

USDA Unveils Key New Programs to Help Farmers Manage Risk

anticipated new programs to a v a i 1 a b 1 e help farmers better manage risk, ushering in one of the Starting Monday, Sept. 29, U.S. farm programs in decades.

to help provide farmers the information they need to choose the new safety net program that is right for their business.

The new programs, Agricul-tural Risk Coverage (ARC) and Price Loss Coverage (PLC), are cornerstones of the commodity farm safety net programs in the 2014 Farm Bill, legislation that ended direct payments. Both programs offer farmers protection when safety net implementation is market forces cause substantial drops in crop prices and/or rev-enues. Producers will have making their election, which through early spring of 2015 to select which program works best for their businesses.

To help farmers choose be-tween ARC and PLC, USDA helped create online tools that allow farmers to enter information about their operation and see projections about what each program will mean for them under possible future sce-

USDA just unveiled highly narios. The new tools are now

most significant reforms to 2014, farm owners may begin S. farm programs in de-des. vice Agency (FSA) offices if New tools are now available history and/or reallocate base acres, the first step before choosing which new program best serves their risk management needs. Letters sent this summer enabled farm owners and producers to analyze their crop planting history in order to decide whether to keep their base acres or reallocate them according to recent plantings.

> scheduled for this winter when will remain in effect for 2014-2018 crop years between the options offered by ARC and PLC

Producers can contact their local FSA Office for more information on ARC and PLC or to schedule an appointment to update their yield history and/ or reallocate base acres.

love to be miserable. It's as if they are only happy when problems exist in their lives. Identifying people like this is very easy, they complain con-stantly about the same issues, over and over. Moreover, rather than looking for or being open to solutions, they make excuses for why their circumstances can't be changed.

Ed, divorced after a 15 year marriage, is now in another relationship. Ed has a 10 year old daughter. Betsy, the woman he has been seeing for a couple of years, has a 12 year old son. Ed is always moan-ing about the way he is treated by Betsy. He complains to anyone who'll listen. Many of his problems with Betsy are very similar to the ones Ed had when he was married.

Jim is one of Ed's good friends. Ed is always bending Jim's ear with examples of how poorly Betsy behaves. Jim always listens to Ed's complaints and tries to offer Ed some helpful suggestions.

Jim responds to Bill, "Betsy is who she is. She is not going to change just because you want her to. You either have to accept Betsy as she is or end

change anything. You just got out of a marriage that had a lot of the same issues you are now having with Betsy. If you are unhappy and don't make some changes, nothing will be different.

Not Happy Unless Miserable

Rather than being open to solutions, Bill has an endless list of excuses as why he won't take any action to resolve his problems. Among Bill's ex-cuses are, "Betsy is just going through a tough period. I really care about Betsy. Betsy's OK, she just needs some more time.

Barbara is in her early forties and is still searching for what she wants to do with her life. For years she bounced from job to job. After she was laid off from her last position, Barbara started her own business taking care of other people's pets while they were away

pet sitting but doesn't know what she would rather do. Al-though she has lots of ideas

Believe it or not, there are the relationship. Your inces- about what she likes, Barbara some people who act as if they sant complaining isn't going to doesn't pursue any of them. Barbara talks to her friends about how frustrated she is with the lack of direction in her life.

By Bryan Golden

Without Limits

Rather than exploring other avenues, Barbara prefers to complain. Her friends find that talking with her is like going in circles. The ideas and suggestions they offer to Barbara seem to be appreciated. However, the next time Barbara gets together with her friends, she once again complains about the same issues. Barbara has an endless supply of reasons why various options won't work. Barbara and Ed act as if they

would rather have problems than solutions. They both are able to justify why their circumstances persist. They make ex-cuses for why they don't or won't alter their behavior.

People who are not happy unless they are miserable do themselves a great disservice. vay. Barbara doesn't really like make a positive change in one's life. Ironically, more energy is

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Borden County Pups Pound the Lubbock Titans

By Coach Richey

played host to the Lubbock Homeschool Titans for what would be the first home game of the season after having the previous week cancelled and the Pups did not disappoint as they won in dominating fashion to the tune of 47 to 7. The Pups were able to play

their entire roster a lot in this lopsided victory which allowed the younger players to gain some valuable experience. The second offense was able to contribute a couple of extra points as well along with playing a couple of offensive series to gain the valuable experience. This second group was made up of all 7th graders, center Olivia Reyes, guards Conner Wagner and Junior Gray, Ends Jason Robinson and Ryan Rathbun, quarter-back Jake Avey, fullback Colbin Briley and running back Anthony Lopez who on a touchdown run injured his knee and will be out for a few weeks. This group managed that score and an extra point pass from Lopez to Briley.

The starting group of Řiley Lewis, JW Nix, Will Yarbro, Lukas Grantham, Jeremy Souder, Ben Justice and Payton Merket did the heavy lifting in this contest as this group for the second game this season dominated on both sides of the ball. In fact the first defense did not give up a score; it was the second group that gave up the touchdown. Also it was the defense that got the first points of the contest as a near safety on a tackle by Merket and Justice forced a punt near the Titans own endzone and the snap went out the back of the endzone to give Borden County a quick 2-0 lead. Moments later Merket set sail on a 15 yard run that was set up by a Merket to Riley Lewis pass play. This gave the Pups a quick 8-0 lead. Merket added another score, this time from 24 yards out to up the lead to 14-0 and then Lopez hit Briley for the extra point and a 15-0 lead to close out the first quarter of play. The Borden defense got into the action

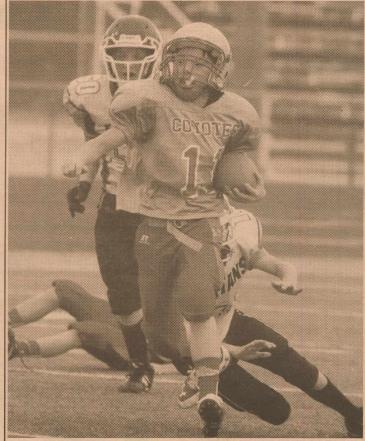
to push the lead to 17 to 0. The just before half, the Pups who lost a fumble earlier were able to get one more score before intermission as Merket found Lewis for a 16 yard pass and catch to make the score 23 to 0 at half.

quickly as Merket returned the opening 2^{nd} half kick 60 yards to up the score to 29 - 0. A Congrats Pups on the domishort time later Anthony Lopez rumbled 6 yards to paydirt and a commanding lead at 35-0, but as mentioned ealier, Lopez was injured on the play. The Titans Ben Justice answered immedi-

The Borden County Pups again forcing a second safety ately as he returned the ensuing kick-off 45 yards and a 41 to 7 Borden County lead head-ing into the 4th quarter. The Pups would add one more score as Merket hit Justice on a short pass play that Ben did the rest of the work rumbling 5 yards to the endzone and the The Pups extended the lead final touchdown for the home

Congrats Pups on the domi-nating victory. They will next travel to Ropes to take on a very tough Ropes Eagles junior high Thursday. Please come support these young coygot their only score of the game otes as they work toward their on their next possession, but goal of an undefeated season.

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Borden County Pup, Jacob Avey slips by several Titan opponents and clenches a gain the the Pups.

Borden County Football 2014 Schedule

Week #	Date	Day	Opponent	Site	Time
Serimmage	Aug. 15th	Friday	Garden City	Here	6:00
Scrimmage	Aug. 21 st	Thursday	Robert Lee	There	6:00
#1	Aug. 29th	Friday	Knox City	Jayton	8:00
#2	Sept. 5th	Friday	Lueders Avoca	Here	7:30
#3	Sept. 12th	Friday	Rankin	Here	7:30
#4	Sept. 19th	Friday	Open		
#5	Sept. 26th	Friday	New Home	There	7:30
#6	Oct. 3rd	Friday	Ropes	Here	7:30
#7	Oct. 10 th	Friday	Water Valley	There	7:30
#8	Oct. 17th	Friday	Amherst	Here	7:30
*#9	Oct. 24th	Friday	Grady	There	7:30
*#10	Oct. 31 st	Friday	Klondike	There	7:30
*#11	Nov. 7th	Friday	O'Donnell	Here	7:30

** District Opponents for 2013 - 2014: Grady, Klondike, O'Donnell

vider

ands

Coach:	Trey Riche		
tant Coaches:	Peter Bena		
	Mike Skelt		
	Bubba Edu		

Head

Assi



4 big tackle for the Pups stops the Lubbock Titans from a possible score ast Thursday at home. The Pups defeated the Titans 47



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Speech and Debate Teams Travel to Morton



Borden High School Speech and Debate team members traveled to Morton September 27 for a novice and varsity teaching tournament. Nathan Souder, competing in varsity LD Debate, broke to quarterfinals with a 2-1 record and finished fifth overall. Other BHS students attending as novice were Zoie Key, Savannah Herridge, Angelina Wilson, Braxton Coor, Jayton Lewis, Josh Murphy, and Clayton Addison. Pictured left to right are Braxton Coor, Clayton Addison, Nathan Souder, and Angelina Wilson.

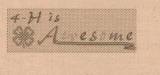


Brian Torres (#4) sails towards the Coyote endzone with the blocking help of Morgan Wilson (#14) in last Thursdays' bout with the Titans.

* Let's Go LET'S GROW

We invite you to join us for the Borden County 4-H Achievement and Kickoff Event on Sunday, October 5, 2014 from 3:00-6:00 p.m. At the Bicentennial Park Pavilion.

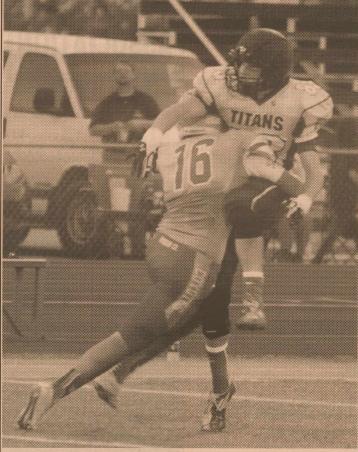
We invite the entire community to celebrate the accomplishments of our youth and volunteers, as well as kick off our 2014-15 4-H year! There will be food, fun and games!



Texas A&M AgriLife Extension Service—Borden County P.O. Box 155 Gail, TX 79738 Phone: 806 756 4336 Fax: 806 756 4486 http://borden.agrillife.org julie.smith@agnet.tamu.edu Facebook page: Borden County Extension and 4-H

We will associ to provide all reasonable arrangement class for all persons with disabilitized or any facsine program. We request they say classes, and the say and the second second second and tensor AdM Agrid fit Emerization Service affire an a as possible to advise flying require sublighty as

Coyote JV Fall to Lubbock Titans at Home



The Coyote JV played host to the Lubbock Homeschool Titans last Thursday night. The Coyotes fell short with a final score of 56-42. (Above) Steven Carrillo plows into the Titan quarterback to foil a pass to a teammate.

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School Lunch Menu

Sept. 29-Oct. 3, 2014 Menu subject to change

Monday - No School Tuesday - Breakfast: Muffin & Yogurt, Fruit Juice and Milk. Lunch: Chicken Quesadilla, Salsa, Graden Salad, Refried Beans, Applesauce and Milk.

Wednesday - Breakfast: Chicken & Waffles, Fruit Juice and Milk. Lunch: Country Fried Steak, Mashed Potatoes & Gravy, Green Beans, Roll, Strawberry Cup and Milk.

Thursday-Breakfast: Breakfast Club, Fruit Juice and Milk. Lunch: Turkey & Cheese Sub, Baby Carrots w/Ranch, Tortilla Chips & Salsa (9-12 Grade only), Corn Mandarin Oranges and Milk.

Friday-Breakfast: Breakfast Piaa, Fruit Juice and Milk. Lunch: Cheeseburger, Zesty Cucumbers, Sweet Potato Fries, Sliced Peaches and Milk.

This institution is an equal opportunity provider.



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Building a Friendship With Your Spouse or Partner

Many people say that having a friendship with their spouse or romantic partner is an important goal of their relationship. Life usually becomes more complicated as intimate relationships progress. If a relationship is not built upon a solid foundation of friendship, it may become more difficult for partners to stay connected over time. It is also easy for partners to become less polite and respectful to each other as time passes because they feel more comfortable with each other. However, couples who remain good friends throughout life usually find much more enjoyment and satisfaction in their relationships.

There are many things couples can do to keep their friendship alive:

* Set aside time each day to talk and reconnect. All people change over time, and partners need to continue to learn about each other's thoughts, feelings, and ideas. Researchers have found that spending just 15 minutes a day catching up and filling each other in on what happened during the day helps prevent problems that can lead to emotional disconnection or relationship dissolution. Research has also shown that the amount of fun time spouses spend together is a major factor in the happiness of their marriage. Sharing enjoyable times prevents people from getting bored with their relationships and helps rejuvenate them when they are very busy and preoccupied with other concerns. Doing fun things together also helps cre-ate a set of shared memories that serve as an "emotional bank account." When the account is consistently filled with "deposits" of positive emotions and good times spent together, it is easier for the relationship to weather problems.

* Another way to maintain friendship in intimate relationships is to have regular "dates." Dates allow partners to spend fun time alone together, which can be especially important if they have children. A date might be a good time to share dreams with each other. A date should be a time to share an activity both partners enjoy. Conflict should be avoided during "dates." The goal is for both people to enjoy time together.

Show appreciation for each other. Hold hands. Plan pleasant surprises for each other. Laugh together. Compliment each other often. Leave unexpected notes of praise. Develop signals that say, "I love you." Say "thank you" for little kindnesses. Say "I love you." Find out how your partner would like you to show appreciation and let your partner know what you would like. Showing kindness in little ways is important for several reasons. First, it enables spouses to increase their love for each other and become better friends. It also keeps little annoyances from being blown out of proportion, which helps the relationship stay strong. Daily acts of kindness can also promote the growth of romance in the marriage. John Gottman's research has found that true romance is best preserved when partners frequently respect and care for each other in ordinary ways.

* Observing family traditions and rituals is another way couples can strengthen their relationship. Traditions and rituals serve many important functions in families. First, they enable couples to figure out what is important to each partner and to their relationship. They also give meaning and predictability to relationships and family life. Rituals help couples recharge themselves from the stresses of everyday life and increase the amount of intimacy in their relationships. Relationships that are marked by many traditions and rituals are often richer and more purposeful than those that are not. Written by: Jinny Hopp, Human Development Specialist, Jasper

County, University of Missouri Extension

A Helping Hand BCISD Donates Items to Neighboring School

Post ISD board members and Post residents came to Gail last week to collect furniture to replace items burned in the Post Elementary fire on September 21.

Director of Maintenance Phillip Benavidez and his staff loaded a truck and trailer with chairs and tables donated from the Borden County Independent School District.

Post Elementary students are now being housed in the old Post High School as the newly constructed high school is opening for those students. The Post Middle School, which had been scheduled for

demolition, will continue to and staff until a new elemenserve middle school students tary school is built.

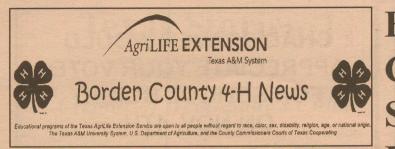
Maintenance worker, Phillip Benavidez (left) helps Post resident, Wes Mason to load a white board to be used in the old Post High School that will accomodate the elementary students dispaced by the fire



John Robinson (far right) and Rockwater Chemical employees help to load school furniture on a truck provided by Rockwater



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4-H Enrollment Time

The start of the new school year means it is also time to enroll in 4-H. Go to https://texas.4honline.com. Members who are re-enrolling will need to update their profiles. New members will need to create a family profile and add members. If you need assistance with passwords, contact the Extension Office - we can help!!

Please note that there is a participation fee of \$20 per 4-H'er through the end of October (after November 1 it will be \$25). For more information about the participation fee visit: http://texas4-h.tamu.edu/fee/. We invite parents to enroll as volunteers (BC 4-H pays the screening fee) – we would love to have all parents be a screened volunteer! [Note that there is a new volunteer enrollment fee of \$5 for previously screened volunteers which we ask you to pay. 4-H will pay for your ini-

tial screening as a new volunteer.] Please feel free to contact the Extension Office if you need any assistance. Looking forward to a great year for Borden County 4-H!!

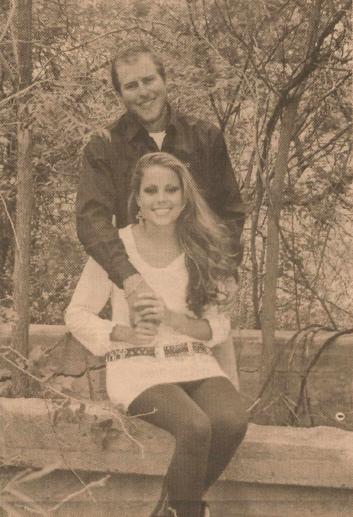


Booster Club **Sponsors** Homecoming Dance

The Borden County Booster Club will sponsoring a dance on Friday, October 17, 2014. All Jr. High, High School and Exes are welcome. It will be held at the Borden County Event Center immediately following the Borden County sv. Amherst football game. Classes are responsible for t providing the food for the dance:

Seniors-Desserts Juniors-Finger foods

Freshmen-Chips and Dips



Garrett Chapman and Bailey Robertson

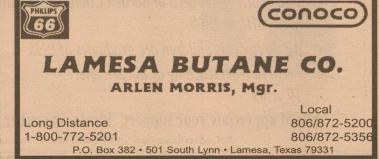
Chapman, Robertson to Unite in Marriage

Darren and Donna Robertson of Smyer, Texas are proud to announce the engagement of their daughter, Bailey Robertson, to Garrett Chapman, son of Kurt and D'Linda Chapman of

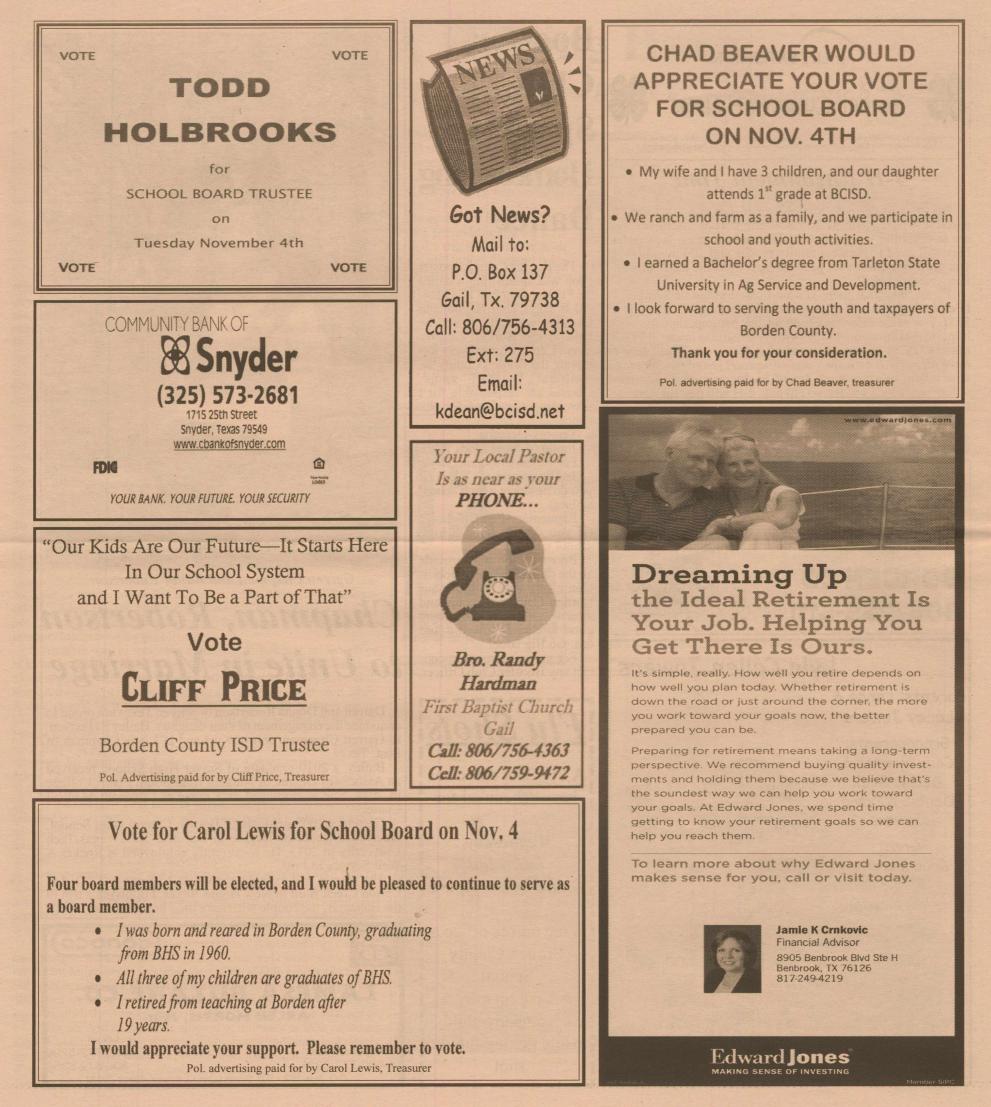
Bailey, a 2010 graduate of Smyer High School, received an Associates Degree of Nursing from South Plains College in 2014. She is employed as a nurse at Covenant Medical

Garrett, a 2005 graduate of Borden County High School, received a Bachelor Degree in Business from Texas Tech University in 2013. He is currently employeed at Rocker A Well Service in Post.

The couple will exchange vows on November 7, 2014 at Cotton Creek Barn in New Home, Texas. Following a trip to the Bahamas, the couple will make their home in Post, Texas.



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LAMESA

LE-VEL LOCAL

Sunday, October 19 2pm

Location: 1611 CR 17 Lamesa.

Home of Sharelle Holliday

Hosted by: Shavla Erwin

Come find out what the

Thrive Experience

is all about!

sherrykgass.le-vel.com

Texas Stories

A Showcase of the Texas Spirit **Tumbleweed Smith**

The Creator of Wednesday's Child

Jack Bowen's start in jour-nalism began while an 8^{th} grade wants a baby, but with an older kid who might be handicapped student in Big Spring when the teacher asked him to be the photographer for the school annual. He took to photography in a big way and soon had his own dark room. While still in high school he got a job as a cameraman for the local TV station, KWAB and eventually started doing news and weather. He was 18 years old at the time.

behind the camera, then while and do the weather or news. When another commercial was on the screen I'd get back behind the camera.'

Jack, who now lives near Fort Worth, sometimes covered stories with a Polaroid camera and a cassette recorder. "While doing the news live, a still picture would be on the screen and I'd bend down so my lapel mike would pickup the sound bite from the speaker on the portable cassette recorder. Real big time.'

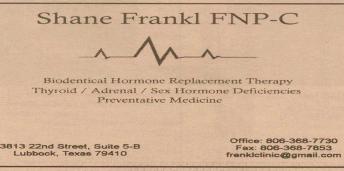
After graduating from Texas Tech he did television news on KELP TV in El Paso for three years, then went to the ABC affiliate in Oklahoma City as assignment editor. After a year he started doing weekend news and finally became the prime time anchor for the two major evening newscasts. He always did reporting chores and covered some major national sto-ries outside of Oklahoma City.

He was with the Oklahoma City station 36 years. He says the best thing he did there was to start a program called Wednesday's Child where he did profiles of children who were having a hard time get-ting adopted. "Everybody

it's a different story," says Jack. The name came from a line in a nursery rhyme that states, "Wednesday's child is full of woe."

"I went to private adoption and child protective agencies and told them my idea. They were hesitant at first, but finally a private agency agreed to let me do a program with a little girl. She got adopted im-"Back then it was sort of mediately. The program had a primitive," he says. "I'd be profound response from viewers. The state people were a commercial was on the watching and called me to say screen, I'd step in front of it they were impressed. After the watching and called me to say program was on the air for a while, ABC television asked me to appear on Good Morning America. After I did that, television stations all over the country called and said they wanted to start a program like that. I created for each one a press kit with samples of our stories and write-ups about the success of the series. I wasn't getting anything out of it financially, but I thought it was great that so many kids were being adopted. I've run into adults 30 years old or more who would see me out in public and they would tell me, 'I was on Wednesday's Child and got adopted."

Jack loves dogs and admits the program developed from his finding homes for dogs. At the end of his 6 PM newscast every Friday he had a segment called Pet Saver. "I would have someone from the animal shelter come in with a dog, put it on the screen and tell the viewers that this animal needs to be adopted. Well, a whole lot of dogs started getting adopted. Somehow I found out there were a lot of kids waiting to be adopted so I started Wednesday's Child.





Mail to: P.O. Box 137 Gail, Tx. 79735 Email: Kdean@bcisd.net cr call 806/756-4313 ext. 275

> AgriLIFE EXTENSION Texas A&M System

> > Beef Cattle & Range Tour October 7, 2014 Post Community Center-UU Ranch

Agenda

9:00-9:30 a.m. Range Recovery, Pasture Restocking, and Weed Management -Dr. Morgan Russell 9:30-10:00 2.m. Beef Demand vs. Supply-Short and Long Term Outlook - Dr. Ted McCollum 10:00-10:15 a.m. Break

10:15-10:45 a.m. Will a \$3,000 cow work on my operation? -Dr. Ted McCollum

10:45 a.m. Travel to Range Site: Forage Sampling & Evaluating Range -Dr. Morgan Russell 12:00-1:00 p.m. Lunch (Provided with Registration)

1:00-1:30 p.m. Pasture & Range Inventory-Determining stocking rates/Cow Size -Dr. Morgan Russell

1:30-2:00 p.m. Balancing Nutritional Requirements through the Year -- Dr. Ted McCollum

2:00-2:30 p.m. Smart phone applications for range and wildlife -Greg Jones

\$25 Per Person

3 General CEUs will be offered

Please RSVP by Monday, October 6th at 12:00 p.m. at (806)495-4400

Dr. Morgan Russell, Extension Range Specialist

Dr. Ted McCollum, Extension Beef Cattle Specialist

Greg Gruben, CEA-ANR, Scurry County

Cody Hill, CEA-ANR, Borden County

Greg Jones, CEA-ANR Garza County

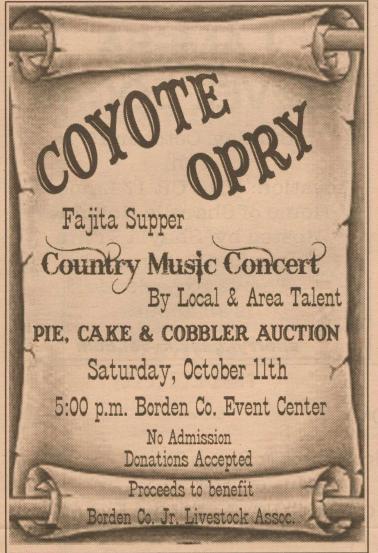
Bryan Reynolds, CEA-ANR, Lynn County

Robert Ferguson, CEA-ANR, Mitchell County



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Dare to Live...

(Continued from Pg. 1)

required to suffer than to fort. Being happy because you are happy is the best way to go.

There is no reason for you Improving your situation starts make changes instead of ex- write him c/o this paper. O cuses. It's well worth the ef- 2007 Bryan Golden

Bryan is a management to be miserable. Even if you consultant, motivational are in a rut, you can get out. speaker, author, and adjunct professor. E-mail Bryan at with a desire to do so. Then, bryan@columnist.com or



The special need may be in the area of mental, social, emotional or physical development.



You are invited to join us on Tuesday, October 14th at 6:00 p.m. in the Borden County Event Center for a Fall program to help harvest tips and methods for organizing your life to enjoy more time with you family - from menu planning, grocery shopping, home management, time management and ways to enjoy quality time together.

Enjoy a sampling of a few simple recipes and make an easy take-home project (for even the least creative people).

Cost is \$15 per person (will cover supplies and recipe/idea booklet).

Please RSVP by Friday, October 10th (to allow for enough supplies) at 5:00 p.m. to (806)756-4336, via Facebook or julie.smith@agnet.tamu.edu



Texas A&M AgriLife Extension Service—Borden County 140 East Wilbourn or P.O. Box 155 Gail, TX 79738 Fax: 806-756-4486 Phone: 806-756-4336 http://borden.agrilife.org julie.smith@agnet.tamu.edu

Facebook page: Borden County Extension and 4-H

We will seek to provide all reasonable accommodations for <u>all</u> persons with disabilities for any Extension program. We request that you contact your Texas A&M AgriLife Extension Service office as soon as possible to advise if you require auxiliary aid.

grame of the Texas A&M AgnLife Extension Service are open to all people without

