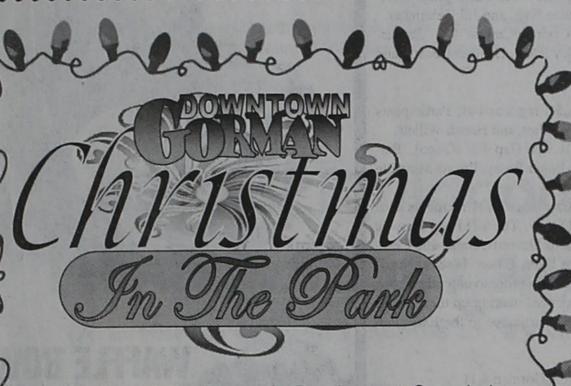
The Gorman Progress

"Serving Gorman For Over 111 Years" Gorman, Eastland County, Texas 76454 2011 Member - Texas Press Association

NUMBER FORTY-EIGH'I

DECEMBER 1, 2011



On Dec 10 the Economic Development Commission will host an evening of fun and festivities for the whole family!

Jolly Old Saint Nick will lead a "Light Parade" through the downtown area and end up at the City Park where the main activities will take place. Parade floats will be judged according to theme as well as their display of Christmas lights. This year's theme is "A Homemade Christmas".

After the parade, we will be lighting the city's Christmas Tree, which will be decorated with ornaments made by students at Gorman ISD.

There will be a "Best Homemade Christmas Cookie" contest for all ages. Entrants must include a list of ingredients.

There will also be a coloring contest for the little ones. You may pick up a coloring sheet at the City Office and return them by Dec 9.

All businesses and churches are encouraged to participate with floats as well as providing warm drinks and good-

Contact Jason Wilder at (254) 243-0338 for more infor-

mation.

CHRISTMAS BOOK COLLECTION At Charlie Garrett Memorial Library

Over 120 Christmas paperback books have been loaned to our library from a private collection. Many of the books were written by top selling authors like Nora Roberts, Fern Michaels, Debbie Macomber, Janet Daily, Jillian Hart, Linda Lael Miller, Mary Higgins Clark, etc. They include mysteries, modern day romances, historical romances, westerns, and books from the heartwarming inspirational "Love Inspired Books" published by Steeple Hills. This spirit lifting collection includes something for everyone. If you have never read a book about Christmas written for adults, find out what you've been missing. We will also have a large selection of children's Christmas books for parents to read to your little ones.

This entire collection will be available until December 31. Coloring sheets for the Christmas in the Park coloring contest are also available at the library this week.

LIFTYOUR SPIRITS THIS CHRISTMAS SEASON with a book from this special offering.

County Courthose To Close For 2 Hrs. Thursday

In memory of retired Eastland County Judge Scott Bailey, and in honor of his thirty-six years of service to the county, the Eastland County Courthouse will be closed from 1:00 to 3:30 p.m., Thursday, December 1st. This will allow the many employees who worked with Judge Bailey the opportunity to attend his Memorial Service. We appreciate your patience and understanding during this time.

Gorman EDC Notes

I hope everyone had a great Thanksgiving as did the Vaughn family this year. It was wonderful. I have good news, Normand Zevina and Duane McQueen will be starting on the project of rebuilding ZJ's around the first of the year. It is another thing that we can be thankful for, making that big hole, whole again.

On December 10th don't forget the lighting of our Christmas Tree in the park and that there will be a Christmas Parade this year. Call Jason Wilder if you wish to participate in the festivity of the season. The Elementary students are making oraments for the trees in the park. Be nice if some of you caroling groups would come down and serenade us. I hear there will be hot chocolate and cookies and of course, Santa Clause will be there also; have your picture made with him. Pictures made with Santa will be at 5:00 in the Community Center and the parade will start at 5:30-6:00 PM.

We are moving slowly, but we have made strides in our RECLAIM GORMAN project this year. I recently ask the students from K-12 to write down what they liked about Gorman, what they did not like about Gorman and what they would like to see changed. Naturally, there were some foolish things in their comments, but I was surprised how much thought went into their remarks. The youth of this town care about their town and are very proud of their school. They all had nothing but praise for Gorman schools. One grade school girl thought our motto should be: MAKING A DIFFERENCE ONE STEP AT A TIME. Sounds good to me.

We have a new Pharmacist in town, well sort of, we have all known Chris for several years now as the reserve pharmacist, but be sure to give him a big welcome

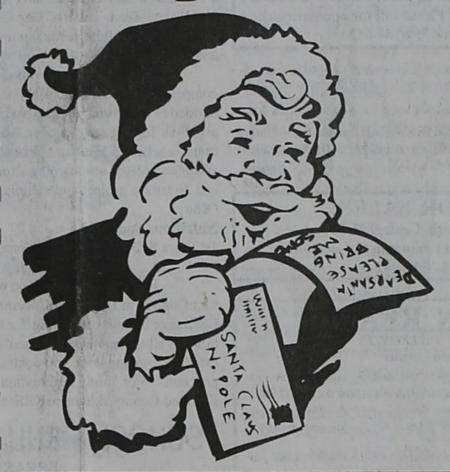
to Gorman. There are two new businesses in town, Laquisha Rainey's Prissy Panther and Terry Denson's Resale Shop. We welcome them also and be sure to check them out.

The good news is that we are moving ahead.

Christmas Store

Desdemona Activity Center Desdemona, TX December 1,2,3 & December 8, 9, 10 8:00-5:00

Santa Coming To Gorman Saturday, December 10th



Santa will be arriving in town on December 10th, 2011 at 5:00 p.m. He will be at the Community Center. Pictures with Santa will be available for \$2.00 each. Santa will be there until time for the pa-

SPAGHETTI LUNCH BENEFIT

COME OUT AND SUPPORT THE DESDEMONA FIRST BAPTIST CHURCH YOUTH GROUP AS THEY RAISE MONEY TO BENEFIT THE CHILDREN OF THE

NEW HORIZONS TREATMENT CENTER. THE MONEY WILL GO TOWARDS FILLING SHOEBOXES WITH SMALL GIFTS AND GOODIES FOR CHRISTMAS

The New Horizons Residential Treatment Center, located near Goldthwaite provides individual, intensive impatient treatment programs for boys and girls ranging in ages 7-17, suffering from emotional, behavioral, and attachment or relationship problems.

YOUTH BENEFIT

New Horizons Children's Residential Treatment Center December 4th - After Church First Baptist Church Annex in Desdemona All Prayers and Donations Are Appreciated!!!!

Citizens of Gorman - Clean-UP Your Property Non-Cleanup Is A Violation of Ord. #302

The citizens of the City of Gorman are proud of their city and ask that everyone cooperate in keeping it clean from grass, brush, weeds and other prohibited accumulations. Prohibited growth and accumulations are a breeding ground for rats, mice, mosquitoes and other disease carrying nuisances. Not only that but they are also a source of fuel for many fires. Cleaning up your property helps promote the City, your neighborhood, potential business growth and many other things.

You are required to maintain your property so as to comply with Gorman City Ordinance #302. Failure to comply with said Ordinance, by any person(s) owning or having control over property within the city limits of Gorman, could result in civil and criminal penalties.

Copies of Ordinance #302 are available at Gorman City Hall, 116 S Kent St, during normal business hours. There is also a list of people that assist (for profit) in mowing, property clean up, building demolition and junk vehicle removal. We would also like to remind you that you are responsible for your curb line, ditches and half of your alleyway. So be sure to include those areas when mowing.

Thank you for doing your part to keep our community a great place to live and raise our children.

2nd Texas Frontier District, Sons of Confederate Veterans, Camp #1904 Along with Cactus Rose, Chapter #23, Order of Confederate Rose

Warmly Welcomes You To Celebrate With Us

A Confederate Country Christmas

Saturday, December 10th - 6 o'clock in the evening Highway 6 Cafe in De Leon, Texas

Come and Celebrate a good 'Ole Country Christmas, with a hearty Southern Meal, Music and Speaker Past SCV Texas Division Commander - Dr. Ray James, P.E., PhD., Assistant Dean, Dwight Look College of Engineering - Texas A&M University

Ticket Cost is \$14.00 (includes Meal) Door Prizes As Well As Awards For Best Period Dress and Uniform

For More Information, Contact Thomas Harrison - 254-734-5058 or rebeltom@cctc.net You may also order tickets by mailing a check with ticket request to: P. O. Box 41 - Gorman, Texas 76454

tems

Gorman Senior Citizens meet once a month on 3rd Wednesday at 11:30 in the Gorman Senior Center. Bring Covered Dish or \$3.00 Per Plate.

The Order of the Eastern Star holds its regular stated meetings on the First Monday of each month at 7:30 p.m.

4-H - The Club is going to meet the first Wednesday of each month in the New Gym. All people interested in participating are encouraged to attend. The meeting will be at 3:45 -4:45. For more information Call Cindy Underwood 734-5085.

SANDRA CAGLE WILL BE IN GORMAN AT THE CITY OFFICE TO RENEW AUTO LICENSE PLATES. HER NEXT VISIT IS WEDNESDAY, DE-CEMBER 21ST FROM 9 TIL NOON.

interest

Oakland Cemetery Association is accepting donations for the Care of the Cemetery. Donations can be sent to Oakland Cemetery Association, P. O. Box 532, Gorman, Tx 76454 or to American State Bank, Gorman, Texas 76454

Food Bank

New Hours - 10 to 11 a.m. - Second Thursday

Gorman Masonic Lodge No. 716 A.F. & A. M. Regular stated meetings are 2nd Tuesday of each month at 7:30 p.m. Members are urged to attend. Visitors are always welcome. Stan Harper, Master - Kenneth Good, Secretary.

Gorman Oaklawn Cemetery Association is accepting donations for the Care of the Cemetery. Donations can be sent to Oaklawn Cemetery Association, 7726 CR 362, Desdemona, Tx 76445 or to American State Bank, Gorman, Texas 76454



Classifieds

FOR SALE!!! 72 x 120 Lot in the H. G. Ables Addition in Gorman. \$1,500.00 Call 254-595-2377. 1-12-22 P.

For Sale: 3-2 Solitaire Manufactured home on about 1/2 acre in city limits of Gorman. Built in 2000. Solitaire homes are quality built homes. \$39,000. Please call for appointment. 254-631-3900 or 254-734-6524

WANTED - LANDTO LEASE - Pasture preferred. Contact Denver Rainey - 254-11-24 FNC.

IMMEDIATE OPENING: Homestead Nursing & Rehabilitation of Gorman needs CNA's for 2-10 and 10 to 6 Shifts also All P.R.N. Shifts For additional information, contact the facility at 254-734-2202 EEOC

HOUSE FOR SALE!!!

Three Bedroom, 1 1/2 Bath, Central Heat and Air. Needs work, 510 West Lexington in Gorman. Phone 254-734-5792

254-893-6666 DE LEON, TX Ray Cogburn - Broker

3 + Acre, 3 - 2 3/4 - 2 brick, central A/C, 2375 sf, den + lg. game room, nice carpet, metal roof, water well, 20 x 40 shop, secluded, lots of Post Oaks! \$119,500. 6A: 3-2-2 brick, 1766 sf, central A/C, new floors, 5 y/o roof, metal shop, equip, Shed, RV storage, new well & Septic, beautiful Oaks, 70+ Peaches, pavement. Nice!

10.43 A: Near Duster, approx. 800 Pecans, building site, elec available, paved road, deer. Owner Finance Possible \$3,495 acre.

17.25 A: HWY 8 Desdemona, 10+ A Coastal, pond, new fences, nice Post Oaks, nat. gas/elec. available. \$79,000.

S/E Gorman: 60 A, good sandy soil, some coastal, good fences, elec., nice pond site.

77 A: South of Gorman, fields/some wooded. Deer & other wildlife, 2 small ponds

100 A west De Leon FM587, 3 - 1 1/2 - 2 brick, 1444 sq. ft., C/HA, fireplace, carpeted, some remodeling, 3 ponds, 30a crop land, 35a coastal, some native, fenced, 2 steel corrals, 2 wells, shop building. Nice setup. Mineral Rights. \$2,950.00 A.

179 A. south of Gorman: Part wooded, part old fields, deer & hogs, 2 nice ponds, sandy soil, elec., water well, metal building. \$2,350.00 acre. SELLERS SAYS MAKE OFFER!!

322A. Oak & Elm Trees, 2 creeks, great water shed project! 40 A. Coastal, owner reports 300 round bales/year, 55 A. Cultivatable soils, 6 ponds, water well, 1200' metal Bldg. with slab floor, elec. Deer, turkey, and other wildlife. \$2,300 A.
NEW - 395A S/W Gorman, 1/2 Open 1/2 Wooded, small creek, 4 ponds, 40' elev.

change, gravel road 2 sides, elec. available. Remote location, deer & wildlife. \$1,795.00

407 A: N/E Gorman, 3 pivots, 16 wells, 8 ponds, 3 metal barns, 3 sets steel corrals, irrigated Bermuda, 3-3-2 rock/frame home, central A/C, metal roof & more! \$3,500 acre, possibly divide.

SELLING GORMAN - DELEON AREAS OVER 50 YEARS



BARBARA LOVE, INC. Broker 317 E. Main St. - 254-629-1725 EASTLAND, TX 76448 www.tcrealty.net

LISTEN TO THE QUIET! Private & close to Gorman-beautiful ONE OWNER - 3 BR, 1 3/4 bath brick home on 10 AC, m/l. 2 water wells, coastal, outbuildings & garden spot. Call to find

BEAUTIFUL OAK TREES LEAD THE WAY to 2 story home on 44.7 AC, m/l 2 BR, 2 bath, LR, DR, upstairs balcony w/out the train to bazing www.stg., shop w/equip. shed, approx. 256 AC. of good coastal & old irrigation pit, HA2

BEAUTIFUL HOME + 3.7 AC + REDUCED PRICE-WHAT A DEAL! Brick home w/spacious interior in excellent condition. Outside is room for it all-sheds, stg., RV cover & workshop. Make an appointment and see for yourself! 03

20 ACRES, M/L, GORMAN - Good coastal & native grasses, 1 tank & partially fenced. Will Be surveyed out of a larger tract. Could be very productive. A2

BETTER BELIEVE IT - There's plenty of room & privacy for the lover of country living on this 2 AC, m/FL. 3 BR, 2 bath brick-LR w/FP, DR & den. Outside is a deck w/jacuzzi, a tank, 3 stg. bldgs. & lg. metal barn 2/2 heated & cooled rooms. Call today & enjoy the fresh air & Wide open spaces! HA2

NICE BRICK HOME ON CORNER 10T - 2 88, 1 bath, forman R/DR, family room, wood floors, fresh paint, SAG + CP & nice patio. 02

CHARM, WARMTH, COMFORT - This 2 BR, 1 bath brick has all of this & more. Large inviting living room, kitchen/dining ombo, O/A, Villity w/dras, DACP & cov. porch overlooking the oversized back yard with it's beautiful pecan trees. Call us to make your appointment

PRODUCTIVE - 160 AC, m/l, N. of Gorman. Coastal, good soil, 2 tanks, water well s & frontage on 2 county roads. A13

PAUL WILLIAMS ROOF[NG

CARBON, TEXAS

FREE ESTIMATES 254-639-2330

The Gorman Progress

P. O. Box 68 - Gorman, TX 76454 Phone 254-734-2410 or 254-734-2411 FAX - 254-734-2799

Email: jake@txol.net or gprogress@txbusiness.com PDF Ads - EPS or JPEG Photos By email

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STESSARTHER LATTE by Mad in Darkest or Commonds Constitut - 1 year - \$16.00; in Terms - \$10.00 per year and that of State - \$10.00 per year Effective Account A. 1961. Any errorate reflection upon the character, standing or respection of any person, first, or comparation which any appear in the minus el du forma Projeca wil la fadij correcti que beig brught is du minus el du Palabar. Entret su Periodeal Paraya Pall el du Par blin is forms, in 1866, color in det al March I, 1878. Political Bushy by Goran Propies, 186 S. Dest, Goran, II 1866s. Periodical Pustage Pol al Borner, II 18464. The Borner Projects Reserve the Right to Robus day Advorting! Postmatur. Pours and Campi of Address Tr. Borners Profess - P. B. Rey 11 - Reviews TJ 78464.

4-H Food **Challenge Contest**

Thirty Eastland County 4-H members competed in the "Food Challenge", which is similar to the popular television show "Iron Chef". Each team has forty minutes to prepare a dish with only the ingredients to a recipe, not the instructions. In addition to preparing a dish the teams have to also prepare a speech to present to a panel of judges. The speech must include, name of recipe, how the dish was prepared, food safety tips and nutrition of the dish. Each team did an outstanding job and the food was very tasty. Results from the "Food Challenge" are as follows:

Senior Division:

1st Place - Team Awesome, Rising Star 4-H. Participants were: Aubrey Lawrence, Kinsey Nall, Kailee Nall, and Jill Keierleber. 2nd Place - Team Cooking Divas, Gorman/Carbon 4-H. Participants were: Connie Gonzalez, Hailey Parks, Heather Henson and Margarita Oronia.

Junior/Intermediate Division:

1st Place - Team Blue Ribbon Chefs, Rising Star 4-H. Participants were: Caryn Lawrence, Samuel Keierleber, and Hanah Willett. 2nd Place - Team The Red Gap Gals, Red Gap 4-H (Cisco). Participants were: Tabitha McKinney, Jinger Posey, Emma Stinnette and Liberty Stone.

In addition to the Food Challenge, 4-H members also compete in the traditional 4-H Food Show. The 4-H Food Show is divided in categories such as Nutritious Desserts, Bread and Cereals, Five Ingredients or Less, Main Dish, Ethnic Dishes, Nutritious Snacks and Fruit and Vegetables. In order to enter the show, youth completed six learning experiences making up their Foods and Nutrition project and submitted their recipe to the Extension Office.

Nutritious Snacks:

1st Place SENIOR: Connie Gonzalez, Gorman 4-H

First and Second place winners will advance to the District Contest in Belton on December 8th. There were eight Food Challenge Teams competing for these top honors. Congratulations to all these 4-Hers on their accomplishments! We are very proud of you and hope you continue your involvement in the 4-H program! For more information about 4-H please contact the Eastland County Extension Office at 254-629-2222.

SCHOOL MENU Week of Nov. 28 -- Dec. 2 BREAKFAST

MONDAY - Cereal, Animal Crackers, Juice and Milk. TUESDAY - Donut, Fruit, Juice and Milk. WEDNESDAY - Burrito, Hashbrown, Juice and Milk. THURSDAY - NO INFO. FRIDAY - NO INFO.

LUNCH

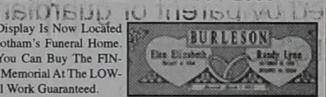
MONDAY - Corn Dogs, baked beans, oranges, and milk. TUESDAY - Barbeque Chicken, macroni and cheese, pinto beans, fresh carrots, cornbread, pumpkin pie and milk.

WEDNESDAY - Ham and Cheese Sandwich, Baked chips, burger salad, fruit and milk. THURSDAY - NO INFO.

FRIDAY - NO INFO.

Riley Gardner Memorial Represented By: JONELL TORREZ - 254-734-2535

Our Memorial Display Is Now Located Behind Higginbotham's Funeral Home. We Guarantee You Can Buy The FIN-EST QUALITY Memorial At The LOW-EST PRICE. All Work Guaranteed





Housing Authority

Is Currently Taking Applications for 102 S. Fisher - 254-734-2400 -Office Hours 9:00 -3:00 (M-F) The Gorman Housing Authority Offers Equal Opportunity Housing To all Who Qualify

New 3 + 2 D/Wide \$47,900! Energy Pkg., Appliances, C/Heat & Air, Del & Set Up

817-279-8505

RBI-35823 5-12-29 C.

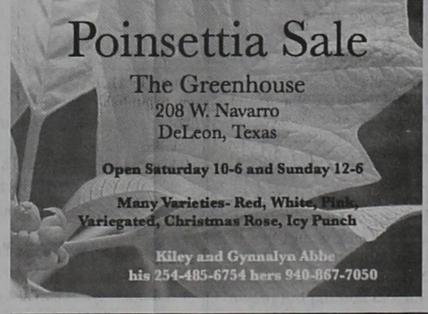
Repos, Repos, Repos!! D/Wides from \$27,900 NSP S/Wides from \$22,900. over 20 in stock. \$0 Down If You Own Land.

817-279-8505

Land / Home Financing - 4.25% A.P.R. Let Us Finance Your New Home plus Acreage, and improvements. FHA, 3.25% Down, 360 Mos., 4.25% Crown Homes

817-279-8505

Business Directory





CUSTOM HOME BUILDERS SINCE 1980 Let Us Build Your

New Home or Room Addition If You Can Dream It, We Can Build It!!!

T. J. Clark Construction Co., Inc. (254) 734-2755

P. O. Box 176 - 111 E. Roberts St. - Gorman, Tx 76454 General Building Contractors - All Work Guaranteed Custom Homes - Remodeling - Commercial - Industrial - Farm Financing - Free Estimates - Design, Engineering & Plan Services

New 32' Wide - 4 Bdrm. - \$69,900!! Country Style Kitchen, Large Island, Walk In Pantry. Delivery & Set Up

\$0 Down If You Own Land 817-279-8505

RBI-35823

5-12-29 C.



n The Wilder Side"

Being a southern gentleman (if I'm allowed to call myself that), I try to always hold the door open for people I come across. This almost always happens as I am walking out of an establishment as someone else is walking in. The ones who walk through generally say "thank you" or something of the sort. Of course there are some who I suppose consider you to be the doorman and don't even give you a glance as you take the time to hold the door for them. It is these people that get under my skin. I often have to fight the urge to scream "you're welcome!" to get their attention. But I have to remind myself that as a Christian I don't do those things for the praise. I do them so that God is glorified by my service. In all honesty we are told so serve in such a way that the "left hand doesn't know what the right hand is doing" (Matt 6:3). That is so that God will get the praise, not you.

Do you ever stop to tell God "Thank You"? We go through life receiving God's blessings in many ways. Sometimes we get what we ask for, and sometimes we get more than we ask for. Sometimes we are given blessings that we didn't think we needed. But do we ever stop to say "thank you" to God?

The hymn tells us to "Count your many blessings, name them one by one." Have you ever counted your blessigns? If you did, did you stop to say "thank you" for them? If it is not part of your regular prayers, I would encourage you to spend time thanking God. Not just on Thanksgiving, but every day that you are blessed to live on this earth.

> Fight the good fight (1 Tim 6:12) -Jason Wilder - Gorman Church of Christ

Gorman Church of Christ Meeting Times Sunday Morning Bible Class - 10:00 Sunday Morning Worship - 10:45 Sunday Evening Worship - 6:00 Wednesday Evening Class - 7:00

A Letter To The Editor About Abortion in Government - By Henry A. Buchanan

Abortion is the destruction of a life before it can came to birth. It is taking place on the political scene today. The Egyptian Revolution that took place in Tahrir Square overthrowing Hosni Mubarak has aborted because the military took over, and now the people have to try again to create life. Maybe this time?

The attempt to Occupy Wall Street and power in big cities has aborted, and the hope for a new American Revolution of the People is dying. Will the people try

The Supercommittee that was to break the deadlock in Congress has aborted, and our government faces failure because the deadlock has rendered Congress dysfunctional. We must try again or we will die.

Add to this the Republican Debate. Eight people proposing their own ideas, but they have lost sight of the purpose of the debate and have all turned on Obama. The debate is aborted.

Meanwhile we are aborting the very life of the planet Earth while industrial pollution in the hope of providing jobs and food for an overpopulated Earth. Instead of building we are destroying.

What we are seeing in Syria is only an extreme example of what is happening to our world and it will come to us here in America unless we cease the struggle for Power and get down to the business of living together and eating together at the same table, and sharing together the good things of the Earth with Thanksiving to God for the chance at Life.

> (s) Henry A. Buchanan 1131 N. Kent St. - Gorman, TX 76454 254-734-4569 11/21/11

Pig Tales From Hogtown

We, here at the Desdemona Activity Center, are very excited to start off the Christmas season with our annual Christmas Store! If you have never been to a Christmas Store here at the DAC, think of it as a Christmas garage sale. Except that we have new items as well as gently used items. If you need decorations, we have lots. If you need gift boxes, we have lots. If you need Christmas cards, we have lots. We have a few small items that would be suitable for gifts. And who can forget the bakes goods! There will be lots of wonderful cakes, cookies, candies, etc. Even as I am writing this, I can vision all the great cooks measuring, mixing and baking. I can almost smell the mouth-watering aromas! Lots of folks buy and freeze goodies for Christmas – no need to do your own baking. The store will be held this Thursday, Friday and Saturday and the following Thursday, Friday and Saturday. Mark the dates on your calendars December 1, 2 and 3 and December 8, 9 and 10. The doors will be open from 8:00 until 5:00 each day. Even if you don't need anything, come and visit – we love to talk with old friends and meet new ones!

'First Saturday Breakfast' will still be held on Saturday, December 3rd even though the Christmas Store is in progress. You can eat and shop all in one place!

Please remember that we will not have a dance in December. When we resume the dances in January with Johnson, they will be on the second Saturday of each month. And so, the first dance of the New Year will be Saturday, January 14th.

See you in Desdemonal Carol Pell

FREE Childhood Immunizations and Flu

(Available for children 2 months to 18 years of age)

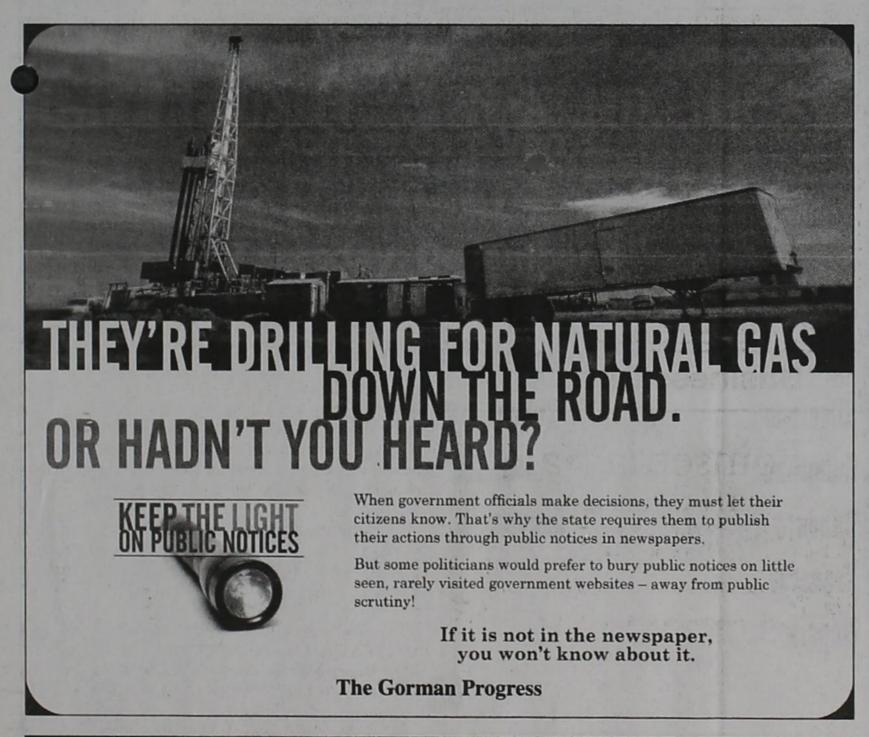
New! - Free Dental Screening Available

Sponsored by:
Abilene Care Van &
Caring For Children Foundation of Texas

Thursday, December 1st
5 pm – 7 pm
Medical Care Mission
1857 Pine, Abilene, TX

*Please bring your child's immunization record
*Child must be accompanied by parent or guardian
*VFC Eligible

For additional information please call 2-1-1 Texas A Call for Help www.carevan.org



THEMS OF INTER

Gorman Senior Citizens meet every Wednesday at 11:30 in the Gorman Senior Center. Bring Covered Dish or

The Order of the Eastern Star holds its regular stated meetings on the First Monday of each month at 7:30 p.m.

FOOD Bank
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Second Thursday

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Gorman Oaklawn Cemetery Association is accepting donations for the Care of the Cemetery. Donations can be sent to Oaklawn Cemetery Association, 7726 CR 362, Desdemona, Tx 76445 or to American State Bank, Gorman, Texas 76454

Happenings At FBC!!

Birthday! Jesus was the birth that changed the world and saved the world! We're just a few weeks away from celebrating another Happy Birthday to Jesus, and Merry Christmas. Glory to God!

Mark your calendars:

Dec. 7th - Nursing Home Christmas Store by Youth Group.

Dec. 10th - 2pm to 4pm - Bro Barry & Sharlene's

Open House at Skaggs' Home.

Children's Sermon: It was cold and windy

outside so Traci stayed inside. It made her thankful for a warm & cozy home, blankets, and heater. Some people don't have these blessings. In the Bible book of Nahum we learn the Lord is good, strong, and a refuge to His people. The Lord is near to those that trust in Him, and you will find protection from all things in Him.

Bro. Barry's Message: "Do You Have a Father or a Daddy?" - Romans 8:15 - The saying goes, "Anyone can be a father, but it takes someone special to be a daddy." Are a father and a daddy the same? Bro. Barry was blessed to be raised by a wonderful Daddy. However, for one reason or another, many people in this world are raised without a father in their life. One thing is for sure, our Heavenly Father is real and there is no problem too big for him to handle. Your Heavenly Father loves you like no other child, and one day we shall behold Him face to face. We live in a troubled world; the unstable economy and the assault on family make it difficult to live. What do you do in the darkest moments of you life?

Romans 8:15 - So you have not received a spirit that makes you fearful slaves. Instead, you received God's Spirit when he adopted you as his own children. Now we call him, "Abba, Father."

Don't lay slain from the sins of life, don't choose to remain in bondage for your sins, rather choose life in knowing you are adopted by our Almighty & Heavenly Father.

John 17:6 - "I have revealed you to the ones you gave me from this world. They were always yours. You gave them to me, and they have kept your word.

Your "son-ship" is adoption to the Family of God. The love you feel brings a smile to your face.

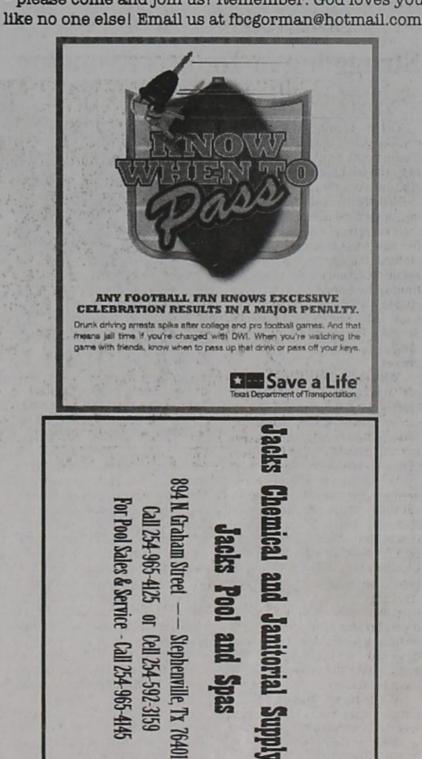
John 17:11- Now I am departing from the world; they are staying in this world, but I am coming to you. Holy Father, you have given me your name; now protect them by the power of your name so that they will be united just as we are.

What wonderful things to shout we don't live in the ways of the old-testament; we live in the new-testament world where Jesus is Lord and Savior!

Luke Chapter 15 tells the story we have come to know as the "Prodigal Son". The one known as the prodigal son only thought of oneself. The underlying story is more powerful, and the core of the family. The daddy doesn't lese sight of his children. The daddy had to have been watching to see the son's return. The other brother questions why they would celebrate his brother's return. Luke 15:31 - "His father said to him, Look, dear son, you have always stayed by me, and everything I have is yours."

Luke 15:20 - "So he returned home to his father. And while he was still a long way off, his father saw him coming. Filled with love and compassion, he ran to his son, embraced him, and kissed him.

Even when the shackles of life are pulling you down your Heavenly Daddy is preparing a place for you. God supplies needs according to His riches and glory! We have everything our Heavenly Father has for eternity in the name of Jesus. Your Heavenly Daddy is hugging you and loves you. You shall behold Him. May God instruct us how to be there for people when they need us, and may all we do bring Glory and Honor to God's name! If you are reading this and you have not accepted Jesus Christ as your Lord and Savior please call Bro. Barry, ask Bro. Barry to talk with you about being saved or just ask him to pray with you, just call (254) 734-2420. Our Worship Service begins at 11:00AM on Sunday mornings – please come and join us! Remember: God loves you like no one else! Email us at focgorman@hotmail.com



HEALTH

Stock Your Arsenal for Cold and Flu Season

(NU) - With more than 150 million cold, flu and allergy episodes annually, according to the National Institute of Allergy and Infectious Disease, one of the absolute certainties in life is that you or someone you know will have a case of coughs and sniffles this year. Before the sore throat, itchy eyes, runny nose and dry lips set in, take the time to stock up your medicine cabinet with the essentials needed to alleviate cold and flu symptoms through the upcoming season.

"The cold and flu season brings on body aches, sore throats, chapped lips, headaches and fevers," says Dr. Charles Zugerman, clinical associate professor of dermatology at the Feinberg School of Medicine, Northwestern University, Chicago. "When suffering from these ailments, it is important to stay home and not risk spreading germs to others. Therefore, it is critical to make sure you have the necessary items on hand to combat your symptoms before the season starts to ensure a restful

Here are a few medicine cabinet basics:

 Sanitizer. Stave off germs by keeping disinfectant wipes and a hand sanitizer that contains 60 percent ethanol or isopropanol nearby. These will help to kill and pre-

vent transmitting germs. Nasal Decongestant. A stuffy nose is one of the most common and irritating symptoms of allergies, a cold and the flu. Decongestants relieve nasal congestion and shrink the tissues and blood vessels in the eyes and nose that swell in response to a cold or contact with an allergen.



Stock your medicine cabinet for cold and flu season.

 Lip balm. Mouth breathing due to congestion and other side effects of a cold, allergies and the flu create severe dryness and irritation that leave lips susceptible to further infection. By relieving annoying symptoms like lip discomfort, cold and allergy sufferers feel better, which in turn helps them rest and get better.

Dr. Zugerman's two personal lip balm picks: New Blistex Cold & Allergy Lip Soother and Medicated Lip Ointment. They won't cure sniffles or a cold, but both will help soothe and comfort lips that are feeling under the weather. Blistex Cold & Allergy Lip Soother is formulated with soothing ingredients and an advanced analgesic to bring lips relief and prevent further irritation. Blistex Medicated Lip Ointment is clinically proven to heal dry, chapped lips and has four medications to ease pain, itching and discomfort. For more information, visit www.Blistex.com.

Medicine cabinet aside, experts recommend getting a flu shot early to protect yourself as well as those around you.

HEALTH

Stop Counting Sheep, Get Some Sleep!

(NU) - Americans lead busy lives - and the overscheduled often cut back on sleep. But sleeping five or six hours a night can carry severe health consequences. Studies suggest the adults need at least seven or eight hours of shut-eye – getting less can inter-fere with job performance, not to mention contribute to obesity, diabetes and heart disease.

But what if you're trying to sleep, but can't fall asleep, or wake up still feeling tired? Stim-ulants like caffeine or nicotine. large meals or exercise right be-fore bed, and disruptive sleep environments can all contribute to poor sleep. For as many as 12 million Americans, as estimated by the National Institutes of Health, the problem may be a sleep disorder called obstructive sleep ap-

In obstructive sleep apnea, the soft tissue in the back of the throat collapses into the airway during sleep, cutting off oxygen to the blood. When patients with sleep apnea stop breathing, the brain rouses them, sometimes hundreds of times a night. The result? Fragmented, poor-quality sleep.

Sleep apnea can strike anyone at any age, and most cases go undiagnosed. If you often feel tired, get your Snore Score at the American Sleep Apnea Association's Web site (www.sleepapnea.org). If you answer "yes" to any of its six questions, you should ask your doctor about sleep apnea. Treat-ments are available and can great-

ly improve your quality of life.
If you've ruled out an underlying sleep disorder, like sleep apnea, but still find yourself counting sheep, try the following tips;



Unwinding with a book or relaxing music before bed may help you fall asleep.

Avoid stimulants. The caffeine in that cup of coffee will remain in your body for six to eight hours, so stop drinking coffee after lunch. If you really need a midafternoon pick-me-up, try taking a brisk walk outside. Thirty to sixty minutes of sunlight exposure per day can help you sleep more

Don't take naps after three p.m. Late-afternoon naps will make it more difficult to sleep lat-

Take a hot bath before bed. The water will lower your body temperature, mimicking what happens during sleep. Keeping your bedroom at a cool temperature may also help.

Lessen distractions before bed. Give yourself time to wind down with a book or relaxing music. Keep televisions and computers out of the bedroom - they provide too much stimulation. If you find that you can't fall asleep, don't lie awake in bed. Find a quiet activity to do for 20 minutes, then try again.

Solutions for Seniors Struggling in Today's Economy

(NU) - Turmoil in the economy. Skyrocketing jobless numbers. Budget cuts putting families at risk. And senior services being cut. And cut. And cut.

Whether it is nutrition, housing, or medical needs, seniors and their caregivers are now looking for new ways to keep themselves clothed, fed and housed. In fact, President Obama's full-year Continuing Resolution for 2011 included a 45 percent national cut-back of Senior Community Service Employment Program funding from the fiscal year 2010

budget.
With federal funding at the top of the chopping block, many of our elderly don't have access to even one hot meal a day. Meals on Wheels, a non-profit agency, had to establish a waiting list at many of its sites across the U.S. this year.

While the world of senior nutrition programs faces trying fiscal times, there are services out there to help. Mom's Meals (www.MomsMeals.com), created by a family to care for their aging grandmothers, delivers fresh-prepared, nutritionally balanced meals right to the doors of those who need them most. At only \$5.99 per meal, far less than the cost of a restaurant meal, Mom's Meals are designed by a dietician and chef and contain the proper nourish-

ment for seniors. While transportation options are also being cut, a little digging will show that certain agencies are working for the benefit of seniors. At the 2005 White House Conference on Aging, transportation was identified as the third most important priority of seniors, right under



options is crucial in this economy. Here, Barb Anderson, the "mom" from Mom's Meals, serves her mother.

reauthorization of the Older Americans Act (No. 1) and matters pertaining to long-term care, according to the National Center on Senior Transportation. The NCST has made it their mission to increase transportation options for older adults and enhance their ability to live more independently within their communities throughout the U.S. More about the NCST can be found at www.seniortransportation.net.

With these federal cuts also comes added financial burden on seniors and their families. To help, AARP offers their Money Management Program, a daily service to help low-income older or disabled people who have difficulty budgeting, paying routine bills and keeping track of financial matters. More information about it can be found at www.aarpmmp.org.

Desdemona News

By Vonnie Guthery

Desdemona Monthly Musical was held last Saturday night at the Community Center. Thanks to all the musical groups and singers that attend each month. Thanks to the ladies of our Community that donates food each month to the Concession Stand. This musical be Canceled due to the busy "Holiday Season".

Robert and Ima Brown spent Thanksgiving day in Fort Worth visiting their son, Robert Alton and Jana Brown. Other visitors were Preston Brown and friend, Valerie; Julie Brown; Nila Barker and daughter, Becky Malone all of Fort

First Baptist Church of Desdemona continues to have good attendance each Sunday. Bro. Charlie and Jana Johnson and all the members invites visitors to attend each Sunday. Youth Group and their leaders of our Church will serve a Spaghetti Lunch following the Morning Service on Sunday, December 4th at the Church Annex. The cost is by "Donation" and the money will go to the "New Horizon's Children Home" in Goldthwaite. Invite your friends and neighbors to attend and help this youth group with their mission project. THANKS!!!

Karen Fair and Lorin hosted the family Thanksgiving Holiday dinner on Thursday. Those attending were Pug and Vonnie Guthery, Belinda Guthery, Holly Guthery and daughter, Jade, Roy and Angela Powledge and son, Lane, Donal and Kandice Cogburn and children, Dylan and Taiah all of Desdemona.

Thanksgiving Holiday visitors with Bernard and Ann Keith were De and Vicki Robinett of De Leon; Bill and Tami Sanders and daughter, Robin of Converse; Derek and Heather Robinett and daughter, Emily Claire of Midland; Randall Wilcoxson and Vonnie Guthery, both of Desdemona.

"Happy Birthday" to our sister, Ella (Guthery) Reeves in Irving, Texas from Pug and Vonnie Guthery. Ella attended school in Desdemona and graduated with the Class of 1952.

Please continue to remember the Sick and Shut-ins of our Community with your Cards and Prayers.

Thought For Today ple that burn the Candle at both ends don't have a "Wick of Sense."

Have a great day, Coon.



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