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Friday, June 10, 2011

Successful Trade Day for downtown merchants

By Jodi Lincoln
Editor

Saturday morning dawned as another typical West Texas day with clear blue skies and a mild breeze greeting the vendors and visitors to Post City Trade Day. At first glance, the day did not look as if there were going to be many vendors or visitors on Main Street. But that was a worry short lived as Main Street quickly began to fill with vendors and visitors alike. Families could be seen strolling along Main looking at the many different wares offered by vendors visiting our city and our local merchants. Purchases were being made at every turn and stores were filled with shoppers. Many were from out of town and ah's and oh's could be heard everywhere as shoppers discovered a unique item or something they had been seeking for some time and had now found.

Jackie Cruse of J. Cruse Christmas Gallery set up a Tiki Hut outside his business where he sold a fruit drink served out of a cold pineapple that he had cored and then frozen to use as a glass. The drinks were a blend of

the rich, fruity taste of mango, bananas and pina colada mixer. The drinks were so refreshing that he soon sold out of the 50 pineapples he had prepared for drinks and guests were still asking for more of the drink. Jackie told the Dispatch that he "was so excited to be a part of Trade Day and I am delighted to see the traffic going in and out of merchants stores, many with shopping bags in hand. This is what we need to increase our businesses and to bring more shoppers to Post on a regular basis," he said. He went on to say, "I want Post to become known as THE PLACE to do your shopping for birthdays, anniversaries, Christmas and any other need a person might have."

Mary Norman, owner of Caprock Heirloom was another merchant enjoying a day of success as her shop remained busy most of the entire day with shoppers. Mary told us that "I have been so busy recently that I have not had an opportunity to go shopping and looking for more treasures to bring home and add to our store, but that's okay,"



Jackie Cruse and Joanie Coles outside J. Cruse Christmas Gallery making chilled fruit drinks from his Tiki Hut to quench shopper's thirst as they browse the vendor's wares during Post City Trade Day

she stated, saying "I would rather be too busy to make buying trips than to be so slow that I have too much time to shop!" Caprock Heirloom is just one of the many unique shops located on Main Street and each merchant has their own distinct and different wares to sell. There is much to choose from in each shop and all the merchants are proud to be doing business

in Post, with many saying they cannot imagine doing business anywhere else.

When one enters Main Street Mercantile they are met with several different aromas floating through the air that soothes the senses as one walks around and shops with them. They have so many items to offer that to list them would be an article in itself. One can find everything from scented candles

and bath products to kitchen-ware and gift cards.

The traffic in Plum Crazy, another one of Post's unique shops was...well, plum crazy! Shoppers milled about looking at all the unusual and exquisite items for sale, many taking advantage of the Trade Day and making purchases. Donna Dagan, one of the co-owner's told the Dispatch "this is one of the best trade days we have

had in a long time, we had sales that were comparable to the sales we had during the Centennial Days." CoCara's was also steadily busy as shoppers stopped in to refuel their energy for the rest of their shopping. Overall, the merchants and vendors had a very successful day even though the crowd of shoppers was not out in as great a numbers as past trade days.

Photo by Jodi Lincoln



Citizens Bank officer Shad Sturgeon and bank President Keith Williams with Post Volunteer Fire Department fire chief Les Looney, drawing the winner of the raffle for the John Deere Tractor mower donated by Hurst Farm Supply Inc., and Citizens Bank to help raise funds for the Garza County fire departments whose equipment and men have valiantly fought the many wildfires in Garza County this fire season. Both departments suffered major damages and losses to their firefighting equipment this season and were in need of additional funds to keep both departments in service and in good working order. Tino ALaniz of Close City was the lucky winner of the mower.

Photo by Jodi Lincoln

Pets of the Week



My name is Gigi and my brother is Coop. We are 3 month old Chihuahua mix puppies. We are both very small. I only weigh 3 pounds and Coop weighs 4. We are very sweet and love everybody. The nice people at the shelter rescued us from the City pound but we really want to live in a home with a forever family. Please contact the shelter at Postare@yahoo.com if you are looking for a small dog to love.

Post Notes

VW Post 6797 Men & Ladies Auxiliary will meet on Monday June 13th at 6:00pm. Meal will be served and Meetings will start at 7:00pm. Ladies are to bring covered dish. Upcoming convention in Houston will be discussed.

Coupons Workshop for Beginners

With such a great feedback from the first session, Caprock Cultural Association is proud to sponsor ANOTHER "Coupons for Beginners" workshop presented by Kristi Wink!

This FREE workshop will introduce the world of couponing and how it can benefit you & your family. Topics will include how to get started, keeping organized, finding deals, and learning tricks to walk away with 'freebies'.

Did you know you can find some great deals right here in Post? How can you make United, Dollar General, & Family Dollar stores a GREAT place to find good deals? See how people from our first class are shopping & saving money.

Workshop will be held at Heritage House on Monday evenings from 6-7pm lasting thru the month of June. First class will begin Monday, June 13th. There will be door prizes and giveaways each week!

Learn how to save 50-90% off your grocery/shopping trips! Call 495-4148 for more information.

Post Public Library Presents: "Dig Into A Good Book" the Texas summer reading theme for 2011. Summer reading registration begins June 3rd. Research shows a drop in literacy skills among students who don't read over the summer. Encourage your kids to read what they want...as long as it is on or above their grade level to maintain what they have worked so hard to achieve this past year. Summer reading can also help fill an achievement gap. Plan your summer schedule to include reading each day. Keep track of what is read, try new authors and interests, encourage older family members to read to younger siblings; it's like earning double points! Talk about your books, or to organize your own book club. Parents must accompany children who don't have library card. Library cards are free. During registration pick up your free reading log, bookmark and plan your summer success. Reading can save you from: "I'm Bored, what can I do?" Dig in...Let's READ!

Summer Rec is Around The Corner!

Registration for this year's Summer Rec Program begins Tuesday May 31 - June 30th. Participants must be registered prior to joining in

Post Notes...
continued on page 9

CHAMBER OF COMMERCE NEWS

We want to say another "thank you" to Silver Chamber Member Community Recovery Center for a great quarterly members meeting last week. We will have our next quarterly meeting on September 1.

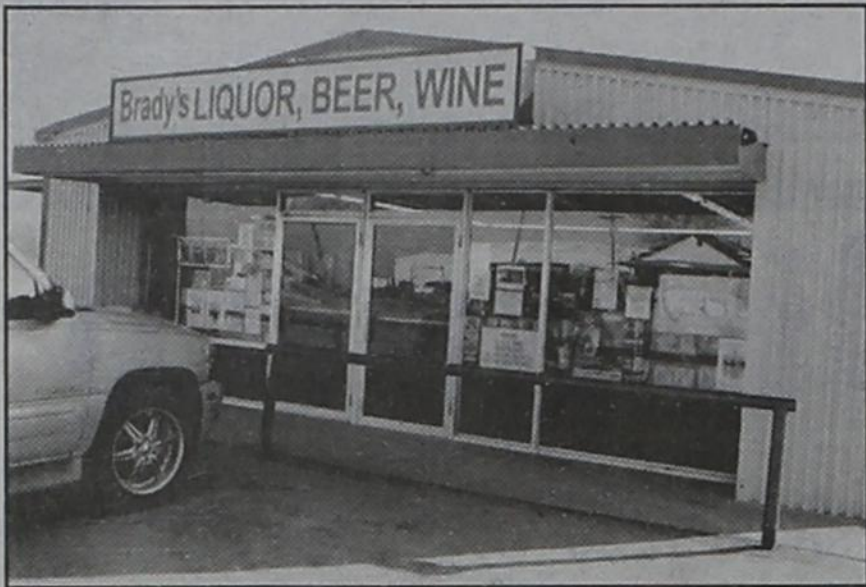
Check out the Chamber webpage at www.postcitytexas.com. It's a very informative webpage. If you see anything that needs to be updated, please give us a call at the PACC office - 495-3461.

The City Pool is now open and offering water aerobics. Call 495-1066 for more information.

The Caprock Cultural Association will have another Coupon Class beginning June 13. Call 495-4148 for details.

We will be placing a brick order for Memorial Plaza in July. If you need an order form, you can download one at postcitytexas.com or contact the PACC office.

Congratulations to our Members of the Week:



Platinum Member - BRADY'S PACKAGE STORE



Gold Member - CITIZEN'S BANK



Kenzie Black was named as Valedictorian of Abernathy High School, class of 2011 and plans to continue her education at Texas Tech University. Kenzie is the daughter of Bill and Cynthia Poole Black, both graduates of Post High School. Grandparents are three retired Post ISD Teachers, Chili and Carolyn Black and Shari Poole. Among other awards the Scholar - Athlete award was presented at the recent All-Sports Banquet. Kenzie has been active in her church, community and school.

Post residents graduate at LCU spring commencement

Lubbock Christian University held commencement exercises in May and among those graduating was one of two Post, TX residents. Rachel Gray, daughter of Rodney and Vicki Gray, graduated with a Bachelor of Science in Exercise Sports Science. Rachel was awarded the honor of Presidents list for her 4.0 term GPA this past Spring semester.

Cecil Martinez, son of Cecil and Estella Martinez, who graduated along with Rachel Gray, received his Bachelor of Arts in Criminal Justice.

LCU granted 221 undergraduate diplomas and 46 graduate diplomas during commencement exercises. Jerry Harris, LCU Board of Trustees Chairman and LCU Chancellor, Dr. Ken Jones presented the diplomas.

Matt Bumstead delivered the commencement address. Representing the fourth generation of Snell family ownership, Bumstead serves as co-president and as a member of the Board of Advisors for United Supermarkets, LLC.

Lubbock Christian University has over 2000 students and is a private four-year comprehensive institution that promotes unique educational opportunities with a strategic focus on student success in four key areas: spiritual formation, intellectual growth, personal stewardship and leadership development. Degree programs are offered for both bachelor's degrees and master's degrees. For over 50 years, the school has offered academic excellence in a Christian environment. For more information about Lubbock Christian University visit their website at www.lcu.edu.

OBITUARIES



Quillen Michael Truelock

Quillen Michael Truelock, 23, of Lubbock and Post died Sunday June 5, 2011 in Post. Services were 10:30 am Wednesday, June 8, 2011 at the First Baptist Church with the Rev. Steve McMeans, Pastor of the Indianan Avenue Baptist Church officiating. Burial followed at the Terrace Cemetery. Arrangements were under the personal care of Dee and Janet Justice, Justice-Mason Funeral Home of Post. Quillen was born May 29, 1988 in Lubbock and attended Lubbock schools and graduated from Coronado High School. He spent his weekends with his grandmother, Jeanette Hodges of Post. Quillen is preceded in death by his mother: Helen Ruth Hodges Truelock, January 1, 2005; his maternal grandfather: Dee Hodges June 14, 1986. He is survived by his grandmother: Jeanette Hodges of Post. One uncle: Johnny and his wife Lisa Hodges of Flower Mound. A cousin: Cade Hodges, also of Flower Mound. Memorials are suggested to a charity of your choice.



Ascension P. Martinez

Ascension P. Martinez passed away Friday, June 3rd, 2011 in Lubbock. Rosary will be held Saturday, June 4th at 7pm at Hudman Funeral Home in Post, TX. Mass will be celebrated at Holy Cross Catholic Church in Post, TX at 1pm Sunday, June 4th. Burial will be at Terrace Cemetery under the direction of Hudman Funeral Home.

Ascension was born August 15, 1923 in Gonzales, TX to the late Jose and Benita Pena. She married Luis Martinez on October 20, 1945. Ascension worked as a nurses' aide in Post for about 15 years. She was very active and independent, loved to cook and attended bingo regularly.

She was preceded in death by her parents, three sisters, one brother, her husband Luis Martinez, two of her beloved sons, Octaviano and Jose Martinez, one grandchild, and two great grandchildren. Survivors include five daughters, Victoria Solis, Angie Dietz, Marylou Gonzales, Pauline Gonzales, Becky Arizpe, and three sons, Benito Martinez, Luis Martinez Jr., Jessie Martinez, 26 grandchildren, and 34 great grandchildren. She is also survived by four sisters and three brothers.

The family would like to extend their appreciation to the staff of Lakeridge Nursing Home for taking care of Mrs. Martinez for the last seven years, as well as to her devoted sisters, who were there for her and Vicky during her illness, especially Annie.

FIND US ON FACEBOOK!

6 Week Childbirth Preparation Class Tuesdays, 7:00pm - 9:00pm Cogdell Memorial Hospital Boardroom

Registered Nurses trained and skilled in Obstetrics teach expectant parents about:

- ❖ Birthing methods
- ❖ Pregnancy complications
- ❖ What happens after you give birth
- ❖ Breastfeeding and caring for your baby
- ❖ Safety for baby: Infant CPR, Choking and Shaken Baby Syndrome
- ❖ and much more

Childbirth classes will build your confidence in your body's ability to give birth.

You can discuss your fears about labor and birth with the instructors and other couples with the same concerns.

Your partner will learn about childbirth and how to support you on the big day. You may find that attending childbirth classes together will create a special bond.

Next session begins July 5. Class schedules can be seen at www.cogdellhospital.com
Please register in advance by calling the OB department at 325 574-7150

As a service to our community there is no charge for these classes.

PRAY FOR RAIN!

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It is the mission of this newspaper to promote the rights of individuals, guided by the principles so eloquently described in the American Declaration of Independence. The right of life, liberty and ownership of property are the cornerstone for our freedom. Government's sole purpose is to enhance our liberty and freedom. Therefore, we hold every elected and appointed agent of government accountable to that standard.

Member Texas Press Association 2008

SUDOKU

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Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Beginner

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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2	1	4	6	9	5	8	7	3
8	7	5	3	1	2	4	6	9
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6	3	8	1	2	7	9	4	5
4	5	7	8	3	9	2	6	1
3	7	8	9	5	4	6	2	1

ANSWER:

United Supermarkets

Sweet & Tangy

NEW! Frozen Strawberry Lemonade

It's BACK \$4.79

Perfect for Summer Asian Salad

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I'm lovin' it!

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Legends...Garza County Historical Museum by Linda Puckett

As we continue with our War series, let's reflect on the late James L. Minor who was not only a former mayor of Post, but also a highly decorated soldier during WW II. Two of his citations are as follows;

James L. Minor, First Lieutenant, 142 Infantry for gallantry in action on September 12, 1943 in the vicinity of Altavilla, Italy. While his battalion was repulsing a heavy enemy attack, Lieutenant Minor learned from his mort-

ar observation post that our artillery was no longer firing. Front line troops, hard pressed in the intense enemy artillery, mortar and machine gun fire, were continuing to call for artillery support. Lieutenant Minor discovered the wire between the artillery observation post and radio control car was broken and with utter disregard for his own safety, he started tracing the broken line over a hill through heavy artillery fire. He repaired the line in numerous places with his

pocketknife and medical adhesive tape. He then crawled over the crest of the hill, under observation and fire from the enemy, to inform the observer that his communications were restored. Lieutenant Minor made his way back to his radio car, verifying establishment of communication. His magnificent courage, initiative and physical stamina enabled the artillery to resume fire and materially assisted in stemming the hostile attack. Lieutenant Minor's gallant

action reflects as a great credit upon himself and upon the Armed Forces of the United States. Minor entered the service from Tahoka, Texas.

A second citation was issued to Lieutenant Colonel James L. Minor, 142 Infantry Regiment, for gallantry in action on March 19, 1945 in Germany. As the First Battalion advanced to attack a town, they were subjected to a heavy enemy mortar, artillery and rocket barrage, inflicting many casualties and threaten-

ing to disorganize the column. Lieutenant Colonel Minor, the Battalion Commander, courageously moved forward with the assault elements of the company. In the face of intense enemy fire of all types, he moved from man to man along the column, encouraging them and directing their advance. When two enemy machine guns in the outskirts of town threatened to halt the advance, he directed fire upon them and succeeded in neutralizing the hostile weapons.

Lieutenant Colonel Minor's outstanding leadership and complete disregard for his own personal safety inspired the men of his battalion to overcome the formidable enemy resistance and seize their objective.

James L. Minor was the youngest Lt. Col. of World War II; he received the Distinguished Unit Ribbon from Gen. John E. Dahlquist, on behalf of the 1st Battalion, 142nd Infantry-36th Division Hero.

Is this the worst Texas drought ever?

The answer is no, but it certainly is one of the worst, according to Dr. John Nielsen-Gammon, Texas A&M University professor and Texas state climatologist. "Based on Palmer Drought Severity Index values, this is the third-worst drought Texas has ever seen in the month of May," Nielsen-Gammon writes in his blog, the Climate Abyss. "Records go back to 1895. May also marks the end of the driest eight-month period on record."

The worst droughts remain those in 1918 and 1956, according to Nielsen-Gammon.

Nielsen-Gammon's blog is hosted by the Houston Chronicle and can be found at <http://blog.chron.com/climateabyss/>.

According to the U.S. Drought Monitor, nearly 30 percent of the state remained in what is termed an "exceptional" drought, which means a once in 50-year occurrence. Half the state was experiencing either a severe or exceptional drought. Only parts of north central and northeast Texas were not at least abnormally dry as of May 31.

It may not be the worst drought ever, but lifelong

farmers throughout the state are telling Texas AgriLife Extension Service agents this is the driest they've ever experienced.

"Weather continued to be hot and dry," said Mark Brown, AgriLife Extension agent for Lubbock County. "Blowing dust from gusting winds occurred on several days. Irrigation continues where feasible. May ended with 0.26 inches of moisture recorded, making this year the driest five-month period on record for Lubbock."

And while a few weeks ago, rains may have

greened things up in East Texas, the region remains in a drought, according to AgriLife Extension agent reports.

"We are in bad need of rain," said Clint Perkins, AgriLife Extension agent for Wood County, about 100 miles east of Dallas. "Hay production is starting with drastically decreased yields. I have reports that the first cutting is one-quarter to half of normal."

"Corn, milo and cotton are under severe drought-like conditions and stressing," said Pasquale Swaner,

AgriLife Extension agent for Falls County, near Temple. "Stocker cattle producers have shipped cattle to feedlots. Pasture conditions are severe with little hay production across the county."

More information on the current Texas drought and wildfire alerts can be found on the AgriLife Extension Agricultural Drought Task Force website at <http://agrilife.tamu.edu/drought/>.

The 12 Texas AgriLife Extension Service Districts

AgriLife Extension district reporters compiled the following summaries:

Central:

The rain from two weeks ago played out. Stock-water tanks were drying out, and pastures were not producing much grass. Strong winds and high temperatures continued to make conditions worse. Some producers made their first hay cutting for fear of losing the crop. Hay yields were expected to be about half of the normal crop. Without rain soon, producers expected to have to start selling cows again.

Coastal Bend: The region was hot, windy and dry with above-normal temperatures and no rain in the forecast. Pastures continued to deteriorate, and ranchers reported increased supplemental feeding of livestock. Sorghum was maturing quickly because of heat and moisture stress, and producers were planning to harvest soon.

East: The region remained very hot, dry and windy, which further aggravated drought conditions. Producers began to cut hay, but were only getting one-fourth to one-half of normal yields. Farmers were spraying to control grasshoppers and horn flies. Livestock producers continued culling herds, and prices at sale barns were falling. Creeks and ponds were drying up throughout the region. In Trinity County some landowners were taking advantage of the drought to clean out and enlarge ponds. The blueberry and blackberry harvests were under way with good yields reported. Reports of feral hog activity and damage increased.

Far West: Some counties haven't received any measurable rainfall in over 264 days. The danger of wildfire remained high. Conditions were windy and dry with very hot days. The lack of spring rainfall was still ranchers' main concern as they need grass for cattle. Cotton planting was ongoing, with most irrigated fields being finished where some plantings were already emerging. Dryland farmers began planting cotton although there was virtually no chance of the crop even emerging. Pastures were in poor shape. Wildlife was venturing into town and into domestic yards for food. Pecan nut growth began following pollination. Alfalfa was nearly ready for a sec-

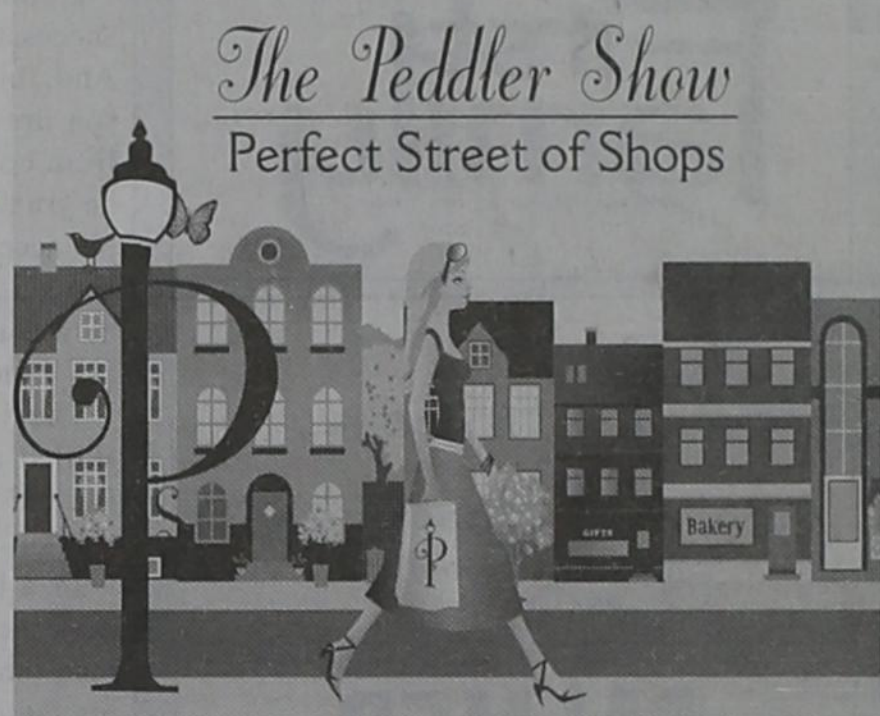
ond cutting. Bulbing of fall-planted onions was nearly complete, which means two to three weeks until the crop is harvestable. Chiles were doing fair at this time. Pastures were brown, though trees remained green.

North: Lack of rain, increased temperatures and winds of 15 mph and higher dried out soils and hammered forage growth. Soil-moisture levels were from very short to adequate. The wheat harvest was 40 percent to 50 percent finished. From early reports, yields were a little above average; some farmers reported yields of 60 to 70 bushels per acre. Some farmers have unharvested wheat in low-lying fields that were still wet from the previous rains. Corn was in fair to good condition and beginning to tassel. Grain sorghum and soybeans were in fair to good condition. Ranchers were harvesting early season hay, with yields reported as being slightly below average. Cotton farmers were nearly finished planting, as were sunflower growers. The oat harvest was completed. Peanuts and rice were both in very poor condition. Rangeland and pastures were in fair to good condition. Livestock were in fair to good condi-

tion.

Panhandle: A few isolated showers were reported, with accumulations ranging from 0.1 inch to 1.5 inches. However, the region overall continued to experience hot, dry and windy weather. Soil-moisture levels were mostly very short. The danger of wildfire remained high. Farmers with irrigation were applying lots of water to all summer crops. Rangeland and pasture conditions were very poor in most counties. Ranchers continue to cull herds due to the drought. Supplemental feeding was heavy by those ranchers trying to hang on to cattle.

Rolling Plains: The region was dry, windy and with highs above 100 degrees. Cotton producers were planting on irrigated fields, but even applying enough water to plant has proven to be a challenge. In the areas that received rain, producers were fighting blowing sand and soil erosion. In some cases they were performing a light tillage operation called "scratching" to loosen up caked soil and allow cotton plants to break the surface. Some cotton farmers had to replant. Only limited dryland cotton acreage was planted. Stock-tanks water evaporat-



The Peddler Show Perfect Street of Shops

Huge Summer Show! Over 85 Vendors!

Buy One Full Price Adult Admission (\$5) & Get One Free* With This Ad
*Limit 1 per person Valid June 10-12, 2011

June 10-12
Lubbock Memorial Civic Center
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Hours:
Friday 3pm-8pm
Saturday 9am-6pm
Sunday 11am-4pm
Admission:
\$5 adults
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Admission Good All Weekend

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AgriLife...
continued on page 8



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Buy One World Famous Allsup's Burrito, Get One FREE



Gold Medal Flour	5 lbs,	\$2.29
Shurfine Sugar	4 lbs,	\$2.39
Shurfine Eggs	Dozen, Grade A, Large,	99¢
Bar S Bacon	12 Oz Pkg,	2/\$5
Russet Potatoes	10 lbs,	2/\$5
Allsup's Bread	Wheat or White, 1 @ Reg. Price or	2/\$1
Bar S Thin Cuts	Select Varieties	2/\$4
Allsup's Ice Cream	1/2 Gal, All Flavors,	2/\$5
M&M's	Plain or Peanut, Buy One, Get One	FREE
Shurfine Canned Vegetables	Select Varieties	2/\$1
Bar S Franks	8 Ct Pkg,	3/\$2

Specials Valid ONLY at 409 N Broadway, Post, TX thru June 18

 Allsup's Milk 2 Gal / \$5	 Tallsup 32 oz Fountain Drink 49¢	 BBQ Sandwich 2 / \$1
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Come in, check out all our Specials and Register to WIN one of the following Prizes:

- 42" Flat Screen TV
- Golf Bag
- Diet Dr. Pepper Cooler

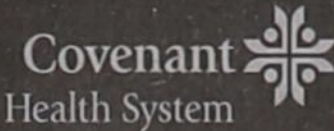
Drawing will be held at 409 N Broadway Street, Post Saturday, June 18 @ 1 p.m.
Do Not Need To Be Present To Win
See Store For Eligibility Rules

Covenant Mobile Mammography will be providing screening mammograms in Post.

June 29, 2011
United Supermarket
123 N. Broadway

For information or to schedule an appointment call 1.877.494.4797

Financial assistance, for those who qualify, is funded in part by the Lubbock Komen for the Cure.



In and Around Close City

by Traci Freeman

Weather
I'm thinking if I quit talking about the weather and saying the "R" word week after week it may change; so remember to keep "you know what" in your prayers~

News
Eric Alaniz who has been in Guam for the past few months has now been deployed to Alaska, while traveling to Alaska they made a stop in Japan. Eric should be in Alaska for a few months before heading

home to Louisiana. Eric is the son of Tino and Linda Alaniz and the grandson of Eva Gonzales and the late Mike Gonzales; Eric and DeeDee's children, Hailey and Jace are here spending some time with their grandparents.

Barba McCampbell; Eric McCampbell and family and Laura and Gabe attended graduation for Eric's daughter Andi in Houston; then came thru Post stopping to visit with us before

heading to Roswell where Barba lives.

Congratulations to Tino Alaniz for winning the lawn mower that was raffled off by Citizens Bank and Hurst Farm Supply with all proceeds going to the Fire Dept.

This is really Graham news but since its my kinfolk I'm putting it in here. Congratulations to Adam and Blanche on the arrival of their daughter,

Emma Lynn. She is the granddaughter of Robert and Belinda Brown and the great granddaughter of Delwin and Kathy Fluitt.

Barry and Amy Morris traveled to Stafford Virginia to visit with their daughter and son-in-law, Dan'l and Kayla Richardson. Dan'l is stationed at Quantico AFB in Virginia. While there they enjoyed a tour of the Washington DC area as well as some of

the Civil War Battle fields in Fredricksburg Virginia. Kayla is the granddaughter of Charles and Sharron Morris and the late Ronald Jo and Barba Babb.

Did you know..... No two cows have exactly the same pattern of spots.

Visitors
Peggy Butler Howell and her husband, Graydon stopped in Friday; Melinda Nelson Morgan came by to get a cap for her dad, Troy Nelson. Don't forget to check

our page on Facebook under Close City Community. Feel free to write on our wall or post pictures. It's a fun place to keep up with friends and happenings.

Close City Birthdays
June 11th - Jenny Wright Gonzalez
June 12th - Stace Norman
June 13th - Flora Gonzales
June 16th - David Norman

CLOSE CITY
continued from page 9

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Weekly Inspirations

THE BRAVEST MEN

BY: Michael F. Taylor

I once heard my father tell this illustration about a very powerful and successful business lawyer who had reached the very pinnacle of his career. And, this barrister's son grew up watching his father win case after case. His son dreamed of following in good old dad's footsteps and after graduating from college, he headed off to Stanford to study law. And you guessed it, he graduated from law school with honors- Magna Cum Laud. To celebrate his accomplishments, his father paid for a two week vacation for his son in Hawaii. Every day the son would call his father and talk about how excited he was to come home and begin his law career working in the dad's very own law firm.

The young man was intent on proving to his father that he would be a skilled and successful attorney- a chip off the old block so to speak. At the end of the two weeks, the young attorney returned to New York and was excited beyond belief as his father led him into his brand new office replete with a large luxurious leather chair sitting behind an antique carved wood desk the size of a Volvo. The office was adorned with pictures of the young man throughout his childhood and many framed photographs of the boy and his father. Seeing the pride in his father's eyes, the young lawyer made up his mind that he would solve as many cases as possible to show his father that he would indeed be an asset to the firm. The father left the son to his office and new secretary and wished him well.

Now, at the end of the day, the young man excitedly bypassed his father's secretary and burst into the door exclaiming, "Dad, Dad! Do you remember the Mishner case that you kept telling me would go on forever and ever? The case that you and I have discussed for the last fifteen years?"

"Well yes son, I remember it perfectly," his father assured him. "Hold on to your Armani suit then! Because in one day at the firm, I settled the case and saved our client hundred's of thousands of dollars!" the son proudly answered.

"YOU DID WHAT?" the father retorted with a frown appearing on his face. "Son, I didn't tell you that the case would go on forever, boy. I said that IT COULD GO ON FOREVER. Think about it son, when you would see me working on that case for days and nights on end, did this ever occur to you? I BILL BY HOUR!"

I guess that young man didn't learn all he needed to know in law school! Did you know that you and I didn't learn all that there is to know about the Lord the day that we came into relationship with him? And we didn't learn all that we need to know in Sunday School growing up. God is still teaching us daily as we walk with Him. And one of the greatest ways to learn about life and relationship with God is by reading the most inspiring and riveting book ever written- THE HOLY BIBLE. There is so much that I have yet to know about God and His plan for my life. But wonderfully so, I can pick up God's Word and read something I may have read a thousand times before and learn something entirely new that I never understood before. That is why God's Word is the Living Word. The Psalmist tells us in Psalms 119, "How can a young person stay on the path of purity? By living according to your word. 10 I seek you with all my heart;

do not let me stray from your commands. 11 I have hidden your word in my heart that I might not sin against you. 12 Praise be to you, LORD; teach me your decrees. 13 With my lips I recount all the laws that come from your mouth. 14 I rejoice in following your statutes as one rejoices in great riches. 15 I meditate on your precepts and consider your ways. 16 I delight in your decrees; I will not neglect your word." NIV

My prayer for each of you this week is that as you walk with God on this wonderful journey that we call life, don't forget to read His Word and learn more and more about the one who sent His only Son to bear our transgressions and lead a path to eternal Salvation. God bless and have a wonderful week in the Word of God.

"All Scripture is God-breathed and is useful for teaching, rebuking, correcting and training in righteousness, so that the man of God may be thoroughly equipped for every good work."

2 Timothy 3:16-17

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And thou shalt love the Lord thy God with all thine heart, and with all thy soul, and with all thy might.

Deuteronomy 6:5

Visit any one of these businesses and churches and you will find wonderful Post City people and those who support Post.

Yesteryears

10 Years Ago
Sgt. Dustin Massey served a one-year remote tour at Osan Air Force Base in Korea and received a medal for meritorious service.

Rev. Lloyd Stice was appointed pastor of First United Methodist Church.

Trinity Baptist Church held revival conducted by Rev. Mike Butts.

20 Years Ago
Country Caravan from South Plains college in Levelland, Texas performed a 90 minute show of country

music in front of the Courthouse.

Spiritual Soul Seekers performed gospel music at the city park.

Brent McDonald was named to the Dean's Honor Roll at Texas A&M.

Serena Lynn Voss graduated Magna Cum Laude and earned a bachelor of science in secondary education from Texas Tech.

30 Years Ago
Mr. and Mrs. Gene Posey announced the marriage of

their daughter, Patricia, to Michael Lofgren.

Mr. and Mrs. Chris Stelzer announced the approaching marriage of their daughter, Carla, to Terry Odom.

Jess Knight, the Justiceburg saddle bronc rider, was ranked fifth in the Winston Rodeo Series.

40 Years Ago
The newly established Eastside Church of Christ, held its grand opening Sunday, June 13. The new pastor was Bro. Larry Hambrick.

Five young men from Post attended the Texas State Technical Institute at Sweetwater. They were Charles Neff, Danny Bastic, James McBride, Joe Bilbo, and Richard Vardiman.

Bo Baker and his brother Dick Baker held a week-long "Crusade of Christ" in Post from July 19 through July 25.

Tower Theater showed its first ever all Spanish show, "Un Quijote Sin Macha".

50 Years Ago
Keith Smith received

the "Outstanding Student Award" scholarship from Xi Delta Rho Chapter of Beta Sigma Phi sorority.

Mr. & Mrs. Fred Myers were one of few couples receiving their degree at Sol Ross State College in Alpine.

Mr. and Mrs. James Hays announced the birth of a son, Brian James, born May 31, 1961.

60 Years Ago
Mitchell Malouf Jr., of Post was one of three returning fullbacks to Hardin-Sim-

mons University Cowboy football squad.

O.B. Kelly, Garza's first sheriff came to the area in 1892.

Miss. Ruth Emma McMinn wed H.L. Crouch Jr.

Linda McMahon was honored with a party on her fifth birthday.

Mrs. K. Stoker was host for a bridge party in her home.

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Al-Anon

Family Group meeting meets Monday at 8 p.m., Historic Presbyterian Church, 10th & Ave. K, behind United Supermarket in separate room from AA meeting. For more information call 495-3053.

The Safe and Serene NA Group of Post now meets on Fridays at the Community Recovery Center, 405 S. Avenue C. For meeting information please contact: Miranda at 806-632-7367.

Services

CRP and general brush clearing. \$100 per machine hour, no hauling fees over 50 hours! Call 325-236-2417 www.sepacservices.com.

Thank You

We would like to thank pastor Villallon and family, all the ladies that served after the funeral and everyone who sent prayers, cards, and flowers. We are truly blessed to have such a loving community with so many family and friends.

Thank you, all again and God bless you all.
The Hernandez Family

I would like to take this opportunity to express a very special thank you to the following people with High Country Pipe and Wright Construction, for supplying equipment and labor during all of the big Garza and Crosby County fires recently: Norby Larson, Brett Simerly, Cris Jost, George Anderson, Lemoin Wright, Matt Bartos, William Blackwood, Kenny Griffen. Your courtesy and cooperation shown to our fire departments was absolutely amazing, and certainly appreciated. We recognize that we are very fortunate

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to have such generous people volunteer their time and service to keep our communities safe from fires.

Michael Isbell
GC Emergency Management Coordinator

The family of Sue Bond would like to thank you for all the cards, calls, thoughts and prayers. We would especially like to thank our EMS, Fire Department and the Sheriff's Department. We are blessed to have such caring first responders. Thanks to Thessa Harp and Delores Redman for making sure that food got delivered to our home, and thank you, Curtis Hullman for your caring service.

Watson Family
Gunn Family
Pleasant Family

Thank you to our volunteer firemen, friends, county crews, and neighbors who responded to our call for help on May 24th. Thanks to everyone for your presence, your prayers, and your calls. May God bless each and everyone.

The Middleton's

VEW Post 6797 Men & Ladies Auxiliary would like to thank the community for their donations over the Memorial Day weekend when they held the annual Buddy Poppy drive. The breakfast at the Post was well attended and the ceremony at the courthouse had a good attendance as well.

Garage Sale

Saturday, June 11, 8:00am - 12:00pm, 407 Mohawk Dr. Lots of everything. NO early callers.

Saturday, June 11, 9:00am - ? 109 S. Av R.

Yard Sale: Saturday June 11th, 9:00am - ? 210 S. Av C.

Carport Sale: Saturday 11th - 615 W. 11th St. Clothes, shoes and some furniture. 8:00am - ?

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Thanks For Reading The Post Dispatch

Farm Calls, Firearms, and Free Help

By Dr. Kerry Wink, DVM
Correspondent

In the veterinary life, you never know when or what emergency will come next. I have seen my fair share of emergencies, but there are some that stand out more than others. Some are serious. Some dangerous. Some unexpected. And some... all of the above!

It was the coldest day in February. Lee Ann and I were closing down and getting ready to call it a day. Of course, at 5:30 when everything is walked, fed, and shut down is when the phone starts ringing. "Dr. Wink, there's a client on the phone who says he has a calf needing pulled" Lee Ann called out. After discussing the problem over the phone, both the client and I de-

cidated it would be best for me to head out to his ranch. Most days this wouldn't be a problem. My wife normally assists me in farm calls, but due to sick kids, she was not able to break free. So I do what I've learned in this small town to be the next best option...call a friend. This time the lucky winner was Shad Sturgeon. Let me clarify something first...I look at it not as FREE labor, but as quality bonding time between friends. Making memories, as my wife always says. Boy was she right!

Picture a windy evening with temps in the low 20's. Add darkness coming on fast and we have to drive 30 miles out to a local ranch. On the way out of town I swung by and picked Shad up who jumps in the truck with eagerness.

We both were bundled up with at least three layers of clothes. We arrive at the ranch about the time the rancher had just gotten the cow penned up. All we had to do, was to run this lone cow down the alley into the chute and get to work. Sounds simple right? But this was not your typical cow. This cow was swollen and sore; she been trying to deliver the calf by herself for over 5 hours with no success, and was just a *wee bit* cranky. Many of you husbands out there may have a *really* close connection to this level of crankiness, but let's not sway from the story. Anyway, back to this lovely mama cow. This cow was extremely hot and *TRYING* to hurt anyone in sight. If anyone got within 30 feet of her, she would charge.

After about 30 minutes trying to get her into the alley with no success, the owner decided to use his truck to push her in the alley. Ford vs. cow, steel vs. hamburger, who do you think the logical winner would be? I'll answer it this way... anyone who says cows are dumb animals is neither a rancher nor a vet! Cow-1, truck-0. After many failed attempts with the truck, you can guess the mood of everyone out there in the cold. Language is getting foul, tempers are getting short and everyone was cold. Suddenly, and without warning, KABOOM!! A gunshot rings out into the night. You should have seen how fast my free help hit the ground. The gun had been so close Shad thought he had actually been shot. Apparently

the rancher had enough of the cow 'temper tantrum' and resorted to fire arms. After a few more shots we finally got her into the alley and into the chute. Kids...do not try this at home.

Both Shad's and my adrenaline was pumping high. We both forgot how cold it really was during the alleyway shoot out. However, the warm fuzzy feeling ammo produces wore off pretty quick when it was time to pull the calf. Cold returned full force when I had to shed some of my layers to get the calf pulled. Exposing bare fingers, hands, and arms to a wet, slimy derriere of a cow in freezing temps isn't my idea of a lovely time. Luckily the pull went fast. I think if I were exposed to the elements any longer, I would have had

frost bite on my hands since they were wet. How would I explain cow derriere frostbite to Dr. Edwards? All the while my trusty free helper stood by my side in his nice, insulated work gloves and comfy jacket. Can't find good help anywhere nowadays!

Please know that no animals were harmed in this emergency. Psycho cow and calf are alive and well. I am frostbite free. However, there was one casualty in this emergency and that was a pair of underwear that had to be thrown away. Be prepared if you get a phone call from me asking for help on an emergency and remember that I cannot promise you what will happen. Just ask Shad.

Stronger Private Property Rights Highlight of 82nd Legislative Session

"The 82nd Legislative Session was a successful session for private property rights," said Joe Parker Jr., rancher and president of the Texas and Southwestern Cattle Raisers Association (TSCRA).

"There is nothing more sacred to Texas landowners

than their private property rights," said Parker. "Thanks to our Legislature and statewide leaders, those rights are now better protected."

Although legislators have been called back to Austin for a special session addressing some remaining

issues, several key pieces of legislation, including SB 18 and SB 332, were passed during the regular session which will strengthen private property rights for Texas landowners.

"TSCRA and other landowner associations have worked long and hard to strengthen private property rights in Texas, especially reforming eminent domain laws and reinforcing groundwater ownership rights," Parker said. "TSCRA's hard work has paid off, and while there will always be more work to do, Texas landowners have stronger private property rights after this legislative session," Parker said.

SB 18, also known as the eminent domain reform bill, was signed into law by Gov. Perry on May 23. SB 18 requires a public and record vote to initiate eminent domain proceedings. It also requires condemning entities to make a bona fide offer in writing, and if they fail to do this, it requires the entity to pay the landowner's expenses and attorney fees.

SB 18 also levels the playing field by requiring that a condemning entity compensate landowners for damages from a loss of access to their property as well as provides relocation assistance if a landowner is moved off of their property due to the eminent domain process. It goes further to

give landowners the right to repurchase their condemned land at the original price if it is not used for the intended public use within 10 years. Additionally, SB 18 makes it clear that land condemned using eminent domain may only be used for public use.

SB 332, the groundwater ownership bill, clarifies that landowners own the groundwater below their land as real property. SB 332 protects the rule of capture and entitles landowners to drill for and produce the groundwater below their land without waste. The bill recognizes that groundwater can continue to be conserved while ensuring fair and impartial regulation of landowners' ownership

rights.

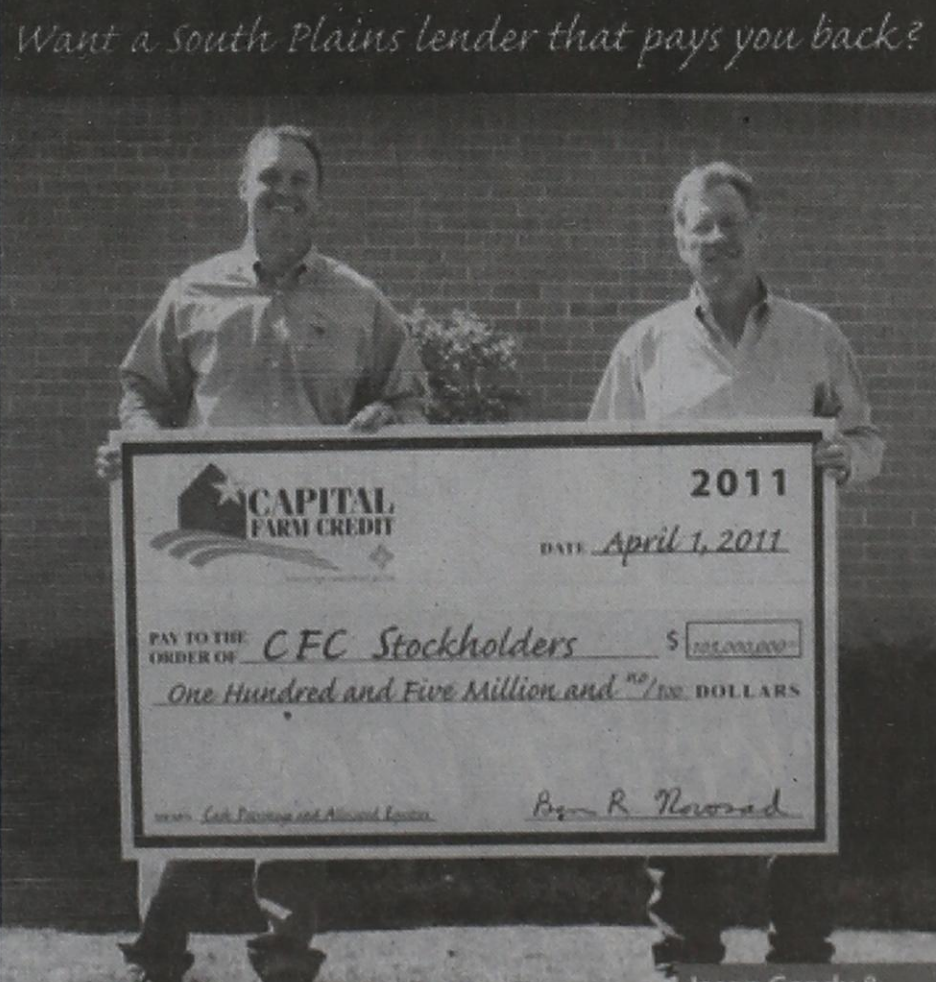
The Texas and Southwestern Cattle Raisers Association is a 134-year-old trade organization. As the largest and oldest livestock association in Texas, TSCRA represents more than 15,000 beef cattle producers, ranching families and businesses who manage approximately 4 million head of cattle on 51.5 million acres of range and pasture land, primarily in Texas and Oklahoma. TSCRA provides law enforcement and livestock inspection services, legislative and regulatory advocacy, industry news and information, insurance services and educational opportunities for its members and the industry.

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OPINION

The Paperboy



Bases loaded, two outs

By CHRIS BLACKBURN

Regardless of what happened, I was going to be positive and reinforce him. I was determined to bite my tongue should the worst occur. After all, it has happened to me and virtually every male reading this column and plenty of females as well.

Monday night was a true test. It was another of many "firsts" that help define what kind of parent we are and what kind of relationship a father and son are going to have when it comes to sports.

My son Jackson, 7, is playing machine-pitch baseball. It's the big leagues compared to t-ball and I coach first base and help in the outfield.

Jack came up to bat with the bases loaded and his team in desperate need of some runs.

In his first at bat, he had paid attention in the on deck circle and timed his swing up with the machine. He got a hit and drove in a run.

While on deck before this at bat, he was staring into space. I mean this kid was zoned in on something because he stood and stared across the diamond with a glazed look on his face and the bat never left his shoulder.

Here he is, two outs and all he needs to do is make contact and he's got a 75 percent chance of getting on and keeping the inning alive.

My child enters the batter's box and I yell, "Dig in Jack and give it a rip!"

He gives me his customary nod then proceeds to slap lazily at the ball that blazes by him. As I tensed up, I knew what was going to happen. Strike two was just like the first one. Strike

three was painful to watch as the ball cruised over his head. It was brutal.

Jack hustled in and got his glove and took the field. He was playing left field, and I strolled by him and said, "What did you do when you were in the on deck circle?"

Jack said, "Oh nothing. I just stood and watched Gavin (the batter before him) bat."

I said, "And what did you do at the plate?"

"I struck out."

In my mind, I wanted to yell at the top of my lungs, "PULL YOUR HEAD OUT! CAN'T YOU SEE THE BASES ARE LOADED! WE HAD A CHANCE TO GET BACK IN THIS THING AND YOU'RE STANDING AROUND WITH YOUR HEAD IN THE CLOUDS!"

Instead, I leaned over and said, "Jack, your teammates worked hard to get into position to score. The least you can do is pay attention and be ready when it comes your turn at bat so you are ready to do the best you can do."

Jack said, "Yes sir."

"Jackson," I said, "get your timing down when you're on deck. Got it?"

"Yes sir!" he said emphatically.

The next inning there are two outs and runners on first and third. This time on deck, he swung each time the machine delivered the ball to home plate. This time he had a clue.

Jackson foul-tipped the first pitch and then lined the next pitch to the shortstop who bobbled the ball. A run scored and Jackson was safe at first.

I walked over to him, patted him on the back and said, "You were focused and ready Jackson and it made a difference. I'm very proud of you."

I got the big baby blues and he said "Thanks, Dad."

Here I go to slapping myself on the back thinking this fatherhood/coaching business is a snap. I'm like Dr. Phil and Tommy Lasorda wrapped up in one.

Jack's last at bat, he struck out in three pitches.

My ego quickly came back down to earth.

Back out in left field I asked, "What did you think about that?"

He said, "Not very good."

I laughed and said, "You know what? You batted four times, got on base twice, drove in two runs and scored a run. All in all, that's not a bad day at the park."

Jackson again flashed me the baby blues and said, "Dad, I love baseball."

I quickly thought about my reaction after that strikeout with the bases loaded. I made the right call by keeping my cool.

I wish I could say I make the right call all of the time. I think I do most of the time, but there are many times when I fail.

Parenthood is a constant challenge. It is also the most rewarding experience I've had.

There is no doubt I will mess up plenty of times as a Dad. Monday night I got one right and it made for a wonderful memory. At least for me...

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Christopher Blackburn is the president of Blackburn Media Group, owner of this publication.

Other Opinions

China Making Good on Dollar Run Threat?

By BILL WILSON

Eyebrows were raised on June 3 when it was reported that China is divesting itself of shorter-term U.S. treasuries. According to U.S. Treasury data, China's holdings of short-term bills have dropped from \$210 billion in May 2009 to \$5.6 billion in March 2011, a 97 percent decrease.

Pundits have assured us the Chinese wouldn't do this. Don't worry about a run on the dollar, the conventional wisdom advised, it's not in China's interests to divest itself of U.S. treasuries. The Chinese would be risking the devaluation of their own \$3.04 trillion worth of dollar-denominated holdings.

In other words, not so fast.

After all, last year, the Treasury revised its June 2010 data on foreign holders of U.S. Treasury securities, with a huge upward revision of China's overall holdings by \$269 billion. Apparently, Chinese investors were buying a large number of bonds through the UK and Canada. So, maybe that's what happened here?

Maybe not. According to Treasury's data on the UK and Canada, there has been a net decrease over the past five months of short-term bills. That means, then, that China's divestiture in these types of shorter-maturity treasuries is indeed happening.

But, it may just be replacing them with longer-term treasuries. Once again this year, overall British and Canadian holdings of treasuries have risen dramatically by \$288.1 billion since last June, when the last revision occurred. This indicates that, again, China is raising its stake in long-term treasuries

— and buying them through British and Canadian markets to boot, making it harder to track its purchases.

Curiously, this comes at a time when China has advocated repeatedly of divesting itself of dollar-denominated assets, calling for the lowering of its foreign exchange holdings from \$3.04 trillion to about \$1 trillion.

Zhou Xiaochuan, the head of the People's Bank of China, Tang Shuangning, chairman of China Everbright Group, and Xia Bin, another Chinese central banker, have all advocated an approach that would dramatically reduce China's dollar holdings.

Overall, China has openly advocated replacing the dollar as the world's reserve currency, with Zhou specifically calling for it to be replaced by the International Monetary Fund's Special Drawing Rights (SDRs). Zhou wrote, "SDR has the features and potential to act as a super-sovereign reserve currency."

In addition, China's credit rating agency, Dagong, has once again downgraded the U.S.'s credit rating, this time to A+, citing the Federal Reserve's QE2 program to purchase \$600 billion of U.S. treasuries. Dagong wrote that the Fed's "move entirely encroaches on the interests of the creditors, indicating the decline of the U.S. government's intention of debt repayment."

So, clearly China is worried about the strength of the dollar and questions the Fed's decision to print money to pay the debt, and is actively seeking alternatives to the current system.

Therefore, there is a clear contradiction between what China is saying, and what it is doing. On one hand China is talk-

ing up the risks of a U.S. default on the \$14.3 trillion national debt and the need to divest itself of foreign exchange holdings, and on the other is raising its levels of longer-term U.S. debt holdings. At the same time, it is moving surreptitiously in the markets to make it harder to discern what its posture actually is.

How to make sense of this?

There appears to be three possibilities: 1) internal factions in China are fighting over the future of Chinese monetary policy, sometimes publicly; 2) China is making an economic decision to put out misinformation on their long-term posture on treasuries perhaps to drive down prices and get a bargain on the markets; or 3) China is positioning itself and preparing a massive dump of U.S. treasuries on the market after ratcheting up its positions.

Considering that we are in the midst of a treasuries bubble, with prices historically high, and the fact that the risks of holding U.S. debt are ever-increasing — with S&P downgrading its outlook on U.S. debt to negative and Moody's threatening to do so if a deficit reduction plan is not implemented by Congress and the White House — the last possibility is the only one that makes sense.

After all, why knowingly increase one's stake in an asset that everyone knows is going to go down? Markets cannot make sense of the move, because it is irrational — from an economic point of view of maximizing return on investment.

Strategically, it makes perfect sense. China means what it says. It wants to unseat the dollar as the world's reserve currency, and if it costs them a couple trillion dollars to do that, then that's the price.

EPA: The myth of killer mercury

By WILLIE SOON and PAUL DRIESSEN

The Environmental Protection Agency recently issued 946 pages of new rules, requiring that U.S. power plants sharply reduce (already low) emissions of mercury and 83 other air pollutants. EPA Administrator Lisa Jackson claims that, while the regulations will cost electricity producers \$10.9 billion annually, they will save 17,000 lives and generate up to \$140 billion in health benefits.

There is no factual basis for these assertions. To build its case, EPA systematically ignored evidence and ignored clinical studies that contradict its regulatory agenda, which is to punish hydrocarbon use.

Mercury (Hg) has always existed naturally in Earth's environment. A 2009 study found numerous spikes (and drops) in mercury deposition in Antarctic ice over the past 650,000-years. Mercury is found in air, water, rocks, soil and in trees, which absorb it from the environment. This is why our bodies evolved with proteins and antioxidants that help protect us from this and other potential contaminants.

A further defense comes from selenium, which is found in fish and animals. Its strong attraction to mercury molecules protects fish and people against buildups of methylmercury, mercury's biologically active and more toxic form. Thus, the 200,000,000 tons of mercury naturally present in seawater have never posed a danger to any living being, even though they could theoretically be converted into methylmercury.

Modern technologies enable us to detect infinitesimal amounts in air and water. However, quantities of mercury measured in lake waters are often no more than 0.00000001 gram of mercury per liter. Lab technicians typically wear special garments when measuring mercury levels, not to protect themselves — but to ensure accurate measurements, because even breathing on a sample can triple a reading!

How do America's coal-burning power plants enter into the picture?

The latest government, university and independent studies reveal that those power plants emit an estimated 41-48 tons

of mercury per year. However, U.S. forest fires emit at least 44 tons per year; cremation of human remains discharges 26 tpy; Chinese power plants eject 400 tpy; and volcanoes, sub-sea vents, geysers and other sources spew out 9,000-10,000 additional tons per year!

All these emissions enter the global atmospheric system and become part of the U.S. air mass.

Thus, U.S. power plants account for less than 0.5 percent of all the mercury in the air Americans breathe. Even eliminating every milligram of this mercury will do nothing about the other 99.5 percent in America's atmosphere.

And yet, in the face of these minuscule risks, EPA nevertheless demands that utility companies spend billions every year retrofitting coal-fired power plants that produce half of all U.S. electricity, and 70-98 percent of electricity in twelve states. Its regulators simultaneously ignore the positive results of medical studies that clearly show its new restrictions are not needed and will not improve people's health.

According to the Centers for Disease Control's National Health and Nutrition Examination Survey, which actively monitors mercury exposure, blood mercury counts for U.S. women and children decreased steadily 1999-2008, placing today's counts well below the already excessively "safe" level established by EPA.

A 17-year evaluation of mercury risk to babies and children, by the Seychelles Children Development Study, found "no measurable cognitive or behavioral effects" in children who eat several servings of ocean fish every week, much more than most Americans do.

The World Health Organization and U.S. Agency for Toxic Substances and Disease Registry assessed these findings in setting mercury risk standards that are 2-3 times less restrictive than EPA's. Under WHO and ATSDR guidelines, no American children are even remotely at risk from mercury.

EPA ignored these findings. Instead, the agency based its "safe" mercury criteria on a study of Faroe Islanders, whose diet is far removed from our own. They eat few fruits and vegetables, but do feast on pilot whale meat and blubber that

is laced with mercury and polychlorinated biphenyls (PCBs) — but very low in selenium. The study has limited relevance to US populations.

Finally, EPA maintains that mercury deposition, its conversion to methylmercury, and MeHg accumulation in fish and humans is a simple process that can be controlled by curtailing emissions from US power plants. However, mercury emissions (from all sources) and raw mercury levels in fresh or ocean waters are only part of the story.

Complex, nonlinear interactions among at least 50 natural variables control the biological and chemical processes that govern elemental mercury conversion to methylmercury and MeHg accumulation in fish. Those variables, and selenium levels in fish tissue, are beyond anyone's ability to control.

As a result, the EPA's actions can be counted on to achieve only one thing — which is to further advance the Obama administration's oft-stated goal of penalizing hydrocarbon use, making coal-based electricity prices "skyrocket," and driving a transition to unreliable renewable energy.

The proposed standards will do nothing to reduce exaggerated threats from mercury and other air pollutants. Indeed, the rules will worsen, rather than improve America's health — especially for young children and women of child-bearing age. Not only will they raise heating, air conditioning and food costs; they will scare people away from nutritious fish that should be in everyone's diet.

America needs affordable, reliable electricity. It needs better health and nutrition. It needs an EPA that focuses on real risks, instead of wasting hard-earned taxpayer and consumer dollars fabricating dangers and evidence.

Willie Soon is a natural scientist with strong expertise in mercury and public health issues. Dr. Soon's full critique of EPA's rules will be published at <http://www.AffordablePowerAlliance.org/> in mid-June. Paul Driessen is senior policy advisor for the Committee For A Constructive Tomorrow and Congress of Racial Equality.

Severe Weather Season Is Here

The National Weather Service (NWS) in Lubbock would like to remind everyone that severe weather season is here. In April, May, and June each year, strong thunderstorms develop and move northeast across the Southern Plains states. The strongest of these storms are called "Supercells" and can produce damaging straight line winds, flooding, large hail, dangerous lightning and tornadoes. On average, the area from the southeastern Panhandle into southwestern Oklahoma sees an average of 50 days with thunderstorms each year. In the spring months, many of these thunderstorms become "severe", which mean they produce one or more of the following: large hail (1 inch in diameter or larger), damaging thunderstorms wind gusts (58 mph or higher), and tornadoes.

The NWS has officially recorded 19 tornadoes in Garza County since 1950. In neighboring Crosby County, 51 tornadoes have been documented in that same time period. None of these tornadoes were rated F3 or higher in Garza County, while 2 tornadoes have been designated F3 or higher in Crosby County. According to preliminary NWS reports, there have been 1,081 tornadoes this year across the

U.S. through May 17th which is nearly double the average of 637 through mid-May. On average there are just under 1200 tornadoes across the nation each year, however as we have seen this year, that number can vary significantly from year to year.

The peak season for tornadoes in west Texas is May and early June, while the preferred time of day is between 3 pm and 7 pm, with a peak near 5 pm. Tornadoes, however, can occur any time of day or night. Lightning, flash flooding, and straight line winds can also be dangerous, and you should take proper precautions when severe weather threatens your location. Remember the difference between a watch and a warning. A "Watch" means that conditions are favorable for severe weather in or near the watch area, while a "Warning" means that severe weather is imminent or occurring in the warned area. Warnings are issued for tornadoes, severe thunderstorms, flash floods, and river flooding.

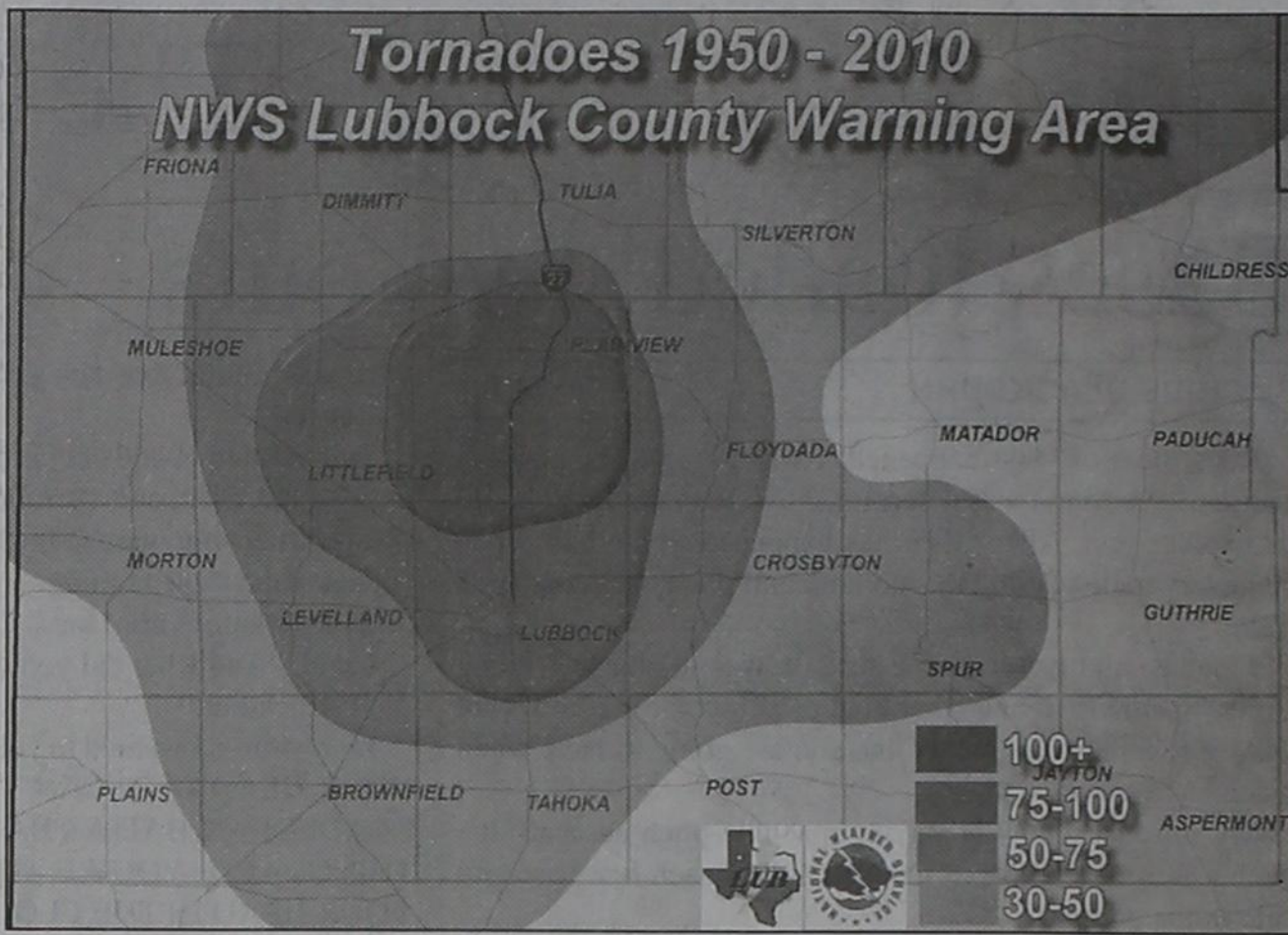
Residents of west Texas can do a few things now to prepare for the upcoming severe weather season. The first is to become more knowledgeable about severe thunderstorms and the associated hazards. Second,

everyone should have a way to stay informed during rapidly changing weather conditions. That could be via the internet, local radio or television, and NOAA Weather Radio All Hazards. Every person needs to identify his or her "safe" place. This could be a sturdy building, basement, cellar, or above ground reinforced shelter. In the case of a tornado, the safest place is below ground or in a "safe room" above ground shelter. If getting below ground is not possible or if a reinforced above ground shelter is not available, move to the lowest floor in an interior room or hallway. A tornado typically damages or destroys a structure from the outside in, and from the top down. The strategy should be to put as many walls between you and the outside.

So in summary: know your risk, have a plan, be prepared and informed, and finally practice and maintain your plan!

Please be safe this spring, and keep an eye on the sky!
 Jody James
 Warning Coordination
 Meteorologist
 National Weather Service
 Lubbock, TX

Tornado Facts



Graphic courtesy of National Weather Service, Lubbock, TX

- A tornado is a violently rotating column of air extending from a cumuliform cloud, such as a thunderstorm, to the ground.

- Tornadoes may appear nearly transparent until dust and debris are picked up or a cloud forms within the funnel. The average tornado moves from southwest to northeast, but **tornadoes can move in any direction** and can suddenly change their direction of motion.

- The average forward speed of a tornado is 30 mph but may vary from nearly

stationary to 70 mph.

- The strongest tornadoes have rotating winds of more than 200 mph.

- Tornadoes can accompany tropical storms and hurricanes as they move onto land.

- Waterspouts are tornadoes that form over warm water. Water spouts can move onshore and cause damage to coastal areas.

Be Ready Year Round

- Tornadoes can occur at

any time of day, any day of the year.

- Have a plan of action before severe weather threatens. You need to respond quickly when a warning is issued or a tornado is spotted.

- When conditions are warm, humid, and windy, or skies are threatening, monitor for severe weather watches and warnings by listening to NOAA Weather Radio, logging onto weather.gov or tuning into your favorite television or radio weather information source.

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LOANS FOR Real Estate

THANKS FOR READING!

Seminar to Help Landowners Reduce Estate Tax Burden, Save the Family Ranch

Rising land values, mineral appreciation and other factors have left many landowners unprepared for the successive ownership of the family farm or ranch, despite estate planning efforts. As a result, Texas is losing her farms and ranches at an alarming rate, thanks largely to the estate tax.

Due to the imminent expiration of both the conservation easement tax

incentives (2011) and the current \$5 million estate tax exclusion (2012), there has NEVER been a better time for farmers and ranchers to protect their land with an agricultural conservation easement. This small window of opportunity makes it possible for landowners to potentially save millions on estate taxes and ensure that their land passes intact to the next generation. To make

the most of these incentives landowners must act now.

National tax expert Steve Small says, "The landowners I advise are often shocked to discover that in spite of extensive estate planning efforts, their heirs will still have to sell all or part of the ranch to pay the IRS." One tool available to landowners is the voluntary agricultural conservation easement. By restricting all future non-agricultural development of the property, a conservation easement can provide significant income and estate tax benefits, thus enabling families to avoid debilitating tax burdens and pass land down to future generations.

Mr. Small, the country's leading authority on conservation easements, according to Forbes Magazine, will travel to Texas to lead workshops on June 22 in Houston and June 23 in Amarillo. A former IRS attorney, Mr. Small helped write and implement the federal tax code sections governing conservation easements. Today, in his private practice, he advises landowners on protecting valued family lands, including preparing for the next generation of ownership.

The seminars are especially timely due to the fact that the enhanced tax incentives for conservation easements expire at the end

of 2011. Passed by Congress in 2010 for a two-year period only, these incentives enable greater utilization of the conservation easement tool by those who make their living from agriculture.

Organized by the Texas Agricultural Land Trust (TALT), a private nonprofit founded by leaders of several statewide agricultural organizations, the seminars are geared towards farmers, ranchers, and their advisors. "Ranching and agriculture continue to be a way of life in much of Texas, and this heritage is threatened every time open space is lost," said TALT Executive Director Blair Fitzsimons. "If families are going to keep their land together, they often need information and effective tools to help them."

The four-hour "Saving Family Lands" seminar will be held in Houston on June 22nd at the Houstonian, 111 North Post Oak Lane, from 1:30 - 5:30 p.m. The second seminar will be held on June 23rd in Amarillo at the Amarillo Club, 600 S. Tyler Street, from 1:30 - 5:30 p.m. The cost is \$75/person, and \$100 for those seeking Continuing Legal Education credit. Space is limited. To register for the seminars, visit TALT's website, www.txaglandtrust.org, or call 210-826-0074.



Congratulations to Tino Alaniz on his winning of the John Deere Mower!!

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 Drive In Hours 9-6 M-F
 9-12 Sat

MEMBER FDIC



June Focus:
Healthy Feet Program

*Free Blood Pressure Clinic every Tuesday from 2-4pm.

Some irrigated but water emerged from sand dunes. New winds. Newly ton was also thrips and early Pasture and ra still dry, and p tinned suppl Stock-water po and ranchers daily inspectio the trapped, bo the mud. South: The d used to worsen extremely high 100 degrees an soil moisture d levels, and har land and pastu water was let tanks was qui ing. Ranchers ing for hay to They increas molasses and but the price f mental feeds f In response, ers were usin cactus as an s source. Other liquidate herd ern part of the planting was cotton was settin squan harvest was o watermelon In the eastern gion, produc ing to harvest

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M Breakfast P

T Churros, Fr Oatmeal Fr

Th Cinnamon Link,

F Cereal, G Fruit,

L June 13th

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AgriLife...
continued from page 3

Some irrigated cotton emerged but was being blasted from sand driven by high winds. Newly emerged cotton was also threatened by thrips and early spider mites. Pasture and rangeland were still dry, and producers continued supplementing cattle. Stock-water ponds were dry, and ranchers had to make daily inspections to save cattle trapped, bogged down in the mud.

South: The drought continued to worsen. No rain and extremely high temperatures, 100 degrees and above, drove soil moisture down to critical levels, and hammered rangeland and pastures. What little water was left in livestock tanks was quickly evaporating. Ranchers were searching for hay to feed livestock. They increased feeding of molasses and range cubes, but the price for such supplemental feeds was on the rise. In response, some producers were using prickly pear cactus as an emergency food source. Others continued to liquidate herds. In the northern part of the region, peanut planting was in full swing, cotton was blooming and setting squares, the potato harvest was ongoing, and the watermelon harvest began. In the eastern part of the region, producers were preparing to harvest rapidly matur-

ing crops. In the western part of the region, growers were actively harvesting onions. Also in that area, corn, cotton and sorghum progressed well under heavy irrigation. In the southern part of the region, cotton producers were irrigating, while sorghum turned color and was showing signs of early maturity.

Southeast: Large lakes began to show severe loss of water, and many small ponds were completely dry. Even hay producers with irrigated fields had only made one cutting. Non-irrigated hay fields had no harvestable production. Local cattle sales continued to be large as producers culled and reduced numbers.

Southwest: The agricultural situation was rapidly deteriorating. Near record-high temperatures accompanied by high winds aggravated the drought. Irrigated corn, sorghum, peanuts, sunflowers, cotton, sweet corn, cantaloupes, watermelons, pecans, grapes, peaches, sod and landscape nursery crops made good progress under heavy irrigation. The onion, potato and sweet-corn harvests were in high gear. Onion yields and quality were excellent, but prices remained weak. The cantaloupe and watermelon harvest slowly gained momen-

tum. Green beans, tomatoes and squash continued to make good progress, and harvesting was expected to begin soon. Pastures and rangeland made some progress after a mid-May rain, but growth soon ceased as there was little moisture deep in the soil profile. Forage availability remained below average. Incidences of wildlife collisions with motor vehicles continued to increase as animals foraged roadsides at night.

West Central: Extremely dry, windy conditions continued. Temperatures remained in the upper 90s to the triple digits with no rain reported. Wildfire danger was at an all-time high, and burn bans remained in effect. The wheat harvest was complete with far below normal yields. Cotton producers needed rain to be able to plant. Spring-planted crops needed moisture to survive. Farmers were running irrigation systems at full capacity. Rangeland and pastures were in poor condition. All forages and vegetation were dying. Hay supplies were short and prices high. Stock-water tanks were critically low to dry. Producers were forced to continue to increase supplemental feeding of cattle. Many cow/calf operators were reducing their herds.

Post Notes...
continued from page 1

Calvary Baptist Church:
Calvary Baptist Church hosts Inspirational night with country music recording artist, Daron Norwood. This country hit maker has a heart for the church and believes families can come together to pay tribute to Christ through song. Daron grew up as a gospel singer before moving to Nashville and performing

in the Grand Old Opry. His motto is to perform and let God touch those that need Him most, drawing closer through the words and music Daron was given by the Lord. Daron has written 10 new praise songs that were laid on his heart and is eager to share a few with the congregation. Begins June 5th, 2011 at 6:00pm.

CLOSE CITY
continued from page 9

Ragtown folks in the nursing homes we need to remember are.....W.C. and Marj Caffey in Marble Falls; Doug and Claudine Tipton; Carmen Abraham; Sue Shytles in Post; Odie Kemp in Tahoka; Jean Tipton in San Angelo; Jewel White in Lubbock. Others are, Mack Ledbetter in Slaton; Doris Wilson in

Castorville; John and Mary Gist in Lubbock ; Lula Jo Stewart also in Lubbock . Please let me know if there is anyone I need to add to this list.

FYI
Get your cookbooks and T-shirt order forms at Cocara's downtown or you can come by the gin and

pick one up.
Everyone have a great week, be safe, come see us and keep rain and our troops in your daily prayers and send me your news! See ya next week.
<http://closecitycoopin.blogspot.com/>
<http://robandtracisfamily.blogspot.com/>

Post ISD Menu

- Breakfast Menu**
June 13th - June 17th
- Monday**
Breakfast Pizza, Fruit, Milk
- Tuesday**
Churros, Sausage Link, Fruit, Milk
- Wednesday**
Oatmeal, Bacon, Toast, Fruit, Milk
- Thursday**
Cinnamon Rolls, Sausage Link, Fruit, Milk
- Friday**
Cereal, Graham Cracker, Fruit, Juice, Milk
- Lunch Menu**
June 13th - June 17th

- Monday**
Spaghetti, Salad, Broccoli/Cheese, Garlic Bread, Applesauce/Milk
- Tuesday**
Fajitas, Refried Beans, Onion & Peppers, Salad/ Fruit, Milk
- Wednesday**
Chicken Fried Steak, Whipped Potatoes, Green Beans, Cobbler, Milk
- Thursday**
Corn Dogs, Tater Tots, Broccoli & Cheese, Pears, Milk
- Friday**
Sandwich, Chips, Salad/ Pickles, Fruit, Milk

Trailblazers Menu

- June 13th - June 17th
- Monday**
Green Chili Casserole, Mexican Corn, Salad, Cake, Crackers
- Tuesday**
Pork Loin, Butter Beans, Turnip Greens, Cornbread, Jello
- Wednesday**
Beef Tips with Rice, Broccoli, Salad, Biscuit, Pudding
- Thursday**
Chicken Spaghetti, Salad, Mixed, Vegetables, Garlic Toast, Jello
- Friday**
Chicken Fried Steak, Ranch Potatoes, Blackeye Peas, Cornbread, Pie

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Legal Notice

NOTICE TO CONTRACTORS OF PROPOSED TEXAS DEPARTMENT OF TRANSPORTATION (TxDOT) CONTRACTS

Sealed proposals for contracts listed below will be received by TxDOT until the dates (s) shown below, and then publicly read.

CONSTRUCTION/MAINTENANCE/BUILDING FACILITIES CONTRACT (S)

Dist/Div: Lubbock
Contract 4704-00-786 for RENOVATION OR REPAIR in GARZA County will be opened on July 08, 2011 at 1:00 pm at the State Office.
All prospective bidders are encouraged to attend the pre-bid conference for contract 4704-00-786 to be held on June 27, 2011 at 1:30 pm at the POST REGIONAL SUPPLY CENTER, 709 S. BROADWAY, POST, TX.

Plans and specifications are available for inspection, along with bidding proposals, and applications for the TxDOT Pre-qualified Contractor's list, at the applicable State and/or Dist/Div Offices listed below. If applicable, bidders must submit pre-qualification information to TxDOT at least 10 days prior to the bid requested from the State Office listed below. Plans for the above contract (s) are available from TxDOT's website at www.txdot.gov and from reproduction companies at the expense of the contractor.
NPO: 36715

- State Office
- Constr./Maint. Division
200 E. Riverside Dr.
Austin, Texas 78704
Phone: 512-416-2540
- Dist/Div Office (s)
- Lubbock District
District Engineer
135 Slaton
Lubbock, Texas 79408-0771
Phone: 806-745-4411

Minimum wage rates are set out in bidding documents and the rates will be part of the contract. TxDOT ensures that bidders will not be discriminated against on the grounds of race, color, sex, or national origin.

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\$

Legal Notice

NOTICE OF SHERIFF'S SALE

THE STATE OF TEXAS §
COUNTY OF GARZA §

By virtue of an Order of Sale issued out of the Honorable 106th Judicial District Court of Garza County, on the 6th day of April, 2011, by the Clerk thereof, in the case(s) styled as follows:

Cause No.	Styling	Legal Description
90-06-4508-CV	Garza County v. Brown, Ida Mae, Decd. Diane Brown Ind/Heir of	1. Lot Four (4) and West Six (6') feet of Lot Five (5), Block Thirty-Three (33), Original Townsite, City of Post, Garza County, Texas being that property more particularly described in Volume 200 Page 117 of the Deed Records of Garza County, Texas.
07-03-06174	Garza County v. Buchanan, Frances, If Alive and If Deceased, The Unknown Heirs of	2. All of the West Sixty-Seven and one half (67 1/2') feet of Lot Eight (8) and the South Fourteen (14') feet of the West Sixty-Seven and one half (67 1/2') feet of Lot Seven (7) in Block One Hundred Forty-Four (144) to the Original Town Addition of Post, Garza County, Texas.
09-07-06389	Garza Central Appraisal District v. Curtis, Margie M. Reed	3. Lot Two (2), Block One Hundred Fifty-Five (155), Original Town Addition to the City of Post, Garza County, Texas.
09-09-06408	Garza Central Appraisal District v. Cross, James	4. A .010417 Royalty Interest in Cross 85063179 WMS Oil Company/ WTG (Glorieta) Abst 1/13K, Aycoc, Garza County, Texas.
10-01-06435	Garza Central Appraisal District v. Morin, Sheryl Lynn	5. A .000285 Overriding Royalty Interest, Stoker K 85001876 George R. Brown/Garza Abstract 13, Block 2, Section 9, GH&HRR Survey N/2, Garza County, Texas. 6. A .000285 Overriding Royalty Interest, Post EST. 85001873, George R. Brown/Garza Block 5, Section 7, K Aycoc Survey, Garza County, Texas.

and to me, as Sheriff, directed and delivered, I will proceed to sell, at 2:30 p.m. on the 5th day of July, 2011, which is the first Tuesday of said month, at the East door of the Courthouse of Garza County, in the City of Post, Texas.

Levied on the 2nd day of JUNE, 2011, as the property of said defendants, to satisfy the judgment rendered in the above styled and numbered cause, together with interest, at 12 percent per annum, and all costs of suit in favor of each jurisdiction.

" ALL BIDDERS MUST NOW DISPLAY PROOF OF COMPLIANCE WITH 34.015 OF TEXAS TAX CODE."

GIVEN UNDER MY HAND THIS 2nd DAY OF JUNE, 2011.

GIFF LAWS
SHERIFF, GARZA COUNTY, TEXAS

BY: *[Signature]* DEPUTY

Email us at
postcitydispatch@yahoo.com

LETTERS TO THE EDITOR

Occasionally, we receive phone calls or personal requests to take animals at Post Animal Refuge Center. We simply can't as we have too many animals already. We will try to assist in finding a loving home for him or her if possible. Owners who wish to have their pet listed for adoption need to provide us with a photo and description, including a contact number or email and we will post it online for them.

Recently, we have had a problem with animals being put over the fence into the shelter and the result is not always good (cameras have now been installed). When one does not know that the dog being put over the fence will get along with the others in the shelter, to leave a dog in such a manner could be considered "unreasonable abandonment" which is under the definition of "animal cruelty" in Texas laws. Any animals put over the fence

in the future will be considered "abandoned" and turned in to the city pound as such. Persons responsible for any such "abandonment" may be filed on.

Also, shelter policy dictates that new animals be put in separate pens from the other animals at the shelter until they can be checked out by the veterinarian. This is to protect the health of all the animals at the shelter and prevent the spread of any contagious diseases.

Because of the problems that have been caused by animals being left anonymously, we must insist that anyone needing to leave an animal please set up an appointment by emailing postarc@yahoo.com. We will only be taking animals from the city pound as we have space and some (from known persons) that are found outside the city limits.

Carol Tobias
Post, Texas

I'm writing to the Post Dispatch today to apologize and to express my sorrow for something that had happened over 6 years ago. I owe an apology to Sheriff Clifford Laws and to each individual who was working at the Sheriff's Department on that April day in 2005. I was that young and ornery kid whose irresponsible and thoughtless actions caused embarrassment to the entire Sheriff's Department as well as to the community of Post. When I escaped from the custody of the Sheriff's Dept. I had no direction in life nor did I have many positive morals and values instilled within me. I have grown up in the last 6 1/2 years and I'm glad to say that I'm

no longer that ornery kid. Sheriff and his department treated me extremely well while I was in their custody and for me to do what I did was totally unacceptable. I hope that each and every individual who was impacted by my wild and reckless escapade will be able to find it to forgive me. Again, I'm deeply sorry. Thank you for your time.

Sincerely,

Matthew R. Norman #1346623
Robertson Unit
12071 FM 3522
Abilene, Texas 79601

I would like to comment on the article by Chris Blackburn, in the June 3rd "Opinion" page. He is talking about Obama's Gaffs, as President. He finishes up the article by saying,

"Whether it's bowing down to other leaders or giving a toast during a State Anthem, it

needs to stop. We do not need to insult heads of State because our President is ill advised by MORONS."

Well, I would like to add this, "Birds of a feather flock together."

Johnny Davenport



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Ad Council

Most men don't like to discuss prostate cancer, but should

By **BOB MOOS/Southwest public affairs officer/Centers for Medicare & Medicaid Services**

More than 2 million American men count themselves as prostate cancer survivors. Many have early detection and treatment to thank for their lives today.

Most men who are diagnosed with prostate cancer don't like to talk about it. I've learned that from friends and family who have been through it. From what I've seen, support groups for men fighting prostate cancer aren't as common as those for other diseases.

To their credit, women have raised everyone's conscientious about breast cancer over the last 20 years. All of us now know what a pink ribbon means. But when it comes to prostate cancer, many men still are in denial. "It can't happen to me," they say. Then one day, it does.

One in six men will be diagnosed with prostate cancer during his life. One in 36 will die of it. Other than skin cancer, it's the most common cancer among American men. About 218,000 men in this country will be told sometime this year that they have prostate cancer.

The chance of getting prostate cancer goes up quickly after 50. Also, men with fathers or brothers who have had prostate cancer are more likely to get it themselves. And for reasons still unknown, prostate cancer is more prevalent among African-American men.

Because we haven't pinpointed the exact cause of prostate cancer, most cases

can't be prevented. But research suggests men may be able to reduce their risk of prostate cancer by eating less red meat and fat and eating more fruits, vegetables and whole grains.

Some men have symptoms that may indicate prostate cancer — such as blood in their urine, a need to urinate frequently or a burning sensation while urinating. More often, though, possible signs of prostate cancer show up during a routine check-up.

Physicians use two types of screening — the PSA blood test and the digital rectal exam — to detect prostate cancer when there are no symptoms. Both can help catch the disease early, when treatment is likely to be more effective and have fewer side effects.

PSA is a substance made by the prostate. During a PSA test, blood is drawn from the arm, and the level of PSA is measured. Most healthy men have levels under 4 nanograms per milliliter. Usually, the chance of a prostate problem increases as the PSA level rises.

Still, your doctor is the best one to interpret your PSA test results. Many factors, such as age and race, can elevate PSA levels. So can prostate infections and certain medical procedures. And some prostate glands simply produce more PSA than others.

The blood test is typically combined with a digital rectal exam, when the doctor examines the prostate for any irregular or firm areas.

Although these two screenings can't diagnose prostate cancer, they can signal the

need for a biopsy to take tissue samples.

Medicare covers both the PSA test and the digital rectal exam for all men with Medicare over 50. For the blood test, you pay nothing. For the rectal exam, you pay 20 percent of the Medicare-approved amount after you've met your annual Part B deductible.

Medicare covers both the PSA test and the digital rectal exam once every 12 months. For more about how Medicare can help you take care of your health, visit www.medicare.gov and download "Your Guide to Medicare's Preventive Services" or call 1-800-MEDICARE and request a free copy.

Medical experts who encourage regular screening say all men who have a life expectancy of at least 10 years should be offered the two tests annually beginning at 50. They also suggest earlier testing for African-Americans and for men with fathers or brothers who have had prostate cancer.

On the other hand, there are experts who want more convincing evidence that regular screening saves lives. They say that some prostate cancer may not affect a man's health and that treating it may cause temporary or long-lasting side effects, like impotence and incontinence.

Because of the divided opinions, the best advice is to visit with your doctor about the pros and cons of screening, so that you can decide what's right for you. As uncomfortable as the topic may be, it's a conversation definitely worth having.



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