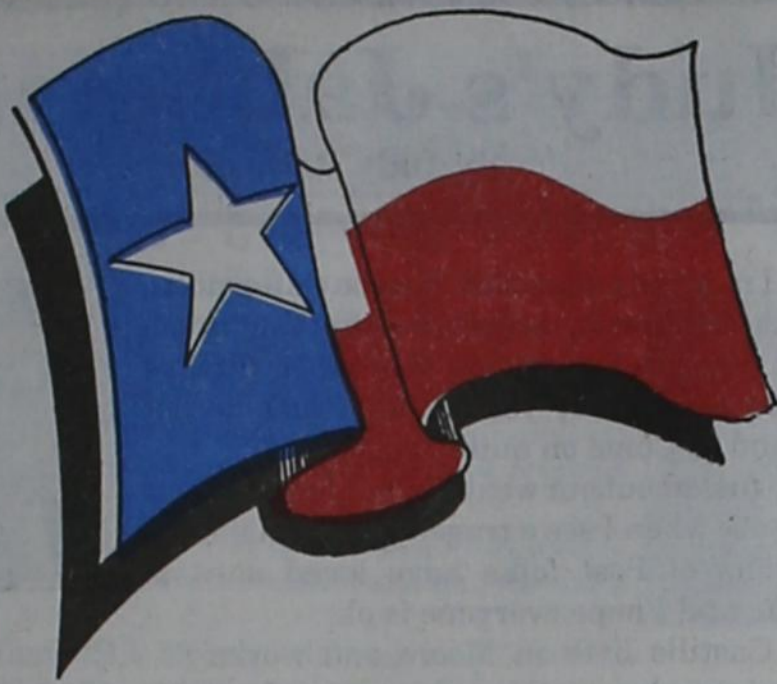


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The Post Dispatch

73rd Year Number 49 USPS 439-620 Home Delivery 50 cents © 1999 The Post Dispatch Thursday, May 6, 1999



New faces take seats on GHD

by Wesley W. Burnett

A total of 715 voters cast ballots in the Garza Hospital District election, choosing Carol Davies Tobias, Charles Propst and Zoe Kirkpatrick to serve as directors. Incumbents Jack Alexander and David Nichols, along with challengers Bertha Fuentes and Danny Guthrie, were defeated in the election.

Tobias led the seven candidate list with 348 votes, followed by Propst with 333 and Kirkpatrick with 330. Fuentes followed with 301, Nichols with 293, Alexander with 274 and Guthrie with 211.

In early voting balloting, Kirkpatrick tallied 180, 163 went to Nichols, 162 for Alexander, Guthrie got 79, Tobias garnered 71, Propst picked up 68 and Fuentes collected 49.

The newly elected GHD board of directors will take office at the Thursday, May 6 special meeting, scheduled for 9 a.m. at the GHD board room at the old hospital building. The three elected Saturday will join incumbents David Tyler and Mike Travis.

Tobias issued this statement, "I am humbled by the confidence the people have placed in me. I will do my best to represent them and obey the laws while on the Garza Hospital District board. I welcome input from anyone."

Propst had this to say, "The big issue here was the people holding a vote to see whether or not they want to have a hospital district or not. If they decide they want to keep it, suits me. I can work with that. If not, I can work with that too. I'm working for the people, not for myself. I've had a lot of input from people.... I'm for the voters. So just get in touch with me."

Kirkpatrick was unavailable for comment.

In April 1969 a total of 582 voters cast ballots to establish the hospital district... 380 voted for and 202 against.

911 calls for ambulance routed to answering service

When the Garza Family Health Center scaled back its hours of operations last weekend, City/County Ambulance Service, calls are now being directed through a local answering service.

Area residents who need emergency ambulance service should call 9-1-1 to request assistance, as in the past. There will be no obvious change in the way an ambulance is summoned, EMS representative Debbie Jenkins said, but because the clinic will no longer operate on a 24-hour basis, calls received after regular business hours and on weekends will be handled by a local answering service and automatically forwarded to the EMS' 495-3900 telephone number.

"Basically it will be the same set-up, just a different location," Jenkins said. "Most people will probably never even notice the difference. Use 9-1-1, but the -3900 number will be answered if it's called."

Also, on weekends and after 6 p.m. on weekdays, local residents should be aware that the answering service employees handling such telephone calls will not be "medically-trained" personnel, Jenkins said. The changes took effect at 6 p.m. Friday, April 30.

Following the Garza Memorial Hospital District board of directors' acceptance of the new Rural Health Clinic Operation Agreement March 12, clinic hours will be limited to 8 a.m. to 6 p.m. weekdays, Mondays through Fridays, and from 8 a.m. to noon on Saturdays.

The shift in hours was made to enable the facility to "better utilize resources," Administrator Maritta Reed said last month. The provision of a 24-hour clinic is costly and local residents were not routinely utilizing the "after-hours" portion of the facility's schedule.

When this issue came to the Garza County Commissioners' Court, Sheriff Kenny Ratke pointed out that the extra duties would create a problem with management of the jail, and the court agreed to contract the 911 ambulance calls.

Odom wins race for Ward 2 council seat

Challenger Dick Odom defeated incumbent Marion Cruse to take the Ward 2 council seat in Saturday's municipal election. Reports from city hall indicate Odom received a total of 20 votes, while Cruse received 12. "I'd like to thank the people for putting their faith and trust in me," Odom said after the election. "I will do the best I can in the position." Former council member Archie Gill, who ran unopposed for the mayoral post, earned 119 votes in Saturday's balloting. Gill will replace longtime mayor Jim Jackson, who did not file for re-election. "I've got to get in there and get my feet on the ground," Gill said. "We've got a new city manager coming in and I'm going to have to do a lot of leg work, but I'm going to step in there and try to learn." Juanita Pantoja ran unopposed in her bid for re-election to the Ward 1 seat. She received 11 votes. Voting results were canvassed Tuesday night, and the new mayor and council members are scheduled to be sworn in June at the next regular council meeting.



Kasey Hardin earned the medalist title at the regional golf tournament last week, and is preparing for her fourth trip to the state golf meet in Austin next week. (See details on Page 8)

Seminar May 22 features former presidential aide

Former advisor to President Kennedy presents education seminar here May 22

"The Battle For The Minds And Bodies Of Our Children" is the topic of Reverend Curtis S. Tomlin in a special seminar scheduled Saturday, May 22 at the Lighthouse Christian Center Church of God, 314 N. Avenue I. The seminar will begin at 10 a.m. and is expected to be completed by 3 p.m. There is no charge for the seminar.

A Baptist Minister and retired U. S. Army Major from Killeen, Rev. Tomlin will present information explaining the importance to Christians for taking responsibility of their children's education.

During his duty as an advisor to President John F. Kennedy, Rev. Tomlin was a member of the president's Battle Staff from January 1961 until the President's assassination in 1963.

Major Tomlin, an information processing expert, was responsible for the collection, processing and evaluation of information pertaining to both friendly and enemy nuclear weapons and targets.

A significant part of Major Tomlin's job during that time was to make recommendations to President Kennedy, based on his analysis of the information collected, processed and evaluated. Major Tomlin fought in the Korean War and in Viet Nam where he earned two Bronze Star medals and several lesser awards.

Calling upon his theological background and training which began in the late 1940's and his information collection, processing and analysis skills, Reverend Tomlin has authored this seminar to expose efforts by the federal government and the United Nations, to foster a generation of people totally void of Christian values and ethics.

This seminar will:

1. EXPOSE and EXPLAIN "THE UNITED NATIONS CONVENTION ON THE RIGHTS OF THE CHILD", a UN Treaty, which when ratified by the United States, will make profound changes in the way "PARENTS WILL BE ALLOWED" to relate to their children. This treaty will in effect relegate total responsibility for the children TO THE STATE.

2. EXPOSE and EXPLAIN the true nature and intent of "GOALS 2000", The Education Reform Act, whose ultimate objective is to give the federal government total and absolute control over what our children are taught and how it's taught and the devastating effect it is already having on our children in the public school system.

3. EXPOSE and EXPLAIN "OUTCOMES BASED EDUCATION CURRICULUM" whose ultimate objective is to create a "world citizen" by destroying the individuality of the child and educating them against Christian values and principals and parental influence. 4. EXPOSE and EXPLAIN "SIECUS", The Sex Information And Education Council Of The United States, and it's role in our public education system in an effort to lower the religious values of human intercourse and procreation to a level lower than that of most animals.

5. EXPOSE and EXPLAIN the "MEDICALIZATION OF OUR SCHOOLS" in the governments never ending quest to inject socialized medicine into our society and to usurp all authority of parents related to the social, medical and psychological well being of the children.

6. EXPOSE and EXPLAIN the "SCHOOL-TO-WORK" philosophy that, in connection with the programs noted above, will literally transfer total control of our children from the parents to "the state" from the cradle to the grave and thus lay the foundation for a communistic form of government in America. 7. EXPOSE and

(Continued on Page 12)

Recent rains help White River Lake

by Wes Burnett

The Post City Council took no action Tuesday night on a proposed "Drought Contingency Plan" submitted for consideration by the White River Municipal Water District (WRMWD). The plan, if implemented, would impose penalties on cities, which city attorney Harvey Morton said he believed could not be enforced.

White River's manager Tommy O'Brien reminded the council that the plan was developed at the request of participating cities. Morton and council members complimented O'Brien for the work, but postponed action, giving the city attorney authority to discuss legal issues directly with WRMWD attorneys. O'Brien also said that the state legislature has mandated the plan be approved by state regulatory bodies.

Mr O'Brien also presented a progress report on new wells being developed near Ralls and Crosbyton to augment the water supply for the four participating cities (Ralls, Post, Spur and Crosbyton). The WRMWD manager said that a total of 15 wells will be completed and on line by October. "We've had some wells producing much more than expected," he reported, "one near Ralls was pumping at 200,000 gallons per minute."

Recent heavy rains on the White River watershed have also increased the lake's volume, raising the level almost seven and one-half feet in the past week. "That gives us a reprieve," O'Brien observed. The lake is now 14.7 feet below the dam, much improved from the 22 feet below from a week ago.

City supervisor Delbert Rudd reported that the new water storage tank construction is on schedule and seal coating of 28 blocks of streets is beginning this week.

City secretary Wyvonne Kennedy informed the council that detailed records management reports due to the State Library had not been completed, and recommended outside help. "We've got to make up a list of every document we've got, all the way back to the beginning. We just don't have enough time and help to get it done." Council member Bill Pool recommended the secretary get cost estimates from professional records management companies. The report was due in January.

In other action, the council named Pool to serve as proxy at the annual Post Economic Development Corporation meeting and approved the appointment of library board members Lee W. (Bud) Davis, Preston Poole, Linda Puckett, Doris Giddens, Alexa Collier and Jean Davenport.

The council approved a variance for Mel Clements for installing a mobile home on his property located on South Broadway, adjacent to his business (Tia Juanita's Tamales). The two year variance will require Clements to meet fire safety standards and offsets.

(Continued on Page 12)

Post Notes

All-Sports banquet May 6

The Post Booster Club sponsored All-Sports Banquet will be held this year May 6 at the Post Community Center. Tickets for the event are \$10 and may be purchased at Collier Drug or Triple M Pump. The banquet will be catered by Babb's BBQ, with a May 3 deadline for ticket purchases.

Southland kindergarten registration

Southland kindergarten registration for the 1999-2000 school year will be held Tuesday, May 11. Parents may visit the office any time during that day and complete the enrollment form. The child should be five years old by September 1, 1999. A copy of the child's birth certificate, social security number and a shot record are required prior to the beginning of school in August.

Benefit for Mesa family

Friends of Alex and Beatrice Mesa are planning a benefit Saturday, May 15 to help with medical expenses for her recent heart surgery. The benefit will feature brisket and sausage with trimmings at \$5 per plate, available at Holy Cross Catholic Church Fellowship Hall. Those interested in helping with donations please contact Juanita at 495-3059 or Danny at 495-4046.

West Texas Open BBQ Cookoff

The West Texas Open BBQ Cookoff will be held Saturday, May 8, 1999 at the Caprock Lounge in Post. For more information call Danny Cooper at 495-1252 or e-mail to cooperdv@aol.com.

Trail Blazers' bake sale Saturday

The Garza County Trail Blazers are hosting a bake sale Saturday, May 8 at United Supermarket. The project is part of the fund raising efforts for a new building. There will also be a raffle for a quilt.

VFW Ladies' Auxiliary meet

In honor of the District 7 president visiting, the VFW Ladies' Auxiliary will meet May 10 at 6 p.m. The meal will include sandwiches, chips and dip, with the meeting to begin at 7 p.m.

Post Art Guild meets May 10

The Post Art Guild will meet May 10 at the Algertia Art Center with "Chief" Frank Runkles to present a program on "The Art of the Plains Indian." Runkles is extremely knowledgeable about the earliest Americans and their lore, and their use of art. The public is invited to attend the program, which begins at 7:30 p.m.

West Texas Open BBQ cookoff

The "second first annual" West Texas Open BBQ Cookoff will be held Saturday, May 8 at the Caprock Lounge in Post. There will be Cooks' Party Friday evening with Gary P. Nunn. A washer pitch is also scheduled to begin at 2 p.m. Saturday. Call Danny Cooper for more info at 495-1252.

Dusty Diamonds Softball Tourney

The Dusty Diamonds Softball Tournament will be held May 15-16 in Slaton. Cost for registration is \$110 for men's teams and \$90 for co-rec. Call Tom at (806) 828-4877 for more information.

Sponsors sought for '99 Grad Salute

Businesses are encouraged to call Judy at 495-2816 to select their favorite 1999 graduates for Post, Southland and Borden County High Schools. The special salute will be published May 27.

Talina Bird sitting high in national standings

Talina Bird is taking a break from her college studies to shoot for the moon — with a little help from her horse, Mooney.

Bird, according to an article in this month's Women's Pro Rodeo News, is in fourth place in the World leaders in cloverleaf barrel racing. To date, her 1999 winnings atop Mooney amount to more than \$21,000.

Bird was pursuing an elementary education degree at Snyder's Western Texas College this spring when she decided to enter her first 1999 rodeo, a competition in Phoenix. There she split first place, taking home \$2,031. At her next contest in Denver, she finished second in the average, earning a \$7,676 check, her largest rodeo win ever.

"Since I got off to such a good start early in the year, I knew I needed to keep hauling because you never

know when, if ever, that you'll be that lucky again," Bird said in the Women's Pro Rodeo News article.

So Bird put college on hold and hit the road full-time. Since then she's earned prize money at Belton; Los Fresnos; Jackson, Miss.; Baton Rouge, La.; Houston; San Angelo; Austin; Lubbock; Laughlin, Nev.; Logandale, Nev.; Red Bluff, Calif.; and Auburn, Calif.

"My goal for 1999 is to keep on hauling and doing good and try and make it to the NFR," she told the Pro Rodeo News writer. "It would be a dream come true."

College, however, is a priority. When she returns, Bird will be classified "somewhere between a sophomore and a junior" and is tentatively planning on transferring to Texas Tech University.



Keri Sue (Rios) Zachary and Peter Paul Benavidez

Wedding Plans Announced

Mr. and Mrs. Casey Zachary of Post are proud to announce the upcoming marriage of their daughter Keri Sue Rios to Peter Paul Benavidez, son of Mr. and Mrs. Alfonso Benavidez of Borden County.

The couple will be married June 5, 1999 in the First United Methodist Church in Post.

Both are 1997 graduates of Borden County High School. The couple will reside in Lubbock, Texas.



Talina Bird

Judy's Jabberin'

By Judy B. Bush



Folks, I'm sitting here this Tuesday afternoon, and wondering how in the world we got that much rain and now we are getting this much dirt!!! I have lived here many years, and I just do not understand it. Come on quite spring day!

I like to fuss about our weather, but I realize how lucky we are when I see a tragedy like Oklahoma. I know lots of Post folks have loved ones in Oklahoma and I hope everyone is ok.

Angie Castillo lives in Moore and works at J.C. Penney's. Her apartment was damaged but she was not hurt. Also Mario Tobias who lives at Norman was ten miles south but witnessed the storm.

From what I understand Butch and Freddie Wilson and family were also lucky. I hope if any of you had family there all is ok.

Special Message

I received a note from Gwen Odom the other day and she said her dad, Ray Hodges, who lived here along with his wife Annie, 50 plus years, is celebrating a birthday May 11th.

I just thought it might be nice for those of you who remember Ray to drop him a card. I bet that would be a nice surprise for him. The address is 3513 Seaboard Ave, Midland, Tx 79707. You have a great birthday Ray!!

Happy 80th

Sunday the ninth, Sheri Riedel's mom, Irene Wagner, will celebrate her 80th birthday with a party in the Norwest Bank community room. Irene and husband Ray are formally of Post and now live in Snyder.

The party is hosted by their kids, Sheri, Dixie Kearns of Tulsa; Jessie Bahl of Houston; Nancy Youngblood of Woodrow; Susan Warren of Post; Barbara Furman of Neenah, Wis; Neenah McCraw of Lubbock and David Wagner of Snyder. Don't you love big families! I know they will all have a great time. If you're old friends drop by and wish Irene a happy birthday. Oh! , it is also Irene's and Ray's 46th wedding anniversary!

You know you live in a small town when---

You get married and the local newspaper devotes a quarter of a page to the story.

Life Begins at 40

I want to say congratulations to Barbara Barron. She graduated Friday from International Business College, class Valedictorian no doubt. Barbara will be an administrative assistant.

Not bad for a 40 year old Barbara. I told your mom I was going to give you a hard time, but I think its great that you went back to school and accomplished what you wanted. You go girl!

Trailblazers- Reminder!

I wanted to remind everyone that the Garza County Trail Blazers are selling tickets for chances on a Queen size quilt to raise funds for a new Sr. Center. Tickets are one dollar each or six for \$5.00. Purchase from any member or call 495-2998.

Birthdays This Week

Birthdays for this week: Thursday, May 6; Kirk Williams and Manuela Hernandez; Friday, 7; Matthew Tanner; Anniversary, John David and Sonja Fields; Saturday 8; Junior Foster and Caden Dean; Anniversary, John and Michele Raben;

Monday, 10; Scott Capps and Marinette Tyler; Anniversary, Mr. and Mrs. Ricardo Tobias; Tuesday, May 11; Ray Hodges; Wednesday, 12; Kali Marie Ortiz, Jay Delarosa and Isaac Schoonover.

e-mail Quote

You might be in a Texas country church if..... People wonder when Jesus fed the 5000, whether the two fish were bass or catfish.

Welcome e-mail message

Wes and Pat Burnett were relieved to hear Tuesday from his sister, Beverly Bolton of Wichita, Kansas that the tornado which ripped apart a chunk of Wichita did not damage Bev and Ron Bolton's home. "We're okay," she told the Burnetts in an e-mail message. The Boltons live in North central Wichita.

Till Next Week

Everyone take time to say a prayer for all those folks in Oklahoma, Kansas and Texas affected by the storms, and also for the families of the six young girls who lost their lives in the bus accident. I know our hearts and prayers are with them.

May God bless each of you, have a great weekend and I'll see you next time.

Attention Grandparents

Don't forget to pick up your Grandchildren's photos from the Valentine promotion at The Post Dispatch.



You love her dearly, but not sure exactly what to give her on this special day...

Well, we've got the answer... A Gift Certificate from La Posta

La Posta

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A Mother's Love Is Unconditional

Each year in May, Mother's Day is celebrated to show our mothers how much they are loved and appreciated. It doesn't matter if our mother is in her twenties or in her eighties, she is special and she has always been there for us in times of need. She shares in our joys and disappointments in good times and

in bad, and her love and faith in us is never-ending. Showing love and gratitude to our mothers on this special day is important, but it seems that setting aside only one day a year is just not enough. God wants us to honor our mothers every day throughout the year by letting them know how much we love, need, and respect them. Mothers willingly give so much and ask so little of their children in return. Perhaps a thank you to our mother for something that she has done for us, or a phone call when we are away from home, is more treasured than we can imagine. Throughout the Bible, God tells us of the importance of mothers, and one of the ten commandments is to honor your father and mother so that you may have a long, good life.

"She is a woman of strength and dignity, and has no fear of old age. When she speaks, her words are wise, and kindness is the rule for everything she says."

The Living Bible Proverbs 31:25, 26

Remember
Mother's Day - Sunday, May 9

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9-12 Sat



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Birth

Malarie Brook Zachary

Cody Zachary and Brice King are proud to announce the birth of their daughter, Malarie Brook, born March 16, 1999 at 2 pm in San Angelo Community Hospital.

Malarie weighed seven pounds, 13 ounces and was 20 and 1/2 inches long.

Maternal grandmother is Kelly Mabrey of San Angelo.

Paternal grandparents are Casey and Pam Zachary of Post.

Paternal great grandmother is Ruth Williams of Post.



Malarie Brook Zachary



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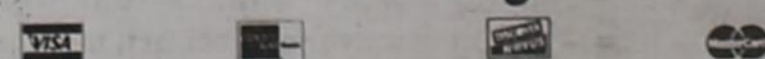
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For the past few years, the county has been in a drought. In the past, what would seem like a normal amount of rain in comparison to since 'ol' Shep was here. The rainfall was free in terms of blessing.

Wonder if the folks in the county got rain they got? For getting this year's county pastures, the rain is a blessing. Keep in mind that last three years, moisture through moisture to a degree, attitude adjustment for the year.

While on the state and national fact that water is in February of purpose of SB 1. Texans are met how to conserve any of the 11 plans. Thanks to the effort, Garza County District. This is both in and outside. At the Texas process conducted surfaced as a plan for local office with program input from all the programs, by the Of the twenty-third most important water in the county water use. For example, following same purposes: problem arises water supply is Water is important landscape improvement is used for crop many areas of those who believe. How many of without a big raised steak! From farm to table to recent rumors (in hydrological cycle. The cotton production water the industry of cotton contain available to pro handkerchiefs. dresses, 409 ski produce enough diapers.

All these items you might think ladies handkerchiefs mens-shirts wo the average citizen annually for dri. The purpose of something that of us must use w identified at the for educational managers of our

All this seems time because M Week. Our office sheets for all simple, inexpensive all utilize in conserve and supply. If any raises question office at 495-44

United board membe

Garza County directors met their appreciation Mercer for his while serving announced the would be moving from with reluctance Board president Mercer appreciation.

In other ma proved the non ment of Ruby and Bobby Bai Williams acc and appointm surer.

Board mem Tuesday, May ning session raising camps be held at the munity Room Serving on Williams, Ba Linda Self, Zapata and V

The Irish sometimes the dog fami

The Irish sometimes the dog fami

The Irish sometimes the dog fami

Living on the Edge of the Caprock

by John Senter, CEA-AG

Water - everyone's concern

For the past few years it is very obvious that, in one form or another, water has been the hot topic in the county. Most notably, in the form of rainfall or, lack thereof. In the past few days we have been blessed with what would seem to be an abundance of rainfall - at least in comparison to the amount of rain we have received since 'ol' Shep was a pup.



The rainfall we enjoyed over the weekend was trouble free in terms of really severe weather and that too was a blessing.

Wonder if the folks in Moore, Oklahoma would have been willing to skip the rain they got? For the most part the moisture we gathered will go a long way to getting this year's crop in the ground and give a big shot in the arm to county pastures that had cooked under the summer oven of '98. However, to contradict the Lubbock news reports, it is still too early to label the two inch rainfall as a "Drought Buster".

Keep in mind that to really break the effects of the drought conditions of the last three years, we must receive enough moisture to replenish our soil moisture through the entire soil profile which means we must return moisture to a depth of four to six feet. At any rate, this rainfall was just the attitude adjustment the entire county needed to help get us off to a good start for the year.

While on the subject of underground moisture, it seems that folks across the state and nation are beginning to realize what we have known for years. The fact that water is perhaps the most precious resource we have at our access. In February of 1997 Governor Bush signed into law Senate Bill 1. The purpose of SB 1 is to ensure that, by regional planning, water needs of all Texans are met as Texas enters the 21st century. These plans will map out how to conserve water supplies, meet future needs and respond to drought in any of the 11 planning areas served by regional planning groups.

Thanks to the efforts of several dedicated producers and business folks in the county, Garza County has recently established our own Water Conservation District. This group will only help in promoting proper water conservation both in and outside the city limits.

At the Texas Community Futures Forum, which is the issue identification process conducted by the Garza County Extension Office, water again surfaced as a concern. Through a series of meetings to identify, prioritize and plan for local issues, over 50 concerned citizens met to assist the Extension office with program planning for the period of 2000-2003. The efforts and input from all these participants will dictate the direction of educational programs, by this office for the four year period.

Of the twenty-five issues identified, water conservation and quality was the third most important issue identified by the group. This issue entails not only water in the country but also inside the city of Post. It may seem that city and county water use are somewhat antagonistic to each other but this is not true. For example, folks in the city and in the country both use some water for the same purposes: drinking, washing and cooking to name a few. However, the problem arises when there is a decrease in the water table, our underground water supply is the Ogallala Aquifer.

Water is important to each of us for esthetic improvements such as landscape improvement and home gardens. In the country, irrigation water is used for crop and livestock production and this is the source of irritation in many areas of Texas. It appears that some of the conflict in usage comes from those who believe that water for crop and beef production is wasteful.

How many of us would like or even accept going an extended period of time without a big real-live steak? I'm talking about an off the hoof, grain fed, farm raised steak! For information purposes, it takes 440 gallons of water from farm to table to produce one pound of edible beef. That's a far cry from the recent rumors (in some parts of the state) of the 2,500 gallons first reported. Additionally, most of that water is returned to the environment through the hydrological cycle.

The cotton production industry has also come under fire for the amount of water the industry uses to produce and process cotton. On average, one bale of cotton contains about 480 pounds of lint. From this, enough fiber is available to produce 215 pair of jeans, 1,217 mens t-shirts, or 8,347 handkerchiefs. For women's wardrobe, this same bale will produce 274 dresses, 409 skirts or 21,960 handkerchiefs. Around the house, a bale will produce enough fiber to make 249 bed sheets, 690 terry cloth towels or 3,085 diapers.

All these items require water for processing but, probably not as much as you might think. For example, the water required to make those 21,690 ladies handkerchiefs will take only about 6 gallons of water and the 1,217 mens t-shirts would require 107 gallons of water. On the other side of the coin, the average citizen in the United States uses over 70,000 gallons of water annually for drinking, bathing and lawn watering.

The purpose of this column is to raise your understanding that water is something that we must all have. At the same time it is something that each of us must use wisely and conservatively. With the renewed interest in water, identified at the county Texas Community Futures Forum, be on the lookout for educational programs for all county residents to make us all better managers of our water resource.

All this seems appropriate for this time because May 3-7 is Texas Water Week. Our office has numerous fact sheets for all residents which outline simple, inexpensive measures we can all utilize in our daily lives to conserve and protect our water supply. If any part of this column raises questions feel free to call our office at 495-4400.

United Way board adds new members

Garza County United Way board of directors met last week, expressing their appreciation to treasurer Clay Mercer for his outstanding efforts while serving on the board. Mercer announced that he and his wife would be moving to Post, and his resignation from the board was accepted with reluctance.

Board president Carol Tobias presented Mercer with a certificate of appreciation.

In other matters, the board approved the nominations and appointment of Ruby Williams, Will Morrow and Bobby Bain to serve as directors. Williams accepted the nomination and appointment to serve as treasurer.

Board members set the date of Tuesday, May 18 for the first planning session for the 1999-2000 fund raising campaign. The meeting will be held at the Citizens Bank Community Room.

Serving on the board are Tobias, Williams, Bain, Morrow, secretary Linda Self, Jerry Tyler, Robert Zapata and Wesley Burnett.



The Irish Water Spaniel is sometimes called the clown of the dog family.

Jill Stelzer honored with bridal shower

Jill Stelzer, bride elect of Jim Riley Simpson, was honored with a bridal shower, Saturday, May 1, 1999, from 10:00 till 11:30 a.m., in the home of Patty Kirkpatrick.

Guests were served fruit, assorted muffins and breads, coffee and punch from a table featuring a bride doll and a variety of fresh flowers highlighting the brides chosen colors of ivory and sage green.

Special guests included Jill's mother, Donna Stelzer, her Grand-

mothers, Linda Dye and Isabelle Stelzer, her Greatgrandmother, Sarah Byrd, Jim Riley's mother, Sherry Sappington, his Grandmother Ada Lou Bird and his Greatgrandmother Inez Smith.

A hostess gift of a vacuum was presented to the couple by Mrs. Kirkpatrick, Lisa Kirkpatrick, Lee Ann Hodges, Alexa Collier, Jan Bartlett, Voda Beth Gradine, Jana McCallister, Jane Odom, Pixie Grisham, Pam Humble, and Debbie Palmer.

Becca Stelzer treated to ice cream party

1999 Post High School Senior Becca Stelzer was honored with an ice cream party Sunday, May 2, 1999, in the home of Alexa Collier.

Enjoying ice cream sundaes, cookies and soft drinks were Becca, Kelli Collier, Kasey Hardin, Jennifer

Strawn, Lacey Hodges, Rachelle Jones, Jennifer Josey, and Becca's Mother, Donna Stelzer.

Hostesses Jane Odom, Jana McCallister, Voda Beth Gradine and Alexa Collier presented Becca with a set of boxer pajamas.



Texas Agricultural Extension Service
The Texas A&M University System
Extension Extras



Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability or national origin.

Steer Tag Orders

Any 4-H'er planning to show steers at any major stock show this fall or next winter, must order and pay for the Texas Steer Tags by Noon, Friday, May 7. Extras will not be ordered so you must have an accurate number when you come to the Extension office.

4-H Parents Meeting

All 4-H parents are encouraged to attend a meeting Tuesday, May 11, 7:00 p.m., in the Extension Office. Plans for fund raisers need to be made and we need everyone's input.

Record Book Workshop

The 4-H Record Book Workshop will be held at 7:00 p.m., Thursday, May 13th, in the Extension Office. Record books are required for eligibility for major county awards and future scholarships. Project Forms are required to receive your 4-H Year Pin. Record books or project forms will be due the first week of July so plan to attend the workshop and get started now!

Generation H Club Meeting.....

.....will be at 3:30 p.m., Monday, May 17th, in the Extension Office. Plans will be made for car wash fund raiser to be May 22 at United Supermarket.

Walk Across Texas

Team captains need to call in your distances to be recorded each week for the WAT program. Call Kelly Ahrens, CEA FCS at 495-4400.

Neighbor to Neighbor

by Kelly Ahrens, CEA-FCS

District Fashion Show results

The District 2 Senior Fashion Show was held on April 27th at the Lubbock District Extension Center. Youth between the ages of 14 and 19, from area counties in District 2, participated in the annual event. Garza County 4-H member, Jennifer Josey represented the county by participating in the Construction Dressy category. Jennifer constructed a floral skirt and matching tank-top blouse to match. I am very proud of Jennifer and of her accomplishments.

On Saturday, May 1st, several Garza County 4-H'ers participated in the District 2 Round Up, held at the Levelland Middle School. Three-hundred forty five 4-H'ers from the surrounding 19 counties participated in contests including illustrated talks, method demonstrations, judging and group activities.

Junior 4-H member, Elizabeth Serrano received 4th place with her poem, "Eat-It-All Elaine." Senior member, Jennifer Josey received 1st place with her illustrated talk, "Grading Shade and Flowering Trees." Adrian Serrano and Miguel Torres, also senior members, received 2nd place with their illustrated talk entitled, "The Incredible Edible Egg."

Jennifer Josey, Adrian Serrano and Miguel Torres qualified to attend State Round Up, the first week in June at College Station. They will be among other 4-H'ers from across the State to participate in the annual event. We are very proud of all of the youth that participated in the contests. Their hard work and determination paid off! Congratulations!!!!!!

Jamie Williams, Garza County Adult Leader, and Golden Clover 4-H Club Manager was honored at the District 2 Adult Leaders Association Meeting and Luncheon at the Levelland Middle School on May 1st. Jamie was chosen as this year's Distinguished Leader from Garza County by fellow leaders from the Parents Association. Jamie has been a leader for many years and has graciously given of her time and energy to promote the 4-H program. Thank you Jamie for being a dedicated leader. Congratulations!!!!!!



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Marlee Plummer, eight year old daughter of Jim and Janice Plummer, participated in the Region XI regional Trampoline and Tumbling Championships May 1. The meet was held at the South Plains College Texan Dome in Levelland. Marlee placed second on the double-mini tramp, second on the floor and fourth on the trampoline.

Lunch Menus

Trail Blazer
Friday, May 7, 1999
 Turkey/dressing, green beans, tossed salad, cranberry sauce, hot roll and apple cobbler.
Monday, May 10, 1999
 Salmon patty, baked potato, okra, apricots, cornbread and oatmeal cookies.
Tuesday, May 11, 1999
 Chicken livers and strips, gravy, rice, green beans, wheat roll and Fruit salad with cookies.
Wednesday, May 12, 1999
 Pork chops, sweet potatoes, green beans, onion/beets, wheat roll and lemon cake.
Thursday, May 13, 1999
 Pizza pie, Italian vegetables, cucumber & onion salad, tossed salad, garlic bread and pear crisp.

Post ISD
Friday, May 7, 1999
 Bad weather day
Monday, May 10, 1999
 Bad weather day
Tuesday, May 11, 1999
 Breakfast: Pancake & sausage on a stick, fruit, and choice of milk.
 Lunch: Tacos, pinto beans, lettuce/tomato, corn bread, apple cobbler and choice of milk.
Wednesday, May 12, 1999
 Breakfast: Muffin, sausage links, fruit, orange juice and choice of milk.

Southland ISD
Friday, May 7, 1999
 Breakfast: Cereal, toast, juice and milk.
 Lunch: Manwich sandwich, curly fries, pickle, onion slices, cake and milk.
Monday, May 10, 1999
 Breakfast: Muffins, fruit and milk.
 Lunch: Lasagna, corn, wild rice, garlic bread, chocolate pudding n graham crust and milk.
Tuesday, May 11, 1999
 Breakfast: Breakfast burritos, fruit and milk.
 Lunch: Chicken strips, mashed potatoes, gravy, broccoli and cheese, roll, ice cream and milk.
Wednesday, May 12, 1999
 Breakfast: Waffles with syrup, bacon, juice and milk.
 Lunch: Chicken fajitas, tortillas, rice, beans, Rice Krispy Treats and milk.
Thursday, May 13, 1999
 Breakfast: Scrambled eggs, hashbrowns, toast, juice and milk.
 Lunch: Chicken fried steak, gravy, green beans, au gratin potatoes, roll, Reese's Cup and milk.

Obituaries

Donald Franklin Runkles

Services for Donald Franklin Runkles, 63, of Corpus Christi were held Monday, May 3, 1999, at 2 p.m. in the Hudman Funeral Home. Burial followed in the Terrace Cemetery.
 He died Thursday, April 29, at M.D. Anderson Hospital.
 Born Nov. 6, 1935, in Gorman, he married Mary Young March 6, 1955, in Lubbock. He was a member of the Baptist church and had lived in Fort Worth prior to moving to Corpus Christi in 1992. He worked in the real estate industry.
 Survivors include his wife, Mary, of Corpus Christi; one son, Frank Alan Runkles of Lubbock; his parents, Mr. and Mrs. Frank (Chief) Runkles of Post; three sisters, Ramona Ross of Corpus Christi, Wanda Moore of Midland and Delores Patty of Yukon, Okla.; and three grandsons.
 He was preceded in death by a brother, Wayne Runkles, on Nov. 21, 1998.

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Llawana Johnston

Services for Llawana Johnston, 65, of Slaton were held Wednesday, May 5, 1995, at 2 p.m. in the First Baptist Church in Slaton with the Rev. Cleve Kerby officiating, assisted by the Rev. Jim Graham of the Post Nazarene Church. Burial was in the Resthaven Cemetery in Southland under the direction of Hudman Funeral Home.
 She died Monday, May 3, at University Medical Center.
 Born Dec. 31, 1933, in Hereford, she married B.C. Johnston Dec. 27, 1950, in Plains. He died Oct. 28, 1990. She was a Methodist and a housewife.
 Survivors include four sons, J.B. Johnston of Austin, Roy Johnston of Lubbock, Bryan Johnston Jr. of Southland and James Johnston of Rosenberg; five daughters, Penny Valadez, Sandra Ryan, LeAnn Johnston and DeAnn Johnston, all of Slaton, and Laura Bradley of St. Louis, Missouri; one brother, Bill Winterrowd of Amarillo; two sisters, Dorothy Chilcutt of Lubbock and Betty Haliburton of Orlando, Florida; 23 grandchildren; and nine great-grandchildren.

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 Trinity Baptist Church 915 N. Ave O, 495-3038
 Justiceburg Baptist Church Justiceburg, Don Blackcock, pastor
 Pleasant Valley Hwy 84 & North 399 - (806) 828-4174
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 Holy Cross Catholic Church Ave. K and Main St., 495-2791
Disciples of Christ
 First Christian Church 812 W. 13th, 495-3716
Church of Christ
 Church of Christ 108 N. Ave. M, 495-2326
 Graham Chapel Church of Christ 5 miles W. Hwy 380, 2 miles south
Church of God
 Church of God of Prophecy 602 W. 14th, 495-3644
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 Lighthouse Christian Center Church of God 314 N. Ave I, 495-2237
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HYPERTENSION

High blood pressure, yes it's been covered before, but it is worth repeating as 1 in four Americans, over 50 million, suffer from "the silent killer". Left untreated it can result in hardening of the arteries, breathing difficulties, angina, heart attack, stroke, kidney failure, brain damage and eye damage.
 Hypertension is called "the silent killer", because it rarely gives a warning sign and is often discovered during a routine visit to your health provider. Occasionally, it may cause headaches, pain or tightness in the chest, nosebleeds and numbness or tingling. Extreme cases can result in severe headaches, nausea, blurred vision and confusion or memory loss.
 The cause of most hypertension is unknown, however certain lifestyle factors contribute significantly to your risk of developing the disease. Obesity, smoking, lack of exercise, high stress levels, high salt intake and heavy drinking contribute to an increase in hypertension. It is more prevalent in Latinos and African Americans than Caucasians, in men over 45 and women over 53.
 Treatment is simple, sometimes all that is needed is a little weight loss and a simple exercise program along with stopping some of the above mentioned contributing causes. Failing this, prescription medications that rid the body of excess fluid or slow the heart may be used. There is also growing support for dietary supplementation in the form of potassium, magnesium, coenzyme Q10 and Omega-3 fatty acids.
 Hypertension is simple to detect and most often simple and inexpensive to treat. The alternative is a shorter life span potentially plagued with a multitude of health problems. Why not see your health provider, if you have Hypertension discuss your options, don't ignore something so simple to treat, yet so deadly to ignore.
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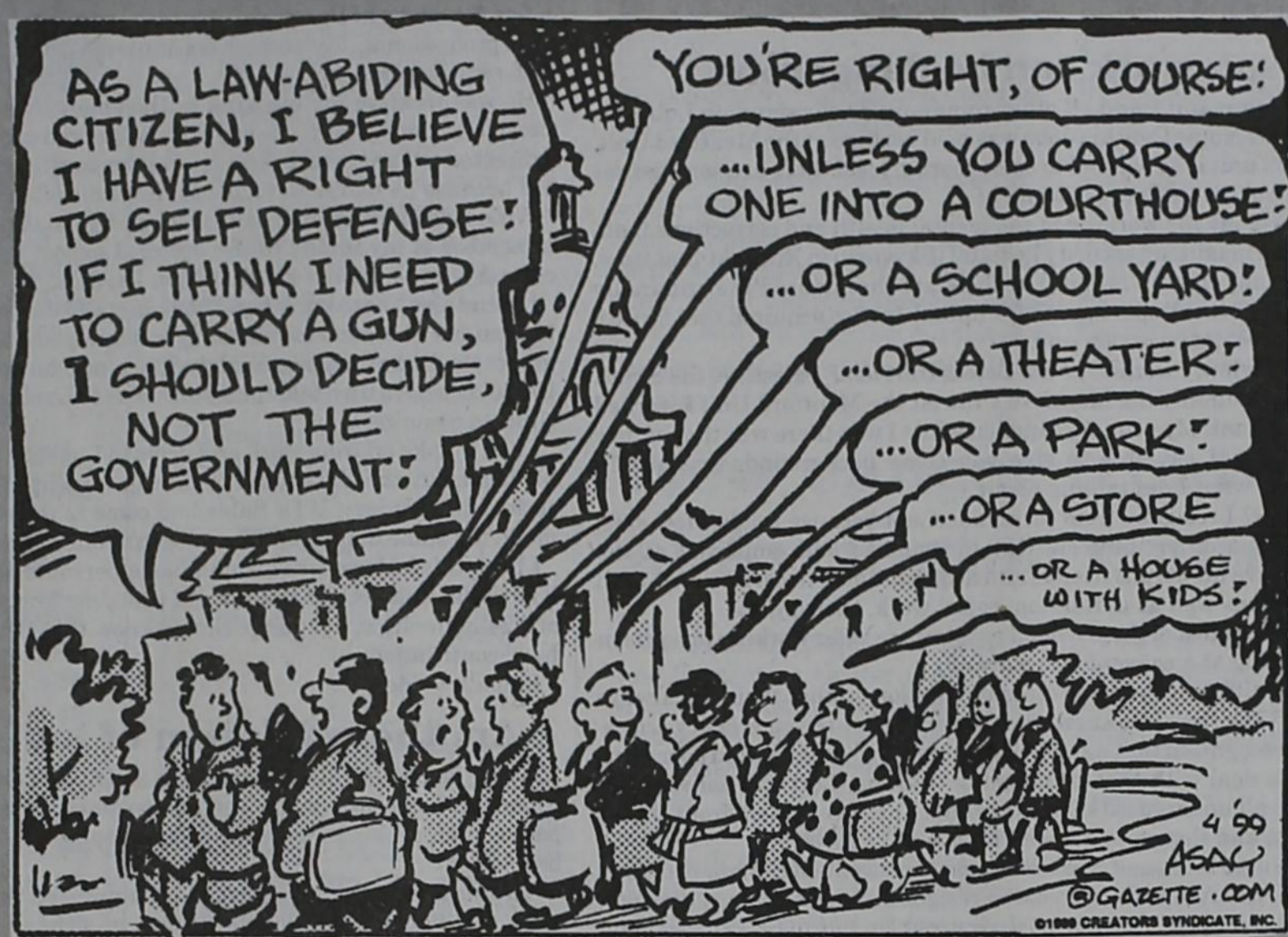
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And by Walter E. V. Dr. Amyim Pa School. After institution, I fi trips to Los exemplifies bla — and I think students again. As Palmer wa kid hip-hoppe school, excused seconds the kid asked the kid v When the kid way at Marcus sure had the kid to gain complia have happened The kid might Had Palmer per ACLU lawyers rights to freed Forget the hip last week's tra where 14 stud teachers and st two murderers They donned and admiration the "Trench C suspicions abo could he have discuss their b violation of pri

Rep by Vin Supry At one point spinning out of warns a gover taxes and reg even they will then? "You fellows smugly," but i Following t the last hike massive unem closer to the fa whose labor is the jobs (incre worth \$6.15 p Those who t employer and impact of eng normally take neither house nature of the relation to tru up against a "I'm practic Rep. Cass Bal till the ax fall Unable to access to the market, these outnumbered someone gets can win is to s Then, ha negotiating p GOP aims to exchange for Among thea of a federal t unskilled we deductibility of restaurant Restaurant A Moving be tax code, an

Opinions



And thereafter, permissiveness costs

by Walter E. Williams

Dr. Amyim Palmer is the founder and headmaster of Marcus Garvey School. After several invitations to tour the institution, I finally managed a visit on one of my trips to Los Angeles. Marcus Garvey School exemplifies black academic excellence and Palmer — and I think I would, too — is willing to match his students against any other students in the country.



As Palmer was escorting me from class to class, a kid hip-hopped by us. Palmer, telling me the kid was new in the school, excused himself and approached the kid and in just a few seconds the kid walked away normally, sans hip-hop. Palmer had asked the kid whether his legs were hurting.

When the kid responded no, Palmer told the kid, "We don't walk that way at Marcus Garvey." The case was closed. Knowing Palmer, I'm sure had the kid disobeyed, and after an attempt parental consultation to gain compliance, expulsion would have followed. But what might have happened in a public school?

The kid might have warned Palmer about his constitutional rights. Had Palmer persisted, the kid's parents might have summoned some ACLU lawyers to sue the school, alleging the kids' First Amendment rights to freedom of expression were violated.

Forget the hip-hopping at Marcus Garvey for a moment and turn to last week's tragedy at Columbine High School in Littleton, Colo., where 14 students and one teacher died. According to news reports, teachers and students were well aware of the atypical behavior by the two murderers.

They donned black dusters, openly expressed hatred for athletes and admiration for Hitler, and belonged to an organization known as the "Trench Coat Mafia." Suppose the school principal harbored suspicions about the killers, Eric Harris and Dylan Klebold — what could he have done? Could he have called the boys into his office to discuss their behavior and attitude without risking a suit alleging violation of privacy rights?

Suppose he suspected their lockers contained contraband or unsavory material, could he have inspected their lockers without worrying about some ACLU lawyers suing him for violating Fourth Amendment protections against "unreasonable" search and seizure? Today's kids have rights, and teachers and principals must heed due process.

But, rights and due process cost. Let's return to the hip-hopping at Marcus Garvey to ask: If Dr. Palmer had to spend time and effort documenting the kid's hip-hopping, consult with legal counsel and take other "due process" measures, would he have approached the kid, or said to himself, "It's not worth the grief" and let it slide? I'm guessing the latter.

The same human response applies to teachers' suspicions about student locker contents, gang membership, foul language and bizarre dress. A lot of student behavior that teachers know is not quite kosher goes unsanctioned and uninvestigated, degrading the school ambiance, because "it's not worth it."

What are Americans really concerned about? We're concerned about whether children smoke cigarettes. Education is going to rot. Children are making babies. They use foul language to and in the presence of adults. And every now and then kill one another. And from the White House to the outhouse, the nation's top concern is children smoking.

I'm 63. When I was young, a lot of kids smoked. But they didn't use foul language to and in the presence of adults, make a bunch of babies, or murder and assault one another, and they could read and write.

Plus, we dressed civilized for school (sneakers were no-no's and so were jeans for girls). I'll take cigarette-smoking civilized kids any day.

To find out more about Walter Williams, and read features by other Creators Syndicate writers and cartoonists, visit the Creators Syndicate web page at www.creators.com.

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Republicans ready to cave, again

by Vin Suprynowicz

At one point in Ayn Rand's classic novel of a regulatory state spinning out of control, "Atlas Shrugged," metallurgist Hank Rearden warns a government bureaucrat that if Washington keeps piling taxes and regulations on the remaining profitable businessmen, even they will eventually fail ... and what will the bureaucrats do then?

"You fellows always say that," the man from Washington answers smugly, "but it hasn't happened yet."

Following the same philosophy, D.C. Democrats figure that since the last hike in the minimum wage doesn't seem to have caused massive unemployment, they'll now try rowing the boat just a little closer to the falls. Having succeeded in outlawing the jobs of anyone whose labor isn't worth \$5.15 per hour, they now scheme to outlaw the jobs (incrementally, over two years) of anyone whose labor isn't worth \$6.15 per hour.

Those who believe wages should be a voluntary contract between employer and employed — and who understand the pernicious impact of engineered inflation on wealth and savings — might normally take some comfort from the fact these Democrats control neither house of Congress. But to do so today would be to ignore the nature of the opposing party, the Nerf Republicans, who stand in relation to true, principled conservatism as a Whiffle ball measures up against a hundred-mile-an-hour Randy Johnson fastball.

"I'm practical enough to know it's going to happen" in the House, Rep. Cass Ballenger, R-N.C., tells The Associated Press. "Why wait till the ax falls?"

Unable to make an articulate case for allowing young folks easy access to the bottom rungs of the employment ladder in a truly free market, these Republicans might as well be saying, "We've got them outnumbered, so let's surrender now, before the battle begins and someone gets hurt." The best compromise the GOP seems to think it can win is to slow down the proposed phase-in, to three or four years.

Then, having assumed the standard modern Republican negotiating posture (admit defeat, then plead for concessions), the GOP aims to see if it can do a few favors for small businessmen in exchange for arbitrarily driving up their labor costs.

Among the ameliorative proposals are a permanent reauthorization of a federal tax credit designed to encourage employers to move unskilled workers into better jobs, full health insurance tax deductibility for the self-employed, and an increase in the deductibility of restaurant meals from 50 to 80 percent (supported by the National Restaurant Association — what a surprise.)

Moving beyond further attempts to modify behavior through the tax code, an idea has also been floated to attach to the popular

minimum wage hike a provision that the Labor Department relax rules which dictate how employers can count or award comp time.

Between the two (if these really are the only options), ousting the government from the micromanagement of how overtime and comp time are awarded would be the wiser course, since it would actually restore more freedom to workers and employers to sort out such matters for themselves.

On the tax front, it is indeed unfortunate that the taxman chooses to provide a tax advantage for large employers who offer health benefits, while withholding this benefit from the self-employed (whose insurance costs are higher, anyway.) Given that the government has already meddled in this area (albeit with pernicious results, effectively locking many older workers into their current jobs due to health concerns), equalizing the treatment of the self-employed would be wise.

Otherwise, the notion that the current tax code needs more changes and complications — especially "targeted tax breaks" designed to further micro-engineer business behavior ("Let's get them to eat more restaurant meals") — is simply absurd. Why bother patching up a relic that's soon bound for history's scrapheap, anyway?

Vin Suprynowicz is the assistant editorial page editor of the Las Vegas Review-Journal. His new book, "Send in the Waco Killers: Essays on the Freedom Movement, 1993-1998," is available at \$21.95 plus \$3 shipping (\$6 UPS; \$2 shipping each additional copy) through Mountain Media, P.O. Box 4422, Las Vegas, Nev. 89127-4422. The 500-page trade paperback may also be ordered via web site <http://www.thespiritof76.com/wacokillers.html>, or at 1-800-244-2224. Credit cards accepted; volume discounts available.

Vin Suprynowicz, vin@lvrj.com

The evils of tyranny are rarely seen but by him who resists it. — John Hay, 1872

The most difficult struggle of all is the one within ourselves. Let us not get accustomed and adjusted to these conditions. The one who adjusts ceases to discriminate between good and evil. He becomes a slave in body and soul. Whatever may happen to you, remember always: Don't adjust! Revolt against the reality! — Mordechai Anielewicz, Warsaw, 1943

"Whenever governments mean to invade the rights and liberties of the people, they always attempt to destroy the militia, in order to raise an army upon their ruins."

Rep. Elbridge Gerry of Massachusetts, during floor debate over the Second Amendment, I Annals of Congress at 750, August 17, 1789.

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War-Welfare in Yugoslavia

by Jacob G. Hornberger

More than eighty years ago, the United States entered World War I with the express purposes of making the world safe for democracy and making that war the one that would end all future European wars. The intervention was a radical departure from the foreign policy that George Washington had enunciated in his Farewell Address and which had been followed by the American people for more than 100 years — stay out of European conflicts and instead let America be a beacon of freedom, peace, and prosperity for the world.

Even the most ardent defenders of foreign wars and foreign intervention admit that World War I was a waste of American life. The consequences of World War I were exactly the opposite of what were intended. The chaos of war, the devastation of Germany, and the Treaty of Versailles gave rise to Adolf Hitler, Nazi Germany, Communist Russia, and, a short time later, World War II.

Democrats and Republicans have always billed World War II as the "good war" because Adolf Hitler was killed and the Nazi army was defeated. Unfortunately, however, the dark consequences of that war are rarely discussed. The reason that Great Britain and France declared war on Germany in the first place was to ensure that Poland did not fall under totalitarian rule.

Yet, at the end of the war, Eastern Europe, including Poland, found itself under the iron communist fist of the Soviet Union. Were the Eastern Europeans that much better off suffering under Joseph Stalin and the Communists than under Adolf Hitler and the Nazis? We're told that World War II was waged to save Jews from the Holocaust.

By the time the war was over, however, six million Jews had died in the Nazi gas chambers. And the U.S. government's "concern" for the Jews was exposed for the sham it was by a policy that prevented German Jews from saving their lives by emigrating to the United States.

One of the darkest consequences of both World War I and World War II has been the wholesale transformation of the United States into the warfare-welfare empire of the world, waging perpetual war for perpetual peace whenever the "national interest" has dictated it: Korea; Vietnam; Grenada; Panama; Somalia; Persian Gulf; and a host of covert military interventions all over the world.

The U.S. bombing of Serbia is the culmination of this warfare-welfare mindset, and it reflects how far the United States of America has plunged into political and moral depravity. The issue is not whether a foreign dictator mistreats his own citizens. Dictators have done that throughout history. The issue is: Under what moral or constitutional authority does the president of the United States send our nation into war in order to dictate to a foreign dictator what he should do and shouldn't do to the citizens of his own country?

Whether to revolt against the tyranny of one's own government rightfully rests with the people who are suffering under that tyranny. Ultimately, they, not some foreign government, have to decide whether the oppressiveness under which they suffer is worth the risk of armed conflict against their own government.

The United States has no more business being an international policeman than it has being an international military-welfare daddy. After all, where does all this stop? Do all governments have the right to militarily intervene to remedy the tyrannical acts of other governments?

How would Americans react if China, Russia, or even Vietnam began bombing our cities in order to save Americans from another Waco or Ruby Ridge or even to prevent the federal government's never-ceasing infringement on the autonomy of the respective states?

Under the warfare-welfare state, our president now exercises the omnipotent power to send the entire nation into war without even the semblance of a congressional declaration of war. Throughout history, dictators have yearned for such power — the power to unilaterally cancel external restraints upon their power to wage war. Why, even Hitler dreamed of that kind of power.

U.S. government officials say that the war is about the welfare of the Kosovar refugees. If that's true, why are they prohibited from emigrating freely to the United States? If the U.S. government really has so much concern for people suffering under tyranny, why does it continue to repatriate Cuban refugees into communist tyranny?

Our nation started out as a constitutional republic whose powers were extremely limited, and the result was a shining beacon of hope for people all over the world. The time has come to recapture that vision by bringing the troops home and dismantling the warfare-welfare machine that has caused so much misery and destruction around the world.

Mr. Hornberger is president of The Future of Freedom Foundation, 11350 Random Hills Road Suite 800 Fairfax VA 22030 Tel. (703) 934-6101 Fax (703) 352-8678 E-mail: FFFVA@compuserve.com <http://www.fff.org>

Texas Constitution 2000

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 - given access to all evidence collected; and
 - given the opportunity, if convicted, of appealing to at least three other county courts in the same or adjacent Texas counties.

Article 4, Part 1, Section 1 Texas Constitution 2000

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Letters to the Editor

Letters to the Editor Policy: We require all letters to be signed, however, names may be withheld from publication by request. Letters may be edited for brevity, grammar and punctuation.

Cemetery is a Post problem

In response to "Cemetery Condition" that appeared in the Post Dispatch a few weeks ago and also in the Lubbock Avalanche-Journal on April 10, 1999, why Mrs. Delaune saw fit to send her complaint to the Lubbock newspaper concerning a problem with Terrace Cemetery in Post is beyond me.

To expect green grass, flowers and leaved trees in the dead of winter is, in my opinion, ludicrous. As a mourner at Mrs. Helen Taylor's grave site on Feb. 3, 1999, I was not affected in any way by the "condition" of the cemetery. My mother, Rubye Litton, is buried not more than 10 yards from the Taylor plot and I have no complaints about the upkeep of the property.

Mrs. Delaune's "concern" is but one more dig at her youngest sister, Mickie Fondy, who lives in Slaton and has always been the responsible party when it

came to her mother and father, the late Joe B. Taylor.

Mrs. Delaune's statement of having no surviving family members residing in the Post proximity is, in my opinion, a slap in the face to Mickie, a life-long friend of mine. I have personal knowledge that Mrs. Fondy has left no stone unturned in the care, respect and love she has shown her parents in the past, as well as the present.

Mrs. Delaune was informed prior to her letter to the editor, of which Mrs. Fondy was unaware, of the hiring of a gentleman to care for the family plot. It has been to private individuals that money has been paid for lawn care service, not the City of Post as implied.

Kay Litton, Lubbock

Prison work can be dangerous

Last week this community, and all other communities surrounding Lubbock, watched in terror as Nurse Cynthia Jobe was held hostage at the Montford Unit. As our local prison unit is scheduled to open shortly, I feel there are some issues that the general public needs to be aware of.

I spent 15 years of my life working in the mental health and corrections field. I began work at the maximum security hospital (Skyview) in Rusk. At that time, Skyview was the only mental hospital in the state that housed the criminally insane. In 1988, the Texas Department of Criminal Justice acquired that facility and it became a psychiatric prison unit.

In addition to Skyview, I worked at the Beto 1 Unit near Palestine, the Smith Unit at Lamesa, and finally the Montford Unit. At the Montford Unit I worked as a security lieutenant. My primary function while I was there was that of "use of force" coordinator. I say this to give you some background, so you will understand I know what I am talking about.

In September 1997 I resigned from corrections, not because I didn't feel safe, but rather to pursue other interests. My husband is still employed at the Montford Unit. I have numerous friends and acquaintances in corrections - both in the security field as well as in nursing, social work, therapy, etc.

I feel I can speak for most of them when I say, you are safer working in a prison than you are working at a convenience store.

Corrections is no different than any other occupation, in that there are always a "few bad apples." The trick is to know who they are before the emergency arises. As a supervisor, I recognized that a small percentage of my officers had poor work ethics. We tried to deal with that by on-going training. Correctional staff, no matter what field, all undergo extensive training. They are told up front that it is a dangerous job, and they are paid well for the risks involved.

My hat is off to Nurse Bean and Nurse Jackson, who went on camera to defend their fellow employees. And to the nurse who resigned when the going got tough, I would say, "good riddance." She obviously was not cut out to be a correctional nurse. I'm thankful that she quit now, and was not there to (possibly) run out on a fellow employee during a crisis later.

The only true statement I heard this particular nurse make was "the nurses have been complaining," and this was probably partially true. It was my experience that some of the staff (as in all work places), complain all the time. So much in fact, it gets to be like the little boy who cried wolf too many times.

When something serious does happen, you tend to ignore it, thinking it's just another gripe. There are procedures in place for both employees and inmates to air their grievances. Those persons who have a legitimate complaint are encouraged to take advantage of these procedures.

Please do not get the wrong idea here, corrections is a very dangerous profession. We live in a dangerous world.

We are no longer safe walking our neighborhood streets; our children are in grave danger in our public schools (not to mention how dangerous it is to be an unborn baby, but that's a whole other letter). The bottom line is this: whatever our calling, we need to give it our best and stay "prayed up" at all times.

God never promises us tomorrow on this earth. We must live every day as if it is our last as it well could be.

Darlene Pruett

Blaming others for clinic problems

I am writing in response to letters in last week's editorial section from Abel Salas, M.D. and Kristen Lindblom, CS. Whether right or wrong, I have been apathetic in regards to the hospital district situation, and this letter is not intended to place my support in either camp.

The purpose of this letter is to say that Dr. Salas and Ms. Lindblom should stop blaming everyone else for their problems with the clinic and start accepting at least some of the responsibility themselves.

I have not had any association with Ms. Lindblom, but I have met Dr. Salas on a few occasions at the clinic. The first time I met him, he seemed very friendly and professional. My second encounter with him, however, left a somewhat different impression.

He was treating my husband in the emergency room, and he acted as if my presence annoyed him. He completely ignored any comments or questions that I directed toward him. I don't know if he was having a bad day or if he was put out because he had to be called to the clinic after hours.

What I do know though, is that when I go to the doctor, or when I accompany a member of my family to the doctor, I expect to be treated with respect and courtesy, and I did not get that from Dr. Salas.

I would also like to know how they can claim that they provided 24-hour service. My son fell at school one morning and bumped his head on the concrete. I took him to the clinic at approximately 8:30 a.m. The nurses did their part and called Dr. Salas who in turn told them to send us to Lubbock without even coming to the clinic to examine him.

I had to take off from work and drive to Lubbock for my pediatrician to look at his head, say that he should be all right, and tell me the signs to look for in a serious head injury. If Dr. Salas had come to the clinic, he probably could have made the same diagnosis. That doesn't sound like 24-hour service to me.

I hope this letter doesn't sound like a personal attack, but I just thought that if Dr. Salas and Ms. Lindblom want to accuse "the powers that be" for the demise of a 24-hour clinic, the public should know that there are other factors that may have contributed.

Rhonda Valdez

Another violation of individual rights!

In case you hadn't already seen this article, on Sunday, May 2, 1999 the Austin American Statesman's Jim Vertuno posted an Associated Press story: "Senate passes plan seeking insurance proof," saying that uninsured motorists better beware.

"The state may find you soon. A bill approved by the Senate would allow the state to randomly ask 500,000 Texans at a time to mail in proof of insurance. Under the bill sponsored by Sen. Teel Bivins of Amarillo (vehicle registrations of drivers who fail to respond would be suspended.)"

Mr. proof that both republicans and democrats are socialistic pig rears of increasingly similar shades. Did you see that? **Suspended!** "We must see your papers please, or you will be suspended!"

The story went on to say that offenders would have to "pay \$100 and show proof of insurance to get them reinstated. Those caught driving with suspended registrations would face \$1,000 to \$2,000 fines."

Big brother is watching, and waiting to collect more revenue from unwitting slaves to the state.

Name withheld by request

Is a tomato a "vegetable"?

The "Neighbor to Neighbor" column by Kelly Ahrens for 22 April 1999 brought tears of both laughter and sorrow to my eyes. She reports that the humble tomato, the fruit of a small bush with which many of us are familiar, was declared to be a vegetable in 1893 by no less an august body than the United States Supreme Court.

Why? So it could be taxed. Scientifically, the part of the tomato plant we eat is a fruit. Fruits contain the seeds of plants. Vegetables are plants grown for the food value of their stems, roots, leaves, and flowers. You can establish these facts with reference to any dictionary.

Fruits were not taxed in 1893. The US Federal government desired to tax the tomato. So the tomato was declared to be a vegetable, against reason, against science, against Nature, against language, against God (Genesis 1:29).

In a country where a court rules that a fruit is a vegetable, so that it may be taxed, is it any wonder that wages are taxed as income, that hospital districts created by the legislature deny any authority exists for their dissolution, that vegetables such as coca leaves and opium flowers and hemp leaves are made illegal without any constitutional authority although alcohol was only prohibited after an amendment was added, that paper and pot metal are declared money by fiat, and the people are made poor through fractional reserve banking?

No, we should not wonder that impartial justice is a myth to our generation. We should not wonder that freedom is a myth to our children's generation. We should not wonder that taxes remain high as a global depression spreads from our farms and distant lands into the hearts of our cities.

Long ago, Texans argued for smaller government more responsive to the people. They voted for it, they were rebuked for it, and they fought for it. In 1865 that cause was lost.

Are we to turn our backs on that cause? The property lost as a result of that War is gone, the lives lost for that Cause are gone, but the need for smaller government remains clear. If we are ever to free ourselves from a government that declares fruits vegetables, insists that you have a permit to own or operate your car or gun, takes money from your pay and bread from the mouths of your children, and tramples on all your other God given rights, we must take some action, and soon.

Otherwise, we will continue to live at the whims and caprice of a government so brazen as to declare pi equal to three, fruits equal to vegetables, free men equal to slaves. Texas Constitution 2000 offers a lawful and peaceful alternative. It makes all Texans free, it makes all Texas government serve the people.

Best of all, under Texas Constitution 2000, fruit will remain fruit, as no body of men has power to tax, legislate, or regulate.

Jim Davidson, Chairman
Texas Constitution Ratification Committee
<http://www.tcrf.com/>

Our best intentions "boomerang"

We try to make things better, but wind up making things worse. This is what happened with the "GUN FREE SCHOOL ZONE" law, passed in 1995 by the United States Congress. This law tried to protect children from violence.

Instead, it boomeranged. It exposed our children to harm — even death — at the hands of mass murderers of every age. America is experiencing a rash of mass-murders in our schools. There is no end in sight.

We need to stop blaming each other and get to the true cause. We must stop blaming the parents, the TV & video programmers, the musicians, the gun dealers, the police, the teachers, the counselors. The massacres are nobody's fault. They are caused by a good-intentioned law gone bad.

We've always had bad kids, bad parents, loaded guns, and violence in the media. What we didn't have, until 1995, was "GUN FREE SCHOOL ZONES". Research indicates that these school massacres are the direct result of "Gun Free School Zones".

University of Chicago Professor John Lott is the author of the landmark study on guns and crime, entitled More Guns, Less Crime. Professor Lott has been studying the relationship of guns and crime for over 20 years.

Professor Lott was originally opposed to gun ownership, but his research convinced him that gun ownership actually prevents crime. Professor Lott has shown that all types of violent crime are reduced when states allow citizens to carry concealed weapons ("Concealed Carry Laws"). But there is one type of crime that is reduced more than all others: public mass murders. Professor Lott says that Concealed Carry Laws reduce public mass murders by 84%!

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Goof Up,

Several people in Post may have received post cards from The Caprock Cultural Association with postage due. Sorry, Sorry, I just got mixed up and put the wrong stamps on the cards.

Looks like the printing of 1c or 20c on the stamps shouldn't make that much difference.

Especially for those of us that are mentally deficient.

Jo Ann Mock

The tallest structure in the U.S. is a TV tower in North Dakota that's 2,063 feet high.

Puzzle Solution

S-383

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New City Manager is familiar with Post

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67 ...	7.2%	82 ...	9.6%
68 ...	7.3%	83 ...	9.9%
69 ...	7.4%	84 ...	10.2%
70 ...	7.5%	85 ...	10.5%
71 ...	7.6%	86 ...	10.8%
72 ...	7.7%	87 ...	11.1%
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Fred Stephens, who has accepted the city manager position in Post, is no stranger to the community.

As regional services director for the South Plains Association of Governments (SPAG), Stephens has worked with Post officials on a variety of projects in his four years on the job.

Most recently, he worked with the city in preparing its grant application for the alternate water supply project and has assisted with grant application projects involving the Post Independent School District and the Garza County Probation Office.

He has also appeared before the local city council and county commis-

sioners court several times as part of his involvement with such projects.

Stephens' SPAG position involves working with regional communities on a variety of projects.

"I've had some working relationships with Post and other small cities," Stephens said. "We do lots of little services every day. We try to help small communities and counties... and we consider ourselves a professional arm of the communities we serve."



Most geckos can walk easily on an upright pane of glass. The tip of each toe has a pad that enables the gecko to cling to surfaces which appear smooth.



Vacationers should remember exposure to ultraviolet rays rises with elevation and nearness to the equator.

New cancer treatment at Arrington center

The Joe Arrington Cancer Research and Treatment Center (JACC) announced recently the initiation of a Phase III trial of Theratope vaccine for treatment of metastatic breast cancer.

The randomized double-blinded trial will evaluate the therapeutic vaccine's effectiveness in treating patients with metastatic breast cancer following the first-line chemotherapy. Part of a multinational trial, this study is being sponsored by Biomira Inc., a Canadian-based biotechnology company, and Chiron Corp. at about 70 sites throughout North America and Europe and will involve up to 950 patients, making it the largest cancer study of its kind.

Earlier studies suggested possible survival benefits in patients with metastatic breast cancer. In one study arm of two parallel, prospectively randomized trials, Theratope vaccine-treated patients had a median survival of 26.5 months compared to 9.2 months for matched patients in a retrospective control group.

"I've always thought Post was an attractive community. I've been to the Garza Theatre several times and am familiar with Old Mill Trade Days.... I look forward to finding a place to live in Post, but I may be driving back and forth for a while."

Stephens is a native of Rotan and a longtime resident of Portales, N.M., having graduated from Portales High School. He holds a degree from Eastern New Mexico University. The father of two grown daughters who reside in Albuquerque and Boulder, Colo., he moved to Lubbock four years ago.

Stephens is expected to move into the vacant city manager's office in mid-June. He will replace Rick Hanna, who resigned the post earlier this year to accept a similar position in Muleshoe.

This study is an attempt to produce the results in a much larger population. The primary end-points are time to disease progression and survival.

"The Joe Arrington Cancer Center is committed to bringing innovative new cancer therapies to the people of West Texas and Eastern New Mexico," said Charles E. Geyer Jr., M.D., medical director of JACC and principal investigator for the trial.

"We are pleased to have the opportunity to join Biomira, Chiron and other cancer centers around the world in evaluating this exciting new approach to controlling metastatic breast cancer."

Theratope vaccine incorporates a synthetic mimic of STn, a naturally occurring antigen found on cancer cells that is associated with an aggressive form of the disease.

It is conjugated to a high molecular weight protein carrier, Keyhole Limpet Hemocyanin (KLH). KLH function is a potent immunogen that also enables recognition of the small STn carbohydrate by the body's immune system.

A fairly quiet week at the Sheriff's Dept.

Nine individuals were booked into the Garza County Jail during the past week, according to sheriff's department records.

On April 28, an individual was jailed on bond forfeiture/possession of marijuana, while another was jailed for disorderly conduct and resisting arrest (released the next day).

One arrest was made April 29, that of an individual jailed for driving while license suspended (released the same day).

An individual was jailed April 30 on a commitment (released May 2).

Two arrests were made May 1 on charges of possession of marijuana/under two ounces (one of the individuals was released May 2).

Three individuals were jailed May 2, including one for driving while license suspended (released the same day), one for possession of marijuana/under two ounces, and one for possession with intent to deliver.



Central Bail Bonds has 24 offices with 30 agents making them the state's largest private surety bail bond company. Central's local office is located at 131 W. Main Street, Post, Texas 79356

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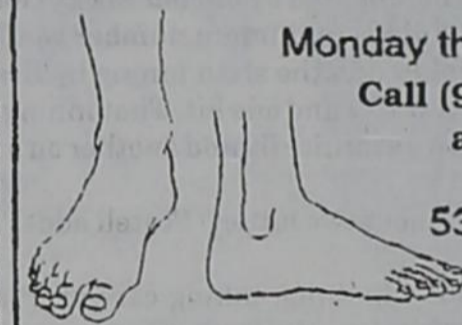
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Tax 'n Facts

by Terri Cash
How To Give More Tax Free

There comes a time when it's smart - as well as generous - to give away one's assets to family members. Every dollar taken out of an estate before death - at least three years before, according to the rules - escapes estate taxes.

One of the most popular escape routes is to give \$10,000 a year - \$20,000 from a married couple filing jointly - to as many family members or other individuals as the donor wishes. The \$10,000 figure is the limit that can be given without incurring a gift tax or subtracting from the donor's lifetime gift exclusion. (Be careful not to give other big gifts during the year to the same donee.)

But there's a loophole available that's sure to appeal to fond grandparents: if tuition is paid directly to the educational institution, it escapes gift taxes. Similarly, money paid for medical costs is not subject to gift tax as long as payment is made directly to the service provider.

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EMS TURKEY SHOOT

The Post Volunteer EMS Club would like to thank everyone that came out to the Turkey Shoot this past Sunday. We had shooters from several different towns and we really appreciate them coming to participate in our shoot.

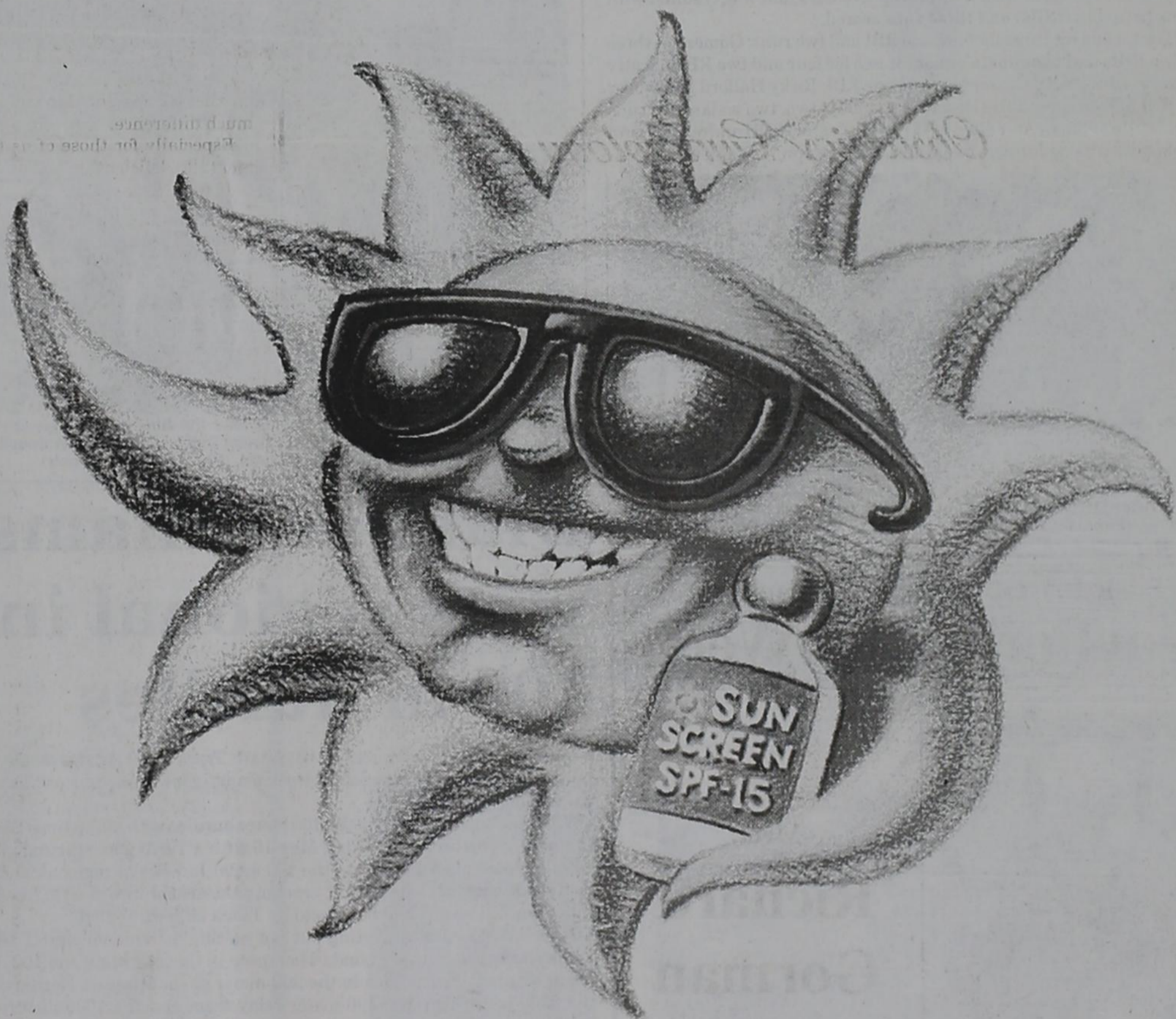
Also, we would like to thank all the merchants in Post who donated items for prizes.

Post Auto, Radio Shack, Terry Tire, Fashion Cleaners, Higginbotham, Sonic, Twins Fashions, Holly's, Pizza Hut, Georges, Wallace Lumber, Bee Hive, Babbs BBQ, Triple M, OS Ranch Shop, Frame Shop, Mason Farms and a very special thank you to the Palmer's for allowing us to hold the shoot on their farm.

Your support of the EMS is greatly appreciated and the funds raised from the shoot will help purchase new equipment.

Again, Thank You to each and everyone that helped make our shoot successful!!!

Post Volunteer EMS



DON'T GET SCORCHED!

Sunscreen and protective clothing are two of the most effective ways to protect yourself from the sun's harmful ultraviolet rays, one of the most common causes of skin cancer. More than 3/4 of a million people a year are diagnosed with some form of skin cancer. Some cases, involving the most serious of all skin cancers, melanoma, can be life threatening.

FREE Skin Cancer Screening
May 8, 1999
8:00 a.m. - 10:00 a.m.
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Sports



PHS Baseball Team Hunts for Bi-District Trophy

PHS Antelope Baseball Team members are (back row, left to right) Frank Reyna, Scotty Gaydos, Joseph Abraham, T.J. Gaydos, Braden Conner, Billy Doser, Brian Ellison, Rocky Gomez, Matt McCallister, (front row) Mikey Gonzales, Adrian Gonzales, Ricky Halford, Luke Williams, Roland Castaneda and Justin Acevedo.



Another trip to Austin

PHS golfers headed to the state golf tournament next Monday are (left to right) Brooks Conner, Jay Gorman, Justin Norman, Kasey Hardin, Justin Gorman and Marcus Lopez. They are coached by Chili Black (right). (Photo by Tim Burnett)

'Lopes set for first playoff game Friday against New Deal

The Post Antelope baseball team sailed into the playoffs Monday on the heels of a 12-5 victory over Plains in a rollicking contest at Frenship's Tiger Field. The win put the Antelopes at third place in district competition, behind first place Coahoma and second place Tahoka.

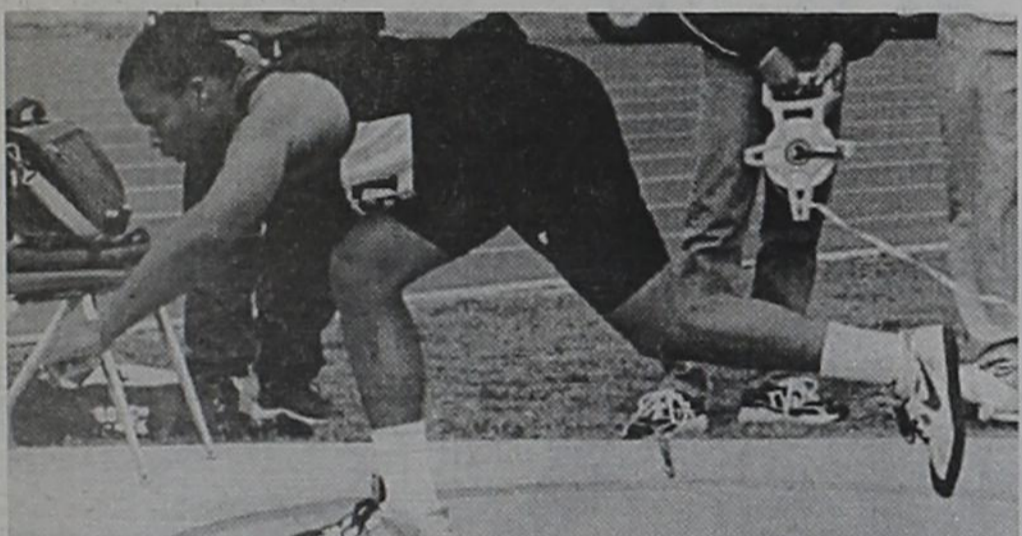
The Lopes will battle the New Deal Lions for bi-district honors Friday at LCU's Hays Field in Lubbock with a 4:30 p.m. "batter-up." Winning the coin toss, the Lopes will take home field advantage. "We wanted to play just one game," coach Fred Postell reports, "and New Deal wanted the best two out of three. We won the coin toss."

The convincing win against Plains was highlighted by pitcher Rocky Gomez, who faced only 18 batters through five innings (minimum number would be 15) and allowed only one hit. He was replaced in the sixth inning by Braden Conner, after Gomez tired and gave up six walks and one hit. That inning also gave Plains all of its five runs. One came on a sacrifice fly and another on a wild pitch.

"Braden came in and struck out their number two hitter," Postell adds, "and that snuffed out the threat."

In the seventh inning Conner came out whistling, taking care of Plains' number three, four and five hitters to retire the side. Rocky Gomez took two hot grounders a third base and Joseph Abraham got the other out at second.

T.J. Gaydos led the team with four hits on five tries and was credited with three runs batted in (RBIs) and three runs scored. Roland Castaneda hit three for four, one RBI and two runs; Gomez got three for five, two RBIs and two runs; Conner hit two for four and two RBIs; Scotty Gaydos was credited with two for four and one RBI; Ricky Halford got two for five, one RBI and one run; Billy Doser went one for two, two walks, two runs and one RBI; Abraham was credited with one for five, one RBI and one run and Mikey Gonzales hit one for two, two walks and one run.



Billy Crawford lets go of the shot put at the regional track meet last Saturday in Abilene. (Photo by Tim Burnett)



Rhonda Thompson leaps for the Lady Lopes during the long jump event at the regional track meet last Saturday in Abilene. (Photo by Tim Burnett)



Miranda Hernandez gets her breath after finishing the 3200 meter run. Coaches Rito Hernandez (left) and Christy Daily (right) with her daughter Brooks share the moment with Miranda. (Photo by Tim Burnett)

PHS boys' gold team headed to Austin

Marcus Lopez led the Post team to a regional championship and earned medalist honors for himself at the Region I-2A Tournament in Baird at the Shady Oaks Golf Course on April 26-27th. The Lopes found themselves tied at the end of the 36 hole tournament with Sonora after leading the first day by three over the field. Lopez and Ryan Hardgrave from Sonora were also tied for the first place individual. Post and Sonora had to play off and it ended after the first hole. Lopez hit a sand wedge from 108 yards and watched as it found the hole for an eagle on the first playoff hole giving Post a first place finish and medalist honors for himself. Four players from each team played in the playoff and the other Post players made par while the Sonora players had three pars and a birdie.

The Antelopes will be making their second consecutive appearance at the State Tournament held in Austin May 10-11th at the Lions Municipal Golf Course. They only lost one senior, Jerry Graham, last year and will be returning with an experienced team.

Team Standings: 1. (tie) Post 310-304-614 (won playoff on first hole); 2. Sonora (tie) 313-301-614; 3. Albany 322-301-623; 4. McCamey 320-307-627.

Individual Medalists: 1. (tie) Marcus Lopez, Post, 72-72-144 (won playoff on first hole); 2. (tie) Ryan Hardgrave, Sonora, 76-68-144; 3. Kyle Haiduk, Panhandle, 73-75-148.

Post Individuals: Jay Gorman 74-78-152; Justin Norman 78-76-154; Justin Gorman 87-78-165; Brooks Conner 86-91-177.

Kasey Hardin wins first, returns to state tourney

Kasey Hardin chipped in for a birdie on her final hole of the Region I-2A Tournament to give her a third consecutive regional title. The Lady Lopes fell just three shots short of a chance at the state title but came in third in the tournament held at the Shady Oaks Golf Course in Baird on April 26-27th. Only the top two teams earn the right to advance to Austin and the top two individuals unless the top individuals are on winning teams and then additional medalists may advance if they finish in the top six. On the first day of the tournament Kasey shot her best round of 2 under par, 68, in high winds and a dampened course from overnight rains. Her putter was working well and she finished the round with only 27 putts. The second day the course was dry from the winds and the greens faster and Hardin struggled on the first nine until she got a feel for the greens and managed to score a 74 besting her two-day total score from last year by two strokes.

The Lady Lopes were in second place after the first day by one shot over Sonora and 18 strokes behind the leader, Quanah. Shooting the same team score on the second day was not quite good enough as Sonora improved on their second day score and came out three strokes ahead of the Post team.

Hardin will be making her fourth trip to Austin. She was a freshman on the State Championship team and has returned as a medalist the past three years. She finished 8th individually her first year and fourth the last two trips. She has her sights set on the gold medal this time around. The State Tournament will be held May 10-11th at the Lions Municipal Golf Course in Austin.

Girls Team Standing: 1. Quanah 346-334-680; 2. Sonora 365-360-725; 3. Post 364-364-728; 4. McCamey 379-388-767; 5. Albany 391-384-775.

Individual Medalists: 1. Kasey Hardin, Post, 68-74-142; 2. Angie Whitley, Quanah, 77-81-158; 3. Monica Alvarez, Seagraves, 81-81-162.

Post Individuals: Becca Stelzer 98-93-191; Yvonne Lopez 96-95-191; Camie Payne 104-102-206; Miranda Palmer 102-111-213.

Dianna Williams wins regional in 100 m hurdles

Dianna Williams advances to the State Track Meet as the single state qualifier for the Post High School track teams following action last Saturday in Abilene.

Williams took first place in the 100 meter hurdles with a 15.0 time. She will compete in Austin on Saturday, May 15 with a 12:40 p.m. starting gun.

Kelly Moore placed fourth in the 100 meter hurdles at regional, and fifth in the 300 meter hurdle event, cracking the school record with her 46.88 time. The old record had been held by Tasha Gilbert in 1996.

Other Lady Lopes competing but not placing at regional were LaRinda Ledbetter in the discus, Rhonda Thompson in the long jump and 100 meter dash, Manuela Hernandez in the 200 meter dash, Miranda Hernandez in the 3200 meter run; the 400 meter relay team and the 1600 meter relay team.

Post Antelope varsity tracksters Billy Crawford placed sixth in the shot put with a 49' 8" throw and John Radle took ninth with his pole vault of 11' 6".



Dianna Williams clears the hurdles on the way to first place in the 300 meter event at Abilene during last Saturday's Regional competition. (Photo by Tim Burnett)



John Radle clears the pole during the regional track meet at Abilene last week. (Photo by Tim Burnett)



Rhonda Thompson (left) passes the baton to Manuela Hernandez in the 1600 meter relay. (Photo by Tim Burnett)

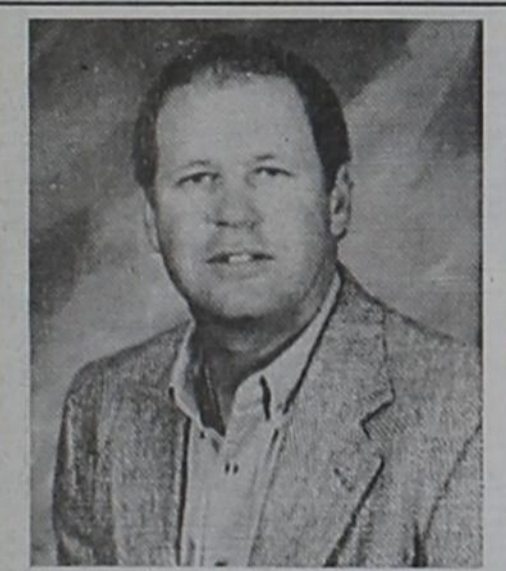


Kelly Moore races over the hurdles for the Lady Lopes at Abilene. (Photo by Tim Burnett)



LaRinda Ledbetter tosses the discus at the regional track meet last Saturday in Abilene. (Photo by Tim Burnett)

Sonic Drive-In Proudly Presents our Teacher of the Week



Meet:
Richard Gorman

Richard Gorman and his wife Pam are parents to Jay, 17; Justin, 16 and Kaycee, 11. Richard is a graduate of Snyder High School and Angelo State University. He teaches health, P.E. and English. Richard enjoys golf, reading John Grisham novels, outdoor sports and movies as hobbies.

Sonic Drive-In proudly sponsors "Teacher of the Week" and offers a FREE meal at Sonic to the Teacher of the Week.



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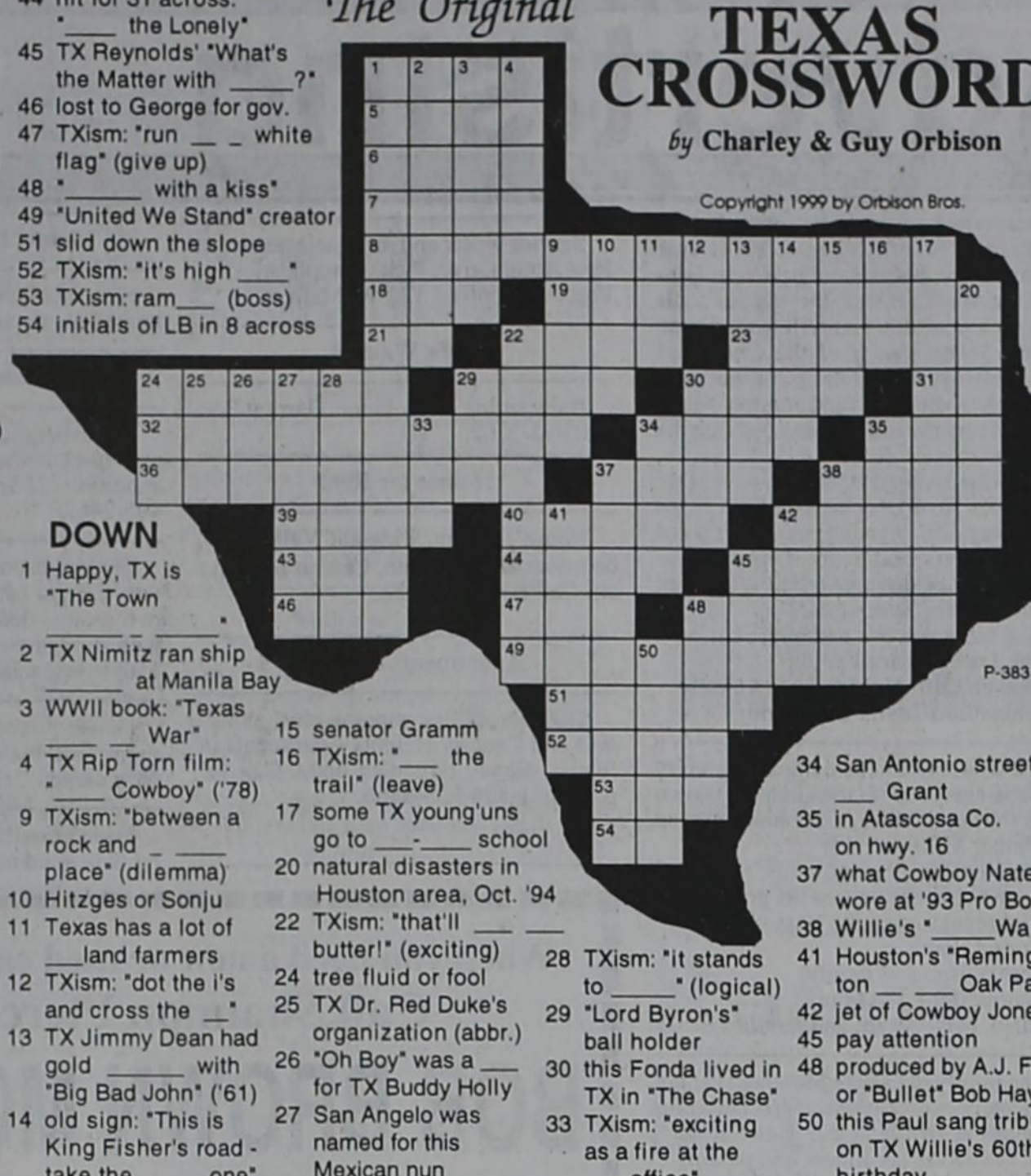
by Charley & Guy Orbison
Copyright 1999 by Orbison Bros.

ACROSS

1 dog's tail motions
5 TXism: "sheared like a spring lamb"
6 TX state (pecan)
7 TXism: "useless as party to a pig"
8 UT's Nobis won this award in '65
18 numero
19 this robber was hung in early TX
21 Cowboys objective
22 TX-born Martin was "Peter Pan" ('55)
23 exotic deer in TX from southern Asia
24 drier than west TX
29 TX Bush lost bid for 2nd
30 poinsettias were named for TX
31 TX singer Roy (init.)
32 TXism: "you're dancing in (in danger)"
34 El Paso's Vikki
35 SMU's Berry was a Colt All-
36 he shot Billy the Kid
37 hit for 34 across: "With Pen in"
38 Killeen's Fort
39 album of 34 across: "Hombres"
40 Crockett's advice: "Be sure right then go ahead"
42 "pray"
43 TXism: "got the down" (proof)

DOWN

1 Happy, TX is "The Town"
2 TX Nimitz ran ship at Manila Bay
3 WWII book: "Texas War"
4 TX Rip Torn film: "Cowboy" ('78)
9 TXism: "between a rock and place" (dilemma)
10 Hitzges or Sonju
11 Texas has a lot of land farmers
12 TXism: "dot the i's and cross the"
13 TX Jimmy Dean had gold with
14 "Big Bad John" (61) old sign: "This is King Fisher's road-take the one"
15 senator Gramm
16 TXism: "the trail" (leave)
17 some TX young'uns go to school
20 natural disasters in Houston area, Oct. '94
22 TXism: "that'll butter!" (exciting)
24 tree fluid or fool
25 TX Dr. Red Duke's organization (abbr.)
26 "Oh Boy" was a for TX Buddy Holly
27 San Angelo was named for this Mexican nun
28 TXism: "it stands to" (logical)
29 "Lord Byron's" ball holder
30 this Fonda lived in TX in "The Chase"
31 TXism: "exciting as a fire at the office"
34 San Antonio street: Grant
35 in Atascosa Co. on hwy. 16
37 what Cowboy Nate wore at '93 Pro Bowl
38 Willie's "Walls"
41 Houston's "Remington" Oak Park
42 jet of Cowboy Jones
45 pay attention
48 produced by A.J. Foyt or "Bullet" Bob Hayes
49 this Paul sang tribute on TX Willie's 60th birthday




Cowboy Spirit featured at Tower Theater

The Tower Theater is hosting the Spirit of the Cowboy Show for the second year in a row on Friday April 30th at 7PM. Schahara Hudelson said the event will be a little different this year and will feature Rusty Hudelson's Bum Steers. Last year his Knights of the West show was well attended with guest Alvin Crowe.

Lots of dancers took to the dance floor and she is hoping to lure an even bigger crowd this year with the Bum Steers. This acoustic cowboy group features Rusty on Accordion and vocals, Matt Skinner from Alpine, TX, on acoustic guitar and lead vocals, Jeremy Watkins from Midland, Tx, on fiddle, and Adam Odor from Groom, TX, on stand up bass.

Singing three part harmonies, this group does a rousing rendition of Rawhide and When Payday Rolls Around. Rusty brags on this student based group saying, "They are extremely talented young men and have been invited to sing more events than they can handle."

Put on your dancin' boots, come out to the Tower and support the Bum Steers. They will perform Western Swing and Cowboy music. Tickets: \$7.50 806-894-3552

Schahara Hudelson *Romancing the Tones Piano Instrumentals For Relaxation and Romance.* <http://www.musicmessage.com/Romance.htm> <http://schahara.eCode.com>

Charlie Brown has been selected "Garza County Senior Citizen" for 1979, announced Katharine Cathcart, senior advocate.

From The Post Dispatch, May 3, 1979



Yesteryears

by Pat Burnett

**May 3, 1989
10 Years Ago**

Truman and Wanda Irwin of Cleburne will celebrate their 50th Wedding Anniversary with a reception hosted by their children and grandchildren, Saturday, May 6, 1989 at the home of their daughter, Kathy Granberry, at 404 Pecan Street in Grandview.

The couple was married May 6, 1939 in Lubbock, where they lived

Jodi Cash Rodgers announces the birth of a daughter, Maggie May, born April 7, 1989, weighing seven pounds and seven ounces.

POST HIGH SCHOOL sophomore Jana Hudman will compete in Austin this Friday along with her coach, Sandra Alexander. Jana qualified for the state U.I.L. competition in news writing.

Being in the hospital is no picnic, you'll have to admit, but in Ann Altman's case it came pretty close recently. It wasn't actually a picnic, but it was a birthday party to celebrate her 78th birthday.

**May 3, 1979
20 Years Ago**

Mr. and Mrs. Larry Williams and sons of Levelland visited in the home of Mr. and Mrs. Joe Williams recently.

Funeral services are pending for John Nichols, 90, who died Tuesday, May 1

Born August 31, 1889 in Sequim.

Mr. and Mrs. Johnny Collazo wish to announce the birth of their son, Johnny Jr., born April 25 at 4:17 a.m. in Lubbock's West Texas Hospital. Johnny Jr.

**May 1 1969
30 Years Ago**

Mrs. Mary Stolle was honored with a dinner on her 85th birthday last Sunday at the Shallowater home of her sons, Roy Stolle and Mr. and Mrs. Leo Stolle.

Mr. and Mrs. W. G. McCleskey and Mr. and Mrs. Tom Murray enjoyed a fish dinner at the Herman Huffakers Sunday.

The Garza Hospital District was officially created Monday by an order of the Garza County Commissioners Court, but that doesn't mean the county's "hospital financial situation" has been solved.

Mr. and Mrs. J. R. Kiker of Whitney, who are spending the week in the home of Mr. and Mrs. L. B. Pate, visited early in the week in Clovis, N. M., with the Carol Pates.



There is never been a great athlete who did not know what pain is.


-Bill Bradley

The tongue is more to be feared than the sword.


-Japanese proverb

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FAX: 495-2059



Card of Thanks

On behalf of David's family, I would like to express our appreciation for all the ways people extended love to us during our recent loss. We are indebted to the staff and non-

Hallelujah!
With heartfelt gratitude,
The family of David Cheshire

We want to thank all of our friends and family for the many expressions of love and kindness shown to our beloved "Mimi" during her illness. Our local Covenant Home Health Care staff became a part of our "extended family", along with Gloria Taylor and Janice Moreman and can be matched by none for their warm and loving care. The support of our "family" of neighbors has been felt for many years, but never as strongly as this past year. Then came the months of hospitalization, when all of you, our friends, continued to lift us up in prayer and show your concern with calls, food, cards, flowers and visits. Our most recent "family" was those of you who made the day of Mimi's funeral service a memorable and lovely occasion with your personal representations, memorials and talents. The ladies who served us lunch at the First Baptist Church were so gracious, not to mention the splendid meal that was served. Nancy Gordon was so generous to share

her marvelous musical talent on such short notice; and Mimi's nephew, Phil Hagar and his friend, Brent Hardigree from Trinity Church in Lubbock, thrilled our souls with their heavenly piano/flute rendition. Paul Jones, Pastor of the Church of Christ always knows the right words to say to bless your heart and comfort you in times of sorrow, and to open eyes with the truths he reveals. And finally, a warm "thank you" to Dee and Janet Justice, for assisting us in so many ways; to the nephews, who served as pallbearers; and to all of you, friends and family, for sharing and being a part of the life of this "special lady". God bless you one and all!
The Jewel Taylor Family
June and Bill McMullen and family
Emma Lou Taylor and Family

We would like to take this opportunity to thank everyone for the kindness shown to us during the loss of my husband and our father Milo Smith, Jr. For all of the prayers, cards, memorial gifts and flowers we are so grateful. A special thanks go to the class of 1955. Norma Smith Teri Wilson and family Laurie Stone and family Allen, Mike Smith and families

- Service writer and mechanic needed at Post Automotive. Pick up applications at Post Automotive, 122 W. Main.
- ### Jobs Wanted
- Baby sitting in my home. Harriett Poe, call 495-2202.
- ### Homes for Rent
- House for rent: Pleasant Valley, two bedroom and two bath. Central heat and air. Call 806-828-6322.
- ### Apartments for Rent
- \$100.00 off first months rent! Windmill and Century Heights Apartments in Slaton. Newly remodeled units. Call for pricing, 1-806-828-3866.

- ### Mobile Home Lot to Rent
- New mobile home space available for immediate move in. Call 806-828-1343.
- ### Homes for Sale
- Three bedroom, two bath, two car garage brick home. Central H/A excellent condition. 703 N. Ave O. 405-2888 or 495-2467.
- Three bedroom, two bath house on two lots. Central heat and air, basement with two rooms, double carport, fenced yard with storage shed. \$35,000.00. 606 West 11th street. call 495-2473.
- House priced to sell fast. Two bedroom, one bath, one and one half lots. New carpet. Call 495-3714.
- Priced to sell: Three bedroom, two bath brick in good neighborhood. Carport and

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Note: It is illegal to be paid for anything beyond medical and legal expense in Texas adoption.

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WE'LL SHOW YOU the money! Call any of our clients! 5hrs/week "Talking" Phone Card Machines \$10,880 required. Free sample! CardMart of America, Inc. 1-800-876-3326.

AVON PRODUCTS - **START** your own business. Work flexible hours. Enjoy unlimited earnings. Call toll free 1-888-942-4053. \$20 start-up.

DRIVERS WANTED

ARROW TRUCKING COMPANY - Come drive for the best! \$1000.00 sign-on bonus! Dry van, flatbed and regional opportunities available! Regional drivers home weekly! Top pay, equipment and benefits! Student drivers welcome! Call 1-888-277-6937 today!

DRIVERS - NOW HIRING! OTR drivers, company and O/O. Super teams split to 40c - Company, 84c - O/O. 1-800-CFI-DRIVE, www.cfidrive.com

DRIVERS - EARN TO 37¢/mile! Consistent miles. More home time. Great benefits. Great equipment. Midwest/48 states. 3 years OTR + 1 year flatbed. Combined Transport, 1-800-290-2327.

DRIVERS - START AT 34¢/mile! 2,500-3,000 miles/week. *100% conventional sleepers. *Benefits & bonus program. *Mostly no touch/Drop & Hook. Call OTRX today! 1-800-423-6939.

\$500 SIGN-ON BONUS - Drive to own. No 5 down, no credit check. 96-98 Prosleepers/Condos - 80c all miles. Company drivers - up to 35¢ per mile. 2,500+ miles per week. 2 years CDL experience. Call today! New Apple Lines, 1-800-843-8308 or 1-800-843-3384.

CONNER TRANSPORT, INC. 1-800-522-5545. Fort Worth carrier needs experienced F/B drivers/owner operators to run midwest, southeast or regionally. Good pay, home weekly. Great teamwork!

DRIVERS/OTR - NO NYC, NO NE/Canada. No loading/unloading. No bull! Minimum 23 years with 1 year OTR with HazMat. Paschall Truck Lines, 1-800-848-0405.

DRIVER COVENANT TRANSPORT *Coast to coast runs* Teams start 35¢-37¢. *\$1,000 sign-on bonus for experienced company drivers. For experienced drivers and owner operators. 1-800-441-4394. For graduate students 1-800-338-6428.

DRIVER - SOLOS START up to 36¢/mile.

Teams up to 38¢/mile. \$10,000 longevity bonus! Minimum 23 with six months OTR experience. Vernon Sawyer. 1-888-829-9565.

DRIVERS-OWNER/OPERATORS - One of the top lease packages! Paid: Base Plate, Permits, Fuel Taxes, Tolls, Scales, 80CPM load & empty. 1-800-846-4321, Arnold Transportation.

DRIVER - GREAT PAY and high miles! Plus 100 new freightliners, 80% West Coast runs, 99% no-touch, 401K, Qual-Com, in-cab e-mail. Call today! John Christner Trucking, 1-800-528-3675.

DRIVER: UP TO \$100/day orientation pay. Up to 35¢/mile to start! Great home time. Assigned, all conventional fleet. Lease Purchase options. Boyd Bros., 1-800-543-8923. EOE.

DRIVER: REGIONAL DRIVERS wanted. Company and O/O positions available. Home most weekends. Long haul available. New truck purchase program! Call 1-800-888-0203, Texas Star Express.

DRIVERS: OWNER OPERATORS wanted. Regional fleet, home most weekends, long haul available. Mostly Midwest/Southeast. Company positions available. Student drivers welcome! Call 1-800-888-0203.

OTR DRIVER - DRIVER-friendly company looking for teams & singles. Central Texas area. Good pay, good miles. Home every 7-14 days. Call 1-800-600-0977. 2 years experience. Good driving record.

RAPID FREIGHT of Texas is seeking OTR drivers. Minimum 1 year experience. Class A CDL with HazMat required. Call recruiting at 1-800-299-7274, ext. 21 or ext. 41.

EDUCATIONAL/TRAINING

AIR FORCE. Great career opportunities available for high school grads, ages 17-27. Plus up to \$9,000 enlistment bonus if you qualify! For an information packet, call 1-800-423-USA9 or visit www.airforce.com.

DRIVERS: TRUCK DRIVER training, easy enrollment. Paid scholarships if qualified. Enjoy \$600+ per week after training. Job placement experts. National Distributors, 1-888-209-0617.

COMPANY SPONSORED TRAINING & First year income \$35K - Stevens Transport - OTR drivers wanted! Non-experienced or experienced. 1-800-333-8595. EOE.

TRI-STATE SEMI DRIVER Training, Inc. *Job placement assistance before training.* Tuition loans available. No credit check. *17-day training* 3001 N145, Palmer, TX. Call 1-888-854-7364.

FINANCIAL SERVICES

!GET OUT OF Debt Free! Credit Counseling Centers of America. Stop collector calls. Lower payments & interest. Free debt consolidation.

Non-profit (Member NFCC), 1-877-936-2222, toll free.

AUTO LOANS - ALL credit

 accepted. No application fees. Most approvals 1 hour. 24 hour service. 1-800-967-5313, www.world13.com, World Funding Group, Inc.

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CREDIT CARD DEBT?

 Avoid bankruptcy! *Stop collection calls. *Cut finance charges. *Cut payments up to 50%. Debt consolidation. Fast approval! No credit check. National Consolidators. 1-800-270-9894.

OVER YOUR HEAD in debt? Do you need more breathing room? Debt consolidation. No qualifying! *Free consultation 1-800-556-1548. www.anehorizon.org. Licensed, bonded, non-profit/national company.

REFINANCE FAST! OVER the phone! Need second chance? Credit problems - Bankruptcy - Foreclosures - OK. Starting under 7% - APR 8.973. Platinum Capital. Nationwide Lender. 1-800-699-LEND, www.platinumcapital.com.

FOR SALE

SATELLITE SYSTEM 18" direct dishes. Basic \$59. Dual box systems \$174. Ask about free programming. 1-800-325-7836. Open daily.

HELP SOMEONE YOU love quit chewing tobacco! Mint Snuff is made of mint, not tobacco. Mint Snuff Pouches are a healthy alternative to cigarettes! 1-800-EAT-MINT.com.

KISS YOUR CABLE goodbye. Only \$69. Includes 18" Little Dish System. 40 channels for \$19.99/month. Call toll free 1-888-292-4836. C.O.D. or credit card. FedEx Delivery!

AMAZINGLY LOW PRICES - Wolf tanning beds. Buy factory direct. Excellent service. Flexible financing available. Home/commercial units. Free color catalog. Call today, 1-800-711-0158.

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MINERAL & ROYALTY OWNERS! Land a professional market your unleased acreage to oil companies at no cost to you! Call toll free, 1-888-822-0007. Minerals Management Company.

REAL ESTATE

SOUTHERN COLORADO RANCH Sale! 48 acres - \$36,900. Enjoy sensational sunsets over the Rockies and views of Pikes Peak on gently rolling terrain. Long road frontage, telephone and electricity. Ideal for horses. Excellent financing. Call toll-free 1-877-676-6367, Hatcher Ranch.

#1 CAMPGROUND MEMBERSHIP and timeshare resale clearinghouse! Don't want yours? - We'll take it! Buy! Sell! Rent! Resort Sales International, 1-800-423-5967.

Post Independent School District invites the Senior Citizens of the district to come by the Superintendent's office and receive a gift of a complimentary general admission pass that will admit you to all school functions. (You will be asked to present identification so that a pass can be issued in your name).

Post Group of Alcoholics Anonymous
Meets every Thursday night at the First Presbyterian Church, 901 West 10th at 8 p.m. Closed meetings are held except on the last Thursday of the month, which is an open meeting. Door opens at 7 p.m. and the meeting starts at 7:30 p.m. cake and coffee following the meeting. Anyone who wishes to talk or ask about an alcohol problem, call 495-4152, 495-4185 or 629-4393.

Services and Repairs

Alterations and general sewing. 909 West 12th, or call 495-3092.

Help Wanted

Norwest Bank TX, N.A. is now hiring for Bank Tellers. Preferred candidates must be extremely goal-oriented and have a stable work history.
Requires six (6) months to one (1) year experience in all areas listed below:
• Excellent customer service skills
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or
• Past teller experience.
Interested candidates please fax resumes to 1-888-667-2445
Norwest is an Affirmative Action Employer
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CNA needed for day shift. Call Cindy Guthrie, R.N. at Golden Plains Care Center. 806-495-2848.

Panther Industries, Inc. a solid 75 year old Fort Worth TX manufacturer needs responsible people in the Post area; Regardless of training call R.D. Richardson Dept. BJ-79356; 800-433-7664 or fax 817-831-0028 or write PO Box 961001, Fort Worth, TX 76161-0001.

GREAT LOCATION! 2 lots on corner of 603 W. 11th Street ... PRICED RIGHT!

Log home, US 84 frontage, acreage, fenced, near Lake Alan Henry. (Ideal!! Room to build boat storage.)

Charming 3 BR, 2B, Brick, C-H/A on large lot. Recently installed metal roof, fresh paint, detached 3 car garage/workshop, fenced. 409 W. Main.

PRICED TO SELL! 2 BR, office/nursery, 1B, living room, kitchen, cellar, carport and workshop. 505 W. 14th Street.

CEDAR HILLS! Split level brick and cedar, 3BR, 2 1/2 bath, 2 car garage, family room/fireplace, large kitchen, formal dining, game room, workshop/storm shelter, covered patio and rustic landscaping on 3+ scenic acres. This is a "must see for yourself."

Country home West of Post with 121+ acres/1/2 minerals. 3 BR, 2B, living room/fireplace. Formal dining area. Also includes: a water well, large metal building and other extras.

NEW OWNER WANTED: 3 BR, 1B, C-H/A, double carport/shop, cellar beneath a large covered patio, metal storage buildings, fenced. 811 W. 6th Street.

Commercial Building located on South U.S. Hwy 84, would be ideal for an office or a drive-thru facility. Large portion of the lot fenced. Call for details.

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Mitchell Real Estate

- 3 BR/2 BA, brick, great neighborhood, central H/A, large storage building, fenced yard.
- 2 BR/2BA mobile home on 2 city lots, carport and storage bldg., central H/A.
- Double-wide mobile home at Two Draw Lake, 2 BR/2 BA, carport, priced to sell.
- Landmark in Post on West Main Street. Beautiful 3 BR/3 BA, on 2 1/2 lots, double car garage, beautiful landscaping, spacious back yard. Must see if you are seriously looking for the perfect home.
- 3 BR/2 BA, close to school, new carpet, storage house.
- Needs TLC, 3 BR/2 BA w/rental. Needs some repair but priced to sell.
- Acreage with 3 BR home, corrals, and great for horse operation.
- Lake Alan Henry - home on 1 acre, 5 min. from boat dock.
- Ready to move in - 3 BR/2 BA, central H/A, lots of extras, large rooms, 1 1/2 lots, fenced yard, fireplace, storage house and 2 car garage. Also brick and corner lot. A real bargain!

"Years of experience and four salespeople to serve you"

Kim Mills - 495-3719
Barbara Hardin - 495-3987
Mike and Wanda Mitchell - 495-3104
495-5515
495-5146

AUCTION

Saturday, May 8, 1999 ----- SALE TIME 9:37 A.M.

Auction Location: Lamesa, Texas From intersection of US Hwy 87 & FM 179 North 3/4 mile on FM 179 (North of KBob's Steak Barn)

L.E. Griffin and Others -- Owners
The Following will sell at Public Auction.
For more information call (806) 893-3000 or Cruce & Fletcher Auctioneers (806) 296-5050 or (806) 866-4201.
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- R/D Scroll Saw
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- Antique Furniture
- Fairfield Platform Scales
- Electric Appliances
- Bench Grinder
- B/D Jig Saw
- Vises
- Ladders
- Mechanics Tool Chest

- Bedroom Furniture
- Old Avon Bottles
- Refrigerator & Reezer
- Belt & Disc Sander
- Routers
- B/D Workmate Work Table
- Toro Battery Pack 21" Lawn Mower
- Mechanic Tools

Lots of Tools, Antiques, Miscellaneous Items Too Numerous To List

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storage shed. Call 495-2504 or 495-3050.

House at Lake Stamford. Call 327-5616

House for sale, 206 West 14th street. Call Sonia at 495-2605.

Miscellaneous for Sale

Svamp cooler. Call 495-3361.

Strel Building in original crate. 40x24 was \$,880 now \$2,969. Jim 1-8-292-0111

Evaporative cooler, \$150; two boys bikes \$35 each; ladies bike, \$50; sofa, \$50. Call 495-2961.

Cemetery lots for sale, Grassland Cemetery. Call 806-799-8960.

Big screen TV for sale. Take on small payments. Good credit required. 1-800-3970.

Sundance Capri hot tub. Massage therapy jets, one year old. Priced to sell quick Call 495-4067.

Foi sale: couch, carpet and 1 recliner. Call 629-4247.

Garage Sales

Saturday, May 8th, 8 am till noon. 412 Osage.

Foir family garages sale, Saturday, 8 am. 107 East 7th.

Moving sale: Friday and Saturday, May 7th & 8th. Jim Jacksons, 1 1/2 miles south on the Gail Hwy, second cattle guard on right.

Saturday, 9:30 till 3:30, 412 W. 5th.

Saturday, 416 W. 13th, 9 am till 2 pm.

Friday and Saturday, 9 am till 5 pm. Rotary room at Community Center. Rita Mason.

Friday and Saturday, 9 am till 5 pm, 512 W. 4th. Lots of misc. and womens clothes.

Vehicles for Sale

1975 Ford pickup and antique piano. Call 327-5616.

1989 Ford F-150, blue and white. Short bed, extended cab, new engine, aluminum wheels, grill guard. \$6000, call 806-495-3700.

Lost and Found

House for rent: Pleasant Valley, two bedroom and two bath. Central heat and air. Call 806-828-6322.

Legal Notices

Notice of Vacancy

The City of Post is accepting applications from persons interested in the position of swimming pool operator. This is a seasonal job beginning in late May and ending in late August. Applications will be accepted until Monday, May 17, 1999 at 12:00 noon. Applications may be obtained at City Hall, 105 East Main, Post, Texas 79356. EOE ADA

Notice of Public Inspection

The Ershel Franklin Charitable Trust, a private foundation, with offices at 201 East Main (P.O. Box 790), Post, Texas, principal manager, Giles McCrary. The annual report of this foundation to be filed not later than May 15, 1999 will be available at its principal office as above indicated for inspection during regular business hours, 9 a.m. to 3 p.m. on any business day by any citizen who requests it within 180 days after publication. Giles McCrary, Manager

Notice of bids

The Garza County Sheriff's Dept. is accepting bids for a networked computer system, until 12:00 noon, Friday, May 21, 1999. Contact Lt. J.W. Jolly III at 806-495-3595 for specifications.

Bids are being received by Garza County Regional Juvenile Center for the following: Milk, bread and other food items. Bids will be accepted in the office of the Nutrition Coordinator until 11 A.M. June 9, 1999. Bids will be reviewed by the Garza County Juvenile Board on June 14, 1999. Bid specifications may be obtained by calling (806) 495-0266 ext. 22 or may be picked up at 800 N. Ave. F, Post, Texas. Garza County reserves the right to accept or reject any or all bids. Texas. Garza County reserves the right to accept or reject any or all bids.



Southland Students Honored

Southland High School students honored for their academic achievements during the fourth annual Celebration of Educational Excellence hosted last month at South Plains College were (left to right) sponsor Leslie Moore, Eric Valencia, Amanda Lopez, Amber Wharton, Kelly Butler, David Martinez, Jennifer Van Hoose and sponsor Claudette McKee. The event is sponsored statewide by the Texas State Board of Education and Texas Education Agency, which recognized 5,000 students this year.

Rotary Club to host visit of Philippine Island team

The Post Rotary Club will play host to a Group Study Exchange (GSE) team from the Philippine Islands beginning May 9.

The group is expected to arrive Sunday afternoon at about 4:30 or 5 p.m. from its visit with the Childress Rotary Club. A city-wide reception is planned for 6:30 p.m. at the Garza County Historical Museum, 119 N. Avenue N.

GSE team members will include team leader Jean Tangelagan, a bank manager and attorney who has been a member of the Rotary Club for eight years and is active in Girl Scouts; Leilani Alba, a producer and newscaster for ABS-CBN Broadcasting Corporation and former high school journalism teacher and newspaper reporter; Maria Lindy A. Arroyo, a bank executive and CPA and member of the Christian Family Movement; Ramon P. Maranon, an agriculturist in the Department of Agriculture with expertise in postharvest physiology of tropical fruits; and Primilo (Milo) Solinap, a development worker specializing in low-cost housing.

Each of the GSE team members hopes their visit to West Texas will help them grow in their profession. Alba sees the trip as a chance to improve her journalistic skills. Arroyo hopes to be exposed to the latest technologies in banking and financial institutions and Maranon wants to observe technologies used in postharvest processing that can be adapted and disseminated to the farmers in the Philippines.

Solinap said he hopes his GSE experience will help him learn about building sustainable communities through housing and construction projects.

Rotarians serving as hosts for GSE team members include W.G. (Bill) Pool, Leslie Acker, Jacky Harp, Lee Norman and R.L. Simpson.

During their stay in Post, the team is scheduled to participate in a Mexican dinner served at the Garza Hotel Sunday evening, followed by a Monday morning meeting with Garza County commissioners and a visit to the local juvenile detention center.

After the lunch, the team will visit

both local banks before meeting with Frank "Chief" Runkles at his home where they will view Native Indian artifacts. On Tuesday, the group will visit Post Middle School social studies classes, meeting with students to answer questions, and will attend the Post Rotary Club lunch meeting.

An afternoon visit to the OS Ranch Museum will be the team's final stop in Post before heading south to Snyder for an arranged meeting with Snyder Rotary Club members.

Visual Perception

(NAPS)—For many children who have difficulty learning, the problem may be visual rather than mental.

A child with poor visual perception can have difficulty with the activities of daily living, school tasks and play. Common symptoms include:



Occupational therapy can help children overcome difficulties with visual perception.

- Difficulty copying from the board, or completing tasks within the time allotted;
- Difficulty remembering what was read;
- Complaints or history of headaches, dizziness, watery eyes, or nausea after reading; and
- Avoidance of reading and writing activities, or fatiguing easily when reading.

One treatment option is occupational therapy. Practitioners can work with children experiencing visuoperception difficulties, and can refer them to optometrists or ophthalmologists for further visual examination, if warranted.

Occupational therapy for children experiencing learning problems is available in schools through the federal Individuals with Disabilities Education Act. Occupational therapy is also a covered service in many insurance plans.

For more information, or to locate an occupational therapist in your community, call the American Occupational Therapy Association at 1-800-668-8255, or visit the website at www.aota.org.

Linda's Restaurant

Lunch buffet daily or great menu!

Friday Night Fish Fry

Specials every night

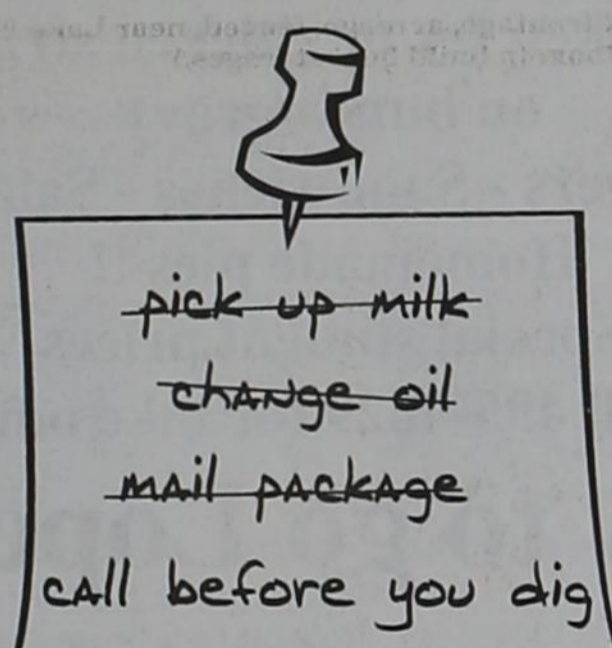
Breakfast served at any hour

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KN Energy clearly marks where gas lines are located, and where you shouldn't dig. Calling for locations of natural gas facilities is more than just a good idea—it's the law.

And if you ever smell natural gas, leave the area immediately. Don't operate any equipment, don't flip any electrical switches. Simply get away and call KN from another location.

Please take the time to call before you dig. Your family will understand if you forget to pick up the milk.



Emergency Number 1-800-633-0184

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Thank you!

Garza County Voters for your support and to all those who worked so hard in our campaign.

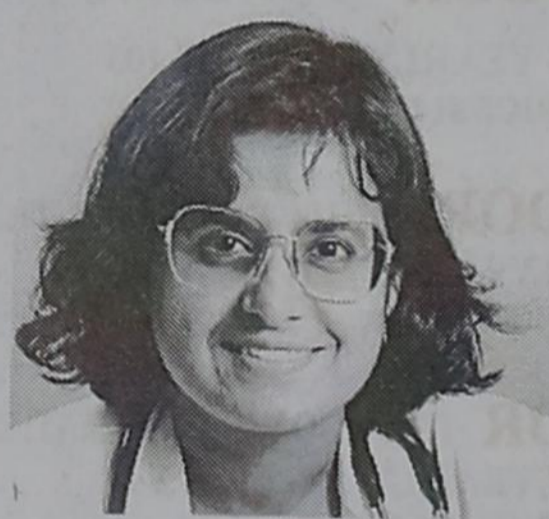
★ Bertha Fuentes

★ Charles Propst

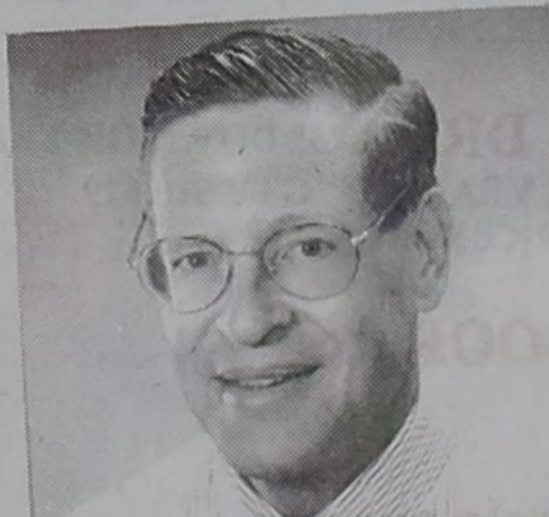
★ Carol Davies Tobias

pd. pol. adv. paid for by Bertha Fuentes, Charles Propst, Carol Davies Tobias; Carol Peppers, treasurer, 805 W. 15th, Post, Texas 79356

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Uma Rao, M.D.



Scott Bergfeld, M.D.

St. Mary Medical Group is proud to introduce your new health care team. Scott Bergfeld, M.D., a board certified family practitioner, has years of experience in geriatrics, preventive medicine and sports medicine. Isabel Rodriguez, Family Nurse Practitioner, specializes in family medicine, from pediatrics to geriatrics, including women's health. Uma Rao, M.D., board certified in internal medicine, will be coming to this location in August, 1999. Dr. Rao has been practicing with the group for the past two years. Together, Dr. Bergfeld and Nurse Practitioner Rodriguez can take care of you and your family's health care needs. Backed by the strength and resources of Covenant Health System, you can be sure you and your family will receive the quality care you deserve. Call today for an appointment at (806) 495-2853.

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- Women's Care
- Immunizations
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- Texas Health Steps
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A Member of Covenant Health System

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Thursday, May 6
Post Church of Christ, 4 to 9 p.m.
Donors get a free T-Shirt

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AT ROBERT HALL CHEVY-OLDS
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2738	99 BLAZER 4 DOOR 7% 15,000 MILES YEARLY MSRP \$25,400 SALE PRICE \$23,120	(ZERO DOWN) GTV \$15,200	35@ \$326.09
2695	99 TRACKER 4 DOOR 3.75% 12,000 MILES YEARLY MSRP \$18,941 SALE PRICE \$17,300	(ZERO DOWN) GTV \$9,849	35@ \$257.42
2666	99 SUBURBAN 4 DOOR 7.5% 15,000 MILES YEARLY MSRP \$33,767 SALE PRICE \$29,770	(ZERO DOWN) GTV \$22,624	35@ \$357.00
2779	99 S10 EXT. CAB 4X4 4% 12,000 MILES YEARLY MSRP \$23,870 SALE PRICE \$21,610	(ZERO DOWN) GTV \$14,922	35@ \$235.35
2625	99 S10 EXT. CAB 2X4 4% 12,000 MILES YEARLY MSRP \$20,548 SALE PRICE \$18,750	(ZERO DOWN) GTV \$12,779	35@ \$202.03
2605	99 S10 PICKUP 4% 12,000 MILES YEARLY MSRP \$15,512 SALE PRICE \$14,088	(ZERO DOWN) GTV \$9,757	35@ \$142.32
2668	99 S10 SPORTSIDE PU 4% 12,000 MILES YEARLY MSRP \$14,997 SALE PRICE \$13,700	(ZERO DOWN) GTV \$9,509	35@ \$136.89
2789	99 OLDS INTRIGUE GLS 7.5% 12,000 MILES YEARLY MSRP \$25,730 SALE PRICE \$23,837	(ZERO DOWN) GTV \$15,181	35@ \$336.42
2548	99 OLDS INTRIGUE GX 7.5% 12,000 MILES YEARLY MSRP \$22,190 SALE PRICE \$20,345	(ZERO DOWN) GTV \$12,649	35@ \$288.30
2470	99 OLDS ALERO 4 DOOR 5.3% 12,000 MILES YEARLY MSRP \$20,095 SALE PRICE \$18,568	(ZERO DOWN) GTV \$11,742 GM WILL MAKE YOUR 1 ST PAYMENT	35@ \$256.57
2558	99 CAVALIER 2 DOOR 6.25% 15,000 MILES YEARLY MSRP \$15,111 SALE PRICE \$14,140	(\$64 DOWN) GTV \$7,103	35@ \$248.60 OR 60@ \$258.24 @ 5.9%
2785	99 VENTURE 4 DOOR (\$1,100 DOWN OR TRADE EQUITY) 5.05% 15,000 MILES YEARLY MSRP \$26,070 SALE PRICE \$23,540	GTV \$14,599	35@ \$298.61
2675	99 MALIBU 4 DOOR (\$965 DOWN OR TRADE EQUITY) 5.5% 15,000 MILES YEARLY MSRP \$19,225 SALE PRICE \$17,690	GTV \$9,997	35@ \$240.02
2584	99 LUMINA 4 DOOR (\$1,398 DOWN OR TRADE EQUITY) 3% 15,000 MILES YEARLY MSRP \$19,557 SALE PRICE \$18,018	GTV \$8,801	35@ \$256.20
2696	99 CUTLASS GL 4 DR (\$1,761 DOWN OR TRADE EQUITY) 6.7% 12,000 MILES YEARLY MSRP \$19,325 SALE PRICE \$17,711	GTV \$10,629	35@ \$212.90
2562	99 CAVALIER 4 DOOR MSRP \$14,979 DISC. - 956 REBATE - 750 \$13,273 @ 5.9%		60@ \$255.98
2571	99 OLDS 88 4 DOOR MSRP \$24,605 DISC. - 2,530 -3,000 (LOYALTY REBATE) \$19,075 SALE PRICE		
2088	98 PRIZM 4 DOOR MSRP \$15,473 DISC. - 923 REBATE -3,000 \$11,550 SALE PRICE @ 7.9% AUTO TRANS., ALUM WHEELS, A/C, CRUISE, CASSETTE, POWER LOCKS		60@ \$234.00 *SUBJECT TO CREDIT APPROVAL

*TAX, TITLE AND LICENSE NOT INCLUDED IN THE ABOVE CALCULATIONS

Emphasizing Christianity in teaching children

(Continued from Page 1)

EXPLAIN "THE MICRO CHIP" the US government wants to implant in our children, to provide positive identification and which can be used to influence and control the conduct and behavior of the individual.

8. EXPLAIN how "ALL OF THE ABOVE" work together to create "a generation of people that will readily accept sudden and radical change without question, objection or opposition." Expose proposed, pending and active TEXAS legislation to implement all of the above

9. PRESENT and EXPLAIN "THE ONLY OPTIONS LEFT" for the people to protect their children from the governments never ending quest to gain absolute and total control over the children to the exclusion of all parental and church influence.

"For the past several years I have directed all my attention and energy toward analyzing those federal programs which, in effect, tend to isolate the church, separate the child from its parents and make state controlled puppets out of our children," Tomlin says.

White River ...

(Continued from Page 1)

An ordinance amendment will be prepared by Morton following approval by the council to assist the senior citizens in building and parking plans for a new Trailblazer facility. The zoning change is for the area on Avenue I and 10th Street.

Mayor Jim Jackson welcomed newly elected council member Dick Odom and mayor elect Archie Gill. They will accept their oaths of office at a special ceremony May 18 at 6 p.m. at City Hall.

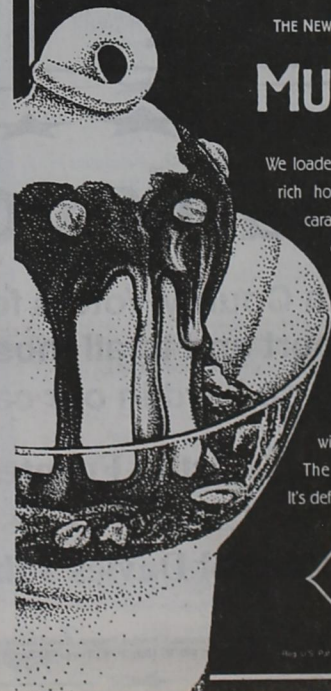
The meeting adjourned following canvassing of the May 1 election.

New Hours!!!
The Snack Shack
Open Monday - Saturday

6:00 am - 8:00 pm
Breakfast Burrito's or
breakfast to order
beans and cornbread
chicken fry or chicken strips
on bun w/gravy
Burgers - Sandwiches - Salads
Homemade pies !!
Special student prices
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TREAT.

We loaded it with a thick layer of rich hot fudge and delicious caramel. Then we add tasty crushed pecans, followed by a generous helping of creamy DQ® soft serve. And to top it all off, we add even more thick hot fudge and caramel, then sprinkle it with even more pecans. The new Pecan Mudslide™ It's definitely worth sliding in for.

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