

The Gorman Progress

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Gorman, Eastland County, Texas 76454

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DECEMBER 9, 2004

Gorman Cagers Participate In Rising Star Tournament VFW Essay Recognition Goes To Local 8th Graders

On Thursday's action in the Rising Star Tournament the Lady Panthers lost in the first round to a strong Eastland JV team by a 44-19 margin. The Lady Panthers trailed all the way with the Lady Mavs leading 10-7 in the first quarter and scored 15 more in the second while the Lady Panthers managed only 2 points and the Lady Mavs had a 25-9 margin at halftime. The Lady Panthers were out-scored 19-10 in the last half and were defeated 44-19.

Keith and Seaton led the Lady Panthers with 4 each. Carlton, Hornback and Swanner each had 3 and Bailey hit 2.

In the Boy's action the Panthers were edged 41-37 by the Groom Cagers. Groom led 17-11 in the first period and both teams scored 10 in the second and Groom lead 27-11 at halftime. Gorman out-scored Groom 13-5 and were close at 35-34 at the end of the third. But Groom added 6 in the fourth and the Panthers could only score 3 and Groom edged the Panthers 41-37.

Jones led the Panthers with 19. Lewis and Keith each had 7 and Sanchez got 4.

In Friday's action the Lady Panthers were overwhelmed by a strong Cherokee team by a 58-28 margin. Cherokee jumped out to an 18 to 8 first quarter lead and added 9 more to lead the Lady Panthers 27-19 at the half. The Lady Panthers were only able to score 9 points in the final half while Cherokee hit 31 and won by a 58-28 score.

Hornback led the Lady Panthers with 7. Keith hit 6. Swanner had 5. Carlton got 4 and Bailey and Carlton each had 2.

In Boy's action Cherokee just edged the Panthers 49-47. Gorman raced to a 12-9 lead in the first period and added 13 in the second for a 25-13 edge. The Panthers added 13 more in the third and lead 38-22 at the end of the third. But Cherokee broke out for 17 points in the fourth while the Panthers got only 9 to be edged out by Cherokee.

Jones led Gorman with 24. Lewis and Giles each had 6. Keith had 4. Ibarra got 3 and Patel and Sanchez each had 2.



Veronica Walton, Emily Lewis and Miles Vann

Congratulations to Emily Lewis, Miles Vann, and Veronica Walton. Their essays have been selected to represent Eastland County Veterans of Foreign Wars Post and will advance to Regional competition in V.F.W.'s National Patriot's Pen essay contest. Collectively these Gorman Junior High students make up half of the six entries that Eastland County could submit to Regionals.

The topic for this year's essay was "What Service to our Country Means to Me". All eighth graders were required to write an original response to the prompt and each of their entries was forwarded to Eastland V.F.W. Post to be judged.

Emily, Miles, and Veronica received letters of appreciation for their entries and Wal-Mart gift cards.

Olivia Jackson, April Keaton, Jordan Perry, Matt Underwood, and Perla Velasquez received certificates of honorable mention for their essays.

Way to go eighth graders! Keep up the good work.

Christmas Tour of Homes Set for December 12

The fifth annual Christmas Tour of Homes sponsored by Gorman GROW will be this coming Sunday, December 12th from 2-5 pm. The **Methodist Church** located at **303 W. Roberts** will host a reception for all those attending. Tickets and maps will be available at the church.

There are four homes included on the tour this year:

Tracy Carter is excited to be part of the Tour of Homes this year. Tracy and husband Tony are new to Gorman. New in ownership of the home at **418 W. Lexington** (formerly home of Clara Mae Frossard); but the Carters and their two children, Austin and Jordan, are not new to Gorman, itself. They have been visiting friends here for nearly twenty years. Finally tired of the metroplex grind, hustle and bustle, the Carters moved here one year ago and have become welcomed and very involved in the community.

Jerry Brown undertook a difficult and patient task when they purchased the home of Iris Preston two years ago. They remodel much of the house, living in cramped conditions of a trailer while the renovations took place. But it certainly has paid off, they have a lovely home at **323 S. Fisher**. There is rumor that when you finish touring the house you can go tour Corky's truck, if you so desire.

Kenneth and Ann Rainey moved back to Gorman a little over two years ago. They purchased the home and acreage on **State Highway 6** (about one mile out of town, east) where Fred and Joy Rogers had made a home for many years. The home has a great history to begin and raise a young family. Ann has done some wonderful artwork in many of the rooms, including a couple of wall murals. For Christmas, Ann has several Christmas trees for us to enjoy. Her daughter Shyann has a Princess Christmas tree, son Wyatt has a Cowboy Christmas tree, and they also have a traditional family tree. Another interesting feature will be the collection of Frank Oma pottery that had belonged to Ann's grandmother. She remembers as a little girl going to the pottery factory in Eastland and buying the pottery with her grandmother nearly 30 years ago.

Carolyn Gilbert 439 W. Lexington. Carolyn bought this home in the late spring of 2001. She said living in this home has been a dream of hers for many, many years. As a young girl, she remembers Mr. and Mrs. Kirk living there and reading to Mrs. Kirk. She always loved the beautiful stately architecture of the home and it has been a blessing to restore it to its original state. It took over a year to modernize the home, being careful to maintain the integrity of the original structure and its era. Carolyn said she has always wished to live next door to Floydene and share the intimacy of the homes she has loved since childhood.

Please come join us on Sunday. Come share the Christmas Spirit with each of these ladies for opening their homes to us as your friends and loved ones.

Gorman High School and Junior Varsity Basketball Stats

The Gorman High School Varsity and Junior Varsity boys have played 3 games so far this season.

The Junior Varsity boys have lost 2 games and won 1 game. On November 16 J.V. played Deleon with a score of 21 Gorman and Deleon 52. Orlando Rodriguez made 2 points, Tony Perez scored 4 points, Kevin Lewis shot 9 points, and Brandon Greer had 6 points. Then on November 19 the J.V. played Perrin Whitt. With an extreme come back towards victory and score of Gorman 40 and Perrin Whitt 27. Daniel Shirley scored 2 points, Orlando Rodriguez made 8 points on the board, Tony Perez shot 4 points, Pete Ramirez had 2 points, Seth Johnson stuffed 4 points, and Kevin Lewis scored a whopping 10 points. There was great defensive effort and a lot of teamwork put in to this game to make the win. On November 23 Gorman's J.V. boys traveled to May. Gorman lost 41 to 27. Orlando Rodriguez made 4 points, Pete Ramirez shot 4 points, Kevin Lewis had 9 and Brandon Greer with 10 points. A good effort on all the J.V. boys with their games, and good luck to them for their upcoming games.

Gorman Varsity boys played Deleon. A very close game Gorman 50 and Deleon 56. Clint Jones scored 20 points, Armando Giles scored 18 points, Scotty Lewis had 5 points, Tim Patel shot 4 points, Reji Sanchez had 2 points, and Ryan Wright stuffed 1 point. Great effort by the team they did a very good job and handled what was given to them. On the 19th Gorman had the home court advantage and won 56 to 53 against Perrin Whitt. Ryan Wright had 8 points, 3 rebounds and 6 steals. Scotty Lewis had 9 points and 4 rebounds. Aaron Keith had 6 points on the board with 2 rebounds and 2 steals. Clint Jones got 13 points, 9 rebounds, and 2 steals. Armando Giles had 12 points, 7 rebounds and 2 steals. Zack Bryan got 2 rebounds. On the 23rd Gorman VS May there, Gorman won 41 to 39. It was a very close game. Scotty Lewis with 2 points and 8 rebounds. Aaron Keith with 15 points, 6 rebounds, and 1 steal. Tim Patel had 4 points, 6 rebounds, and 5 steals. Reji Sanchez had 2 points, 7 rebounds, and 4 steals. Clint Jones had 18 points, 12 rebounds, and 2 steals. Zack Bryan had 4 rebounds.

Aaron Keith made the game winning shot with :05 left on the clock. The boys basketball program would like to thank all the fans and cheerleaders for all of their support. It really makes a difference. The Gorman High School Varsity Boys are now 2-1.

Jazzminde Reeves

Christmas Lighting Contest

The Gorman Chamber of Commerce is sponsoring a Christmas Lighting Contest. The Contest is open to all residents in a 5 mile radius of Gorman. Entry deadline is Thursday, December 16. Judging will be on Friday, December 17th. No Entry Fee. Prizes will be awarded for First Place-\$75.00; Second Place-\$50.00; Third Place-\$25.00.

ENTRY FORM

NAME: _____

ADDRESS: _____

PHONE: _____

DIRECTIONS TO HOUSE: _____

Forms need to be turned in at City Office.

Children to Present A Live Nativity

The children's groups of First Baptist Church will be presenting a Live Nativity on Sunday, December 12th at 6 p.m. There will be Christmas carols followed by a "Birthday Party for Jesus" with cake and fellowship. Everyone is invited to come and enjoy this presentation as it adds to the true meaning and celebration of the Christmas Season.

Merry Christmas Gorman!

From the children's groups and their sponsors at First Baptist Church.



Back Row - Matt Underwood, Jordan Perry, Olivia Jackson
Front Row - April Keaton, Perla Velasquez and Sonia Hipolito

Pee Wee Basketball Meeting

There will be a Pee Wee Basketball meeting on Sunday, Dec. 12th at 7:30 PM. All interested adults are invited to attend. We will be discussing plans for this year, electing two new commissioners, and working on getting coaches for all the teams.

The season will begin after the Christmas holidays and is for children in Grade 3-6. Forms have been sent home to the players, and we will be signing players up until December 17th.

The cost to play is \$10 per child. This fee covers insurance and some of the uniform costs. We encourage anyone interested in serving on the commission, coaching a team, or helping in any way to attend this meeting.

ITEMS OF INTEREST

VET Science 4-H Project - 4th Tuesday each Month. Technology Center / Gorman Community Center. Contact Lee or Amy Wood at 254-734-2973.

The Order of the Eastern Star holds its regular stated meetings on the first Monday of each month at 7:30 p.m.

LIBRARY — Charlie Garrett Memorial Library will be open Monday thru Friday from 3 to 5 p.m.

FOOD BANK

New Hours - 10 - 11:00 a.m.
Second Thursday

Boy Scouts

Meeting Week
Tuesdays — 6:30 p.m.
Methodist Church

4-H - Meets Second Monday of each month at 6:00 p.m. at the First United Methodist Church Fellowship Hall - Amy Wood - 734-2973.

SANDRA CAGLE WILL BE IN GORMAN AT THE CITY OFFICE TO RENEW AUTO LICENSE PLATES. HER NEXT VISIT - THIRD WEDNESDAY - DECEMBER 15TH FROM 9 - 12 NOON.

Gorman Masonic Lodge No. 716 A.F. & A.M. Regular stated meetings are 2nd Tuesday of each month at 7:30 p.m. Members are urged to attend. Visitors are always welcome. Bob Wilkerson, Master — Pat Moseley, Secretary.

Oakland Cemetery Association is accepting donations for the Care of the Cemetery. Donations can be sent to Oakland Cemetery Association, 503 N. Fisher, Gorman, Tx 76454, or American State Bank, Gorman, Texas 76454.

BLOOD PRESSURE CHECKS — Blood Pressure Checks by Heritage Manor of Gorman. Every Wednesday at Senior Citizens at 11:00 a.m. Other week at Gorman Hotel at 10:30 a.m.

Gorman Oaklawn Cemetery Association is accepting donations for the Care of the Cemetery. If you would like to make a donation in memory of or In Honor of someone, please send to Aline Garrett, P O Box 711, Gorman, Texas 76454, or American State Bank, Gorman, Texas 76454.

Our thanks to "Glorify" for the Gospel Music concert they presented at the Kokomo Baptist Church on Sunday night. Daryl Hirst and Brenda Thomas are doing a good ministry with their gospel music, and if you missed the concert, you missed a blessing.

Bro. James Holt and his wife, Jerrie of Carbon will be the guest speakers at the Kokomo Baptist Church on Sunday morning, December 12. They will be speaking about missions and their many years on the foreign mission field.

Bro. Clarence Wilson will be speaking at the Carbon Baptist Church on Sunday morning, December 12 in Bro. Holt's place.

"Dwelling In Buelah Land" was beautifully rendered by the choir at the Kokomo Baptist Church on Sunday morning December 5. Those in the choir were: Karen Patterson, Helen Browning, Norma Webb, Crystal Snider, Kay Snider, Oren Webb, Daryl Hirst, Joe Bond and Woodrow Browning with Glynda Bond at the piano. Bro. Wilson brought a message on missions encouraging us to reach out and tell others about Jesus and His love for all.

THE CHRISTMAS PROGRAM at the Kokomo Baptist Church will be on Wednesday night, December 15, at 6:00 P.M.. Our annual Christmas meal and fellowship will be held in the fellowship hall following the program and the gift exchange from the Christmas tree. The meal will be furnished. Visitors are welcome.

Ruth Peel Collins of Abilene and her daughter, Barbara Ely, and her son, James Collins and Mittie and Leonard Bledsoe of Carbon visited with Donnie Rone on Sunday. Ruth, Barbara and James also visited with James and Mary Donham.

During the Thanksgiving Holidays, LaVon Snider enjoyed dinners with Gene and Kay Snider and all their family, and with Ted and Charlotte Snider and all of their family. On Thursday of last week LaVon visited in Brownwood with Carolyn and her family. They went to a new restaurant which has just opened in LaVon's old Brownwood neighborhood. They enjoyed visiting with several of LaVon's former neighbors.

Bob and Beverley Pharris of Haskell visited with Larry and Betty Strube on Sunday.

Those visiting with Nancy Hendricks were Marilyn Warren, Sylvia Buchanan and Zelda Jordan.

Deliah Lewis of Ennis is spending this week with her parents, Delmon and Joyce Eaves. She took her dad to Brownwood on Monday for eye cataract surgery. Delmon is doing fine following the surgery. We wish him a speedy recovery. Deliah and Randy's son, Chris plays on the Ennis High School football team and they will be playing Marshall for the State 4A Championship at Texas Stadium on Saturday. Deliah plans to join her family for the trip to the game.

Oren and Norma Webb visited with Joyce Eaves while Delmon and Deliah made the trip to Brownwood.

Daisy Slaton of Gorman and Zelda Jordan visited on Wednesday night with Sunny and Charles Black in Abilene. Daisy, Sunny and Sunny's daughter, Tanya Harrison of Moran and Zelda and her granddaughter, Sheri Daniell of Abilene enjoyed the Broadway Musical "Cats" at the Abilene Civic Center.

A thunderstorm rumbled through the community on Monday afternoon leaving quite a bit of rain in a short time. I received 9 tenths of an inch and Larry and Betty Strube received 1.3 inches. Nancy Hendricks also reported that there was a little bit of hail at her house.

SEE YOUR DOCTOR

How To Keep From Getting The Flu: Expert Offers Alternatives To Vaccine

(NAPSA)—With this season's flu vaccine shortage, many Americans may be left wondering what other options they have to help stave off flu. Each year, 35 to 50 million Americans come down with the flu and more than 200,000 people are hospitalized each year because of flu-related illnesses, according to a recent study*.



Due to a nationwide shortage of flu vaccine, people are advised to speak with their doctors about other treatments, such as antiviral medications like Tamiflu.

While vaccine is the first line of defense, according to Dr. Donald Perlman, assistant clinical professor at the University of Medicine and Dentistry of New Jersey (UMDNJ), there are steps that can be taken to help decrease chances of getting the flu. They are:

• Ask Your Doctor About Antivirals. Prescription antiviral medications like Tamiflu can be particularly effective in preventing the spread of flu within a household or office when a family member or coworker is infected. Tamiflu must be taken within two days of exposure.

• Monitor the Flu in Your Area. To keep informed of when the flu is hitting your area, log on to www.flustar.com. FluSTAR (System for Tracking and Reporting Flu) provides geographical updates twice-weekly on incidence of flu on a regional and nationwide basis. Anyone can enter their zip code on the easy-to-use site to see the number of people with flu in their area, along with other information.

• Avoid touching your eyes, nose or mouth, and keep hands clean. Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth; to prevent, wash hands often for twenty seconds with warm, soapy water. Also, avoid using antibacterial soaps, which do nothing to block viruses and, many experts believe, may encourage the emergence of antibiotic-resistant bacteria.

• Keep your immune system healthy. Get plenty of sleep and maintain a healthy diet, including lots of fruits and vegetables, yogurt and water.

If you think you have the flu, Dr. Perlman suggests:

• See Your Doctor. At the first sign of flu symptoms, such as the sudden onset of profound weakness and body aches and pains accompanied by chills, fever and cough, see your doctor. Early diagnosis and treatment can help lessen the time you are sick.

• Stay Home. Be considerate of others. If possible, stay home from work, school, and errands when you are sick to prevent spreading the flu.

• Practice Respiratory Etiquette. Cover your mouth and nose with a tissue when coughing or sneezing.

• Don't Smoke. Statistics show that heavy smokers get more severe colds and more frequent ones. Even being around smoke profoundly zaps the immune system. Smoke dries out your nasal passages and paralyzes cilia. These are the delicate hairs that line the mucous membranes in your nose and lungs, and with their wavy movements, sweep cold and flu viruses out of the nasal passages. Experts contend that one cigarette can paralyze cilia for as long as 30 to 40 minutes.

* Journal of the American Medical Association, September 15,

Flu Facts

- More than 200,000 people are hospitalized each year because of flu-related illnesses.
- Flu complications are more severe in people over 50 and the highest rates of hospitalizations are found in people over 85.
- Children under five are hospitalized at higher rates than those in the 50 to 64 age group.
- An average of 36,000 people in the United States die from influenza each year.

Source: Journal of the American Medical Association

School Menu

Week of Dec. 13
Breakfast

Monday--Cereal, fruit milk, juice
Tuesday--Breakfast Pizza, milk, juice
Wednesday--Sausage pancake, syrup, oranges, milk, juice
Thursday--Blueberry muffins, milk, juice
Friday--Sausage, biscuits, gravy, milk, juice

Lunch

Monday--Spaghetti/meat sauce, salad, garlic bread, milk
Tuesday--Hotdogs/chili cheese, baked beans, milk
Wednesday--Ham, turkey, bologna sub sandwiches, veg. soup, crackers, milk
Thursday--Pizza, salad, corn, milk
Friday--Corndogs, pork-n-beans, fruit, milk

Desdemona News

By Vonnie Guthery

Hagan Moore of Lingleville celebrated his 6th birthday on Sunday, December 5 with a family dinner at Jake and Dorothy's Cafe in Stephenville. Those attending the birthday party were his parents, Paul and Susan Moore and sister, Scarlett of Lingleville; Aunt Renee White and cousins, Chelsea and Cory White of Stephenville; grandparents, Larry and Gay Moore, great grandfather, "Shorty" Fox all of Desdemona; a friend, Frances Lanham of Blanket. Hagen attends school in Lingleville and loves to play soccer.

Dixie Pack enjoys weekly visits in Abilene with her friends, Velma, Pauline and Edith. They always enjoy playing cards, dominoes, going shopping and having lunch together.

Bob Honeycutt spent a few days this past week visiting his "Family Homeplace" in the Jakehamon Community. Bob attended school with this reporter in Desdemona with the Class of 1951.

Robert and Ima Brown enjoyed a visit over the past weekend in Temple with their friends.

Eva Sparkman spent Thanksgiving Day in Stephenville with her son, Homer Joe Sparkman and family. She is feeling better since her recent fall.

We send our sincere sympathy to Mary young and family in DeLeon. Her mother, Ollie Sherrill passed away this past week. Burial was in the Desdemona Cemetery.

Roy Lee Whitlock, former resident of Desdemona will have a birthday on Monday, December 20. He resides at the Heritage Manor Rest Home in Gorman and would enjoy receiving birthday cards from his friends in Desdemona.

This reporter would like to send "Birthday Wishes" to her sister, Alta Mae Wilcoxson in Odessa on December 10.

The new pipe fence all around the Desdemona Cemetery was completed this past week. It will be painted this week if the weather permits.

Have a nice day, Coon.

NURSING HEROES

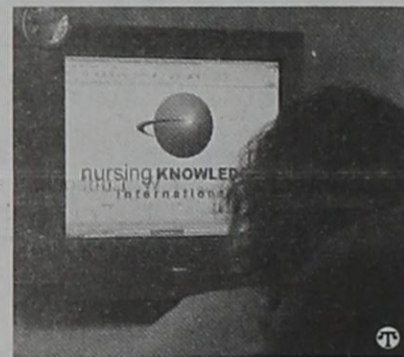
Helping Nurses Help Others

(NAPSA)—There are 11 million working nurses worldwide—promoting health, helping to prevent disease and caring for patients who are ill. In the U.S. alone, there are 2.6 million nurses, about four times as many as there are doctors.

While hospital nurses comprise the largest group, other types of nurses include office nurses; nursing care facility nurses; home health nurses; public health nurses; occupational health nurses; and nurse practitioners who provide basic primary health care.

Whatever field nurses work in, they share an interest in and an ongoing need for continuing education. While it can take two to four years of education to initially become a nurse, a nurse's education can last a lifetime. To provide patients with the best care, it's important that nurses remain up-to-date on the latest developments in medicine and nursing techniques. Thirty-two states require continuing education for nurses.

To make it easier for nurses to find the variety of resources they need, the Honor Society of Nursing, Sigma Theta Tau International has created a subsidiary and Web site, www.nursingknowledge.org.



Nurses can find information they need at nursingknowledge.org.

Honor society members include practicing nurses, instructors, researchers, policy makers, executives and entrepreneurs. The society works with a range of nursing associations, publishers, continuing education providers and universities.

These organizations produce health care books, continuing education, journals, research, teaching aids and other forms of quality nursing knowledge.

The site offers a one-stop resource for nurses who want to learn or practice evidence-based

nursing, develop their careers, increase leadership skills and earn continuing education credits. Nursing Knowledge International offers knowledge-based solutions developed by nurses for nurses.

It's designed to make it easier for nurses to share knowledge with patients, students, fellow nurses and other health care professionals.

It's expected that this site will affect more than the nurses that consult it.

"While it will serve the global community of nursing by providing knowledge and professional development services that increase nurse satisfaction, its real value lies in the fact that it will enhance nurse effectiveness and, in turn, affect patient care by helping nurses help others," said Andre van Niekirk, board president of Nursing Knowledge International.

The site brings together solutions-oriented knowledge and content from sources across clinical practices, academia and research to serve both the educational and professional development need of nurses.

At the site, nurses can also browse through nursing books and shop for nursing apparel.

Nursing Knowledge International was established in Nov. 2002 as a not-for-profit organization. The honor society has more than 365,000 inductees and an active membership of 120,000 professionals.

Call 254-734-2410
See Lonnie At The Gorman Progress
to \$23.50 Unlimited
\$9.95 For 50 Hours
TXOL INTERNET

We Teach Bowling
Lingleville Hwy.
New Fall Leagues Planned
- Pro Shop On Site -
BYOB On Friday Only - 9 to 12
Friday and Saturday Night Specials
Acquire Entire Bowling Center For Private Parties
Birthday Parties and Church Lock-Ins Available
"Take The Family Out For A Night of Bowling"
Star Lanes
Lone
254-968-0440
Stephenville

Heritage Manor News By Nancy Hendricks

Waymarks

I do not ask that God reveal
The "why" of things to me,
I do not ask that He explain,
Or pardon what I see.
I do not ask to see results
Before I can believe;
When things are masked, a larger faith
Would ask and then receive.
But this I ask—when moods are weak,
When prayers seem lost, unheard,
My soul be fortified the more
To take God at His Word.
When days come on with partial suns,
And shadows move with pain,
My heart be lifted, healed to know
I do not trust in vain.

From—Larry Stogsdill

Some visitors were Emmitt and Kay Lynn Lasater of Eastland, Brad and Treva Keith and Jake Keith of Allen, Larry and Colene Barnett of Wylie.

On Sunday morning, coming from the First Baptist Church for Sunday School were Tootie Campbell and Vicki Seay. Vicki gave everyone a new Winter Quarterly. Tootie taught the Sunday School lesson, "Tell About God!" Life question, "Why should I tell others about God?" Background passage, Psalms 145:1-21. Key verse Psalms 145:5. There were twenty residents present and guests Howard and Pat Hagood.

Recent guests were Lee and Sue Pettigrew of Desdemona, Maudie Husband, Bill Moll, Bobby and Peggy Ingram of Cisco, Diana Snider, Larry and DeLinda Snider.

Residents appreciated the good magazines that were donated.

Some visitors were Sylvia Estes and Marie Cook of Carbon, James and Mary Jesse of Ft. Worth.

Sunday afternoon those coming from the Church of Christ were Bro. Larry Stogsdill, Dee Smithy, Gene Foster, Durward and Mary Webb. Gene led the singing. Bro. Larry's message, "All things work out for the good for those who love the Lord." Bible passage Romans 8:38. There were eight residents attending.

Visitors were Bonnie D. Stewart of DeLeon, Becky Smith, Rachel and Landon Beal of Cross Plains, Pam Childers, Annie Fay Foster, Lonnie and Edith Grumbles.

Early Monday morning, Karen Guthery came and opened the beauty shop and styled residents hair.

Guests were Glenn Glasson, Max and Janice Grice of Brownfield, Bonnie Croft of Lake Leon, Tisha and Daniel Grice of Stephenville.

Monday morning Judy Killebrew, Jason Killebrew and Ina Smith had bingo for twelve residents.

Some visitors were Pastor Matthew Broekman of Cisco, Bob and Garrett Hagood of Brownwood, Bill Hagood, Howard and Pat Hagood.

Monday afternoon, those coming for the Gospel Singing were Ruby Lee Kinser, Woodrow and Helen Browning, Zeld Jordan, Ann Warren,

Daisy Slaton and Nancy Hendricks. Ruby Lee, Woodrow and Helen rendered a beautiful special. There were eleven residents present. Woodrow gave the closing prayer.

Visiting were Melba Carter of Eastland, Ray and Charlotte Johnson of Desdemona, Paul and Pat Johnson of Lubbock, Clyde and DeSha Johnson of Stephenville, Gene Foster, Durward and Mary Webb, Dee Smithy.

On Tuesday morning, Ina Smith had 'concentration' for residents. Some guests were Dan and Jo Carey of Midlothian, Fred McMullen of Melrose, NM, Maxine Frasier of DeLeon, Larry Stogsdill, Woodrow and Helen Browning.

On Tuesday afternoon, Betty Duke of Desdemona came played the electric keyboard and led singing for eleven residents and guest Nancy Hendricks.

Visitors were Vicki Seay, Stanley Porter, Daisy Slaton, Ann Warren, James and Ruby Lee Kinser, Betty Duke of Desdemona.

On Tuesday afternoon, Dorothy Roberts of Desdemona came and styled hair.

Recent visitors were Shannon and Trinity Roberts, Levi Roberts, Kendra Roberts, Winston Brown, Bo and Anna Lee Roberts, Rodney and Vicki Roberts of Stephenville, Kennard and Doylea Roberts of Gustine.

Residents send Neva Ross "Get Well Wishes" and a speedy recovery. Visiting were Jimmy Little, Verna Lee Little and Betty Little of Eastland, Nell Files of Carbon, Zeld Jordan.

On Wednesday morning Rev. Bill Campbell of First Baptist Church came and had Bible study. Opening prayer was by everyone saying "The Lord's Prayer." Bro. Bill's message was "God's Greatest Gift." Bible passage 2 Corinthians 9:15. A resident voiced the closing prayer. There were ten residents present.

Some guests were Ronnie Standridge, Joe Beaty of Dallas, George Rodgers, Bill and Tootie Campbell.

Experience Works Public Service Announcement

Are you 55 or older and looking for a job? Would you like to learn new skills? Experience Works is a national nonprofit organization that provides employment and training for older workers with limited or no income. Their dedicated staff in your community can help you find the job or training you need. Whether you are returning to the workforce of have never worked, call to let them put your experience to work. For more information visit their web site at www.experienceworks.org, or call 254-734-3275.

On Wednesday afternoon, Jason Killebrew, Judy Killebrew and Ina Smith had 'crazy bingo' for several residents.

Recent visitors were Robert Moore, Becky Moore and Leslie Green of DeLeon, Henry Lenz of Carbon.

The December Birthday Party for residents will be Tuesday, December 14th at 2:30. Betty Duke will entertain.

Some guests were Jerry Majors of DeLeon, Steve and Derenda Menten, Lendon and Frankie Joe Shipman, Glen and Nancy Lawless of DeLeon.

On Thursday morning it was time to decorate for Christmas.

Visitors were Pat Graham, Judy Killebrew and Jason Killebrew of DeLeon.

On Thursday afternoon, residents enjoyed making gifts in 'Crafts.' Some visitors were Don Landers of Springfield, Marjorie Treadway, Ernestine Campbell, June Carruth of DeLeon.

On Friday morning, Pat Graham, Judy Killebrew, Jason Killebrew and Ina Smith had bingo for ten residents. Breakfast treats and drinks were enjoyed.

Health NEWS YOU CAN USE

The Flu: Do You Know When You Have It?

(NAPSA)—Is it a cold or is it the flu? With influenza responsible for approximately 114,000 hospitalizations and 36,000 deaths each year, it's more important than ever to know the answer to that question. Experts are now predicting that this year's flu season will be severe.

With a shortage of flu vaccine this year, people should be especially aware of the symptoms. Flu symptoms include headache, chills, dry cough, body aches, fever, stuffy nose and sore throat.

Call your doctor if you have any signs of flu and:

- Your fever lasts; you may have a more serious infection
- You have breathing or heart problems or other serious health problems
- You are taking drugs to fight cancer or other drugs that weaken your body's natural defenses against illness
- You feel sick and don't seem to be getting better
- You have a cough that begins to produce phlegm
- You are worried about your health.

Doctors have flu tests available that can provide an answer in about 15 minutes, so that patients can know before they leave the doctor's office if they have the flu or not. One of these rapid tests, the FLU OIA* prod-



Doctors now have a test available that can determine in 15 minutes if you have the flu.

uct from Thermo Electron, has shown performance equivalent to a traditional 14-day viral culture. Dan Smink, the product manager from Thermo Electron, says, "Using a rapid test is great for patients because they can get the appropriate treatment right away and get well sooner."

Benefits of taking the test may include:

- It can reduce cost and eliminate unnecessary diagnostics.
- It will allow the physician to prescribe appropriate antiviral medication sooner.
- It reduces unnecessary use of antibiotics.
- It assists in the surveillance of influenza A and influenza B.

To learn more about the new test, see your doctor or visit the Web site www.thermo.com/flu.

254-968-0440

Stephenville

Lone Star Lanes

"Take The Family Out For A Night of Bowling"
Birthday Parties and Church Lock-ins Available
Acquire Entire Bowling Center For Private Parties
Friday and Saturday Night Specials
BYOB On Friday Only - 9 to 12
- Pro Shop On Site -

New FALL Leagues Forming Now

We Teach Bowling

Lingleville Hwy.

0%-72 Mos. W.A.C.

AVAILABLE ON 2004 MODELS

2004 Chevrolet Monte Carlo Sik #21707

\$18,225 Plus T.T.&L.

MSRP \$23,245 Less \$1,520 Bayer Discount, \$3,500 Factory Rebate → OR →

\$363 Monthly
60 Mo. @ 0%
TT&L DOWN @ DELIVERY W.A.C.



2004 Buick Le Sabre Sik #20723

\$19,639 Plus T.T.&L.

MSRP \$26,470 Less \$1,831 Bayer Discount and \$3,500 Factory Rebate, \$500 Test Drive Allowance, \$1,000 GMAC Rebate



2004 Chevrolet Suburban Sik #21332

\$28,995 Plus T.T.&L.

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0% - 60 Mos.
→ OR → **1.9% - 72 Mos. W.A.C.**



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72 Mo. @ 0%
TT&L DOWN @ DELIVERY W.A.C.



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\$18,620 Plus T.T.&L.

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72 Mo. @ 0%
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