



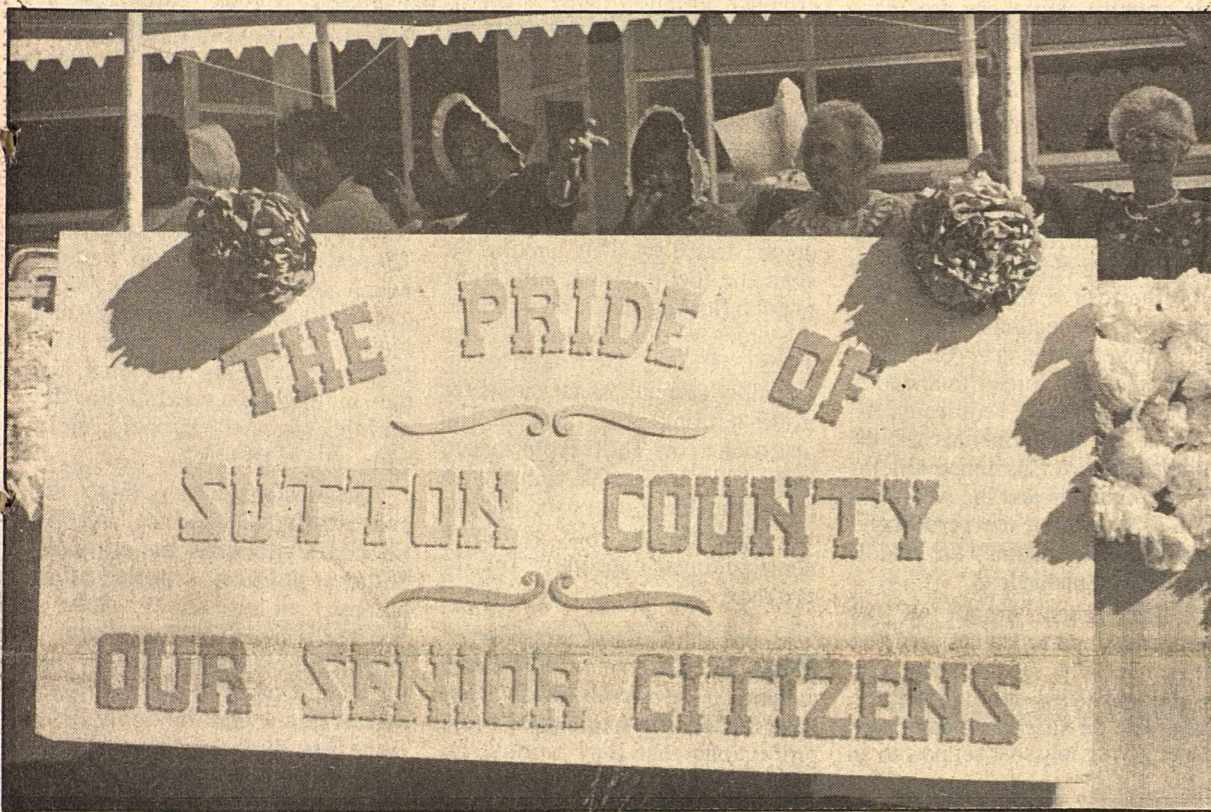
DEVIL'S RIVER NEWS



(155-920)

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Sonora, Texas 76950



Prize winning parade - Residents of the Lillian M. Hudspeth Nursing Home enjoy riding on their float (top) during the Sutton County Days parade. First place winner was the Sutton County Senior Center's float (bottom).

Board approves \$6.1 million budget

The Sonora Independent School District Board of Trustees met in regular session Aug. 15, and gave final approval to a \$6.1 million budget for the 1989-90 school year.

Board members Gary Hardgrave and Michael Smith voted against the motion to approve the budget. The budget was accepted by a 5 - 2 vote.

Before the budget was discussed, the tax assessor's report was presented, indicating the collection rate for school taxes stood at 97 1/2 percent.

The certified tax roll for 1989 (\$421,753,120) was unanimously approved.

When the new budget was approved, it was noted the amount includes all anticipated

expenditures, including repayment of the high school bonds, federal vocational and Chapters I and II funds, and local maintenance and operations.

Director of Business Warren McCarson explained to the board that reserve funds were available to pay off the bonded indebtedness on the high school. Therefore, he said, by setting the local maintenance tax at 87 cents and the interest and sinking rate at zero, sufficient funds to operate the district would be available. At the same time, McCarson said, repayment of the bonds would be insured with no tax increase.

Board member Scott Shurley made a motion to set the 1989 tax rate at 87 cents for maintenance and

operations and zero for interest and sinking. The resolution was adopted 5 - 2, with Smith and Hardgrave opposing the measure.

In other business, the board decided to table until Sept. 12, consideration of bids on property, liability and fleet insurance. Instructions were given to readvertise for bids.

Employee health insurance bids from Great West and Washington National were also discussed at the Tuesday evening meeting. It was noted that due to a heavy user rate during the past year, bids were substantially higher. After some discussion, Great West Life Assurance Co. was awarded the bid for employee health insurance.

Senior Center wins parade float contest

Local senior citizens got a little help from their friends recently.

Aided by dozens of volunteers, the Sutton County Senior Center's entry in the annual Sutton County Days parade was selected from more than 50 entries.

Volunteers that helped make the prize-winning Senior Center's float for the Sutton County Days Parade include Maria Dominguez, Steve Thorp, Euloja Flores, Eloisa Gamez, Smith Neal, Katina Matthews, the Lou Faulks family, Junior Odom, Sue Moore, Eddie Sawyer, Raquel Ramos, Melvin Glasscock, Maria Barrera, Eufemia Virgen, Chris Neal, McShane Matthews, Jeffrey Surber, Gloria Noriega, Red Hoss Feeds, Foxworth Galbraith, Glen Scarberry, Tila Galindo, Stacy Matthews, Rosario Ibarra, Altagracia Flores, Casey Thorp, Beto Duran, Tina Gallegos, Brenda Surber, and some city hall employees.

A special program to honor grandparents is scheduled for Sept. 8.

The Committee on Aging meets Sept. 12 at 5:30 p.m.

Volunteers are needed Sept. 13 for commodity distribution.

Sept. 18 is the last day to sign up for H-E-B camp Oct. 9, 10 and 11. A waiting list has already been started.

St. Anns Church has invited Senior Center participants to join the Diez y Seis de Septiembre parade Sat., Sept. 16, at 10 a.m.

A van is scheduled for a trip to San Angelo Sept. 19.

The American Cancer Society will present a program on "Eating to Live" Sept. 21.

A program on nutrition education will be held Sept. 26.

Senior citizens will be going back to school Sept. 29 - to celebrate the homecoming pep rally at 3 p.m. at the Sonora High School.

Richards: \$40 million unclaimed

State Treasurer Ann W. Richards turned over \$40 million in unclaimed money to state agencies to pay for schools, highways and other general state government services.

The money is from abandoned checking accounts, uncashed cashier's checks, unclaimed utility deposits and the like for which no owners could be found.

"This is one of the best sources of non-tax revenue for the state," Treasurer Richards said. "It has grown from virtually nothing in 1982 to \$40 million this year and each new dollar we collect is a dollar that we don't have to collect from our taxpayers."

The state received a large amount of unclaimed property earlier this week after the Treasury sold its unclaimed stock certificates for more than \$4 million.

In addition, auditors from the Treasury found \$11 million in heretofore unreported unclaimed property from various businesses in the state.

Based on their job performance, the State Auditor has prepared a report that shows Treasury Unclaimed Property auditors had the highest per audit hour return of any revenue collecting agency in state government.

Richards said that while she was proud of the amount of unclaimed property collected and turned over to the state, she was even more proud of the fact that the State Treasury had been able to find owners of \$30 million in lost property during the last year.

"We have found more lost property for the citizens of Texas this year than the total found for all previous years prior to 1983, the first year I was in office," Richards said.

"So far this year we have written checks returning lost property to more than 16,000 Texans and we are finding more each day."

The Richards Administration has collected \$273.5 million in unclaimed property in the past six years, or 86 percent of all unclaimed property collected since the unclaimed property law was passed in 1962.

Of the \$114 million returned to owners during the past 27 years, the Richards Administration returned \$110 million or 96 percent.

In order to find owners of lost property, state law requires the Treasury to public a statewide listing of those persons with \$50 or more of unclaimed property each March.

This year, the Treasury published a list of 110,000 names of persons with more than \$60 million in lost money.

The state can use any money that remains unclaimed for general state expenses and for education. This year \$20 million went to the General Revenue Fund and \$20 million to the Foundation School Fund.

While the state may use money while it remains unclaimed, the owners or the owners' heirs may claim their property at any time in the future.

Briefly

Cookbooks on sale

The Sutton County Unit of the American Cancer Society is now taking orders for the American Cancer Society Cookbook. The book has been written by Anne Lindsay in consultation with Diane J. Fink, M.D.

The cost of the book is \$21.09 each, payable at time of order, and \$10 of the cost will remain in Sutton County for patient services. The book may be ordered by calling Lou Faulks at 387-3269 or Kent Kepler at 387-2684 or 387-2466.

Classes discontinued

Amnesty English classes have been discontinued but will resume in September or October. The date of the classes will be printed in the paper and announced on KHOS radio.

Clases de Ingles para personas de Amnestia han terminado pero continuaran en el Septiembre o Octubre. La fecha de los clases seran anunciado en el periodico y el radio.

Goats needed

Goats are needed for the Lions' Club Auction to be held Tuesday, September 16, 6:00 p.m., at the 4-H Center.

If you have goats you would like to donate, they make be taken to the Branding Iron Smokehouse.

A Fall Festival!!

St. Ann's Catholic Church is holding a Fall Festival on September 16, 1989. The parade will start at 10:00 a.m. with food booths, cake walk, and games to start at 11:00 a.m. and end at 7:00 p.m. There will also be a dance at the 4-H barn at 9:00 p.m. Tickets may be purchased from any church member.

St. Ann's Church is raffling a 23" console color television and \$100 cash. Donations are \$1 per ticket. The winners will be announced September 16 at 4:00 p.m. during the festival.

Proceeds will be used to rebuild the parish hall and all contributions are appreciated.

Lodge meeting

Dee Ora Lodge #715 stated meeting is the third Thursday of each month with a meal served at 6:30 pm and the meeting following at 7:30.

Al-Anon meetings

Al-Anon meets in Sonora on Thursday nights and in Eldorado on Tuesday nights. Ozona also meets every Tuesday night.

For more information on the organization or on the meetings call 387-5775.

Hotline number

Violence need not be a part of your life. Call the Family Shelter in San Angelo at 655-5774. Transportation to the Shelter is available.

Bible Study

Precept Upon Precept is an Inductive Bible Study that appeals to all denominations. Classes will resume in September on Mondays at 6:30 p.m. and Wednesdays at 9 a.m. at the First Baptist Church. For class information contact Mary Hoffman at 387-3017, Virginia Jones at 387-2472 or Marcia Rioux at 387-3228. Books for classes must be ordered now.

Meeting Cancelled

The Independent Cattlemen's Association will not have a September meeting. The next meeting to be conducted will take place the 1st Monday in October at the Sutton County Steakhouse. All members are urged to attend.

Social Security coming

A representative of the San Angelo Social Security Office has scheduled his September visit to Sonora. He will be at the County Courthouse on Thursday, September 21st, between 9:00 a.m. and 10:30 a.m.

Anyone who wants to file a claim for benefits, get information, or transact other business with the Social Security Administration may contact him at this time.

Bronco season tickets

Season ticket sales for Sonora Broncos' home games will begin Monday at the school administrative office, 807 S. Concho St.

Books containing tickets for the five Bronco home games will be on sale for \$20 each. Tickets will be available through September 8 from 8 a.m. till 4 p.m.

Membership Drive

The Lillian M. Hudspeth Memorial Hospital and Nursing home Auxiliary will have its' membership drive meeting on Monday, September 11th at 10:00 a.m. at the home of Sammie Espy, 418 E. 2nd street. Free babysitting will be available during the meeting at the home of Mrs. Dean Prather, 215 Sawyer Dr.

If you are interested in joining this organization please call Sammie Espy at 387-2228 or Charlotte Gilmore at 387-2757.

Drivers urged to play safe, watch the little ones



School daze ...Golden rule days

Who says school is no fun? These Sonora Elementary school students are getting a kick out of recess and having a ball, too. DRN/Staff photo

Firing on the spot..still appropriate for serious offenses

DEAR COMMISSIONER NABERS: Does an employer always have to give a warning before firing someone? If not, under what circumstances can someone be fired on the spot?

P.Y.
Plano, Tx.

Commissioner



Mary Scott Nabers

Texas Business Today

DEAR P.Y.: There is no general law that says an employer ever has to give warnings. However, because unemployment insurance law requires that an employer show work connected misconduct on the part of an ex-employee if the ex-employee is to be denied unemployment benefits, it is wise for employers to have some procedure for dealing with and documenting employee problems. Such a procedure will definitely help an employer prove its case for misconduct, but it is strictly up to the company whether to have such a procedure.

The Texas Unemployment Compensation Act does not distinguish between conduct and gross misconduct, but common sense dictates that there are situations which can call for immediate termination. Theft, intentional destruction of company property, intolerable insubordination, use of alcohol or drugs on the job, and criminal activity are some examples. An employer is not expected to keep a thief on the job while giving him a warning not to do it again, but an

employer must still prove its allegations if the terminated employee is to be disqualified from receiving benefits. Proving serious changes is sometimes more difficult than proving minor ones, so be sure that you have *firsthand evidence* of the outrageous behavior.

DEAR COMMISSIONER NABERS: What is the current maximum amount of benefits that an unemployed person can get?

R.W.
Texas City, Tx.

DEAR R.W.: The current maximum benefit amount is \$210 a week for 26 weeks. As of October 1, 1989, however, the maximum benefit amount will increase to \$217 a week for 26 weeks. The new minimum benefit amount will be \$35 a week.

Mary Scott Nabers represents all Texas employers. If you have any questions you want answered, please write Commissioner Nabers

at : TEXAS BUSINESS TODAY, 614 TEC Building, 15th and Congress, Austin, Texas 78778.

Snips, Quips & Lifts

by Lottie Lee Baker

Happiness is a healthy mental attitude, a grateful spirit, a clear conscience, and a heart full of love. ***

The most lonely place in the world is the human heart when love is absent. ***

As a senior citizen I hope I make it to heaven I won't have to stand in line and fill out a bunch of forms. ***

Having teenagers is what often undermines a parents belief in heredity. ***

A hick town is where they have to widen the street so, they can put a white line down the middle. ***

Isn't it remarkable how our pioneering ancestors built up a great nation without asking Congress for help? ***

Much of history is just gossip that has grown old gracefully. ***

"Home Sweet Home" is where you can put up your feet and let down you hair. ***

A well rounded character is square in all of his dealings. ***

Any patient can telly ou that a hospital bed is the closest thing to a parked taxi with the meter running. ***

A hotel is where you are paying seventy-five dollars a day and they call you a 'guest'. ***

Some hospitals are so crowded that the only way you can get in is by accident. ***

Most housewives are very careful about money. They are afraid their husbands will lose it, so they spend it as fast as they can. ***

If you can laugh at it you can live with it. ***

The nice thing about wearing a smile is that one size fits everybody. ***

Sincere humility attracts. Lack of humility subtracts. Artificial humility detracts. ***

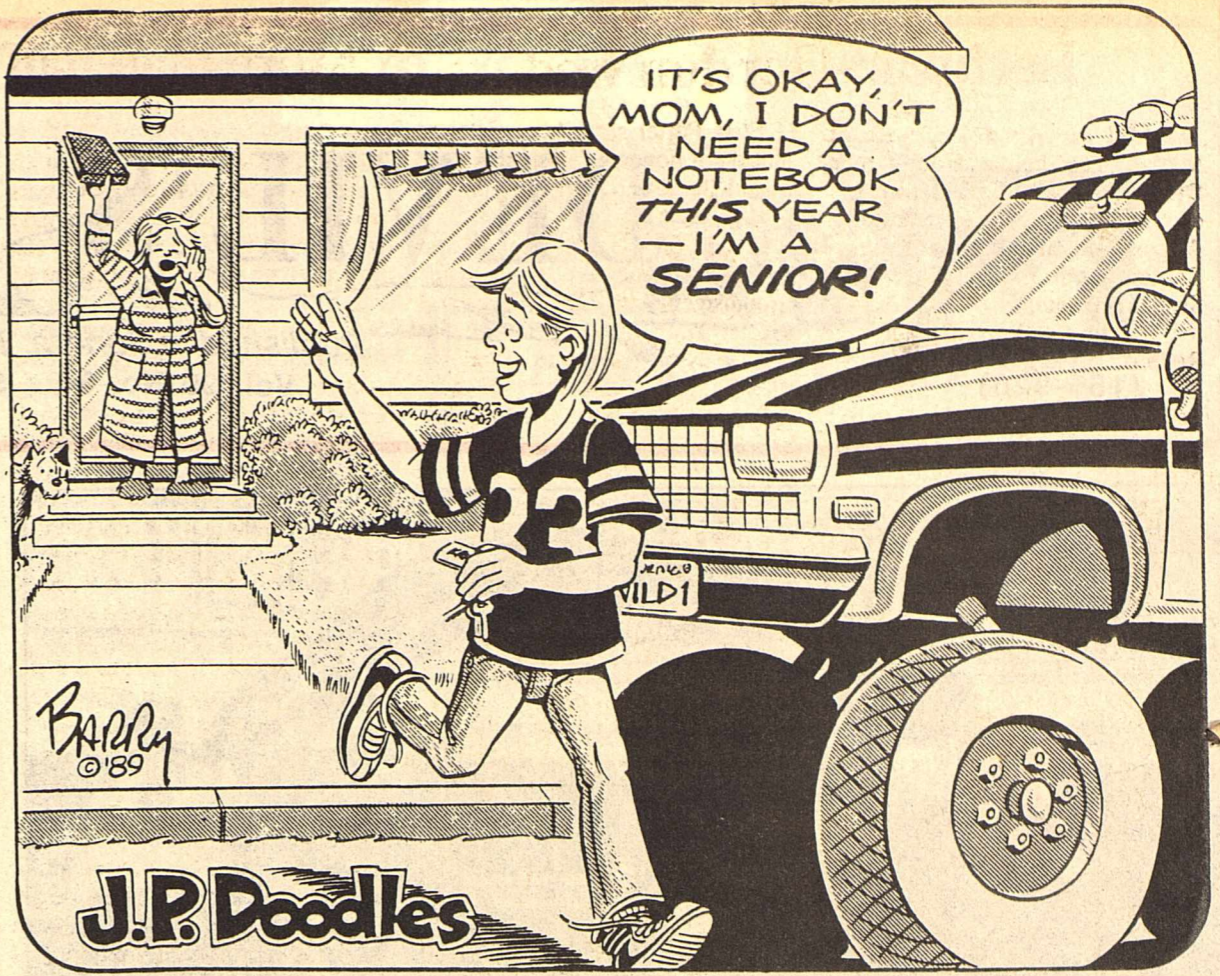
Humor is like a needle and thread- deftly used it can patch up just about everything. ***

The husband who sits under a tree while his wife mows the lawn could be called a "shady character." ***

A sure cure for conceit is to visit the cemetery where the eggheads and the bonehead get the same billing. ***

A LIFT FOR THE WEEK

Why not let God have your life? He can do more with it than you can.



ONE MAN'S OPINION

by T. Driskell

It appears that more than any time in the history of the United States, the conditions for the formation of a third party are ideal. History has taught us that we cannot have a viable third party in this country, but there are many evident factors which might, at this time be conducive to a rewrite of history.

Look back before the latest tax law changes and use your pencil. It becomes apparent very quickly that the big losers were the middle class, from the skilled craftsman to the upper middle class. This is evident from the loss of formerly allowed income tax deductions which force the taxpayer to pay taxes on money he, or she, was forced to spend to meet other law requirements. Considering the loopholes left the middle class versus those left the big corporations and the wealthy it should be evident the percentage-wise (of their income) the middle class bear an undue load.

The recent trends in the Democrats tend to lean toward "we the people" who seem to mostly lie in the unskilled labor category. They vote on strictly an emotional plane; giving massive support to an

individual who proposed spending 100 million (taxpayer's dollars) aiding Ethiopians and somehow missing the needs down the street here. Then the voters scream because they have shortages. The growing attention being given to the "something for nothing" fastest growing segment of the population is alienating many of the conservative democrats, especially middle class members.

The Republicans are oriented toward benefits of the wealthy as demonstrated by their junking the synthetic fuel program, and failure to put a floating surtax on imported oil which would have averted the Texas Crash Demonstration. Certainly two nice sugar plums for multi-national oil. The initial approach to the Thrift Problem sure looked like a windfall with the tax credits paying most of the bill and the second shot has a lot of shortcomings, especially for the taxpayer.

Most middle class taxpayers are forced to depend on Social Security for some of their funds because they have inadequate pensions from the professions that they worked in.

There are Republican drawing board proposals now which should never get out of committee. They are real hair curlers. Dorman of Budget proposed to tax as income the medicare benefits, the military disability pay and the medical benefits received under social security, military disability pay, social security disability pay, and taxing social security pay on a broader basis. The Secretary of Transportation wants to reduce the federal contribution to highway construction and maintenance from 75 percent to 25 to 33 percent which means poorer roads, more gasoline taxes (not deductible) and higher license plate costs. The proposals above are not reality, but they highlight the necessity for the middle class to become more conscious of its votes.

The raw material is there, the conservative Democrats and the liberal Republicans are virtually without political representation because their local representation is good but it has no party behind it. They represent the best raw material for a third party in the history of this country and the only long range hope for the middle class.

New law eases refueling for disabled

Beginning September 1, service stations that offer full-service refueling must pump gasoline and diesel for disabled drivers, upon request, at the self-service price. Stations that have only self-service pumps are not affected by the law, passed during this year's regular legislative session.

To receive refueling service at the self-service price, a driver must display a disabled person insignia, validation sticker, identification card, or license plates issued by the highway department.

The new law allows Class C misdemeanor charges to be filed against a station manager who does not establish a policy providing refueling service for the disabled driver. Similar charges can be filed against an individual employee who is acting against station policy and refuses to provide this service when requested.

The law will be enforced by the attorney general or a local prosecuting attorney.



Tears of joy...

An emotional Brittany Kemp, newly crowned Miss Sutton County, waves to supporters during ceremonies at the courthouse Saturday afternoon. The 17-year-old high school senior said she is looking forward to helping promote the community. Staff photo by Susan Henderson

Mistakes are made...

Sorry we made a mistake on the front page last week. We hope everybody will understand and bear with us. Here are the happy winners in their correct placement.



Big prizes for little people...

Amber Pajestka and Wilson Wallace appear surprised after winning the titles of Little Miss and Little Mr. Sutton County during Sutton County Days Saturday. Staff photo by Susan Henderson

Here's my card

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MEMBER 1989

TEXAS PRESS ASSOCIATION

Lechwar-Gordon wed

Melissa April Lechwar of Midland became the bride of John Dale Gordon, of Midland, formerly of Sonora, at 11 a.m. Saturday, August 12, at Kelview Heights Baptist Church. The Rev. Bill Skaggs officiated.

The bride is the daughter of Ronald F. Lechwar and Jacquelyn P. Lechwar, both of Midland. Parents of the bridegroom are Mr. and Mrs. Travis P. Gordon of Midland, formerly of Sonora.

Elisa Porter served her sister as matron of honor. Bridesmaids were Staci Kilgore and Patricia Byrd.

David Gordon, brother of the groom, served as best man. Groomsmen were Alan Kilgore and Robert Lechwar, brother of the bride. Russell Potter was usher. All attendants are residents of Midland.

The newlyweds are making their home in Midland, following a wedding trip to San Antonio.



JERRY DOUGLAS

Phil Brassie, Vice President and General Manager of KLST-TV, announces that Jerry Douglas, better known as John Abbott on the multi-E Emmy Awards winning serial, *The Young and the Restless*, will be the guest of KLST and the United Way of Tom Gree County at the Annual United Way Tailgate Party, Saturday, September 16th, 4:00-7:00 p.m., at the San Angelo Stadium. *The Young and the Restless*, now in its 17th year and broadcast daily on KLST at 11:00-12:00 noon, concerns modern family relationships.

According to Brassie, *The Young and the Restless* is the highest rated daytime soap in the Concho Valley, where it regularly delivers a

17 household rating and a 55 household share. Douglas plays John Abbott, the President and founder of Jabo Cosmetics who is currently married to Jessica, and is the father of Jack and Ashley Abbott and Traci Carlton.

Brassie also announced that Douglas would make an appearance on Sunday, September 17, 1989, 2:00-3:30 p.m. at the San Angelo City Auditorium for the city premiere showing of the CBS "Get Ready" Fall Preview Campaign sponsored by KLST and K-Mart of San Angelo. 1500 free tickets will be made available exclusively at the two K-Mart locations. The presentation will consist of a 30 minute taped presentation, door prizes, and a Jerry Douglas autograph session.

More than half of childhood cancers are curable

Today more than half of childhood cancers are curable. A vast difference from only 30 years ago, when the cure rate was nearly zero. Some childhood cancers can now even be cured in 90 percent of cases.

However, according to Dr. Lawrence Frankel, Chairman of the American Cancer Society's Childhood Cancer Committee, "Even though these statistics show an encouraging improvement since the late 1950s, childhood cancer is still the number one medical cause of death in children under the age of 14 because every year in the United States, 8,000 new cases of cancer are discovered in children."

Dr. Frankel, Director of the Division of Hematology/Oncology in the Department of Pediatrics at Scott and White Memorial Hospital and Clinic in Temple, notes that "since Texas is one of the leading centers in the United States for research into and treatment of childhood cancer, the most important thing for people to understand is that the majority of childhood cancers are curable."

"Parents and others who care for children should not ignore signs of poor health in their children out of fear of detection of cancer," urged Dr. Frankel.

The American Cancer Society has issued the following eight warning signs of childhood cancer:

1. Continued, unexplained weight loss
2. Headaches with vomiting in the morning
3. Increased swelling or persistent pain in bones or joints
4. Lump or mass in the abdomen, neck or elsewhere
5. Development of a whitish appearance in the pupil of the eye
6. Recurrent fever not due to infections
7. Excessive bruising or bleeding
8. Noticeable paleness or prolonged tiredness

"The signs of cancer in adults are not the same warning signs of children," said Dr. Frankel. "Parents should be aware of cancer warning signs, but not any one of the signs necessarily means that a child has cancer."

"The public needs to be aware that there is help available for children who have cancer and their families through the American Cancer Society and many of the centers which provide treatment throughout Texas and the United States," said Dr. Frankel.

Asked his advice to parents and

Home News...

others who care for children, Dr. Frankel stressed, "Don't ignore any signs of potential health problems in children. They are the future, and, with our help, that future can be a healthy one for most of them."

Mr. and Mrs. Buster Jennings and Ana and Jim Brummett from Georgetown visited J.L. Ivy in San Antonio. The Jennings went to Georgetown and visited the Brummetts returning on August 28th.

Hill's Gift Registry

Melinda McDonald bride-elect of Rick Powers
Holly Estep bride-elect of Gary Turner
Patty Dueñes bride-elect of David Fuentes

Hill's Jewelry

Downtown Sonora 387-2755

The West Side Lions Club would like to thank the citizens of Sutton County for their support during Sutton County Days.

Tedford Jewelry Bridal Gift Registry

Melinda McDonald bride-elect of Rick Powers
Amy Whitehead bride-elect of Jim Perry
Downtown Sonora 387-3839

We invite our family and friends to a Reception to celebrate the Seventieth Birthday of Ruby Mayhew given by her children on Saturday, September sixteenth Nineteen hundred and eighty-nine from five until ten o'clock in the evening Sutton County Steakhouse I.H. 10 and Golf Course Road Sonora, Texas
Mrs. Mayhew requests no gifts please

OWNERSHIP HAS ITS PRIVILEGES . . .



Date: Saturday, September 9, 1989
Time: 9:00 a.m. - 2:00 p.m.
Place: Tedford Jewelry
Downtown Sonora, Texas 76950
(915) 387-2434
HERFF JONES CLASS RINGS

HEALTH CARE

by Scott Gilmore, Hospital Administrator

Lowering risk of heart disease

Over 63 million Americans have one or more forms of heart or blood vessel disease.

Although not all risk factors, such as family history, can be controlled, there are certain changes you can make that will help reduce your personal odds of developing heart disease.

The American Heart Association recommends kicking the cigarette habit; maintaining a healthful weight; controlling your blood pressure through diet, exercise, reducing salt consumption, and using medication when necessary; and getting your total cholesterol level checked regularly.

RISK FACTORS: ONES YOU CAN CONTROL

SMOKING: If you smoke, you are two to three times as likely to die suddenly from a heart attack as someone who does not smoke.

HIGH BLOOD PRESSURE: Almost half of the people who have high blood pressure don't know it. Have your blood pressure checked once a year.

OBESITY: If you are 20% above your ideal weight, you have twice the chance of developing high blood pressure as less heavy people. Losing weight can help lower your blood pressure.

POOR EATING HABITS: Foods high in cholesterol and saturated fat increase blood cholesterol, thereby increasing your risk of a heart disease.

What you should know about arthritis

Virtually all of us, if we live long enough, will develop arthritis in one or more of our joints.

Millions of Americans suffer from arthritis, but that doesn't mean that they all have the same ailment. The word "arthritis" simply means joint inflammation, something that can occur in over 100 conditions.

This article concentrates on osteoarthritis because it occurs most frequently and is the most common form of arthritis.

Osteoarthritis is a degenerative joint disease that occurs most often in men and women over 50. It results from a loss of cartilage (the lubricating surface covering the bone) in the joints. The pads of cartilage at the ends of the bones become frayed and rough instead of smooth. Bony spurs may develop, preventing normal movement of the joint.

With time, large section of cartilage may be worn away completely, leaving the ends of the bones unprotected. Without their normal gliding surfaces, joints become painful to move.

This disorder often affects the large weight-bearing joints--knees and hips--as well as the spine.

Other joints involved include the finger joints closest to the fingertips, the joint at the base of the thumb, and the joint at the base of the big toe.

If you are suffering from arthritis, it is important to see your doctor so that he can identify the kind of arthritis you have and design the proper treatment plan.

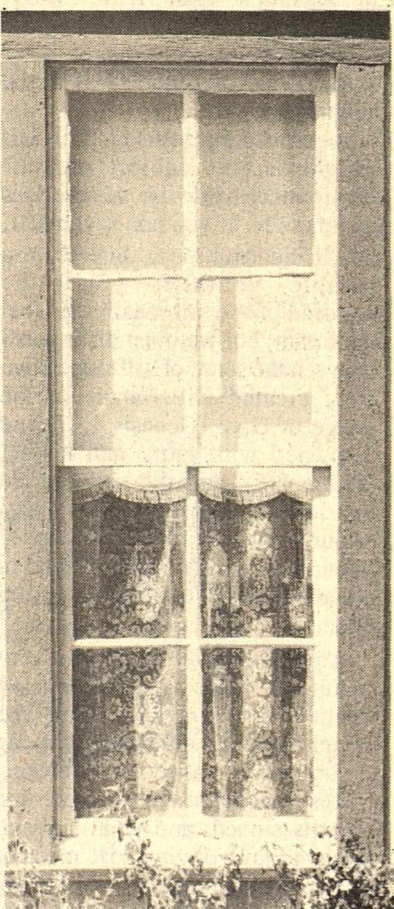
COMMON SYMPTOMS

- *swelling or bony growths in one of more joints
- *stiffness, particularly early in the morning
- *recurring pain or tenderness in any joint
- *inability to move a joint normally; general stiffness

Although no known treatment can reverse the process of osteoarthritis, following a prescribed treatment plan may ease your pain and make your joints stronger and more flexible.



"Ronnie Cox would like to be your pharmacist"



Where is this window?

The first reader to identify the location of this picture Friday will receive choice of a 3 month subscription to the Devil's River News or a 25 word classified ad. So everybody put your thinking caps on and try to win!

FANTASTIC! FALL SAVINGS!

\$40.00 OFF EVERY 14K GOLD HIGH SCHOOL CLASS RING

\$20.00 OFF EVERY 10K GOLD HIGH SCHOOL CLASS RING

FREE CUSTOM FEATURES A VALUE OF OVER \$50!

ARTCARVED CLASS RINGS

SALE ENDS NOVEMBER 30, 1989

Diamonds, CZ's and Diamond Panels are available for an extra charge.

Hill's JEWELRY 204 NE Main 387-2755

New Arrivals

Stacy Lea Sanchez

David and Mari Sanchez are proud to announce the arrival of their daughter, Stacy Lea.

Stacy was born August 30 at Angelo Community Hospital. She weighed 7 lbs., and was 19 1/4 inches long.

She is welcomed home by her big sister, Amanda.

Maternal grandparents are Mr. and Mrs. Azael Villarreal of Ozona. Paternal grandparents are Mr. and Mrs. Enrique Sanchez of Sonora.

Fire Dept. News

The Sonora Volunteer Fire Department would like to thank Graham Resources, Creek Swabbing, and Kerbow's Little Outdoors for their support during preparation of the Sutton County Days Volunteer Fire Department activities.

Also thanks to all of the citizens who supported the "Washer Pickin" contest. Winner of the 19" color TV was Jimmy Cahill; Rod and Reel, Johnny Fields; and smoke alarms, Saul Palos.

Center Menu

Monday, September 11-Meat Ball in Spaghetti Sauce w/Cheese, Spaghetti, Green Beans, Garlic Toast, Vegetable Salad, Peach Half in Vanilla Pudding

Tuesday, September 12-Oven Fried Chicken, Potato Salad, Harvard Beets, Corn Bread, Cabbage/Carrot Slaw, Lemon Bisque

Wednesday, September 13-Pepper Steak w/Rice, Sweet Peas, Broccoli w/Cheese Sauce, Hot Rolls, Cherry Crisp

Thursday, September 14-Steak Fingers w/Cream Gravy, Potatoes AuGratin, Buttered Spinach, Corn Bread, Pineapple Up-Side Down Cake

Friday, September 15-Pork Steak w/Cream Gravy, Mashed Potatoes, Buttered Carrots, Hot Rolls, Creamy Coleslaw, Peach Cobbler

Congress must act quickly to establish budget

Reducing our federal budget deficit remains a top concern of the American people. And no wonder.

Americans know that continued deficit spending only succeeds in using up credit that should go toward job creation and new business exploration.

Under the Gramm-Rudman deficit reduction law, Congress must reduce the deficit for fiscal year 1990 by over sixteen billion dollars. This will bring the deficit under the one hundred billion dollar limit set for that year. If this does not happen, the budget is subject to across-the-board cuts. Funding for public transportation, military and other services would feel the consequences.

Last year's presidential election indicated that Americans want the deficit reduced by cutting spending, not by new taxes and not by Gramm-Rudman cuts.

During the month of July, Congress laid out the general framework of next year's budget, and has set spending levels for some programs.

Tough decisions remain. Nearly fourteen billion dollars in spending



Washington Update

By Congressman Lamar Smith

reductions and roughly five billion dollars in new revenues must be found in order to bring the deficit below the Gramm-Rudman target.

Congress had better act quickly on these matters. The Gramm-Rudman law (not to mention common sense) requires that Congress have a viable deficit reduction plan on the President's desk 15 days after the new fiscal year begins on October 1.

If Congress cannot come up with a plan, then the Gramm-Rudman axe will fall, cutting into the meat of vital programs as well as the fat of government waste.

Under the federal budget process, Congress first lays out a general

blueprint for government spending. This is known as the "Budget Resolution," and it sets the overall spending limits for the various functions of government.

The Budget Resolution also spells out what spending decreases must be made to reach the deficit target specified by the Gramm-Rudman law. For the coming fiscal year, the deficit target is \$100 billion, which is to be reduced by \$36 billion each successive year until the deficit is eliminated in fiscal year 1993.

The Budget Resolution places spending limits on each of the thirteen regular appropriations bills that

Congress must pass to fund the government.

The House has passed all thirteen appropriations bills and has sent them on to the Senate. In the fall Congress will consider a package of spending cuts, known as the "Budget Reconciliation" bill.

Businesses and individuals need to know that the government is getting its financial house in order, and that neither federal borrowing nor taxation will become a hindrance to economic growth.

Congress would do well to remember that the stock market crash of October 1987 came a few short weeks after it failed to meet its deadlines and allowed a new fiscal year to begin without a budgetary plan in place.

Investors knew then, and know now, that the federal government is such a large player in the economy that it holds the power either to enhance or to destroy America's goals of economic growth and financial reward. With that in mind, Congress must come back in the fall ready and eager to complete the budget process on time.

DEATH NOTICES

Leopoldo Guzman

Mr. Leopoldo Guzman of San Jose, CA., died August 31, 1989 in Alexian Brothers Hospital at 1:30 a.m., at the age of 83.

Mr. Guzman was born October 6, 1906. He was preceded in death by one son Margarito Guzman.

He is survived by his wife,

Dolores Guzman, one son, Ramiro Guzman; daughters, Amelia Sanchez and Emma Passerelli all of San Jose, CA.; one half brother, Tomas A. Hernandez; one half sister, Maria H. Dominguez of Sonora; and twenty-nine grandchildren, all from San Jose California.

Robert Mark Moss

Robert Mark Moss, of Llano, died September 3, 1989 at the age of 28.

He was born April 12, 1961 in Burnett. He was the son of Aaron F. Moss and Faye Ann Hawkins.

He married Delhia Schreiber on June 11, 1982 in Llano.

Services were held on September 6, at the Waldrope-Hatfield Chapel.

Moss was employed by Flying V Ranch.

He is survived by his wife, Delhia; one son, Mark Aaron Moss of Llano; his mother, Faye Ann Brewer of Llano; one brother, James M. Brewer of Llano; two sisters, Anita Faye Moss and Paula Florence Moss both of Llano.

Burial was held in Llano City Cemetery.

Alumni Band Day 1989

The 26th Annual Reunion of the University of Texas Longhorn Alumni Band will be held the weekend of the Texas-Penn State football game, September 30.

Deadline for pre-registration is September 15. This year due to a 600 seat limitation for the band, all non-band spouses and guest must purchase a game ticket in advance through LHAS pre-registration. Also meal tickets must be ordered before September 15.

In addition, the game will be nationally televised so there are three possible game-time options. The actual kick-off time will not be available until after pre-registration deadline.

Regular registration will begin Friday, September 29 from 6 to 8 p.m. in the Longhorn Band Hall, and will resume Saturday morning from 6:30 until 7:30 a.m.

For further information and pre-registration materials, call (512) 860-BAND.

SOCIAL SECURITY

Public confidence and satisfaction levels rise

Recent surveys have shown that more people feel confident now that their Social Security is secure and at the time, more people feel satisfied with the service they receive from the agency, Franklin H. Upp, Social Security manager in San Angelo, said.

The American Council of Life Insurance has surveyed public attitudes about Social Security since 1975. It has measured a steady growth in confidence levels since 1984, with a big increase in the last two years. Now, about 49 percent say they feel "very confident", while another 32 percent feel "somewhat confident", Upp said.

The Agency attributes this to the measures taken by the bi-partisan commission in 1983 to restore

fiscal solvency and to the educational campaign undertaken to reassure the public that solvency was indeed a fact.

The General Accounting Office and The Department of Health and Human Services Office of the Inspector General have each surveyed public satisfaction with Social Security services. The public's perception of service received has risen every year since the surveys started in 1984. In 1988, 87 percent gave the agency an overall rating of "good" or "very good", Upp said.

The San Angelo Social Security Office is located at 2214 Sherwood Way. The telephone number is 949-4608.

Busy Bees Day Care
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Church Directory

<p>Church of Christ Minister-Don Jones Bible School-10 am Worship-11 am Sunday Night-6:30 pm Wednesday Night-7 pm</p>	<p>The Church of the Good Shepherd Presbyterian Worship Service-10 am Church School-11 am Communion first Sunday of each month Fred L. Campbell, Pastor</p>	<p>Somebody Cares Ministry Rev. Louis Halford Sunday Adult Bible Hour-9:30 am Super Son Bible Hour-9:30 am Morning Service-10:45 am L.I.F.E. (youth)-3 pm Evening Service-6 pm Wednesday Bible Study-7 pm</p>	<p>First Baptist Church Rev. Jim Stephen Sunday School-9:45 am Morning Worship-11 am Church Training-6 pm Evening Worship-7 pm Wednesday Service-7 pm</p>
<p>Primera Iglesia Bautista Sunday School-9:45 am Worship Service-11 am Training Union-5 pm Evening Service-6 pm Wednesday Service-7 pm W.M.U.-Sunday-2 pm Between Santa Clara & Chestnut</p>	<p>First United Methodist Church Kent L. Kepler Sunday School-9:45 am Worship-10:55 am KVRN 98 AM-11 am Children's Choir-Mon. 4:30 pm UMYF-Wednesday 6 pm Chancel Choir-Wednesday 7:30 pm</p>	<p>Hope Lutheran Church Sunday School-10 am Worship Service-11 am Thursday: Adult Bible Class-8 pm Charles Huffman, Pastor</p>	<p>St. Ann's Catholic Church Rev. Lawrence D'Mello Saturday Night Mass 7 pm English Sunday Mass 8 am Spanish 11 am English Holy Day Mass-7 pm</p>
<p>Sonora Tabernacle United Pentecostal Rev. Kenneth Doyle, Pastor Sunday School etc. -10 am Prayer Meeting- 6:30 pm Evening Worship-7:00 pm Prayer Meeting-6:00 pm Wednesday Service-7:00 pm</p>	<p>Jehovah's Witness 310 St. Ann's 387-2679 or 387-3947 Spanish Meeting Public Talk-1 Sunday Watchtower Study-1:55 Sunday Theocratic Ministry-7:30 pm Tue. Service Meeting-8:15 Tuesday Bible Study-7:30 Thursday</p>	<p>Jehovah's Witness 310 St. Ann's 387-2679 or 387-3947 English Meeting Public Talk-10 Sunday Watchtower Study-11:55 Sunday Theocratic School-7:30 pm Wed. Service Meeting-8:15 Wednesday Bible Study-7:30 Monday</p>	<p>St. John's Episcopal Church 404 NE Poplar Holy Eucharist-Sunday 8 & 11 am Sunday School-9:45 am Holy Eucharist w/Prayers for Healing, 1, 3, & 5 Wed., 7 pm Daily Morning Prayer-M-F 8:45 am Rev. J. Monte Jones, Rector</p>

The following businesses urge you to attend the church of your choice

<p>Westerman Drug COX DRUG, INC. 387-2541</p>	<p>SW Texas Electric Co-op 853-2544</p>	<p>Food Center Home owned and operated 387-3438</p>	<p>Kerbow Funeral Home 387-2266</p>
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Christian humility

Charles Huffman, Pastor
Hope Lutheran Church, Sonora

Years ago, when Nikita Krushev was Russia's top man, he toured the U.S. One of the places he visited was a material factory, where he especially admired a bolt of fine woolen cloth. The factory executive gave him enough of the material to make himself a three piece suit, but when he returned to Moscow his tailor said there wasn't enough for a suit. Krushev wanted to know how that could be, since he'd been measured at the U.S. factory. And his tailor said: "You must remember, Comrade, that you're not as big a man in America as you are in Russia! That little story, designed to make fun of feelings of self-importance, made the rounds in Russia when Krushev was at the height of power.

In our reading, Jesus gives us His insight on the subject of self-importance, while He summarizes in verse 11: "If you honor yourself, you'll be humbled; but if you humble yourself, you'll be honored". We all desire to feel important, but we must distinguish between the sense of self-esteem we were created with-"made in the image of God" (Genesis 1:27) and "crowned with glory and honor" (Psalm 8:5); and the sinful pride that Jesus speaks of. A great many of our problems today-in the world, in our homes, in the Church, and in ourselves-stem from this imitation pride.

It's like the lady who lost a very beautiful and very expensive diamond out of her dinner ring. She bought a cheap imitation, thinking no one would notice the difference. That's what happened when our first parents sinned, and what sin's all about today. Having lost most of our God-like qualities, we pitifully try to bluff our way through with cheap imitations of the real quality of life. He gave us in the beginning. Expecting compliments, offended at not being thanked, hurt when someone forgets an anniversary or birthday, crushed at not being elected to an office, brokenhearted at not making the team, angry at not being remembered by name, insulted at not being noticed. That's what Jesus describes at "trying to get the places of honor". What a horrible imitation of the real pride God gave us in the Creation.

And the same goes for trying to build our ego by associating with all the "Right" people. False pride brings the grasping for recognition-helping only those who can help us in return, scratching the backs of only those who can scratch back. It makes being accepted in the "Best" circles and invited by the "Right" crowd more important than life itself. It's what causes even church people to gather in their own special cliques, and ignore those who don't "Belong". It's also what makes students risk almost anything in order to be part of the "In Group" at school. It may be important according to Social standards, but it's just a hollow

imitation of the real thing. It's what Jesus describes as "inviting friends, brothers, relatives, and rich neighbors". And He warns us about that kind of pride, that it just can't last: "If you honor yourself, you'll be humbled."

Only those with the right kind of pride can do what Jesus suggests: "go and take the lowest place". That takes real self-confidence. Of course, it doesn't mean we should boast of our humility-for that would also be false pride. Once, as I was having breakfast with a fellow Christian, I made the statement that Martin Luther had once said that pride was the root of all sin. He replied: "Well, I've never had that problem. I've always been a very humble man!" And he was PROUD of it! Bishop Fulton Sheen often said: "Humility for the Christian is like underwear. You should always wear it, but you should never let it show". Genuine pride doesn't care whether it gets recognition or not. Of course, it takes a bit of self-examination to reach that point. Until I realize that I've lost the real diamond and that the imitation just doesn't look the same, I can go on fooling myself.

Someone has said that false pride is like starching a shirt before it is washed. Starch just makes a dirty shirt look even worse. When we've lost the God-like qualities with which we were created, then just 'starching-up' the old self won't get the job done. And there's only one way to get rid of the dirt. It's what the Apostle John means when he wrote in chapter 1 of his first letter: "The blood of Jesus, His Son, washes us clean for every sin". Christ came into the world to clean up our lives and make them as they were when God created them. God thought you to be so important that He gave His only-begotten Son to die on the Cross for you and to rise again, that you might be cleansed from all guilt and shame. When we believe on the Lord Jesus Christ, there can be real pride again-in what God has done for us and with us-as the Holy Spirit declares in 2 Corinthians 5: "If anyone is IN CHRIST, he is a NEW CREATION". We can start over again as men and women made in God's image, crowned with glory and honor, and set apart as His very important people in the world.

Nothing can give us that sense of personal worth except the presence of Jesus Christ. The more we learn to know Him, through the Word and Spirit of God, the more we can be proud of what He's done with us. And when we really feel important down deep inside, then we couldn't care less if we get recognition. And then as Jesus suggests, we can hobnob with "the poor, the crippled, the lame, and the blind"-without worrying about not being seen with the 'right' people. And best of all, we can give our lives to the Lord in eager service, because we're sure of His promise: "you'll be paid back when the righteous rise from the dead."

'SELF' CONTROL

by J. Michael Fish

Formula for a full life

The objective was clear; gather every one of the more than four thousand head of sheep and goats from Juno Ranch's eight pastures and eat their dust while herding them toward the main corrals to be sheared. Almost nine thousand rocky acres of the Dry Devils River country was closely scrutinized for three days while the round-up was underway. Three men spent sixteen to eighteen hours each day horseback, overcoming onery livestock, thrown horseshoes, billowing dust, and the heat of the day to successfully reach the goal.

Every time we saddled our horses, got into our pickups and began a day on the ranch, we had an objective in mind. Can you imagine building a fence with no direction in mind? How much do you think we would have accomplished if we herded cattle with no target in mind?

"Every living thing has a built-in guidance system or goal-striving device, put there by its Creator to help it achieve its goal-which is, in broad terms-to 'live'." Dr. Maxwell Maltz goes on to say in his book, *Psycho-Cybernetics*; "In man, the goal 'to live' means more than mere survival. For an animal to 'live' simply means that certain physical needs must be met. Man has certain emotional and spiritual needs which animals do not have. Consequently for man to 'live' encompasses more than physical survival and procreation of the species. It

requires certain emotional and spiritual satisfactions as well...In addition to helping man avoid or overcome danger, and the "sexual instinct" which helps keep the race alive, the "Success Mechanism" in man can help him get answers to problems, invent, write poetry, run a business, sell merchandise, explore new horizons in science, attain more peace of mind, develop a better personality, or achieve success in any other activity which is intimately tied in to his 'living' or makes for a fuller life."

In other words, it is man's purpose and nature to establish goals and then strive for them. Each immediated goal should lead to progressively greater objective. Just days are made up of hours and minutes, and years comprise days, weeks and months, our ultimate life's goals are made up of our accomplished daily goals.

Always keep your ultimate goal in mind. You will be automatically drawn to it by your natural thought processes and willingness to overcome obstacles in the way. It is through the problems and barriers over-come, you receive wisdom and fortitude for those you have yet to encounter.

For example, you wish to go from Boston to Los Angeles. Your ultimate goal is L.A. Each day you establish a goal of how far you will travel before stopping for food and rest for the next days travel.

Accomplishing the immediate goal after having to stop and change a flat tire, keep enough fuel in the car to continue and several detours because of road construction, you feel confident in your abilities and more determined to forge ahead.

Achieving the goals of a few more days, you 'happily' find yourself in the bumper-to-bumper traffic of the Los Angeles freeways; wondering, "Why did I come to L.A.?"

However, your ultimate objective was realized through the accomplishment of lesser, daily goals. Whether it is managing a ranch to produce a profit and a comfortable lifestyle or reading a book through to the finish, it is done through the satisfying of established goals. Keeping them realistic and attainable, and directed toward your life's fulfillment is the means to the realization of dreams.

WP-Wisdom in the past
±EP-Efforts in the present
G & DF-Goals and dream of the future.

Filing for Social Security disability benefits

You may think applying for Social Security disability benefits is a long difficult process. While considerable time is involved, the application can be completed without much trouble.

Social Security disability is a program for people who cannot work due to a severe impairment expected to last at least a year or result is death. If you feel you meet these conditions, you should apply at once.

To apply for disability, you can call Social Security and arrange an appointment. You can apply over the telephone or in person at your local office. An appointment is not necessary, but you may want to call before coming to the office so you will know what to bring when you come. Whether your interview is conducted in person or by telephone, you will be asked about your medical condition and treatment, your marital status, minor children, and your work over the past 15 years.

Many people like to wait to apply for disability, but the initial application process can take 2 to 3

months. If you have to stop work due to an injury or illness, you should apply as quickly as possible.

When contacting Social Security, you should provide the names, complete addresses, phone numbers, and patient or clinic numbers of any doctors, hospitals, or other medical facilities that have treated you. You can describe in your own words the treatment you have been given.

The local Social Security office will forward the information on your application to a disability determination services office which will contact the doctors, hospitals, clinics and other medical sources for complete medical reports. Social Security will not ask you to see doctor unless medical information is needed and has not been provided in reports furnished by your own doctor. Social Security does not have doctors who examine patients. Each consultative examination is performed by a private physician who charges for the visit. If an examination is scheduled, you do not have to pay the doctor.

If you would like more information about the Social

Security disability program, call Social Security and request the pamphlet, "Disability."

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This space provided as a public service.

Arbor Day Foundation offers free trees

Ten free trees will be given to each person who joins The National Arbor Day Foundation during September, 1989.

The free trees are part of the nonprofit Foundation's efforts to encourage tree planting throughout America.

The ten trees are the Sugar Maple, White Flowering Dogwood, Pin Oak, White Pine, Red Maple, Birch, American Redbud, Silver Maple, Red Oak, and Colorado Blue Spruce.

"These tree were selected to provide benefits every season of the year: lovely spring flowers, cool summer shade, spectacular autumn colors, and winter berries and

nesting sites for songbirds," John Rosenow, the Foundation's executive director said.

The trees will be shipped postpaid at the right time for planting between October 15 and December 10 with enclosed planting instructions. The six to twelve inch trees are guaranteed to grow or they will be replaced free of charge.

To become a member of the Foundation and to receive the free trees, send a \$10 membership contribution to TEN TREES, National Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410, by September 30, 1989.

Help for Parkinson's Disease victims

New understanding about exercise and diet can now help some of the most distressing symptoms of parkinsonism, enabling the patient to function better than previously thought possible, according to recent studies.

Stiffness and slowness of movement are characteristics of Parkinson's Disease. New physical

therapy, coupled with dietary considerations, has resulted in dramatic easing of symptoms. Physical therapy is advantageous because it can be practiced at home by most patients.

Information is available upon request by writing Parkinson Research, Department 409, Winona, Texas 75792.

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SUGGESTIONS FOR PREPARATION OF LUNCHES

1. Freeze a small can of juice and pack it with your lunch. As it thaws, it will keep everything cool.
2. Use a hearty, satisfying bread, like whole wheat, pumpernickle, oatmeal or rye. For variety, try buns, bagels or pita bread.
3. Freeze sandwiches for the week. Frozen sandwiches save last minute preparation and stay safe longer in hot weather. Meat, chicken, turkey and peanut butter freeze well. Mayonnaise does not freeze.
4. Wrap vegetables like lettuce and tomatoes separately in a baggie. They will stay fresher and won't make your sandwich soggy. You can add them just before eating.
5. Meat sliced thin and stacked is easier to bite than one thick slice on a sandwich.
6. Spread margarine or mayonnaise to the edge of the slice of bread so the moist filling won't make the bread soggy.
7. Score an orange and wrap in clear plastic to make peeling easier.
8. Cut sandwiches in quarters, they are easier to eat.



American Heart Association
Texas Affiliate, Inc.



Bronco Football 1989

BRONCO TAILS

News from Sonora High School
by Christi Spain

Excitement is building in Sonora High school this week as students wait in anticipation for the first football game. The Mighty Broncos will travel to Ozona on September the eighth to take on the Lions and hopefully, will bring home a victory. The game is scheduled to begin at 8:00 p.m., so put on your red and white and travel to Ozona to support your team.

If you attend this game, you will see not only great football, but also be entertained by a spectacular half-time show given by the Mighty Bronco Band. They will be wearing

their brand new uniforms. So don't miss it!

Also, a pep rally will be held on Friday at the high school gymnasium in conjunction with the game. The new 1989-90 cheerleaders have worked very hard to promote school spirit, so let's attend the pep rally and show our enthusiasm.

And don't forget-Bronco yearbooks are in! See Mr. Kirkpatrick because there are extras if you haven't bought yours.

CATCH THE BRONCO SPIRIT!!

Varsity Football Schedule 1989

Date	Opponent	Site	Time
September 8	Ozona	There	8 p.m.
September 15	Junction	Here	8 p.m.
September 22	Eldorado	Here	8 p.m.
September 29	Colorado City (Homecoming)	Here	8 p.m.
October 6	Ballinger	There	8 p.m.
October 13	*Fredericksburg	Here	8 p.m.
October 20	*Llano	There	8 p.m.
October 27	*Bandera	There	8 p.m.
November 3	*Hondo	Here	8 p.m.
November 10	*Brady	There	8 pm.

Hosses Scrimmage Crane

by Bronco Booster Bob
The Red Hosses looked good in their scrimmage against Crane last Friday. These two bunches of boys have been going against each other since Jr. High and Crane always seemed to get the upper hand.

The first three quarters of the scrimmage belonged to each teams defense.

Sonora made a great goal line stand and Johnny Terry looked like Spider Man when he went over the quarterback. In what looked like an after thought he grabbed the quarterbacks collar and his feet and head immediately changed places.

Finally late in the game Crane completed a pass for a touchdown. I heard someone say, "Well looks like we need to make two touchdowns now."

The very next play Todd Keller broke loose on a brilliant 70 yard scamper through Crane's defensive guys. Todd got to the six yard line before a seven foot Crane swooped down on him. Guess who was there when the dust settled- Sammy Sentena the 220 lb. offensive tackle!

A couple of plays later Chacho Cahill was able to batter over right tackle (#75) for a touchdown.

On the last play of the scrimmage Tracy Love broke loose on a thirty yard run and guess what he found down field? Sammy's Escort Service! Number 75 finessed a couple of defensive backs and Tracy scored the Broncos second touchdown.

This '89 group of players looked like they were welding themselves into a formidable team. They are pulling themselves into a "help each other" team. However there were some exciting individual efforts, such as Russell Crenwelge's interception and formidable run back and Sammy's batted down pass and Lowder's cut down block on an end sweep and lots more.

I heard a rumor that Coach Hopkins might try to make these boys practice until nearly Christmas.

Sonora-May the Horse be with you.

See you Friday at Ozona for the season opener.

Junior Varsity

September 7	Open	There	6 p.m.
September 14	Junction	Here	6 p.m.
September 21	Ozona	Here	6 p.m.
September 28	Brady	There	6 p.m.
October 5	Ballinger	Here	6 p.m.
October 12	Brady	Here	6 p.m.
October 19	Del Rio 9th	There	6 p.m.
October 26	Del Rio 9th	Here	6 p.m.
November 2	Iraan	There	6 p.m.

7th and 8th

September 14	Open	There	5 p.m.
September 21	Ozona	Here	5 p.m.
September 28	Brady	There	5 p.m.
October 5	Ballinger	There	5 p.m.
October 12	Brady	Here	5:30 p.m.
October 19	Del Rio	There	5:30 p.m.
October 26	Del Rio	Here	5 p.m.
November 2	Iraan	Here	5 p.m.



Looking Good. . .

That's definitely what the Mighty Bronco Band is doing in their new band uniforms. These are the newest military style suits, which our hometown band do deserve. Contributed Photo by Bryant Harris

Youth Rabbit show

The Eldorado Rabbit Club will sponsor an American Rabbit Breeders Association nationally sanctioned rabbit exhibition on September 30 at the 4-H Barn, Hwy 277 in Eldorado, Texas.

The rabbit competition will begin at 8:30 a.m. and continue throughout most of the day with an expected entry of approximately 200-250 animals. Visitors are welcome and there is no admission charge. There will be many rabbits of different breeds and ages for sale

along with rabbit related equipment.

The A.R.B.A. recognizes over forty breeds of rabbits and eight breeds of cavies. Rabbits and cavies are exhibited in various sizes, shapes, colors, ear lengths, ear carriage, fur and wool structures. The size of some of the various recognized breeds of rabbits range from two and one half (2 1/2) to sixteen (16) pounds mature weights and ear length will vary from two (2) inches to twenty-four (24) inches. These are extremely beautiful animals and a sight to behold.

Rabbits have a variety of uses. These uses vary from an excellent

Cont'd on pg.7

School Menu

Monday, April 11-Hamburger, Tater Tois, Lettuce, Tomato Slice and Pickles, 1/2 Orange, Milk

Tuesday, April 12-Corn Dog, Mixed Vegetables, Buttered Noodles, Chocolate Chip Cookie, Milk

Wednesday, April 13-Cheese Enchiladas, Spanish Rice, Tossed Salad, Fruit Jello, Milk

Thursday, April 14-Spaghetti w/Meat Sauce, Buttered Com, Fried Okra, Tapioca Pudding, Cheese Roll, Milk

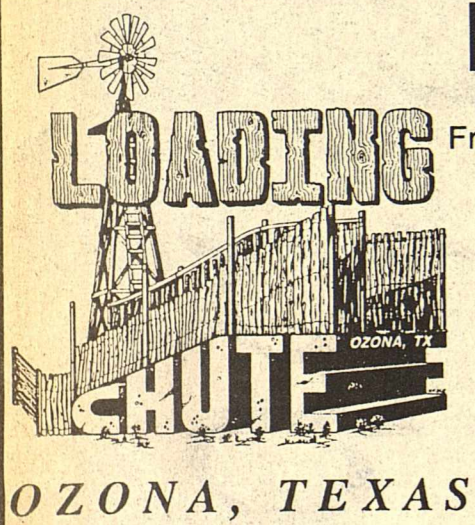
Friday, April 15-Fish Sticks w/Tartar Sauce, AuGratin Potatoes, Broccoli, Corn Bread, Ice Cream, Milk

Football Fans

Sonora vs. Ozona *Come over early and dine before the game.*
Friday, September 8th

Enjoy mouth watering mesquite cooked STEAK*SHRIMP*CHICKEN* CATFISH and our specialty PIT COOKED BBQ

Look for the Old Barn one mile west of downtown Ozona, on highway 290



HEALTH NOTES

by Edwin D. Rathbun, M.D.

It's been a few years since the first High School basketball game was stopped so that everyone could get down on their knees and search for a lost contact lens. This new technology for the 1950's seemed to catch on slowly because of the time-consuming sterilization routines and the unfamiliar task of installing and removing the early lens. Perhaps the first erosion of resistance came with the (glib) advice that cleaning might be done by simply washing the lens off with saliva in the wearer's mouth. Other resistance evaporated when it was seen that practically anybody could confidently install and remove contact lenses and enjoy the benefits of convenience, a cosmetic improvement of not having to wear glasses, eventually we could change eye color in order to snare a (presumably) more desirable mate, or change eye color to the bizarre so as to star in a horror movie.

A recent survey indicates that about half of lens cases and about half of lens cleaning solutions and virtually all bottles of homemade saline solutions were contaminated with bacteria. Two of these bottles of cleansing solutions included acanthamoeba organisms, a one cell protozoa animal that has been found in an inflammation called keratitis, a potentially blinding disease. These germs commonly live in fresh water and soil but also have been isolated from salt water, dust, and hot tubs. They are resistant to freezing, drying, anti-microbial agents, and chlorine at the levels routinely used to treat city drinking water, swimming pools, or hot tubs. The infected patient at first may notice a mildly painful red eye with some difficulty or change of vision. Later on there may be severe eye pain, a curious ring shape pattern of infected material and formation of tiny cysts full of young organisms. It is quite usual for the infection to come and go and eventually to become resistant to the usual medicines used in the treatment of keratitis. Several common antibiotic eye ointments and drops are effective in the treatment of this infection, and a

pill frequently used for treatment of fungus infection is effective in some cases. Treatment may be necessary for up to a year, as the Ophthalmologist observes the eventual surrender of persistent tiny cysts containing the organism. In the 12 years prior to 1984 there were only 81 cases reported in the United States of this infection and those were among patients with penetrating eye trauma or exposure to contaminated water. Since 1984 there have been over 100 new cases and mostly amongst contact lens

wearers. In the past, it has been necessary to resort to corneal transplants or removal of the eye in severe late stage infections.

Tentative solutions for the problem include the use of interocular lenses when performing cataract surgery, heat disinfection of soft contact lenses, and use of commercially prepared solutions with appropriate preservatives that are discarded after three week's use. The materials to diagnose these infections is readily available in most physicians offices and even in small town emergency rooms.

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Rabbit Club. . .

Cont'd from pg. 6

source of edible protein, durable wool, beautiful fur, lovable pets, and as a excellent "hobby" animal. There are hundreds of organized rabbit clubs that sponsor approximately two thousand rabbit shows across the country each year.

Rabbitry sizes vary from the single pet animal to the very large commercial rabbitry that has several hundred does. The most popular rabbitry is from two to twenty does that utilize small buildings, garages or outdoor hutches to produce young for their own personal use, to supplement the family income, or exhibition.

For more information concerning the above show, please contact: Debbie Clark, Box 293, Eldorado, Texas 76936 or call 915-853-3116.

Something to sing about

Amid the bad news about declining numbers of songbirds in North America, ornithologists are finding a bright spot.

According to *National Wildlife* magazine, more than twenty varieties of songbirds seem to be expanding their ranges in this country. Cardinals, house finches and American robins are among the birds whose home territory is growing.

Researchers attribute the songbird spread to the dramatic increase in the number of Americans who put out bird feeders during the winter months.

The Future. . .

Firefighters enjoy the ride in the Sutton County Days parade August 25th Staff Photo Susan Henderson



State Surveys need for health and human services

The Texas Department of Human Services is conducting a survey to help identify the health and human services needs of Texas residents.

The survey, known as the 1989 Special Texas Census, is being conducted by mail and involves more than 38,000 households, including more than 11,000 Spanish surname households. In addition to basic demographic data such as age, sex and race, the survey collects information on each respondent's income, health insurance coverage, employment status, child-care needs and disabilities. The results will be used to support the department's budget and planning process and ensure more efficient use of tax dollars.

Households to be surveyed received letters from Gov. Bill Clements the week of August 21,

announcing the survey and requesting prompt return of questionnaires. Follow-up efforts by the department's Budget and Data Analysis Division will also encourage households to complete and return their questionnaires to ensure a representative sample. The sample is designed to provide valid data statewide, regionally and in selected metropolitan areas.

Data collection will continue through October. A toll-free number is provided for respondents

to get further information or help with filling out their questionnaires.

The survey is similar to one conducted in 1985. The information gathered then was widely used for department budget and planning purposes, including preparing a legislative appropriation request and supporting the need for health and human services. The data was also used by many other state agencies and legislative task forces.

Windows are more vulnerable to heat loss than any other part of a home because they typically aren't insulated like walls, floors and ceilings. Studies at Cornell University reveal well-insulated homes can encounter a 40 percent heat loss through windows. Even with storm windows, heat loss is as much as 10 times greater than through the walls.

"Using movable insulation is one easy and inexpensive technique for reducing heat loss," says Rhonda Snider, energy specialist with the Texas Energy Extension Service. Interior movable insulation such as thermal draperies can help reduce winter heating costs by about 10 percent. Movable insulation reduces cold drafts near windows and reduces infiltration of cold outdoor air and keeps indoor air from escaping.

"One of the greatest advantages of interior movable insulation," Snider says, "is that it can be used to insulate windows at night when heat loss is the greatest, and then be removed during the day to allow for solar heating."

The most common type of movable insulation is louvered shutters, which are mounted on a frame and have small movable or non-movable slats. If you use movable louvers, be sure they fit tightly in the window frame and that the slats (if movable) are closed tightly. This will reduce the amount of heat lost through air leakage on the sides and between the slats.

Although popular, shutters are not the most effective windows form of window insulation, Snider says. Other more efficient forms of movable insulation include thermal draperies and shades.

Reduce your heat loss with movable insulation

The key to using draperies and shades as insulators is to create a trapped air space between the fabric and the window, Snider says. Mounted close to the window frame and sealed on all sides, the tightly sealed air space behind a thermal drapery or a shade will form an effective insulator.

The insulating effectiveness of draperies and shades is influenced by fabric structure. A material's structure determines its ability to trap air. Tightly woven fabrics like foam-backed or suede-type materials allow less air to pass through and prevent heat loss. Tightly woven fabrics are also moisture barriers that prevent water vapor from condensing on the windowpane.

The thickness of materials also influence a window treatment insulating effectiveness. Thick, heavy materials like quilted fabric are better insulators than thin fabrics because they have more material to trap air and resist heat transfer.

A do-it-yourself thermal shade can be made from an old quilt, Snider says. Insulated quilts are easy to sew and mount on a window frame.

Other easily installed window treatments are pop-in shutters made of cardboard or polyurethane paneling that fit snugly inside the window area. Another project for a do-it-yourselfer, this type of movable insulation is light, inexpensive and can be attractively decorated.

Whether you buy it or make it yourself, consider movable insulation as an energy-saving alternative. "By using shutters, draperies, shades, or other window

insulating devices, you can significantly reduce the amount of heat lost through windows and make your home more energy efficient," Snider says.

For more information on making and using movable insulation in your home, call the Energy Hotline at 1-800-643-SAVE, and request the free publication, "Movable Insulation." The Energy Hotline is operated by the Texas Energy Extension Service, a public service program of the Governor's Energy Management Center and Texas A&M University's Center for Energy and Mineral Resources.



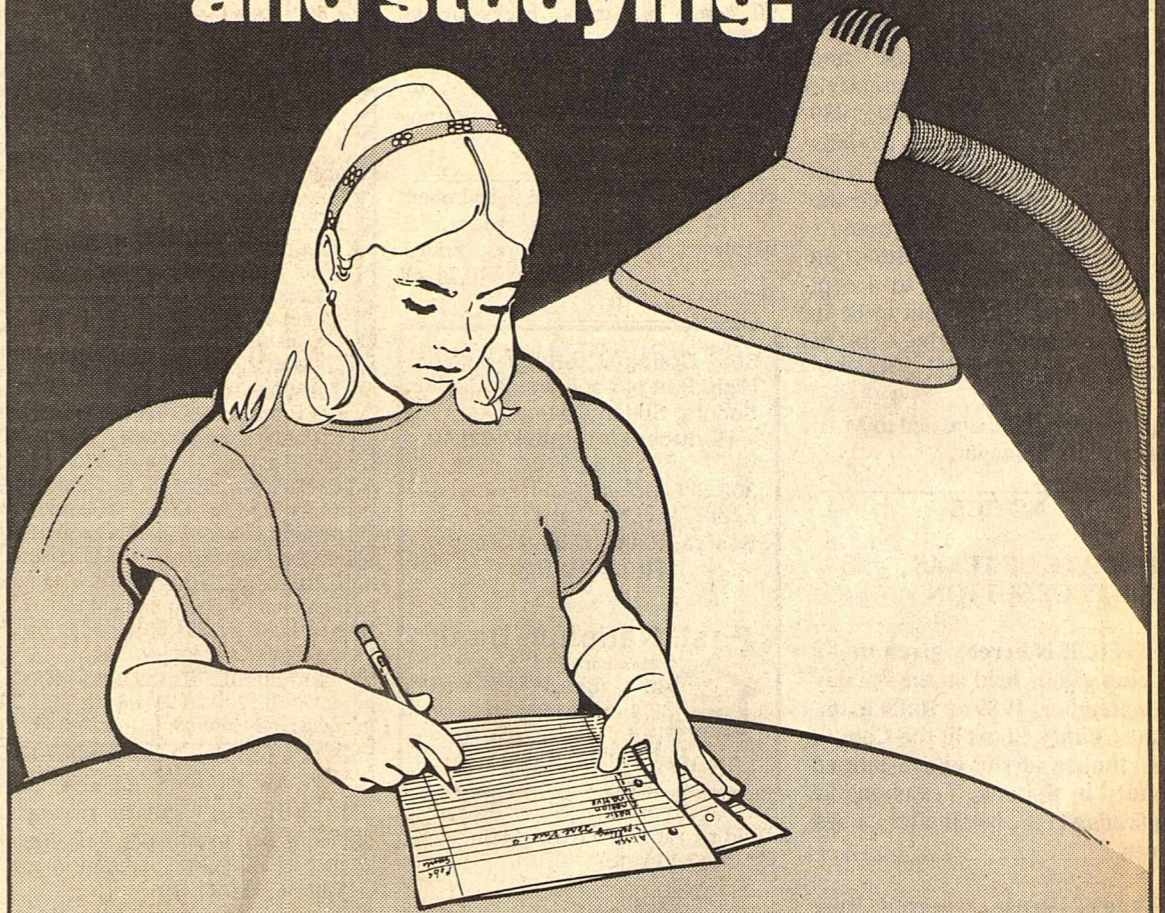
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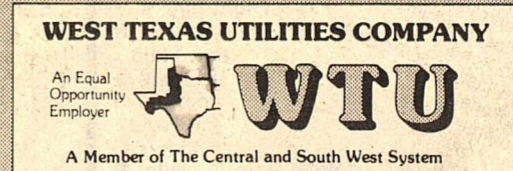
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Use the correct lighting for all your tasks by remembering these lighting tips.

- When possible, move your light source around until you eliminate any shadows or glare to make it easier on your eyes.
- Look for a light source with soft, even illumination so the brightness is balanced down, out, and up.
- When buying bulbs, remember that the lumen rating tells you the light output of the bulb. The watts are how much electricity is needed to produce the light output. And bulb life is the estimated number of hours the bulb will burn.



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Water Well Drilling	SEWING Sewing and Alterations call Susan Floyd 387-2024	Insurance Randy Upham Insurance Agency 405 277 N., Sonora (next door to Pizza Hut) 387-2465
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CLASSIFIED ADS

Public Notice

PUBLIC NOTICE

NOTICE is hereby given that the City of Sonora is now calling for insurance proposals for life, health and dental group programs for city employees. Coverage should be effective from October 1, 1989 to September 30, 1990. Necessary data and specifications may be obtained from the City Secretary, 201 N.E. Main. All proposals must be sealed and addressed to the City Secretary, 201 N.E. Main, Sonora, Texas 76950. The bid envelope must be clearly marked "GROUP INSURANCE PROGRAM" and returned to the City Secretary's office prior to September 19, 1989 at 9:00 a.m. at which time the bids will be publicly opened and read. The City of Sonora reserves the right to reject any and all proposals and to waive informalities on defects in proposals or to accept proposals as it shall deem to be in the best interest of the City of Sonora.

Inquiries should be directed to M.H. Gildon, City Manager.

NOTICE

THE STATE OF TEXAS COUNTY OF SUTTON

NOTICE is hereby given that a hearing will be held on the 7th day of September, 1989 at 10:00 a.m., in the County Court at the County Courthouse of the above named County in Sonora, Texas on the application of the hereinafter named owner

1. Type of license or permit: Beer Retailer's Off-Premise License
2. Exact location of business: 312 Santa Rosa, Building C, Sonora, Texas
3. Name of owner or owners: Albert G. Luna
4. Assumed or trade name: A.J.'s Fast Food

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Any person shall be permitted to contest the facts stated in said application and the applicant's right to secure said license or permit upon giving security for costs as provided by law.

WITNESS MY HAND this the 24th day of August, 1989.

ERMA LEE TURNER
County Clerk
Sutton County, Texas

Real Estate

Hill Country Hunting
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505 College...Behind Junior High. Part of Lot 6 and 8, City of Sonora, Sutton County, TX.
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302 S. Crockett...2 story, across from O'Bryan's. Lot 1, Block T, Sonora, Sutton County, Texas
\$60,000.00

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Mike Hale or Harold
McEwen or call
(915) 387-3861

For Rent or For Sale, Business Building at 218 N.E. Main. Call 387-5047. 15-tfc

3 bedroom, 2 bath with Fireplace and Kitchen Built-ins. Great location on 1. acre bordering city limits and high school. Contact Jack Hearn, Jr. (817) 594-0388. 25-tfc.

For Sale-2 bedroom, 2 bath, ceiling fans, carpet, stove, A/C, deck. No equity, \$18,000. 438 Poplar, phone 387-3461. 23-tfc.

34' x 80' building for sale by owner. Full kitchen, carpets, central air and heat. Paved parking. Fenced yard with sprinkler system. Extra lot optional. 387-3441. 26-tfc

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Business opportunity: Prestigious 8 unit apt building, 2 separate mobile home parks, with some mobile homes included. Call for details.

Corner of Crockett and Wardlaw: Mechanics shop with 2 bay areas, office and living area. Separate storage building and a 2 B, 1 B house. Just \$75,000.

Downtown Area: Mechanics shop and 3 office buildings adjoining one another on a large lot. Good rental property \$110,000.

Carpenter Shop: Nice 3 unit apartment building and a 4 B, 2 B home. All for \$84,000, or can be purchased separately.

Investment Property: Glasscock St. 2 B, 1 B with a 1 B, detached apartment. \$29,000.

5% Down Payment on new Palm Harbor Homes, payment starting at \$250.00 per month on, 3 bedroom, 2 bath (13% A.P.R. for 180 months) 1-800-369-9148. 2tp

House for sale, 2 bedroom, 2 bath, remodeled kitchen, carpet, central heat. 387-2632

Must Sell! 4 bedroom, 3 bath with over 2100 sq. ft. Tape and textured walls. Priced to move-Factory Repo. 1-800-369-9148. 2tp

Home for sale situated on 10 acres, established yard with trees, 3 bedrooms, 2 baths, AC, dishwasher, stove, ceiling fans, satellite receiver, 40 ft. uncovered porch and 2 car carport. Price reduced! Call after 7:00 p.m., 387-5068.

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Spacious apartment-total electric. CH/AC covered car parking. All bills paid. Luxurious living. Hunt Apts. 102 Sonora Drive 387-3672 or 387-2040. 21-tfn

Shurley Enterprises Mini-Storage, 8x12-\$25 monthly and 12x24-\$50, monthly. Please call 387-3619, 9:00 a.m. to 12:30 p.m. Monday through Friday. 22-tfc

2 bedroom, 2 bath, Large home and a 2 bedroom, 2 bath Mobile Home. Both available Sept. 15. Wayne Munn Real Estate, 387-2171. 23-tfc

Small House for rent, suitable for couple or single. Call 387-2256. 15-tfc

2 bedroom w/loft, central air and heat. Partially furnished, carpet, fenced yard. 409-693-3700 or after 5:00 p.m. 409-776-1253, call collect. 21-tfc

2 bedroom, 1 bath, partly furnished, with fenced yard. Ideal for teacher, close to school, 387-3395. 15-4tc

For Rent, Sale or Lease-3400 sq. ft. Building-303 Crockett (Formerly M&M's) 396-2647 between 9-10 p.m.

Double-wide, trailer home for rent. Call 387-2040 or 387-2627. 15-tfc

Mobile Homes

1984 Melody-14 x 60, 2 bedroom, 1 bath, all electric, AC, heat pump, washer, dryer, drapes, etc. Fully furnished. Custom porch included. \$9200.00. Call 387-3619. 2tp

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For Sale

Shade your porch or patio. Brown fiberglass panels, (9) 10 ft., \$7.00 ea. 26" wide, Call 387-2507 or see Hershel Davenport. tfc

New and Rebuilt Maytag Washers and Dryers at Sonora Electric. 211 N.E. Main. Phone 387-2714. 15-6tc

Help Wanted

Nursing Positions in Sonora

RN and LVN positions available at Hospital and Nursing Home. Competitive salary, paid health and life insurance, retirement plan, paid holiday and sick days. Call the Director of Nurses at Hospital 387-2521 or Nursing Home 387-3030.

Need Comfort Station attendant, 6 miles west of Sonora on I-10. Must be at least 17 and have own transportation. 387-2294. 22-4tc

Pumper wanted for a salt water disposal site in Central Sutton County. Must be experienced. Send resume and references to Personnel Dept., 104 Teakwood, Suite 2, Victoria, Texas 77901.

Edna's House of Beauty is now taking applications for operators, 310 Hwy. 277 N.

LVN's needed at Schleicher County Nursing Home. Full time 3-11 shift. Work 4 days, off 2. Part-time 11-7 shift. Work 2 to 3 nights a week. Starting salary \$7.75 per hr., travel pay \$4.00 day. Contact Rita Reeves RN at 853-2049 or Steve Goode at 853-2507. 47-8tc

Television Enterprises is now inviting applications for a cable television installer. Please apply in person at 206 E. Main. No phone calls. We are an Equal Opportunity Employer.

Texas Agricultural Experiment Station at Sonora, Texas has an opening for a Farm Worker I. For further information, contact Charles A. Taylor, Jr., P.O. Box 918, Sonora, Texas 76950 EEO. 30-2tc

Lost/Found

Lost Kennedy Tool Box, \$25.00 reward for return. Call 387-3447 or 387-3411, anytime.

Wanted

"Wanted"

A good woman who can clean and cook fish, dig worms, sew and who owns a good fishing boat and motor. Please enclose photo of boat and motor.

Classified Ads Get Result

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Maytag Sales and Service, check our prices at Sonora Electric Co., Main Street. Phone 387-2714. 15-6tc

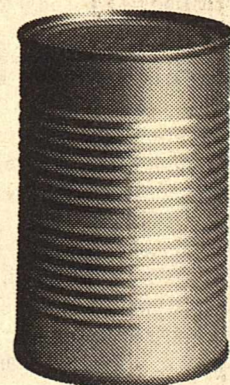
Garage Sale

Large Garage Sale- Saturday, September 9, 1311 Tayloe, 8:00 a.m. to 3:00 p.m. 1tp

Classified ads get results!

Where to write

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Harvey Hilderbran
House of Representatives
Austin, TX 78769
- Texas Senator:
Bill Sims
Texas Senate
Box 12068, Rm. 421,
Austin, TX 78711
(512)463-0215
- U.S. Representative:
Lamar Smith
U.S. House of Representatives
Rm. 509 Cannon House
Office Bldg.,
Washington, DC 20515-4321
(202)225-4236
- U.S. Senators:
Lloyd Bentsen
U.S. Senate
Rm. 703 Hart Bldg.,
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Neat Spanish style home. 2 BR, 1 B, near school. Dining room and fireplace, carpeted throughout. Owner financing available.

Several selected 2 BR homes, priced in your range.

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Have you ever wanted to own your very own business? Opportunities are available with a variety of locations:
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