

GOOCH FRESH GROUND BEEF

 POUND **\$1.09**

FLOUR **GLADIOLA** Limit 1
 5 POUND BAG **89¢**
BISCUITS **DOTTIE** 6 FOR **\$1**

STYRO 6 IN PKG. SPECIAL
KAN-HANDLERS **99¢**

FLORIDA LB.
TOMATOES **69¢**

ZEE NICE & SOFT
TISSUE 6 ROLLS **\$1.49**

HUNTS WHOLE 28 OUNCE BUY 2-
TOMATOES GET 1 FREE

CANTALOUPE
29¢ POUND

CARROTS LB. CELLO **19¢**

SUGAR IMPERIAL Limit 1
 5 POUND BAG **\$1.49**

KETCHUP
 32 OZ. **99¢**

Krafts
Miracle Whip
 Limit 1 With \$10 Purchase
 qt **99¢**

ONIONS
 YELLOW **19¢**
 POUND

CORN DEL MONTE Mix or Match
 17 OZ. **39¢**
PEAS 17 OZ.
SPINACH 15 OZ. LIMIT 3 EACH

CORN FLORIDA
 LARGE EARS **6 for \$1**

STRAWBERRIES
 PINTS **59¢** FLATS

Jay's SHOP ONE STOP
Grocery & Market
 PHONE 734-2316 --- GORMAN

GORMAN STUDENTS NAMED TO TSU HONOR ROLL

Students making the A and B honor rolls and the Distinguished Students list totaled 713 for the 1983 spring semester at Tarleton State University, according to TSU registrar John Whitling.

Students listed on the A honor roll must have a 4.0 grade point ratio (GPR) on the 4.0 system and be taking a minimum of 12 hours. Students on the B honor roll must have a grade point ratio between 3.00 and 3.99 with no grade lower than B and be taking a minimum of 12 hours. Freshman and Sophomore Distinguished Students must have a minimum GPR of 3.25 with no grade lower than C. Junior and Senior Distinguished Students have a minimum GPR of 3.50 with no grade lower than C.

Gorman students named to the honor roll were Bobby R. Forrest who was named to the A honor roll and Distinguished Student roll; William F. Jeffs III was named to the B honor roll and Distinguished student honor roll; Ruth Ann Hagood was named to the B honor roll.

ENERGY Saving Ideas
 Tips To Help You

Can America have its cake and eat it, too? Yes, especially if you're talking about streetlighting. With energy-efficient high-pressure sodium lighting, cities and towns throughout the country would get as much or more light than with mercury or incandescent fixtures while using 50 or 80 percent less energy.

Also, a survey indicates that nine out of ten streetlights in America are outdated and inefficient when compared with high-pressure sodium



lighting. *** And in areas where more light is needed to help deter crime and reduce auto accidents, a typical high-pressure sodium lighting system can provide twice as much illumination and still save on electricity costs!

The average baby doubles his original weight at about 5 months of age.

Desdemona students were, Jim F. Grimshaw who was named to the B honor roll and Distinguished Student roll. Mark

Littlejohn was named to the B honor roll and Distinguished Student roll. David Menzel was named to the B Honor roll.

Water Well Drilling
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MAKE PLANS NOW TO ATTEND THE FUN FILLED DAY AT THE JULY 4TH CELEBRATION AT FRANK A. GRAY MEMORIAL PARK. BOYS AND GIRLS START NOW, GETTING YOUR TURTLES AND FROGS READY FOR THE BIG RACE EVENTS.

20 ways to help hold down your electric bill.

A checklist to help you save energy and money at home.

Energy Conservation Practices

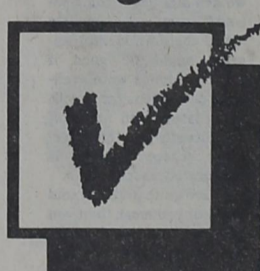
The following low- or no-cost home conservation practices can help you save energy and money.

- Do not use air conditioning until absolutely necessary.
- Keep your thermostat set as high as possible. We recommend 80° in the summer. For added comfort, use ceiling or portable fans to circulate the air.
- Check your air conditioner filters each month to see if they need cleaning or changing. And make sure that the outside unit is free of grass, leaves and trash.
- When leaving home, turn off air conditioning. If away for two days or more, turn off water heater.
- If you use an automatic dishwasher, set water heater to 140°; otherwise, set temperature to 120° or lower.
- Use scrap insulation to plug air leaks from attic and around window air conditioners.
- Repair water leaks in pipes and faucets, and seal air duct leaks.
- Use drapes, blinds, shades, awnings or plants to block sunlight.
- Try to minimize traffic through outside doors.
- Economize in the kitchen. Plan meals so several dishes can be cooked in the oven at the same time.
- Save when you do laundry. Wash and dry only full loads of clothes.

Energy Conservation Measures

These home installations and modifications require an investment, but may return their cost to you in the form of savings on utility bills.

- Caulk and weatherstrip around doors and windows to reduce air leaks.
- Add insulation to ceilings, walls and floors.
- Insulate ducts, especially in the attic.
- Insulate hot water pipes in attic.
- Install insulation blankets on water heaters, especially in garage or basement.
- Investigate cost-effectiveness of storm doors and windows.
- Add solar-reflecting materials to glass doors and windows on east/west exposures.
- As a convenience, install a clock thermostat to automatically set air conditioner and heating unit to desired temperature. Even when you're away from home, the clock thermostat can control your air conditioner for more economical operation.
- If your central air unit is more than five years old, you may want to consider replacing it with one that's more energy-efficient. We recommend new units with a Seasonal Energy Efficiency Rating (SEER) of at least 9. For information on how energy-efficient equipment can save you money, ask your dealer or call Texas Electric.



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D. R. ARMSTRONG, Manager, Phone 893-2266