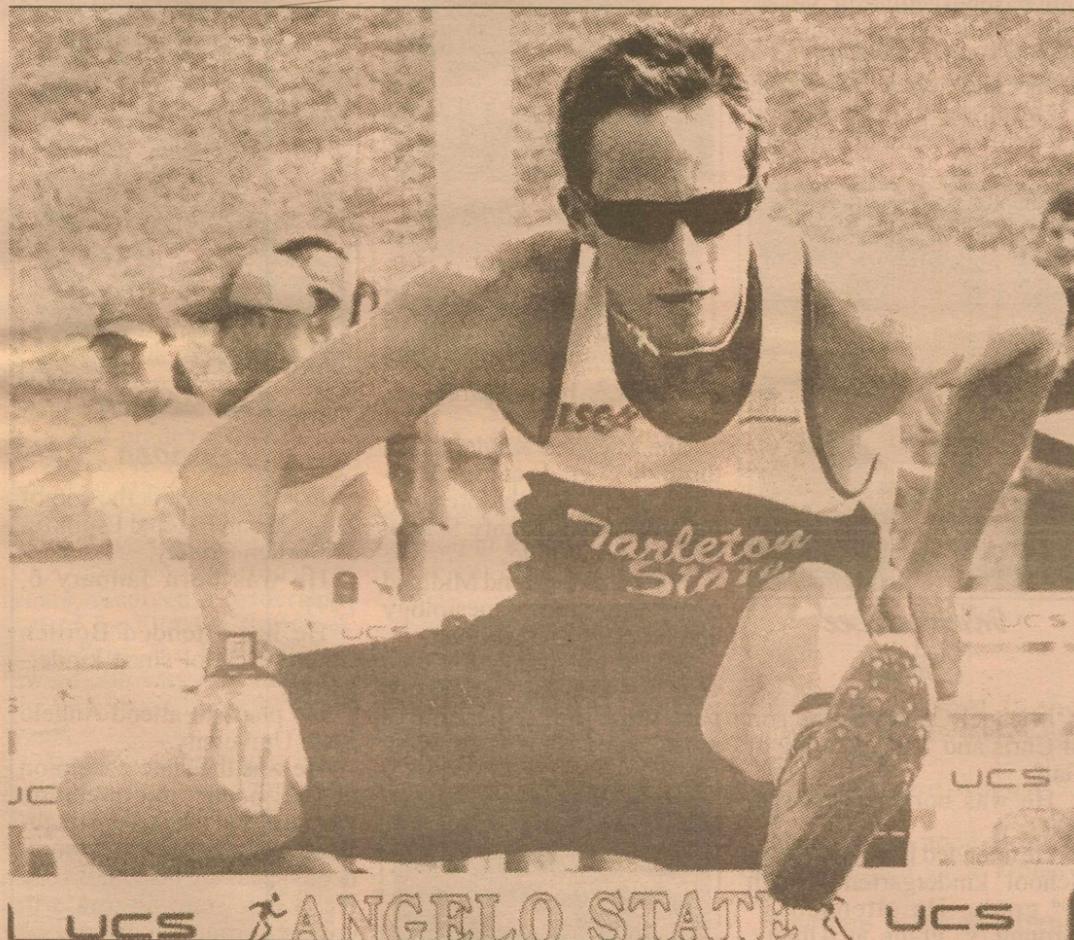


# The Borden Star

Borden ★ Dawson ★ Garza ★ Howard ★ Lynn ★ Scurry

Volume XXXVII

May 26, 2010



## Track's Grand Finale

### Thomas's Unfinished Business at N.C.

Courtesy of Lamesa Press Reporter  
By Dwight Hines

Preparing for this week's NCAA Division II National Track Championships at Charlotte, N.C., former Borden County state hurdling champion Garrett Thomas will not

have any problem finding any incentive.

This week's nationals not only are Thomas's final race of his collegiate track career, but he also will be making that trip

to North Carolina feeling like he has a score to settle.

"We've now come full circle," Thomas said of his re-

(Continued to Page 8)

## Commencement

### Exercises

*The Borden County Class of 2010 cordially invites everyone to commencement exercises to be held at 7:00 in the evening on Friday, May 29th in the school auditorium.*

## 2010 PROJECT



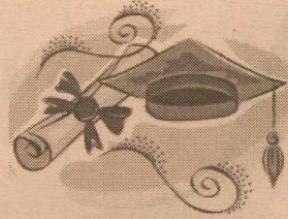
Project Graduation is a drug and alcohol free celebration sponsored by parents in partnership with Borden County School.

Parents and friends of the 2010 Senior Class of Borden County High School are asking for donations for Project Graduation.

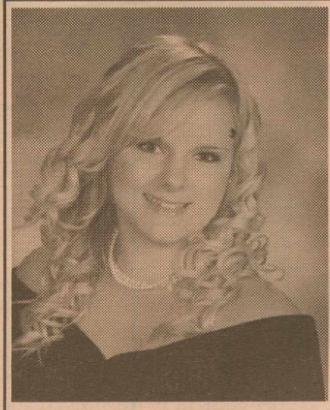
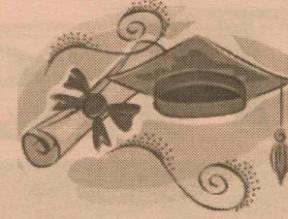
Your tax-deductible gift would be appreciated by our students and parents. A list of all donors will be posted at the festivities and listed in the Thank You advertisement in the Borden Star.

Donations may be sent to:

BORDEN COUNTY HIGH SCHOOL  
"PROJECT GRADUATION"  
P.O. Box 95  
Gail, TX 79738



# BHS Class of 2010



**Kagan Lynn  
Benham**

Kagan Benham is the daughter of Greg and D'Linda Benham of Gail.

She was born August 15, 1992.

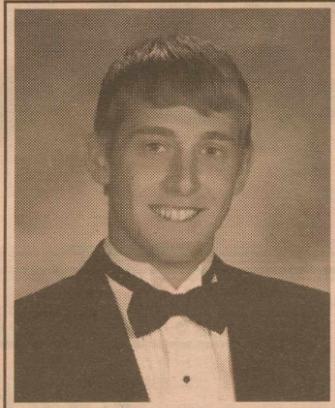
She attended Kindergarten and 1<sup>st</sup> grade at Southcrest School in Lubbock, 2<sup>nd</sup> and 3<sup>rd</sup> grade at Trinity Christian in Lubbock, 4<sup>th</sup> grade at Rotan. She was homeschooled 5<sup>th</sup> through 8<sup>th</sup> grade and attended 9<sup>th</sup> and 10<sup>th</sup> grade in Rotan before coming to Borden County in the 11<sup>th</sup> grade.

She plans to attend the pre-veterinarian program at West Texas A&M University and then go to vet school at Texas A&M.

Kagan served as a class officer for three years and a member of the student council two years. In one-act play she was a crew member on year and a member of the cast two years. She also competed in UIL literary criticism all four years in high school. In FFA, she was a member of the horse judging team, competed in creed speaking, and was a member of the talent team. She was a state qualifier in the 4-H Horse Quiz Bowl. A member of the Borden County Junior Livestock Association, she participated in the Houston and San Antonio livestock shows. She was a member of the National and West Texas barrel horse associations and was chosen the Fisher County rodeo Queen her freshman year.

She was a student leader and small group leader in the Fellowship of Christian Ath-

letes. She also was a member of the Spanish Club, year book staff, National Honor Society and Beta Club. She earned a scholastic achievement award and was on the Western Texas College Merit Honor List.



**Karl Morgan  
Lamming**

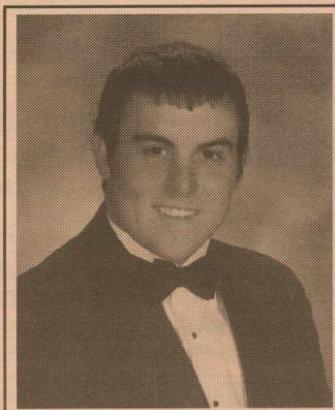
Karl Lamming is the son of Barbara Bush-Lamming of the Plains.

He was born January 6, 1991.

He attended kindergarten at Jackson Hole Christian School before coming to Borden County in the 1<sup>st</sup> grade.

He plans to attend Abilene Christian University. He hopes to get a doctorate and teach college history.

While in high school Karl was involved in cross country, football, basketball, track, golf, tennis and baseball. He also competed in UIL academics.



**Tyler Flynn  
Chapman**

Flynn Chapman is the son of Kurt and D'Linda Chapman of Post.

He was born January 2, 1992.

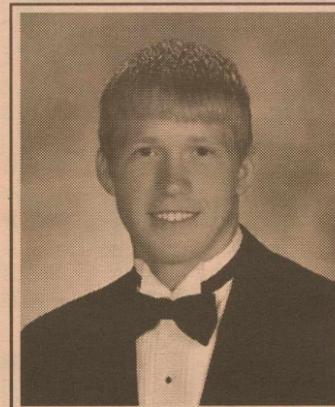
He attended kindergarten in Post before coming to Borden County in 1<sup>st</sup> grade.

He plans to attend either Texas Tech University or South Plains College and obtain a business degree.

Flynn played football throughout high school and was a member of the state championship teams the past two years. He earned a variety of all-district, all-region and all-state honors in football.

He also played basketball and baseball all four years, earning all-district honors in basketball and all-district as a pitcher and fielder in baseball.

He played tennis and ran track his freshman through junior years.



**Michael Lee  
Cooley**

Michael Cooley is the son of Chris and Tracy Cooley of Gail.

He was born February 8, 1992.

He attended Borden County School kindergarten through 2<sup>nd</sup> grade. He attended 3<sup>rd</sup> through 5<sup>th</sup> grade at Albany, Texas before returning to Borden County in the 6<sup>th</sup> grade.

He plans to attend McMurry University where he will major in kinesiology and participate in college athletics.

Active in football, he was a member of the Borden County teams that won state championships the past two years. In addition to earning a variety of district and regional honors, Cooley was chosen the Texas Six-Man Division II football

player of the year as a junior and again as a senior.

In track, he placed second in the state in the long jump as a senior. He also competed in golf and was a member of teams that advanced into the playoffs in both basketball and baseball.



**Marla Shae  
Crenshaw**

Marla Shae Crenshaw is the daughter of Jerry and Marilyn Crenshaw of Post.

She was born March 13, 1991.

She attended Kindergarten through 3<sup>rd</sup> grade at First Baptist School in Post before coming to Borden County School in the fourth grade.

She plans to attend Midland College to study kinesiology and become a nutritionist.

Marla ran track this past year. She also has worked two part-time jobs. She enjoys music, exercising and staying fit.



**Brittany Marie  
Day**

Brittany Day is the daughter of Mitch and Mistie Day of

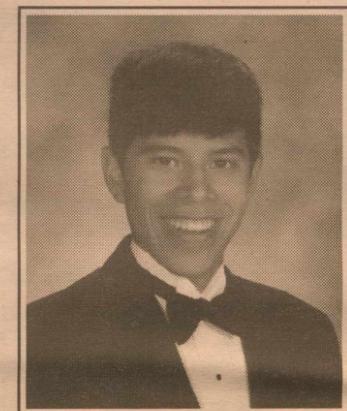
Post.

She was born March 28, 1992.

She attended kindergarten through 9<sup>th</sup> grade in Post before coming to Borden County in the 10<sup>th</sup> grade.

She plans to become a dental hygienist.

She was a member of the basketball teams that made it to regionals two years in a row. In track, she advanced to area in the 400 and 800 meter relays. She also competed in cross country.



**Eric Mujica  
Espinoza**

Eric Espinoza is the son of Zenieda and Pascual Espinoza of Borden County.

He was born January 6, 1991.

He has attended Borden County School since kindergarten.

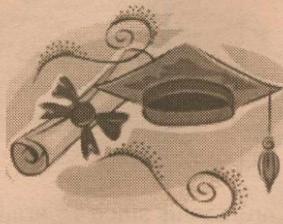
He plans to attend Angelo State University.

He was the state champion in UIL poetry interpretation this year and was a state qualifier in informative extemporaneous speaking his junior year. He was a state alternate in cross-examination debate.

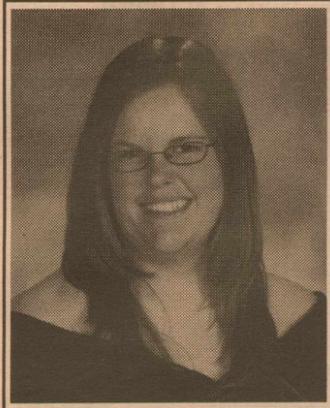
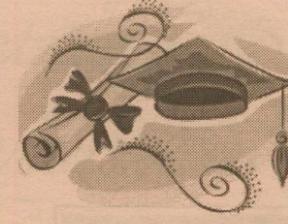
He won a number of best-actor and all-star cast awards in one-act play competition, advancing to bi-district as a sophomore, regional as a junior, and bi-district as a senior.

In FFA, Eric competed in creed speaking, advanced to area in chapter conducting and radio and competed at state in wool judging.

Eric competed in tennis and advanced to regional in cross country. He also was a teacher's aide.



# BHS Class of 2010



**Jacie Ann Callie  
Eveland**

Jacie Eveland is the daughter of Beth Eveland of Fluvanna.

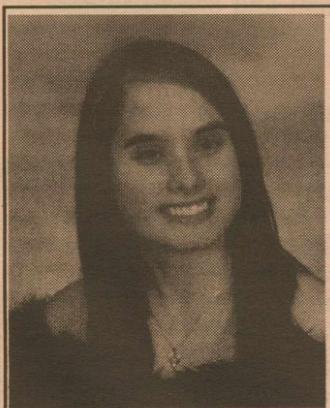
She was born August 20, 1990.

She attended school in Missouri, Arkansas and Snyder before coming to Borden County in the 10<sup>th</sup> grade.

She plans to attend Tarleton State University and become a second-grade teacher.

Active in FFA, she competed in chapter conducting for three years and in job interview two years. She was the FFA chapter reported two years, received a leadership award for FFA her freshman year, won the horticulture award and was a member of the FFA State Chorus for three years.

Jacie also competed in tractor pulling and was a member of a dirt track race crew.



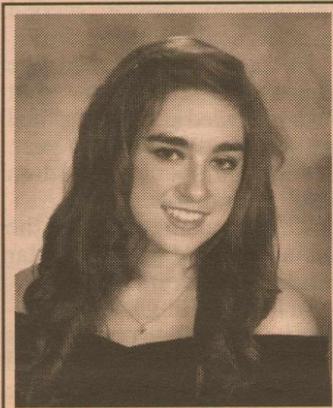
**Laura Estela  
Ocanas**

Laura Ocanas is the daughter of Chris and Olivia Rhodes of Lamesa.

She was born July 29, 1991. She attended school in Rankin, Olton and Snow Hill before coming to Borden County in the 11<sup>th</sup> grade.

She plans to attend Howard College and study theater arts.

Laura competed in UIL science and was a member of the yearbook staff. She also was involved in the Lamesa Community Players theater organization.



**D'Nae Nicholle  
Johnson**

D'Nae Johnson is the daughter of Mike and Tammy Johnson of Post.

She was born September 24, 1991.

She attended kindergarten through 3<sup>rd</sup> grade at First Baptist Church School in Post before coming to Borden County in the fourth grade.

She plans to attend Angelo State University where she will major in psychology with a minor in criminal justice.

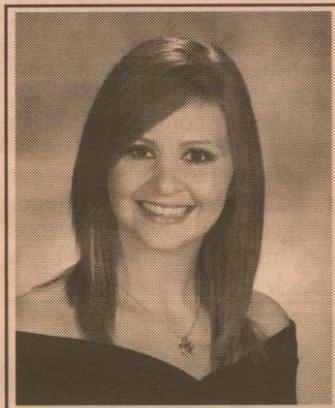
She was a regional qualifier for three straight years in UIL prose interpretation and literary criticism. Participating in one-act play all four years in high school, she won best-actress at zone her junior year and received several all-star cast honors.

Competing in basketball all four years, D'Nae won honorable mention all-district her freshman and junior years and was an all-district selection as a sophomore and senior. In track she was an area qualifier in the 800 and 1600 meter relays her junior year. She was a regional qualifier in golf her junior years. In softball, she was an all-district outfielder

her freshman year and won all-district as a catcher her sophomore year.

D'Nae was a varsity cheerleader for three years and was a Borden County Youth Board member the past three years. She was an area qualifier in FFA chapter conducting her freshman year. A member of the Garza County 4-H, she showed a grand champion lamb three years and won senior lamb showmanship honors her freshman and junior years.

She served as a student aide and assisted with Little League baseball, Little Dribblers basketball and Vacation Bible School.



**Chellsie Danielle  
Pigford**

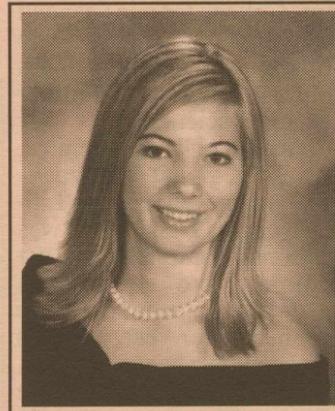
Chellsie Pigford is the daughter of Andrew and Peggy Pigford of Gail.

She was born August 9, 1992.

She has attended Borden County School since kindergarten.

Chellsie plans to attend South Plains College and Covenant Nursing School to become a pediatric nurse and get her master's degree.

In sports, Chellsie competed in basketball, cross country and golf. Active in FFA, she competed in chapter conducting, creed speaking, radio, and dairy cattle judging. In UIL academic competition she participated in all journalism events, calculator applications, and spelling and vocabulary.



**Shylo Marie  
Rinehart**

Shylo Rinehart is the daughter of Jym and Amy Rinehart of Gail.

She was born June 6, 1991. She has attended school in Borden County since kindergarten.

Shylo plans to attend South Plains College and major in agriculture education with a minor in elementary education.

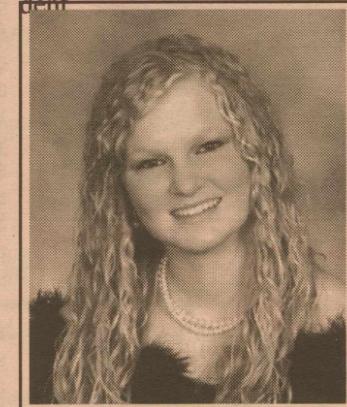
Active in FFA, Shylo served as chapter reporter, chapter president two years, and Lone Wolf District secretary. She was a state qualifier in horse judging three years. She received the diverse livestock production award, swine production award, Lone Star Degree, and Star Chapter Degree.

She participated I one-act play for three years, earning best crew member at regional as a junior. She also participated in basketball three years, tennis one year and band one year.

Active in 4-H, she showed the grand champion swine at the Borden Count Livestock Show two years, had the grand champion Duroc at the San Antonio Livestock Show her sophomore year, and showed a first place Duroc at the San Angelo Livestock Show her sophomore year. Also at the Borden County Livestock Show Shylo earned the Top Hand Award three years, Overall Showmanship two years, the Top Swine Showmanship two times, Senior Swine Showmanship one year and Senior Lamb Showmanship one year.

She also earned the 4-H

Gold Star Award and the "Helping Hand" Caden Nowlain Memorial Award. Shylo served as 4-H Club Council Delegate, club vice president twice and club president.



**Lacey Nicole  
Roberts**

Lacey Roberts is the daughter of Freddy and Lee Roberts of the Plains.

She was born June 28, 1992.

She has attended Borden County School since kindergarten.

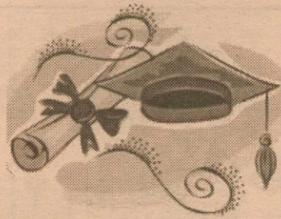
She plans to attend West Texas A&M University and major in agriculture media and communications.

In FFA, She served as district president and area president. She competed in creed speaking and public relations and advanced to area in FFA Skills. Competing in livestock judging all four years, she advanced to state two years. She also earned the Star Chapter Award and Lone Star FFA Degree. She was a Gold Star recipient in FFA.

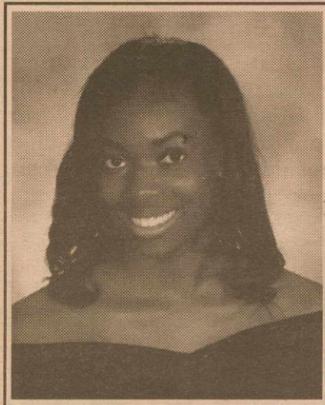
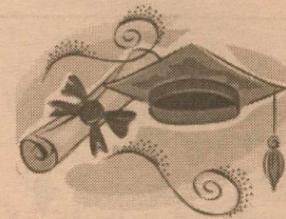
In UIL academic competition, Lacey advanced to state in feature writing and to regional in news writing and calculator applications.

Lacey competed in cross country three years, basketball three years, track two years and softball one year. She also was a cheerleader for three years.





# BHS Class of 2010



**Chelsey  
Sapp**

Chelsey Sapp is the daughter of W.C. and Evonne Sapp. She was born November 21, 1991.

She attended school at First Baptist Church School in Post and at Post Middle and High School before coming to Borden County School in the 11<sup>th</sup> grade.

She plans to attend Angelo State University and major in criminal justice.

She participated in one-act play throughout high school. She was a cheerleader two years, played basketball one year and was a member of the yearbook staff for two year.



**Chasiti Hope  
Rutherford**

Chasiti Rutherford is the daughter of Les and Christy Rutherford of Post.

She was born September 17, 1991.

She attended 1<sup>st</sup> through 6<sup>th</sup> grade in Post before coming to Borden County School in the 7<sup>th</sup> grade.

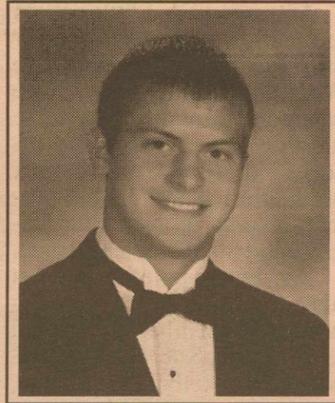
She plans to attend South Plains College for one year and then transfer to Texas State University to major in mass communications with a minor in political science.

Active in UIL academics, she was a regional team qualifier in literary criticism. In Lincoln-Douglas Debate, she was a regional quarterfinalist her freshman and sophomore years, placed second in the state her junior year, and was a state qualifier her senior year. She was a regional qualifier the past two years in persuasive speaking.

Participating in one-act play all four years in high school, she earned Best Actress once and was a member of the All-Star Cast several times.

Chasiti competed in cross country, track and softball.

In FFA, she was a state semifinalist in creed speaking, qualified for area three times in FFA Skills, and was an area qualifier in radio and in soil stewardship public speaking.



**Roy Terrell  
Shafer**

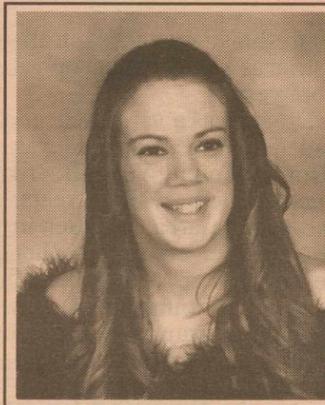
Roy Terrell Shafer is the son of Terry and Tanya Shafer of Gail.

He was born May 18, 1991.

He was home schooled kindergarten through 4<sup>th</sup> grade. He attended school in Ira, Texas 5<sup>th</sup> through 11<sup>th</sup> grade before coming to Borden County as a junior.

He plans to attend Angelo State University and earn an engineering degree.

He was involved in football, basketball, baseball, tennis, golf and track. He also competed in UIL math and science.



**Annie Lee  
Stribling**

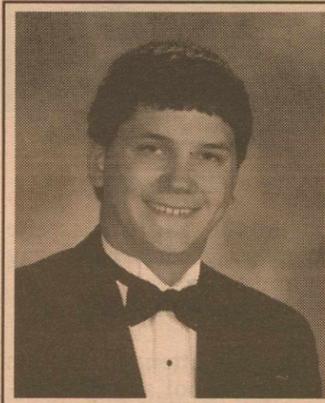
Annie Stribling is the daughter of Jimmy and Janet Stribling.

She was born November 14, 1991.

Annie attended kindergarten through 9<sup>th</sup> grade in Snyder, Texas before coming to Borden County in the 10<sup>th</sup> grade.

She plans to work for a year or two and then go to college.

She was involved in various FFA activities during high school.



**Brendan Connor  
Tarleton**

Brendan Tarleton is the son of Tarey Tarleton of Gail and Bill and Sheryl Tarleton.

He was born July 9, 1991.

He attended kindergarten through 3<sup>rd</sup> grade in Big Spring, Texas before moving to Borden County in the 4<sup>th</sup> grade.

Brendan plans to attend Angelo State University and participate in the Air Force ROTC program. He plans to major in biology and pre-med, with hopes of becoming a doctor in the Air Force.

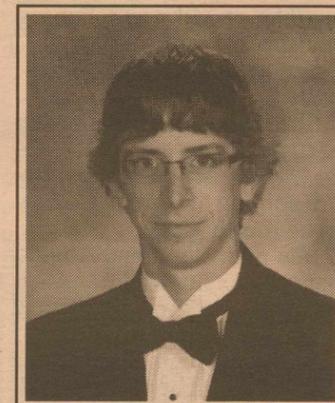
Brendan played football all four years in high school and was a member of the state championship teams the past two years. He earned all-district honors at center and special teams, and honorable mention at offensive and defensive end.

He also played basketball all four years, earning all-district as a sophomore, district MVP and all-region first team his junior year, and all-region first team and all-state second team his senior year.

In track all four years, he advanced to area in the shot put and placed sixth at regional in the discus his senior year. Brendan also competed in baseball and golf.

He was a member of the one-act play, earning all-star cast honors several times.

In UIL spelling and vocabulary, he was a state qualifier his freshman year and a regional qualifier his junior year. He was a regional qualifier in prose interpretation as a sophomore and advanced to state in that event his junior year.



**Phillip Andrew  
Tyler**

Phillip Andrew Tyler is the son of Phil Tyler and Metta Tyler.

He was born July 28, 1991.

He attended kindergarten through 2<sup>nd</sup> grade at First Baptist Church School in Post before coming to Borden County School in the 3<sup>rd</sup> grade.

He plans to attend Texas State Technical College in Sweetwater to study wind energy technology.

Drew has played basketball

and tennis since 7<sup>th</sup> grade and has worked at United Supermarket in Post the past three and a half years.



**Raylea Kay  
Underwood**

Raylea Underwood is the daughter of Ray Don and Jana Underwood of Gail.

She was born October 4, 1991.

She has attended school in Borden County since kindergarten.

She plans to attend Tarleton State University and major in agriculture education.

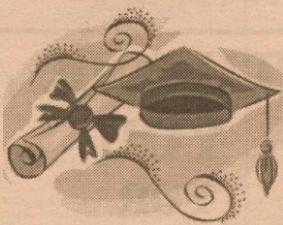
Active in FFA throughout high school, Raylea advanced to area in chapter conducting and public relations, and qualified for state in livestock judging. She was the Greenhand reporter, served as chapter sentinel and treasurer, and received the Lone Star Degree and Chapter Degree. At the county livestock show, she showed the grand champion goat and had various breed champion goats, swine and lambs.

Raylea competed in UIL mathematics, calculator, social studies, number sense, computer applications and one-act play.

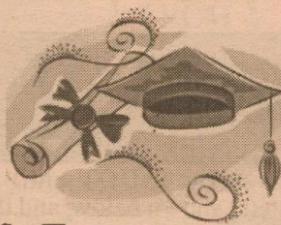
She was a member of the Beta Club for three years and competed in cross country, tennis, track and JV basketball.

(Continued to Page 5)





# BHS Class of 2010



Raylea was active in 4-H, serving as club president four years and youth board president three years. She received the Gold Star Award. Her freshman year she was second in the state in shotgun shooting sports and the following two years was the state champion and national runner-up in that event.

She also was the state women's champion in the Ag 381 Shoot.



**Olivia Ann  
Key**

Olivia Key is the daughter of Brice and Darby Key of

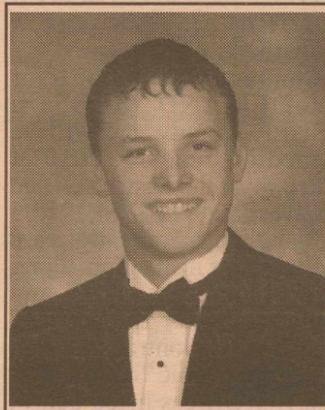
Gail.

She was born January 21, 1991.

She attended kindergarten at Lubbock Christian School. She attend 1<sup>st</sup> grade at First Baptist Church School in Post before coming to Borden County in the 2<sup>nd</sup> grade.

She plans to attend Texas Tech University and earn a degree in marketing/photography.

Active in sports, she earned all-district and all-region honors in basketball all four years in high school. She also ran cross country all four years, qualifying for regional her freshman and senior years. She advanced to regional in tennis her junior and senior years. She also was an area and regional qualifier in track her junior and senior years.



**Skyler Robert  
Williamson-Dear**

Skyler Williamson-Dear is the son of Kelly Zant and Bobby Dear.

He was born November 13, 1991.

He attended kindergarten in San Angelo before coming to Borden County in 1<sup>st</sup> grade.

He plans to enter the military after completing high school.

He competed in football, track and baseball.

He also participated in FFA and in UIL academics.

*Congratulations  
to all graduating  
Seniors!*

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the best interest."

- Benjamin Franklin



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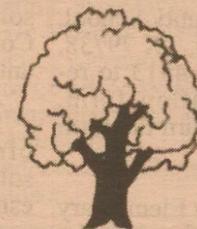
Call: 806/756-4313 ext. 275 or Send a check to  
P.O. Box 137, Gail, TX. 79738

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## Legal Notices

### PRE-KINDERGARTEN NOTIFICATION FOR THE 2010-2011 SCHOOL YEAR

Borden County School will offer the pre-kindergarten program during the 2010-2011 school year. The program will be for eligible students who are four years of age on or before September 1, 2010. Students can qualify for the program by meeting at least one of the following requirements:

1. Be economically disadvantaged
2. Be Limited English Proficient (LEP)
3. Be homeless

If you know of a child who qualifies for the program, notify Mr. Bart McMeans, Principal, Borden County School, P.O. Box 95, Gail, TX 79738, or call (806) 756-4313 to request a registration form. Complete and return the form by May 31, 2010.

#### DISCLAIMER

Borden County Elementary School will offer this program only if fifteen (15) or more students qualify.

#### ESL PROGRAM NOTIFICATION

Borden County Elementary School will offer an ESL program for LEP (Limited English Proficient) students during the summer of 2010. The program will be scheduled for a minimum of 120 hours and will conclude prior to August 1, 2010. The program is designed for students who will enter Kindergarten or First Grade in the fall of 2010-2011. Parents of eligible children will be responsible for transportation.

If you know of a child who qualifies for the program, notify Mr. Bart McMeans, Principal, Borden County School, P.O. Box 95, Gail, TX 79738, or call (806) 756-4313 to request a registration form. Complete and return the form by May 31, 2010.

#### DISCLAIMER

Borden County Elementary School will offer this program only if ten or more students qualify.

\*\*\*\*\*

### LA NOTIFICACION DE PRE-KINDERGARTEN PARA EL AÑO ESCOLAR 2010-2011

La Escuela de Borden

ofrecerá el programa del pre-kindergarten durante el año escolar 2010-2011. El programa será para los estudiantes elegibles que tienen cuatro años o antes de 1 de septiembre, 2010. Los estudiantes pueden calificar por el programa resolviendo por lo menos uno de los requisitos siguientes:

1. Sea económicamente perjudicado
2. Este limitado experto ingles (LEP)
3. Sea destituido

Si usted conoce de un niño que califique por el programa, notifica a Bart McMeans, director, Borden County School, P.O. Box 95, Gail, TX 79738, o llame (806) 756-4313 para solicitar una forma de registro. Complete y regresa la forma antes del 31 de mayo, 2010.

#### LA DENEGACIÓN

La Escuela de Borden ofrecerá este programa solamente si quince (15) o más estudiantes califican.

#### ESL PROGRAMA NOTIFICACION

La Escuela de Borden ofrecerá un programa de ESL para los estudiantes del LEP (Experto Inglés Limitado) durante el verano de 2010. El programa será programado por un mínimo de 120 horas y concluirá antes del 1 de agosto, 2010. El programa esta diseñado para los estudiantes que entraran kindergarten o el primer grado en el otoño de 2010-2011. Los padres de niños elegibles serán responsables del transporte.

Si usted conoce de un niño que califique por el programa, notifica a Bart McMeans, director, Borden County School, P.O. Box 95, Gail, TX 79738, o llame (806) 756-4313 para solicitar una forma de registro. Complete y regresa la forma antes del 31 de mayo, 2010.

#### LA DENEGACIÓN

La Escuela de Borden ofrecerá este programa solamente si diez (10) o más estudiantes califican.

\*\*\*\*\*

### NOTICE TO CONTRACTORS OF PROPOSED TEXAS DEPARTMENT OF TRANSPORTATION (TxDOT) CONTRACTS

Sealed proposals for contracts listed below will be re-

ceived by TxDOT until the date(s) shown below, and then publicly read.

#### CONSTRUCTION/ MAINTENANCE/BUILDING FACILITIES CONTRACT(S)

Dist/Div: Abilene

Contract 6033-03-001 for ON DEMAND MBGF in FISHER County, etc will be opened on June 15, 2010 at 2:00 p.m. at the District Office for an estimate of \$254,792.05

Plans and specifications are available for inspection, along with bidding proposals, and applications for the TxDOT Prequalified Contractor's list, at the applicable State and/or Dist/Div Offices listed below. If applicable, bidders must submit prequalification information to TxDOT at least 10 days prior to the bid date to be eligible to bid on a project. Prequalification materials may be requested from the State Office listed below. Plans for the above contract(s) are available form TxDOT's website at [www.txdot.gov](http://www.txdot.gov) and from reproduction companies at the expense of the contractor.

NPO: 32910

State Office

Constr./Maint. Division

200 E. Riverside Dr.

Austin, Texas 78704

Phone: 512-416-2540

Dist/Div Office(s)

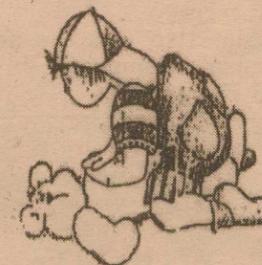
Abilene District

District Engineer  
4250 N. Clack  
Abilene, Texas 79604-0150  
Phone: 325-676-6800

Minimum wage rates are set out in bidding documents and the rates will be part of the contract. TxDOT ensures that bidders will not be discriminated against on the grounds of race, color, sex, or national origin.

We're always here for you  
in case of an Emergency!  
Just Call Us . . .

**BORDEN CO**  
**806/759-5111**



ELECT  
**LONNIE A. DOYLE**  
FOR  
Borden County Treasurer  
Your consideration, vote and  
support will be greatly  
appreciated.

Subject to action Pol. Adv. Pd by Jon C.  
of Republican Part Herring, Treasurer

## POKA LAMBRO

Telephone Cooperative, Inc.

PO Box 1340  
Tahoka, Texas 79373  
806-924-7234 800-422-2387  
[www.poka.com](http://www.poka.com)

#### PUBLIC NOTICE

Poka Lambro Telephone Cooperative, Inc. is a quality telecommunications services provider providing basic and enhanced services at reasonable rates within its service territory. Basic services are offered at the following rates:

Monthly Rates for Aten, Ausborne, Fletcher Carter, Gail, Hatch, Loop, Nelms,  
New Home, Patricia, Punkin Center, Southland, Union, West Lakes & Wheatley

Single Party Residence .....	\$ 9.35
Single Party Residence (O'Donnell) .....	\$10.45
Single Party Business .....	\$16.40
Emergency 911 Service Fee .....	\$ .50
Tone Dialing Service .....	No Charge

Poka Lambro provides voice grade access to the public switched network, local usage, dual tone multi-frequency signaling, access to toll service, access to interexchange carriers, and access to 911 emergency services. Poka Lambro also provides access to operator services as well as access to directory assistance services. Each local exchange service line is provided with a primary directory listing and receives an annual Poka Lambro telephone directory. Poka Lambro's basic local service also provides access to telecommunications relay service and the ability to report service problems seven days a week.

Qualifying low-income individuals subscribing to residential service who are eligible for Lifeline and Link Up telephone assistance programs will receive discounts off of basic local charges and are eligible for toll blocking at no charge. Additional information may be obtained by contacting the Poka Lambro business office.

Basic services are offered to all consumers in the Cooperative's service territory at the rates, terms and conditions specified in the Cooperative's tariff. If you have questions regarding Poka Lambro's services or rates, please call 806-924-7234 or toll free 800-422-2387.

**AgriLIFE EXTENSION**  
Texas A&M System

**Heart and Home ...**

by Julie Smith  
Borden County Extension Agent-Family and Consumer Sciences

Educational programs of the Texas AgriLife Extension Service are open to all people without regard to race, color, sex, disability, religion, age, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating



## Make Memorial Day Memorable Barbecue Food Safely

With Memorial Day this weekend, and many great summer cookouts upon us, it is important to remember a few important safety tips when barbecuing or grilling. "Barbecue" is the preferred way dictionary and publication style guides recommend spelling the cooking method of pit roasting a whole animal over an open fire or pit. The word comes from the American Spanish word "barbacoa." Bar-B-Q, barbecue, or B-B-Q are coined words. A grill is a utensil made of parallel bars on which food is cooked, usually over a fire or electricity. Grilling food is similar to broiling over direct heat. Smoking is cooking food indirectly over a fire. However you prefer to spell it, or whatever you call it, barbecuing *safely* is what's important.

**COOK THOROUGHLY** It is important to cook food thoroughly, especially meat and poultry. These foods often brown fast on the outside, but remain uncooked on the inside. Use a meat thermometer to be sure the food has reached a safe internal temperature, and cut into the food to check for visual signs of doneness. NEVER partially grill meat or poultry and finish cooking later. Cook food completely to destroy harmful bacteria.

**GRILL OUT!** Keep hot foods hot! After cooking meat, poultry, and vegetables, keep them hot until they are served. Insulated ice chests and foil can be helpful in keeping foods hot when an oven is not available. Do not place the cooked food on the same platter that you had it on prior to cooking. Any bacteria present in the raw meat juices could contaminate the safely cooked meat. In hot weather, food should never sit out for more than one hour. When handling leftovers at home, store them in the refrigerator or freezer within two hours of taking food off the grill. Leftovers that have been off the grill for less than 1 hour

can be safely transported home in a cooler - if there's plenty of ice in it. Discard ANY food left out more than 2 hours (1 hour in hot weather).

**SAFE GRILLING CHECKS**

- \* Take meat and poultry straight home from the store and refrigerate.
- \* Marinate foods in refrigerator.
- \* Don't reuse marinade unless boiled.
- \* Pre-cook immediately before placing food on a grill.
- \* Don't use the same platter and utensils for raw and uncooked meats.

Hopefully these tips on grilling or barbecuing will help you make your meals and cookouts safer! For more information and recipes, contact the Texas AgriLife Extension Service-Borden County office.



**SEEDS FROM THE SOWER**  
Michael A. Guido  
Metter, Georgia

A famous aerial acrobat suffered a terrible fall from his high trapeze. At his bedside he told the reporter that he'd resume his career as soon as he recovered.

"Aren't you afraid of another accident?" asked the nurse.

"No," he said, "I fell because I hesitated. Hesitation is the number one killer in our business."

And that's the number one killer of souls.

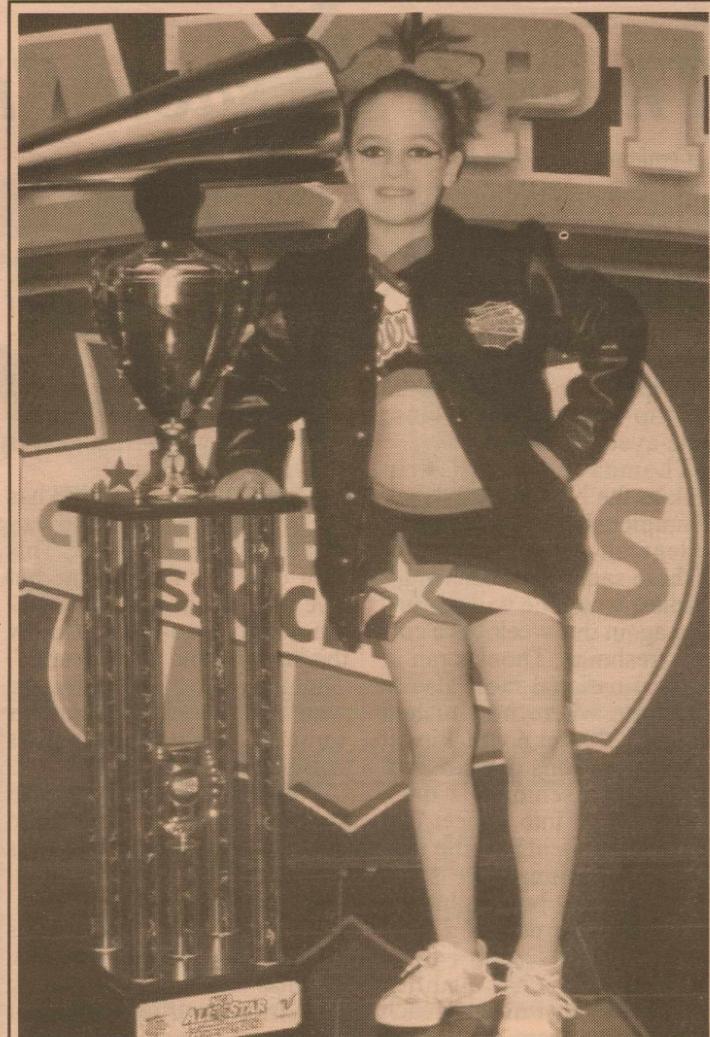
No one plans to perish. Everyone wants to go to heaven. Why, then, do they perish? They put off coming to God.

The Living Bible says, "Right now God is ready to welcome you."

So come now. Don't put it off. Put it over.

**TPA MEMBER 2010**

**TEXAS PRESS ASSOCIATION**



Borden County 1st grader and a member of Cheer Star Athletics, Kaci Hudson (above) stands next to the team earned National Champion trophy.

## Cheer Star Athletics Named World Champs

Cheer Star Athletics Mini Level 2 team has had a spectacular year. They have competed in many tough and exciting events throughout the season. Some highlights include winning competitions in the Dallas, San Marcus, Garland and Austin areas. In two competitions the team competed against the youth division and still brought home the first place honor.

One of the big accomplishments for the year was winning the National Cheerleading Association (NCA) Nationals. They also took home the award for the best choreography. Another one was winning the International All-Levels. This put the team into the Championship run to be judged and named World Champions.

The team was judged against mini level 2 teams from all over the world via satellite. On May 20, 2010, they announced the winners. Cheer Star Athletics was named Grand Champion and World Champion of mini Level 2 Small Gym.

The team is made up of members from Gail, Snyder, Colorado City, Rotan, Roby and Hermleigh.

Representing Gail is 1<sup>st</sup> grader Kaci Hudson, she is the daughter of Andy and Lea Ann Hudson.

**Medical Fund for Brinlie Webb**

A fund to help offset medical expenses for Brinlie Webb, Borden County 1<sup>st</sup> grader and daughter of Ryan and Brandi Webb of Lamesa, has been set up at State National Bank in Lamesa. She was diagnosed with a brain tumor last week and flown to Houston where she underwent surgery on Friday

To make a donation to by or mail to

State National Bank  
801 North 4<sup>th</sup> Street  
Lamesa, Texas 79331

**Borden County Youth Horse Club**

The BCYHC will begin play nights on June 1<sup>st</sup>

Every Tuesday night in June

Starting at 7:00 p.m.

For more information contact

Cassidy Carpenter  
At 806/786-6796

**Drive Safely.**  
*Watch for Children*

## Thomas's Track Finale...

(Continued from Page 1)

turn to North Carolina where he also ran in this same meet three years ago as a college freshman for Tarleton State University.

"We do feel like we've got some unfinished business to do this trip. The last time we made this trip we were one of those wide-eyed freshman."

Thomas makes this trip back to the NCAA D II Track Championships as a two-time college all-American hurdler in these same 110-meter high hurdles, which he will be running again this week. As a college freshman, Thomas ran in his first national meet also at Charlotte where he finished around 12<sup>th</sup> after not making it past the pre-lims that season.

"We're a senior this time. You can't go into a meet like this without being a little nervous, but the thing there is that we now know how to handle some of those nerves a little better," Thomas said.

Thomas now has qualified for this national meet in each of his four years of college track with the Texans. He has earned all-American status in each of the past two seasons, finishing fifth in this event last year after coming in eighth in this same race back in 2008. Thomas captured his first Lone Star Conference championship in this hurdle race a couple of weekends ago down at Angelo State with his time of 14.33.

"Just because you were an all-American last year doesn't mean that you're going to be making this trip this week," Thomas said. "We've got a two-time All-American (in the 1,500) at our place who isn't even going (to nationals) this week."

With that being said, none of the excitement has rubbed off over the years from even becoming a national track qualifier.

"It's exciting whenever that list first comes out and you

make sure that your name's on that list," Thomas said.

"It's great just to still be training this time of year. Being out there all by yourself you know that you're preparing for something special."

Thomas is banking on his past experience to help pull his through this week—his final as a collegiate trackster.

"Being our fourth time has got to be some kind of advantage going into this week. This isn't only our fourth time but I've also ran at this same stadium before, so we also know this stadium and all its details," Thomas said. "Hopefully, we won't be as stressed out as some of those younger guys will be this week."

Re-gaining his all-American status will require Thomas to get past this week's pre-lims and into the final national championship race.

Going into this year's NCAA D II Championships, Thomas is sitting ninth among this year's qualifiers with their respective times of 13.93 and 13.95.

"We can't help but feel like being there before has got to be a big, big advantage for me going back in," Thomas said. "Hopefully, that means we'll be more calm as well as more confident as far as what's going to happen for us this week."

"Right now, we're just hoping that we run a clean race. That's what we're praying for going in, so we'll be able to finish what we started. We just want to go out and do what we know that we can do: calm down and run clean since we know that anything can happen in the hurdles. Nothing's for sure in this race. Elbows, fallen hurdles—everything. We've already seen lots of crazy things happen in this race."

Due to his constant competitive edge, Thomas would like to improve on last year's fifth place national finish.

"I'd like to better my performance from last year but, if that's not possible, I at least want to get into the finals again," Thomas said.

This weekend's DII national track meet will mark the end of Thomas's college track career.

"It's gone by so fast that it's hard to believe it's all over," Thomas said. "We went to the state (high school) meet last weekend to watch Michael (Cooley) jump and we saw his McMurry coach talking to him afterwards. It seems like it was only yesterday how that was us with our Tarleton State coaches."

Thomas considers chances to run like he will get later this week at North Carolina as another one of the rewards that go with all the hard work in his sport.

"It's not always real fun. Throwing up every day isn't a sport," Thomas said. "What we run for warm-ups some athletes run for punishment."

"We've learned a lot of those life lessons along the way. We don't always know it at the time, but a lot of those lessons we're learning out there now will only help us out in the long run."

## Fuzzyninny's BBQ

Will be open Friday, May 28<sup>th</sup>

From 10:30 a.m. - 5:00 p.m.

In front of A-frame on Hwy. 180

Eliminate graduation night stress-

Drop by and pick up your dinner

Or call and preorder in advance

Need enough for a crowd?

Preorder a brisket, pulled pork,

Ribs, or sausage

Call 759-3460

See you then!

Jibber, Cindy, Fuzz and Becky

We're always here for you  
in case of an Emergency!  
Just Call Us . . .

**BORDEN CO**  
**806/759-5111**



## Lake Alan Henry Field Trip



Borden County's 3rd, 4th and 5th graders recently enjoyed a field trip to Lake Alan Henry last week Texas Game Wardens taught the tudents about lake and boat safety. Students enjoyed fishing, a boat ride and a hot dog lunch.



### Nature Works Landscaping

- Fleas and Ticks
- Fertilizer
- Pre/Post Emergent

(806)-241-0975 Taking appointments now!