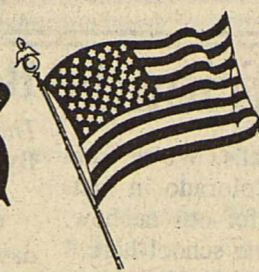


# The Brackett News



Community Unity  
Sunday night, Dec.  
17, at City Hall 6 to 9

12th year, No. 46

Serving the communities of Brackettville, Fort Clark Springs, Spofford and Kinney County

1 Section, 8 Pages

## Water resources to hold public meeting School board promotes local 4-H Club's youth activities

By Robert Elledge  
Contributing Writer

On March 25 and May 5, 1999, the Kinney County Extension Service held a Future Forum to determine issues that would impact or were of importance to Kinney County. Fifty-two area residents participated in the Forum and 10 issues were identified as critical. The number one issue identified in the Future Forum was Water Resources Conservation & Selling.

The Kinney County Extension Service and the West Nueces-Las Moras Soil & Water Conservation District have arranged for a public Water Meeting to be held on December 20, 2000 at 7:00 p.m. in the District Courtroom of the Kinney County Courthouse. This will be an educational event targeted to inform area residents of the potential possibility of forming a Water District in Kinney County in order to preserve this valuable resource.

Goals as established by the community during the Future Forum for this issue were:

- Citizens are informed and kept up-to date on the latest changes taking place that effect water in the county.

- Ranchers and farmers acquire knowledge to use agricultural water more efficiently through better management practices and increased awareness of sources of pollution through pesticide use.

- Homeowners practice water conservation in the landscape through the use of native plants and increased knowledge of efficient use of water systems.

- Local municipal/county water policies are established to deal with water rights and pollution control.

- Increased number of homes adopting water conservation practices.

- Increased number of agricultural producers implementing more efficient ways to use water.

- Increased public awareness on use of native plants by participation in educational programs.

- Educational programs working with agencies such as the Texas Natural Resource Conservation Commission to inform residents of changing policies and their impact on this county's water supply.

Guest speakers for the meeting are Bruce Lesikar, of the Agricultural Engineering Department of the Texas Agricultural Extension Service and Kelly Mills, of the Texas Natural Resources Conservation Commission.

Bruce Lesikar will discuss Water rights and Texas Water laws and how they relate to water issues in Kinney County. This will be followed by Kelly Mills discussing the Role & Responsibility of a Ground Water District. There will be a question and answer segment following the presentation. Participation is crucial for all interested parties and residents. This meeting will allow the community to obtain necessary information in order to decide on a course of action, if any on this issue. It is our goal to provide all local and area residents of Kinney County the opportunity to express their concerns and needs for this valuable resource.

By Amy Davis  
Staff Writer

The Brackett ISD School Board approved a motion allowing the Kinney County 4-H Club to keep their lease on land owned by the school district, which they plan to use for 4-H youth activities.

Robert Elledge, Kinney County Extension Agent, spoke to the board on Monday night, about the importance of having this land for development. The 4-H Club is working on fixing up an old arena on the land for local youth to practice their horsemanship. The club also plans to build a covered range

for shooting sports.

Elledge said that there are already over 40 kids who are showing interest in either the horse or shooting program. He believes that having activities planned at the arena will give students a constructive way to spend their time.

"For every child that has something positive to do, that's one less child getting in trouble," he said.

The arena is expected to be operational by the summer of 2001, with the help of 4-H leadership and volunteers. Horse events and training programs will be planned at that time and supervised practices will be available.

The Brackettville Development Company donated the land to Brackett ISD in 1962, for use in educating youth. The approximate 7.5 acres are located on Ranch Road 2804.

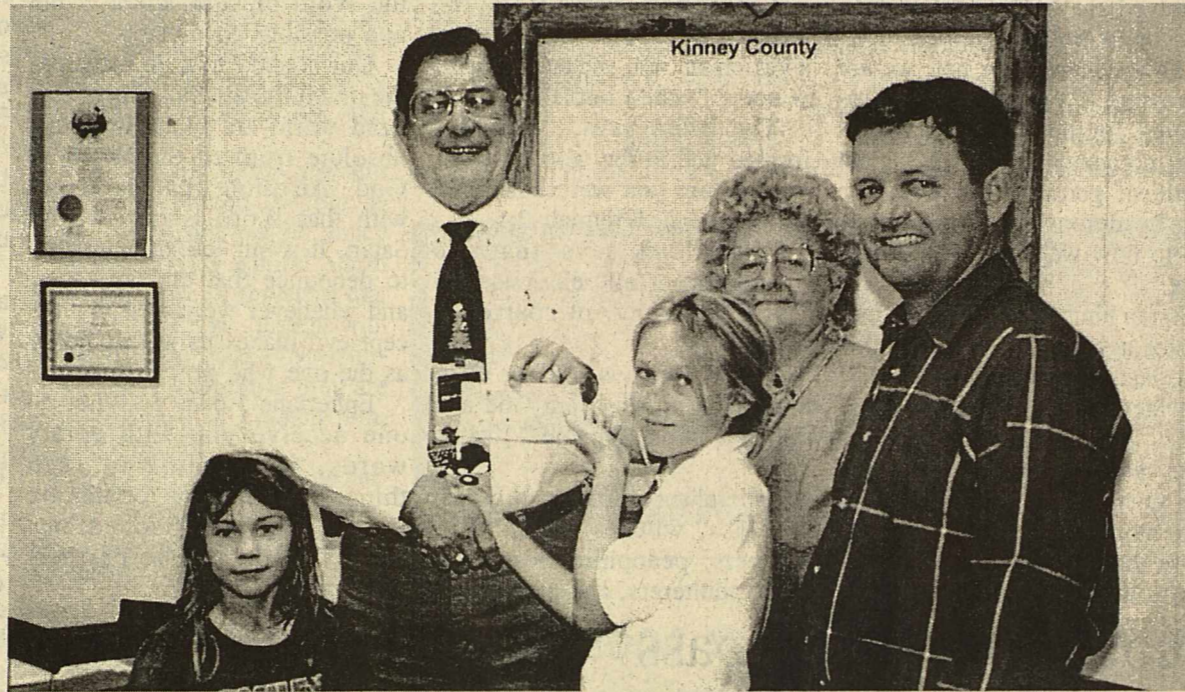
Taylor Stephenson, BISD Superintendent says he is anxious to see the property used for students.

In other business, the board approved the purchase of 50 new band uniforms from the DeMoulin Brothers & Company. The board feels they are getting quality uniforms and plans to negotiate the price of the uniforms. Stephenson was pleased with the board's decision for the purchase.

"It's a good uniform and I certainly think we are moving in the right direction," he said.

Stephenson presented his rough draft of the BISD recruitment plan by request of the School Board. The purpose of the plan is to keep and obtain the best certified staff for Brackettville schools. The main points for implementing this plan will be through advertising, developing a brochure stressing district strengths and benefits of the position.

Stephenson also shared with the board, a plan to reduce teacher burn-out. The three main points of this plan are (1) training for the purpose of renewing skills for the classroom, (2) having mentor teachers, so that teachers will have someone to rely on for extra help when needed, and (3) better salary and benefits.



The Kinney County 4-H Club donated the proceeds from their bake sale at the Hunters Roundup, November 4th, to Expanded Horizons, Inc. The 4-H Club is already planning future events to benefit this organization. 4-H members hope that their efforts will pave the way for other groups to begin supporting Expanded Horizons as well. This effort was one of the top five issues identified at the Futures Forum in May of 1999. Pictured from left to right, Cheyenne Smith, Herb Senne, Natasha Smith, Tootsie Herndon and Robert Elledge.

## EMS requests variance from TDH requirements

EMS Update  
By Carolyn Rutherford  
EMS Director

I am required by Texas Department of Health to advertise our request for renewal of our EMS Personnel Temporary Variance, which expires on December 31, 2000. The state has granted this variance in the past to accommodate our special situation regarding EMS coverage, especially when a second or third ambulance is dispatched. Normally, the law requires that we have only EMS trained personnel on board, including the driver; however, because of the needs of the citizens of Kinney County, we are allowed to operate out of compliance by using volunteer civilian drivers.

The time has come to renew this variance. We advertised the public hearing, set for last Monday morning at 9:00 a.m. at the County Courthouse. It is now my responsibility to advise you exactly what this means. To quote the Texas Department of Health, "The purpose of this hearing is to heighten public awareness of the ramifications of having an EMS service which is in noncompliance with the law ... Kinney County EMS has requested a variance from the Texas Department of Health to operate said EMS service while not being in compliance with the law." The variance, if approved, would allow Kinney County EMS to operate emergency vehicles while responding to and transporting emergency patients. When I presented the information at the hearing, I read that announcement to the audience of citizens.

All my articles end with this statement or similar statement. If you have an emergency, call 911. Be aware that terms of a personnel variance with Texas Department of Health require us to inform the public that any additional ambulances responding to a call after our primary ambulance is committed to a call, may be staffed with EMS personnel that do not

necessarily meet TDH required staffing. However, be assured that at all times, there will be an EMS certified attendant with the patient. EMS Office is open on Monday through Friday 8am to 5pm. The phone number is 830-563-9090.

Whew! Holidays bring our families together, and remind us of the Old Days, when it indeed was "more blessed to give than to receive." Some folks get tired of hearing that timeworn phrase. For me, it evokes sweet memories of loved ones now gone. At the same time, though, I am surrounded by such caring people in and around Brackettville. Let's start with Sister Catherine Young, M.D. That's her formal name. I choose to call her "Doc," as most of us do. She donates her time and efforts to this county with the only agenda to help those in need. The school district, headed by Taylor Stephenson and South Texas University in Uvalde joining forces to allow me to teach in Brackettville, where we need the added EMTs and Utopia (in the same shape) at the same time! All the members of the Local Emergency Planning Committee lend their intellect, expertise and plain old common sense to the safety of all those who work and travel within this county. Tom and Anita Ertle help EMS nearly everyday. Even my landlords, Glen and Shirley White give the gift of friendship daily. We have volunteer EMS drivers, Rudy and Jeffrey Luna and Larry Walker, who drive when we need them without any thought to their schedules! I can't forget the EMS personnel who support us everyday, 24/7 as the new vernacular says! Not to forget their families, who put up with cold suppers, cancelled dates, and abruptly ended meetings. To all these folks and the countless others, every minute, you prove that my loved ones were right after all ... thanks, Brackettville for the lesson! Happy Holidays to everyone. Thanks for making my life so rich and rewarding.

If you have an emergency, call 911. Be aware that terms of a per-

sonnel variance with Texas Department of Health require us to inform the public that any additional ambulances responding to a call after our primary ambulance is committed to a call, may be staffed with EMS personnel that do not

necessarily meet TDH required staffing. However, be assured that at all times, there will be an EMS certified attendant with the patient. EMS Office is open on Mondays through Friday 8 am to 5 pm. The phone number is 830-563-9090.

## Miller kills 32 inch Coral Snake

Dub Miller, of Brackettville, killed a 32 inch Coral Snake November 26, on Buenas Suerta Ranch, two miles north of Hwy 90 on FM 3008.

The largest coral snake on record measured 47 inches, but most specimens are less than 24 inches in length.

The coral snake is a small-sized, slender-bodied reptile with the narrow head and round eye pupils characteristic of non-poisonous species.

The coral snake's venom is the most potent of any of North America's snakes. But because it is an elapid and must hold on tight to deliver its venom, it is less likely to cause a fatal wound. This colorful species is closely related to the notorious cobra, krait, and mamba.

The bite of a coral snake poisons the nerves. It has short fangs

and a small mouth. It does not strike like the pit vipers but bites and chews to inject its poison. Especially vulnerable parts of the human anatomy to coral snake bites are fingers and toes. Most bites occur when a "pretty little snake" is picked up by someone who does not recognize it as a venomous one.

It causes a bruise at the site of the wound. A coral snake bite does not need a constricting band because its venom does not enter the bloodstream.

The coral snake is often confused with the harmless scarlet king snake, which it closely resembles. Both snakes are brightly colored with red, black and yellow bands. A helpful rhyme goes, "red touch yellow, kill a fellow; red touch black, friend of Jack." The red rings of the coral borders

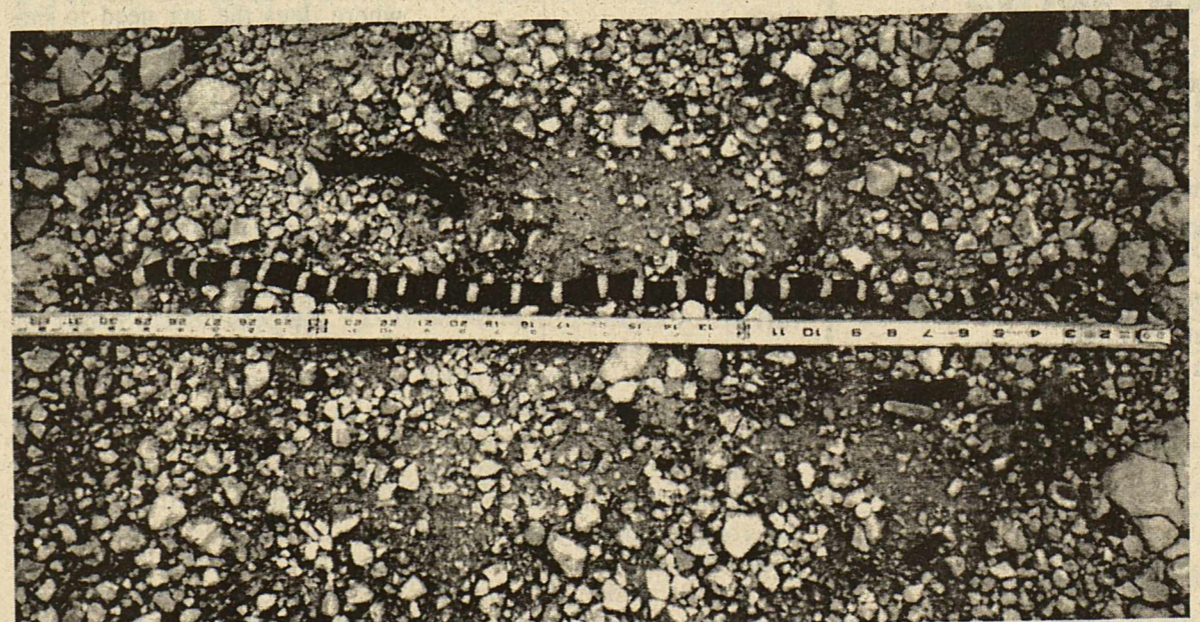
the yellow. The red of the king snake borders the black. Also, the coral has a black nose, the king snake a red nose.

It favors such places as rotting logs, piles of decaying vegetation, heavy fallen leaf cover and old brush piles.

It noses about through decaying vegetation and humus to catch and feed on other snakes, lizards, frogs and other small animals.

The Coral Snake is the only venomous snake in North America to hatch its young from eggs. It usually lays six or less in number that hatch in 60 to 90 days. Young snakes measure for seven to nine inches at hatching, and re patterned and colored like their parents.

The coral is shy and secretive, seldom aggressive unless startled, tormented or hurt.



Miller's 32 inch Coral Snake killed at the Buenas Suertas Ranch north of Brackettville

## Briefs ...

### Sector Weekly Statistics

The following is a report of the apprehensions by Border Patrol Agents assigned to the Del Rio Sector for the period Dec. 4-10, 2000. The information is provided by station, and includes a sector total. Abilene...25, Brackettville...45, Carrizo Springs...55, Comstock...5, Del Rio...73, Eagle Pass...524, Llano...1, Rocksprings...20, San Angelo...35, Uvalde...18. Sector Total...801, Other Than Mexicans...54.

### Free programs at Amistad National Recreation Area

Evening programs are held most Saturday nights, 7:30 p.m. at Governor's Landing Amphitheater, and guided Bird Walks are offered on the third Saturday of each month at 8 a.m. In January, the "Coffee With a Ranger" programs will be held on Friday mornings at 10 a.m. in various campgrounds. Amistad National Recreation Area headquarters is located on US Highway 90 W. For more information, visitors may call (830)-775-7491.

### History of Dr. Brinkley

On Saturday, December 16, Mrs. Lee Lincoln of Whitehead Memorial Museum will mesmerize you with the things she knows about the eccentric former Del Rioan, Dr. Brinkley at 7:30 p.m., at the Governors Landing Amphitheater.

### Rural utilities service announces loan program

Rural Utilities announces a new loan program Rural utilities service announces a new loan program to finance the construction and installation of broadband telecommunications services in rural America.

Congress made \$100 million in treasury rate loan funds available, to encourage carriers to provide broadband service to rural consumers where such service does not currently exist. This program will provide loan funds, to communities up to 20,000 inhabitants to ensure rural consumers enjoy the same quality and range of telecommunications services that are available in urban and suburban communities. Loan funds are available immediately and applications will be processed and approved on a first-come, first served basis throughout FY 2001 until the appropriation is utilized in its entirety. Call Roberta Purcell at (202) 720-0810 for more information.

## INSIDE

### ■ The way I see it!

One of the things I hear today that really angers me is that politically active Christians are negative. Because we believe in right and wrong and try to relate that belief to others, we are branded as negative and intolerant.  
Opinion/Page 2

### ■ Empowering Families

"Mama, Jackie says that God doesn't love her; that nobody loves her, even her mom and dad. Mama, does God love me?" Six-year old Jennifer was asking a question that many children her age ponder.  
Lifestyles/Page 4

### ■ Making a difference

Santa Claus is coming to town! The Jones Elementary children sang loudly as Santa arrived at the Kinney County Civic Center this past Monday night. Judy Burks assisted by the staff at the school presented a delightful array of Christmas favorites that included the faculty choral.  
School/Page 3

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## You can pick your friends

But I could be wrong  
By Chuck Hall

I have some relatives that came to see me the other day. Two sets of aunts and uncles from my dad's side of the family. I enjoyed their visit. They told me that when they first got into town, they came to the school looking for me. The staff greeted them with the usual Brackett ISD courtesy and charm. My aunt asked what she thought to be a simple question. "Can you tell me where we can find Mr. Hall?" "Which one?" "The old Mr. Hall." "Which one?" "OK, the weird one." "Which one?" They were getting nowhere

fast. "We're Halls. We're from out of town. Colorado in fact. We're looking for our nephew. He works for the school here." "We have two Mr. Halls here. Do you know what he does for the school?"

"Knowing him, not much." "You're going to have to be more specific."

I happened to walk in at that moment and ended the confusion. After my kinfolks relayed the exchange they had experienced, I was very disappointed. I thought more of the other Mr. Hall than that. I guess if you've seen one Hall, you've seen 'em all. But I could be wrong.

■ **Editor's note: Regardless of how many Halls may go by the name Chuck, there is only one Chuck Hall.**

## Belief in right and wrong doesn't make one intolerant Lending a helping hand

The Way I See It  
By Steven R. LaMascus

One of the things I hear today that really angers me is that politically active Christians are negative. Because we believe in right and wrong and try to relate that belief to others, we are branded as negative and intolerant. Our detractors fail to understand that we must, by the very nature of truth, be intolerant. If there are right and wrong, if there are moral and immoral, if there are truth and lies, then we must be intolerant of lies, wrong deeds and immoral behavior. It is a simple fact that the acceptance of immorality leads to the color of acceptability. This is not negativity, it is reality. Evil is like cancer, if it is ignored, not treated, it grows. That is what is wrong with the country today. Many of us have begun to overlook the things that are wrong. We allow immoral behavior because it is just too much trouble to denounce, and besides, we don't want to get involved and be branded as radicals or as politically incorrect.

Folks, want to or not, we are involved. We have been involved for decades. We are at this moment involved in a giant battle of good against evil. We can be defensive or offensive. Up to now we have been defensive.

Satan himself is the prime motivator against us. He is the one who leads our detractors to twist the facts and change the message. When you hear someone state categorically that Christians are narrow-minded, intolerant hate mongers it is Satan who put those thoughts in his mouth. Satan is the consummate liar. He

invented lying. He also invented political correctness.

Telling the truth means not avoiding confrontation with evil. If we accept immorality we have become what we hate. We cannot do that. I have said before that Jesus wants us to preach the truth, but he will have us do it in a loving way. I do not hate anyone. I do, however, detest what many people stand for. I condemn no one. That is not my job. That is the job of Christ. However, I will condemn their actions to anyone who will listen. That is my job. I detest all that Al Gore stands for, but I pray that he finds the narrow path. It is my, our, commission to point out to the rest of the world what is right and what is wrong. It is our job to carry the truth to the "peoples all nations...teaching them to obey everything that I have commanded you." That includes the United States.

Liberalism, being diametrically opposed to Christianity, is destroying the nation.

Liberalism says it is the woman's choice to have an abortion or not, because a fetus is not a "viable human."

The Bible says, "Before I formed you in the womb I knew you, before you were born I set you apart..." Jeremiah 2:5

Liberalism says that we should accept all religions (except Christianity, of course) as being equal.

The Bible says, "I am God, there is no other; I am God and there is none like me." Isaiah 46:9

Liberalism wants us to accept psychics, witches, Satan worshippers, pedophiles, drug addicts, adulterers, and a multitude

of other evildoers as practitioners of alternate life-styles.

The Bible says, "Do you not know that the wicked will not inherit the kingdom of God? Do not be deceived: Neither the sexually immoral nor idolaters nor adulterers nor male prostitutes nor homosexual offenders nor thieves nor the greedy nor drunkards nor slanderers nor swindlers will inherit the kingdom of God." 1 Corinthians 6:9 & 10

Liberalism says that divorce is acceptable in our modern and enlightened society. If you disagree with your wife, just leave her, it's okay.

The Bible says, "To the married I give this command (not I, but the Lord): A wife must not separate from her husband. But if she does, she must remain unmarried or else be reconciled to her husband. And a husband must not divorce his wife." 1 Corinthians 7:10&11

Friends, when there is such an absolute disagreement between a political ideology and the Word of God, there is but one possible conclusion.

Our country and, in actuality, the moral foundations of the civilized world are based upon the absolute truth of the Word of God. Anything that disagrees with that Word is inspired by Satan. It is our job and our duty to denounce that evil wherever and whenever we find it. To accept evil makes us just as guilty as the one who practices it.

Ephesians 5:6 & 7 - "Let no one deceive you with empty words, for because of such things God's wrath comes on those who are disobedient. Therefore do not be partners with them."

## Scouting: A "compass" for the journey of life

By James A. Tamayo  
Bishop, Diocese of Laredo

For 90 years, the Boy Scouts of America have assisted us in guiding the lives of our future leaders. To be a Boy Scout, one must live according to the Scout Law - a collection of 12 simple statements. A Scout is trustworthy, loyal, helpful, friendly, courteous, kind, obedient, cheerful, thrifty, brave, clean and reverent.

As a former Cub Scout and Boy Scout, I can say these principals served as a moral compass

for my adolescence. Scouting instilled positive character traits into, not only me, but those in my peer group. The fellowship I experienced through Scouting provided me with a group of good friends who shared these values.

I believe the Scout Oath and Law are very much in line with our Catholic faith. The values taught in Scouting are the same ones we find in the Gospels. These young men can provide outstanding contributions to our community and our Church.

I encourage the parishes to become involved in Scouting. I also encourage parents and other adults to involve themselves in Scouting.

It's worth the effort to use the programs of Scouting to assist us in developing our youth's personal and moral growth. If every parish had a Cub Scout Pack, Boy Scout Troop and Venturing Crew, our service to the community and the Church would expand tremendously.

Scouting "Vale la pena!" It's worth the effort!

The holiday season is upon us, and what a wonderful time it is to spend with family and loved ones reliving old memories and making new ones. While we cherish these special moments, we should not forget about those among us who are not as fortunate.

Despite a thriving economy, some Americans will have a difficult time putting food on their table. All around our communities are hard working folks who, because of unfortunate circumstances, cannot stretch their paychecks for enough food for themselves or their families. Setting aside a portion of your afternoon or weekend to assist those less fortunate than us could make a huge difference - especially in this holiday season.

This country was built on individualism, which includes an individual's responsibility to his or her neighbors. Part of this responsibility is to lend a hand to a neighbor in their time of need. By giving a little of yourself, you not only empower your neighbor, but you also make your community stronger and more united.


There is perhaps no better example of people uniting and working for the common good of the community than in small towns in South and West Texas. In these small Texas towns people are naturally charitable. You folks haven't forgotten to make it a priority to give something back to our communities. And it's not like you don't have anything else to do. You lead busy lives. You work, take care of families, go to church, coach little league, and yet still make the time to volunteer.

Many people think heroes are the people who beat the odds and achieve the impossible. But the people who do succeed against the odds aren't the only heroes. America is full of them. Heroes are the people who not only recognize that the world is full of need, they do something about it. They get up in the morning and decide they are going to do something to make their community a better place.

There is nothing more satisfying than helping an impoverished child learn to read or delivering a good, hot meal to an elderly grandmother. Not only do you bring smiles to the faces of those you volunteer to help, but you get a warm feeling in your heart that lasts a long time.

The opportunities to help are boundless. If you're not involved, get involved. Make the decision to just do it. Whether it's stopping along the highway and picking up trash, or organizing a fundraiser to donate money to charity. You can make a difference. And to those who are already doing it, a hearty thank you. Giving to those in need around us, helping our neighbors, and assisting those with special needs - that is the true meaning of the holiday season.

**Big Mama Sez!**




Everything comes to him who waits, if he works while he waits.

**Letters to the Editor Policy**

The Brackett News welcomes and encourages letters to the editor. Letters should not exceed 350 words. The editor reserves the right to refuse or edit all letters submitted for length, potentially libelous statements and accuracy of information. All letters must be signed and include a mailing address and phone number for verification purposes. All writers must provide proof of identity. Letters published and viewpoints of columnists do not necessarily reflect the editorial beliefs of this newspaper.

**The Brackett News**

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## OUTDOORS

### Answers to your deer tagging questions

A Little on the Wildlife Side  
By Henry Lutz

What can ruin a successful hunt? Receiving a citation from the game warden for improperly or untagged game.

Improper tagging of game is one of the most common game law violations, according to David Sinclair, Chief of Wildlife Enforcement with Texas Parks and Wildlife. "Despite good intentions, some hunters may delay tagging or improperly tag their deer or turkey. Improper tagging could end up costing them a fine of up to \$500."

As many hunters have found out the hard way, ignorance of the law is no excuse. So, here are some answers to the most commonly asked tagging questions.

Q: If a person kills a deer or turkey, when does the animal need to be tagged? A: Immediately! In order to lawfully possess a deer or turkey, it must first be tagged with a properly executed tag from the hunting license or bonus deer tag of the person who killed the deer or turkey. A tag is properly executed when the date has been cut out and the county and ranch name has been entered in the spaces provided. Additionally, the tagging of the deer or turkey should be done before moving the animal and before field dressing the animal.

Q: Does marking out the date of kill on a deer or turkey tag with a ball point pen make it a properly executed or valid tag?

A: No. The date must be removed by cutting out the applicable date on the tag. The cutting out of the date renders the tag useless for taking a deer at a later date. An improperly tagged deer (i.e., date not cut out) is one of the primary deer violations cited by game wardens.

Q: If a youth (under 17 years of age) is hunting with an adult and the youth kills a deer, whose tag must be attached to the deer?

A: In this scenario, the youth must attach the appropriate tag from his or her hunting license immediately after killing a deer. Anyone who hunts any animal in Texas is required to have a hunting license, regardless of the person's age.

Q: If a person kills a deer, where does the tag need to be attached? A: The tag may be attached to any part of the deer, but wherever it is attached, it should be attached securely. Too often hunters do not securely attach the tag, and the tag is lost. If a tag is missing, a game warden may cite the hunter for an untagged deer.

Q: If a person takes a deer to a taxidermist, what are the tagging requirements? A: Initially, the deer must be tagged as described earlier. Once the hunter reaches the taxidermist and separates the head from the carcass, the tag must stay with the carcass. The hunter is required to complete a wildlife resource document (WRD), and it must stay with the head at the taxidermist shop. When transport-

ing a carcass without the head to a processor or to one's home, a proof of sex receipt from the taxidermist is required to accompany the carcass in addition to a tag. The proof of sex receipt is simply a signed statement from the taxidermist containing the name of the person who killed the deer, date of kill, and whether the deer was antlered or antlerless.

Q: What if a person takes a deer to a processor first and then goes on to a taxidermist with the head? A: The deer tag always stays with the carcass. The person must complete a WRD before transport, and the WRD must accompany the head on the trip to the taxidermist. A copy of the wildlife resource document (WRD) is located in the Texas Parks and Wildlife 2000-2001 Outdoor Annual on page 102. The WRD may be copied or enlarged.

Also be sure that you use the correct tag from the license to tag the deer. If you hunt North of US 90 in Kinney County, you will not use the tag labeled: "Valid Only in a 1 or 3 Buck County" for a buck, as the limit in that area is 2 bucks. You may use it for an antlerless deer as stated on the tag.

This is by no means all of the regulations pertaining to tagging and transporting deer meat. If you have any questions, please consult the Outdoor Annual available where licenses are sold or contact your local Game Warden.

**Your Representatives**

**U.S. Senator**  
The Honorable Phil Gramm  
370 Russell Building  
Washington, D.C. 20510  
202-224-2934

**U.S. Senator**  
The Honorable Kay Bailey Hutchison  
283 Russell Building  
Washington, D.C. 20510  
202-224-5922

**Congressman 23rd District**  
The Honorable Henry Bonilla  
110 E. Broadway  
Del Rio, Texas 78840  
1-830-774-6547

**Governor**  
The Honorable George W. Bush  
Box 12428  
Austin, Texas 78711  
1-800-252-9600

**Kinney County Sheriff's Report .....**

**Monday, Dec. 4**  
 10:05 a.m., A man called the Sheriff's Office to report that he lost his Nokia cell phone the day before at a local ranch, north of town. The man cancelled his cell service when he lost the phone. Sheriff Burgess responded to the call.  
 4:10 p.m., Trooper Ashley reported that there was cardboard on Loop 166 and Highway 90, west of town. He called TxDot to inform them of the trash.  
**Tuesday, Dec. 5**  
 9:19 a.m., Road supervisor, Cliff Fritter, reported that a local man had contacted a local woman about some loose sheep on Highway 693. The woman's husband was on the way to take care of the

animals at this time.  
 9:31 a.m., A local woman called to report that a deer was caught in a fence on Highway 674 near the Alamo Village entrance. Game Warden, Henry Lutz responded.  
 1:30 p.m., A Fort Clark woman reported that her neighbor's dog was in her yard and that she could not go outside. Sheriff Burgess went to the scene.  
**Wednesday, Dec. 6**  
 2:00 p.m., A Fort Clark man requested that an officer go check on a couple who live at Fort Clark because they had not been seen or heard from for several days. Sheriff Burgess was contacted and said he was enroute to the location.  
 6:00 p.m. An unknown woman

called 911 to report a small red car tailgating her at a high rate of speed. The Del Rio DPS was notified because the woman said she was entering Del Rio at the time.  
**Thursday, Dec. 7**  
 7:00 p.m., Constable, Bill Lindeman called the Sheriff's office to report an abandoned car one mile south of the Kinney County line in Maverick County. The vehicle appeared to have blown the engine. He said the car had been there for two days. He took care of the situation himself.  
**Friday, Dec. 8**  
 7:30 p.m., John Mark Johnson, 41, of Brackettville was arrested by Henry Lutz for reckless driving. Johnson was released the same

day on a P.R. bond.  
 8:05 p.m., A dispatcher from Del Rio called and said that a car had hit a deer approximately 10 miles west of Brackettville on Highway 90. Trooper Slubar arrived at the scene about 15 minutes later and soon after that, requested a wrecker from ABC to come get the vehicle.  
 8:48 p.m., A resident of Fort Clark called to report that he was tired of hearing the same dog bark all day. He requested a deputy and filed a complaint. Deputy Chism responded.  
**Saturday, Dec. 9**  
 8:48 p.m., Jerry Lloyd Miller, 41, of Santa Fe, Texas, was arrested by Trooper Richard Slubar

for DWI 1st offense. Miller was released the next day after posting bond.  
**Sunday, Dec. 10**  
 9:50 a.m., Game Warden, Armando Guzman responded to a call from a local rancher stating that his fence had been cut. He said that the person who did it, may have still been on his property at the time.  
 11:45 a.m., Chief of Police, Ron Ring responded to a call from a local business owner who said that there was glass in her business' parking lot. The water hose was also unrolled. Nothing from the business was missing.  
 2:00 p.m., A local woman called to report a loose dog on

West Thomas Street. She said that the dog was trying to bite children riding their bikes. The Sheriff's office contacted a city employee to take care of the matter.  
 8:21 p.m., Deputy Chism responded to a call from a local woman requesting an officer to patrol her residence. She reported that someone was ringing her doorbell and leaving.  
 9:03 p.m., After the Sheriff's office answered a 911 call, the person calling hung up. The Sheriff's office requested that Fort Clark Security go check on the resident living on Crockett. Security Guard Diaz called back to report that everything was fine.

**Health**

**Hypothermia can kill Texans even in years of record heat**

Heat waves, a prolonged drought, occasional flooding and tornadoes have dominated the weather news in Texas in recent years. Winters have been mild. However, health officials warn that even in statistically warm years, vulnerable Texans can die from cold temperatures.  
 Just last winter, at least 21 people died in Texas from hypothermia, or severe or prolonged loss of body heat, because of the cold. Of those 21, at least 17 (81 percent) were age 60 or older, and many of them died unexpectedly in their own homes.  
 "While extreme or extended cold is dangerous to anyone, some people are more likely to suffer hypothermia in temperatures that may not seem dangerous to most healthy adults," said Sam Wilson, director of the Emergency Preparedness Division at Texas Department of Health (TDH).  
 Wilson, who also is a paramedic, said that infants and small children are at risk in cold temperatures because their bodies radiate heat faster than bodies of adults. People who are sick and those taking certain prescription drugs or alcohol may lack resistance to low temperatures. Homeless people, auto or boating accident victims and others unable to find temporary shelter also are endangered during extremes of cold.  
 "But those people most susceptible to hypothermia," Wilson said, "are usually age 60 and older." Several factors combine to make cold weather more hazardous for people as they age. Often,

an older person's metabolism is slower than that of a young person, or the older person may already be in poor health and taking medications that can alter awareness of dangerously low temperature.  
 People 60 and older may not perceive or respond to cold as readily as younger people, since the human body's natural alarm signal - the reflex of shivering that increases blood flow - lessens with age, Wilson said. Some hypothermia victims die because they are simply unaware of gradual temperature changes.  
 In addition, many people, especially the elderly on fixed incomes, may set their thermostats dangerously low for fear of high heating bills. Add to that the fact that elderly people may live alone and unsupervised, and the stage is set for tragedy, Wilson said.  
 Hypothermia begins when a person's deep body temperature falls below 95 degrees Fahrenheit, less than four degrees below normal. Because the temperature drop may be gradual, and since an early sign of hypothermia is confusion, the victim may not know there is an emergency. Drowsiness and coma leading to death can occur while the victim remains unaware of any problem.  
 Besides confusion and drowsiness, symptoms of hypothermia may include:  
 • Slurred speech,  
 • Falling blood pressure,  
 • Shallow breathing,  
 • A pinkish tint to the skin.  
 Anyone with these symptoms related to cold temperatures is in

immediate danger. Wilson urged people to check on elderly friends and relatives, especially during cold weather. Any symptoms of hypothermia should be taken seriously.  
 In addition to taking precautions for the elderly, no one at any age should underestimate weather changes, Wilson said. People who have to be outside in cold weather should wear loose-fitting, layered clothing; gloves; and a face covering to block wind chill.  
 The term wind chill refers to the cooling effect wind has on the

skin. Not only can wind chill cause rapid heat loss from the body, but also it can cause frostbite - actual freezing of tissues. A strong wind, even in moderately cool weather, can cause a wind chill far below freezing.  
 Meteorologists use a table de-

signed by the U.S. National Weather Service to calculate wind chill, using thermometer readings and wind speed. Anyone planning outdoor activities in cold weather for themselves or others should refer to local weather media for current forecasts.

**Patients' rights in cancer trials**

What rights do patients have when they participate in clinical trials?  
 The Scott & White Center for Cancer Prevention and Care uses three different types of trials: those sponsored by pharmaceutical companies; those are generated from among Scott & White's residents, fellows and senior staff physicians; and those funded by cooperative groups such as the National Cancer Institute and other governmental and not-for-profit funding agencies.  
 Here are important facts for patients to remember, according to Lucas Wong, M.D., medical director for the Scott & White Center for Cancer Prevention and Care and assistant professor with The Texas A&M University System Health Science Center College of Medicine; and Lore Lagrone, B.S.N., R.N., O.C.N., a registered nurse with advanced training in oncology and research manager with the Scott & White Center for Cancer Prevention and Care:  
 • Patients are never put on trials without their consent. They are educated about the medication and possible side effects. Scott & White medical researchers want patients to consider their participation very carefully and give patients time to think about their choices.  
 • Patients are carefully monitored and followed before, during and after their treatment.  
 • Patients can quit the trial at any time. If patients do quit, they continue to receive quality care at

Scott & White.  
 • Scott & White maintains close communication with the patients as well as with the pharmaceutical companies and other medical centers involved in the research. This communication helps Scott & White remain on the cutting edge of cancer prevention, treatment and care. If adverse reactions are reported anywhere else, Scott & White is notified and relays that information to patients involved in local trials, as appropriate.  
 • Many health insurance companies, including the Scott & White Health Plan, recognize the importance of clinical trials and cover the cost of standard tests and medications involved with participation in clinical trials.  
 • Most of all, since all Scott & White physicians are salaried; they do not receive individual financial incentives from companies that manufacture medications. "In this way, the patient is assured that the Scott & White researchers will adhere to medical ethics and the highest levels of practice," Dr. Wong added.

**A Prayer For Our Country**  
 Lord protect those whom we have chosen to be our leaders. Keep them well in body, mind and spirit!  
**Rosalie Boysen**

**WARM UP To These Deals**

<p><b>PONTIAC</b>                  #9305 <b>2001 Sunfire SE</b>                  4 Cyl, Auto, Tilt, AM/FM CD, Power Doors, Power Windows, Power Mirrors, Security Package  <b>\$227 per mo.</b>                  Sale Price of \$15,495. 35 payments of \$227.49 per mo. 1 Final payment of \$7,917.60 at 4.10% APR figured with \$1,000 down + T.T.&amp;L. WAC thru GMAC.</p>	<p><b>PONTIAC</b>                  #9273 <b>2001 Grand AM</b>                  4 Cyl, AM/FM Stereo W/CD, A/C, Auto, Spoiler  <b>\$253 per mo.</b>                  Sale Price of \$16,995. 35 payments of \$253.07 per mo. 1 Final payment of \$9,085.00 at 5.15% APR figured with \$1,000 down + T.T.&amp;L. WAC thru GMAC.</p>	<p><b>PONTIAC</b>                  #9107 <b>2001 Firebird</b>                  Power Seat, V/6, Auto, Power Locks, Windows Mirrors &amp; Antenna, A/C  <b>\$341 per mo.</b>                  Sale Price of \$19,995. 35 payments of \$341.33 per mo. 1 Final payment of \$11,880.40 at 10.35% APR figured with \$1,000 down + T.T.&amp;L. WAC thru GMAC.</p>
<p><b>PONTIAC</b>                  #9292 <b>2001 Grand Prix GT</b>                  V/6, Auto, AM/FM CD, Power Seat, Leather Steering Wheel, Onstar, Security Package, A/C  <b>\$359 per mo.</b>                  Sale Price of \$22,995. 35 payments of \$359.97 per mo. 1 Final payment of \$13,163.58 at 7.10% APR figured with \$1,000 down + T.T.&amp;L. WAC thru GMAC.</p>	<p><b>GMC</b>                  #9214 <b>2001 Sierra 1500</b>                  V/6, Auto, A/C, AM/FM Stereo, Chrome Wheels  <b>\$289 per mo.</b>                  Sale Price of \$18,595. 35 payments of \$289.37 per mo. 1 Final payment of \$12,316.25 at 10.75% APR figured with \$1,000 down + T.T.&amp;L. WAC thru GMAC.</p>	<p><b>GMC</b>                  #9213 <b>2001 Sierra 1500 4dr</b>                  Tinted Glass, V/8, Auto, Aluminum Wheels, A/C, AM/FM CD  <b>\$352 per mo.</b>                  Sale Price of \$23,595. 35 payments of \$352.67 per mo. 1 Final payment of \$16,284.92 at 10.30% APR figured with \$1,000 down + T.T.&amp;L. WAC thru GMAC.</p>
<p><b>BUICK</b>                  #9079 <b>2001 Century Custom</b>                  6-Way Power Seat, V/6, AM/FM CD, Cruise  <b>\$332 per mo.</b>                  Sale Price of \$20,395. 35 payments of \$332.57 per mo. 1 Final payment of \$10,140.25 at 5.35% APR figured with \$1,000 down + T.T.&amp;L. WAC thru GMAC.</p>	<p><b>BUICK</b>                  #9275 <b>2001 LeSabre</b>                  V/6, A/C, AM/FM Cass, Power Seat, Power Vanity Mirror  <b>\$443 per mo.</b>                  Sale Price of \$23,495. 35 payments of \$443.53 per mo. 1 Final payment of \$11,390.52 at 8.60% APR figured with \$1,000 down + T.T.&amp;L. WAC thru GMAC.</p>	<p><b>Oldsmobile</b>                  #9126 <b>2001 Aurora</b>                  V/6, Power Seat Lumbar Adjust, Dual-Zone A/C System  <b>\$489 per mo.</b>                  Sale Price of \$32,995. 35 payments of \$489.46 per mo. 1 Final payment of \$20,128.98 at 6.70% APR figured with \$1,000 down + T.T.&amp;L. WAC thru GMAC.</p>
<p><b>Oldsmobile</b>                  #9241 <b>2001 Seville STS</b>                  V/8, Northstar, Auto, Ultrasonic Rear Parking Assist, Wood Trim, 6-Disk CD Changer, 17" Chrome Wheels, Tire Pressure Monitoring  <b>\$694 per mo.</b>                  Sale Price of \$49,995. 35 payments of \$694.55 per mo. 1 Final payment of \$30,181.20 at 4.61% APR figured with \$1,000 down + T.T.&amp;L. WAC thru GMAC.</p>		

8195C	95 Dodge Intrepid	\$5,995	9086B	99 Ford F150	\$18,995
9148A	98 Chevrolet Lumina	\$8,995	9050A	99 Dodge Ext Cab	\$19,495
9228A	95 Ford Crew Cab	\$14,995	9080A	98 GMC Suburban	\$19,995
8395B	99 Pontiac Firebird	\$15,995	P6881A	98 Chevrolet Tahoe	\$19,995
P6840C	97 Ford Mustang Cobra	\$16,995	P6827A	98 Chevrolet Tahoe	\$19,995
8650B	99 Ford F250	\$16,995	P6817	00 Jeep Grand Cherokee	\$21,995
9274B	96 Chevy Tahoe 4x4	\$17,995	8848A	98 GMC Suburban	\$23,995

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# Living memories: The digital age *Fathers must be example of God's love*

By Rocco Fortunato  
Contributing Writer

In previous articles, I talked about how wonderful it was to re-experience memories of my family's past through audio recordings. The sound of our parents' voices is a magic link to memories and feelings that could never be remembered through pictures. I wish I had interviewed my father-in-law just recently, before he passed away. My wife remembers many times when her father told stories about his experiences and the history of his family. She so wishes she had those stories... and the sound of his voice... now. Her sister even attempted to recount those stories into a tape recorder just to remember them before the details were fuzzy with age. But she soon found it just wasn't the same as her father's voice. The stories are there, but the twinkle in her father's eye just isn't.

Christmas holidays are perfect for capturing family stories, histories, voices and moments. Try it with your own family. A simple cassette machine is all you need. Ask family members to tell stories about their youth, ances-

try, or important life experiences. The cassette is like a snapshot camera that will record the memories.

For a more "portrait studio" quality interview, you can record in a recording studio. We document our families in picture portraits at professional studios. But have you ever considered a living memory in sound?

Audio cassette "snapshots" or professional audio "portraits" can be assembled by an audio professional to create a CD collection of family genealogy records that will never lose their accuracy from generation to generation.

I cannot get over how important it has been for me to have old recordings of my own family. This is the stuff "nostalgia" is made of! Not just remembering, but "being there again."

What a wonderful keepsake those tapes are. And they almost weren't. Those tapes were cracked, drying out and losing their oxide. They almost fell apart on the machine. Not only that, they were losing their sound over the years.

Analog tapes do that. Those old reel-to-reels and the tape that's still in use on our modern cassettes

deteriorates with age. Even when kept in a special air-conditioned, moisture proof, ozone proof vault, the sound gets worse with each passing year.

How lucky I was to get those old reels when I was working in a recording studio! I used the studio facilities to improve the lost sound, then transferred it to a new marvel of modern recording, Digital Audio.

If you've heard CDs, you know what Digital Audio sounds like. It's crystal clear and doesn't suffer from the same sound deterioration that analog tapes do. This makes Digital Audio a better archive medium than analog tape. Digital Audio can store sound longer, better, and safer (even in less space) than ever before.

Digital Audio seems like a miracle to most who first work with it. It's so clean and clear sounding. What most people notice first is the absence of all the "hiss" that we are accustomed to hearing on cassettes and reel-tapes. Try standing in the shower and listening to the stereo. Now turn off the shower. Suddenly you can hear the music better! That's what Digital Audio is like.

Digital Audio is unique: you can make copies that are as perfect as the original! You can't do that with analog tape. With analog, each copy is a little worse than the original until the material is completely buried in hiss. But the magic of digital includes the ability to make crystal clear, noiseless copies. Because of this, CD-R's are a great archive medium. They can be renewed. By copying an archive disk every 20 years or so, you end up with a brand new version that's as good as the one made originally. And copies are easy. A ten minute job done every other decade or so could preserve the material for literally centuries.

Not so with Analog! I spent hours trying to restore the sound on those old reel-to-reel tapes. They had more hiss than sound after all those years. But it was worth it. After transferring to Digital Audio they still hiss (nothing can completely get rid of those years of storage on analog tape), but they're much better than what I started out with.

I think if I had played those original reel tapes one more time, they would literally have fallen apart, never to be played again. The tapes broke many times during the clean-up effort. They were just too old!

If there had been Digital Audio in 1950, I could have heard clean, clear, noiseless sound, 50 years later!

If you make CD's for your family today, you can have a perfect record for your grandchildren's grandchildren.

Empowering Families  
By Dr. Donald Smith

"Mama, Jackie says that God doesn't love her; that nobody loves her, even her mom and dad. Mama, does God love me?" Six-year old Jennifer was asking a question that many children her age ponder.

"Did Jackie say that to you Jennifer?" Judy asked her daughter.

## Sprucey, the Blue Christmas Tree

The Old Quarry Society for the Performing Arts will present their annual Christmas gift to the community on Saturday, December 16, 2000 at 7:30 p.m. at Post Theatre on Fort Clark Springs. The play is titled "Sprucey, the Blue Christmas Tree" by Donna J. Abear. There will be no admission charged.

The Davidson family—mother, father and two children—live in a cardboard box near a Christmas tree lot. The homeless family is sadly looking forward to a bleak Christmas. But when the rest of the family is asleep on Christmas Eve, young Billi sets out to find a Christmas present for her little sister. She wanders into the Christmas tree lot, empty now except for a scraggly little blue spruce. No one would buy the pitiful little tree and take it home to decorate as a Christmas tree. But Santa does magical things for Sprucey, and when he and Billi get together...

"She told me that when I was at her house just now," Jennifer answered. "Jackie's mom and dad are real mean. They don't love anybody. Mama, does God love me?"

"Of course he does, Baby," Judy replied.

"How can I know that he does, Mama?"

"Do you remember the other day when you fell off the front

porch and skinned up your knees? You were scared and hurt, and you were crying hard. Daddy ran out of the house and picked you up. He held you tight and told you that everything would be all right. Then he told you how much he loved you. You quit crying and held him around his neck. Well Jennifer, God was loving you through your daddy's love."

"Does God love Daddy too?" Jennifer asked.

Yes, Sweetheart. Every time you get into your daddy's lap and look into his eyes and tell him that you love him, he knows that God loves him."

"Why?" Jennifer asked.

"Because he knows that you were God's gift to us and that God is loving him through you."

Children learn everything about life and love and God from their families. Judy took advantage of a teachable moment in Jennifer's experience with her friend Jackie. Research tells us that children's attitudes toward God are formed at a very early age and evolve from their relationships with their fathers. "Fathers, do not provoke your children to anger; but bring them up with the training and instruction of the Lord (Eph 6:4)."

This column is brought to you by the St. Henry deOsso Family Project working to strengthen families, faith and education in Brackettville.

Grand Opening  
**Rio Vista**  
Family Practice • Total OB Care • GYN Surgery  
**Dr. Lynn Buchanan**  
Family Practice  
Located on Fort Clark (old Fire Station)  
All Brackettville and surrounding area residents are welcome.  
December 20, 2000  
11:00 a.m. to 2:00 p.m.

**Lions Club Thrift Store**  
December 16  
Happy Holidays  
from the Thrift Store  
Last Minute Shopping this Saturday  
9 a.m. - 2 p.m.

**LAS MORAS MASONIC LODGE**  
meets the 2nd Tuesday, at 7:00 p.m.  
School of Instruction meets every  
Tuesday at 7:00 p.m.  
Visiting Brothers are Welcome

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## Tips for enhancing the holidays for elderly, disabled

(Denton) - The holiday season is a time for giving and sharing with others. Enhancing the enjoyment of the season for others is one of the most welcome gifts, which is especially true for the elderly and for persons with disabilities, says a Texas Woman's University professor.

JoAnn Newman, assistant clinical professor in the TWU School of Occupational Therapy, says when considering ways to make the holiday season more enjoyable for these persons, one should consider lifestyle and personality of the individual.

"We tend to set this age group apart," Newman says. "Elderly people are still people. They just

have reached milestones in their lives."

For persons living in a convalescent home, Newman suggests items that add a homey touch to a person's room, such as decorative pillows, framed pictures or a soft fleece throw.

"We should also think of anything that will enhance the person's ability to function," adds Newman.

## Start your own business

The well-known professional training course for individuals interested in starting their own business ventures is up and running on the Internet, it was announced by My Own Business, Inc.

Available at the website [www.myownbusiness.org](http://www.myownbusiness.org), the training course is presented absolutely free as a public service. There are no costs for materials, no registration fees and no offers designed to sell related items or services. The course is meant to give people access to one of the greatest opportunities in the free world; self-employment.

My Own Business course material has been tested, refined and in use since 1993 in a classroom format. Instant access via the Internet, however, will open the course to anyone, anywhere, at any time.

My Own Business is an eleven-session course that provides some of the basic do's and don'ts for enterprising and hopeful entrepre-

neurs. The site is media rich with audio interviews and an attractive business plan format which can be downloaded and completed in privacy. The course when completed will have led the student through the formulation of his or her unique business plan. The course also covers basic business skills including e-commerce, accounting and cash flow, borrowing money, buying a business or franchise and marketing.

The information available is balanced in its presentation of business procedures and practical examples, and respectful of various levels of expertise, a wide range of interests and limited time availability. The course lays the foundation for most any business venture. Graduates have started businesses from restaurants, to beauty shops, to computer services to child care centers.

To learn more visit the website, [www.myownbusiness.org](http://www.myownbusiness.org).

strophic event, those who remember it can also tell you where they were when they heard the news.

At 8:01 a.m. on December 7, 1941 the Japanese surprised our nation by attacking Pearl Harbor. Our Naval Fleet was struck a devastating blow and planes on runways were destroyed by bombs, torpedoes and by strafing; thousands of people were killed as a result. At the time of the attack, Powell was getting dressed and was planning to go to the mess hall to eat breakfast when one of the men scrambled down the ladder to his deck yelling, "The Japanese are bombing Pearl Harbor!"

General Quarters was sounded. "Enemy planes" were said to be in the middle of Pearl Harbor and where the Naval Base is located. He threw on his clothes and ran for his battle station, encountering men with flash burns from

the explosion when the torpedo struck the ship whom were to be quickly treated. When Powell got to his battle station, he could see the whole picture. His station was forward on the ship and high since it was the antiaircraft control station. The five-inch gun battery was controlled from this point.

A torpedo aimed at the SS Pennsylvania; the supply ship for the Pacific Fleet that was anchored at dry dock had struck the Helena. The Helena was in its berth. Powell explained that the torpedoes would travel about 45 feet under water, penetrate and then explode in the bowels of the ship. The Helena had to have a hole repaired that was so large that the ship had to be rebuilt and re-decked. Thirty-five men were killed in the explosion and six were later killed by gunshots during strafing.

Powell observed B 17s lined up on the runway at Hickam Field destroyed by strafing. He saw sea-planes burning. Once, he watched helplessly as dive-bombers released torpedoes that were aimed at the Pennsylvania. Two zipped past the Helena, one on either side, but missed it and exploded at the dock.

Funny things can happen in the worst situations, however. Rotarians laughed as he described the sides being blown off the concession stand on the dock near the Pennsylvania, and sailors converging on it in a matter of minutes, carrying off cases of cokes and bags of chips. He said it looked like a swarm of ants hauling off a treasure.

The attack lasted about two hours, but everyone was edgy for the rest of the day. Some planes sent in to Pearl from the Enterprise were shot down because they were mistaken for the enemy. Friendly fire causes casualties in every war, it seems.

Powell spoke of the unbelievable chaos during that day, but that was not in terms of the performance of the men on board. The attack occurred on a weekend and the officers were on shore at their homes with only young ensigns on board. However, the men were so well trained that they performed flawlessly. Three minutes after being hit, the ship was firing at the enemy.

Commander Powell has written a book about his career entitled, White Hat, Gold Braid, Marine Green. He covers the Pearl Harbor attack in detail. The book is on sale at Sutlers Store, and he will autograph it for anyone requesting it.

## Remembering Pearl Harbor

By Frances McMaster  
Contributing Writer

On December 7, the Rotary paid its own small tribute to a survivor of the attack on Pearl Harbor, retired Lieutenant Commander Tom Powell. Commander Powell is one of two survivors of the battle living at Fort Clark. The other is Robert Proctor. Powell was serving aboard a light cruiser, S. S. Helena, at the time of the attack, and Proctor was in the Marine Barracks.

Retired Colonel Frank Cheaney, Rotary Program Chairman for December introduced Commander Powell, pointing out that the veteran has been active at the Fort and is well known here. Powell is a past president of the Retired Officers Association and has served on the Fort Clark Association Board of Directors.

Some members attending the Rotary meeting were young enough to have been told about the Pearl Harbor attack by parents or in school. However, others remember that actual "Day in Infamy" (as Franklin Roosevelt so accurately called it). As with any cata-

strophic event, those who remember it can also tell you where they were when they heard the news. At 8:01 a.m. on December 7, 1941 the Japanese surprised our nation by attacking Pearl Harbor. Our Naval Fleet was struck a devastating blow and planes on runways were destroyed by bombs, torpedoes and by strafing; thousands of people were killed as a result. At the time of the attack, Powell was getting dressed and was planning to go to the mess hall to eat breakfast when one of the men scrambled down the ladder to his deck yelling, "The Japanese are bombing Pearl Harbor!"

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- Warm, soft clothing such as fleece shirts, knit caps and house slippers
- Large-print books and magazines
- Hand lotions
- A supply of instant spiced teas and mug
- A basket filled with large-sheet stationery, envelopes, pens and a roll of stamps
- A cordless telephone
- Books on tape and other audio tapes

# Tiger Football honors released Christmas program and food donation success

*Making A Difference*  
By Taylor Stephenson

We'll have a more detailed story later in the Spring.

The School Board was happy to see that action has begun on the Rodeo Arena grounds. The lease was extended to the 4-H Horse Club because of the progress that has been made in cleaning up the facility. This is the second year of the lease, and we're all delighted here that the facility will be put to use.

Lynn McNew now teaches a class of Junior High Chorus at BISD. This year, we offer chorus at every school with Judy Burks efforts at Elementary & Michael Hall's high school chorus. The school board and administration are pleased that students are taking more interest in the arts. The two elementary school programs have been outstanding. Monday night, the Board authorized the purchase of 50 new band uniforms. Jason and Nicole Guidry are doing a great job with the instrumental music program in Brackettville.

Take the time to come to the Community Unity celebration Sunday night. The City has done

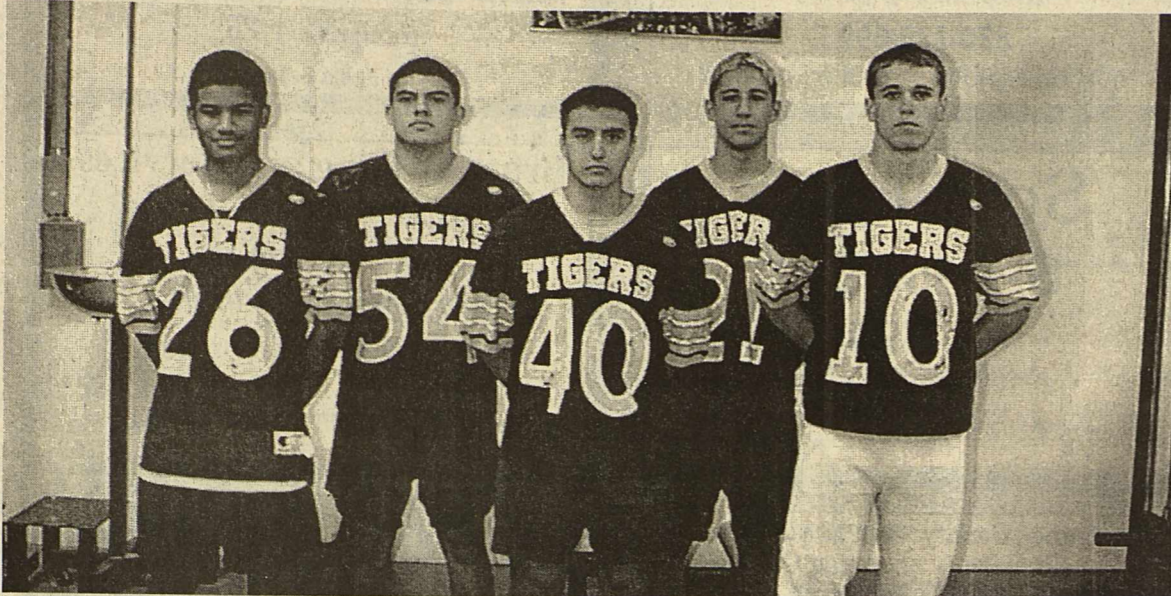
a great job decorating and the holiday spirit is apparent. This is one of the nicest community celebrations that I have experienced. The children are there with Santa along with Carols from Choirs and refreshments from volunteers and city employees. Very nice.

I'm pleased to see the beautiful Christmas tree again decorated in front of the Court House. There are beautiful lights and sights all over Brackettville that include the living Nativity this weekend at Fort Clark's Adult Center. Folks seem to be making an effort to warm up the city. Let's not forget that the birth of a child is the reason for this Christmas season. The churches of Brackettville need your support. Find time for them this holiday season.

The High School student council collected 900 cans of food for the Lions and for the community food baskets. Children at all schools contributed. I'm pleased that our students once again proved that BISD is a Place Where Winners Go! Have a great week!



Defense 2nd team honors - from left, Carlos Gomez, Javier DeLeon, Doug Sanchez, Lee Davis



Defense 1st team honors: Jesse Hildago, Miguel Hernandez, JJ Rivas, Manuel Madrid, Jared Hobbs

By Kaylia Thomas  
Contributing Writer

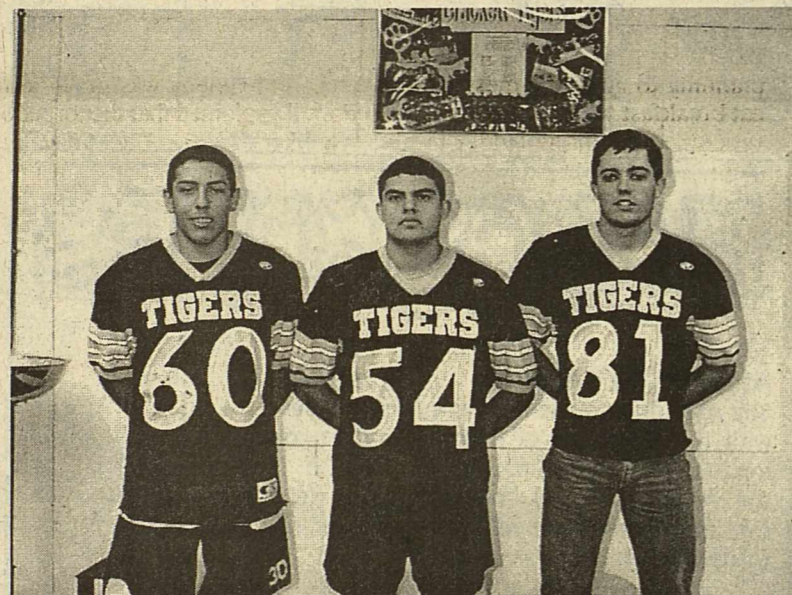
The District 30-AA All District Football Honors were announced and the Brackett Tiger Football Team was proud to have many of its team members receive awards. Jesse Hidalgo shares the title of Offensive MVP with the Poth quarterback and Jared Hobbs received Newcomer of the Year for the district.

First Team Offense Honors in-

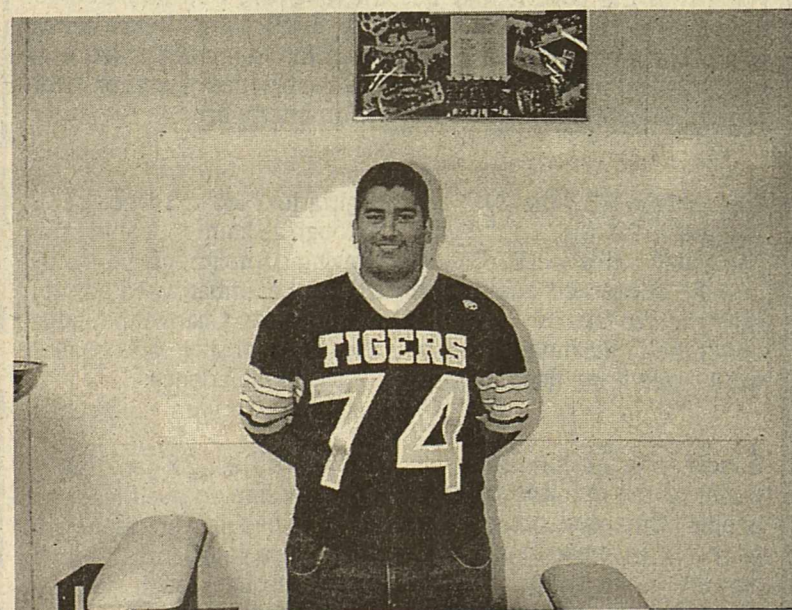
clude: Miguel Hernandez and Carlos Gomez for Offensive Line, Sam Hunt, Tight End, and John Wylie, Wide Receiver. A few other offense honors went out to David Lopez, 2nd Team Offense, and Dustin Slubar, Honorable Mention Offense. On Defense, 1st Team Honors include: J.J. Rivas and Miguel Hernandez for Defensive Line, Manuel Madrid, Outside Linebacker, Jesse Hidalgo, Inside Linebacker, and Jared Hobbs, Secondary. Brackett also received a

handful of 2nd Team Honors for Defense, they are: Javier DeLeon, Defensive Line, Carlos Gomez, Defensive End, John Wylie, Outside Linebacker, Doug Sanchez, Inside Linebacker, and Lee Davis, Secondary. Congratulations to the Tigers on a great season and their numerous honors.

The HOBY award is a prestigious one. I'm talking about the Hugh O'Brian Youth Leadership Award. Selected as Ambassador to HOBY from Brackett High School was Jesse Davis, son of Marvin & Theresa Davis. This is a prestigious award that colleges look for in their admissions review of student applicants. HOBY stresses community leadership and service. There is a Web site for those interested in knowing more about, search for Hugh O'Brian. Some of the past recipients that I am aware of are Chris Petrosky and Susannah Davis. Brian Townsend (Class of 96) whose picture was in last weeks paper was a HOBY representative. Congratulations.



Offense 1st team honors went to Carlos Gomez, Miguel Hernandez, Sam Hunt, not pictured John Wylie



Offense 2nd team honors went to David Lopez

## Highest oil and gas royalties for school fund in a decade

Austin - Texas Land Commissioner David Dewhurst announced more than \$137 million in oil and gas royalties - the most in 10 years - was earned by the Texas General Land Office for the Permanent School Fund (PSF) in fiscal year 2000. "The Permanent School Fund is a major revenue source for Texas schoolchildren, and I'm committed to earning more money for our schoolchildren through the state lands I oversee." Dewhurst said royalties earned from oil and gas produced on state lands are dedicated to the PSF. The PSF has approximately \$22 billion in as-

sets. Dewhurst said that in addition to the oil and gas royalties earned each year for the PSF and our schoolchildren by the Land Office, a provision of a new law passed in 1999 (S.B. 7), makes the Land Office, in essence, the pilot program for electric deregulation. This will result in up to 30 percent more money earned off our state lands for the Available School Fund, which is distributed annually to independent school districts on a per capita basis. "I want everyone to have the same or better opportunities I had growing up," Dewhurst said.

### Brackett ISD Activity Calendar

**Thursday, December 14**

9:00 AM - 11:00 AM Theater Arts Performance, Elementary  
1:00 PM - 2:30 PM Christmas Program 5-8th Gr., Auditorium  
Bsktbl JH 7B/8B Del Rio (T)- Cody 5,6 PM Bsktbl VG/VB  
LaPryor Tourn. (T) TBA

**Monday, December 18**

Semester Exams, HS

**Tuesday, December 19**

End of Third 6 Wks. Semester Exams, HS

**Wednesday, December 20**

Payday! Work Day/Student Holiday

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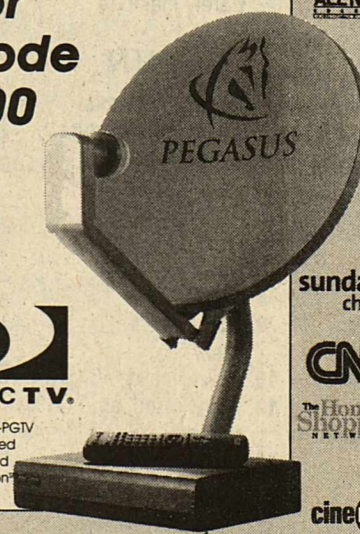
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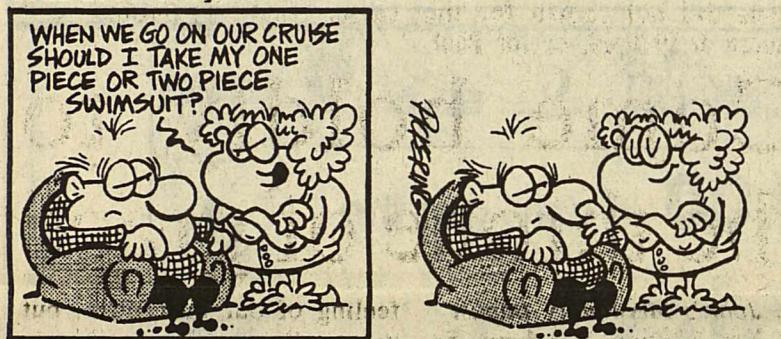
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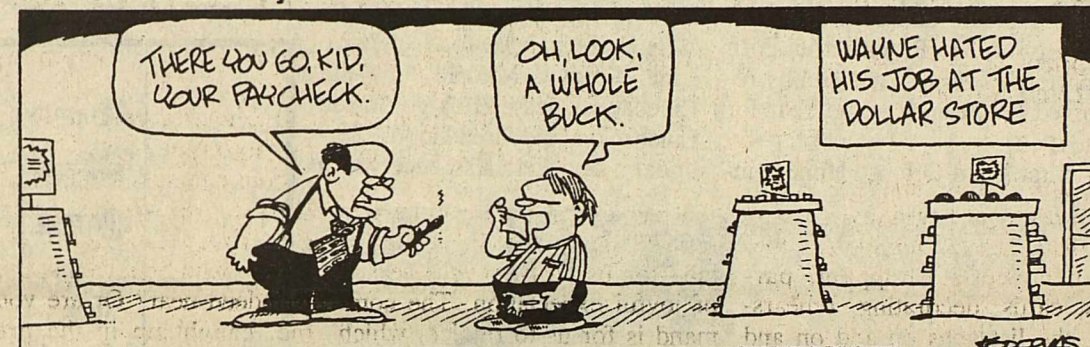
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**ACROSS**

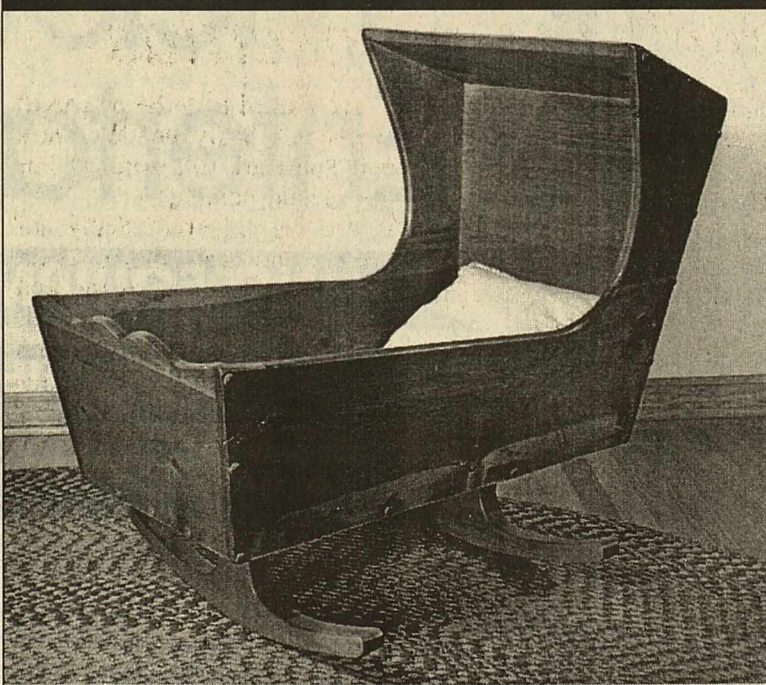
- 1. Impressed sound
- 4. Melville skipper
- 8. Month in printemps
- 11. Solid
- 13. Boorish
- 14. Campus bldg.
- 15. Grapes of Wrath figure
- 16. Actress Lavin
- 17. Frisk about
- 18. Pickled
- 20. Unfluctuating
- 22. TV's Adams
- 23. Toward the bottom
- 24. Ditch
- 27. Back down on a promise
- 30. The \_\_\_ Scott Decision
- 31. Rings of light
- 33. Fall shade
- 35. Slippery as an \_\_\_
- 36. Detroit gp.
- 37. Brayer on the farm
- 38. Aert van der \_\_\_
- 40. Johnny of a Shelley Fabares hit
- 42. Make ready, for short
- 43. Artist Gilbert
- 45. Bowie and Ben-Gurion

**DOWN**

- 1. Personal pronoun
- 2. Acorns of the future
- 3. Legal order
- 4. Barren
- 5. Attila's kind
- 6. Sums
- 7. The Fab Four
- 8. Humor
- 9. You're in the \_\_\_ Now
- 10. Playful child
- 12. Transferred, as property
- 13. Hold tightly
- 14. Bureau part
- 19. Conquered

- 21. Long, long period
- 24. What Clint talked to in *Paint Your Wagon*
- 25. Sublease
- 26. Frequent
- 27. Tooled in the tireme
- 28. Basketball position
- 29. Road curves
- 30. Scout pack
- 32. Drop behind
- 34. Small amt.
- 39. Most impolite
- 40. Asian nation
- 41. Stereotypes
- 42. Pockmarked
- 44. Fine and dandy, in space
- 46. By way of
- 49. Leonine sound
- 50. *Jane* \_\_\_ (Brontë novel)
- 51. Units for Seurat
- 52. Rope fiber
- 53. \_\_\_ on the Warpath
- 54. Like a dungeon
- 55. \_\_\_-by-four
- 57. Actress Benaderet
- 59. Izzy's prohibition-agent partner

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**HAPPY BIRTHDAY**

Dec. 14.....John Flores	Dec. 17.....Gracie Mata
Dec. 14.....Felix Gonzales	Dec. 17.....Lorraine Osborne
Dec. 15.....Teodoro Avila	Dec. 17.....Diane Wilson
Dec. 15.....Rickie Espinosa	Dec. 18.....Carol Benefield
Dec. 15.....Ethel Hawkins	Dec. 18.....Darla Fuller
Dec. 15.....Mary Sandoval	Dec. 18.....Wayne Meyer
Dec. 15.....Plunker Sheedy	Dec. 18.....Joe Sandoval
Dec. 16.....Mary Allen	Dec. 18.....Jessica Taylor
Dec. 16.....Jodi Ann Cowan	Dec. 19.....Charles Endris
Dec. 16.....Allen Kreiger, Jr.	Dec. 19.....Lois Endris
Dec. 16.....Greg Sandoval	Dec. 19.....Enemencia Starzel
Dec. 16.....Laura Tovar	Dec. 19.....Roger Workman
Dec. 17.....Josie Aguirre	Dec. 20.....Jean Hood
Dec. 17.....Amber Carrow	Dec. 20.....Juan Reyes
Dec. 17.....Josefina Estrada	Dec. 20.....Darlene Shahan
Dec. 17.....Jack Frerich	Dec. 20.....Julia Terrazas

**HOROSCOPES**

**Aries March 21-April 20**  
 You may find yourself obsessed with the possibility of losing a long-term relationship. Accept the change graciously. Your passion for what is right will eventually win out.

**Libra Sept. 23-Oct. 23**  
 Try to set aside differences with a close friend-the friendship will flourish. Change is difficult for you. Remain persistent. Good things are worth fighting for.

**Taurus April 21-May 21**  
 You may find yourself bored by going with the flow. It may be time for you to step up and out of a social group. You have the swift intellect needed to solve a puzzling situation.

**Scorpio Oct. 24-Nov. 22**  
 A cool attitude toward close friends may cost you dearly in the long run. Don't try to organize everything. Leave some room for spontaneity. You may find the practice of yoga or meditation intriguing.

**Gemini May 22-June 21**  
 Approach life with confidence, particularly this week. Others may be concerned about your willingness to take risks. Don't be concerned. Pushing ahead at work could bring financial gain.

**Sagittarius Nov. 23-Dec. 21**  
 A tough assignment could bring glowing compliments your way. Do not be embarrassed about a past mistake. Change that negative into a positive and chalk it up to life experience.

**Cancer June 22-July 22**  
 Listen to the opinions of other people when evaluating a new project. Plan ahead to avoid settling into a dull routine. You may find a treasure in an unexpected place.

**Capricorn Dec. 22-Jan. 20**  
 You may find yourself leading a group of people who resent your talent. Use your sense of humor to get through tough times. A gift that got lost in the mail could arrive when you least expect it.

**Leo July 23-August 23**  
 Learn to take conflict in stride. You may be called on to mediate a tough situation. Remaining objective could be easier than expected. Allow yourself time to play at the end of the week.

**Aquarius Jan. 21-Feb. 18**  
 A family member's health problem may be weighing heavily on your mind. Remain optimistic. Put an emphasis on safety at home. Exercise caution when talking to a stranger.

**Virgo August 24-Sept. 22**  
 You may find yourself angered by a family member's lack of integrity. Don't feel obligated to bail him/her out of a tough situation. A new business venture could have great rewards.

**Pisces Feb. 19-March 20**  
 Don't let a young, fast-talking person push your limits. Try to remain calm and mature. Holiday preparations may overwhelm you. Start a tradition of buying a holiday gift for yourself.

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Obituaries.....

**Deretha V. (Wonsch) Davidson** was born on May 17, 1919, in Antlers, Oklahoma, and died on December 5, 2000, in San Antonio, Tx. Preceded in death by husband John W. Davidson. She was a resident of Ft. Clark Springs since 1972. Survived by son John C. Davidson, wife Renee of Round Rock, Tx., daughter Linda Jackson, husband Bob of Fort Clark Springs. Grandchildren, Kevan and Kyle Davidson Round Rock, Tx., Robert Jackson, wife Darcy, Omaha, Ne., and Kathy Wilson, husband Wesley Ft. Clark Springs. Great grandchildren, Robert, Stevie, and Kelly.

**Roger John Berset, Sr.**, passed away on December 3, 2000, in Clear Lake, Texas, at the age of 84. Roger was born on September 21, 1916, in Osakis, Minnesota to Harry and Frances Berset. He was preceded in death by his wife Katheryn. Roger is survived by his daughters: Ann and Jerry Beachum of Lubbock, Texas, Karen Samford of Friendswood, Texas, Kathy and Bob Crane of Corpus Christi, Texas, and Mary Lynn and Louis Griffith of Lubbock, Texas; his sons: Roger J. Berset, Jr. and Sandy of Lubbock, Texas, H. Matthew Berset of Dallas, Texas, Dana Berset of Webster, Texas, and Mark and Jill Berset also of Lubbock, Texas; 20 grandchildren, and 27 great-grandchildren. A rosary was held at 8:00 p.m. on Friday, December 8, 2000, at St. Pius The Teneth Catholic

Church. A memorial mass took place at 9:30 a.m. on Saturday, December 9, 2000, also at St. Pius Teneth Catholic Church, 3303 Urban Crest, San Antonio, Texas, with Father Bob Silverman officiating. Interment was held at Roselawn Cemetery in McAllen, Texas. In lieu of flowers, you may send memorials to a charity of your choice.

**Mrs. Loraine Watson** was born on January 17, 1929, to Laverne and Surrelda Warfield. She married Jim Watson on July 5, 1968, at Reno, Nevada. He died in May of 1993. Mrs. Watson was a long-time resident of Canadian, Texas. She had moved to Lubbock in December 1996, from Brackettville, Texas. Mrs. Watson had worked as a dietician at the Abraham Memorial Home and was employed by Reed Hill on the Big Bull Ranch for several years. She was preceded in death by a brother, Dan Warfield on October 27, 1997. Survivors are daughters Lou House of Angel Fire, New Mexico, and Lucky Goodwin of Canadian. Son, Dan Doak of Wrangle, Alaska, and one step son, Jim Watson of Blanchard, Oklahoma. Sisters; Joy Horton of Terrebone, Oregon, Vera Rose of St. Mary's, Idaho, Arlene Clark of McCall, Idaho, Mary Granger of Shady Cove, Oregon, and brother Lyle Pope of Prospect, Oregon. She is also survivee by 13 grandchildren and 6 great grandchildren. Chapel services were at 3:00 p.m., Tuesday, December 12,

2000, at the Stickley-Hill Chapel with Roger Smelser, minister of the First Christian Church of Canadian, officiating. Burial followed at Edith Ford Memorial Cemetery under direction of Stickley-Hill Funeral Directors.

**Maria R. Sandoval**, age 89, passed away December 1, 2000, in Uvalde, Texas. She was born March 10, 1911, in Eagle Pass, Texas. She was a long time resident of Brackettville. She is survived by the following daughters: Zulema Wilson of Brackettville, Maria Elena Ortega of Brackettville, Mary Rose (Bonnie) Beloz and husband Cruz of Del Rio, TX. Sons: Julian O. Sandoval of San Antonio, TX, Faustino R. (Lingo) Sandoval Jr. of Brackettville. Brother: Rodolfo Rodriguez of Brackettville. Sisters: Aurora Davalos of Port Arthur, TX, Maggie San Miguel of California, Nancy Rodriguez of Brackettville, Hortencia Castro of Brackettville. Grandchildren are Cmd. Ronald Sandoval wife Blanca of San Diego, Ca., Lt. Tom Sandoval wife Marie of San Diego, Ca., Eddie Joe Sandoval of San Antonio, TX, David R. Wilson of Dallas, TX, Steve Wilson and wife Stephanie of San Antonio, TX, Virginia Reyes and husband Adolfo of Brackettville, and Trajie Beloz of Del Rio, TX. She is also survived by 4 great grandsons and 3 great granddaughters. Burial was Monday Dec. 4, at Kinney County Cemetery.

Gateway Ministries  
By Charolette Corey

The candy cane is a symbol of faith, hope and love. Our faith is placed in the Good Shepherd, Jesus Christ, as our Savior, our Lord, and our King. As his sheep, he watches over us and uses the crook of the cane or staff to pull us away from danger, this being done by the power of His Holy Spirit who quickens our spirits and lets us know when we have done wrong. On occasion the Good Shepherd has to use his rod (the straight portion) on his sheep such as when he finds them "butting heads" and causing problems around them. The Good Shepherd may give them a "pop" on the nose to get their attention. How many times has your own wrong choices caused God to have to get your attention back on him? Our hope is symbolized by the white on the candy cane. The pure and holy character of God is shown by the perfect life led by Jesus Christ, his only begotten son. God calls us to live pure and holy even as he is pure and holy. Because Jesus is resurrected and lives in our hearts, and He is the author and finisher of our faith, we have the hope of eternal life with him. The red of the candy cane is symbolic of the blood of Jesus. Yes, he was born in a stable, first visited by humble shepherds. Yet, he is the Lamb of God who shed his blood on

the cross for all the sins of the world. That means yours and mine. This same blood and the power of the name of Jesus gives believers power over sickness, sin, and death.

The most important birth of Jesus was his last birth, the first born from the dead at his resurrection which gives those who believe in him the power of his

love. Greater love hath no man than to lay down his life for another. The Good Shepherd, Jesus Christ, has laid down his life for you. The Good Shepherd calls his sheep by name to come to him. He is calling you now. Won't you accept him as your Good Shepherd? Stand in faith, rest in hope, walk in love.

Jesus is always close to us

First United Methodist Church  
By Rev. Ken F. Sellers, Jr.

"The Lord is near." (Philippians 4:5b) Yes, the Lord is near!

There are probably lots of interpretations of Paul's statement which I just repeated, but the one I like best is that God (Jesus, the Holy Spirit) is always close by. I expect that you and I are alike in that we sometimes have feelings of isolation even in the midst of a large crowd. There is a great comfort in knowing that there is always someone who loves us who is near enough at all times to ease our loneliness. I give thanks to God for helping me through those times, for being an everpresent friend.

Having shared that, I would like to share another understanding of Paul's statement which has also begun to enrich my life. David Maulding in The Abingdon Preaching Annual 2000 Edition suggests that we ought to consider Paul's words in the light that Paul probably thought that Jesus' return was eminent, even in Paul's lifetime. Today we know of course that Jesus did not return for the church at Philippi, or for Paul.

Maulding suggests we see another side of God through this simple scripture. Not only is God present to us at all times, but is "near" as well in the sense of continuing the perfection of the kingdom to which we will be called one day. Now that offers hope in many ways, doesn't it?

If God isn't finished yet, then there is hope for all of us who have fallen from grace so often and yet still want to grow as Christians and neighbors. If God isn't finished yet, then the terrible plights of this world - drugs, violence, self-centeredness, oppression, etc. - will yet be overcome, and maybe, just maybe, we will be around to savor the new world that leaves behind. If God isn't finished yet, then it stands to reason that neither are we. We have callings that remain to be followed. We have work of the kingdom yet undone. We have family, friends, neighbors, and acquaintances who still need us to show them what it means to be a child of God.

Join us at First United Methodist Sunday at 10:45 am as we listen for God's claim on us because, "God isn't finished yet."

Be filled with joy this Christmas season

St. Mary Magdalene  
By Lynn McNew

I don't know about you, but the season is beginning to take on that "hectic" feeling for me. With concerts, shopping, parties, cards, decorating, rehearsals, the list goes on and on and time gets shorter and shorter. The other day, I found myself asking, "Is it all worth it?" I seem to be losing the good Christmas "feeling." Instead I am rushing from one thing to the other and forgetting what the season is all about.

Last year when I was unable to do all these things, I had time to listen to good music, watch some really good television (there is some, if you search for

it!) and read some really good books. I took time to think about what Christmas really means to me. That is what I need to take time to do today.

That is what I believe the season of Advent is trying to do for me—for us. Advent is a season of joyful expectation. The command is for us to rejoice, which is why the third Sunday of Advent is traditionally called "Gaudete Sunday," which literally means "rejoice."

Christians are called to be filled with joy because, as St. Paul tells us, "the Lord is near." In chapter 3 of Luke's gospel the crowd is filled with expectation, after listening to John the Baptist's fiery preaching. They even wondered if John was the Christ. This is the kind of joyful

expectation to which we are called.

Look around you as you go through your day. Are there people who exude Christian joy? Despite the troubles that life sometimes deals, do you see people who believe that the Lord is indeed near? Or are you, like me, caught up in the preparations and forgetting the celebration?

It's time to wake up and smell the poinsettias

Frontier Baptist Church  
By Dave Crowe

God announced to the world, some 700 years before the birth of our lord and savior, thru his prophets Isaiah (9: 2-7 and again 40: 1-11) and Micah (5: 1-8). Again some 600 years before his coming thru Jeremiah (23: 1-6 and 33: 14 -16) and again a hundred years later, around 500 years B.C. thru the prophet and priest Zechariah.

God wanted the world to know that he would be sending his only begotten son to save the world, from it's self.

Lord, remind me to be joyful as I go through my days, remind me to take time to enjoy the meaning of the season, remind me that I am waiting, with expectant heart, for the coming of the Lord.

You are welcome to worship with us anytime at St. Mary Magdalene Catholic Church. God Bless You!

We wanted us to be prepared! Were we? Sadly no! We were not! Some are still waiting? For the second coming.

Are we prepared? Sadly no! We are not! Well, maybe 20-25 percent of we Americans and even less in the rest of the world. God, thru St. John (Revelation) gave it to us nearly 2,000 years ago. He gave it to us in living color with all the special effects.

Come on people, wake up and smell the poinsettias.

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Come boldly to the throne of grace

St. John's Missionary Baptist  
By Rev. William P. Adams, Sr.

Then, when Mary was come where Jesus was, and saw him, she fell down at his feet, saying unto him, Lord, if thou hadst been here, my brother had not died. When Jesus, therefore, saw her weeping, and the Jews also weeping who came with her, he groaned in the spirit, and was troubled,

And said, where have ye laid him? They said unto him, Lord come and see.

JESUS wept.

Then said the Jews, behold how he loved him!

St. John 11: 32-36

Seeing, then, that we have a great high priest, that is passed into the heavens, Jesus, the son of God, let us hold fast our profession.

For we have not a high priest who cannot be touched with the

feeling of our infirmities, but was in all points tempted like as we are, yet without sin.

Let us, therefore, come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.

Hebrews 4: 14-16

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- My sleep patterns have changed, and I now sleep too much, or not enough.
- I am tired all the time and have no energy.
- I can't concentrate, remember things, or make decisions.
- My friends have noticed that I am restless or that my activity has decreased.
- I often think about death, or have even tried to commit suicide.

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Sunday A.M., 9:30 Classes - 10:30 Worship  
Sunday P.M. 1:30  
Wednesday P.M. 6:30 Classes  
Minister: Ray Melton

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Corner of Ann and Veltman

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Bible study for all ages 9:45 a.m.  
Worship Service - Childrens Church 11 a.m.  
nursery provided  
Choir all ages 4:30 p.m.  
Adult/Youth/Children Discipleship  
Training 6 p.m.  
Evening Service 7 p.m.  
Wednesdays 7 p.m.  
Bible Study/Prayer Meeting

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church office at 563-2245  
Pastor: R. D. Holloway

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**Promises, promises: Resolve to be realistic**

(Denton) - After the holiday leftovers are gone, family members have returned to their homes and the beginning of a new year looms large, the rush to make resolutions begins.

But making those New Year's resolutions should include realistic expectations and a plan that helps people reach their goals.

Most people make resolutions because they want to change something about themselves that they don't like, believes Dr. Don Rosen, director of the Counseling Center at Texas Woman's University.

"Any time is a good time for a person to make changes in his or her life. The new year often is convenient and makes a good starting point," says Rosen. "But making those resolutions and keeping them is one of the most difficult tasks for anyone to manage at the beginning of the new year. People also don't tend to think out their resolutions very well; instead, they tend to make impulsive decisions and rash goals. More than 60 percent of all resolutions are abandoned in the first quarter of the new year."

Resolutions also are difficult to keep if they are unrealistic.

"People often expect instantaneous results. Change does not happen in a week, but in small increments over a period of time. Many folks don't realize this," explains Rosen. And keeping reso-

lutions also is difficult because people fail to plan steps to help themselves achieve their goals successfully.

"Planning a process to achieve the resolution is critical," adds the TWU psychologist.

Rosen suggests that resolution-makers follow these steps:

- Assess yourself. Look at your skills and use them to establish steps toward setting goals.
- Select resolutions based on small increments of achievement - have subgoals within goals.
- Keep a daily or weekly ledger or diary of your progress to help monitor behavior.
- Make a written contract with yourself, specifying the details of your steps.
- Reward yourself, but not excessively, with material items. Graciously accept and enjoy compliments and positive feedback from peers.
- Be patient with yourself. Often, people are their own worst critics.
- If you revert to your old habits and don't reach your goal:
  - Admit and analyze your mistakes, and continue with the steps. Don't be overwhelmed by small setbacks.
  - Seek help from others or those who are trying to accomplish the same thing.
  - Join a support group or enlist the help of friends.

**Answer to Crossword**

WOW AHAB MAI  
HARD CRUDE DORM  
OKIE LINDA ROMP  
STEWED STEADY  
DON LOW  
TRENCH RENEGE  
DRED HALOS RUST  
EEL UAW ASS  
NEER ANGEL PREP  
STUART DAVIDS  
DOM BIT  
REEKED HEATED  
TOY NOBEL EDAM  
WART ITEMS DIINO  
ORL ASAP EKE