

# The Gorman Progress

"Serving Gorman For Over 112 Years"  
Gorman, Eastland County, Texas 76454  
2012 Member - Texas Press Association

NUMBER SIX

FEBRUARY 9, 2012

## Two Panthers Named To Big Country Top Ten In Basketball

**Zach Carlton, Forward, Sophomore**, - had a huge week, tallying 41 total points with 14 boards in wins over Baird and Sidney. This included a double-double of 23 points and 10 boards against Baird, which also saw him collect seven steals and two blocks.  
**Matt Fox, Guard, Senior**, also combined 28 points, three boards, two steals vs. Baird and Sidney.

## Tarleton releases December 2011 graduation

Tarleton State University's fall commencement was held Dec. 17, 2011 at Tarleton's Wisdom Gymnasium. The following candidates have satisfactorily met the university's requirements for their individual degree programs and have been awarded their diplomas.

Honor designations for undergraduate degrees are: Summa Cum Laude (Highest Honors), Magna Cum Laude (High Honors) and Cum Laude (Honors): **Brittany Shirley of Desdemona** graduated from Tarleton State University with a Bachelor of Science degree in Human Sciences from the university's Stephenville campus. **Monty Stewart of De Leon** graduated from Tarleton State University with a Bachelor of Science degree in Agricultural Economics from the university's Stephenville campus. **Marisa Vargas of De Leon** graduated Magna Cum Laude from Tarleton State University with a Bachelor of Business Admin degree in Accounting from the university's Stephenville campus. **Sidney Cavanaugh of De Leon** graduated from Tarleton State University with a Bach of Applied Arts/Sciences degree in Criminal Justice Admin from the university's Stephenville campus.

## Gorman 7th Grade Boys in Walnut Springs Tourney

The Gorman 7th Grade Boys participated in the Walnut Springs Basketball Tournament held on January 26 and 28th.

In the first game the Boys played Morgan Junior High on January 26th at 6:30 p.m. The score for the game was 38-18 with the boys winning margin. Leading scorers for Gorman was Ricardo Olvera with 14 points, Isreal Herrera with 12 points, Jonthan Rivas with 8 points and Danny Limon with 4 points.

In the second game the boys played Jonesboro 8th Grade on January 28th at 2 p.m. This game came out with the Boys on the losing end of a 37 to 24 game. Scoring for the Boys were Danny Limon with 14 points, Isreal Herrera with 8 points, and Ricardo Olvera with 2 points.

In the third game on the 28th at 3:30 p.m. The Gorman Boys came out on the losing end of a score of 35 to 25. Leading Scorers were Isreal Herrera with 10 points, Ricardo Olvera with 7 points, Sam Rainey with 5 points and Danny Limon with 3 points.

Three game tournament leading scorers were Isreal Herrera with 30 points, Ricardo Olvera with 23 points, Danny Limon with 21 points, Jonathan Rivas with 8 points and Sam Rainey with 5 points.

## Brownwood Wildfire Academy Aims To Prepare Firefighters

BROWNWOOD, Texas - After an unprecedented 2011 Texas wildfire season, firefighters looking to prepare for the next big blaze are invited to attend the 10th annual Central Texas Wildfire Academy on Feb. 17-20.

Sponsored by Texas Forest Service and Dam Volunteer Fire Department, the academy features wildland firefighting training for both paid and volunteer departments, as well as courses focusing on safety and fire operations in the wildland urban interface. A prescribed burn field exercise - allowing students to actually work on a fire - will be held if weather permits.

"The more training firefighters have, the safer they perform their tasks," said Texas Forest Service Resource Specialist Mary Leathers, an instructor at the academy. "Our role at Texas Forest Service is to train the initial attack responders to perform firefighting tasks in as safe a manner as possible so everybody goes home at the end of the day."

The cost to attend is \$60 per day, payable through a voucher system with the Rural Volunteer Fire Department Assistance Program, a grant program funded by the state and administered by Texas Forest Service. Breakfast and lunch are served for a combined \$15 per day. Free lodging in barracks is available on site at Camp Bowie in Brownwood.

For more information or to register, go to the Texas Interagency Coordinating Center training page or contact the academy registrar at AcademyRegistrar@tfs.tamu.edu or 979-458-7330.

## Gorman Cagers Win Over Sidney; Split Games With Baird

In Basketball action with Sidney the Gorman Cagers were both winners. In the girls game the Lady Panthers won by the margin of 69-32. They got out to a 12-3 lead in the first period and the added 27 more in the second for a halftime score of 39-13. They then added 15 in each of the third and final periods for a 69-32 victory.

Megan Gray and Chelsea Griffin each hit 19. Melissa Ramirez got 11. Cortney Shirley shot 10 and Rachel Tucker and Kinsey Johnston each had 5.

In the Boys action the Panthers won by a 68-21 margin. They led 14-4 in the first period and added 20 in the second for a 34-13 lead at intermission. They score 22 more in the third and 12 in the last period for the 68-21.

Zach Carlton led the Big Red with 18. Matt Fox hit 15. Sergio Hipolito got 9 along with Jon Fenley. Herrera had 5. Yovani Palacios got 4 along with B. J. Ramirez. Jon Fenley had 2 and Dakota Pacheco had 1.

In the girls game with Baird the Lady Panthers were defeated 60-31. Baird led 15-12 in the first period and added 22 in the second to lead Gorman 37-14 at intermission. Gorman scored 17 in the last half but Baird hit 23 more in the last half and won by the 60-31 margin. Gray got 9. Ramirez hit 8. Griffin and Johnston each had 7.

In the boys action the Panthers outscored Baird 58-30. The Panthers jumped out to a 15-5 lead in the initial period and added 14 more in the second for a 29-18 lead at halftime. They added 18 more in the third and 11 in the final period for the 58-30 victory. Carlton hit 21 points. Fox had 13 points. Pacheco, Hipolito and Limon each got 6 points. Ramirez had 4 points and Fenley and Palacios each had 1.

This gives the Panthers a 7-1 record in District for a tie with May. The Lady Panthers have a 6-2 mark for second play in District.

**In the reshuffling in Football the Panthers will be in District 7-1A with Albany, Baird, Cross Plains, Hamlin, Ranger, Roby, Roscoe Collegiate and Hico.**

## Tarleton State University - A Honor Roll List for 2011

Tarleton State University has released its "A" Honor Roll list for the fall 2011 semester. Students listed have a 4.0 grade point ratio on the 4.0 system and are taking a minimum of 12 credit hours.

Students making the list include the following:

**Meghan Wheat of Carbon** is enrolled at Tarleton's Stephenville campus and majoring in Interdisciplinary Studies.

**Sydney Lindsey of De Leon** is enrolled at Tarleton's Stephenville campus and majoring in Interdisciplinary Studies.

**Marisa Vargas of De Leon** is enrolled at Tarleton's Stephenville campus and majoring in Accounting.

**Whitney McDonald of De Leon** is enrolled at Tarleton's Stephenville campus and majoring in Interdisciplinary Studies.

**Heidi Britain of De Leon** is enrolled at Tarleton's Stephenville campus and majoring in Animal Production.

**Matthew Nowlin of Gorman** is enrolled at Tarleton's Stephenville campus and majoring in Economics.

## Henry A. Buchanan Celebrates 90th Birthday



Local resident, Henry A. Buchanan, celebrated his 90th birthday on Saturday, February 4, at home with his wife, Anna and friends. Reverend Buchanan has lived in Gorman only a couple of years after moving here from Kentucky. In his retirement he continues to write, especially short stories and letters to the editor.

He enjoys reading, making visits to Gorman's own Charlie Garrett Memorial Library occasional to find good books not in his own library. Friends and family in other states kept the telephone busy all day with good wishes on this very special day, Happy Birthday, Henry! And may you have many more to come.

## Kayla and Jim Carlock To Mark 25th Anniversary

Kayla and Jim Carlock of Wichita Falls, Texas are celebrating their 25th Wedding Anniversary on Valentine's Day, February 14, 2012.

Kayla and Jim were married on February 14, 1987 at the First Baptist Church in Gorman.

Congratulations to Kayla and Jim.

Kayla is the former Kayla Odell and is the daughter of Sandra Warren of Gorman.

Jim is the son of Ray Anne Carlock of Colorado City, Texas.



The Gorman Parent Teacher Organization and area businesses will host a Family Movie Night on Tuesday, February 14<sup>th</sup> at 6:00 pm in the school's auditorium.

Garden gnomes Gnomeo and Juliet have as many obstacles to overcome as their quasi namesakes when they are caught up in a feud between neighbors. But with plastic pink flamingos and lawnmower races in the mix, can this young couple find lasting happiness?

Tickets are only \$1. You can also purchase a ticket with popcorn and drink for only \$2.

**Gorman Middle School Parent Night**  
Meeting for all parents of middle school parents!!  
Thursday-February 9th - 6:00 - Gorman High School Foyer

**JAMES: MERCY TRIUMPHS**  
BY BETH MOORE

James, Jesus' own brother, started out as a skeptic. See how one glimpse of the resurrected Savior turned an unbeliever into a disciple with Beth Moore's 8-session study James: Mercy Triumphs. And, in the process, learn how you can put your own faith into action.

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**Junior Class To Sell Valentine's Day Bags**  
The Junior Class Will be selling Valentine's Day Bags. The Bags will be on sale beginning January 30 through February 10.  
There are three choices to choose from:  
• **Friendship Bag For \$1.00**  
• **Sweetheart Bag For \$3.00**  
• **Love Bag For \$5.00**

## Items of interest

**Men's Community Prayer Breakfast** meets at 7:00 a.m. On the third Wednesday of each month in the Fellowship Hall of the First United Methodist Church in Gorman.

Gorman Senior Citizens meet once a month on 3rd Wednesday at 11:30 in the Gorman Senior Center. Bring Covered Dish or \$3.00 Per Plate.

The Order of the Eastern Star holds its regular stated meetings on the First Monday of each month at 7:30 p.m.

4-H - The Club is going to meet the first Wednesday of each month in the New Gym. All people interested in participating are encouraged to attend. The meeting will be at 3:45 - 4:45. For more information Call Cindy Underwood 734-5085.

SANDRA CAGLE WILL BE IN GORMAN AT THE CITY OFFICE TO RENEW AUTO LICENSE PLATES. HER NEXT VISIT IS WEDNESDAY, FEBRUARY 15TH FROM 9 TIL NOON.

Oakland Cemetery Association is accepting donations for the Care of the Cemetery. Donations can be sent to Oakland Cemetery Association, P. O. Box 532, Gorman, Tx 76454 or to American State Bank, Gorman, Texas 76454

**Food Bank**  
New Hours - 10 to 11 a.m. - Second Thursday

Gorman Masonic Lodge No. 716 A.F. & A.M. Regular stated meetings are 2nd Tuesday of each month at 7:30 p.m. Members are urged to attend. Visitors are always welcome. Stan Harper, Master - Kenneth Good, Secretary.

Gorman Oaklawn Cemetery Association is accepting donations for the Care of the Cemetery. Donations can be sent to Oaklawn Cemetery Association, 7726 CR 362, Desdemona, Tx 76445 or to American State Bank, Gorman, Texas 76454

# Obituary

## Harry Lynch

Silverton - Harry Lynch, 73, formally of Fredericksburg, Texas passed away Sunday, January 29, 2012 at Homestead Nursing Home. Graveside services were held Thursday, February 2, 2012 at 3:00 p.m. in Oakland Cemetery in Comanche County with Joe Bernier officiating. Services are under the direction of Moore-Rose Funeral Home of Silverton, Texas.

Harry was born July 11, 1938 in Kerrville, Tx. During his adult life, Harry worked in the construction business as a brick layer.

He is survived by four daughters, Tammy Dennis & husband Wayne of Gorman, Sandra Ensign of Coosbay, OR, Connie Griffin of Fergus Fall, MN and Wendy Harlow of Erhard, MN; two sons: Allan Lynch of San Marcus, and James Lynch Prause of Pearland, Tx., one sister; Mary Francis of Waco, Tx; three brothers: Barry Medlock & wife Patsy of Fredericksburg, Hurley Medlock & wife Dorothy of Florence, Tx & Roy Medlock of Oklahoma; One aunt: Anita Lynch of Fredericksburg; One daughter in law: Christina Lynch of San Antonio. He had 9 grandchildren and 4 great grandchildren.

He is preceded in death by his parents, one son, Louis Lynch, two uncles, three aunts and two brothers

Family request that any memorials be made to Lighthouse Hospice, West Texas Rehab Center or a charity of your choice.

Online condolences may be made at [www.moore-rose.com](http://www.moore-rose.com)

## William Ralph Ryon

William Ralph Ryon, age 52 of Desdemona, went to be with the Lord on Monday, February 6, 2012.

Graveside service will be 2:00 P.M. Wednesday, February 8, 2012 at Howard Cemetery near Desdemona with Alan Sedberry officiating. Services under the direction of Higginbotham Funeral Home in Gorman.

Ralph was born November 24, 1959 to James Samuel Ryon and Dorothy Elizabeth Joyner Ryon. He worked for American Airlines for 28 years. He moved to Abilene in 2008 where he was employed by Blue Cross Blue Shield. Ralph loved his work.

He is survived by his brother, Rodney Ryon and wife, Kim of Desdemona; three nephews, Eric Ryon, Joshua Ryon and Zachary Ryon and one niece, Ronni Ryon all of Desdemona. He was preceded in death by his parents, James and Dorothy Ryon.

## "On The Wilder Side"

Can you believe it's almost Valentine's Day already? Stores have already taken down their Christmas decorations and put up cut out hearts and Cupids. Before you know it children will be exchanging Valentine cards at school. And Day-time television shows are already doing segments on how to eat right and exercise to have a healthy heart (February is Heart Health month).

So in keeping with the theme of the month, let me ask you, how healthy is your heart? I don't mean the physical condition of your heart, but its spiritual condition.

The Bible has much to say about our hearts. As a matter of fact, the word "heart" is mentioned 762 times in the King James Version of the Bible. With there being so much information about our heart, there is no way I could cover it all in just a few paragraphs, but I can say that you can have a heart without Christ, or you can have a heart with Christ (see Eph 3:17). You can have a good heart or you can have an evil heart (see Mk 7:21). You can have a foul heart or one that is clean (see Psa 51:10). You can have a soft and moldable heart, or one that is hard and unmoving (see Mk 6:52). It can be either believing or skeptical (see Rom 10:10). I could go on for a long time, but I think you get the point.

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6A: 3-2-2 brick, 1766 sf, central A/C, new floors, 5 y/o roof, metal shop, equip. Shed, RV storage, new well & Septic, beautiful Oaks, 70+ Peaches, pavement. Nice!! \$159,900.00  
17.25 A: HWY 8 Desdemona, 10+ A Coastal, pond, new fences, nice Post Oaks, nat. gas/elec. available. \$79,000.  
S/E Gorman: 60 A, good sandy soil, some coastal, good fences, elec., nice pond site. \$2,800 Acre.  
77 A: South of Gorman, fields/some wooded. Deer & other wildlife, 2 small ponds, elec. available. \$2,000 acre.  
100 A west De Leon FM587, 3 - 1 1/2 - 2 brick, 1444 sq. ft., C/HA, fireplace, carpeted, some remodeling, pond, 6 acre land, 2000 sq. ft. metal, some native, fenced, 2 steel corrals, 2 wells, shop building. Nice setup. Mineral Rights. \$2,950.00 A.  
158A, 4-2-2 ranch-house, central A/H, fireplace, metal roof, 150+ A. Coastal, 2 pivots, good fences, 6A Lake, 2 ponds, 6 water wells, steel pens. \$525,000.  
179 A. south of Gorman: Part wooded, part old fields, deer & hogs, 2 nice ponds, sandy soil, elec., water well, metal building \$2,350.00 acre.

**SELLERS SAYS MAKE OFFER!!**  
322A. Oak & Elm Trees, 2 creeks, great water shed project! 40 A. Coastal, owner reports 300 round bales/year, 55 A. Cultivable soils, 6 ponds, water well, 1200' metal Bldg with slab floor, elec. Deer, turkey, and other wildlife. \$2,300 A.  
NEW - 395A S/W Gorman, 1/2 Open 1/2 Wooded, small creek, 4 ponds, 40' elev. change, gravel road 2 sides, elec. available. Remote location, deer & wildlife. \$1,795.00 acre.  
407 A: N/E Gorman, 3 pivots, 16 wells, 8 ponds, 3 metal buildings, sets steel corrals, irrigated Bermuda grass, 2000 sq. ft. metal roof & more! \$3,500 acre, possibly divide.

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While you are focusing on your physical heart throughout this month, don't forget to make sure your spiritual heart gets just as much attention. A healthy physical heart is good and helps us to live a long life. But a healthy spiritual heart is even more beneficial as it will ensure that you live an eternal life.

Fight the good fight (1 Tim 6:12) -  
Jason Wilder - Gorman Church of Christ

## A Letter To The Editor -

**About Money** By Henry A. Buchanan

Today I received two appeals to help wounded veterans of the current wars. Yesterday I had appeals to feed the hungry children of America. Last week it was the hungry, dying children of Africa with food and medicine and shelter. Father Flanagan's Boys Town asked for my help. And President Obama's wife asked me to send money to help him keep his job. I was even asked to help save the Amazon rain forest.

I don't have much money but I learned that Mitt Romney has twenty million to spend on letting people know he would make a better President than Obama is and Newt Gingrich was paid more than a million to lobby for Fannie Mae and Freddy Mac. And our own Governor Rick Perry had a few million when he dropped out of the race and came back home to Texas. All in all, over a hundred million dollars have been raised for all the people who want to be President, and most of it is being spent to tell me that the people who want to be President are not fit for the office.

Being short on money and long on advice I sent some good advice to the President's wife, confident that she will pass it on to him. And apparently she did because he has declared the war in Iraq is over and the one in Afghanistan will be over next year.

Now if he will take my advice about not going to war with Iran and if the candidates will send those millions of dollars they have to all the charities who are asking me to send at least ten dollars, instead of spending it foolishly on advertising, just think of all the hungry children and wounded veterans and cancer research and Amazon jungles they could help because I have already made up my mind who I'll vote for anyway, and I'm trying to get my wife to see it my way. She hasn't promised to vote my way but she is not going to be influenced by all the hullabaloo on TV either.

(s) Henry A. Buchanan  
1131 N. Kent St. - Gorman, TX 76454 254-734-4569 2/4/2012

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FORT WORTH, TEXAS – A world class panel of beef industry experts will provide a futuristic look into how the cattle industry will transform over the next 15 years at the Opening General Session of the Texas and Southwestern Cattle Raisers Association (TSCRA) convention in Fort Worth. The session begins at 10:30 a.m. Saturday, March 31 at the Fort Worth Convention Center.

"The cattle industry has changed dramatically since TSCRA was founded in 1877," said Joe Parker Jr., rancher and TSCRA president. "Ranchers are facing challenges such as smaller margins, over-reaching government regulations, severe weather patterns and the impact of a fragile global economy. This panel of experts will help give Texas ranchers the insight they need to make future decisions regarding their operations."

Top executives include Rob Aukerman, president of U.S. Operations at Elanco Animal Health; Kevin Good, CattleFax senior market analyst and manager of corporate accounts; Bill Rupp, JBS Inc., president of beef division; and John Ryan, president and CEO for Rabo AgriFinance. These experts will look 15 years into the future and predict the transformation the beef industry will undergo between now and 2027.

Registration for the 2012 TSCRA Convention Weekend is open. For more information including a complete schedule of events visit [www.tscra.org](http://www.tscra.org).

## CRP General Sign-up Starts in March

The Conservation Reserve Program (CRP) is offering a general sign-up period from March 12 through April 6, 2012. CRP has successfully protected our natural resources while providing economic and environmental benefits to rural communities for the past 25 years.

Landowners enrolled in CRP receive annual rental payments and cost-share assistance to establish long-term, resource conserving covers on environmentally sensitive land. Land that is not currently enrolled in CRP can be offered during sign-up if all eligibility requirements are met. Offers for CRP contracts will be ranked according to the Environmental Benefits Index (EBI). Each eligible offer is ranked in comparison to all other offers and then a selection is made.

Nationwide, there are currently about 30 million acres enrolled in CRP and an estimated 6.5 million acres will expire on Sept. 30, 2012.

For more CRP information, please contact the Eastland County FSA office at 254-629-1636 extension 2.

## Happenings At FBC!!

Thank you to our Wonderful Gorman Community! Barry's and my heart overflow with deep gratitude and appreciation for the prayers, concern, support, and many thoughtful act of kindness during my surgery on Jan 17th and hereafter recovery. I'm pleased to report that the surgery was a success and I'm healing well, thus already experiencing positive results. We're blessed beyond words by the love & friendship of so many in this extraordinary community that we call home.

Mark your calendars:

**Feb 11th – 2pm** - Deacon's Valentine Banquet.  
**Feb 14th** – Happy Valentine's Day!

Wednesdays: TeamKids at 6pm, Mission Friends at 6pm, and Youth at 6:30pm. Bring your friends! It's fun to learn about Jesus!

Children's Sermon: Traci had something in her hand and asked the children what she was holding. Then we all heard a precious little voice say, "A plugger!" It's a charger that we plug into phones, games, and laptops to charge up the batteries. Sleeping and eating charges up our bodies. In the Bible we read about Jesus working hard teaching and healing. Jesus talked to God and that charged up His spirit. We can pray and read the Bible to charge up our spirits.

Special Music: "Down By the Riverside" and "Holy Holy Holy" stirred our spirits. Strings by Joe, Phillip, & Robert, drums by Doc, and vocals by Angela are a brilliant combination. Worship to our Lord in song and music is a glorious gift. Glory to God!

Bro. Barry's Message: "Chariots of Fire" – II Kings 6:16-17 (NLT) – The Bible is full of great stories that demonstrate the power of God through a man of God. One of the most revealing stories is that of Elisha who used a stick to retrieve an axe head that had fallen into the River Jordan. Can you imagine an axe head floating? Only by the revealed power of God! Man has no power without the Power of the Holy Spirit in worship and in life. Jesus said that there is no church until the Holy Spirit shows up. Elisha was made bold and empowered by the Holy Spirit. II Kings 6:16 "Don't be afraid!" Elisha told him. "For there are more on our side than on theirs!" 17) Then Elisha prayed, "O LORD, open his eyes and let him see!" The LORD opened the young man's eyes, and when he looked up, he saw that the hillside around Elisha was filled with horses and chariots of fire. (NLT)

Imagine the spectacular scene of the Lord's horses and chariots of fire to dissolve your fears. The Holy Spirit does not flee and is never absent. We imperfect and sinful humans lose our focus. We cannot hide from the Holy Spirit, nor can we leave it at home. We cannot commit a sin in private. God knows everything we do and everywhere we go. Sometimes we feel powerless, we have not strength to move, and we feel surrounded by the enemy. There's no way to move on without the Power of our Lord. Do you welcome the Holy Spirit to infiltrate and inhabit your life?

There's a difference between "A Church" and "The Church". "The Church" serves with the Holy Spirit and remains ready for Christ's return. The Power of the Holy Spirit empowers people to empower others in God's service. When God is behind it, it works! Children of God know with absolute certainty that Jesus lives in their heart, and nobody can take Him out. Hope lies within!

In the midst of a confused and sometimes chaotic world, the Christian is in danger of despair. An Elisha-like faith will grant us the strength to go on and instill in our hearts the assurance that, "Victory Is Ours Through Jesus Christ Our Lord!" Amen.

If you are reading this and you have not accepted Jesus Christ as your Lord and Savior please call Bro. Barry, ask Bro. Barry to talk with you about being saved or just ask him to pray with you, just call (254) 734-2420. Our Worship Service begins at 11:00AM on Sunday mornings – please come and join us! Remember: God loves you like no one else! Email us at [fbgorman@hotmail.com](mailto:fbgorman@hotmail.com)

## Distinguished Students' List At TSU

Tarleton State University has released the Distinguished Students list for the fall 2011 semester. Students on the list include freshman and sophomore students who have a minimum 3.25 grade point ratio (GPR) and no grade lower than a 'C,' and juniors and seniors who have a minimum 3.5 GPR with no grade lower than a 'C.' All must be in good standing with the university.

Students making the list include the following:

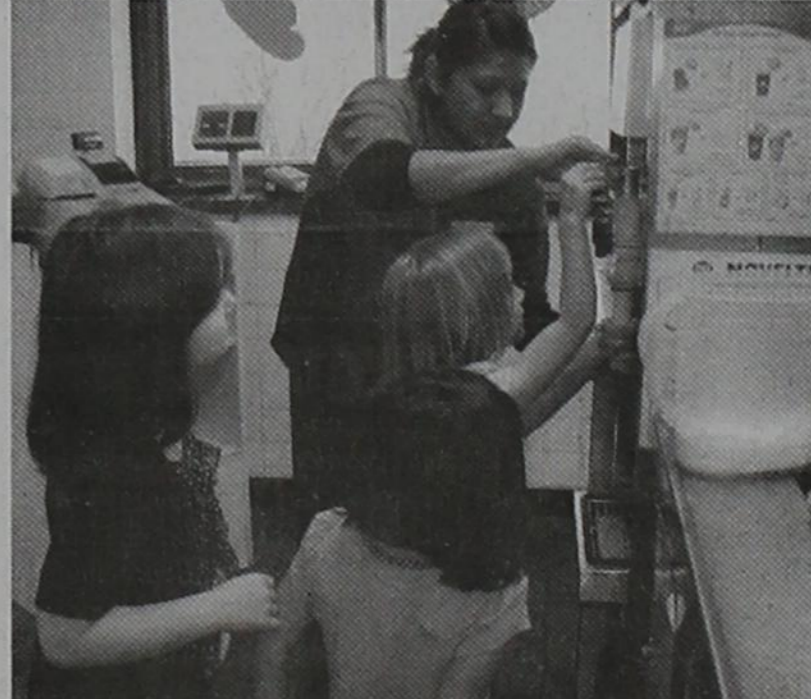
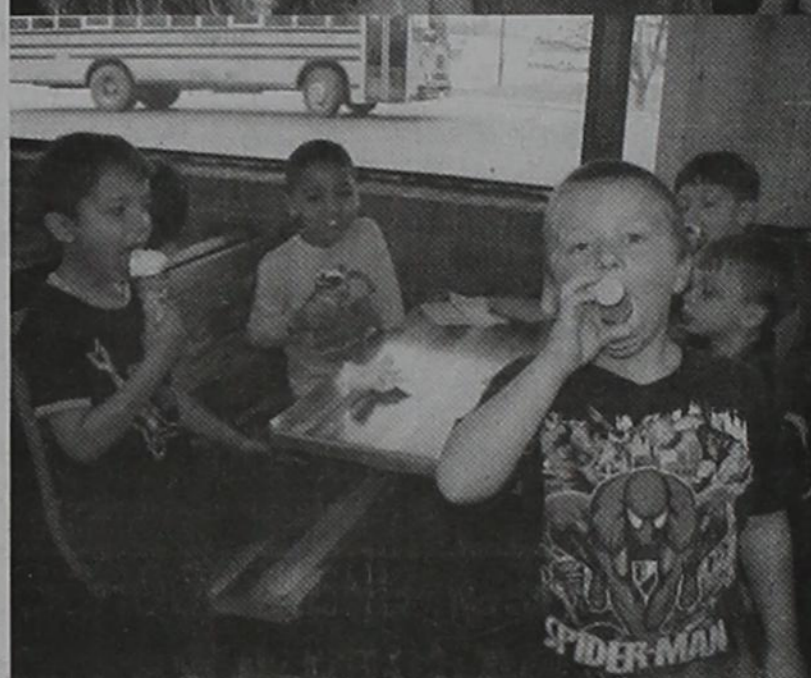
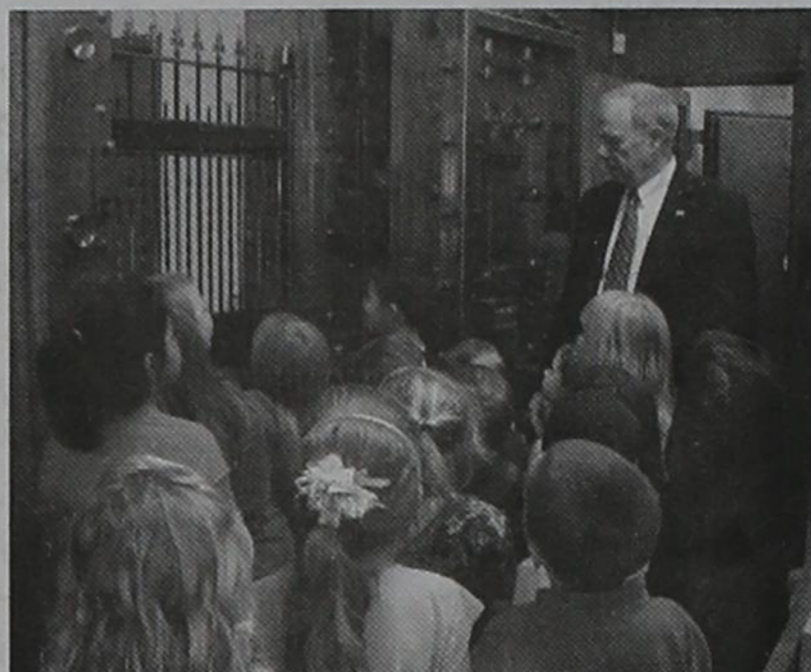
**Santiago Soto of Carbon** is enrolled at Tarleton's Stephenville campus and majoring in Computer Information Systems. **Nichole Forbus of Carbon** is enrolled at Tarleton's Stephenville campus and majoring in Human Sciences. **Jess Grindle of De Leon** is enrolled at Tarleton's Stephenville campus and majoring in Psychology. **Maria Chavez of De Leon** is enrolled at Tarleton's Stephenville campus and majoring in Pre Nursing. **Floyd Pearson of De Leon** is enrolled at Tarleton's Stephenville campus and majoring in Undeclared. **Joshua Draeger of De Leon** is enrolled at Tarleton's Stephenville campus and majoring in Environmental Engineering. **Margaret Nabors of De Leon** is enrolled at Tarleton's Stephenville campus and majoring in Music. **Yhdira Garcia of De Leon** is enrolled at Tarleton's Stephenville campus and majoring in Marketing. **Ashley Auvenshine of De Leon** is enrolled at Tarleton's Stephenville campus and majoring in Undeclared. **Mercedes Chupp of De Leon** is enrolled at Tarleton's Stephenville campus and majoring in Psychology. **Adriana Madera of Gorman** is enrolled at Tarleton's Stephenville campus and majoring in Social Work. **Timothy Lukacz of Gorman** is enrolled at Tarleton's Stephenville campus and majoring in Biomedical Science. **Jordan Perry of Gorman** is enrolled at Tarleton's Stephenville campus and majoring in Engineering. **Emily Lewis of Gorman** is enrolled at Tarleton's Stephenville campus and majoring in Family and Consumer Sciences. **Brandy Carlton of Gorman** is enrolled at Tarleton's Stephenville campus and majoring in Mathematics. **Stephanie Risueno of Gorman** is enrolled at Tarleton's Stephenville campus and majoring in Accounting.

Founded in 1899, Tarleton is one of the fastest growing institutions of higher learning in Texas. Just one hour from Fort Worth, Tarleton serves as the educational and cultural flagship of the Cross Timbers Region. It is located in Stephenville, which is included in Norman Crampton's "The 100 Best Small Towns in America" published by Prentice Hall.

## Kindergarten Celebrates 100th Day

In celebration of 100 days of school, kindergarten students from Maxfield Elementary visited the Citizens State Bank and Dairy Queen in Gorman. The students had been counting days since the beginning of the school year, and they were excited they had reached the 100th day. Each student brought 100 pennies to school. They did several counting activities to help develop their money skills. Then it was off to the bank to exchange their pennies for a dollar bill. While visiting the bank, they were given a tour by Mr. Bruton, the bank president, who answered many of their questions about money. Then, with a dollar in hand and smiles on their faces, they were off to Dairy Queen to learn what a dollar could buy. The manager, Monica Martinez, let them purchase a small ice cream dipped in chocolate or a medium cola. Students were allowed behind the counter to help fill their own ice cream treat or drink. They had a fun-filled celebration for completing 100 days of school.

Maxfield Elementary would like to thank Dairy Queen and American State Bank for allowing the kindergarten class to put their learning into action.



### FOOD

## Avocado Oil Is Picking Up Steam in the Kitchen

NewsUSA

(NU) - Watch out olive oil, chefs of all varieties have a new oil option under their apron that's as pleasing to people's health as it is to their taste buds – avocado oil.

"My favorite at the moment is that wonderful New Zealand invention, avocado oil. It has a delectable bright green color and a delicious avocado flavor and is incredibly good for your health," says Ray McVinnie, a celebrity chef and author.

Avocado oil packs a Superman-like punch with nearly 20 vitamins and minerals. Plus, it can be infused with other savory flavors like Lemon and Rosemary to add real variety to your meals.

Avocado oil is a rich source of antioxidants, folate, fiber and vitamins E and C. Avocados are virtually the only fruit with monounsaturated fats, which are the good fats recommended by the American Heart Association. Recent studies from the Nutrition Institute uncovered even more health benefits in avocado oil.

An extra-virgin avocado oil from a New Zealand company called Olivado was found to be the best source of a much sought-after vitamin-like substance, CoQ10. Olivado avocado oil contains more CoQ10, also called "ubiquinone," than anything, even meat.

Other international chefs, like Peter Gordon and Jamie Oliver, call avocado oil the next big ingredient. Experiment with it at home using this recipe from [www.Olivado.com](http://www.Olivado.com):



A little avocado oil can liven up nearly any recipe – as well as the dinner table.

**BUTTERFLIED LEG OF LAMB**  
125 grams almonds (roasted, chopped)  
3 cloves garlic (peeled)  
1 teaspoon paprika  
2 tablespoons cumin and coriander seeds (roasted)  
1/2 teaspoon chopped dried chilli  
1/2 tablespoon brown sugar  
1/2 cup Olivado Extra Virgin Avocado Oil  
Grated rind/juice of one lemon

Combine the first seven ingredients in food processor till texture is even, fairly fine. Add avocado oil, lemon rind and juice. Evenly rub the mixture over both sides of the prepared leg, then roast (don't sear the lamb prior to cooking). Place the rubbed leg cut side up, on a rack over a roasting tray. Fan-bake in pre-heated oven at 190 degrees C for 15 minutes. Turn lamb over, continue to roast for another 15-20 minutes or till cooked to your liking. Rest in a warm place for 10-15 minutes before carving.

### FOOD & NUTRITION

## Brown Rice and Mushrooms Make Formidable Combo

NewsUSA

(NU) - Did you know a single portobello mushroom has more potassium than a banana or a glass of orange juice? Or that brown rice has four times as much fiber as white rice? Nutrition secrets like these are your golden ticket to healthy living. Here's another – brown rice and mushrooms form a formidable health combination.

Brown rice has more magnesium, selenium and fiber than its white counterpart. Magnesium is important for bone, nerve and muscle health, while fiber boosts each meal by making you feel fuller, longer. A good dose of fiber also helps keep blood sugar steady.

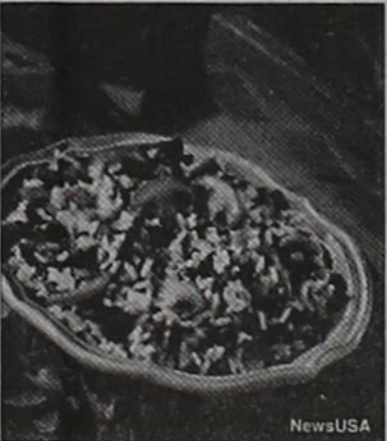
To maximize the health properties of brown rice, dietitians recommend pairing it with other vitamin-stacked ingredients, such as mushrooms.

From studies at Penn State University to findings backed by the American Society for Nutrition, the extensive body of research agrees – mushrooms are overflowing with essential vitamins, nutrients and minerals.

White button mushrooms promote immune support by upping the production of antiviral proteins and immune system cells while crimini and shiitake mushrooms have nearly half the recommended daily intake of selenium, a vital antioxidant.

Fungi of all kinds are loaded with the following other nutrients: vitamin D, iron, potassium, B vitamins and copper. The effects of vitamin-packed mushrooms are just as plentiful – they increase your metabolism, lower blood pressure and promote bladder health.

Adding mushrooms to a dish with brown rice is an easy way to



Walnut, Mushroom and Spinach Rice is a recipe loaded with health benefits of mushrooms and brown rice.

increase the health value of any meal. Try the following delicious recipe from [www.riceselect.com](http://www.riceselect.com):

**WALNUT, MUSHROOM & SPINACH RICE**  
1/3 cup butter  
2 cups sliced mushrooms  
1 (3oz.) package light cream cheese, cubed  
2 cups fresh spinach, torn  
1/2 cup grated Parmesan cheese  
3 cups Texmati Brown Rice  
1/2 cup chopped walnuts  
1/4 teaspoon salt  
1/4 teaspoon ground black pepper  
Melt butter in large skillet over medium heat. Add mushrooms; cook until soft, 2 to 4 minutes. Add cream cheese; stir until melted. Reduce heat to medium-low. Add rice; stir until well blended and heated through, 3 to 4 minutes. Remove from heat. In large bowl, combine rice mixture, spinach, Parmesan cheese, walnuts, salt and pepper. Toss well.

## SCHOOL MENU Week of Feb. 13 thru Feb. 17

### BREAKFAST

MONDAY - Cereal, Biscuit, Juice and Milk.  
TUESDAY - Cinnamon Roll, Fruit, Juice and Milk.  
WEDNESDAY - Pizza, Hashbrown, Juice and Milk.  
THURSDAY - Pancake On a Stick, Fruit, Juice and Milk.  
FRIDAY - Biscuit, Ham, Gravy, Juice and Milk.

### LUNCH

MONDAY - Hot Dog, Baked Chips, Pork-N-Beans, Oranges, and milk.  
TUESDAY - Chicken Fried Steak, Mashed Potatoes, Broccoli, Gravy and Rolls, Strawberry Cake and milk.  
WEDNESDAY - Burrito, Chili Beans, Salad, Crackers, Fruit and Milk.  
THURSDAY - Stromboli, Salad, chips, fruit, and Milk.  
FRIDAY - Panther Burger, Chicken Burger, Potato Rounds, Burger Salad, Sherbet and Milk.

# Desdemona News

By Vonnie Guthery

Would you like to be a part of a warm, caring extended family? Then you will love **First Baptist Church of Desdemona** where you will enjoy a lot of music, singing, friendly faces and messages that will have a positive impact on your whole week. Come on over and check us out - we look forward to meeting you. Our pastor, Bro. Charlie Johnson and all the members will welcome each and everyone. Sunday School at 10:00 a.m. and Morning Worship Service at 11:00 a.m. Visitors Are Always Welcome.

**Ladies Monthly Social** will be held on Monday, February 13th at the Community Center (our beautiful former School Building). This will be a "Special Valentine Social" in memory of our friend, Dorothy (Williams) Roberts. Make plans to arrive at 9 a.m. To enjoy the good food served by the Hostesses, Ima Brown and Vonnie Guthery. Visitors are always Welcome.

Please contact this reporter with your weekly news. This news article is written and delivered each Monday by noon. Your help will be appreciated. Thanks.

Vonnie Guthery attended the Eastland County Museum Grand Re-Opening and Historical Marker Dedication on Wednesday, February 1, 2012. A large crowd attended this event followed with a reception of cupcakes and punch. All towns and communities in Eastland County will have a chance to display photos, history, antiques, etc. There will be a room on the second floor "reserved" for Desdemona. Please contact this reporter (254-758-5880) if you have anything to donate or display for the "Desdemona Room" at this Eastland County Museum. Hours open Thursday, Friday and Saturday, 10 a.m. to 2 p.m. Your help will be appreciated. Thanks!

This reporter received a call this past week from Si Browning. Many of his relatives lived in this area several years ago but they are all deceased. He stays busy working on Family History - Especially the late John and Lanie (Elison) Browning who are parents of the late Iva (Browning) Buchan (former resident of Desdemona). If anyone has any history of this family or maybe some old photos to share, please contact this reporter, P. O. Box 187, Desdemona, TX 76445. Your help will be appreciated. Thanks!

**"Congratulations"** to Teddie Denise Groves - She was named Vice President for Enrollment Management at Sul Ross State University in Alpine, Texas. Denise is a former resident of Desdemona. Her parents are the late Pete and Jessie Faye (Hall) Wilcoxson. Friends of Desdemona wish her much success and happiness in her new location.

Thought for today - *"Be at war with your vices, at peace with your neighbors and let every new year find you a better man."* A quote by Benjamin Franklin.

Have a good day, Coon.

## Homestead Happenings

On Friday we will have the Grand Opening of our "Homestead General Store". This store will provide a way for our residents to "go shopping". They will earn "Homestead Bucks" by attending activities as well as other programs. We are accepting donations for our store if you would like to participate items can be left with Ina or in the business office.

Our Valentine Holders have been made by the residents and are now up on the doors. You are invited to come and place a valentine(or 2) in our Sweethearts containers. You may deliver these yourself or we will be glad to do it for you. On Tues. Feb. 14 at 2:30 we will crown our King and Queen at our Valentine Party and Dance. If you like to dance please join us as we have several residents who love to dance.

Visiting Ima Brown were Aaron, Ashley, and Jackson Grice of Clyde and Jana Grice. Laura Vinson visited Adrianna Chamberlain. Marge Churchville of Ft. Worth, B.E. Simpson, Ken Welch visited Edgar Reynolds. Steve and Marilyn Harbor of Comanche visited Elizabeth Gomez. Maxine and Marilyn Huddleston visited Frankie Stacy. Rusty and Claudia Simmons visited Sue Simmons. Carolyn Gilbert visited Floydene Gilbert. Angie Davis, Jeannie Whitter and Francis Babbitt visited Bill Babbitt. Visiting Rozelle Caraway were Shane and Liz Caraway of Valley Mills, Bo Caraway, Bonnie Scitern and Kathy Scitern. Bonnie Scitern also visited Troy Scitern and Melvin Daniels. Tom, Jessica and Addy Scitern visited Nell McAnally. Bea and Harold Snakade of Albany, Leba Campbell of Cisco, Eddie Hogan and Carroll visited Leta Hogan. Brent Lasater visited Mayvis Lasater.

Happy Valentines to all.

## Residential Homestead Application Changes

As of September 1, 2011, all applicants for a residential homestead exemption will have to provide additional information as required by HB 252.

In you presently receive a residential homestead exemption, the status of your exemption remains the same and you do not have to re-apply.

Under the new requirements, all applicants will have to provide a valid copy of their Texas driver's license or of a Texas State issued identification card. The applicant also must provide a copy of the vehicle registration receipt.

The address shown on each of the required documents must be the same as the address for which the residential homestead exemption is being applied for. In the event the applicant does not own a vehicle; the applicant will be required to submit a notarized affidavit certifying that fact and must also provide a copy of a current utility company bill. The utility company bill provided must have the same residential address as the address shown on the exemption application.

If you have questions regarding this new change in the law or you would like to apply for a residential homestead exemption for 2012; please contact the Eastland County Appraisal District at 254-629-8597 for information.

## Texans Can Claim Their Cash; Save for College at the Equipment Depot Mid-Tex Farm & Ranch Show Feb. 7-8

(WACO) — Texans who think or hope they might have some money waiting to be claimed from the state's Unclaimed Property List have a chance to search the list at the 41st Equipment Depot Mid-Tex Farm & Ranch Show on Feb. 7-8.

In addition, Texans will have the opportunity to enroll in the state's prepaid college tuition program, the Texas Tuition Promise Fund (TTPF). The TTPF enrollment period deadline is Feb. 29, 2012.

Staff members from the Texas Comptroller's Office Unclaimed Property Division will help citizens search for unclaimed property online, fill out claim forms and answer questions about the unclaimed property program. Unclaimed Property and TTPF representatives will be available from 8 a.m. to 7 p.m. on Tuesday, Feb. 7 and from 8 a.m. to 6 p.m. on Wednesday, Feb. 8, at the Extraco Events Center, in the Coliseum in booth 228, located at 4601 Bosque Blvd. in Waco.

"The current balance in the state's unclaimed property fund is around \$2.2 billion," said Texas Comptroller Susan Combs. "That money belongs to Texans and I know reclaiming it would make a difference to many people in challenging economic times. Through events like this one, we are reaching out to Texans and encouraging them to check the Unclaimed Property List often and claim their forgotten funds."

The Comptroller estimates one in four Texans has money waiting to be claimed. Unclaimed property includes forgotten utility deposits or other refunds, insurance proceeds, mineral interest or royalty payments, dormant bank accounts and abandoned safe deposit box contents. To search for unclaimed property any time, visit the Comptroller's unclaimed property website at [www.ClaimItTexas.org](http://www.ClaimItTexas.org) or call (800) 654-FIND (3463).

A TTPF representative will discuss the advantages and enrollment opportunities for the state's prepaid tuition program, benefiting Texas parents who are interested in saving for their children's college education.

"Public college costs have risen rapidly during the past decade. It is important for Texas parents to have the opportunity to save for their children's college education with this prepaid tuition plan," Combs said.

The TTPF allows Texans to lock in the cost of undergraduate college tuition and required fees at Texas public colleges and universities, protecting against future tuition inflation. The enrollment deadline to take advantage of the education savings program for 2012 is Feb. 29. For additional information visit [www.tuitionpromise.org](http://www.tuitionpromise.org).

## Winter Lease Promotion 39 Month Leases

### 2012 Chevrolet Cruze #34011

1LT



MSRP \$20,220 Residual (12K):50%-\$10,110  
 Less Contract MF .00079  
 Dealer Participation 164 Payment \$263.00  
 Lease Cash 1200 Cust. Due at Signing \$263 (1st pymt.)  
 \*Owner Loyalty 500 39 Month / 39,000 Miles W.A.C.  
 Net Cap Cost \$19,472.95

**\$0 Down  
Only \$263 Monthly**

### 2012 Chevrolet Traverse #34078

LS



MSRP \$30,680 Residual (12K):48%-\$14,726.40  
 Less Contract MF .00074  
 Dealer Participation 726 Payment \$384.00  
 Lease Cash 2230 Cust. Due at Signing \$384 (1st pymt.)  
 \*Owner Loyalty 500 39 Month / 39,000 Miles W.A.C.  
 Net Cap Cost \$28,451.80

**\$0 Down  
Only \$384 Monthly**

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**UP TO \$1,000 \*OWNER LOYALTY ON GM VEHICLES**

**UP TO \$1,000 \*\*GM Trade Assistance on  
2011/2012 Chevrolet 1500 - 3500 Models**

\* Must Own 1999 or Newer GM Car or Light Duty Truck - Trade In Not Necessary

\*\* Must Trade In 1999 or Newer Passenger Car or Light Duty Truck



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1-800-843-5230

M-F 7:30 a.m. to 5:30 p.m. Sat. 7:30 a.m. to 3:00 p.m.

Web Pages: [www.bayermotor.com](http://www.bayermotor.com) or [www.bayermotorco.com](http://www.bayermotorco.com)

