

THE BORDEN STAR

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March 24, 1999

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

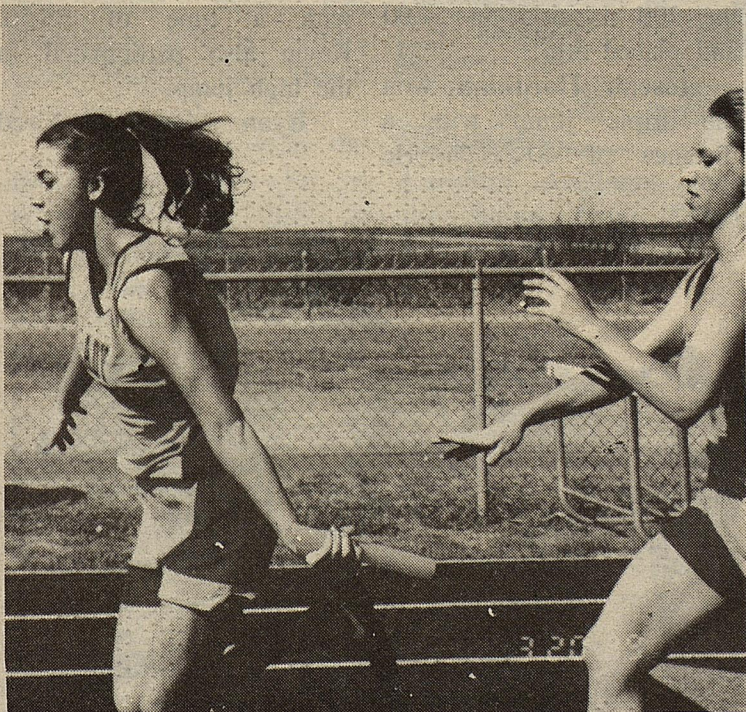
EQIP Ranking Deadlines Set

By Kevin L. Wright

The Natural Resources Conservation Service has set the ranking deadlines for the 1999 Environmental Quality Incentive Program (EQIP). The first ranking deadline for the 1999 program year is March 31, 1999 and a second ranking deadline is set for July 1, 1999. Applications from individual landowners interested in participating in the EQIP during the 1999 program year received before March 31 will be ranked for program eligibility during April and

those received after March 31 will be ranked after the July 1, 1999 deadline. Producers who did not qualify for the EQIP program during the March 31 ranking period may request a deferment from their local Farm Service Administration (FSA) office and be eligible to be re-ranked during the July 1 ranking period. It should be noted that applications received after the July 1 deadline, as part of the EQIP continuous program sign-up provisions, will be

Cont. to pg. 6



Track Season Begins: Borden County Track teams participate in the Bearkat Relays in Garden City last Saturday. Pictured: Julie Mayes received the baton from Shaina Isaacs during a relay. Story on page 2.

EMS NEWS

Graduation of five new Paramedics

Borden County EMS is proud to announce the graduation of five paramedics. This class is a cross section of our community. The students vary in age and experience. These students have been enrolled in Howard College continuing education program for two years to reach this level of training.

Our youngest member is Carrie Hart, daughter of Sid and Connie Hart of Gail. She is a 1997 graduate of Borden County High School and is presently employed by the Texas Department of Transportation. She attended EMT-B and EMT-I classes at Howard College in Big Spring. She is a resident of Gail and is always ready to serve the citizens of Borden County day or night. Carrie joined the paramedic class in August 1998. Hopes are



BORDEN COUNTY EMT's: (L. to R.) Nelda Burnett, Kent Holmes, Carrie Hart, Danita Roe and Mike Valentine.

that Carrie will remain a member of the organization for many years.

Danita Roe has been in the classes from the beginning. Danita is a graduate of Ira High School. She and her

husband Terry live on the North side of Lake Thomas. They have two daughters Haley and Heather both graduates of
Cont. to pg. 4



The STAR on Gail Mountain will shine brightly in honor of the Easter Holidays, beginning Friday, April 2nd through Sunday, April 4th, in celebration of Christ Our Risen Lord



Don't' forget to Spring Forward Sunday April 4

Borden County High School and Jr. High Track Teams compete in Bearkat Relays

The Borden County High School and Junior High boys' and girls' track teams competed in the Bearkat relays last Saturday in Garden City. We probably enjoyed the best weather one could order for a track meet. The Coyotes and Lady Coyotes did well in one of the toughest meets we will run in this year. The Lady Coyotes scored 103 points to win the High School girls' division, and the H.S. boys scored 83 points to finish fourth in their division. The J.H. girls scored 33 points, and the J.H. boys scored 59 points in their divisions.

The Lady Coyotes were shocked to hear that they had won their division after finishing third in the mile relay, second in the 800 meter relay, and winning first in the 400 meter relay. This is a strong showing by the relay teams but usually is not enough to win a track meet. A strong showing in some individual events also adds to the point totals to give these Ladies the edge.

The 400 meter relay ran a time of 53.40 for first place. Running on this relay were Shaina Isaacs, Julie Mayes, Katie Kemp, and Bekah Hensley. This is a very good time this early in the season, and after only a few days of practice.

The 800 meter relay was second by a nose and ran a very respectable time of 1:53.33. Remember this relay went to Austin last year and ran a 1:49. They were just four seconds off that mark at the first meet of the year. The same four girls ran the 400 meter relay, handing off to the same girl in the same order. Maybe they will get used to those exchanges in the next six weeks or so.

The mile relay consists

of Lindsey Smith, Shaina Isaacs, Katie Kemp, and Julie Mayes. These girls finished third at the meet with a very respectable 4:25.32. Garden City and Water Valley both ran a 4:16, and they were both running at the state track meet in this event last year. The competition was good.

Some individual performances that helped to earn the trophy were:

Lindsey Smith was second in the high jump clearing 4'6". Lindsey was also second in the 800 m. run with a very respectable time of 2:34.75.

Holly Thomas was first in the 3200 m. run with a very respectable time of 13:32.80. Holly ran with a nagging hip injury that prevented her from running in the 1600 m. run later in the day. Hopefully she will recover soon and keep winning valuable points for the Lady Coyotes.

Rika Copeland put the shot a distance of 33'51/2" for a first place finish. Rika also threw the disc and finished in the top ten.

Krystle Lee also put the shot and finished fourth with a put of 28'7". Krystle also participated in the high jump.

Crystal Dye finished fifth in both the hurdle races. In the 100 m. hurdles she ran a time of 18.07, and in the 300 m. hurdles her time was 53.37.

Jana Himes placed fourth in the 100 m. dash with a time of 13.92. Jana also ran the 200 m. dash in 30.10 seconds.

Valerie Wootan placed sixth in the 400 m. dash with a time of 70.36. Valerie also ran the 800 m. run in 2:53.44.

Bekah Hensley was third in the 200 m. dash with a time of 28.27, just 16 100ths off of the first

place finisher.

Abby Flanigan ran 800 meters in 3:27.47.

Jessica Ellison ran the 100 m. dash in 17.06.

Rebecca Garcia ran the 400 m. dash in 1:26.78. Rebecca also participated in the discus.

Amanda Watts finished in the top ten in the shot put.

These girls did a really fine job at this meet. With just one week of practice, their times are not that far off last years best times. With more work and repetition there is no telling where these girls can go this year.

Here are the point totals for this meet.

Borden Co.	103
Water Valley	100
Rankin	87.5
Stanton	85
Garden City	69
Wink	43
O'Donnell	42.5
Sterling City	40
Forsan	22

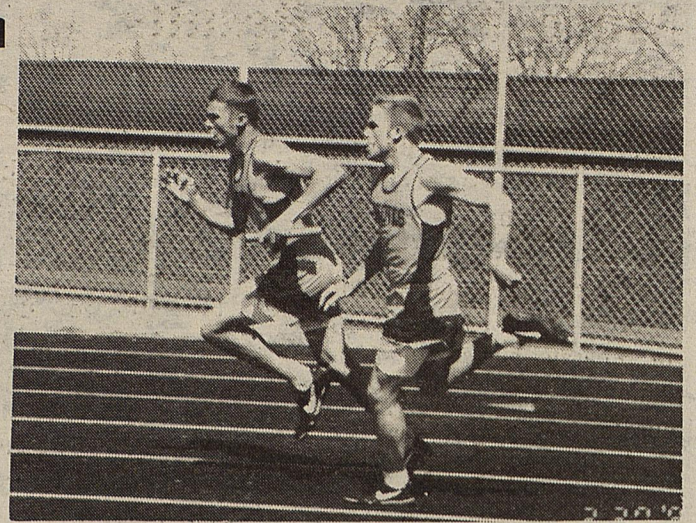


Holly Thomas finishes in first place in the 3200m run

High School Boys

In the H.S. boys' division the Coyotes scored 83 points and finished fourth in the meet among a very good class of participants.

The Coyote's relay teams ran well for this



Ryan Grant gives Joseph Hardman the baton in the 400m relay. The Coyotes placed 3rd.

time of the year. The 400 m. relay finished third for a medal with a time of 45.56. Running on the relay were Ryan Grant, Joseph Hardman, Colt McCook and Fernando Baeza. Bad exchanges prevented the Coyotes from being in the hunt in this race.

In the 1600 m. relay the Coyotes finished with a time of 3:40.57, and placed fourth in the event. Running on this relay were Trent Pepper, Colt McCook, Joseph Hardman, and Fernando Baeza.

Here are the individual performances.

Fernando Baeza was fourth in the long jump with a distance of 19'13/4". Fernando also ran the 200 m. dash in 24.00 and placed 5th.

Joseph Hardman won the triple jump with a distance of 40'51/2". He

was 4th in the 100 m. dash with a time of 11.63.

Jeff Dennis broke the meet record in the discus by throwing it 134'7". This was a very good throw for this early in the season. Jeff placed 5th in the shot with a put of 40'3".

Lee Pepper placed second in the pole vault by clearing 11 feet.

Trent Pepper was first in the 3200 m. run with a time of 10:37.64. Trent was third in the 800 m. run with a time of 2:08.13. Both of these times set the Borden Co. school records.

Colt McCook was fifth in the 400 m. dash with a time of 55.25.

Kevin Pinkerton also ran the 400 m. dash and placed sixth in the event with a time of 55.56. Kevin also participated in the high jump.

Ryan Grant placed



Fernando Baeza takes a big leap coming in 4th in the long jump.

More Track Results

High School Boys

sixth in the 300 m. hurdles (just ahead of his little brother) with a time of 44.47. Dale Grant ran the race and finished with a time of 44.51. They ran in separate heats. Ryan and Dale also ran the 100 m. hurdles as well. Ryan ran a 17.56, and Dale ran it an 18.59.

T.C. Stipe placed third in both the 3200 m. run and the 1600 m. run. In the 3200 he ran a 11:20.44, and in the 1600 he ran a 5:24.31 which was good enough to set the school record. T.C. also participated in the high jump.

Payton Brown placed sixth in the 1600 m. run with a time of 5:31.88. Payton also participated in the triple jump.

Philip Abalos parti-

cipated in the high jump, the long jump, and he ran the 200 m. dash in 25.60.

Rowdy Dunlap ran the 100 m. dash in 12.75. He ran the 200 m. dash in 26.13, and he threw the discus.

Justin Lawrence participated in the shot put.

Colt Miller ran the 400 m. dash in 56.75.

D.J. Smith ran the 800 m. run in 2:20.13.

Tom Griffin ran the 800 m. run in 2:22.14.

Here are the H.S. boys' point totals for the meet.

Sterling City	109
Water Valley	106
Wink	101
Borden Co.	83
Rankin	62
Forsan	47
O'Donnell	37
Stanton	tie 16
Garden City	tie 16

Junior High Girls

The Junior High girls had a respectable showing at the meet by scoring 33 points in the meet.

The 400 m. relay dropped the baton on the first exchange and placed 6th in the event with a time of 62.28. Running on this relay were Pati Rodriguez, Kyliya Culp, Laura Stamper, and Shayla Gass.

In the 800 m. relay the girls were third for a medal with a time of 2:04.66. Running on this event were Pati Rodriguez, Kyliya Culp, Laura Stamper, and Shayla Gass.

The 1600 m. relay placed 5th. Running on this relay were Pati Rodriguez, Michele Bond, Carolina Arellanos, and Shayla Gass.

Micah Hensley placed 4th in the triple jump with a distance of 29'5". She placed 6th in the 100 m. hurdles with a time of 18.93, and she was 4th in the 300 m. hurdles with a



Carolina Arellanos takes the baton from Shayla Gass during the relay.

time of 57.37.

Alexis Brooks placed 4th in the discus with a throw of 63'6", and she was 6th in the shot with a put of 20'9".

Laura Stamper ran the 100 m. hurdles in 20.44, and she also participated in the triple jump and the long jump.

Michele Bond was 7th in the 100 m. hurdles with a time of 19.92, and ran the 300 m. hurdles with a

time of 58.74. She also participated in the shot and disc.

Carolina Arellanos ran the 100 m. dash in 15.70, and she ran the 200 m. dash in 32.63. Carolina also participated in the shot and the triple jump.

Kyliya Culp ran the 200 m. dash in 32.04.

Junior High Boys

The Junior High boys also had a good day by scoring 59 points in the meet.

The 400 m. relay finished 4th in the meet with a time of 53.45. Running on this team were Dwain Wright, Talin Pepper, John Stamper, and T.J. Sharp.

The 1600 m. relay finished in 6th place. Dwain Wright, Talin Pepper, Evan Winegarner, and T.J. Sharp were on this relay.

T.J. Sharp pulled in the points in the field events. He was first in the shot put with a distance of 38'10". He was second in the long jump with a leap of 16'83/4", and he was second in the discus with a throw of 105'111/2".

Talin Pepper was first in the pole vault with a height of 7'6". Talin was fourth in the high jump by clearing 4'8". He was also fourth in the 200 m. dash with a time of 64.57.

Evan Winegarner was 6th in the 2400 m. run with a time of 9:59.93. He ran the 1600 m. run in 6:37.70 and he ran a leg on the mile relay in the next race.

Dwain Wright was 4th in the 800 m. run with a time of 2:47.64. Dwain also participated in the pole vault and the long jump.

Andy Lazano ran the 100 m. dash in 16.39. He ran the 200 m. dash in 32.75.

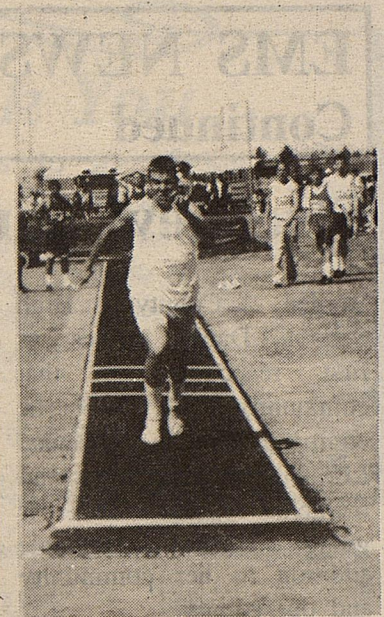
Kyle Pinkerton ran the 100 m. dash in 16.1 seconds. He triple jumped 26'9". He also

participated in the discus and the shot put.

Tanner Poole ran the 100 m. hurdles in 25.3 seconds, and he ran the 300 m. hurdles in 64.2 seconds. Tanner also participated in the shot put.



Evan Winegarner looks for the baton from Talin Pepper in the 1600m relay.



T.J. Sharp runs hard to make a good jump, placing first in the long jump.



Missy Coyotes relay team: Pati Rodriguez hands off to Michele Bond in the 800m. relay.

1999 Track Schedule

March 25	Sands	Jr. High
March 26	Sands	High School
April 1	Wellman-Union	Jr. High
April 2	Wellman-Union	High School
April 8	Sands District	High School
April 12	Wellman-Union	Jr. High
April 16	Abilene Wylie	
	SUB-REGIONAL	High School
April 20	Borden Co	J.H East Zone
April 30	Abilene Christian-REGIONAL	High School
May 1	Abilene Christian-REGIONAL	High School
May 14-15	Austin - STATE	High School

EMS NEWS Continued

Five new paramedics

Borden County High School. Danita serves as first responder in that community. She will be equipped with an Advanced Life Support equipment and medicine pack. She is going to be a valuable addition to her community and our county.

Nelda Burnett a long time resident of Borden County is also a member of our original EMT - B and EMT - I class. Nelda attended school at Borden County; and was a member of the 1960 graduating class. She is the daughter of Joe and Sibyl Gilmore and was raised in the Plains Community. Nelda and her spouse Billy live on the south side of Lake Thomas in the Sourdough Drive community. They are parents of five adult children, Shawna, Jay and Keith of Big Spring, Lisa of Austin and a beloved deceased child Tatia. As a paramedic Nelda will be able to furnish quick response and Advanced Life support care to the resident of that community. As soon as a grant becomes available the Borden County EMS plan to place an Automatic External Defibrillator in the Lake Thomas area to increase the chance of survival in cardiac arrest patients.

Two members have a very unique opportunity because of the ever-changing nature of emergency medical service in. The Texas Legislature has established a fifth level of training for pre-hospital providers known as a licensed paramedic. In the past EMT consisted of certified Emergency Care Attendants, EMT - Basic, EMT - Intermediate and EMT - Paramedic. At this

time little is known what a licensed paramedic will be in the future. Whatever it is Borden County will be fortunate to have two of the first licensed paramedic in Texas. Because of the fact both of these fine paramedics have a degree they can apply to be a licensed paramedic to the State of Texas Department of Health.

Mike Valentine will be a licensed paramedic. He and his wife Tammy reside in the northeast part of Borden County. They have three sons, Miller, Miles and Myrick. Mike has attended all three levels of training in Borden County. He also serves as vice-president of Borden County EMS and is a very knowledgeable and aggressive EMT - P. Citizens of Borden County are very fortunate to have this young man as a member of the community and a member of the Borden County EMS.

The senior member, not in age but in experience is Buddy Wallace. Buddy is a 13-year veteran of service with Borden EMS. He is employed by Borden County ISD as the Vocational Agriculture teacher. He lives in Gail with his wife Kip and their two children Tyler and Kate. Buddy has always been an asset to the community. He will be able to provide timely Advanced Life Support to the people of Gail as well as the county as a paramedic. He will also be able to provide first care in many situations when he is with our young people in case of an emergency, as they travel over the state of Texas on stock show and FFA trips.

EMS Memorials

In Memory Of: Edward Smith

Dennis & Sheri Poole
Juanita Smith
Danny & Judy Hagins
Jimmy & Carolyn Foster
Don & Susie Smith
Doris Steadman
Mr. & Mrs. Tony Burrow
Trey Carter
Jess & Sharlot Stone

Geraldene Yandell

Steve & Dorothy Barrington
Edgar & Margaret Ray
Alvin & Doris Bradshaw

Bobby James

Doris Steadman

The class was instructed by Kent Holmes, a Texas Department of Health certified instructor and an employee of Howard College. He also teaches Advance Cardiac Life Support for the Scott and White Education system. He lives a farms in eastern part of the county with his wife Ollie. He is a 13-year veteran of Borden County EMS. Kent is a 1961 graduate of Borden County High School.

Other members of the volunteer organization are Tena Stancell EMT-I of the Fluvanna community. Cody Furlow EMT-I of the Plains Community, Dena Gasken EMT - B resides on the south side of Lake Thomas, Royce Nance and Shirley Bennett EMT - of Gail.

The Borden County EMS was saddened by the loss of James Aaron a long time member of the Borden County EMS and Fluvanna Fire Department. He will truly be missed.

Thank You

for all the prayers, flowers, memorials, food and kind words spoken during our loss.

A special Thank You to Bro. Randy Hardman and the First Baptist Church of Gail for all they did to help make this time as easy for us as possible. It's times like these that help us realize how much "the little things" really mean to us.

The Edward Smith Family Terry, Gerry & James Smith

Thank You

Again, I would like to say thank you to all my friends and neighbors for the prayers, visits, calls, flowers, and food during my surgery and recuperation.

Your thoughtfulness has been very much appreciated.

Sincerely,

Verna Jay Ogden

If the Borden EMS is to survive and prosper they must have new members join. Anyone interested must be willing to serve in a wonderful community without any pay at any time, day or night. There is no charge for the EMS services to any one. All patients will receive the best care that the EMS can give them in their time of need. The Borden County EMS is a 24 hours a day 365 days a year response service.

THEY NEED YOUR HELP. A EMT - B Class is starting soon in Gail.

Keep this number close to your phone in case of an Emergency

Borden Co. EMS

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Alternate No.

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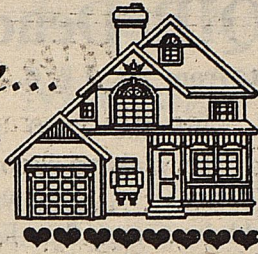
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Heart and home...

By Julie D. Mumme
Borden County Extension Agent -
Family and Consumer Sciences



Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. the Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

Helping Your Child Feel Good

Many of us are concerned with how our child is received by his peers and his teachers, but do we concern ourselves with how our child feels about himself/herself? Often, we don't realize that they are having problems with self-esteem. Self-esteem is important for your child to grow to be the best that they can be. As a parent, it's important to help your child have a positive self-esteem. We want them to be happy and like themselves.

You can tell if your child has a positive self-esteem by how they refer to themselves. Are they confident? Do they tell you how they feel? Do they put themselves down or praise themselves for a job well done? Does he/she get along with his friends? Do your child's friends respect him/her? All of these questions can serve as indicators of how your child views himself/herself. Your child will be responsive and eager to tell you about their accomplishments when they have a positive self-esteem.

In order to encourage a positive self-esteem in our child, we should praise them, not put them down. Do **not** use words like, "I

cannot believe that you didn't listen to me *again!* You are so stupid. You'll never learn!" Instead of becoming angry and insulting your child, use positive words like, "I am sorry that you did not follow my instructions. Next time, you should listen and you won't have to be punished." Of course they are not perfect. We all make mistakes, but the way to handle them is to make a lesson out of it. What did you learn from this mistake? How will you do things differently next time?

We must continually make an effort to be positive role models for our children. It is very difficult to do, especially if we do not think highly of ourselves. As adults, we can often lose our self-esteem to our spouse, our peers, our boss our co-workers, etc. Follow the same ideas above to help strengthen your self-esteem. It is ok to praise yourself and feel good about you! After all, we should all be happy and enjoy the person we are.

[Note: Even if you don't have children, these "rules" can still be applied to your everyday life.]

Ways to Praise a Child

Here are a few words to help us in praising our children, peers, or ourselves:

Wow!☺ Special☺ Excellent☺ I'm proud of you☺ You're incredible☺ Bravo☺ You're fantastic☺ How nice☺ You're beautiful☺ You're spectacular☺ Hip, Hip, Hurray☺ Your are responsible☺ What an imagination☺ What a good listener☺ You're growing up☺ You tried hard☺ You mean a lot to me☺ You brighten my day☺ You mean the world to me☺ You're wonderful☺ You made my day☺ Way to go☺

LETTER

The South Plains Genealogical Society and the City of Lubbock Cemetery are working together to preserve our heritage by preserving our cemetery.

A plan is underway for surveying the cemetery, and we need your help. We need walkers, proofreaders and information.

There are many unmarked graves in the cemetery. We are asking for your help in identifying as many of these graves as possible.

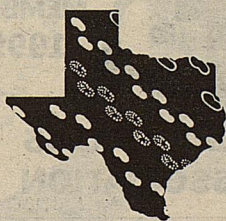
If you have family or friends buried in the City of Lubbock Cemetery in unmarked graves or damaged stones will you please contact us.

By Mail:
South Plains Genealogical Society
P.O. Box 6607
Lubbock, Texas 79493

By E-mail
Inx@door.net (SMALL LNIX)

We appreciate your help.
Yours truly,
George Ann Hobbs
SPGS Vice President and
Cemetery Coordinator

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Texas Agricultural Extension Service and
Texas A&M School of Rural Public Health

To find out how you can
Walk Across Texas,
call your county Extension office.

Remember, a smile is worth 1000 words!

Taken from: 101 Ways to Praise a Child

Thank You

Many thanks to all of the Borden County Officials and the County Employees for all they did for us during the time of our loss. All of your help was so greatly appreciated.

Terry, Gerry & James Smith



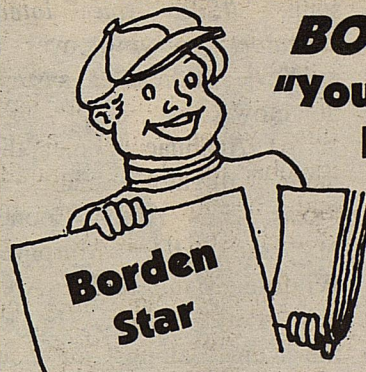
Parents Club Pre-School Easter Egg Hunt

There will be a Pre-School
Easter Egg Hunt,
Thursday, April 1st at 2:00 p.m.
at the Borden Co. Park Pavilion.
Please bring 1 dozen Candy filled eggs



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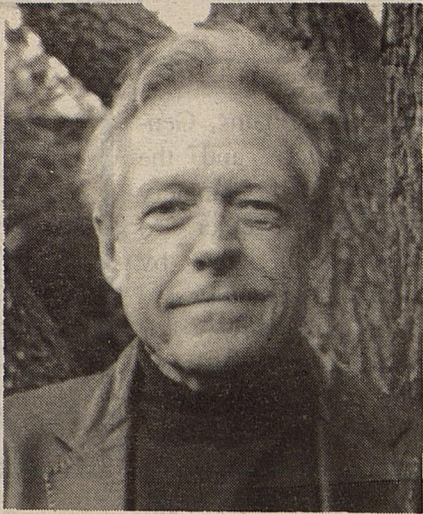


Texas Stories

A showcase of the Texas Spirit

Tumbleweed Smith

Part owner of Texas



Hunting Gators near Sabine Pass

In Anahuac, Texas, alligators outnumber people three to one. During springtime you see the big gators out on the slopes of bayous. At night you can hear them bellowing.

Alligators used to be an endangered species. No more. They came off the endangered list in 1984. It's quite all right to buy those alligator shoes, briefcases and billfolds.

Texas has more alligators than any other state except Louisiana.

September is alligator hunting season in Texas. And it is a much bigger business than you might realize.

I attended my first Gatorfest this fall in Anahuac, a city on the gulf coast between Beaumont and Houston. It is an event that draws about 20,000 people. Not bad for a city with two thousand residents. The number was down a little this year because Anahuac had twelve inches of rain the day before the festival started.

Anahuac calls itself the alligator capital of Texas. The premier event at Gatorfest is the Great Texas Alligator Roundup. Hunters bring in the alligators they have caught and compete for cash prizes. The hunter with the longest alligator wins 500 dollars. This year the prize money went to Kevin Henke of Calhoun County.

His gator was twelve feet, nine inches long.

At Gatorfest you can buy alligator feet, eat some alligator and take an airboat ride through marshes where alligators live. The Texas Parks and Wildlife Department provides live alligator displays. Two stages offer every type of music from Cajun to Peruvian. When I arrived in Anahuac, I heard the song, "See you later, alligator!" playing over a public address system downtown.

At Anahuac, I met the main alligator man in Texas. He's Amos Cooper of the JD Murphree Wildlife Management Area near Port Arthus. He let me tag along on an alligator hunt.

Although you can hunt alligators with bow and arrow, most people prefer to do a little fishing and hunting to get their gators. They start off by driving a steel rod into the ground about four feet. They secure a long bamboo pole to the rod, then string the pole with about 80 feet of strong cord. On the end of the cord is a two-inch hook with some rotten chicken meat on it. The meat is suspended over the water about eighteen inches. The alligator smells that chicken, jumps out of the water to get it, then swims of with it.

The hunters then bring in the gator by pulling that

strong cord by hand. While one hunter brings the alligator close enough to shore that it raises its head out of the water, the other hunter then shoots the gator in the head. Sometimes the gator thrashes and splashes, spins and turns, trying to get away, making for a difficult target. Sometimes they have to be shot more than once. An alligator is not safe to handle until its eyes are closed. Once the gator is dead, duck tape is wrapped around its mouth. Then the gator is loaded onto the boat and sold for \$16 a foot. Most of the meat goes to Asia.

At JD Murphree, the poles must be baited by 6 PM. Hunters can't retrieve them until after sunrise the following morning.

TA MEMBER
1999
**TEXAS PRESS
ASSOCIATION**

EQIP Deadlines

Cont. from pg. 1

held until the 2000 program year ranking period.

Private landowners should be aware that EQIP provides technical, educational, and financial assistance to eligible farmers and ranchers to address soil, water and related natural resource concerns on their lands in an environmentally beneficial and cost effective manner.

EQIP is a voluntary program and is designed to assist farmers and ranchers with placing natural resource conservation practices on their property. Cost share is provided to program participants to achieve the goals of a conservation plan designed with the assistance of local NRCS staff. Cost share practices include placement of appropriate structural or vegetative practices, such as animal waste management facilities, irrigation management equipment, vegetative buffers and wildlife habitat enhancement, to name a few. Eligible practices will depend on the location of the farm or ranch on which the practice is to be installed and the major resource concern to be addressed in that particular area. Information on eligible cost share practices and major resource concerns of an area can be secured from your local NRCS field office. Contracts for eligible producers are made for a period of five to ten years and include incentive payments to assist with implementation of land management practices, such

as nutrient management, pest management, and grazing land management. It should be noted that program funds target natural resource concerns of farmers, as well as, livestock producers.

To learn more about EQIP or to submit an EQIP contract application, contact your local NRCS field office. Local NRCS field offices are listed in the U.S. government section of the white pages of your phone book under United States department of Agriculture - Natural Resources conservation Service (USDA-NRCS)

held until the 2000 program year ranking period.

Private landowners should be aware that EQIP provides technical, educational, and financial assistance to eligible farmers and ranchers to address soil, water and related natural resource concerns on their lands in an environmentally beneficial and cost effective manner.

EQIP is a voluntary program and is designed to assist farmers and ranchers with placing natural resource conservation practices on their property. Cost share is provided to program participants to achieve the goals of a conservation plan designed with the assistance of local NRCS staff. Cost share practices include placement of appropriate structural or vegetative practices, such as animal waste management facilities, irrigation management equipment, vegetative buffers and wildlife habitat enhancement, to name a few. Eligible practices will depend on the location of the farm or ranch on which the practice is to be installed and the major resource concern to be addressed in that particular area. Information on eligible cost share practices and major resource concerns of an area can be secured from your local NRCS field office. Contracts for eligible producers are made for a period of five to ten years and include incentive payments to assist with implementation of land management practices, such

as nutrient management, pest management, and grazing land management. It should be noted that program funds target natural resource concerns of farmers, as well as, livestock producers.

To learn more about EQIP or to submit an EQIP contract application, contact your local NRCS field office. Local NRCS field offices are listed in the U.S. government section of the white pages of your phone book under United States department of Agriculture - Natural Resources conservation Service (USDA-NRCS)

Menu

Lunch: \$1.00 K-6th.
\$1.25 7th-12th.
Breakfast: .50c

March 29th April 1st.

MONDAY: Burritos, Potato Wedges, Salad, Fruit Crisp & Milk

Breakfast: Waffles, Fruit Juice & Milk

TUESDAY: Chicken Fried Steak, Potatoes, Broccoli & Cauliflower, Hot rolls, Fruit & Milk

Breakfast: Sausage & Biscuit, Juice & Milk

WEDNESDAY: Beef Stroganoff, Green Peas, Carrots, Bread Sticks, Juice Bars & Milk

Breakfast: Donuts, Fruit, Juice & Milk

THURSDAY: Hot Dog w/chili, French Fries, Salad, Brownies, & Milk

Breakfast: Cereal, Toast, Juice & Milk

FRIDAY:

**NO SCHOOL
Easter Holiday**

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Snyder National Bank

We take Snyder to Heart!



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Midland Craft Expo Set for March 27th & 28th in Midland Center

The tenth annual Midland Arts and Crafts Expo will be held March 27th and 28th in the Midland Center. Artists and crafters from through the Southwest will be on hand with original art and handcrafted items. Hours for the show are Saturday from 10 am to 6 pm and Sunday from noon to 5 pm. There is no admission charge.

Mel Prather, organizer for the event, said there would be a number of new exhibitor as well as some familiar ones. "Some of

the newcomers will have items such as candles, Jewelry, bath and body incense, potpourri, log jewelry boxes, hangers, walking sticks, porcelain dolls, mosaic pots, trivets, etched glass, hand painted jewelry, and leather items," Prather said.

Also new are those with pottery, metal art, photography, detailed hand sculptures, country crafts, cedar chests, crochet angles, pouting kids, welcome signs, floral art, clothing, casserole covers,

lamps, floral wreaths, fountains, and gift items. Returning exhibitors will offer a wide assortment of items, including jewelry, original art, clothing, vests, jerky, candles, address plates, wind chimes, country crafts, swags, ceramics, finished furniture,

jar candles, book cases, and wood wreaths. wood baskets, cap holders, tulip carts, tole painting, soft sculpture, peanut brittle, barn-wood bird-houses, framed prints, quilts, wall hangings, solid brass jewelry, Emu oil and lotions, stained glass, glass lamps, sun catchers, fan pulls, jellies, birdhouse lamps, trash bins, floor lamps, fireplace screens, and wood wreaths. Back also are those with seasonal decorations, calligraphy, barn-wood furniture, canister sets, candy, soup and dip mixes, embellished clothing, hair accessories, religious carvings, clocks, night lights, unfinished furniture, floral art, baby quilts and bibs, belt buckles, and Southwest jewelry.

Buy shoes

Tie shoes

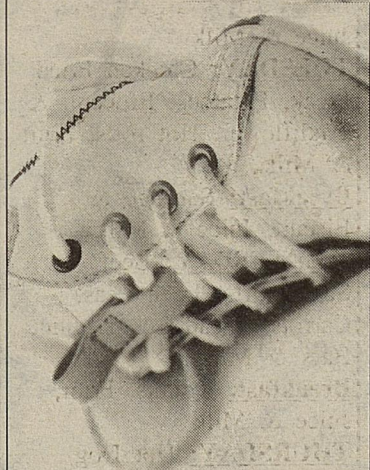
Right foot

Left foot

First steps

Baby steps

Giant steps



A baby was born with a disability

At Easter Seals, we help people with disabilities. One in five Americans has a disability, and Easter Seals is there with expert help, hope and humanity. Call Easter Seals or visit www.easter-seals.org

Creating solutions. changing lives.

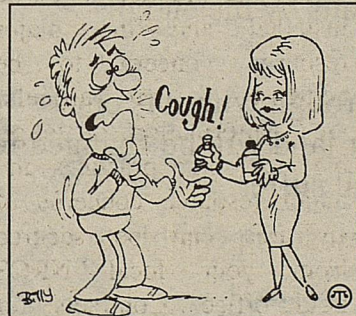


THEN and NOW!

Surviving The Cold And Flu Season

(NAPS)—'Tis the season for scratchy throats and coughing. These days, however, going to the store for cold medicine is no easy task. Shoppers are faced with aisle upon aisle of products to choose from.

Complicating matters even further is the proliferation of natural cold remedies. The decision is made more difficult when looking for a product safe for children.



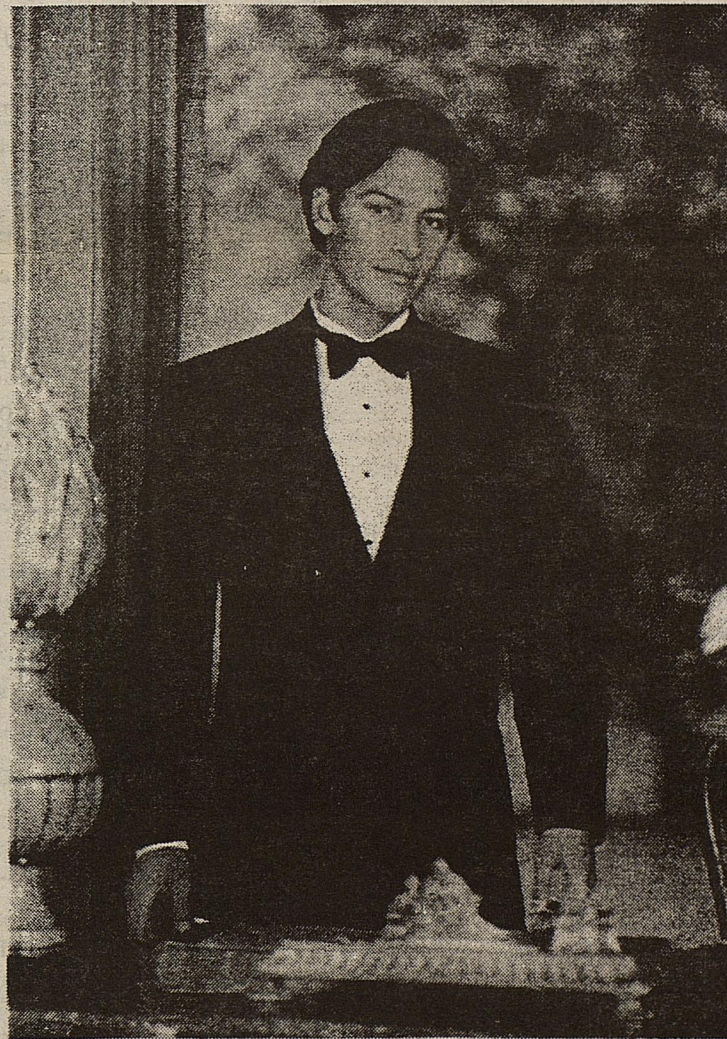
More and more families are using herbal remedies for coughs this flu season.

This year, Ricola, the world's leading supplier of herbal cough and throat drops, has introduced its line of herbal throat syrups to provide soothing relief for your throat. Available in two flavors, *Herbs & Honey* and *Cherry & Herbs*, the syrups are alcohol free, making them safe for children of all ages.

Remember, there is no cure for the common cold or flu. However, there are a number of steps people can take to avoid them, or at least to ease the symptoms.

- Ask your doctor about getting a flu shot.
- Get plenty of rest and be sure to drink lots of fluids.
- Maintain a healthy diet and be sure to dress warmly.

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The Western Original

Don de la Rente

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CONTOUR I

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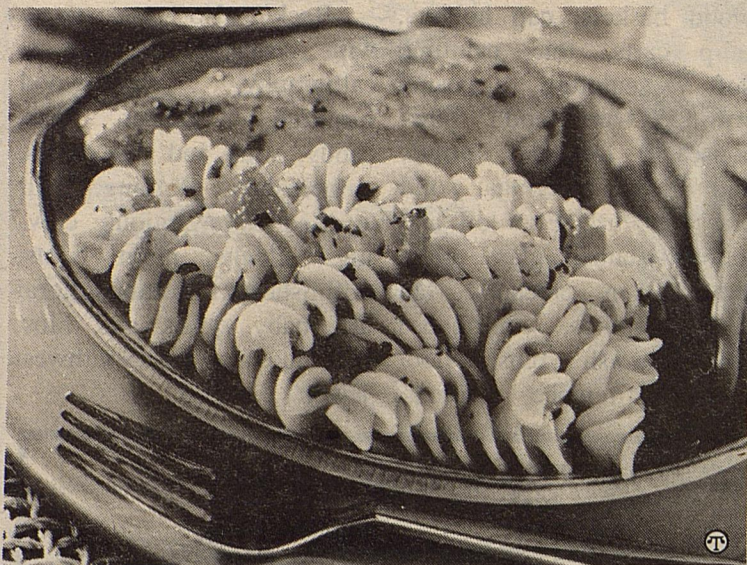
Family Outfitters

Store Hours:
M-F 9-6; Sat. 9-5:30

3219 College Ave.
Snyder, Texas
Phone 573-6763



Broth: The Secret Cooking Ingredient



With broth, cooks can easily add flavor — without fat — to favorite dishes.

(NAPS)—Broth is the secret ingredient for cooks who want to *easily* add flavor to dishes, without the fat and calories of butter, margarine or oil. Now Swanson® Broth is making it even easier with the introduction of an entirely new concept to the broth category: chicken broths with simmered-in herbs and spices. The seasoned broths are 99 percent fat free and come in two varieties: Swanson® Chicken Broth with Roasted Garlic and Swanson® Chicken Broth with Italian Herbs. Since the herbs are already in the broth, there's no need to chop and measure, cutting down on preparation and clean-up time. Here are some quick, tasty tips to try when cooking with broth:

- For flavorful, low-fat rice or pasta, substitute broth for water when cooking.
- Beat eggs with broth instead of water or milk for fluffy, flavorful omelets or scrambled eggs.
- For "Skinny Mashed Potatoes", boil potatoes in broth — then mash.
- Steam or boil vegetables in broth for extra flavor.

For a delicious, low fat side dish in 20 minutes, try Swanson® Simple Seasoned Pasta. Simply bring two cans of new Swanson® Seasoned Chicken Broth with Italian Herbs to a boil and add three cups of pasta. It's as easy as boiling water!

For more recipes and tips on cooking with broth, call 1-800-44-BROTH (1-800-442-7684) for a free 24-page booklet from Swanson®, entitled "Simply Delicious!"

Swanson® Simple Seasoned Pasta

Prep Time: 5 minutes

Cook Time: 15 minutes

- 2 cans (14½ ounces each) Swanson® Seasoned Chicken Broth with Italian Herbs
- 3 cups uncooked corkscrew pasta

1. In medium saucepan over medium-high heat, heat broth to a boil.

2. Stir in uncooked pasta. Reduce heat to medium. Simmer gently 10 minutes or until pasta is done, stirring occasionally.

Serves about 6.

Joint research may mean 'SMART-R' weather forecasts

COLLEGE STATION - Rivals on the football field, Texas A&M University and the University of Oklahoma are taking a different approach in the field of meteorology: cooperation.

The universities, along with the National Severe Storms Laboratory, have joined forces to get a closer and more accurate view of weather activity using a mobile Doppler Radar system, noted Texas A&M meteorology professor Mike Biggerstaff.

Mounted on the trailer of a large truck, an 8-foot radar dish is a key component of the SMART-R (Shared Mobile Atmospheric Radar for Teaching and Research) project that will allow students and scientists to travel with weather systems as they move throughout the region.

"We'll be able to get right up

next to the storms and get very high-resolution images," Biggerstaff said. "We can move with a storm and stay really close to them."

He expects SMART-R to be operational by year's end and noted that its computers "will be Y2K compatible."

The universities and the NSSL each will have use of the system for three months at a time, but the three entities also will conduct cooperative research projects periodically.

By setting up a three-month rotation, he said, "We can study winter storms one year, spring storms the next and summer storms the year after that."

In addition to increased proximity, Biggerstaff said the radar system will offer a more detailed view of weather activity.

NEWS

OF AUTOS

Take A Drive On The Road To Savings

(NAPS)—Get what's free: Test drives are free everywhere and, many times, special deals are also available.

For example, when it comes to Buick cars, everyone who buys or leases a new Regal will get a "Regal Performance Card." That entitles them to save time and money at dealerships and several service-oriented retail partners.

"Our core audience is super-charged families, people who lead full and active lives," said Mark Hines, Regal assistant brand manager of marketing.

When customers buy a Regal, they are automatically enrolled in

the program. Cardholders receive discounts on services. The 1999 offers include:

- Free oil change from participating Buick dealers.
- Free service loaner from participating Buick dealers when the Regal is held for scheduled service.
- Added value for cardholders at Hyatt Hotels nationwide.

- 30 minutes of free long-distance calls, 15 minutes on each card.

- Savings on vacations through American Airlines Vacations.

- Discounts with National Car Rental.

- Savings on floral arrangements from 1-800-FLOWERS.

- Free added computer memory on select Gateway computers.

- Discounts from Omaha Steaks.

- Discounts on USA Today subscriptions.

The Regal comes with a number of features including a low tire pressure indicator, a rear-seat pass through to carry extra-long items such as snow skis and driver- and front-passenger airbags.

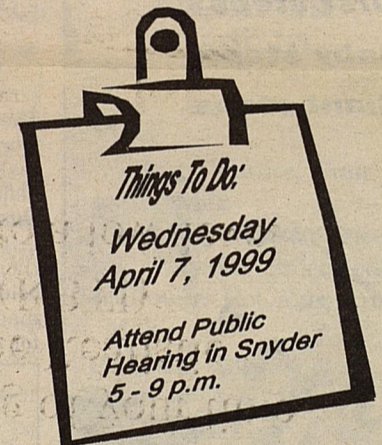
Cardholders will also receive certificates throughout the year with more savings opportunities. Coupons will be provided through the mail and at an exclusive owner's area on the World Wide Web at <http://www.regal.com>.

MARK YOUR CALENDARS!

You need to invest an evening of your time to find out about the Air Force Realistic Bombing Training Initiative (RBTI) proposal to turn this area* into a low-level bomber training site.

Come to the public hearing on April 7th at the Snyder High School. It is the only hearing in our area. DON'T LET THEM THINK WE DON'T CARE!

- ✓ If we do not stop the RBTI now, the USAF will proceed with their plans by the end of the year.
- ✓ If they go through with this our lives and our land will be changed forever. The economy will suffer.
- ✓ It will be almost impossible to get them to leave once they are here!



What:

Public Hearing -The USAF will be holding a hearing on the proposed establishment of the low-level B-1 and B-52 bomber training site over our property.

When:

Wednesday, April 7th 5:00 - 9:00 p.m.

Note:

This is the only hearing in our area.

Where:

Snyder High School - located at 3801 Austin Avenue in Snyder



H.E.P.A. Inc.

SAVE OUR ECONOMY! STOP THE BOMBERS!

* Borden, Dawson, Fisher, Lynn, Garza, Kent, Scurry and Stonewall Counties

FOR MORE INFORMATION CALL H.E.P.A. Inc. 915-735-3289