## Sterling City News-Record

STERLING CITY, TEXAS, FRIDAY, OCTOBER 8.1915.

VIE YeARS
19F FALING HEALTH

## Wto Happy End. Says the he in Three Counties Know He to in Three Counties Know

 fe Th Three Counties Knovfut Cardui Did For Her.


CALOMEL MAKES YOU SICK, UGH!
IT'S MERCUUYY AND SALIVATES





KATY in RECEIVERS HANDS




Many Positions Carrying Large Salaries are open
men m.
minds.

Success-making mental and physical activity relies largely upon right living wherein the right kind of food lays a mo
In many cases the daily diet lacks certain of Nature's elements essential to energizing and upbuilding the
mental and physical faculties. Most white flour prodcts, such as white bread and many other commonly sed foods, are in that class.

## Grape-Nuts

wheat and malted barley, supplies all tha nutriment of the grains, including the mineral saltssturdy builders of brain, nerve and muscle.

Grape Nuts is thoroughly processed, ready to serve from the package, fresh, crisp and delicious. Then, too, theres a wonderful return of the power to "do and

After repeated set-backs thousands have found a change to right eating means forging ahead.
"There's a Reason" for Grape-Nuts Sold by Grocers everywhere.




