

Paper reviews dangers of drinking and driving and driving without seat belts

The Christmas and New Year's holidays invariably prompt a greater public awareness of the dangers of mixing drinking and driving and of car travel without seat belts. In a country where transportation by car is a daily event for almost all Americans, young and old, a new year's beginning is perhaps the best time to take a look at both issues.

In 1988, there were six cases of Drinking While Intoxicated (hereafter referred to as DWI) filed in Hansford County, as compared to 17 such cases in 1987. There were ten DWI cases filed in 1986 and 21 in 1985. These statistics, which are a matter of public record in Hansford County, do not reflect the

numbers of convictions.

Hansford County Sheriff R.L. McFarlin believes that the decrease in DWIs filed between 1987 and 1988 is due in part to the educational role the media are playing in warning Americans about the dangers of drinking and driving. "To me it seems as if the public awareness has grown," he said. "These commercials are making an impact. In fact, we now see instances where a car is stopped where everyone in the car except the driver has been consuming alcohol."

Spearman Chief of Police, Joe Raper, believes that the number of municipal DWI cases is probably significantly lower than the num-

ber of such cases in large metropolitan areas. "Intoxication is not the usual factor in the accidents I've worked myself," he commented. "DWIs were a larger problem in the past than they are now," he continued. "But it is still a definite problem with the teen-aged group."

Raper concurs with McFarlin that public awareness can be credited with some of the decrease in DWIs filed in this county, but also believes that increasing fines and penalties have played an important deterrent role.

Hansford County is a dry county, McFarlin pointed out, which means there are no open bars or package sales of alcoholic beverages allowed, and he believes this keeps the DWI rate low, but Raper said that this condition is only a deterrent to some individuals. "The people who want to drink are going to drink, regardless of where they have to go to either consume the alcohol or to buy it," he said. He revealed that past arrests have shown that teenaged drinkers purchase their alcoholic beverages in Hardesty and Berger, either themselves or through friends. Statistically, more teenagers die in alcohol-related traffic accidents each year than by any other means. This information was supplied to the Spearman Reporter by Gary Ellsworth of the local Just Say No Club.

Raper, McFarlin, County Judge R. L. McClellan and Cecil Biggers, a local attorney, all explained what

happens when a driver is stopped in Spearman and subsequently charged with DWI. (Individuals stopped outside the city limits by the Department of Public Safety or the Sheriff's Department are handled similarly.)

Typically, a police officer or other law enforcement officer pulls the driver over when he commits a traffic violation, such as running a stop sign or making an illegal U-turn. Sometimes the law officer has suspected the driver of intoxication because of these violations, and at other times, it isn't until the officer meets the driver face to face that he makes the judgement. Raper commented that police officers quickly develop a kind of sixth sense of detecting possible intoxication.

The driver suspected of DWI is arrested at the scene and then asked to take a blood alcohol test. The driver has the option at this point to agree to the test or to refuse to undergo the test. If the driver refuses, his driver's license is automatically suspended for 90 days and he is immediately taken to the county jail to be arraigned before a judge. The driver who consents to the test is taken directly to Hansford Hospital, where the lab draws a blood sample from him, and then taken to the county jail for arraignment.

If a blood sample is taken, this sample is sent off to the Department of Public Safety (DPS) laboratory in Lubbock, where it will be

analyzed by a specialized machine. Any blood alcohol level of .10% (one tenth of one per cent) or higher is the legal definition of ethanol intoxication. Alcohol is readily absorbed by water and blood is mostly water, so anyone who has been drinking, even a single beer, will have some level of alcohol show up in his blood alcohol test. According to a DPS brochure, a rough guideline for "how much is too much" is the following situation: a 140-pounder will be legally intoxicated after approximately the fourth or fifth alcoholic drink in the period of two hours. It is important to remember, the brochure warns, that individuals react differently to alcohol. (See chart on this page.)

At the county jail, whether he has consented to the test or not, the driver is held until formally arraigned before the judge. This arraignment is done as soon as possible and involves the accused being advised of his right to representation by an attorney and his bond is set. In some cases, the driver will be released on "personal recognizance," which is his promise to reappear in court on the assigned date. When bond is set, typically it ranges in cost from \$500 to \$1,000. The next step in the judicial process is a pre-trial hearing, which allows the defense to hear the prosecutor's evidence against the driver, including the blood alcohol level results. Any plea bargaining is done at this time.

The trial date is then set, with the accused having the option of a trial by judge or by jury. The accused enters his plea of innocent or guilty at this point in the proceedings. At a jury trial, the jury finds the defendant innocent or guilty and sets the punishment, while the judge implements it. In a trial by the judge, the judge renders the verdict and pronounces the sentence.

If convicted of the DWI charge, a person is penalized according to the limits set by Texas state law. A first-time DWI offender will have his license suspended for 90 days to one year, be fined not less than \$100 nor more than \$2,000, and will spend from 72 hours to two years in jail. (note: All persons convicted of DWI spend a minimum of 72 hours in jail.) A second DWI offense is punishable by a suspended driver's license for 180 days to two years, a fine of not less than \$300 and not more than \$2,000 and 15 days to two years in jail. Third and subsequent DWI convictions carry the crime from a Class B Misdemeanor status to a felony status, which generally mandates a prison sentence instead of a jail term. Third and subsequent DWI offenses are punishable by license suspensions of 180 days to two years, a fine of not less than \$500 and not more than \$2,000 and either 30-day to two-year jail terms or 60-day to 5-year prison terms. Biggers noted that felony status see DANGERS, p.2

Drinking and Driving Don't Mix

■ One simple, unbreakable rule about alcohol and driving: Drinking and driving just don't mix. The drink that helps you unwind also affects your motor ability, your judgment, the perceptions you need for safe driving.

■ Most state laws define intoxicated driving in terms of Blood Alcohol Content—BAC. Responsible driving means keeping your BAC below what is legally defined as "intoxicated." In most states, this means if you drive with a BAC level of .10% you are legally guilty of "DWI." Driving While Intoxicated. Readings of .05%-.09% are valid evidence of impairment. As a rough guideline, a 140-pounder, consuming three typical drinks over a period of two hours and then driving, may be doing so impaired. The same is true for a 180-pounder consuming four drinks over the same period.

But remember, individuals react differently to alcohol. Indeed, you yourself may react differently on different occasions. The safe rule for yourself and others is: DON'T—drink and drive.

How alcohol impairs driving ability.

Body Weight	Number of drinks							
100	1	2	3	4	5	6	7	8
120	1	2	3	4	5	6	7	8
140	1	2	3	4	5	6	7	8
160	1	2	3	4	5	6	7	8
180	1	2	3	4	5	6	7	8
200	1	2	3	4	5	6	7	8
220	1	2	3	4	5	6	7	8
240	1	2	3	4	5	6	7	8

Estimated impairment BAC 0.05 to .09%
Estimated impairment BAC 0.05 to .09%
Estimated impairment BAC 0.10% or more

*Laws vary from state to state. Make sure you know yours.
provided by The Department of Public Safety

PTA encourages creative efforts with new program

Spearman PTA is offering the children and youth of our community their first opportunity to participate in the National PTA Reflections program. Since, 1969, Reflections has encouraged hundreds of students to explore the cultural arts by expressing their thoughts and feelings through the visual arts, music and literature.

The 1988-89 theme is "Proud Experiences". Children may interpret the theme in any way they feel appropriate, but the theme must be reflected in their work. If the work does not clearly relate to "Proud Experiences", the theme must be used in the title or subtitle of the entry. Only new pieces of art, inspired by this theme and created solely by the child, are acceptable.

Any child residing in Spearman or attending Spearman schools is eligible to participate. Five age divisions—Pre-school, Primary (grades K-3), Intermediate (grades 4-6), Junior High (grades 7-9), and Senior High (grades 10-12)—will be recognized for each of four art categories. The following is a list of the art categories and an abbreviated list of rules:

- (1) Visual Arts (includes print-making, painting, drawing, collages, and needlework). Art work must be two-dimensional, cannot be larger than 24x30 inches including mat, and must be mounted.
- (2) Photography (single prints in black and white or color from any type of camera). Prints must be mounted and no larger than 11x14 inches including mat.
- (3) Literature (fiction or non-fiction—includes drama, poetry, prose, short stories, and song lyrics). Entries must be handwritten or typed by the student. Disabled children or those younger

than second grade may dictate to another person, but the child's grammar or form of speech may not be changed. Entries are judged solely on literary content and must not be over 11x14 inches.

(4) Music (original music scores, with or without words). Intermediate through Senior High age divisions must submit entries on non-spiral music paper no larger than 11x14 inches. Primary and younger must submit a music cassette. All ages are urged to send a tape with their notation, however.

Entries will be judged on the basis of creative ability and expression of the theme "Proud Experiences". Participants may submit as many entries as they wish; however, to qualify each entry must be accompanied by an official entry form. A complete list of rules and entry forms may be obtained by calling PTA Cultural Arts chairperson Candy Boxwell at 659-3450. The deadline for receiving entries is Jan. 24.

Local winners from all age divisions of each art category will be submitted for district-wide judging. District winners progress to statewide competition. Winners at this level are forwarded for national judging. (The Pre-school category is not eligible at this level).

Spearman PTA's goals in sponsoring this Reflections program are to encourage children to use their creative talents, to recognize children's creative efforts and to demonstrate the value of cultural arts. Every child and youth who submits an entry in the Reflections program will be recognized and their original works will be displayed.

Citizens asked to donate blood to benefit resident

Some friends of longtime Spearman resident, Evelyn Kingsley, are working together to ease the burdens of her hospital stay somewhat. Kingsley has been in High Plains Baptist Hospital for several weeks. She has required some surgery and will undergo more surgery during her stay at the hospital.

Some local citizens are trying to organize a blood drive that will benefit her directly. Pearl Pierce, a director of the Spearman Senior Citizens Center, has contacted the Coffee Memorial Blood Center in Amarillo to inquire about the possibility of the Center setting up

in Spearman again, to take blood from donors that would be given to the hospital to cover the cost of the blood Kingsley might require.

Assistant Manager of the Coffee Memorial Blood Center, Kim Killian, said that if the community could arrange for at least 20 individuals to contribute at the blood drive the Center would be happy to come and set up the drive to benefit Kingsley.

Anyone who is willing to donate blood for this cause may contact Pearl Pierce at the Golden Spread Center, 659-3866 or at 659-3521. Donors blood may be of any type, as it would be used as an exchange for any blood the patient requires.

Varsity boys downed by Greyhounds

In Spearman's rematch against the Gruver Greyhounds in the Canadian tournament, the Lynx got off to a slow start. They trailed the Hounds early, and only managed to narrow the lead in the fourth quarter. They couldn't match the Greyhounds scoring, and again were hurt by called fouls.

The Lynx had their only lead of the game at the very outset, as they scored the first basket, and also led 4-2. But Gruver managed an 11-6 lead late in the first quarter. The Lynx came back to trail only 11-10, but it was the last time in the game that they were close.

A Kyle Irwin 3-pointer gave Gruver a 26-14 lead, and moments later Brain Hoel hit a jumper for a 28-15 lead - Gruver's largest lead of the first half.

Gruver's lead bulged to 58-37 in the fourth quarter, and the Hounds led 70-52 late in the game, before Spearman scored the last 7 points of the game.

It was the second game in a row against Gruver that the Lynx got themselves in severe foul trouble. In Thursday morning's game they had five players foul out, and a sixth with four fouls. In Tuesday night's game they had four players foul out. For the 2nd game in a row, Spearman coach H.M. Garrett was nabbed for a technical foul.

Brian Hoel led Gruver scorers with 18 points, and he was 12-15 from the free throw line (80%). Spearman was caught for 36 fouls, and the Hounds were 31-54 (57%) from the free throw line.

Theron Park had 12, Roberto Rodriguez had 10 and Troy Seagler had 8 points for the Hounds.

Gruver outshot Spearman from the field 46% (19-41) to 40% (24-60). But it was the fouls that made the difference, as Gruver had 21 more free throws made than did the Lynx.

SPEARMAN 10 24 33 59
GRUVER 11 32 52 70
Spearman-Cook-13, Jones-13, P. Shields-11, Womble-7, Garrett-5, Garnett-4, Coombs-2, DeArmond-2, McCown-2.

Gruver-Brian Hoel-18, Theron Park-12, Roberto Rodriguez-10, Troy Seagler-8, Dubson Zapata-5, Kyle Irwin-4, Brent Wagner-4, Brent Stedje-3, Justin Armes-2, Ramon Ortega-2, Russ Royval-2.

Beat Gruver, Wellington and Canadian . . . Lynxettes win tourney

In the Dec. 29 Canadian tournament, the bracket had the Hounds and Spearman Lynx teams scheduled to open the tournament.

In the first game, the Lady Hounds had their rematch with the Spearman Lynxettes, and the result was the same. They lost by 26 points on Tuesday night, and they lost by 26 points Thursday morning. The Lady Hounds played well in the first half of Thursday's game, however, and trailed only 27-18 at halftime.

In the third quarter the Lynxettes pressured the Lady Hounds into numerous turnovers, and outscored them 17-4 for the quarter, to take a 44-22 lead. They won the game 54-28.

All told the Lady Hounds were guilty of 25 turnovers, while the Lynxettes turned the ball over only

5 times during the whole game. The Lynxettes are the type of team that is methodical - they don't appear to be beating you as badly as the score is indicating.

Krista Kirkland again led Spearman scoring with 22 points, on 9-15 (60%) from the field, including a 3-pointer. She was 3-5 (60%) from the charity stripe.

After Kirkland, the remaining Lynxettes scorers were in single digits. If this team has one fault, it is that they seem to rely too heavily on Kirkland. However, she is an All-American, and that is a natural tendency. As Krista Kirkland goes, so go the Lynxettes.

Another Krista - Stedje, that is - led Gruver with 12 points, and she was 5-7 (71%) from the field. Shiloh Finney added 7 points for the Lady Hounds.

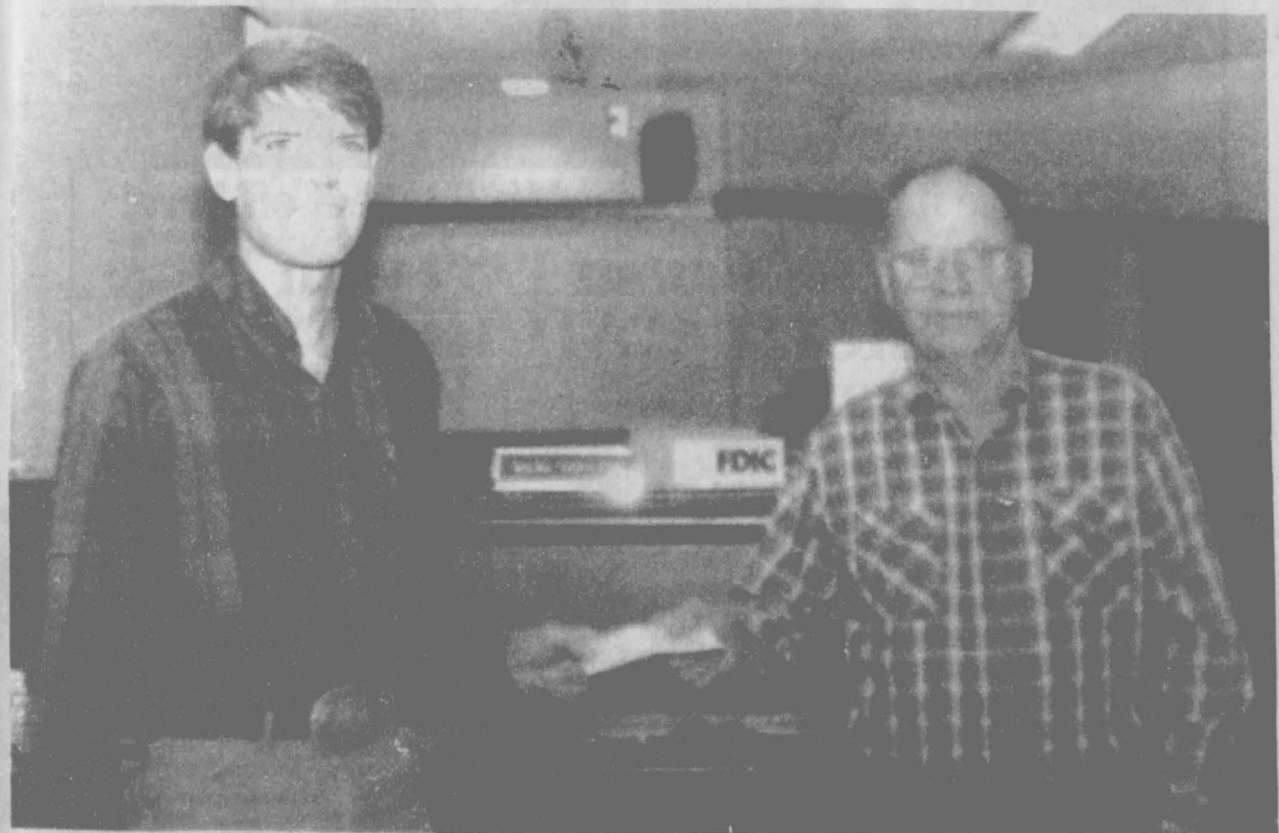
Spearman outshot Gruver 50% (24-48) to 42% (10-24).

SPEARMAN 14 27 44 54
GRUVER[G] 6 18 22 28
Spearman-Krista Kirkland-22, Michelle Cook-8, Londee Bradley-5, Lacey Lasater-5, Vonda Benson-4, Joy Gafford-4, Heather Murrell-4, Kyla Nelson-2.

Gruver-Krista Stedje-12, Shiloh Finney-7, Cindy Barkley-4, Brooke Roberts-2, Amy Sparks-2, Kelly McCloy-1.

The Spearman varsity Lynxettes basketball team went on to win the tournament after beating Wellington 45 to 41 and Canadian 48 to 32.

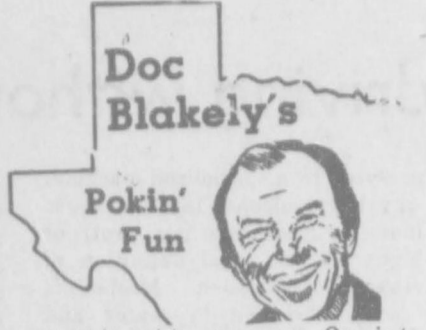
The Lynxettes played the Sanford Fritch Lady Eagles Tuesday night, Jan. 3. Results were unavailable at presstime of the Spearman Reporter, but will be in the Hansford Plainsman Sunday.



Troy Morris, president of the Spearman Rotary Club is handing this check for \$500 to Scoutmaster, Harry Stumpf. The money was raised in the Annual Pheasant Hunt which is a big fundraiser the club hosts each year. Proceeds from the hunt went into the club's general fund to be donated back to local groups. Other groups that will receive some of the

benefits from the money include the Girl Scouts, and the Rotary Club will also send two boys and girls to Boys State and Girls State, respectively. Harry Stumpf reports that this money the Rotary Club has donated to the Boy Scouts will be used to pay part of the expenses of sending the boys to camp this summer.

Aloha my money



"The most fabulous resort on earth"... "Swim with the Dolphins"... that's how they advertise the Hyatt Waikaloa on the big island of Hawaii. The rooms start at \$268 per night, more if you don't want to share one with a dolphin.

It's in the middle of a lava field. I kept having this terrible nightmare that there was a volcanic explosion followed by molten lava that melted my American Express card.

We had a Ford car from Rent-a-Wreck and pulled up to the valet parking area alongside a couple of Mercedes. Mine was the only car they threw a sheet over.

The parking lot attendants kept flipping coins to see who had to park it.

They sent our matched set of luggage (two cardboard boxes tied with rope) on ahead. This place is so big, they have an underground subway to zip your luggage on to your room so that it arrives before you do. You don't have to tip a bellhop because they automatically add it to your room. Ten dollars. I visualized all the guys moving luggage wearing little masks like Zorro.

In the lobby, a beautiful Hula girl put a ring of flowers around my neck, kissed me on the cheek, and from a tray of drinks, handed me a Mai-Tai. "What is this gonna cost?" I asked.

"Plenty," said my wife, "if you don't get that silly grin off your face."

After check-in, you have three

ways to get to your room. One is to walk a half-mile along a veranda containing art work displays from tiny Pacific Islands to the Ming Dynasty. The other ways are to ride a yacht in a canal or sleek-looking electric train. I took the yacht. I had been railroaded enough.

No matter which way you go, it takes at least 20 minutes to get to your room because the boats and trains stop to pick-up and let off. I think they pick up passengers and let off money.

There were seven restaurants in this resort and all of them required reservations three days in advance. "But we're only here for the weekend," I complained.

"We'll be happy to accommodate you the day after you leave," I was told.

The only place that we could get in without a reservation was a sushi bar. It was okay, but a lot like going fishing and eating your bait.

There were swimming pools with waterfalls, marble statues everywhere, and even a special pool where -- for a price, naturally -- you could swim with some trained dolphins. The dolphins playfully tug at your swim trunks. I figured I didn't have much to lose... The hotel had already taken the shirt off my back.

It really gave me some ideas. I plan to start off with a 100-pound catfish, paint some teeth on him, and throw him in the pool down at the Motel 6 7/8.

Letter to the Editor

Letter to the Editor:
Gratitude to my cherished friend Ora Sanders, I now get the Spearman Reporter. I even read the ads. I especially enjoy Helen Fisher's column. Many new people but I remember lots and care very much for all.

Spearman will always be home to me and I love all the people in Hansford County.

I hope your weather is better there. It is cold, windy and wet here.

I guess you might call me a "Pilgrim" but aren't we all?

Thank You and I extend my love to the people in Hansford County.

Jimmy R. Cooke
Sulphur Spring, Tex.

Conference reviews irrigation systems, set for January 10

Getting more out of irrigation systems than simply moisture is the goal of the annual High Plains Irrigation Conference here Jan. 10, says an irrigation specialist with the Texas Agricultural Extension Service.

Speakers will discuss and demonstrate ways individual producers can make their irrigation systems more efficient and effective, use them safely to apply chemicals with the water, and plan their crops to make best use of irrigation, said Leon New, Extension agricultural engineer and conference coordinator.

The program will be at 9:25 a.m. at the Texas A&M University Agricultural Research and Extension Center, 6500 Amarillo Blvd. West. It is sponsored by the Extension Service and the Panhandle Economic Program.

Proven methods of applying insecticides with irrigation systems will be discussed by Dr. Carl Patrick, extension entomologist. Dr. Brent Bean, extension agronomist, will cover the potential and economics of herbigation.

Sizing and calibrating equipment for accurate chemical application, as well as safety regulations, will be the topic of George Ratledge. He is assistant manager of Inject-O-Meter Co., Clovis, N.M.

Soil scientist Fred Pringle, Soil Conservation Service, will look at things which affect how much water soil can store. Management of surge valves for productive irrigation will be explained by Robert Bruno, P&R Surge Systems, Lubbock.

A growers' panel will relate personal experience in planning and managing maintenance and repairs of pump and power units and center pivots. Panelists will be Dale Coleman of Dumas and Glen Hart of Stratford.

Additional information about the conference is available at county extension offices.

STRAIGHT TALK FROM TDA
MIKE MOELLER
DEPUTY COMMISSIONER
TEXAS DEPARTMENT OF AGRICULTURE

Shaping up your landscape

To Prune or Not To Prune. Light pruning can be done at any time of year, but the best time for serious pruning depends on the type of plant and the results desired.

If you want to encourage rapid growth, the best time to prune is late winter or early spring, just before a plant's natural period of rapid growth. A general rule of thumb is that most deciduous plants can be pruned anytime during the dormant season between late fall and early spring.

If you want to train young plants to grow in certain directions, the best time to prune is during the growing season itself. Be especially careful when pruning new growth not to tear the tender young bark.

This type of pruning, also called dwarfing, can reduce the need for future pruning.

Pruning out dead and weak limbs is easiest during the growing season when these types of limbs are most visible. The growing season is also a good time to thin out branches that hang too low because of the weight of leaves or fruit.

Plants that flower in the summer or fall, like crape myrtle and roses, should be pruned during the winter if you want to maximize the next year's flowering. Moderate to severe pruning encourages the growth of fewer but larger blooms or blossom clusters.

Flowering fruit trees and other plants that bloom in the spring from buds on one-year-old wood should be pruned near the end of the blooming cycle. This type of pruning encourages vigorous growth to support next year's blooms.

Sharp, clean pruning equipment is important. Dull, dirty tools can injure plants and promote disease. As a safety precaution against spreading disease, many experts recommend wiping off saw blades and pruning shears with rubbing alcohol after each tree you cut.

There is an art and a science to tree-trimming. Consider this column as just a starting point. By taking a little extra time to consult a book on basic pruning techniques, you can learn how to safely and beautifully prune your landscape. It's an investment that will pay off far into the future.

Pruning a tree or shrub should not be a spur-of-the-moment decision. Proper pruning requires careful planning, because the cuts you make now will determine the look, and sometimes the health, of a particular plant for years to come.

Pruning is not a natural requirement for trees. They have grown quite well through the centuries without benefit of pruning shears. But when a tree in your yard obstructs a view, blocks the sun, starts to scrape the roof or side of the house, or grows into utility lines, pruning may become necessary.

Pruning also can remove dead, diseased, broken or crowded branches and allow freer passage of light and air in densely grown trees. And pruning can be used as a tool to increase or decrease the number and size of blossoms.

Pruning can affect a plant's balance of vegetative growth and the formation of flowers. Pruning young plants that flower on one-year-old wood may delay the development of flowering, but on mature plants pruning can help maintain vigor and encourage annual flowering and fruiting.

Whatever the reasons for pruning, the cuts you make should take advantage of each plant's natural growth tendencies. Unless you are creating bonsai or topiary, it is best not to dramatically alter the shape of the plant.

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Pipkin family holds reunion

The family of the late Knox Pipkin gathered at the home demonstration building in Spearman for their annual Christmas dinner. Altogether, 74 family members and four special guests attended. Everyone contributed to the pot luck meal which was served. Following the meal, an assortment of earlier Christmas memories were shared. These included slides from the years 1963, 1964, and 1965 which were taken at Knox Pipkin's home place.

Santa Claus visited the family during the evening to delight young and old alike. Special guests were the Reverend Bill Miller, his wife Alice, and their children Tabatha and Ted.

Family members who attended were: John and Edith Pipkin, Spearman, and their children: Larry, Yvonda, Kris, and Krystal Stokes-Amarillo; Bart, Betty, Brad and Bryce Clifford-Ingersoll, Ontario, Canada; Richard, Lisa, Candice, Kara and David Pipkin-Spearman;

Preston and Edith Smith-Spearman and their children: Dorothy

and Davonna Cator-Gruber; Archie, Gayle, Kacee, and Kallie Smith-Spearman; Seth, Anita, Danna and Wesley Ralston-Dimmitt, J.W. and Doris Jean Pipkin-Spearman and their children: Vernon, Marsha, Cody, Mika, and Holly Pipkin-Perryton;

Roy, Francis, Elizabeth, Catherine, Nathaniel, and Angela Pipkin-Spearman; Gai Weaver-Perryton; Sena Burrow-Perryton; Ouida Wilson-Perryton and her children: Randy, Valinda, Vandy and Kam Dodson-Perryton; Velrick Wilson Amarillo;

Kim, Velora, Cindy and Kimberly Matheson-Leonard, Tx.; Robert and Betty Graves-Perryton and their children: Jimmy and Sharon Graves-Perryton; John, Angie and Camille Graves-Perryton;

Orville and Malolah Fullbright-Amarillo and their children: Arlene Diana, and Shawn Martin-Quitman Ark., Jason, Donna and Blaine Harris-Amarillo; Jean, Cloetta, Heath, Britton, Martin, Clarissa, and Christian Shotts- Big Spring, Tx.

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DANGERS, from p.1

DWI convictions are rare in Hansford County, and made the point that any DWI conviction, including the first one, becomes a matter of public record and is also recorded in an individual's criminal record. A person's criminal record is available to insurance companies, law enforcement agencies, government agencies, and the military.

McFarlin commented that "Hansford County is fortunate. There has not been a fatality here caused by DWI in quite a while. That doesn't mean we can afford to relax our enforcement of DWIs, however."

Seat belt usage became a mandatory Texas state law in August 1985. The law states that individuals in the newborn to 2-year-old category must be restrained in "infant type seats." Children between two and four years of age must wear seat belts or child passenger seats, and all adults riding in the front seat of a vehicle are required to wear seat belts. All vehicles, including 3/4 and 1/2 ton pick-up trucks, are required by law to have seat belts, with the exceptions of one-ton or eighteen wheelers.

According to the Texas Safety Association, a non-profit educational organization, when comparing the 1987 to 1984 (the last full year without the safety belt law in Texas), fatalities of persons riding in front seats of cars and light trucks decreased 18.1 per cent. The association also claims that Texas has been in the "national spotlight for achieving and maintaining high safety belt usage" since the law went into effect in this state in 1985. The following data were supplied to the Spearman Reporter by Hansford County Sheriff's Department:

- 1987 Chances of survival were 6 times as great when seat belts were used.
- 1985 When law was passed it was predicted that if there was wide spread compliance, 1200 lives in Texas could be saved.
- 1987- 144,177,00 injuries with restraints
- 1987- 550,361,00 injuries without restraints
- 1987- 95,000 Unknown
- 1987- 587,436,00 Not injured with restraints
- 1987- 100,400,00 Not injured without restraints
- 1987- 45,000,00 Unknown

Seat Belt Usage

- 1984- 4.6
- 1985- 24.3 Law didn't go into effect until August
- 1986- 66.6
- 1987- 72.3

"We don't routinely stop drivers to cite them for failure to wear seat belts, although we can certainly do this," Raper said when asked about Spearman residents' compliance with the law. "We need to enforce the law more vigorously, because that's the best way to get compliance."

Typically, a citation for failure to wear seat belts is made in Spearman when a driver is stopped for another violation, such as running a stop sign. "The officer will always note whether seat belts are being used or not," said Raper. Sometimes the officer merely gives a verbal warning about the seat belt non-compliance, but other times he writes a separate citation on it. "If a minor child is standing up on the front seat of the car at the time," McFarlin warned, "the driver is almost always given a citation for failure to use seat belts."

Non-compliance with the seat belt law is a Class C Misdemeanor which carries a \$50 fine and court fees of \$10.50. Those cited for this offense must appear before Justice of the Peace J. P. Vernon.

Raper and McFarlin agree that many Spearman residents fail to use their seat belts in spite of the state law, particularly when they are driving in town. "This is a small town and people think nothing is going to happen here in terms of traffic accidents," both men said. McFarlin added, "The fact is you need your seat belt just as much when you run down to the store or the doctor's office as when you leave town." According to statistics, Raper added, a person is most likely to be involved in a car accident when he is within a five-mile radius of his own home. Both law enforcers said a common misapplication of the law is to ignore it for in-town driving but to buckle up when traveling out of town.

Car safety is an issue which is of concern to all who drive or ride in motor vehicles. As McFarlin summed it up, the best way to protect yourself from problems is "Drive the speed limit, wear your seat belt and don't drink and drive."

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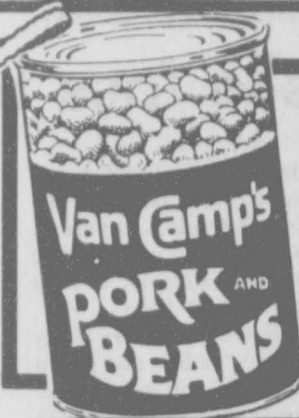
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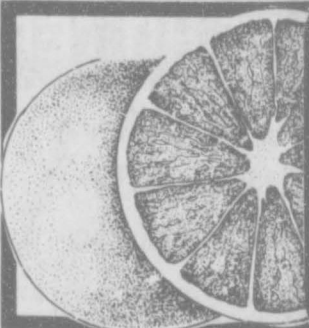
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Lynxettes beat Lady Greyhounds

For the Lady Hounds, it was a chance to play one of the finest girls basketball teams in the area, if not the state, and gain some experience. The Lynxettes (12-4), are every bit as good as they were supposed to be, and should have no trouble winning District 1-AA. The Lady Hounds (6-7) hope all the games against AA and AAA competition will lead to a successful first year back in District 1-A.

The Lady Hounds came to play in this game, trailing only 8-6 at the outset. But the Lynxettes slowly but surely pulled away to a 38-17 halftime lead, and were not challenged the rest of the way, winning 61-35.

Krista Kirkland scored 18 points

for Spearman, and it appeared that this may have been an off night for her, as she was 7-18 (39%) from the field. But the Lady Hounds did play well, and aggressively, on defense.

Kirkland is the daughter of Spearman girls coach Jim Kirkland, and has already signed a letter of intent to play at Texas Tech.

Joy Gafford, Vonda Benson, and Ginger Pearson each scored 8 points for the Lynxettes, while Heather Murrell contributed 7 points.

For the Lady Hounds, Krista Stedje had 8 points, Shiloh Finney and Davonna Cator 5 points, and Brooke Roberts, Cindy Barkley,

and Anne Marquez had 4 points.

For the two losers in tonight's games, the Lady Hounds and Lynx had an immediate chance for revenge, as the same four teams played in the opening round of the Canadian Tournament Dec. 29.

SPEARMAN 14 38 51 61
GRUVER(G) 8 17 25 35
 Spearman-Krista Kirkland-18, Vonda Benson-8, Joy Gafford-8, Ginger Pearson-8, Heather Murrell-7, Michelle Cook-4, Lacey Lasater-4, Londee Bradley-2, Kyla Nelson-2.

Gruver-Krista Stedje-8, Davonna Cator-5, Shiloh Finney-5, Cindy Barkley-4, Anne Marquez-4, Brooke Roberts-4, Katrina Bratton-2, Jennifer Terry-2, Manda Wingler-1.

Foul trouble causes loss for Lynx

By Bob Bort

There's no doubt about it. The Spearman Lynx are only 6-8 on the season, and have been embarrassed a couple of times, but when they play Gruver, records don't mean anything. Just ask the 12-0 Hounds if they didn't think they'd been in a ballgame Tuesday night Dec. 27, in a jam-packed Greyhound Gym...

Yes, Gruver won again, 74-66, but the game was typical of the intense rivalry which has grown over the years, between the two county rivals. Spearman played what was probably their best game of the year, and it took every bit of effort from the Hounds "regulars" to muster enough to pull this one out. It was the first game of the year that Coach Tim Garland did not play all his players.

All in all, the Gruver and Spearman teams split the two games played Tuesday night, as the Lynxettes were impressive in a 61-35 victory over a game, but overmatched, Lady Hounds team.

By the end of the boys game, the Hounds were worn down, and the Lynx were worn down. The ball game was won at the free throw line, as the Lynx committed 33 fouls to the Hounds 17. The Hounds were 28-44 (64%) from the free throw line, while the Lynx had half that, 14-22 (64%).

Gruver's most impressive statistic of the night was the final scoring summary. Brian Hoel and Theron Park had 13, while Ramon Ortega, Roberto Rodriguez and

Troy Seagler had 12. The Hounds best weapon all year has been the balance of their scoring summary. There's no way for an opponent to key on one or two players, to shut down Gruver.

Gruver jumped out to an early 5-0 lead in this game, and could have blown it open, but it is a credit to the Lynx that they came back and played Gruver nip and tuck for the remainder of the first half. Gruver owned a 21-17 first quarter lead, but the Lynx came back at the very end of the second quarter to take a 37-36 first half lead.

In the first half, Coach Garland tried to give his regulars as much rest as possible, as this was a full court basketball game, and all the players needed rest. His substitution pattern continued as it has been all year, but in the second half, as the game grew even more intense, he chose to stay with his top 5-7 players. Spearman did the same (Coach H.M. Garrett appeared to be substituting only when the Hounds did), but they had four of their players foul out in the fourth quarter. As they grew tired their play was just a bit more ragged than that of the Hounds, who had only one player, Roberto Rodriguez, foul out.

And it is a tribute to the Hounds that they kept their composure, with the lead in the second half, and under constant siege; and, yet, they did not lose the lead, winning by eight in the end.

In the second half, the Hounds came out trailing 37-36. But Brian

Hoel hit a jumper, and Ramon Ortega had a lay-up and then he stole the ball and was fouled. Ortega made one of his two free throws, and Hoel hit another jumper, and Gruver had quickly grabbed a 43-37 lead.

Gruver extended their lead to nine, 49-40, on two Ortega free throws, but the Lynx came back to trail only 57-55 in the fourth quarter. But Hoel hit two free throws, Dubson Zapata had a jumper, and Troy Seagler had a jumper, and Theron Park had two free throws, then another, and the Hounds had nine straight points for a 66-55 lead.

But the Lynx came back to trail only 66-61, with 1:53 left. Then, with 1:15 left and the score 68-61, Lynx Coach Garrett lost his composure over all the fouls being called on the Lynx - especially the player-controlled "charges" - and he was charged with a technical foul, for racing on the court and challenging the referee. Seagler made a free throw, and Rodriguez made a free throw, and the Hounds had an "insurmountable" 70-61 lead. The final score was 74-66.

SPEARMAN 17 37 51 66
GRUVER 21 36 55 74
 Spearman-Cook-15, Womble-11, McCown-10, Jones-9, Blan-8, P. Shields-7, Garnett-6.

Gruver-Brian Hoel-13, Theron Park-13, Ramon Ortega-12, Roberto Rodriguez-12, Troy Seagler-12, Justin Armes-4, Vance Scarborough-3, Brent Wagner-3, Dubson Zapata-2.

THE TEST

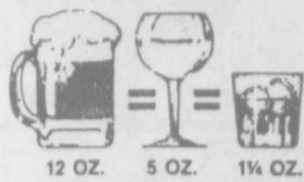
Can you separate myths and misinformation about drinking from the facts? On this test, read each opening. Then choose the ending or endings you think most accurately complete each statement. Check the answers to see how right you were — or how wrong.

provided by The Department of Public Safety

1. Typical servings of beer, wine and liquor:

- a) contain the same volume of liquid;
- b) vary in alcohol content;
- c) are equal in alcohol content.

Answer: Typical servings of wine, beer, and liquor contain equal amounts of alcohol (c). A standard serving of a 12-ounce bottle or can of beer, a 5-ounce glass of wine, and a drink containing 1 1/4 ounces of liquor, all contain the same amount of pure alcohol: 0.5 ounces.



This is Alcohol Equivalence. A drink is a drink, is a drink. No matter what you drink.

2. Switching drinks during the evening will:

- a) affect you more strongly than staying with one type of drink;
- b) have no effect on your Blood Alcohol Content;
- c) guarantee you'll feel awful the next morning.

Answer: Switching won't affect your Blood Alcohol Content (b). Consumed at the same pace, and assuming typical servings, switching has no more effect than not switching; your alcohol intake remains the same. As for feeling terrible, it may happen, not necessarily because of the alcohol, but because of the mix of non-alcoholic ingredients.

3. To slow down the effects of alcohol:

- a) drink more slowly;
- b) eat something substantial beforehand;
- c) snack while you drink.

Answer: Drinking slowly, eating beforehand, and snacking as you drink all slow down the effects of alcohol (a, b, and c). All three are responsible ways to drink at a party. On the average, the body needs about one hour to "burn off" any typical drink, whether wine, beer or liquor. So pace yourself accordingly. The best return to the absorption of alcohol into your bloodstream is to eat something substantial—preferably food high in fat and protein—15 or 20 minutes before you drink. Food in your stomach will slow the body's absorption of alcohol.

Some people think that wine and beer are foods. Actually, their nutritional value is too small to

matter. Eating solid food is just as important when you drink wine or beer as it is with liquor.

4. If you're going to a party and want to pace yourself:

- a) drink only liquor;
- b) moderate the amount you drink;
- c) drink only beer or wine.

Answer: To pace yourself, moderate the amount you drink (b). Whether it's in beer, wine, or liquor, alcohol requires no digestive processing. Moments after your first sip, alcohol passes through the walls of the stomach and small intestine directly into the bloodstream. In a few more moments, it reaches the brain. If you take several drinks in one hour, for example, you'll quickly feel the effects and your Blood Alcohol Content will rise above the acceptable level.

Blood Alcohol Content is a direct correlation of the amount of alcohol you consume, whether it's a glass of beer, wine or liquor. Thus, never drink fast to catch up when you join a party late. And remember, it's just as important not to "chug-a-lug" three beers in quick succession as it is to avoid three "quick ones" of liquor.

5. If you think you've had too much to drink, the best solution is to:

- a) stop drinking and eat something;
- b) wait 30 minutes before your next one;
- c) drink black coffee and go out for some fresh air.

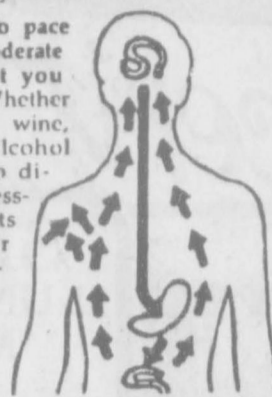
Answer: If you think you've drunk too much, stop. Then eat something (a). Only time will solve the problem. A 30-minute wait isn't enough time; neither coffee nor fresh air can speed the process. So the best thing to do is to drink water or milk and eat something substantial—and wait it out. Above all, don't attempt to drive: if you want to go home, get someone reliable to take you. And next time, remember to pace yourself.

6. If you're trying to lose a

few pounds, or like to watch your weight generally, the best approach to drinking is:

- a) switch from beer to wine;
- b) switch from liquor to wine;
- c) count your calories;

Answer: If you're watching your weight, count your calories (c). According to the U.S. Department of Agriculture's measure, a five-ounce glass of wine contains about 114 calories, a bottle of regular beer about 148, and 1 1/4 ounces of spirits, 88 calories. Whatever you choose to drink, the recommended procedure is to trade off the calories with those in a food item such as a dessert. (Don't drop an essential nutrient from your diet.) Calories from alcohol supply no nutrients except energy. Studies show, however, that this energy, "under conditions of moderate drinking... is essentially the same as that derived from other calories."



7. Labels on beer, wine and liquor:

- a) describe the alcohol "proof" of the beverage;
- b) list the alcohol content as a percentage of total volume;
- c) vary in the kind of information they give you.

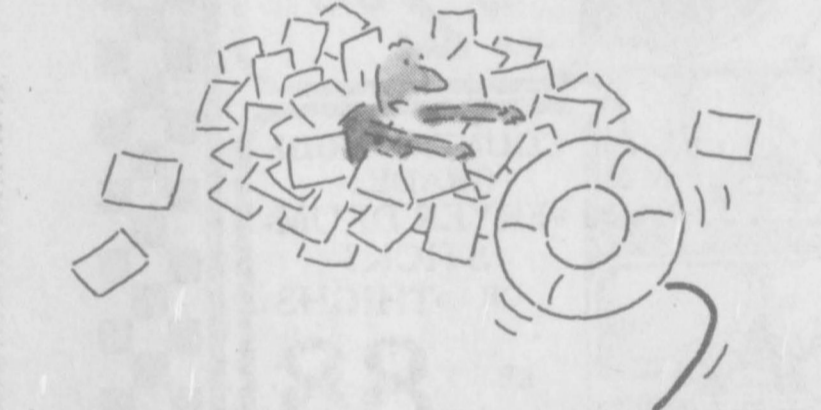
Answer: Labels on beer, wine and liquor vary in what they tell you (c). Beer labels usually don't tell you alcohol content. Wine labels record alcohol content by percentage of volume. Liquor labels record their "proof," a term derived from the "proving" of alcohol content in tests distillers used centuries ago. To learn how to interpret the labels, see the box.

The Johns Hopkins Medical Journal, 1981. Thomas B. Turner, Virginia Lee Bennett, Hector Hernandez. "The Beneficial Side of Moderate Alcohol Use."

8. When you want to drink "lightly":

- a) have a white wine;
- b) have either beer or a mixed drink;
- c) be moderate in whatever you choose to drink.

Answer: Drinking "lightly" means moderating the amount you drink, not what you drink (c). The fact is that beer, wine and liquor are all beverage alcohol. And the typical servings of each can have the same effect on you. Don't think of wine or beer as substitutes for alcoholic drinks. They are alcoholic drinks. And they're no "lighter" than a cocktail. Remember, a drink, is a drink, is a drink.



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November unemployment rates down

"Unemployment rates are down again in Texas and both business and labor are beginning to breathe a little easier," said Commissioner Mary Scott Nabers of the Texas Employment Commission.

Statistics just released show that the statewide unemployment rate is 6.6% - down from 6.8% last month. "While statewide statistics show only a small decline," Nabers said, "at least we are headed in the right direction. This is the third consecutive month of a declining statewide rate and the figures even look better when we remember that

the rate was 7.9% this time last year," Nabers concluded.

In mid-November 1988 there were 551,000 jobless Texans. That compares with the 650,000 plus that were out of work a year ago.

Almost all of the 27 Metropolitan Statistical Areas for which data are currently available mirrored the statewide trend in unemployment, with rates falling slightly in November. Rates in two MSA's were unchanged over the month, and one (Wichita Falls) rose slightly from October to November.

Bryan-College Station continued to record the lowest rate in November, with a 4.1% rate which was its lowest since April of this year. Lubbock had the second-lowest rate, at 4.5%. Three MSA's had a rate of 5.3% - Austin, Dallas and Midland.

Highest rates continued to be along the border, with McAllen-Edinburg-Mission leading, at 15.9% in mid-November. Laredo's rate was 11.6%; Brownsville-Harlingen had a rate of 11.1%; and El Paso's rate was 10.2%.

CARD OF THANKS

The family of Tony Henry wishes to gratefully acknowledge each expression of sympathy during the recent loss of our loved one. The flowers, food, and gifts to the Memorial Fund along with the prayers and kind words are appreciated. Also a special thank you to those of you who gave so much of your time to help. You and your kindness will be remembered.

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(SOURCE: Texas University's Center for Research)

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Six ways to reduce allergies

The fall allergy season is in full bloom for the approximately 33 million Americans who suffer from allergies or asthma.

But allergies don't just come from the outside, according to Research Products Corporation, the maker of Space-Gard air cleaners. Doctors have recently come to blame the house dust mite for a lot of common allergies. It used to be thought these mites lived only in warm, humid climates, but researchers are now finding them throughout the country.

House dust mites grow especially well in carpeted areas where moisture is present, such as in finished, carpeted basements and areas with damp floors. Vacuuming doesn't get rid of them, according to researchers. In fact, it may just spread them around the house. What to do? Here are some suggestions for coping with allergies from inside and outside sources:

- Eliminate carpets in basements or other damp areas. Consider replacing them with loose rugs that can be removed and thoroughly cleaned and dried.
- Your mattress and box spring are another favorite habitat for house dust mites. Cover them in plastic.
- Reduce accumulated dust in your drapes and curtains by putting them in your clothes dryer on the fluff cycle.
- If you have pets in the house, keep them out of your sleeping areas. Allergies and asthma often are more troublesome at night.
- Consider central air conditioning



for your home. Air conditioners aren't very efficient at filtering air, but they do allow you to close up your house and still stay comfortable. Keeping the house closed keeps outside allergens out.

• Add a high efficiency, non-electronic air cleaner to your heating and cooling system. A high efficiency air cleaner removes up to 99 percent of dust and pollen and doesn't produce ozone, which can aggravate breathing problems.

If serious allergy or asthma problems persist, see your doctor for advice. An air cleaner prescribed by your doctor for legitimate medical reasons may be tax-deductible.

For a free booklet about air cleaning, write to Research Products, Consumer Information Department, P.O. Box 1467, Madison, WI 53701. Or call 800-356-9652. In Wisconsin, call 608-257-8801.

SPORTS SHORTS

Whether you're a ski enthusiast or a ski expert, these facts about one of our most popular sports will interest and surprise you. The most popular form of skiing is Alpine or downhill skiing, where a highly skilled downhill skier can race down steep mountain slopes at speeds of about 60 miles an hour.

The most important Alpine ski racing competition, the World Alpine Ski Championships, will be coming to Vail, Colorado, January 29 through February 12, 1989 and will be televised nationally by ABC and ESPN. Often called the #1 skiing event in the world, "Drakkar Noir" by Guy Laroche, the #1 selling fragrance in the world, will be a sponsor. It's a fragrance, some say, that appeals to men who crave competition.

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Ask Ann Richards

How can I find the best rates on credit cards?



Editors Note: State Treasurer Ann W. Richards each week answers questions about personal finance and state government. These questions are compiled from various letters to the State Treasury. Answers are not intended to take the sound advice of reputable financial advisers or other professional counselors.

If you have a question, write: Ask Ann Richards PO Box 12608 Capitol Station Austin, Texas 78711

some Texas banks were named.

Or, call several banks in your area and ask them what rates they offer. It can be time-consuming, but it could also save you money in the long run.

I'm confused about something. If my wife and I each have our own checking accounts, and we also have a joint account, how much FSLIC protection are we guaranteed at our savings and loan?

That is a good question that stumps many people. The best way to describe it is that each account is insured up to \$100,000 by the FSLIC. Many people confuse this with the idea that each person is insured up to \$100,000, which is not so.

The three basic types of accounts are individual accounts, joint accounts, and trust accounts. Different combinations will result in different levels of protection. A husband and wife could set up 5 accounts with total FSLIC coverage of \$500,000. Here is how it could work:

- Husband's individual account
- Wife's individual account
- Husband and Wife's joint account
- Husband's Trust
- Wife's Trust

Talk to someone at your savings and loan to find out the combination that will provide the most protection for your money.

I just got out of college and I want to get a credit card. I get applications in the mail all the time for credit cards, and they all seem to offer different rates. How can I find the bank with the lowest rates?

"The Bank Card Update," published by the Bank Credit Card Observer, lists the 10 largest banks in the country with the lowest rates. It gives you a list of questions to ask a bank in deciding where to get your credit card. To get the list, send a check or money order for \$8 payable to Bank Credit Card Observer at 3086 Route 27, Suite 6, Kendall Park, NJ, 08824.

As far as a list of Texas banks with low rates, the Texas Consumers Union tells me one is not available right now. They suggest you check the national list to see if

Cook reports for service in Marines

Marine Cpl. Carl B. Cook, son of Leland E. and Nelda J. Cook of 17 S. Brandt of Spearman, recently reported for duty with 2nd Force Service Support Group, Camp Lejeune, N.C.

A 1977 graduate of Spearman High School, Cook joined the Marine Corps in January 1984.

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Among the Neighbors

Helen Fisher

June and Glenn Day have added another young lady to their grandparents list. Sarah Lee Day arrived on Friday, Dec. 30, in Beaumont, weighing 6.5 pounds.

She is the daughter of Randy and Jody Day and her three sisters are Racheal, Jessica and Emily.

Holiday guests of the Lowell Denmans were her son, Tommy and Dolores Taylor of Heber Springs, Ark.

Other guests were Lovell and Dora Kate Lee of Amarillo. They were accompanied by their sons, Kyle and Kent, and a friend, Melissa Hawly.

The Verlin Beck family and the Edward Beck family returned the middle of the week from several days skiing in the Red River area. Verlin's brothers, Gail and sons from Amarillo, and Mr. and Mrs. Larry Beck, from San Antonio, joined them.

Over the New Years, Audene's family, the Luttrells, met for their annual gathering. They held it at the Verlin Becks rural home with around 35 members in attendance. Claude, Amarillo, Lefors, Floydada, and Canyon were all represented. Tony Ferguson of Spearman, also a family member, was present.

The Scott Taylors had an especially pleasant long Christmas by driving to Seneca, S. Carolina. They were guests of Mrs. Taylor's family.

Wanda and Don Smith felt their Christmas was out of the ordinary in the outskirts of Chicago. They were in the home of their daughter, Cathryn and Darell Edwards, and their sons, Dennis and Matthew.

After a heavy snow one night, they were delighted to watch the cross country skiers using their street.

Of interest to the Smiths was their visit to the newly completed Woodfield Mall, considered to be the world's largest.

Mr. and Mrs. Dennis George were pleased to have Jane George of Post for a short visit. She was accompanied by Mr. and Mrs. Kevin Craig and Kelcie of Arlington. Mrs. Craig is her daughter.

Garland and Virginia Head, as has been their custom for many years, had old friends for New Years. Doris Counts and Lorene Phillips of Dumas spent the weekend with them.

The Ray Gressetts had all their children home over the New Year Holidays. Tom and Cindy Sinclair, with Luke of Pine Bluff; Matt and Khristi Phelps, with Ches and Christian of Muleshoe, and Jeff Gressett completed the circle.

Jeff is on break from Southwestern University, San Marcos.

Kerri Holt has been spending the holidays with her parents, the Mike Holts. She has had a house guest, Todd Guthrie, of Dallas. Todd is a biology major at Harvard University as is Kerri, and both left Tuesday to return to Boston.

It was the first trip to the Panhandle plains for Todd, and though there is little of interest to see here for someone who commutes between Dallas and Boston, he did find it of interest to watch a coyote in the Holts back yard!

Wilma Clark came in Sunday full ready for some relaxation after an extremely busy 10 days that included Christmas, a wedding, and New Years. She spent Christmas in the home of Lou and Ed Hawk in Amarillo. She then accompanied her grandsons, Donald and Wayne, to Silver City.

Don was married at the Methodist church there, and he and his bride both returned to Trinity University in San Antonio.

Lea Ann and Mary Alice Gibner report a pleasant Christmas in Houston, in the home of a cousin. Mr. and Mrs. Stinson Gibner of Altavan, Calif. joined them for the holidays.

Lea Ann stopped over at College Station to attend the wedding of a friend.

Cathy and Charles Herring and three children of Denver, were guests of Maxine Banister for a couple of days. They were enroute to Wichita Falls and Andrews to visit other relatives.

Lois and Woody Gibner spent ten days of Christmas in Portland, Ore., in the home of their son, Lynn, and his family.

They report very pleasant weather, except for an excessive amount of rain.

Mr. and Mrs. Lawrence Dossett ended their holiday season on Monday as the last of their guests left. All of their family came during the week.

Mr. and Mrs. Buddy Dossett came up from Harlingen for Christmas. Little 6 year old Carla, one of their three foster children, made the trip with them.

The Dossett's daughter, Diana Carter, and husband Buddy, came from Lubbock. They were here over New Years. Mr. and Mrs. Bernard Dossett and granddaughter, Michele, came over from Amarillo. They also visited with the Whitfords.

Incidentally, the native grown grapefruit that Buddy brought was delicious and appreciated.

Virus Wilbanks has returned from an Amarillo hospital and is again at the Hansford Manor.

New residents of the Manor are Clarence Weeks of Gymon. Mr. Weeks is an uncle of Loree Booth, Lela Dortch, Morse; Jessie Gainey, Borger; Lou Baggerly, Beaver; and Marie Crawford, Spearman.

Farmers warned not to expect FmHA extension

Farmers may be in for a shock if they are expecting an extension on the 45-day deadline for submitting their loan restructuring applications to the Farmers Home Administration (FmHA).

Bill Stewart, the Lubbock county district supervisor of FmHA, told area attorneys and accountants Tuesday (Dec. 20) that the 45-day deadline was specified in the Agricultural Credit Act of 1987 and that he does not expect an extension of time to be granted by Congress.

The Agricultural Credit Act of 1987 is legislation that requires the FmHA, the Federal Land Bank Associations and the Production Credit Association to restructure distressed loans if restructuring is a less costly alternative than foreclosure.

FmHA has sent notices to borrowers who are more than 180 days late on their payments. These notices inform the borrowers that they have 45 days to decide whether they wish to try to restructure their debt and to prepare all necessary paperwork or to prepare for foreclosure.

"The 45-day period begins on the day the borrower signs that certified mail receipt attached to his package," said Stewart. "That date is entered into a computer program and it can't be changed."

Stewart was one of the speakers at the FmHA Loan Restructuring Process Seminar. The workshop was presented to attorneys and accountants with clients who have received FmHA letters. Texas Tech University Division of Continuing Education and the Texas Agricultural Loan Mediation Program co-sponsored the workshop Tuesday at the Lubbock Plaza Hotel.

Director of the Texas Agricultural Loan Mediation Program Gary Condra also emphasized the importance of immediate action by borrowers after they receive their letters from FmHA.

"The 45-day deadline is about to run out on a lot of borrowers. We want to assist borrowers in preparing their applications, but we can't help if they wait until the last minute," he said.

Condra, also a professor of agricultural economics at Texas Tech, said borrowers should telephone (806) 742-1949 immediately if they want help.

In November, the Texas Agricultural Loan Mediation Program at Texas Tech was designated by the U.S. Secretary of Agriculture as the state agency to mediate between delinquent farm borrowers and their lenders.

History made . . . man passes through eight years eligibility, not drafted

Joseph Frank, a resident and city employee of Lafayette, celebrates his birthday this month. By turning 26, Frank unknowingly establishes a milestone for an agency of the U.S. Government and earns himself a minor place in history.

Eight years ago, Frank was the first 18-year-old man to sign up and be processed by the Selective Service System under the continuous draft registration program. From today on, however, if Congress and the president order a return to military conscription under present law, Frank is too old to be drafted. He becomes the first man since Vietnam to pass through the full, eight-year-long period of draft eligibility without being drafted.

Names and addresses of men ages 18 through 25 are kept on file by Selective Service for use in a national emergency. If congress reinstates that draft, men most likely to be called into military service would be those who turn 20 during that calendar year. Selective Service would first conduct a birthdate lottery to determine the order of call within that age group and then, depending upon the manpower requirements of the crisis, those men whose birthdays draw low lottery numbers would be more likely to be called.

There has not been a draft since 1973 when the U.S. switched to an all-volunteer military force. In 1975, the Selective Service System was placed in "deep standby" status and the requirement for men to register was suspended. But it wasn't long before several studies and commission reports noted that a draft would be needed again if the country ever became involved in a major conflict. They predicted it would take too long to get men registered, classified, inducted, and trained. In 1980, after the Soviet invasion of Afghanistan, President Carter revitalized the Selective Service System and reinstated the registration requirement for men. On Jan. 5, 1981, registration of 18-year-old men began

again and has continued. Today, using computer technology, the System can begin issuing thousands of induction orders via Western Union "Mailgrams" in three days or less, once Congress and the president give the go-ahead.

With few exceptions, federal law requires every man to register with Selective Service within 30 days of his 18th birthday. (Men have a 60-day window in which to comply with the law: from 30 days before to 30 days after turning 18). The process is simple. Men furnish their names, addresses, and telephone and Social Security numbers by completing and signing a short form at any post office. A man who is out of the country around the time of his 18th birthday can register at any U.S. embassy or

consular office.

For the next two weeks only, beginning 1-2-89, the office of the Texas Employment Commission at 417 S. Amherst in Perryton will be taking applications for potential staffing of correctional officers for Texas Department of Correction's Clement Unit in Amarillo.

The Texas Employment Commission follows all equal opportunity guidelines but to meet the job requirements you must have the following documents:

Veterans DD214, a high school diploma or GED, driver's license, Social Security card, and no felony convictions.

The TEC will not accept phone calls in regard to the job listed above. Applicants need also to be willing to relocate.

Snacking of nutritious food encouraged

Snacking is an American tradition. But if you're trying to shed a few pounds, doesn't nibbling have to go? No, say doctors and nutritionists, most of whom recommend eating small amounts at frequent intervals rather than one or two heavy, hard to digest meals each day. Of course it's important to choose foods that fuel and nourish your body while satisfying your taste buds—and your soul.

Whether or not you're dieting, one excellent option for lots of different snacks is Kavli crispbreads—hearty, crunchy crackers from Norway (where hardly anybody is overweight). Very low in calories,

sodium and fat yet high in fiber, both thick and thin style Kavli have zesty rye flavor that complements a variety of salads—tuna, chicken, egg—lean meats like roast beef and turkey, raw vegetables with yogurt dressing, even protein-rich peanut butter. Crumble as croutons into soups or greens for a delicious light lunch or supper.

Rye-bran crispbreads, with a touch of sweetness, complement cottage cheese and fruits, honey or homemade preserves plus a sprinkling of nuts. Two crackers with skim milk make a quick, energy-packed breakfast guaranteed to rev you up rather than slow you down.

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