


## Political

Announcement
For JUDGE of 88th DISTRICT COURT:

Judge 3. D. Barker
B. W. Patterson.
J. Frank Sparks.

For DISTRICT CLERK: P. L. (Lewis) Crossley W. H. McDonald.

For SHERIFF:
Virge Foster.
W. M. (WALTER) "MILLER

For TAX ASSESSOR:
T. W. "Tom" Haley

John S. Hart.
For COUNTY CLERK:
Walter Gray
W. C. Bedford

County uan nissioge:
Precinct 2
J. P aseom) Johnson

State Legislature 107 District B. L. Russell Cleve Calaway
For TAX GOLLECTUR:
T. L. COOPER

For CONSTABLE


Tomatoes versus Oranges $\mathbf{W}_{\text {then }}$ do you root for? Both Dr. William Weston in the Jour sons are out to play a winning Association gives the following game this season. The line-up is table comparing the relative min tiready being chosen for the All- eral content of orange and to anerican soal-makers of the Dic
Wetic Eleven-and rivalry bids to be keen between these two star
foods, following figures from
The "Chemistry and Food Nutrition by Henry C. Sherman, Professor
of Chemistry at Columbia Univer sity, will help you to determine sity, wil hemparative values: Vitamin A matoes. $\begin{array}{lccc}\text { Oranges } & 70.5 & 7.6 & 4.75 \\ \text { Tomatoes } & 160 & 26.7 & 15.3\end{array}$ With two such excellent focd avallable, a good plan for making the goal of health, this season. is to alternate between the Orange
and the Crimsons. Serve orang and the Crimsons, Serve orange
juice one mornitug for breakfas juice one morniug for breaktast
and tomato fuice the following morning. Both can be bought in
cans-cans of pure juice pressed cans-cans of pare juice pressed
from a product which has ripened
fully in the sun fully in the sun. This se t
principie used in modern dietet principle used in modern dietetic
infant feeding which aliernate
tomato juice with orange nrant feeding which al
tomato juice with orange Orange Jutce (about) 150 Tom
toes, raw or canned, $130-250$ Vitamin C Orange Juice, $150-300$ Tomato
raw or canned, $150-300$
$\qquad$
Read The Mẹssènger Ads

## Are Your Tires

plamming a bigy blesurout?


Bad tires are bad at all seasons . . . but at their worst in hot weather. A hidden weak spot in the carcass is likely to collapse under the increased strain of high speeds and blistering roada.


New tires are much cheaper than hospital bills, and even repair bills. If your tires havo that guilty look,smooth treads you'd better replace them before they make you the guest at a road-side blow-out party.
NEW, LONG MILEAGE toodrich Cavalier \$4 -98
(Ford and Chevrolet Siso) ataly LOW

Carbon Trading Co.

## LOW COST AND HIGH YIELD

## THE ONE WAY TO PROFIT



The result plictured above shows what the American-made nitrate of soda, used
as a side.dressing, did tor P. o. Bennett of Orangeburg, s.c. r . Yietd increases ilke this are well worth the investment which nitrate of soda calls for. $\mathbf{W}_{\text {weather conditions, floods or in }}^{\text {Hile }}$. $\left\lvert\, \begin{aligned} & \text { Federal or state governments, it is } \\ & \text { good common sense which prompts the }\end{aligned}\right.$ sects, he can, and most emphatically farmer to reduce his cotton acreage. should, use extreme care in the selec- The balance of his fields may be more tion of his seed ana in the selection
and use of fertilizer. Good seed and produce food both for himself and his and use of ferilizeca. Good seed and

wise P-filization will decide the value of his crops and heac, the amount of The wise farmer, however, will re | his profts. | $\begin{array}{l}\text { member that every single dilar in } \\ \text { vested in good commerclal fertilizer }\end{array}$ |
| :--- | :--- | The cotton tarmers who will prosper may be depended upon to bring him a $\begin{array}{ll}\text { In } 1932 \text { are those who will reduce the } & \text { return of three dollars or more. Omit } \\ \text { acreage under cultivation for cotton } & \text { ting the fertilizer, may save a little }\end{array}$ acreage under cultivation for cotton

and who will use adequate amounts of the fertilizer, may save a uttle

money at planting time and whille the | and who will use adequate amounts of |
| :--- | :--- |
| Arcadian Nitrate of Soda on those | \(\begin{aligned} \& money at planting time and while the <br>

\& crops are in their earl. growth stages\end{aligned}\) | $\begin{array}{l}\text { scres on which cotton is to be grown. } \\ \text { For regardless of taws passed by the }\end{array}$ | $\begin{array}{l}\text { but real loss wild develop if those unde } \\ \text { fed crops are not side-dressed later. }\end{array}$ |
| :--- | :--- |



## Why Hunt Prices

Spherical lenses and frames

## $\$ 3.95$ <br> $\$ 4.95$

Complete with shell frames

## $\$ 5.95$

Complete in frames with gold filled bridges and temples.

Doutle vision lenses in shell frames

## $\mathbf{S 5 . 5 0}$ and $\mathbf{S 6 . 5 0}$

These prices complete withthorough examina tion If unable to pay for better grade lenses we guarantee these to give good service if there is no epecial error or trouble with your eyes.

Examination withuut glasses only $\$ 1.00$.
DR. E, A. BESKOW, OPTOMETRIST PENNY BLDG. -::- EAŞTLAND, TEX


