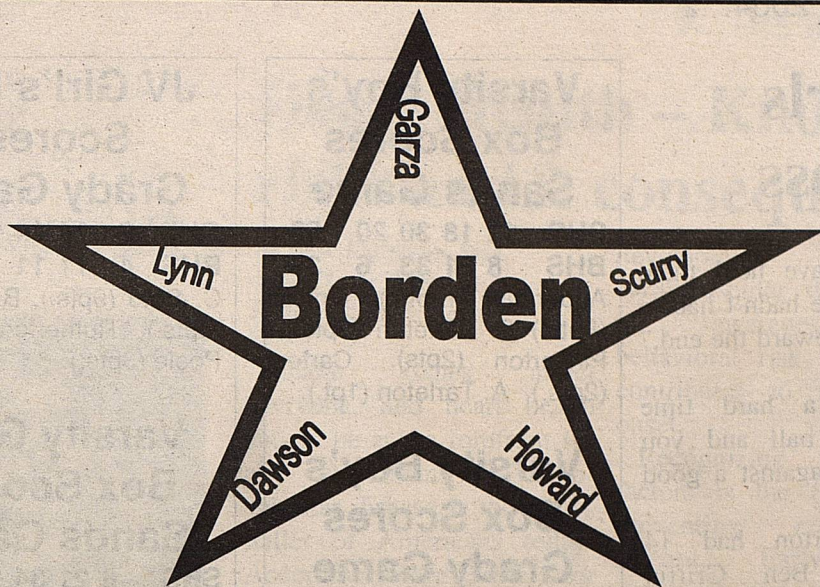


# THE

Volume XXXII



# STAR

February 4, 2004

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

## Residents Invited to Town Meeting on Community Issues

What does our community need? What could be improved? What would make life better for everyone who lives here?

All local residents who are interested in a better future for themselves, their families and our community are invited to participate in the Texas Community Futures Forum on Monday, February 9, 2004 from 6:00 to 8:00 p.m. in the Community Room. Refreshments will be provided to those attending.

The Forum is being conducted in every county as a statewide effort of Texas Cooperative Extension, an agency of The Texas A&M

University System, to bring together a diverse group of individuals, groups and organizations to identify issues and concerns.

We want to get broad-based input into this process so that a plan can be developed for the future of each county and for Texas as a whole. We also want other local, state and federal agencies and organizations to participate. Many of the needs and concerns of people can best be addressed through cooperation and partnerships among the agencies and organizations that serve them.

The Futures Forum process will help Extension develop its long-range plan for the next

four years, 2005 through 2008.

However, the true goal is to facilitate the identification of common needs and define a process for addressing these needs to create a better economic, environmental and social situation in communities across the state.

We view this as a partnership effort, all of us working together for the future of Texas. We encourage everyone to let their voices be heard in the Borden County Town Meeting. This is your opportunity to speak to the future!

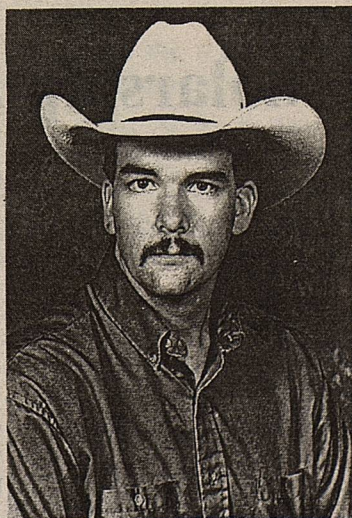
For more information, contact the Extension office at (806)756-4336.

former Sheriff, R.D. Lewis. He also worked as an Investigator with the Texas Narcotics Control Program under former Governor George W. Bush.

Jon, wife Michelle, and daughter Mackenzie, a first grader at Borden County, currently live near the Fluvanna community in Borden County. Jon is the co-founder of *Thunderstruck Truck Accessories*. He and Michelle also own *Connections* in Snyder.

Jon asks for your support in the upcoming March 9<sup>th</sup> Democratic Primary. He would be proud to serve the citizens of Borden County as your Sheriff/Tax Collector-Assessor.

Paid Political Ad by Jon Herring



commissioned Peace Officer. He served as Deputy Sheriff/Tax Collector-Assessor with the Borden County Sheriff's office under

## Know Your EMS

Philena Farmer has been elected President of Borden County EMS for 2004. She is a 1976 graduate of BHS. She graduated from Texas Tech in 1986 with a Bachelor of Business Administration in Accounting.

Philena has two daughters, Randi and Faith, which graduated from BHS and a son, J. Ryan who is a Sophomore at BHS. She also has two granddaughters Alice and Morghan.

Philena lives in the Plains Community and works as a high school math teacher at Tahoka High School. She serves as treasurer of the Borden County Junior Livestock Association. She has held this position for the last 10 years. She also serves as a first responder for the Borden County EMS for the Plains Community.

Philena is a National Registered Paramedic. When she took her National Registered Test she made in the top 10% of Paramedic's in the United States.



She has recently tested for EMS Instructor from the Texas Department of Health. She will be teaching a Basic EMT Class in Borden County starting March 2, 2004. Classes will begin at 6:00 p.m. every Tuesday and Thursday evenings.

Borden EMS is in need of new members that are willing to give some of their time to their community. The class will be taught at no cost to people that will serve with the Borden County EMS.

Thank you Philena, for all you have given to the BC EMS.

**NO SCHOOL**  
Friday, February 6<sup>th</sup>.  
Ft. Worth Stock Show  
**High School Basketball**  
Friday, February 6<sup>th</sup>  
Klondike There  
5:00 p.m. gGB,

# Borden County Girls handed first loop loss

Lamesa Press-Reporter

Borden County's state-ranked varsity girls basketball squad was dealt its first District 7-1A defeat of this season Friday night at Grady, where the Wildcats held off the Lady Coyotes, 56-43.

Borden County trailed by only three at the end of the third quarter at 33-30.

The Wildcats, however, ended the game by outscoring the Lady Coyotes, 23-13, in the fourth quarter.

The No. 18 Lady Coyotes are now 20-6 on the year and 6-1 in the loop play.

Grady is now 19-6 overall and, like the Lady Coyotes, are also 6-1 in district entering the final three games of the regular season.

Jami Gass's 13 points led the Coyotes. Menda Jams had 11 points and Shayla Gass had 10 for the Lady Coyotes. Borden County lost Friday's varsity boys game to a red-hot Grady squad, 53-35.

Grady is now 24-1 on the year and ranked as the third best Class 1A boys team in the state in Division 2.

"We played a pretty good first quarter and a half," Borden County Coach Trey Richey said.

The Coyotes' Kyle Pinkerton picked up his third foul in the first half with Borden County only down by four at 20-16 at that point.

"He got his third foul and had to go to the bench and that's when they went on an 8-0 run to end the half," Richey said.

The Wildcats were up 28-16 at the half.

Despite the defeat, Richey was proud of his squad's effort.

"I was pleased defensively.

We would have held them under 50 if we hadn't had to start fouling toward the end," Richey said.

"We had a hard time shooting the ball and you can't do that against a good team."

Kyle Pinkerton had 14 points and Ben Griffin finished with 13 to lead the Coyotes, now 3-4 in league play.

Borden County won Friday's JV boys game at Grady, 50-36.

J. Ryan Gicklhorn had 16 points, while Caden Nowlain and Jacob Froman had 10 points each for the Coyotes' JV, which led 25-8 at the half.

Borden County lost Friday's JV girls game at Grady, 25-19.

The Lady Coyotes trailed that game 14-11 at the half.

Christina Soto had nine points and Becky Dobyms had four for Borden County's JV.

## School Menu

### Week Of:

Feb. 9<sup>th</sup> - 13<sup>th</sup>, 2004

**MONDAY:** BBQ Sausage, Ranch Style Beans, Potato Salad, Bread, Fruit & Milk. **Breakfast:** French Toast, Fruit Juice and Milk.

**TUESDAY:** Pizza, corn, Salad, Pudding & Milk. **Breakfast:** Ham & Eggs, Biscuits, Fruit Juice & Milk.

**WEDNESDAY:** Chicken Quesadillas, Spanish Rice, Tomato Slices, Fruit and Milk. **Breakfast:** Waffles, Fruit Juice & Milk

**THURSDAY:** Meat & Gravy, Potatoes, Green Peas, Hot Rolls, Ice Cream, & Milk. **Breakfast:** Pancake Pups, Fruit Juice, & Milk.

**FRIDAY:** Steak Sandwich, Tater Tots, Salad Cup, Brownie, & Milk. **Breakfast:** Pancake Pup, Fruit Juice & Milk.

## Varsity Boy's Box Scores Sands Game

SHS 12 18 30 20 50  
BHS 8 21 33 6 39  
Anderson (12pts.), Griffin (8pts.) S. Tarleton (8pts.), Pinkerton (2pts.) Carter (2pts.), A. Tarleton (1pt.).

## Varsity Boy's Box Scores Grady Game

GHS 12 28 40 13 53  
BHS 6 16 25 10 35  
Pinkerton (14pts.), Griffin (13pts.), S. Tarleton (3pts.), Anderson (3pts.), Chapman (2pts.).

## JV Boy's Box Scores Sands Game

SHS 4 12 20 26 62  
BHS 7 16 16 20 59  
Pigford (7pts.), Bullinger (4pts.), Froman (4pts.), Chapman (3pts.), Gicklhorn (2pts.).

## JV Boy's Box Scores Grady Game

GHS 4 8 20 16 36  
BHS 9 25 36 14 50  
Gicklhorn (16pts.), Nowlain (10pts), Froman (10pts), Bullinger (6pts.), Lamming (2pts.), Rodriguez (2pts).

## Jr. High Boy's Box Scores Klondike Game

KJH 6 10 22 19 41  
BJH 8 21 33 6 39  
C. Pinkerton (28pts.), Shafer (12pts.) Valentine (4pts.), Crenshaw (2pts.).

## Jr. High Boy's Box Scores Klondike Game

KJH 23 16 17 16 72  
BJH 0 5 2 12 19  
Benavides (6pts.), Gass (5pts.), Wilson (3pts.), Brooks (3pts.), Roberts (2pts.).

## JV Girl's Box Scores Grady Game

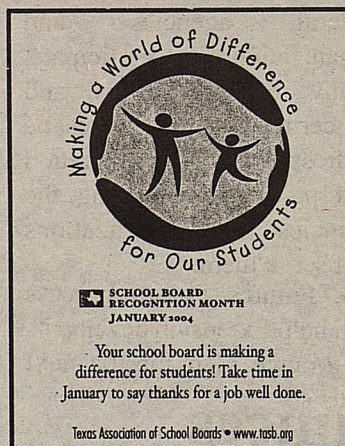
GHS 8 14 14 11 25  
BHS 4 11 11 8 19  
C. Soto (9pts.), B. Dobyms (4pts.), Rutherford (3pts.) Poole (3pts.).

## Varsity Girls Box Scores Sands Game

SHS 6 21 34 24 58  
BHS 19 32 53 18 71  
C. Rinehart (24pts.), M. James (13pts.), J. Gass (9pts.), A. James (8pts.), 2 three pointers, L. Stamper (6pts.), T. Balague (3pts.), L. Johnson (4pts.), E. Mayes (2pts.), S. Gass (2pts.).

## Varsity Girls Box Scores Grady Game

GHS 12 21 33 23 56  
BHS 4 24 30 13 43  
J. Gass (13pts.), M. James (11pts.), S. Gass (10pts.), C. Rinehart (5pts.), E. Mayes (2pts.), A. James (2pts.).



## Scholarship Available

Poka Lambro Telephone Cooperative, Inc. is now accepting applications for three \$2,500 scholarships to be awarded in March of this year. Entry deadline is March 5, 2004.

The son or daughter of any member of Poka Lambro Telephone Cooperative, Inc. graduating from an area high school is eligible to apply. Scholarship recipients are selected based on academic achievement, involvement in

## From The Counselor

By Mary Airhart

Parents of Borden County ISD junior and senior students are invited to join their students for a "working meal" Financial Aid Workshop presented by Courtney May of the Panhandle-Plains Higher Education Authority from 12 noon to 1 p.m. on Thursday, February 12, 2004, in the Borden County ISD Conference Room.

On that same date, Thursday, February 12<sup>th</sup>, Lamesa will host a financial aid workshop at the Lamesa ISD Student Center on the southeast corner of the Lamesa High school campus from 6:30 to 8:00 p.m. Accountants and LEARN consultants will be available to answer questions and check over completed FAFSA's. Parents and high school students from all area schools are invited, but primary emphasis is placed on senior students and their parents. Parents and senior students should take their 2003 income tax information with them to this meeting if it is available, but the presentations will be helpful even without the completed tax forms.

Lyntegar and Poka-Lambro Scholarship application forms have been given to all Borden County seniors. The Wal Mart applications were due at the local store on or before Saturday, January 31.

extra-curricular activities and financial need.

Applications have been sent to area high schools and may also be obtained by contacting Poka Lambro or visiting Poka Lambro's web site at [www.poka.com](http://www.poka.com). Scholarship presentations will be made at Poka Lambro's Annual Membership Meeting in March. For additional information, please contact Amy Preston at 1-800-422-2387.



## Student Editorial

### Why Not North Korea?

By John Wilson, Junior BHS



With a standing army of over a million and a brand-new nuclear arsenal behind him, Kim Jong-Il can be quite frightening. After all, the North Korean dictator did manage to build a nuclear program right under the noses of UN inspectors, a fact that we have only recently become aware of. However, North Korea is not enough of a threat to justify a forceful "regime change", and inversely, a regime change would be too costly. War is simply not the best choice.

The number of casualties in a new North Korean conflict would, by many estimates, run in the tens of millions. In the last Korean War, over two million Koreans died. In the new Korean War, both sides would be backed with nuclear weapons and millions of troops. The densely packed population pattern is perfectly designed for maximum collateral damage. Both countries would be left in ruins and entire cities would be wiped out.

The results for America would be devastating as well, as we are committed to coming to South Korea's aid in the event of an attack. In addition to the fact that we would likely get bogged down in yet another high-casualty Vietnam-type conflict, our already overstretched military would have to ignore problems like Iraq and Afghanistan, giving a chance for Al Qaeda and bin-Laden to catch us with our pants down. While defending South Korea is certainly a worthy and justified cause, a preemptory war in this case

is absolutely the wrong decision.

In the event of a North Korean attack, however, our forces can make no compromises until Kim Jong-Il is removed from power.

This will not happen. Kim Jong-Il is simply trying to establish North Korea as a world power and is definitely getting everyone's attention. At the same time, his military build-up is key to receiving the foreign aid that is keeping his country afloat. Look how close his plan was to being an overwhelming success. If Al Gore had been elected, which was an extremely close call, you the taxpayer would be shelling out big bucks to North Korea right now. A more timid president would simply give in to the threat of a North Korean offensive. Clinton did, and his nuclear power plants are why North Korea has nuclear material in the first place.

Fortunately for us, Bush won't let that happen, and it looks as if Kim Jong-Il will have to come to his knees and beg for help or self-destruct. Even though the North Koreans recently started reprocessing some nuclear material, the attempt is a bluff that should be viewed as such.

## Heart Health – Know the risks and consequences

By Patti Patterson, MD.  
Texas Tech University  
Health Sciences Center

Health issues affect everyone, and heart health should be at the forefront for all Americans. Cardiovascular disease is the No. 1 Killer of Americans today. According to the Centers for Disease Control and Prevention, heart disease leads as cause of death for all racial and ethnic groups in the United States. The best way to prevent and control heart disease and illness is to take better care of ourselves in the first place.

Cardiovascular diseases include high blood pressure, coronary heart disease, congestive heart failure, stroke and congenital heart defects.

Men have more heart attacks than women, and they have them earlier in life; but after menopause, the chances for heart attacks in women increase. In addition, women are more likely to die once they have a heart attack.

While age, race, gender, and genetics play a role in the

Even with a small nuclear arsenal, North Korea could never take South Korea if we intervened. And besides, a radioactive South Korea would be no prize. This entire "crisis" is all a masquerade put on by Kim Jong-Il in a flagrant bid for your and my tax dollars.

While there is no doubt that Kim is a slightly nutty egomaniac, he has not proved suicidal, evidenced by the fact that he did not attack South Korea before we knew he had nuclear weapons. Don't count a conflict out yet, but the cat's out of the bag and Kim Jong-Il and his starving military are proving to be little more than a paper tiger.

development of cardiovascular disease, lack of awareness about behavioral risk factors also contributes to its eventual onset.

Recognizing these risk factors is the first step in preventing cardiovascular disease. Early medical detection and treatment of conditions such as high blood pressure, high cholesterol and diabetes through screenings are key prevention measures.

The American Heart Association reports that one in five Americans has high blood pressure. And two out of three people with diabetes die from heart disease and stroke, according to the American Diabetes Association. These are grim numbers, but the encouraging news is that both high blood pressure and diabetes can first be prevented – and for those who already have these diseases, can be controlled.

Other contributing factors include obesity, physical inactivity, poor nutrition and tobacco use.

In 2001, 65 percent of the adult American population was overweight or obese – a significant risk for both diabetes and heart disease. While the incidence of smoking has declined in the United States, an estimated

3.2 million Americans tried their first cigarette in 1997 – (and most of these new users were between ages 12 and 17). One-third of smoking deaths each year are cardiovascular-related. More than 60 percent of American adults do not get the recommended level of physical activity and 25 percent are not active at all.

Decisions to quit smoking, become active and get checked for high blood pressure and cholesterol start prevention. According to the American Heart Association, heart disease is almost twice as likely to develop in those individuals who are inactive and don't exercise regularly.

Health or wellness fairs can be a great source for free screenings for cholesterol, blood sugar and blood pressure levels. For disease management though, it is imperative that patients see their physicians regularly.

If you have not started a healthy eating and exercise plan this year, start now. Be your own advocate for your health and know the risks for cardiovascular disease. By becoming aware of how our behavior affects our health, we can reduce those significant health risks. Prevention, after all, is the best medicine.

**Patti J. Patterson, MD.**, is the vice president of rural community health at the Texas Tech University Health Sciences Center. She grew up in Hale Center.



### Keeping an Eye on Texas

#### Nurses In Demand

Texas will need up to 138,000 licensed practical nurses, registered nurses and nursing aides within the next seven to ten years.

The U.S. Bureau of Labor Statistics projects nursing as the fastest growing occupation over the next five years.



For more information about careers in nursing, go to:

<http://www.twc.state.tx.us/careers/nursing.html>

SOURCES: Texas Comptroller Carole Keeton Strayhorn ([www.window.state.tx.us](http://www.window.state.tx.us)) and the Texas Workforce Commission.



## Texas Stories

*A showcase of the Texas Spirit*

**Tumbleweed Smith**  
Part owner of Texas



### 58 Years of Marriage and still holding hands

Louise and Andrew Williams live in an attractive and well-kept home on one of Rotan's main streets. A graceful mesquite tree shades the driveway. Their home looks like a honeymoon cottage. Two sweethearts live inside.

"The reason I fell in love with him was because he bought me a coke," said Louise. "We had nothing much and lived way off out in the country and I went to this little country school. We were out by the football field one day and he asked me could he buy me a coke. I was really impressed. I decided right then and there that's the man I want to marry."

It is not unusual to see Louise and Andrew Williams holding hands while walking down the street in Rotan.

"We met at school in Hobbs when we were thirteen years old," says Louise. Hobbs is a little place just outside Rotan."

There's not much at Hobbs now, but Andrew says it used to be quite a place.

"It's unbelievable to drive through out there now. At one time there was actually 350 of us going to school in Hobbs."

Andrew says he and Louise

had fun on dates.

"We'd come to Rotan to come to the show. Them days, everybody went to the show. There used to be three movie theaters here in Rotan."

Louise says after graduation, Andrew went to college, then was drafted and had to go to the service.

"And I cried so much." Andrew was in Italy during world War Two. They got married when he returned.

"He had to call his mother," says Louise, "to see if it was all right to marry me. After going overseas and fighting for two years, he still asked his mother if he could get married. I tell you, I have had a dream life. He has always been the nicest husband you ever say. We've been married 58 years."

I asked both of them how they had managed to keep the romance alive and fresh.

"Gosh, that's not hard," says Louise. "When you have somebody so nice to you. I just couldn't ever tell anybody how wonderful he is to me. We do nearly everything together. It's just always been that way. Even when we were tending some mother cows and had to go see about them at 11 p.m. and 4 a.m. I went with him. He always opens doors for me and everybody laughs about that. I really don't expect it or even want to especially, but he does it. He really spoils me."

Andrew replied, "I just loved her so much when we married and never got over being in love with her."

"I just wish everybody could have this kind of life." Says Louise. Every day is exciting and fun and full of love."

\*\*\*

**People are like stained-glass windows. They sparkle and shine when the sun is out, but when the darkness sets in, their true beauty is revealed only if there is a light from within.**

—Elisabeth Kübler-Ross

\*\*\*

**The real art of conversation is not only to say the right thing in the right place, but to leave unsaid the wrong thing at the tempting moment.**

—Dorothy Nevill

\*\*\*

## Public Hearing Scheduled in Borden County on Trans-Texas Corridor

The Texas Department of Transportation (TxDOT) will hold a series of public hearings throughout the state in February regarding the Trans-Texas Corridor (TTC). The purpose of these hearings is to gather public comments and opinion on possible routes for the corridor.

TxDOT is holding a hearing on the TTC in each Texas County during February. In Borden County, the Abilene District has set the public hearing for Monday, February 9, 2004. It will take place in the District Courtroom of the Borden County Courthouse in Gail. Registration begins at 5:30 p.m. with the hearing starting at 6 p.m.

The TTC is a network of roads, rail and a dedicated utility zone. This corridor will be built to move people,

goods, utilities – and even ideas – through tolls, bonds and other innovative financing tools. Likely starting points for this corridor will be high-population areas of the state. Eventual features of the corridor could include separate lanes for cars and trucks, separate passenger, commuter and freight rail lines as well as a dedicated utility zone that includes water, electricity, natural gas, petroleum, fiber optics and telecommunications.

Everyone is invited to attend and participate in this public hearing. The courthouse is handicap accessible. For additional information on the meeting, contact Mary Beth Kilgore, Abilene district public information officer, at 325/676-6806

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### Digital Photo Classes

If you are interested in digital pictures of any kind, this class series is for you! All supplies for the class will be provided. The classes will be held on Thursday nights sessions on Jan. 29<sup>th</sup>, Feb. 5<sup>th</sup> and Feb. 12<sup>th</sup>. from 6:00 to 8:00 p.m. in the Borden County School Computer Lab.

It's best if you can plan to attend every session. The course will cover digital images types, review of camera options and formatting images for various purposes. The course will include a little fun also. Parking and entrance will be on the north side of the school (at the old gym entrance).

## Hensley, Huchzermeyer planning March Wedding



Laura Hensley and Erick Huchzermeyer

Kenny and Carla Hensley of Borden County are happy to announce the engagement and upcoming marriage of their daughter, Laura Gayle to Erick Karl Huchzermeyer, son of Mandi and Gary Green of Galveston and Richard Huchzermeyer of Tucson, Ariz.

The bride elect is also the granddaughter of Sam Shoemaker of Ralls, and the late Pat and Joe Hensley of Borden County.

The bride-elect is a 1996 graduate of Borden County High School, and is a graduate of Texas Tech University where she earned a bachelor's degree in journalism. She is employed at *The Bryan/College Station Eagle*.

The future groom is a 1993 graduate of McCullough High School in The Woodlands and a graduate of Texas A&M University at Galveston where he received a bachelor's degree in marine science. He is a graduate student at Texas A&M University, working toward a master's degree in oceanography. He also is employed at the Naval Oceanographic Office at Stennis Space Center in Mississippi.

The couple's wedding will be held March 6, 2004 at the Antique Rose Emporium in Brenham.

### ALWAYS REMEMBER TO:

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the  
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O'Donnell, TX - Phone: 806/428-3335

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## Memory does not decline with age

Feeling forgetful? Don't automatically blame your "aging brain." Experts from Baylor College of Medicine in Houston say that memory loss has relatively little to do with growing old.

"There is the assumption that memory fails when we get older when in fact, memory stays stable into old age," said Dr. Anita Woods, a geriatrician at BCM's Huffington Center on Aging.

Woods adds that there are some normal changes in memory function expected as we age. The delayed recollection of names, for

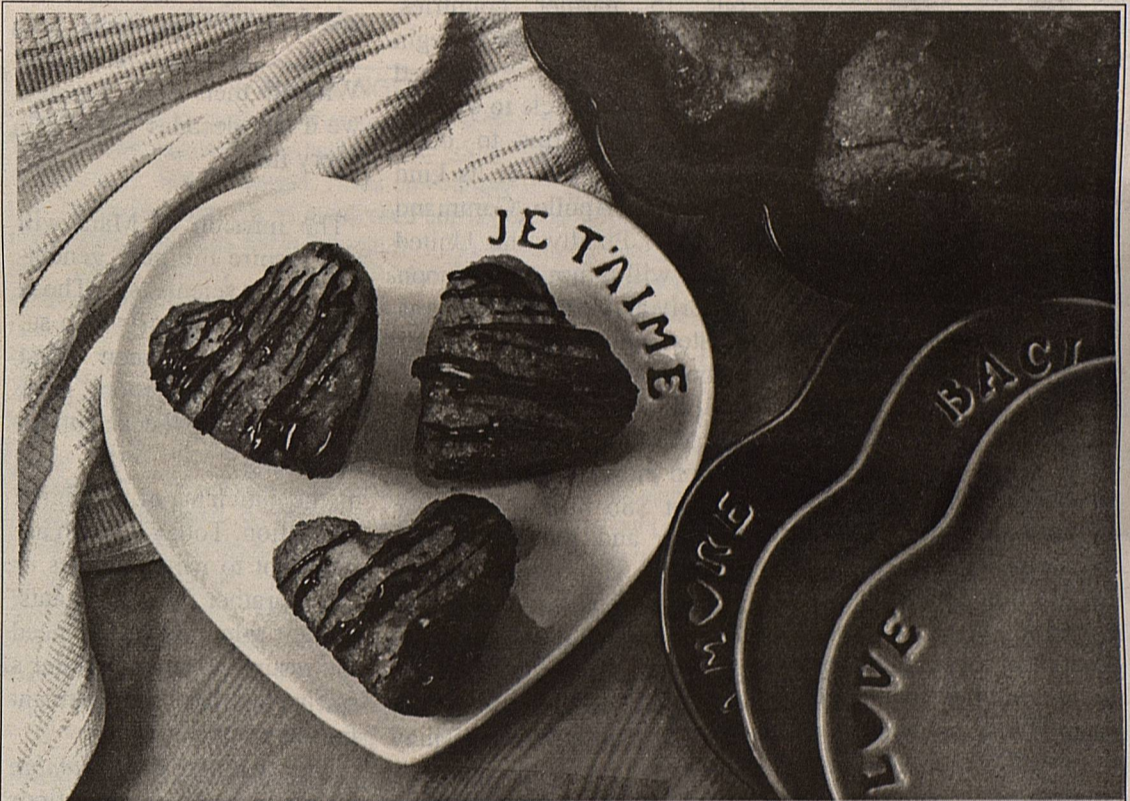
example, is not due to a deteriorating brain, but to a slowed down central nervous system and decreased cognitive energy.

Older brains have an incredible potential for regeneration and growth, she said. Just as the body needs to be conditioned to stay healthy. It is important to exercise your brain with mental activities to keep neurons firing at an old age.

"Meaningful mental activities, whether it's doing a crossword puzzle or debating with loved ones or friends, keeps the mind

active," she said. "Also, a high level of social engagement is correlated with good memory performance in old age

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HEART ATTACK  
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BORDEN CO. EMS  
806/759-5111  
Immediately  
DON'T  
HESITATE!**



### Sweets for your Sweetheart

Here is an easy recipe to surprise your sweetheart. The recipe is made with the convenience of *Bridgford Frozen Roll or Bread Dough*. Use fun heart shaped muffin tins. This recipe is so easy, simply dip dough in butter and roll in a cinnamon sugar mixture. Place in muffin tins to rise and then bake. Drizzle with melted chocolate. A fun recipe for your young bakers.

#### Chocolate Cinna-Rolls

- |   |                                  |
|---|----------------------------------|
| 12 Bridgford Frozen Parkerhouse Rolls       | 1-teaspoon ground cinnamon       |
| or loaf Bridgford Frozen Bread Dough thawed | 1-cup semi-sweet chocolate chips |
| ¼ cup melted butter or margarine            | 1 tablespoon shortening          |
| ½ cup granulated sugar                      |                                  |

Lightly grease 12 heart shaped muffin tins or regular muffin tins. If using Bridgford Frozen Bread Dough, cut the thawed loaf into 12 equal pieces. Mix sugar with cinnamon; set aside. Dip each roll in melted butter and roll in cinnamon sugar. Place each roll in a muffin cavity. Let the dough rise until double in size. Bake in a preheated 375-degree oven for 20 minutes. Remove from oven and turn upside down out of pan onto a cooling rack. While rolls are cooling, melt chocolate. Place chocolate chips and shortening in a microwave safe bowl. Heat on high for 1 minutes. Remove from microwave and stir until smooth. Drizzle chocolate over each roll. Eat and enjoy!

YIELD 12 rolls

**Nutritional Information. Servings 12, Calories 220, Fat 10g, Sat Fat 5g, cholesterol 10mg, Sodium 160mg. Total Carb 32g. Protein 4g.**

## -Mars 2020

Senator Hutchison's  
Weekly Column

In January President Bush set forth a bold and far-reaching vision in search of what lies beyond the stars. By 2015, we will again land on the moon. By 2020 we will set our sights on another landing - Mars. Future generations will determine what follows, but it will undoubtedly be beyond the wildest imaginations of today.

Space exploration is more than a science fiction tale - it is our destiny, Americans have expanded frontiers since the first settlers arrived, so it is entirely fitting that the U.S. lead the exploration of space. That spirit challenges today's scientists and researchers to search for cures for cancer, AIDS and diabetes; develop lighter, stronger and more resilient materials; and create new technologies to transform our military, our economy and our healthcare industry.

As a Houston reporter in 1969, I had the privilege of covering Neil Armstrong's extraordinary first steps on the moon. Growing up with the Johnson Space Center in my back yard and the first generation to plant a flag on the moon, the mysteries of space have always held a deep fascination for me. I have been awed by the tremendous discoveries our space program has produced, from insulin pumps to hurricane monitoring systems. When the *Columbia* disintegrated in the skies above North Texas last year, I heard the sonic boom as I was walking in my neighborhood

and ached for the loss of those astronauts. But beyond my personal connections, I have come to understand that an ambitious agenda for NASA will help secure America's leadership in the 21<sup>st</sup> century, and ensure we continuously push the envelope to discover that which remains unknown. No one exemplifies that spirit more than Texans.

The president's plan is threefold. First, the shuttle will return to flight and America will complete its work on the International Space Station by 2010, fulfilling a commitment to our 15 partner countries. Second, we will begin developing a new manned exploration vehicle to explore beyond our orbit to other worlds - the first of its kind since the Apollo Command Module. Finally, the United States will return to the moon as early as 2015, and use it as a stepping-stone for more elaborate missions into space. To achieve this goal, the president is asking for a \$1 billion increase over NASA's current \$86 billion five-year budget, and the reprogramming of \$11 billion already allocated. Funding this vision is a priority, but we must not short change or under-fund existing programs within NASA. While the costs may seem staggering, the price of inaction is even higher. Consider that investment in NASA has led to the development of CAT scans, MRIs, kidney dialysis machines and fetal heart monitors, it's a small price to pay for the lives - present and future - saved through these advances.

A renewed vision for our space program will also ensure the continuation of basic research, one of NASA's fundamental tenets. NASA fulfills one of the most critical roles of the federal government. Private industry neither has the financial wherewithal nor the capability to conduct basic research on a mass scale. Industry specializes in applied research - the art of crafting real-world products from pure research, and keeping the production jobs in America. Everyday applications like satellite television and cellular technology are tangible results of the Agency's activities, but are merely byproducts of a much greater endeavor. Without their core research, we'd be decades behind in every field.

The mission of Mars will also inspire the next generation of scientists. Those young boys and girls who sat wide-eyed as man first stepped on the moon, grew up to become the scientists, engineers and mathematicians, of the digital revolution. Today's youth are more apt to name athletes or actors, rather than astronauts, as their role models. We need to resurrect the explorer's spirit that has lain dormant for too many years.

One year ago, the *Columbia* disaster renewed questions about the mission of our space program. It also exposed critical flaws within NASA and validated the nagging suspicion the Agency was floundering without clear direction. The Administration's new proposal will help revitalize the

## 'Supersizing' can double calories

"Supersizing" a fast-food order may seem like a value, but you could get more than you bargained for in terms of your health.

"People are unaware of normal food portions," said Dr. John Foreyt, a professor of medicine and director of the Behavioral Medicine Research Center at Baylor College of Medicine in Houston. "Increasingly, larger-than-normal food amounts are perceived as normal."

Buying an order of large fries and a 32-ounce cola instead of an order of small fries and a 12-ounce soft drink may cost only a few cents more, but it can double the calories.

Foreyt says despite the added fat, the inexpensive, larger fast-food "combo" is the choice of many busy families. "Even children are used to ordering larger

Cont. to pg. 8

## UIL Re-Alignment for 2004-2005

### 1A Six-Man Football

#### Region 2

#### District 5

Ackerly Sands  
Lamesa Klondike  
Lenorah Grady]  
Loop  
Welch Dawson  
Wellman-Union  
District 7  
Gail Borden  
Ira

Loraine  
Roscoe Highland  
Trent  
Westbrook

### 1A Division II Basketball

#### Region 1

#### District 5

Loop  
Meadow  
New Home  
Ropesville Ropes  
Wellman-Union  
Whitharral

#### District 7

Ackerly Sands  
Gail Borden  
Garden City  
Lamesa Klondike  
Lenorah Grady  
Welch Dawson

#### District 8

Aspermont  
Guthrie  
Haskell Paint Creek  
Jayton  
Knox City  
Paducah  
Rochester  
Rule

Agency with the vision and mission it has lacked for too long. The initiatives offer tremendous potential to further research in energy, geology, and health sciences, keeping us at the forefront of space exploration and maintaining our economic viability and defense prowess. And it will keep the dream of reaching new frontiers alive. Going to space is mankind's destiny and leading that effort is America's.

### NOTICE TO BIDDERS

The Commissioners' Court of Borden County, Precinct. 2, will receive bids until 10:00 a.m., February 23, 2004 for the purchase of a new motorgrader. For more information, contact Randy Adcock, 806/759-8804 or call the County Judge's Office 806/756-4391.

The Commissioners' Court reserves the right to reject any or all bids.

BY ORDER OF THE COMMISSIONERS' COURT  
BORDEN COUNTY, TEXAS.

Van L. York,  
County Judge  
Borden County

### STATEMENT OF NONDISCRIMINATION

Lyntegar Electric Cooperative, Inc. is the recipient of Federal financial assistance from the Rural Utilities Service, an agency of the U.S. Department of Agriculture, and is subject to the provisions of Title VI of the Civil Rights Act of 1964, as amended, Section 504 of the Rehabilitation Act of 1973, as amended, the Age Discrimination Act of 1975, as amended, and the rules and regulations of the U.S. Department of Agriculture which provide that no person in the United States on the basis of race, color, religion, sex, national origin, age, or handicap shall be excluded from participation in, admission or access to, denied the benefits of, or otherwise be subjected to discrimination under any of this organization's programs or activities.

The person responsible for coordinating this organization's nondiscrimination compliance efforts is Wilton J. Payne, General Manager. Any individual, or specific class of individuals, who feels that this organization has subjected them to discrimination may obtain further information about the status and regulations listed above from and/or file a written complaint with this organization; or the Secretary, U.S. Department of Agriculture, Washington, D.C. 20250; or the Administrator, Rural Utilities Service, Washington, D.C. 20250. Complaints must be filed within 180 days after the alleged discrimination. Confidentiality will be maintained to the extent possible.

## Courthouse News

WHEREAS, On this the 12<sup>th</sup> day of January, 2004, the Commissioners Court of Borden County, Texas, convened in Regular Session in the Commissioners Courtroom at the Courthouse in Gail, Texas, the following members of the Court being present, to-wit:

**VAN L. YORK**, County Judge, Presiding; **DOUG ISAACS**, Commissioner, Prec. No. 1; **RANDY ADCOCK**, Commissioner Prec. No. 2; **ERNEST REYES**, Commissioner, Prec. No. 3; **JOE BELEW**, Commissioner, Prec. No. 4; **JANA UNDERWOOD**, Deputy Clerk

Joyce Herridge, Clerk of the Court, absent to attend meeting in Texas A&M, constituting a quorum, when the following proceedings were had, in accordance with the posted agenda.

### MINUTES APPROVED

Minutes of the Commissioners Court meeting of December 22, 2003, were read. Commissioner Adcock made a motion to approve said minutes. Motion was seconded by Commissioner Isaacs.

### ACCOUNTS ALLOWED

The current accounts were examined and Commissioner Belew made a motion to approve and pay said accounts. Commissioner Adcock seconded the motion.

### COUNTY EMERGENCY MANAGEMENT PROGRAM

Commissioner Belew made a motion to approve Order Establishing a County Emergency Management Program. Commissioner Reyes seconded the motion.

### SALARY AND WAGES FOR YEAR 2004

Commissioner Isaacs made

a motion to set salaries and wages for year 2004 as budgeted in the 2004 budget and as previously advertised. Commissioner Adcock seconded the motion.

### GRIEVANCE COMMITTEE

The following names were drawn in open court from the list of all persons who served on a Grand Jury in 2002:

- 1). Pat J. Porter
- 2). Clay Dean Cowart
- 3). Sherry Kay Gass
- 4). Juan Carlos Morado
- 5). Kenneth Wayne Williams
- 6). Joe Cooley

Alternates drawn:

- 1). Brenda Joyce Bodine
- 2). William Lewis Phinizy

Commissioner Belew made a motion to approve the 2004 Grievance Committee as drawn, Commissioner Reyes seconded.

Lance Well, representative of Warren Cat, visited with the court.

Sheriff Billy Gannaway presented the court a copy of the Sheriff's Office Racial Profiling Report 2003.

### ITEMS FOR FUTURE DISCUSSION

No items were presented.

## Borden County POLITICAL CALENDAR

### Co. Commissioner:

#### Precinct #1

Scott Brooks  
Benny Taylor  
Monte Smith  
John Stephens, III

#### Precinct #3

Ernest Reyes

### Sheriff:

Billy Gannaway  
Jon Herring

### March Primary Election

## Reading with your Children

**Q:** I haven't really pushed my child to read. But now that he's in preschool, is it time to buckle down?

**A:** No. Learning to read is a process, and it takes time. Still, you can do some things now to make reading a little easier later:

- Point out familiar words. Do you pass the same restaurant every day? See if your child can "read" its name.
- Offer educational games if your child uses a computer.
- Limit his daily TV to no more than two hours. Choose high

quality shows.

### Add Activity to Your Story Time

It's important to read regularly with your child. But that doesn't mean all you should do is sit and read. Make story time extra special. Add some activity when you read. Here are two ideas:

- Help your child dress up as a character from a favorite story. Most young children love to play dress up and pretend. Then, as you read the story with him, have your child act it out.

- Make up simple songs that go with favorite stories. For example, there are lots of songs you and your child can sing to the tune of "ABC Song" or "Old MacDonald."

### Continue to Build on Reading Skills

If your child knows lots of letters (or can write his/her name) they are probably on the verge of reading.

To keep their learning going strong, try these activities:

- Don't scrap picture books, but do try reading them something a little more advanced.
- Stock the shelves. Give your child their own bookshelf. Fill it with fun, interesting material.
- When your child starts chatting, pay attention. Ask questions about what they are saying and encourage them to give details.
- When they ask you "why," have them tell you what they think.

### PUBLIC NOTICE

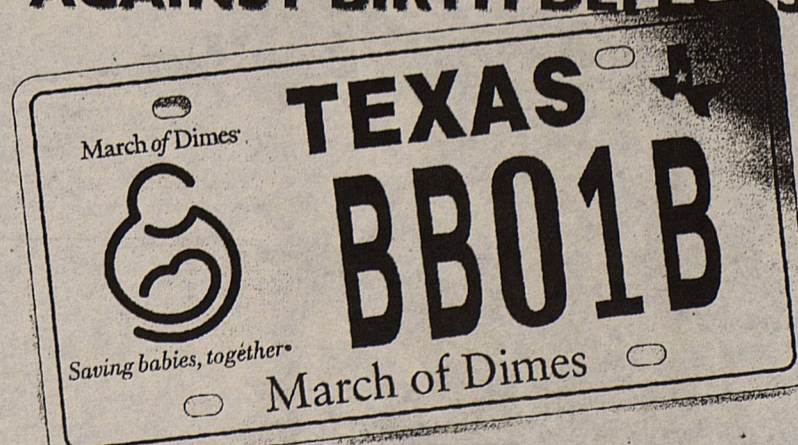
Notice is hereby given that if requested in writing by February 23, 2004, a public hearing will be held by West Texas Opportunities, Inc., 603 North 4<sup>th</sup> Street, Lamesa, Texas on February 25, 2004 at 4:00 p.m. to accept comments on a proposed continuation of rural public transportation services within Lamesa and Dawson County; Stanton and Martin County, McCamey/Rankin and Upton County; Seminole/Seagraves and Gaines County; Andrews and Andrews County; Big Spring and Howard County; Crane and Crane County; Garden City and Glasscock County; Monahans and Ward County; Pecos and Reeves County; Ft. Stockton and Pecos County; Kermit and Winkler County; Sanderson and Terrell County; Mentone and Loving County; rural Midland and Ector Counties; and Gail and Borden County. Financial assistance to provide this service is being sought from the Texas Department of Transportation in the amount of \$373,724 and we anticipate receiving additional funds to supplement this amount. Service will be for the general public and fares may be charged for the service. Additional vehicles will not be required to provide this service. Written comments are being accepted at P.O. Box 1308, Lamesa, Texas until 4:00 p.m. on February 23, 2004. If you wish to or cannot attend the hearing, further information including a full copy of the application can be review at West Texas Opportunities, Inc.

Your Local Pastor  
Is as near as your PHONE...

Bro. Randy Hardman  
Gail Baptist Church  
Call: 806/756-4363  
Mobile No: 759-9472



## JOIN THE FIGHT AGAINST BIRTH DEFECTS.



The mission of the March of Dimes is to improve the health of babies by preventing birth defects and infant mortality. When you purchase a March of Dimes license plate, \$22 will go towards supporting the Texas Birth Defects Registry at the Texas Department of Health. The Registry exists to identify and describe patterns of birth defects in Texas and collaborate with others in finding causes of birth defects, working towards prevention and linking families with support services.

For more information on ordering specialty license plates, visit the Texas Department of Transportation's website at <http://www.dot.state.tx.us/vtr/spplates/allplates.htm>, contact TxDOT at (512) 374-5010, or contact your local county tax assessor-collector, <http://www.dot.state.tx.us/vtr/tacoffices/tacoffices.htm>.

## BUY A MARCH OF DIMES LICENSE PLATE!

## Branon Funeral Home

Serving this area since 1922

Phone 806.872-8335

Lamesa, Texas

♥ Valentine's Delights ♥

Send An Extra Special Message With Flowers

(NAPS)—Those who suggest you should "say it with flowers" aren't just "pushing posies." Even today, when someone sends flowers as a gift, there is often a message conveyed by the flower's color or type.

For example, red roses, those classic Valentine's Day icons, represent beauty and romantic love. Yellow roses are a symbol of happiness and friendship. Red carnations stand for love and admiration, while the orchid is a symbol of mystery and exotic beauty. A striped carnation says "miss you."

Other flower messages include:

- Red tulips—a declaration of love and beauty
- Pink roses—a symbol of appreciation and of grace, and
- Pink carnations—a symbol that the person receiving the flowers will never be forgotten.

Flowers, such as carnations, tulips and lilies have also gained

popularity in recent years. However, more than 100 million roses in more than 200 different shades and varieties are sold each year around Valentine's Day.

The floral experts at 1-800-FLOWERS.COM offer the following tips to help extend the life of your roses this Valentine's Day:

- If your roses are delivered in a box, open it immediately and place them in water. If this can't

be done, place the entire box in a cool, dark place.

- Remove any leaves that may fall below the water line when the roses are placed in the vase,

- Use a sharp knife or shears to cut an inch from the bottom of each stem while holding the stem under water,

- Add warm water to the vase every day, always keeping it full, and



To help extend the life of your roses this Valentine's Day, change the water and re-cut the flower stems every three or four days.

- Change the water and re-cut the flower stems every three or four days.

To learn more, visit [www.1800flowers.com](http://www.1800flowers.com).

\*\*\*

Opportunities are usually disguised by hard work, so most people don't recognize them.

—Ann Landers

\*\*\*

'Surpersizing'

Cont. from pg. 6

servings," he said.

Ordering large portions of food at inexpensive prices can be tempting, so know your order ahead of time. "Don't be caught in the drive-thru line wondering what your want," Foreyt said. "You are in control of your diet, not a restaurant."

LOST AND FOUND

If your child is missing his/her jacket, please check with Amy at the school and see if it has been found.

Several coats and jackets have been found and are being kept waiting to be returned to their owners.

FOR SALE

Whirlpool Island Dishwasher

Excellent Condition!

All sink hook ups included.

Sale price \$250.00

Call: 806/872-4478

Also:

Children's Playhouse:

8'x8' with 2' porch

(can be used as store room).

Good Condition!

Sale price \$650.00

Insulated with 1/2"

plywood covering inside.

Wired for lighting including

outlets inside. Masonite

siding outside. Gable sheet

metal roof. Two windows

and hinged door.

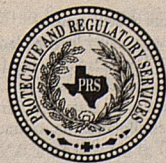
Call: 806/756-4478

You don't stop laughing because you grow old; you grow old because you stop laughing.

—Michael Pritchard



Parent Alert!



Texas Department of Protective and Regulatory Services

[www.tdprs.state.tx.us](http://www.tdprs.state.tx.us)

January 2001

Keeping Kids Safe is Everybody's Business

It's Up To You