of trial. For example, women who have not themselves been victims of rape, but who perhaps live in a complex where another woman has been raped, have the right to appear in court to testify to their own personal fear, and to protest a bail that has been set so low that the suspected rapist can be released almost immediately.

Another example is to be present in court simply to observe how child molestation cases are handled, how failure to pay child support is handled. And any number of other cases.

All we need to do is inquire when Court will be held (usually about twice a month) and what cases are being tried. This can be done at the office of the Justice of the Peace, or at the County Attorney's office.

Then BE THERE! Let our judges, our attorneys, etc., know that we are interested and that we expect adequate handling of these cases. Public opinion has a powerful effect, especially on elected offi-

This is part of our responsibility as citizens. Let's hop to it!

### Recordkeeping for New Homeowners

New homeowners should begin recordkeeping by saving a copy of the settlement or closing statement. This will help them establish the basis in their home. The basis is usually the cost or purchase price of the home. Other items such as legal fees and transfer taxes may be added to their basis. They may deduct their share of the real estate taxes, mortgage interest,



and "points" that are considered interest, in the year they buy the home if they itemize their deductions.

As taxpayers make improvements to their homes, they should keep copies of the receipts. Remodeling a bathroom or replacing a roof are examples of improvements. The costs of improvements are added to the basis of their property and should not be confused with repairs.

If they use part of their home for business and deduct a portion of their household costs as a business expense, they will need to keep records of how much depreciation they claimed and what portion of the home they used for business.

Records of selling expenses such as commissions, advertising and legal fees should also be saved. Loan charges such as loan placement fees or "points" paid by the seller are usually a selling

It is important to keep records because each time taxpayers sell their home, they must file a Form 2119, "Sale of Your Home," with that year's tax return to report the gain on the sale. They may be able to defer tax on the gain on the sale under certain circumstances and they may be eligible to exclude all or part of the gain if they sell their home when they are age 55 or

Normally, taxpayers only need to keep copies of their returns for three years. But records concerning their home, including previously filed Forms. 2119, should be kept for as long as they own a home.

For more information, order Publication 523, "Tax Information on Selling Your Home," or Publication 587, "Business Use of Your Home," by using the order blank in the tax return package or by calling 1-800-424-3676.

### Mortgage Interest

For most taxpayers, mortgage interest secured by their first or second home is still fully deductible. To get the facts, call the IRS toll-free at 1-800-424-3676 and order free Publication 545, "Interest Expense."

### Medical Expenses

Taxpayers may deduct only that part of their unreimbursed medical and dental expenses that are more than 7.5 percent of their adjusted gross income. For details on changes to itemized deductions, order free IRS Publication 17, "Your Federal Income Tax," by calling 1-800-424-3676.

### Girl Scouts News

Adult and older girl members of Wedding Shower the Yucca Girl Scout Council will be honoring meeting in their respective districts to elect delegates to the Annual Mrs. Marshall Cator nee Kellye Kay McFarlin Council Meeting. Presentations to be held will be made on how policy is made Saturday, Jan. 28, and how volunteers can affect policy, adult funding, adult refrom 2:30 - 4:00 p.m. cognitions and Girl Scouts of the in the USA goals. A mini-training for Girl Hospitality Room Scout volunteers will also be provi-First State Bank given by

District I meeting will be held Jan. 29, at the Perryton Southside

Baptist Church at 2 p.m. Beaver County in Oklahoma, Hansford, Ochiltree and Lipscomb Counties in Texas will have Girl Scouts reprensented at the District I

All Girl Scouts age 14 and above are urged to take this opportunity to visit with friends old and new and learn about the affairs of the

A small flat sponge or paper towel kept in your refrigerator vegetable bin can absorb much of the excess moisture collecting there.

Local Happening? Club Meeting?

If it's important to you, it's important to us.

Let us know about your event and we'll do our best to get you the publicity it deserves both before and after.

Call 659-3434 Today! The Spearman Reporter The Gruver Statesman The Hansford Plainsman

# Among the Neighbors

Mr. and Mrs. Henry Cornelius just returned from a restful, relaxing trip of a couple of weeks. They flew to Phoenix and then drove to Tucson. Next they drove to Nogales for several days and spent some time in Old Mexico. They did a little shopping, but mostly enjoyed sight-seeing as they found the weather colder than they had

Loretto Cook and Charolette Jackson came in late Monday, glad to go back to work to rest a little.

They flew to Dallas last Thursday, attended a seminar all day Friday, attended Market on Saturday and Sunday, then flew back home. Their customers will be pleased and appreciate their efforts when the lovely new merchandice including dishes, table linens, gifts and graduation items are put on display.

Using the usual slipshod methods of detective work, your neighbor learns that no one left

### Catholic Family Services offers Adult Workshop

Catholic Family Service, Inc. will begin a 16 week workshop for ADULT SURVIVORS. The workshop is designed for women who were sexually abused as children. Sessions will begin the first week in February. A screening interview will be required.

SURVIVORS of all ages, religions and backgrounds are welcomed. For more information, please contact Betsy Franks at Catholic Family Service, Inc. 376-4571.

Spearman the last several days, no one extended hospitality to out-oftown guests, no one got married, no one had a baby, and fortunately

To report locals, call 659-3468.

LIMITED FUNDS AVAILABLE AT THESE RATES

We are strongly committed to real estate lending in Texas.

- NEW PURCHASES ONLY
- 10-YEAR FIXED RATE converts to variable thereafter
- ONE POINT ORIGINATION FEE ■ LONG-TERM LOANS
- **ASSUMABLE**

FEDERAL JAND BANK OF TEXAS

High Plains Federal Land Bank Association 506 S. Main

> Perryton, Texas 79070 Phone 435-4319

Serving Lipscomb, Ochiltree and Hansford Counties \* Annual percentage rates range from 9.97% to 10.27% depending on length of contract; after fixed rate period, variable rates are subject to change.



# Classifieds!

FOR SALE:3 bedroom, 2 bata home 1 mile south of Spearman. 2200 sq. ft. on 2 acres with barn and corrals. Call 659-5162 for appointment. s11s-5tp-sun. only

HOUSE FOR SALE: 3 bedroom, 13/4 bath, good location. 659-3801. s11-6tp

FOR SALE: 1978 Crew Cab Ford Pickup 460 Engine 1981 Ford LTD 4-Door. Phone 659-2767 day or 659-3398 evening. s11-4tp

FOR SALE:3 bedroom, 2 bath home. Sunken living room, parquet floors, fireplace, covered patio, 2 car garage, sprinkler system, 2193 sq. ft. living space, excellent location, Call 659-3587 or 659-5022. s11s-4tc

FOR SALE: House for sale in Waka. Two blocks from school. Call 435-4674 or 435-4139. S12S 4tp

HOME FOR SALE: 3 Bedroom, 2 bath, 1001 Barkley. Call Jim Shirley at 659-5565 or 659-3214. S12S-2t

FOR SALE OR LEASE: Office building for sale or lease. Owner will finance. Call 659-5051 before 5 p,m. and 659-2719 after 5 p.m. S05s-rtn

USED AUTO PARTS FOR SALE: Located 4 miles west of Hooker, Ok. on highway 54. Muss Cat Auto Salvage. (405)652-2400. S10-rtn

3 Repo Pianos For Sale; - Spinet & 2 Consoles-Assume Low Monthly Payments-Can be Seen Locally-Ph. 316-624-8422-Brier & Hale Music-Liberal, Ks. s11-3tc

FOR SALE: Box Spring and Mattress and Frame - \$50. (Double Bed size) Call 659-2687 S12S 1tp

FOR SALE: 1976 Lancer Doublewide. 28 feet x 80 feet. Full carpet, Bedroom, 2 full baths, rock fireplace, central air and heat. \$22,500. 435-2344. S12S 4tp SUN ONLY

### Miscellaneous

MITCHELL GARAGE DOOR REPAIR & INSTALLATION: Residential and commercial. Also will install electric openers. Experienced. Call after 5 p.m. 323-8210 s10-rtn or 435-3033.

PERSONAL: For those wishing to get in contact with me, Pete Fisher, my new business address is 511 G. Plains Shopping Center in Spearman, phone number 659-3482 or Box 126, Spearman. S11-8tc

Do you like working with people? Get the facts about becoming a professional hair stylist. 'Bet you think you're not able to get financial aid. 'Bet you might be surprised. Check with us for the facts. Next classes start: March 7, May 2, 1989 Federal aid programs available. LIBERAL ACADEMY OF HAIR DESIGN, 530 South Kansas, Liberal, Kansas 67901, 316-624 s11s-4tc

> NOTICE Wallace Monument Co. Monuments, Curbing, Grave Covers Local Representative LEONARD JAMESON Spearman, Texas

Amarillo, Texas Dealers of Rock of Ages Granite, as well as all colored granites, marble and bronze memorials.

represented by: BOXWELL BROS. **FUNERAL HOME** 

**519 S. Evans** 

"ATTENTION-HIRING! Government jobs - your area. Many immediate openings without waiting list or test. \$17,840-\$69,485. Call 1-602-838-8885. EXT R4514."

**HELP WANTED:** Hansford Manor is now taking applications for part-time nurses-aides. Applications may be picked up at Hansford Manor, 707 S. Roland, Spearman, Tx. 79081. EOE. S12- 2tc

HELP WANTED: Honest dependable, clean, experienced person for maintenance. Will furnish tools. Excellent benefits. Probationary period required. Send resume to Caprock Industries, Inc. #2, Box 948, Gruver, Tx. 79040 or apply in persoon on location.

HELP WANTED: Hansford Manor is now taking applications for a part-time RN. Need caring individual to work with elderly. Applications may be picked up at Hansford Manor, 707 S. Roland, Spearman, Tx. 79081 or call Tina Freeman, personell Director at 806-659-2535 for more information. EOE.

### Work Wanted

Music Ed. Graduate would like to teach piano lessons. Please call 659-2774 or 659-3434. S12-rtn f

GRANTS TREE SERVICE OF AMARILLO working in Spearman area. We do tree trimming, topping, pruning, spraying, removals and other handiman services. Call (806) 381-9345 for free estimates. S12 - 2tp

NOTICE TO BIDDERS

Sealed proposals for the Structural Stabilization of a Hangar Building at the Spearman Municipal Airport at Spearman, Texas will be received by the City of Spearman, Texas in the City Council Chambers at Spearman, Texas until 3:00 p.m. Local Time on February 9, 1989, then opened and read aloud. Proposal shall be addressed to the City Council of Spearman, Texas.

The Contract Documents, Drawings and Specifications, may be examined at the following loca-

G. Tim White-Architect 3014 SW 26th Avenue, Suite 4000, Amarillo, Texas

A deposit of Thirty Dollars (\$30.00) for each set of Documents will be required. Deposits will be refunded upon the safe return of the Documments within Ten (10) days of the Bid Opening.

A Bid Security of not less than Five Percent (5%) of the total bid amount in the form of Cashier's Check or acceptable Bidder's Bond must accompany each Proposal as a guarantee that, if awarded the Contract, the Bidder will promptly enter into a Contract.

The Owner reserves the right to waive any informalities and to accept or reject any or all Propo-

All Proposals shall remain in effect for a period of Thirty (30) days from the Bid Opening. s11s-2tc(s-only)

> Count on the Classifieds to Do the Job



659-3465

659-3465

659-5581

# Stop preplant irrigation, use rainfall!

Are you looking for a way to reduce irrigation water use by 45 percent and only cut grain sorghum yield 10 percent? The answer is simple, stop preplant irrigation and use rainfall to start the crop. This simple solution to high irrigation water cost was proven in four years of research by Ron Allen and Jack Musick, Agricultural Engineers at the USDA Research Laboratory at Bushland, Tx. Along with two to four irrigations during the summer, depending on rainfall, sorghum grain yields averaged 6500 and 5940 pounds per acre with and without preplant irrigation.

In order to determine the effectiveness over a wide range of conditions, efficiency of preplant irrigation for continuous sorghum was checked using three tillage methods. Conventional tillage prior to making beds was disking and chiseling. The other two methods were undercutting old beds with wide sweeps or using a chisel chopper tillage tool. The chisel chopper is a heavy duty plow with a rolling stalk cutter between a rank of chisels and sweeps.

The study was conducted on a field of Pullman clay loam that was 1300 feet long with a slope of 0.15 percent. Anhydrous ammonia at 150 pounds per acre was chiseled into the soil each fall. Propazine was incorporated in April to control weeds in the 30-inch rows of sorghum.

A disk bedder was used to make beds and furrows prior to preplant irrigation in early May. Plots that were not preplant-irrigated were planted flat and furrowed out with a rolling cultivator before that first seasonal irrigation when sorghum

Lunch Menu HIGH SCHOOL MENU JAN. 28 - JAN. 27

MONDAY STEAK FRITTER MASHED POTATOES/GRAVY SALAD BAR HOTROLLS PEACHES MILK

> TUESDAY HAMBURGER FRIES SALAD BAR COOKIE MILK

WEDNESDAY BIEROX TATOR TOTS SALAD BAR LEMON CHIFFON PIE MILK

> THURSDAY CHILI DOG FRIES ALAD BAR APPLE COBBLER MILK

FRIDAY SAUSAGE ON A STICK PINTO BEANS SALAD BAR CORNBREAD PEARS MILK

JR. HIGH-ELEMENTARY MENU JAN. 23 - JAN. 27

MONDAY STEAK FINGERS MASHED POTATOES/GRAVY **BLACKEYED PEAS** HOTROLLS PEACHES MILK

> TUESDAY HAMBURGER FRIES LETTUCE/TOM ATO PICKLE/ONION COOKIE MILK

WEDNESDAY BIEROX CREAM STYLE CORN TATOR TOTS DILL SPEAR LEMON CHIFFON PIE MILK

> THURSDAY CHILI DOG CHEESE CUP FRIES PORK n BEANS APPLE COBBLER MILK

FRIDAY SAUSAGE ON A STICK PINTO BEANS POTATO SALAD CORNBREAD APPLESAUCE MILK

had eight leaves or was about 10 inches tall.

Tillage treatment did not affect intake of preplant irrigation water. Average intake was 84 percent of the 8 inches of preplant irrigation water applied. According to Allen, total water applied including summer irrigations averaged 25 inches when preplant was used and only 14 inches where this irrigation was skipped.

Planting date with no preplant irrigation depended on rainfall.

When beds were wet by preplant irrigation, planting was from May 16 to 30 depending on weather. On the other hand, with no preplant irrigation, planting varied from the ideal time of May 20 in 1986 to June 22 in 1984 when May and early June were dry. The researchers said late planting after June 10 reduced yield potential in 1984. Allen pointed out previous research showed that potential grain yield decreased with late planting, but water use efficiency increased, so reduced irrigation cost offset lower yield.

When preplant irrigation was omitted, spring rains were stored in the soil and the water was used by plants later in the season. When the soil profile was filled with water from preplant irrigation, spring rains ran from the field and were

Allen said, "By making better use of rainfall, we almost doubled irrigation water use efficiency.' With preplant irrigation, one inch of irrigation water produced 260 pounds of grain per acre, and without it, 424 pounds of grain were produced per inch of irrigation."

Assuming irrigation water costs \$4. per acre inch including labor, irrigation water cost was \$100. and \$56. per acre with and without preplant irrigation. According to Allen's calculations, the extra 560 pounds per acre of grain produced with preplant irrigation was very expensive, costing \$7.85 per hundred pounds. "Sorghum selling price has never been high enough to make that profitable," he said.

SOCIAL SECURITY NEWS & NOTES

Seniors Not Wealthy Or Greedy!

Q. I keep hearing how many of our seniors are well off and don't need their Social Security checks. Is



A. No. it isn't. Today, the average monthly Social Se curity check is \$534. That's not a lot of money these days. Yet, fully 24 percent of individuals over age 65 rely on Social Security for a least 90 percent of their income. Most of these are women. Sixty-two percent of all seniors receiving Social Security rely on it for at least 50 percent of their income, report experts at the National Committee to Preserve Social Security and Medicare. Most rely on it for much more than half.

# Registration Form for 1989-90 Kindergarten

Full Name of Child	Parent's Names	Address	Phone	Birthdate	Sex
THE PERSON NAMED IN	0 1 1 1				
ALL THE PARTY OF					1
ocial Security Number	er		Age	as of Sept. 1, 198	9

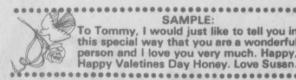


HAPPY VALENTINES GREETINGS WILL BE PUBLISHED ON

FEBRUARY 12, IN The Hansford Plainsman

Now you can send Valentine's greetings to the ones you love in a new and novel way . . . love lines to a special someone, a relative, a dear friend. Your message will be cherished for years to come

2 lines	n	ıi	n	i	n	1	u	n	n		*				5.00
3 lines						*									6.50
4 lines															7.50
5 lines			*	*											8:75
6 lines							*	*					*	1	0.00
Each ad	de	di	ŧ	ic	01	n	a	ı	li	n	18				2.00



SAMPLE: To Tommy, I would just like to tell you in this special way that you are a wonderful person and I love you very much. Happy, Happy Valetines Day Honey. Love Susan 

MINIMUM GREETING SIZE TWO LINES. NO ABBREVIATIONS. WE MUST HAVE YOUR GREETING BY THURSDAY FEB. 9th.

NUMBER OF LINESNAME			Comment was a second
STREETVALENTINE NAME	CITY	STATE	ZIP
VALENTINE ADDRESS			
CITY		STATE	ZIP

WE GIVE S&H GREEN SEALS EVERYDAY • ONE SEAL ISSUED FOR EVERY \$5 DOUBLE SEALS TOBACCO PRODUCTS ON WEDNESDAY

ermarket

THESE PRICES GOOD THRU JAN. 28 IN PERRYTON ONLY DOUBLE COUPONS UP TO AND INCLUDING

\$1.00 ON THURSDAY



**CAMPBELLS** 

OCHICKEN WITH RICE
 OCHICKEN STARS OCHICKEN
 NOODLE O'S OCURLY NOODLES



KEEBLER ZESTA CRACKERS

ASST. 1 LB. BOX



MARYLAND CLUB

REG. ASST. GRINDS

13 OZ. CAN 59

GOLD MEDAL REG.

**FINE FARE** MACARONI AND **CHEESE** 

7.25 OZ.

6-12 OZ. CANS

PACE PICANTE SAUCE 16 OZ. ASST.

COMET LONG GRAIN

28 OZ.

**TEXSUN ORANGE** JUICE 46 OZ.

**BISQUICK** 

•DELUXE GRAHAMS •E.L. FUDGE
•GRASS-HOPPER •FUDGE STRIPE •FUDDGE STICK

19

HONEY NUT

89



**PORK CHOPS** (CENTER CUT)

UNITED PREMIUM QUALITY

**REG. OR MESQUITE** 

SUPER VALU PAK EXTRA LEAN **GROUND** 

68 LB. REG. PACK .... LB....\$1.78

**PORK** BACKBONE

**COUNTRY STYLE** 

58

**PORK STEAK** 



**PORK** ROAST (BOSTON, BUTT)

LB.



VINITED PREMIUM QUALITY

●MEAT ●BEEF ●THICK 1 LB. PKG.

28

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**RUBY RED GRAPEFRUIT** 

FRESH CRISP

VAN DE KAMP'S
BATTERED OR LIGHT CRISPY
FISH FILLETS OR STICKS

269



**PLAINS** ICE CREAM RED OR GOLD RING PILLSBURY
BISCUITS
COUNTRY-TENDER LAYER

BUTTERMILK

7.5
OZ.
FOR

HOMO MILK 9

**BLUE BONNET MARGARINE** 3 LB. TUB

29



UNITED 300 CT.





