

The Gorman Progress

"Serving Gorman For Over 111 Years"
Gorman, Eastland County, Texas 76454

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County Clerk Takes Part In Continuing Education Seminar

COLLEGE STATION-Cathy Jentho, Eastland County Clerk joined over 400 clerks' for the 39th Annual County and District Clerks' Continuing Education Seminar at the Hilton College Station and Conference Center on January 11-13, 2011.

The annual continuing education seminar at College Station is sponsored by the V.G. Young Institute of County Government, which is part of the Texas AgriLife Extension Service. The Institute provides elected county officials with information and technical assistance and helps officials complete their state-mandated, minimum continuing education requirements.

Included in the program were workshops on probate, property fraud, legislation and many more topics.

As one of the number of states that requires all elected county officials to earn continuing education credits, explained Richard O. Avery, Director of the Institute, "Texas county officials get an opportunity to learn new and vital information, so they can better serve the citizens of Texas. The Institute provides education to county commissioners, judges, treasurers, tax assessor-collectors and county and district clerks through various programs held across the State.



First United Methodist Church Co-pastors Paul and Debbie Bellinger congratulate James Jay for being the winner of the 3 night stay at a Condo in Ruidoso, NM.

Juried Art Exhibit of Brownwood Calls For Entries For 13th Annual Exhibit

The Stars of Texas Juried Art Exhibit of Brownwood has announced its call for entries for the 13th annual juried art exhibit, scheduled for Feb. 6-18, 2011, at the Depot Civic and Cultural Center.

The exhibit draws Texas artists from cities across the state in a variety of two-dimensional and three-dimensional categories.

Works not selected must be picked up between 4 and 5 p.m. Saturday, Jan. 29. However, artists are invited to submit for show and sale any artwork entered but not accepted into the 2011 Stars of Texas exhibit in the "Salon Des Refuses" exhibit, sponsored by the Brownwood Art Association. That exhibit will also run Feb. 6-18, and it will be held at the Art Center, 215 Fisk Ave.

McKinney - Bloch To Pledge Nuptials



Dale and Marla McKinney are pleased to announce the engagement and approaching marriage of the daughter, Kayla Lynn McKinney to Dustin Richard Bloch, son of Genni Link and the late Kenneth Richard Bloch. The wedding will be April 30, 2011 in Grapevine, Texas.

Jaime Johnston and Jaylon Miley Named Academic All State Volleyball

Jaime Johnston and Jaylon Miley received 2010 Academic All-State in Volleyball.

This is a certificate award to graduating Seniors chosen by the Texas High School Coaches Association. Candidates must have a GPA of 94 or above for grades 9th - 12th.

Jaime and Jaylon were nominated by Coach Woods. (GHS Volleyball Coach)

The entire Lady Panther Volleyball team received Academic All-District for 2010. The team includes Freshman: Kinsey Johnston, Melissa Ramirez and Holly Wood. Sophomore: Rachel Tucker. Junior: Chelsea Griffin, Ally Little and Cortney Shirley. Senior: Jamie Johnston and Jaylon Miley. Congratulation Girls!



Forget Fast Food: 10 Secrets To Making Good Food Fast

(NewsUSA) - Today's busy lifestyles leave little time for basic cooking, and have led to a growing trend of daily fast food meals -- for breakfast, lunch and dinner! But eating healthy and cooking at home can fit within a busy lifestyle if you learn to make quick, 15-minute meals.

Deana Gunn and Wona Miniati, authors of the

"Cooking with Trader Joe's" cookbooks, are two moms who found that recipe shortcuts are the key to quick meals -- and kicking the fast food habit.

"By taking fresh ingredients and strategically coupling them with prepared items and shortcuts from the grocery store, we can create healthy meals in a fraction of the time it would take to make from scratch," says Gunn.

Most markets now offer fresh, ready-to-use ingredients such as jarred sauces, cut veggies, bagged salads and marinated meats -- the key to these easy shortcuts. Here are Gunn and Miniati's top 10 kitchen tips and tricks for cooking delicious and easy meals at home, without compromising quality or resorting to the drive-through:

- 1) Use prepared sauces, from marinara to curries. Add vegetables or meats and simmer, or toss sauces with couscous or pasta.
- 2) Add everyday superfoods, like canned beans or pre-cooked lentils, to soups or salads, or serve them over rice.
- 3) Pick up a fully cooked rotisserie chicken. Use the leftovers in wraps or soups.
- 4) Perk up any meal with fresh herbs. Add fresh basil to a simple pasta dish, cilantro to plain rice, or rosemary to roasting potatoes.
- 5) Toss a healthy salad in minutes using washed and bagged salad.
- 6) Salad dressings do double-duty as fast and flavorful marinades for chicken or meats.
- 7) Transform boxed meals such as rice pilaf or mac-n-cheese by adding frozen vegetables, ready-cubed pancetta or a little curry powder.
- 8) Put an end to greasy pizza delivery. Use ready-made dough to roll out quick pizza crusts that you can top with your own favorite and healthy ingredients.
- 9) Customize cake and bread mixes to your tastes. Add dried fruits and nuts to a bread mix, or stir lemon and orange zest into a plain white cake mix.
- 10) Plan simple recipes for the week before going shopping. If you shop with meals in mind, you'll save time and wasted groceries.

Deana Gunn and Wona Miniati are authors of the bestselling "Cooking with Trader Joe's" cookbooks and "The Trader Joe's Companion." Find out more at www.cookingwithtraderjoes.com.



Happenings At FBC!!

Greatness! Would you measure greatness by the number of people that serve you or by the number of people that you serve? Perhaps some people find they can do more with their time and others find that they can do more with their money; better still utilizing both to further God's Kingdom. May we strive to grow spiritually in our service with results in leading others to Christ.

Mark your calendars:

Jan. 20th - Food Pantry - Volunteers to help are always welcome!

Jan. 23rd - Youth Chili Lunch Fundraiser following Morning Worship Service.

WEDNESDAYS: Come join us for fun learning about Jesus!!! - TEAMKIDS at 6:00pm, MISSION FRIENDS at 6:00pm, and YOUTH at 6:30pm. Bring your friends!!!

Children's Sermon: Traci showed the children two eggs and asked if they wanted to shake them. They all exclaimed, "Yes!" Who knew shaking an egg would be so fun? Finding out what was inside was even more fun! Adrian opened the first egg and it was empty. Rainey opened the second egg and "Jesus" was inside. How do we know if Jesus is inside us? We ask Jesus to come into our heart, and we open up to tell people about Him. We also live our life so people can see the good things we do and praise our Father in Heaven. Open up, show Jesus is inside your heart!

Bro. Barry's Message: "Dumb, Dumber, & Dumbest" - Luke 14:12 - How many of us have gotten up on a Sunday morning and made excuses for not going to Church? Is giving a few hours of praise and worship to God each week too much to ask? God created The Garden of Eden for Adam and Eve to live in the most gorgeous place on earth. It was their act of disobedience in eating fruit from the Tree of Knowledge that they realized blame, shame, and punishment! How often do we disobey, fail to answer God's call, or turn coat & run? We human beings bring more trouble on ourselves than the devil could muster!

NO MORE EXCUSES! An excuse is a skin of a reason stuffed with a lie! **NO MORE EXCUSES!** Luke 14:13-17 - The Bible tells us to reach out to those whom are not able to repay our gifts and kindnesses. Does that shed a new light on your actions? Just imagine sitting in heaven at God's banquet, party, dinner, or gathering only to see someone that you had invited to Church; would there be a greater gift than knowing you had part in that person's Salvation?

I. **DUMB** - (Luke 14:18) - This person said that he had just bought a field and must go see it; please excuse him. Who waits to look at a field after they buy it? This person used Property & Work as an excuse and put it before God. Guard against your work getting in the way of your service to God.

II. **DUMBER** - (Luke 14:19) - This person said that he had just bought oxen and is going to try them out; please excuse him. This person loved Possessions & Wealth more than God. How do you measure what is most important to you?

III. **DUMBEST** - (Luke 14:20) - This person said that he had just gotten married and so he couldn't come. This person used his wife as his excuse. Do we find ourselves putting "People" before God?

Are you a person that is crippled by excuses? Ask the Lord to help you do away with excuses!

THE LAST INVITATION - (Luke 14:21-24) - As Children of God, we are told to urge others to come to know the Lord. There is still room for more; anyone can come so that the house will be full. Go quickly, even in the face of tragedy - public shootings like the massacre in Arizona and missing children like the thirteen-year-old cheerleader in Colorado City, Texas - You won't know the Mercy and Grace of God unless you accept His invitation. **JESUS IS THE ONLY ANSWER! NO MORE EXCUSES!**

If you are reading this and you have not accepted Jesus Christ as your Lord and Savior please call Bro. Barry, ask Bro. Barry to talk with you about being saved or just ask him to pray with you, just call (254) 734-2420.

Our Worship Service begins at 11:00AM on Sunday mornings, please come and join us! 1X100 Remember: God loves you like no one else! Email us at fbcgorman@hotmail.com

Fourth Monday's Gathering January 24th

Mark your calendar for January 24, 2011, 6:30 pm, at Leon River Cowboy Church. There will be several pilgrims just returning from their Walk #362 (Jan. 20-23) at Brownwood and many workers from the same walk that we hope will attend and share with us about their experience.

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ITEMS OF INTEREST

Oakland Cemetery Association is accepting donations for the Care of the Cemetery. Donations can be sent to Oakland Cemetery Association, P. O. Box 532, Gorman, Tx 76454 or to American State Bank, Gorman, Texas 76454

4-H - The Club is going to meet the first Wednesday of each month in the New Gym. All people interested in participating are encouraged to attend. The meeting will be at 3:45 -4:45. For more information Call Cindy Underwood 734-5085.

Gorman Masonic Lodge No. 716 A.F. & A. M. Regular stated meetings are 2nd Tuesday of each month at 7:30 p.m. Members are urged to attend. Visitors are always welcome. Cecil Funderburgh, Master - Kenneth Good, Secretary.

Gorman Oaklawn Cemetery Association is accepting donations for the Care of the Cemetery. Donations can be sent to Oaklawn Cemetery Association, 7726 CR 362, Desdemona, Tx 76445 or to American State Bank, Gorman, Texas 76454

Gorman Senior Citizens meet every Wednesday at 11:30 in the Gorman Senior Center. Bring Covered Dish or \$3.00 Per Plate.

The Order of the Eastern Star holds its regular stated meetings on the First Monday of each month at 7:30 p.m.

Food Bank
New Hours - 10 to 11 a.m.
Second Thursday

Boy Scouts

Meeting Weekly
Mondays - 6:00 p.m.
Methodist Church

SANDRA CAGLE WILL BE IN GORMAN AT THE CITY OFFICE TO RENEW AUTO LICENSE PLATES. HER NEXT VISIT IS WEDNESDAY, FEBRUARY 16th FROM 9 TIL NOON.

WASHINGTON, DC— The American Pharmacists Association would like to remind the public about the importance of speaking with their pharmacist during cold and flu season. A pharmacist can help patients with such things as getting a flu shot, identifying the differences between a common cold and the flu, suggesting the best over-the-counter medications and offering a recommendation when a health care provider should be seen.

The common cold and influenza are two of the most easily transmittable diseases in the United States. Although the common cold is usually mild, with symptoms lasting one to two weeks, it is a leading cause of doctor visits and missed days from school and work. Typically, children suffer from five to seven colds each year and adults from two to three. According to the CDC, on average 5% to 20% of the U.S. population becomes ill with influenza, more than 200,000 people are hospitalized and more than 24,000 people die from seasonal flu-related complications.

Knowing whether you have the common cold or the flu can be complicated, and the common symptoms are sometimes indistinguishable:

<p>Common Cold Sneezing Stuffy or Runny Nose Sore Throat Cough Watery Eyes Mild Head or Body Aches</p>	<p>The Flu Fever and/or Chills Stuffy or Runny Nose Sore Throat Cough Fatigue Pronounced Head or Body Aches Vomiting/Diarrhea (more common in children than adults)</p>
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A pharmacist can discuss your symptoms with you and offer advice on the best course of action. If a patient has the flu, and it is still within the first two days, a pharmacist can advise the patient and offer solutions including further evaluation and treatment options that may include prescription antiviral therapy from an authorized prescriber. If a patient has a cold, viral sinus infection or has past the two-day window with influenza, a pharmacist can suggest the best over-the-counter medications to fit his/her symptoms.

Optimizing Your Pharmacist's Over-The-Counter Medication Suggestions

Discuss the symptoms you are trying to treat, and the duration of those symptoms, with your pharmacist. Provide your pharmacist with a list of all the medications – prescription, over-the-counter and herbal – you are currently taking and any over-the-counter products you have already used and the results achieved.

Remember that sometimes, the best medicine is none at all. Your pharmacist may recommend just a few days of rest, adequate hydration and regular, healthy meals.

Provide the age and weight of the patient to your pharmacist. This is especially important with children's products, as formulations are different depending on the weight of the child.

Read product labeling, take the medication exactly as directed, learn of possible side effects, and ask your pharmacist what should be avoided while taking the medication.

Watch for duplicate ingredients. If you are giving your child more than one OTC medication check the active ingredient(s) used in each medication to make sure you are not giving your child more than one product with the same active ingredient.

Do not use a kitchen spoon to measure liquid medications. Obtain appropriate medication administration aids (i.e. droppers, syringes, spoons, etc.) and ask the pharmacist how to use them properly.

Don't give medications in the dark. Turn on the lights if your child needs medication at night. Do not give medication to a child who is not fully awake.

Remember, most OTC medications are for temporary relief of minor symptoms. Contact your pharmacist or health care provider if your condition persists or gets worse.

The flu, common colds and most other upper respiratory infections are caused by viruses and are NOT treated with antibiotics. An antiviral will reduce the symptoms of the flu if received within the first 48 hours of symptom onset.

There is still time to protect your family from the flu, the CDC recommends all persons six months or older receive an influenza vaccine. The vaccine is available throughout the flu season or as long as supply lasts. Make sure to speak with your pharmacist about your vaccination needs.

APhA encourages consumers to follow good health practices to prevent the spread of influenza, colds and other transmissible illnesses. Consumers are encouraged to cover their mouth and nose during a cough or sneeze, avoid touching the eyes, nose or mouth, and wash their hands frequently. Other good health practices to follow include using alcohol based hand sanitizer, getting plenty of regular sleep and avoiding work, school or other places of close contact when you are sick.

About the American Pharmacists Association

The American Pharmacists Association, founded in 1852 as the American Pharmaceutical Association, represents more than 62,000 practicing pharmacists, pharmaceutical scientists, student pharmacists, pharmacy technicians, and others interested in advancing the profession. APhA, dedicated to helping all pharmacists improve medication use and advance patient care, is the first-established and largest association of pharmacists in the United States.

Letter To The Editor By Henry A. Buchanan

WIKILEAKS Julian Assange is a wanted man. The Swedish government wants him on a rape charge. United States officials want him for releasing secret information about what we have been doing in the diplomatic circles. Sarah Palin wants him shot like a terrorist. The American People want him to tell the Truth about what our leaders and the leaders of European nations are saying and doing in this war torn world.

Why? Because Assange has lifted the lid off the cat litter box and a very unpleasant odor is rising to the nostrils of the world -- and to high heaven.

But the Truth is out. Our diplomats and government officials have been saying and doing things they don't want us The People to know. We the People are a Democracy though and We the People have a right to know the Truth.

Diplomacy is the art of deceit, and we have been deceived by our own government. We have been led into the wars against Iraq and Afghanistan with lies. We are being involved in war in Pakistan by deceit. And we are being set up for a war on Iran with more deception. The history of our troubles with North Korea is rooted in our meddling there fifty years ago and we've been covering it ever since. Now the Truth is coming out and the Truth Teller's neck is on the chopping block.

The saddest tale coming out of WIKILEAKS is that the people in power are rather effectively putting the lid back on the cat litter box. The insist on talking about the Economy while they are stifling the organs of communication, shutting down voices which would normally tell us WHAT is being leaked.

Is Karzai's political future so important to Americans that we must hid his faults and defects? The cartoonists are having a heyday with our President's ears. What is so sacrosanct about Karzai? Or are we afraid we'll be on the hit list like the cartoonist who caricatured Mohammed?

It is time to recognize the clay feet of the gods and goddesses we have elevated to power. A good hammer blow to shatter some toes is just what we need. Lead on WIKILEAKS!

Julian Assange will be hunted down as the Enemy of the People. He is, in fact, the Deliverer of the People who are floundering about in a mud bath of lies, deceit, and diplomatic maneuverings.

Benjamin Franklin is credited with saying that we have a Republic IF we can keep it. We are in grave danger of losing it.

(s) Henry A. Buchanan
1131 N. Kent St. - Gorman, TX 76454
254-734-4569 - December 4, 2010

FINANCE

How a Telecom Audit Can Save Your Business Money

NewsUSA

(NU) - In today's age of technology, voice and data systems are crucial to the success or failure of most businesses. Many companies provide laptops, cell phones and Internet connections that require expensive maintenance by internal IT departments. But paying for full-time IT services and multiple telecom providers may be an overlooked and unnecessary expense.



Analysis of voice and data services help companies save money.

IT professionals agree that a no-cost analysis of these expenses can save companies big dollars. Recognizing this need, such companies as Geeks On Call have announced new professional telecom audit services designed to save money for businesses of all sizes. In addition to their on-site technical support, the national provider of on-site computer support now represents all of the major telecom companies that offer voice and data services.

Such telecom audits include cell phone, broadband, DSL, local, long-distance, teleconferencing and video conferencing services. The major telecom vendors represented compensate Geeks On Call, allowing them to provide the audits at no cost to the customer. This new professional telecom audit service helps busi-

nesses maximize the use of their existing technology while negotiating the best prices on their voice and data contracts.

Many business owners don't realize that they can save money through a proper audit of their telecom expenses, but Geeks On Call typically saves their clients 10 to 30 percent on their voice and data solutions. Questions about this new cost-saving service can be answered by an expert at 1-800-905-GEEK (4335).

To find out more information, visit www.GeeksOnCall.com.

Pig Tales From Hogtown

Thanks to everyone who came to the dance at the DAC last Friday evening. We had a great time as always! Weren't the sandwiches good!

Each year we have a general meeting for all who support the DAC. This year the meeting will be on Thursday, February 10 at 7:00 here at the DAC. Besides being a business meeting, this meeting is a membership drive. In order to vote at the general meetings and to serve on the Board of Directors, you must be a member. Everyone is very welcome to become a member and have a vote! There is a fee of \$25 per person or \$35 for a married couple. Besides being able to vote and serve on the board, members get a discount on building rental. We have to fill several spots on the board this year – we had one member move and some others quit because of health reasons. We need some new folks to give us some new ideas. Please consider putting your name in for a position on the board. Becoming a board member is not something most folks want to volunteer for but it is necessary if you want to keep something going. We always have plenty of help and so it is not a great burden on anyone.

Don't forget our 4th Friday of the month dance on January 28th.

Great news – we have set a date for our annual spring craft show. April 16th is the date. Rental for the booth is \$30.00. I will be sending out registration forms in a day or two. If you haven't been here before and would like to come, call for a registration form – 254-758-2420. Get busy all you crafters!

See you in Desdemona!
Carol Pell

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\$14,350*

07 GMC Yukon
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\$28,900*

06 Buick Lacrosse
 CXL, Silver, Stk. #8292
\$13,900*

06 Chevy Cobalt
 SS, Silver, Stk. #8295
\$10,350*

08 Chevy Malibu
 LT, Dk Gray Metallic, Stk. #8298
\$12,350*

08 Chevy Impala
 LT, White, Stk. #8306
\$12,900*

07 GMC Acadia
 SLT, Lthr, Dk Blue, Stk. #7754E
\$22,900*

07 Chevy Suburban
 1LT, White, Stk. #8086A
\$23,350*

09 Chevy Silverado
 1500, Reg. Long, White, Stk. #8124A
\$16,900*

08 Chevy Silverado
 1500, Purple, Stk. #8185C
\$20,900*

10 GMC Sierra
 2500 HD, SLE1, Crew, 4x4, Bedliner, Black, Stk. #8259B
\$31,900*

08 Chevy Silverado
 1500, Crew Z71, 4x4, Deep Ruby, Stk. #8300A
\$24,900*

07 Pontiac G6
 GT, Lthr, Convert., 2 Dr, Black, Stk. #8314C
\$13,350*

PRE-OWNED VEHICLES

05 GMC Yukon Denali, 1/2 Crew, Lthr. Black, Stk. #8270.....	\$18,950*
05 Chevy Equinox, LT, AWD, Silver, Stk. #8283.....	\$12,950*
06 VW Beetle GLS, Yellow, Stk. #8294.....	\$13,500*
05 Cherokee Brave Show Trailer, Stk. #8348.....	\$13,500*
03 Chevy Silverado 2500 Crew Diesel, 4x4, Black, Stk. #8104F.....	\$16,950*
07 Chevy Silverado 2500, Crew 4x4 Diesel, White, Stk. #8136C.....	\$25,000*
07 Chevy Silverado 1500 Crew 1LT Red, Stk. #8169C.....	\$18,950*
07 Chevy Silverado 2500 Crew Z71, 4x4, Lt. Lthr., White, Stk. #8189C.....	\$22,950*
05 Chevy Equinox LT, Red, Stk. #8192B.....	\$11,950*
03 Chevy Silverado 1500, LS, Reg. Yellow, Stk. #8215A.....	\$10,750*
06 Dodge Ram 1 Ton, Crew, 4x4, SLE, White, Stk. #8263.....	\$17,500*
07 GMC Yukon XL SLT Lthr., Nav, DVD, Gold Mist, Stk. #8286B.....	\$21,950*
05 Chevy Silverado 2500, LS, Diesel, Crew, Pewter, Stk. #8307B.....	\$17,500*
08 Chevy Tahoe, Blue, Stk. #8325B.....	\$22,950*
10 GMC Sierra SLT, Stk. #8333B.....	\$29,500*
04 GMC Sierra 1 Ton SLT, Dually, Crew, 4x4, White, Stk. #8336A.....	\$13,950*

08 Chevy Tahoe, Stk. #8346A.....	\$23,500*
02 Chevy Silverado 2500 Crew LS, Diesel, White, Stk. #8347A.....	\$12,950*
09 Chevy Silverado 1500 Black, Stk. #8342B.....	\$28,500*
08 Chevy HHR, Black, Stk. #8257A.....	\$10,950*

CASH CORRAL VEHICLES

00 Chevy Silverado 1500 4x4 Ext. Silver LS, Stk. 8293.....	\$9,500*
02 Jeep Grand Cherokee Laredo Blue, Stk # 8299.....	\$7,500*
09 Chevy Aveo LT Red, Stk. #7678C.....	\$9,750*
02 Buick LeSabre Lthr, Tan, Stk. #8030A.....	\$5,500*
93 Chevy Silverado Tan, Stk. #8221A.....	\$1,950*
89 Chevy 1500 Reg. 4x4, Black, Stk. #8244B.....	\$850*
04 Chevy Venture LS White, Stk. #8280A.....	\$4,950*
07 Chevy HHR Stk. #8316A.....	\$6,950*
03 Dodge Durango Tan, Stk. #8338B.....	\$3,950*

*All prices +TT&L

Desdemona News

By Vonnie Guthery

Desdemona Monthly Musical will be held on Saturday, January 22nd at the Community Center (former school building). Concession stand opens at 5:30 p.m. serving sandwiches, homemade pie and drinks. Come early to enjoy supper with all the group before the music program begins at 6:00 p.m. All musicians and singers are invited to attend. This is a "SMOKE FREE" environment and the admission is "FREE".

First Baptist Church of Desdemona continues to have good attendance each Sunday. Visitors are welcome to attend Sunday School each Sunday at 10:00 a.m. and the Morning Service at 11:00 a.m.

Ima Brown hosted a "Birthday Party" at their home on Saturday, January 15th for her husband, Robert. Several family members attended to help Robert celebrate his 81st birthday. Special guests were their daughter, Fran Senger and family from Grove, Oklahoma and their son, Robert Alton Brown and family of Fort Worth.

Katie Duke of Early visited the past weekend with her grandparents, Humpy and Betty Duke.

Friends of Desdemona send sincere sympathy to the family of Don Estes, 95 of Gorman. Services were held on Wednesday, January 12, 2011 with burial in the Eastland Cemetery. Survivors include his son, Stevie Estes and family of Sanger. Preceded in death by his parents and his wife, Hazel (Oglesby) Estes.

Have a great day, Vonnie.

Senior Citizens News

By Carol Ward

Hope to return on the 19th. See you then, Carol



To my fellow Texans:

For the past 17 years, it has been my greatest honor to serve the people of Texas in the United States Senate. Working for the citizens and communities of our state is a privilege.

I am announcing today that I will not be a candidate for re-election in 2012. That should give the people of Texas ample time to consider who my successor will be. In the next two years, you can be assured that I will pursue my duties, and my responsibilities to our state and people, with the same vigor that I have employed during my Senate service.

I have loved visiting all 254 counties in Texas. During my travels, I have been most touched by the constituents who have told me how my work in the Senate has personally impacted their lives. From the man in Dallas who thanked me for passing my Homemaker IRA legislation which allowed him and his wife to save more for their retirement; the teacher and sheriff's deputy in Houston who saved thousands each year because they knew I fought for my bill to relieve the marriage penalty tax; the military families who know I have been a champion of health care and housing for these heroes; and the many constituents that we have been privileged to assist with social security and veterans benefits. Knowing that I have been able to truly help my fellow Texans and make a positive difference in their lives is a public servant's greatest reward.

When my current term is up, I will have served Texas for 19 years in the United States Senate. I intended to leave this office long before now, but I was persuaded to continue in order to avoid disadvantage to our state. The last two years have been particularly difficult, especially for my family, but I felt it would be wrong to leave the Senate during such a critical period. Instead of putting my seat into a special election, I felt it was my duty to use my experience to fight the massive spending that has increased our national debt; the government takeover of our health care system; and the growth of the federal bureaucracy, which threatens our economy. I will continue that fight until the end of my term in 2012.

I will be forever grateful for the privilege of working for you in the United States Senate. I will now look forward to living full-time in Texas with my family, and to keep working for our state's interests as long as I live.

God bless America and God bless Texas.

Kay Bailey Hutchison
 United States Senator, Texas

HOMESTEAD HAPPENING

Hello to all from us here at homestead. We started off another great week with all our favorite... BINGO we couldn't start or end a week without it. Our Monday winners were Troy Scitern, Frankie Stacy, Christina Crews, and Wes Couch took the blackout. Friday our winners were Lula Schneider, Wes Couch, Robin Taylor, and Rozelle Caraway. Bingo isn't the only game we enjoy, we also have a house full of horseshoe pros, but this time around none of us had a chance against Lula, she even got 4 out of 4 ringers... we didn't have a chance against skills like that.

We will miss Kay Henry dearly, Tuesday (1/11/2011) was her birthday and the residents and staff enjoyed such a wonderful birthday party given by her sister Jaci. We would like to thank Jason for leading our bible study on Wednesday morning, you are very appreciated and we sure missed you while you were gone. Glad to hear your mother is doing better, we will all continue to pray for her. Volleyball Thursday, what a blast to watch everyone try to spike it. Friday was movie and popcorn, John Wayne was the highlights of our screen, Thank you Brian Greer for letting us borrow it.

Valentine crafts start up next week; we would love anybody to come help with our crafty boxes. Until next week, stay safe.

The Staff and Residents of Homestead Nursing and Re...

ENTERTAINMENT

The Perfect Condiment to Your Sports Experience Is the Internet, Not Ketchup

NewsUSA



The Internet offers a new way to watch popular sports.

(NU) - It's that time of the year again. The mornings are filled with crisp, cool air, and football stadiums are brimming with school color pride. Students, alumni and families all over the U.S. are in the throes of college football season, but with the rising costs of tuition and dorm living compounded by a struggling worldwide economy, it is becoming more difficult for students and fans to enjoy watching their favorite sports events without breaking the bank.

Attending live sports events can often be costly. While college football tickets can be affordable for matriculated students attending home games, regular college event tickets can run fans up to \$60 per game. Additionally, each visit to the stadium can include up to \$20 per person spent on drinks and food, if not more.

Recognizing these limitations, technology companies are finding alternative ways to provide consumers with more options at home through the Internet - from movies to TV shows, and now even sports.

One of the most widely recognized of these is Hulu, which

has seen tremendous success as an online video service offering hit shows, clips and movies. According to comScore, an Internet marketing research firm, the online video service reached 43 million monthly users at the end of 2009, doubling the number from the year before. Earlier this year, Hulu launched a subscription service, Hulu Plus, on several TV-connected devices for \$9.95 a month.

For sports fans, Microsoft Corp. recently introduced a new way to watch popular sports, like college football and bowl games, college basketball, MLB and NBA, and more, through a customized ESPN app on Xbox 360, the company's video game and entertainment system. The new

application allows users to access over 3,500 live and on-demand sport events from ESPN3.com, including out-of-market games, with an Xbox LIVE Gold membership, which costs \$59.99 per year - or \$5 per month - to users who receive their Internet connection from an affiliated service provider. The system also offers streaming through Netflix.

The blending of television and the Internet has been a developing trend over the past few years. More Americans have become used to relying on the Internet for TV viewing, and broadband adoption has continued to rise. A recent study by Integrated Media Measurement Inc. found that 20 percent of 3,000 primetime TV viewers surveyed watched some primetime programming online.

Beyond watching videos on the web, Internet-powered television services may be the future for people who prefer to watch movies, and especially live sports, on a large TV with surround sound in the living room. Students and fans operating on a budget may want to consider staying in for the next big sports event.

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