

The Gorman Progress

“Serving Gorman For Over 112 Years”
Gorman, Eastland County, Texas 76454
2011 Member – Texas Press Association

NUMBER ONE

JANUARY 5, 2012

Hi-Fashion Beauty Shop Closing After 43 Years

Serving The Ladies Of Our Community



43 Years ago El Nora Lindley and myself, Faye Tucker, opened up a small beauty shop in Gorman, Texas. We have recently decided to close our shop and are deeply saddened by this decision. We have enjoyed every minute of being a part of the community and have loved serving you. We appreciate all of your business and will miss being there. We would like to thank Thurman Jay for being supportive and helpful throughout our time in Gorman. We will miss all of our customers and their continuous love and support.

Thank you,
Faye Tucker and El Nora Lindley

“Thank You”

Dear Friends,

I wanted to take an opportunity to express my thanks and appreciation to the City of Gorman, its businesses, Churches, and its citizens for all their support for me and for Homestead Nursing and Rehabilitation in Gorman for the last 10 months of my tenure with Homestead. I found Gorman to be a great second home and enjoyed working with each of you in a variety of ways as we all worked together for the care and welfare of the seniors of our community and our families. I will hold you fondly in my heart and prayers and ask for your continued prayers for Homestead, its residents and its staff. Thank you for being a part of my life.

Tim Thomas



Desdemona First Baptist Youth Group - F.I.R.E

Desdemona First Baptist Youth Group - F.I.R.E. - Faith In Reaching Everyone - Held a Benefit Spaghetti Lunch in December. The proceeds were used to wrap and fill 59 shoeboxes with gifts. Candy and home baked cookies for the residents of New Horizons Children Home in Goldthwaite. The group went on December 22nd to deliver the boxes and enjoyed a Christmas Lunch with the residents and staff.

Pastor Charles Johnson, who has been associated with the Home for Severly Abused Children for twenty years was in attendance along with the group leader, Romelia Garcia, Cynthia Heinz, Belinda Webb and Brittny Shirley.

Eastland County Retired Teachers Meeting

The EASTLAND COUNTY RETIRED TEACHERS will meet Monday, January 9th at noon for our first meeting of the new year. The meeting will be at the Barb Wire Grill on the north I-20 access road in Cisco.

Our program will be the Cisco College Band Director, Manny Martinez. He is a very interesting speaker. Come, remember to bring your Volunteer hours for 2011. The Legislature is always amazed how many hours we volunteer.

We particularly invite all retired school personnel to come meet with us for fellowship, fun and food.

Members of the boards of the Eastland Memorial Hospital, Eastland Economic Development and Eastland City Commission, along with others watch as EMH Board President Bill Hoffmann and EEDI President Terry Jones sign official documents for the joint effort to bring a Dialysis Center to the city of Eastland.

Eastland County Museum News

Dear Volunteer:

It has been an exciting 2011 here at the Eastland County Museum as a new board of directors was selected and we immediately set to work reorganizing the Museum.

Many changes have taken place and many more are forthcoming, but at this time we need your assistance. February 1, 2012 has been set as the official date for a Grand Re-Opening of the Museum and dedication of a Texas Historical Marker for the building.

At this time we also wish to have the second floor Community Rooms open to the public and this is where you can help. We believe you played a great part in setting up one of the Community Rooms exhibits (Alameda/Cheaney, Carbon, Cisco, Colony, Desdemona, Eastland, Flatwood, Gorman, Kokomo, Long Branch, Morton Valley, Olden, Ranger) and invite you to a meeting on Saturday, January 7, 2012 at 10 a.m. at the Museum. This meeting will be to organize an inventorying of the Community Rooms and insure they are ready for the February 1 event. Please feel free to invite others who may have assisted with your exhibit to this January meeting.

Also, later in the spring and summer of 2012, Elyssa and Anna Ford will be conducting mini-Seminars to assist those in charge of the Community Rooms with new exhibit and display ideas. We hope you will be as excited as we are and attend these free events. More details will be forthcoming.

If you were not a part of organizing the above Community Room, or wish to no longer be involved, please let us know as soon as possible so that we might seek out person or persons who will take the task on. If you know of someone who would be interested in this position, please ask them to get in contact with us as soon as possible.

We look forward to working with you in 2012 and in the future. For more information please email us at: eastlandcountymuseum@yahoo.com.

Sincerely,

Board of Directors for the Eastland County Museum
John Bailey, President
Anna Ford, Secretary
Angela Kennedy Robinson, Director
Rhyne Hobbs, Director

Terry Simmons, Vice President
Jeanie Griffin, Treasurer
Anne Zoellick, Director

“Thank You”

The family of Kay Ann Craddock would like to thank everyone for their kind expressions of sympathy during her passing.

We are most grateful for the food, flowers, and those who attended her memorial service.

A special thanks to Ray Daniels, Carolyn Foster and Margie Treadway for their kindness and attending to every detail. Also we would like to thank Panda's Flowers for the lovely flowers.

We are grateful to Howard Hagood for presiding at the graveside. His message was very comforting and a great tribute to Kay and the life she lived

Kay was a very special person and one who will be missed. We thank everyone who had a special part in her life. She was very blessed to have loving friends and family.

May God Richly Bless Each of You.

Eastland Gets Dialysis Center

3,200 square foot regional medical facility to be built in Eastland, Texas

Eastland, TX, December 20, 2011: Eastland Memorial Hospital is pleased to announce that they have reached a tentative agreement with AccessCare Dialysis, LLC to provide dialysis services for Eastland County and the surrounding area. AccessCare Dialysis, LLC currently operates dialysis centers in rural communities throughout Texas. This agreement, which is contingent upon additional agreements being completed with the City of Eastland, Eastland Economic Development, Inc., AccessCare Dialysis, LLC, and William Scotsman Company, will result in Eastland Memorial Hospital providing a dialysis center to AccessCare Dialysis, LLC, which will in turn provide dialysis services to our area. The dialysis center to be provided by Eastland Memorial Hospital will be built on property in the Camp Inspiration area, in proximity to The Woodlands Assisted Living Community, on the west side of Eastland.

The construction of the 3200 square foot facility by Eastland Memorial Hospital will be a coordinated effort between Eastland Memorial Hospital, the City of Eastland, and Eastland Economic Development, Inc. The impetus for the construction of this dialysis center and the provision of the dialysis services by AccessCare Dialysis, LLC, has been as a result of tremendous support shown for this project by community leaders. The building, to be provided by Eastland Memorial Hospital, will house state-of-the-art equipment, that will provide the best possible treatment available for nephrology patients in this area.

Eastland Memorial Hospital CEO Ted Matthews states that, “It is our hope that the additional agreements with the City of Eastland, Eastland Economic Development, Inc., William Scotsman Company, and AccessCare Dialysis, LLC can be completed in short order and that the construction of this dialysis facility be completed in late spring 2012. It is very gratifying to have such support of this project by the City of Eastland, Eastland Economic Development, Inc. and community leaders. All of our area will benefit because of the generosity shown by these individuals and groups.”



Sample of Building

Items of interest

Gorman Senior Citizens meet once a month on 3rd Wednesday at 11:30 in the Gorman Senior Center. Bring Covered Dish or \$3.00 Per Plate.

The Order of the Eastern Star holds its regular stated meetings on the First Monday of each month at 7:30 p.m.

4-H – The Club is going to meet the first Wednesday of each month in the New Gym. All people interested in participating are encouraged to attend. The meeting will be at 3:45 -4:45. For more information Call Cindy Underwood 734-5085.

SANDRA CAGLE WILL BE IN GORMAN AT THE CITY OFFICE TO RENEW AUTO LICENSE PLATES. HER NEXT VISIT IS WEDNESDAY, JANUARY 18TH FROM 9 TIL NOON.

Oakland Cemetery Association is accepting donations for the Care of the Cemetery. Donations can be sent to Oakland Cemetery Association, P. O. Box 532, Gorman, Tx 76454 or to American State Bank, Gorman, Texas 76454

Food Bank New Hours - 10 to 11 a.m. -- Second Thursday

Gorman Masonic Lodge No. 716 A.F. & A. M. Regular stated meetings are 2nd Tuesday of each month at 7:30 p.m. Members are urged to attend. Visitors are always welcome. Stan Harper, Master – Kenneth Good, Secretary.

Gorman Oaklawn Cemetery Association is accepting donations for the Care of the Cemetery. Donations can be sent to Oaklawn Cemetery Association, 7726 CR 362, Desdemona, Tx 76445 or to American State Bank, Gorman, Texas 76454

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 10.43 A: Near Duster, approx. 800 Pecans, building site, elec available, paved road, deer. **Owner Finance Possible \$3,495 acre.**
 17.25 A: HWY 8 Desdemona, 10+ A Coastal, pond, new fences, nice Post Oaks, nat. gas/elec. available. \$79,000.
 S/E Gorman: 60 A, good sandy soil, some coastal, good fences, elec., nice pond site. \$2,800 Acre.
 77 A: South of Gorman, fields/some wooded. Deer & other wildlife, 2 small ponds, elec. available. \$2,000 acre.
 100 A west De Leon FM587, 3 - 1 1/2 - 2 brick, 1444 sq. ft., C/HA, fireplace, carpeted, some remodeling, 3 ponds, 30a crop land, 35a coastal, some native, fenced, 2 steel corrals, 2 wells, shop building. Nice setup. Mineral Rights. \$2,950.00 A.
 179 A. south of Gorman: Part wooded, part old fields, deer & hogs, 2 nice ponds, sandy soil, elec., water well, metal building \$2,350.00 acre.

SELLERS SAYS MAKE OFFER!!
 322A. Oak & Elm Trees, 2 creeks, great water shed project! 40 A. Coastal, owner reports 300 round bales/year, 55 A. Cultivable soils, 6 ponds, water well, 1200' metal Bldg with slab floor, elec. Deer, turkey, and other wildlife. \$2,300 A.
 NEW - 395A S/W Gorman, 1/2 Open 1/2 Wooded, small creek, 4 ponds, 40' elev. change, gravel road 2 sides, elec. available. Remote location, deer & wildlife. \$1,795.00 acre.
 407 A: N/E Gorman, 3 paved, 8 ponds, 3 metal barns, 3 sets steel corrals, irrigated Bermuda, 3-3-2 rock/frame home, central A/C, metal roof & more! \$3,500 acre, possibly divide.

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PRODUCTIVE - 306 AC, m/1.1 N. of Gorman. Coastal good soil, 2 tanks, water well s & frontage on 2 county roads. A13

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Obituaries

Mary Alice Shook

Mary Alice Shook, age 63 of DeLeon, passed away Friday, December 30, 2011 at the Homestead Nursing Home in Gorman. Services were at 2:00 P.M. Tuesday, January 3, 2012 at the Higginbotham Funeral Home Chapel with Joe Bernier officiating. Burial was in Monroe Cemetery in Eastland County.

Mrs. Shook was born May 15, 1948 in Cisco, Texas to Sterling Gladston Sellers and Leona Easter (Ingram) Sellers. She married William "Bill" Srader on August 4, 1964. He preceded her in death. She later married H. Burl Shook on August 13, 1985 in Mineral Wells, Texas. She was a homemaker and a member of the Pentecostal Church.

She is survived by her husband, Burl Shook of DeLeon; three daughters, Ruthie Kinnard and husband, David of Olden, Mary Lou Smith and husband, Darran of Abilene and Billie Jo Radford and husband, Mike of Mineral Wells; son, John Edward Srader of Eastland; two step-sons, Tony Shook and wife, Jennifer of Brownwood and Hank Shook of Dallas; five brothers, Barney Sellers and wife, Sharon of Cisco, Jackie Sellers and wife, Barbara of Kossee, Roy Sellers of Cisco, Joe Sellers of Cisco and Charles Sellers of Eastland; one sister, Martha Sellers of Cisco; nine grandchildren and eight great grandchildren. She was preceded in death by her parents, and three brothers, Kenneth Sellers, David Sellers and Sammy Sellers.

STATEMENT OF NONDISCRIMINATION

Comanche Electric Cooperative is the recipient of Federal financial assistance from the Rural Utilities Service, an agency of the U.S. Department of Agriculture, and is subject to the provisions of Title VI of the Civil Rights Act of 1964, as amended, Section 504 of the Rehabilitation Act of 1973, as amended, the Age Discrimination Act of 1975, as amended, and the rules and regulations of the U.S. Department of Agriculture which provide that no person in the United States on the basis of race, color, national origin, sex, religion, age, or disability shall be excluded from participation in, admission or access to, denied the benefits of, or otherwise be subjected to discrimination under any of this organization's programs or activities.

The person responsible for coordinating this organization's nondiscrimination compliance efforts is the Rachel Ford, Human Resource Administrator. Any individual, or specific class of individuals, who feels that this organization has subjected them to discrimination may obtain further information about the statutes and regulations listed above from and/or file a written complaint. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call (800) 795-3272 (voice) or (202) 720-6382 (TDD). USDA is an equal opportunity provider and employer. Complaints must be filed within 180 days after the alleged discrimination. Confidentiality will be maintained to the extent possible.

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"On The Wilder Side"

Can you believe it is January already! With a new year comes a whole new set of obstacles, adventures, regrets, and opportunities. For many people, January can be very depressing. All those credit card bills come in to show us exactly how much money we spent on Christmas presents and traveling. And we are cooped up inside to stay out of the blistering cold weather. But before it gets too far into the New Year, maybe we should make sure that 2011 has been settled so that we can leave it behind us.

My mind goes back to the Apostle Paul, who got into an argument with his traveling companion Barnabas. It seems that while they were on a mission trip, Mark, Barnabas' nephew and writer of a Gospel left Paul and Barnabas to go home. We don't know why Mark left them but it made Paul angry enough that he refused to take him on any more mission trips.


As Paul comes to the end of his life he is in prison in Rome and winter is on its way. He spends quite a bit of time giving advice to a young preacher named Timothy (2 Timothy), and since it is getting colder and he knows he is about to die, he asks for three things. One is a coat that he had let someone else borrow. And another is his parchments, or Bible of the day. But the first thing that he asked for is to see Mark again (2 Tim 4:9-21). This may be just a speculation but I wonder if he had some regrets that he wanted to make right.

Winter is coming quick here too. We may not be in the last days of our lives but I'm sure that we might have broken some relationships this year that could stand to be repaired before it's too late. My advice is to call the "Mark" in your life, swallow your pride, and apologize for what you said or did. 2012 might just be your best year yet.

Fight the good fight (1 Tim 6:12) - Jason Wilder - Gorman Church of Christ

Gorman Church of Christ Meeting Times
Sunday Morning Bible Class - 10:00
Sunday Morning Worship - 10:45
Sunday Evening Worship - 6:00
Wednesday Evening Class - 7:00

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A Letter To The Editor -

About the Battle of the Brooms By Henry A. Buchanan

The Battle of the Brooms started because some people celebrate Christmas in December and others wait until January. The fight broke out over territory in the Church of the Nativity which has been marked off with three separate areas. One for Roman Catholics, one for Greek Orthodox and one for Armenians. The Greek Orthodox priests were pushing their booms in Armenian territory, or the Armenians were in Greek Orthodox territory and the police had to come break up the fight.

Nobody got hurt because the weapons of choice were brooms, but a bigger battle is breaking in the Strait of Hormuz. If Iran tries to close this narrow strip of sea water to keep American ships from sailing in and hauling off the oil needed to keep America's cars rolling, the battle will not be fought with brooms. At least five of the Republican candidates for the Presidency are eager to attack Iran anyway, and this will provide an excuse to do what they want to do.

The last word I heard from Jesus was that He would be pleased to be born in the hearts of people rather than on the floor of the Church of Nativity, and that He would prefer that we learn to get along with the Iranians and share some of our surplus of nuclear energy with them before we get into a big fight with them over control of that narrow strip of sea water. He also said that if we can avoid a war with Iran we might have a Happy New Year in 2012, and we can celebrate Christmas the whole year long.

So let's put away the brooms and the bombs and celebrate the Birth of Jesus.

(s) Henry A. Buchanan
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PARENTING

Smartphones Feed New Parental Fears

NewsUSA



Smartphones present new threats for kids from sexting, cyber bullies and more.

(NU) - The kids are in school, which means they spend most of their day without parental supervision. The days when parents only had to worry about their kids skipping class and getting bullied for lunch money are gone. Now, new threats have emerged around cell phone use.

According to a survey performed by Internet monitoring software company SpectorSoft, sexting is parents' primary concern during the school season.

"Absolutely," said Rebecca Hagelin, a parent who uses SpectorSoft to track her three teenagers. "It's allowed my children to enjoy all the benefits the latest technology has to offer them, and it's allowed me to protect them from the dangers of some of the new technology," she said. "It's a win-win."

Smartphones with advanced Internet capabilities have greatly increased parental fears about cyberbullies, online predators, sexting and the exchange of inappropriate messages and pictures.

SpectorSoft reports that 82 percent of all families surveyed contain at least one child who has a smartphone. Even if teachers and school faculty can keep students off their phones during school hours, who protects them after school?

Bryan Bowers, author of "Keep Your Family Safe Online," said that the survey proves parents are starting to gain greater awareness of what their children are actually up to on their phones and online. "So many children have smartphones, and this tells me parents are starting to get the idea that these devices can be a problem for children," Bowers said. "They are

starting to see the reality of what is out there."

SpectorSoft, focused on monitoring products for children since their inception in 1998, has released eBlaster Mobile for Android and BlackBerry phones. This software keeps track of all activity on these smartphones by monitoring and recording text messages, calls and Internet activity and then sending that information to the parent. It also has Geofencing capabilities to enable parents to better understand the whereabouts of their children through their mobile devices. Parents can create electronic location boundaries - or fences - that trigger an alert notification when their child enters or exits a pre-defined area with their mobile device.

eBlaster is designed for maximum parental convenience and child safety. The software can be downloaded from its website, www.spectorsoft.com, and then managed from any remote location. Plus, it has a GPS function reporting the exact location of the phone in the event of emergencies.

HEALTH

The Great Flavored Milk Debate

NewsUSA



Chocolate milk offers similar nutritional value as regular milk.

(NU) - A great debate has been building for the past five years in school districts across the country: Is flavored milk contributing to childhood obesity, and should it be taken out of schools?

Facts, research and experts say no. Flavored milk contains the same nine essential nutrients as white milk, including calcium, vitamin D and potassium, three nutrients that children aren't getting enough of, according to the 2010 Dietary Guidelines for Americans.

"On average, flavored milk accounts for only 2 percent of total calories and 3 percent of all added sugars in kids' diets. But studies show that schools see a severe drop in milk consumption when chocolate milk is taken away," says Alyssa Greenstein, a registered dietitian with the Dairy Council of Florida. "And the nutrients lost from not consuming enough milk aren't easy or affordable to replace."

Research finds that low-fat chocolate milk is the most widely chosen milk option in schools, and despite the availability of white milk, children will turn to sodas and fruit drinks if flavored milk is removed from cafeterias. Sodas are the main source of added sugar in children's diets, and unlike milk, they offer no nutritional value.

Many nutrition and health organizations - including the American Heart Association, the American Academy of Pediatrics, the American Dietetic Association and the School Nutrition Association - agree that flavored milk is

a healthier alternative to soft drinks and a vital part of meeting the dietary needs of youngsters.

"If children don't drink milk with lunch, it becomes almost impossible for them to consume the daily intake of calcium, vitamin D and potassium, which are nutrients of concern as it is," says Greenstein.

Drinking flavored milk is a small but significant contributor to a child's total milk consumption, and it doesn't mean youngsters neglect white milk. In fact, flavored milk makes up only 20-26 percent of kids' total milk intake.

A recent survey of 1,000 moms discovered more than half opposed any school district decision to eliminate chocolate milk from the menu. In the past five years, milk processors nationwide have made significant nutritional changes in milk formulations. With 38 percent less added sugar, flavored milk is projected to contain, on average, just 31 calories more than white milk.

To see more of the nine essential nutrients found in flavored milk, visit www.floridamilk.com.

TIPS

Social Change: A New Year's Resolution for 2012

NewsUSA



Change your community for the better by volunteering your time.

(NU) - Political unrest, environmental crises and economic challenges on a global scale practically defined 2011. The Arab Spring ousted three iron-fisted rulers, a deadly earthquake led to mass radiation exposure in Japan and Occupy Wall Street emerged to be a historical, internationally united protest. The year 2011 seized the idea of social change and ran with it.

Will that momentum continue throughout 2012? All signs point to yes, and Walden University's recent Social Change Impact Report confirms the trend. The results indicate the importance of social change and reveal that people are taking action now and will continue to do so in the future. The survey shows that more than nine in 10 Americans (92 percent) have taken action to engage in positive social change in the past year and that more than half of them are committed to engaging in future positive change as individuals acting on their own or in informal groups.

"Around the world, people are 'thinking globally and acting locally,'" notes Jonathan Kaplan, president of Walden University. "People have a strong belief in their own power to effect positive social change and make a difference."

The Social Change Impact Report also states that nearly nine in 10 adults in the U.S. (88 percent) believe the best way to have an impact on the world is to make change at the local level. At a time

when many families and organizations are vulnerable, and fewer resources are available to support the socioeconomic challenges that exist, individuals now more than ever have the opportunity to make a difference in their communities and beyond.

Walden University offers five practical tips to encourage citizens to participate in 2012.

1. Think about what kind of positive social change you want to effect.
2. Assess what specific skills or expertise you can offer to help address a particular need.
3. Connect your passion and skills with your commitment to serve.
4. Research ways your workplace can get involved in the community.
5. Use a resource that can match you with an organization that needs your skills.

To see more details from the Social Change Impact Report, visit WaldenU.edu/impactreport, and for volunteer opportunities, visit WaldenU.edu/servicenetork.

HEALTH

Healthy Living Tips to Whip Mind, Body Into Shape

NewsUSA



Working toward healthy living can be as simple as finding a new hobby to stay active - such as yoga or martial arts.

(NU) - So, you've made the resolution to start living a healthier lifestyle. Obviously, all you need to do is jog a few miles each day, right?

Wrong! Healthy living is all about making smart choices for your body, diet, mind and overall well-being. The following tips can help you stay active and grounded to promote your goal of happiness and a healthier lifestyle.

Discover a new hobby.

Outdoor activities are great ways to get regular exercise that's enjoyable and rewarding. Cold-weather sports are exhilarating hobbies, and the slopes are open until March or April. Other uplifting physical activities with hobby potential are biking, running, rock climbing, horseback riding, dance and martial arts.

Try something new at the farmers market.

Don't get stuck in a rut by eating the same boring veggies; locate the nearest farmers market for fresh, seasonal produce. Try a new vegetable each week to up your intake and keep you interested. Unique veggies like kale, bok choy and butternut squash are high in fiber and antioxidants.

Trust your mom, don't neglect breakfast.

Morning preferences vary, but it's important for everyone to get an energy boost to face the day - and breakfast is a great way to do this. You should wake up early enough to enjoy a meal, and if time is of the essence, rely on nutritious

cereals or oatmeal. Malt-O-Meal is a nutrient-rich cereal line with hot and cold varieties. To see the health benefits of each cereal choice, visit www.malt-o-meal.com.

For afternoon tea time: go red.

Red tea is the hot new health drink. Green tea and black tea are full of disease-preventive antioxidants, but they're also caffeinated. Red tea, or rooibos tea, has the same advantage of antioxidants without the consequences of caffeine. Plus, it's recommended to help with anxiety, tension, allergies and digestive issues.

Unwind with a daily stretch.

Whether it's in between tasks at work or after your commute home, stretching your muscles increases blood circulation, improves posture and induces relaxation. Consult yoga or pilates instruction for a new stretch each day to build up your repertoire and make it a daily habit. You'll notice long-term benefits like increased range of motion and less back pain.

FOOD

White Bean Chili Recipe Will Warm the Heart

NewsUSA



Oso White Bean Chili is a hearty winter recipe; a crock-pot full of healthy compounds.

(NU) - Hearty stews and belly-warming soups are coming out of the kitchens; frost is sparkling, and winter jackets are coming out of hiding. Families are craving slow-cooked, savory meals that yield health benefits and leftovers.

Delicious, savory winter-recipe ingredients that will surely satisfy are white beans and Oso Sweet Onions, an onion grown at the foot of the Andes Mountains. Onions are not only believed to be a cancer preventative, their low-salt, low-fat health benefits are the proactive equivalent to super-hero powers. Onions have 25 compounds that lower blood pressure and cholesterol, prevent thrombosis, inhibit strokes and battle heart disease, says the American Heart Association.

Plus, the antioxidants and flavonoids found in onions don't lose their potency once cooked. This makes them ideal for slow-cooked recipes. They add a punch of flavor and a whopping serving size, making them an affordable luxury during the chilly winter months.

Use the following recipe for a tasty detour from your typical red chili.

- OSO WHITE BEAN CHILI**
- 1 bag dried white beans
 - 2 Oso Sweet Onions
 - 1/2 cup Garlic (chopped)
 - 1 pound ground chicken or turkey
 - 1 cup celery (chopped)
 - 1 tsp Oregano
 - 1/4 cup Olive oil
 - 2 each large green mild chili (seeded)

2 quarts chicken stock or water (to cover)
2 tsp Cumin

Saute onions, garlic, celery, chilies, chicken/turkey for 10 minutes on medium heat. Add half of the chicken stock. Then add salt, pepper, oregano and cumin and simmer for 45 minutes. Then adjust with the remaining chicken stock. Combine all ingredients in crock pot or large heavy-bottomed pot, bring to a boil and then simmer overnight, or 8 hours.

Puree 1 cup beans for a thicker chili and serve. Garnish with shredded cheese, fresh cilantro, tarragon or basil, chopped Tabasco peppers, raw chopped Oso Sweet onions or hot sauce.

For info about sweet onions, visit www.ososweetonions.com.

HOME

Energy-Efficient Heating Keeps Cost-Conscious Homes Cozy

NewsUSA



Rinnai's direct vent furnace keeps a home comfortable while reducing energy costs.

(NU) - With many Americans watching their budgets, heating homes has become an unwanted, though necessary, expense.

According to the U.S. Energy Information Administration, many American homes will experience higher heating costs this winter due to increased fuel prices. Thankfully, simple behavior changes and energy-efficient appliances can help homeowners cut their heating bills and still enjoy the same level of comfort.

"Energy-efficient heating means that you use less energy to heat the same space," said Phil Weeks, chief operating officer of Rinnai America Corporation, a company that manufactures gas heating appliances. "This saved energy translates into reduced utility costs for homeowners."

Some energy-efficient heating devices, like Rinnai's hydronic furnace, which works in conjunction with the company's tankless water heater, can heat a home while still conserving energy. Featuring a high-efficiency motor that offers up to 48 percent better efficiency than a comparable traditional motor, the hydronic furnace is powered by Rinnai's gas-modulating tankless technology, so it uses only the energy needed to maintain a room's desired temperature. Because the unit utilizes hot water from the tankless water heater to heat air, the heat it provides is less dry than that of a typical forced-air furnace.

Another efficient heating option is to forego a traditional furnace in favor of a direct vent wall furnace. These ductless units are capable of comfortably heating whole homes or specific zones,

depending on the need, and save energy by constantly adjusting heat output and blower speed to meet current demand. Rinnai's gas-modulating direct vent wall furnace also can serve as a supplementary heat source for basements, guest rooms, room additions and generally hard-to-heat areas, thus reducing the demand placed on a home's central heating system.

Of course, homeowners can take steps to help their current heating units operate on less energy. Consider the following efforts:

- Seal and weather strip doors and windows to prevent heat from escaping the home.
 - Reverse the direction of ceiling fans (so they turn clockwise) to push warm air down from the ceiling.
 - Minimize the use of bathroom and kitchen hood fans as they can quickly remove heat from the air.
- For more information, visit www.rinnai.us.

Pig Tales From Hogtown

Well, it's the beginning of a new year - let's all say a little prayer that this year will be a little calmer than the last

We have a very busy month here at the Desdemona Activity Center. 'Breakfast at the DAC' will be held this Saturday, January 7th from 7:00 until 10:00. Come and join us for eggs, bacon, sausage, pancakes, biscuits and gravy.

Remember that our monthly dances are now going to be held the 2nd Saturday of each month. Johnny Johnson and the Memory-Makers is our band. They play 7:00 until 9:30. The cost is \$5. The concession stand opens at 6:00.

The annual general meeting of the DAC will be held on January 17th at 7:00. Y'all come and see what we are doing here. We would love to hear your input about activities that you would like to have. The dues to become a voting member of the DAC are \$25 per person or \$35 for a married couple. Becoming a member allows you to vote, serve on the board of directors and gives you a discount if you rent the building. We really need some new folks with some new ideas to come join us.

On Saturday, January 21st, we are going to have a Mexican dinner at the DAC. Watch Pig Tales for more information.

See you in Desdemona!

Carol Pell

EASTLAND COUNTY LIVESTOCK SHOW BAKE-OFF CONTEST

We are searching for great cooks to enter the third annual Eastland County Bake-Off contest at the Eastland County Livestock Show. If you are certain that your wife, husband, mother, father, daughter or son is the best cook in the county, now is the time to give them the opportunity to demonstrate their talents.

The Eastland County Bake-Off will be held in conjunction with the Eastland County Livestock Show, January 11th - 14th. Bake-Off entries will be checked in Wednesday, January 11th at the Eastland County Livestock Show Grounds Concession Stand starting at 3:00 p.m. to 8:00 p.m. This contest is open to everyone.

A list of complete rules may be picked up at the Eastland Extension Office located on the 1st Floor in the Eastland County Courthouse. For more information or questions, please contact Halee Mitchell, Eastland County Extension Agent at 254/629-2222.

EASTLAND COUNTY LIVESTOCK SHOW SEWING CONTEST

Break out your sewing machines and get ready to enter the second annual Eastland County Livestock Show Sewing Contest. This contest will be a chance to show off your talents in sewing. Everyone of all ages can enter this contest. Entries for the contest will be due between 3:00 p.m. and 8:00 p.m. on Wednesday, January 11th in the Concession Stand at the Eastland County Stock Show Grounds, and all entries will be displayed at the Eastland County Livestock Show starting Thursday, January 12th to January 13th in the Concession Stand at the Stock Show.

A list of complete rules may be picked up at the Eastland Extension Office located on the 1st Floor of the Eastland County Courthouse. For more information or questions, please contact Halee Mitchell, Eastland County Extension Agent at 254/629-2222.

EASTLAND COUNTY LIVESTOCK SHOW ART CONTEST

If you like to draw, paint and create, then the Eastland County Livestock Show Art Contest will be the contest for you. Entries for the contest will be due between 3:00 p.m. and 8:00 p.m. on Wednesday, January 11th in the Concession Stand at the Eastland County Stock Show Grounds, and all entries will be displayed at the Eastland County Livestock Show starting Thursday, January 12th to January 13th in the Concession Stand at the Stock Show. The Art Contest is for YOUTH only! We encourage you to enter and show off your unique talents in the 2012 Eastland County Livestock Show Art Contest!

A list of complete rules may be picked up at the Eastland Extension Office located on the 1st Floor of the Eastland County Courthouse. For more information or questions, please contact Halee Mitchell, Eastland County Extension Agent at 254/629-2222.

KNOW WHEN TO PASS

ANY FOOTBALL FAN KNOWS EXCESSIVE CELEBRATION RESULTS IN A MAJOR PENALTY.

Drunk driving arrests spike after college and pro football games. And that means jail time if you're charged with DWI. When you're watching the game with friends, know when to pass up that drink or pass off your keys.

Save a Life
Texas Department of Transportation

Happenings At FBC!!

New! The start of each New Year begins new goals typically having to do with physical health. May your spiritual health know anew the love Jesus has for you!!! God bless & keep you.

Children's Sermon: Traci told that New Year's Day is when people try changes in their life to make them better. She then read Psalm 119:165, and explained that God's Word is a lamp to our feet and a light to our path. The Bible helps us to know what to do in life. Deuteronomy 6:6-7 tells us that God expects all the big people to work hard at teaching all the little children about His Word. Traci made each of the children a little book of memory verses to help them learn how God wants us to live.

Special Music: "Great Is Thy Faithfulness" wonderfully played by Martha & Pam and sang by the FBC Choir. Glory to God!

Bro. Barry's Message: "Forgotten Resolutions" - Proverbs 3:1-2 (NLT) - The time from Thanksgiving to Christmas to New Year's it like a whirlwind. There are so many things happening and so much delicious food, candy, & dessert to eat that it seemingly won't end. Then begin your New Year's Resolutions. Resolution is resolve to make a commitment.

Proverbs 3:1) My child, never forget the things I have taught you. Store my commands in your heart.2) If you do this, you will live many years, and your life will be satisfying.

The majority of New Year's Resolutions fizzle out before the end of January. There are some Resolutions that we should never forget.

Forgotten Resolutions:

- (1) Let love and faithfulness never leave you. (Proverbs 3:3-4) - The love & protection of the Lord is always with you, just as said in the Hymn "Great Is Thy Faithfulness".
- (2) Trust in the Lord with all of your heart. (Proverbs 3:5-6) - Share yourself; Loving the Lord enables you to love others and share your love.
- (3) Do not be wise in your own eyes. (Proverbs 3:7-8) - Trust only the wisdom from God's Word.
- (4) Honor the Lord with your wealth. (Proverbs 3:9-10) - God has given us all things. May we honor Him with our money, and also with our God given talents, time, & caring.
- (5) Do not despise the Lord's discipline. (Proverbs 3:11-12) - Training and obedience correct our ways and show us God's way to live.
- (6) Search for wisdom and find it. (Proverbs 3:13-24) - Learn from God's Word attending Church and sharing the blessed time with your family.
- (7) Have no fear. (Proverbs 3:25-26) - The Lord is your security in the uncertain times so don't be afraid.
- (8) Do not withhold good from those who deserve it. (Proverbs 3:27-28) - Freely tell others of your gratefulness for the difference they've made in your life.
- (9) Do not plot harm against your neighbor. (Proverbs 3:29-30) - Think about who lives next door and how you can be courteous of them.
- (10) Do not envy a violent man or choose any of his ways. (Proverbs 3:31-32) - Real heroes don't think of themselves as a hero. Who's your hero? Bro. Barry told of his Daddy being the best man he's ever known, and when he died he wondered how he would ever live without him. After a while he realized that he didn't have to live without his Daddy because he lives on within him.

Have you thought about what may happen in 2012? Stop and think, this could be the year that Jesus returns. Thank God for all He will do; He'll make all things new. Imagine a world with Jesus' return, death ceases to exist, righteousness abounds, and holiness & peace are ordinary life for us. Dear Lord, in 2012, please make us the best we've ever been in your eyes. Help us to surrender our all to Jesus. Amen.

If you are reading this and you have not accepted Jesus Christ as your Lord and Savior please call Bro. Barry, ask Bro. Barry to talk with you about being saved or just ask him to pray with you, just call (254) 734-2420.

Our Worship Service begins at 11:00AM on Sunday mornings - please come and join us! Remember: God loves you like no one else! Email us at fbcgorman@hotmail.com

Desdemona News

By Vonnie Guthery

First Baptist Church of Desdemona started the "New Year" last Sunday with a very good sermon from our pastor, Bro. Charlie Johnson. His lovely wife, Jana led our song service with Karen Fair at the piano. Even tho our attendance may be small in number from time to time but you can know that we are always big in "Love" and "Spirit" Visitors are invited to attend Sunday School each Sunday at 10:00 a.m. And Worship Service at 11:00 a.m.

Holiday visitors with Bernard and Ann Keith were Brad and Priscilla Keith and children, Brett, Brian, Jenna and Andrea of Louisville, Kentucky; De and Vicki Robinett of De Leon; Derek and Heather Robinett and daughter, Emily of Midland; Billy and Nikki Febinger and children, Christopher, Allison and Erin of Cleburne; Bill and Tami Sanders and daughter, Robin of Converse and Pug and Vonnie Guthery of Desdemona.

Robert and Ima Brown spent the Christmas Holidays in Grove, Oklahoma visiting their daughter, David and Fran Senger. Other visitors in the home was their granddaughter, Daniel and Lindsey Dain of New York. They reported a good trip but glad to get back home.

Ladies Monthly Social will be held on Monday morning, January 9th at the Community Center. Make plans to arrive at 9:00 a.m. to enjoy the good food served by the Hostesses. Visitors are welcome.

Have a Good Day, Vonnie

Homestead Happenings

Just about all the Christmas decorations have been taken down and put away. At the way time flies it won't be long til time to put them up again. We hope everyone had a Safe and Happy New Years celebration. Things have slowed down around here and have not had any groups come and entertain us.

We really appreciate the First Baptist Church members Gaylord Battenfield, Brent Lasater, Nelda Mauney, and Jim and Karen Bureson coming for Sunday School on New Years Day.

Visiting Jim Roberts were Ty Roberts and Amber Pierson of Frisco.

Visiting Rozelle Caraway were Shane and Liz Caraway of Valley Mills, Bo and Pat Caraway, Bonnie Scitem, and Glen and Kathy Scitem.

Visiting Leta Hogan were Trey and Patty Hogan, Elain Eaves, Biea Schakde, Bubba and Lori Hogan of Albany, Eddie Hogan and Carroll Wayne Hogan. Visiting Edgar Reynolds were Amy, Audrey, Jaime, and Kinsey Johnston, Kenny and Buck Welch, Monty and Faye Faulk, Margery Churchville, and Tommy Tucker of Ft. Worth, and Jan and Preston Pruitt of Blum. Pam Childers visited JoAnn Murdoch. Visiting Nell McAnally were Charles and Nell Kennedy of Olden, and Ruth and Donna Rodgers. Bonnie Scitem visited with Melvin Daniels and Troy Scitem. Visiting Mary Kirk were David Kirk of Midland, and Ruth and Donna Rodgers. Visiting Mayvis Lasater were Brian, Becca, John Mark and Matthew Lasater of Frisco and Brent Lasater.

Have a good week.



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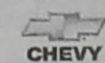
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