



First of all I want to apologize for the extra mistakes that were in the paper last week. Sometimes two different people can proofread something over and over and miss mistakes. But the first thing you notice after the paper is printed, is the mistakes. I hope there are not so many this week, but Monday was a heck of a day. Our new computer decided it didn't want to work. I think it's little computer brain was on Spring Break or something. After trying to figure out what the problem was for over 8 hours, it finally started working right. I guess I fixed it, but I don't know what I did. Well anyway, we apologize, when we miss stupid mistakes, that, like I

said, jump out at you after the paper is printed. But, as I have said before, we're just human.

Saturday's Jr. Livestock Show went well. There were a lot of animals, which all looked good to me. I would hate to be a judge. They all look about the same to me.

These kids work hard with their show animals and when they come out to parade them before the judge, you can tell these animals have been groomed to the tee. And the kids all look real nice, too.

Congratulations to the winners and to all the kids who participated. They all did a good job.

A Note of Thanks

We would like to thank all of you who came to "Cinderella" last Thursday. We had such a great crowd! We also appreciate so much your generous donations. Thank you!

Sincerely,
One Act Play Cast & Crew
Carrol Hays & Kelli Jackson

I would like to thank you for your vote and support in the recent Primary Election for County Judge.

Your continued support will be appreciated!

Laverna M. Price
Motley County Judge

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"Sing Unto The Lord"



It's interesting to notice how the Psalmist sings about God. It seems that everything he encounters about his relationship to the Almighty causes him to want to sing a song. In Psalm 98, he sings about God's righteousness. In Psalm 99, he sings of God's exalted place of authority. In Psalm 100, he sings of God's enduring love, which demands and deserves admiration and adoration by His people. In view of the character of God, the Psalmist will pledge his obedience (Psalm 101), expresses his dependence (Psalm 102), and speaks of his gratitude toward God for His rich blessings (Psalm 103).

Psalm 103 is particularly interesting because, as one writer put it, David constructs a "circle of praise" toward God. The center of the circle has "Bless the Lord" as its core. It is surrounded by all that blesses God: "My soul (verses 1-6, 22), the people of God (verses 6-18), and the Heavenly Hosts (verses 19-22). And David ends where he began: "Bless the Lord, O my soul."

The Bible reminds us that we are to sing to God. It is just a natural response of the heart to sing praises to the Lord! You are not required to make beautiful noise, but only a joyful noise to the Lord. That is good news in its own right.

Spend a few minutes today singing some of your favorite spiritual songs. Sing some of the new songs we've been learning lately. Think about the words to each verse you sing. You'll have a song in your heart all day long! Go ahead, sing praises....

Roaring Springs Church of Christ

Bible Study - 10 a.m. Michael G. Crowley, Sr. Worship - 9 a.m.



We appreciate the donations to the library by W.C. Palmeyer in memory of Bertha Stearns and Erin Caspbell Shearer. These memorials will be lasting tributes to these two ladies.

We want to thank Carla and Jim Meador and the Motley County Tribune for their donation of a subscription to this fine newspaper. I know that all of you who come in and read the Tribune are grateful to Carla and Jim for making the newspaper available to the library.

I had to be out of the library last week, and I want to thank those who so ably filled in for me. Thanks to Georgia Witcher, Beverly Whitaker, Lee Peacock, and Cynthia Stafford for their willingness to pitch in and help.

Come by the library to see the Easter display in our case. This year we have a Celebration of Crosses and Crucifixes. We thank all those who loaned them to us for this Easter season: Monte and Noma Wike, Patricia Green, Suzanne Abbott, and Joan Patton. There may be others later, and we will recognize them when they come in.

This month's new shipment of videos brought some that will appeal to the kid in all of us. We have Dr. Seuss' "The Lorax," a Bible story, "David & Goliath," and some nursery rhymes on video, "Nonsense and Lullabies". If you have the travel bug, come in and check out Rand McNally's Video Trip to "Grand Teton National Park."

Another video is "Baker's Hawk," starring Lee H. Montgomery, Clint Walker, and Burl Ives. The story of Billy Baker and his red-tailed hawk is a warm and beautiful saga that captures the heart of a father-son relationship and depicts how people sometimes hate and fear those who are "different". All of these videos are overnight videos and may be checked out from the library.

Remember the used book sale starts Monday, March 23, at the library, 2:00 p.m. This first day, Monday, is reserved for members of the Friends of the Library. Tuesday - Friday, 1:00 - 6:00 p.m., the sale is open to everyone. Good bargains in good books.

Motley County ISD to observe Public School Week

The Motley County ISD Cafeteria will be observing Public School Week with Parent Visitation on March 26 and 27. Parents may come and eat with their child at this time.

PK - 6th grade parents should come on Thursday, March 26; 7-12

grade parents should come on Friday, March 27.

Price will be \$4.00 per plate for each guest. Please call or send a note to your child's teacher so we can know how many to prepare for.

Look Who's New



Terrance Allen Sands

Zachary Davis would like to announce the arrival of his baby brother, Terrance Allen Sands. He was born March 9, 1998 at Lubbock's UMC Hospital. He weighed 7 pounds 11 ounces and was 20 3/4 inches long. Proud parents are Lynn and Jenifer

Sands of Snyder. Grandparents are Bob and Rosalee Davis of Matador and Ted and Lillian Sands of Snyder. Great-grandparents are Wilson and Lorraine Davis of Lubbock.

Thank you for your support in the Primary Election for County Treasurer.

Your continued support will be appreciated!

JOE E. CAMPBELL
Motley County Treasurer

FAMILY & CONSUMER NEWS
By Arla Felts, Extension Agent

MEAT AND EGGS ARE IMPORTANT IN THE DIET

Two servings of foods from the meat group are recommended each day. The meat or protein group includes beef, pork, poultry, fish, eggs, cheese, dried beans, peas, and nuts. A serving from this group is 3 ounces of meat, poultry, or fish, 2 eggs, 1 cup cooked beans, 4 tablespoons of peanut butter and 1/2 to 1 cup nuts or sunflower seeds.

Lean Cuts are Low in Cholesterol
Many people today avoid beef and pork because they are trying to cut down on cholesterol and fat. However, lean cuts of beef and pork contain no more cholesterol than chicken. If you are careful to select leaner cuts of meat and trim away fat, you will greatly reduce the amount of fat in the red meat you eat. So, unless you are following a specific diet from your doctor, feel free to enjoy beef and pork in your daily meats.

Eggs are another food that have been given "bad press". While egg yolk contains a lot of cholesterol, tests where eggs have been fed to people have not found that they caused blood cholesterol to rise in normal people. Eggs contain excellent quality protein and they are easily digested.

The best advice is to eat a variety of foods, including a variety of protein sources. If you like these foods, try to include beef, pork, poultry and fish in different meals. And, if you enjoy an egg at breakfast or sometimes for lunch or dinner, eat eggs knowing that they are a healthful food.

The other protein foods we've mentioned -- cheese, nuts, dried beans, and peas - are also good foods. A cheese or peanut butter sandwich is a good source of protein for a light lunch.

Much of the world depends on beans for most of their protein needs, and it is the cheapest way to buy protein. Many people who grew up during the Depression ate a lot of beans for this reason. Beans and peas can be used to "extend" the more expensive protein of meat and dairy products in meals, a fact that our Mexican neighbors know very well.

Beef, pork, chicken, fish, eggs, cheese, nuts, dried beans, and peas - all of these are nutritious healthful

sources of protein. They all can be part of a balanced diet made up of a variety of foods. Eat them for health and enjoyment.

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| <p>CLIP AND SAVE</p> <p>Coupon good at all Allsup's locations. Offer expires MARCH 28, 1998</p> <p>ONE PER COUPON</p> <p>MOTLEY COUNTY TRIBUNE 00001 19061 6</p> | <p>CLIP AND SAVE</p> <p>Coupon good at all Allsup's locations. Offer expires MARCH 28, 1998</p> <p>ONE PER COUPON</p> <p>MOTLEY COUNTY TRIBUNE 00001 19062 4</p> |

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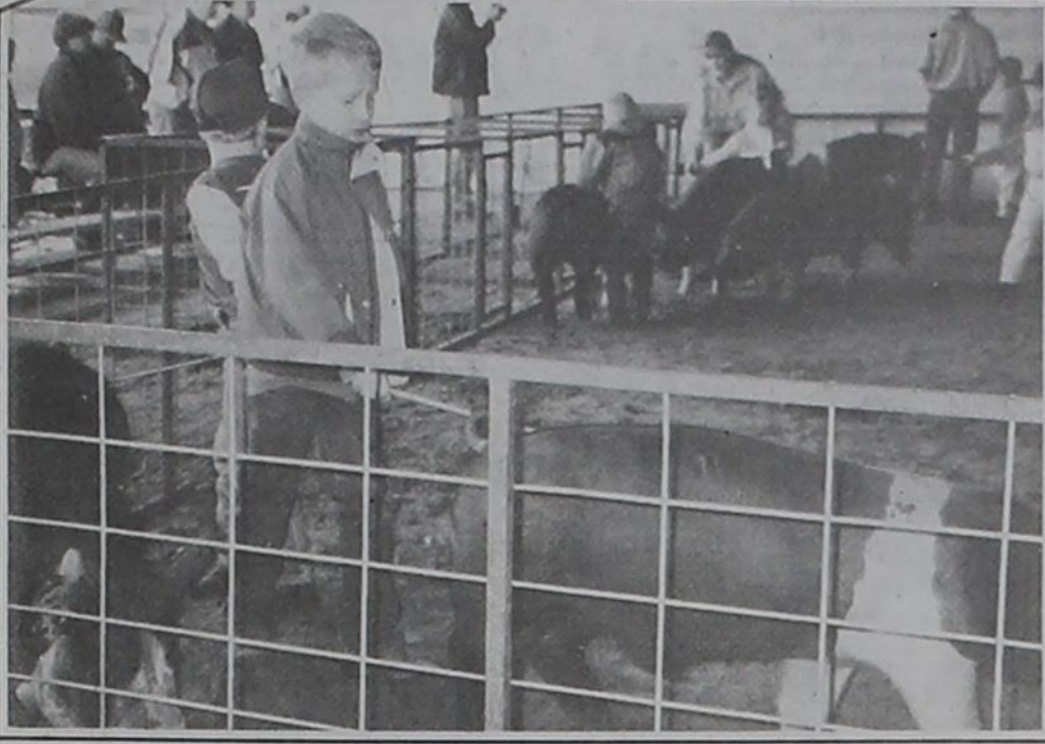
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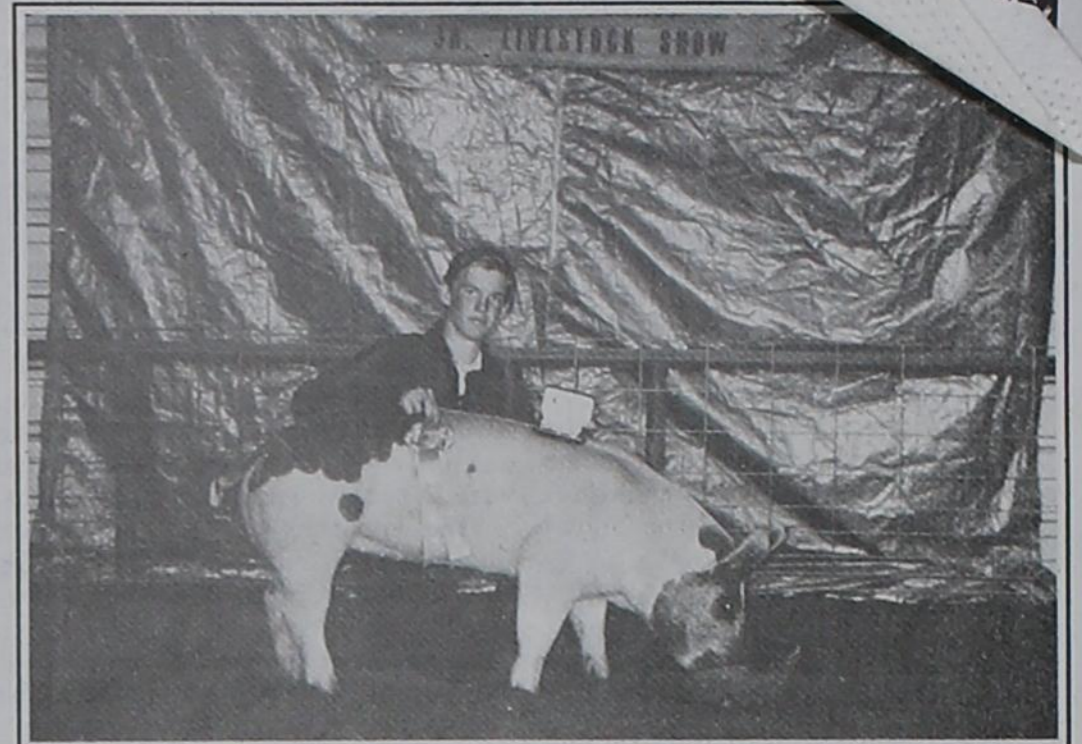
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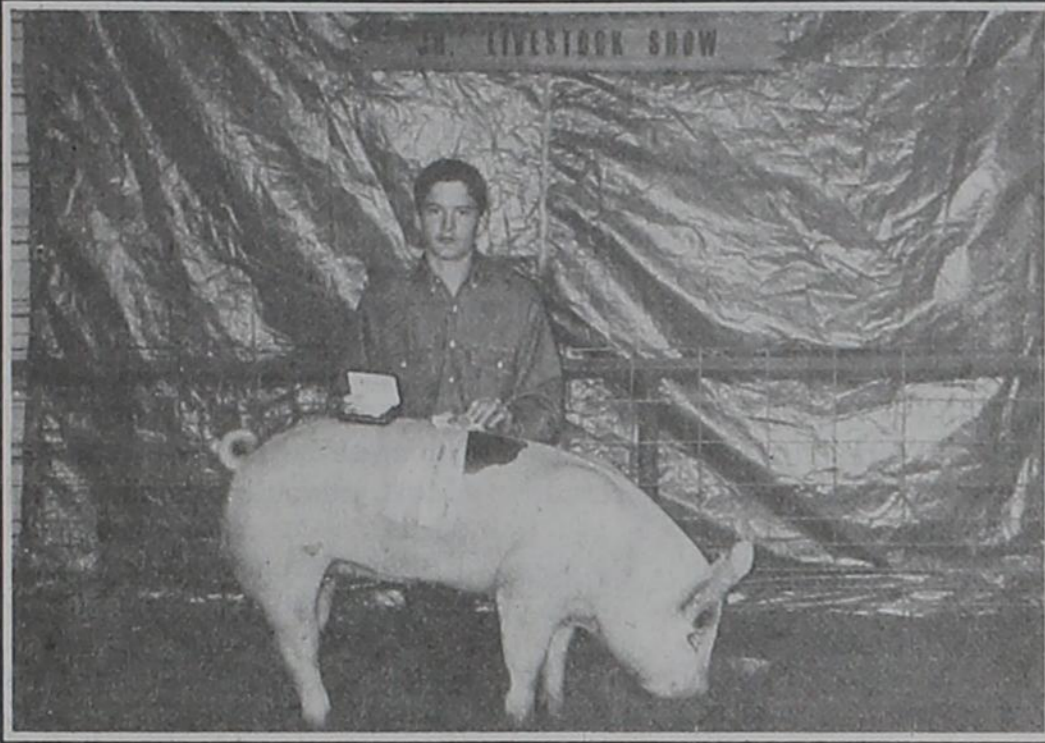
PEE WEE SHOW — There were seven participants in the Pee Wee Showmanship division at Saturday's Stock Show. Pictured above is Cade Luckett, who seems to be doing very well keeping his hog in line. Cade is the son of Bill and Kendra Luckett of Matador.



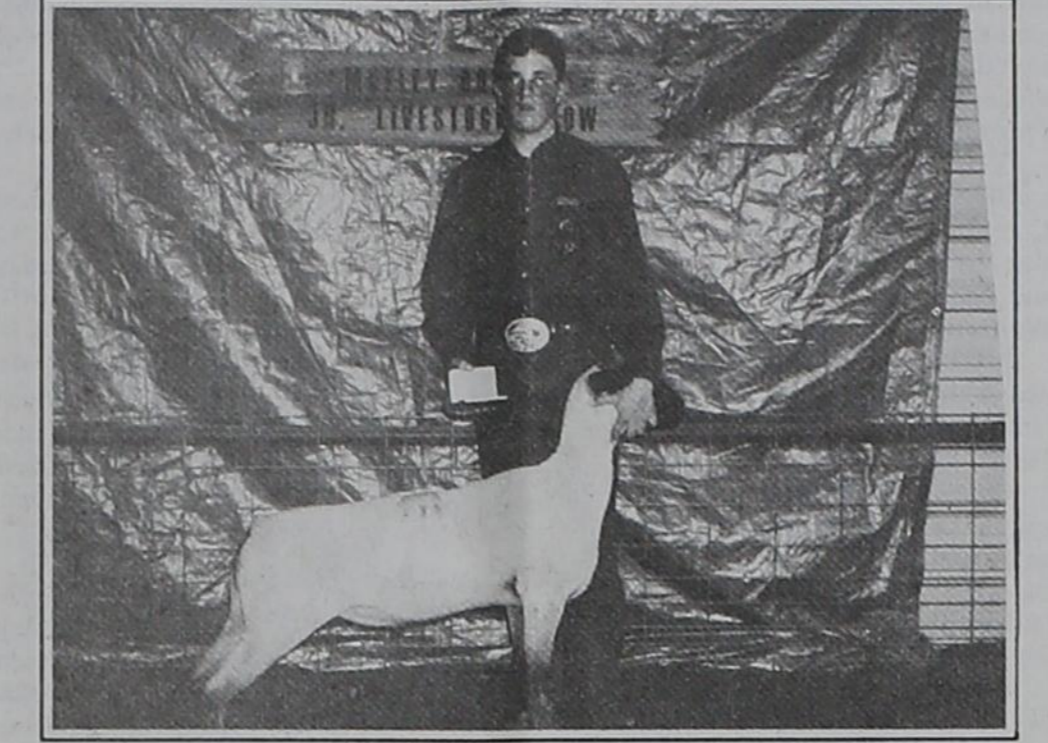
RESERVE GRAND CHAMPION STEER: Todd Thomas showed the Reserve Grand Champion Steer in the 58th Annual Stockshow.



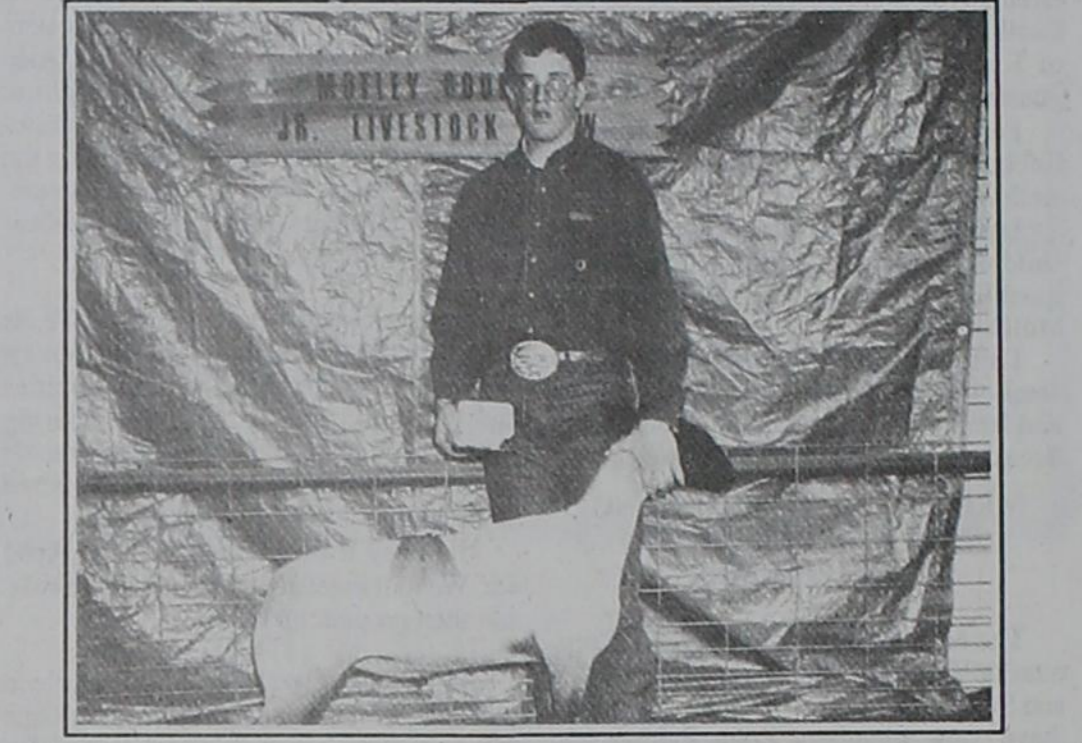
GRAND CHAMPION HOG — Jerrod Reiger showed the Grand Champion Hog. Jerrod is a Sophomore and the son of Ross and Dana Graham of Roaring Springs.



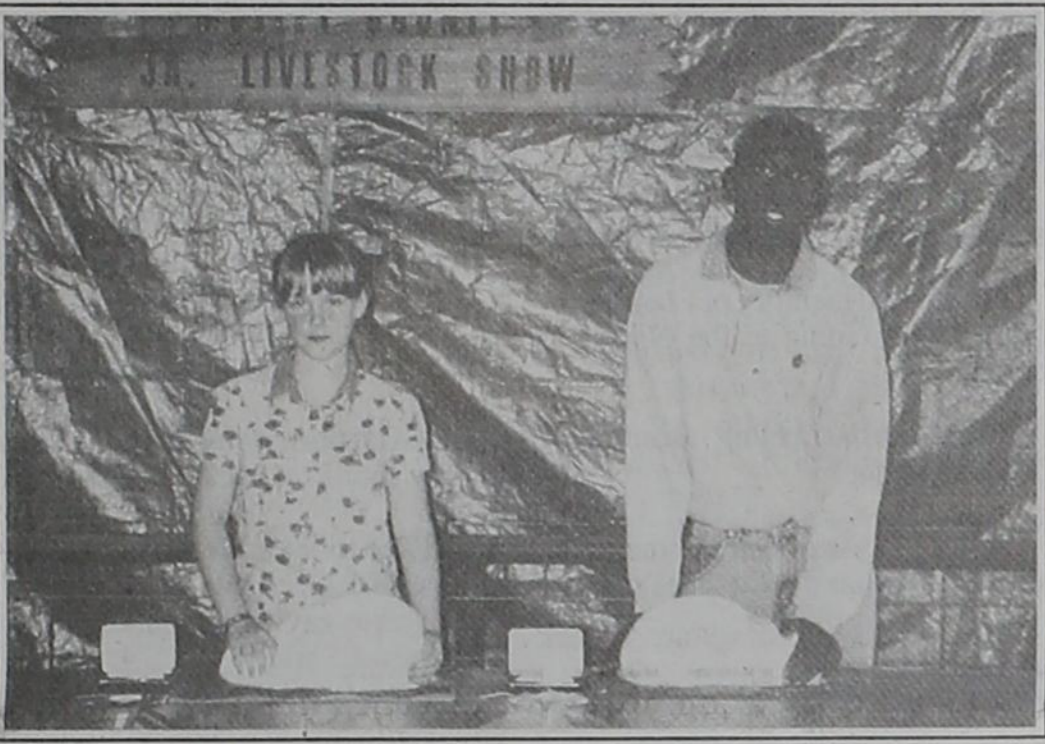
RESERVE GRAND CHAMPION HOG: Todd Thomas showed the Reserve Grand Champion Hog at Saturday's Show. Todd is a Sophomore and is the son of Richard and Darleen Thomas of Matador.



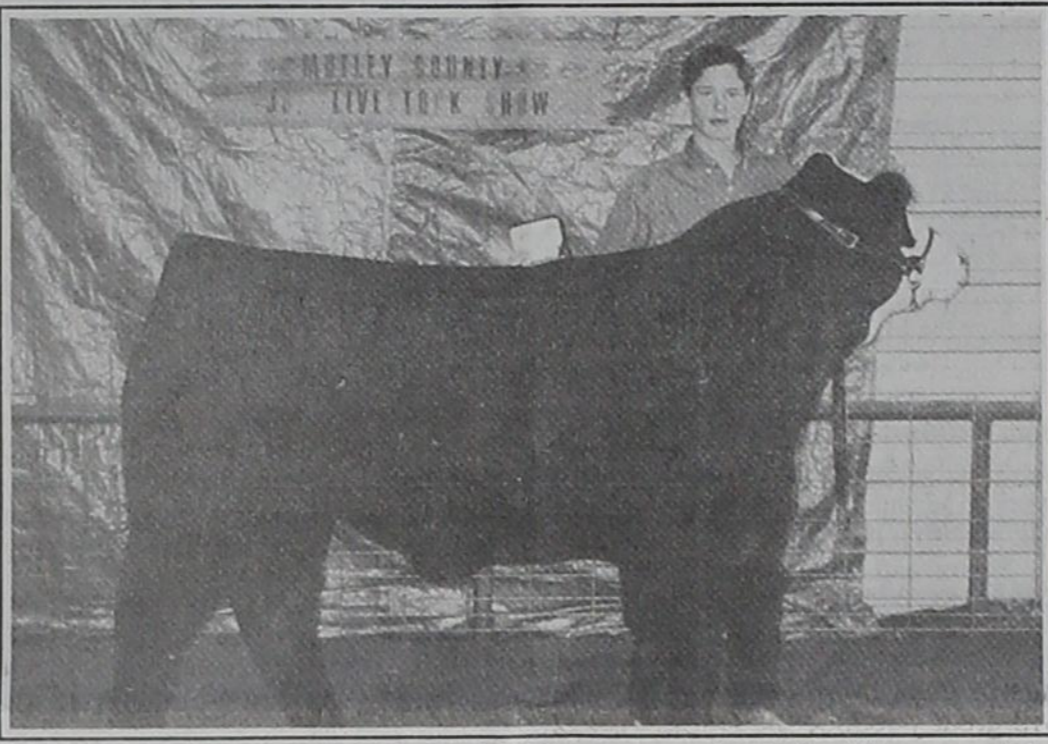
GRAND CHAMPION LAMB: Andy Jones showed the Grand Champion Lamb with his heavy weight lamb. Andy is a Sophomore and is the son of Mike and Jan Jones of Roaring Springs.



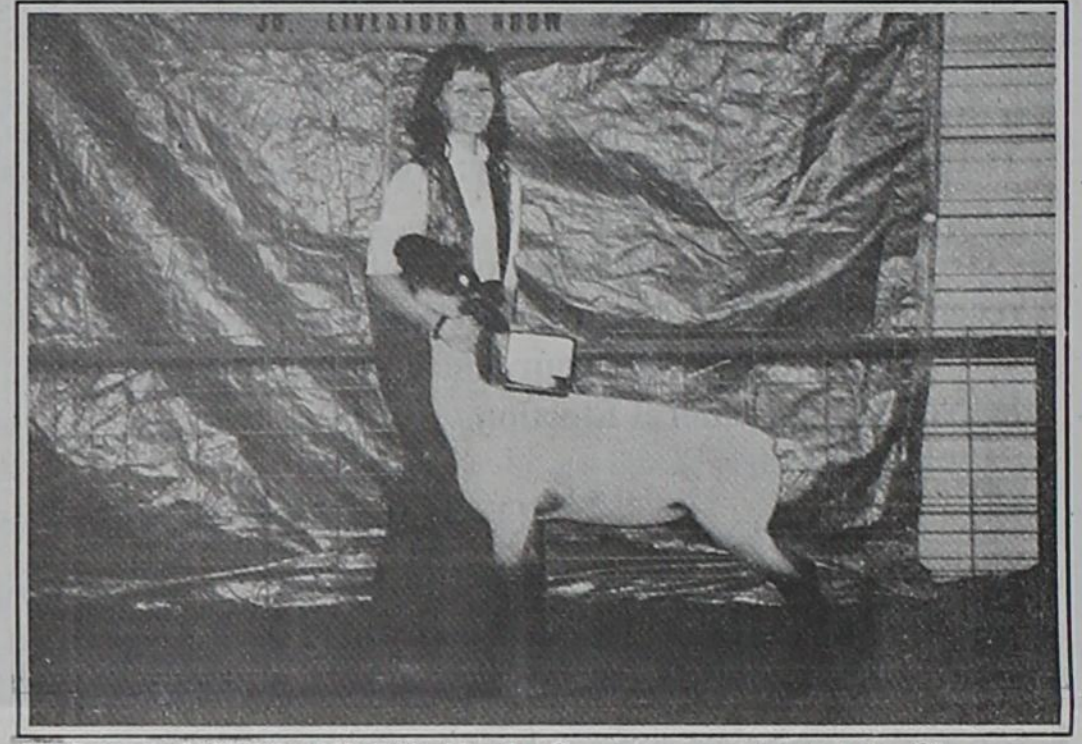
RESERVE GRAND CHAMPION LAMB: Andy Jones also showed the Reserve Grand Champion Lamb with his Medium Weight Lamb.



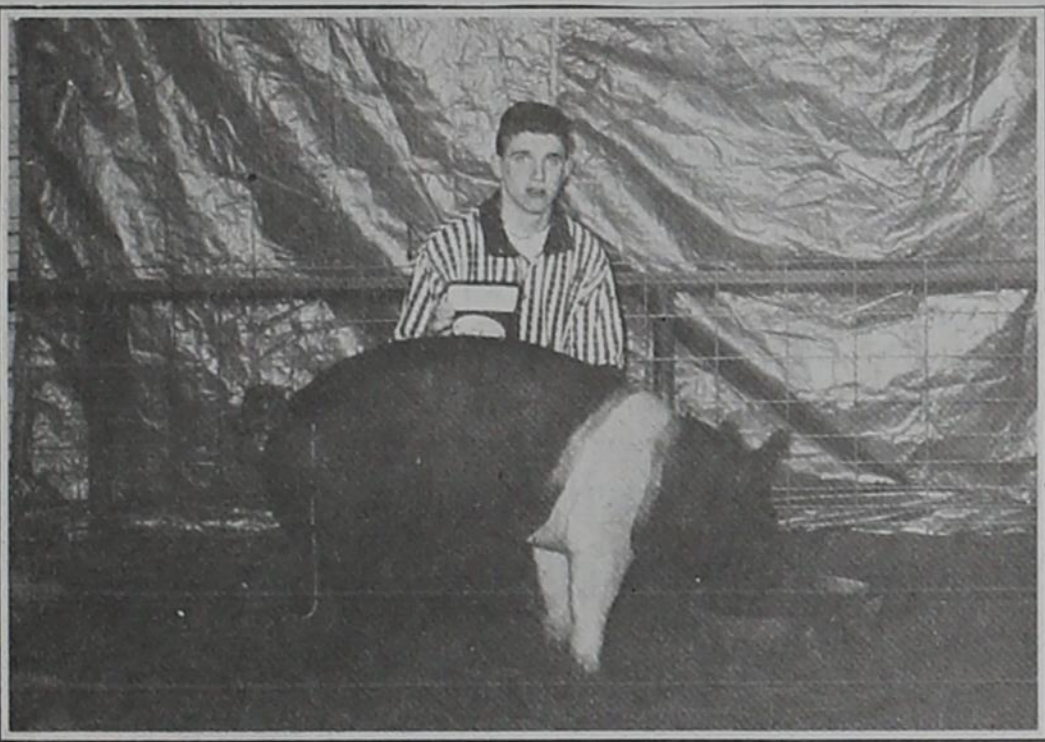
GRAND CHAMPION RABBIT: Kittie Campbell (right) received the Grand Champion award for her buck rabbit. Kittie is the daughter of Douglas and Janie Campbell of Matador. Jermaine Hendrix showed the Reserve Grand Champion Rabbit with his doe rabbit. Jermaine is the son of Jimmie Hendrix of Matador.



SHOWMANSHIP AWARD: Todd Thomas received the Showmanship Award in the Steer Division.



SHOWMANSHIP AWARD: Kayla Copp was presented the Showmanship Award in the Lamb Division. Kayla is the daughter of Rick and Lana Copp of Matador.



SHOWMANSHIP AWARD — Brant Donaldson received the Showmanship Award in the Hog Division. He is the son of Billy and Terree Donaldson of Matador.

Specialty Clinic Outpatient Services

These are located in the Medical Office Building of the hospital and have convenience parking available directly in front of this building. The Specialty Clinic/Outpatient Services are available Monday through Friday and staffed by licensed nurses from 8:00 a.m. to 6:00 p.m.


Educational materials are available to you regarding many health related issues from various surgeries to many health prevention topics.

Our goal is to provide efficient, convenient services while keeping in mind your busy schedule.



We provide a cheerful comfortable room with special lounge chairs for patients needing IV therapy, blood transfusions, IV antibiotics, and chemotherapy.

When you pre-register for surgeries, you are able to visit with a licensed nurse and be assisted with any questions. You also are given pre-op instructions. Lab draws and EKGs are also performed in this area.

Major services offered in the specialty clinic are: Dermatology, Gastroenterology, Cardiology, Neurology and Oncology. This allows patients to be seen by specialists in Plainview rather than having to drive out of town as in the past. This allows you access to specialists in-house without having to wait for a lengthy period of time to get an appointment.




Sandra Rivera, R.N.
Nurse Manager Of
OPS/Specialty Clinic

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|--|--|--|---|---------------------------------|
| 1 | 2 Card. Of Lubbock Cancelled Dermatology 8-12 | 3 Card. Of Lubbock 1-5 Neurology 1-5 | 4 Card. Of Lubbock Cancelled Oncology 1-5 | 5 Card. Of Lubbock 1-5 | 6 Card. Of Lubbock Cancelled Card. Assoc. 9-12 | 7 |
| 8 | 9 Card. Of Lubbock Cancelled | 10 Card. Of Lubbock Cancelled | 11 Card. Of Lubbock 1-5 Oncology 1-5 | 12 Card. Of Lubbock 1-5 Card. Assoc. 9-12 | 13 Card. Of Lubbock 1-5 | 14 Card. Of Lubbock 10-12 |
| 15 | 16 Card. Of Lubbock 1-5 Dermatology 8-12 | 17 Card. Of Lubbock 1-5 Neurology 1-5 | 18 Card. Of Lubbock 1-5 Oncology 1-5 | 19 Card. Of Lubbock 1-5 | 20 Card. Of Lubbock 1-5 Digestive 10-12 | 21 |
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| 29 | 30 Card. Of Lubbock 1-5 | 31 Card. Of Lubbock 1-5 Card. Assoc. 9-12 | | | | |

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And —
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Farm & Ranch News



Cotton



The job of correcting the flaws in the Federal Crop Insurance cotton program has become a regular source of work for the cotton industry. Plains Cotton Growers continues to be involved in this process.

Recent discussions with the USDA Risk Management Agency has reopened the issue in 1998.

RMA officials have agreed to take another look at several areas of concern to producers. Among the issues which the RMA has agreed to look into are a re-examination of the rating procedures and structure of cotton premiums, the need for improvements in the quality adjustment coverage for cotton, the need for replant coverage comparable to that offered for other crops and the need for another look at prevented planting provisions for cotton.

It is hoped that the latest round of talks will provide workable solutions in the future to many of these issues.

Legislation designed to help sub-Saharan African countries passed the House of Representatives this week despite concerns from the U.S. cotton and textile industries that it will not lead to any significant improvements in the targeted area.

According to Plains Cotton Growers the end result will probably be an increase in the trans shipment of cotton goods and apparel through the sub-Saharan region from Asian markets.

The legislation in question is the African Growth and Opportunity Act of 1998, H.R. 1432.

Cotton and textile industry officials vow they will continue to work for changes in the legislation as it moves to the Senate for consideration. Industry officials noted that the changes necessary to make the legislation successful are relatively simple and should improve the ability of the bill to be successful.

Speakers and panelists include representatives from Texas Tech University, Texas Agricultural Extension Service, Texas A&M University, and area crop consultants.

The agenda includes:
Boll Weevil Biology: Weak Links
Boll Weevil Management: Start to Finish
Boll Weevil Management: Timing is Everything
Planting for Earliness
In-Season Management
Timely Termination
Crop Management: A Consultant's Perspective 1998
Q&A and Wrap Up

Plains Cotton Growers officials have learned that the Texas Department of Agriculture is accepting public comment until April 13 on a proposal to create a new, smaller boll weevil eradication zone from the existing statutory Northern High Plains Zone.

The proposed zone, the Northwest Plains Boll Weevil Eradication Zone, would consist of about 450,000 acres of cotton in five counties: Bailey, Castro, Deaf Smith, Lamb and Parmer. A public hearing will be held at Earth City Hall, Earth, beginning at 1:30 p.m. Thursday, April 2nd.

Written comments should be sent to Katie Dickie-Stavinoha, Special Assistant for Producer Relations, TDA, PO Box 12847, Austin, TX 78711 by April 13.

If the smaller zone is created, an advisory committee will be seated to gauge whether there is interest in pursuing a comprehensive boll weevil eradication program within the new zone.



ENDANGERED SPECIES — Michael Lee, Motley County Extension Agent, displayed this exhibit of animals which had once been on the endangered species list in the United States, to Motley County third graders last week. They are pictured here with Mr. Lee, and their teacher, Mrs. Tonya Price.



WE DIG THIS SHOW — These kids really enjoyed the Stock Show as they took some time to have some dirty fun.

COW POKES

By Ace Reid



"I am writing a book about ranching. Could you give me a quick run down on all the details?"

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Beware of Poisons That Spring Up On Us

Spring is just around the corner, and it's time to start thinking about lawns and gardens.

And bugs, weeds and pesticides. National Poison Prevention Week is March 15-21, but with the mild winter Texans have had, it's never too early to start.

"Warmer weather means planting season and also means an increase in the use of pesticides in and around the home," said Diana Gray, R.Ph., S.P.I., Scott & White registered pharmacist who specializes in poison information. "Some plants can be just as dan-

gerous as the chemicals we use on them."

She is part of the staff of the Central Texas Poison Center, located at Scott & White in Temple, Texas. The Central Texas Poison Center is part of the network of six poison information centers in the state. Callers may phone toll-free for information about poisons, safety and educational materials.

To keep homes safe for small children and pets alike, Ms. Gray suggests these tips when deciding what to plant and how to prevent springtime pesticide hazards.

Pesticide Safety
Insecticides and fungicides can be as toxic to humans as they are to insects, their intended victims. Handling fertilizers and garden chemicals also carry risks. "Since every chemical is different, it is very important to read and follow each label closely," Ms. Gray added.

Here are some other suggestions for safety around garden chemicals:

- Wear all protective clothing the label specifies while applying chemicals.
- Follow the label directions for mixing solutions and rinsing spray containers.
- Apply the proper amount of product required to avoid overuse.
- Always wash your hands and change your clothes after applying a pesticide.
- Keep children and pets away during application and until the product dries, or as long as the label suggests.
- Store pesticides out of reach in a cool, dry place.
- Always store pesticides in their original containers.
- Protect directions on the package by covering them with clear tape.

If an accidental exposure happens, wash the area and immediately call the Poison Center on the toll-free line. Be prepared to verify important information such as the name, manufacturer, active ingredient and strength of chemical involved.

Plant Safety
When it comes to garden safety, remember all plants are not alike, urges Ms. Gray. "Many plants and trees native to Texas can be toxic if ingested," she said. For example, oleander, philodendron, dieffenbachia and foxglove are some of the many plants that can be harmful when eaten.

Poisonous plants are also commonly kept as house plants or used for landscaping. "the most important step to avoiding dangerous exposures is to familiarize yourself with the plant life in and around your home. Take a sample of plants you are unsure of to a local nursery to be identified," she said.

Consider decorating your home with nontoxic flowers and shrubs such as African violets, fuschias, roses, fuchsia and spider plants.

If an accidental exposure occurs if you would like to receive a free plant guide, contact the Poison Control at (800) POISON-1 OR (800) 764-7661. The phone calls are routed to the Poison Center nearest the caller.

About the Central Texas Poison Center
The Central Texas Poison Center is one of six centers in the state, available free to any caller in Texas. Each center is available 24 hours a day and seven days a week. The staff has ready access to a computer database of 900,000 commercial products listed by common and brand names to help callers identify dangerous substances.

FISH

Now is the time for Pond and Lake Stocking of Hybrid Bluegill, Florida Hybrid Bass, Channel Catfish, Fathead Minnows, Triploid Grass Carp, and Black Crappie. Permit required for the Triploid Grass Carp..

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Delivery will be Tuesday, March 24, at the times listed for the following towns and locations.

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Roaring Springs - Thacker Supply Co., 348-7216, 10:00 - 11:00 a.m.
Floydada - Producers Coop Elevator, 983-2821, 12:00 - 1:00 p.m.
Ralls - Crosby County Fuel Assoc., 253-2518, 2:00 - 3:00 p.m.
Spur - Farmers Cop Gin & Supply, 271-3391, 4:00 - 5:00 p.m.

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