## Sterling City News-Record



## The Best Mill

Cannot grind good flour from poor wheat, nor can the human body get good nealth from food and drink which is not fitted to the individual

Right food-the kind the system requires, goes a long way toward putting
on The Road to Wellville.

This road leads to comfort, happines and long life.

## Grape-Nuts

## is a delicious food scientifically prepared from

 wheat and barley.In the making, the starch of the grains is partially pre-digested for quick and easy assimilation-and furnishes the nourishmen Nature requires for the daily rebuilding of
body and brain. body and brain.

It pays to keep oneself in the highes

"There's a Reason" for Grape-Nuts

NOTICE
Stering Slity Xems-Recor about $\delta 25$ to get aut of it
Quail feathers along the public We will not sell Gasoline, Tubes
roads indicate that somebody is vi- Batteries, or any other supplies, on
olating the law, and if this is kept credit the future to will take
up, there is going to be an occupant cash to get any of these supplies.
in our county jail; for just as sure This applies to all alike.
Brown \& PEARCE



DOAN'S


The Wretchedness of Constipation

Brenthood

## BLACK

LEG
TRY THE OLD PELUBIE Wintersmith's
CHILL TONIC For MALARTAA chill Why Suffer With Pellaģra?
${ }^{0 \mathrm{DR}}$
$\xrightarrow{\text { orops }}$,


STERLING CITY NEWS-RECORD
THE EUROPEAN WAR a
YEAR AGO THIS WEEK
sep. 20.1914.


For Cuts, Burns,
Bruises,
Sprains, Bruises, Spra Neck,
Strains, Stifl Neck,
Chillains, Lame Ba OldSores, Open Wounds,
and all External Injuries. Made Since 1846.

To Cleans
and Heal

## Deep Cut

Children Cry for Fletcher's

CASTORIA
CASTORIA
 What is CASTORIA


In Use For Over 30 Years The Kind You Have Always Bought

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