## Sterling City News-Record

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UIR SHOOL
The subject of a few words of dis ussion is termed "Oar Sehool," for stould be that way. Soane peo act as if to say the TEACHER
school, for they show a dreat deal school, for they show a dreat dea
less interest in the school than the leachers who are struggling fron
day to day, endevoring to help day to day, endevoring to help the boys and girls to prepare themselves
for living. To these people we wish for living. To these people we wis
oo write, throush the paper (if the ood editor will permit) from time good editor will permit) from tin
time, so they may know what are trying to do.
The first month's work is The teachers have their work wel
organized. The pupils have learned what their teacher expects of them
for examinations told them. Whil he work done the first month wi
not the best, we feel that it w hot the best, we feel that it wa
better than the first month's wo: of last year. While discussing the work of the boys and girls, we wish to make this earnest appeal: Se that your boys and girls study
home, especially Friday night. home, especially Friday night. Th
night may not suit in every hom but a special time for preparin - Monday's lessons should b
arranged, because the wor arranged, because the wor
on Monday is so disheartening the teachers. We beg for your c operation in this way.
Nearly one hundred books have been added to our library. The
were purchased by means of the profit on last years lyceum cour Knowing this, surely you will $r$
member the course this year, whid member the course this year, which
is better than ever aud costs near-

## MEN'S NTEW Sய"rs, AND MAATS

Our line of Men's Suits, Stet son Shoes and Hats is now com plete. Look at other lines, and then come and compare prices quality and stjle with ours

\author{

## C. W. WForknans

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## STERLING CITY NEWS-RECORD

TO ECONOMIZE DIGESTION $\mid$

## CALOMEL WHEE BILDOST NOI STOP! ATTS LIKE DMAMITE ON LIVEA

I Guarantee "Dodson's Liver Tone" Will Give You the Best Liver
and Bowel Cleansing You Ever Had-Doesn't Make You Sick!

| Stop using calomel! It makes you sick. Don't lose a day's work. If you feel lazy, sluggish, billous or constipated, listen to me! <br> Calomel is mercury or quicksilver which causes necrosis of the bones. Calomel, when it comes into contact with sour bile, crashes into it, breaking it up. This is when you feel thil aw- ful nausea and cramping. If you feel "all knocked out," if your liver is torpid and bowels constipated or you have headache, dizziness, coated tongue, if breath is bad or stomach sour just try a spoonful of hármless Dodson's Liver Tone. Here's my guarantee-Go to any drug store or dealer and get a 50 -cent bottle of Dodson's Liver Tone. Take a | spoonful and if it doesn't straighten you right up and make you reel tine and vigorous I want you to go back to and vigorous want your money. Dod- the store and get your mone sons liver Tone is destroying the sale of calomel because it is real liver medicine: entirely vegetable, therefore it canno. allivate or make you sick. 1 guarantee that one spoonful of Dodson's Liver Tone will put your Dodson's Liver Tone will put your sluggish liver to work and clean your bowels of that sour bile and constlsystem and making you feel miserable 1 guarantee that a bottle of Dodson's Liver Tone will keep your entire famly feeling fine for months. Give it to your children. It is harmless; doesn't gripe and they like its pleasant taste. -Adv. |
| :---: | :---: |
| HiNA WANTS OUR GOODS | "Scientists are immeterial. |

## MICHTY ENGINES FOR OUR NEWEST WARSHIPS


gove
TWO bundred thou-
sand horse-power
must be concentrated in one ship which attains a speed of 40 land miles an bour. Oilfuel andelectric drive make feat possible


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W. L. DOUGLAS





of Poise

doesn't necessarily go after physical and mental effici his food as only so many calories of carbohydrates, fats, tc. He looks after and thoroughly appreciates the question of flavor. Other things being equal, he will ies with food which conbines delicious flavor qual

## Grape-Nuts

-is that kind of food
Made of whole wheat and malted barley, it combines highest nutritional values with distinctively rich and is remarkably easy of digestion

Every table should have its daily ration of Grape-Nuts-
"There's a Reason"
-at Grocers everywhere.


| Beef and Tomato Pie.-Silces of cold beef should be arraikly sliced to- dish with layers of thicklo matoes and onlons, then add seasoning. Continue the layers till the dsh the whole, cover with parbolled potaerate oven for one hour. |
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CONSIDER THE PHLOX


## GOOD MEAT DISHES Nowe of time repenvie our

## WRIGIEY <br> THE PERFECT GUM

Let us make you acquainted with the new, luscious


JACK FROST BAKING POWDER "It's absolute Purity - An absolute surity"


