



# The Gorman Progress

"Serving Gorman For Over 112 Years"  
Gorman, Eastland County, Texas 76454  
2012 Member - Texas Press Association

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JUNE 21, 2012

## Miss and Little Miss Gorman

The Miss/Little Miss Gorman 2012 contest is underway. The Miss Gorman candidates this year are: Lauren Spivey, Chamber of Commerce; Stephanie Grissom, Fire Department; and Rasha Rainey, Lion's Club. The Little Miss candidates this year are: Angelica DeLeon, Lion's Club; Seanna Jones, Fire Department; Elizabeth Wilder, Chamber of Commerce; Kamry Brown, Bob's Grocery; Hadli Hampton, Panda's Flowers & Gifts; and Lily Madera, Gorman Pharmacy. The Little Miss candidates have cans out all over town. Please help them with a donation as this is the only way they can make money. The Miss Gorman candidates have many fundraisers in progress. Support them, please, as this is a lot of work and they work very hard for this contest. The proceeds from this project go back into our community; much of it goes to help out with the kid's projects in Gorman, such as scholarships, the Easter Treasure Hunt and the Livestock Show. The Miss/Little Miss Gorman pageant will be held on June 30th at the School Auditorium. Many thanks go to Mykisha Hampton and Mar-keee Simmons, Miss and Little Miss Gorman 2011 for representing Gorman at many functions this past year. They have represented us very well.

### Singleton Named To President's List

Congratulations to Steven J. Singleton for making the President's List at Cisco College for Spring 2012 Semester. President's List consist of Full-time students who earn a 4.0 grade point average (GPA) for the semester. Jacob is the son of Jaret and Shelley Singleton and the grandson of Steve and Laura Singleton.

### Carbon Community Center News

Several events have been scheduled for June. The Eastland County Chamber of Commerce luncheon is scheduled for June 20 (at 11:00am), the Mitchell Family Reunion is scheduled for June 23 and 24 and the Carbon 5th Saturday Musical will be held June 30th, with music and dinner offered for \$5, beginning at 5:30pm.

The previous Musical, held December 31st, was enjoyed by all. Enthusiasm was evident when drawings were held at various times throughout the evening. Local merchants donated a wide variety of items that were awarded to lucky recipients.

Awarded as prizes that evening were gifts provided by Fullen Motor Company, Francie's Fountain and Deli, Amber's, Bryan's Auto Supply, Valentino's Restaurant, McDonald's, Randall Ford, Fullenwider Dodge, Gold Lantern, Hallmark Cards, Majestic Theater and Tractor Supply Company.

During the June 30th Musical, drawings will be held for gifts donated by The Silver Bullet, Higginbotham Brothers, Greer's Clothing and Radio Shack. Tickets will be issued with the purchase of a meal. Winners of these gifts will be pleased that they participated.

Groups or individuals wishing to sing or play should contact T.J. Cummings, at 254-488-1249, in order to be scheduled. We extend our thanks, in advance, to these musicians for using their talent to provide pleasure for others. We understand that a local choir may offer gospel music which, in previous Musicals, has been well received.

The Carbon Community Center is a non-profit organization made up of local citizens dedicated to providing a pleasant, well maintained location that serves the needs of the community by offering a meeting place with historical significance. The Center is home for memorabilia from the Carbon ISD and is an ideal site for reunions, weddings, anniversary celebrations, meetings, dinners and musicals. It is often used as the polling place for Carbon. If you are interested in using the Center for your next meeting, please contact Janis Keith at 254-639-2210, or LaTonne Rogers, at 254-639-2551.

Our 5th Saturday Musicals are held to provide an occasion for folks to enjoy music played and sung by local folks, to appreciate good meals and to make funding available that helps with repairs and maintenance to the building. Make long range plans to invite your neighbors and bring your family to our June Musical. We hope to see you there.

### Rock Bluff Baptist Church To Hold Revival June 17th thru 24th

Rock Bluff Baptist Church will hold a Revival beginning Sunday, June 17th and continues through June 24th. Prayer Service at 7:30 and Services at 8 p.m. Evangelist will be Bro. Terrill Jackson of Cisco bring the message. Make Plans To Attend.

### Comanche County Sand Hill Cemetery Association Annual Business Meeting

Comanche County Sand Hill Cemetery Annual Business Meeting will be held Saturday, June 23rd at 2 P.M. at Hwy 6 Cafe in De Leon. Nita Wilson Gonzales, Secretary 254-842-4520

## "Tour The Peanut Country" Bike Ride & Walk/Run Event Scheduled For July 14th

An Annual Bike Ride and 5K Run/walk brought to you by the Gorman Lions Club and the Gorman VFD. The 13th Annual "Tour of the Peanut Country" begins in the quaint downtown Gorman City Park. Pick one of four routes of your choice that will have you traveling through the scenic farming country of Eastland County. The scenery will generally be rolling hills and the curves along farm to market roads or shouldered state highways. The ride will start at 8:00 a.m. with no starts later than 9:00 a.m. The course will close at 2:00 p.m. This year we are adding the 5K Run/Walk to the events. The run will start just after the bike ride start.

There will be frequent rest stops stocked with water, Gatoraid, snacks, fresh fruits and more. Sag wagons will be available should you have any medical trouble or need medical assistance.

Where is Gorman -- From Fort Worth : Drive west on I-20 to Hwy 16 Exit (Strawn - DeLeon). Go south to Hwy 8 in Desdemona. Go West to Gorman 8 miles. From Austin : Take Hwy 183 North to Goldthwaite and turn North on Hwy 16 to DeLeon, then West on Hwy 6 to Gorman. From Waco : Take Hwy 6 West to Gorman. From Abilene : Drive East on I-20 to Eastland Exit 340, then South on Hwy 6 to Gorman

Registration opens at 7:00 a.m. at the City Park (Right at the blinking yellow light on Hwy. 6, then 4 blocks to downtown).

First 50 Pre-registered riders will receive a t-shirt along with other assorted goodies

Dry camping is available at the City Park  
COME RIDE AND RUN WITH US

For More Information, go to: <http://www.peanutbikeride.com>

## Car Wash and Hamburger Dinner

I am Rasha Rainey the Lions Club Sweetheart. I am doing a Car Wash and Hamburger Dinner after Church. From 1 to 4 on June 24 for Miss Gorman. Come to the Gorman Car Wash get your Car Washed and grab you a Hamburger Plate. The Car Wash will be by donation, Hamburger Plate will be \$5.00 that will include chips and drink. Your Support will be greatly appreciated.

Thank you from your Lions Club Sweetheart - Rasha Rainey.

## BAKE Sale and Spivey's Roasted Corn

Lauren Spivey, Chamber of Commerce candidate for Miss Gorman, will have a Bake Sale and "Spivey's Roasted Corn" on Friday, June 22nd, at Laminack's Construction, beginning at 9 a.m. Orders may be placed ahead of time for delivery by calling Mom at 734-5314.

Lauren is taking orders for homemade Cheesecakes and you may order by calling the same number. She is also selling raffle tickets for \$100 Worth of Packaged Beef from City Grocery. So call or come out and support Lauren as your candidate for Miss Gorman!!!

## PANTHER POWER CAMP

The first two weeks of Panther Power Camp were a success. Those guys with 100% attendance have attended all 8 days so far and are to be commended for their dedication. They are working as hard as they can work in preparation for the upcoming season. The Panthers are just 7 weeks from the beginning of 2-A Days, and just 11 short weeks from taking on Electra in the opening game of the 2012 campaign.

### 100% Attendance

Zach Carlton  
Yovani Palacios  
Flavio Herrera  
Rylan Laminack  
Izael Herrera  
Ishmael Herrera  
Austin Byrd  
Shawn Estrada  
Moses Hipolito  
Kade Sparger

### Regular Attendance

Luis Limon  
BJ Ramirez  
Jaime Cruz  
Tony Ramirez  
TJ Trevino  
Daniel Herrera  
Freddy Montelongo  
Jose Maldonado  
Thomas Trevino  
Danny Limon  
Ricardo Olvera  
Rafael Ortiz

### Other Participants

David Velasquez (3 Days)  
Hunter Childers (2 Days)  
Rafael Mata (2 Days)  
Rodrigo Mata (3 Days)  
Tanner Phillips (4 Days)  
Jonatan Rivas (3 Days)  
Omar Velesquez (4 Days)  
Alex Rainey (2 Days)  
Trent Fenley (1 Day)  
Stratton Thompson (3 Days)  
Ike Torrez (3 Days)

There were only five boys in the entire athletic program, from incoming grades 7 through 12 that did not attend any workouts in week 1 or 2. Parents, we are asking you to encourage your athlete to attend each day. Power Camp will continue Monday thru Thursday each week of June, and Monday through Thursday from July 9 through July 26. Athletes can workout anytime between 3 p.m. And 8 p.m. The workout takes about an hour to an hour and a half and includes weight lifting, agility drills, ply metric exercises and speed training.

Also, Panther Football Camp, for incoming grades 7 thru 9, will be held July 23, 24, 25 from 9 a.m. To 12 noon. There is no cost for Gorman JH and freshmen football players. Camp T-Shirts will be on sale for \$10.00. The camp will focus on preparation for the 2012 season. All incoming 7th, 8th and 9th grade athletes planning to play football are strongly encouraged to attend.



Kokomo Baptist Church invites you to join us for Vacation Bible School, June 25-29 - 6:30 to 8:30 p.m. Ages 3 thru Sixth Grade. We are kickin' it old school with Go Fish! Bible stories, crafts, music, bounce houses, snow cones, and more. For questions please call (254) 734-2147. Please come out and join us for this awesome concert experience!!!

**Gorman Swimming Pool Fundraiser**  
**Bar-B-Que Sandwich - Chips - Drink - \$8.00 Per Plate**  
At Gorman Community Center  
**Friday, June 22nd - 11:00 a.m. till Sold Out**  
Call Julie Clark - 734-6100 or Diane Casey - 631-5842 Thank You For Your Support!!!

## Items of interest

**Men's Community Prayer Breakfast** meets at 7:00 a.m. On the third Wednesday of each month in the Fellowship Hall of the First United Methodist Church in Gorman.

Gorman Senior Citizens meet once a month on 3rd Wednesday at 11:30 in the Gorman Senior Center. Bring Covered Dish or \$3.00 Per Plate.

The Order of the Eastern Star holds its regular stated meetings on the First Monday of each month at 7:30 p.m.

4-H - The Club is going to meet the first Wednesday of each month in the New Gym. All people interested in participating are encouraged to attend. The meeting will be at 3:45 -4:45. For more information Call Cindy Underwood 734-5085.

SANDRA CAGLE WILL BE IN GORMAN AT THE CITY OFFICE TO RENEW AUTO LICENSE PLATES. HER NEXT VISIT IS WEDNESDAY, JUNE 20TH FROM 9 TIL NOON.

Oakland Cemetery Association is accepting donations for the Care of the Cemetery. Donations can be sent to Oakland Cemetery Association, P. O. Box 532, Gorman, Tx 76454 or to American State Bank, Gorman, Texas 76454

### Food Bank New Hours - 10 to 11 a.m. - Second Thursday

Gorman Masonic Lodge No. 716 A.F. & A. M. Regular stated meetings are 2nd Tuesday of each month at 7:30 p.m. Members are urged to attend. Visitors are always welcome. Stan Harper, Master - Kenneth Good, Secretary.

Gorman Oaklawn Cemetery Association is accepting donations for the Care of the Cemetery. Donations can be sent to Oaklawn Cemetery Association, 156 N. Mohon, De Leon, Tx 76444 or to American State Bank, Gorman, Texas 76454

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3-6-28 C.

## Classifieds

**HIRING ATTENDANTS**

TRI-STAR HOME CARE now hiring attendants for the Desdemona - De Leon - Gorman area. If interested please call (254) 442-4996 or fax resume to (254) 442-2002.

3-6-28 C.

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17.25 A: HWY 8 Desdemona, 10+A Coastal, pond, new fences, nice Post Oaks, nat. gas/elec. available. \$79,000.

30A. CR 389, small barn, water well, steel roping arena, electricity, fenced, has a few trees. \$3,100 acre.

43A. Coastal Bermuda, corrals, stock pond, 2 water wells, fenced/cross fenced. Good Sandy land. \$3,350 acre.

S/E Gorman: 60 A, good sandy soil, some coastal, good fences, elec., nice pond site. \$2,800 Acre.

77 A: South of Gorman, fields/some wooded. Deer & other wildlife, 2 small ponds, elec. available. \$2,000 acre.

158A, 4-2-2 ranch-house, central A/C, 150+A Coastal, 2 pivots, good fence, 2 water wells, steel pens. \$525,000.

179 A. south of Gorman: Part wooded, part old fields, deer & hogs, 2 nice ponds, sandy soil, elec., water well, metal building. \$2,350,000 acre.

**SELLERS SAYS MAKE OFFER!!**

322A. Oak & Elm Trees, 2 creeks, great water shed/project! 40 A. Coastal, owner reports 300 round bales/year, 55 A. Cultivable soils, 6 ponds, water well, 1200' metal Bldg with slab floor, elec. Deer, turkey, and other wildlife. \$2,300 A.

NEW - 395A S/W Gorman, 1/2 Open 1/2 Wooded, small creek, 4 ponds, 40' elev. change, gravel road 2 sides, elec. available. Remote location, deer & wildlife. \$1,795.00 acre.

407 A: N/E Gorman, 3 pivots, 16 wells, 8 ponds, 3 metal barns, 3 sets steel corrals, irrigated Bermuda, 3-3-2 acre, 6 ponds, 2 water wells, metal roof & more! \$3,500 acre, possibly divide.

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160 ACRES - 4 BR, 3 bath brick home w/WBFP, custom red oak cabinets, lg. bkf. Bar & DDG w/openers. Coastal & Native grasses, 4 stock tanks, 4 water wells, lg. Metal barn/wkshop w/elec., concrete floor, roll up door & Loft, paved & CR frontage. HA1

88.7 ACRES - GORMAN AREA - Good sandy soil-all coastal Bermuda grass, water well, 1 stock tank & Good fences. A12

BEAUTIFUL HOME + 3.7 AC + REDUCED PRICE-WHAT A DEAL! Brick home w/spacious interior in excellent condition. Outside room full of all-sheds, stg., RV cover & workshop. Make an appointment and see for yourself! 03

20 ACRES, M/L, GORMAN - Good coastal & native grasses, 1 tank & partially fenced. Will be surveyed out of a larger tract. Could be very productive. A2

PRODUCTIVE - 306 AC, m/l, Gorman. Coastal, good soil, 2 tanks, water well s & frontage on 2 county roads. A13

**Paul WILLIAMS Roofing**

CARBON, TEXAS

FREE ESTIMATES

254-639-2330

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 Email: [jake@txol.net](mailto:jake@txol.net) or [gprogress@txbusiness.com](mailto:gprogress@txbusiness.com)  
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## Martin Reunion Held Recently

How time flies. Our theme was what else, Country. You can't get better than that!! We enjoyed family visiting and all the food.

Those attending were Doris Martin of De Leon; Ruby Cottle of Lufkin; Connie Martin of Desdemona; Patsy Martin of Olden; Chad Walker of Morgan Mill; Emily Lewis of Eastland; Ryan Ahrlert of Eastland; Calif Ahrlert of Eastland; Frances Lewis of Gorman, Bella and Cynthia Duske of Gorman; Tacy Martin of Mineral Wells, Tyler Frazier of Mineral Wells; Brian and Jessica Berube of Fort Worth; Terry and Suzie Martin of Mineral Wells; Jesse and Rosie Morganstean, Chazz and Caden of De Leon; Donald and Wilma Holder of Desdemona; Eddie and Dawna Martin of Millsap; Tim Martin of Millsap; Daniel and Carrie Martin, Calvin and Ashlyn of De Leon; Lee and Sonja Hornback and J.D. of Desdemona; Alyssa; Darcy Radford, Jase and Jena of Mineral Wells; Cody Blakeney, Lane, Katy and Nathalie of Mineral Wells; Cody and Alisha Martin, Kira and Rheagan of Fortsmith, AK; Shirley Lewis of Gorman; Donald W. Holder of Desdemona.

The great grandkids out numbered the grandkids. We have three generations of Peanut Farmers, Donald Holder, Donald W. Holder and Jeremy Holder.

The food was great. We had Father's Day and Birthday Wishes. The kids had fun getting pictures taken on the Saddle. Some of us were found on wanted posters. The family that drove the farthest was Cody and Alisha, Kira and Rheagan from Arkansas.

Mom, don't know how you have put up with all these years. To us you are the strongest woman on earth. There have been so many ups and downs and yet here you are. You love us unconditionally.

To some you are Mom, Mother, Grandma, Great Grandma, Aunt, and Great Grannie.

A woman of many talents, you are so much to so many. Thank you for being you.

We Love You,  
 H. L. - Mary Jane  
 Connie, Neil,  
 Eddie, Ruby  
 Patsy, Tim  
 Shirley, Terry  
 And Daniel

**LINDA WELCH'S GARAGE SALE:** Saturday, June 23 - 814 N. Kent in Gorman - 7:30 to 12 Noon. Beautiful Lighted Hutch, Other Furniture, Exercise Equipment, Fantastic Shoes, Nice Jewelry, Purses, Clothes, Books, Yard Stuff, and Lots More.

1TP

**BIDS WANTED:** The City of Gorman will be accepting bids on a 1979 Ford Dump Truck. You may submit your bid to the City of Gorman PO Box 236, Gorman 76454 or 116 S Kent St Gorman. Bids will be accepted through June 20, 2012 until 5:00 p.m.

**HUGE GARAGE SALE:** Friday, June 22 and Saturday, June 23 - 8 to 5 - Corner of Hwy 6 and Fisher. Bow and Arrow, Paint Ball Gun, Eddie Bauer Car Seat, Golf Clubs, Lots of Other Items.

1TC

**GARAGE SALE:** Furniture, New Name Brand Clothes, New Dishes, Ornamental Windmill, Wide Load Escort Equipment, Much More.

Sat. 8:30 Next to City Grocery.

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2 Tp

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## Pig Tales From Hogtown

We had a great time at the jam last Tuesday evening. There were folks who came from 5 surrounding towns. A long-haul truck driver, who happened to see the sign out in front of the DAC in May, stopped in and brought his guitar. His route brought him back this way last Tuesday and he joined us again. Please mark Tuesday, July 10, on your calendars for the next jam.

Even though the burn bans are not on right now, please consider the conditions before you burn anything outside. It is very difficult to get a day when the wind is low but that wind can whip a fire away very quickly.

See you in Desdemona!

Carol Pell

## HEALTH

### Baby Boomers: Don't Let Osteoarthritis Slow You Down

NewsUSA

(NU) - Osteoarthritis affects an estimated 27 million Americans and is the most common type of arthritis. Women over the age of 50 have a greater risk of suffering from osteoarthritis than men of the same age. In fact, women overall are more likely to experience a decrease in their activity level.



Women over 50 are more likely to decrease their activity level than men.

With osteoarthritis, the tissue that serves as a "cushion" between joints breaks down and causes the joints to rub together. This can result in chronic pain, stiffness, and decreased mobility. Chronic pain can be one of the most difficult parts of dealing with osteoarthritis, and it can get in the way of routine activities that make life rich and fulfilling - such as working, driving, shopping or even hugging a grandchild. A majority of people with osteoarthritis say it is difficult to be physically active. This puts them at risk for other medical problems, such as heart disease, diabetes and weight gain.

"For many individuals, the main goal is to effectively treat the symptoms of osteoarthritis and stay active," says Society for Women's Health Research spokesperson Carmen Green, M.D., Professor of Anesthesiology and Obstetrics and Gynecology, and Associate Professor of Health Management and Policy at the University of Michigan. "Treatment may include a mix of physical therapy, acupuncture, massage and prescription pain medications, including over-the-counter products, anti-inflamma-

tory drugs and opioid medications." Experts believe the sooner osteoarthritis is diagnosed and treated, the better the chances are of preventing it from getting worse. Those battling osteoarthritis should see a doctor about managing their pain. They - and their caregivers - should also learn as much as they can and be actively involved in their own treatment plan.

To learn more about osteoarthritis and how to treat the symptoms, visit the Society for Women's Health Research at [www.swhr.org](http://www.swhr.org). This website will direct visitors to resources that contain a variety of information on pain conditions, such as pain assessment and measurement tools, and links to pain education and advocacy groups. The content can help people with osteoarthritis better understand the condition and improve their ability to talk about pain with their healthcare provider.

## A Letter To The Editor -

About Fathers and Sons By Henry A. Buchanan

I read it in the newspaper. So it must have happened. But it's hard to believe. Here's what I read: A father is accused of holding his own infant son under scalding hot water. Another father is accused of killing his own children. That was hard to believe, but there it is in the newspaper which prints facts, not myths.

I also heard this astounding statement from a church pulpit: God the Father sent His Son to be crucified so that He could forgive my sins. I don't believe that. I know it's written in the Bible, and everything in the Bible is believed to be true. Facts again. Still I don't believe it.

What did God the Father do? He sent His Son to confront the hypocrisy in the Temple of His people, the Jews. And to challenge the deadly power of the Roman Empire. His Son, Jesus, did just that, and the Jewish leaders, priests mind you, demanded His death, and the Roman authorities, eager for an opportunity to crucify a troublemaker, in Caesar's name nailed Him to the cross and pronounced Him dead.

Now that's something I can believe because I see in the newspaper that an American drone has killed an al-Qaida troublemaker at the command of the President, and I have not heard this killing condemned from any church pulpit in America.

I believe God gives His sons some challenging tasks to do in this war torn world. But I believe He loved His Son Jesus, just as I love my son Al, and I would not hang my son for all the crooks in Chicago where he practices law and tries to make the city a better place for decent people to live.

(s) Henry A. Buchanan

1131 N. Kent St. - Gorman, TX 76454 254-734-4569 6/15/2012

## "On The Wilder Side"

In 2004, scientists pointed the Hubble telescope at a blank-looking patch of sky near the Orion Constellation. The Hubble stayed focused on that spot for 400 orbits over 11 days. The patch of sky they were looking at is no bigger than a grain of sand held out at arm's length. And in that tiny patch of sky, they discovered over 10,000 galaxies!

Not too long ago, astronomers thought that there were 100 billion galaxies in the universe. Then the number jumped to 200 billion galaxies. Today scientists think that our universe may have as many as 500 billion galaxies and each of those galaxies has hundreds of millions of stars.

It would truly be quite depressing if we thought about how little and insignificant we are in this great big universe. Sometimes on a clear night, I'll go out and gaze up at the moon and stars, and it really hits me how big this place really is, and how big I am not. We who think we are mighty are smaller than a speck of dust on a globe.

But... and this is a pretty big but... my God is bigger than all of it. Those scientists can boast about how much they discover and can theorize about how many galaxies exist, but my Lord made them all! He has all of creation at His footstool, yet He chooses to live in my heart (Eph 3:17)! He controls the path and flow of Niagara Falls without effort, yet He chooses to take on my anxieties and worries! He sits on a great throne in Heaven, yet He chose to send His Son to die in my place! Oh, how great is our God!

Fight the good fight (1 Tim 6:12) -  
 Jason Wilder - Gorman Church of Christ

# SUMMER READING CLUB KICKS OFF AT CISCO COLLEGE

Friday morning Gorman's Summer Reading Club participants travelled to Cisco college for the orientation session. Eastland, Ranger, and Cisco libraries are all participating in the club. Gorman was well represented with nine young readers, five parents and two library volunteers. After an introduction to that library, library cards, name tags and hand-outs; Heather Williamson, Director of Library Services, told the kids about the rules of the program and the prizes that will be awarded for different levels of reading accomplishment. Those prizes will include Majestic Theatre and Ranger tickets. There was a story time followed by craft time. The kids checked out books and movies after which we all traveled home.

Our next session will be here in Gorman this Friday 2:00 to 3:30 at the Community Center. Any children grades 1-6 who still want to participate may sign up before Friday. Parents should call Suzan Lipson at 254.734.4305.



## Dunes Sagebrush Lizard will not be Listed as Endangered

FORT WORTH, TEXAS – The Texas and Southwestern Cattle Raisers Association (TSCRA) today applauded the decision from the U.S. Fish and Wildlife Service to not list the dunes sagebrush lizard as endangered under the Endangered Species Act. The announcement comes after stakeholders, including ranchers and landowners, spent more than a year developing and implementing voluntary conservation agreements that protect the species without federal government intervention.

"This announcement is good news for Texas landowners," said Joe Parker Jr., rancher and TSCRA president. "It is an excellent example of how stakeholders can voluntarily work together without the need for more federal regulation."

"TSCRA would like to thank Comptroller Susan Combs for assimilating and leading the working group as well as Sen. John Cornyn for his efforts to give stakeholders more time to come up with voluntary solutions."

"TSCRA is still committed to working with the U.S Congress to reform the Endangered Species Act, but this announcement is a step in the right direction," Parker concluded.

## My Journey by Ina Smith

I am now just a little past my second month of having my Cochlear implant "turned on". On April 11 I received my audio processor and for the first time since March 26 was able to hear sounds in my left ear.

When they preform a Cochlear Implant all hearing in that ear is destroyed. If my surgery and implant would have failed I would never be able to hear out of my left ear even with a hearing aid. So needless to say I was very excited when I was "turned on and able to hear sounds."

My Doctor at the University of Texas Medical Center is Dr. Peter Roland. He is a very down to earth country boy and made me feel confident that everything was going to be OK. He told me I would feel "crappy" for a few days following surgery. On the day of my surgery I had to be there at 5:30 A.M and was taken back for surgery at 7:00. After I was put to sleep I received a very bad hair cut as well as the implant. An incision about an inch long was made behind my ear where the ear attaches to the scalp. The implant was placed under the skin, a hole was made in my mastoid bone and the electrode array was threaded into my cochlea (this is the sea shell shape in the middle ear) they then super glued my incision. They use a large pressure dressing held in place with an elastic band and I was to wear this for 24 hours. I was dismissed around 11:30. Yes, I felt crappy for several days, mainly from vertigo. But so far it has been worth everything I went through.

I have had several ask me if I was always deaf/hard of hearing. I was born in Level-land, Texas and lived 16 years of my life in Sundown. At mid-term my Sophomore year we moved to Kokomo and I started school at Carbon. Some time after the move they did hearing test at school and that is when we found out I couldn't hear. It is like the saying "you don't know what you are missing if you never knew it.". I went to a doctor in Abilene and he likened my hearing loss to piano keys. I could only hear about 50% of the keys from the bass end. I could not hear the high pitches. So I never heard the birds, crickets, whistles, that kind of stuff. When I reflect back on my younger days, I remember my Dad wanting me to be sure to hear a rattlesnake rattle, so he tried different things for me to hear on, like pulling up beside on on the road. Once he even caught a small on and put it in a jar and told me to listen. I remember finally telling him I heard it, but, I have never heard a rattlesnake rattle. When my Dad found out that I was never able to hear one he cried. I grew up out in the country we had no telephone and for many years no T.V. When I would babysit my cousins in town who had a telephone, they would run and answer it, I just thought I wasn't use to listening for it.

People ask me how I ever play in the band and basketball if I couldn't hear the whistle. I just watched what everyone else did and did it too. I didn't ever wonder how they knew to stop. I didn't know a whistle was blown.

I have learned you have to laugh at yourself when you make a mistake because of not hearing whistles. I was playing Outsiders Volleyball on year, and it was my turn to serve. Well I had this little routine I did, with my head down, wouldn't you know it, the other team called time out while my head was down and the referee blew the whistle. You know, that was probably the best ball I ever served, and there was NO ONE on the court. And this is just one of the many funny incidents that has happened to me.

As the years have gone by my hearing gradually got worse. Finally April 19, 2000 I received my first hearing aids. The next day, first granddaughter, Emily was born and it was raining and for the first time I could hear the rain hitting on the roof, and then her beautiful cry. What a blessing I received that day. And many more blessing were to come and are still coming.

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# Local or Organic?

There are many choices when choosing produce. How do you know what is best for your family and what is worth the added expense? Weather conditions have cooperated to allow local and corporate operations to produce bumper crops, especially compared to last year, so consumer options are plentiful. So let us take a closer look at the choices we have in our area. Know what you are paying for before you buy.

First, it must be stated, "Organically Grown" is not all that it is cracked up to be. For a field or crop to be labeled "Certified Organic", it must be new land or rather, land that has lain dormant for at least 3 years. Essentially, the farmer will push back brush, lay off rows, plant and hope for the best with some occasional manure fertilizer. Scientific tests cannot find that these crops are better for the consumer but the advocates of this practice say tests can't prove what they know to be true; better flavored produce, hope of improving the environment, and a healthier product. I will stay off the soapbox and reserve my personal opinion on the topic but let me give this analogy. If you were running a daycare and had a child with no natural immunity that could not take medicine and lived in uncivilized conditions, you would expect that child to be sick and this is essentially what we are doing by asking farmers to produce organics.

On the other hand, there are many benefits to eating foods grown in our region. It keeps our money circulating locally rather than having it sent around the country or the world. There are conflicting reports that local foods improve allergies, but there are few arguments as to the improved taste and freshness. There is also evidence that eating local produce lessens our carbon footprint by reducing the fuel consumption involved with trucking in produce.

The Greenhouse stocks both Local and Organic, and even Organic/Local produce. If you would like more information on this topic, please stop by or contact us at 893-8018 or gynalyn@hotmail.com. If you have produce, we would like to also help you market these products to the consumer.

# Happenings At FBC!!

Father's Day worship service began with one young girl following Jesus in baptism. Hallelujah!

Mark your calendars:

Sundays - 6pm - Series: "Living With Confidence In A Chaotic World".

Children's Sermon: Traci showed the children an apple that she picked from the tree in her yard. Her family is happy because these apples mean they will get pies and cakes. She cut the apple in half and asked the children what they see inside. Seeds! Planting the seeds grow apple trees. In Mark chapter 4 we read that the Kingdom of God is likened to a man scattering seeds that sprout and grow. When we tell people about Jesus and invite them to Church we are planting seeds. God knows and He grows them into new Christians. Tell people about Jesus so God can grow them into big and strong Christians.

Special Music: FBC Choir - "I Come to the Garden Alone" - lovely words of this traditional and classic favorite, simply gorgeous.

Bro. Barry's Message: "Father Time" - Psalm 90:12 - Father's Day brings a time of self-examination for Bro. Barry. What could I have done different to be a better dad to my daughters? What can I do better to make my Daddy proud? Live in keen perspective of the great importance of fatherhood. Psalm 90:12) Teach us to realize the brevity of life, so that we may grow in wisdom.

You have lots of living to do, as there is much to be done as fathers. Four Misconceptions About Time: (1) I just need to buy some time. (2) I think I will make a little time. (3) I need to make up for lost time. (4) I just don't have time. We don't control time, yet we control how we live through time. Time is a gift from God.

Ephesians 5:15) So be careful how you live. Don't live like fools, but like those who are wise. 16) Make the most of every opportunity in these evil days. 17) Don't act thoughtlessly, but understand what the Lord wants you to do.

Growing in wisdom and being wise are consistent and continual words of advice from our Heavenly Father through His Word.

Our Time On Earth Is Limited:

I. Live Wisely. (Vs 15) - Good decisions and bad decision change the course of your life. Your decisions will be determined wise or foolish. You make each decision.

II. Leverage Your Time. - Your time is limited to the span of your life. A spent life is irrevocable; once spent it is gone forever. The surprise of your life is the brevity of it.

III. Learn God's Will. - If you want to know God's will, then do the will of God that you do know. Seek the Lord and you will find Him. Living your life in service to God will guide you to the center of God's Will. Life is too short to do everything we want to do; but it is long enough for us to do everything God wants us to do. Strive not to waste your time, manage your time and make the most of this precious gift from God.

Give thanks for your father, our forefathers, and our Heavenly Father. God knows your tomorrows; give all you have to Him today!

If you are reading this and you have not accepted Jesus Christ as your Lord and Saviour please call Bro. Barry, ask Bro. Barry to talk with you about being saved or just ask him to pray with you, just call (254) 734-2420. Our Worship Service begins at 11:00am on Sunday mornings - please come and join us! Remember: God loves you like no one else! Email us at [fbcgorman@hotmail.com](mailto:fbcgorman@hotmail.com)

# AGRICULTURAL VIEWPOINT

By: Makenzie Wyatt

## TICKS AND FLEAS -- A PERENNIAL PROBLEM

Although the old saying states that death and taxes are the only reliable constants, many homeowners in Texas would challenge the statement and add insects to the list. Homeowners in our area face a number of challenges in establishing a peaceful co-existence with the inhabitants of the insect world. Two of the biggest challenges, especially for pet owners, are fleas and ticks. Fortunately, pet owners have some new tools in their arsenal to make things easier in the home and on the pets.

The best strategy for tick and flea control is an integrated pest management (IPM) program that involves treatment and management of both animals and their surroundings. A good IPM program will use all the tools available to control the problem while being easy on the environment. One of the important steps in an IPM program is understanding the pest biology. Ticks have four developmental stages: egg, six-legged larva, one or more eight-legged nymphs and adult. Hard ticks usually mate on the host animal. The female then drops to the ground and deposits from 3000 to 6000 eggs which hatch into larvae or "seed ticks". Larvae climb to nearby vegetation where they collect in large numbers while waiting for small rodents or other vertebrates (your pet) to pass within reach. After a blood meal on the host, the engorged larvae drop to the ground, molt (shed their skins) and emerge as nymphs. Like larvae, the nymphs await the passage of a host, engorge themselves with blood, drop to the ground, molt and become adults. Adults start the process again. The entire life cycle can require from as little as two months to more than two years, depending on the species of tick.

The flea also has four developmental stages: egg, larvae, pupae and adult. The egg is whitish, about 1/32 of an inch long. They are laid on the host (your pet) and the egg falls off the host, usually where your pet prefers to rest. The egg will hatch in two to three days. The eggs hatch into the larval stage. Larvae feed mainly on undigested blood voided by the adults. Remember the eggs have fallen off the pet, so most of the eggs and larvae will be found where the pet prefers to rest, like your couch. Larvae pass from the larval stage to the pupae stage. The pupae are found within a silken cocoon which is usually covered with sand, dust and other organic debris. Because of this covering, this stage is highly resistant to any type of chemical treatment. Adults will emerge from the pupae case in 7 to 14 days under favorable conditions. However, without a food source, the flea may remain in the pupae stage up to six weeks. Depending on temperature and humidity, the entire life cycle can be completed in three to four weeks. The house provides ideal conditions for flea development, however outdoors is a different matter. In dry weather, fleas can only survive in cool, damp areas. This is where treatment should be concentrated.

Because of the ideal conditions around the home, fleas and ticks are a perennial problem. Both fleas and ticks have more than enough protection around the home to survive the winter and our long growing season gives them plenty of opportunity to increase in numbers. Because of the long season, pet owners must realize that flea and tick control in our area is a year round business. If pet owners take care of business early in the season, fleas and ticks can be kept to a minimum.

Flea and tick control must include treatment of both the pet and the home, inside and out. Pet owners are somewhat limited in available products to control ticks outside the home. Products such as carbaryl (Sevin) and the pyrethroids are all effective when applied properly. Remember that all these products are nerve poisons and can affect both the pet and owner so the label instructions must be followed. Tick control outdoors for people who want to limit chemical use is extremely difficult because no product provides good residual control. In this case, the phrethrum or citrus oil extracts (d-limonene or linalool) offer the best control and this will be limited.

Flea control can be achieved with perseverance. Dedicated vacuuming of a pet's environment and pet bedding can remove flea eggs, larvae and pupae. Flea traps and flea combs can reduce populations without the use of pesticides. However, there are times when use of a pesticide is necessary, especially when populations reach high levels. As in tick control, the best results with flea control occur when the pet and the house, inside and out, are treated at the same time.

For treating of the pets, owners have relatively new choices. Veterinarians now have new flea and tick control products for pets that are simple to use and that work really well. Some of the new pet products sold by veterinarians can be taken as a pill. Always consult your veterinarian for latest information on treating our pets for fleas and ticks.

Outdoor treatments should be concentrated where pets spend the most time. Areas such as patios, porches and under bushes will require treatment. However, there is no need to spray the whole yard because fleas and ticks will be concentrated where the pet likes to spend time. Products mentioned for ticks do a good job on fleas.

Pet owners must be very careful if they attempt indoor control. The first step is vacuum and dust thoroughly, including floors, cushions, curtains and under furniture and other areas where the pet spends a lot of time. Thorough vacuuming with a good beater-type vacuum can remove 15-30% of larvae and 30-60% of flea eggs from carpeting. The vacuum bag contents should be disposed after use because the larvae and pupae can continue to develop inside the bag. Before any insect control with chemicals is attempted, pet owners should read and understand all label instructions and restrictions.

Good flea and tick control is now possible with some of the newer products. Follow-up is also important for flea control. The flea pupa is normally well protected from the effects of pesticide sprays and is very difficult to control with insecticides. Fleas in the pupae stage usually survive the insecticide application and survive to emerge 7-14 days later. One or more follow-up treatments with a pyrethrum, citrus oil-based product or a standard insecticide is usually needed 5-10 days after the first application. The most important aspect of flea and tick control is to start the process early in the season before the insects have a chance to build up to high levels.

Spring rains and warmer temperatures make conditions right for ticks in sTexas. According to the AgriLife Extension Service ticks are an ever-present part of living in Texas. We are not entering the peak host-seeking time when immature ticks are on the move seeking hosts. Regardless of what happens now weather-wise, they predict this will be a banner year for tick bites on humans, pets and livestock. Mild weather encourages more outdoor human activity, both recreational and occupational. This increases the risk of tick exposure and transmission of tick-borne disease.

Tick Recommendations Are To:

1. Avoid areas where you know there are ticks;
2. Wear long pants tucked or taped into boots;
3. Wash clothes that may have been exposed to ticks;
4. Use repellents containing DEET to prevent tick attachment;
5. Conduct regular tick checks of yourself, children and pets; and
6. Remove ticks properly.

Its important Texans learn the common signs of tick-borne diseases for their own well-being and that of their families, pets and livestock. If you have been bitten by a tick or even if you think you could have been bitten, seek medical treatment if you begin to experience flu-like symptoms including a fever, headache or if you ache all over. Tell the doctor that you suspect you may have been exposed to a tick-borne disease. And finally, if at all possible, save the tick by placing it on a damp paper towel in a container in your refrigerator, so it can be submitted for testing to <http://www.unthemanid.org/Tick/Testing/Testing.cfm>.

Any questions, please give the Texas AgriLife Extension Service a call, Makenzie Wyatt, County Ag Agent at 254/629-1093.

# Desdemona News

By Vonnie Guthery

**First Baptist Church of Desdemona** had very good attendance last Sunday. Visitors were Genoa Goad, his wife and Donna Bascum of Cisco. He presented a nice plaque to our Church for the 140th Celebration. Other visitors were Mike and Freda Corley of Lubbock. Mike is a brother of our songleader, Jana Johnson. Visitors are invited to attend next Sunday at 11:00 a.m. for the 140th Church Celebration of Continued Christian Leadership in the Church and Community.

Guest Speaker at **First Baptist Church** next Sunday will be Kyle Childress of Nacogdoches, Texas. Make plans to attend this 140 Year Church Celebration at 11:00 a.m. followed by a noon meal at the Church Annex.

**First Baptist Church** will host Vacation Bible School June 18th thru 22nd. Romelia Garcia will lead these young children in Bible Study, Crafts and Games with other ladies helping do their part. Each morning 9 a.m. to 12 noon. is the hours of Bible School.

David and Fran (Brown) Senger of Grove, Oklahoma; Robert Alton and Jana Brown of Fort Worth visited the past few days with their parents, Robert and Ima Brown.

Friends of Desdemona send sympathy to the Craig Family. They are former residents of Desdemona where their children attended school.

Remember the Sick and Shut-Ins of our Community with your Cards and Prayers. Have a good day, Vonnie

## EDUCATION

# Are Teens Prepared For the Future?

NewsUSA

(NU) - Among the latest tech gadgets, cell phones and social media sites, today's teen is more connected than ever. Although teens are surrounded by a flurry of electronics and digital media, are they gaining the skills needed to succeed in a technology-driven world?

According to the Department of Commerce, students educated in science, technology, engineering and math at any level make 26 percent more money overall than counterparts who have studied in other fields.

Several non-profits and corporations have rallied together to highlight the importance of teaching young people critical digital literacy skills.

"The access to technology kids get outside of school is often an important complement to the learning that happens in the classrooms," said Dan Rauzi, senior director of technology programs at Boys & Girls Clubs of America.

Boys & Girls Clubs has a long history of providing educational and developmental programs for youth in communities nationwide. Through a national partnership with Microsoft and Comcast, its Club Tech program provides free software and access to technology lessons to youth of all ages. In 2010 alone, the program reached over 850,000 kids who learned how to design posters, collaborate on film projects and make their own music.

Daniel Flores, 16, has partici-



Club Tech teaches youth a variety of technology-driven programs, including arts and music.

pated in Club Tech for two years at Boys & Girls Club of Greater Holland, Mich. He believes the skills he is acquiring in graphic design will help him get into an art college and pursue a career one day. In fact, he's started his own small business offering Web and graphic design services.

"I wanted to create a business that helps other companies market and promote their ideas by developing websites, logos and print making," Flores said.

According to a recent study, teens like Flores who participate in after-school technology programs exhibit a more positive outlook on their future. Many also become more positive about finishing high school and attending college.

"Club Tech is more than just providing computers. We give kids and teens an opportunity to express themselves artistically and engage with technology in a way that builds confidence and real-world skills," added Rauzi.

# Top 5 Healthy Habits for Pets and Their Owners

NewsUSA

(NU) - Pets are the lights of their owners' lives. And keeping pets healthy is key to extending the warmth and love for years.

Dr. Ernie Ward, nationally renowned veterinarian, pet author and founder of the Association for Pet Obesity Prevention, offers his 'Top 5 Healthy Habits' for pet owners to help ensure pets stay happy and healthy throughout the year:

1. **Healthy Eats and Treats.** The most important decision you make each day regarding your pet's health is what you feed it. When choosing pet food, look for meat as one of the first few ingredients, and avoid by-products, artificial flavors, colors and preservatives whenever possible. When it comes to treats, look for low-cal options that confer some health benefit. Treats that help maintain healthy joints, clean teeth or ensure pills are taken are recommended. The Greenies Brand specializes in great-tasting treats individually formulated to deliver these benefits. If you're going to give treats, make them count!
2. **Brain Boosters.** Most people love puzzles - and so does your pet! One of the best ways to feed and treat pets is with a food puzzle. These clever devices hide your pet's food or treats until they unlock the secret and get their goodies. These tools engage your pet's brain and bust boredom while you're away. Forget peanut butter-stuffed toys; these toys stimulate thought and don't pack on the pounds!
3. **Power Play.** Walking your dog and playing with your cat each day

keeps them trim, healthy and mentally alert. Pets that don't receive enough physical activity ("lap potatoes") have the highest rates of weight-related diseases such as arthritis and diabetes and suffer from behavioral problems. For dogs, 20 to 30 minutes of brisk walking each day benefits both ends of the leash. For cats, two or three five-minute play periods are plenty. And don't worry! Walking with your pet can be fun! Try programs like Greenies Wag & Walk 4 Life, and get active with your pet.

4. **Paws Together.** It's more fun to play with other dogs! Socialized dogs are simply better behaved and more fun. Visit a dog park, enroll in training classes or become active in serving your community. There are endless ways to get you and your dog to interact with other pet lovers. Share the fun and join a new pack!

5. **Pets and Vets.** Somehow pet owners started believing that the only time you need a vet is when something is wrong with your pet. The secret to a long and healthy life is vet visits when everything appears fine. A pet owner's primary goal should be to prevent disease, not only treat it. Changes in diet or lifestyle, giving nutritional supplements and exercising more are straight forward solutions. Sometimes you just need a prod; other times a push. Your veterinarian is your pet's voice; let them speak for your pet by visiting once a year for young pets and twice yearly for those over age seven.

For more best-care tips for pets, visit [www.greenies.com](http://www.greenies.com) and [www.dremniward.com](http://www.dremniward.com).

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