

The Gorman Progress

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Gorman, Eastland County, Texas 76454

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NUMBER TWENTY-SEVEN

JULY 15, 2004

Maxfield Elementary School Registration for New Students

Maxfield Elementary School will be holding registration for new students August 3rd and August 4th, from 8:30a.m. until 2:00p.m. in the Elementary Office. Please bring Shot Records, Social Security Card, Birth Certificates, and a copy of student's report card from previous school. We will also need identification of person registering student.

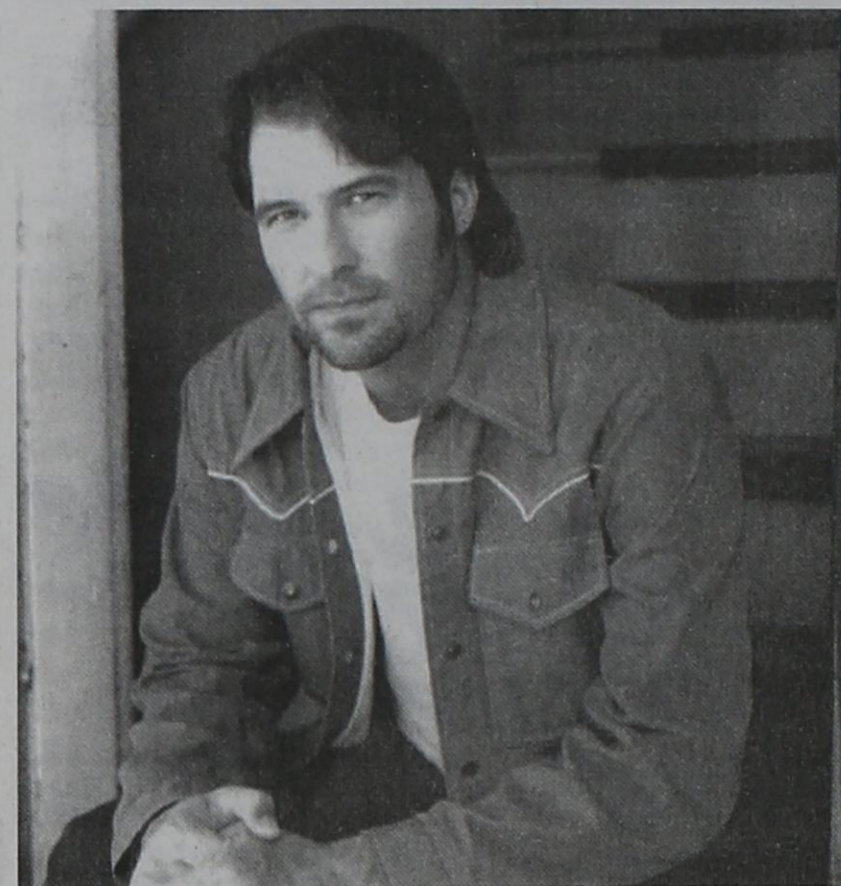
This is for students that have not enrolled or previously registered for the coming 2003 2004 school year. Pre-Kindergarten students who registered in the spring need not register again.

Youth of Firstfruits To Host Taco Lunch

On Sunday, July 18th, the Youth of Firstfruits Christian Fellowship will host a Taco Lunch beginning at 1:00 p.m. at the church. Help the Youth raise money for summer camp by enjoying tacos, drinks, desserts, and good fellowship.

All donations go directly to the Youth as they prepare to leave for camp at Christ for the Nations Institute on Monday, the 19th.

DeLeon Peach and Melon Festival Presents Deryl Dodd August 7th



Singer/songwriter, Deryl Dodd, will be performing at the DeLeon Peach and Melon Festival on Saturday, August 7. He is excited to be back in the community where he grew up as a child listening to gospel, blue grass and country music. He was heavily influenced by the soulful southern sound of gospel music at the Hasse Revival Center where his grandfather was pastor. Deryl's first performances were at the church. He remembers the summer nights when the family would gather singing and playing guitars under the huge oak trees in the front yard. His uncle, the late Richard Dodd, would be one of the lead singers and loved the family singings. Deryl started playing guitar at age seven, banjo at thirteen, pedal steel at sixteen and always knew he had "twang" in his veins.

After many years of playing in his home State of Texas, in 1991 he packed his dreams and moved to Nashville where he was immediately sought after as a talented musician and harmony vocalist with artists such as Martina McBride, Garth Brooks, Tracy Lawrence, Radney Foster, Tim McGraw and Faith Hill. In 1996, he was signed as recording artist with Sony Records and put out such hits as "That's How I Got to Memphis," "A Bitter End," "One Ride in Vegas," "Pearl Snaps," "She'll Have You Back," "Sundown," "On Earth As It Is In Texas," and Honky Tonk Champagne."

In 2003, Dodd returned to Texas and recorded "Live at Billy Bob" CD featuring his latest hits "Things Are Fixin' To Get Real Good" and "New Tony Lamas." His music remains soulful and traditional with a true Texas honky-tonk edge. Dodd says, "It's how I walk and talk. When I go back to my family's farm in Comanche, I know that's where my soul feels at home. The land has something untouched about it, something wild and open, and a direct inspiration to my music."

Dodd has recently signed a new recording contract with Dualtone and will be releasing his newest studio album in October titled, "Stronger Proof."

Gorman ISD Dress Code

Dress and Grooming

The District's dress code is established to teach grooming and hygiene, prevents disruption and minimizes safety hazards. Students and parents may determine a student's personal dress and grooming standards, provided that they comply with standards established by the administration and approved by the Gorman ISD Board of Trustees.

The principal will determine the appropriateness of clothing, grooming, or attire not addressed in the policy, which creates a distraction to the educational process and may prohibit the clothing or attire for his or her campus. Administrators have the discretion to determine the appropriateness of dress and grooming and to make special exceptions, including religious or medical necessities.

The principal in cooperation with the sponsor, coach, or other persons in charge of an extracurricular activity may regulate the dress and grooming of students who participate in the activity. Students who violate dress and grooming standards established for such an activity may be removed or excluded from the activity for a period determined by the principal or sponsor, and may be subject to other disciplinary action, as specified in the student code of conduct.

Appropriate Attire

Male: Male students must wear clean clothing (shirts, jeans, and trousers) that are not torn or damaged. Pants must be worn at waist level. Shirts must be buttoned and tucked in at all times. Students must wear shoes and appropriate undergarments. Male students will be permitted to wear long shorts at or below the knee before Thanksgiving and after Spring Break.

Female: Female students must wear clean clothing (shirts, blouses, jeans, skirts, dresses, etc.) that are not torn or damaged. All pants, slacks, dresses, etc. must be worn at waist level. Shirts and blouses must be buttoned. Dresses and skirts must be no more than 5 inches above the knee. Students will be expected to wear shoes and appropriate undergarments. Capri pants will be permitted.

PK-2: Students in PK-2 will be permitted to wear shorts until Thanksgiving and after Spring Break.

Tennis shoes are required for all elementary students for P.E.

Hair

Male: Hair must be clean, neatly groomed, and worn in a

style that does not cover the eyes or eyebrows. Students' hair must be neatly trimmed and in a style that exposes the middle of the ear and has a length above the top of the collar of a button-up shirt. Students must be clean shaven. Sideburns may be extended no lower than the middle of the ear and must be trimmed in a straight line without flares at the bottom. Hair must be a natural color.

Female: Hair must be clean, neatly groomed, and worn in a style that does not cover the eyes or eyebrows. Hair must be a natural color. Designs in hair will not be permitted.

Inappropriate or Unacceptable Attire

1. Skirts or dresses that is more than 5 inches above the knee.
2. Pants worn below the natural waist line, sagging, or extremely loose pants. (baggies)
3. Shirts or blouses that reveal undergarments or cleavage, spaghetti straps, midriff length tops that leave the skin exposed, halter tops, or tank tops. (shoulder are to be covered) Sleeveless shirts must have a collar.
4. Female: Shirts or blouses which do not meet the following test. Shirts or blouses that reveal students skin or undergarments when student's arms are raised perpendicular to the side.

5. Exposed undergarments
6. Bedtime attire, pajamas, boxers, or undergarments worn as outerwear.

7. Clothing made of any see through materials: fishnet, or loosely

Jewelry, Tattoos, and Body Piercing

Students may not wear on the outside of their clothing any jewelry or similar artifacts that are obscene or distracting or that is likely to cause a disruption to the classroom environment.

Students may not wear facial jewelry of any kind. Female students will be permitted to wear non-distracting earrings worn on the earlobes only. Male students may not wear earrings. Tongue rings will not be permitted.

Any body piercing or tattoos, including temporary tattoos, must be covered at all times while students are under the school's jurisdiction. Temporary tattoos that promote school spirit and have been approved by the campus administrator are acceptable.

Gang Attire and Grooming

Clothing, grooming, and any attire that identifies or connects a student with a gang is prohibited.

Dress Code and Grooming Violations

A student who's clothing or grooming violates the dress code or grooming code will be given an opportunity to correct the problem

approved by the campus administrator. A violation will result in an unexcused tardy. If the problem is not corrected, the student will be assigned to in school suspension for the remainder of the day. Repeated dress code offenses may result in more serious disciplinary action in accordance with the student code of conduct. (Student in grades 7-12 will be placed in ISS for repeated offenses)

woven fabrics.

8. Tank tops, oversized arm holes, Muscle shirts, or any kind of backless shirt or blouse. Sleeveless shirts must have a collar.

9. Any clothing made of spandex or similar body hugging fabric or material.

10. No head wear of any kind will be allowed at any inside/indoor school activities and will not be permitted on school grounds during the school day.

11. Cut-offs or unhemmed garments.

12. Girls will be permitted to wear Capri pants.

13. Girls will not be permitted to wear shorts in 3-12.

14. Sweat pants will not be permitted in grades 4-6.

15. Flip-flops are prohibited.

16. Clothing that contains pictures, emblems, or writing that is lewd, offensive, vulgar, or obscene.

17. Clothing contains pictures, emblems, or writing that depicts tobacco products, alcoholic beverages, drugs, or any other substance prohibited under FNC (legal)

Cake Baking And Decorating Workshop

A Cake Baking & Decorating Workshop will be held Saturday, July 24 from 9 a.m. - 2 p.m. in Heritage Hall of First United Methodist Church, De Leon. This free workshop is sponsored by the De Leon 4-H Club.

This workshop is open to anyone who wants to attend. Special emphasis is on preparing cakes to enter in competitions, as well as creative cake decorating.

Those who are enrolled as 4-H members in Comanche County are eligible to enter the Cake Contest at the Peach & Melon Festival on August 4. Each member is then allowed to auction one entry on Wednesday evening at the festival stage following the parade.

Everyone in Comanche County, whether adult or student, is eligible to enter the County Pecan Bake Show in December.

Other counties and cities have various baking contests, including Gorman's Peanut Festival on September 11 and Comanche's Pow-Wow on September 24-26.

Please pre-register by calling 893-2427 in the evenings.

Lunch will be provided for those who pre-register by Thursday, July 22.

— E V E N T S —

Peach and Melon Festival - August 1 thru 7
Peanut Festival - Saturday, September 11
GHS Homecoming - Saturday, September 11



Miss Gorman Sandra Lara and Little Miss Gorman Katalina Landa participated in the Rising Start Freedom Parade 2004. They received a 1st place for their float and also a 1st place for 'Best of Show' in this Fourth of July Parade.

Congratulations Sandra and Katalina!

Gorman Junior High and High School Registration

Registration for the Jr. High and High School Students has been set for August 2nd, 3rd and 4th. Seniors will be registering individually on Monday, August 2nd. Since this is a very important time for these students to select classes, parents are encouraged to accompany seniors. Seniors should please call and schedule a time to register for classes. Juniors and Sophomores will register Tuesday, Freshmen and seventh and eighth will register on Wednesday. Please try to make registration if possible. We all look forward to an exciting new year.

Monday, August 2	(8:00-3:00)	Seniors
Tuesday, August 3	(8:00-12:00) (1:00-3:00)	Juniors Sophomores
Wednesday, August 4	(8:00-12:00) (1:00-3:00)	Freshmen 7 th and 8 th

ITEMS OF INTEREST

Gorman Masonic Lodge No. 716 A.F. & A.M. Regular stated meetings are 2nd Tuesday of each month at 7:30 p.m. Members are urged to attend. Visitors are always welcome. Daryl Hirst, Master — Bob Wilkerson, Secretary.

The Order of the Eastern Star holds its regular stated meetings on the first Monday of each month at 7:30 p.m.

LIBRARY — Charlie Garrett Memorial Library will be open Monday thru Friday from 3 to 5 p.m.

FOOD BANK

New Hours - 10 to 11:00 a.m.
Second Thursday

4-H - Meets Second Monday of each month at 6:00 p.m. at the First United Methodist Church Fellowship Hall.

Oakland Cemetery Association is accepting donations for the Care of the Cemetery. Donations can be sent to Oakland Cemetery Association, 503 N. Fisher, Gorman, Tx 76454, or American State Bank, Gorman, Texas 76454.

BLOOD PRESSURE CHECKS — Blood Pressure Checks by Heritage Manor of Gorman. Every Wednesday at Senior Citizens at 11:00 a.m. Other week at Gorman Hotel at 10:30 a.m.

Gorman Oaklawn Cemetery Association is accepting donations for the Care of the Cemetery. If you would like to make a donation in memory of or In Honor of someone, please send to Aline Garrett, P O Box 711, Gorman, Texas 76454, or American State Bank, Gorman, Texas 76454.

SANDRA CAGLE WILL BE IN GORMAN THE THIRD WEDNESDAY OF EACH MONTH AT THE CITY OFFICE TO RENEW AUTO LICENSE PLATES. HER NEXT VISIT - JULY 21ST FROM 9 - 12 NOON.

Thank You

We would like to express our gratitude to all of the wonderful people who blessed us with their generosity and love during a very sad time in our lives. We appreciate your prayers and phone calls, as well as all of the wonderful food that was brought to both the house and the church. We offer special thank you's to Dr. Dan, Judy Warren, John Longoria and the rest of the First Response team; the caring staff at Higginbotham Funeral Home and Foster Floral; and Rev. Victor Pena and the United Methodist Church.

It's so great to live in a community of such caring people. We appreciate you very much.

The Family of Bill Vaughn
Cliffa Vaughn
Vicki & Troy Doyle & family
Dianne & Danny Snider & family
Peyton & Nana Vaughn & family
Molly & Vernon Gaines & family

Kokomo News

By Zelda Jordan

Crystal Snider, Aletha Burgess, Kay Snider, Sylvia Buchanan, Karen Patterson, Leona Wilson, Ruby Lee Kinser, Helen Browning, Jimmy Little, Joe Bond, and Woodrow Browning with Glynda Bond at the piano rendered the special music at the Sunday morning service at the Kokomo Baptist Church. "Happy Birthday" was sung to Rachel Snider. Paige, Morgan and Yancy Klone were visitors.

Those from the Kokomo Baptist Church going to Heritage Manor in Gorman for the church service on Sunday afternoon were Bro. Clarence and Leon Wilson, Woodrow and Helen Browning, Joe and Glynda Bond, Jimmy Little, and Nancy Hendricks.

Larry and Betty Strube visited recently in Stephenville with Bobby and Nina Koonce.

Oren and Norma Webb enjoyed a camping trip at Lake Proctor during the weekend. The occasion was to honor Jacob Webb with a going away party as he will be going to Burleson this week to join the coaching staff of a school there. He will be an assistant coach under Coach Mel Maxfield, formerly of Gorman. Those attending the party were: Jacob Webb, Alice Bergmark, Steven Bergmark, Randell, Kaci and Aaron Suniga, Kish Suniga, and Stacy Webb all of Comanche and Oren and Norma Webb.

Shannon, Stephanie, Raegan and Sydnie Bond of Copperas Cove spent Friday night with Joe and Glynda Bond and they joined other descendants of the James Bascom and Minnie Morton Family for a reunion at the Whitten Inn in Abilene on Saturday. James Bascom and Minnie Morton were Glynda's great-grandparents.

Johnnie B. Griffith accompanied her sister-in-law, Hattie Griffith to her home in Forsan on Tuesday. Johnnie B's daughter-in-law, Janie Riley of Midland came to Forsan and got Johnnie B., and they enjoyed a visit in San Angelo with Jared and Lara Jane Cooper. Janie brought Johnnie B. home on Sunday.

Kelly Buchanan and Tina Billingsley of West Columbia visited with his mother, Sylvia Buchanan on Saturday. Other visitors in the Buchanan home were Steve, Stephanie, Paige, Morgan and Yancy Klone and Nancy Hendricks.

Those visiting with Nancy Hendricks were Kelly Buchanan and Tina Billingsley of West Columbia, James Yancy, Paige and Morgan Klone, and Sylvia Buchanan.

Jimmy and Verna Lee Little were in Abilene on Wednesday for Verna Lee's treatment for her back.

Ashley and Breckley Little spent Friday night with their grandparents, Jimmy and Verna Lee Little. James and Jill Little were also visitors with the Jimmy Littles.

Jimmy and Maggie Nelson, David and Cassie Brasher and Zelda Jordan had dinner at ZJ's in Gorman on Friday evening to celebrate Cassie and Maggie's birthdays.

Sylvia Buchanan and Nancy Hendricks visited with Phyliss Wright in Eastland on Monday evening.

The High Price of A DWI Conviction

Persons convicted of a first offense DWI can face as much as a \$2,000 fine and more than \$200 in court costs in addition to a jail term of three days to 180 days and a license suspension from three months to one year.

Criminal District Attorney Russ Thomason stated, "The financial effects of driving while intoxicated stay with the driver far longer than just the initial arrest. Court costs and fines, insurance-rate adjustments, attorneys fees and lost wages can cripple those who are convicted of drinking and driving."

If the person is insured and they get this charge, it's often grounds for dismissal. Not all companies do that, but it can happen. People with a DWI conviction also must file an SR-22 with the state. An SR-22 insurance policy is a certificate of insurance that shows the DPS proof of insurance. Some insurance companies charge up to 50 percent more on insurance premiums to drivers who are required to file the policy. The DPS estimates that a first-offense DWI costs the defendant at least \$3,180 and could cost as much as \$17,000, not including lost work time and liability costs.

Source: Texas Department of Public Safety and Texas District & County Attorneys Association

Men Convicted of Driving While Intoxicated

On July 6, 2004, Judge Brad Stephenson of the County Court of Eastland found Manuel Ramirez of Gorman and David Phillip Burnett of Eastland, each guilty of the offense of Driving While Intoxicated, First Offense. Stephenville Attorney Lynn Garry Lewellen represented both men upon their pleas of guilt. Criminal District Attorney Russ Thomason prosecuted the cases.

DESDEMONA NEWS

BY VONNIE GUTHERY

Wayne and Karen Eaves and granddaughter, Lorin, enjoyed a vacation this past week in Ruidosa, New Mexico. Lorin got to visit with some 'real' Indians and attended their dancing ceremonies. This was the highlight of her trip. They reported a good trip and enjoyed the cooler weather in that area.

Dorothy Roberts visited last Sunday in Granbury with her granddaughter, mark and Emily Williams and daughter, Kena. Other visitors in the home were Ulenda Weaver, Heather Caddell and children Kelsey, Cameron and Cain, Heath Weaver and son Hayden, Ashley Weaver and children Tanner and Noah, Shelly Mendez and son Samuel all of Fort Worth, Jeff Roberts of Dallas. They celebrated Samuel's 'first' birthday with a family dinner and birthday cake.

Larry and Gay Moore enjoyed their week of vacation down in South Texas sightseeing and having a good time.

This reporter received a phone call last Saturday from Cristell (Joiner) Scott in Big Spring. She is a former resident of Desdemona where she attended school and graduated with the Class of 1949. Cristell always enjoys her visits in Desdemona with friends and classmates.

Jury Convicts Man of Driving While Intoxicated

On July 7, 2004, a petit jury in the County Court of Eastland found Jay Dee Burleson of Gorman, guilty of Driving While Intoxicated. Burleson, was apprehended by former Gorman Police Officer Jeffrey Baker and Sgt. Abel Saldana after the Eastland County Dispatch was contacted regarding a possible intoxicated driver. Comanche Attorney Keith Woodley represented Burleson at trial. Burleson had been previously convicted, imprisoned and pardoned on a felony in Erath County. Presiding Judge Brad Stephenson assessed punishment, sentencing Burleson to one hundred twenty days confinement in the Eastland County Jail. Burleson continues to be held in the Eastland County Jail on a blue warrant for a parole violation. District Attorney Russ Thomason prosecuted the case.



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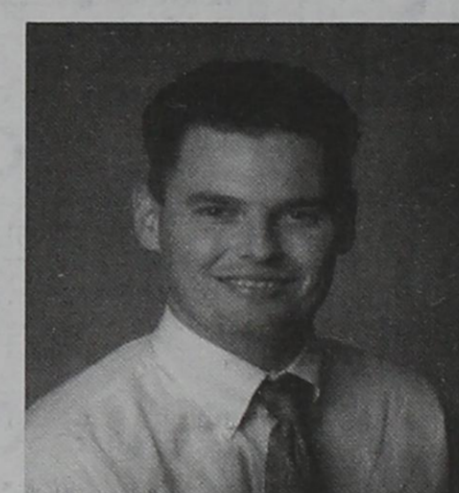
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- New Viking Camping Trailers — 1706 \$3,995 & Up
- New Dutchmen Travel Trailers — 19F \$10,995 & Up
- New Airstream Travel Trailers and Motorhomes!!!
- New Aerolite Travel Trailers — 24RB-SL \$16,800 & Up
- New Citation Travel Trailers & Fifth Wheel Trailers!!!
- New Dutchmen Fifth Wheel Trailers - 24-MS \$18,500 & Up
- New Flagstaff Travel Trailers and Fifth Wheel Trailer!!!

• CARS • SUV's • TRUCKS •

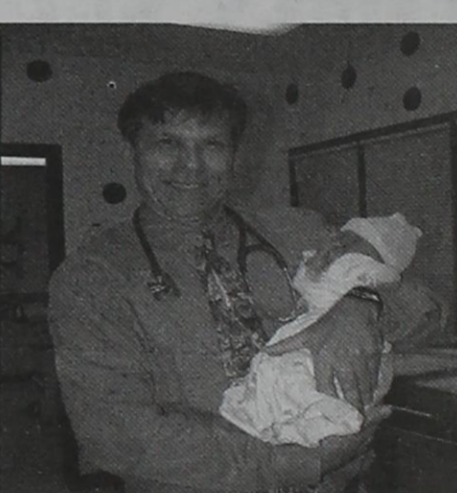
18338 - '01 Mazda 626LX	Auto, loaded, cd, 27K	\$ 9,995
21029 - '00 Buick LaSabre	Auto, loaded, cd, 58K	\$10,500
18810 - '02 Olds Intrique	Auto, loaded, cd, 27K	\$12,995
21101 - '00 Ford Explorer XLT	Auto, loaded, cd, 70K	\$10,995
20406 - '02 Chev. Trail Blazer 4WD	Auto, loaded, 46K	\$18,995
20972 - '00 Chev. 1500 LS Ex. Cab	Auto, loaded, 66K	\$12,995
21150 - '01 Chev. 1500 LS Ex. Cab	Auto, loaded, 59K	\$15,995
20049 - '02 Chev. 1500 LS Ex. Cab	Auto, loaded, 23K	\$18,995
21303 - '03 Chev. 1500 LS Ex. Cab	Auto, loaded, 26K	\$19,700

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Dr. Jamie Cox will be starting his practice with B & W Clinic, Monday, July 19, 2004. Dr. Cox is a 2001 graduate of Texas Tech University School of Medicine. He served in the United States Air Force as a Medical Service Specialist. Dr. Cox will be a Family Practitioner and will do Obstetrics and Pediatrics. Dr. Cox is married and has two daughters. Hobbies include hunting, hiking, camping, reading, tennis.

On behalf of Eastland Memorial Hospital we would like to welcome Dr. Cox



Dr. Bob Matthews is a 1983 graduate of the University of Texas at Galveston. He is a member of the Texas & American Association of Family Practice. Since 1986, Dr. Matthews has been Board Certified in Family Practice and in practice at the B & W Clinic. His practice includes maternity & child-care. For more information on our Labor & Delivery Department go to: www.eastlandmemorial.com

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Heritage Manor News By Nancy Hendricks

A Prayer for Independence Day

God of our fathers, whose almighty hand has made and preserved our nation, grant that our people may understand what it is they celebrate today.

May they remember how bitterly our freedom was won, the down payment that was made for it, the installments that have been made since the Republic was born, and the price that must yet be paid for our liberty.

May we think of freedom not as the right to do as we please, but as the opportunity to please to do what is right.

May it ever be understood that our liberty is under God and can be found nowhere else.

May our faith be something that is no merely stamped upon our coins, but expressed in our lives.

To the extent that American honors thee, wilt thou bless America. Keep her true as thou has kept her free, and make her good as thou hast made her rich.

(Thanks to Larry Stogsdill for the above)

Recent visitors were Joe Beaty of Dallas, Mr. and Mrs. David Halcomb of Waxahachie.

On Friday, July 2, it was Red, White, and Blue day for everyone at the home. First, was Red, White, and Blue Bingo with Alyssa Armstrong, Pat Graham and Ina Smith. Thirteen residents attended. Later came the 'Egg Toss' game. There was a parade with everyone waving flags. A 'Cake Walk' for everyone. When music stopped the one on the red ribbon got a prize. There were lots of balloons. Some were sprayed with shaving cream. Then the residents shaved the balloons; the room was darkened so everyone got to play fire works by popping the balloons. A surprise outdoor meal at noon with hamburgers, hot dogs, chops, ice cream and desserts.

Sarah Lewis sang the National Anthem.

More fun after lunch with homemade ice cream and all you could eat ice cold watermelon. Some of the volunteers and guests were Alyssa Armstrong, Darrell and Pat Graham, Robert Ervin, Tacy Warren, Debra Clark, Evelyn Hare, Henry Lenz, Judy Kilbrew, Jason Kilbrew, Dorenda Mentin, Sherry Parrish, Sarah Lewis, Winston Brown, Nancy Hendricks, Annie Fay Foster, Sylvia Estes and Diana Snider.

Visiting were Dr. Michael and Marcia Whitehorn of Abilene, James and Mary Jesse of Ft. Worth, Sylvia Estes, Marie Cook and "Bubba" of Carbon.

Attn: July Birthday Party will be Monday, July 26th at 2:30 p.m. The 'Gospel Singers' will entertain. Friends and relatives are welcome. There will be refreshments. Five birthdays and one anniversary will be observed.

Some guests were Juanita and Odell Atwell, Jewel Dean Morris and Bonnie D. Stewart of DeLeon, Becky Smith of Cross Plains, Annie Fay Foster, Pam Childers, Lonnie and Edith Grumbles.

On Sunday morning, Tootie Campbell of First Baptist Church came and taught the Sunday School lesson for twenty three residents. The lesson was "Encouraged by Enduring Love." Bible passage Lamentations 3:19-24 and Luke 19:1-10. Key verse Lamentations 3:22. A resident led the opening prayer and another resident led the closing prayer.

Some visitors were Maudie Husband and Bill Moll of Cisco, Mary Ann Alexander of Brownwood, Lee and Sue Pettigrew of Desdemona, Diana Snider and Suzan Lipson.

On Sunday afternoon those coming for church were Rev. Bill Campbell, Ruth Rodgers, June Dossey, Ann Maxfield, Louise Hall, and Nelda Mauney. June played the piano and Ruth led the singing. Bro. Campbell's message was "Freedom." A resident gave the closing prayer. Twenty five residents were present.

Recent visitors were E.G and Nancy Henderson of Lake Leon, C.J.

and Liz Henderson of Abilene, Don and Bernadean Connell of Weatherford, Alene Reeves of Ft. Worth, Vicki Seay.

On Monday morning residents were happy to have Karen Guthery come and dress their hair, even if it was a holiday--thanks Karen.

Some guests were Georgie Lee Hopper of Dallas, Stanley Porter, Henry Lenz of Carbon, Ann Warren Ruby Lee and James Kinsler.

Kathi Stewart New Employee

Kathi Stewart has joined Heritage Manor. Her husband is Freddy Stewart and they live in DeLeon. Kathi says she sure enjoys working in the home. Welcome to Heritage Manor!

Visiting were Jerry Majors of DeLeon, Jennifer Harper, Melissa, Stephen and Melinda Wassells of Lampasses, Steve and Dorenda Mentin, Lendon and Frankie Jo Shipman.

On Monday morning residents enjoyed 'Alphabet Bingo' with Ina Smith. They said they enjoyed the surprise prizes.

Some guests were Tacy Warren, Billy Earl and Francis Simpson, Christine Hammontree, June Dossey, Larry Stogsdill.

Monday afternoon it was regular bingo with Ina Smith.

Recent guests were Winston Brown, Jerry Brown, Roger Brown, Geardlene Wright, Karen Guthery, Sue Kessee, Betty Logan of Lake Leon.

On Tuesday morning, Betty Duke of Desdemona came played the electric keyboard and led singing for a large number of residents.

Some guests were W.C. and Winelle Browning, Woodrow and Helen Browning, Ann Maxfield, Ruth Rodgers, Carrie and Ethan Purcelle, Louise Hall, Pat and Howard Hagood.

On Tuesday afternoon residents enjoyed 'Concentration' with Ina Smith.

Visiting were Harold and Freda Harrison of Combine, Irene West, Durward Webb, Ronnie Standridge, George Rodgers.

Wednesday afternoon, Bro. Larry Stogsdill of Church of Christ came and had chapel for ten residents. Biblical passage was Matthew 5:6-8.

Some guests were Levi Roberts, Shannon Roberts, Shayler Roberts, Bimbo and Anna Lee Roberts, Dawn Roberts of Frisco, Doyle and Kennard Roberts of Gustine, Rodney and Vickie Roberts of Stephenville.

On Wednesday afternoon, Judy Kilbrew and Ina Smith had 'Crazy Bingo' for residents.

Visitors were Roy and Charlotte Johnson of Stephenville, Clyde and DeSha Johnson of Desdemona, Paul and Pat Johnson of Lubbock.

Also visiting were Bonnie Croft, Tisha and Daniel Grice of Stephenville, Max and Janice Grice of Brownfield, Don Landers of Springtown.

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 Buyer Discount 1631
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MSRP \$22,820
 Buyer Discount 1597
 Factory Rebate 5000
Sale Price 16,223 Plus T.T.&L.

\$353 Monthly
60% Mo.@0%
TT&L DOWN @ DELIVERY W.A.C.



LS - 2WD

2004 Chevrolet 4 Door Blazer

MSRP \$26675
 Buyer Discount 2169
 Factory Rebate 5000
Sale Price 19,506 Plus T.T.&L.

0% - 60 Mos.
2.9% - 72 Mos.
W.A.C.

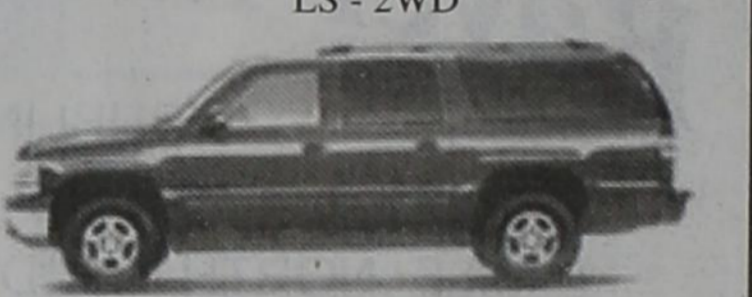


LS - 2WD

2004 Chevrolet Suburban

MSRP \$39275
 Buyer Discount 4280
 Factory Rebate 5000
Sale Price 29,995 Plus T.T.&L.

0% - 60 Mos.
2.9% - 72 Mos.
W.A.C.



LS - Lift Gate

2004 Chevrolet Malibu Sedan

MSRP \$21475
 Buyer Discount 1265
 Factory Rebate 3500
Sale Price 16,710 Plus T.T.&L.

\$336 Monthly
60% Mo.@0%
TT&L DOWN @ DELIVERY W.A.C.



3.5 - V6, 4 Speed Automatic

2004 Chevrolet Colorado

MSRP \$16200
 Buyer Discount 500
 Factory Rebate 3000
Sale Price 12700 Plus T.T.&L.

\$261 Monthly
60% Mo.@0%
TT&L DOWN @ DELIVERY W.A.C.



Regular Cab - Short Bed

2004 Chevrolet Avalanche

MSRP \$34125
 TX,OK,LA Equip. Sav. 1000
 Without Body Hardware 600
 Buyer Discount 3326
 Factory Rebate 3500
Sale Price 24,920 Plus T.T.&L.

0% - 60 Mos.
2.9% - 72 Mos.
W.A.C.




LS, 2 WD

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FITNESS FACTS

Taking Your First Steps To Fitness

(NAPSA)—Recently, a growing number of people have taken to walking and eating in moderation to improve their fitness and overall physical well being.

Now, the largest restaurant chain in the world is contributing to this trend with what it calls The Go Active!™ American Challenge.



Bob Greene

Sponsored by McDonald's restaurant, this effort furthers their mission to support programs designed to promote balanced, active lifestyles.

Leading the effort is Oprah's personal trainer and exercise physiologist, Bob Greene, who is bicycling and walking from Los Angeles to Washington D.C. to educate the public about the importance of living an active lifestyle.

"The key to living a balanced lifestyle is moderation and staying active. I believe in the importance of balance between the food consumed and the physical activity being exerted," said Bob Greene. "McDonald's reaches 23 million people every day and I look forward to sharing information and clearing up various misconceptions so they can incorporate more activity into their daily routines."

For example, while supplies last, by purchasing McDonald's Premium Salad accompanied by a bottled water or a medium fountain drink, customers receive a pedometer to monitor their daily activities and "Step with It!" booklet developed by Bob Greene.

The McDonald's Stepmeter™ is a small pedometer that tracks the number of steps taken in a typical day. The booklet contains a walk-

Walk For Better Fitness Tips by Bob Greene and McDonald's®

Why walk?

- It's inexpensive
- Is easy, fun and safe
- Gives you more energy and reduces stress
- Tones muscle and builds strength
- Controls your appetite

Get walking

- Consult your doctor to review any health conditions before you begin
- Choose comfortable shoes with thick flexible soles to absorb shock
- Choose a safe place to walk
- Find a partner to walk with and keep you accountable
- Stretch before you begin
- Walk 30 minutes a day, 2-3 times per week; increase your steps each week
- Start gradually and get faster as you go further

Creative ways to keep walking fresh

- Scout garage sales and flea markets
- Volunteer to walk dogs at an animal shelter
- Tour the open houses in your neighborhood
- Sign up for a weekend charity walk event
- Treat yourself—put a slice of lemon in your water bottle

ing program guideline and suggestions about how to increase physical activity.

To follow Bob Greene's journey, visit www.goactive.com or to learn more about living a balanced lifestyle call toll-free 877-MCD-FOOD or visit www.mcdonalds.com.