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The Post Dispatch

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FRIDAY, OCTOBER 5, 2012

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75 CENTS

Local lawmen lament crime increase

Sheriff's officials believe residents of local ministry to blame

By Wayne Hodgin
The Post Dispatch

A Garza County ministry that aims to assist drug and alcohol addicts who are on parole is drawing the ire of local law enforcement, who say the facility brings in way more crime to the area than it should be.

Sheriff's Chief Deputy Tommy Binford for the last several months has lamented the amount of crime in the county he believes is a result — however directly or indirectly — of Five Stones Ministries. And now, he said, those crime numbers could increase because of a new designation the facility has received to

house parolees from all across the state, not just the South Plains.

According to sheriff's officials, Five Stone Ministries, which is located on County Road 125, of U.S. 380 between Post and Tahoka, is now classified as an alternative housing site for Texas parolees.

"Most of the people that enter into residence at Five Stone aren't from Garza County, but end up staying here after their stint at the facility is complete because they either don't have anywhere else to go or don't have the means to go back to

where they're from," Binford said. "So they stay here, and some fall back into their old ways."

The issue, Binford said, plays significantly into the Garza County crime rate, such as two recent investigations in town.

Crime haven

Sheriff's deputies arrested two men Sept. 24 on drug charges after one of the men apparently called attention to himself rattling the doors of the high school gymnasium the Saturday prior.

Binford said Michael

Dustin Seibert, 24, of Post was caught by a janitor apparently trying to enter the new gym sometime Saturday evening, Sept. 22. When the janitor asked the man his name, Seibert told him, and the janitor reported the incident to Post ISD police.

Sheriff's deputies located Seibert the following Monday at the Post City Lodge in the 100 block of West Seventh Street, where he was arrested on the spot and charged with possession of marijuana.

See **CRIME**, Page 6

Post Notes

Christina Aguilar fundy

Members of Holy Cross Catholic Church, 205 W. Main St., will be hosting a fish fry benefit for Christina Aguilar's medical expenses from 5 to 8 p.m. Friday in the church social hall. Plates will include fried fish, coleslaw, potato salad, beans, hushpuppies and tea for \$8. Dine in or carry out. Donations are appreciated. For information, contact Diana Basquez at 495-2274.

Church fundy

Members of Holy Cross Catholic Church, 205 W. Main St., will sell gordita and chili relleno plates, including rice and beans, from 11 a.m. to 2 p.m. Saturday at the church. A live Mariachi band also will perform. For information, call Delfino Pantoja at 495-3059.

Open house

An open house will be from 4 to 6 p.m. at the Post Animal Refuge Center, ADDRESS HERE. Free food and door prizes. For information, call the Post Area Chamber of Commerce at 495-3461.

Anger management

The Community Recovery Center is now accepting enrollment for anger management classes. Enrollment will be closed Wednesday. Contact Merkia Strivens for enrollment, price and class schedule at 806-495-3173.

GED class

General Education Diploma classes are now in session and are free to the public. Classes meet from 5 to 8 p.m. Tuesdays and Thursdays in Room 18 at Post High School. Enter through southwest doors. For information, email Ed Singleterry at esingleterry@postisd.net or call 495-2770.

4-H meeting

Garza County 4-H members next will meet at 6:30 p.m. Tuesday at the Junior Livestock Barn.

Cow-calf seminar

The Texas A&M AgriLife Extension Service in Garza County will host a cow-calf seminar from 9 a.m. to noon Wednesday in the Youth Room at the Post Community center. Cost is \$10 per person. For information, call the Extension office at 495-4400.

Parkinson's support

The West Texas Parkinsonism Society meets at noon the first Tuesday of each month in the library at the Covenant Neuroscience Institute, 3610 22nd St., Lubbock. Lunch provided.

Events are listed free of charge for nonprofit civic organizations, schools and community events. Submit listings at least two weeks ahead of the date. Listings will run through the date of the event. Emailed submissions are preferred to thepostcitydispatch@gmail.com.

More on page 6

Corrections

If you spot an error of fact, contact Editor Wayne Hodgin at 806-495-2816 or thepostcitydispatch@gmail.com.

News on the go



Use your smartphone to scan the quick response, or QR, code to visit us online.

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USPS 439-620



Tuesday last day to register to vote

By Wayne Hodgin
The Post Dispatch

Now in the home stretch of the 2012 election cycle, Garza County residents have until Tuesday to register to vote if they have not already.

According to the Office of the Secretary of State, the last day to register to vote in the Nov. 6 general election is Oct. 9.

Early voting begins Oct. 22 and runs through Nov. 2.

Garza County voters will be able to vote in the general election, which includes the presidential election, and other elections, including U.S. Senate and a number of other statewide elections.

In addition to the presidential election, one of the elections that is sure to bring out many local voters will include the Post ISD bond election.

Garza County voters are being asked to vote on a \$28 million bond that will fund a number of improvements at Post ISD, including the construction of a new high school.

Other local elections of interest will include

See **REGISTRATION**, Page 6

Homecoming 2012



Senior Tori Whisenant, daughter of Eric and Angelic Eller, was named 2012 band sweetheart during halftime festivities Sept. 28. She was escorted by her father.



Photos by Cheryl Gill/Special to the Dispatch

Harvest season begins to gear up

Rain, although needed, could slow ginners down

By Mary Jane Buerkle
Special to the Dispatch

Over the past couple of weeks, High Plains producers have been slowly working their way into the 2012 harvest season, although harvest won't be in full swing for another week or two.

Several gins processed their first bales last week, including Pioneer Gin in Seminole.

Early classing results for Lubbock show good color, with 68 percent of samples classed so far at color grade 11 or 21. Average leaf grade is 2.58, with an average 32.67 staple. Other season average quality measurements are 4.0 micronaire, 28.19 g/tex strength and a uniformity of 78.81 percent. Through Thursday, the Lubbock office has classed 3,140 bales.

Some areas received rainfall over the past week, but a few producers have reported hail damage from storms Sept. 26. Damage was reported in southern Lubbock and northern Lynn counties and also in



Wayne Hodgin/The Post Dispatch

After last weekend's rain, chemically defoliated cotton dries out in Randy Lewis' field off County Road 230 north of the Close City Gin on Wednesday. High Plains harvesters are gearing up for the ginning season.

northern Floyd and southern Briscoe counties.

As of noon Sept. 29, 72-hour rainfall totals from the West Texas Mesonet showed Caprock Canyons receiving 2.44 inches, Turkey at 1.83 inches, and Roaring Springs and Lamesa both at 1.7 inches. The rainfall, as it has been all year, was spotty and some areas did not fare as well this time, with Morton at 0.13 inches, Seminole at 0.14 inches, Levelland at 0.18 inches and Dimmitt recording just 0.06 inches.

However, weather forecasts included a significant chance of additional precipitation over the weekend.

"Rainfall always is welcome, as we certainly need

See **COTTON**, Page 6

An upside to the downside

Columnist, author pens sixth book, offering hope in troubled times

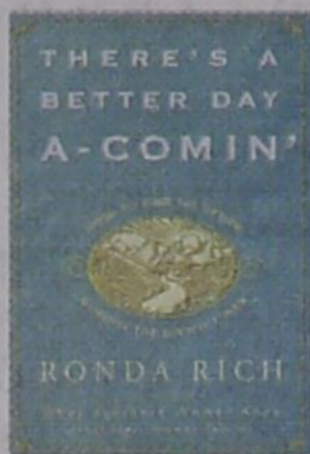


By Wayne Hodgin
The Post Dispatch

In a time when all the news seems bad, people want a shot of hope.

In fact, says author Ronda Rich, they need it. Southern humorist and storyteller Rich's sixth book, "A Better Day A-Comin': How to Find the Upside During the Down Times," offers advice on how to overcome challenges and includes uplifting stories from both famous and ordinary folks, all who endured rejection, failure and despondency only to emerge victorious in the end.

Rich, who's column appears weekly in The Post Dispatch, said



See **RICH**, Page 6

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Letters to the Editor

Downtown improvements will add curb appeal

I am writing today in order to attempt to put a happy ending on a long and arduous series of projects aimed at enhancing the downtown area.

I know how disastrous the brick-paving effort was, and I am in no way trying to belittle the hardships incurred due to that fiasco. Suffice it to say, I was extremely disappointed in the lack of professionalism exhibited by that contractor, and I speak for the entire staff and City Council when I say I am truly sorry for how that piece of the work was conducted.

However, the streets were not the only project we planned to accomplish.

While the bricks distracted our attention, we had an electrical contractor come in and rebuild the entire electrical network on all five of the downtown medians. The old wiring was becoming difficult to maintain and the use of umpteen electrical cords to power our Christmas lighting was unacceptable.

There are now new pedestrian lights in all of the medians as well as small matching pedestals that house electrical connections geared mainly for the Christmas displays, but also available for other uses throughout the year. In fact, the Trade Days activities already have benefited from their installation, as will other events

and organizations in the future I am sure.

The next phase of the median rehabilitation was going to include the installation of a new irrigation system, which would have watered the trees as well as the grass. After the events of this summer concerning the drought and the likelihood that watering laws would be curtailed by the stage two and stage three requirements, we opted to look at artificial grass instead.

Although it was not an inexpensive option, it is one that will save both money and water in the long run. The council approved the artificial turf option, and we sent the project out to bid. Luckily, we had a company that was interested in doing the job that had some local roots.

South Plains Turf is actually a company that was purchased from a local turf and irrigation expert. They were awarded the project and have been extremely interested in not only giving Post a beautiful end result, but doing so in a manner as unobtrusive as possible. They are very willing to work with us to make sure business downtown is not interrupted and the flow of traffic remains as clear as possible.

As the project began, some issues came up that we needed to address immediately.

The biggest of those issues were the many Bradford Pear trees planted in the medians in the early 1990s. While they are beautiful trees, they have a major drawback. The Bradford pear has an average lifespan of only about 20 to 25 years. It's hard to imagine a tree would have such a short lifespan, but because of the hybridization of that particular species, the lifespan became limited to about a quarter century.

Many of those trees in the downtown medians already were dead and or dying. Some looked

fine, but knowing the difficulty involved in removing the trees after we have installed the turf, we opted to replace those trees with red oaks, which have a lifespan of about 100 years.

So, no trees will be removed without a replacement tree being put into its place. However, the replacement will be a different species that will last much longer. In order to ensure the life of the trees, the drip-irrigation system has been installed at each individual tree.

After this turf project, the only thing left is upgrades to the seating areas, such as a few new park benches, additional trash receptacles, and any other small accoutrements that will give the medians added appeal.

I appreciate your patience as we close this final chapter on the downtown medians. I have been told the estimated time for completion of this final stage is about six weeks from the start finish. After seeing where we are after just one week, I think it will be completed sooner.

It has always been my sincerest hope that when these projects are complete, Post will have a most unique and beautiful downtown — one that will draw people from all over the country to come to our little slice of heaven and walk our sidewalks and enjoy the view, as well as the variety of shops and stores which are the life blood of our community.

This city manager only wants the best for our residents and our merchants, and if there is any way in which this administration can contribute, within our legal ability, to the special flavor and appeal of the city of Post, I am all for it!

ARBIE TAYLOR
Post city manager

History of Post important to reader

Thanks to my two dear friends Sue and Dee Hodges of Post for sending me The Post Dispatch because of my interest in Mr. Charles Smith's arrowheads marking the Quanah Parker Trail. I have collected all the articles from the Post newspaper. I enjoy the history of Texas and Indians.

I do not like the new design. I liked seeing Mr. C.W. Post's picture on the front page. He was a very special person, very smart, doing all he could for his town. I'd love to see his room at the Garza Museum, but do not travel anymore because of my health and age. But I do love to read!

I also enjoy Linda Puckett's "Legends," and miss them when I do not find an article. I know she's busy with the Garza Museum, but hope she continues her writing of "Legends." It's the first thing I look for when I receive my paper on Friday.

Keep up the good work, and don't forget Post's history of its people — Mr. Post's country!

JEAN DUNN
San Angelo

Barbecue cook-off a success

On Aug. 24 and 25, the Post Rotary Club held its second annual Smokin' in the Park barbecue cook-off at the city park here in Post. The event was a huge success, growing from just 19 cooks in 2011 to 46 cooks and four additional bean cooks in 2012. The growth and added success of this year's cook-off can be attributed to two factors that

separated it from the many others held each month across the state: the distinction of being a state championship event and the prize money.

We owe a huge debt of gratitude to Sen. Robert Duncan and his staff for taking the time to author and proclaim Smokin' in the Park as a state championship cook-off, but if it were not for our sponsors, we could never hope to host an event of this caliber.

A barbeque cook-off sounds like an easy event to host, but to entice some of the best cooks in Texas to drive to Post to compete and to have a payout that is worthy of a state championship, you need money.

Post may be small, but the merchants, businesses and citizens of this community rallied behind us and this event to make it a great success. We want to especially thank the city of Post, Excel Energy and two special sponsors who wish to remain anonymous for their contributions. The money raised during this event will most certainly be returned to this great community and county through scholarships, assistance with youth programs, literacy initiatives and other local worthy causes.

Our goal for this event is not only to raise money, but to bring people to Post. Over the next year representatives from the Rotary Club will be visiting with various merchants, businesses and non-profit groups to plan next year's event in an effort to see continuous growth in the years to come.

For those of you that gave of your time, money and efforts in making Smokin' in the Park an event sure to be one that is anticipated each and every year by cooks across the state, we thank you.

KERRY DIXON
President, Post Rotary Club

Our View

Council should look beyond dais to appoint new mayor

In the wake of Mayor Thresa Harp's pending resignation, the Post City Council has a big decision to make, and, in doing so, council members have a number of options to weigh.

Upon tendering her resignation letter — which has not yet been done — Mayor Pro Tem Anita Morris will assume the mayoral responsibilities until the council can either appoint someone to the unexpired term, set to expire in May, or can call for a special election.

City officials already have said the latter option probably would not be considered because of the expense of holding an election.

This means this council is

likely to appoint a replacement, which it is allowed to do under state law.

Instead of appointing someone from within its own ranks, however, we urge the council to look beyond its own chambers when making its choice.

This, we feel, is admirable if nothing more than members of the sitting council were elected by their own constituents to represent them — not to serve at large.

If council members were to appoint from within, then that would mean city of Post residents would be represented by two members who were not elected to serve.

There are at least two Post residents who also are former

mayors who would suit the mayoral appointment quite effectively until May, when a new mayor is expected to be elected.

Of course, whether those two former mayors — Archie Gill and Bill Poole — are willing to serve is yet to be seen.

Keeping each current council member at their elected post and appointing just one new person to serve as mayor is the most democratic way to handle the constitutional predicament the board finds itself in.

After all, effective democracy and, therefore, true representation, is something for which we all should strive.

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Letters to the Editor Policy

The Post Dispatch welcomes letters from readers on topics of local, state, national and international importance. Email letters are preferred to thepostcitydispatch@gmail.com. All letters must include a first and last name, street address (no post office boxes), daytime phone number. Letters sent via U.S. mail may be sent to P.O. Box 426, Post, TX 79356.

Cryptogram

A cryptogram is a puzzle where a sentence is encoded by substituting the actual letters of the sentence with different letters. The challenge of the puzzle is to 'decode' the sentence to reveal the original English sentence. We have provided a few of the decoded letters to help get you started.

Hint: Quote by Jackie Gleason Cryptogram Solution on page 5

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
Q																				J					

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A A A A H T A T T

Q E X Q S R H O R P H T J N Q B J N H Y P T R J

D S J N H R H F G B V A V Q S S G A T H G Y Y

T

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Open House

Sunday, October 7, 2012
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For
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Deaths Nancy Wood

ODESSA — Nancy Wood, 62, of Odessa died Thursday, Sept. 6, 2012, at Buena Vida Nursing & Rehabilitation Center in Odessa.

She was born May 22, 1950, in Big Spring to Hugh L. and Goldie Marie Dawes Tuck.

She was a licensed vocational nurse.

She was preceded in death by her parents and sibling Anthony Hugh Tuck and Mary Tuck Hudspeth.

Survivors include her brother and sister-in-law Bobby and Connie Tuck of Kermit; sisters and brothers-in-law Susan and Dwight Hankins, Stacey

John, Lynn and Joe Carver and Kathy and Sammy Paz, all of Odessa.

Graveside services were Sept. 8 in the Terrace Cemetery in Post. The Rev. Ivy Shelton of Sherwood Baptist Church of Odessa officiated. Burial was under the care of Justice-Mason Funeral Home of Post.

Operation Game Thief tips can now be sent by text

By Wayne Hodgkin
The Post Dispatch

Just in time for fall hunting season, the Operation Game Thief wildlife crime-stoppers program has a new tool expected to increase the number of tips received as well as game law violation convictions.

Effective immediately, in addition to calling the 24-hour tip hotline at 800-792-4263 (GAME), anyone wishing to report a possible game law violation will be able to provide information via texting that could still qualify for a possible cash reward.

Called Tip411, the new program will give the public the option to text information directly to Texas Parks and Wildlife Department communication operators.

From your cell phone, text "TPWD" and the crime tip to 847411 and then hit send. A dispatcher will then be able to communicate with the complainant if further information is needed.

All standard text message charges still apply.

Operation Game Thief will be keeping records and

Garza-Lynn County Game Warden Drew Spencer has provided his cell phone number to area residents and asks they save it to their cell phone address books and call to report any possible wildlife violation. The number is 806-773-4179.

monitoring how well this new technology works for improving public reporting.

Garza-Lynn County Game Warden Drew Spencer said he may wear the badge, but that all his fellow constituents are his fellow game wardens.

"It'd be a whole lot less efficient if it weren't for a watchful community and those who have the gumption to report those violations," Spencer said. "I would remind the potential wildlife violator that, especially in today's society, someone's always watching."

Operation Game Thief averages 1,500 calls a year, many resulting in the filing of game law violation cases and some of them leading to arrests for felony crimes. This new technology is expected to increase the number of citizen calls received.

Begun in 1981 as a result of laws passed by the 67th Legislature to help curtail poaching, the Operation Game Thief program offers rewards of up to \$1,000 for information leading to the arrest and conviction for a wildlife crime.

Operation Game Thief is a function of the Texas Parks and Wildlife Department's Law Enforcement division and has been responsible for the payment of more than \$200,000 in rewards and the assessment of more than \$1 million in assessed fines.

Privately funded, the program is dependent on financial support from the public through the purchase of Operation Game Thief merchandise and memberships, donations, sponsorships and gifts.

For information on Operation Game Thief, visit ogtx.com.

Lions Club



Photo by Wayne Hodgkin/The Post Dispatch

Members of the local Veterans of Foreign Wars Post 6797 presented elementary, middle and high schools each with a POW-MIA flag to fly at their respective campuses. Making the presentation Sept. 27 during the weekly meeting of the Post Lions Club on behalf of the VFW was Church Ratliff. Accepting were school principals John Berry, Simon Guererro, Robert Wilson, Staci Marts and Kent Price.

Menus: Week of Oct. 8-12

Post ISD

Breakfast

Monday: Pancake and sausage on a stick, syrup, fruit, milk

Tuesday: Cheese omelet, toast, fruit, milk

Wednesday: Cream of wheat, sausage, toast, fruit, milk

Thursday: Cowboy bread, sausage link, fruit, milk

Friday: Cereal, toast, fruit, juice, milk

Lunch

Monday: Cheese enchiladas, Spanish rice, refried beans, garden salad, salsa, cinnamon apples, milk

Tuesday: Chili dog, tater tots, fresh veggie cup, fresh seasonal fruit, milk

Wednesday: Grilled-cheese sandwich, vegetable soup, baby carrots, fruit cup, milk

Thursday: Chicken nuggets, macaroni and cheese, garden salad, savory green beans, apple slices, crispy

cereal treat, milk

Friday: Hamburger, lettuce, tomato, pickle garnish, seasoned corn, baby carrots, sliced peaches, milk

Southland ISD

Breakfast

Monday: French toast sticks, sausage, fruit, juice, milk

Tuesday: Sausage and egg biscuit, fruit, juice, milk

Wednesday: Breakfast pizza, yogurt, fruit, juice, milk

Thursday: Muffins, yogurt, fruit, juice, milk

Friday: Biscuits, sausage, gravy, fruit, juice, milk

Lunch

Monday: Corn dog, baked beans, tomato and cucumber cup, apple, pineapple, milk

Tuesday: Nachos grande, refried beans, garden salad, oranges, milk

Wednesday: Spaghetti with meat sauce, garden salad,

carrots with ranch, garlic bread, grapes, milk

Thursday: Grilled chicken sandwich, oven fries, fresh veggie cup, fruited gelatin, milk

Friday: Pizza, broccoli and celery with ranch, corn, fresh fruit, milk

Trailblazers-Senior Citizens Center

Monday: Beef tips, rice, veggies, corn, chocolate cake, milk

Tuesday: Meat loaf, mashed potatoes, veggies, roll, fruit

Wednesday: Chicken spaghetti, zucchini, salad, garlic toast, milk, strawberry shortcake, milk

Thursday: Chicken-fried steak, okra, potatoes, roll, fruit, milk

Friday: Roast beef, potatoes, succotash, roll, banana pudding, milk



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930am - 5pm silent auction | 930am - 6pm vendor booths

CALCUTTA starts at 11AM

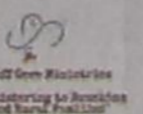
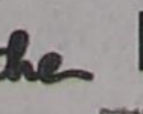
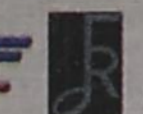
NOON ~ OPENING CEREMONY followed by BRONC RIDING

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5pm Presentation of AWARDS & WINNERS

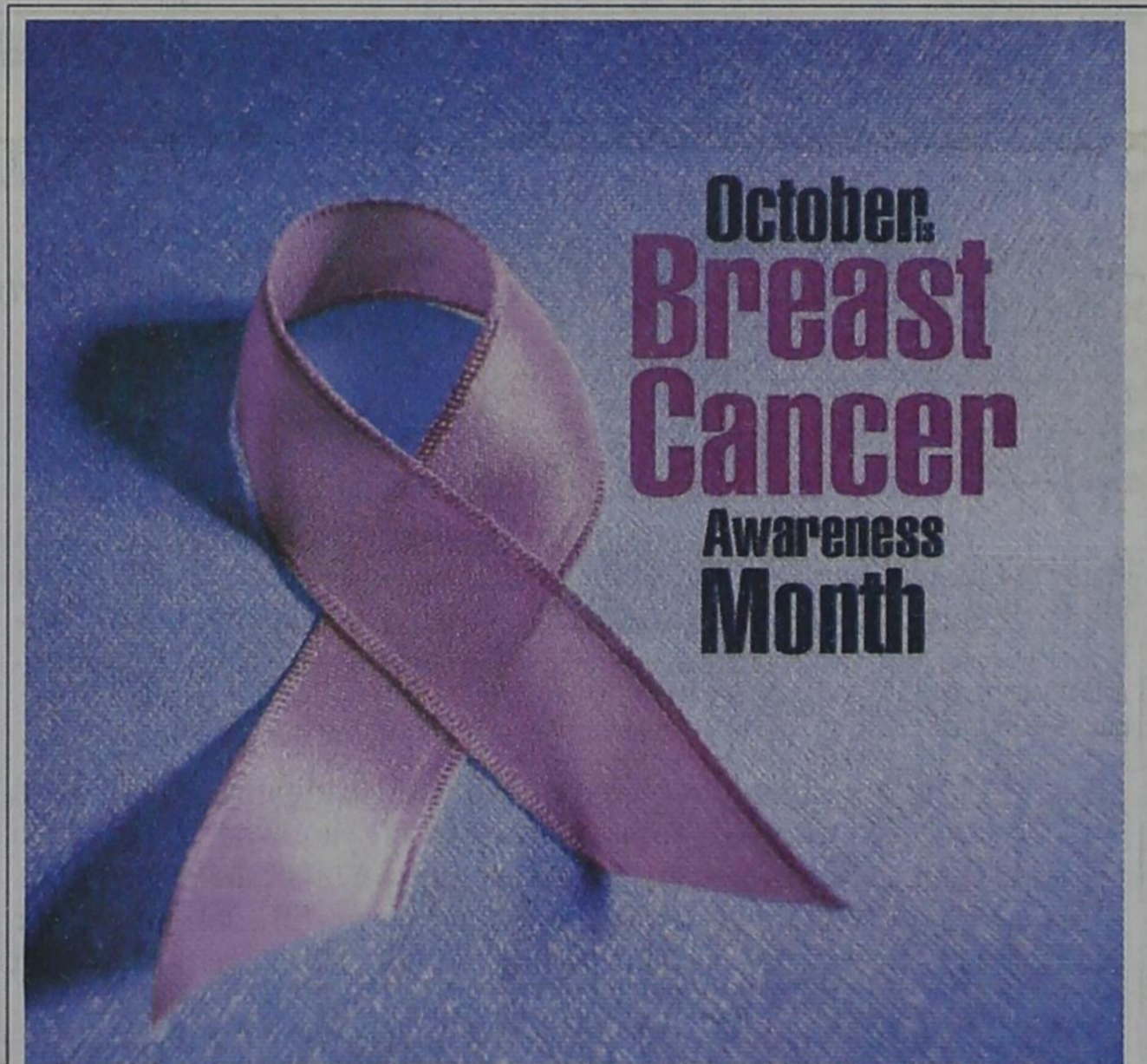
JAKE HOOKER & THE OUTSIDERS to follow event (ADMISSION \$10, under 6 - free!)

THANK YOU VERY MUCH TO ALL OF OUR SPONSORS!



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October
Breast
Cancer
Awareness
Month

To help promote the importance of early detection, Cogdell Memorial Hospital is offering a \$50 special on mammogram screenings for all women 40 years old and older during the month of October.

No insurance filed and no physician order is necessary.
Call 325 574-7441 today to schedule an appointment.

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In and around Close City

Good day everyone! It is moving right along out here. Got a call from one of our producers on Wednesday that he is pulling cotton, so guess we'll fire this baby up toward the end of this week. Keep reading the paper for updates on bale counts as well as check out our Facebook page under Close City Community for the latest updates.



TRACI FREEMAN

Miranda Shults McDonald, aka Mandy, and her children Katherine and Sean came to visit with her family over the weekend. Miranda and her husband live in Bedford.

I have had so many phone calls, texts and emails concerning our son, Reece. I just thought I would use my column to say t0 thank you. It has really helped me out knowing so many people love him like they do.

We did get the phone call saying he made it to San Diego safely, so now we are waiting on his address, which many of you have asked for. I don't have it yet, but should by this weekend.

He told us before he left he was going to count the Sundays until his graduation, so that's what we are doing. Thanks again from our family to yours. This has also inspired me to list those in the service to keep in your thoughts and prayers so if you have ones you want me to add just give me a shout.

Glenda Stephens called and visited a bit Tuesday afternoon. She and Chick are home, and he is doing really well and sends hello's to everyone. So glad you are better, Chick!

I hear there were several in town for the reunion this past weekend. I hope all had

a good time. I have really enjoyed looking at all the pictures of everyone on Facebook who were in high school with me. They all looked great, but one thing I have to say to a girl that grew up out here: Krisha Mason doesn't look a day older than she did when she graduated high school. Maybe we could get her to share her secret with us.

Our folks in the service we need to remember are Reece Belongia, Kyle Gunn, Eric Alaniz.

Ragtown folks in the nursing homes we need to remember are Claudine Tipton; Carmen Abraham; Jewel White in Lubbock. Others are, Mack Ledbetter in Post; John and Mary Gist in Lubbock.

Please let me know if there is anyone I need to add to either of these lists.

Visitors

We've had Cecil, Gene, Brad all come out to see us this week. Come on out and have a drink and snack with us. Remember, they're the cheapest in the county!

Did you know: The sentence, "The quick brown fox jumps over a lazy dog," uses every letter of the alphabet.

Quote of the week: "Family, like branches on a tree, all grow in different directions yet our roots remain as one," taken from the Facebook page of Maria Gonzales, aka Ria.

Close City Birthdays

- October 5th - Danny Vernon
- October 6th - Daniella Esparza, Rheaden Bland, Jaycee Johnson
- October 7th - Judy Bush, Sharron Morris, Ronnie Dunn
- October 8th - Shelly Haney King
- October 10th - Cliff Johnson
- October 11th - David Quintana, John Bland

Everyone have a great week. Keep rain, the crops, our troops and our country in your daily prayers. See ya next week!

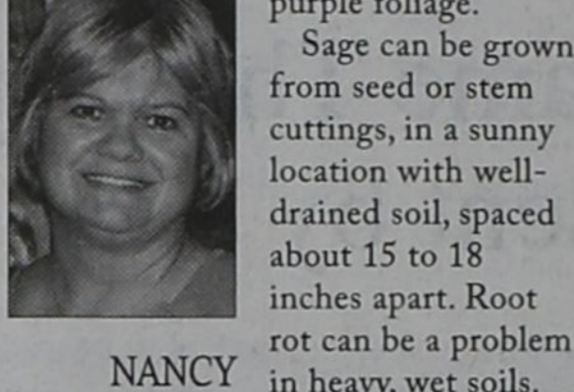
Traci Freeman is a resident of the Close City community. Email her at close.city.coop@pcca.com.

Nancy's Notions

Sage: Barometer of success

Sage is a popular herb commonly grown as a garden plant. The shrubby perennial may reach 18 to 24 inches tall, with a sprawling growth habit.

Common sage has gray-green, woolly leaves. There are several cultivars: Tricolor has white and purple marbled leaves with pink margins; Icterina has variegated gold and green leaves; and Purpurascens has purple foliage.



NANCY MCDONALD

Sage can be grown from seed or stem cuttings, in a sunny location with well-drained soil, spaced about 15 to 18 inches apart. Root rot can be a problem in heavy, wet soils. Few people know, however, there are a number of reasons why it's actually better to grow this pretty and pungent herb on a windowsill, indoors. For one thing, a sage houseplant, which doesn't encounter the kind of cold nights and chilly, rainy days that can retard growth, will mature quickly and produce tender, delicately flavored leaves. Furthermore, since the sage plant is an evergreen perennial, such plants will last for a number of years in indoor containers where they're not likely to be disturbed or destroyed, as often happens when the herbs are grown in a garden.

If you decide to raise sage indoors, just plant several seeds in a five- to six-inch pots. Once sprouted, thin it back to one or two seedlings per container. Fairly rich soil is necessary to produce healthy herbs, and the potted plants should be placed on a sunny windowsill.

After the sage shoots are at least four inches high, enrich their water now and then with a good liquid plant fertilizer used according to the

directions on its label.

During the spring of its second year (and thereafter), sage will produce small, bluish-white flowers on the end of each branch. Simply pinch the blooms off as soon as they appear, in order to prevent seed formation, which might interfere with the little shrub's luxuriant and lovely leaf growth.

After the plants have reached maturity, they may be harvested as often as three or four times a year. To do this, cut the longer leaf stems back to about six inches and leave the little central shoots intact. Snip the leaves from the severed branches, discard the stems, and spread the greenery thinly on cloth or paper in a subdued light. When the leaves are crispy dry, store them whole or crushed in a container that will keep out both light and air.

Sage plants, by the way, were once thought to be barometers of success. As they thrived or withered, it was believed, so would their owner's business. Remember, I am working on a book with all the information for herb gardening, including many recipes and resources.

This week's recipe sounds refreshing. Enjoy during the holidays with crackers or gourmet breads.

Nancy McDonald is the family and consumer sciences agent for the Texas AgriLife Extension Service in Garza County.

Sage Cream Cheese

- 1/2 cup fresh sage
- 1 clove garlic
- 2 (8-ounce) packages cream cheese, softened
- 3 tablespoons frozen lemonade concentrate, thawed

Combine the fresh sage and garlic in the container of a food processor. Pulse until finely chopped. In a small bowl, blend together the cream cheese and lemonade concentrate. Stir in the garlic and sage. Cover and refrigerate for at least one day before serving for best flavor.

Clay Miller

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The Moment of Salvation

Jesus answered [Nicodemus], "I am telling you the truth: no one can see the Kingdom of God without being born again."

- John 3:3 (TEV)

Growing up, I sometimes found it discouraging that I couldn't remember an exact moment when I became a Christian. Then I feared that I couldn't remember it because I had actually never become a Christian at all. This worry would inspire me to commit my life again to Jesus in some sort of childlike, salvation-insurance prayer.

As a teenager I didn't have a dramatic testimony to give when I went to Christian camp. I often wasn't sure what to say when people asked when and how I became a Christian. When others would talk enthusiastically about a powerful, definitive time of conversion, I was left feeling as if my Christian faith wasn't

as good as theirs — simply because I could not look back and identify a point when my Christian walk began.

With time, I have come to realize that my experience of being born again spiritually can be much like being born physically. I don't remember when I was born, but that doesn't mean that it didn't happen. Neither does the fact that I don't remember when I was born as a Christian mean that it didn't happen. The evidence of my natural birth can be seen in my life as I live, just as I hope the evidence of my life in Christ can be seen as I grow in my faith and seek to love, serve, honor, and obey God in everything I do.

Joanna Ronalds (Victoria, Australia)

Church Directory

- Assembly of God**
Bethel Assembly of God (Bi-Lingual)- 407 May street
Lifeline Church- 108 N. Broadway
- Baptist**
Calvary Baptist Church- 210 E. 6th Street, 990-2342
First Baptist Church, Post- 402 W. Main Street, 495-3554
First Baptist Church, Wilson- 806-628-6333
Grace Baptist Church- 820 N. Avenue S- 990-3497
Justiceburg Baptist Church- Justiceburg
Pleasant Home Baptist Church- E. 14th & N Ave F
Pleasant Valley Baptist Church- Hwy 84 & N. 399 (806) 828-4174
Southland Baptist Church- Southland
Temple Bautista- 315 W. Main
Trinity Baptist Church- 915 N. Ave O, 990-3038
- Catholic**
Holy Cross Catholic Church- Ave K and Main Street- 495-2791
- Church of Christ**
Church of Christ- 108 N. Ave M 495-2326
Graham Chapel Church of Christ- 15th & Ave S
- Church of God**
Church of God of Prophecy- 602 W. 14th, 495-3644
Power House Church of God and Christ, Pine Avenue
- Disciples of Christ**
First Christian Church- 812 W. 13th, 495-3716
- Evangelical Methodist**
Faith Chapel- 1105 Green Street, Wilson (806) 628-0018
- Methodist**
First United Methodist Church- 216 W. 10th, 990-2942
Graham Chapel United Methodist Church
(Pastor: John Hedrick) - 611 FM #1313 806-549-1400
- Nazarene**
Post Church of Nazarene- 202 W. 10th, 495-3044
Grassland Church of Nazarene- 327-5656
- Presbyterian**
First Presbyterian Church- 910 W. 10th, 495-2135

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Legends

How C.B. Everett came to Post and saved a man from his deathbed

I ran across an interesting newspaper clipping that might be of interest to you "Legends" readers.

The headline read, "C.B. Everett Pitched the Second Tent in the Post Town Section 44 Years Ago."



LINDA PUCKETT

When a man packs up all of his

belongings and his family in the old wagon and sets out for a different location just so he can go fishing, he certainly likes fishing. But once he reaches the place and become so engrossed in helping it grow and build that he never gets to go fishing in 44 years, then he must like the place he moved to.

Such an incident happened exactly that way in the life of Mr. and Mrs. Charlie B. Everett, residents of Garza County and the town section of Post since June 16, 1907.

"We were living near Tahoka at that time," Everett explained. "I was a freighter, and some man in Big Spring handed me a map showing the salt creeks of this section. So I asked my wife one night if she wanted to go fishing."

Mrs. Everett, having lived for some time on the Plains, asked, "Where in the world can you go fishing around here?"

Finally convincing her there might be fish in this vicinity, Everett packed her and the kids and all their possessions into the wagon and headed out.

He actually had no intention of coming to this specific section, but on arriving at the intersection of the old stage lines near Grassland he met a man by the name of Alexander, who asked him, "Would you like to help me build a town in Garza County?"

"This sure fascinated me," Everett said, "so I told him 'sure.'"

"They issued me a tent in Grassland and told me a road had been cut down the Caprock. This had been done with grubbing hoes and was a pretty tough job. I locked both rear wheels on the wagon and dropped off the Rock (Cap) on the morning of June 16, 1907. For a while I thought we might never make it, the Rock was so steep the horses had to outrun the wagon."

Before leaving the commissary, Everett had been told one tent was already set up in the town section here.

"They didn't tell me who it

was, and, when I discovered the people's identity, I got the surprise of my life," Everett said. "I drove my goods in and pitched my tent about 50 feet from the other fellow. We noticed a woman stirring around but did not recognize her, so we kept working. Just about the time we finished, the man who had been sleeping in the tent comes out and walks over."

"He was my father's youngest brother, Henry Everett. We knew he was somewhere in West Texas, but I didn't expect to run up on him here."

The next morning, Everett said he and his uncle began building Post with pick and shovel. Alexander was in charge as the first manager of the Double U Co. and kept that job until late January 1908 when Old Man Post came down from Michigan and canned him, Everett said.

"At the time, we had to haul our drinking water from six miles up on the plains," Everett said, "my wife hauled the water while I worked."

Everett continued working for the Double U until 1912, when he went to work in the post office until 1916. For the next two years he managed a store for the Power brothers in Ragtown and then hired out to the mill until 1924. That year he was elected county treasurer, serving three terms.

As is true of every person Everett's age, some things just stand out.

"In 1909," Everett began the story, "a freighter by the name of House took the pneumonia. One day about sundown the doctor came

by and told me and another fellow that House was going to die before 10 o'clock and asked us to sit up with him. So we went over and stayed with him, and he was in bad shape, gasping for every breath he drew.

"About 8:30 or so we decided to make some coffee, and I rummaged through the kitchen and found nothing but a gallon of whiskey. Naturally, that was better than any coffee, so me and Hagley began 'dramming' out of that jug. Well after the third or fourth drab we decided what House needed was some good whiskey, and we started giving him some on his tongue.

"Before long he was swallowing pretty good, so we started giving him good-sized drams. Well, sir, you know by daylight we three had killed that gallon jug. Hagley had passed out completely, and I was darn near it, and there was House sitting up in bed cussing everything that moved."

Needless to say, House lived.

Everett claimed during his lifetime in Post, he had done more free work than anybody in town. He served 25 years as the secretary of the Masonic Lodge, 22 years as chapter secretary, and 12 years as clerk for the First Baptist Church.

"Yes sir," he vowed, "a lot of water could have run under the bridge since I been in Post — provided, of course, it had rained enough to make a lot of water."

Linda Puckett is director of the Garza Museum and Garza Council Historical Commission.

The 501

There's more than one way to skin a Bluecat

You think you know someone, but when you marry that person, you learn more. I didn't know I was marrying a Bluecat or what it would eventually entail. Pun intended.

Sounds like a political animal, doesn't it? But a Bluecat is not a critter built specifically to tangle with a Yellowdog Democrat. Not that it doesn't ever happen, but Bluecats themselves come with no particular political stripes.

A Bluecat is my husband's one-of-a-kind, high-school mascot. If you went to school in Coleman, you are a Bluecat. Otherwise, you're not. It's the only way to be a true Bluecat. They don't adopt, except maybe teachers and coaches.

But guess who's designing the banner for my husband's 50th high school reunion? Bluecat-by-marriage me.

The pupils in my eyes are slits this morning from staying up half the night perfecting a ferocious Bluecat that's supposed to look like the one on the Coleman High School gym floor, which I've never seen because I'm not a Bluecat.

Not to worry, I have a computer image of a facsimile of the center-circle Bluecat.

Now that computers have turned many of us into amateur graphic artists, the shortcomings of computer graphics can deal us misery. Unless an image is available in a high-resolution version, then that image doesn't lend itself to being reproduced for anything very big — banner to highway signboard.

If you're not into computer art, just imagine trying to print a really big picture from a very small grainy negative. If you are into computer art, you know what I mean. Either way, read on.

When it comes to the challenges of computerdom, there's more than one way to skin a Bluecat.

Here's a foolproof way to increase the resolution of a low-quality image:

First, you print the best image you have as large as you can. (I printed the Bluecat on a letter-size piece of paper.)

Second, you improve the image by going over the whole thing with markers, pencils or whatever it takes to get rid of all the jagged pixels. You can cut it out with scissors if you think it will help.

Third, you photograph your masterpiece — the better the camera, the better the image.

With any luck, nary a pixel will raise its ugly head, and you'll have a nice smooth piece of art.

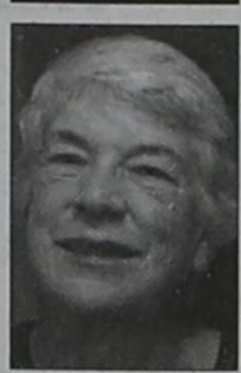
But when put on your artist's beret to improve the printed image, remember always to place the paper on a nice smooth surface before you take pen, pencil or felt-tip in hand. A good-sized piece of glass is an ideal surface.

When I prepared to improve the substandard Bluecat, I couldn't find a piece of glass anywhere in our farm dwelling. So I grabbed the porcelain top off the commode. It worked fine.

A word of caution: Felt-tip markers will bleed through most printer paper.

When my husband notices the unusual pattern of curious black dots on the toilet top, I'll tell him to squint his eyes and he might see a Bluecat.

Hanaba Munn Welch is a retired journalist and regular contributor to The Post Dispatch. Email her at hanaba.quanah@gmail.com.



HANABA MUNN WELCH

Cryptogram Solution

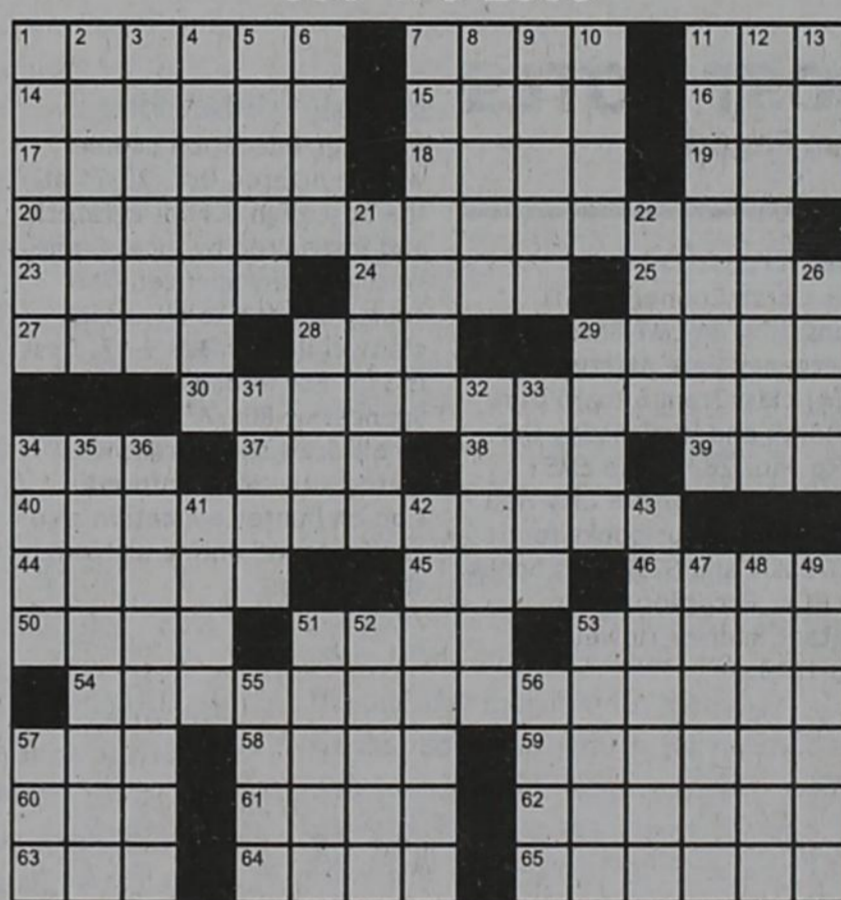
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QEXSR HQRPHJ JNQB JNH YPTRJ
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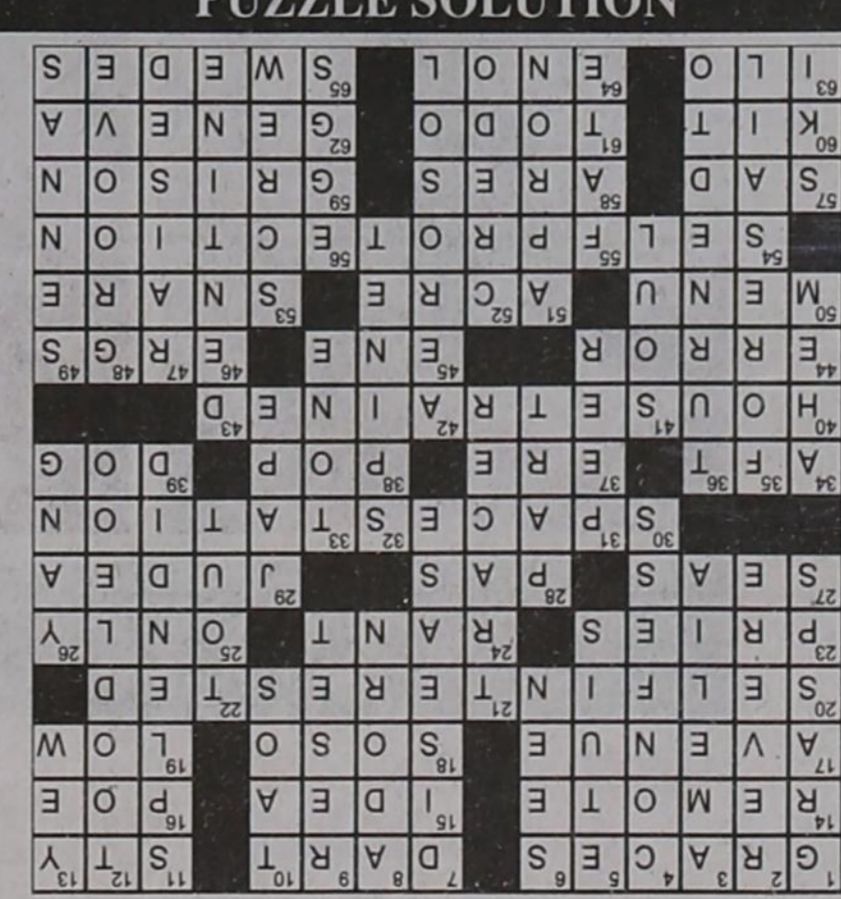
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- Across
- Honors
 - Blowgun ammo
 - Chester White's home
 - Slight
 - "I had no ___!"
 - "MS. Found in a Bottle" writer
 - Park, for one
 - Neither good nor bad (hyphenated)
 - Sad
 - Concerned for one's own welfare (hyphenated)
 - Jimmys
 - Bluster
 - The "O" in S.R.O.
 - Caribbean and others
 - ___ de deux
 - Herod's kingdom in biblical times
 - Manned artificial satellite (2 wds)
 - Astern
 - "... ___ he drove out of sight"
 - Appear, with "up"
 - Follow
 - Learned good indoor puppy habits
 - Overthrow, e.g.
 - Charlotte-to-Raleigh dir.
 - Units of work
 - List of restaurant selections
 - "God's Little ___"
 - Animal catcher
 - Defensive maneuver (hyphenated)
 - Blue
 - "Bye!" (hyphenated)
 - "Iliad" warrior
 - Central and South American weasel-like mammal
 - Do-it-yourselfer's purchase
 - ___ list (2 wds)
 - Swiss canton
 - 1969 Peace Prize grp.
 - Carbon compound
 - Rutabagas

- Masculine side in Chinese cosmology
- Actor's goal
- Jest
- Equal
- Small harpsichord
- Strengthen, with "up"
- "Beg pardon ..."
- Essential part of a square-rigged vessel
- Began work (2 wds)
- Essence
- Deodorant type
- Calcified part of a tooth
- Embossed
- Place for a needle
- Plants whose dried leaves are used as a laxative
- Table part
- Belief
- Prison guard, in slang
- Destiny
- Baker's dozen?
- Schuss, e.g.

PUZZLE SOLUTION



- Down
- Understands
 - Idolize
 - ___ Island, Fla.
 - Admit
 - Small ornamental ladies' bags
 - Caught in the act
 - CDC member?
 - Beautify
 - Change, as a clock
 - New Mexico art community
 - Magnificent
 - "Bye!" (hyphenated)
 - Churchyard tree in "Romeo and Juliet"
 - Missing persons investigator
 - Plug

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CRIME

From Page 1

"When deputies knocked on his door, and he answered, there was a very strong smell of freshly burned marijuana emanating from his room," Binford said.

Binford said while the deputies were conducting their investigation, another man showed up at the motel room.

"It was determined this other man was living in the same room," Binford said. "He also was arrested."

Seibert and his roommate, Joshua Evan Babb, 28, of Post, were charged with possession of marijuana less than 2 ounces, which is normally a class B misdemeanor. However, Binford said, since the motel is less than 1,000 feet from a school campus, charges were upgraded to possession of marijuana less than 2 ounces in a drug-free zone, which is a class A misdemeanor.

A class A misdemeanor in the state of Texas carries fine up to \$4,000, a jail sentence not to exceed one year or both.

No other charges have been filed against the men at this time, and deputies continue to investigate, Binford said.

Both men were booked into the Garza County jail, where Babb the next day posted a \$2,500 bond and was released. Seibert, according to jail records, remains behind bars with a \$2,500 bond.

While Binford was hesitant about drawing any immediate connection from the arrests of Babb and Seibert to Five Stone Ministries, he did say the local motel the two were arrested in is regularly the site of quite a lot of local crime — many times by suspects who have been residents at Five Stone.

"There have been numerous arrests throughout the years at Post Lodge," Binford said. "Many times the people who stay there are or have been a product of Five Stone Ministries."

Binford said the motel is a haven for not only drugs but also prostitution.

"We've apprehended women who have been staying there who will go down to the convenience stores to solicit truck drivers," he said. "This is all going down practically right next door to the school."

Bogus bills

In the last several weeks, there have been at least two instances of counterfeit money being passed at local businesses.

Binford said in at least one instance, a \$10-dollar bill being passed was a bleached out and printed over \$1-dollar bill.

"These counterfeit bills are very good replicas," Binford said. "I would advise all businesses in and around the area to take all precautions to avoid getting defrauded."

While the investigation into the counterfeit bills is ongoing, Binford said the investigation so far does point to a suspect or suspects who have been affiliated with Five Stone Ministries in the past.

"That group has been around for a while," he said. "And from where I sit, I can honestly say a good deal of our crime here in Garza County in some way will eventually loop back around to people formerly associated with the Five Stone ministry."

Five Stone response

O.L. Ferguson, who has run the Five Stone Ministries facility for a number of years, disputes sheriff's officials belief the local crime rate is a direct result of Five Stone residents.

"We have no real control over what our residents do after leaving our facility," Ferguson said. "I think there would still be plenty of crime without us. There might be one or two who continue to contribute to the crime rate, but I certainly don't think there's any more crime than what there otherwise would be."

Chris Atkinson, director of the Community Recovery Center, which is not affiliated with Five Stone, noted the ministry is one in which the residents are there not by choice — an issue that factors into its success rate.

"The key to successful recovery over drug and alcohol addictions is that sobriety has to come from within, not from outside pressure, whether that outside pressure is the legal system or family members or whatever," Atkinson said. "An addict has to want to get better before they can successfully maintain sobriety, and, unfortunately many times those types of facilities aren't meant for long-term treatment."

Although Five Stone's Ferguson noted there are not any parolees being housed at the Five Stone facility



DUSTIN SEIBERT



JOSHUA BABB

at the present, he did say 17 of the 23 former residents are law-abiding citizens of Post.

"We have quite a few former residents who are contributing members of society and who hold down full-time jobs at various places all around the city of Post."

Ferguson said the recidivism rate of Five Stone residents is the same if not a little higher than the national average of 5 percent.

"Our residents contribute upward of \$10,000 a month to the local economy," he said. "They're making a good contribution to society and are law-abiding citizens. We might have one or two that foul up, but that shouldn't mar the reputation and ministry we're building here."

REGISTRATION

From Page 1

the race for County Commission seat 3 for which incumbent Republican Tedd Brannon faces Democratic opposition by former Commissioner John Valdez.

Voter registration forms can be obtained in the Garza County Elections Office or from VoteTexas.org, a website maintained by the Texas Secretary of State's office.

Sample ballots can be downloaded from the county elections website at garzacounty.net.

Garza County Elections Supervisor Jim Plummer said there are currently 2,811 registered voters in the county, up 32 from the primary election.

Plummer said Tuesday the increase is mostly because of high school seniors who are turning 18 and registering to vote.

Election Day is 31 days from today.

RICH

From Page 1

the inspiration from her latest book came from a couple of columns she wrote about people overcoming adversity.

"I got so much positive mail that I believed there was a book to be done about people I have know — both famous and not — who faced a wall of adversity and pushed through to find a better day," Rich said. "These people had inspired me with their stories."

Staying true to her Southern, storytelling roots of her ancestors, Rich gathers and narrates tales she has heard, witnessed or, as in the case of celebrity chef and cookbook author Paula Deen and racecar champion Dale Earnhardt — just to name a few — learned through first-hand conversations with them.

"The main thing I want people to take away from my new book is this: No matter how hard times are now, better days will come again," she said. "They always do."

"There's a Better Day A-Comin'" entertains as much as it encourages anyone who needs a healthy dose of optimism.

Chapters in the book include:

- "Dreams are the Compass for Finding your Direction in Life," Jeff Foxworthy's tale of leaving his job at IBM to pursue a career in comedy.

- "Never Give your First Instinct a Second Thought," Dolly Parton's story of how she trusted her intuition and turned down an offer from

About the author
Ronda Rich is a weekly columnist for The Post Dispatch. She is a former NASCAR publicist turned award-winning sportswriter turned Southern sage and has written two bestselling books, including "What Southern Women Know (that Every Woman Should)" and "What Southern Women Know About Faith." Visit her website at rondarich.com.

Elvis Presley most wouldn't have refused.

- "Don't Worry About What Other People Will Think," Rich's own experience of how her mother fretted that people would think her daughter had skipped church if she wore jeans to breakfast at the local diner on Sunday.

Part memoir, part celebrity biography and fully inspiring, this collection of 37 stories offers personal tales from Rich as well as those of family, friends and start who thought they would never see a brighter day.

"Many years ago, I went through a divorce and a downsizing in my job at the same time. It seemed that life lay in crumbles around me and that the best was behind me," Rich said. "But that was only a falling away of the old, because the best was still to come."

"Because I was jobless, I began to pursue my dream of being a published author and a brand new beautiful life was born. What was devastating at the time because the impetus for my dreams coming true."

POST NOTES

From Page 1

EMT training

Post-Garza County EMS is sponsoring an EMT-Basic and Emergency Care Attendant (ECA) class from 6 to 10 p.m. Mondays and Wednesday Oct. 15 to Jan. 28. in the EMS training room above City Hall. Cost is 4400 plus books for EMT-Basic and \$250 plus books for ECA. For information, contact Rodney Tidwell at 495-1813.

Hunter education

A hunter-education course will be offered Oct. 20-21 at the Post High School cafeteria and instructed by local Game Warden Drew Spencer. The course is open to all, especially children ages 9-17. Cost is \$15. For information, call Spencer at 806-773-4179 or email drew.spencer@tpwd.state.tx.us. More information on hunter education also can be found online at tpwd.state.tx.us.

4-H enrollment

Enrollment for the 2012-2013 4-H year is now ongoing on 4-H Connect. Those interested are asked to contact the Extension Office at 495-4400 for information. Current members must re-enroll at 4-H Connect. Registration will continue through Oct. 31.

Food/nutrition project

The Garza County Extension Service is sponsoring a food and nutrition project at 4 p.m. Wednesdays that will continue through October.

Youth grades 3 and up are invited. Call 495-4400 for information.

Donations needed

Five-Stone Ministries, a non-profit 501c3 organization, is in need of the following items: men's work clothes, men's work shoes, workable washers and dryers. Some women's items also are needed. For information, contact O.L. Ferguson at 806-781-1156. Monetary donations welcome at P.O. Drawer 669, Post, Texas, 79356. All donations are tax deductible.

COTTON

From Page 1

the moisture going into the 2013 crop," said Steve Verett, Plains Cotton Growers executive vice president. "We hope our growers and

ginners can move quickly and efficiently through this year's harvest without major delays."

Mary Jane Buerkle is a communications specialist with Plains Cotton Growers in Lubbock.

For many more moments like these,



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Archery deer season opens strong, but silent

Special to the Dispatch

AUSTIN — Unlike the symphony of shotgun blasts signaling the opening weekend of dove season, few will hear the whisper soft "string music" of archery-only deer season.

But that doesn't mean there aren't a lot of hunters making bowstring music. Archery hunting stamp sales are up substantially this year, Texas Parks and Wildlife officials have said.

Entering last weekend's "soft" opener of deer season, the archery-only season Sept. 29-Nov. 2, archery endorsements are up 15.2 percent at 13,231. The endorsement is required of anyone hunting during the archery-only season. The endorsement is included in the department's Super Combo hunting and fishing license package, sales of which are also up 11.75 percent at 292,670.

Wildlife officials point to rebounding range conditions this year that helped bolster deer populations as a contributing factor to the jump in hunting participation this fall.

Timely rainfall across much of the state that began during the winter of 2011 and continued through the first half of this year generated much needed habitat recovery. Those important food sources resulted in increased deer antler growth, improved body conditions and higher fawn production and survival.

"Most of the state has received much needed rain to boost forage resources needed for antler development and fawn rearing," said Alan Cain, TPWD deer program leader. "Far West Texas, primarily mule deer country is still dry. I expect this to be an average to slightly above average season for antlers."

"South Texas, known for trophy bucks, should be in good shape as we've had rain this summer. The Texas Hill Country, known for higher deer populations, has also received good rains this summer so hunters should expect decent antler quality and good body weights for this region."

New this season, the Texas Parks and Wildlife Commission approved opening a hunting season for deer in Dallas, Collin, Rockwall and Galveston counties.

Under the new regulations, the current season structure in Grayson County will be altered to allow full-season, either-sex whitetail harvest. The amended Grayson County archery-only deer season structure will also be implemented in Dallas, Collin, and Rockwall counties. In addition, the Commission approved implementing the current Harris County season structure in Galveston County.

The deer season in Collin and Rockwall counties has been closed since 1976 after agricultural development had virtually eliminated deer habitat. Since that time, agriculture has been gradually displaced by the extensive urban, suburban, and exurban growth of the Metroplex, which has resulted in highly fragmented habitat and minimal populations of white-tailed deer, mostly in riparian areas surrounding lakes and streams.

The general gun deer season in Texas opens Nov. 3 statewide, preceded by a youth-only deer season the weekend of Oct. 27-28.

A bright outlook for deer season may not be the only reason more archers are taking to the woods. TPWD is taking steps to introduce archery to potential new hunters through the National Archery in the Schools Program, now in its eighth year in Texas.

NASP is being offered in all 50 states and six countries. To date worldwide more than 9.5 million school children from more than 10, 300 schools in grades 4-12 have received archery instruction from their NASP teachers.

For information about the National Archery in Schools program, contact Burnie Kessner with Texas Parks and Wildlife Department at burnie.kessner@tpwd.state.tx.us or 979-862-7341 or visit twpd.org.

Rotary Club



By Wayne Hodgin/The Post Dispatch

David Clark, center, of Electracom Supply of Lubbock federal energy efficiency legislation, and Kathy Wilson, a Philips Lighting representative out of Albuquerque, N.M., were the guest speakers at Tuesday's weekly meeting of the Post Rotary Club. Clark and Wilson discussed the federal energy efficient legislation and standards for lighting homes and businesses throughout the country. They were welcomed to the Rotary Club by members, including Treasurer Dave Tyler and President Kerry Dixon. The Post Rotary Club meets at noon Tuesdays in the Post Community Center.

Yesteryears

10 Years Ago October 10, 2002

Post native Alvin Davis was recently recognized for his outstanding contribution and long time service at the National Cowboy Symposium. Davis was instrumental in organizing the Junior Rodeo Association and the Cowboy Symposium. Gov. Rick Perry congratulated Davis for his "tireless efforts to perpetuate cowboy and Western culture." Davis attended dedication ceremonies at the Garza County Historical Museum last week, where the Alvin G. Davis Room has recently been opened.

Post Independent School District Superintendent Bobby Bain was recently appointed to a National Rural/Small School Advisory Committee of the American Associations of School Administrators. The Committee is an AASA subcommittee comprised of six superintendents representing small rural schools throughout the United States.

PHS senior Daryl Dissinger took first place in the recent Ag Mechanics Project contest at the South Plains Fair. Dissinger is the son of Daryl and Chane Dissinger of Post.

A new room dedicated to the late "Chief" Frank Runkles is now open at the Garza County Historical Museum.

Greg and Angela Massey of Post have announced their son Brandon successfully completed and graduated from Naval Recruit Training in Great Lakes, Ill. Brandon will report to Mayport, Fla., where he will board the John F. Kennedy Aircraft Carrier and deploy soon thereafter.

20 Years Ago September 30, 1992

Cub Scouts learned about wood carving from Dan Rankin during Pack 316's first meeting of the year. Scouts attending the meeting were Justin Greer, Matt Leininger, Matt Ramsey, Jay Waylon Strawn, Mickey Gonzales,

Shannon Cowley, Brent Riedel, Timothy Greathouse, Joseph Saldivar, and Kevin Morris.

Marine Pfc. Benjamin Vargas, son of Aurora S. and Felipe G. Vargas of Post, recently completed the Light Armored Vehicle Crewman Course. The 1991 graduate of Post High School joined the Marine Corps in December 1991.

The South Plains Fair opened Saturday with the annual Parade of Bands. Representing Post and taking the third place trophy in Class AA was the Pride of Post Marching Band. There were seven bands in Class AA competing in the parade.

Senior Airman Dewayne E. Warren, a 1988 graduate of Post High School and son of Becky and Chet Warren of Post, has been awarded the Air Force Achievement Medal for meritorious service.

30 Years Ago September 28, 1982

Mr. and Mrs. J.D. McCampbell soon will be celebrating their 50th wedding anniversary. They were married Oct. 2, 1932, in Slaton, and except for a short period of about three years, have made their home in Post.

Mr. and Mrs. Wade Terry will celebrate their 50th wedding anniversary on Oct. 19.

Noel and Orabeth White were honored on their 25th wedding anniversary with a reception at the Graham Community Center on Sunday evening.

40 Years Ago September 21, 1972

The Burlington Industries Foundation this week pledged \$1,000 to West Texas Boys Ranch at San Angelo to be added to the funds raised for the ranch by the O.S. Ranch Benefit Steer Roping and Art Exhibit this weekend.

The three Post Antelope Players of the week are Rusty Conner, Johnny

Minor and Roger Pace.

Friday of last week the paper staff chose two seniors as Citizens of the Week. They are Donna McBride and Jay Tol Thomas. Donna is the daughter of Mr. and Mrs. Bill McBride. Jay is the son of Mr. and Mrs. Wayne Thomas.

Mr. and Mrs. Amalio Andres Martinez are the parents of a son, Amalio Andres Jr., born Sept. 24 in Garza Memorial Hospital.

A son Ernest Jr., was born to Mr. and Mrs. Ernest Saldivar in Garza Memorial Hospital.

50 Years Ago October 4, 1962

Steve Luce, the former Post resident who is building the new White River Dam, is sure of one thing. There is plenty of water there. Luce's problem now is how to pump the water out of the riverbed sand so a huge core trench can be scooped across the riverbed and refilled with clay to prevent heavy water losses under the new dam.

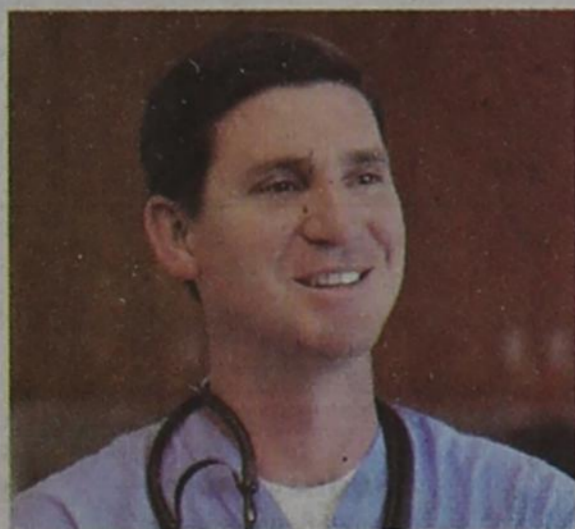
Caprock Telephone Co. of Spur has purchased an acre of land six and one half miles north of Post as a site for the central dial office that will serve 127 rural subscribers in the areas of Garza County now without telephone service.

Olin Reddell, one of two Idalou coaches killed late Wednesday night in a highway accident near Slaton, was assistant football coach and head track coach at Post High School for two years before going to Idalou. Also killed in the accident was Dwain Coggins, head basketball coach at Idalou.

Word has been received here that Butch Bowen left Norfolk, Va., Wednesday morning on the USS Shenandoah for Naples, Italy, where he will board the USS Springfield for 18 months. Butch is the son of Mr. and Mrs. Lee Bowen and left here July 14th for two years active duty in the Navy.

Compiled by Elizabeth Moreno

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Borden County homecoming Coyotes crush Dawson Dragons, 46-0

By **Trey Richey**
For the Dispatch

GAIL—The Borden County Coyotes were not gracious hosts for the 2012 homecoming contest with the Dawson Dragons as they pummeled the visitors to the tune of 46 to 0.

With the blessing of much-needed moisture, the only issues the Coyotes saw with the wet field and rainy conditions was their extra-point kicking team.

The Coyotes had no turnovers for a third straight contest, and with the emergence of a defense that seems to be improving each week the Coyotes made short work of the visitors as this contest was over at half because of the mercy rule.

After a quick 4-and-out for

the Coyote defense, T.J. Basquez and the starting Coyote offense had their first score as Basquez followed the blocks of his center Matt Roberson, guard Helio Rosales and end Kurt Shafer almost untouched from 30 yards out to make the score 6-0 two minutes into this contest.

On the next defensive possession Helio Rosales recovered a fumble at the 5-yard line, and on the first offensive play Basquez and the Coyotes had a 12-0 lead from five yards out.

The defense of Rosales, Basquez, Shafer, Jared Smith, Tanner Richey and rotating linebackers Steven Howard and Ricky Torres got into the scoring act themselves as Richey intercepted an errant pass and rumbled 30 yards to another Coyote score and an 18-0 lead.

After another stop by the Coyote defense, this time adding Coyotes Matt Ham, Matt Proulx and Tristen Benavidez to the mix gave the Coyotes the ball at their own 16 yard line, but in another one-play offensive drive Richey sprinted untouched 64 yards for another Coyote touchdown and with the Rosales kick had a commanding 26 to 0 lead.

Yet another quick 4-and-out by the Coyote defense gave the Coyotes the ball one more time and for the fourth-straight offensive possession a one play drive commenced as Jared Smith hit Basquez on a nice 39-yard strike to increase the lead to 32 to 0.

The second offense of Korbin Martinez, Matt Ham, Jordan Martinez, Luis Andrade

for the injured Frank Banman, Benavidez, Proulx, Sean Tucker and Torres added the point after on a pass from Tucker to Benavidez to close but the first quarter with a 33-0 lead.

In the second quarter the second defense continued playing from the final possession to this quarter, which consisted of both Martinez boys, Jordan and Korbin, Ham, Proulx, Benavidez, Andrade, Tucker, and still mixed in Howard and Torres. This group gave up a few first downs but still would not break and after a quick stop the Coyote offense had their fifth one-play drive as Richey scored from 50 yards out to increase the lead to 39-0.

The second defense again bent but would not break and

after a nice stop Smith hit Shafer on a nice 28-yard pass play to set up another Richey touchdown run and give the coyotes a 45 to 0 lead. Ricky Torres added the extra point run to make the final tally of 46 to 0.

Leading the way was Basquez with two carries for 35 yards and two scores a 39 yard touchdown reception and eight tackles, a tackle for loss and a caused fumble. Richey had four carries for 186 yards and three scores and an interception return for a score.

Jared Smith was 2-of-3 for 67 yards and a score and in on a tackle. Ricky Torres was in on nine tackles a pressure a pass breakup and a tackle for loss. Steven Howard was in on 10 tackles and had a sack and a

tackle for loss. Matt Ham was in on eight tackles and a pass breakup.

Kurt Shafer had a 28-yard reception and four tackles with two pass breakups. Sean Tucker had the extra point pass and three tackles. Jordan Martinez had four tackles, Matt Proulx had four tackles and a fumble recovery.

Korbin Martinez had four tackles and a pass breakup. Tristen Benavidez in his return to action had three tackles and the extra point reception. Helio Rosales was 1-of-3 on extra points and had right tackles, a fumble recovery and a sack and a tackle for loss. Luis Andrade had two tackles.

The Coyotes today travel to Water Valley to take on the No. 1 team in the state.

Sports roundup

Varsity takes first season loss

Playing in a steady rain throughout the game, the Post Antelope football team dropped last week's homecoming game to the Denver City Mustangs, 35-32.

It was the Bold Gold's first loss of the season. Fumbles seemed to plague the Bold Gold offense throughout the games with 5-of-7 recovered by the Denver City defense.

Tailback D.J. Brown was named Offensive Player of the Game. He had 16 carries on 224 yards with three touchdowns — all of which were 50 yards or more.

Lineman Nathan Gill was named Defensive Player of the Game with 15 tackles.

"Nathan is always around the ball," head coach Steve Smith said. "He has been a force all season."

Bold Gold Player of the Week was Dalton Holly. Holly has two touchdowns, one of which was on an 85-yard kickoff return, and the other on a 58-yard catch.

Post takes a bye this week to prepare for its first district game of the season against at Lubbock Roosevelt on Oct. 12.

Yds per Pass	7.3	58.0
Had Intercepted	2	0
Punts	3	3
Avg. Punt	38	27
Penalties	6	7
Penalty Yds	45	45
Fumbles	2	7
Fumbles Lost	1	5

Individual Stats	Passing	Comp.	Att.	Comp. %	INT	Yds
TD						
QB Pake Jones	1	3	33%	0	58	1

Running	Rushes	Yds	Avg.	TD	Long
DJ Brown	16	224	14.0	3	58
Bryan Smith	10	42	4.2	0	
Pake Jones	12	7	0.6		

Receiving	Catches	Yds	Avg.	TD	Long
Dalton Holly	1	58	58.0	1	58

JV loses first game to Denver City

The Post Bold Gold junior varsity (4-1) lost a lose game to Denver City on Sept. 27, 9-8.

The Mustangs scored first and with the PAT, Denver City was up 7-0. Post would quickly respond. The Bold Gold offense took the ball down the field, Camby Gilbert scored from 35 yards out to put Post within one point, 7-6.

Post would take the lead 8-6 as Jarred Curtis ran into the end zone on the two-point play. The score remained 8-6 going into the half. Denver City would score the only points of the second half. The Bold Gold defense held the Mustangs on downs inside the Antelope 5-yard line.

Three plays later the ball came loose in the end zone. Post would recover, but the Mustangs scored a safety to take a 9-8 lead. Both defenses played the fourth quarter very stingy. The Antelope pass failed incomplete on 4th-and-12, to give the Mustangs possession. Post was out of timeouts, and Denver City was able to run out the clock. Post was not in action this week, but will return Oct. 11 to take on Roosevelt at Jimmy Redman Stadium for a 6 p.m. kickoff.

Jerry Pyles

Boxscore	1st	2nd	3rd	4th	Final
Denver City	7	0	2	0	9
Post	0	8	0	0	8

Wayne Hodglin

Volleyball

Post varsity falls to Denver City

The Post High School girls varsity team Sept. 29 fell, 3-0, to the Denver City Lady Mustangs. In a three-game series, the Lady Lopes lost 18-25, 4-25, 19-25. Their record is now 2-9 on the season and 0-2 in district play.

During the Lady Lopes game with Brownfield Sept. 27, Post lost 3-0 in three matches to Brownfield, 12-25, 23-25, 20-25.

The team was to travel Thursday to Lamesa. On Saturday, the team will host its first Dig Pink Game for breast cancer.

During the game, the team will honor all breast cancer survivors.

Coach Charlyn Hohman invites all breast cancer survivors to come to the game and be honored.

"This will be a great community event that we hope to draw a large crowd to," Hohman said. "Many items will be available for purchase and donations will be accepted that day to raise money breast cancer research. Many people have contributed in great ways to make this event happen."

Each local team will be decked out in all pink. Freshman will kick off the games at 11 a.m. against Colorado City.

Wayne Hodglin

JV team falls to Lamesa

The Post junior varsity girls volleyball team dropped two matches to Lamesa, 10-25, 2-25, on Tuesday. The team's record is 5-7 overall and 0-3 in district play. On Friday, the girls lost to Denver City in two matches, 22-25, 18-25.

On Sept. 25, the JV team lost in two matches to Brownfield, 14-25 and 23-25.

Wayne Hodglin

JH teams fall to Lamesa

In junior high volleyball action, the Post eighth grade A team (4-8, 0-2) lost, 13-25 and 5-25 to Lamesa on Monday. The B team (0-4, 0-2) lost 12-25 and 8-25.

The seventh-grade A team (2-5, 0-2) on Monday lost to Lamesa, 10-25 and 11-25, while the B team (0-4, 0-2) dropped its matches 18-25 and 14-25.

Coach Richard Soliz said the games were tough losses.

"There's a few things we need to work on, but they'll (A team) will improve," he said. "The B team girls played hard but were overmatched. They have improved since the last game."

Wayne Hodglin

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Giles W. Dalby Correctional Facility
Management & Training Corporation

Thank You To Our Supporters

On behalf of the Community Recovery Center, the Board of Directors and its staff, I would like to thank all of our donors and sponsors for our recent fundraiser and also a thank you to all of those that showed their support by attendance at our event and purchases during our auctions. We did miss a few people that had previous engagements, but all showed their support through personal contact or donations. We would like to give a big heart-felt THANK YOU to those that supported us through their contributions. I pray that I do not miss anyone in mention and if I do please believe me no slight was meant, we are just so blessed to have such support. We would like express our thanks to;

Garza County	Brazos River Steakhouse
City of Post	Ziska's On The Brazos
The O S Museum	Red Raider Outfitters
E. A. Franklin Trust	Hair By Renee
Louise & Mary McCrary	Sassy Sunflower
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The Doctor is in Just a spoonful of coconut oil

Coconut oil? Who would have thought it contained some amazing health benefits? In his book, "The Coconut Oil Miracle," Dr. Bruce Fife sites more than 80 peer-reviewed medical journal articles that show many different and amazing health benefits of coconut oil.

It has been shown to protect against cancer, heart disease, diabetes, arthritis and other degenerative diseases along with promoting weight loss, boosting the immune system and improve digestion. It also works wonders as a moisturizer on those stubborn cracked, dry heels.

I have been encouraging patients lately to incorporate it into their recipes or just adding a tablespoonful to their smoothie. Coconut oil contains the beneficial omega-3 fatty acids, which promote health as opposed to the pro-inflammatory omega-6 oils found in grain fed beef and most vegetable oils.

Whenever I see a new "miracle cure" supplement in the news, I immediately inquire if this product is anti-fungal since almost every patient I see has a tremendous fungal burden in their gut and body (because of the Standard American Diet rich in fungal promoting sugar and grains that turn into sugar). Indeed, coconut oil has anti-fungal properties just like cocoa, cinnamon, dark berries and pomegranate.

During his research, Fife kept running across

people employing a curious practice of swishing coconut oil in their mouths for 15 minutes and then spitting it out. This technique is term "oil pulling."

The theory is that the coconut oil kills many forms of bacteria, viruses, fungi and protozoans present in the mouth. This technique isn't just to promote oral health but is thought to promote overall, full-body health.

Most physicians today don't know about the "focal infection" theory of disease. This theory was put forth by Dr. Charles Mayo (founder of the famous Mayo Clinic) in the early 1900s. He believed germs from the mouth were at the root cause of many degenerative diseases.

Modern research has confirmed this theory, making a connection between dental disease and heart disease. Also, Weston Price, a famous dentist and nutritionist was putting the same theory forward based on his observation of tribes and people groups all over the world.

Healthy groups where cancer, heart disease, arthritis, and osteoporosis did not exist also had beautiful, healthy teeth. Both of these pioneers in medicine observed a simple fact that many of their patients recovered from their disease if they simply pulled an infected tooth.

Fife recommends swishing the coconut oil in your mouth for 15 minutes daily for 2 months. You may experience symptoms such as mucous drainage, tooth pain or headaches due to the microbe die-off. For more on coconut oil, check out Fife's book "The Coconut Oil Miracle."

Dr. Benjamin Edwards is a local physician specializing in holistic medicine and nutrition.



BEN EDWARDS

PARC to host open house on Saturday

An open house has been announced for the Post Animal Refuge Center this weekend.

The event will be from 4 to 6 p.m. Saturday at the shelter, ADDRESS HERE.

There will be free food and a drawing for prizes.

PARC is a 501(c)3 organi-

zation formed by a group of local individuals almost three years ago. To date, the organization has adopted 200 animals, all of which have been spayed or neutered.

The shelter is supported by donations and grants and is run by local volunteers.

The group is also in its sec-

ond year of programs with the Life Skills classes at Post ISD and the Garza County Regional Juvenile Detention Center.

Everyone is welcome to come out Saturday, meet the dogs and tour the facility.

The Post Dispatch

FSA set to issue CRP and DCP payments

Garza-Borden County USDA Farm Service Agency Executive Director Victor Ashley has announced Conservation Reserve Program and Direct and Countercyclical Program payments will be issued in the next few days.

"FSA will issue the payments timely as long as all producer eligibility requirements are met," Ashley said.

CRP and DCP payments could be affected if producers have not submitted the required adjusted gross income forms. Affected producers

will need to submit the proper AGI forms before payments can be issued.

In addition, Ashley said, producers who signed up for CRP emergency haying and grazing and did not pay in advance will notice their annual rental payment was reduced by the acreage that was hayed or grazed.

For information on CRP and DCP payments, contact the Garza-Borden County FSA office at 495-2801.

The Post Dispatch

NOTICE OF PUBLIC SALE

The following property will be sold for cash at a public sale in order to satisfy a landlord lien authorized by Chapter 59 of the Texas Property Code. Seller reserves the right to not accept any bid or withdraw property from this sale:

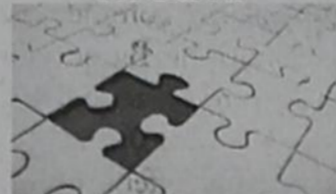
Location: Sanders Storage Units (Corner of Ave. I and East 10th, Post, TX)
Date: Saturday October 13, 2012
Time: 1:00 pm

Units contain misc. household items unless otherwise specified:

- Units to be sold are:
- #5- Carolyn Scott
- #6 Anthony Serrano
- #7 Klent Baker
- #8- Henry Cruse
- #12 Gladys Blair c/o Ginger Spicer
- #13- Noel Diaz
- #17 Tammy Walls
- #19- Jessica Levario
- #23- Shyla Johnson
- #24- Eric Thompson
- #26- Christina Lopez
- #47- Pauline Flores
- #54- Carolyn Cruse
- #82- Monica Odom
- #84- Michael Harper
- #89- Monica Odom
- #117- Gladys Blair c/o Ginger Spicer
- #119- Amanda Price
- #124- Jackie Cruse

Contact: Sanders Storage
P.O. Box 204
De Leon, TX 76444
Samantha Jones- manager-
254-893-7335 leave message

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GOT NEWS?

Email us at thepostcitydispatch@gmail.com

NOTICE OF GENERAL ELECTION (AVIS DE ELECTION GENERAL)

To the registered voters of the County of Garza, Texas:
(A los votantes registrados del Condado de Garza, Texas.)

Notice is hereby given that the polling places listed below will be open from 7:00 a.m. to 7:00 p.m., November 6, 2012, for voting in a general election to elect presidential electors, members of congress, members of the legislature, and state, district, county and precinct officers.

(Notifíquese, por la presente, que las casillas electorales citadas abajo se abrirán desde las 7:00 a.m. el 7:00 p.m., el 6 de Noviembre de 2012, para votar en la Elección General para elegir electores presidenciales, miembros del congreso, miembros de la legislatura, y del estado, distrito, condado y del precinto.)

On Election Day, voters must vote in their precinct where registered to vote.
(El Día de Eleccion, los votantes deberan votar en su precinto donde estan inscritos para votar.)

LOCATIONS OF POLLING PLACES
(UBICACION DE LAS CASILLAS ELECTORALES)

Precinct 1 (Precinto 1)	Presbyterian Church, 910 W. 10 th St., Post
Precinct 2 (Precinto 2)	Post Community Center, 113 W. Main St., Post
Precinct 3 (Precinto 3)	Citizens Bank, 210 N. Broadway, Post
Precinct 4 (Precinto 4)	Wells Fargo Bank, 216 W. Main St., Post
Precinct 5 (Precinto 5)	Southland School, 190 8 th Street, Southland
Precinct 6 (Precinto 6)	Lake Alan Henry Fire Station, 2699 FM 3519, Justiceburg

EARLY VOTING by personal appearance will be conducted each weekday at:
(La votacion adelantada en persona se llevara a cabo de Lunes a Viernes en:)

the Garza County Courthouse, 1st Floor, 300 W. Main St., Post, TX
(el Palacio de justicia del Condado de Garza, primer Piso, 300 W. Main, Post, TX.)

between the hours of 8:00 a.m. and 5:00 p.m. beginning on October 22, 2012
(entre las horas de 8:00 de la mañana y 5:00 principio de la tarde en el 22 de Octubre de 2012)

and ending on November 2, 2012 (y terminando el 2 de Noviembre de 2012.)

Applications for ballot by mail shall be mailed to:
(Las solicitudes para boletas de votacion adelantada por correo deberan enviarse a:)

Early Voting Clerk
Garza County Clerk's Office
PO Box 366
Post, TX 79356

Applications for ballot by mail must be received no later than the close of business on **Tuesday, October 30, 2012.**
(Las solicitudes para boletas de votacion adelantada por correo deberan recibirse para el fin de las horas de negocio el Martes, 30 de Octubre, 2012.)

Issued this 16 day of October, 2012.
(Emitada este dia 16 de Octubre de 2012.)

Lee Norman
Lee Norman, Garza County Judge (Firma del Juez del Condado)

FILED 10/11/2012 4:00 P.M.
JIM PLUMMER
BY [Signature] DEPUTY
CLERK OF COUNTY COURT,
GARZA COUNTY TEXAS

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Malawi missionaries to speak at local churches

The Post Dispatch

Two area churches will play host this coming week to a missionary Malawi and a pastor from that African country.

The couple is part of the Circle of Hope ministry, which is funded by a number of area churches, in an international faith-based community development organization working to fight against poverty by empowering transformation in Malawi through holistic service, education, economic development and health care.

The organization's executive director, Karen Roller, has more than 20 years of experience living and working in Africa. She and her husband have served as cross-cultural workers in the Congo, Nigeria and Malawi before returning to live in the United States.

Ernest Phiri has more than 20 years leading people in his people as country director in

Malawi. After attending Bible school, Phiri began working in the Msipe community, where most of the Circle of Hope projects are based.

His deep understanding of his people, his love of children and his wisdom in dealing with crises provide a bridge for the organization to help the poorest people in the country with dignity and compassion.

Roller and Phiri will be sharing with the congregants of First United Methodist Church in Post at 10:45 a.m. Sunday. A potluck fellowship will follow the service.

At 7 p.m. Wednesday, the Roller and Phiri will speak to members of Graham Church of Christ.

For information, call Kim Lott at 629-4340 or email kimberlylott@gmail.com.

Wayne Hodgkin

Rain Totals

City of Post	Lake Alan Henry	White River Lake
Sept. 26 - 0.30 inches	Sept. 26 - trace	Sept. 26 - 0.30 inches
Sept. 27 - zero	Sept. 27 - 0.05 inches	Sept. 27 - 0.28 inches
Sept. 28 - 0.60 inches	Sept. 28 - 0.75 inches	Sept. 28 - 0.61 inches
Sept. 29 - 0.10 inches	Sept. 29 - 0.13 inches	Sept. 29 - 0.13 inches
Sept. 30 - n/a	Sept. 30 - n/a	Sept. 30 - n/a
Oct. 1 - 0.11 inches	Oct. 1 - trace	Oct. 1 - trace
Oct. 2 - zero	Oct. 2 - zero	Oct. 2 - zero
Month to date: 0.11 inches	Month to date: trace	Month to date: trace
Year to date: 11.76 inches	Year to date: 17.58 inches	Year to date: 18.39 inches
Normal: 17.95 inches	Normal: 17.08 inches	Normal: 18.42 inches

Source: National Weather Service, Lubbock

Extension to present cow-calf seminar

The Post Dispatch

A varied slate of topics is on tap for participants at this year's cow-calf seminar sponsored by the Texas A&M AgriLife Extension Service in Garza County.

The program will be from 9 a.m. to noon Wednesday in

the Youth Room at the Post Community Center, 113 W. Main St.

Topics will include climatology, range and pasture evaluation, disease and vaccinations, cattle market outlook and rainwater harvesting.

Extension specialists Ted McCollum and Nicholas

Kenny will lead the seminar with help from agents from Garza, Borden, Lynn, Mitchell and Scurry counties.

Cost is \$10 per participant. For information, call the Garza County Extension Office at 495-4400.

Wayne Hodgkin

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Celebrate Life! 2nd Annual Breast Cancer Awareness Symposium

Friday, October 19, 2012, 6pm-8pm

Tickets: \$12 (includes dinner and a gift)

Tickets must be purchased in advance at the Snyder Chamber of Commerce, 2302 Ave. R, Snyder, 325-573-3558 or Belinda Kerr at 325-574-7182

Deadline to purchase tickets is Wednesday, October 17

Guest panelists:

- Dr. Paul Anderson, Radiation Oncologist**
- Damini Desai Morah, M.S., C.G.C.**

Featured speaker: Catherine Ronaghan, M.D., F.A.C.S.

Martha Ann Woman's Club, 1600 Martha Ann Blvd, Snyder, TX

6-6:30pm: Browse exhibits
6:30pm: Dinner
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LOST AND FOUND

LOST: Gray brindle cat with dark gray spots on his back and a stripe down his back. Eyes light green. Wearing a blue collar with a red heart-shaped vaccination tag from Garza County Animal Hospital inscribed, "Mr. Dots." Last seen near Avenue M and Fourth Street. Cat is chubby

and squints his eyes. Call 806-495-2442.

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GARAGE SALES

Garage Sale: Three-family garage sale Saturday, Oct. 6, beginning at 8 a.m. 116 W. 5th St.

Backyard sale. NO EARLY CALLERS. 8 a.m. Saturday at 308 W. 13th St.

Garage sale, 408 Osage, 4 to 7 p.m. Friday and beginning at 9 a.m. Saturday.

Legal Notice

NOTICE OF APPLICATION FOR FLUID INJECTION WELL PERMIT

SHENANDOAH PETROLEUM CORPORATION 24 Smith Road, Suite 601, Midland, Texas, 79705, is applying to the Railroad Commission of Texas for a permit to inject fluid into a formation which is productive of oil or gas.

The applicant proposes to inject fluid into the San Andres, LMT "24," Well Number 3R. The proposed injection well is located 9 miles south of Post, Texas, in the Teas Field in Garza County.

Fluid will be injected into strata in the subsurface depth interval from 3,360 to 3,380 feet.

LEGAL AUTHORITY: Chapter 27 of the Texas Water Code, as amended, Title 3 of the Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Railroad Commission of Texas.

Request for a public hearing from persons who can show they are adversely affected, or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen days of publication, to the Underground Injection Control Section, Oil and Gas Division, Railroad Commission of Texas, Drawer 12967, Capitol Station, Austin, Texas 78711 (Telephone 512-463-6792).



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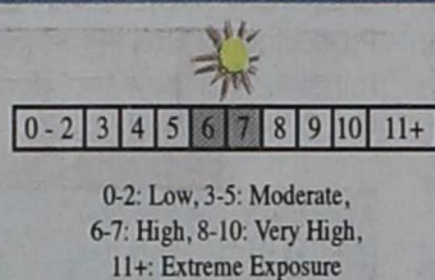
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Post Dispatch Weather Summary

Post's Seven Day Forecast

Friday Mostly Cloudy 77 / 47	Saturday Mostly Cloudy 54 / 44	Sunday Mostly Cloudy 59 / 46	Monday Partly Cloudy 73 / 54	Tuesday Mostly Sunny 79 / 55	Wednesday Mostly Sunny 81 / 58	Thursday Partly Cloudy 78 / 56

Local UV Index



Weather Trivia

What is the longest distance travelled by a tornado?
Answer: In 1917, a tornado travelled 293 miles from Missouri to Indiana.

Weather History

Oct. 5, 1638 - The journal of John Winthrop recorded that a mighty tempest struck eastern New England. This second severe hurricane in three years blew down many trees in mile long tracks.

Oct. 6, 1985 - A tropical wave, later to become Tropical Storm Isabel, struck Puerto Rico. As much as 24 inches of rain fell in 24 hours. Severe flooding and numerous landslides resulting from the rain claimed the lives of about 180 people.

Detailed Local Forecast

Today we will see mostly cloudy skies with a high temperature of 77°, humidity of 56%. East northeast wind 10 to 15 mph. The record high temperature for today is 96° set in 2000. Expect mostly cloudy skies tonight with a slight chance of showers, overnight low of 47°. Southeast wind 15 to 25 mph. The record low for tonight is 40° set in 1985. Saturday, skies will be mostly cloudy with a slight chance of showers, high temperature of 54°, humidity of 62%. North northeast wind 25 to 30 mph.

Peak Fishing/Hunting Times This Week

Day	Peak Times		Day	Peak Times	
	AM	PM		AM	PM
Fri	2:30-4:30	3:00-5:00	Tue	5:43-7:43	6:13-8:13
Sat	3:18-5:18	3:48-5:48	Wed	6:31-8:31	7:01-9:01
Sun	4:06-6:06	4:36-6:36	Thu	7:19-9:19	7:49-9:49
Mon	4:55-6:55	5:25-7:25			

www.WhatsOurWeather.com

Sun/Moon Chart This Week

Day	Sunrise	Sunset	Moonrise	Moonset
Last 10/8	Fri 7:43 a.m.	7:24 p.m.	11:03 p.m.	12:38 p.m.
	Sat 7:43 a.m.	7:23 p.m.	11:53 p.m.	1:26 p.m.
	Sun 7:44 a.m.	7:22 p.m.	No Rise	2:11 p.m.
	Mon 7:45 a.m.	7:20 p.m.	12:47 a.m.	2:53 p.m.
New 10/15	Tue 7:46 a.m.	7:19 p.m.	1:42 a.m.	3:31 p.m.
	Wed 7:46 a.m.	7:18 p.m.	2:40 a.m.	4:08 p.m.
	Thu 7:47 a.m.	7:17 p.m.	3:40 a.m.	4:44 p.m.

Last Week's Almanac & Growing Degree Days

Date	High	Low	Normals	Precip	Farmer's Growing Degree Days			
9/25	90	61	81/55	0.00"	Date	Degree Days	Date	Degree Days
9/26	89	58	81/55	0.26"	9/25	26	9/29	14
9/27	73	61	80/55	0.02"	9/26	24	9/30	16
9/28	68	62	80/54	0.14"	9/27	17	10/1	9
9/29	71	57	80/54	0.38"	9/28	15		
9/30	79	54	80/53	0.01"				
10/1	78	40	79/53	0.00"				

Growing degree days are calculated by taking the average temperature for the day and subtracting the base temperature (50 degrees) from the average to assess how many growing days are attained.

Dixie Divas
Karen the actor

It was all my idea. As immodest as that might sound, it's true. Now that my friend Karen Peck has made it to the big time, she should be reminded that it all started with one of my hair-brained schemes.

Though she laughed it off at first, she eventually agreed.

There we were — Lucy and Ethel — at it, again. Thelma and Louise headed off on an adventure, and there was no stopping us. But, first, as



RONDA RICH

usual, I had to convince her of the brilliance of my plan.

It was a few years ago when I called her up.

"Let's take acting classes," I began.

Now, it escapes me how I found these classes, but I remember I was adamant that six weeks of acting would make both us better entertainers — me as a speaker and Karen as a singer. We both make a living in front of live audiences, so I believed we could learn something.

Oh, it wasn't easy. Things like this are rarely easy with my dear friend. It took many conversations, much cajoling and finally her husband and children talked her into it.

"Well, OK," said Karen.

"Let's do it."

On the first night, we amateurs joined a class of six, which included three self-proclaimed professionals. They had been in local theater and auditioned for commercials, facts of which they haughtily reminded us mere mortals. Repeatedly.

That night the teacher — a true professional who had done years on soap operas in New York before moving to guest shots on primetime — paired us off in groups of two, for us to perform a scene from "Fried Green Tomatoes."

I winced when I was paired with Karen, who tends to giggle a lot, so I was certain she would ruin the scene and make me look bad. She didn't giggle, though. She plunged with

seriousness into the part. When the scene ended, the teacher, clearly moved to tears, came over and said quietly, in awe, "Oh, Karen, that was so good. So good."

She turned to me. Her eyes cleared and her smile faded. "Ronda, let's do it again because you need to tone it down. You overacted."

Go figure. Nonetheless, Karen became teacher's pet and much praised for her talent. As for me, nothing much was said, though our teacher did seem to enjoy me. When I wasn't trying to act, that is.

What happened a while back is pretty much an incredible story. It's the kind of fairy tale we all dream will happen to us. An unexpected phone call with news that makes winning the lottery dim in comparison. I'll make it short. A casting director from New York called Karen up, out of the blue, and asked if she'd be interested in singing and saying a few words in a movie called "Joyful Noise" about a choir competition. A movie, I might add, that starred Queen Latifah and Dolly Parton.

"Are you making this up?" I asked, warily. It sounded, well, unbelievable though she, actor that she is, made it sound believable.

"I promise I'm not!" she replied.

She wasn't. She wound up with a small cameo in the movie and a song that is on the soundtrack. It has been nothing short of exciting for her. Bubbling over with enthusiasm, she talked about it for months. It's all pretty neat, a chance of a lifetime.

Of course, you won't see my name in the credits, and that is truly a shame because I started her on the road to movie stardom. Yes, I did. It all began with one of my hair-brained, but nonetheless brilliant, ideas.

And since you won't see my name anywhere so the world will never know the role I played in all of this, I thought I'd tell you.

After all, someone should know that I'm a star-maker.

Ronda Rich is a Southern humorist and best-selling author. Her new book, "There's A Better Day A-Comin'" is available at rondarich.com.

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