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The PAMPA NEWS

TODAY IN SPORTS



Thursday, January 10, 2013 www.thepampanews.com Volume 108 • No. 217

75¢ Letter to Editor: PAWS 2012 report Lady Harvesters even up district record
 \$1.50 weekend From the desk of Gov. Rick Perry | p4 JV Harvesters roll to victory over River Road | p9 & 12
 38¢ subscription

Eagle Rock hiring for Panhandle, Wheeler County

STAFF REPORT

Eagle Rock Energy Partners in Pampa is in the process of hiring about 30 new employees, primarily for the positions of gas plant operators and field employees. The jobs are for the existing Texas Panhandle operations and a new facility under construction in neighboring Wheeler County. Many of the new employees were hired during job fairs in early December, and the hiring continues. Some of the hiring is a result of

the company's acquisition of BP's Texas Panhandle Midstream System that was announced last year. The acquisition includes natural gas gathering pipelines and two major processing facilities located between Pampa and Perryton, according to company sources. Under the agreement, Eagle Rock will gather and process BP's natural gas production from the existing connected wells. Eagle Rock plans to integrate the BP Panhandle System with its existing system in the area, resulting in

approximately 6,463 miles of combined gathering pipelines serving more than 5,000 wells, according to a company press release. Activity in the Texas Panhandle remains robust with approximately 14 active rigs in the area dedicated to the combined Eagle Rock and BP Panhandle systems and more than 450 wells permitted in 2012 in the Texas Panhandle region, according to the released statement. For more information and to search for job openings, visit www.eaglerockenergy.com.



CUTTING TIES



Photo by Sasha Heller

Pampa barber Bill Hulse, pictured in his barber shop at the Combs-Worley building, cuts the hair of customer Zane Hall. Hulse will formally retire on Jan. 31 and the barber shop will close its doors for the final time after operating for more than 80 years.

Veteran Pampa barber to retire

BY SASHA HELLER
 sheller@thepampanews.com

The Pampa community will experience the end of an era at the end of this month as barber Bill Hulse plans to close up shop on Jan. 31. Hulse has operated out of the barber shop on the ground floor of the Combs-Worley building for the past decade but he's been cutting hair in town for a lot longer. "I've been barbering here in Pampa for 60 years," he said. Cutting hair has been in Hulse's family for as long as he can remember. "My dad was a barber and two of my uncles and my brother and two of my cous-

ins," he said. "It's been in the family since back in the '20s." Hulse is quick to point out how the shop's management has been remarkably consistent, having stayed within the Carter family for the entirety of the shop's 80-year lifespan. "It's the oldest business in town that's still under the same management," Hulse said. The Pampa native couldn't recall any personal highlights about his experience but he did comment on how much he enjoyed working with his customers and getting to know his fellow community members. "I don't know of any highlights I had," Hulse said. "I got to meet some interesting people — Pampa's finest." The barber shop, like Hulse, is a throw-back to a simpler time. There's no phone **BARBER** cont. on page 3

Pampa ISD to add second resource officer

By SASHA HELLER
 sheller@thepampanews.com

One can never be too safe when it comes to protecting children in public schools, especially in the wake of the recent school shooting in Connecticut. To that effect, the Pampa City Commission at its meeting Tuesday approved the expense of a second resource officer for Pampa Independent School District (PISD). "In 2012, we only had one school resource officer for both schools — the junior high and the high school,"

City Manager Richard Morris said. Morris added that Pampa ISD superintendent Dr. David Young, at the beginning of this school year, had inquired about the city adding a second resource officer. Morris said a review of city's budget at the time showed that the city couldn't afford to take on the expense of a second officer. However, in December, city officials raised the issue again with the school district. "What we're looking at, beginning Jan. 7...we placed a second resource officer **CITY** cont. on page 3

New X-ray and digital imaging equipment on its way to PRMS

STAFF REPORT

A fully-digital X-ray room and other high-tech equipment is coming to Pampa Regional Medical Center that will greatly benefit patients by decreasing time, increasing accuracy and detail in the images as well as increasing patient safety. Brad Morse, hospital CEO, said the equipment is on order and should be operational within a month. Morse said the equipment is state-of-the-art and on par

with hardware found at any larger medical center. "There is no better equipment out there than what we are getting," Morse said. About six months ago, PRMC was purchased by Prime Healthcare Services, a hospital management company based in Ontario, Calif. Morse said the corporation is purchasing equipment for several of its hospitals at once, which gives it more buying power than if each hospital had to buy its equipment. **HOSPITAL** cont. on page 3



Submitted photo

HIGH TECH. Rhonda Morehart, nuclear medicine student, works with a patient at PRMC.

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PAMPA FORECAST

Today	Friday	Saturday
		
High 48 Low 38	High 59 Low 27	High 32 Low 18

Thursday: A.M. showers with a high of 48. Sixty percent chance of rain. Wind west at 9 mph. Sunrise at 7:54 a.m.

Thursday night: Partly cloudy with a low of 38. Ten percent chance of rain. Wind south southwest at 14 mph. Sunset at 5:50 p.m.

Friday: Mostly cloudy with a high of 59. No chance of rain. Wind southwest at 24 mph. Sunrise at 7:54 a.m.

Friday night: Partly cloudy with a low of 27. Ten percent chance of rain. Wind west northwest at 14 mph. Sunset at 5:51 p.m.

Saturday: Partly cloudy with a high of 32. Twenty percent chance of rain. Wind north at 15 mph. Sunrise at 7:53 a.m.

Saturday night: Partly cloudy with a low of 18. No chance of rain. Wind north northeast at 10 mph. Sunset at 5:52 p.m.

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Obituaries

Kallie Jo Akemon

Kallie Jo Akemon, 41, of Wellington, passed from this earthly life on Dec. 29, 2012 in Amarillo.

Her memorial service will be at 2:30 p.m., Friday, Jan. 11 at Trinity Fellowship, 1305 Ft. Worth Street, in Wellington.



Kallie Jo Akemon

Kallie was born April 28, 1971 in Lawton, Okla. to Ray and Nancy Akemon. She was a longtime resident of Wellington. She was known for her love of arts and crafts and greatly enjoyed creating special gifts for special people. Kallie loved organizing craft activities for youth.

An animal lover, Kallie could nurse just about anything back to health. She was a good listener and always brought out the the best in those around her. She loved the Lord and was very bold in her beliefs.

Kallie left behind her dog, Tiger; four sisters, Holly Akemon, Lola Akemon, Sherry Goens and Pat Williams; her niece and nephews, Misty Miller, Mike Akemon, Buck Akemon, Joe Akemon, Dalton Burrows and Aaron Burrows; and several great nieces and nephews.

The family suggests memorials to a favorite animal rescue shelter such as Furever Friends and Rescue, PO Box 222, Childress Texas 79201.

Navella Willett Gee

Navella Willett Gee, 96, died Jan. 8, 2013 in Amarillo. Services will be at 2 p.m. Saturday, Jan. 12 at Priest

Park Church of God with the Rev. Bob Kirk, pastor, and the Rev. Errol Hainer, grandson and pastor of Life Fellowship of Amarillo, officiating.



Navella Willett Gee

Burial will follow in Fairview Cemetery under the direction of Carmichael-Whately Funeral Directors.

Mrs. Gee was born Oct. 22, 1916 in Sunset. She married Arby Elden Gee on Nov. 21, 1934 in Jacksboro. He preceded her in death on Jan. 16, 1987. She had been a resident of Pampa since 1943. She was a member of Priest Park Church of God and was a homemaker.

Survivors include three sons: Marlin Gee and wife Linda of Pampa, Roland Gee and wife Sherry of Edmond, Okla., and Dennis Gee and wife Natalia of Amarillo; one daughter: Rosetta Miller and husband Charlie of Amarillo; daughter-in-law: Della Kay Gee of Pampa; two brothers: Daniel Willett of Sunset and Nathaniel Willett and wife Cathy of Haltom City; 17 grandchildren, and numerous great-grandchildren and great-great-grandchildren. Navella was preceded in death by a son: Finis Gee in 1998; two grandsons, a great-granddaughter, and by her parents: Buford and Gracie Belle Willett.

Memorials may be made to Priest Park Church of God, 731 N. Sumner, Pampa, Texas 79065.

The family will receive friends from 6-7:30 p.m. Friday, Jan. 11, 2013, at Carmichael-Whately Funeral Home.

Sign the on-line register at www.carmichael-whately.com.

Retooling Pap test to spot more cancers

WASHINGTON (AP) — For years, doctors have lamented that there's no Pap test for deadly ovarian cancer. Wednesday, scientists reported a tantalizing hint that one day, there might be.

Researchers are trying to retool the Pap, a test for cervical cancer that millions of women get, so that it could spot early signs of other gynecologic cancers, too.

How? It turns out that cells can flake off of tumors in the ovaries or the lining of the uterus, and float down to rest in the cervix, where Pap tests are performed. These cells are too rare to recognize under the microscope. But researchers from Johns Hopkins University used some sophisticated DNA testing on the Pap samples to uncover the evidence — gene mutations that show cancer is present.

In a pilot study, they analyzed Pap smears from 46 women who already were diagnosed with either ovarian or endometrial cancer. The new technique found all the endome-

trial cancers and 41 percent of the ovarian tumors, the team reported Wednesday in the journal Science Translational Medicine.

This is very early-stage research, and women shouldn't expect any change in their routine Paps. It will take years of additional testing to prove if the so-called PapGene technique really could work as a screening tool, used to spot cancer in women who thought they were healthy.

"Now the hard work begins," said Hopkins oncologist Dr. Luis Diaz, whose team is collecting hundreds of additional Pap samples for more study and is exploring ways to enhance the detection of ovarian cancer.

But if it ultimately pans out, "the neat part about this is, the patient won't feel anything different," and the Pap wouldn't be performed differently, Diaz added. The extra work would come in a lab.

The gene-based technique marks a new approach toward cancer screening, and specialists are watching

closely.

"This is very encouraging, and it shows great potential," said American Cancer Society genetics expert Michael Melner.

"We are a long way from being able to see any impact on our patients," cautioned Dr. Shannon Westin of the University of Texas MD Anderson Cancer Center. She reviewed the research in an accompanying editorial, and said the ovarian cancer detection would need improvement if the test is to work.

But she noted that ovarian cancer has poor survival rates because it's rarely caught early. "If this screening test could identify ovarian cancer at an early stage, there would be a profound impact on patient outcomes and mortality," Westin said.

More than 22,000 U.S. women are diagnosed with ovarian cancer each year, and more than 15,000 die. Symptoms such as pain and bloating seldom are obvious until the cancer is more advanced, and numerous attempts at screening tests have failed.

Texas GOP leaders outline priorities for session

AUSTIN (AP) — Republican leaders in Texas are back to work at the Capitol with an agenda that includes tax relief, abortion restrictions and spending restraint.

Gov. Rick Perry on Wednesday is joining Lt. Gov. David Dewhurst and House Speaker Joe Straus in laying out their plans for a new legislative session. Perry and Dewhurst are both out to reassert their political power to lawmakers and the public after failed campaigns for bigger offices.

Dewhurst has vowed to make the next 140 days among the most conservative sessions in recent history. Straus is starting his third term as speaker and has outlined an agenda that includes public schools, infrastructure and water.

Lawmakers entered the session with a bright revenue forecast that includes up to \$101 billion in available spending.

New Ill. legislature has 3 charged lawmakers

SPRINGFIELD, Ill. (AP) — As members of Illinois' newest General Assembly took the oath of office Wednesday, the state that's still struggling to rebuild its image after two consecutive governors went to prison set yet another precedent of sorts: three sitting lawmakers facing criminal charges.

Illinois is no stranger to dramatic headlines about the nexus of politics and crime in its highest offices — most recently former Gov. Rod Blagojevich's conviction for attempting to sell Barack Obama's former U.S. Senate seat.

But experts and capitol veterans can't recall a comparable circumstance for state legislators since the early 1970s, when several were rounded up in a bribery trial involving cement trucks.

The allegations against the three officials vary widely: bribery, bank fraud and trying to bring a gun onto a plane. But experts say that while the charges differ, the accumulation and timing is damaging to Illinois as it struggles to address some of the most serious financial problems in its history.

Court wary of DUI warrantless blood tests

WASHINGTON (AP) — The Supreme Court appeared reluctant Wednesday to allow police to routinely order blood tests for unwilling drunken-driving suspects without at least trying to obtain a search warrant from a judge.

The court heard arguments Wednesday in a case about a disputed blood test from Missouri, against the backdrop of a serious national problem of more than 10,000 deaths from crashes involving alcohol-impaired drivers in 2010, about one every 51 minutes.

That number has dropped by 60 percent in the past 20 years because of a sustained national crackdown on drunken driving. Lawyers for Missouri and the Obama administration argued that dispensing with a warrant requirement would further that effort because any delay in testing a suspect's blood-alcohol content allows alcohol to dissipate

in the blood.

"Here, police are facing the certain destruction of blood-alcohol evidence," Justice Department lawyer Nicole Saharsky said.

But justices across the ideological spectrum questioned whether the intrusive procedure of sticking a needle in someone's arm to draw blood should routinely be done without the approval of a judge. At the same time, they made clear that they did not want to unduly delay the collection of blood samples.

Justice Antonin Scalia asked, "Why shouldn't that determination be made case by case? ... And if it would have taken too long, then it's okay without a warrant. If it wouldn't have taken that long, it's bad."

Wednesday's case stemmed from the arrest of Tyler McNeely in rural Cape Girardeau County, Missouri. A state trooper stopped McNeely's speeding, swerving car and the driver, who had two previous drunken-driving convictions, refused to submit to a breath test to measure the alcohol level in his body.

Rare 1865 baseball card found in Maine

PORTLAND, Maine (AP) — An auction house expects six-figure bids when it sells a rare 1865-year-old baseball card discovered at a yard sale in rural Maine.

Saco River Auction Co. in Biddeford says a man found the card by chance in a photo album he bought in Baileyville, on the Canadian border.

It's not the same as a

modern baseball card. Instead, it's a photograph of the Brooklyn Atlantics amateur baseball club mounted on a card. Saco River manager Troy Thibodeau says he's aware of only two such cards in existence, the other at the Library of Congress.

Saco River sold a rare 1888 card of Hall of Fame baseball player Michael "King" Kelly last summer for \$72,000.

Thibodeau expects the Brooklyn Atlantics card to fetch at least \$100,000 at its Feb. 6 auction.

Driving while drunk on a horse

BUNNELL, Fla. (AP) — A Florida man accused of riding his horse while intoxicated during a police chase has changed his plea and was sentenced to time served.

The Daytona Beach News-Journal reports 29-year-old Charles Larkin Cowart pleaded no contest Tuesday to obstructing an officer without violence and interfering with railroad tracks.

He originally pleaded not guilty to the Sept. 24 ride through Bunnell, north of Orlando.

Circuit Judge David Walsh also sentenced Cowart to three years of probation. He had been held in the Flagler County Jail on \$7,000 bail.

Police say Cowart told them he was on his way to this grandmother's house. He refused their request to get off the horse and took off.

Eventually, the horse became exhausted and Cowart ran. He was arrested a short time later.

City

Continued From Page 1

over in the junior high," Morris said. He added that, upon its annual budget review in October, the Commission will consider funding options for the second officer for the next school year. Morris said funding can be transferred from the Pampa Police Department's budget due to vacancies on the police force. Young thanked the Commission for deciding to add the second officer. "It's a very positive

thing and I just want to thank everybody for getting that done," he said. In other business, the Commission:
 ■ Accepted a resolution, upon second reading, approving a grant for \$250,000 from the Pampa Economic Development Corporation. The funding will be used to demolish condemned residential structures around town. Public Works Director Donny Hooper reported that 23 structures have been condemned and 12 of those property owners have complied with the city's requests for making improvements to their properties.

■ Awarded a bid in the amount of \$148,010 to Amarillo Truck Center for the purchase of two truck cab and chassis for Solid Waste Collections; the Commission also awarded a bid for \$138,820 to Equipment Southwest, of Irving, for the purchase of two side loader packer bodies for Solid Waste Collections.
 ■ Awarded a bid in the amounts of: \$400 from Eladio Garcia for delinquent tax property located at 720 E. Murphy; \$301 to Jesus Manuel Gallegos Gutteriez for delinquent tax property located at 1036 Varnon; and \$300 for delinquent tax property at 611 Barnes.



Photo by Sasha Heller

Pampa ISD superintendent Dr. David Young addresses the Pampa City Commission on Tuesday. The Commission unanimously approved adding a second resource officer to monitor Pampa Junior High and join the first officer who serves at Pampa High.

Hospital

Continued From Page 1

ment separately. As the need for health care continues to grow, so does the need for progressive, state-of-the-art equipment and technology, according to a PRMC press release. PRMC radiology's staff are registered and licensed by the Texas Department of Health-Medical Radiologic Technologic Program. The radiologists are board certified and sub-specialized by the American College Radiology. These physicians are part of the High Plains Radiology Association, which serves many of the surrounding communities including BSA and Harrington Cancer Center, the release stated. The key to early detection starts with diagnostic X-ray and fluoroscopy,

CT's, digital mammography, ultrasound, MRI, and nuclear medicine. PRMC offers these imaging services to assist physicians in detecting and evaluating abnormalities and changes in the body. PRMC's new, 64-slice computed tomography offers faster, lower-dose exams that includes an estimated patient specific dose. CT now has the ability to perform CT calcium scoring, CT angiographic scans and CT 3D imaging. Digital mammography is important for the screening and early detection of breast cancer. Women over the age of 40 are encouraged to have a mammogram yearly. To make this procedure more comfortable for patients, PRMC uses soft, cushioned pads on its mammography equipment. PRMC has a new highly advanced ultrasound machine with the ability to perform a whole realm of

ultrasound procedures. The ultrasound unit allows for 4D imaging capability and PRMC will soon offer 4D OB clinics. PRMC houses a 1.5 Tesla MRI system that helps provide safe and accurate diagnosis of conditions such as stroke through the vascular imaging of the brain. The patients undergoing the MRI at PRMC have the benefit of sub-specialized readings by fellowship-trained Radiologists. PRMC's new single head nuclear camera uses radioactive isotopes to create detailed images of body. This equipment can increase efficiency and improve the diagnosis and treatment for patients. The doctors, staff and administrators at PRMC understand patients and families expect and deserve outstanding care and are committed to providing that extra degree to deliver exceptional care with respect, compassion and sensitivity.

Four South Texas officers indicted in cocaine distribution conspiracy probe

McALLEN, Texas (AP) — A federal grand jury has indicted two former South Texas police officers and two former sheriff's deputies on drug charges. The U.S. Attorney's office said Wednesday, 28-year-old Jonathan Trevino, 29-year-old Alexis Espinoza, 28-year-old Fabian Rodriguez as well as 30-year-old Gerardo Mendoza-Duran were indicted on charges of conspiracy to possess with intent to distribute cocaine, as well as aiding and abetting charges. The four men were arrested in December after they accepted thousands of dollars in bribes to escort drug loads in a federal sting operation. Trevino and Espinoza were officers with the Mission police department. Rodriguez and Mendoza-Duran were deputies with the Hidalgo County Sheriff's office.

Trevino is the son of Hidalgo County Sheriff Lupe Trevino and Espinoza is son of the Hidalgo police Chief Rodolfo "Rudy" Espinoza.

Cinema 4

<p>Movies Showing Now! Friday, January 4 – Thursday, January 10</p> <p>The Hobbit (PG-13) Fri 6:45 10:00 Sat 2:00 6:45 Sun 2:00 6:45 Mon/Thur 6:45</p> <p>Jack Reacher (PG-13) Fri 7:30 10:00 Sat 2:00 4:30 7:30 Sun 2:00 4:30 7:30 Mon/Thur 7:30</p> <p>DJango (R) Fri 7:00 10:00 Sat 2:00 7:00 Sun 2:00 7:00 Mon/Thur 7:00</p> <p>Parental Guidance (PG) Fri 7:15 9:30 Sat 2:00 4:30 7:15 Sun 2:00 4:30 7:15 Mon/Thur 7:15</p>	<p>Showing Friday! Friday, January 11 – Sunday, January 13</p> <p>DJango (R) Fri 7:00 10:00 Sat 2:00 7:00 10:00 Sun 2:00</p> <p>This is 40 (R) Fri 7:00 10:00 Sat 2:00 4:30 7:00 10:00 Sun 2:00 4:30</p> <p>Jack Reacher (PG-13) Fri 7:30 10:00 Sat 2:00 4:30 7:00 10:00 Sun 2:00 4:30</p> <p>Parental Guidance (PG) Fri 7:15 9:30 Sat 2:00 4:30 7:15 9:30 Sun 2:00 4:30</p> <p>We are closing Sunday night through Thursday the 17th for our digital projection installation.</p>
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Barber

Continued From Page 1

in the shop and customers don't make appointments — all customers are walk-ins.

Hulsey joined the Army in 1951 and, upon his discharge in 1953, he entered barber college in Amarillo. "I've just always liked the barber business and I stuck with it," he said. Hulsey doesn't plan to quit cutting hair just

because the shop is set to close. He'll be keeping busy at his residence, continuing to serve his loyal patrons. "I'll be cutting hair at my house," he said. "It's something to do and it'll help me get by."

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Gov. Rick Perry on conservative policies and Crime Stoppers

Gov. Rick Perry addressed the State Legislature this week. This is an excerpt from his address.

AUSTIN — Gov. Rick Perry this week urged Texas lawmakers to remain faithful to the conservative fiscal principles that have kept the Texas economy strong, allowed for tremendous job growth, and helped the state weather

the national economic recession. On the heels of a strong revenue estimate, the governor urged lawmakers to take a hard look at providing tax relief.

He addressed both the Senate and House of Representatives on the opening day of the 83rd Legislative Session.

"Two years ago we chose a fiscally conservative path that has led us here today by prioritizing and tightening our belts.

This session is an opportunity to rededicate ourselves to the policies that have made Texas economically strong in the first place," said Gov. Perry.

"When people keep more of their own money it's better for them, it's better for their families, and it's better for the state. It's time to take a hard look at providing tax relief."

The governor outlined priorities for the session, which include ensuring Texas' infrastructure continues to support our growing population and economic demands, an accountable education system that produces a skilled workforce and conservative budget priorities outlined in the Texas Budget Compact:

- Practice truth in budgeting;
- Support a constitutional limit of spending

to the growth of population and inflation;

- Oppose any new taxes or tax increases, and make the small business tax exemption permanent;
- Preserve a strong Rainy Day Fund;
- Cut unnecessary and duplicative government programs and agencies.

The effect of Crime Stoppers

Crime is a scourge on our society. It tears apart lives and breeds feelings of fear, anger and helplessness.

As caring citizens, we are obligated to do everything in our power to ensure that our communities are not victimized by criminals.

Since they began in 1976, Crime Stoppers programs have empowered citizens across our state to take a stand against crime.

These programs bring together businesses, citizens, law enforcement and the media to combat crime and make our communities safer.

Combining media awareness, monetary rewards and anonymity for tipsters, Crime Stoppers has created an effective method for solving crimes and helping citizens take back control over their neighborhoods.

Crime Stoppers has been particularly effective in Texas, where anonymous tips have led to 175,000 arrests and \$1.2 billion in property recovered and narcotics seized since its inception.

Every January, Crime Stoppers sponsors a campaign to increase awareness of its successful crime reduction efforts.

I encourage all Texans to join in this effort and work to make our communities even safer.

Therefore, I, Rick Perry, Governor of Texas, do hereby proclaim January 2013 to be Crime Stoppers Month.

Letter to the Editor

Pampa Animal Welfare Society 2012 report

Hi. Welcome to the new year. I would say Pampa Animal Welfare Society (PAWS) has had a very successful 2012.

When you look back and see how many animals have been touched by the PAWS group, it is amazing. We continue to help with medical problems for low-income families and shelter animals through the generosity of the Payne Foundation.

Others have helped us fund our low-income spay/neuter program which is still going in high gear.

As we all know, the only way to stop the overabundance of unwanted pets, is through affordable spay/neuter programs. Also, we continue to adopt or place a large amount of animals each month.

The other big success has been the passing of a bond for a new animal shelter. The city came up with a way to finance it, if the voters would pass the bond. It was PAWS job to sell it to the citizens of Pampa.

We worked our tails off:

emails, letters to the editor, information booths, door to door campaigning, small group meetings, advertising in the paper and radio, interviews and lots of one on one conversations. It worked! It was probably the most successful campaign in the number of voters who came out and voted for this proposition. The shelter had a 71 percent positive vote.

Some areas have had to be shaved off the plans because of money issues, but we will still have a new shelter by the end of this year that covers most of the needs.

Since the New Year's holiday fell on the first Tuesday of the month, we did not have a meeting. We talked about having it on Jan. 8 but decided we could all use a break. So our next meeting will be on Tuesday, Feb. 5.

The new year has started out well as far as adoptions go. We went to Petco last Saturday and had six dogs adopted and five cats and kittens. That is great

for January. In December, we had loads of animals adopted. The good news was that only two kittens and three dogs were returned. The two kittens found new homes this Saturday, and all but one of the little dogs was readopted. The one little dog returned in Pampa was because they had not checked with their landlord before bringing him home the week before Christmas.

He was scheduled to be neutered today and we took him for his appointment. Although only 9 months old, this little chi mix looks like a wise old man. If you know anyone who would like to adopt him, send them to the shelter. He is now residing in the office!

We look forward to another great year with wonderful volunteers helping Pampa's animals find new, permanent homes. Join us when ever you can.

Faustina Curry
President, PAWS



How To Write Us

The Pampa News welcomes letters to the editor. When submitting a letter, please include the writer's name, address and signatures.

We reserve the right to edit letters or not to publish certain letters

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Pampa, Texas
79065

By E-mail:
thowsare@thepampanews.com

The most powerful weapons we possess

George Washington warned us in his Farewell Address about a time in America's future when we might be tempted to discard the pillars of civility:



CHUCK NORRIS

"Of all the dispositions and habits which lead to political prosperity, religion and morality are indispensable supports. In vain would that man

claim the tribute of patriotism who should labor to subvert these great pillars of human happiness, these firmest props of the duties of men and citizens. The mere politician, equally with the pious man, ought to respect and to cherish them."

Let me give a great example of what Washington's words look like in action. In February 2011, 11-year-old Jessie Rees was a junior Olympic swimmer for the Mission Viejo Nadadores, and she started getting strange headaches. One month later, the blond, blue-eyed Southern California girl was diagnosed with two malignant tumors in her brainstem. The cancer was inoperable. Despite the fact that she had a 1 percent chance to live 18 months, Jessie and her parents still decided

to endure 30 rounds of radiation therapy at Children's Hospital of Orange County.

And then the unthinkable happened, at least for many of us adults. One sunny spring day, when she was moved by the fact that she was able to leave the hospital as an outpatient, she asked her parents about the kids who were inpatients, "What can we do for them?"

Her dad, Erik, explained to Yahoo Sports just last week that it's a question that "changed the tapestry" of his life. "She's fighting a battle she can't win," Erik explained as he choked up, "and she just chose to help others."

Jessie's words began a movement that not only changed the Rees family forever but also affected tens of thousands of people all over the world. She returned home that spring day and put tiny trinkets and toys from around the house into paper lunch bags. Her parents encouraged her that small jars probably would be a better option. And seeing as Jessie's middle name was Joy, they called them JoyJars. And they were delivered weekly to sick kids in the hospital.

The popularity of JoyJars exploded. Tens of thousands friended her on Facebook. Word spread about Jessie, and Olympians and NFL players

started going to children's hospitals everywhere with JoyJars, which have become a symbol of strength and hope.

JoyJars increased as Jessie's condition worsened. Yahoo Sports explained: "Her vision ebbed. Her headaches became more severe. Her legs, the same ones that propelled her through the water so quickly, could hardly hold her up. There were nights when Erik had to carry his daughter up the stairs to bed, holding back tears as he prayed the next day would be easier. It often wasn't. Jessie told her dad she felt 'lonely and limited.' Her friends wouldn't know what to say as her face bloated and she started having to wear a mask. 'Her body,' Erik says, 'got stripped away.'"

All the while, Jessie had a motto that transformed into her foundation, "NEGU," which stands for "Never Ever Give Up." Her strength to endure came from her family and devotion to God. Her favorite Bible verses were: "I can do all things through Him who strengthens me" (Philippians 4:13) and "Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go" (Joshua 1:9). On Jan. 5, 2012, Jessie had endured her

last night's sleep with her severe headaches. With her equally courageous parents, Erik and Stacey, at her side, Jessie exited this life for her heavenly home. She was only 12 years old.

Five thousand people attended Jessie's memorial at Saddleback Church, and nearly as many watched online, including Kaitlin Sandeno, a former Olympic swimmer. Sandeno was so inspired by Jessie's life and legacy that she became a national spokeswoman for NEGU, which now has its own website (<http://www.negu.org>). There are presently 35 athletes working with NEGU, and Jessie's parents hope to have 100 by the end of 2013 to help the more than 20,000 children who are fighting cancer right now in U.S. hospitals.

Yahoo Sports reported: "What began with a few paper bags and a few toys has now reached 11 countries. In 2012 alone, 47,000 kids received JoyJars."

My dear friends Darrell and Sandy Scott, who spearheaded Rachel's Challenge in memory of their beautiful and kind daughter, Rachel, recently partnered with my wife, Gena, and me and our foundation, KickStart Kids, to further help American youths and families.

The Pampa News (UPS 781-540) is published daily, except Sundays, Mondays and all national holidays. Periodicals postage paid at Pampa, Texas. Postmaster: Send address changes to The Pampa News, P.O. Drawer 2198, Pampa, Texas 79066-2198.

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MEMBER 2012

TPA
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Rice educator transforms bus into vehicle for learning

HOUSTON (AP) — Since June, Christopher Sperandio has been ripping seats out of an 11-year-old shuttle bus. Pulling panels from interior walls. Re-plumbing the cooling system, removing carpet and plywood from the floor.

With the help of power tools and a few volunteers, Sperandio is turning an old gray bus into a house on wheels. A rolling artists' residency, really.

Sperandio, an assistant professor in Rice University's visual and dramatic arts department, is building a mobile place for minds to meet. Now that the bus is stripped, he'll put in a kitchen, a shower and some bunk beds. Then — starting this summer — he'll find interesting people in the arts, maybe even the sciences, and invite them to travel together in his homemade RV. Sperandio figures a handful of people can have good discussions over simple homemade meals. Travel to different communities and share their work with others. Or just take some time — while they're on the road and off the grid — to think and do creative work.

"I would like to see more artists come to Houston," he said. "The problem with bringing people here is, where do you put them?"

He'd been interested in the DIY movement and had read about people who convert old school buses into custom mobile homes. That's when it hit him: He could convert a bus and invite artists to spend time on it.

"There is no mobile arts residency in the world," Sperandio said. "So it just seemed like a really good idea."

With a \$7,000 grant from the university's Humanities Research Center, Sperandio bought an old Rice campus shuttle bus, a 2002 Blue Bird with a diesel engine and 120,000 miles. He named the project Cargo Space and set up a blog to track the progress (www.thecargospace.com).

The cabin is nearly 21 feet long and 7½ feet wide. At the front, Sperandio plans to put in a kitchenette and a table for meals and conversation. Just behind that, the team will install a small lavatory with a shower. Four bunks will fill the back end.

An architect has volunteered to design a roof rack that will double as a deck. Sperandio wants to attach a moped to the rear to allow quick trips away from the bus for groceries or supplies.

When it's road-ready, Cargo Space will accommodate six people for short drives, four on longer trips.

"We'll be cooking dinner together," Sperandio said. "People can think and talk and work."

Sperandio imagines road trips to Big Bend or Yellowstone National Park. He pictures a journey to California that allows an anthropologist to study urban planning in Los Angeles — with a stop in the desert, perhaps, to show a filmmaker's movie on the side of the bus. The trips won't all be long. In fact, Cargo Space will likely spend a lot of time tooling around town, stopping in places such as Spring and Sugar Land. Sperandio wants to bring the arts to areas that are far from the museum district.

"Houston is big — it

spreads out there," he said. "It could be as interesting to go to a different part of Houston as it would be to go to Mexico or Canada."

For now, though, the project is all logistics and labor. Volunteers show up to help when they can, mostly on weekends. Some Rice students will earn an hour of course credit for their work.

Ali Naghdali was an early volunteer. The 2010 Rice School of Architecture graduate now works for a Houston architecture firm.

"I've learned in school that a lot of your projects and thoughts, in order for them to become realized, they have to incubate," Naghdali said. "I can't think of a better place to do it than on a road trip."

The chance to spend time with people in other disciplines — artists, anthropologists, architects, academics — "is beneficial to every person on the bus," Naghdali said. "It's sort of a way to create a conversation that's multi-disciplinary and related to art at the same time."

No funding has been lined up to keep Cargo Space on the road. Sperandio hopes a corporate sponsor might step in to fund the artists' travels, especially because it's designed to bring artists and ideas to Houston — and to export them across the country.

"I've had such terrific experience at artists' residencies," he said, adding that he spent the summer of 2011 at a residency called the Poor Farm in Wyoming. "Part of my interest in doing this is to directly interact with more artists."

Sperandio hopes to have

the bus ready for travel by summer. He'll do a few test trips with his team of volunteers, just to make sure everything works. Then he'll start inviting artists to join him on the open road.

When it's ready, Cargo Space "can have thousands of uses," he said. "As many uses as people who'd be willing to get on and go someplace."

Ferry strikes NY dock; at least 50 injured

NEW YORK (AP) — A high-speed ferry loaded with hundreds of commuters from New Jersey crashed into a dock in lower Manhattan on Wednesday during the morning rush hour, injuring around 50 people, at least two critically.

Passengers aboard the Seastreak Wall Street said scores of people who had been standing, waiting to disembark, were hurled to the deck by the impact.

"We were pulling into the dock. The boat hit the dock. We just tumbled on top of each other. I got thrown into everybody else. ... People were hysterical, crying," said Ellen Foran, 57, of Neptune City, N.J. The accident, which ripped open part the boat's hull like an aluminum can, happened at 8:45 a.m. at a pier near the South Street Seaport, at Manhattan's southern tip.

Firefighters were still carrying people away on flat-board stretchers an hour after the crash.

More than 340 passengers and five crew members were aboard the ferry, which had arrived from Atlantic Highlands, a part of the Jersey Shore still struggling to recover from Superstorm Sandy.

Passenger Frank McLaughlin, 46, whose home was filled with 5 feet of water in the storm, said he was thrown forward and wrenched his knee in the impact.

He said some other passengers were bloodied when they banged into walls and toppled to the floor.

Dee Wertz, who was on shore waiting for the ferry, saw the impact. She said that just moments before it hit, she had been having a conversation with a ferry employee about how the boat's captains had been complaining lately about its maneuverability.

"He was telling me that none of these guys like this boat," she said. "It was coming in a little wobbly. It hit the right side of the boat on the dock hard, like a bomb."

After the impact, the boat was able to dock normally. Wertz said passengers raced off once the ramp was down.

"I think people just wanted to get the heck off the boat as soon as they could," she said.

People answering the phone at Seastreak's offices in New Jersey referred questions to a lawyer, who did not immediately return phone messages. Ferry accidents happen every few years in New York. In 2003, 11 people were killed when a Staten Island Ferry crashed into a pier on Staten Island after its pilot passed out at the wheel. Three people were badly hurt and about 40 injured when the same ferry hit the same pier in 2010, because of a mechanical problem. The National Transportation Safety Board said it had dispatched investigators to the scene.

WWII soldier's duffel bag finally returned

MERRILLVILLE, Ind. (AP) — A World War II veteran who served in France during the war has been reunited with his Army-issued duffel bag nearly seven decades after it went missing.

Ninety-two-year-old William Kadar of Merrillville opened a carefully wrapped package Tuesday to find his drab green duffel bag inside. The folded up bag is still stenciled with his name and serial number.

Kadar tells the Post-Tribune he last saw the bag soldiers use for toting their gear in November 1944, a month before he was captured by the Germans. His granddaughter, Arleen Haas, says a letter in the package says a 16-year-old French boy found the bag in his grandfather's house, tracked Kadar down and sent it to him. Haas says her family hopes to speak to the boy through Skype soon.

North Texas teacher gets five years

WAXAHACHIE, Texas (AP) — A former agriculture science teacher at a high school in North Texas has been sentenced to five years in prison for online solicitation of male students. A judge in Waxahachie on Tuesday sentenced 28-year-old Joshua Allen Jaggears of Burleson. The former teacher at Ennis High School earlier pleaded guilty to online solicitation of a minor, improper relations between an educator and a student and sexual performance by a child. Jaggears was sentenced to five concurrent five-year prison terms.

Community Calendar

City Commission meetings

The Pampa City Commission meets at 4 p.m. the second and fourth Tuesday of each month. The meetings are held on the third floor of City Hall.

School board meetings

The Pampa Independent School District board meets at 6 p.m. on the third Thursday of each month. Check The Pampa News for meeting locations.

County Commission meetings

The Gray County Commission meets at 9 a.m. on the 15th and 30th of each month. If the date falls on a Saturday, the meeting will be held on Friday. If the date falls on a Sunday, the meeting will be held on Monday. The meetings are held on the second floor of the Gray County Courthouse.

Meredith House presents live music

Meredith House, an assisted-living facility at 812 W. 25th Ave., has a band performing at 6:30 p.m. every Tuesday and Saturday night. Join them for Western music, gospel and the classics. For more information, call 806-665-5668.

Jam sessions every Friday night

The Woody Guthrie Folk Music Center has a jam session every Friday night starting at 6:30 p.m. Everyone is welcome to play or listen. The center is located at 320 S. Cuyler St. For more information, call 806-664-0824.

Adoption workshop Jan. 12

An adoption seminar sponsored by If You Were Mine will be held from 9 a.m. to 4 p.m. Saturday, Jan. 12 at the First Baptist

Church activity building in Perryton. If You Were Mine workshops have encouraged thousands of families nationwide to investigate adoption from a biblical and practical perspective. Breakfast and lunch will be provided. The church is located at 415 S. Baylor St., Perryton. RSVP by Jan. 10 by calling Karmyn Heckart 806-435-6942.

Spiritual event on Jan. 12

Suddenly! is a night of miracles, healing and personal prophetic words. Guest speakers are pastor Rodney Crewse and Darrin Britt. Music is by Daniel and Samantha Mow, who are songwriters and worship leaders for IID Tulsa.

The event is sponsored by Fresh Fire Ministries and Britt Last Days Ministries. The event will be held at 7 p.m. on Jan. 12 in the M.K. Brown Memorial Auditorium. For more information, call Rodney at 918-724-4751 or email rcrewse@aol.com. Or call Darrin at 806-663-1082 or email drbrittlastdaysministries@yahoo.com.

Pampa Pride religion section

The Pampa News will publish multiple special sections in the paper on March 29. One of those sections is the religion section. To have your church featured, please contact the paper.

Send us a story and/or picture about your church or bring it by the paper. Submissions must be received by Jan. 31. For more information, call 669-2525.

Pampa Pride

The Pampa News will publish multiple special sections in a paper on March 29. Send us a story

and/or picture you want featured.

You may also bring the story to the paper. Submissions deadlines vary by section. Please get the stories in ASAP to increase the chances of the story being included. For more information, call 669-2525.

Poetry reading Jan. 26

Local area poets will hold an open Poetry Reading at Lovett Memorial Library on Jan. 26. The following poets will be reading: Virginia Yates, Panhandle; Gaye Robinson, Pampa; and Gloria G. Bowen, Pampa. Any other poets who wish to read, please contact Bowen at 669-1942 or 663-0448.

Citizen, business of year nominations

The Pampa Chamber of Commerce is now seeking nominations for the Pampa Citizen of the Year and Business of the Year for 2012. Forms may be picked up at the chamber office, 200 N. Ballard St., or by sending an email to admin@pampachamber.com. Nominations must be in to the chamber office by 5 p.m. on Jan. 31.

The winners will be announced at the annual awards banquet at 7 p.m., Tuesday Feb. 26, at the M.K. Brown Memorial Auditorium Heritage Room. The cost is \$25 per person and tickets can be purchased at the chamber.

Editor's note: Email submissions to thowsare@thepampanews.com. Submissions should be 100 words or less and written in the third person. Please include the title of the event, the date and time, physical address, the admission cost or whether it is a free event and a contact number and/or email address for the public.

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MIND *and* BODY

Health



Can diet soda actually be the cause of weight gain?

For decades, people have turned to diet soft drinks as a healthier alternative to regular soft drinks. However, consuming diet soda on a regular basis may have some serious health ramifications, including weight gain.

It may seem counter-intuitive to suggest that diet sodas may be causing people to gain weight, particularly because these sodas are commonly consumed by people who are trying to lose weight. However, artificial sweeteners found in some diet sodas may increase a person's risk of obesity. It's not entirely what you are eating that can cause weight gain but what the body thinks it is eating (or drinking) that plays a role.

There are two factors at play with regard to the artificial sweetener conundrum. First, The Universi-

ty of Texas Health Science Center in San Antonio has researched the potential link between obesity and artificial sweeteners. Researchers have found that something in the chemical structure of these sweeteners alters the way the brain processes the neurotransmitter serotonin. In addition to helping with sleep, mood and other functions in the body, serotonin helps tell the body when it is full. When natural foods and sugars are consumed, serotonin signals to the brain to turn off your body's appetite. However, artificial sweeteners may prolong the release of serotonin, and your appetite remains in full force long after it should have abated.

Another component of artificial sweeteners, particularly aspartame, is that these chemicals can trick

the body into thinking it has, in fact, consumed sugar. That triggers the pancreas to produce the insulin needed to regulate blood-glucose levels. It also causes the body to store the glucose as fat. This can lead to low blood sugar, which may cause you to eat a sugary treat in response. Having diet soda or eating a sugarless item once in a while won't create any long-term effects. But repeatedly relying on artificial sweeteners could affect appetite and change blood sugar levels for good.

These aren't the only consequences to diet soda and other beverages. Drinking diet soda regularly may affect cardiovascular health. According to the American Heart Association, research presented at the American Stroke Association's

International Stroke Conference found people who drink diet soda every day have a 61 percent higher risk of vascular events than those who reported no soda consumption.

Regular soda isn't a better alternative. It can contribute to weight gain and cardiovascular issues as well as an increased risk for diabetes. A 2011 review published in the journal *Circulation* stated that a positive association has been shown between sugar-sweetened soft drink consumption and weight gain in both children and adults.

Nutritionists and doctors have advised that instead of adding artificial sweeteners to water and other beverages, flavor them with lemon or lime juice. Instead of drinking diet soda, opt for unsweetened tea or plain water.

Although diet soda may seem a likely option to help curb calories and prevent weight gain, such beverages may actually be having an adverse effect on a person's weight.



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Area support groups

The following is a list of support groups that meet regularly each week in Pampa. Information for each meeting is submitted to The Pampa News office and may not be completely updated or accurate. Please notify the newsroom if a change is necessary. The Pampa News welcomes all submitted materials for area support groups. Please include the meeting time, date and location and, if applicable, provide a contact number for each group.

■ **Victims of domestic violence and sexual assault**, meet at 5:30 p.m., Thursdays, and at 2 p.m., Fridays, at the Tralee Crisis Center, 308 S. Cuyler St. For more info, call the Center at 806-669-1131.

■ **Narcotics Anonymous — The Pampa Group** meets at 7:30 p.m., Tuesdays, and at 6 p.m., Saturdays, at 805 N. Gray St. **Narcotics Anonymous — Rufe Jordan Unit** also meets at 6 p.m., Mondays, and at 5:30 p.m., Wednes-

days, at 1992 Hilton Road.

■ **Diabetics Support** meets at 7 p.m. on the second Thursday of each month in the Pampa Regional Medical Center cafeteria. For more info, contact Cynthia Ackley at 806-663-5504.

■ **Cancer Support** meets at 1 p.m. on the fourth Tuesday of each month in the Pampa Regional Medical Center cafeteria. For more info, contact Beth Kean at 806-359-4673 ext. 235.

■ **Alcoholics Anonymous** Open Door Club meets daily at noon and 8 p.m. at 910 W. Kentucky Ave. **Al-Anon** meets at noon on Mondays. For more information, call 665-9072.

■ **Pampa Caregiver Support** meets at the Pampa Nursing Center on 1321 W. Kentucky at 6 p.m. on the second Tuesday of each month. For more information call 806-669-2551.

The science behind comfort dogs

Dog Talk with Uncle Matty



MATTHEW "UNCLE MATTY" MARGOLIS
Creator's Syndicate

Petting a dog makes people feel better. It's not in our heads, and it's not wishful thinking on the part of dog lovers. It's science.

Petting a dog decreases levels of stress hormones, regulates breathing, lowers blood pressure and releases the hormone oxytocin, which is associated with bonding and affection. Medically speaking, people who pet dogs literally feel better.

But the comfort provided by dogs is not limited to the passive act of standing to be pet. Psychologist Debbie Custance of Goldsmiths College, University of London, led a study to determine whether dogs actively show empathy. Working from the observation that "dogs are social creatures that respond to us quite sensitively, and they seem to respond to our emotions," Custance asked volunteers "to either pretend to cry or just 'hum in a weird way,'" according to National Geographic, who reported on the study. The response blew everyone away.

Pretty much every single dog approached to tend to the criers, even if they were perfect strangers. The hummers went unnoticed.

These are just some of the canine qualities that led people like Tim Hetzner, leader of the Lutheran Church Charities K9 Comfort Dogs team, to come to

see dogs as "counselors with fur." Hetzner and his team of 10 specially trained golden retrievers and their handlers traveled from Addison, Ill., to Newtown, Conn., the day after a shooter invaded Sandy Hook Elementary, killing 20 children and six adults and haunting an entire community.

Hetzner says the dogs "have excellent listening skills, and they demonstrate unconditional love. They don't judge you or talk back."

Turns out the "not talking back" bit is huge. According to Hetzner, "The biggest part of (the dog handlers') training is just learning to be quiet."

Custance underscores that point. "When humans show us affection, it's quite a complicated thing that involves expectations and judgments," she told National Geographic. "But with a dog, it's a very uncomplicated, nonchallenging interaction with no consequences. And if you've been through a hard time, it's lovely to have that."

Therapy dogs have long made their mark in hospitals and nursing homes around the world. They draw smiles and forge bonds in programs developed for at-risk children. They aid in the rehabilitation of prisoners and the healing of soldiers suffering from PTSD. They calm the anxious and give confidence to the blind. And they provide comfort in times of tragedy.

It seems so simple, doesn't it? A friendly approach, a patient presence, a quiet sounding board, a soft coat, a cold nose.

Sometimes simple can be so powerful.

Woof!

Dog trainer Matthew "Uncle Matty" Margolis is co-author of 18 books about dogs, a behaviorist, a popular radio and television guest, and host of the PBS series "WOOF! It's a Dog's Life!"

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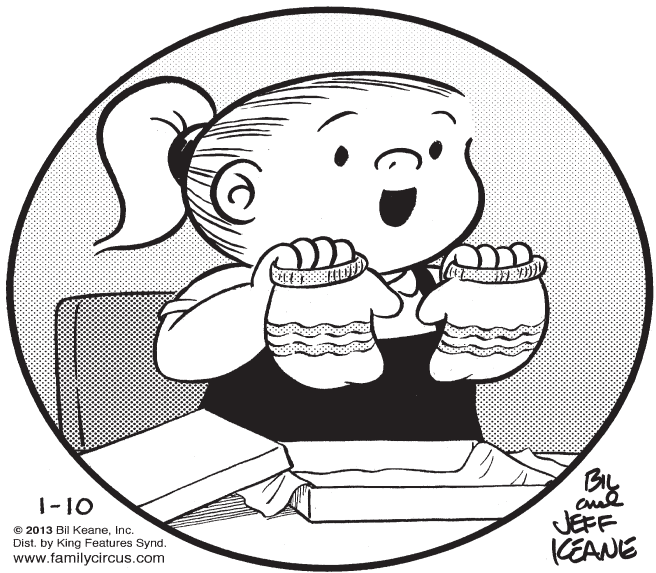
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comics PAGE

THE FAMILY CIRCUS

By Bil Keane



1-10

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Bil Keane
JEFF KEANE

"Oh goody! I like mittens better than gloves 'cause my fingers get to stay together."

Non Sequitur



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Nest Heads



daily horoscope

HAPPY BIRTHDAY for Friday, Jan. 11, 2013:
 This year you often overthink situations; at other times, you are too impulsive. Learning to seesaw between these two qualities will demand a lot of your time and self-discipline. Others enjoy observing the process. If you are single, your unusual magnetism attracts quite a few admirers, who all want your time and attention. Do not feel the need to commit to any of them. Explore your different options. If you are attached, your sweetie might find you to be very me-oriented, which might be true. Remember, there are two people in a relationship. **CAPRICORN** is a wise soul.
 The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult
ARIES (March 21-April 19)
 ★★★ You typically are very verbal; however, today you might want to consider choosing your words carefully. You don't have to change the message, but how you say it could make all the difference. Brainstorm and share with a respected associate. Tonight: In the limelight.
TAURUS (April 20-May 20)
 ★★★★★ Keep reaching out to others — perhaps even an expert or two. The more information, opinions and perspectives you hear, the stronger and more informed your decisions will be. A new beginning becomes possible involving a trip. Tonight: Let your imagination rock and roll.
GEMINI (May 21-June 20)
 ★★★★★ You no longer can avoid dealing with a partner or having a key discussion. It seems that many people have a different perspective or understanding from you, and they feel the need to put in their two cents. Stick to your guns. Tonight: Togetherness — still, keep it exclusive.
CANCER (June 21-July 22)
 ★★★ Recognize that the Force is not with you, but is with someone else. You quickly will be able to discern who seems to have it all together. Consider taking off for a fun day without your normal concerns. You'll feel refreshed as a result. Tonight: Go with someone's suggestion, if you desire.
LEO (July 23-Aug. 22)
 ★★★ Communicate your expectations, and expect to get the same back. Open up to new possibilities. You could find that the suggested path might be the best way for you. A new situation evolves as well, though it does have an unstable factor. To-

night: Choose something easy.
VIRGO (Aug. 23-Sept. 22)
 ★★★★★ Your creativity comes forward, and it might surprise you. The result of a discussion will create a new beginning. Listen to news, and remain forward-looking. You set the pace for others far more than you realize. A child or loved one could be quite demonstrative. Tonight: TGIF.
LIBRA (Sept. 23-Oct. 22)
 ★★★ Deal with a family member head-on. You might not appreciate this person's attitude, even if you can tell that he or she is making an effort. Be smart, and say very little that could be construed as negative feedback. Work on your attitude as well. Tonight: Mosey on home.
SCORPIO (Oct. 23-Nov. 21)
 ★★★★★ Communication reveals much more of your feelings, as well as someone else's. You finally feel as if you are in a grounded place. Let a discussion continue, and consider making it an early day. Tonight: Share the evening with favorite people.
SAGITTARIUS (Nov. 22-Dec. 21)
 ★★★★★ You could be drawn in to what seems like a great idea, and it might very well be one. Just be realistic about whether you can afford a loss. Establish your bottom line, and you will be able to relax. Don't allow someone to push you too hard. Tonight: Let go of this week's stress.
CAPRICORN (Dec. 22-Jan. 19)
 ★★★★★ You could be delighted by a new opportunity that comes down your path. You won't even consider whether you should say yes or no; you simply will leap into action. Loosen up and be more upbeat. Others might be surprised to meet the new you. Tonight: The fun surrounds you.
AQUARIUS (Jan. 20-Feb. 18)
 ★★★★★ You might want to understand what is happening behind the scenes. The best method is to say little and remain sensitive to someone's energy. Let an older relative know how much you appreciate him or her. Do not hold back. Tonight: Meet a friend, but head home early.
PISCES (Feb. 19-March 20)
 ★★★★★ You can't help but win. No matter what you say and what choices you make, you'll come out ahead. At times, you have a way of pushing others away, but not right now. Someone from a distance touches you with his or her inquiry. Tonight: Find a reason to celebrate.

Tundra



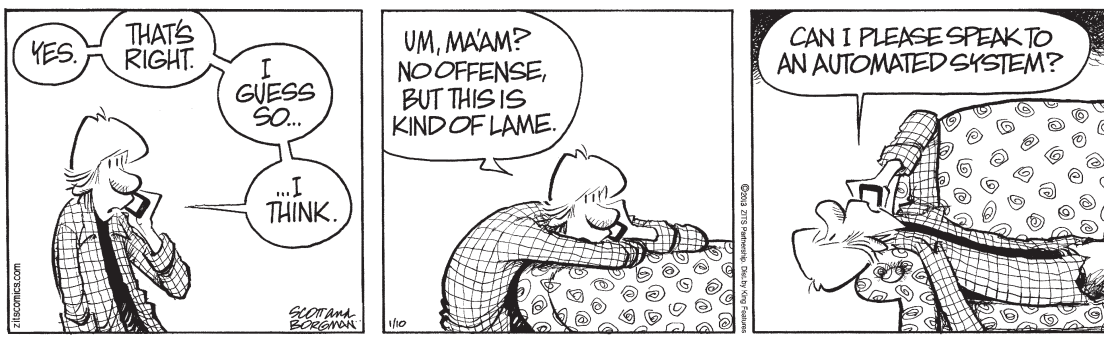
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Mother Goose and Grim



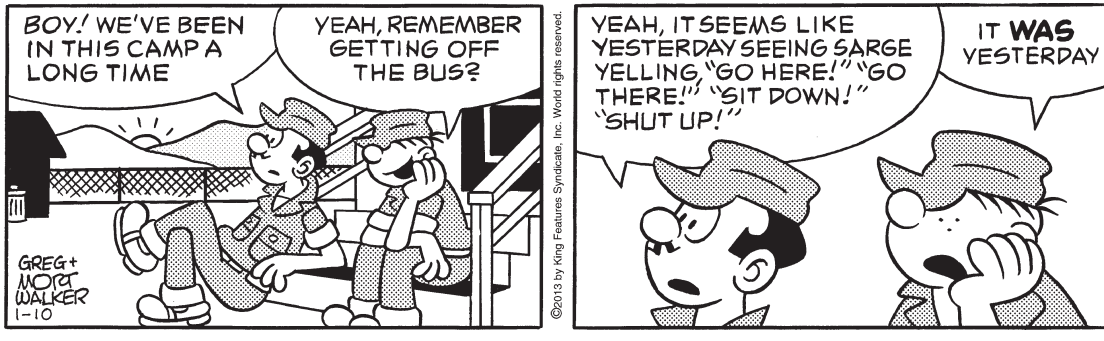
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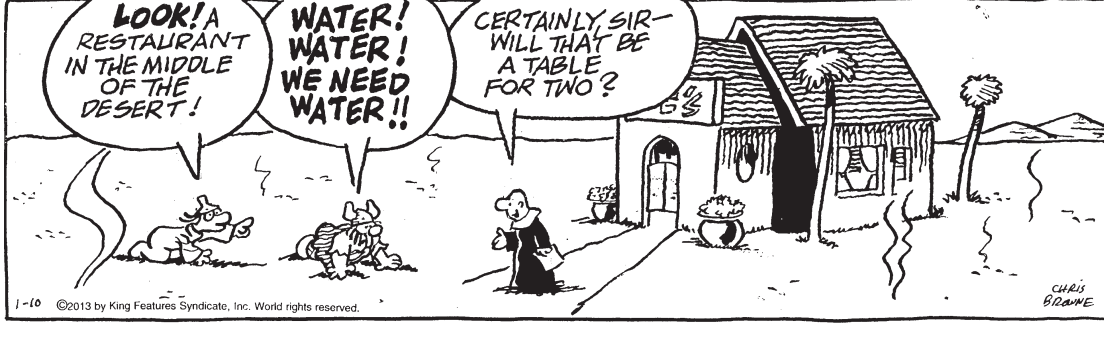
Beetle Bailey



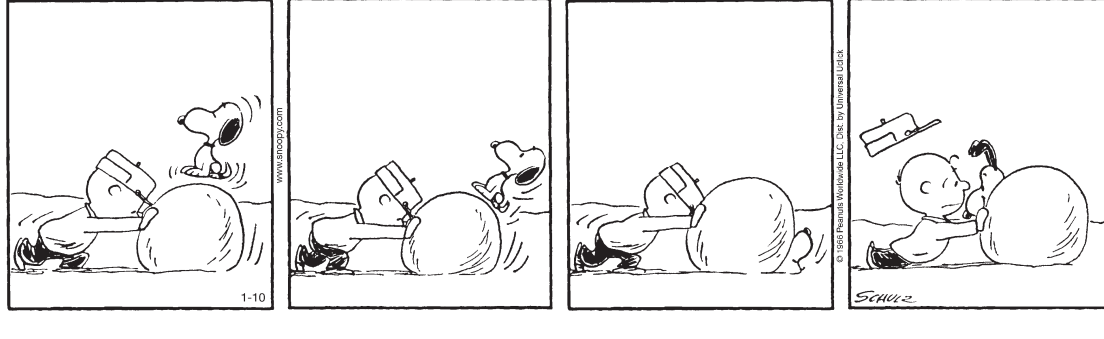
Marvin



Hagar The Horrible



Peanuts



Blondie



PampaSports

LADY HARVESTERS EVEN UP DISTRICT RECORD AT 1-1



By ZACHARY GREEN

zgreen@thepampanews.com

Pampa's varsity girls team traveled to Amarillo for a game against the River Road Lady Wildcats on Tuesday night.

Early on in the game Pampa found themselves down 4-0 before a Taylor Eubank layup followed by a steal and another layup by Eubank to tie the game at four.

The game was back and forth the rest of the first quarter, with several lead changes. After the first quarter, Pampa would trail by a score of 10-7.

The second quarter is where Pampa came out and got a lead that they would never relinquish. Pampa trailed early in the second quarter 16-15 before Taylor Morgan sunk two free throws and Pampa got a steal and a layup.

Right after that Pampa got another steal and Burnett sank two more free-throws.

Burnett also hit a three-pointer shortly after to give Pampa the halftime lead of 24-16.

In the third quarter, River Road stepped up their defense holding Pampa to only six points the entire quarter.

This brought the score to Pampa 30, River Road 25 after three quarters.

With 3:31 left in the game, the River Road coach called a timeout.

The score was Pampa 37, River Road 29 with a break in the action.

After the timeout, River Road hit a three-pointer, then made a layup and sunk two free-throws to bring the game within one point at 37-36, Pampa, with 1:55 left. Allison Ceyanes then made a bucket and Burnett sank a couple of free throws to give Pampa the lead at 41-36 with about one minute left.

Free throws by Eubank sealed the game as they gave Pampa a 43-36 lead.

The final score was Pampa 45, River Road 38.

Burnett led all scorers with 20 points, including one three-pointer.

She also shot 7-9, or 78 percent, from the free-throw line.

Eubank scored nine points, including shooting 3-4, or 75 percent, from the free-throw line.

Madison Brown and Ceyanes both added six points.

Morgan scored all three of her points from the free-throw line as she shot 3-6, or 50 percent.

Bailey Wichert scored one point and shot 50 percent from the free-throw line.

As a team, Pampa shot 14-21, or 67 percent, from the free-throw line.

River Road shot 8-13, or 53 percent, from the free-throw line.

The win gives Pampa a 1-1 district record and moves their overall record to 7-13.

The Lady Harvesters will be back in action when they host rival Borger in district action at 6 p.m. on Friday night.

Photos by Sheila Niccum

Above, senior Rachel Andrews tries to drive past a Lady Wildcat defender for a layup. Right, senior Taylor Morgan shoots a layup after passing River Road defenders.

DRIVING TO THE HOOP



JV girls roll over River Road JV

By ZACHARY GREEN

zgreen@thepampanews.com

There was not much of a contest on Tuesday night when the Pampa JV Lady Harvesters traveled to River Road.

After the first quarter, Pampa led 16-5. Tyranda Johnson and Tiah Brown both scored six points that quarter.

At the half, Pampa led 30-9. Keshia Daniels scored four points in the second quarter.

After three quarters, Pampa led 38-13. Daniels added four more that quarter.

The final score was Pampa 50, River Road 18. Daniels added six more points in the fourth quarter.

Daniels led Pampa with 14 points. She also went a perfect 4-4 from the free-throw line.

Brown added 10 points and shot 6-8, or 75 percent, from the free-throw line. Johnson scored seven points and went 1-2, or

50 percent, from the free-throw line. Raven Neal added six points. Reata Collins scored five points and shot 3-5, or 60 percent, from the free-throw line.

Caragan Niccum and McKinli Thomas added four points each.

As a team, Pampa shot 14-22, or 64 percent, from

the free-throw line. River Road shot 2-11, or 18 percent, from the free-throw line.

The win brings Pampa's JV girls team's overall record to 13-6 and they are now 1-1 in district play.

They will be back in action at 4:30 p.m. on Friday night against Borger.



Left, JV player Tiah Brown drives past a defender for a layup attempt. Brown finished the game with 10 points. Above, JV player Keshia Daniels, shoots a jumpshot against River Road's JV team.

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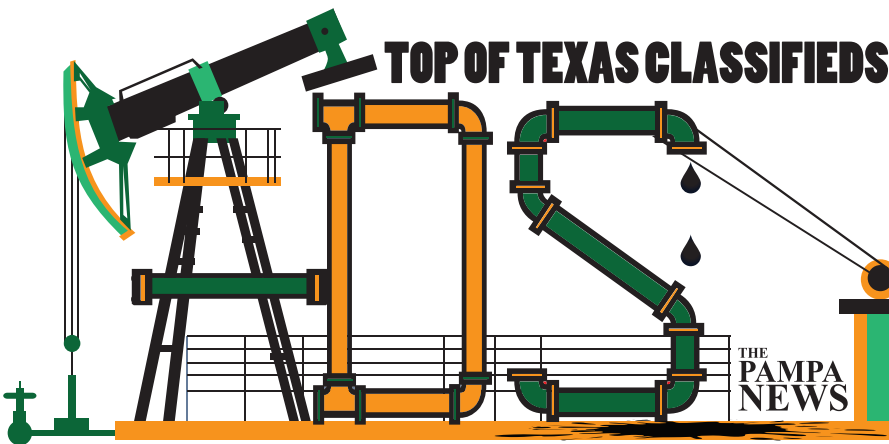
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Cade Engle



Tiah Brown



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Dear Abby...

By Pauline & Jeanne Phillips

DEAR ABBY: This is in response to "Had It in Hartford" (Oct. 6), who has been unhappily married to her husband for 20 years. She said she married him for all the wrong reasons and "has never loved him the way a woman should love a man."

After I had been married for seven years, I went to my pastor concerned that the grass on the other side was looking greener than mine. As we spoke, I began to realize the extent of the investment I had put into my marriage and that I didn't want to start over again on a new one.

My mom always told me, "Marriage is not easy. You will always have to work on it. There will be times when you won't feel that you like him or love him." I have been married for 36 years now. Do I notice handsome men, or appreciate a man who treats me kindly? Of course. I'm not blind or dead.

Love isn't just a feeling, but a choice and a commitment. I'm committed to my husband not because I'm "supposed" to be, but because I CHOOSE to be. It seems to me that "Had It" never made that choice or worked toward it, but expected it to just happen eventually.

She has a foundation of trust and friendship that helps a marriage through the rough times. Many marriages that end in divorce rely on sexual attraction and passion to carry them instead of friendship.

We're told that marriage is 50-50. That's not true. It's 100-100. I'm responsible for my 100 percent, and my spouse is responsible for his.

"Had It" should take another look at what she's about to lose and tally up the costs to her family. Is she really trapped? Or has she just been unwilling to choose to love? — BARBARA IN MOUNT VERNON, WASH.

DEAR BARBARA: Thank you for writing. I advised "Had It" to think long and hard before leaving her husband, but that if she truly cannot love him the way he deserves, she should move on. My readers' comments:

DEAR ABBY: "Had It" doesn't feel love toward her husband because she spends her time and energy ruminating about a "mistake" she thinks she made 20 years ago. She says he is doing everything right and they get along fine. If she tried something positive, like reminding herself about the qualities she likes about him, and doing things she knows make him happy instead of fantasizing about other men, she might find the love she craves in her marriage.

Loving feelings come from loving behavior, not the other way around. The sooner she realizes this, the sooner she'll see that what she really wants is right there at home with her family. And it has been there all

along. — DR. PEGGY B.

DEAR ABBY: I have this message for "Had It": I felt like you and acted on my feelings. Don't do it! Wait until your kids are older. As much as you want a more intimate relationship you cannot begin to imagine the impact straying will have on your kids.

I deeply regret what I did and I wish someone would have told me what I'm telling you. Pull yourself together. Think about your children, extended family and friends. You are connected to others through your husband, and once you pull your marriage apart, everything else falls away, too. — REGRETTING IT IN NEW YORK

DEAR ABBY: "Had It" is probably suffering from a case of the seven-year itch. For some reason, people cycle in seven-year increments. Some of them change jobs or homes, others have affairs or change spouses. She should work through it with a counselor.

There is a lot to be said for being married to your best friend. A wise therapist advised me to compliment my husband at least once a day. ("If you act happy, pretty soon it won't be an act.") This was after my first bout with the "itch" and it has been working ever since, 29 years! — LOVING AND LAUGHING WITH MY BEST FRIEND

SUDOKU

Answer to yesterday's puzzle:

2	7	6	8	3	1	4	9	5
1	9	3	2	5	4	8	7	6
8	4	5	7	9	6	1	2	3
7	2	4	1	6	9	3	5	8
3	8	1	4	2	5	7	6	9
6	5	9	3	7	8	2	1	4
4	6	2	5	8	7	9	3	1
5	3	8	9	1	2	6	4	7
9	1	7	6	4	3	5	8	2

		5		1		7		
	9		3				1	
2						4		
		8	5		6	9		
6			2		9			
	5					2		
							8	
		3			5			
7	8			1	6			

Level: Intermediate

BANANAGRAMS!

Using each three-letter word just once, combine a word in the left column with a word in the right. Then rearrange each six-letter scramble to form a word that begins with a **U**, **A** or **T** and write it into the appropriate space.

A E T P U B

V A T P A T

C U E I C E

U _ _ _ _

A _ _ _ _

T _ _ _ _

Yesterday's Answer: CLEFT, SYRUPY; UNCUT, WISDOM 1.10



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CROSSWORD

By THOMAS JOSEPH

ACROSS

- 1 Stops
- 6 Flash
- 11 "The Waste Land" poet
- 12 Cowboy contest
- 13 Biathlon need
- 14 Battery end
- 15 "The Graduate" girl
- 17 Wager
- 19 Company abbr.
- 20 Deli choice
- 23 Isn't imaginary
- 25 Created
- 26 Traditional
- 28 Whole lot
- 29 Curly-haired pet
- 30 Agreeable answer
- 31 Fast flier
- 32 Earl Grey, for one
- 33 Grilled sandwich
- 35 Ball's costar
- 38 Arrives
- 41 Rachel of "The Constant Gardener"
- 42 Turn outward
- 43 Unoccupied

DOWN

- 44 Fresh
- 1 That lady
- 2 Ring legend
- 3 Existences
- 4 Bridge fee
- 5 Spy's asset
- 6 Thou
- 7 Solitary
- 8 Court-room oath
- 9 Homer's neighbor
- 10 Sock part
- 16 Reply to a knocker
- 17 Seamstress
- 18 Ross
- 18 Send away

A	B	A	T	E		M	A	A	M
S	E	L	E	S		P	A	N	D
W	A	L	E	S		A	S	T	O
E	T	O	N		T	S	H	I	R
L	O	W		C	O	S		C	E
L	U	M	B	E	R	E	D		
	T	E	A	R		S	I	F	T
					N	U	M	B	E
D	I	M		L	A	Y		E	R
O	M	E	L	E	T		B	E	R
M	A	R	I	A		G	O	B	A
E	G	G	O	N		A	L	I	C
S	E	E	N			S	T	E	E

Yesterday's answer

- 20 Period of music
- 33 Yester-year
- 34 Flaring star
- 35 Wonder
- 36 "Stand" band
- 37 Tiny taste
- 39 Hosp. sections
- 40 Pig's place

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1	2	3	4	5		6	7	8	9	10
11						12				
13						14				
			15			16				
17	18			19				20	21	22
23			24				25			
26							27			
28						29				
30						31			32	
						33			34	
35	36	37					38			39
41							42			
43							44			

LADY HARVESTER VARSITY AND JV BASKETBALL ACTION



Photos by Sheila Niccum

Top left, senior Allison Ceyanes looks for an open player to pass to. Center, senior Hannah Baker tries to find an open player so River Road does not steal the ball from her. Right, junior Hayley Burnett shoots a leaver over a few River Road defenders.



Top, JV player Tyranda Johnson shoots a free throw. Center, Tiah Brown fights with River Road defenders for the ball. Bottom, Caragan Niccum shoots a jumper. All photos were taken at the River Road game on Tuesday night.



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