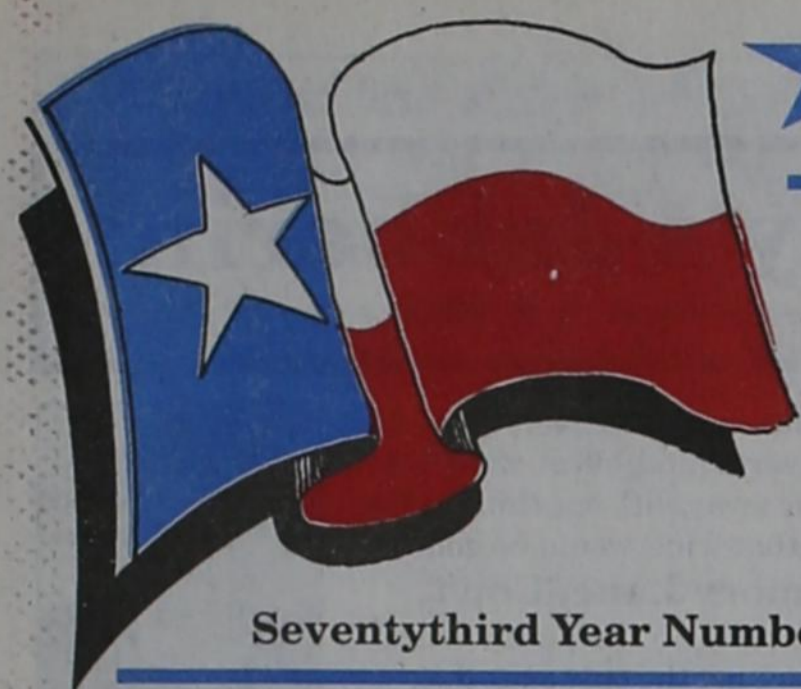


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Thursday, February 25, 1999

Post Notes

Church youth offer car wash

In hopes of spurring up a good soaking rain, youth of the Church on the Go will offer a car wash Saturday beginning at 8 a.m. at Holly Bros. Muffler, located at the corner of Hwy 84 and Main Street.

Elementary school musical Tuesday

The annual Post Elementary School third grade concert will be held Tuesday, March 2 at 10 a.m. and again at 6:30 p.m. in the school's auditorium. This year's musical is "Rock," a celebration of Rock 'n Roll. The program is directed by Karen Nichols.

City-wide garage sale March 6

A city-wide garage sale will be held at the Algerita Art Center on March 6. Spaces are now for rent, \$15 inside and \$10 outside. For more information call 495-3493.

Lions Club offers flag service

The Post Lions Club will offer again this year its special flag service for homes and businesses. There is a one-time fee of \$20, which includes an American flag to be placed at the home or business by a Lions Club member on special holidays. Call 495-3302 or mail \$20 to Post Lions Club, P.O. Box 644, Post, Texas 79356. Include name and address in the order.

Stained glass workshop

A stained glass workshop will be held at the Caprock Cultural Association building at 127 E. Main. The workshop will be held Monday, March and March 22. Participants will make their own "Suncatcher" with Mrs Debbie Bain as instructor. The fee for the two-evening workshop is \$20. For more information and to register, call JoAnn Mock at (806) 495-4148 or Linda Puckett at (806) 495-2207.

Community prayer meeting March 1

The community is invited to a time of prayer for rain on Monday morning, March 1 at 7 a.m. in front of the courthouse. The event is sponsored by local ministers.

PHS Juniors seek help for prom

The Post High School Junior Class is accepting donations from businesses or individuals of merchandise, gift certificates or cash/check for the Junior Prom auction to be held during Prom on April 17, 1999. Each donation is tax deductible and receipts are available. The Prom is a lock-in from 8:00 p.m.—midnight and items will be used for auction or as door prizes for students. Cash donations will be used to purchase items. If you are interested in donating merchandise, gift certificates, money or your time, please contact Karleen McDougal or Shanda Kelso at Post High School 495-2570.

JDC security gets scrutiny

James M. Parkey of Corplan Corrections presented a report and documentation to the Garza County Commissioners Court Monday, explaining that in spite of recent escapes at the Garza County Regional Juvenile Detention Center, the security design of the facility appears to be sound.

Parkey said that as a result of the latest escape, he had requested a report from the facility's architect detailing the technical aspects of that area of the building where the incident occurred. A copy of that report, which totaled some 19 pages, was distributed to the court.

"After reviewing this report I do not feel that the basic design of the facility or the security is compromised as originally designed," Parkey added.

Also included was personal explanations from the facility's architect, Deborah L. Williams of the Aguirre Corporation, whose two-page overview of the testing and results was also included in information reviewed by the court.

Tested as a result of the recent escape (which reportedly occurred through the rear door of a day room) were a security hollow metal door, security hardware and the installation techniques identical to that used in construction of the rear door in question. Williams said the door and its hardware meet and/or exceed the security industry standards.

(Continued on Page 7)

Garza's "Glass Menagerie" set to open this weekend

The initial performances of "The Glass Menagerie" are scheduled for this weekend at the Garza Theatre.

Performances of the play, which opens the theatre's 1999 season, are set for Friday, Saturday and Sunday and March 5-7.

Written by Tennessee Williams, the Garza's rendition of "The Glass Menagerie" will be directed by Gene Cole and will feature the talents of Linda Ellis, Jeremy Danial, Karyn Conner and Anthony Burton.

Curtain times will be at 7:45 p.m. for Friday and Saturday performances and at 2:30 p.m. for the Sunday matinee.

Tickets cost \$8 for adults and \$5 for children ages 6-12.

The theatre's upcoming productions include "The Housekeeper," set for March 26-28 and April 2-4, and "The Unsinkable Molly Brown," which will run May 7-9, 14-16 and 21-23.

For more information about the theatre or to purchase tickets, call 495-4005.

Commissioners review emergency water for prison

by Wes Burnett

Working out emergency water supplies and reviewing increased security at the Garza County Juvenile Detention Center got most of the attention at Monday's regular meeting of the Garza County Commissioners Court.

Terry Bartlett, warden for the Giles W. Dalby Correctional Facility to be opened this summer, presented ideas about emergency water supplies for the prison. Judge Giles Dalby volunteered to donate water storage tanks, which will require the purchase and installation of special liners.

Bartlett explained that the prison facility has an emergency water line installed, and would need another generator for the emergency water system. Judge Dalby pointed out that the White River Municipal Water District does not have an emergency generator for its pumps, and when there is an electrical power outage, no water will be available. "We met with the White River board," Dalby said, "and they indicated they do not plan to install any backup generators."

Bartlett pointed out that the probability of electric power problems next year related to Y2K, it would be prudent to have an emer-

gency water plan. No action was taken by commissioners, but the voluntary assistance from Dalby seemed to set a plan in motion for the prison and juvenile detention center. Bartlett said they would need at least 100,000 gallons to get through a few days.

Robert Jiles, from the regional office of Management Training Corporation, gave a detailed report to the commissioners about increased security at the juvenile detention center (see related story this page). Jiles said the fence will be "hardened" and all exit doors are now properly secured and monitored.

In other action, commissioners approved the appointment of commissioner Mike Sanchez to serve on the Lake Alan Henry zoning board; approved two resolutions: (1) for a grant to assist in daily costs to non-SPAG counties housing prisoners at the juvenile detention center and (2) requesting the state to work on efforts to relieve farmers and ranchers from the current economic problems.

James Parkey and Deborah Williams presented a detailed outline of changes at the juvenile detention center and discussed plans for the expansion to 98 beds.

Big water rate increase to hit Post users Mar. 1

A new schedule of water rates will go into effect next month following action taken last week by Post City Council members.

Beginning March 1, local residents residing within the city limits will be assessed \$20.25 for the first 3,000 gallons of water, compared to the current rate of \$8.50, City Secretary Wyvonne Kennedy said. Each additional 1,000 gallons will cost \$1.75, compared to \$1.50.

The "base bill" for sewer, sanitation and water for an in-town resident currently stands at \$23.80, she said. With the newly implemented increase, that amount will climb to \$35.55.

Outside of the city limits, the rate for the initial 3,000 gallons of water will be \$24.25 and \$1.90 per 1,000 gallons thereafter. The current rate for those living outside of the city is \$10 for the first 3,000 gallons and \$1.65 per 1,000 gallons thereafter, Kennedy said.

The increase, which the council regrettably approved, was made necessary due to a recent rate hike implemented by the White River Municipal Water District.

Several weeks ago, White River Municipal Water District board members voted to increase the water rate charged to its members cities. The increase was needed to help the water district offset declining recreational revenues, fund its portion of the emergency water supply project and cover expenditures for routine operations and mandated upgrades, the district's manager, Tommy O'Brien, told council members at their last regular meeting.

Beginning next week, White River will increase the price tag on Post's water from \$12,100 per month to \$29,200.

White River's increase will not only cost local water subscribers more money but will also have a financial impact on the city's water budget, Kennedy said. Currently the city pays 60 cents per 1,000 gallons of water purchased from White River and resells the water at a rate of \$1.50 per 1,000 gallons as a means of generating revenues for the operation of the municipal water system. With White River's recent increase, the city will pay \$1.45 per 1,000 gallons

and, with its own rate increase, will sell the same 1,000 gallons for \$1.75 (inside the city limits). What was once a 90 cents-per-1,000 gallons revenue will drop to 30 cents.

Commerce & Tourism banquet tickets offered

Tickets are now available for the Post Commerce & Tourism Bureau's annual banquet to be held Saturday, March 6, at the Community Center.

The event is scheduled for 7 p.m.

Tickets cost \$12 each.

This year's theme is "Fiesta" and according to planners, "a good time" is the primary agenda for the evening.

Teachers of the Year, Citizen of the Year, Business of the Year, Business of the Decade, Cowboy Hall of Fame and Conservationist of the Year will be recognized. Entertainment will be provided by the Flores Family Mariachi Band. A silent auction is also planned.

Tickets may be purchased from any bureau director or at Citizens Bank, Brady's Package Store or the Commerce & Tourism Bureau office.

Old Mill Trade Days looking for great weekend

Officials with Old Mill Trade Days are hoping this weekend's weather will bring sunny skies, warm temperatures and good crowds.

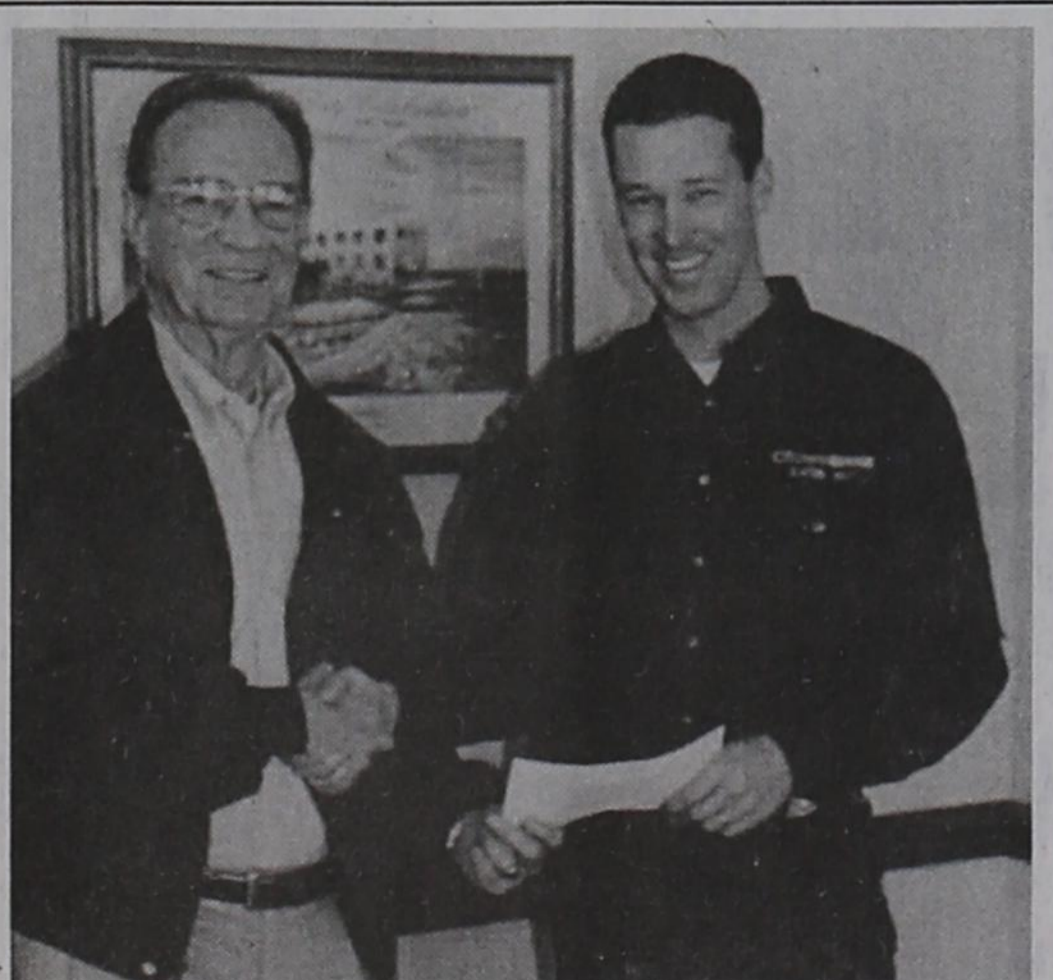
The past two events have been plagued by inclement weather but Trade Days' Linda Self said Tuesday the anticipated spring-like weather conditions could help boost sagging attendance figures.

"Spring has sprung," she said, "and it's time to get out and see the new things we have.... The weather should be beautiful and I hope people want to get out and enjoy it."

Trade Days visitors will find many new and revamped booths at this event, she said, as well as an updated line of spring merchandise from those vendors who purchase items for their booths. Also new this month will be several antique vendors who have joined the Trade Days scene, as well as a clothing booth featuring Nike jackets and T-shirts; an artist whose focus is Native American art; a candle vendor; a booth featuring golf carts; a booth with NASCAR memorabilia; and an artisan whose specialty is creating made-to-order shelving and display units for the now-popular Beanie Babies.

Seven new vendors will be located in the Weaving Room and three in the Post City building.

Special entertainment for this weekend's Trade Days will be a 1 p.m. performance by the Guthrie Family on Saturday at the Rainmaker Stage.



Citizens Bank president Jeff Wilson (left) presents a \$1,500 check on behalf of the bank and bank chairman E.W. Williams to Garza County United Way board of director member Clay Mercer. The donation capped off this year's campaign. United Way board members approved distribution of \$17,000 to participating agencies.

CCA plans "Crafts a Lot" workshops this year

The first "Crafts a Lot" workshop offered by the Caprock Cultural Association (CCA) in the near future, will focus on stained glass and will be instructed by Debbie Bain.

The Crafts Committee of the CCA will sponsor at least four of these workshops this year, according to JoAnn Mock. A variety of craft projects will be featured, including a special "how to" session that will be of broad interest.

Classes will be limited, so early registration is encouraged.

The CCA "Crafts a Lot" committee — Linda Self, JoAnn Stelzer, Jan

Acker and Jennifer Smith — will be contacted local residents who have talents in interesting areas and will arrange workshops to be held at the CCA building.

The purpose of these events is to highlight and promote the talents within the community and to provide opportunities for hands-on craft activities, Mock said.

Mock expressed gratitude to Bain for agreeing to conduct the stained glass workshop and lauded Self for arranging the event.

For more information on this or future workshops, contact Mock at the CCA at 495-4148.

Lubbock senior softball club seeks new members

The Lubbock Senior Softball Club has extended an invitation to local men ages 50 and older to join their organization and participate in its slow pitch softball games.

The group plays at Burl Huffman Park in north Lubbock each Monday evening from March 1 through Aug. 31.

The club's members currently include representatives from Floydada, Lorenzo, Tahoka and Post but additional members are being sought.

The club fielded four teams last year and will limit itself to eight 13-member teams this year. With those numbers, four games could be played each Monday night during the league year.

Games begin at 6 p.m. and are limited to one hour each.

The first two Monday nights in March will be dedicated to tryouts and practice, with the eight team managers observing play in order to know how to draft on Saturday, March 13. The next three Monday nights will be practice games between the new and drafted teams.

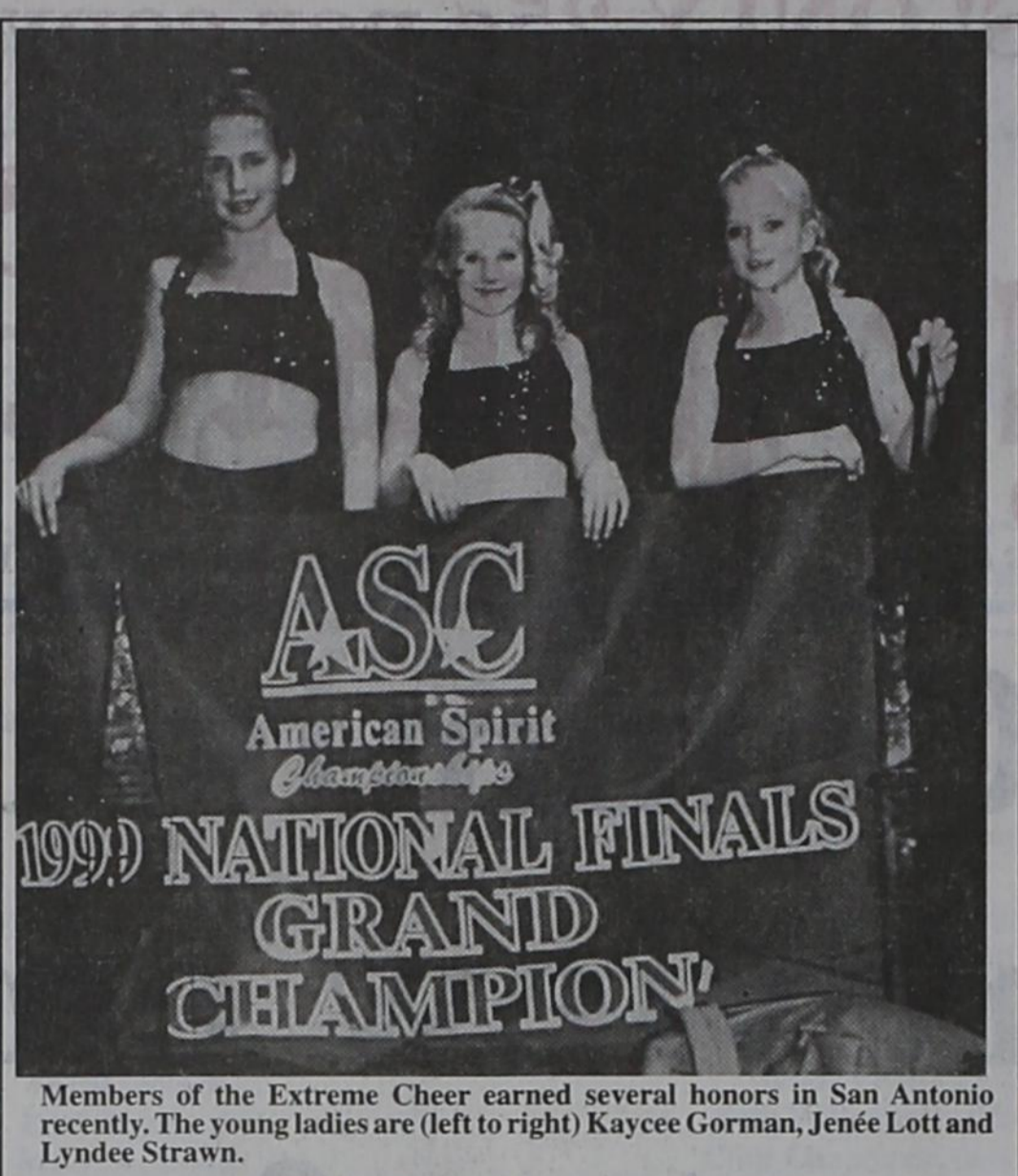
Players will be notified as to which team they are on.

League play will begin the first Monday in April.

The Lubbock Senior Softball Club is a non-profit group operated by a local board of directors. Dues are \$25 per year. Sponsor fees are \$250 per year. Each player receives a team shirt and club hat.

Club requires require that all players present will be in the batting order. Only 10 will play defense at one time but all players in the lineup must play defense at least three innings. A balance is kept to see that players are used evenly on defense throughout the year.

For more information, contact Leon Pope, president, at 806-798-7634.



Members of the Extreme Cheer earned several honors in San Antonio recently. The young ladies are (left to right) Kaycee Gorman, Jenée Lott and Lyndee Strawn.

Extreme Cheer takes wins in San Antonio

Extreme Cheer traveled to San Antonio Feb. 12-14 where they received several honors in the ASC National Championship Pom & Dance Finals.

Kaycee Gorman, Jenée Lott and Lyndee Strawn were among the squads that competed in the Junior Pom competition.

After competing in the finals on Feb. 14, their squad was named national champions for the Junior Pom and national grand champions for the overall junior division.

Six other awards were also won.

Wilks, Swaffar wed in Ransom Canyon

Mikki Wilks and Brad Swaffar were married Saturday, Feb. 13, at 4:30 p.m. at the Little Chapel of Brookhollow in Ransom Canyon with Bill Smith officiating.

Honor attendants were Shelly Honey of Lubbock and Gene Swaffar of Woodrow, father of the bridegroom.

Parents of the bride are Kim and Patsy Wilks of Post. Parents of the groom are Gene Swaffar of Woodrow and Sue Barnes of Lockney.

The couple will reside in Floydada.

Brownies enjoy trip to Lubbock

Brownie Troop 415 took advantage of the day out of school last week to enjoy a Fun Day trip to Lubbock's Science Spectrum.

The girls visited the museum and had lots of fun doing things such as making shadow pictures and playing with giant bubbles. The fun also included watching the Omnimax movie "Alaska" and lunch at Burger King.

Attending the trip were D'Nae Johnson, Rosa Saenz, Yesenia Gomez, Jerrica Crenshaw and Marla Crenshaw. Leaders for the trip were Marilyn Crenshaw and Tammy Bland.



The Post Dispatch 495-2816



Students at Lynn Bethel's Studio of Music entertained mothers and grandmothers with a Valentine tea recital. Performing were (back row, left to right) Jerin Tyler of Post and Austin Owens, (front row) Kristen Miller, Laura Lyn Landa, David Melton, Kailea Shaw and Jordan Wright. Not available for the photo were Stormy Clark, Bailey Stoker and Jerica Tyler of Post.

Judy's Jabberin'

By Judy B. Bush

Hope everyone has retrieved everything that blew out of their yards and off of their heads Monday. If I could do away with one thing in West Texas? you got it, that wind would be gone!

Down Memory Lane, Con't.

I did not get one reply on the pecan sauce! I know Allane and I are not the only ones that ever had a pecan Sundae at Collier's.

Pat and I are really interested in starting a weekly recipe column, featuring a local and their recipe. What do you think? Would you mail in your recipes? Let me know.

Get well Brenda and Noah

Brenda Sweeten is still in the hospital in Lubbock, but things worsened this week as Noah, her husband was also taken to Methodist. I hope that both of you are feeling much better soon. Keep in touch so that I can let everyone know.

Grandparents

We still have lots of pictures at the Dispatch. I know you grandparents want those back, so come on down.

Birthdays This Week

Birthdays for this week: Thursday 25; Jacki Davis and Jack Hair; Friday 26; Julia Martinez, Eddy Rocha, Coty Zachary, Aaron Guerrero and Mike Hair; Saturday 27; Monica Collunga Diaz, Larry Walls, Brent Smith, Marcella Hair and Mr. Dee Justice!; Sunday 28; Wilma Williams, Ron Mason, Kaylyn Dean (my grandbaby), Sharla Wells and Penny Mason. Happy unbirthday (February 29th) to Tom Pass of Lake Charles, Louisiana; Anniversary; Lewis and Mary Nell Holly.

Monday March 1; Pat Burnett, Billy Williams, Bill Welcher and Debbie Morris; Tuesday 2; Diane Graves, Jim Wells and Sheila Gregory; Happy Independence Day, TEXAS! Wednesday 3; Fernando Moreno and Lindsey Rudd.

Till Next Week

Guess that is all for this week. Please call in all of your news, so many folks enjoy reading about it!

Have a wonderful week end, remember this is Trade Day weekend. Go out and enjoy the weather we are suppose to have.

Lets all pray for rain! God bless each of you.

In Memory of Lala Pennington

"God's Garden"

God looked around his garden
and found an empty place

He then looked down upon the earth
and saw your tired face

He put His arms around you
and lifted you to rest

God's garden must be beautiful
He always takes the best

He knew that you were suffering
He knew you were in pain

He knew that you would never
get well on earth again

He saw the road was getting rough
and the hills were hard to climb

So he closed your weary eyelids
and whispered "Peace be thine"

It broke our hearts to lose you
but you didn't go alone

For part of us went with you
the day God called you home

From her family

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The place you love to shop

Our Sidewalk Sale last week was so successful, we're bringing it back this Saturday.

We've added many items, so come check it out!

If you missed the bargains, come by this week and replenish that spring and summer wardrobe and save big!

Also check out our new arrivals in Misses, Jr.'s and our new, fun children's wear.

Come see us, we have something for everyone's budget!

412 N. Broadway VISA 495-2648

Living on the Edge of the Caprock

by John Senter, CEA-AG

Rose Fertility

Roses are heavy users of nutrients and require frequent application of fertilizers. To determine fertility of existing soil, contact the county Extension Agent for instructions on submitting a soil sample.

Do not apply fertilizers until the first set of flowers begins to fade for everblooming types, or in the case of once-blooming roses, 8 to 10 weeks after planting. A heaping tablespoon per plant of a complete fertilizer, such as 6-10-4 or 8-8-8, may be applied every 4 to 6 weeks until about September 1. Application after that time can promote soft fall growth that may result in freeze damage. The time-honored fertilizer for roses is well-rotted cow manure. Since manure may not be available, commercial fertilizers have become popular. Phosphorus is the material that helps plants develop strong, healthy roots and prolific flowering. Superphosphate is usually available, and can be applied at the rate of 3 to 4 pounds per 100 square feet. Since phosphorus is not very mobile in the soil, it should be well mixed during preparation.

Nitrogen is easily and quickly depleted from the soil, and needs to be applied periodically during the growing season. It is necessary for more and bigger canes, stems, and leaves. Slow-release commercial fertilizer or natural materials, such as cottonseed meal, last longer and require fewer applications through the growing season.

Potassium is needed for promotion of new growth, disease resistance, and cold tolerance. All three nutrients (nitrogen, phosphorus, and potassium) are included in balanced fertilizers. Many rose growers apply a balanced fertilizer every 4 to 6 weeks during the growing season.

For more information and printed materials, feel free to call 495-4400. Educational programs of the Texas Agricultural Extension Service are open to all people without regard to race, color, sex, disability, religion, age or national origin.



Edward Hester, pastoral associate at Holy Cross Catholic Church, shows off the bar-b-q pit being raffled by youth at the church. The pit was built and donated by Lupe Quintana to the church. Raffle tickets are \$5 each and may be purchased from any member of the Catholic Youth Organization.

Neighbor to Neighbor

by Kelly Ahrens, CEA-FCS

A vegetable with virtue

You can steam it, stir fry it, juice it, puree it or even bake it. It makes tasty desserts. It adds crunch to salads. In a word, the carrot is versatile. Yet, no matter how it appears, this basic root's most important qualities are its vitamins and minerals.

Carrots contain an abundance of beta-carotene, a nutrient with important disease-fighting qualities. In fact, one carrot contains a full day's recommended supply of beta-carotene. Most important - it's much tastier than a vitamin supplement.

For tender, sweet crunching, nothing beats home-grown carrots. They can be grown all season, but the autumn varieties carry most of the flavor. When carrots get the message that shorter days and cooler nights are around the corner, they store up more carbohydrates and sugar in their roots.

For those who seek convenience, today's commercially grown carrots are both tasty and healthy. And they store well; you can keep carrots in the refrigerator for weeks. The freshest carrots come with their healthy-looking greens still attached. But remove the greens immediately after purchase so they don't drain moisture from their roots.

Carrots are not just for sticks any more. There's hardly a soup that doesn't benefit from the color, flavor and nutrition of carrots. Glazed carrots are a perennial favorite and a quick way to dress up a meal. For unconventional carrot flavor, it would be a shame to limit carrots to routine crudites when they can grace a buttery scone as Orange-Carrot Marmalade or spice up a meal as a savory pickle!

Carrot and Orange Marmalade

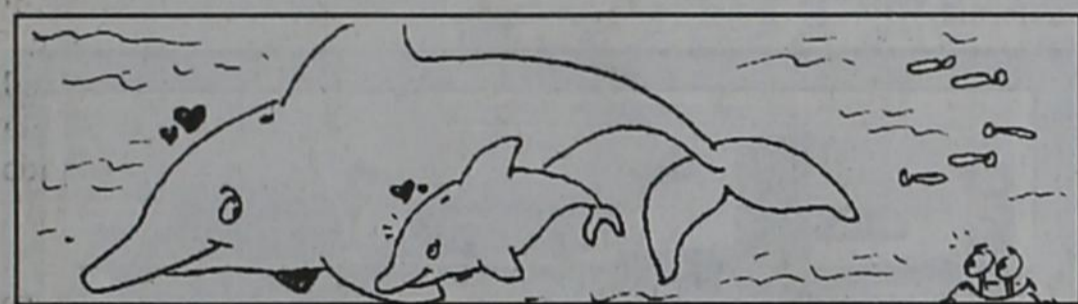
4 cups raw grated carrots, 4 lemons, 2 oranges, 6 cups water, divided, sugar
Prepare home canning jars and lids according to manufacturer's instructions. Squeeze juice from lemons and oranges; set aside. Coarsely grate or thinly slice the peel of 2 lemons and 1 orange. Cook citrus peel in 3 cups water until tender, about 30 minutes.

Add grated carrots and remaining water. Continue cooking until carrots are tender, about 20 minutes. Stir in lemon and orange juice. Measure carrot mixture. For each cup carrot mixture, stir in 2/3 cup sugar.

Bring mixture to a rolling boil, stirring frequently. Cook rapidly to gelling point, about 45 minutes. Remove from heat. Skim foam, if necessary. Carefully ladle hot marmalade into hot jars, leaving 1/4 inch headspace. Wipe jar rim clean.

Place lid on jar with sealing compound next to glass. Screw band down evenly and firmly. Do not use excessive force. Process 10 minutes in a boiling-water canner. Yield: about three 8-ounce jars. Enjoy!

Extension programs serve people of all ages regardless of socioeconomic level, race, sex, color, religion, disability or national origin.



A baby dolphin is born tailfirst and immediately swims to the surface, sometimes with its mother's help for its first breath of air.

Census Bureau workers begin statewide effort

Beginning Monday of this week, U.S. Census Bureau field workers began fanning out into neighborhoods in dozens of counties and communities throughout the state.

The enterprise is a four to six-week project called "block canvassing," which is a part of the bureau's preparations for Census 2000. Field workers are required to walk down city streets and talk to residents in an effort to update census maps and address lists.

"Ever since 1970 the national census has been handled mainly through the mail," said census spokesman Frank Newton. "So correct addresses are essential. If our addresses are wrong, then people may not receive their census form in March or April of 2000."

The Census Bureau is actively notifying local authorities and the public to allay any anxieties or misunderstandings. In particular, bureau officials would like the public to know that:

- Most census field workers are local residents.
 - All census field workers carry identification, a red and white badge with the official Census Bureau emblem.
 - All census employees take an oath to protect the privacy of any information they gather.
 - All census employees receive background checks by law enforcement authorities.
 - Census field workers in this project are checking residential addresses. They may knock on doors to directly verify address.
- Anyone with questions concerning this effort may call the bureau's regional office in Dallas at 214-655-3000.

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- New beginners low impact classes
- Step classes
- Cardio machines
- Tanning memberships - we offer a line of wonderful tanning lotions and oils

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Joe Barrera - Black Belt- Taebo
Jodi Moore - 3 yr. instructor
Karleen Mc Dougle - Beginner class instructor
Keitha Wright - Covenant Lifestyle Center Cordinator- Taebo



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Congratulations 7th Grade Boys



Post 7th Grade Boys Basketball Team - (back row, left to right) Jerry Curtis, Mitchell Mills, Daniel Simental, Adrian Loredo, (middle row) Mitch Holly, Jay Cooper, Mark McCallister, Zane Marts, (front row) Brody Conner, Anthony Merrell and Kyle Gunn.

Caprock Veterinary Clinic	Lewis & MaryNell Holly	Danny and Vicky Cooper
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Congratulations 7th Grade Girls



Post Antelope 7th Grade Girls - (back row, left to right) Bethany Haynes, Crystal Crawford, Starlett Greathouse, Paula Voyles, Breann Heckaman, (middle row) Taylor Starkey, Terri Curtis, Tana Starkey, Brittany Haynes, (front row) Jennifer Reiter, Jerica Tyler and Lisa Soto.

Starkey Oilfield Services	Jerry & Marinette Tyler	Ken and Alice Bell
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Agencies compete in United Way fundraising campaign

A contest was recently conducted between the county departments, city hall and the post office in an effort to help raise money for United Way. First place went to County Precinct 1 (Lee Norman). Second place went to the county probation office and third place to the county clerk's office. County Precinct 3 (John Valdez), the sheriff's office and the post office all promised donations but were unable to turn them in prior to the deadline. The justices of the peace and judges' offices were unable to participate in the contest due to rules prohibiting them from participating in such activities. All other offices tried but were unable to raise any funds. "Thanks to everyone for trying," a United Way representative said. "Several employees made much-appreciated contributions, but the response was overall disappointing. Even if each employee gave only \$2, much more could have been raised." This year's United Way campaign distributed \$17,000 to participating agencies.

Congratulations Varsity Lady Lopes



Post Antelope Varsity Lady Lopes - (on the ladder, left to right) Kasey Hardin (55), Becca Stelzer (14), Jennifer Strawn (23), Rachele Jones (33), (standing) coach Christi Daily, Kenda Looney (31), Vondi Gradine (30), Kristen Webb (40), Davida Gregory (20), coach Ron Taylor, (front) Erin Gregory (11), manager Amy Line, Kelli Collier, Meagan Mills (10), Lauren Webb (32) and manager Ashley Mason. (Photo courtesy Jerry's Photography)



To The Nth Degree[®]

Post

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Member FDIC

Post ISD Calendar of Events

- Feb. 25**
Final day of TAAS tests, Post High School PHS boys golf tournament at Denver City
- Feb. 26**
PHS boys baseball at Ira
PHS dual tennis match vs. Floydada, here
- Feb. 26-27**
PHS girls golf tournament at Sweetwater
- Feb. 27**
PHS band solo & ensemble contest
- March 1-6**
Houston Livestock Show
- March 2**
PHS boys baseball vs. Ira, here
Third grade musical at 10 a.m., 6:30 p.m., auditorium
- March 3**
PHS Career Day, 9 a.m.
Seniors order caps and gowns
8th grade Career Day at high school

Congratulations Junior Varsity Lady Lopes



Post Antelope Junior Varsity Lady Lopes - (on the ladder, left to right) Stephanie Looney (25), Camie Payne (20), Brandi Gunn (24), Jenny Jones (23), (standing) Sydney Kenny (30), Mandy Terry (21), Yvonne Lopez (14), Meranda Hernandez (11), coach Christi Daily, Heather Palmer (40), Manuela Hernandez (10), Emily Smith (32), (front) Kelly Moore, manager Amy Line, Kelli Collier, LaRinda Ledbetter (51), Tandi Humble (50) and manager Ashley Mason. (Photo courtesy Jerry's Photography)

Brady's Package Store

Les & Diana Looney

Obituaries

Gloria (Cookie) Gonzales

Services for Gloria (Cookie) Gonzales, 46, of Roswell, N.M., were held at 3 p.m. Monday, Feb. 22, 1999, at the Templo Bethel Assembly of God with the Rev. Les Rutherford officiating, assisted by the Rev. Fredrico Buitron. Burial was in the Terrace Cemetery in Post under the direction of Hudman Funeral Home.

A prayer service was conducted at the funeral home at 7 p.m. Sunday, Feb. 21.

She died Feb. 18 at the Eastern New Mexico Medical Center in Roswell. Born Aug. 25, 1952, in Post, she married Fred L. Gonzales March 12, 1971, in Roswell. She was a housewife.

Survivors include her husband, Fred L. Gonzales of Roswell; three daughters, Elissa Renee Martinez of Muleshoe, Pamela Jolena Gonzales of Roswell and Monica Minnich of Girard, Ohio; two sons, Fred (Chico) Gonzales and Fabian Sal Gonzales, both of Roswell; three brothers, Ray Gonzales and Rudy Gonzales, both of Post, and Robert Gonzales of Lamesa; three sisters, Olivia Salinas and Arcilia Barbosa, both of Post, and Linda Trevino of Brownwood; and 11 grandchildren.

Arthur Doison Kelly Sr.

Services for Arthur Doison Kelly Sr., 78, of Abilene were to be held at 2 p.m. today, Thursday, Feb. 25, 1999, in the Hudman Funeral Home with the Rev. Henry Brawley officiating. Burial will follow in the Terrace Cemetery.

He died Feb. 21 at 7:12 p.m. in the Big Spring Care Center.

Born March 12, 1920, in Flatonia to Isom Kelly and Ida Mae Brownlow, he was a veteran, having served in the U.S. Army, and worked in the civil service. A 31-year resident of Abilene, he spent the last four years in Big Spring. He was a Baptist.

Survivors include two sons, the Rev. Arthur Kelly Jr. of Post and Robert Kelly of Dallas; two daughters, Annie Bell Williams and Bennie Ruth Lowery, both of Dallas; and one sister, Vester Johnson of Los Angeles, California.



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Snoring

As many bleary-eyed bedmates know snoring is no joke. Roughly half of all adults snore, and the numbers are higher in men and in overweight or older people. In one study of people ages 30-60, nearly 1 in 4 men and 1 in 10 women averaged at least 5 episodes an hour. Although mostly considered a mere inconvenience by those close by, snoring can lead to poor health.

Snoring is caused by relaxation of the muscles supporting the back of the throat. While asleep this area sags into the airway. If the airway is already narrow due to fat deposits, enlarged tonsils, cysts, polyps, tumors or the natural anatomy, snoring ensues. If this partial blockage continues to a total blockage the afflicted sleeper generally stops breathing for 10-90 seconds, often resuming breathing with a startled snort or a reflexive kick or jerk. This is called Sleep Apnea.

Sleep apnea can leave the patient drowsy and irritable the next day. Some studies have indicated serious apnea increases the risk of traffic accidents 2-7 times over those who get a good night sleep. More alarming, the apnea episodes may damage the cardiovascular system, perhaps due to the periodic lack of oxygen or over stimulation of the nervous system. This can potentially lead to an increased risk of high blood pressure, heart disease and stroke.

The following self-help steps may prevent snoring and possibly sleep apnea. Slim Down - A 10% weight loss is sometimes all that is needed to sleep quietly through the night. Shun drinks and drugs - Avoid sedative medication and alcohol at least 4 hours before bed. Don't smoke - Smoking causes throat tissue to swell. Change your sleeping position - try sleeping on your side, use pillows as a prop. Keep your neck straight by not using a pillow. Try sleeping at a 45° angle by using pillows or a recliner.

If these hints fail to relieve the problem see your medical provider. You may need to have a sleep apnea test, which can determine just how bad the problem is. Remember snoring may be influencing more than your bedmates ears and attitude, it could be negatively affecting your health.

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First Baptist Church, Wilson 628-6333
Pleasant Home Baptist Church E. 14th & N. Ave F
Templo Bautista 315 W. Main, 495-2416
Trinity Baptist Church 915 N. Ave O, 495-3038
Justiceburg Baptist Church Justiceburg, Don Blackcock, pastor
Pleasant Valley Hwy 84 & North 399 - (806) 828-4174
Catholic
Holy Cross Catholic Church Ave. K and Main St., 495-2791
Disciples of Christ
First Christian Church 812 W. 13th, 495-3716
Church of Christ
Church of Christ 108 N. Ave. M, 495-2326
Graham Chapel Church of Christ 5 miles W. Hwy 380, 2 miles south
Church of God
Church of God of Prophecy 602 W. 14th, 495-3644
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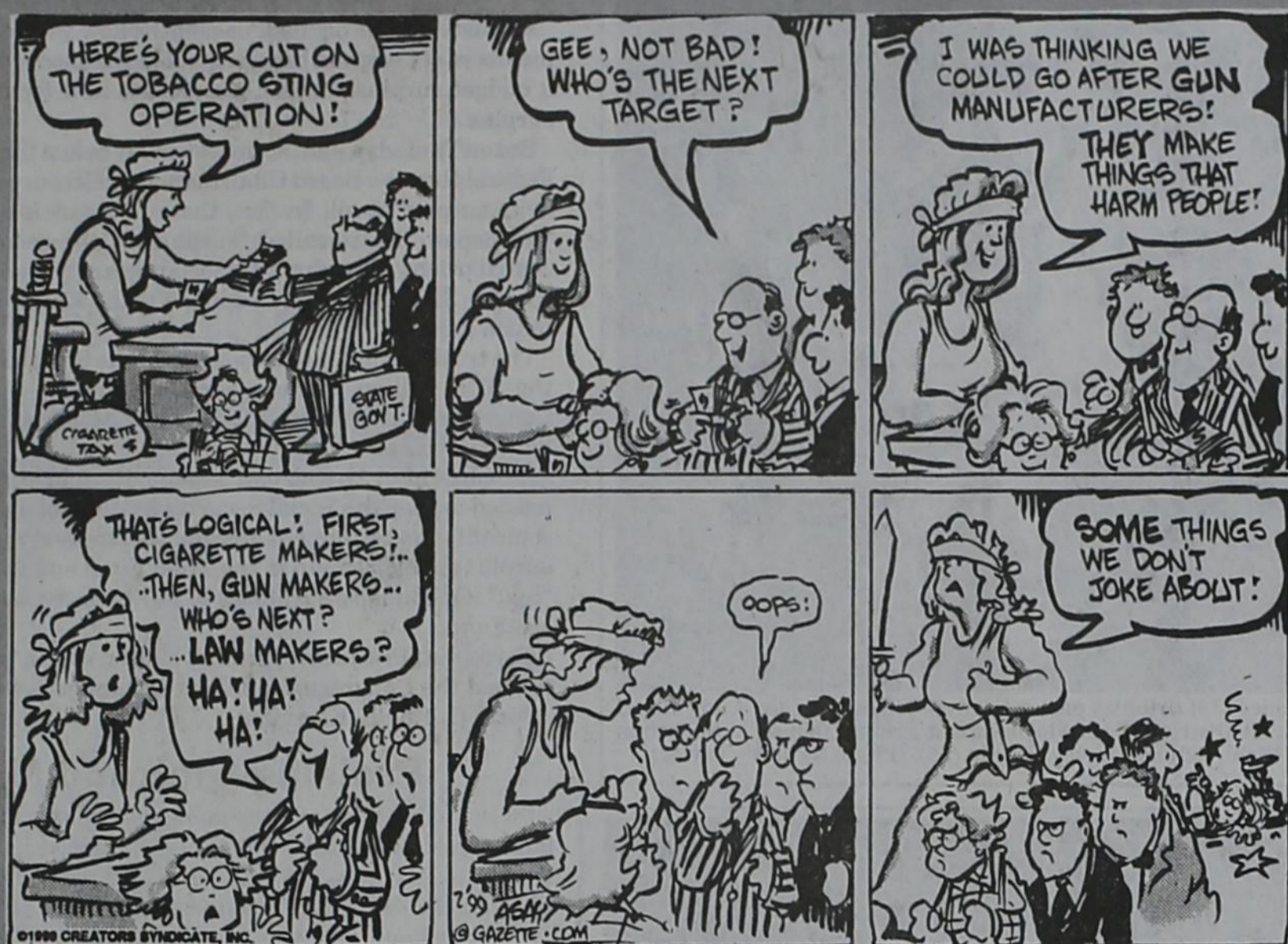
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Opinions



An thereafter, Constitutional contempt

by Walter E. Williams

Clinton's impeachment has produced something wonderful — politicians, political pundits and legal "scholars" are discussing our Constitution, making references to the "Federalist Papers" and quoting the Constitution's Framers.

I'd like to see this healthy turn of events continue. You can bet it won't because most senators and representatives have broad contempt for our Constitution and the principles of liberty it represents. They have only a selective respect, as they seek protection for a president who's violated his oath of office, lied to the American people and disgraced his office.



"Williams, you've gone too far," you say, "Explain yourself." OK, I'll try. Rep. Zoe Lofgren, D-Calif., a member of the House Judiciary Committee, insisted we are not free to read into the Constitution's "high crimes and misdemeanors" anything we wish. She said she reached this conclusion by reading the words of Alexander Hamilton, James Madison and George Mason, and the "Federalist Papers."

As a result of Lofgren's studying our Founders, she concluded that Congress is "constrained by what the law is, what the Constitution says. If we're just going to do whatever we think, then we're not going to have a constitutional form of government."

For Lofgren to make such a comment represents shameless deceit — but she's by no means alone. Most of her colleagues, both Democrats and Republicans would spit on most constitutional constraints and most of the ideas expressed by its Framers. They get away with their shameless sham because most Americans are ignorant or also have contempt for the Constitution.

Try this. Ask one of these Constitution-talking politicians how much respect we should have for the 10th Amendment, which reads, "The powers not delegated to the United States by the Constitution ... are reserved to the States respectively, or to the people."

The 10th Amendment simply and clearly says if the Constitution does not permit the federal government to do something, then the

federal government doesn't have the right to do it. You tell me where in the Constitution is there delegated authority for federal involvement in education, retirement, health, housing, transportation, handouts and other activities representing more than three-quarters of federal spending.

You say: "Williams, lighten up. Congress gets authority to control our lives through the "general welfare" clause of the Constitution." Here's what James Madison, the acknowledged father of our Constitution, had to say: "With respect to the words general welfare, I have always regarded them as qualified by the detail of powers connected with them. To take them in a literal and unlimited sense would be a metamorphosis of the Constitution into a character which there is a host of proofs was not contemplated by its creators."

Thomas Jefferson, always fearful of the perversion of the general welfare clause, wrote, "Congress has not unlimited powers to provide for the general welfare, but only those specifically enumerated." In 1794, Madison wrote disapprovingly of an appropriation to assist French refugees, "I cannot undertake to lay my finger on that article of the Constitution which granted a right to Congress of expending, on objects of benevolence, the money of their constituents."

If Thomas Jefferson and James Madison were around today, their enunciation of constitutional principles would be greeted with derision and contempt by no less than 520 of the 535 members of the House and the Senate.

I hope it's our ignorance that allows Congress to trash our Constitution, and that Jefferson was right when he said, "Enlighten the people generally, and tyranny and oppressions of body and mind will vanish like evil spirits at the dawn of day."

But I fear the possibility that most Americans share Congress' constitutional contempt.

To find out more about Walter Williams, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate web page at www.creators.com.

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Gun control makes us less safe

by Jacob G. Hornberger

Government programs are notorious for achieving results that are the exact opposite of what they intend. If advocates of gun control get their way, there will be no better example of this principle. Gun control would result in a less peaceful, more dangerous society.

There are two major reasons for the right to keep and bear arms: so that citizens can protect themselves from the tyrannical acts of their own government and so that they can protect themselves from violent people. Proponents of gun control suggest that the first justification is baseless, since we live in a democracy.

And by disarming everyone, the argument goes, violent crime against innocent people will plummet. Let's address the second argument first. This argument for gun control is based on two alternative assumptions: either that violent people would obey gun-control laws or that gun-control laws would prevent violent people from acquiring guns.

Is either of these assumptions valid? If a murderer intends to break a law against murder, why would he have any more respect for a law prohibiting him from possessing a gun? It defies credibility that murderers, rapists, burglars, thieves, and robbers are going to say to themselves: "There's a law against my owning guns and, therefore, I should obey it."

What would happen instead, of course, is that innocent people — that is, those who are the intended victims of violent crime — would end up complying with the gun-control law. Therefore, they would have been forced to give up the legal means of defending themselves from people who themselves would have no respect for the law. Would a war against guns really eradicate guns?

Well, has the war on drugs eradicated drugs? For a good example of the results of gun control (and the drug war), check out Washington, D.C. And if you think the collateral violence associated with the drug war is bad, imagine what would happen if the stakes were guns rather than drugs. The right to keep and bear arms actually makes everyone safer, even those who oppose it.

If violent people do not know which people are carrying arms and which are not, they are much less likely to take a chance. The reason a mugger on the street feels safer than a burglar of a home is that the mugger knows that he is less likely to encounter an armed defender. (Why don't gun-control advocates display window signs in their homes announcing "This is a gun-free home"?)

But as important as the right of self-defense is, it isn't the primary reason for unfettered gun ownership. Our Founding Fathers placed the Second Amendment so high up on the Bill of Rights because they understood the vital importance of this restriction on government power. They recognized that the greatest threat to the safety and

well-being of the citizenry lies not with some foreign government but rather with one's own government.

Gun-control proponents suggest that that doesn't apply to the United States anymore because we can trust our government officials. After all, we do live in democracy, they tell us. "We are the government." There's nothing to fear because democratically elected government officials don't do bad things to their citizenry.

But U.S. government officials have done bad things to the American people. They rounded up and incarcerated American citizens of Japanese descent without even the semblance of a trial. They conducted nuclear radiation experiments on unsuspecting American servicemen. They subjected African-American men to bizarre syphilis experiments. They shot and killed an innocent woman and her teenage son at Ruby Ridge, Idaho.

They used military tanks and dangerous, flammable gas on men, women, and children at Waco, Texas. Today, they regularly confiscate assets belonging to innocent people and then deny them the benefits of trial by jury.

And most of these actions have occurred in the absence of a national crisis. Imagine what government officials are capable of in an enormous crisis involving the security of the nation. How does the Second Amendment protect the American people from the most militarily powerful government in history?

It stands as an insurance policy. In a society in which the citizenry are armed, government officials must always consider the risks of armed resistance to massive tyranny. In societies where people are disarmed, government officials know that citizens must willingly obey orders.

The Second Amendment, therefore, accomplishes what gun-control advocates say they wish to achieve: a safer, more peaceful, and more secure society. Gun control, like most other government programs, would end up with a result that is opposite to that which is intended.

Mr. Hornberger is founder and president of The Future of Freedom Foundation in Fairfax, Va., and the co-editor of The Tyranny of Gun Control. The Future of Freedom Foundation 11350 Random Hills Road Suite 800 Fairfax VA 22030 Tel. (703) 934-6101 Fax (703) 352-8678 E-mail: FFFVA@compuserve.com <http://www.fff.org>

"Whenever governments mean to invade the rights and liberties of the people, they always attempt to destroy the militia, in order to raise an army upon their ruins."

Rep. Elbridge Gerry of Massachusetts, during floor debate over the Second Amendment, 1 Annals of Congress at 750, August 17, 1789.

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Highway revenue agents get a good start for 1999

by Wes Burnett

January 1999 gave Garza County highway revenue agents a good start with a total of \$36,138.25 collected from unsuspecting travelers during December, as recorded by the two Justice of the Peace Courts.

Although the Texas transportation code technically applies only to those people involved in commercial use of the highways, the vast majority of January's "criminals" tagged in highway traffic fines were paid by "volunteers." Very few, if any, of those victims realize that the cars and trucks they drive are not included in the regulations related to the transportation code.

In January, JP 1 collected \$18,512.75 on 101 "criminal cases," while JP 2 took in \$17,625.50 from 88 "criminals." These victims of highway theft voluntarily gave up their right of travel by declaring themselves "motor vehicle" operators, through applications for certificates of title as well as "motor vehicle" licenses.

The Texas Transportation Code defines commercial use of the highways as those carrying passengers or property for hire.

Cars and trucks, which are not used for hire in carrying property or passengers, are not "motor vehicles" as defined by the code.

Carrying around a state driver's license is also a severe limit on freedom and liberty... that little piece of paper wrapped in plastic declares the holder to be an "operator of a motor vehicle."

So, when citizens voluntarily apply for a certificate of title to their "motor vehicle," they have placed themselves under the jurisdiction of the traffic laws, which can constitutionally only apply to those who voluntarily declare themselves owners of "motor vehicles."

Contesting this system can be more expensive than paying the highway pirates, who have the backing of legislative thieves and a judicial system that puts statutory rules above constitutional guarantees of individual rights. Under the current Texas legal system, it's a "no-win" situation for most people.

Now ranchers have to fight the Air Force and taxes to stay alive

by Wes Burnett

A growing number of West Texas ranchers have joined Rotan's Buster Welch in a fight for property rights against the powerful U.S. Air Force, Defense Department and all those politicians screaming for more government money in Texas.

At a time when just surviving economically is becoming more and more difficult, area ranchers now have to worry about B-1, B-52 and other high speed bombers flying at near ground level over their property. And all this intrusion without their consent.

Welch formed an organization to fight the low-level bomber training missions in this area, calling it Heritage Environmental Preservation Association (H.E.P.A.), and after a year of expensive campaigning and educating folks, is finally getting some needed attention.

Land owners in Borden, Dawson, Fisher, Garza, Lynn, Kent, Scurry and Stonewall counties are finding out that this is no ordinary Air Force training program. When it is implemented, the "Realistic Bomber Training Initiative (RBTI) will endanger our West Texas heritage, lifestyle, our communities, environment and the future of our children.

If approved, the land will become a low-level training ground for B-1 and B-52 bombers along with their jet escorts. The Air Force is expected to fly 2,600 B-1 missions each year.

Welch and members of H.E.P.A. are also discovering that elected officials are absolutely no help. From U.S. senators to congressmen, they all support the Air Force, for fear that to oppose the plan would jeopardize the millions of dollars invested and spent at Dyess AFB in Abilene.

Here's another prime example of how government funding runs right smack over the rights of individuals. Being driven by money, this Air Force policy will be implemented, no matter how much stink or fuss ranchers and land owners muster.

As far as the U.S. political system is concerned, the inherent right of ownership of property is all but dead. When this Air Force boondoggle is implemented, affected land owners (and the communities which thrive on their success) will feel the full force of government intrusion into private lives and property.

There is some hope, however, for all property owners. It's the Texas Constitution 2000, which when ratified, will eliminate the power of government to ignore the rights of property ownership. County ratification conventions are scheduled to begin in late spring 1999. Hopefully when the county ratification conventions are held in these West Texas counties, those abused land owners will support this historic reclaiming of individual rights.

We categorically reject the notion that government has authority to strip us of our inherent rights, regardless of the reason. We urge area land owners to take a close look at this proposed constitution, and we believe they will embrace it with vigor for its simplicity and emphasis on securing individual rights that precede any government.

If you want to help H.E.P.A., call 915-574-8145 to join, volunteer or donate. If you want to see the new Texas constitution, check out info below.

What? No Taxes?

Texas Constitution 2000

Limits on government

Government shall never impose taxation of any kind.

Article 2, Section 21
Texas Constitution 2000

To order printed copies of the Texas Constitution 2000, send \$5 to Texas Constitution 2000, P.O. Box 918, Post, Texas 79356. Cost includes postage.

For a link to the entire constitution or to make a contribution to the lawful and peaceful ratification, go to this web site:
<http://www.tcrf.com>

Sports

'Lopes capture first in C-City golf tournament

The 'Lopes scored a first place finish in a golf tournament held Feb. 16 in Colorado City. Post's team total was 316. Snyder and the host team tied for second. Fourth place went to Sonora, followed by Brownfield, Denver City, the Brownfield B team and Slaton.

Individual scores for the 'Lopes were as follows: Marcus Lopez and Brooks Conner, 76 each; Jay Gorman, 82; Justin Gorman, 82; Justin Norman, 82.

Lopez and Conner tied for first place medalist. Conner won the playoff.



Rachelle Jones (33) dribbles past a Farwell defender as the Lady Lopes battled for the Bi-District title at Floydada last Friday. Joining in the action were Kristen Webb (40) and Kasey Hardin (55). (Photo by Jerry Taylor)



Meagan Mill shoots one of her three-pointers for the Lady Lopes during the Bi-District contest at Floydada last Friday against Farwell. (Photo by Jerry Taylor)



Erin Gregory brings the ball down court for the Lady Lopes at Floydada last Friday in the Bi-District game against Farwell. (Photo by Jerry Taylor)



Davida Gregory sets up for a two-pointer during the Lady Lopes' Bi-District competition last Friday against Farwell in Floydada. (Photo by Jerry Taylor)

PHS golf teams back in action

The Post Antelope Golf Teams opened their 1999 season this past week. The boys played at Colorado City on Tuesday and came home with a first place trophy with a team score of 316. Brooks Conner and Marcus Lopez tied for second place with scores of 74 and Brooks won the second place medal in a playoff. Marcus was third medalist. Jay Gorman, Justin Gorman and Justin Norman all shot 82.

The girls team played this past week-end in the Snyder Invitational. On Friday they played at the Western Texas College Golf Club and shot a team score of 413.

Saturday, they played at the Snyder Country Club in 30 mph winds and a chill factor of 20 degrees. However, they managed to play well and ended up in 6th place out of 11 teams.

Post was the only AA school there. All other participants were from larger schools. Kasey Hardin won medalist honors with scores of 83-78-161. Other Post players were Yvonne Lopez 106-102-208; Miranda Palmer 113-120-233; Camie Payne 111-118-229.

Letters to the Editor

Letters to the Editor Policy: We require all letters to be signed, however, names may be withheld from publication by request. Letters may be edited for brevity, grammar and punctuation.

More lies from the liars

It's just another big lie. For months now we have heard the president and members of Congress bragging about the good job they have done in creating a budget surplus. In fact, the debate now focuses on how to "spend" the surplus.

But on Thursday, Jan. 28, in testimony before the Senate Budget Committee, Federal Reserve Board Chairman Alan Greenspan spilled the beans. There is no surplus at all. In fact, there is a deficit of \$29 billion. According to Greenspan, the so-called "surplus" is the result of taking the excess of contributions of workers to Social Security over that paid out to retirees, which is \$100 billion, and adding it to the \$29 billion deficit to arrive at a \$71 billion surplus.

The truth is, that money belongs in the Social Security Trust Fund as does the \$736 billion already borrowed from the Trust Fund by previous Congresses, as pointed out by Fritz Hollings, Democratic Senator from South Carolina.

As Chairman Greenspan repeatedly told the Senators, that money is needed to keep the Social Security System solvent when the "baby boomers" come into the retirement stream. He stressed that all of the Social Security surplus should remain in the Trust Fund and that Congress must generate "real" (On-Budget) surpluses to pay back the funds already borrowed from the Fund.

Turns out, President Clinton's elation over a "surplus" is just another big lie, and the Congress is likely to let him get away with it.

Jerre G. Kneip, Kerrville

Praising Glen and Mable Voss

I was unable to attend the going away party for Mr. and Mrs. Glenn Voss but I would like to take this time to publicly thank this great couple for all they do in Post. Mr. and Mrs. Voss, I did not know who you were when I first sent out the contribution request from MAD DADS INC.

I did not know who you were when you sent your first contribution in a week later, I did not know who you were until I went to your house to tell you "Thank You" for your support of MAD DADS and the youth of Post, Texas and to give you a small token of my appreciation.

This is when I met you, Mr. Voss. You walked to the door and opened it and I thought that I was going cry. Here was a man that is a World War II veteran, a man that has given so much of his life to fight for something that I never had to fight for Freedom.

A man that walked to the door with a portable oxygen machine to help him breathe. The man and woman that love God so much that they unselfishly give to our organization on a monthly basis. Your gift may seem small to some, but \$10 per month every month helps much more than anyone will ever know this side of heaven. I will never be able to explain how much you have impacted my life by your gift.

(Continued on Page 7)

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Tax 'n Facts

by Terri Cash

Changing Jobs, Changing Retirement Plans

When you switch to a new job, what will happen to your money in the old company's 401 (k) plan? It's your money and your decision.

Too many people just take the cash, unaware of the cost: 10 percent penalty for early distribution, plus income tax on the withdrawal. Better: transfer the money directly to a new IRA rollover account, taking control of the funds while protecting their tax-deferred status. You may be able to move the money to a new employer's retirement plan when you are eligible, thus taking advantage of whatever professional management help is available. Or you may opt to transfer some or all of the money into a Roth IRA. You will owe taxes on the funds you move into a Roth, but if you're young enough- the tax free earnings on the capital will be worth it. Another penalty-free option is a 72 (t) annuity withdrawal.

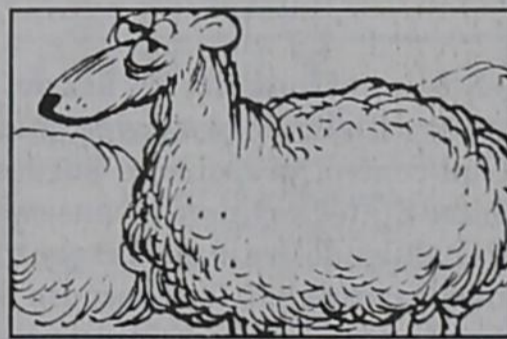
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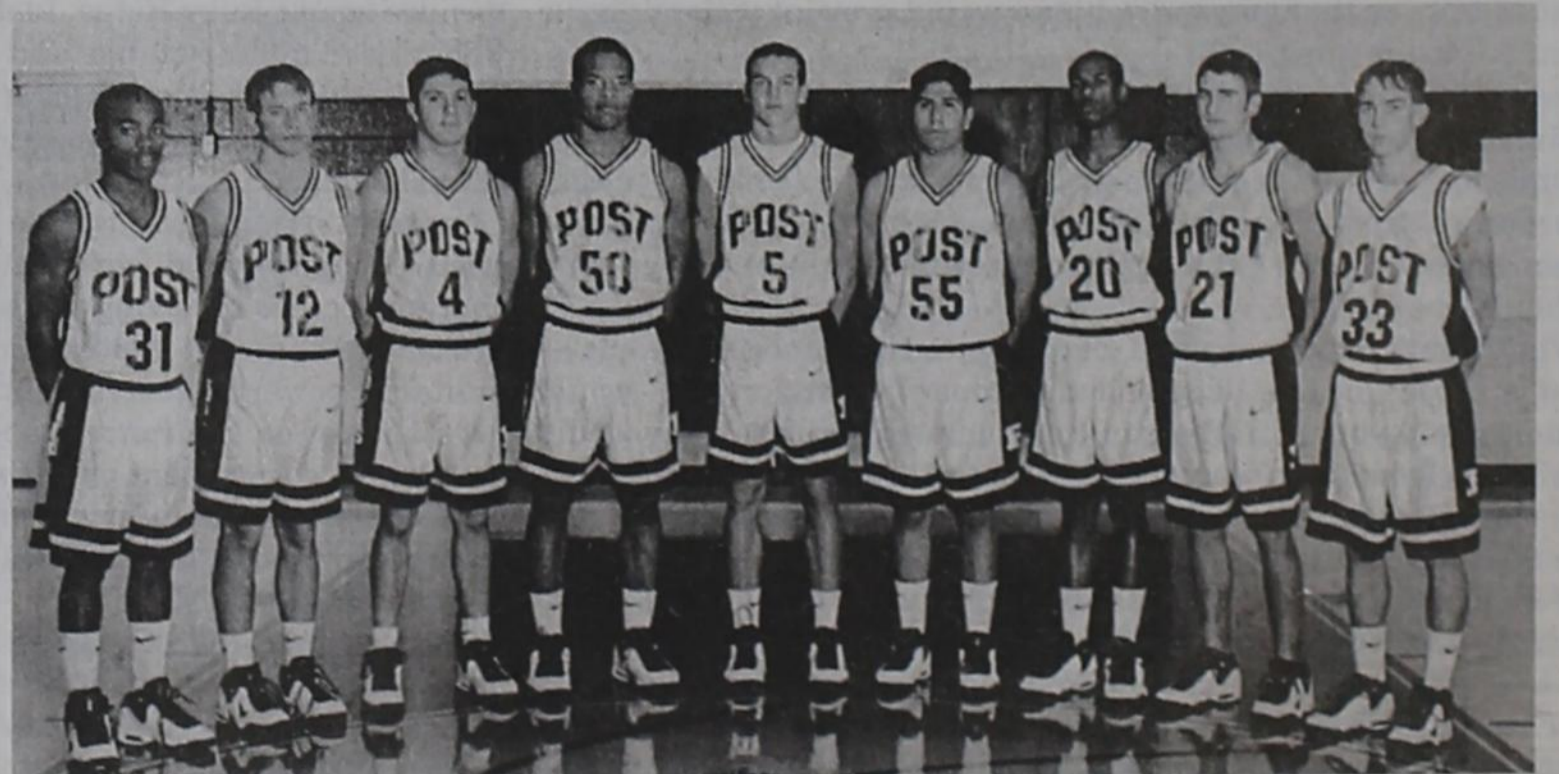
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Post Antelope Varsity - (left to right) Tyrone Jefferson, Daniel Fluitt, Clell Knight, Billy Crawford, Braden Conner, Raul Ortiz, Marcus Sapp, Jay Gorman and Michael Ulm. (Photo courtesy Jerry's Photography)

Riley and Mary Miller

Brent & Jennifer Smith

POST BEVERAGE BARN

Our special thanks and congratulations to Coach Ritchie Thornton for his hard work and dedication!

Effects of unplugging local utility from the power grid

Editor's Note: The following report comes from the electricity industry's Edison Electric Institute.

Early in its development, the electric power system was comprised of separate electric companies that worked independently of each other to serve the electricity needs of local consumers. As more utilities were established and as large generating

plants were constructed to meet increasing electric demand, electric companies discovered the economic and operational advantages of being interconnected.

Interconnection allows utilities and other users to engage in economic power transactions with one another and enhances reliability by providing additional capability and back-

up power paths for emergency situations. How electricity providers work together in this interconnected system also enhances the reliability of electric service.

As part of an integrated system, companies have traditionally honored a code of mutual assistance. They rely on each other for help in restoring service in their area dur-

ing outages caused by hurricanes, earthquakes, or other unforeseen circumstances. This assistance ranges from sharing power reserves when lines go down, to sharing work crews, equipment, and other resources to speed up power restoration.

The electric transmission grid consists of more than 672,177 circuit miles of lines. America's electric utility companies spend almost \$8 billion annually maintaining these vital power links to consumers. While the existence of an interconnected grid enhances reliability and lowers costs for consumers, the special properties of electricity make ongoing communication and close coordination in operations essential.

First, electricity cannot be directed down any specific path; it flows through any connected route that lies in front of it, following the path of least resistance. Second, electricity cannot be stored and must be produced at the moment it is needed.

Consequently, it takes a high measure of coordination among all companies to ensure that power flows remain in balance to meet electricity needs and that electricity reaches the final consumer at the precise moment that is needed.

This coordination is provided by operators in control centers around the country who are in constant communication by telephone and through highly sophisticated computer systems.

<http://www.eei.org/Industry/structure/power5.htm>

Congratulations J.V. 'Lopes



Post Antelope Junior Varsity Lopes - (left to right) Allen Bell, Brandon Massey, Roland Castaneda, Jay Waylon Strawn, Hector Reyna, Mikey Gonzales, Miguel Torres, Rene Mendoza, manager Josh Cowley and coach Billy Kelso. (Photo courtesy Jerry's Photography)

**Mike & Eva
Gonzales**

**Greg & Judy
Massey**

Congratulations 8th Grade Boys



Post 8th Grade Boys Basketball Team - (back row, left to right) Brody Robertson, Tye Mason, Darryl Dissenger, Noah Gutierrez, Brice Easterling, Kenny Ratke, (front row) Lance Curtis, Manuel Saucedo, Bryan Looney, Eric Alaniz and Brandon Bell.

**Noah & Rosa
Gutierrez**

**Kenny Ratke &
Family**

Congratulations 8th Grade Girls



Post Antelope 8th Grade Girls - (back row, left to right) K'Leigh Babb, Regina Collazo, Martina Gibson, Nicole Gray, (middle row) Jessica Mason, Niebes Marin, Tiffani Hair, Amanda Workman, (front row) Keila Rodriguez, Paige Lott and Kyzandre Harper.

**A&T Feed
Roger & Cathy Hair**

**Bee Hive
Brad & Penny
Mason**

JDC security

(Continued from Page 1)

"In reviewing the basic security design of the facility, the composition of the security hollow metal and the integrity of the security hardware, I believe all are secure in fact and in design and the architectural integrity of the security hollow metal and security hardware are reliable as proven in these test results," she said.

The escape which prompted Parkey's comments occurred earlier this month. Information obtained from a call sheet at the Garza County Sheriff's Department indicates the youth, who is 15 or 16 years of age, used a bar of soap to open the back door of the detention center. He climbed the fence and made it outside the perimeter of the facility but was apprehended within the hour.

A total of four escapes have occurred at the Garza County Regional Juvenile Detention Center since its opening in October 1997.

DWI charges keep deputies busy

Fourteen individuals were booked into the Garza County Jail over the past week, according to records at the sheriff's department.

A 20-year-old male was booked Feb. 16 on a commitment (released the next day) and a 45-year-old man was jailed Feb. 17 after being picked up for driving while license suspended, DWI indictment and a warrant (released the next day after his original DWI bond was raised to \$10,000 and after posting a \$1,500 PR bond on the DWLS charge).

Three were jailed Feb. 19, including a 39-year-old male and a 21-year-old male, both on commitments (each was released Feb. 21). Also jailed on that date was a 45-year-old female picked up on a warrant (released the same day on a PR bond).

A 27-year-old man was detained Feb. 20 after being arrested for DWI (released the next day on a \$1,500 bond) and a 25-year-old man was jailed Feb. 21 for driving while his license was suspended (released the same day on a \$1,500 bail bond).

Five men, ages 35, 36, 24, 29 and 25, were detained Feb. 22 and held for pick up by the Border Patrol (released into Border Patrol custody that same day). Two other arrests were made by local officials on that date, including that of a male (age not listed) for possession of marijuana, under two ounces, and driving while license suspended (released the same day on a pair of \$1,500 bonds), and a 42-year-old female picked up for DWI.

Dispatchers handled about 70 calls for service during the past week.

Those calls included, on Feb. 17, a report of juveniles drinking alcoholic beverages at Two Draw Lake.

Incoming calls on Feb. 19 included a report of juveniles on the highway about 6.5 miles west of Post on 380; a hit-and-run accident in a North Broadway business parking lot; and a gasoline drive-off on South Broadway (\$5 worth of gasoline reportedly taken).

Calls received on Feb. 20 included a report of gunshots being fired in the 100 block of East 7th; a terroristic threat (no address or details recorded); a dumpster on fire in the alley in the 700 block of West 4th (fire department called out); a railroad crossing rail down at Hwy. 380 and the railroad tracks; a gasoline drive-off at a South Broadway business (\$10 worth of gasoline reportedly taken); and an individual riding a bicycle on the track at the high school.

On Feb. 21, another report of a drive-off, this one at a South Broadway store, was received (\$6.10 worth of gasoline reportedly taken).

Wrapping up the week were a report of possible poachers in the Grassland area on Feb. 23; telephone harassment in the 600 block of North Avenue P; a reported theft of a game rooster and hen in the 100 block of Ridge Road; and a report of a train blocking CR 235.

Letters to the Editor

(Continued from Page 6)

And you will never know this side of heaven how many people you have helped with that gift. I know that with everyone working together, we are able to do everything we put our mind to. I also know that with Christ all things are possible. Mr. and Mrs. Voss, I want you to know that you will be missed in Post, Texas.

I know that the town you move to will be blessed by having you there. God Bless you and I thank you so much for believing in MAD DADS INC. Post, Texas Chapter, without people like you we would not be able to do the things we do in Post. You helped many young people find the Lord and the help they needed through the Teen Center.

You helped 8 older folks find help at Managed Care drug detox in Lubbock in 1998. You helped change people's lives by giving up drugs and finding Christ as Lord. You helped keep our street patrol program going. You helped keep the Teen Center open year around.

You helped give direction to young people that are going through rebellion. You helped older people find direction during their rebellion. You helped bring the first Fourth of July Celebration to Post in 3 years during 1998.

I can not tell you all the things you helped with last year by your gift each month. Thanks again and we will be praying for both of you. God bless and good luck on your move.

Rodney Tidwell, Chapter President MAD DADS INC.

Questions high water rates

The Post city officials want to put the blame for the huge water rate increase all on White River. City officials say it will take \$20.25 per meter to pay for water purchased monthly from White River.

Post will pay \$1.45 per thousand gallons when the new rates take effect. The basic 3,000 gallons will cost the city of Post \$4.35, while the city plans to charge consumers \$20.25 for 3,000 gallons.

This is an increase of 465 percent by the city. If Post set the basic rate at 10,000 gallons instead of the current 3,000 gallons, the city would still receive \$5.50 profit per meter per month.

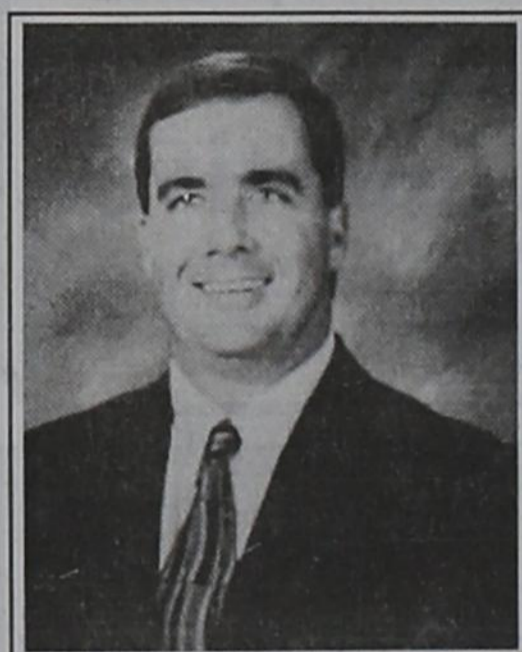
If the basic rate pays for all water purchased each month from White River, then we are being charged twice for all water over 3,000 gallons. name withheld by request

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Sonic Drive-In Proudly Presents our Teacher of the Week



Meet:
**Ritchie
Thornton**

Ritchie Thornton and his wife Shannon are the parents of eight month old Payton. Ritchie is a Texas Tech University graduate with a Bachelor of Arts degree in communications. He teaches English, health and physical education. He enjoys watching sports on t.v., water and snow skiing and spending time with his family.

Sonic Drive-In proudly sponsors "Teacher of the Week" and offers a FREE meal at Sonic to the Teacher of the Week.

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Card of Thanks

We would like to thank everyone for the kind support and love that we received with Ruben and Gloria Gonzales. The Gonzales Family

How blessed we are to live in an area where people are so caring in time of need. Your support has really helped us through the loss of Lala Pennington, our mother, grandmother and sister. Our humble thanks to the many who sent food, flowers, memorials and cards.

You shared our loss with your visits, phone calls and attendance at her funeral.

Special thanks to soloist, Anna Wilson and to pianist Margie Maestos for the beautiful music, and to Clayton for the loving tribute he gave his step mom.

Golden Plains Care Center provided many months of good care for our loved one and we thank them for that. God bless each of you.

The family of Lala Pennington

Personals

Post Independent School District invites the Senior Citizens of the district to come by the Superintendent's office and receive a gift of a complimentary general admissions pass that will admit you to all school functions. (You will be asked to present identification so that a pass can be issued in your name).

Post Group of Alcoholics Anonymous
Meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday of the month, which is an open meeting. Door opens at 7 p.m. and the meeting starts at 7:30 p.m. cake and coffee following the meeting. Anyone who wishes to talk or ask about an alcohol problem, call 495-4152, 495-4185 or 629-4393.

Services and Repairs

MEDICARE FOLKS

Tired of buying expensive breathing medicine for asthma or emphysema? Medicare will pay! call FREE- 1-800-854-9223. No HMO'S please.

Help Wanted

Energetic Sales Clerk- Computer/electronic hook-up experience a PLUS. Apply by February 28, at Radio Shack, 122 West Main, Post. Call 495-4567.

Apartments for Rent

Century Heights and Windmill Apartments in Slaton. One and two bedroom available. Call for our move in special. 806-828-3866.

Charitable Fund Raising

Holy Cross Catholic Church will start their fish fry again, Friday, February 19. The time will be 5:30 pm and you can call 495-0281 for take out. Plates will be \$5.

Mobile Homes for Sale

Abandoned mobile homes! EZ financing, call 800-830-3515.

Mobile home on two lots. Call 495-4003 or come by 516 West 5th.

Homes for Sale

For Sale: House on single lot to the highest offer. Call 495-3057.

Three bedroom, two bath, two car garage brick home. Central H/A excellent condition. 703 N. Ave O. 405-2888 or 495-2467.

Two bedroom, one bath, new carpet, new paint inside and out. 802 W. 11th. Call pager 761-5928. \$25,000 or best offer.

House for sale or rent in Lubbock. 3/2 brick, central H/A, 1600 sq. ft. Call 495-2077.

Small house for sale. 206 West 14th St. Call Sonia at 495-2605.

Large house, 3br/2bath, double carport with storage room. 495-3384.

By owner: Three bedroom two bath, living room, dining room. Two car carport, lovely backyard with large patio and storage building. Located at 616 West 7th. Call 495-4547 or 495-4026.

Miscellaneous for Sale

New unassembled steel building. 1-10,000 sq. ft. was \$40,000 - will sell for \$29,000; 1-6,000 sq. ft. with warranty/plans Don 800-292-0111.

Affordable Health Insurance for the self-employed. 1-800-720-0434

Garage Sales

Saturday, February 27, 10 am till 1 pm. 407 N. Ave. H.

Pets and Supplies

To give away to a good home, black lab, full blood. Good with children. Call 495-2249.

Feed & Seed & Livestock

Hay hybrid sudan, round bales. Call 806-983-2969 or 806-983-2724.

Priced to sell: Three bedroom, two bath brick in good neighborhood. Carport and storage shed. Call 495-2504 or 495-3050.

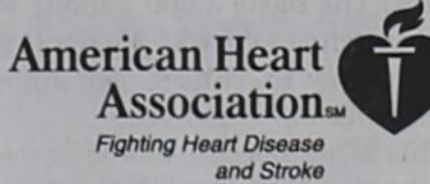
Goats for sale. Call 806-495-3937.

Vehicles for Sale

1985 Ford pickup, Bargain! 495-3545, Monday - Friday 8:00 am - 5:00 pm.

For sale: 1990 Chevy pick-up and 1990 Mercury Cougar. Call 495-2960.

1988 Oldsmobile Cutlass Sierra station wagon, dark maroon, runs good, dent on passenger door, \$3000. Call 629-4393.



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Farmers and Ranchers
1998 flatbed GMC, 6.5 turbo diesel, 36 ft. goosneck dolly, fully equipped like new. Call after 6:00 p.m. 806-828-6991.

Legal Notices

Notice to Bidders

South Plains Community Action Association (SPCAA), in Levelland, Texas, on behalf of approved applicants, under its HOME/WAP Program, is soliciting bids for the rehabilitation of certain homeowner dwellings. Interested contractors may obtain bid documents at South Plains Regional Housing Authority (SPRHA) 1611 Farm Rd 300, Levelland, Texas 79336 and Garza County Multi-Service Center, South Hwy 84, Post, Texas 79356, for the following project locations: 612 South Ave H, Post; 116 W 5th, Post; Sealed bids will be opened at 10:01 a.m. on February 26, 1999 in the SPRHA 1611 Farm Rd 300, Levelland, TX SPCA and/or the homeowner reserves the right to refuse any and/or all bids. All qualified bidders will receive consideration for award of contract without regard to race, color, creed, sex, religion, national origin, mental or physical disability, marital status, parenthood, or age. For additional information, contact Henry Tarango at (806) 894-4560.

Legal Notice

Application has been made with the Texas Alcohol Beverage Commission for a Wine only package store permit and a beer retail dealer's off premise licence permit by Warren Gerald Reynecke DBA Post Beverage Barn, to be located at Hwy. 380 East, north side, one mile east of intersection F.M. 207, Post, Texas, Garza County.

Notice to all persons having claims against the estate of Nona Lusk, Cause # 1690 Garza County, Texas

Notice to all persons is hereby given that the original letter of independent administration upon the estate of NONA LUSK, deceased, was issued to the undersigned on the 18th day of February, 1999, in the proceeding indicated below my signature hereto, which is still pending, and that I now hold such letter. All persons having claims against said estate, which is being administered, the county below named, are hereby required to present the same to me respectively, at the address below given, before suit upon

same are barred by the general statutes of limitation, before such estate is closed, and within the time required by law. ADELE WAGHORN may be notified, 101 Beautybush Trail, Georgetown, Texas 78628; Mike Crocker, 14950 Sword Dancer Ct., Morgan Hill, Ca 95037 or in care of their Attorney; Preston Poole, 311 W. Main, P.O. Box 296, Post, Texas 79356. Dated: February 18, 1999 Adele Waghorn Co-Independent Executor Cause # 1690NONA LUSK, Deceased Mike Crocker Co-Independent Executor

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- Lake Alan Henry - home on 1 acre, 5 min. from boat dock.
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Mike and Wanda Mitchell - 495-3104
495-5515
495-5146

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NEW LISTING! Cute 2 BR, 1 bath, carpet, ceiling fans, nice location, priced to sell. A great investment property - call for details. 119 South Avenue Q.

CHECK OUT THE PRICE! 2 BR, 1 bath + small office area. Recently carpeted and painted. Fenced backyard. 505 W. 13th.

A DOLL HOUSE! 2 BR, 1 bath with carpet and panelling, central H/A. Detached garage with utility area. Exterior of house and garage recently painted. 814 W. 11th.

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DRIVER - SOLOS START up to 36¢/mile. Teams up to 38¢/mile. \$10,000 longevity bonus. Approval! Must be 23 with six months OTR experience. Vernon Sawyer. 1-888-829-9565.

DRIVER/OTR - A NEW approach to O/O's! \$700 sign-on. Paid: tolls, permits, cargo & liab.

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ACROSS

- 1 Lady Bird's real init.
- 5 woodwind in the Houston Symphony
- 6 glove for Rangers' "Pudge" Rodriguez
- 7 TXism: "got ___ of arrows in his quiver" (capable)
- 8 Tom Landry was an All-Pro cornerback for this team
- 18 TX judge Crier's first TV network
- 19 reservoir in Coke Co.
- 21 TXism: "___ got his spurs tangled" (fell)
- 22 Rock Hudson's character in "Giant"
- 23 TXism: "busier than ___ in a boom town"
- 24 Dale Evans' town
- 29 TXism: "___ his pall bearers the slip" (recovered)
- 30 TXism: "nip ___ the bud"
- 31 direction to Houston from Zapata
- 32 Paris, TX has Chili du ___ Cookoff
- 33 TXism: "a sight for ___ eyes"
- 34 Cowboys' announcer Sham
- 35 on Buchanan & Inks lakes: Buchanan
- 36 TXism: "has to ___ a mirror to fix her hair" (homely)
- 38 San Antonio AM
- 39 TXism: "couldn't ___ less"

- 40 TXism: "useless ___ a sow"
- 42 Bobby of film "State Fair" made in Dallas
- 43 this Jack was in "The Texas Wheelers"
- 44 pig sound
- 45 Valley veggie
- 46 Denton's famous outlaw Bass (init.)
- 47 TXism: "in a heap ___ (big problems)"
- 49 students learning gauge

- 50 TX Swayze fights troops in "Red Dawn" (84)
- 51 King Ranch manager Kleburg in Brewster Co.:
- 52 ___ Egg Mountain head of JFK Warren Commission (init.)

DOWN

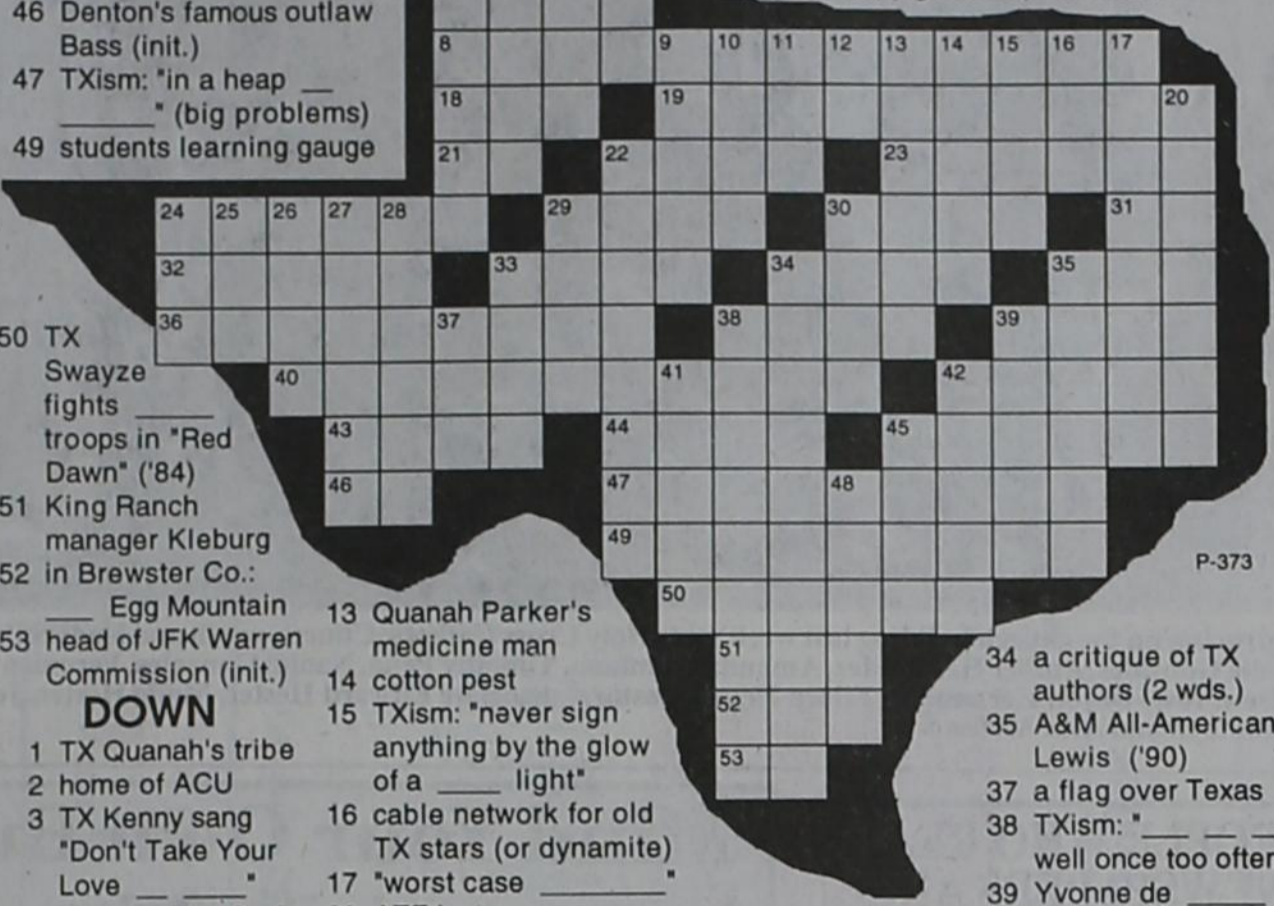
- 1 TX Quannah's tribe
- 2 home of ACU
- 3 TX Kenny sang "Don't Take Your Love ___"
- 4 pier into the Gulf
- 9 TX Duvall's Oyl
- 10 Waco's "The Great TX Raft ___"
- 11 political party of 1st female in TX legislature ('22)
- 12 Rice won this College Bowl in '66

The Original

TEXAS CROSSWORD

by Charley & Guy Orbison

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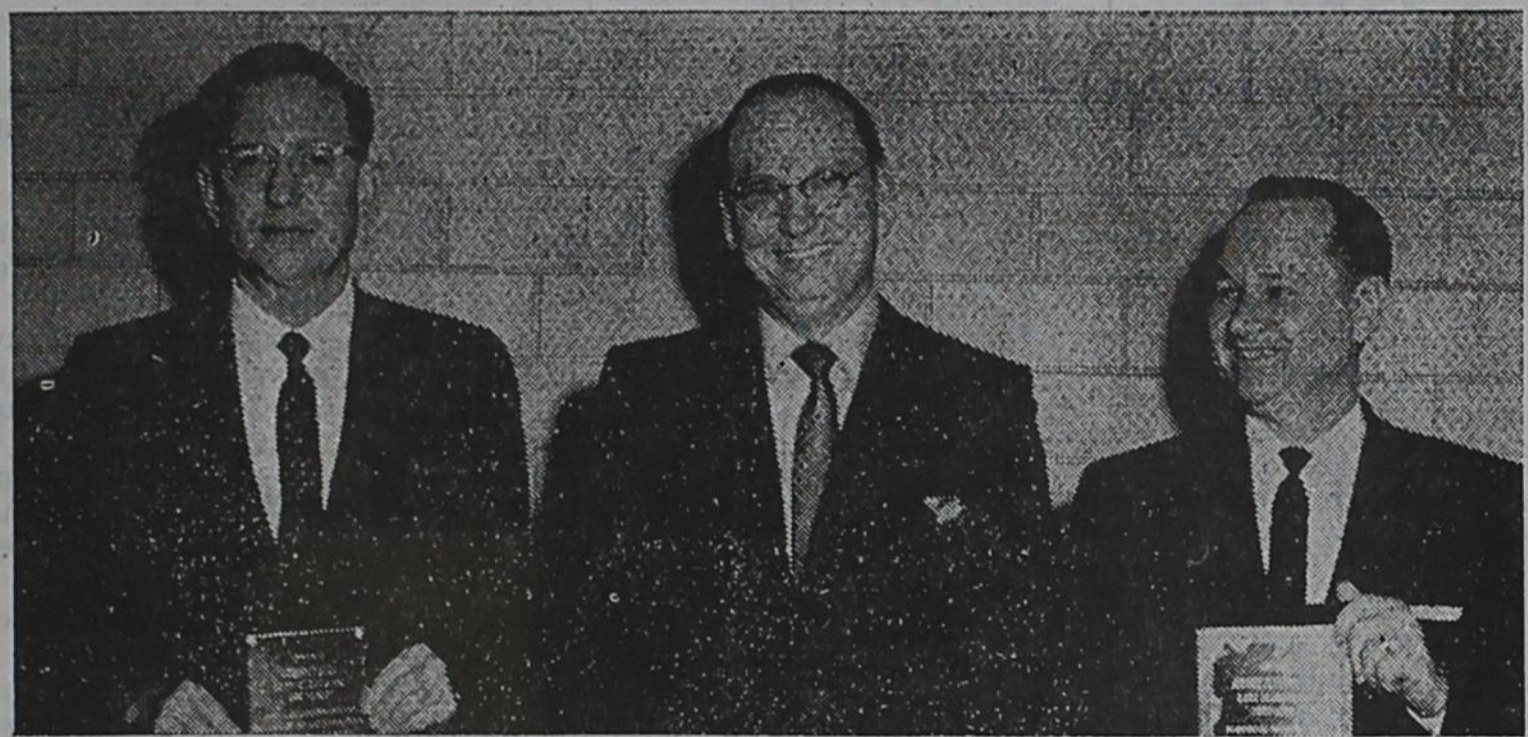
- 13 Quannah Parker's medicine man
- 14 cotton pest
- 15 TXism: "never sign anything by the glow of a ___ light"
- 16 cable network for old TX stars (or dynamite)
- 17 "worst case ___"
- 20 ATF lost
- 21 ATF cult raid near Waco
- 22 TXism: "nail his hide to the ___"
- 24 "___ and downs"
- 25 TX pianist Cliburn
- 26 Hill Country Natural ___
- 27 TXism: "worth his weight in oil ___"
- 28 in Bowie Co. on 82
- 29 TX Waylon's "___ Hearted Woman"
- 30 OPEC oiler
- 33 Austin potted meat festival: "___-gram"
- 34 a critique of TX authors (2 wds.)
- 35 A&M All-American Lewis ('90)
- 37 a flag over Texas
- 38 TXism: "___ well once too often"
- 39 Yvonne de ___ starred in film about 46-across
- 41 "___ little joke"
- 42 TXism: "___ on" (apply it)
- 45 TXism: "___ as a bug's ear"
- 48 essential ingredient in TX chili



OUTSTANDING CITIZEN AWARDS

Mayor James L. Minor and Mrs. Walter Boren received award plaques at Friday's Chamber of Commerce banquet upon their selection as the community's "outstanding man" and "outstanding woman" of 1958. The awards presentation is an annual affair.

From The Post Dispatch, Feb. 19, 1959



EX-COUNCILMEN ARE HONORED

Ex-city councilmen Robert Cox (left) and Arnold Parrish (right) were awarded City of Post appreciation plaques at the recent Chamber of Commerce banquet for their service on the city council. The presentation was made by City Councilman Bob Collier (center).

From The Post Dispatch, Feb. 20, 1969

Yesteryears

by Pat Burnett

**Feb. 22, 1989
10 Years Ago**

Army Reserve Pvt Kevin B. Crispin, son of Judy Bush of Post, completed an Army motor transport operator course while completing his recent basic training at Ft Dix, New Jersey.

Myrtle Baker and Pete Baxter were crowned queen and king when Twin Cedars Nursing Home celebrated Valentine's Day with a party on February 14.

Beta Sigma Phi's annual Valentine dance was highlighted Friday with the crowning of Mrs. Burney Francis as sweetheart for 1959.

**Feb. 22, 1979
20 Years Ago**

Mr. and Mrs. Joe Williams spent Sunday visiting in Brownfield with the Auvy McBride family. Also visiting that day were David McBride and Margie Sullivan of Lubbock.

Mr. and Mrs. Ben Benton spent Friday night with her mother, Mrs. Innis Thuet en route to their home in Irving. The Bentons' were concluding a two-week vacation which took them to El Paso, Las Vegas, Colorado, Utah, Arizona and New Mexico.

Birthdays today are:

- Feb. 22
Pamela Reynolds
Richard Jones
David Nichols
Maritta Reed
Jerry Hays
Pat Sullivan
C.C. Claborn
Dennis Yarbrow
Weldon Horton
Darrell Ray Norman, Jr.
Vicki Sue Bilbo
Willie Ruth Fry
Kenneth Smith
Kathleen Zachary
Felix Reyna
Diane Guitierrez
A.D. Sparlin, Jr.

**Feb. 20, 1969
30 Years Ago**

The Graham Home Demonstration Club voted to buy a membership in the Community Center. The Do - Little Club met 1 a s t week in the home of Shirley Young and enjoyed a Valentine party.

Mr. and Mrs. Tommy Young are the parents of a daughter, Terry D'Lynn, born at 5:45 a. m. Monday, Feb. 17, at Mercy Hospital, Slaton, weighing 8 lbs., 5 ozs.

Charley Williams Sr. was honored with a retirement dinner at The Carriage House in Lubbock Tuesday night, hosted by Mr. and Mrs. S. M. Young.

Airman First Class Leslie G. Davis has been graduated from a U. S. Air Force technical school at Lowry AFB, Colo.

**Feb 19, 1959
40 Years Ago**

Terrell Brown, Mrs. J. W. Brown and Mrs. Albert Anders of Brownfield, left Monday for Gorman to visit with their brother, Ben Keith, who is ill there.

Mr. and Mrs. Jack Schmidt and family of Knox City spent the weekend with his parents, Mr. and Mrs. H. W. Schmidt and Susie Jo. Visiting this week in the T o m Johnson home are their grandsons, Sandy and Tommy Johnson of Brownfield.

Mrs. T. R. Hibbs spent last week in Andrews in the home of her son,

T. R. Hibbs Jr., and family. Mrs. Lola Hays spent Sunday in O'Donnell with Mr. and Mrs. Clyde Childress.

Sunday guests of the Rev. and Mrs. Graydon Howell were Mr. and Mrs. Clara Ichterz of Shallowater.

**Feb. 24, 1949
50 Years Ago**

Mr. and Mrs. Noah Stone previewed the new 1949 DeSoto in Dallas on Monday. They returned to Post Tuesday afternoon.

Mrs. H. A. "Red" Karpe, who recently underwent major surgery in a Lubbock hospital, was brought to her home here Saturday and is doing nicely.

Mr. and Mrs. Perry Graham and son, Tommy Frank, who are former Garza residents but for

the past several years have been making their home at Bluff Dale, have returned here to make their home.

Daniel Rockwell of Detroit, Mich., visited Mr. and Mrs. Wallace Barnett Monday and Tuesday. He is en route home after a trip to Mexico City. He has been visiting Navy Buddies in various places while on this trip. He and Wallace were in the construction battalion in the Navy.

Mr. and Mrs. W. T. Cook spent last weekend in Denison visiting their daughter, and family. They bought a new Buick while there.



August Wedding Planned by Craig, Buschmann

August Wedding Planned by Craig, Buschmann
From The Post Dispatch, Feb. 22, 1989

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Please send your resume with salary requirements to:

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4117 Hillcrest Plaza
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Lunch Menus

Trail Blazer

Friday, Feb. 26, 1999

Turkey and dressing, green beans, salad, sweet potatoes, hot roll and apple cobbler.

Monday, March 1, 1999

Salmon patty, macaroni and cheese, mixed vegetables, salad, cornbread and chocolate pudding.

Tuesday, March 2, 1999

Meatloaf, corn, green beans, coleslaw, hot roll and jello salad.

Wednesday, March 3, 1999

Burritos, rice, squash casserole, salad, tortilla chips and dessert.

Thursday, March 4, 1999

Roast beef, sweet potatoes, green beans, onion/beets, hot roll and pineapple gelatin.

Post ISD

Friday, Feb. 26, 1999

Breakfast: Cereal, toast, fruit and milk.

Lunch: Fish, macaroni and cheese, peas, carrot sticks, fresh apple, hushpuppies and choice of milk.

Monday, March 1, 1999

Breakfast: French toast sticks, sausage links, fruit and milk.

Lunch: Chicken nuggets, gravy, whipped potatoes, green beans, hot rolls, pudding and choice of milk.

Tuesday, March 2, 1999

Breakfast: Cinnamon toast, sausage, fruit and milk.

Lunch: Tacos, pinto beans, lettuce and tomato, cobbler, corn bread and choice of milk.

Wednesday, March 3, 1999

Breakfast: Oatmeal, toast, bacon, fruit and milk.

Lunch: Pizza, salad, corn, Reese's Cup and choice of milk.

Thursday, March 4, 1999

Breakfast: Breakfast taco, fruit, orange juice and milk.

Lunch: Enchiladas, Spanish rice, pinto beans, salad, peaches and choice of milk.

Southland ISD

Friday, Feb. 26, 1999

Breakfast: Cereal, toast, juice and milk.

Lunch: Fish fillet, macaroni and cheese, corn, roll, fruit salad and milk.

Monday, March 1, 1999

Breakfast: Oatmeal, toast, juice and milk.

Lunch: Cheese burgers, salad fixings, French fries, peanut butter cookie and milk.

Tuesday, March 2, 1999

Breakfast: Eggs, bacon, biscuit, juice and milk.

Lunch: Chicken strips, gravy, mashed potatoes, corn, roll, cake and milk.

Wednesday, March 3, 1999

Breakfast: Cheesetost, hashbrowns, fruit and milk.

Lunch: Tacos, salad, beans, pineapple upside down cake and milk.

Thursday, March 4, 1999

Breakfast: Donuts, sausage, juice and milk.

Lunch: Baked potato with all the trimmings, California vegetables, salad, roll, banana pudding and milk.

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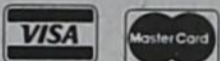


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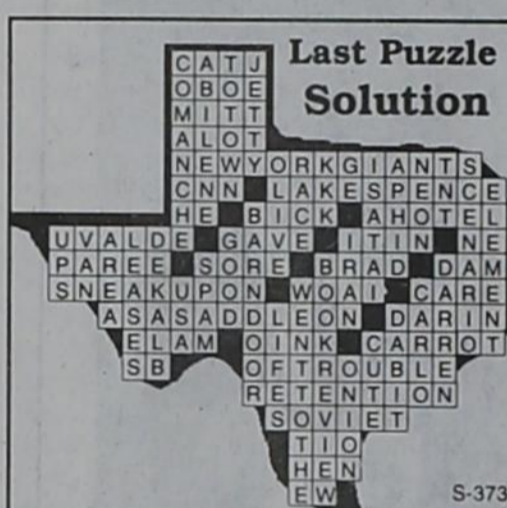
Rebate available on La-Z-Boy® recliner purchases between 2/10/99 - 3/15/99. Rebate request must be received by 6/1/99. See sales person for an official rebate form. * See store for details



Sprucing up the church building last week were Holy Cross Catholic Church youth and leaders (back row, left to right) Julie Gonzales, Amber Hernandez, Amanda Quintana, Timothy Peña, Naomi Gonzales, Veronica Peña, Chris Morales, (front row) Devon Hernandez, Eileen Hester, pastoral associate Edward Hester, Malia Hester, Jeremy Ayala, Stephen Montoya and Alex Moreno.

PEOPLE WHO READ NEWSPAPERS ARE

BETTER LEADERS AND BOSSES



Mind Your Own Business

by Don Taylor

(Last of a two-part series)

Last week in the first part of this series we listed 10 important traits of successful people. This week we'll add 10 more. Please share them with your friends, family and associates. More powerful traits. Successful people are quick to praise others. Will Rogers said, "Get someone else to blow your horn and the sound will carry twice as far."

They learn from each mistake and failure. They press on knowing that they are now better equipped to accomplish their goals. Successful people are quick to praise others. Will Rogers said, "Get someone else to blow your horn and the sound will carry twice as far."

Successful people give credit when credit is due, and they are quick to praise others when praise is deserved. Successful folks are competitive. No, you don't see them running around the office giving high-fives to associates.

They don't boast of their victories and they can lose with grace. But, they love to win and will work hard to do so. Successful men and women build strong relationships. Business is too tough and careers are too short to go it alone. You need friends. Make friends today and reap the benefits tomorrow.

Successful people avoid compromise. A good compromise is a poor solution. Compromise by definition is a situation in which two parties both give up something to reach common ground. A compromise is a lose-lose decision. Yes, I know this is how we get business done in government.

But do you really want to emulate our government's success in your personal life or business? I didn't think so. Successful folks are non-conformists. They are not afraid to be themselves even at the risk of being perceived as different somehow.

Your success is not tied to dying your hair pink, wearing sandals in the snow and eating warm watermelon rind. You have room to be yourself - to be different - without becoming weird and radical. Successful men and women are loyal. You are not loyal just because you show up for work every day - that's self-interest.

You are not loyal just because you do what your boss demands - that's job security. Loyalty is a success trait based on mutual trust, expectations and goals. Loyal people are loyal in both directions - up and down. Successful people are focused on improvement. Shakespeare wrote, "Happy are they that can hear their detractors and can put them to mending."

Who you are today matters little compared to who you will become before this life is over. You do not get to choose your beginning, but you can choose your ending. Successful folks know how to say no. There are times when "no" is the only acceptable answer. W. Clement Stone, founder of Combined Insurance, found four causes of failure in his sales force.

They were: illicit sex, alcohol, deception and stealing. A drinker becomes a drunkard drink by drink. A liar degenerates lie by lie. We become successful "no by no" when it comes to improper sex, alcohol and drugs, lying and stealing. Successful people neutralize negative feelings with action.

They don't brood, feel sorry for themselves or drown in their own pity. Instead, they take positive action. What you do is more important than how you feel and what you say. Actions truly speak louder than words.

You don't get to choose the cards you are dealt in life, but you can decide how you play them. There you have my twenty shortcuts. Will you step on the escalator of success? Or, are you content to toil slowly up the stairs. The choice is yours.

(Don Taylor is the co-author of *Up Against the Wal-Mart's*. You can reach him at *Minding Your Own Business*, PO Box 67, Amarillo, TX 79105.)

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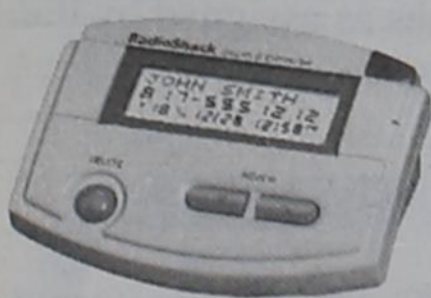
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 3-in-1 remote with lighted keys

Volume and channel keys glow in the dark. Controls TV, VCR and cable box. Mute button. reg. 14.99, #15-1930 Requires 2 "AAA" batteries



Getting Ready for Y2K

Editor's Note: These articles are prepared by members of the First Baptist Church and are intended to assist people in preparing for emergency situations that may result from unpredictable outcomes related to the "Year 2000" changeover.

What could be the effects of Y2K on the nation's infrastructure? The following is taken from an article entitled "Examining the Risks of the Year 2000" that was the cover story of the January, 1999 issue of "Chemical Engineering" written by Dennis Grabow of The Millennium Investment Corp.

"... there are serious concerns about the nation's infrastructure. The electrical grid and telecommunications systems are especially vulnerable to Y2K problems, because of their reliance on microprocessors and microcontrollers.

In an April, 1998, report for state public utility commissions, the National Regulatory Research Institute (NRRI) raised concerns about the readiness of utilities, especially electric utilities, to handle the date change.

Nationwide, there are approximately 7,800 or so utilities and power suppliers across the country, each with thousands of embedded systems to verify. What's more, the power supply in North America is dependent on an intricate chain of millions of lines that have to be inventoried individually, assessed and fixed.

The distributed nature of the electric power industry also means that overall success depends on the collaboration and pooling of efforts by thousands of players. For example, power flowing from a plant may not reach its intended destination if a faulty switch or relay trips up the transmission and distribution system.

And the efforts of a local utility to fix its own Y2K problem could prove futile if its own power supplier, typically a larger utility, fails to do the same.

This week's suggestion: Contact your local utility and ask them about their level of preparedness and the preparedness of the links to their systems. As stated last week, being prepared for blackouts or brownouts is smart.

Last week we addressed emergency lighting. You might also want to make preparation for emergency heating. Remember that it will be winter time; have extra blankets, coats, hats, and gloves to keep warm.

If you have decided to buy a generator, you need to consider how or if that will be used for generating heat. A fireplace is a good heat generator. Be sure that you have lots of wood on hand.

If you have a gas fireplace, look into whether or not it can be converted to burn wood. If you decide to use an alternative-heating device like a liquid-fueled heating device, be sure it is approved for use indoors.

Fumes from some types of stoves or heaters can be fatal so be sure you use these devices as instructed and in well-ventilated areas.

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