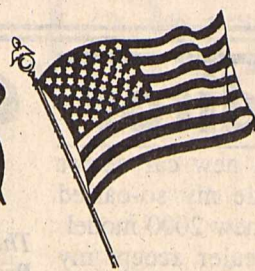


The Brackett News



Cattle industry takes on Johne's Disease
See Page 3

12th year, No. 22

Serving the communities of Brackettville, Fort Clark Springs, Spofford and Kinney County

1 Section, 8 Pages

Briefs ...

Volunteers sought

Little League needs help Volunteers are needed to help the Kinney County Little League during All-Star Softball and Baseball tournaments that will start July 15.

Volunteers are needed to be announcers, official scorekeepers and to man the concession stand.

If you are interested in volunteering, please contact League President Hector Villarreal, Secretary Sarita Villarreal at 563-3420 or Vice President Alma Gutierrez at 563-3139.

Art and crafts show

An arts and crafts show is scheduled July 14, 15, 16 in the Willie DeLeon Civic Center in Uvalde.

The show will be open from 4 to 8 on July 14; from 10 a.m. to 7 p.m. on July 15 and from 11 a.m. to 5 p.m. July 16. The event is sponsored by the Uvalde Animal Shelter.

Admission is free. Proceeds go to the animal shelter. Interested persons may call (830) 278-2846 for more information.

Toastmasters can help

If you have trouble speaking in public or if you would like to improve your public speaking skills, help is just a phone call away.

Brackettville residents interested in forming a Toastmasters Club may call Barbara Kerby at 830-775-9203.

Hardin, Heath, Chambers to lead Brackettville Rotarians

Submitted by Frances McMaster

Brackettville Rotary Club officers were installed last Thursday. They are Joe Hardin, president; Jim Heath, president-elect, Ella Chambers, secretary-treasurer. Patsy Callnan, Tino Guzman, Carolyn Rutherford and Frank Cheaney will serve on the Board of Directors. Ms. Callnan presented Mr. Joe Hardin with a president's pin and gavel. Spouses of members were invited, and Jim Heath brought his bride-elect, Ms. Linda Carol Dunevant. She was made welcome by everyone since she has recently arrived from North Carolina for their July wedding. David Trant, a former Rotary District Governor from Del Rio, installed the new officers. His wife, Blondie, attended the meeting also. Ms. Ruby Cheaney played patriotic music as members



Lt. Col. Star Smith from Laughlin Air Force Base was the guest speaker at Fourth of July ceremonies honoring local veterans (right). Brackettville residents celebrated the nation's birthday with numerous festivities including a parade, a dance, and of course, a fireworks display.

and guests arrived. This year's president, Patsy Callnan, presided until the new officers were installed. She mentioned that Rotary had lost two valued members this year, Rev. Joe Townsend and Eric McMaster. A minute of silence was observed in their memory. Callnan then recognized the members who had served as her Board of Directors and thanked them for their hard work. Joe Hardin had been president elect for the year and filled in when Ms. Callnan was ill. Mike Holley served as secretary-treasurer and Frank Cheaney was thanked for numerous ways he helped out, and Tino Guzman, the source of wisdom

gained through experience, was thanked as the person who can always answer questions having to do with the Rotary structure and tradition. Trant then presented a Paul Harris fellowship to Cheaney for his dedicated work for Rotary. The Brackettville Club donated \$1,000 to the Paul Harris fund in Cheaney's name. The money is combined with similar gifts from all over the country, put in a fund which is saved for three years, and the interest on it will be spent on Rotary projects across the world. He received a gold medallion fashioned with the Rotary insignia and hung on a ribbon around his neck and he was given a certificate of

honor. Hardin spoke briefly about how he has enjoyed his Rotary membership and the people he has met here. Then, he told a story from his own life about a lesson he learned from his father: responsible people don't quit when the going gets rough; they keep at their job until it is finished. He tied that in with past president Patsy Callnan's attitude about her presidency. She had become ill during her tenure, but she didn't quit and finished her job. Members know Hardin well enough to know he has learned and applied that to his own life also. His year as president is expected to be a good one.

Immigrant's family files suit against Blackwoods

A suit was filed last Friday in U.S. District Court in Del Rio against Brackettville rancher Sam Blackwood and his wife, Brenda, according to Associated Press and the San Antonio Express-News reports.

The suit accuses Blackwood of shooting 23-year-old Eusebio de Haro Espinosa from behind on May 13. The document accuses Blackwood and his wife, Brenda, of failing to seek medical attention and leaving the man to die.

Blackwood told Kinney County authorities he had seen two people on his property Sunday, May 13, who told him they wanted some water. He told them to go away.

Later, he heard his dog barking and went to look for the dog and spotted the two people he had told to leave. When the two started to run away, he shot one of them in the leg.

Blackwood surrendered to authorities after the shooting. He was charged with murder, posted a \$150,000 bond and was released from custody.

Two weeks ago, a grand jury indicted him on a lesser charge of deadly conduct, a third degree felony, punishable by two to 10 years in prison. He remains free on a \$10,000 cash bond. A trial date has not been set.

Blackwood's attorney in the criminal case, Mark Stevens, told the Associated Press that his client is innocent.

"He's not guilty of a crime and he committed no civil wrongdoing. He should not be held liable for any action," Stevens is quoted as saying.

In announcing the suit during a news conference on the steps of the federal courthouse, San Antonio attorney James L. Branton referred to the shooting as vigilante justice, according to the Express-News. Branton is the attorney for the victim's family.

The lawsuit seeks damages under federal civil rights laws and the Texas Wrongful Death and Survivor Act.

According to the Associated Press, the wrongful death suit was filed about six weeks after the

The suit accuses Blackwood of shooting 23-year-old Eusebio de Haro Espinosa from behind on May 13. The document accuses Blackwood and his wife, Brenda, of failing to seek medical attention and leaving the man to die.

Mexican government hired lawyers to seek damages from vigilantes near the border who have detained illegal immigrants crossing north from Mexico.

The Mexican government is providing some of the fees for the attorneys of Paciano de Haro Bueno, the immigrant's father. Espinosa's family lives in the central Mexican state of Guanajuato.

Branton told the Associated Press the family is trying to make a statement with the lawsuit. "You're going to get sued when you try something like that. They want everyone to know (Espinosa) was a human being, like everyone else who was shot down without justification. They want to make it safer for people."

According to authorities Espinosa was about 300 yards from the couple's home when Blackwood shot him with a .357 caliber Magnum revolver. Espinosa was hit once in the leg and bled to death.

The suit accuses the Blackwoods of taking action "because Eusebio was Hispanic and because they believed him to be an undocumented immigrant."

Espinosa's relatives, who relied on his income, are seeking \$10 million in damages for the loss of his support and companionship and for their grief, plus \$5 million in punitive damages.

Renovations continue at Brackett school buildings

Major renovations continue at Tiger Gymnasium.

Work includes major restructuring and remodeling of dressing rooms at the gym, adds Superintendent Taylor Stephenson.

Beneath the bleachers, offices and storage areas for basketball

and volleyball coaches have been constructed by crews from Jack Hill Construction Co. in Del Rio.

Hill Construction also built the bleachers two years ago and more recently, they constructed the new EMS Building. Workers also decorated the walls with yellow

and black stripes, said Ira West, Hill Construction spokesman.

The gym floor has been sanded and refinished.

"The facility will be much more workable and usable with the remodeling. We have fine basketball and volleyball programs and need to make sure this facility is as good as we can make it," said Stephenson.

Also scheduled for a facelift is the home economics building which will be remodeled, particularly the kitchen.

The district board of trustees has also approved replacing carpet in the halls at Jones Elementary and Brackett Junior High.

"The carpets are old and worn out and will be replaced with vinyl tile. Floor covering will be re-

done in the elementary classrooms and junior high classrooms as soon as funds are available. We will put in new hallway floors in both buildings this summer," said Stephenson.

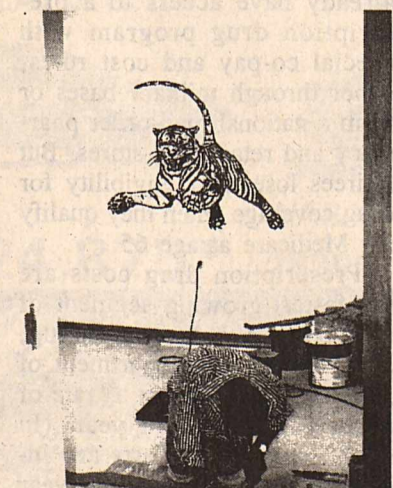
Work also involves painting the

gym and library the same color as the new building is painted - with red brick accent colors.

Also, adds Stephenson, the Administrative office has been carpeted for the first time in many years.



Raymond Reyes, with Jack Hill Construction Co., works on shelves in the coaches' new office. Cubicles were installed and yellow and black trimming was painted on the walls by workers.



Joel Rios, who works with Jack Hill Construction Co. in Del Rio, is among the crew involved with fixing up the high school gymnasium.



Frank Gomez paints the outside of the gym. Superintendent Taylor Stephenson said the gym and library will be painted the same color as the new building is painted - with red brick accent colors. (Photos by Diana Gonzales)

INSIDE

■ Veterans' benefits

As the military has been downsized, and bases and their hospitals were closed across the country, it has become harder for retirees to find the kind of health care they want and need. Many retirees have found themselves completely closed out of their local base hospitals after 20 years or more of military service.

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■ Anglers' help sought

State fisheries biologists are hoping to determine the extent to which Largemouth Bass Virus (LMBV) occurs in Texas reservoirs - and bass anglers can help.

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■ Making A Difference

BISD's goal is to give the counselor more time for academic and personal guidance to students, writes Taylor Stephenson, superintendent.

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Letters to the Editor

I'll begin with the assumption that I own a 1975 model car. One day I decide to convert my 25-year old car into a 1990 model car. I pull out the transmission and other parts, replace them with 1990 parts, provided the parts are interchangeable. Then I go to a new car dealer and try to trade my so-called 1990 car for a new 2000 model. Will the car dealer accept my dumb deal? Four out of seven board members think so. I regret to think otherwise, but you, dear reader, be the judge.

Ruben C. Soto

Letters to the Editor Policy

The Brackett News welcomes and encourages letters to the editor. Letters should not exceed 350 words. The editor reserves the right to refuse or edit all letters submitted for length, potentially libelous statements and accuracy of information. All letters must be signed and include a mailing address and phone number for verification purposes. Letters published and viewpoints of columnists do not necessarily reflect the editorial beliefs of this newspaper.



Encouragement is oxygen to the soul

Your Representatives

President

President William J. Clinton, The White House, 1600 Pennsylvania Ave. Washington, D.C. 20510, Comment line 1-202-456-1111

U.S. Senator

The Honorable Kay Bailey Hutchison, 283 Russell Building, Washington, D.C. 20510

Congressman 23rd District

The Honorable Henry Bonilla, 110 E. Broadway, Del Rio, Texas 78840. 1-830-774-6547 or 1529 Longworth Building, Washington, D.C. 20515-4323, Washington: 1-202-225-4511, San Antonio: 1-210-697-9055, Fax: 1-210-697-9185

Governor

The Honorable George W. Bush, Box 12428, Austin, Texas 78711, 1-800-252-9600, Fax: 1-512-463-7397

The Brackett News

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'Supreme' Court?

The way I see it!
By Steven R. LaMascus

Well, once again the inferior court of the United States has taken a stand against God and morality.

There are actually three cases that bear scrutiny, partial birth abortions, prayer at school sporting events, and the Boy Scouts homosexual troop leader ban.

Of the three, the court ruled properly in only one. They decided that the Boy Scouts of America could legally bar admitted homosexuals from being troop leaders.

I'm not sure why they decided this way, considering their other recent decisions, but I am immensely glad that they did. I suspect, rather glumly, that they are using this one reasonable decision to lull us into a false sense of security and make us amenable to other, more execrable decisions yet to come. I hope I'm wrong, but time will tell.

The others are dead wrong but expected. We are no longer legally able to have a prayer before our football games, or any other sporting event.

My question is, why? If we offer anyone of other than Christian faith the opportunity to pray in their own way at the same time, why must we forego the invocation of the one true God to protect and lead the children we are there to watch and support? The leaders - so-called - of this nation are in a quandary trying to discover the reasons that our youth and our schools are becoming so violent and dangerous. They are unable to figure out why this trend is escalating. It is not that difficult. In fact, it is a simple thing to understand that when you remove God from any human endeavor He is immediately replaced by Satan.

The leaders - so-called - of this nation are in a quandary trying to discover the reasons that our youth and our schools are becoming so violent and dangerous.

We have removed God from our schools and His place has been filled by Satan. If you want to reverse the trend of violence in our schools, bring back morning prayers, the Ten Commandments, spankings, and the other things that made our schools the best in the world before the liberal courts were taken over by evil and began to legislate morality out of our society.

My suggestion is to ignore the illegal, unconstitutional decisions of the court and do what our hearts tell us is right! The inferior court also overturned a Nebraska law banning partial-birth abortions. This in reality legalizes infanticide, baby murder. Their reasoning in this decision? Well, the law is just too broad; not specific enough; it could be misconstrued. They say, "The result is an undue burden upon a woman's right to make an abortion decision."

Partial-birth abortions are those where the baby is fully formed, viable, ready to be born. Before the baby is completely removed from the mother's womb, it is killed by the doctor. If, five seconds later, it had been completely removed, it would have been a living, breathing, crying, feeling human baby. I do not care what any lying liberal says, that is murder and is a capital crime that should be punished by man and God! One of the reasons that the court uses to justify this murderous procedure is "they [the bans] generally lack an exception to protect women's health." Interesting reasoning, isn't it? Explain to me how the murder of a baby that is, except for its head, out of the mother's womb, is going "to protect women's health?" This is not just wrong it is criminal! All that remains is that the baby be born alive and then sacrificed to Baal. What does it matter? The result is the same. Whatever happened to the nation that decided to inscribe its currency with "In God We Trust?" I suggest that in keeping with the current trend of apostasy and political correctness we change that hallowed motto to read, "We Trust Nobody."

Strengthening veterans' benefits

Capitol Comment
U.S. Senator
Kay Bailey Hutchison

Everyone who lives in the country and enjoys the freedom and prosperity it offers owes a tremendous debt to our military veterans. They are the people who made and kept America the strongest nation in the world.

By their service and sacrifice, they earned the benefits they were promised years ago.

But many of our 65 and over military retirees and their families are concerned, understandably, that America is not living up to the promise of quality, lifetime health care that was made to them when they when they first enlisted.

As the military has been downsized, and bases and their hospitals were closed across the country, it has become harder for retirees to find the kind of health care they want and need. Many retirees have found themselves completely closed out of their local base hospitals after 20 years or more of military service.

Many of these same veterans are having a hard time getting the prescription drugs they need because they live far from a military facility, where they otherwise could get their prescriptions filled.

All military retirees under 65 already have access to a prescription drug program with special co-pay and cost rules, either through military bases or from a national mail-order pharmacy and retail drug stores. But retirees lose their eligibility for drug coverage when they qualify for Medicare at age 65.

Prescription drug costs are the fastest-growing segment of military health care spending, according to the Department of Defense, increasing at a rate of about 13 percent per year. (In comparison, drug costs are increasing by 15 percent per year in the private sector.)

Military retirees without access to a military facility pharmacy must pay market rates for the medicine. And we all now the cost of paying for medicines

out of pocket is skyrocketing, especially for individuals with the chronic diseases that often arrive with age.

Congress in now in the process of trying to fix this problem in a way that will return quality health care to retired veterans. I am supporting a proposal by the Chairman of the Senate Armed Services Committee. Senator John Warner, that would extend the prescription drug benefit program now provided for those under 65 to the 1.3 million Medicare-eligible military retirees over 65, as well as provide them with a 20 percent discount at pharmacies.

Last month Congress also took an important step to ensure that those over 65 continue to have access to the same military medical programs available to all retirees under age 65. I voted to support Senator Warner's amendment to the FY 2001 defense bill because it would remove the barriers to military medical care for those over 65.

I am hopeful Congress will give its full approval to the measure this year and send it to the President for his signature. An alternative proposal, by Senator Tim Johnson (D-South Dakota), would have put military retirees who qualify for Medicare under the Federal Employees Health Benefit (FEHB) program.

This is the program government employees use, which provides a high degree of choice, letting people decide which care provider can best meet their individual needs. This approach has a great deal of merit, but it would establish two different programs, one for those under 65 and one for those over age 65.

I am far from satisfied with the current state of the medical care available to all military personnel - be they active duty or retired. I have worked consistently in the Senate to strengthen the TRICARE military health care program by reducing the administrative and bureaucratic obstacles to care, and by increasing its funding to attract more medical providers.

I want to ensure TRICARE is

the best program available to federal employees. But unless TRICARE can deliver the very highest standard of care, Congress may need to re-examine the idea of military enrollment in the FEHB program for everyone. Whatever the program we adopt, fairness and equity demand that there be one program for all, regardless of age or eligibility for Medicare benefits. Congress knows what needs to be done, and we need to make sure we do it right.

Drive safely, park smart

NewsUSA - Each year, needless tragedy occurs when vehicles run into illegally parked trucks on roadway shoulders.

In 1998, for example, a Greyhound bus struck a tractor-trailer parked on the shoulder of the Pennsylvania Turnpike. Seven people were killed and 16 others injured in the accident.

According to state transportation departments and a federal study, some drivers park on shoulders and exit ramps even when there is plentiful, safe parking nearby.

An accident involving a parked truck is five times more likely to result in a fatality than an accident involving other vehicles. Alarmed about the risks posed by illegally parked trucks, NATSO (a group representing travel plazas and truck stops) has launched a nationwide public service campaign urging drivers to seek safe, legal parking.

"The goal of this campaign is simple. Travel plaza and truck stop operators are concerned about their customers' safety and want to educate them on the hazards of parking on the shoulders," said NATSO President W. Dewey Clower in kicking off the association's "Drive Safe & Park Smart" campaign.

Headquartered in Alexandria, Va., NATSO represents over 1,100 travel plaza and truck stop operators across the country. NATSO is placing ads in national

Celebrate freedom!

By U.S. Rep. Henry Bonilla
23rd District

This July fourth we commemorated the 224th birthday of our great nation.

The Fourth of July is a day of celebration. It is a red-white-and-blue day of barbecues and fireworks, parades and celebration and salutes and pride. It is also a day of family reunions and loving tributes to the men and women who have founded and defended the liberties of the greatest nation on earth.

On this July Fourth, as we stood on Main Street USA and watched the parades pass by, we reflected on the hard earned freedom we cherish. We celebrated the Fourth of July not only as a family holiday but a community holiday. This day commemorates the American family and our bonding as a free nation.

In towns dotted all over Texas people know what it means to be free. We celebrate that we live in strong and united communities. We recognize how blessed we are to enjoy unparalleled freedom - freedom that has been earned and protected at the highest price.

On July 4, 1776, our founding fathers set up the greatest nation on the face of the planet. They knew that a truly free nation would not be defined in terms of its borders, but in its philosophy.

For 224 years courageous Americans have risked their lives to adopt and maintain the true meaning of the Declaration of Independence: "...that all men are created equal, that they are endowed by their creator with certain unalienable rights, that among these are Life, Liberty and the pursuit of happiness..." Our founding fathers believed so strongly in these God given rights that they fought for them knowing clearly they would be labeled traitors-an act punishable by death.

Draw close to your neighbors and like one grateful family remember the sacrifices of the men and women throughout history who gave their lives for the freedom we enjoy and celebrate.

Pass the brisket, slice a watermelon and draw your hand close to your heart when you see the banner of red, white and blue.

trucker and trucking company magazines to remind professional truckers they put themselves and other motorists at risk when they park alongside the highway. In addition, the campaign encourages drivers to plan their routes carefully to ensure they can find safe parking at the end of their legal driving day.

The ads remind truckers that parking on highway shoulders is dangerous and illegal in all 50 states. "There was a time you could park your truck just about anywhere.

Times have changed," one ad reads. "Today, safe parking requires responsible routing - a plan mapped out before you hit the road." Petro Stopping Centers Vice President Jim Cardwell, chairman of NATSO, said, "There has been a tremendous focus on ensuring safer truck driving, and we've seen dividends from that effort - truck accidents are down.

"Now we want to raise the awareness about safety once it's time for a driver to stop for the night."

Cardwell noted that America's truck stops and travel plazas provide over 250,000 parking spaces, which are typically located at interstate interchanges or along other high-traffic routes. "Parking is free at more than 90 percent of these locations," he said.

Texas Cattle Industry Takes on Johne's Disease

They're bright, alert, maintain a healthy appetite, but the animals suffer from severe, chronic diarrhea and become emaciated (thin). That's a typical description of animals affected by Johne's (pronounced YO-knees) or "paratuberculosis," a fatal, untreatable disease that can affect any ruminant, including cattle, sheep, goats, camels and cervidae (deer). Although Johne's is not a reportable or regulatory disease in Texas, in the future it could affect trade opportunities.

"For years, Johne's was thought to affect herds primarily in the northern portion of the U.S.," said Dr. Andy Schwartz, Johne's specialist for the Texas Animal Health Commission, the state's livestock health regulatory agency. He said a 1997 study by the U.S. Dept. of Agriculture's National Animal Health Monitoring System (NAHMS), indicated that at least 8 percent -- or more than 12,000 of Texas' 153,000 beef herds may have contracted the disease. A recent NAHMS survey of dairies showed that about 23 percent of the herds across the nation are infected.

The increased interest in Johne's Disease has "spurred" the Texas cattle industry to explore and consider options and alternatives for a voluntary Johne's herd status program. The Texas Johne's Working Group is preparing to introduce a four-level cattle herd status program for cattle, adapted from the National Johne's Herd Status Program.

When implemented, the state's voluntary status program will help identify herds at "low risk" for Johne's. Producers in the program may enhance their marketing potential by providing other producers with a healthy pool of animals. Australia's "Assurance Programs" for cattle, sheep and goats are essentially status programs, but are also set up to handle infected herds.

First described by Dr. Heinrich

Johne of Germany 1895, the disease is also called "paratuberculosis," as it belongs to the tuberculosis family of bacteria. Johne's progresses slowly, targeting the digestive system and often is unapparent until animals are well into adulthood. By the time animals

show clinical signs of illness, the disease may have spread.

"Johne's bacteria 'sets up shop' in the animal's white blood cells in the wall of the intestines," explained Dr. Schwartz. "The animal's body responds by sending in more white blood cells to

combat the intruder, and eventually the intestinal walls thicken. Finally, the walls become so thick, the animal can't absorb nutrients, and it develops chronic diarrhea. Despite a healthy appetite, the animal finally wastes away. Other less obvious signs in the herd can in-

clude decreased fertility, lower weaning weights, animals that must be culled sooner, and increased feed costs without related weight gain."

"Infected animals shed Johne's or the paratuberculosis bacteria in feces, milk, colostrum (the first

milk after a cow gives birth), and sometimes, even through the placenta to an unborn fetus in the uterus," said Dr. Schwartz. "Infected animals can shed the bacteria onto feed or grass, where it can be ingested. Once outside the

Continued on page 8

Kinney County Sheriff's Report ...

Tuesday, June 27

2:16 a.m., The alarm sounded at a local convenience store. The store manager was notified and a deputy went to the scene.

10:45 a.m., A water pipe broke at a local ranch off of Highway 90 and attempts were made to notify the owner.

9:10 p.m., A mother requested a deputy help her with her son.

Wednesday, June 28

10 a.m., Jeffery Edward McInnis, 29, of Glennheight, Texas, was arrested on a fugitive warrant for violating probation. He was released to the Greenville Sheriff's Department in Hunt County on Sunday, July 2.

8:45 p.m., A local woman asked for assistance with her son. She said she was tired of his verbal abuse, that she wanted him to pay rent and to help her pay the bills. A deputy accompanied her to her house and her son said that he would leave. The deputy stood by as the son packed his clothes and tools and left.

Thursday, June 29

9 a.m., Erbey Salazar Martinez, 29, was arrested for driving while license suspended and for driving while intoxicated which resulted in a mandatory conviction. He posted bond and was released.

1:11 p.m., Miguel Angelo Lopez of San Antonio was arrested on a fugitive warrant for driving while license suspended. He was released to San Antonio authorities later that day.

9:10 p.m., Someone reported that there was some weight lifting

equipment on the school grounds, between the high school gym and the auditorium. The coach was notified and he said the equipment was old and was going to be hauled off.

Friday, June 30

12:01 p.m., Noe Armando Sanchez, 28, of Brackettville, was arrested for public intoxication. He was released for time served and after posting bond.

6:02 p.m., The traffic lights at the intersection of Highway 90 and Ann Street were not working and highway department officials were notified.

7:40 p.m., A service truck from Central Power and Light Co. in Del Rio was dispatched to Highway 90 and Ann Street to repair the traffic light.

8:10 p.m., A local resident reported that there were three dogs on Highway 2804 and that she was worried they were going to kill her goats. A deputy went to the scene to investigate.

11:36 p.m., Someone informed deputies that a local man had had an argument with his wife, had been drinking and was carrying around a gun. The wife was located and found to be safe. At 11:56 p.m., deputies found the man at Jones and Ann streets and he was taken into custody at midnight.

Saturday, July 1

3:08 a.m., Uvalde Police Department requested assistance with a vehicle chase in progress. The driver of a black Ford Explorer van failed to obey instructions to stop and was heading toward Kin-

ney County on Highway 90 East. Two Kinney County deputies driving in separate cars spotted the vehicle about 12 miles east and one of the deputies clocked the vehicle going 102 miles per hour. The chase continued until 3:21 a.m. about three miles east of Brackettville when the Ford Explorer collided with another vehicle on Highway 90. The driver and passenger in the Ford Explorer were taken into custody. EMS was called to tend to the driver and passengers of the van that collided with the Explorer. Department of Public Safety troopers also investigated the accident. The driver and passengers were transported to the hospital in Del Rio.

2:33 p.m., A deputy reported that a disabled vehicle parked on Highway 90 was posing a danger to motorists. The owner of the vehicle could not be located. The sheriff's department was authorized to have the vehicle towed if it was still there when the night deputy arrived for work.

2:52 p.m., A woman reported that while at a local convenience store parking lot, she opened the door to her parked car and in doing so, the door hit another vehicle parked nearby. She said she wanted to file a report because no damage was done to either vehicle. The owner of the other vehicle was not at the scene to reply.

3:08 p.m., Someone reported that a local man was yelling and cussing at everyone at the Fort Clark Springs golf course. A deputy went to the scene to investigate. A witness told the deputy

he wanted to file charges against the troublemaker.

7 p.m., A local resident reported that he found a phone he had lost. He had talked to a deputy earlier about the missing phone and about filing a report that it had been stolen. But now that he found the phone, there was no need to make a report, he said.

8:58 p.m., A local resident complained that music was being played loudly in her neighborhood. A deputy went to the scene and saw to it that the volume was turned down.

9:19 p.m., A local woman reported that someone was setting off fireworks or shooting a rifle in her neighborhood. The police chief was notified and went to the scene.

9:50 p.m., A local resident reported that there was loud music being played in her neighborhood. A deputy went to the scene and made sure the volume was turned down.

10:05 p.m., Deputies were asked to help get people out of the swimming pool at Fort Clark Springs. Deputies went to the scene and took care of the situation.

Sunday, July 2

2:14 a.m., A local resident asked for deputies assistance with an intoxicated individual who decided to pay her family a visit. Deputies responded and the unwanted guest was later taken into custody.

2:45 a.m., Armando Flores, 17, of Brackettville was arrested for public intoxication and is still

in custody.

3 a.m., Michael Falcon, age unknown, of Brackettville, was arrested for public intoxication. He posted a \$100 bond, served time and was released.

10:08 a.m., A Fort Clark Springs resident asked for assistance with a neighbor who had piled palm leaves and branches near her residence. A deputy went to the scene and was told by the neighbor that she put the pile on the only place where the work crews would pick it up. Fort Clark Springs officials were contacted and they said they would take the matter to the board.

7:30 p.m., Federico Terrones Jr., of Del Rio, was arrested for intoxicated assault, driving while license suspended, and for evading arrest. He is still in custody.

7:45 p.m., A local resident reported that someone had scratched both sides of her husband's pickup. A deputy was sent to the scene to investigate.

8:10 p.m., Border Patrol officials reported that there was a lot of debris on Highway 277 by Goat Creek, three miles south of Sycamore Creek. A highway department official was contacted and he took care of the situation.

Sunday, July 3

10 p.m., Ronald Valdez, 33 of Austin was arrested for driving while intoxicated, first offense. He is still in custody.

10 p.m., Steven Michael Ledesma of Austin was arrested for public intoxication and is still in custody.

PRICED TO GO....GO...GO!

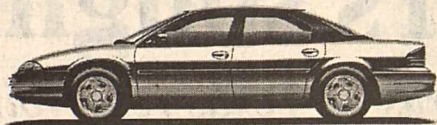
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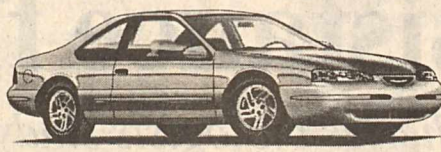
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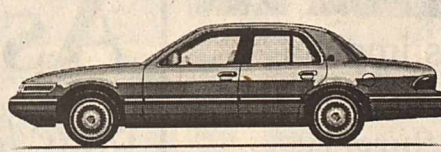
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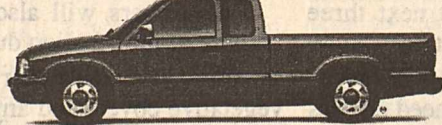
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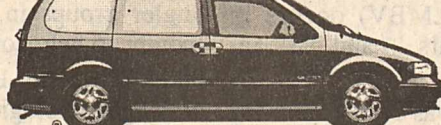
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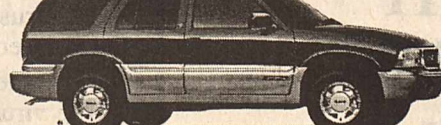
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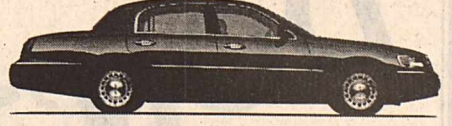
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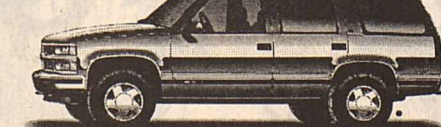
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'Associate with religious friends and you are sure to keep the commandments'

Empowering Families
By Dr. Donald Smith

"Dad, I'm so sorry. I didn't know it would turn out like this."

The hearts of father and son connected through the bars of the jail cell that separated them.

It had been a sleepless night. The phone call from the police had shattered any illusion that things were all right between John and his son Michael.

"No," thought John, "It wasn't supposed to turn out this way. Michael was supposed to become a lawyer, a dream he had from the time he was ten and had seen his grandfather at work in the courtroom."

Michael broke the silence. "It sounded like fun when the guys invited me to go along with them. It was only a prank, they said. At first, that's all it was."

Then things started to get serious. "Michael paused to reflect on the group of guys he had been hanging out with for the past year. They even had a name for themselves: "The Black Jacks." They all wore black t-shirts and caps. Kids in school were afraid of them.

John looked at his son and then

at the bars and the cold cell. "I should have seen this," he said.

"I should have spent more time with you. I wish I could do it all over. However, you have been taught Christian values and you made some choices to follow the wrong crowd. I can't get you out of this but I'll stand by your side until it is over. Then together we will repair the damage in the family."

The writer of Proverbs admonishes young people not to allow bad companions to talk them into joining the gang for the purpose of doing bad acts (1:8-19).

Young people are responsible for their choices. Companions can have a negative influence on those choices. The wise man once said, "Associate with religious friends who you are sure to keep the commandments; who [are] like-minded with yourself." (Sirach 37:12).

This column is brought to you by the St. Henry deOsso Family Project, working to strengthen families, faith and education in Brackettville.

Questions? Contact Dr. Smith at P.O. Box 949 or email: donsmith@hilconet.com.



Ashley Jane Rose and Eric James Schmidt were married July 1. The groom is the grandson of Mr. and Mrs. Elmer Haller of Brackettville and the great grandson of Mrs. Clara Laman, also of Brackettville.

Ashley Jane Rose, Eric James Schmidt united in marriage

Ashley Jane Rose and Eric James Schmidt were united in marriage on July 1, 2000 at Northwest Church of Christ.

Mr. David Miller of Snyder, Texas performed the ceremony.

The bride is the daughter of Major and Mrs. Bowen Rose Jr., of Mason Neck, Virginia.

She is the granddaughter of Mr. and Mrs. Bowen Rose of Bethesda, Maryland and Col. and Mrs. Bill Kahler of Lancaster, Texas.

The groom is the son of Mr. and Mrs. Robert Schmidt of San Antonio.

He is the grandson of Mr. and Mrs. Julius Schmidt of D'Hanis, Texas and Mr. and Mrs. Elmer Haller of Brackettville, and the great grandson of Mrs. Clara Laman, also of Brackettville.

Maid of Honor was Lindsay Clinton.

Best Man was Neil Lewis.

Bridesmaids were Stacey Wheeler, Amanda McKinney, Kristy Savage, Audrey Moore and Katy Beaver.

Groomsmen were J.J. Gonzalez, Danny Gonzales, Wayne Martin, Clem Saenz and Sean Burks, cousin of the groom. Ushers were Collin Hoag, cousin of the groom, James Burks, cousin of the groom, Jay Edwards and Barry Fox.

Members of the house party were Crystal Jarrell, Calli Duckworth, Ashley Parks and Julie Rankin.

Following the reception, the couple left for a trip to New Orleans. They will reside in Abilene, Texas.

He's not my best friend

I could be wrong!
By Chuck Hall

I saw a bumper sticker the other day that read: "The more I'm around people, the more I like my dog." Some folks claim their dog is their best friend. Not me. I have heard people claim that their dog has never lied to them. Mine has.

My dog woke me from a deep dream of peace last night. He was exclaiming to me that I should awaken, that there was a prowler around the yard and I needed to check on the situation. He lied.

I got up, dressed (somewhat), and made a tour of the surroundings. He lied. This is not the first time he's lied to me. Once before

he was on a classic bird dog point and said to me that there was a quail in the nearby bush. He lied.

There was no bird of any type in the adjoining foliage. I'm not sure there had been. Ever.

Maybe my dog language isn't as good as it used to be. Maybe I'm just misinterpreting his meaning.

Perhaps his late night barking was "Hey! Come out here and visit. I'm lonely. Let's play ball while it's cool. Can I have a drink of ice water." And I suppose he pointed at the bush and remarked "Is that a subspecies of the South Texas thornless wild rose bush?"

I guess he still is my best friend. But I could be wrong.

Helping teens earn cash this summer

News USA - If the teens are close to home this summer, chances are good that you don't want them hanging around the house watching television. Chances are also good that they don't want that either. But what else is there to do? More than you might think. KidsWay, an Atlanta-based company that links classroom education with hands-

on experience in the real world of business, offers great ways to spend the summer safely, happily and profitably. To help beginners get started on the entrepreneurial path, KidsWay offers summer job kits, Web sites and YoungBiz magazine, which highlights the accomplishments of youth who are already enjoying the rewards of business ownership. Kits include instructions for starting a business, finding customers, providing quality service, managing records and working safely. "We encourage beginners to use tried-and-true money makers as a starting point, then personalize their business to fit special needs in their community," says Steve Morris, CEO of KidsWay. The Web sites at www.youngbiz.com and www.kidsway.com have bulletin boards where teens can share money-making ideas and get ideas from experts. Profiles of success-

ful teen entrepreneurs featured in YoungBiz magazine include Jeremy Scott, 17, who plays the saxophone. Jeremy gives concerts and performs at special events. He and his father have planning meetings to set goals, fees and marketing methods. For start-up cash, Jeremy invested money from his paper route to buy a saxophone. He started out giving free perfor-

mances at local churches, and last year he grossed \$2,500.

Fifteen-year-old Bethany Martin, founder of Bethany's Balloons, got started with a bag of balloons, a pump and a book that taught basic techniques of balloon twisting. At first, Bethany gave her creations away to children in hospitals; now she performs in restaurants, making up to \$50 per four-hour evening. She uses business cards to get the word out, and she carries her supplies with her at all times. These ideas and many others offered by KidsWay are activities teens probably like to do anyway, so throw in the possibility of earning a buck, and you've got some very happy campers. For more tips on helping your kids earn money, visit www.kidsway.com or www.youngbiz.com. For a KidsWay catalog, call 1-888-KidsWay (543-7929), Ext. 15.

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Assistance from anglers sought

State fisheries biologists studying Largemouth Bass Virus in Texas reservoirs

A little on the Wildlife Side
By Henry Lutz

AUSTIN — State fisheries biologists are hoping to determine the extent to which Largemouth Bass Virus (LMBV) occurs in Texas reservoirs — and bass anglers can help.

The virus was responsible for kills on two popular trophy bass fisheries in Texas last year and was confirmed in three other

Texas reservoirs.

Similar die-offs in four other southern states also are being attributed to the virus.

TPW is seeking help from local anglers including organized angler groups in the next three months to help collect bass on 49 lakes covering 13 major river drainages. Biologists need 60 bass from each study reservoir.

"Previous LMBV studies on Sam Rayburn and Toledo Bend reservoirs have shown that largemouth bass infected with the virus can be collected by angling," said TPW Regional Fisheries Director Dave Terre.

"Bass anglers, especially bass clubs, have always asked us how they can help TPW. Helping us collect these bass would be a great way. We prefer that all bass samples be gathered over a short period of time such as one weekend and that the bass represent the various sizes of keeper bass that anglers usually catch. We want to emphasize that it is not necessary

to sacrifice large, trophy-size bass for this study."

All bass collected will be individually examined, measured, weighed, labeled, bagged and frozen whole as soon as possible.

Researchers will also collect additional information during the sampling, such as water quality, vegetative cover, and any known contaminants present.

The samples will be tested for LMBV at the A.E. Wood State Fish Hatchery in San Marcos. A similar study covering 11 popular bass fisheries in Mississippi found significant levels of LMBV in only two reservoirs, less than 10 percent occurrence in two others, and no incidents of the virus in the remaining lakes or among other popular game fish.

"We're launching this study to see if this virus is present anywhere else in Texas," said Phil Durocher, TPW director of inland fisheries. "If an angler or club is asked for assistance by one of our local district fisheries staff, I'd

urge them to seriously consider helping. Your assistance is vital to successful completion of this study that we hope will solve some of the mysteries of LMBV."

Biologists are uncertain about how long the virus has been present in Texas waters, but the pattern of occurrence suggests that unusually hot summer temperatures were a catalyst in the die-offs.

According to lab analysis conducted this past summer, bass samples from Lakes Conroe and Toledo Bend tested positive for the LMBV in addition to those from Lake Fork and Sam Rayburn.

The virus was first isolated in 1995 from Santee-Cooper Reservoir, a popular bass fishery in South Carolina, and has since been confirmed in 14 states.

For more information on the study or to offer assistance, contact your area TPW fisheries office or call (800) 792-1112 and follow the automated menu to reach inland fisheries information.

Obituary

Leona Vera Carpenter

Leona Vera Carpenter, age 84, of Brackettville, passed away July 5, 2000 in Amistad Nursing Home.

She was born July 8, 1915 in Sabinal. Married B. J. Carpenter November 4, 1932 in Sabinal. Preceded in death by B. J. on February 6, 1986.

Survived by daughters: Joyce

Laman and husband David of San Antonio; Claire Poehler and husband Lenard of Uvalde, Sons: Albert Ray Carpenter and wife Jo of Brackettville; James Lee Carpenter and wife Shawna of Austin, 7 grandchildren and 7 great-grandchildren. Pallbearers: Paul Motes, Paul Laman, Tim Laman, Michael Poehler, Mickey Stocks, and Levi Atkinson. Honorary pall-

bearer: Alan R. Motes.

Services will be 10:00 AM, Friday, July 7, 2000 at Brackettville Church of Christ with Rev. Ray Melton and Rev. Joe Brockman presiding. Burial will follow at Brackettville Cemetery.

Arrangements by Rushing-Estes-Knowles Mortuary Uvalde, Texas. 830-278-5611.

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Remembering and honoring the greatest nation in the world, the USA

Making a Difference
By Taylor Stephenson

The Fourth of July week is a time for remembering and honoring our country. We live in the greatest nation in the world, the USA.

I'm thankful that others have sacrificed to fight tyranny and oppression. Throughout history, there has always been a wild thinker who would impose his will on all of us. No political party has a monopoly on what is best for the people that it seeks to govern. There are good and bad in every country and who seek to better their own plight in life. This year,

we can vote and choose our leaders. All Americans should express their desire for change or no change through the ballot box.

New carpets
At school, we're replacing carpet in the Junior High and Elementary halls with tile. The carpet can't stand up to the traffic in school hallways. Hall carpet is always stained and filled with dirt. So, we're going back to tile. It'll be a little noisier, but much more practical.

School improvements
We continue to improve our school buildings. We're concentrating on painting the gym and library with the same color as the

new building is painted with red brick accent colors. The Board has asked that all buildings be the same color and to use the red (instead of brown) accent color.

Out with the old....
We're bidding the tear down of two obsolete, worn-out buildings. The old ag building (now called the baby gym) is worn out, poorly located and would take many dollars to bring up to code. The storage pens adjacent to the old car wash area behind the cafeteria are also scheduled to be torn down. Future expansion of the Junior High will go in the direction of these two areas; so, we need to

get the old, dangerous buildings out of the way before we have need for additional classrooms.

Michelle Frerich hired
Our staff is complete with the hiring of our school counselor, Michelle Frerich.

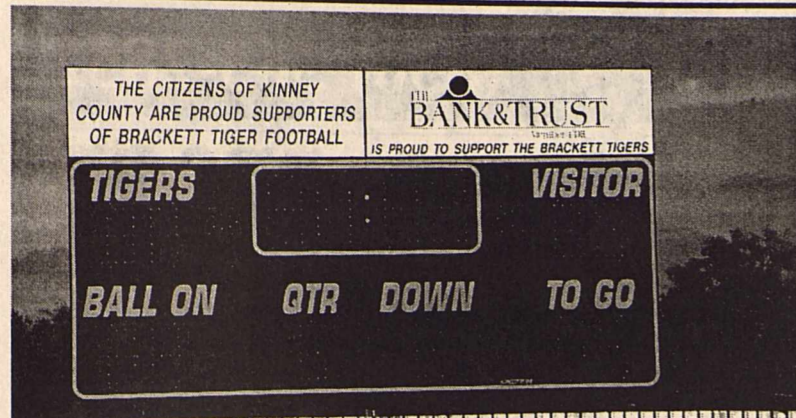
Our counselor will report to work on July 17, and will begin to check individual student's test and academic needs.

Our goal is to give the counselor more time for academic and personal guidance to students. In past years, the counselor has been loaded with the administration of statewide tests and with building master schedules for teachers and students.

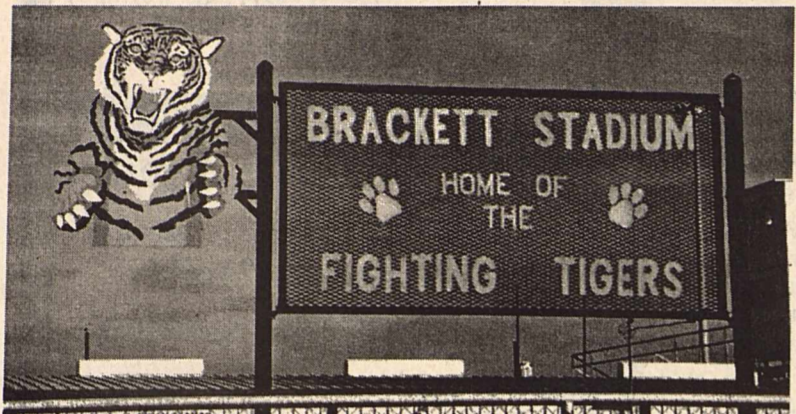
We'll have a new part time test coordinator and will assign the scheduling task back to the school principal. It will be a positive change for students, faculty and for the counselor.

Visiting Missouri
This week, my wife and I are in Columbia, Missouri. Our son, Mike, teaches at the University of Missouri.

We'll visit with Della, Mike's wife, and little Taylor who is two years old. Columbia is a beautiful city in the northern part of the state of Missouri. It is about half way between Kansas City and St. Louis. I'll tell you more about this area of the country in next week's column. Have a great week!



A new scoreboard has been installed at Brackett Stadium. "It's nice, and all of the numbers and lights work. We're thankful to have a scoreboard that works. The taxpayers of Kinney County and the Bank and Trust split the costs of the new board," said Superintendent Taylor Stephenson, who added, "I'm excited to see the scoreboard light up with each and every Tiger victory next year." Below is the sign on the other side of the stadium.



A smarter summer: Revolution at the library

Submitted by Carol H. Rasco
Director, America Reads Challenge

Imagine entering a plain brick building on a lovely summer day. You pass a dozen parked strollers and hear the giddy laughter of babies. To your right, toys are strewn on a soft carpet where mothers and toddlers play. Young voices sing, "Four and Twenty Blackbirds," with gusto.

At computers to your left, three boys work on their own online sports magazine. Two girls solve the design problems of a machine they created. An instructor guides some parents through the Web, in Spanish.

In a corner, caregivers are coached on reading aloud, "The Three Bears" with dramatic flair. Small children color the alphabet while their mothers learn about childhood nutrition. A woman arranged to send a Story Van to a housing project for a cultural festival. In a meeting room, a half-dozen teachers learn how to make better use of the Internet. In an adjacent room, a toddler with frequent ear infections is tested for speech delay. And, of yes, you see books. Lots and lots of books. What is this place, you ask? An expensive child care center? A private computer school? A bilingual community center?

It's the local branch of a public library.

A lot has changed at the library. It's been a quiet revolution until now, librarians being the brilliant but modest folks we've always admired. But a buzz is building. As old barriers crumble, the image of the staid old library is giving way to the noisy, online, family friendly learning center that is the destiny of libraries of the future. Summer is the perfect time to see where your library is heading on this revolutionary trail. While not every library offers all the opportunities I've described, many now offer far more than stacks of wonderful books. For

example:

- Free parent workshops on how to raise a reader
- Videos, CDs, and toys to take home
- Ideas for kids on fun summer reading
- Summer reading programs with goals and rewards
- Opportunities to pair children with adult reading tutors
- Access to computers for those already skilled
- Training on computers for those seeking skills
- Arts activities to help children communicate
- Toys and books for children with special needs
- Books and classes in a family's home language
- Literacy workshops for teachers and child care providers
- Free materials on child nutrition and development
- Adult literacy support, so parents can teach their children

Sound good? For a smarter summer, drop by your local library and see what's cooking. Maybe your kids can borrow toys, go online, or sign up to win a pizza for reading a dozen books. Maybe you can sign up for a computer class, learn how to better buckle a car seat, or pick up a schedule of literacy activities for your childcare provider. You might even borrow some good books!

There's a revolution going on at your community library - check it out!

Find the booklet, "Helping Your Child Use the Library" at www.ed.gov/pubs/Library. For more information on children and reading, call the U.S. Department of Education at (800) USA-LEARN, or visit online at www.ed.gov/americanreads. For library resources, contact the ALA's Association for Library Service for Children at (800) 545-2433 ext. 2163 or online at www.ala.org/alsc; and Libraries for the Future at (800) 542-1918 or online at www.lff.org.

Here are some websites you might find useful

News USA - Do you like to sample new products? If you do, you'll love a new Web site called StartSampling (www.startsampling.com).

This fun, active site allows you to learn about products and services while letting manufacturers know what you think.

Are you interested in getting free Internet service? If so, check out www.Mall.com. There you can check your e-mail and shop for the latest fashions.

When you're looking for a free e-mail provider, it's important to find a service that is easily accessible and easy to use, such as the

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The informed voter is the responsible voter. But too many people today make uninformed decisions in the voting booth, or vote straight party lines. A new Web site can change all that. Just log on to GeoPolitical.com to find out more about the candidates.

Texas Society of CPA's offers an age-banded approach to saving for college

Regardless of your child's age, the best overall strategy for building a college fund is to invest a regular amount on a monthly basis, boosting your nest egg with other proceeds along the way.

While your savings plan should stay intact, you will need to adjust your focus and investment strategy as your child approaches college age.

1 to 5 years old: Time is on your side
With anywhere from 12 to 18 years before your child starts college, you have more than enough time to accept a higher level of risk and invest aggressively, aiming for maximum returns.

Invest most of your college savings dollars (or at least as much as your tolerance for risk allows) in stocks or stock mutual funds.

The stock market invariably has its ups and downs but, over the long term, stocks consistently have outperformed other investments.

Ages 6 to 9: Stay the Course
If your child is within the 6 to 9 age group and you're just starting to invest, you may not want to take the most aggressive approach.

With a decade to go before your child reaches college age, you can still emphasize growth, but you may choose to moderate your risk somewhat by investing assets into less aggressive growth-and-income funds.

If you've been saving regularly and already have a growing college fund, you can pretty much stay the course during this period.

Ages 10 to 13: Get ready, get set
Continue to fund the college nest egg, but start to steer your portfolio toward a more conservative profile. You can accomplish this by directing more of your new contributions to bond funds and tamer stocks or equity-income funds that, because they look for stocks that pay high dividends, tend to ride market dips better.

Start researching safer, less volatile investments where you can begin shifting your money over the next few years.

Less than five years to go: Go for safety
You don't need to drastically alter your asset allocation on the day your child walks through the doors of high school, but you should start taking definitive steps to preserve the returns earned thus far.

You'll still want some growth to help keep your portfolio ahead of inflation but, overall, your emphasis should be on capital conservation and income.

By putting a plan in place for selling your stock holdings and buying less volatile investments, such as bonds, CDs, money market accounts, and Series EE Savings Bonds, you won't be faced with the need to sell in a down market to meet an impending college bill.

Two years to go: The moment of truth
Now is the time to consider your eligibility for financial aid. The first step is to calculate your expected family contribution.

To improve your financial aid picture, consider moving money around to lower the income used in financial aid calculations.

For example, when you sell stocks after January of your child's junior year in high school, the earnings are considered income on

your financial aid form.

When you sell those winners before the January cutoff date, the proceeds appear as assets and count for much less in the aid formula.

Look for other ways to lower your income, perhaps by contributing to employer-sponsored flexible spending accounts, since income that is funneled into such accounts isn't included in financial aid calculations.

If it looks like you won't qualify for financial aid, consider federal

and state loan programs that are not need based. Also, many colleges offer tuition installment plans that spread out payments and may make it easier if you need to pay part of your child's tuition expenses out of current income.

A CPA can be an invaluable resource in planning and executing a college savings plan. He or she can also provide advice on making the most of education tax credits, such as the HOPE and Lifetime Learning credits.

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MAMA'S BOYZ by JERRY CRAFT
 THE CIRCUS WAS THE BEST, MOM! I LOVED IT, PAULINE!
 ME TOO! IT WAS FUNNY, IT WAS EXCITING... PLUS THE MUSIC WAS JAMMIN!
 BUT IF I TELL THEM I LIKED IT, THEY'LL ALL SAY "I TOLD YOU SO!"
 SO MAYBE I JUST WON'T TELL THEM!
THE SPATS by JEFF PICKERING
 HE LOVED IT!
 TONIGHT'S NUMBERS ARE "E=MC²"
 ...p(x+1) = (x+1)ⁿ
 ...4(x₁+x₂)+x₃+x₄
 PUTTING THE LOTTO DRAWINGS ON "P.B.S." WAS A DUMB IDEA.

1	2	3	4	5	6	7	8	9	10	11	12
13				14					15		
16				17					18		
19			20		21				22		
			23		24		25		26		
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47				48			49	50			
			51		52		53	54			
55	56			57		58		59		60	61
62				63			64			65	66
67				68				69			
70				71						72	

ACROSS

- Tubby the
- Zeus, for one
- Kilmer of *Tombstone*
- New couple, to a gossip columnist
- Hearing; prefix
- Where there's a will?
- Alto
- Walk
- Author Paton
- Start for couture or cuisine
- You... There
- One of LBJ's dogs
- Harper's Weekly cartoonist
- Edison's middle name
- Scarlett's beloved
- Words accompanying waves
- Martial
- "How Dry..." (2 wds.)
- Vogue
- losing (1994 Jessica Lange film)
- Brokaw's network
- Sheer fabric
- Agricultural loan gp.
- Weight watcher
- Gives the nod
- Spread out, as cards
- Final, e.g.
- Mrs., in Paris
- Piquancies
- Roof edge

DOWN

- Sharp point
- Rainbow Bridge's locale
- Gym coach Karolyi
- Quantity
- Escorts
- Locale of Eng.
- Creative suggestion
- Musts for Miss America and Miss Universe
- Alpine song
- Singer Jerry
- Whence the lovelorn worship
- Former QB Dawson
- Morocco's sandbox
- "I tawt I taw a puddy" (Twenty Bird)
- Not this
- Urn's kin
- Orange part
- Thumb-sucking or chain-smoking
- Host
- "In hot water," e.g.
- Spats
- Begin's peaceful co-honoree
- Out of reach
- "... Not Unusual"
- First name in fairy tales
- Kind of ray
- Move obliquely
- Type of fly
- Servile
- Place for a camel ride
- Type of income, for the IRS
- Phileas Fogg's creator
- Despises
- Out of shape
- Scratch's target
- Doctor of *Austin Powers*
- Hatcher of *Lois & Clark*
- Shooting need, for short
- Erich... Stroheim
- Topsy's playmate
- Rower's implement

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July 6...Bill Adams	July 9...Theresa Davis
July 7...Damien Falcon	July 9...Saida Martinez
July 8...Norman Frost	July 9...Elida Talamantez
July 8...Jackie Smith	July 11...Pat Callan
July 8...Jennifer Terrazas	July 11...Loretta Woods
July 12...Gerald Ivey	

HOROSCOPES

Aries March 21- April 20
 Your mind is an untapped resource. Build self-esteem this week by affirming your goodness every morning. Learn to give and accept compliments graciously. Treat yourself to a massage.

Taurus April 21-May 21
 Stay close to the people you love this week. Be willing to accept them for who they are. You will never be able to change them. Happiness may be achieved by finishing tasks long put off.

Gemini May 22-June 21
 The musty smell of rain on hot pavement makes you introspective. What will tomorrow bring? Maintain your principles. The more you give, the more you may receive. Giving makes you feel unstoppable.

Cancer June 22-July 22
 Angry outbursts will get you nowhere. Control your temper and think before you speak. Perhaps self-denial, like going a whole day without talking, will help you get your emotions and anger under control.

Leo July 23-August 23
 Fiery Leo gets caught up in petty arguments this week. Instead of arguing about things you have no control over, step back and take a deep breath. Put aside pride as romance may come calling.

Virgo August 24-Sept. 22
 Sunlight makes you aware of nature's wonders. Be aware that you, too, are always changing and growing. It is time for you to start seeing the bigger picture. It may be time to examine your spirituality.

Libra Sept. 23-Oct. 23
 Begin now to widen your social circle and by fall you may have cultivated a number of friends and new hobbies. Don't associate with negative thinkers. It upsets the Libra's delicate balance. Volunteer for a cause you believe in.

Scorpio Oct. 24-Nov. 22
 Rekindle childhood memories. Go to a county fair and savor all the surroundings. Taking a breather will prepare you for a major project at work this fall. Friends will test your loyalty.

Sagittarius Nov. 23-Dec. 21
 Those who want to get close to you are troubled by your independent nature. They may sense emotional coldness. Make a change and do something out of character. Try your hand at billiards. Above all, laugh.

Capricorn Dec. 22-Jan. 20
 Slow down practical Capricorn! Your stamina is waning. Ward off burnout at home or work by planning a vacation in September. Take your talents seriously. They could lead to a new career.

Aquarius Jan. 21-Feb. 18
 Writing a letter to an older family member puts you in his/her good graces after a misunderstanding. Remain rational and cool at work. Focus on the clear, blue sky to help get you through workplace hassles.

Pisces Feb. 19-March 20
 Open yourself up to change. Try a new hobby, but don't let money slip through your fingers. Trust your psychic abilities. If you believe in yourself, others will, too. Music with intricate harmonies intrigues you this week.

Sell it fast in The Brackett News classifieds

What the Great Physician has to say about bones

Gateway Ministries
By Pastor Charolette Corey

I am not an osteopath or a surgeon that performs osteopathy, but I know the Great Physician and what his Living Word has to say about bones.

1) Health for the marrow of your bones, - don't be wise in your own eyes - depart from evil (Prov 3:7-8)

2) Healthy bones - from pleasant words (Prov 16:24)

3) Fat bones - from a good report (Prov 15: 30)

4) Nonbroken bones - being righteous and having the Lord deliver you (Ps. 34:19-20) (Note: Remember the blood of Jesus covers the Believer and God calls you righteous.)

On the other hand...

1) Rotten bones - from envy (Prov 14:30)

2) Dry bones - from broken spirit (Prov 17:22)

From all of this we gain God's wisdom in having healthy bones...depart from evil, don't think you are smarter than you are, speak and hear pleasant words, hear "good reports," be righteous, free from envy, have a merry heart, and trust in the Lord to deliver you out of all your afflictions.

If Satan is lying to you and trying to destroy your life and you are "poor in spirit"; if you have started believing the lie that Satan is stronger than you then get a grip on yourself and Praise the Lord! (Mat. 5:3 Blessed are the poor in spirit; for theirs is the kingdom of heaven.) God has made you an overcomer.

Shout at the devil and say Psalms 35:10 "All my bones shall say, Lord, who is like unto thee, which deliverest the poor from him that is too strong for him, yea, the poor and the needy from him that spoileth him? Psalms 35:9 "My soul shall be joyful in the Lord, it shall rejoice in His salvation."

Stand in faith, rest in hope, walk in love.

Quick health tips
Sorting out the myths from the facts regarding back problems

News USA - When your back hurts, pretty much every move you make is affected.

If you're one of the 80 percent of Americans who have suffered from back pain, you've probably heard conflicting advice about how to treat a bad back and how you can avoid hurting it again.

The North American Spine Society can help you sort out the myths from the facts and get you feeling better.

Log on to www.spine.org or call 1-877-SpineDr.

Dentists will tell you that the secret to keeping your teeth clean is home care. But how do you keep your teeth as clean as the professionals do? Rembrandt products can help you whiten and clean your teeth in a number of ways. Visit www.rembrandt.com or call 1-800-548-3663. Many people began the new century with a New Year's resolution to get more exercise.

However, experts agree that some people may risk exercising themselves to dehydration. In addition to drinking more water more often, the International Bottled Water Association can suggest even more ways to lower your risk of drying out. Visit their Web site at www.bottledwater.org.

For medical emergencies, call 9-1-1

Why couldn't Jesus perform miracles at Nazareth?

First United Methodist Church
By Rev. Ken F. Sellers

I had a friend who talked to himself while he was working. It seemed this was especially true when the task he was pursuing was intense and difficult.

So, I asked him, "Why do you talk to yourself when you're working?"

His answer was humorous, though I don't think he intended it that way.

He said, "it's the most intelli-

gent advice I can get!" After reflection I thought to myself, "Might as well talk to oneself since no one else will listen!"

Have you ever had the experience of offering advice and sensing during your discourse that the object of your oral instruction wasn't listening? No? then you probably have never had children - in particular, adult children.

As a dad of many years, it is always amazing to me that my kids cannot sense the value of

the wisdom I've gained during the years that have caused my hair to turn to its salt and pepper glory.

How could they possibly want to go through the heartaches and pitfalls around which I could so easily guide them? Yet, they live through their trials and tribulations and become more mature adults (in spite of the meddling old man).

As Christians, we have a story to impart to those who do not yet know the relationship

they may enjoy with their gracious, loving and merciful Creator God.

As Christians, we need to tell that story of forgiveness and love because it is such a joyous part of our lives and we want others to have that joy as well. Yet, when we take the time to express our faith, we often find our words falling on deaf ears. We often find some neighbors, friends and even relatives avoiding us in order to evade our story. Take heart, Christian,

even Jesus encountered the same problem.

In Mark 6:1-6, Jesus visits his hometown of Nazareth. Following his teaching in the synagogue, his neighbors, friends and even his family show that they have heard very little of what he has wanted to share with them out of love.

And, for the only time recorded in the New Testament, Jesus' power to work miracles seemingly is no longer his command.

Join us at First United Methodist Church this Sunday at 10:45 a.m. as we ask the question, why is it that Jesus could do "no miracles in Nazareth?"

Ministry gifts must be exercised in love

St. John's Missionary Church
Submitted by
Judith E. Adams

I. Corinthians 13:1-13

Though I speak with the tongues of men and of angels, and have not charity, I am become as sounding brass, or tinkling cymbal. And though I have the gift of prophesy, and understand all mysteries and all knowledge and though I have all

faith, so that I could remove mountains and have not charity, I am nothing.

And though I bestow all my goods to feed the poor and though I give my body to be burned, and have not charity, it profiteth me nothing.

Charity suffereth long and is kind; charity envieth not; charity vaunteth not itself, is not puffed up. Doth not behave itself unseemly seeketh not her

own, is not easily provoked, thinketh no evil.

Rejoiceth not in iniquity, but rejoiceth in the truth; Beareth all things, believeth all things, hopeth all things, endureth all things. Charity never faileth but whether there be prophecies, they shall fail; whether there be tongues, they shall cease, whether there be knowledge, it shall vanish away.

For we know in part, and we

prophecy in part.

But when that which is perfect is come, then that which is in part shall be done away.

When I was a child, I spake as a child, I understood as a child, I thought as a child, but when I became a man, I put away childish things.

For now we see through a glass, darkly; but then face to face: now I know in part but then shall I know even as also I am known.

And now abideth faith, hope, charity, these three, but the greatest of these is charity.

The doctrine of the Trinity

St. Mary Magdalene Church
By Lynn McNew

The doctrine of the Trinity is implied in the Bible without being explicitly stated. In fact, the word Trinity does not appear in the Bible at all. But from the very beginning of the Church, the truth of the Holy Trinity has been at the center of its living faith, principally by means of baptism. People were baptized into the Church in the name of the Father, and of the Son, and of the Holy Spirit, as Jesus himself commanded. Trinitarian

prayers and greetings formed part of the Eucharistic liturgy and of the prayer of the Church.

During the early centuries, the Church sought to deepen and clarify its understanding of the Trinitarian faith. The doctrine of the Trinity, much as we have it today, was formulated in the fourth century largely by the great theologian St. Athanasius in response to a huge dispute that was raging in the Church at that time over the divinity of Jesus.

A theologian called Arius and his followers were denying the

divinity of Jesus. They preached that Jesus was not God at all but a created being and intermediary between God and the world. Athanasius refuted this heresy, and his teaching, known as the Athanasian Creed, became the basis of the Church's formal exposition of the doctrine of the Trinity.

Next week we will take a glimpse in the mystery of the Trinity—God's secret life of love. You are welcome to worship with us anytime at St. Mary Magdalene Catholic Church. God Bless You.

Health

Officials say diabetes on the rise

The number of people diagnosed with Type 2 diabetes has skyrocketed, with more than 2,200 diagnosed with the disease each day.

A significant factor in the sharp rise is the increase in obese and sedentary adults in the United States, said Elaine Garrett, M.P.H., R.D., a Certified Diabetes Educator at Methodist Health Care System's Institute for Preventive Medicine.

"Being overweight is a tremendous risk factor in developing diabetes," she said. "Almost one-third of Americans are considered obese and one-half are considered overweight."

The more excessive pounds you carry the more insulin resistant your body becomes, she said. Uncontrolled diabetes can lead to serious complications, such as loss of vision and kidney function, nerve damage and a higher risk for heart disease. Those diagnosed with Type 2 diabetes can control their disease with diet, exercise and, if

needed, medication to avoid such complications, she said.

Moderate weight loss alone often can control diabetes without the need for medications, she said. And exercising has been proven as an effective way to reduce the body's resistance to insulin.

"Think of your cells as having doors on them. When you gain weight, the doors have a harder time opening and letting the glucose in," Garrett said. "When you exercise, the doors are more likely to swing open."

Treatment for diabetes also can include pills and/or insulin.

Diabetes is the seventh leading cause of death in the United States and there is no cure for the disease. Diabetes is a disease in which the body does not produce or properly use insulin, a hormone that is needed to convert sugar, starches and other food into energy. Type 2 diabetes, a metabolic disorder, is by far more common than Type 1, an autoimmune disease most of-

ten occurring in children.

If you are diagnosed with diabetes, Garrett recommends attending a diabetes education class to learn how to properly control the chronic disease. Garrett said the patient is the most important member of the health care team treating the disease. Patients need to learn how to reduce their calories if they are overweight, spread out their daily carbohydrate intake and monitor their blood sugar levels at home.

"We know if people with diabetes control their disease, they can lower their risk of getting complications by as much as 70 percent," Garrett said.

Symptoms of diabetes: excessive thirst, frequent urination, weight loss, fatigue and blurred vision.

Possible complications from diabetes: loss of vision, loss of kidney function, nerve damage, circulation problems and significant increased risk for heart disease.

New pain management standards available

News USA - Susan Wolf, 42, began experiencing chronic pain almost 20 years ago when diagnosed with rheumatoid arthritis.

The pain became so disruptive that she was forced to end her advertising career and had difficulty with basic daily activities. "The pain took over my whole life. I experienced pain deep down in my joints - from my neck to my feet," explains Wolf.

More than 120 million Americans suffer from chronic pain, and 50 million workdays are lost due to chronic pain. Annual costs for chronic pain alone are estimated at nearly \$50 billion. Recognizing pain and its undertreatment as a major, yet largely avoidable, public health problem, the Joint Commission on Accreditation of Healthcare Organizations has developed the first-ever, evidence-based standards for pain management. The standards recognize that every patient has the right to seek and

receive appropriate pain assessment and management.

Adherence to the standards will lower health system costs by reducing hospital stays and readmissions for uncontrolled pain, and enable pain to be managed at home. "The new standards set firm new expectations for the management of pain for patients in all types of accredited organizations," says Dennis O'Leary, M.D., president, Joint Commission. Susan Wolf, who had 10 operations in 10 years, was initially prescribed aspirin and one tablet of pain medication every few days. When the pain increased over time and she asked for more medication, her doctor told her she was an addict and needed to get off the medication. She eventually turned to another doctor for help and was prescribed a new program including daily visits to the pharmacy to pick up a daily dose of medication. When her pain continued to be unbearable, Su-

san found a pain specialist who recognized that her pain was undertreated and put her on an appropriate pain management program. Now her life has completely turned around. "Most people think I will be in bed all day or unable to function while taking pain medication. It's the opposite," says Susan. "I have become a more productive person, handling the family finances, including our taxes, and swimming every day."

Developing systems and processes to comply with the standards is now part of any health care facility's requirement for accreditation with the Joint Commission. For a free "Helping You Choose" brochure on how to identify quality health care services, visit the Joint Commission's Web site at www.jcaho.org or call the Joint Commission's Customer Service Center at (630) 792-5800, between 8 a.m. and 5 p.m., Central time weekdays.

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