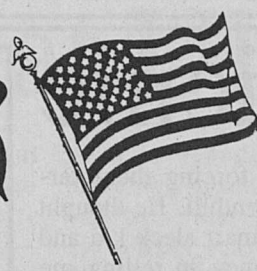


The Brackett News



**Varisty Tigers
play Pettus
Friday at 7:30**

13th year, No. 37

Serving the communities of Brackettville, Fort Clark Springs, Spofford and Kinney County

1 Section, 8 Pages

Students participate in nation wide Pledge Dalton, Pineda and Sanchez receive rank of Eagle Scout



Pictured is Brackett ISD Students, Kindergarten through 12th grade and faculty saying the Pledge of Allegiance. Brackett News Photo by Aundrah Hill

Last Friday Brackett Independent School District students, faculty and local citizens participated in the Pledge of Allegiance.

All students from kindergarten through 12th grade were present.

The event, supported and organized by U.S. Education Secretary Rod Paige, was held at 1 p.m. CDT.

An annual Pledge Across America, started by retired

teacher Paula Burton, has been held for the past decade with little participation.

BISD was notified via email from Texas Education Association of the event and encouraged to participate.

Last Saturday Carl Dalton, Jose Pineda, and Douglas Sanchez were examined by an Eagle Scout Board of Review. The board found all three scouts worthy of the rank of Eagle Scout.

In honor of this achievement an Eagle Scout Court of Honor was held October 13, at 5:00 p.m. at the Golf Club on Fort Clark Springs.

After completing the require-

ments, Dalton, Pineda and Sanchez were awarded the rank of Eagle Scout. Troop 257 has been active about 6 years and is sponsored by the Brackettville Lion's Club.



Pictured from left: Eagle Scouts Douglas Sanchez, Jose Pineda, and Carl Dalton. Brackett News Photo by Jewel Robinson

Briefs ... Ground Water

The Kinney County Ground Water Conservation District, will have a meeting at 6:00 p.m. on Monday October 22, at the Kinney County District Courtroom.

Amendment Election

Early Voting for the Constitutional Amendment Election will begin in the Kinney Co. Clerk's office Monday 22, 2001 through Nov. 2, 2001.

Sample ballots are available in the Clerk's office.

Pre-season Sight-In!

The Fort Clark Gun Club is having an open range sight-in on Saturday, October 27th from 2:00 to 5:00 PM and again on Sunday, October 28th from 1:00 to 4:00 PM.

Non-club members will be able to sight in their hunting rifles for a minimal fee. Club members will assist. The range is located on the right about 3/4 of a mile off Highway 90 on FM 3348, heading toward the Seminole Cemetery. If you have questions, call Jim Miller.

Predator calling tournament "Save our Students" Award Winners



Left to right (standing) Tony Frerich, Predator Judge, Charlie Causey, Richard Causey, Si Causey, David Mann, and Stan Conoly Predator Judge. Left to right (kneeling) John Paul Schuster and Jimmy Ballew.

The First Kinney County Predator Game Calling Tournament was a big success. All the Participants enjoyed the competition and they are looking forward to the next predator-calling tournament where their hunting stories are sure to grow even wilder.

The Kinney County Wildlife Damage Management Association sponsored the event with the entry fees going back as cash prizes. The Association plans to have another tournament in February of 2002.

1st Team : Charlie Causey, Si Causey, and Richard Causey with 65 points.

2nd Team: Jimmy Ballew, John Paul Schuster, and Ronnie Hobbs with 50 points.

3rd Team: David Mann, Peter David Perez Jr., and Jose Perez, Jr.

The WM. Mendeke Save Our Students Scholarship awarded the following students this year.

All eligible students who will begin Jr. High and High School next year wrote an essay for the Mendeke Scholarship Fund. Each student explained how important it is to remain drug free and alcohol free. Also included in the essay was why the scholarship was important to them and how they intended to use it.

The eligibility requirements were good grades and good conduct on and off campus.

There were 15 eligible students who applied. "Congratulations to all, all students were very impressive," says Constable Cordilla Mendeke. Each student will get the scholarship upon graduation of the 12th grade, providing that the students grades remain good and their conduct be of an appropriate level.

Next years Freshman winners are pictured from left, Kristen Meyer \$100, Oscar Sierra III \$100 and Clarissa Aguirre \$500. See photo of 7th grade winners on page 7



Next years Freshman winners are pictured from left, Kristen Meyer \$100, Oscar Sierra III \$100 and Clarissa Aguirre \$500. See photo of 7th grade winners on page 7

Corina Muniz speaks about Alamo Saddlery

Brackettville Rotary Club By Frances McMaster

Lynn McCarson is serving as program chairman for the Brackettville Rotary Club for October. She is a relatively new member, but she has come up with programs in keeping with the high interest level that is characteristic of Rotary's presentations.

The first Rotary Club was formed to put business and professional people in touch with one another, so it was particularly fitting that the speaker was a representative of a business in Brackettville. Corina Muniz of Alamo Saddlery came bringing with her a beautiful trophy saddle and the accessories to go with it. The story of this business, which is only 6 years old and growing rapidly, is an inspiration to everyone who hears it.

Roy Martin is the person whose expertise in the saddle business is responsible for the high quality of the product, and Hadley Wardlaw and his daughter Leisha Ashley, are the insightful people who started and own the business.

Martin had been working in Del Rio for another saddle company and had decided to quit and return to his former residence in Georgia. Literally hours before he left town, he and

Wardlaw met and formed the company on the strength of a handshake.

Martin and his wife and son moved into a small room at Alamo Village, which served as the first location of the business. Martin went to Acuna and hired Mexican workers, rented a building, and started producing saddles for some wholesale customers who were Martin's. Leisha Ashley ran the business out of her father's office at that time and was responsible for getting the business on the Internet.

Soon, the business had grown and expanded to 30 workers. The main office was moved to space rented in Brackettville behind Davis Hardware. They now have 4 people working in their telemarketing department. Computer research pulls out the names of stores that handle such products, and a list is printed up and given to the telemarketers who contact them and introduce them to Alamo Saddlery.

All the material used in production is shipped from the United States. Once a week, the material is taken over to Mexico and finished saddles are brought back.

Alamo Saddlery now has a base of 2,000 wholesale customers, some international. Its name is now ranked among the top producers in the industry. Its

success is due to Martin's ability and the economical price of the saddles because they are assembled across the border.

Alamo's saddles are hand tooled, which is more impressive than those stamped out by machines. Muniz remarked that many of the tool workers are women, some of whom work at home.

Martin has 30 years experience in the field, and he trains his own workers. He prefers people that have not worked at the job previously so that they will learn to do it "his way".

Cutters cut the leather from patterns. Trees form the base of the saddle, and leather is wrapped around them. Most trees are wood and the saddles are heavy. Some are made for women of a very durable form of plastic to keep them light.

The company makes show saddles, trophy saddles, and working saddles. Each customer is given what he or she wants in the order.

It takes about 2 weeks to make a saddle and they manufacture about 40 a week. UPS and Fed Ex do shipping. If time is short, the saddle can be sent by bus.

Trade shows have brought the company many new customers. It is there that new hardware is introduced, and Ashley

Continued on Page 7

National 4-H Week



4-H member from left standing: Duquesa Hunt, Tameika Simmons, and Jacquelyn Conoly. From left kneeling: Bianca Stewart, Daphne Hunt, Victoria Resendez, and Stanford Conoly.

The Kinney County 4-H club observed National 4-H Week from October 7-12. Local 4-H members gathered their awards and completed projects to help decorate the display window at Davis Hardware. The Foods and Nutrition group along with other 4-H members provided snacks and goodies to the school faculty throughout the week.

A major aim of National 4-H Week is to bring about awareness to the public the opportunities available for youth

through 4-H. We would like to encourage more youth to take advantage of 4-H opportunities as well as adults to volunteer as 4-H leaders to expand club activities for our youth. Our local 4-H club depends greatly on volunteers, parents, Friends of 4-H, partners, and donors and we would like to express our appreciation to them for their continued support. Special thanks to Mr. Zack Davis for allowing the 4-H club the use of his display widow at Davis Hardware.

Poetry Contest

Good news for sincere poets! The Bards of Burbank are offering a \$1,000 grand prize in their current open poetry contest, free to everyone.

The deadline for entering is November 10, 2001. To enter, send one poem 21 lines or less: Free Poetry Contest, PMB250, 2219 W Olive Ave., Burbank, CA 91506, you may enter online at www.freecontest.com.

Screen writing classes

The Brackettville Library may have the answer. If enough citizens are interested, a class on the basics will be taught. All you need to get started are pens, paper, and an idea. If your idea is undeveloped, the class will lead you to the next step.

Creating stories and the characters in them is what screen writing is all about. Great writing skills are not required. Unlike literature where a novelist must write a vision to fill every reader's mind, screenplays are only blueprints for creators of visions. Screenplays do have rules and that is what the class will teach.

Screen writing classes will be on Tuesday and Thursday for 6:00 p.m. to 7:00 p.m. If you want to attend, call the library to have your name registered on the rolls.

INSIDE

■ The way I see it!

One school is alleged to have ordered "God bless America" signs removed for fear that someone might be offended.

A News station is alleged to have ordered all flags removed from the newsroom and red, white and blue ribbons removed ...

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■ Making a difference

I enjoyed a short trip to Columbia, Missouri. The cooler fall weather had turned trees in Missouri to beautiful shades of gold, red and yellow.

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■ Empowering Families

"She doesn't sound like someone you would want to bring home to meet your mother, Jimmy."

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This is no picnic

But I could be wrong
By Chuck Hall

I hate ants. I suppose I inherited that from my granddad Hall. I know I said I would quit with stories about him, but more just keep coming to mind. He searched daily for ants to kill. He would locate anthills during the day, mark them for later reference, then go out after dark, when he thought they were asleep in their dens, pour gasoline down into the earth through the tiny hole and flood the ant's world with obnoxious fumes.

He would then do a strange thing. He would put a piece of newspaper over his handy work and shovel dirt around the edges.

When I questioned him about this practice, he told me it "kept the fumes from rising up and escaping". I tried to explain to granddad that petroleum fumes do not ascend, but tend to settle

instead, thus forcing them farther into the anthill. He thought I was a just smart aleck kid and had no hesitancy in telling me so. He wasn't bashful.

I don't mind sharing my world with all creatures great and small. I suppose they have as much right to be here as I do. I don't appreciate it when they cut their trails around in my yard. I do not like it when they strip every single leaf off of a favorite bush. Why can't they cut an even topping off of my grass? How do I get them to prune the fence line and around the shrubs? If they would trim my lawn, I would not be offended in the slightest at them being around.

With the recent rains I have located many colonies within my borders. I have covered them with enough pesticides to rid the whole town of ants. Granddad would be proud. But I could be wrong.



America, By God!

The Way I See It
By Steven R. LaMascus

I just received an e-mail that has left me angry and stunned. It was sent to me by my brother and is attributed to someone named Barry Loudermilk. I will not mention any other names or organizations that are mentioned in the letter, because I have been unable to confirm the accuracy of the actions attributed to them. However, those actions are what I would expect from certain small-minded and vacuous factions of our society.

One school is alleged to have ordered "God bless America" signs removed for fear that someone might be offended.

A News station is alleged to have ordered all flags removed from the newsroom and red, white and blue ribbons removed from the lapels of the reporters on the grounds that management of the station did not want to appear biased and give the appearance that "they lean one way or another."

A college ordered the removal of "Proud to be an American" signs so as to not offend their international students.

A certain city on the left coast is alleged to have refused to display U.S. flags on city fire trucks so that they wouldn't offend anyone in the community.

I do not know if these are true instances or not. I tried to confirm or refute them and was unable to do so.

The school mentioned first has a home page devoted to patriotism and relief for the attack victims, so I tend to doubt at least

that assertion.

But that does not lessen the probability that there are individuals in this nation so besotted with the deadly virus of political correctness, that even in the face of a cowardly attack upon our nation, in the face of a war of survival, they refuse to realize that we are Americans, and Americans by the Grace of God Almighty, and for no other reason.

I feel sorry for those people. I am also incredibly angry with them. They are weakening this nation and are too stupid to realize it.

While Mr. Loudermilk, if that is indeed the person who wrote the letter I have been referring to, may or may not have his allegations straight, he does indeed have some very good, very correct ideas. I hope he doesn't mind if I plagiarize a few of them here. He says:

"First of all, it is not our responsibility to continually try not to offend you in any way. This idea of America being a multi-cultural community has served only to dilute our sovereignty and our national identity. As Americans, we have our own culture, our own society, our own language, and our own lifestyle."

This culture, called the 'American Way' has been developed over centuries of struggles, trials, and victories by millions of men and women who have sought freedom.

Our forefathers fought, bled, and died at places such as Bunker Hill, Antietam, San Juan, Iwo Jima, Normandy, Korea,

and Vietnam.

We speak English, not Spanish, Arabic, Chinese, Japanese, Russian, or any other language.

Therefore, if you wish to become part of our society - learn our language!

'In God We Trust' is our national motto. This is not some off-the-wall, Christian, Right Wing, political slogan - it is our national motto. It is engraved in stone in the House of Representatives in our Capital and it is printed on our currency.

We adopted this motto because Christian men and women, on Christian principles, founded this nation; and this is clearly documented throughout our history.

If it is appropriate for our motto to be inscribed in the halls of our highest level of Government, then it is certainly appropriate to display it on the walls of our schools.

God is in our pledge, our National Anthem, nearly every patriotic song, and in our founding documents. We honor His birth, death, and resurrection as holidays, and we turn to Him in prayer in times of crisis.

If God offends you, then I suggest you consider another part of the world as your new home, because God is part of our culture and we are proud to have Him."

Mr. Loudermilk - whoever and wherever you are - you, Sir, are truly eloquent! Thank you.

Proverbs 22:12 "The eyes of the Lord keep watch over knowledge, but he frustrates the words of the unfaithful."

Moving forward

By Henry Bonilla
U.S. Congressman, 23rd Dist.

The tragic events of September 11 have taken a toll on our nation and our world. Thousands of Americans lost their lives and countless more have been affected with pain, suffering and economic hardship. As our nation continues to rebuild, your government stands ready to assist in whatever way possible. The U.S. Congress has been working overtime. We're not slowing down until our goals are accomplished. We're working to strengthen the transportation industry, stock market and other components of our country's economy. We understand that action must be taken.

We're doing everything possible to move our nation back to a state of normalcy. The federal government can reach only so far. When it comes to help in the heartland, it's time to turn to the state and local programs that are waiting to help.

Thousands of Americans have lost their jobs because of the collapse of a number of industries. If you, your family or your friends have been affected, you should know that unemployment insurance is available. Temporary income, administered through the State of Texas, can be obtained as you seek to find a new job. Also consider that the U.S. Department of Labor has job training and career centers that can help you. Healthcare can be provided to those who are no longer covered after losing their jobs. About six million Americans purchase COBRA benefits (named after the 1985 Consolidated Omnibus Budget Reconciliation Act) that give employees and their families extended health coverage for up to eighteen months after a layoff. Beyond these programs and services, I want you to know that I and my staff are here to help.

If you, your family or your friends have experienced some type of loss as a result of the terrorist attacks, please come to me. I have district offices located in San Antonio, Laredo, Del Rio and Midland. My office phone number in San Antonio is 210/697.9055 and in Washington it is 202/225.4511. Please also try my website for more information and assistance services www.house.gov/bonilla/ Rest assured that America is strong and will remain the land of the free and the home of the brave.

May God bless you and your neighbors during these trying times.

My website for more information and assistance services www.house.gov/bonilla/ Rest assured that America is strong and will remain the land of the free and the home of the brave.

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Letters to the Editor Policy

The Brackett News welcomes and encourages letters to the editor. Letters should not exceed 350 words. The editor reserves the right to refuse or edit all letters submitted for length, potentially libelous statements and accuracy of information. All letters must be signed and include a mailing address and phone number for verification purposes. All writers must provide proof of identity. Letters published and viewpoints of columnists do not necessarily reflect the editorial beliefs of this newspaper.

Big Mama Sez!

It doesn't take a lot of muscle to give the heart a lift.

The Brackett News

Member of

TEXAS PRESS ASSOCIATION

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Aviation Security Functions

Capitol Comment
By Senator Kay Bailey Hutchison

"These are the times that try men's souls. The summer soldier and the sunshine patriot will, in this crisis, shrink from the service of their country; but he that stands it now, deserves the love and thanks of man and woman. Tyranny, like hell, is not easily conquered; yet we have this consolation with us, that the harder the conflict, the more glorious the triumph. What we obtain too cheap, we esteem too lightly: it is dearness only that gives every thing its value. Heaven knows how to put a proper price upon its goods; and it would be strange indeed if so celestial an article as freedom should not be highly rated."

That was written by the American revolutionary Thomas Paine in his pamphlet "The Crisis" to inspire the Continental Army as it fought for freedom and independence. It is as true today as it was 225 years ago.

As we maneuver our way through this unimaginable time that tries our souls, freedom is even dearer.

Our world is a different world

now. Ever since September 11th, everything has changed. Yet some things will remain the same: Americans, and our leadership, are still strong. With heavy hearts for those who lost their lives, we will go on. We will keep our nation strong, our economy strong, and our spirits strong.

We began work immediately after the horror: when the President spoke out forcefully about our will and resolve; the FBI and CIA immediately began tracking suspects; the State Department reached out to other nations to build a coalition to stop terrorism; and, here at home, the Defense Department called up reservists to help patrol our airports and our air space.

In addition, the FAA banned all knives on airplanes and increased security in airports across the nation. This issue of aviation security is of particular interest to me, and one on which I have long been working as the ranking member on the Aviation subcommittee and a former vice chairman of the National Transportation Safety Board.

One of our key priorities is to restore the public's confidence in air travel as quickly as

possible.

Therefore, in the days immediately following this tragedy, I introduced legislation to expand the air marshal program, wherein trained, armed security officers would be assigned to passenger flights to help ensure our safety. This program would free our pilots to concentrate solely on their job - flying. I have already seen peace officers from other law enforcement agencies - but we need to make this a permanent and organized effort.

I believe that federalizing all aviation security functions is an important step in that direction. Currently, security is the responsibility of the airlines - who have different concerns and priorities besides national security. Our transportation security must be a priority, with the focus, coordination and influence that having a dedicated federal office would give.

That is why I am introducing legislation that would completely revamp aviation security, and place baggage security screeners and federal air marshals under one umbrella. We will institute a higher performance standard for our security

practices and personnel, including extensive background checks, as well as more rigorous training that would result in a stronger, more consistent security system in our nation's airports.

Currently, airport security is a mishmash of private security firms employing low-paid workers with a staggeringly high turnover rate. To attract competent, dedicated people who can ensure our safety, I firmly believe that airport security needs to be a career, not just a temporary minimum-wage job.

We will fortify the cockpit in the aircraft. We are also upgrading the equipment used to screen passengers and their luggage to the new state-of-the-art technology available.

A columnist recently wrote, "The World Trade Center isn't the place where our intelligence agencies failed. It is the place where our imaginations failed." Until September 11th, we believed nothing like this could ever happen on our lands. That sense of security has now been shattered, but our spirit has not. We will institute new security measures. We will defend our citizens - and we will defend our freedom.

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Brackett Tiger Band competes at UIL this week

Making a Difference
By Taylor Stephenson

What a storm that ripped through Brackettville East through Sabinal, D'Hanis and Hondo! We were fortunate to receive only rain and hail. My rain gauge measured 1.1 inch and the hail damage on roofs and vehicles remains to be assessed. On toward San Antonio, many of Brackett's loyal football fans came through Devine, which delayed them because of storm damage. Hondo was apparently completely dark about midnight. The damage in those communities is still being assessed. The rain is always welcome (without the hail).

The football game in Three Rivers was a good one. We scored three times in the first half and had a strong defensive showing. We won our first district game 18-0. This week, we'll be in Pettus. Jimmy Thomas, former BHS, coach is the head football coach and directs the athletic department. Jimmy will have his players ready, and would enjoy upsetting the Tigers. I have lots of faith in our player and coaches. We'll be ready. Our volleyball team has an important game with Natalia as I write this column. We hope to win in Brackettville. Players and coaches have done a good job this year. We hope to make the playoffs.

I enjoyed a short trip to Columbia, Missouri. The cooler fall weather had turned trees in Missouri to beautiful shades of gold, red and yellow. We felt safe on the airplanes. There is much more security, and I am pleased with the efforts to make air travel safe again. The University of Missouri boasts of hosting the first homecoming in the nation. We spent Friday night checking out the fraternity

and sorority displays that cheered on the MU Tigers. Saturday morning, the University Band—about 250 strong—headed the parade followed by 30 high school bands from central Missouri. Little Taylor (3 years old) brought his Grandma and Granddad lots of fun. We did manage to spoil him and slip out of town leaving him to his parents.

This week, the Tiger Band goes to Hondo for the UIL Marching Contest. Area bands will be at the HHS stadium all day. BHS marches around 2 PM. We wish these young folks the best as they compete in the contest.

Next week, we'll train on an updated version of Abacus for the first three days of the week. 12 staff members will receive the training. This instructional management system has guided instruction in Brackettville since 1993. It has helped focus instruction, moving BISD to high achievement in our pursuit of academic excellence.

New seats have been installed in the auditorium. Wow! They're classy. We should be getting new drapes soon. The floor in the new tech building has been tiled. We anxiously await completion of these facilities. Have a great week!

Cross Country results

By Jenifer Harris
Contributing Writer

The Brackett Cross Country teams traveled to Uvalde to compete in the 10th Annual Uvalde Invitational.

Under muddy conditions, both boys and girls teams did well.

For the varsity boys, Joseph Luna came in 15th and Santos Buitron 16th.

In the varsity girls division Julianne Ashabranner came in first in the 3A division.

Overall she placed 2nd behind a runner from Eagle Pass. An overall finish of 2nd behind 4A/5A schools is impressive.

Coming in 15th was Ashley Smith and 20th was Nicole Mata. Also running for the first time was Justin Calk in the Jr. High division. He placed 25th with a time of 15:49.

There were 56 runners in his division.

Both the varsity and Jr. High teams will compete at District Oct. 27 in Dilley.

Uvalde Chapter Sons of the American Revolution

The Uvalde chapter, Sons of the American Revolution, enjoyed a program on Genealogy presented by Clarence Bell of San Antonio on Saturday, October 13, 2001. Also visiting from San Antonio were Lt. Col. (retired) & Mrs. Lester Reed Dillon. Commendation to the chapter for work done with the six area ROTC programs at Uvalde, Del Rio, Eagle Pass, Crystal City, Carrizo Springs and Pearsall schools was pre-

sented. There was some discussion about the upcoming Knight Essay Contest and Eagle Scout BSA Award.

In the past, two former BHS students have received recognition in the essay contest: In 1998 chapter winner Katy Hagler placed first in the state and in 1999 Lindsay Brotherton's essay received a second place award. Attending from Brackettville were Mr. & Mrs. Hubert McKelvy.

Kinney County Sheriff's Report

Monday, October 8
7:25 p.m., Deputy Karl Chism, responded to a woman complaining that some women were yelling at her dog.

Tuesday, October 9
2:53 p.m., A woman reported her car had been hit while it was parked. Chief Deputy Johnny Fritter was advised.

5:54 p.m., Constable Cordelia Mendeke radioed to report a loose goat on the fence line.

9:06 p.m., Deputy Chism responded to loud music, reported on 1st Street.

Wednesday, October 10
8:13 p.m., Fort Clark Security requested a deputy for assistance. Deputy Chism was advised.

Thursday, October 11
12:50 p.m., Deputy Chism responded to a 911 call, everything was reported to be ok.

Friday, October 12
11:30 a.m., Deputy Larry Robinson responded to a report that someone driving a green Buick stole an ice chest.

3:00 p.m., A woman requested assistance from a deputy.

3:15 p.m., A Fort Clark resident reported a snake on her

porch. Deputy Robinson was advised.

10:05 p.m., Reserve Deputy Manuel Pena Sr., responded to Fort Clark Security.

10:10 p.m., Deputy Mendeke radioed that the lights from five points were not working. An employee from the Texas Department of Transportation was notified of the situation.

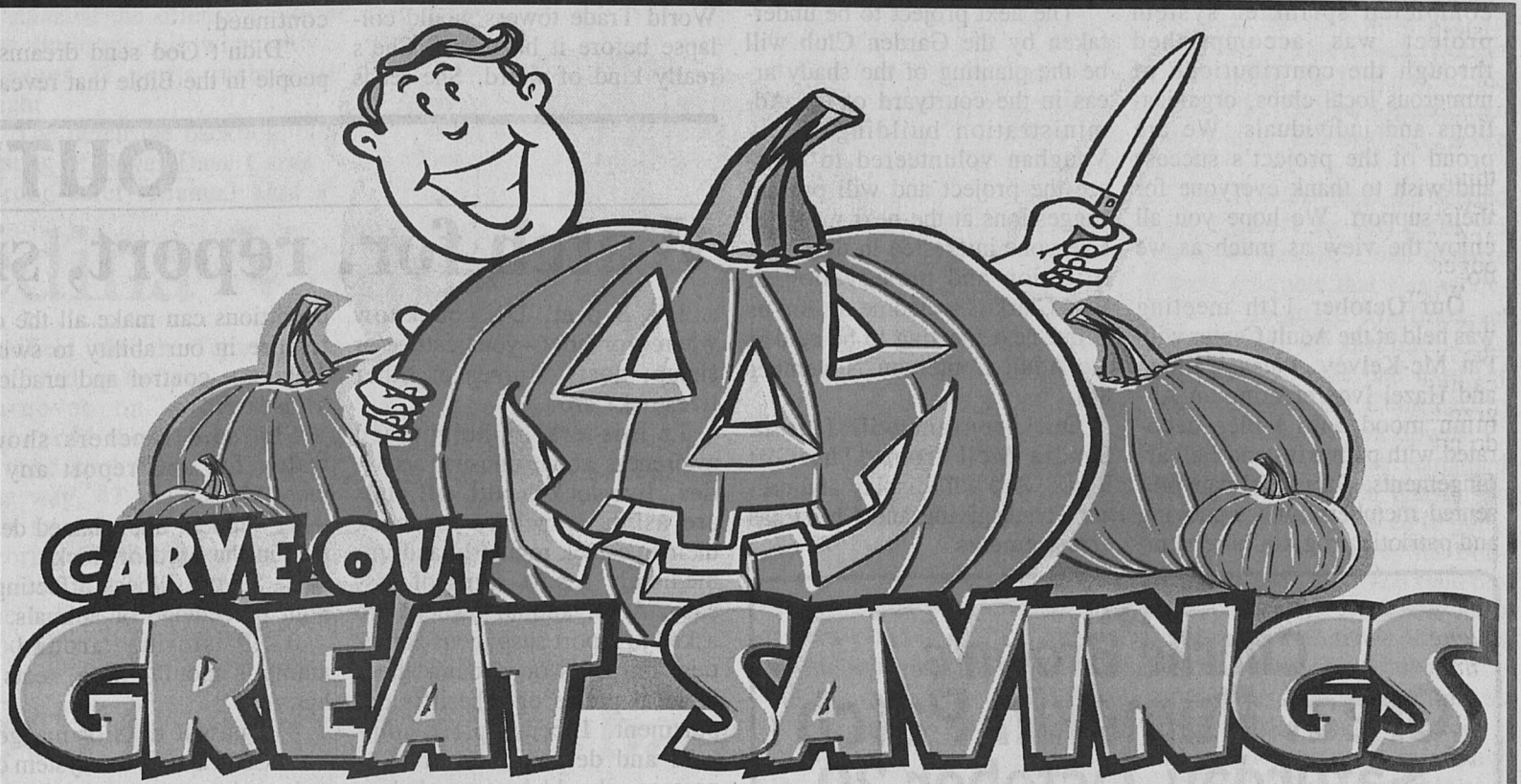
10:15 p.m., A man reported some wires were knocked down on 2nd and Gove Street. CP&L was notified.

Saturday, October 13
1:40 p.m., A woman reported a grey suburban parked across from a local store, which appeared to be suspicious. Deputy Pena was advised.

3:06 p.m., The Brackett Border Patrol Department was informed of a possible illegal on FM 277.

Sunday, October 14
10:54 a.m., The Uvalde Police Department reported a red four door neon traveling west toward town at a high rate of speed. Chief of Police Arnulfo Alonzo responded.

12:55 a.m., Deputy Pena responded to some stolen guns.



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Garden Club proud of projects success

Dreams can come from all kinds of things

By Joyce Bergey
Contributing Writer

The Mountain Laurel Garden Club invites everyone to check out the new look of Fort Clark Service Club. After months of bare earth, we now have beautiful green grass!

Led by past President Clara McCord, the Garden Club's completed sprinkler system project was accomplished through the contributions of numerous local clubs, organizations and individuals. We are proud of the project's success and wish to thank everyone for their support. We hope you all enjoy the view as much as we do.

Our October 11th meeting was held at the Adult Center with Pat Mc-Kelvey, Patsy Callnan and Hazel Ivey creating an Autumn mood with tables decorated with pumpkins and Fall arrangements. Patsy Callnan presented members with a moving and patriotic program in remem-

brance of the terrible tragedy that occurred in New York on the 11th day of September.

Members were touched by inspirational recitations and poems read by Patsy, Pat McKelvey, Hazel Ivey and Lynn McNew. Lynn also sang "Proud to be an American" and led the members in singing "God Bless America".

The next project to be undertaken by the Garden Club will be the planting of the shady areas in the courtyard of the Administration building. Kitty Vaughan volunteered to oversee the project and will present suggestions at the next meeting. Everyone interested in the beautification and preservation of Fort Clark is welcome to join us at our next meeting to be held at the Adult Center on November 8th.

Our program will feature Sondra Meil from "The Gift Box", who will display and create Thanksgiving and Christmas arrangements.

Empowering Families
By Dr. Donald Smith

"Dad, there's this girl at school who says she can interpret dreams. She tried to get me to tell her my dreams."

"What did you tell her, Jimmy?" Bill asked his son.

"I didn't know what to tell her, Dad. I don't have dreams much but when I do they are kind of silly. She said even silly dreams mean something and she had a dream that told her the World Trade towers would collapse before it happened. She's really kind of weird. She reads

books about fortune telling and has a group of kids who follow her around all the time.

During free time at school, they sit around in a circle on the ground with their knees touching and they make real weird noises."

"She doesn't sound like someone you would want to bring home to meet your mother, Jimmy."

"Gosh no, Dad. I feel real uncomfortable around her." After a few minutes of silence, Jimmy continued.

"Didn't God send dreams to people in the Bible that revealed

the future?"

"Yes he did, Jimmy. Many times God used very holy people to communicate his messages to his people. In some cases he used dreams. In some cases he empowered holy people to interpret the dreams of others. The girl you're talking about doesn't sound like she fits into the category of holy people."

"Do you ever have dreams, Dad?" Jimmy asked.

"Sure Son, I have dreams sometimes. Dreams can come from all kinds of things. They might reflect the fun you had or some scary experience.

Sometimes they are nothing more than some worry you had for supper. A very wise man long ago said, 'Like a man who catches at shadows or chases the wind is the one who believes in dreams. Divination, omens and dreams all are unreal. Dreams have led many astray and those who believed in them have perished (Sirach 34: 2,5,7)."

This column is brought to you by the St. Henry deOsso Family Project working in Brackettville to strengthen families, faith and education.

OUTDOORS

Watch for, report, signs of livestock disease

It's 8 p.m. Do you know where—or how—your cattle (or sheep, goats, horses or other livestock) are?

In this era of heightened awareness about unusual activities, livestock health officials are asking ranchers to check their livestock regularly and immediately report signs of disease. Also, animal owners are asked to report suspicious activities, intruders or circumstances to local police or sheriff's department. License plate numbers and descriptions of trespassers, should be recorded.

"We're urging producers to keep a closer watch on their animals, in light of recent events in our country," commented Dr. Linda Logan, Texas' state veterinarian and head of the Texas Animal Health Commission (TAHC), the state's livestock health regulatory agency.

"As always, individual livestock producers and private veterinary practitioners are our first line of defense if or when a livestock disease is accidentally or intentionally introduced into the state. The immediate reporting of suspicious or unusual

conditions can make all the difference in our ability to swiftly diagnose, control and eradicate a disease."

She said ranchers should watch for and report any of these signs:

1. Sudden, unexplained death loss in the herd or flock.
2. Severe illness affecting a high percentage of animals.
3. Blistering around an animal's mouth, nose, teats or hooves.
4. Unusual ticks or maggots.
5. Central nervous system disorders that cause an animal to stagger or fall.

"Through teamwork, the TAHC and Texas' USDA staff for months has maintained a 24-hour hot line for disease reporting," said Dr. Jon Lomme, assistant area veterinarian in charge of Texas for the US Department of Agriculture's Animal and Plant Health Inspection Service, Veterinary Services (USDA-APHIS-VS).

"We take reports and dispatch a trained foreign animal disease diagnostician to collect samples, evaluate the situation and take appropriate measures to protect livestock health. There is no charge for the service."

"To report suspicious signs, call 1-800-550-8242. After work hours, follow the recorded instructions to page a veterinarian," commented Dr. Logan.

"Be prepared to provide a description of the potential disease signs and information regarding the location, species and number of animals involved.

"Dr. Logan pointed out that a joint TAHC and USDA-APHIS-VS "first-strike" force has been preparing to fight a foreign animal disease outbreak or natural disaster affecting livestock.

Known as the Texas Emergency Response Team, or TERT, this group can be mobilized quickly to address a disease situation.

"The TAHC also is a full-fledged member of the state's Emergency Management Council, giving us the ability to call on the resources of more than 31 major state agencies," said Dr. Logan.

"In late June, representatives from more than 22 of the participating agencies gathered in College Station for a tabletop exercise involving a make-believe outbreak of foot-and-mouth disease (FMD), a highly contagious foreign animal virus that, most recently, has greatly damaged the livestock industry in the Great Britain."

"In a livestock emergency, we could tap the manpower of state troopers to provide roadblocks to stop livestock movement, the National Guard to provide depopulation assistance

and equipment, and the support services of the Red Cross to feed teams," explained Dr. Logan. She also pointed out that the TAHC and USDA-APHIS-VS have expanded the network of contacts with local emergency management coordinators, private veterinary practitioners and industry liaisons.

"While preparing to fight disease, we can never forget that our most valuable and cost-effective tool is livestock disease prevention and surveillance," commented Dr. Lomme. He listed several things livestock producers can do to help ensure the health of their herd or flock:

* If you travel internationally, don't bring restricted products into the U.S., such as sausages, hams or other dangerous products that could spread disease. NEVER allow visitors or family members to bring these items on your property.

* Launder or dry clean clothing and coats before you return to the U.S. Shower, wash your hair and put on clean clothes before heading to your flight home. Viruses or bacteria can be carried in your hair or on your skin, so it's important to bathe before traveling. Provide arriving international travelers with a clean set of clothing that can be worn after they shower.

* Remove mud and manure from your shoes before journeying back to the U.S! Ask the Customs agent or USDA official to disinfect your shoes and other potentially contaminated items if you've been to a farm, zoo or other site where livestock or wildlife have been commingled. Provide shoes for visitors, or insist they wear only shoes that have not been worn on a ranch in another country.

* For at least five days before you return to the U.S., don't go around farms, sale barns, zoos, fairs or other sites where livestock are kept. You could carry bacteria or viruses in your lungs, throat or nasal passages, and although you don't become ill, you could spread a livestock disease. Likewise, don't allow international travelers to have access to your livestock until they've been in the U.S. for at least five days.

* Report suspicious activities, intruders or circumstances to the local police or sheriff's department. If possible, record license plate numbers and descriptions of trespassers.

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KINNEY COUNTY GROUNDWATER CONSERVATION DISTRICT FILING REQUIREMENTS FOR CANDIDATES FOR INITIAL DIRECTORS

The Temporary Board of Directors of the Kinney County Groundwater Conservation District announce an election to be held on January 12, 2002, for the purpose of confirmation of the Kinney County Groundwater Conservation District and Election of the Initial Directors.

The seven positions to be filled are: Three Initial Directors at large elected by the voters of the entire district and One Initial Director from each County Commissioner's precinct by the voters of that precinct.

To be eligible to be a candidate for or to serve as an Initial Director at large, a person must be a registered voter in the district and:

- (1) for Position One, reside in the District;
- (2) for Position Two, reside in the City of Brackettville; and
- (3) for Position Three, reside in the Fort Clark Springs Municipal Utility District.

To be eligible to be a candidate for or to serve as an Initial Director from a County Commissioner's Precinct, a person must be a registered voter of and reside in a rural area of that precinct.

A person shall indicate on the application for a place on the ballot the position on the Board for which the person is a candidate.

Any person wanting to be a candidate for one of these seven positions may obtain an application at the Office of the County Judge, at the Kinney County Courthouse, Brackettville, Texas, Monday - Friday (except holidays), 8:00 a.m. until 5:00 p.m. The application will be accepted Mondays and Fridays from 9:00 a.m. - 12:00 p.m. and Wednesdays 2:00 p.m. - 5:00 p.m. The application must be received by Kinney County Groundwater Conservation District in the Office of the County Judge by 5:00 p.m., November 28, 2001.

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Brackett Tigers beat Bulldogs 18-0 Cubs defeat the Bobcats

The Tigers moved their season record to 5-0 and their district record to 1-0 with a win over the Three Rivers Bulldogs last Friday night.

The Tigers used a ball control offense and a tenacious defense to put away the Bulldogs 18-0. The Bulldogs received the opening kickoff and the Tiger defense shut them down and forced a punt.

The offense took over and on the third play drive, Tiger quarterback Jared Hobbs sprinted up the middle and out ran all of the Bulldog defenders 72 yards for the touchdown. The extra point kick was missed when it hit the left upright and bounced away.

changed a couple of punts, then the Tigers found themselves in position for another score.

Halfback Raymond Gomez took a handoff and cut back away from all of the Bulldog defenders and raced 40 yards for the second Tiger touchdown. The two point conversion failed but the Tiger lead was now 12-0.

On the next Bulldog possession, Junior defensive end Jesse Davis knocked the ball loose from the Bulldog quarterback and senior defensive end Carlos Gomez pounced on the fumble to set the Tigers up deep in Bulldog territory. After a couple of plays, fullback Dave Campos busted loose for 16 yards and

another Tiger touchdown. Again, the try for two points failed so the score remained Tigers 18, Bulldogs 0.

The second half saw both defenses dominating and scoring was allowed by either team, which was just fine with the Tigers.

Defensive tackles Terrell Freeman and J.J. Rivas, along with defensive ends Davis and Gomez, and linebackers Mojo Hernandez and Dietrich Davis, dominated the offensive line of the Bulldogs, allowing only a meager 21 yards rushing all night.

The defensive backfield consisting of Rover Dave Campos, strong safety Manuel Madrid,

cornerbacks Jared Hobbs and Jaime Puente, and free safety Lee Davis, held the Bulldog passing attack to only 16 yards of the night.

The two totals combine for only 37 total yards, compared to the 310 total yards racked up by the Tiger offense.

The 310 yards generated by the offense was all on the ground. Jared Hobbs led the team in rushing with 147 yards on 17 carries. Dave Campos had 84 yards on 23 carries and Raymond Gomez had 79 yards on 11 carries.

Next up for the Tigers will be the Pettus Eagles. This game will be played at Pettus on Friday at 7:30.

The Cubs and Bobcats met at Tiger Stadium last Thursday, Cubs won the coin toss and elect to receive the football.

On the opening kickoff, Brand Wylie returned it 65 yards to put the Cubs on the Bobcats 15 yardline.

The first play of scrimmage was a 15 yard pass play to Clyde Adams for a touchdown. Tres Rueda completed the two point conversion on a run up the middle which made the score 8-0.

The Bobcats first offensive series resulted in a three and out, and the snap for the punt was a poor one which gave the ball to the Cubs at the 5 yardline. On the first down, Ramiro Pina went outside the Bobcats defense to score the second touchdown of the game, which made the score 14-0.

The Cubs defense put a lot of pressure on the Bobcats offense and forced them to punt on the second offensive possession. The punt was blocked by the Bobcats up back which gave the ball to the Cubs on the Bobcats 22 yardline.

The Cubs TB Frank Hidalgo scored on a 10 yard touchdown run and Clyde Adams kicked the extra point.

The Score was then 21-0. The Bobcats were struggling on offense as they fumbled on their 40 yardline. Tres Rueda recovered the fumble. On a busted play, quarterback Brand Wylie scampers for a 29 yard touch-

down. Extra point was no good. The next Bobcat possession resulted in a 10 yard completion which turned into a 90 yard touchdown reception.

The two point conversion was good. Cubs 27, Bobcats 8. After a 25 yard kickoff return by Ramiro Pina, the Cubs scored on a 55 yard run by Brand Wylie.

After another three and out by the Cubs defense, the Bobcats faked the punt and failed to convert, which gave the Cubs the ball on the Bobcats 40 yardline. Quarterback Robert Davis ended the first half of the game with a 27 yard touchdown run, which then made the score 39-8.

The Bobcats took the second half kickoff to the Cubs 45 yardline, but the Cubs defense forced a fumble that was recovered by Gumaro Martinez on the Bobcats 45 yardline. Clay Threadgill ran the ball hard for 25 yards, but the Cubs had to turn the ball over on downs.

The Cubs defense remained strong in the fourth quarter as the Bobcats were forced to punt.

Another bad snap by the Bobcats gave the Cubs great field position. Cesar Ortiz scores on a 15 yard touchdown run and Clyde Adams is good on the extra point. The final score was Cubs 46, Bobcats 8.

The Cubs are open this week, but will play Batesville again next Thursday at Bobcats stadium. Go Cubs!!!

JV Tigers beat Medina Valley 36-0

The JV Tigers played the Medina Valley Panthers last Thursday evening at Castroville and came away with a 36-0 victory. Medina Valley, which is a 4A school proved to be no match for the powerful Tiger squad.

The game began with the Tigers forcing the Panthers to turn the ball over on downs near midfield.

The offense took over and moved the ball inside the Panther 20-yard line but a fumble ended the drive. The defense, which only allowed 49 total yards and 3 first downs all day, stopped the Panther offense and forced a punt.

From there the Tigers marched 8 plays and Tony Rosetti scampered 19 yards for the touchdown. Kody Yeager threw to Star Smith for the conversion and the lead was 8-0.

The defense pressured the Panther offense and caused a fumble at midfield which the Tigers recovered. Eliot Stone made the Panthers pay for their mistake when he took the ball around the left end and went 51

yards on the first play of the drive for the first of his three touchdowns of the day.

Yeager again threw for the conversion, this time to Oscar Sierra to raise the score to 16-0. After receiving the second half kickoff, the Tiger offense used 9 plays to go 80 yards; the last 54 were on a spectacular run by Stone.

After taking the ball, he broke four tackles and then used his speed to break away from the helpless Panthers.

Yeager ran around the right end for the conversion to make the score 24-0.

The defense once again forced a Panther fumble and the offense cashed it in for points. This time Stone raced in from 27 yards out. The conversion was no good and the score was now 30-0. The Panthers fumbled the kickoff but held the Tigers and forced a punt.

Tiger punter Mark Kesteloot booted the ball 40 yards and the Panthers returned it to the 20-yard line.

The panther offense then moved the ball out to near

midfield when the Tiger defense stiffened up to force yet another turnover on downs. Cody Edwards then took the ball around the left end and went all the way, 47 yards, for the Tiger touchdown to complete the scoring for the game 36-0.

Halfback Eliot Stone carried the ball 8 times for 137 yards and Quarterback Kody Yeager

carried it 11 times for 48 yards, Yeager also connected 5 times on 6 passes for 43 yards. Star Smith caught 2 passes for 20 yards and Tillman Davis caught one for 11 yards.

The total yardage for the Tigers was 341 compared to Medina Valley's 49 and the Tigers accumulated 12 first downs to the Panthers 3.

8th Grade Volleyball win Consolation trophy

Submitted by Gregg Nowlin

On Saturday 13th the 8th Grade volleyball team won the consolation trophy in the Del Rio Tournament.

The girls lost the first match against Eagle Pass, 15-11, 6-15, 15-13.

The girls then beat Comstock 15-6, 15-2.

In the final match of the day, they beat Del Rio 15-6, 15-4, to bring home the trophy.

Playing well for the girls was Jessi Crane, Tye Taylor, Dana Bonner, Shadinne Gum, and Timmeke Simmons.

On Monday 15th the girls beat Del Rio 15-12, and 15-4. Playing well for the girls was:

Jessi Crane, Tye Taylor, Timmeke Simmons, Jasmin Pena, Roxanne De Hoyos, and Tanya Molinar.

The girls last game will be Monday 22nd here in Brackett vs Eagle Pass at 5 PM.

Brackett Varsity Volleyball

The Varsity Volleyball won against San Antonio 'School of Excellence' on Tuesday October 9th.

Leading scorers: Valerie Terrazas with 8 points, Mayra Aguirre with 4 points, Susannah Davis with 4 points, Sarah Meyer with 3 points, and Duquesa Hunt with 3 points.

Aces: Valerie Terrazas with 4 points, both Duquesa Hunt and

Susannah Davis with 2 points.

Kills: Beth Ballew, Duquesa Hunt, Erica Meyer, Valeria Terrazas, Sarah Meyer, Mayra Aguirre, Christina Flores and April Martinez all with 1.

Assists: Susannah Davis with 4 and Valerie Terrazas with 2. Digs: Stephanie Bonner and Davina Luna both with 1.

The team record is 11-7 for the season and 2-1 for District.

Brackett 7th grade volleyball carry 11-4 record

Submitted by Tiffiny Blore

The Brackett 7th Grade volleyball team is still having a great season with an 11-4 record.

We played Del Rio White team on October 11th and lost the match in three games. We

then played in the Del Rio Tournament and out of eight teams we finished in second place. Monday, October 15th we played Del Rio Blue and won 15-4, 15-7.

Outstanding players were Lola Cano serving 83%, Emily Valenzuela with several great spikes and saves at the net, and

Cynthia Jaso with a great save. The outstanding server was Kara Yeager who served 85% and made 8 serves in a row in the second game.

Our last game of the season will be at home against Eagle Pass Memorial on Monday, October 22nd at 5:00 PM. Please come and support us!

1st Six Weeks Honor Roll

High School All A Honor Roll

- Seniors: Lloyd Davis, Susannah, Duquesa Hunt, Rodolfo Ramirez
 - Juniors: Maria Martinez, Tammy Smith
 - Sophomores: Elizabeth Ballew, Amanda Davis, Sarah Meyer, Ashley Smith, Ashley Thourot
 - Freshmen: Stephanie Bonner, Tiliann Davis, Cody Robinette, Oscar Sierra, Shanae Simmons
- A-B Honor Roll**
- Seniors: Michelle Bizzell, David Campos, Levi Duncan, Migdalia Gonzalez, Miguel Hernandez, Candice Ingram, Erica Meyer, Isela Ramon, Juan Rivas, Julie Solis, Ana Talamantez,

- Amanda Ward
- Juniors: Diamantina Flores, Robert Franklin, Jared Hobbs, Matthias Katzfuss, Megan McWilliams, Brittany Moore, Philip Munoz, Laura Negrete, Douglas Sanchez, Elizabeth Threadgill, Jose Vela
 - Sophomores: Stacey Castillia, Dietrich Davis, Hector Febres, Chestin Hatley-Clark, Dulce Jimenez, Allison LaMasus, Emily Petrosky, Arnold Pinales, Star Smith, Beau Watkins
 - Freshmen: Clarissa Aguirre, Juliann Ashabraner, Jaclynn Duncan, Cody Edwards, Courtney Frerich, Monica Gonzalez, Whitney Hobbs, Megan King, Brandon Kluzek, Sean Looney, Whitney Massingill, Kristin Meyer, Celina Terrazas, Kody Yeager

Middle School All A Honor Roll

- Eighth grade: Dana Bonner, Alanna Conoly, Rachel Swinson, Brand Wylie
- A-B Honor Roll**
- Eighth grade: John Braesicke, Ashley Castillo, Jacquelyn Conoly, Jessica Crane, Kimberly Glass, Cassandra Gomez, Lilliana Hernandez, Yasmin Pena, Isabel Rivas, Tres Rueda, Timmeke Simmons, Brandy Smith, Billy Steelman, Soraida Talamantes, Tye Taylor
 - Seventh grade: Justin Calk, Dolores Cano, Robert Davis, Rachel Lethco, Laura Meyer, Joshua O'Neill, Ivan Pinales, Micheal Stephenson, Kara Yeager

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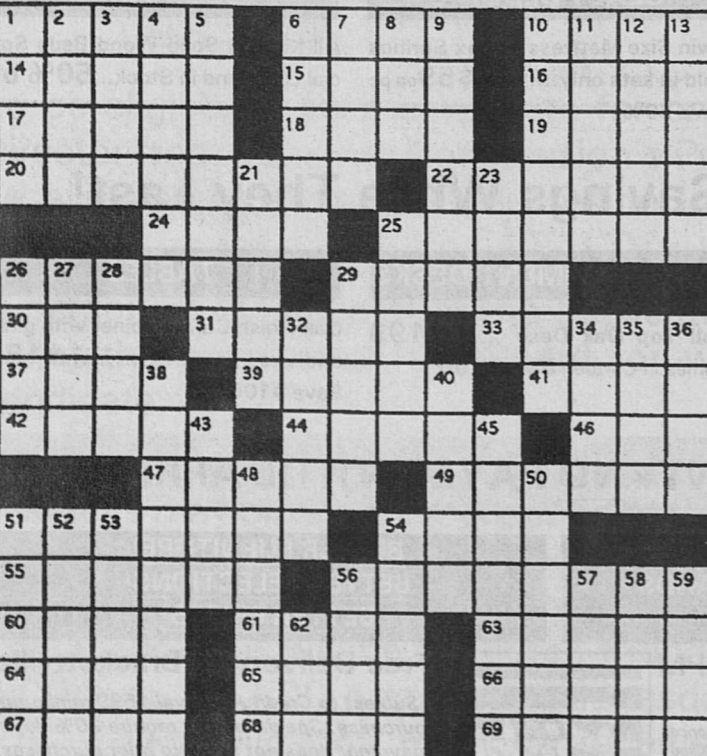
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CROSSWORD PUZZLE

- | | | | |
|------------------------------|-------------------------------------|-------------------------------|-----------------------------|
| ACROSS | 42 Item sold near the tin foil | white | produce |
| 1 Get going | 44 2nd-most populous nation | 69 Reason DOWN | 34 Dryer residue |
| 6 Indy 500 or Kentucky Derby | 46 Weirdo | 1 Talk back | 35 Word of agreement |
| 10 IRA or Keogh | 47 Signified | 2 Lean | 36 Rolls hair |
| 14 Archer | 49 Furnace | 3 Love: Sp. | 38 Roamers |
| 15 Character in Frankenstein | 51 German city | 4 Iterate | 40 African nation |
| 16 Crude person | 54 Moistens | 5 Trampled | 43 Gender: abbr. |
| 17 Incline | 55 Men and women | 6 Affix firmly | 45 Easel owners |
| 18 Forbid | 56 Baptize | 7 Past one's prime | 48 Unlawful burnings |
| 19 Mr. Johnson | 60 Leg coverings | 8 Sleeper's spot | 50 Give confidence to |
| 20 Flowed | 61 Product for cholesterol-watchers | 9 Decaying agent | 51 Sounds from one who is |
| 22 Take out | 63 _ cum laude | 10 Mother-of-pearl containers | 29 Down |
| 24 Excavation passage | 64 Mocking person | 11 Apple pie preparer | 52 Pass a measure |
| 25 Hats | 65 Actress Carter | 12 Terra _ | 53 Thought deeply |
| 26 Plate man | 66 Name for a singing family | 13 Kilmer masterpiece | 54 Complete person |
| 29 Showed twice | 67 Criteria: abbr. | 21 Bugged down | 56 Tiny room |
| 30 Natural substance | 68 Word with garage or | 23 Paraffin-coated product | 57 Govt. agent |
| 31 Accountant's entry | | 25 Smelly | 58 Napoleon and Nero: abbr. |
| 33 Dissolves | | 26 Denver and Barker | 59 Part of the neck |
| 37 Carry | | 27 District | 62 Green field |
| 39 Exhaust | | 28 Drop | |
| 41 Regal address | | 29 Laughing | |
| | | 32 _ forth; | |



Trivia Time Answers (c) 2001 DBR Media, Inc. The narwhal; 10. Latin Michael Collins; 7. The Great Barrier Reef; 8. The Battle of the Somme; 9. 1. Lake Victoria; 2. John Dillinger; 3. Arts; 4. The Mistifs; 5. Jean Harlow; 6.

ROARING TWENTIES

In the grid below, twenty words can be found that fit the category for today. Circle each word that you find and list it in the space provided at the right of the grid. Words can be found in all directions— forwards, backwards, horizontally, vertically and diagonally. An example is given to get you started. Can you find today's 20 words?

Today's Category: U. S. STATES

J	K	K	K	Y	K	C	U	T	N	E	K
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Trivia Time by Walter Branch

- What is the third-largest lake in the world?
- What gangster was killed by law-enforcement agents outside the Biograph Theatre?
- What sort of creatures lives in a fornicary?
- What movie was the last for both Marilyn Monroe and Clark Gable?
- Who was the first woman actress to appear on the cover of "Life" magazine?
- What Apollo 11 astronaut remained in the space capsule while Armstrong and Aldrin walked on the moon?
- What natural breakwater lies off the northeast coast of Australia?
- What battle in World War I saw 60,000 troops killed on the first day?
- What tusked creature helped embellish sailors' tales of unicorns?
- What subject did Mr. Chips teach?

HAPPY BIRTHDAY

- | | |
|---------------------------------|-----------------------------------|
| October 18..... Tino Gomez | October 22..... John Clasen |
| October 18..... Jose Sandoval | October 22..... Dorothea Clements |
| October 19..... Brandi Wilson | October 22..... Philip Fardahl |
| October 20..... Karen Bizzell | October 22..... Tony Sanchez |
| October 20..... Monte Estes | October 23..... Esmeralda Luz |
| October 21..... H.B. Dixon | October 23..... Catherine Webb |
| October 21..... Roy Dyer | October 24..... Lito Escamilla |
| October 21..... Mary Jane Fague | October 24..... Raquel Falcon |
| October 21..... Alfred Castro | October 24..... Marita Reschman |

AOROSCOPIES

by Charles Cooper

ARIES (March 21 to April 19) You have a tendency this week to be overly modest. Instead, enumerate for yourself your many accomplishments. This gives self-confidence.

Taurus (April 20 to May 20) In trying to arrange a social event, don't be too worried when people's schedules conflict. Remember that you can't accommodate everyone. This weekend, business plans begin to mesh.

GEMINI (May 21 to June 20) Worry and anxiety are your enemies this week. Reassure yourself with the thought that some things can't be fixed, no matter how much you worry. Over the weekend, a social outing provides respite.

CANCER (June 21 to July 22) Someone at home isn't being cooperative. Thus, you find yourself shouldering too much responsibility. Take the weekend to straighten this situation out.

LEO (July 23 to August 22) You are usually very decisive. However, this week, you are unsure on how to proceed on the workfront. Answers come by the end of the week.

VIRGO (August 23 to September 22) Don't force the issue with your mate. This person comes around in time. If you pursue this, arguments and bad feelings are the ultimate result.

LIBRA (September 23 to October 22) Some boredom just comes along with the job. Try to find a way to make things more exciting. Perhaps you come up with an innovative new business plan.

SCORPIO (October 23 to November 21) You're taken back when a friend refuses to support you. However, think this through. It just could be that this person is right.

SAGITTARIUS (November 22 to December 21) You encounter some rude types this week. Overlook this. You can go about your business without having them ruin your plans.

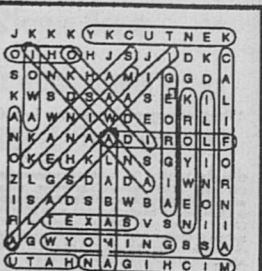
CAPRICORN (December 22 to January 19) It's a week of fits and starts for you. That's because a co-worker is making silly errors. Have a heart-to-heart with this person and straighten the matter out.

AQUARIUS (January 20 to February 18) While the business plans you wish to implement are exciting, this isn't the time to push things. Wait until bigwigs are totally on board. Over the weekend, a loved one provides warmth and understanding.

PISCES (February 19 to March 20) That person offering to do you a favor has ulterior motives. You are right to be suspicious. Remember, your instincts have always served you well.

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 - Kansas
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 - Maine
 - Michigan
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 - Ohio
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 - Utah
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Let us forgive those who trespass against us Drink at his waterfall

Frontier Baptist Church By Dave Crowe

In the New Testament, Jesus spoke to us concerning the love that we should have for our enemies and how we are not to judge one another and how we are to give to and forgive each other.

"Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you.

Give to everyone who asks you and do not turn away from the one who wants to borrow from you, but love your enemies, do good to them, and lend to them without expecting to get anything back.

Then your reward will be great, be merciful, just as your father is merciful.

Do not judge, and you will not be judged. Do not condemn and you will not be condemned. Forgive and you will be forgiven.

Give and it shall be given to you. For with the measure you use, it will be measured to you. For in the same way you judge others, you will be judged."

Jesus asked, "why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye?"

How can you say to your brother, brother let me take that speck out of your eye, when you yourself fail to see the plank in your own eye?

You hypocrite, first take the

plank out of your eye and then you can see more clearly to remove the speck from your brother's eye."

"The good man brings good things out of the good stored up in his heart and an evil man brings evil things out of the evil stored up in his heart.

For out of the overflow of his heart his mouth speaks."

"But I tell you that anyone who is angry with his brother will be subject to judgement."

Jesus also said, "therefore everyone who hears these words of mine and put them into practice is like a wise man who built his house on the rock."

Along with loving our enemies and not judging one another and how to live, give and forgive, Jesus spoke to us concerning money, greed and self-righteousness.

"Do not store up for yourself treasures on earth, but store up for yourself treasures in heaven. For where your treasure is, there your heart will be also.

No one can serve two masters, you can not serve both God and money."

"Watch out! Be on your guard against all kinds of greed. A man's life does not consist in the abundance of his possessions."

Paul wrote to Timothy, "People who want to get rich fall in temptation and a trap and into many foolish and harmful desires that plunge men into ruin and destruction.

For the love of money is a root of all kinds of evil. Some people, eager for money, have wandered from the faith and pierced themselves with many griefs."

James writes in the fifth chapter, "Now listen, you rich people weep and wail because of the misery that is coming to you.

Your wealth has rotted and moths have eaten your clothes. Your gold and silver are corroded.

Their corrosion will testify against you and eat your flesh like fire. You have hoarded wealth in the last days.

Look! The wages you failed to pay the workmen who mowed your fields are crying out against you.

The cries of the harvesters have reached the ears of the Lord almighty. You have lived on earth in luxury and self-indulgence."

Let us Love one Another

St. John's Missionary Church By Rev. William P. Adams Sr.

Beloved let us love one another; For love is of God, and everyone that loveth is born of God and knoweth God.

He that loveth not knoweth not God; for God is love. In this was manifested the love of God toward us, that God sent his only begotten son into the world, that we might live through him.

Hearing is love, not that we

Peter writes, "Slaves, submit yourselves to your masters with all respect, not only to those who are good and considerate, but also those who are harsh."

Jesus told a huge crowd of many thousands, the parable of the rich fool.

"The ground of a certain rich man produced a good crop. He thought to himself, what shall I do? I have no place to store my crops.

Then he said, I will tear down my barns and build bigger ones. I'll say to myself, you have plenty of good things laid up for many years. Take life easy, eat, drink and be merry.

But God said to him, you fool! This very night your life will be demanded from you."

It is not a sin to be rich! God gave you the money! What you do or don't do with the money determines whether God will bless you or condemn you. Be rich toward God.

St. Mary Magdalene Church By Lynn McNew

On the grounds of a famous Japanese shrine in Kyoto, there is a spot that features three waterfalls. They represent wisdom, health and longevity. Visitors who pass beneath the falls are invited to choose which of the blessings they want for their lives by placing their hands under the appropriate falls. But according to tradition, a person can choose only one.

Which of the three would you choose? As first I selected health, reasoning that without it longevity would be tainted and with it one would be free to pursue wisdom. Then I thought wisdom would be better, because longevity would be hollow with-

out it and wisdom would prompt more healthful habits.

Fortunately, if you know Christ, you don't have to make the choice. He came to ensure our longevity—eternal life; through His Holy Spirit we have at our disposal divine wisdom; and as far as health, we can rest in His promise: "I came that you might have life and have it more abundantly" (John 10:10). Drink at His waterfall and never thirst again.

Lord, I thank You for the gifts of wisdom, health and longevity you have given me. Help me to use these gifts for Your greater good.

You are welcome to worship with us anytime at St. Mary Magdalene Catholic Church. God Bless You!

We offer up this prayer for our nation

Gateway Ministries Pastor Charolette Corey

Heavenly Father, Mighty Lord God of Hosts, please send your holy angels to watch over and protect our men and women in the military who go to deliver justice by the authority you have given them through their Commander-in-Chief, George W. Bush. We pray that each person in the military do only that which is required of him/her by God. We pray that they not accuse any falsely and that they be content with their wages. (Luke 3:14). We pray for those making decisions that affect your people here and the world over. Whether their authority is political, military, or spiritual in

nature, we ask that you give them godly wisdom with discernment and knowledge with understanding. We ask that you watch over your children, keeping them in all safety and make all provision for their families. We humble ourselves before you, oh Lord, and ask you to forgive us our sins, and to direct us, guide us into all righteousness. We pray for revival in our land to reach out and spread the good news of Jesus Christ to all the world. Please fill us, anoint us, renew us, and appoint us through the living word of Christ Jesus. In the name of Jesus Christ, we ask this, Amen. Greater is he that is in us, than he that is in the world!! I John 4:4 Stand in faith, rest in hope, walk in love.

Muniz speaks to Rotary About Alamo Saddlery

Continued from page 1

designed some that made quite a hit at a recent show in Denver. All of this has led to the latest expansion.

Their web page is being revitalized, Muniz was made of office manager and Ashley is in charge of marketing and product design.

A new building is in the offing that will be located near Highway 90 on 693.

Some things are clear: Hadley Wardlaw is an insightful businessman, Roy Martin is, no doubt, extremely talented as a saddle-maker, and Leisha Ashley, being Happy Shahan's granddaughter is obviously a natural at marketing. Muniz gave a fine presentation and Rotary members went home trying to conjure up some way of starting a successful new business.

SOS Award Winners



Next year's 7th Grade winners pictured from left: Seth Frerich \$100, Micheal R. Stephenson \$500 and Ivan Pinales \$100.

Health

The Life Cycle And Mechanics Of Addiction

By Clark Carr President Narconon

Cravings, depression and guilt are the three parts of the harness that straps an addict into the downward spiral of drug addiction.

In almost all cases, where there has been a long period of substance abuse, one finds the above three symptoms.

What is the best approach to tear down these barriers to successful recovery? Remember, persisting drug cravings are the first barrier to recovery. These are caused by drug or alcohol residues that store primarily in body fat in the form of metabolites. And as mentioned in an earlier article, metabolites are the byproduct of the body's natural processes as it tries to digest or breakdown drug toxins once they are in the system. The chemicals in these fat-stored metabolites seem to have a physical connection to memories the addict has of the experiences associated with using drugs. The metabolites can "re-activate" or come back into circulation in the body at certain later times when the former addict's body metabolism increases. Metabolism is basically the speed of a body's burning up energy. Increased metabolism is known to occur when a person is under stress, experiences strong emotion, during exercise, accompanying weight loss, etc.

Once the drug metabolite chemicals can again influence the body, whether this is perceived consciously or not, an uncontrollable urge to again use drugs can overcome the addict. The active-in-the-body metabo-

lites trigger feelings, thoughts and attitudes about drug use in the addict, at both a physical and mental level. When a loved one or family member asks a relapsing addict, "Why did you do this again when you knew it was wrong?", and the addict answers, "You just don't understand. It was like I had no choice! I can't explain it," the above described process of body-stored drugs re-entering circulation and triggering emotional and physical reactions might best describe what has happened. There are a number of methods that are being used today to address this time bomb of drugs storing in a drug user's fat tissue. One attempt is intravenous ascorbic acid (Vitamin C) treatment. Another is fasting. More and more, we are seeing emphasis shifting to "holistic" treatments as a significant component of substance abuse treatment planning. An effective means of ridding the body of stored drug metabolites has proven to be a program of aerobic exercise combined with nutritional supplementation that utilizes Vitamin B3 (niacin) and extensive sweating in low-heat dry saunas. This detoxification method was researched and developed by L. Ron Hubbard in 1978 and has helped improve the rate of recovery from addiction by eliminating the physical triggers that create drug cravings. It is this process, called the New Life Detoxification Program, that is utilized at Narconon drug and alcohol rehabilitation centers.

Depression is another significant barrier to recovery. The depression an addict experi-

ences is twofold. There is a chemical imbalance that drug and alcohol abuse all by itself creates in the body. Drugs and alcohol inhibit the production of natural body chemicals and in some cases replace them. This impacts the natural body "reward system" that encourages our sense of physical well being or eliminates pain after injury. This bio-physical aspect of the chemical imbalance present in drug abusers is driven by nutritional deficiencies that are the end result of regular use of drugs or alcohol. In most cases, the emotional depression that an addict experiences follows after a person comes off drugs or alcohol, not before. One very real reason for this sense of depression is the declining quality of life a druguser experiences. Another is his or her state of decaying health. Usually, the addict has alienated himself from family members and loved ones.

There often is criminal behavior, the result of the need for hidden money to purchase drugs. It is hardly unusual for an addict to find himself in trouble with the law. The addict does not want this disintegrating life style, but factually he or she has lost control of his life. As personal relationships fall apart or legal problems worsen, he naturally feels bad, down, awful. He will display characteristics of depression or lethargy. One must remember that, before their drug addiction begins, drug dependent persons are basically good people. But as they encounter the real-life problems brought on by addiction, they get trapped in the arduous task of trying to hide or cover up the

deeds or acts that led to these problems. At this point, they begin to feel guilty. This guilt then causes the addict to withdraw even further from family, loved ones and friends. He may even become antagonistic towards those close to him who do not abuse drugs or alcohol. This anti-social behavior is a direct result of his wrong doings and dishonest life style. In order to remove these barriers to their successful recovery, addicts must discover or create a positive change in moral values. They must "get honest," probably the toughest part of recovery.

People do not enjoy admitting wrongdoing, looking at whom they have hurt and how. This process is made even more difficult for an addict because, frankly, he can't "think" very well; his mind is clouded, dulled. However, the age-old basic premise of effective counseling still holds true - "confession is good for the soul." This is certainly true in remedying drug or alcohol addiction.

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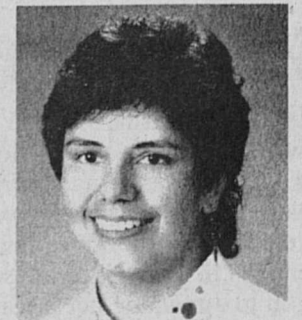
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OWNER OPERATOR AVG \$1.13 in Southwest 5 state area. FFE needs 27 trucks to cover this obligation. Sign-on bonus, base plates, generous fuel surcharge and plenty of freight. 1-800-569-9298.

PROUD TO SERVE AMERICA! Great miles, benefits and bonuses. Class "A" CDL, 6 months OTR required. Continental Express, Inc., 1-800-727-4374, www.continentalx.com

TANGO TRANSPORT, INC. seeking O/O. Flatbed, stepdeck, vans. Contact Van Tidwell, 1-888-408-2646.

TRUCK DRIVERS OTR 3 weeks average - Company drivers & O/O's - good miles/pay, excellent equipment and benefits - Two years OTR experience required. Gulf Coast Transport, 1-888-988-8666.

EDUCATION

EARN YOUR COLLEGE Degree quickly. Bachelor's, Master's, Doctorate by correspondence based upon prior education, experience and study course. Free catalog. Cambridge State University, 1-800-964-8316, 24 hrs.

FINANCIAL SERVICES

BE DEBT FREE - years sooner. Low payments. Reduce interest. Stop late fees. Stop collectors. Family Credit Counseling. Non-profit Christian Agency. Se habla Espanol. Recorded message. 1-800-729-7964. Free quote, www.familycredit.org.

\$\$\$CASH NOW\$\$\$ Why wait? Get cash fast for structured insurance settlements, lottery winnings, trust, and casino jackpots. www.ppicash.com. Call toll free now, 1-800-981-5976, ext. 80.

500FASTCASH.COM - Short term loans up to \$500.00. We want your business. To apply: 1-800-290-8288. Loans by County Bank, Rehoboth Beach, DE (FDIC), Equal Opportunity Lender.

GET CASH FAST! \$100-\$500. Easy qualifications. Never leave home. Funds deposited-checking account next day. Loans by County Bank. Member FDIC/EOL, 1-800-397-2309.

GET OUT OF debt now! Debt consolidation cuts interest, reduces payments, stops collection calls and late fees. Free application. No credit check. NCI, 1-800-270-9894.

STOP FORECLOSURE! BEHIND on your mortgage? Don't file bankruptcy. We can help you save your home. Guaranteed service, 1-800-915-9704, ext. 250, "U.S. Mortgage Assistance".

FOR RENT

2 BEDROOM, 1/2 bath, furnished, fenced yard, carport, \$300 a month, \$200 deposit. Call 563-9389 after 1:00 p.m.

1836 SQ. FT. OFFICE space. Walk in vault, new a/c and heat, handicap accessible \$450/mo. Call 563-2852, 563-9256 or 563-2846.

FOR SALE

HOT TUB, MOPED and gas log. 563-2012

FOR SALE 211 W. Spring St. 2 bedroom/1 bath home w/ lots of extras, sitting on 2 lots. Call Caroline Jones Real Estate @ 830-278-9510 or Carola Cruz @ 830-317-3612.

MARY KAY COSMETICS, Alana Flurry, 563-9435. Evenings/Weekends. Complimentary facials, products, etc. www.marykay.com/afurry

AMAZINGLY LOW PRICE . Wolff Tanning beds. Buy Factory Direct. Excellent service. Flexible financing available. Home/Commercial units. Free color catalog. Call today 1-800-842-1310, www.np.etstan.com

INVENTORY REDUCTION SALE! Steel Arch Buildings. Factory Direct. Save Thousands. 25x26, 35x60, 40x100. Perfect backyard shops/garages/storage. Call immediately 1-800-341-7007, www.steelmasterusa.com

GARAGE SALE

SATURDAY OCT. 20TH, 8 to noon. Unit 13 lot 14, 266 De Zavala Ft. Clark.

2 GARAGE SALES, lots 104 & 120, unit 15 - Shafter Rd. Sat. October 20, 8 AM to 4 PM.

HELP WANTED

RIO GRANDE ELECTRIC Cooperative, Inc. (RGEC) is accepting applications for the position of Receptionist to fill a vacancy in the Cooperative's Brackettville Office. Applicants must be able to provide efficient and courteous service in the receiving and directing of telephone communications. Assist with member payments and account information. Computer knowledge, ability to type and use 10-key and various office equipment. Skills in oral and written communications in the English language. Willing to work overtime, if needed. Applications may be requested by calling 1-800-749-1509 and must be mailed to RGEC, Administrative Department, P.O. Box 1509, Brackettville, Texas, 78832. Applications must be postmarked on or before October 26, 2001. RGEC is an Equal Opportunity Employer.

RIO GRANDE ELECTRIC Cooperative, Inc. (RGEC) is accepting applications for the position of Groundman to fill a vacancy in the Cooperative's Brackettville Office. Applicants must be able and willing to work under adverse weather conditions, including holidays, overtime, and weekend duty. Must have physical stamina to trim trees, lift heavy objects, operate equipment and tools. Must be able and willing to learn to climb poles. Must possess a valid Texas driver's license with a clear driving record and be able to obtain a CDL license within 90 days from date of hire. Applications may be picked up at the Co-op or call Jan Nelson at 830-563-2444. Applications must be postmarked on or before October 19, 2001 and returned to RGEC, Administrative Department, P.O. Box 1509, Brackettville, Texas 78832. RGEC is an Equal Opportunity Employer.

THE MIDDLE RIO Grande Development Council is accepting applications for a Workforce Case Manager I position in the Campwood Workforce Center. Applicants must possess a minimum of a high school diploma and preference will be given to applicants with college hours, a degree and direct experience. Direct or related experience may be substituted for credentials preferred. Applicants should possess a customer orientation and ability to work with all types of customers served through the workforce centers. All applicants must be able to use Microsoft Word and other software applications on a personal computer. Reports directly to the Workforce Center Manager in Brackettville. This position may require some travel within and outside the region. The salary range for this position depending on experience is \$19,155 through \$23,284. Qualified persons interested in applying for this position must submit an application to the Middle Rio Grande Development Council, P.O. Box 1199, Carrizo Springs, Texas 78834, attention Ramon S. Johnston, Deputy Executive Director. Application deadline for this position will be open until filled. Middle Rio Grande Development Council is an equal opportunity employer and auxiliary aids and services may be made available upon request to individuals with disabilities. For more information, you may contact our TDD Voice line (830) 876-1260 or our main line (830) 876-3533.

FOREMAN. INDEPENDENT, RESPONSIBLE individual for progressive West Uvalde County ranch to do all work required to manage all day to day operations including rotational grazing system for large herd of stocker cattle and Spanish goats, hunting, and equipment operation. Horse work required. Skills in maintenance and equipment operation helpful. College work a plus. Nice 3 bedroom 2 bath house furnished. Apply in writing to 19051 Ranch Rd. 385, Harper, TX 78631-5039 or by fax (830) 864-4658.

AMAZING INCOME OPPORTUNITY! Multi-million dollar prefab housing manufacturer since 1979 seeks local area representative. Applicant chosen for this prestigious position must start immediately. Details 1-888-235-0769.

ATTENTION! WORK FROM home. Up to \$500/\$1500 mo. PT, \$2500/\$5000 mo. FT. Great for moms. Free information. Toll free 1-877-864-RICH or visit www.SmartWork4U.com

CIRCLE THIS AD! Work at home. Earn up to \$2000/mo PT, \$7000/mo FT. Training provided, free information, www.mycashbiz.com or 1-800-754-6020.

REAL ESTATE

O'Rourke Realty
Elsa & Paul O'Rourke
830-563-2713
Rentals Available

• 3 bed, 2 baths, play room with Jaccussi, spacious living room, fireplace, lots of oak trees on golf course. Price reduced.

• 3 Good size bedrooms, 2 baths, spacious kitchen, old fashion porch faces club house. The price is right.

• Furnished efficiency townhouse. Perfect for winter Texans.

• 3 bed, 2 1/2 baths, den, best location.

• 3 bed, 1 bath furnished 49er, fence, storage bldg. Possible owner financing.

Available to show all properties on week - ends.

MISCELLANEOUS

\$9.95 INTERNET ACCESS 56K, unlimited local numbers. Call Amigoz 317-5699.

ATTENTION! BAYCOL USERS (Lipobay/Cervastatin). Death or kidney failure, Rhabdomyolysis. Grossman & Waldman, 1-800-833-9121. Free confidential consultation. Board Certified. No fees/expenses - No recovery. Houston - Principal.

FLORIDA BEACHFRONT CONDOMINIUMS. Destin, Navarre, Ft. Walton, Beaches of South Walton. From \$113 per night, Fall, three-night minimum. Free golf. www.destinresorts.com or 1-800-336-9669.

MOBILE HOMES

REPO'S \$500 DOWN. WAC 774-7711.

NO APPLICATION REFUSED. Credit problems o.k. 774-7711.

IURGE VENDER! UN mobile home double usada en buen precio 774-7711.

ABANDONED HOME! NEEDS owner 788-0299.

PERSONAL

WOOD CARVERS, BEGINNERS OR advanced, meet Saturday Oct 20th 9:00 a.m. Ft Clark R.V. Park Kitchen Public Welcome, 563-3455

SELL IT IN THE CLASSIFIEDS CALL 563-2852

KINNEY COUNTY LAND CO Molly Earl Kaplan - Broker P.O. Box 1035 Brackettville, TX 78832 830-563-2446 830-563-2447

- 3 Bedroom, 2 bath home on 1 1/2 with city water.
- 700 Acres fenced w/water.
- 460 Acres of prime hunting in Spofford.
- 3 Bedroom, 3 bath home on 20 acres nicely landscaped, sprinkler system, picket fence, county living.
- 3 bedroom home with water well by school in Brackett

LOCKHART REAL ESTATE 830-563-2997
DEBBIE TRANT 104 A-E Spring
BARBARA VOSS

- Price Reduced on 1999 fleetwood home, approx. 1,350 sq.ft., 3 bd, 2 bath, FP, island kitchen, stone skirting, now \$46,000!
- Custom built 3 yr old home, 2 bd, 2 bath, large workshop with CHA, easily converted to extra living area!
- Lovely 2/2 Fuqua home, 16' x 58', carport, large covered patio, fenced yard, workshops, many unique features.

View listings at: www.realestatetxkinneycounty.com

La Fortuna Ranch Sales Phyllis and Les Meyer 830-563-9911
615 Hwy 90 East

Homes in Fort Clark Springs, Historical and Recent Construction
*2/2 Carport near historical district, FCS, 3 yrs. old \$68,500.
*4/3/2, All the extras, in the Oaks, FCS.
*4/3/ carport on 5 acres 1.5 miles NW of town, paved frontage, white picket fence, Landscaped - Quality improvements.
*2/2/2 with storage and huge Oaks / on 2 lots in the Oaks, FCS.
New Listing 80 acres just north of Brackettville. Great building site, Quail, Deer, & Turkey - May Divide.

Other Ranches Available 80 - 17,000 acres

REAL ESTATE ACREAGE-FREE LIST. Affordable hunting ranches 100-640 acres or more, lowest prices. E-Z terms. Toll-free 1-866-379-5263.

BUY WHOLESALE DIRECT - Wholesale brokers of Quality Manufactured homes. Save up to \$40,000 guaranteed. Learn the secrets dealers don't want you to know. 1-800-242-0060.

PURCHASE A HOME with little to no \$ out of pocket! 100% home financing available. (Realize the American dream of home ownership). Call today: 1-888-220-6515.

SOUTH COLORADO FALL Land sale 40 acres - \$29,900. October Special: Get \$1,500 off + free closing costs. Rolling fields, rocky mountain views. Enjoy country living yet close to city amenities. Year round roads, survey, telephone/electric, excellent financing. Call Red Creek Ranch toll-free 1-877-676-6367.

SOUTHERN COLORADO LOG Cabin & 35 acres only \$79,900. Own this beautiful 1,250 sq. ft. cabin under construction w/spectacular views of Spanish Peaks & LeVeta Valley. Excellent financing. Won't last. Call 1-800-564-5092, ext. 151. River Ridge Ranch.

WANTED

GOOD NEW OR USED wood burning Bar-B-Que pit. Call 563-9140.

Answers to Crossword Puzzle


S	T	A	R	T	R	A	C	E
A	I	M	E	R	I	G	O	R
S	L	O	P	E	V	E	T	O
S	T	R	E	A	M	E	A	R
S	T	R	E	A	M	E	A	R
A	D	I	T	F	E	D	O	R
B	A	T	T	E	R	R	E	R
O	R	E	D	E	B	I	T	M
B	E	A	R	D	R	A	I	N
S	A	R	A	N	I	N	D	I
M	E	A	N	T	G	R	A	T
H	A	M	B	U	R	G	W	E
A	D	U	L	T	S	C	H	R
H	O	S	E	O	L	E	O	S
A	P	E	R	N	E	L	L	T
S	T	D	S	S	A	L	E	S

Heard The News?

INTERNET SERVICE FROM A COMPANY YOU TRUST FOR ONLY \$14.95 A MONTH!

If you are searching for UNBEATABLE Internet service - look no further. Medina Electric Co-op is committed to delivering quality products and outstanding customer service throughout the region at a price you can afford.

Sign-up today and say GOOD-BYE to busy signals, long distance charges and unreliable service.



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With Internet service from Medina Electric Cooperative, you'll get:

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- Local access numbers provided - which eliminates long distance fees*
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- No contracts to sign
- Technical and customer support is available 24 hours a day, 7 days a week
- No hidden fees or hourly charges
- Easier and faster connection to the Internet
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- Up to 5 megs of web space & up to 5 e-mail accounts - FREE!

Log on to www.medinaec.com or call toll free 1-866-2MEDINA to sign-up today!

*Customers are responsible for choosing local access numbers. MEC will not reimburse for long distance phone charges incurred.

Go Soak Yourself for the Holidays

It's right around the corner. You know - 'tis the season for shopping, fighting the maddening crowds, schlepping heavy boxes and entertaining pesky in-laws. After days like this, imagine settling in to a relaxing hot tub and enjoying an increasingly popular way to rejuvenate tense muscles and overtaxed patience. I like to think of the spa as a pit stop in the rat race of life.

When was the last time you got an update on spas? Would you be surprised to learn that today's hot tubs are enjoyed by the entire family as a place to relax and reconnect?

There's a great story here, in the ligaments as much as the lineage. Hot tubs are steeped in human history. Whether in ancient Greece or modern Japan, people

have soaked away pain naturally in hot, therapeutic baths for centuries. And consider the physiology of soaking.

Strenuous workouts can cause tiny tears in muscle tissue, which in turn release lactic acid.

Hydrotherapy produces a rise in core body temperature, thereby expanding blood vessels and carrying lactic acid away from the muscles more quickly. This process helps to repair and rejuvenate tired muscles. Plus, the soothing water massage releases pleasure-imparting endorphins and eases pain.

Medical research has confirmed particular benefits for those with arthritis, diabetes, high blood pressure, back pain, cold and flu symptoms, and more (though a medical specialist's rec-

ommendation is critical here).

Now, for far less than an annual trip to Baden-Baden, a hot tub can be a retreat where couples and even on-the-go families can share precious time together.

Hot tub technology has advanced dramatically over the past decade.

And some of the best examples of this new breed of hot tubs come from Marquis Spas. Marquis offers a complete line of portable hot tubs, priced from under \$4,000 for a cozy, two-person model, to \$9,000 for one with all the bells and whistles - including 43 jets - and eight seating positions. Honored with consumer and industry awards for its advanced technology, Marquis hot tubs are engineered to provide hassle-free maintenance.