

# The Castro County News

79th year—No. 18

Dimmitt, Texas Thursday, July 31, 2003

75¢

34 pages

## Three killed in two-car crash

A two-car accident took the lives of two Dimmitt residents and a former Dimmitt man on Sunday, July 27.

Killed in the accident, which occurred about 2:20 p.m. were Dr. Billie Murphy, 69; his wife, Yulia Lukashenko Murphy, 56; and Jeffrey Russell Stovall, 21.

The Murphys were from Dimmitt, where Dr. Murphy had practiced medicine since 1965.

Stovall lived in Canyon, but graduated from Dimmitt High School. He was a student at West Texas A&M University.

According to reports, Stovall was driving a 1991 Ford F150 pickup and towing a Chevrolet Suburban on a trailer, heading

south on FM 2590, also known as VFW Road.

DPS Sgt. Todd Ross said Stovall lost control of the pickup and trailer and veered off the two-lane road to the right. He then overcorrected and crossed into the north-bound lane, colliding with the 1992 Oldsmobile Bravada, driven by Dr. Murphy, Ross said.

The Murphys died on impact, Ross said, noting that the Canyon VFD had to partially cut away the roof of the Murphys' vehicle in order to get them out. Both were wearing seatbelts. Witnesses pulled Stovall from his

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Dr. B.D. Murphy

## Murphy remembered as friend, doctor

By DAVIE A. BROWDER  
Managing Editor

The death of Dr. B.D. Murphy on Sunday in a two-car accident that also took the life of his wife, Yulia, and that of a former Dimmitt man, Jeffrey Stovall, stunned and saddened residents, many of whom had looked to him for healthcare.

In fact, during his career here, he delivered more than 2,000 babies and treated thousands of local residents. He began practicing medicine in 1960 in Littlefield, then moved to Dimmitt in 1965.

Continued on Page 13

## Hart Days



Photo by Sally George

**MISS HART**, Yvette Carrasco, was crowned Friday night during Hart Days festivities. First runnerup was Roxanne Gonzales; second was Marcy Morales, who was also named the Peoples Choice and Miss Congeniality; and Julissa Marin was third.



**BILLY PRESTON, LEFT**, carries the Texas flag for Saturday's parade, while Baiely Present has the United States flag.



**RICHARD AND PATSY ENTREKIN** were parade marshalls for this year's Hart Days Parade. Richard, 73, has lived in Hart since 1958, while Patsy, 71, is a native. For more photos, see Page 12.

## Sales tax holiday is this weekend

AUSTIN - Shoppers can stock up on clothes and shoes without paying sales tax Aug. 1-3, Texas Comptroller Carole Keeton Strayhorn announced.

"I love the Sales Tax Holiday," Strayhorn said. "It's the one time where hard-working Texas families get to keep more of their dollars in their pockets for their families' priorities. The

fifth annual Sales Tax Holiday will be held the first Friday, Saturday and Sunday in August.

"During the Sales Tax Holiday, most clothes and shoes priced under \$100 are exempt from state and local sales taxes."

Strayhorn estimates that Texans will save \$43.8 million in sales tax, including

Continued on Page 13

## W. Nile Virus confirmed in Castro County horse

By DAVIE A. BROWDER  
Managing Editor

One case of West Nile virus in a horse has been confirmed in Castro County, according to Karen McDonald, Zoonosis Control Specialist for the Texas Dept. of Health.

"The horse became ill," McDonald said. "The vet took a blood sample and it tested positive for West Nile Virus. The horse has been treated and is recovering."

In adjoining Lamb County, McDonald said two

horses with West Nile Virus have had to be euthanized.

"We expected to see the West Nile Virus this year," McDonald said. "People should not worry because the precautions we gave out last year remain the same. Follow the Four Ds."

- Those are:
- 1: Dusk and dawn are the time mosquitoes are most active and breeding. You're encouraged not to be out during these times.
  2. Dress: If you're going

Continued on Page 13

## Collins reflects on his service to city as mayor

By DAVIE A. BROWDER  
Managing Editor

Sitting in the mayor's chair for 20 years is an experience that Wayne Collins said he's enjoyed. And it's not like he hasn't seen a lot during those two decades.

People have come and gone; trends have bloomed and waned; and the effects of a more mobile society have forced the city to look for innovative ways to lure industry, jobs and people to this Panhandle town.

"I guess the biggest challenge since I've been mayor has been the declining

population," Collins said. "The changes in the agricultural economy have really put the squeeze on small towns, not only in Texas but across the country."

"What we're trying to do is work on economic development."

Collins said that by diversifying the economy and luring a range of businesses to the area will help assure jobs and keep the tax base growing.

"Since the late 1980s we've had an enterprise zone which allows us to offer industry tax breaks and

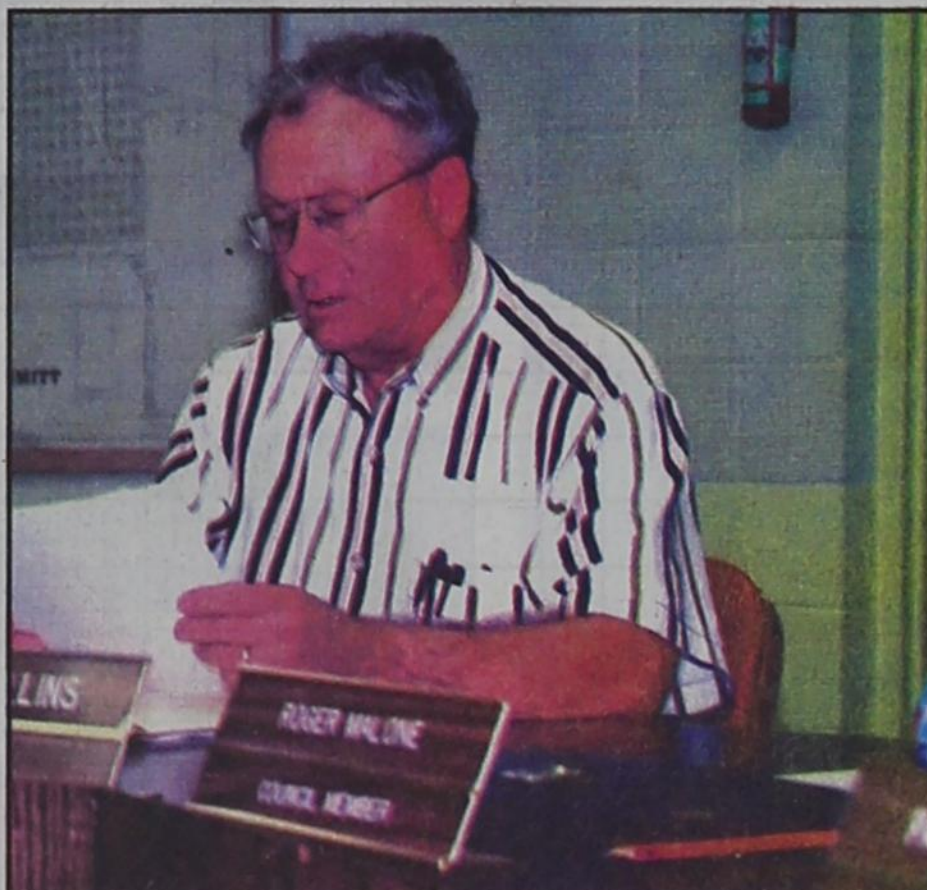
other benefits," he said. "It's been successful, but of course, it's never as much as you want."

He credits the enterprise zone with Cargill's decision a few years back to double the size of its plant at a cost of about \$45 million.

"That created a lot of jobs during construction and added to the tax base," he said. "When Cargill made that investment, we felt like the owners planned to stay and it's been a real asset to everyone here."

All-in-all, he said he sees a

Continued on Page 13



**MAYOR WAYNE COLLINS** looks over the agenda before a recent Dimmitt City Council meeting. The Mayor has been serving the city for more than 20 years.

## Public hearing set for Monday on Classic Cable

The Dimmitt City Council will hold a public hearing at 6:30 p.m., Monday, Aug. 4, in Council Chambers to discuss the feasibility of signing an agreement with Classic Cable. Steve Lowe, executive vice-president of Classic Cable of Tyler, will be attending the meeting.

At the Council's last meeting, members said they had gotten complaints about Classic Cable and would not feel comfortable signing an agreement until members of the public have a chance to voice their feelings about the issue.

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## Don't Forget!

August 15 is the deadline for pictures to be turned in so that they will be included in the 2003 Castro County Pictorial Book.

Bring them by 108 W Bedford in Dimmitt today!

## Castro County

	Hi	Lo	Precip
Wednesday.....	96	63	
Thursday.....	90	63	
Friday.....	97	56	
Saturday.....	98	64	
Sunday.....	98	61	
Monday.....	94	64	
Tuesday.....	98	63	

Readings taken every day at 7:00 a.m. at KDHN, official National Weather Station Service

July moisture .21  
2003 moisture 12.49

# Obituaries

## JEFFREY RUSSELL STOVALL

Services for Jeffrey Russell Stovall, 21, were at 10 a.m., Wednesday, July 30, 2003, at First Baptist Church, Dimmitt, with the Rev. Jason Stone officiating. Burial was at Kress Cemetery at 2 p.m., July 30.

Mr. Stovall died in a two-car accident, Sunday, July 27, in Canyon.

He was born March 24, 1982, in Hereford. He was a 2000 graduate of Dimmitt High School, where he played varsity basketball his junior and senior years and golf his junior year. He attended Amarillo College for two years before transferring to West Texas A&M University. He had attended WTAMU for a year, studying agriculture business.

He had worked in farming



Jeffrey Stovall

with his grandfather and was a member of First Baptist Church, Dimmitt.

Survivors include his mother, Becky Stovall of Dimmitt; his father, Gary Stovall of Hereford; a brother, Jody Stovall of Dimmitt; and his paternal grandparents, Buddy and Mary Stovall of Kress.

## ELDON RAY MANDRELL

Services for Ray Mandrell, 64, were July 24, 2003, at Lowell-Times Funeral Home Chapel in Altus, Okla., with military honors.

He was born Oct. 21, 1938, in Paducah, the son of William Adrian and Mary Ester (Merchant) Mandrell.

He died July 21, 2003, in Altus, Okla.

He married Mary J. Lowery on April 11, 1973, in Winnemucca, Nev.

She preceded him in death, Jan. 11, 1998.

He married Shirley Martin on Mary 13, 2002, in Hereford.

He had been a resident of Altus since January, 1981, moving there from Childress.

He was a bus driver for the Altus Public School System before retiring in April of 2000.

He served in the U.S. Army for eight years and was honorably discharged January 14, 1963.

He was a member of the Baptist Church, the American Legion and VFW Post No. 0117.

His hobbies included playing bingo and fishing and spending time with family and friends.

Survivors include his wife Shirley Mandrell of Altus; five children; Carl Koprowski of Adrian, Ore., Rhonda Wallace of San Diego, Calif., Teri Popma of Portland, Ore., Jill Sullivan and Jimmy of Longview and Trina Marie Mandrell of Dimmitt; a sister, Georgia Ruth Goodman and Harmon of Amarillo; four grandchildren; and a host of nieces and nephews.

He was preceded in death by his first wife and a brother, James W. Mandrell.

## DR. BILL D. AND YULIA MURPHY



Bill D. and Yulia Murphy

Memorial services for Bill and Yulia Murphy will be at 2 p.m., Saturday, Aug. 2, 2003, at the Dimmitt High School Auditorium.

Dr. Murphy and his wife were killed in a two-car collision July 27, 2003, in Randall County, near Canyon.

Dr. Murphy was born Nov. 5, 1933 in Castro County. He graduated from Dimmitt High School as Valedictorian of the Class of 1951.

He then attended Abilene Christian College and Southwestern Medical School in Dallas.

Dr. Murphy served his internship in Fort Worth. He began his medical practice in Littlefield and later moved to Dimmitt in 1965.

He continued his practice in Dimmitt until his death.

He was an active leader and member of his church and the community. Music and singing was a big part of his life. He was also an avid outdoorsman.

He is survived by two sons, Andy Murphy of

Austin and Michael Murphy of Littlefield; three daughters, Marianna Parvaresh of Abilene, Elizabeth Crittenden of Zagreb, Bosnia and Lawanda William of Pflugerville; 10 grandchildren; six great-grandchildren; and three brothers, Roy Murphy of Lubbock, Ray Murphy of Amarillo and Fawayne Murphy of Astoria, N.Y.

Yulia Murphy was born in the Ukraine in 1946. She graduated from a Russian University and served as a patent clerk. She spoke five languages and was serving as a translator when she met Dr. Murphy while he was in the Ukraine on a medical mission trip. They were married in the Ukraine in 1995; she returned to the United States with her new husband and became a citizen. In Dimmitt, she was active in the hospital auxiliary, church and other volunteer activities. Her mother later joined them in Dimmitt, where she passed away in May, 2003.

Mrs. Murphy is survived by her new American family, the Murphys.

The family asks that memorials be made to Hospice Cares, 213 W. Etter, Dimmitt, TX. 70927 or the Plains Memorial Hospital Auxiliary, P.O. Box 278, Dimmitt, TX. 79027,

## LOIS SCOTT

Services for Lois Scott, 97, of Dimmitt, were today at 2 p.m., at Fourth and Bedford Church of Christ in Dimmitt with Chuck Ball officiating, assisted by Dean Wiseman. Burial will be at Castro Memorial Gardens, Dimmitt.

Mrs. Scott died at 2:30 p.m., July 28 in Dimmitt.

She attended Draughons Business College in Abilene after high school and married Joe M. Scott on Sept. 29, 1929, in Big Spring. The family moved from Bradshaw to Plains in 1950, then to Castro County in 1953. She and her husband farmed and ran cattle in Castro and Parmer counties until his death in 1985. She remained active in the cattle and farming operations with her son until her death.

She was a Christian first and very active in her church and spent a lot of time visiting shut-ins in the



Lois Scott

community.

Survivors include her son, Ben G. and Mollie Scott of Dimmitt; three grandchildren, Krystal and Robert Nelson, Anessa and Cody Myrick and Ben G. Scott Jr.; four great-grandchildren, Klay Clearman, Holly Myrick, Morgan Nelson and Tristan Nelson; a sister, Melba Mahaffey of Fresno, Calif., and a host of friends and neighbors.

## Tech gets endowment for Institute for Healthy Aging

LUBBOCK — Texas Tech University System Chancellor David R. Smith, M.D., and Texas Tech University Health Sciences Center President M. Roy Wilson, M.D., recently accepted a gift of \$1.5 million from Texas Tech supporter, Shirley L. Garrison. The gift will benefit the Institute for Healthy Aging at Texas Tech.

Wilson said the gift will be used to endow a chair in geriatrics as well as help fund geriatric research, especially in the area of Alzheimer's disease. "An endowment of this size is required to recruit people at the top of their field. Recruitment of people especially in geriatrics is competitive, and with this

gift the health sciences center can now bring in experts in Alzheimer's disease to compliment the geriatric talent we already have in place in all of the health sciences center's schools," Wilson said.

According to the Centers for Disease Control and Prevention, 55 million people in the United States are more than 55 years of age. Thirty-four million are over 65 and that figure is estimated to double by 2030. In the next 10 years, 75 million baby boomers will begin to reach the age of 65. The CDC calls it the longevity revolution. The CDC also shows that almost one-third of the total U.S. health care expenditures, or about \$300 billion each year, are for older adults.

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**ACROSS**

- 1 in Jasper Co. off 96
- 5 archives division of the Texas State Library (abbr.)
- 6 state animal control org. (abbr.)
- 7 TXism: "out \_\_\_ kilter"
- 8 this boxer beat TX Foreman in '74 "Jungle Rumble"
- 9 TXism: "\_\_\_ in the pan"
- 15 therapeutic baths
- 16 headlong rush of a cattle herd (2 wds.)
- 19 TXism: "\_\_\_ a bubble out of plumb" (crazy)
- 21 TX actor Gary who played TX Buddy Holly
- 22 popular Fort Worth restaurant: "Joe T. \_\_\_"
- 27 TX Kelly Clarkson was the first "American \_\_\_"
- 28 martial art of TX rancher Norris
- 29 TXism: "don't beat \_\_\_ the bush"
- 30 90% of \_\_\_ mohair is from TX
- 32 TXism: "good \_\_\_ boy"
- 33 TX folklore, e.g.
- 36 Dec. 24 and Dec. 31
- 37 Linda Gray was \_\_\_ Ellen on "Dallas"
- 38 this Jimmy starred with TX Audie in "Night Passage"
- 39 TX Constitution \_\_\_ land for UT
- 41 character Hardesty in "The Texas Chainsaw Massacre"
- 42 V-22 is tilt-\_\_\_ built by TX Bell Helicopter
- 45 Notre \_\_\_ has twice ended a UT perfect season in Cotton Bowl
- 46 tear or split apart
- 47 TXism: "shootin' \_\_\_"
- 48 was indebted
- 49 stealthy searchers
- 52 TXism: "wish book" (\_\_\_ order catalog)
- 53 money maker?
- 54 formerly called
- 55 TX Dan Rather has lived 71 of 'em (abbr.)
- 9 TXism: "natural \_\_\_ melon"
- 10 \_\_\_ Worth, TX
- 11 TXism: "hasta \_\_\_ vista" (see ya later)
- 12 TX Anne Armstrong was \_\_\_ to England ('76-'77)
- 13 forward or center Tim Duncan
- 14 TXism: "\_\_\_ few bricks shy of a load"
- 15 TXism: "joined his \_\_\_ the \_\_\_ dirt" (fell)
- 16 TXism: "got \_\_\_ of corn to shuck"
- 17 sent around the main route
- 18 peephole
- 20 TXism: "call it \_\_\_" (quit)
- 22 TX film cowboy Autry (init.)
- 23 TXism: "he'd \_\_\_ wrestle King Kong" (brave)
- 24 TXns Orbison & Judge Bean
- 25 Coast Guard boat
- 26 "Anybody \_\_\_?"
- 28 Palestine, TX AM
- 31 TXism: "just \_\_\_ yonder"
- 34 East \_\_\_ TX
- 35 TXism: "come hell \_\_\_ high water"
- 37 TXism: "cut from the \_\_\_ bolt"
- 40 TXism: "hands"
- 43 hockey great
- 44 TXism: "\_\_\_ irons in the fire"
- 50 citrus fruits
- 51 \_\_\_ Campo, TX

**DOWN**

- 1 Astro or Ranger lumber
- 2 TX Ima Hogg's fictional sister
- 3 St. \_\_\_ Lakes are in Refugio Co.
- 4 TXism: "boring \_\_\_ with a game warden"
- 8 primates

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Community Correspondence.....Tuesday Noon  
Personal Items.....Tuesday Noon  
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Community Correspondents.....Dorothy Hopson, Dimmitt  
Virgie Gerber, Nazareth  
Mary Lou Lumbrera, Hispanic Voice

# On the Go

with Dorothy Hopson 647-4579

Summertime is family fun time. It's been fun to hear about some very special family vacations this summer.

Bryan, Donna, Lana and Adam Reinart flew to Orlando, Fla., on July 12 and left Port Canaveral the next day on a cruise to Nassau, Bahamas. They enjoyed all the activities on the ship, such as ping-pong tournaments, shuffleboard, shows and the food.

There was also lots of swimming. The beaches were so pretty and clean where they went snorkeling and swimming. Lana and Adam got spoiled with 24-hours a day pizza and ice cream. The family had lots of fun.

\*\*\*

When I asked David Malone at the donut shop if he'd tell me about his family's cruise to the Cayman Islands, he said, "Do you have all day?"

David, his wife Pam and children, Matthew, 14; Sarah, 13; and William, 9, left Galveston Bay on a seven-night Royal Caribbean Cruise to Key West, Fla., Cozumel, Mexico and the Cayman Islands.

The family snorkeled, shopped on the islands and brought home lots of souvenirs and wonderful memories.

Will enjoyed the Kids Club. He was part of so many activities the rest of the family didn't see him much. He participated in a scavenger hunt and lots of games. Sarah celebrated her 13<sup>th</sup> birthday while on board. The crew decorated her room with birthday regalia and presented her with a beautiful cake.

The family enjoyed a 30-foot long chocolate buffet, hearing a musical group "The Beatle Mania," who impersonated the original Beatles.

Snorkeling in the Sting Ray City was exciting and beautiful. David said you had to be careful not to step on a sting ray's tail.

They met lots of new friends, the kids enjoyed the teen dances and they're still enjoying the memories of a special vacation.

\*\*\*

Betty and E.M. Jones spent a few days in Ruidosa at Betty's Bailey family cabin. They met her sister Pat and husband, Bobby Jones, and daughter, Kay Holdeman of Pittsburg, there. The weather was nice,

which made for a restful weekend for them all.

\*\*\*

Martha Jo Hyman hosted John and Dickie (Holcomb) Ballard of Lubbock and their grandchildren from Plainview while they were here for the 1963 graduating class of DHS reunion.

The Class of '63 held its 40<sup>th</sup> class reunion last weekend in the lovely home of Glenn and Tillie Boozer in Hereford. It started Friday evening with pickup foods.

Approximately 30 were in attendance. A barbeque dinner with all the trimmings was held Saturday evening. The class thought it would be nice if all DHS graduates in this area would attend. And some did. Kenneth and Linda Frye, Gene Bradley, Gerald Summers, Monte Dollar, Jackie Clark, Jackie Powers, Bruce Fuller, Amy Helen (McSpadden) Gilliland and Aron Hutto and his wife of Hereford. And of course, Dickie Holcomb Ballard of Lubbock with Martha Jo Human as her guest. Smith and Avis were our class sponsors as they were nearly every class at DHS.

It was so nice to see them all. Dickie Holcomb Ballard was in charge of the entertainment. She had some very funny things to say about our bodies as we age. And how hard it is to fit into our youthful looking clothes. Then, several classmates had old memories that they wanted to share. One funny one was Carl Bradley's remembrance of a band trip that he did not get to go on. Seems as if that year the band raised money by selling fruit cakes. Well, Carl had sold more than \$100 worth of cakes. When it came time to go on the trip, he was in the school parking lot on time. But he wore boots instead of shoes. Smith asked him where his shoes were and he said he didn't have any. So Smith shut the bus door and they drove off, leaving him standing there in the parking lot. He swears that he did not even know where the band went that year and the he did not get to go on another trip. BUT

AFTER ALL THESE YEARS, HE MADE IT CLEAR THAT HE WANTS HIS MONIES BACK. Now, Smith has a different side to this story.

There were approximately

50 in attendance Saturday evening. Those present from this area were: Johnny and Janet Stanford, Roger and Edna Schilling, Robert and Janice Daniels, Billy and Deborah (Buckmaster) Baker, Gary and Ina (Messenger) Gunter, Sharon Odom Cox, Patricia Odom Campbell, Mary Graham Gable Minnick, H.S. and Cecelia (McSpadden) Fuller, Harley and Linda Daniels, Jan Brown, Linda (Dodd) Campbell, Gaynell (Tate) Eubanks, Carolyn (Godfrey) Grunhof, Anthony and Kathryn Kirby, Woody and Georgene (Blanton) Wood, Roy Battles, Carl Bradley, Michael Burkett, Michael Calvert, Jimmy Chavers (who, by the way, is a Baptist minister), Jim Cowstert, Jimmy Dicuffa, Jim Killingsworth and Becky. It was a wonderful reunion and everyone had a good time. Out of our class of 42, we have lost five.

Dustin Reyes, grandson of Betty and Victor Steffens attended the All-Star games to watch Dustin play, but things didn't go too well. The tournament was double elimination and the team lost the first two games and were eliminated. But Dustin was a very good sport about it all, he made it that far! Dustin will be entering the big junior high school in Hereford and is a sixth grader. Congratulations Dustin!

# Hispanic Voice

with Mary Lou Lumbrera 647-4266

I am having a horrible time getting over this allergy/sinus attack. I am going on my third week of this and I am very tired of it. What's worse is that I can not hear out of my right ear. I'm supposed to go back to the doctor this week and we will find out then, what's going on.

\*\*\*

Dustin Reyes, grandson of Betty and Victor Steffens attended the All-Star games to watch Dustin play, but things didn't go too well. The tournament was double elimination and the team lost the first two games and were eliminated. But Dustin was a very good sport about it all, he made it that far! Dustin will be entering the big junior high school in Hereford and is a sixth grader. Congratulations Dustin!

\*\*\*

Rita Aleman had lots of

Congratulations to Ed and Leola Ramaekers on their 50<sup>th</sup> wedding anniversary. Their children hosting a celebration Saturday evening for their parents and more than 300 relatives and friends.

The celebration began with mass offered in Holy Family Church with Father John presiding and assisted by Deacons Jerome Brockman and Al Maurer. Children and grandchildren of the couple provided the singing under the direction of Ralph Albracht, accompanied by Mary Lynn Olvera and Duane Kleman.

Nick Gerber, grandson and seminarian, and Renee Weinhamer read the reflections. Sister Norbert Hoelting, aunt of the couple, helped with the Liturgy. Eucharistic ministers and readers were children of the couple.

All the brothers and sisters of the couple were in attendance, except Carl Kleman, due to illness. Relatives came from Arkansas, Illinois, Ohio and various parts of Texas.

The couple was presented

with an Apostolic Blessing from Pope John and many other beautiful gifts. Ed and Leola would like to thank their church and community for making this a joyous occasion. The reception, dinner and dance were held at the beautifully decorated Community Hall. Chris Albracht of Amarillo, did a great job as DJ for the dance.

\*\*\*

The family of Florence and Dora Albracht held a get together Friday evening at the home of Betty Wilhelm. About 170 members attending, coming from Chicago; Cincinnati, Ohio; Houston; Dallas; Austin; Bryan; Del Rio; Waco; Wichita Falls; Amarillo; Denver, Colo.; Colorado Springs, Colo.; and all points between. Special guests were Sister Norbert Hoelting from Fort Smith, Ark. and Hoelting relatives from Lincoln, Neb. Everyone had a great evening. It was so good to see family members from all over.

\*\*\*

Congratulations to Ralph and Evie Albracht on their 40<sup>th</sup> anniversary. They celebrated in Amarillo at the home of their daughter, Stacy and Damian Wilhelm, with a sing-a-long for a great number of family and friends.

\*\*\*

Visiting at the home of LeRoy and Dorothy Pohlmeier this weekend were: Tom and Brenda Conrad and Brett and Jaime Conrad of Colorado Springs and Blake and Kristen Conrad and their children, Abby, Cole and Caleb of Denver. They all enjoyed the Texas production Thursday evening. On Saturday evening, they gathered at the home of Dwayne and Jolene Schulte to celebrate LeRoy's birthday.

\*\*\*

Prayers are asked for: Carl Dean Kleman, Shelly Huseman, Crystal Fischbacher, Amy Schmucker, Carol Birkenfeld, Ryan Birkenfeld, Joe Woetovech, Sam Albracht, David Nobile, Floyd Birkenfeld, Norma Schacher, Michael Schacher, Alice Palazzini, Joe Schmucker, Kenneth Lange, Deanna Huseman, Mildred Huseman, Anna Huseman Lee, Edith Huseman and Katy Ivey.

number is 647-4266 or [Middleace1966@Yahoo.com](mailto:Middleace1966@Yahoo.com) Don't be shy.

company this weekend. Her visitors were Puridy Tijerina and Alexis Tijerina from Hereford. Also, Rita reports that Klarissa Martinez and Monique Aleman was here to visit. They enjoyed a good fried chicken dinner.

\*\*\*

I would like to thank Vera Prieto and Danielle Prieto for helping out one day last week. I did not have a baby sitter (my sitter was in the hospital) and I just wanted to mention that I really appreciate them helping out like that.

\*\*\*

Prayers are asked for Ricarda Acevedo, Marcelina Acevedo, Julia Aguilar, Marcelo Aguilar, Alyssa Monreal, Maria Aleman, Rita Aleman, Betty Steffens, for the military men and women that have not returned yet.

\*\*\*

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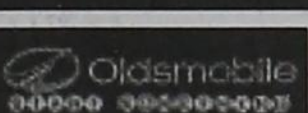
# FAMILY NIGHTS!

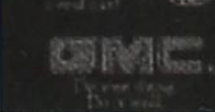


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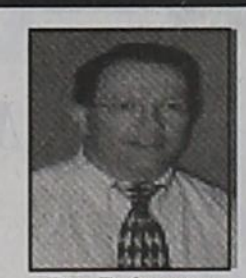
### Reflective Glasses Cut Glare

Lenses with anti-reflective (A-R) coatings continue to grow in popularity. Approximately fourteen percent of all glasses sold in the U.S. have this protection. A-R lenses are covered by a metallic oxide that reduces bothersome reflections. Regular plastic lenses transmit about ninety percent of light to the eye. A-R glasses substantially reduce glare by letting nearly one hundred percent of light pass through the lens.

A-R lenses allow drivers to see more clearly, especially in the dark. Individuals with night glare problems can drive with greater confidence knowing that passing car lights, street lamps and "ghost" images will not blind them. A-R coatings also reduce distracting solar reflections. They do not, however, block out harmful ultraviolet rays. The best lenses for outdoor use are those that combine both A-R and polarized coatings.

Anti-reflective lenses are useful indoors as well, because they reduce the unhealthy glare of overhead lights and computers that causes eye fatigue and strain. In addition, their special technology increases the durability of plastic lenses and makes glasses easier to clean and maintain.

Brought to you as a community service by



Dr. Brigance

**DR. HAROLD W. BRIGANCE**  
**Optometrist O.D.**

426 N. Main-Suite Hereford The Atrium 364-8755

# PEOPLE

## Roberson-Newton

A bridal shower honoring Allison Roberson and Dagon Newton was held Saturday, July 19, 2003, in the home of Connie Merritt.

The bride-elect is the daughter of Bill and Karen Roberson of Dimmitt; the prospective groom is the son of Donna Luig of Amarillo and Danny Newton of Lubbock.

The table was covered with a sage green tablecloth and a floral silk overlay with an arrangement of English ivy and candles. Assorted fruit, mini cinnamon rolls, quiche and peach tea were served from crystal dishes.

Special guests included Donna Luig, mother of the groom; Emily Roberson of Amarillo, sister of the bride; Dorothy Newton of Odessa, grandmother of the groom; Kay Wardlaw of Canyon, great-aunt of the groom; Sunny Brush of Amarillo, aunt of the groom; Alona Beesinger of Lubbock, aunt of the groom; and Bobbi Newton of Lubbock, step-mother of the groom.

Other out-of-town guests included Larissa Fuentes of Lubbock; Kaci Bell, Erica Pacheco and Nikki Green, all of Amarillo; Cassie McLean of Canyon; and Kristin Ivy of Odessa.

The hostess gift was a comforter set, sheets, coordinating rug and wooden blanket chest.

## West Texas A&M increases tuition for fall of 2003

### WTAMU announces \$2 per semester credit hour increase in designated tuition

CANYON -There's good news, and there's bad news. The bad news - during the spring 2003 semester, West Texas A&M University announced a \$2 per-semester-credit-hour increase in designated tuition, from \$28.50 to \$30.50, for fall 2003.

Then the state announced its budget deficits and reduced West Texas A&M's general revenue appropriations from \$33,791,000 in 2002-2003 to \$30,240,000 for 2003-2004, a decrease of approximately 11 percent.

As budgets were being formulated, the state deregulated designated tuition and WTAMU requested a \$10 per-semester-hour increase in designated tuition from The Texas A&M University System Board of Regents. The request was approved July 25.

"We asked for a \$10 increase in designated tuition based on worst-case scenarios," Dr. Russell C. Long, WTAMU president, said.

"Now that we've been able to put pen to pad we know that it's bad but not that bad."

The good news - WTAMU will only increase designated tuition by \$5 per-semester-credit-hour for a total of \$35.50 per-semester-hour, not \$10 per-semester-credit-hour as approved by the board.

According to Gary Barnes, vice president for business and finance, the increase in designated tuition will result in \$1,120,000 new dollars for WTAMU for 2003-2004.

"When we first started hearing about the projected state reductions to colleges and universities, I promised that I would do everything I could to preserve the core mission of this university," Long said.

"I think we've done that for a minimal cost to our students."

A student enrolled in 15 semester-credit-hours this fall will pay approximately \$1,600, a 10.9 percent increase compared to fall 2002 figures.



Mr. and Mrs. Matthew McLain Schulte-McLain

Sara Christina Schulte and Matthew McLain were married at 8:30 p.m., July 11, 2003, at Country Home Weddings in Canyon with Rusty Gray officiating. The bride is the daughter of Donald and Brenda Schulte of Nazareth; the groom is the son of Bud McLain of Nazareth and Delynda Allison of Amarillo.

The bride was given in marriage by her father.

Maid of honor was Megan Schulte, sister of the bride, of Nazareth. Bridesmaids were Dawn Ramaekers and Andrea Braddock, both of Canyon, friends of the bride.

Best man was Cameron McLain, brother of the groom, of Canyon. Groomsmen were Brad Wethington of Denton and Bryce Pohlmeier of Bryan, friends of the groom.

Ring bearer was Gannen Braddock; flower girls were Robin and Ruth Anne Martinez.

Ushers were Orin Schulte, Eric Cameron, Nathan Williams, Trey Robb and Trinity Robb.

Zach Cameron played the guitar.

The bride wore a strapless ivory satin gown. Her bouquet was pink and orange Gerbera daisies with green ivy.

Her attendants wore coral and pink spaghetti strap chiffon dresses and carried Gerbera daisies.

The bride is a graduate of Nazareth High School and is attending WTAMU; the groom is also a graduate of Nazareth High School and is attending the University of Texas at Arlington.

After a wedding trip to Fort Lauderdale, Fla., the couple will live in Arlington.

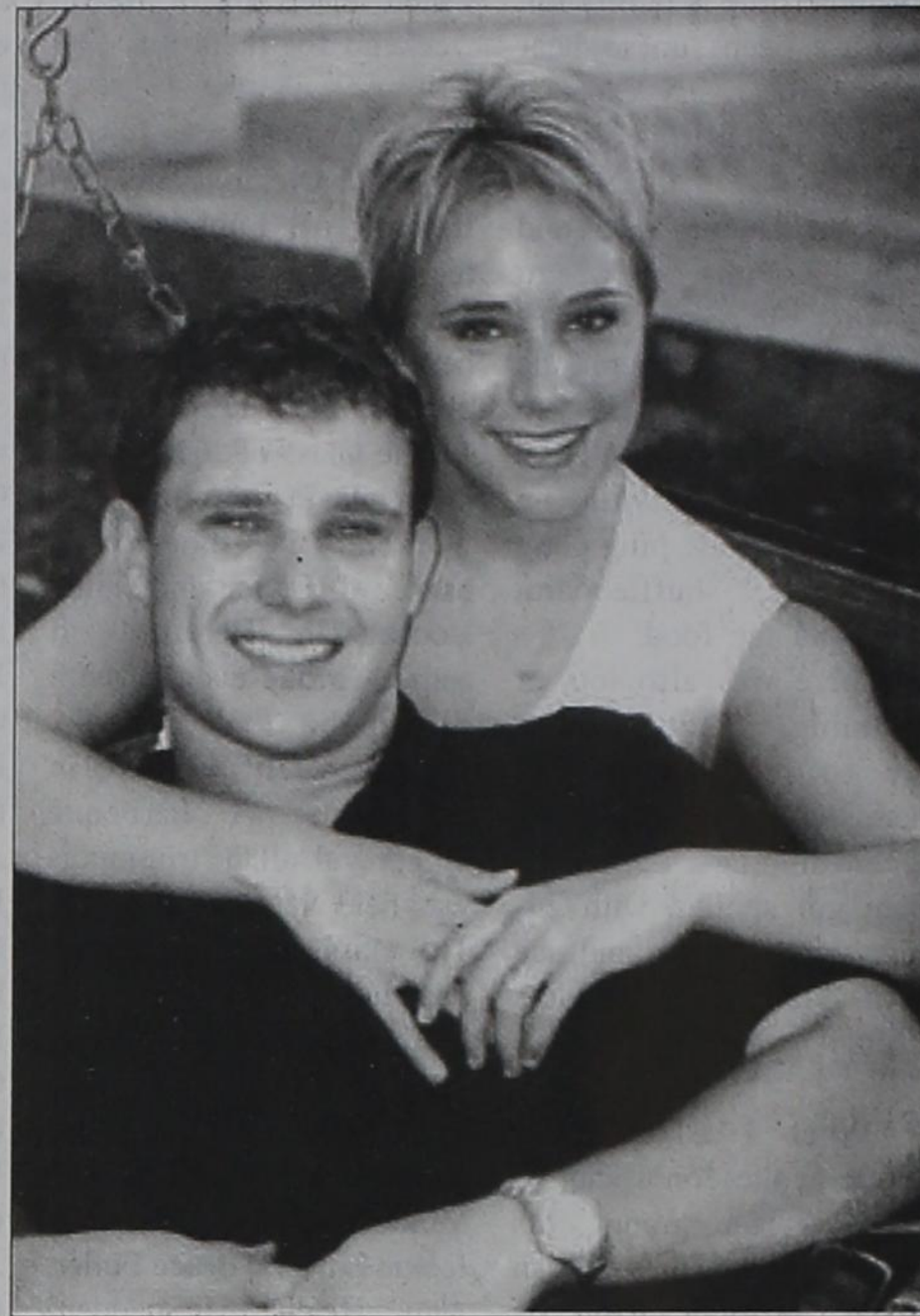
## Who's New

Rien Kendrell Hill was born to Carrie Goolsby at 3:49 a.m., June 7, 2003, at Baptist St. Anthony Hospital in Amarillo. He weighed 6-pounds, 8 3/4 ounces and was 19-inches long.

He has a brother, Gabriel Sanchez, 10, and a sister, Allison Sanchez, 8.

Maternal grandparents are Michael Goolsby and Melissa Glenn of Amarillo.

The maternal great-grandmother is Shirley Faulkner of Dumas.



Andrew Lee Hill and Julie Anna Gray Hill-Gray

Dr. and Mrs. Neal Gray and Dr. W.J. and Sara Hill are pleased to announce the engagement and approaching marriage of their children, Julie Anna Gray and Andrew Lee Hill.

The couple will be married on Sept. 13, 2003, at University United Methodist Church in San Antonio.

The bride-elect attended school in San Antonio and graduated in 1998 from Clark High School in San Antonio.

She attended Texas A&M University, where she graduated in 2002 with a BBA in marketing.

She was a member of Delta Delta Delta sorority at Texas A&M.

Julie is employed by Eatzi's in Houston as an event planner.

The prospective groom attended school in Dimmitt and graduated from Dimmitt High School in 1998.

He graduated from Texas A&M University in 2002 with a BBA in finance.

While at Texas A&M, he was a member of Sigma Phi fraternity.

He is employed by Sterling Bank in Houston. The couple will live in Houston.

**It's a Sales Tax Holiday!!**  
**Friday & Saturday**  
**August 1 & 2**  
*Tots and Teens*

All summer merchandise 1/2 off & **no sales tax.**  
 One rack 75% off & **no sales tax.**

All new Fall Merchandise 20% off & **no sales tax.**

With every purchase, register for \$50.00 gift certificate.

101 E. Bedford Dimmitt, Texas  
 647-2650

**Baby Shower**  
 honoring  
**Kristen Doss Ivy**  
 and Baby Boy  
**Hunter Cole Ivy**  
 Saturday, August 2, 2003  
 10:30 until noon  
**Carla Bradley Home**  
 FM 2392 - 2.5 Miles West of Dimmitt  
**Selections:**  
 Tots & Teens, Toys-R-Us and Target

**Bridal Shower**  
 for  
**Misty Pritchard**  
 Bride-elect  
 of  
**Stuart Sutton**  
 Saturday, August 2, 2003  
 10:00 a.m. until 11:30 a.m.  
 Home of  
 Barbara Bain  
 1802 Butler Blvd.  
**Selections are at:**  
 The Village Shop, Seales Florist,  
 Dimmitt Pharmacy, Antiques Plus  
 and Running M Bath Shop

**Bridal Shower**  
 honoring  
**Julie Gray**  
 bride elect of  
**Andy Hill**  
 Saturday, August 2, 2003  
 10:30 a.m. to 12:00  
 Home of  
**Sandy Baker**  
 6 Miles West on Hwy 86  
 Dimmitt

*Selections:*  
 The Village Shop, Seales Florist,  
 Dimmitt Pharmacy, Antiques Plus  
 and Running M Bath Shop



# CHURCH NEWS



## A spiritual slump

We all go through slumps in our lives. A slump is a time frame in which one doesn't perform like he or she should.

Athletes are very familiar with slumps since they often endure them in their line of work.

Maybe you are going through a slump now, possibly with your job or career or it could be more personal and deal more with your home life.

The fact is, we all go through times in our lives when we don't seem to have it in us to perform the way we can and should.

One slump that we should all strive to stay away from is a spiritual slump. A spiritual slump is when we get lazy with our prayer time, Bible study time and church attendance.

Most of the people that endure a spiritual slump do so in the busy summer. When summer rolls around, the golf course seems to call out to me more. In the

summer time, the lake tends to be more inviting. Of course, the summertime is when we all take our much-needed vacations.

The golf course, lake and vacations out of town are all fine as long as they don't cause us to slip into a spiritual slump.

The Lord's work must continue regardless of the season.

Paul charged Timothy to preach the word "in season and out of season." (II Tim. 4:3)

In other words, Timothy was to be prepared to preach in the fall, winter, spring and summer.

When summertime comes, Christians are not to fall into a spiritual slump, using the excuse that they'll step it up again when school starts or fall begins. Heaven doesn't close down during the summer and God doesn't take a vacation either.

Your Bible doesn't read: "The Lord is in His holy



**Chuck Ball**

temple, except during the summer." "I am with you always, except during the summer." "Knock, and it shall be opened to you; seek and you shall find, except during the summer."

Summertime is a great time of year and vacations are wonderful, but let us not allow the summertime or our vacations to cause us to slip into a spiritual slump.

Don't forget the devil doesn't take a vacation either and he is doing all he can to lure every faithful Christian into a spiritual slump and eventually into hell for eternity with him.

\*\*\*

Chuck Ball is the minister at Fourth and Bedford Church of Christ in Dimmitt.

## Do you live near a volcano?

By JIM DAVIDSON

Here is a question I would like for you to think with me about for a few minutes today. Do you live near a volcano? To this question I am confident most people will say "no", save for those people who live near Mt. St. Helens in Washington state and a number of others who live near volcanoes in our newest states of Hawaii and Alaska. When I did research for this column I learned a good deal more than I already knew and that a volcano is "an opening in the crust of the earth from which steam, hot gases, ashes, etc., are expelled, forming a conical hill or mountain with a central crater."

In this case the word "expelled" is not so foreboding, but when they "erupt" that's a different story. We have had over 500 volcanic eruptions around the world in historic times but the one most Americans remember vividly is Mt. St. Helens back on May 14, 1980. The first blast along with subsequent blasts on May 25 and June 12 left 57 people dead. Now as bad as volcano eruptions are, I want to tell you about a different kind of eruption that is far more destructive than any volcano eruption ever.

This is when human beings "erupt" because of a

violent temper. Whether it's in a fit of rage or a deep seated anger, these people are destructive and in their wake they leave bruised and battered lives that never completely recover. Tragically in many cases this is fatal, as countless people in our country lose their lives each year in confrontations with violent and angry people. Fortunately there is help for people who have deep seated anger. Some time ago I ran across a brochure on ANGER RESOLUTION that gave the details of a character building course developed and presented by the Institute in Basic Life Principles based in Oak Brook, Illinois. Here are some symptoms of anger to consider as you think about your own life and your relationship with your family, co-workers, friends and others.

1: IRRITABILITY. Are you hurt and offended by people

or situations that should not bother you?

2: IMPATIENCE Do the weaknesses and limitations of others frustrate or exasperate you?

3: RAISED VOICE To get your point across, do you speak louder or even yell to get your point across?

4: GLARING EYES. Do you stare with cold, mean eyes at someone who has offended you?

5: HURTFUL WORDS Do you show contempt or disapproval by calling people names?

6: EXPLOSIVE ACTIONS When tension builds, do you slam doors, pound your fist or break things?

7: ARGUMENTATION Do you allow yourself to get involved in heated arguments or debates?"

When it comes to controlling anger, here is one of the real pitfalls that often keeps many people from doing anything about it until it's too late.

Sunday Morning Bible Study-9:30 a.m.  
 Sunday Morning Worship Service-10:30 a.m.  
 Sunday Evening Worship Service-6:00 p.m.  
 Wednesday Evening Bible Study-7:00 p.m.

Come and visit our  
**Fourth and Bedford**  
**Church of Christ**  
 647-4435

## Tax holiday tips

COLUMBIA, Md. - A fifth of the nation will enjoy a holiday from sales tax on selected items just in time for back-to-school shopping.

Legislators in Texas have issued the special sales tax reprieve so that consumers can stock up on school items, computer equipment and sporting goods Aug. 1-3, 2003.

Yet even with the non-exempt status of consumer goods, shoppers should pace themselves and keep to their budgets.

At the end of 2002, American households owed an average balance of \$8,940 on all credit cards, up 36 percent since 1997, and a whopping 173 percent increase over the past decade, according to Card Web.com.

"The sales tax holiday is helpful for consumers as they get their children ready for the new school year," said Mike Croxson, president of Amerix, the nation's leading technology services provider to the nonprofit credit counseling industry.

"But it's not a license to charge up your credit cards or overspend.

"Treat the tax break as a slight boost to your bank account balance, but stick to your shopping list."

Croxson suggests consumers keep the following tips in mind before hitting the stores during the no sales-tax holiday:

\* Even though you won't pay sales tax, you need to set up a shopping PLAN.

If this is a back-to-school shopping excursion, you need to go to the store with a list with what your children need for school - and don't deviate from the list.

\* Use cash, check or debit cards only. Once you spend the limit, you are done.

\* If you must use a credit card, use only one; make sure you use the one that has the lowest interest rate. When the bill arrives, pay it off.

If you can only afford to make a payment, pay more than the minimum.

\* Look for bargains.

One way is to take advantage of the coupons now proliferating in daily newspapers.

Many of these offer additional reductions on sale-priced merchandise.

For information about restrictions and requirements of the sales tax reprieve, log onto [http://www.window.state.tx.us/taxinfo/taxpubs/tx96\\_237\\_2\\_03.html#holiday](http://www.window.state.tx.us/taxinfo/taxpubs/tx96_237_2_03.html#holiday).

## Church Directory

**New Hope Memorial Baptist**  
300 NE 7th, Dimmitt

**Sunnyside Baptist**  
Sunnyside  
Bennie Wright.....647-5712

**First United Methodist**  
Hart  
Tom Long.....938-2462

**La Asamblea Cristiana**  
400 NW 5th, Dimmitt  
Noe G. Marquez.....647-4755

**First United Methodist**  
110 SW 3rd, Dimmitt  
Virgil Ichtertz.....647-4106

**Iglesia De Cristo**  
E. Lee & SE 3rd, Dimmitt  
Pedro A. Gonzalez

**Immaculate Conception Catholic**  
1001 W. Halsell, Dimmitt  
Father Juan Carlos Barragan.....647-4219

**It's Jesus and the Love of God Church**  
(Bilingual) 301 NE 7th, Dimmitt  
Felix Sanchez.....647-3668

*Praise to thee, my Lord, for all thy creatures.*

—St. Francis of Assisi

*Attend the Church of Your Choice*

**Abundant Life Family Church**  
500 S. Hwy. 385, Dimmitt  
Tom and Kay Mullins

**First Assembly of God**  
300 SE 2nd, Dimmitt  
Eric Brooks.....647-5662

**First Baptist**  
1201 Western Circle Drive, Dimmitt  
Howard Rhodes.....647-3115

**Lee Street Baptist**  
401 SW 2nd, Dimmitt  
Jeff Addison

**First Christian**  
600 Western Circle Drive, Dimmitt  
Bruce Murphey

**La Iglesia De Dios Del Promojenito**  
East Halsell Street, Dimmitt

**Holy Family Catholic**  
Nazareth  
Bud Erpen, Interim.....945-2616

**Church of God of the First Born**  
611 E. Halsell, Dimmitt

**St. John's Catholic**  
Hart  
Father John Hickey.....945-2616

**Church of Christ**  
SW 4th at Bedford, Dimmitt  
Chuck Ball.....647-4435

**Rose of Sharon Temple**  
407 NE 4th, Dimmitt

**Immanuel Baptist**  
501 SE 3rd, Dimmitt

**Rosa De Saron**  
411 NE 6th, Dimmitt  
Abel Vargas.....647-4088

**First Baptist**  
302 Ave. G, Hart  
Cliff Hargrove.....938-2316

**Primeria Iglesia Bautista**  
9th and Etter, Dimmitt  
Antonio Rocha

**Hart Church of Christ**  
416 Avenue H, Hart  
Aaron Lee.....938-2267

*This directory is sponsored by these businesses:*

<p><b>Ag Supply, Ltd.</b> dba Flagg Fertilizer Co. Farm Chemicals and Application Flagg Intersection • 647-2241</p> <p>Compliments of: <b>B &amp; W Aerial Spray</b> N. Hwy. 385, Dimmitt • 647-2550</p> <p><b>Bryant's Sales &amp; Service</b> "Your Heating &amp; A/C Expert in Dimmitt" 317 N. Broadway • 647-3149</p> <p><b>C&amp;S Battery, Inc.</b> 301 SE 2nd, Dimmitt 647-3531</p> <p><b>Cargill, Inc.</b> Says "Attend the Church of Your Choice" 647-4141</p> <p><b>Dale's Auto &amp; Salvage</b> 200 N. Hwy. 168, Nazareth 945-2223</p>	<p><b>DeBruce Grain, Inc.</b> N. Hwy 385, Dimmitt 647-2802</p> <p><b>Dimmitt Equipment Co.</b> Farm Equipment Repair &amp; Irrigation Engines 411 SE 2nd • 647-4197</p> <p><b>Dimmitt Printing &amp; Office Supply</b> 200 E. Bedford • 647-3286</p> <p><b>Dimmitt Ready Mix</b> Commercial, Residential Concrete Backhoe &amp; Ditching Service 718 E. Bedford • 647-3171</p> <p><b>Hart Producers Co-op Gin</b> Troy Tolbert, Manager 938-2189</p>	<p><b>Higginbotham-Bartlett Co.</b> Lumber, Hardware, Housewares, Flooring, Garden Supplies 109 N. Broadway, Dimmitt • 647-3161</p> <p><b>Lowe's Pay &amp; Save Foods</b> 410 Broadway, Hart • 938-2312 "Proud to Support the Community Churches"</p> <p><b>Rafter 3, LTD</b> FM 1055 647-5103</p> <p><b>Tidwell Sprayers, Inc.</b> North Hwy. 385, Dimmitt Aerial &amp; Ground Application Custom Plowing 806-647-5183</p> <p><b>Westway Feed Products</b> North Hwy. 385, Dimmitt 647-3138</p>
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Hear  
**The First United Methodist Church**  
 Morning Worship Service  
 Sundays, 10:45 a.m.  
 On KDHN 1470

## Colorado Peaches Hereford

Hwy. 385 North Annex Catering and Party  
 Next to Western Wear

### Thursday, August 7th

8:00 a.m. until 5:30 p.m.

## From Palisade!

Straight from the grower to you! Tree ripe, Juicy and Bursting with flavor.  
 From the tree to the box, to bring you the best quality shippable.  
 Refrigerated. Semi-Load.

# Community Calendar

## Cross-country, volleyball meetings set

Any ninth-grade through 12<sup>th</sup>-grade girls wanting to play volleyball needs to come to a meeting at 10 a.m., Aug. 4, at the Middle School Gym. Wear workout clothes. All ninth-grade through 12<sup>th</sup>-grade boys and girls interested in cross-country need to come to meeting at the Middle School Gym at 7 p.m., Monday, Aug. 11. Wear something to run in.

## Dimmitt Band reunion 1956-83

"Mr. Ralph Smith's Opus," is the theme for the Band Reunion for DHS exes for the years 1956 through 1983 and their parents.

The reunion will be Sept. 6, Saturday, during Harvest Days. Members will participate in the Harvest Days Parade at 10 a.m. and there will be a barbecue, visiting and films at the Expo Center at 5:30 p.m. that same day.

For more information, contact, Teresa Underwood Lindsey at [teslindsey@hotmail.com](mailto:teslindsey@hotmail.com); Delores Wilke Heller at 647-2655 or [hellerdelores@hotmail.com](mailto:hellerdelores@hotmail.com); Sharon Lilley Steffey, 938-2693; Sue Bagwell Boozer, 647-5632; Dimmitt Chamber of Commerce at 647-2524; or look at the website: [geocities.com/teslinsey706bobcatbandreunion2003.html](http://geocities.com/teslinsey706bobcatbandreunion2003.html)

## Extension office to hold Food Protection class

Texas Cooperative Extension, in coordination with the Texas Department of Health, will be holding a Food Protection Management Certification Class for people who need to certify to fulfill the requirement made by the Health Department. We will be teaching managers the extensive food safety information they need in order to serve food to the public and also to pass the Health Department test. The registration deadline is Aug. 12, and registration forms are available at the Castro County Extension Office at 205 N. Broadway.

The fee for the class and test is \$79. Class instructors will be Family and Consumer Science Extension Agents from three counties, including Kristy Mitchell here in Castro County. Please call her at 647-4115 for more information. The class is not available in Spanish, but you are welcome to bring someone to translate for you during the class. The test is available in English or Spanish, but you have to ask for the Spanish test in advance. The class will be held from 8:30 a.m. to 5 p.m. on Aug. 25 and 26.

## Multi-class DHS reunion planned

A multi-class reunion has been scheduled for Sept. 19-20, 2003, at the Fifth Season Inn West in Amarillo. The members of all classes of 1944 through 1955 and any others who would like to attend will be welcomed.

There will be special rates for those who call and make reservations and identify themselves with the Dimmitt HS reunion. It will begin with snacks brought by the exes on Friday afternoon and evening. There will be a catered barbecue on Saturday night, Sept. 20. Price will be \$10 per plate and reservations may be made at the time of registration. The meetings will be held in The Amarillo Room. A brief business meeting will be held after the meal on Saturday night.

Please make plans to attend and enjoy the fun and fellowship. The agenda will be unstructured allowing ample time for visiting and renewing acquaintances. For more information, call Phyllis (Youts) Jackson at 647-2577 or Lewis Martin at 355-7977.

## Farewell party for Gibbs is Aug. 4

Castro County Extension bids "Aloha" to Suzanne Gibbs, CEA-4H/Youth at a "come and go" farewell reception for Gibbs.

The reception will be from 4 to 6 p.m., Monday, Aug. 4, at The Village Shop, 204 W. Bedford in Dimmitt.

She is transferring to another 4-H and Youth position in Cleburne. State cutbacks forced the elimination of her position in Castro County.

## Reception for Hunter Aug. 6

The Running Water SWCD is hosting a Farewell Reception for Gary Hunter from 11 a.m. until 2 p.m., Aug. 6, at the NRCS office, located at 114 W. Belsher, Suite B, Dimmitt.

Hunter, District Conservationist with NRCS, has been serving Castro County producers in the Dimmitt office for more than 20 years.

He has taken a position with the NRCS in Swisher and Briscoe counties, starting Aug. 11.

## Golden Spread Coin Club Collector's show Aug. 16-17

The Golden Spread Coin Club will sponsor its annual collector's show and sale on Saturday and Sunday, Aug. 16 and 17, 2003, in the Regency Room of the Amarillo Civic Center. Showtimes are 9 a.m. to 6 p.m. Saturday, and 9 a.m. to 5 p.m. Sunday. Admission is free.

## Breast cancer screening

The Don and Sybil Harrington Cancer Center Comprehensive Breast Center will conduct a Breast Cancer Screening Clinic at Plains Memorial Hospital, 310 W. Halsell, in Dimmitt on Sept. 4.

Breast cancer affects one in eight women. The key to winning the battle against cancer is early detection by having an annual breast exam, mammogram and performing a breast self-exam each month.

Funding is available through the Texas Department of Health for Texas residents who qualify for assistance. All exams are done by appointment only.

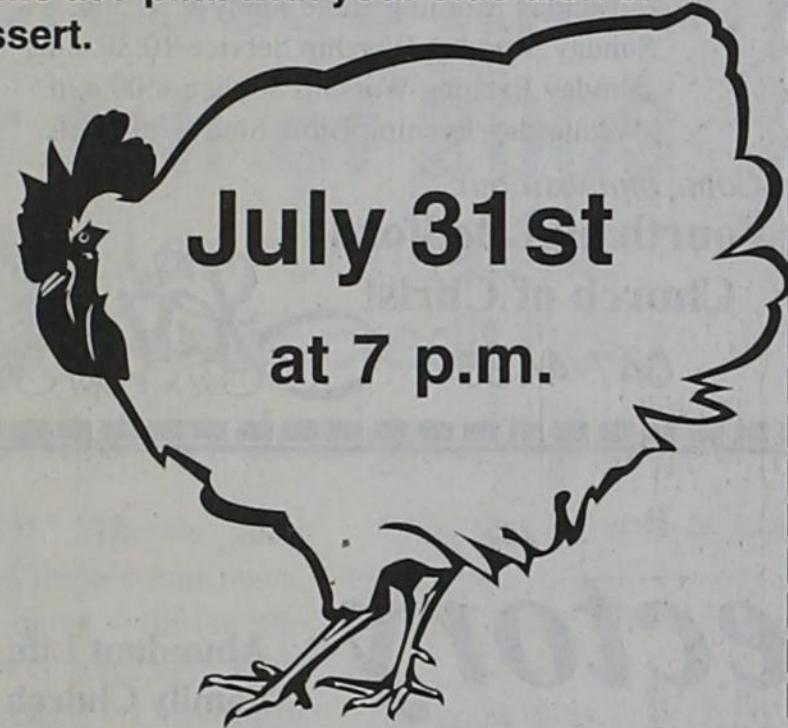
Call (806) 356-1905 or (800) 377-4673 for more information or to schedule an appointment.

## Hearts still for sale to benefit Relay for Life

The Friendship Quilters Guild is still selling hearts in honor or memory of loved ones who have fought cancer. The money goes to benefit the American Cancer Society, as do the proceeds of the quilt after it is raffled off. To buy a heart for \$5, contact Joyce Davis at 647-5362 or Ina Cleavinger at 647-5352.

## Bethel Chicken Fry

- Have your chicken cleaned, thawed and to Bethel by 4 p.m.
- Come at 7 p.m. with your side dish or dessert.



9 Miles West on Hwy 86 and 1 Mile South on dirt rd  
**Bethel Community Center**

## SureWet Irrigation, Inc.

"Specializing in Drip Irrigation"

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Trenching and Backhoe Service Underground Pipeline Repairs

PVC-Pipeline Sales, Service and Installation

Office: (806) 647-5574

Cell: (806) 647-7284

MARK GILLY, TX. "LI7630"

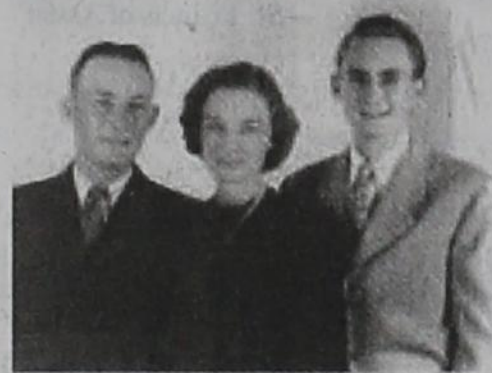
LOCATION: 4 miles East of Dimmitt on Hwy. 194

## The Castro County News announces the publication of

### A Pictorial History of Castro County, Texas.

The book will be printed on quality bond paper with a hard back that will be a welcome addition to your library for years to come!

We anticipate 96 pages of Castro County history with more than 200 photographs.



Order your advance copy today and SAVE!

Advance copies are only \$29.95 plus tax of \$2.47 for a total of \$32.42.



These books will be ready for delivery in the fall of 2003....excellent Christmas Gifts.



Do you have historical pictures you would like to see included in the book? If so, bring them in and we will scan them and hand them right back to you.

Order your books today! After the books have been turned in for production, the price will increase to \$34.95 plus tax!

Return order blank to reserve you copies:

Please enter my order for A Pictorial History of Castro County, Texas.

\_\_\_\_\_ copies @ \$32.42 each Payment in full is enclosed.  
Add \$4.00 per book for shipping.

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City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

## Suffering From ...

Allergies  
Snoring  
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- Completed Fellowship in Facial Plastic & Reconstructive Surgery
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**(806) 291-9400**

# Public gets first look at Central Texas State Veterans Cemetery

KILLEEN - The public got its first look today at the gated entrance, the sweeping lawns, the wide assembly area and the dignified columbarium that will soon be the state's first Texas State Veterans Cemetery. Five architectural renderings were unveiled today at the future site of the first Texas State Veterans Cemetery on State Highway 195 near

Killeen. Jerry Patterson, Commissioner of the Texas General Land Office, unveiled the renderings and was joined by U.S. Rep. Chet Edwards, Killeen Mayor Maureen Jouett, State Rep. Dianne White Delisi and Fort Hood Garrison Commander Col. William Parry. Other local elected officials attended, as well as many area residents.

"Central Texans know and respect the sacrifice made by those who serve their nation," said Patterson, who is chairman of the Texas Veterans Land Board. "They worked hard to make this final resting place a reality. I hope they are pleased with what they saw today - I know I am." The renderings depict the entrance to the cemetery, the administration

and maintenance complex, the columbarium, the assembly area and an overall site plan. Work on the cemetery will begin late this year, and will be completed by late 2004. "Central Texas has a large veterans population and many Fort Hood soldiers make it their permanent home after leaving the service," Patterson said. "That's a good reason for putting the first Texas State Veterans Cemetery here. It will be an honored place of rest for

those who served their nation." Patterson also announced the facility will be called the Central Texas State Veterans Cemetery. The U.S. Department of Veterans Affairs, which is paying all construction and design costs for the project, prefers that State Veterans Cemeteries be named after r More information about today's event and the Central Texas State Veterans Cemetery can be found at [www.glo.state.tx.us/](http://www.glo.state.tx.us/)

killeen.Or, just call (800) 252-VETS for answers to any question about Texas State Veterans Cemeteries, home, land and home improvement loans for Texas veterans, and Texas State Veterans Homes that provide skilled, affordable nursing care for Texas veterans. Additional information on state veterans programs may be found at the Texas Veterans Land Board Web site at [www.texasveterans.com](http://www.texasveterans.com).

## Police Report July 22-29

July 22	500 bl. W. 6 <sup>th</sup> St.	Criminal trespass
July 23	100 bl. E. Bedford	Warrant/felony
July 23	200 bl. W. Halsell	Warrant/felony
July 23	500 bl. W. Halsell	Domestic disturbance
July 24	200 bl. N. Broadway	Warrant/felony
July 24	500 bl. E. Lee	Burglary of a building
July 25	800 bl. W. Andrew	Criminal mischief-C
July 25	1000 bl. W. Cleveland	Criminal mischief-C
July 26	Expo Center	Assault-A
July 28	300 bl. S. Broadway	Theft-A
July 28	1000 bl. W. Etter	Burglary of a vehicle
July 29	S. U.S. Hwy. 385	Warrant/felony
July 29	1000 bl. S. Front	Unauthorized use of a vehicle

## Sheriff's Report July 23-29

July 23	50-year-old Dimmitt male, possession of a controlled substance
July 23	63-year-old Dimmitt male, warrant: sale of alcohol to minor
July 23	53-year-old Dimmitt male, warrants: theft by check and theft of service
July 23	32-year-old Dimmitt female, warrant: tampering with government records
July 23	33-year-old Dimmitt male, three warrants: affidavit of surety
July 24	32-year-old Dimmitt male, warrant: causing bodily injury
July 26	21-year-old Dimmitt male, six warrants: criminal mischief and engaged in organized criminal activity
July 26	20-year-old Dimmitt male, warrant: engaged in criminal activity
July 29	29-year-old Dimmitt male, warrant: NISI

On July 21, the Sheriff's Department investigated a report of assault and disorderly conduct on CR 604 in Hereford.

# SALE

## Exchange This

Consignment & Gift Shop

Located Inside Sugarland Mall  
806-363-1138

Bring this Coupon in by August 31, 2003 for additional 20% OFF Regular Priced Merchandise  
Prices Starting at \$1.00 and up Sales on certain items 10% to 75% OFF

**BAG SALE--Through August 31**  
Fill a bag for \$3.00 from the \$1.00 Room  
Always Accepting NEW Crafters  
We carry ALL Kinds & Sizes of Clothing

Household Items • Baby Items • Children's Items  
Handmade Candles • Custom Embroidered Cup Towels

**No Sales Tax NOW thru Saturday, August 2**  
Lay-A-Way Available  
Shop for Back To School

Hours: Tuesday-Friday  
11 a.m. - 6 p.m.  
Saturday  
10 a.m. - 2 p.m.

Closed Sundays and Mondays  
**Owner: Marie Powers**

# ALLSUP'S

July 27, 2003 thru August 9, 2003

DIET PEPSI, MOUNTAIN DEW OR

# PEPSI \$1.69

6 Pack Cans  
or 3 Liter  
Bottles

**AQUAFINA WATER**  
.5 LITER  
**\$6.49**

24 PACK

"MOO"

BUY 12 GALLONS OF FRESH ALLSUP'S MILK... GET ONE FREE!

Collect Self Stick "Moo" Stamps Today & You Could Win FREE Milk For A Year!

Allsup's Convenience Store Inc.  
#44  
501 Bedford • Dimmitt  
647-5289

ALLSUP'S DRINKING WATER

.5 LITER / 69¢ EACH OR

## 2 FOR \$1

KELLOGG'S ASSORTED FLAVORS

POP TARTS

69¢ EACH OR

## 2 FOR \$1

SO-DRI PAPER TOWELS

59¢ EACH OR

## 2 FOR \$1

ALL FLAVORS

TOM'S CHIPS

REG. \$1.89

## 2 FOR \$3

DORA THE EXPLORER ICE CREAM BAR	59¢
REG. 79¢ / 4 OZ.	
SHURFINE DRINKING WATER	99¢
GALLON	

HERSHEY'S CANDY

MILK CHOCOLATE, WITH ALMONDS OR MR. GOODBAR 79¢ EACH OR

## 3 FOR 99¢

TALLSUP

32 OZ. / REG. 89¢

## 59¢

SANTA FE CORN TORTILLAS

32CT. / REG. \$1.59

## 99¢

BAR-S TURKEY BREAST

16 OZ.

## \$2.99

ALLSUP'S COMBO MEALS		
COMBO NO. 1	2 BURRITOS & 32 OZ. TALLSUP	\$1.99
COMBO NO. 2	CHICKEN BITES & 32 OZ. TALLSUP	\$1.99
COMBO NO. 3	BBQ SANDWICH, HOWLERS & 32 OZ. TALLSUP	\$1.99
COMBO NO. 4	BREAKFAST BURRITO, HASHBROWN & 16 OZ. COFFEE	\$1.99

# Out of memory

How much memory does my system need?

I get that question a lot and there is no simple answer.

It all depends on what version of Windows you have and what you do with your PC. Memory is very critical to the performance of your PC. Typically, the

more memory your PC has, the better it will perform. If your system doesn't have enough RAM, then the processor wastes a lot of time shuffling data back and forth to the hard drive thus making your system really slow. If you are hearing a lot of "grinding" coming from



**FRANK MENDOZA JR.**  
Computer Solutions

your hard drive when you try to open a program, then chances are it needs more

memory.

HP, Compaq and Gateway are all notorious for selling systems with too little memory in order to cut costs. Because of this, these machines tend to be rather sluggish even when they are new. However, adding a stick of RAM will usually cure the problem. Memory today is very inexpensive and can dramatically improve your

performance. Sometimes adding a 128MB DIMM (about \$30-\$40) to a system can double or triple its performance.

Older versions of Windows like '95 performed well with as little as 32MB of RAM, Windows 98 ran well with 128MB, however newer versions like XP need at least 512MB. Of course the more applications you run

at one time, the more memory your system needs. If you want to read more about your PC's memory requirements just go to [www.csdimmitt.com](http://www.csdimmitt.com) and click on LINK OF THE WEEK. Before you go out and buy a new PC, you should consider adding some more RAM to yours - you might actually get 3 or 4 more years of enjoyable use out of it.

# American Idle

By DR. DON NEWBURY

CAVALIER, we Americans are, thinking that significant "firsts" — medical or otherwise — occur only on American soil. When such claims are made in other countries, we are suspicious, like the way the rest of the world regards a lot of stuff our news agencies spew toward them nowadays.

We have learned of a medical "first" from Austria — of all places! We thought its claim to fame would always be for providing the setting of The Sound of Music. Tongues are wagging all over the world about the crack surgical team there — nine surgeons working fourteen hours—successfully transplanting—listen up, now—a human tongue!

"WELL, I'LL BE jiggered," my old mother would say. She didn't drink, but was often "jiggered." (In our little town in those gentler times, far more folks were "jiggered" than "darned" or "damned.") We had barely heard of Clark Gable, not dreaming of how frank he was going to be in Gone With the Wind. When he uttered that epithet, well, all of us were plumb "jiggered," blushing

there at the picture show.....) Wire services whose integrity we respect—the AP, BBC and Reuters—are filing similar reports. Not a single reporter for any of these agencies has been caught lying for the past several days. We don't know about the married ones.

\*\*\*

AUSTRIA'S HILLS are alive with the sound of—rumors! They are rampant. Europeans aren't buying many of the stories being bandied about, except that the surgery did occur. They also realize that the tongue may or may not "take hold," but could come in handy to facilitate swallowing and dislodging food particles from gaps in teeth. Most of them believe reports that the patient will never taste food again. "Mush it up and send it on," his tummy may yell, "Tasting is over-rated anyway; let him just remember how food tasted when he was a kid." Then, rumors get really crazy. One claim is that the spinner of many of the yarns is none other than "Baghdad Bob," who is there in exile. Old Bob, former Information Minister in Iraq, is reportedly bored stiff, or was until the tongue transplant thing came along. He's running with it, spreading rumors like:

\* The recipient's wife, herself not much of a talker, is not

much of a cook, either. She's sick and tired of his griping about her cooking. With a new tongue that can't taste, he will speak of other things. And she doesn't wish to talk anyway, or to improve her cooking.

\* His original tongue, out of warranty and mighty near out of service, was a traditional one, but the new one is forked. He will face lengthy therapy to learn how to speak with a forked tongue.

\* One report says that the transplanted tongue is from a young German. Now, the recipient wonders if his new tongue will know how to speak Austrian?

\* Will it know how to lash?

\* Already being told to "hold his tongue," the patient says he doesn't know where it is. Red-faced surgeons don't know, either, but one swears he saw a cat scurrying out of the operating room.

\*\*\*

*Dr. Don Newbury, speaker/author/columnist, lives in Bursleson. Over the years, he has untied his tongue more than 4,500 times to commit speeches in 45 states, and he is still at it! He invites inquiries about speech bookings—and his books. You may call him at 817-447-3872, or e-mail: [newbury@speakerdoc.com](mailto:newbury@speakerdoc.com)*

**Dimmitt Country Club**  
Sign up this Summer  
Save \$200  
NO Initiation Fee  
Only \$70 a month  
647-4502

**Bill Maddox's Zip Auto Glass**  
Windshield Repairs & Replacements  
All Work Guaranteed • Insurance Claims Welcome  
**Lonnie Gibson**  
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FREE Mobile Service  
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Lubbock, Texas 79424  
Office: (806) 385-1773

**B BROOKE**  
315 S. Broadway  
Dimmitt, Texas  
647-5244  
**Brooke Insurance & Financial Services**  
Todd Pebsworth, Agent  
Robin Pebsworth, Agent

**Hale County Abstract Company, Inc.**  
Marsha Cobb  
Escrow Officer  
castro@halecountyabstract.com  
512 Andy Street  
Plainview, Texas 79073-1140  
Phone (806) 293-3574  
Fax (806) 293-7981  
109 W. Bedford Street  
Dimmitt, Texas 79027  
Phone (806) 647-3154  
Fax (806) 647-4588  
118 S. Maxwell  
Tule, Texas 79088  
Phone (806) 985-2354  
Fax (806) 985-3580

**In The Spotlight**  
This week in Spotlight we take a look at a local business and promote its success as a business in benefitting the people of our community. It is all too important in a small town for the citizens to support its local businesses in order for the community to thrive. The support between businesses and the people they benefit strengthens our economy and builds relationships within our society.  
Dimmitt is reflective of the people that choose to live here. We are a small town filled with the kindest of people, where everyone knows everyone, and possess endless potential. The many social organizations that exist here help promote the relationships that keep

Work out for free this summer.  
**Its GREAT to be at CURVES!**  
806-647-FUNN  
218 E. Bedford

**LINDSEY ORTHODONTICS, P.C.**  
Orthodontics for Adults and Children  
Making Beautiful Smiles for 27 Years  
Call 293-9491 for a Free Evaluation Appointment  
Plainview Office: 2801 West 24th Street  
Dimmitt Office: 306 Bedford

**Antiques Plus...**  
where antiques are chic  
Join us for the lunch at  
**The Chat & Chew Diner**  
Bridal Selection for:  
Misty Pritchard bride elect of Stuart Sutton  
August 2nd  
107 E. Bedford • Dimmitt • 647-1818

Dimmitt such a place and do their part in supporting the people of Dimmitt and surrounding towns. In return, it is important for the people of Dimmitt, Nazareth and Hart to do the same in supporting our local businesses.

Come in and see our great  
**Summer Specials**  
Everything you need and more...  
**Ed Harris Lumber Co.**  
Hart, Texas Phone 938-2183

**Antiques Plus...** is celebrating their 1st anniversary of business Friday and Saturday, August 1st and 2nd. Located in the old Parson's Drug Store and locally owned by Lee and Pati Elder, **Antiques Plus...** boasts over 50 vendors, with products ranging from old (antiques) to new. More than half of their vendors are from Castro county and the surrounding area. Also, inside **Antiques Plus...** is "The Chat and Chew Diner". The diner is located in what used to be the fountain area and is managed by Cindy Tomblin. They serve sandwiches and hot plate specials. They strive to offer good food, good service and a touch of nostalgia. Let them host your group or organization meetings on Saturday by reservation. The Chat and Chew Diner is a fun, relaxing place to come and eat. Their anniversary celebration will include a live remote with KNNK, Christian radio station from Hereford on

Friday from 11:00 to 1:00. Door prizes, gifts, and homemade ice cream will be offered. On Saturday afternoon, they will be singing around the old piano. If you enjoy "sing-along" music and fellowship, or play any kind of acoustic instrument, come be a part of the fun between 2:00 and 6:00. Bring a friend and help start a new (old) tradition.

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Plans that fit the way you talk!  
**CELLULARONE**  
• Add an additional phone for only \$20.00.  
• Unlimited nights and weekends.  
• 1000 mobile to mobile minutes.  
• Shares contract with existing phone.  
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309 N. Main  
Hereford, Texas  
364-4287  
**We loan \$100-\$500**  
subject to our usual credit policy  
**SUN**  
and Tax Services  
Win a backpack and a \$100 gift certificate to Wal-Mart  
•Must be 18 to enter •Open to Public  
•Drawing will be held on August 15th.  
Come by 309 N. Main and visit with one of our staff.

**Summer Sale**  
All summer merchandise 1/2 off  
**It's a Sales Tax Holiday!!**  
Friday & Saturday  
August 1st & 2nd  
With every purchase, register for \$50.00 gift certificate  
**Tots and Teens**

**Gonzales Modern Carpet & Furniture**  
319 N. Broadway 647-3452 Dimmitt, TX  
Serving The Surrounding Area Since 1978  
We Are A Complete Home Furnishing Store  
We Are Your NEW  
Direct **MAYTAG** Dealer  
This means that our prices are the same as the big towns.  
(Actually, we're cheaper. NO DELIVERY CHARGES)

**The Village Shop**  
May you be blessed for blessing us.  
**Bridal Shower Selections**  
July 26th  
Stacy Musick/Robin Bridges  
August 2nd  
Andy Hill/Julie Gray  
Stuart Sutton/Misty Pritchard  
August 23rd  
Emily Roberson/ Ben Pattison  
9:30-6:00  
Mon. Thru Sat.  
647-2450  
204 W. Bedford  
Dimmitt, Texas

**WELLNESS UNLIMITED MYOTHERAPY CLINIC**  
Elizabeth Rodriguez RMT  
• Motor Vehicle Accident  
• Work Related Injuries  
• Sprains & Strains  
• Carpal Tunnel Syndrome™  
MERCURY, MEGALAN & INSURANCE ACCEPTED  
346-3240  
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# Cotton news

For the first time in seven consecutive sessions, cotton futures on the New York Cotton Exchange settled sharply higher on Thursday in response to a strong weekly export sales report. Scale-up buying, along with managed fund buying and bullish options strategies, also made appearances.

Traders had expected strong numbers in USDA's export report; however, the week's figures still were impressive to market observers. All of the department's figures were of interest to traders, but it was new crop sales that were said by one trader to be "surprising to most."

For the week ended July 17, net sales of 124,000 bales were made for delivery in the 2003-04 marketing year that begins on Aug. 1, and China was the top buyer. Meanwhile, net upland sales of 150,000 bales of current crop cotton were 29 percent higher than the previous week and 98 percent higher than the four-week average. As anticipated, export shipments were strong which traders said was a result of textile mills taking advantage of the highest Step 2 payment of the season. The payment rate is expected to decrease at the beginning of the new marketing year. Export shipments of 310,000 bales for the week represented a 35 percent increase from the prior week and 28 percent better than the four-week average.

Meanwhile, business on the physical market was slow this week. Traders said mills have been reluctant to buy at the recent high prices, but the fall in the market this week should have attracted buyers. In addition, the U.S. dollar has slipped back into its "weaker mode" and the phenomenon makes U.S. cotton more attractive to foreign buyers. Less interest also was evident on the spot cotton scene as online sales by Texas, Oklahoma and Kansas producers decreased in the five trading days ending July 24. Just 1,520 bales were sold compared to the previous week when 5,069 bales changed

hands. Prices received by producers selling their cotton online ranged from 48.28 to 52.48 cents per pound versus the previous week's 49.78 to 51.65 cents per pound range. In other news, the U.S. cotton crop is showing some improvement. USDA's latest crop progress report showed 55 percent of the nation's crop was in good to excellent condition while 14 percent of the crop was in poor to very poor condition as of July 10.

Cotton planted in the key High Plains region of Texas has made a comeback, but the late start caused by adverse spring weather may be tough to overcome, according to local analysts. It is estimated that more than one million acres of cotton were destroyed and not replanted when several bouts of damaging winds and rain swept the area. Now, a substantial amount of acreage is just beginning to bloom, and some fields may not get to that point until the first or second week of August.

"Once we hit Aug. 20 in Lubbock, it's hard to get a boll to mature before the season runs out," an analyst said. "Normally, harvest is in full swing by Oct. 20. This year, harvest may not begin for some of the late planted fields until November."

The main problem for late-planted cotton is that yields could suffer. The potential yield begins to decline rapidly for cotton planted after June 1 in the northern counties of Texas and after June 10 in the southern region of the High Plains, the analyst explained.

As of July 13, only 54 percent of Texas cotton was squaring compared to 76 percent at the same time last year.

"We have been seeing very good growth in the last 10 days thanks to hot temperatures," another analyst said. "Many of the damaged fields are recovering. Some fields, however, are beginning to wilt. We are going to need more rainfall to keep these late crops on track."

# Combat-related special compensation for some vets

According to Jay Lee Touchstone, Veterans County Service Officer for Castro County, the U.S. Department of Defense, working together with the U.S. Department of Veterans Affairs (VA), announced the start of a new compensation program for many disabled military retirees, Combat-Related Special Compensation (CRSC). The new special compensation became effective May 31, 2003, for qualified combat-related disabled retirees. Payments for qualified retirees accrued beginning June 1, 2003, with first payments possible on July 1.

Eligible members are those retirees who have 20 years of service for retired pay computation and who either have disabilities because of combat injuries for which they have been awarded the Purple Heart or who are rated at least 60 percent disabled because of armed conflict, hazardous duty, training exercises or mishaps involving military equipment.

Payments will equal the amount of VA disability compensation for combat-related disabilities, but will be reduced for those retirees whose retired pay exceeds what they would have received for length of service. Payments are limited to the amount of the retired pay reduction resulting from receipt of VA disability compensation.

The payments are considered to be tax exempt pending a review by the Armed Forces Tax Council. Members must apply to their own branch of service using DD form 2860, Application for Combat-Related Special Compensation (CRSC). The form will be posed as soon as it is released - we expect it within the next week. It will provide details on where and how to apply.

Each uniformed service will review the applications of their own retirees, with the Department of the Navy reviewing applications for both the Navy and Marine Corps. Payments will be retroactive to June 1, 2003, for all approved applications, no matter when received. Service reviews will determine which disabilities, if any, are combat-related or are the result of an injury for

which the member was awarded a Purple Heart. Combat-related includes those disabilities that are the direct result of armed conflict or from conditions that simulate combat, or that result from the performance of uniquely hazardous military duties, or caused by an instrumentality of war.

Services will presume that disabilities awarded VA disability compensation based on service-connected exposure to hazards, which are clearly combat-related, are combat-related for the purpose of CRSC. These include Agent Orange, Gulf War illnesses, radiation exposure, mustard gas and Lewisite. Post-traumatic stress disorder (PTSD) will require combat-related documentation.

For more information on this program, including contact information and required form, visit the following Website: <http://www.naus.org/CRSCInfo.htm> or call the Texas Veterans HOTLINE at (800) 252-VETS.

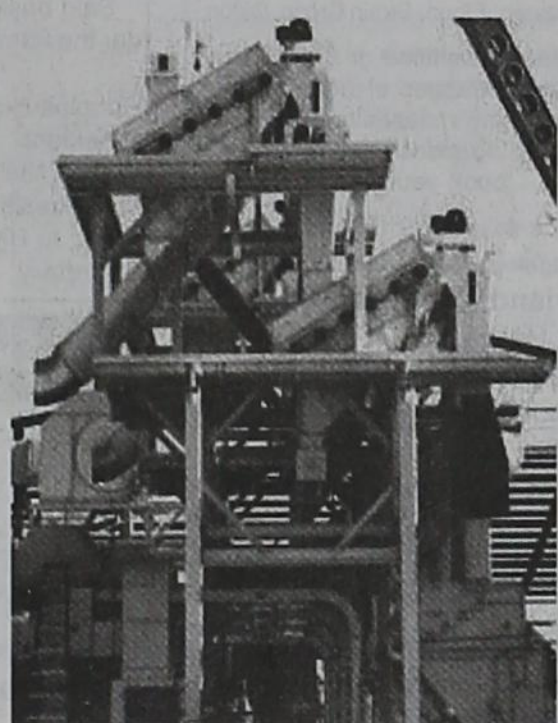
LOOKING 4 A FRIEND-If you have contact information for Burt Huggins or any family relative of Huggins Addition east of town, contact 364-4480 between 10 a.m. and 7 p.m.

## North Gin Progress Report

North Gin is on its way to becoming the most modern gin plant in the state of Texas. You can see that we have in place the second stage of incline cleaners set over the gin stands. The top inclines are a pull type that helps with the drying of the cotton along with taking more of the sticks and burrs out of the cotton. The bottom set of inclines are a gravity type that is better in taking out cotton. The bottom set of inclines are a gravity type that is better in taking out the fine, small, leaf trash. From the inclines the cotton goes to the distributor down to the feeders and gin stands.

We are on schedule to complete the gin well before the start of harvest this fall.

Please come by to visit or to ask any questions.



**North Gin**  
647-5338

## DCN Dimmitt Community Network July Computer Classes

Complete a Network application at Rhoads Memorial Library and sign up for classes. There is no charge for classes through August. A small charge will be made for materials. Classes will be limited. Sign up early. This opportunity for technology learning is made available by a TIF grant, the City of Dimmitt, and DISD. Don't miss out! Classes will be held in the Dimmitt City Hall (CH) "Technology Center" and the Senior Citizens Center (SrC) "Learning Center."

Reminder: You must complete the application forms & receive a password BEFORE you can take a class or use the Network computers.

### Dimmitt Community Network Class Schedule

Date	Class	Time	Location
Aug. *4, 18	Microsoft Publisher	6-9 P.M.	SrC
5, 12	Job Skills	5-7 P.M.	CH
*5, 12, 19, 26	Computer Animation	6-9 P.M.	SrC
*6, 13	Web Design	6-9 P.M.	CH
*19, 20, 26, 27	Forensic Science	6-9 P.M.	CH
*7, 14, 21, 28	Robotics	6-9 P.M.	CH
13, 20	Quilt Design	4-6 P.M.	SrC
11	GED Preparation	7-9 P.M.	CH
*21, 28	Make-It & Take-It	6-9 P.M.	SrC

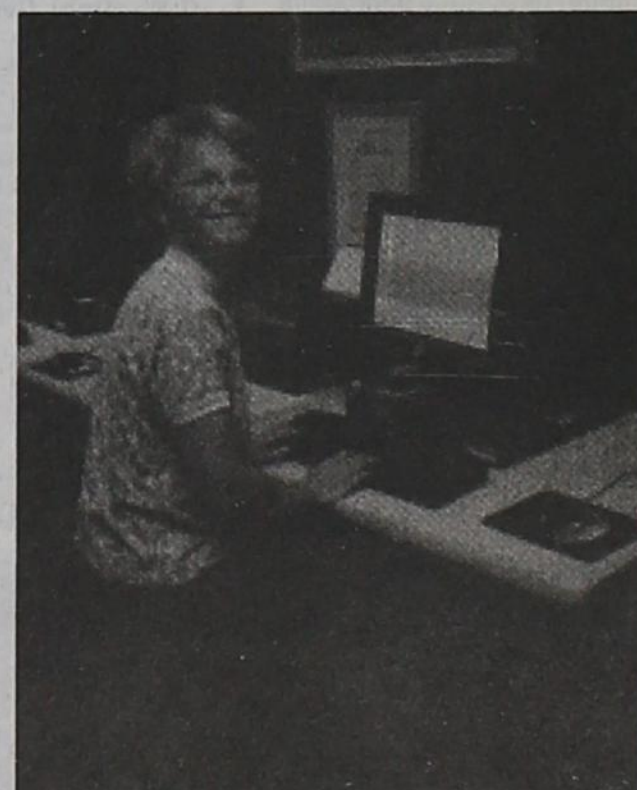
We would like to apologize for any inconvenience or confusion the changes in the August calendar may have caused. However, due to conflicts, the changes have been necessary.

DCN Educational Coordinators

DISD teachers can take classes marked with (\*) asterisk and receive GT credit and Computer time.

### Sharon Self

with some the DCN computers located at the Chamber office. Please feel free to come by and use them, nothing will break that cannot be fixed!



If you have questions please contact Rhodes Memorial Library (647-3532, Tues.-Sat.).

Thank you,  
Melissa Goolsby, Educational Coordinator  
Tammy McLain, Educational Coordinator

# TUNE IN!

**AGRICULTURAL NEWS**.....6 to 7 a.m.  
and 12:15 to 12:50 p.m., M-F

**MORNING SHOW**.....7 to 8 a.m. daily  
Weather forecast, local news, birthdays, anniversaries,  
American Folk Song, school lunch menus, Good Neighbor

**SPOTLIGHT ON LOCAL TALENT**.....8:00 a.m. daily

**MARKET REPORTS**.....40 past the hour,

**KDHN 1470**

# Castro County Classifieds

## Real Estate Home & Land

**\$28,500-TWO FOR ONE** stucco with metal roof, two bedroom, one bath, utility, single garage, fenced yard. Stucco with hardwood floor. Needs repair.

**COMMERCIAL BUSINESS-BRICK OFFICE BUILDING**-3,000 sq. ft, 50 X 150 lot, Two bath, storage room, vault, coffee area, carpet, central heating/air, paved parking.

**FARMS-RANCH 11,800 ACRES-ONE OF THE MOST SCENIC AND BEST HUNTING AREAS IN THE PANHANDLE. GOOD COW RANCH WITH EASY ACCESS.**

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Shirley Underwood  
Cornett-agent 806-647-5642

**NAZARETH HOUSE** with .92 acres in city limits. 3 bedroom/2 bath/large living area with garage. Immaculate yard with underground sprinklers and outbuildings for two vehicles and storage. For more info, call 945-2260 or 336-6597. 16-4tc-30

**NEW 2003 32 X 80 \$396.67\* per month. Just \$2,600 down 1-800-830-3515.** \*\$51,900 sale price \$2,600 down-360 month-9% APR with approved credit.

**NEW 2003 16 WIDE 3 Bed 2 bath \$1,000 Dn. \$171.95 per month \* 888-539-7780.** \*\$19,900 sale price 5% dn on \$18,900 to finance 240 months 9.5 apr. with approved credit.

**GOOD JOB, RENTAL HISTORY, Car Note**-Two out of three will put you in a home. We tote the note. 1-800-830-3515 37-tfc-20

**BEEN TURNED DOWN?** Stop throwing away your money on rent. We tote the note. Se Habla espanol. 800-830-3515

**VERY NICE** 3/1-large building in back. Could be used for bedrooms. **Make an offer!**

**ONE** of the finer homes in town. 3 bedrooms-2-3/4 baths, living room and fireplace, climate controlled sun porch. Sprinkler system-located on cornered lot. **\$125,000** now \$125,000.

**NICE BRICK HOME**-1 3/4 bath, 3 bedroom, steel roof, sprinkler system, basement. See to appreciate. **\$80,000**

**LARGE** Lot- 3 bed, 2 bath price lowered to \$55,000.

**NICE, WELL-LOCATED**-2 bedroom w/ storm cellar-\$27,500

**NICE LOCATED HOME** -4 bed-2 bath-1 car garage-priced to sell-\$47,000.

**3 BEDROOMS-1 1/2 BATH** reduced. One block out of town. **Make an offer!**

**OLD DAIRY QUEEN** building and equipment-\$40,000

**LARGE-5 BR, 3 Bath, living, den, dining.** Lots of extras. \$159,900 Call for appt.

**WEST OF NAZARETH**-Great home sites on highway! \$1,000 per acre.

**WELL LOCATED**-3/1.75 fireplace, sunroom-First Time On The Market-\$82,000

**LITTLE DOLL HOUSE**-2 bedroom, 1bath, in great shape. Must see to appreciate. \$42,000

**GEORGE REAL ESTATE**  
647-4174  
U.S. Hwy 385 • Dimmitt  
Jimmie R. George, Broker  
Mobile • 647-7942  
Mary Lou Schmucker  
945-2679

**MOBILE HOME** for sale-1995 Town and Country-16 X 80-3 bedroom/2 bath. Very Nice! In Nazareth-209 S 2nd St or call 945-2461-Amy or Craig

Beautiful Old Home in good neighborhood 2100 sq. ft.-large yard storage shed --For sale or annual lease \$60,000/\$600 a month  
405 W. Jones-Call 433-0735  
16-4tc-28

**BEAUTIFUL COUNTRY HOME:** Approximately 4,500 sq.ft., four bedrooms, 4 1/2 baths, basement, plus 20 acres with large barn, dual corral and grain elevator. For appointment call 647-2623 or 647-7063.



LEE STREET, Price Reduced, Immediate possession of this beautiful three bedroom, two and 3/4 bath, double car garage brick veneer custom-built home w/fireplace, 2 storage buildings, many amenities, beautifully landscaped. Lets Look.  
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## Real Estate Homes & Land

**CALL OUR 24 HOUR CREDIT** hotline to see if you qualify for a home loan. 1-800-375-8739.

**1st TIME HOME BUYER** or Single Parent Program. EZ financing. We tote the note! 888-539-7780.

**\$64,000 3/1.75/2 carport-NEW LISTING-**Fireplace Jenair cook top, dishwasher, heat pump, large master bedroom, fenced yard, storage building, storm cellar, hot tub, deck, NW part of town. Lots of house and extras for the money.  
**\$99,500 3/2/2.** Remodeled with new cabinets, carpet, etc. Large shop building, horse barn and pens. All on two acres. This one will go fast. Call today!  
**\$80,000-3/2/2 NEW LISTING** Remodeled, new carpet, paint, cabinets, etc. This is a really nice home with a great large shop, trees and fenced yard. Close to the school and in a quite neighborhood. Don't miss this one! Call today!  
**\$72,000-3/1.75/2 NEW LISTING** Beautiful home. Beautiful home, large fenced lot, great location on Pine Street!!!  
**Price REDUCED to \$65,000-3/2/2 NEW LISTING** Fireplace, large fenced yard, storage, nice house, great location on Cleveland Street.

**\$60,000 -** Dental office, fully equipped, or without equipment or **\$45,000** can be converted back into 3 bedroom home or duplex for good rental property.  
**\$55,000-4/3/2.** Lots of room. Close to Catholic Church, large whirlpool tub. Garage and carport. Lots of possibilities for this one.  
**\$53,000- 3/2/1** Nice well-kept home with extra lot for expansion or shop.  
**\$52,000-3/2/2-NEW LISTING** Nice home, good location, fenced back yard, sunken living room, great price for this home, call today!!!  
**\$48,000-2** homes on 1/4 block, live in one, rent the other for your payment.  
**\$36,000 3/1** carport-nice brick home close to ball park & Country Club. Owner says sell & will pay closing costs. Call today! \*\*\*\*\*  
**\$34,000-2/1/1, NEW LISTING** close to schools, fenced yard, nice storage. Recently remodeled.  
**Commercial:**  
**\$55,000 and \$45,000**-Two package stores for sale-**GOOD MONEY MAKERS**-Call for details!

**J-CROSS INVESTMENTS**  
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JERRY CARTWRIGHT/BROKER  
KENNY DOSS/AGENT 647-3248

**FOR SALE:** Country house with acreage for rent 3/1. Barns and corral-caliche to highway. Good references or must. 647-0874. 18-2tc-min

**HOME FOR SALE:** Nazareth 16 acres quancet barn and house-Call 647-6194 or 945-2306. 17-tfc-min

**RENT TO OWN**  
NEW TV'S, VCR'S & APPLIANCES  
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647-2197 Dimmitt

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## Real Estate for Rent

**Dimmitt Senior Citizens Apartments**  
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One and Two bedroom apartments for rent



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TDD 1-800-735-2989  
Ronda Powers, Manager

**Stafford Apartments**  
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## Help Wanted

**A DIRECTOR OF NURSES** position is available for a self-motivated, Texas licensed registered nurse with supervisory experience and demonstrated leadership skills. This organized, high energy individual will recruit, interview and hire quality staff; evaluate personnel; ensure compliance with governmental and state regulations; participate in budget planning; be able to perform under pressure, and have teaching and verbal presentation skills. Please apply in person at Tulla Health and Rehab, 714 S. Austin, or fax your resume to 806-995-2263 Senior Health Properties-Texas Inc. A Not-For-Profit Corporation. 13-tfc-88

**KING'S MANOR METHODIST HOME** of Hereford is accepting applications for Certified Nurses Aides and Licensed Nurses. Apply in person at 400 Ranger Dr. 16-tfc-24

DISD is seeking clerical help within the School Nurse Office. Would include filing, typing, taking temperatures, and etc. If interested please come by the DISD Administration Office located at 608 W. Halsell in Dimmitt for an application. 18-2tc-37

## Local Correspondent

The **Castro County News** is seeking a correspondent:

**On The Go** correspondent. This person will gather news from Castro County residents relative to travel, parties, visits, clubs, etc.

Contact Chris Bradford at 647-3-123 or you may e-mail a response to cbradford@castrocountynews.com

**Feed, Seed & Grain**  
Beardless Wheat Hay for Sale- Round Bales Call Lonnie at 647-7663 or 945-2458. 12-tfc

**GAYLAND WARD SEED CO.**  
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BEARDLESS WHEAT-Lockett, Longhorn, Russian Beardless, Weathermaster 135, TRITICALE-Bobcat Beardless Blend, Presto, Pika, Full Season Trit Blend GRAZING BLENDS-Bobcat Beardless Blend, Full Season Trit Blend, Custom Order, Grazing Blends WHEAT-Jagalene, Cutter, Dumas, TAM 110, TAM 400, Ogallala, TAM 105, TAM 302 RYE-Maton, Elbon, Strain Cross, Oklon

Registered, Certified or Select Seed available. Bagged or Bulk Delivery Avail. Many varieties are in limited supply, so please call today to book your seed.

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Jagalene, Cutter, Dumas Wheat  
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Hereford, TX 79045  
806-258-7394 \* 800-299-9273  
email: wardseed@amaonline.com 17-6tc

## Legal Notices

**LEGAL NOTICE**

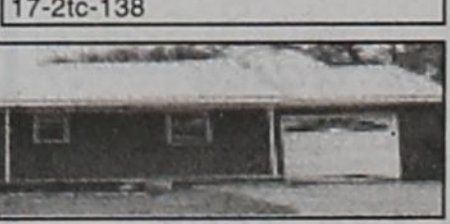
Notice is hereby given that the Castro/Swisher County Juvenile Board will receive any or all sealed bids for:

- A. Secure long-term residential detention and boot camp services.
- B. Secure short-term detention services in a boot camp setting.
- C. Electronic monitoring services.

Bids will be received until 5 p.m. August 20, 2003. The bids will be presented to the Castro/Swisher Juvenile Board at its regular meeting scheduled August 27, 2003 to be held at the Castro County Courthouse, Dimmitt, Texas. At this time, the sealed bids will be opened and awarded.

Requirements may be obtained from Dena Berry, Director of Juvenile Probation, Swisher County Courthouse, Tulla, Texas 79088. The Castro/Swisher Juvenile Board reserves the right to reject any or all bids and waive all formalities for the best interest of the Castro/Swisher County Probation Department.

Dena Berry  
Director, Juvenile Probations  
17-2tc-138



FOR SALE BY OWNER-3 bedroom/1.75 bath-approx. 1,500 sq ft-Newly remodeled. Call 806-647-4161

**CASTRO CO. 160 ACRES** - excellent farm, one-1/4 mile sprinkler, 2-irrig. wells. Please check our website for this property as well as other ranches, farms, feedyards (permitted - with steam), an operating dairy and a "state of the art" horse facility.  
www.scotlandcompany.com  
Ben G. Scott-Broker 647-4375 or Krystal M. Nelson 647-6063

## Misc for Sale

**Conklin Products** for sale. Contact Robert Duke at 806-647-5517.

**BOAT AND MOTOR** for sale-120 HP Johnson-17 ft Fiberglass Invader Tri-Hull 647-4388 7-tfc-20

2002 Chevrolet Tahoe LS-Red-Neutral leather interior.-47,000 miles-\$22,500 firm. Call 806-647-2991 after 6 p.m. or leave a message. 1-tfc-20

**FOR SALE**-1984 Chevy Pickup and 1985 Ford Thunderbird. \$800 each or \$1,200 for both. 647-5304 13-4tc

**FOR SALE-'97 GMC** 3/4 ton 4 wheel drive-5 speed extended cab-loaded-runs great! \$17,000 806-285-3014

2001 FORD-Eddie Bauer Edition-Black-42,500 miles-\$24,000. Call Lori at 647-4818. 15-4tc-20

FOR SALE: 1985 Freightliner Semi Tractor- Good dependable truck. 647-6908 18-1tp-10

## SUBSCRIBE TODAY!

**Ag Services**

**CUSTOM SWATHING AND BALING**-Chris Davis-home 938-2742 or mobile at 647-7698.

**CUSTOM SWATHING AND BALING** Matt Gfeller, 647-4551, home; 647-6754 mobile. 10-49-tfc-min

**CUSTOM PLOWING** Hamey-field cultivator, disk-Call Todd Hatla at 647-5183 office or 647-7999 mobile.

**Custom Swathing and Baling**  
Call Roy Schilling  
647-2401 home 647-7066 mobile

**CRP Shredding**- Call Lonnie 647-7663 or 945-2458. 12-tfc

**Custom Shredding**  
Call Curtis Martin at 647-8264 or Billy Martin at 647-6923 or 647-4288. 17-tfc-14

## Legal Notices

**Legal Notice**

The undersigned hereby gives notice of application to the Texas Alcohol Beverage Commission, Austin, Texas for a private club permit renewal to be located at 208 SE 4th, Dimmitt, Texas.  
Said business to be operated under the name of Gerry's First Place.

Douglas Herman Schilling, President  
Wayne Niel Christian, Vice President  
Kellie Jo Bradley, Secretary 17-2tc-57

## Employment

## Position Available



SARAH SILVA and Matthew Sanders recently returned from the Texas Farm Bureau's 40th annual Citizenship Seminar in San Angelo.

# Silva, Sanders attend citizenship seminar

Sarah Silva and Matthew Sanders recently attended the Texas Farm Bureau's 40th annual Citizenship Seminar in San Angelo. Sponsored by the Castro County Farm Bureau, they were among approximately 350 high school junior and senior students from more than 150 counties across the state. The purpose of the seminar is to provide the student with a better understanding of their American heritage

## Regional alfalfa workshop set for Littlefield on August 7

Alfalfa production is the focus of a half-day regional workshop scheduled for Littlefield, Thursday, Aug. 7. Registration begins at 8 a.m. at the Lamb. Co. Ag. Expo Center on U.S. 385, 2 blocks north of U.S. 84. The program, organized by Texas Cooperative Extension, begins at 8:30 a.m. and will conclude at 1 p.m.

Target counties include Deaf Smith, Randall, Parmer, Castro, Swisher, Bailey, Lamb, Hale, Floyd, Cochran, Hockley, Lubbock, and Crosby. Topics will include variety selection, fertility, irrigation, weed control, and entomology.

A field visit will review insect scouting techniques and discuss insects present in the field.

In addition dairy and custom hay industry personnel will share observations on achieving desired hay quality.

All participants will receive a book of alfalfa publications from Extension, Alfalfa Council, etc.

As lunch will be provided, pre-registration is recommended one day in advance by calling Kent Lewis, Lamb Co. Extension Agent, (806) 385-4222 (extension 9).

A \$10 registration fee will cover cost of materials. 2.5 CEUs (1.0 in IPM) will be provided. Additional alfalfa workshops will also be conducted in Lamesa (Aug. 12) and Dalhart (Aug. 13).

and the capitalistic free enterprise system.

"Farm Bureau - Your Host" was presented by Vernie Glasson, Texas Farm Bureau Executive Director, after the students were welcomed to Angelo State University.

The students participated in a program called "Congressional Insights," which allowed them to simulate a Congressional office and election.

Other speakers included David Vernon, Lubbock Christian University, "Basics of Free Enterprise" and Ronald Towbridge, Hillsdale College, "The Constitution."

In addition, the students

participated in a panel discussed led by Towbridge and Vernon, followed by a question and answer session on "Our Rights, Our Freedom, Our Responsibility."

After the presentation of their free enterprise projects on Wednesday evening, the students were treated to cake and ice cream in celebration of the 40th anniversary of the Citizenship Seminar.

Clebe McClary, a motivational speaker, challenged the students to "Press on Regardless" at Thursday evening's banquet.

# Don't forget pictures for C.C. history book

Castro County present and former residents are urged to get their old pictures in for inclusion in the pictorial, set to be published in the fall, according to Castro County News Owner/Publisher Chris Bradford.

"It's not too late to get your photos in," Bradford said. "We got the publisher to extend the deadline to Aug. 15, so I'm urging everyone to bring those old photos by the paper office."

"We want to give everyone a chance to get their photos included in this book. We're hoping the community really gets behind this project."

Bradford said that family photos, school photos, photos of buildings and homes that are no longer standing are all needed to make the publication complete.

They may be brought by the Castro County News offices between 8 a.m. and 5 p.m. weekdays.

"The real story of Castro County is all around us," Bradford said. "People have the history in their homes - in scrapbooks, photo albums and family trunks."

"We hope everyone would make the effort to find those pictures, along with any information that helps explain them. We understand that everyone in each photo may not be identified, but that's O.K."

Bradford is asking for photos from the early days of Castro County through the middle of the 20th Century.

"We're looking for photos that show people and places that will get people talking about how things have changed - or maybe how they've remained the same," Bradford said. "Every family has a story and we want to tell that story through pictures."

Photos will be returned immediately; they will be scanned while the owners wait, so there's no chance of loss. If possible, Bradford said, he'd like to have some information about the area the photo was taken and who the people are, at least maybe the family name.

## Leal's

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### PUBLIC NOTICE

BRIEF EXPLANATORY STATEMENTS OF PROPOSED  
**CONSTITUTIONAL AMENDMENTS**  
SPECIAL ELECTION  
SEPTEMBER 13, 2003

**PROPOSITION 1**  
(HJR 68, Section 1)

HJR 68, Section 1 would authorize the Veterans' Land Board to use excess receipts in the Veterans' Land and Veterans' Housing Assistance funds for payment of revenue bonds, and use excess assets in those funds to provide veterans homes.

The proposed amendment will appear on the ballot as follows: "The constitutional amendment authorizing the Veterans' Land Board to use assets in certain veterans' land and veterans' housing assistance funds to provide veterans homes for the aged or infirm and to make principal, interest, and bond enhancement payments on revenue bonds."

The proposition will appear on the ballot as follows: "The constitutional amendment relating to the provision of parks and recreational facilities by certain conservation and reclamation districts."

**PROPOSITION 5**  
(SJR 25)

SJR 25 would authorize the legislature to exempt from all property taxes certain tangible personal property, which could include a travel trailer not substantially affixed to real estate and not used as a residential dwelling.

The proposed amendment will appear on the ballot as follows: "The constitutional amendment to authorize the legislature to exempt from ad valorem taxation travel trailers not held or used for the production of income."

**PROPOSITION 10**  
(HJR 61)

HJR 61 would authorize municipalities to donate surplus fire-fighting equipment, supplies, or materials to the Texas Forest Service, which would be authorized to distribute based on need the equipment to rural volunteer fire departments.

The proposed amendment will appear on the ballot as follows: "The constitutional amendment authorizing municipalities to donate surplus fire-fighting equipment or supplies for the benefit of rural volunteer fire departments."

**PROPOSITION 15**  
(HJR 54)

HJR 54 would prohibit a local retirement system and the political subdivision that finances the retirement system from reducing or otherwise impairing certain accrued benefits under the local retirement system.

The proposed amendment will appear on the ballot as follows: "The Constitutional amendment providing that certain benefits under certain local public retirement systems may not be reduced or impaired."

**PROPOSITION 11**  
(HJR 85)

HJR 85 would authorize the legislature to regulate the operation of wineries in Texas, regardless of whether a winery is located in an area in which the sale of wine has been authorized by local option election.

The proposed amendment will appear on the ballot as follows: "A constitutional amendment to allow the legislature to enact laws authorizing and governing the operation of wineries in this state."

**PROPOSITION 2**  
(HJR 51)

HJR 51 would expand from six months to two years the period in which the former owner of a mineral interest that was sold for unpaid property taxes may buy back the mineral interest.

The proposed amendment will appear on the ballot as follows: "The constitutional amendment to establish a two-year period for the redemption of a mineral interest sold for unpaid ad valorem taxes at a tax sale."

**PROPOSITION 7**  
(HJR 44)

HJR 44 would reduce the number of persons who make up the jury in a district court criminal misdemeanor case from twelve to six.

The proposed amendment will appear on the ballot as follows: "The constitutional amendment to permit a six-person jury in a district court misdemeanor trial."

**PROPOSITION 12**  
(HJR 3)

HJR 3 would immediately authorize the Legislature to limit non-economic damages assessed against a provider of medical or health care and, after January 1, 2005, to limit awards in all other types of cases.

The proposed amendment will appear on the ballot as follows: "The constitutional amendment concerning civil lawsuits against doctors and health care providers, and other actions, authorizing the legislature to determine limitations on non-economic damages."

**PROPOSITION 16**  
(SJR 42)

SJR 42 would amend the Texas Constitution to allow home equity lines of credit and allow refinancing of a home equity loan with a reverse mortgage loan.

The proposition will appear on the ballot as follows: "The constitutional amendment authorizing the appointment of a temporary replacement officer to fill a vacancy created when a public officer enters active duty in the United States armed forces."

**PROPOSITION 17**  
(HJR 21)

HJR 21 would prohibit an increase in school property taxes on residence homesteads of disabled persons.

The proposition will appear on the ballot as follows: "The constitutional amendment to prohibit an increase in the total amount of school district ad valorem taxes that may be imposed on the residence homestead of a disabled person."

**PROPOSITION 18**  
(HJR 59)

HJR 59 would authorize the legislature to permit a person to assume an office of a political subdivision without an election if the person is the only candidate to qualify in an election for that office and the election is required by the Texas Constitution. This proposition applies only to local political subdivisions, whereas Proposition 8 applies to state and local political subdivisions.

The proposed amendment will appear on the ballot as follows: "The constitutional amendment authorizing the legislature to permit a person to assume an office of a political subdivision without an election if the person is the only candidate to qualify in an election for that office."

**PROPOSITION 8**  
(HJR 62)

HJR 62 would authorize the legislature to permit a person to assume office without an election if the person is the only candidate to qualify in an election for that office and the election is required by the Texas Constitution. This proposition applies to state and local political subdivisions, whereas Proposition 18 applies only to local political subdivisions.

The proposed amendment will appear on the ballot as follows: "The constitutional amendment authorizing the legislature to permit a person to take office without an election if the person is the only candidate to qualify in an election for that office."

**PROPOSITION 9**  
(HJR 68, Section 2)

HJR 68, Section 2 would redefine the com-

**PROPOSITION 13**  
(HJR 16)

HJR 16 would authorize a county, city, town, and junior college district to freeze property taxes on a residential homestead of a person who is disabled or aged 65 or older.

The proposed amendment will appear on the ballot as follows: "The constitutional amendment to permit counties, cities and towns, and junior college districts to establish an ad valorem tax freeze on residence homesteads of the disabled and of the elderly and their spouses."

**PROPOSITION 14**  
(HJR 28)

HJR 28 would authorize the Texas Department of Transportation to issue

**PROPOSITION 19**  
(SJR 45)

SJR 45 would repeal the legislature's

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PUBLISHED BY SECRETARY OF STATE GWYN SHEA

# Hart Days



**HART DAYS FINALE:** Top, going clockwise: Cars, floats and other parade participants line up Saturday morning for the parade in downtown Hart; Tom McClain was recognized during the parade for all of his hard work in keeping up the corner at the four-way stop in Hart. The corner was officially named "Tom's Corner;" Kellie George drives a 1967 Ford Mustang with passengers Jack George, Lindsay George, Kyle Johnson and Crystal Clay; and the Hart Girl Scouts showed their patriotism with their float. Activities started July 24 with a carnival, then revved up Friday with the Miss Hart contest and several other events, culminating in the parade on July 26, an arts & crafts show and ending the night with a dance.

Photos by Sally George

## Texas Commission on Environmental Quality



### NOTICE OF CONCENTRATED ANIMAL FEEDING OPERATING APPLICATION TPDES Registration No. WQ0001397-000

**APPLICATION. CASTRO COUNTY FEEDERS 1, LTD.** 1910 Daniels Road, Burkburnett, Texas 76354 has applied to the Texas Commission on Environmental Quality (TCEQ) for amendment of TPDES Permit No. WQ0001397-000 to authorize the applicant to expand existing beef cattle facility from 17,500 head to a maximum of 38,000 head in Castro County, Texas. The application was received by TCEQ on January 24, 2003. No discharge of pollutants into the waters in the state is authorized by this registration except under chronic or catastrophic rainfall conditions. All waste and wastewater will be beneficially used on agricultural land.

The existing facility is located approximately 3.75 miles west of the intersection of Farm-to-Market Road 145 and Farm-to-Road 168, immediately south of Farm-to-Market Road 145 and east of County Road 521, approximately 3.5 miles west-southwest of Hart, Castro County, Texas. The facility is located in the drainage area of the White River Lake in Segment No. 1240 of the Brazos River Basin.

The application is available for inspection by the public during normal business hours at the Castro County Courthouse, County Clerks Office, 100 East Bedford, Room 101, Dimmitt, Texas 79027.

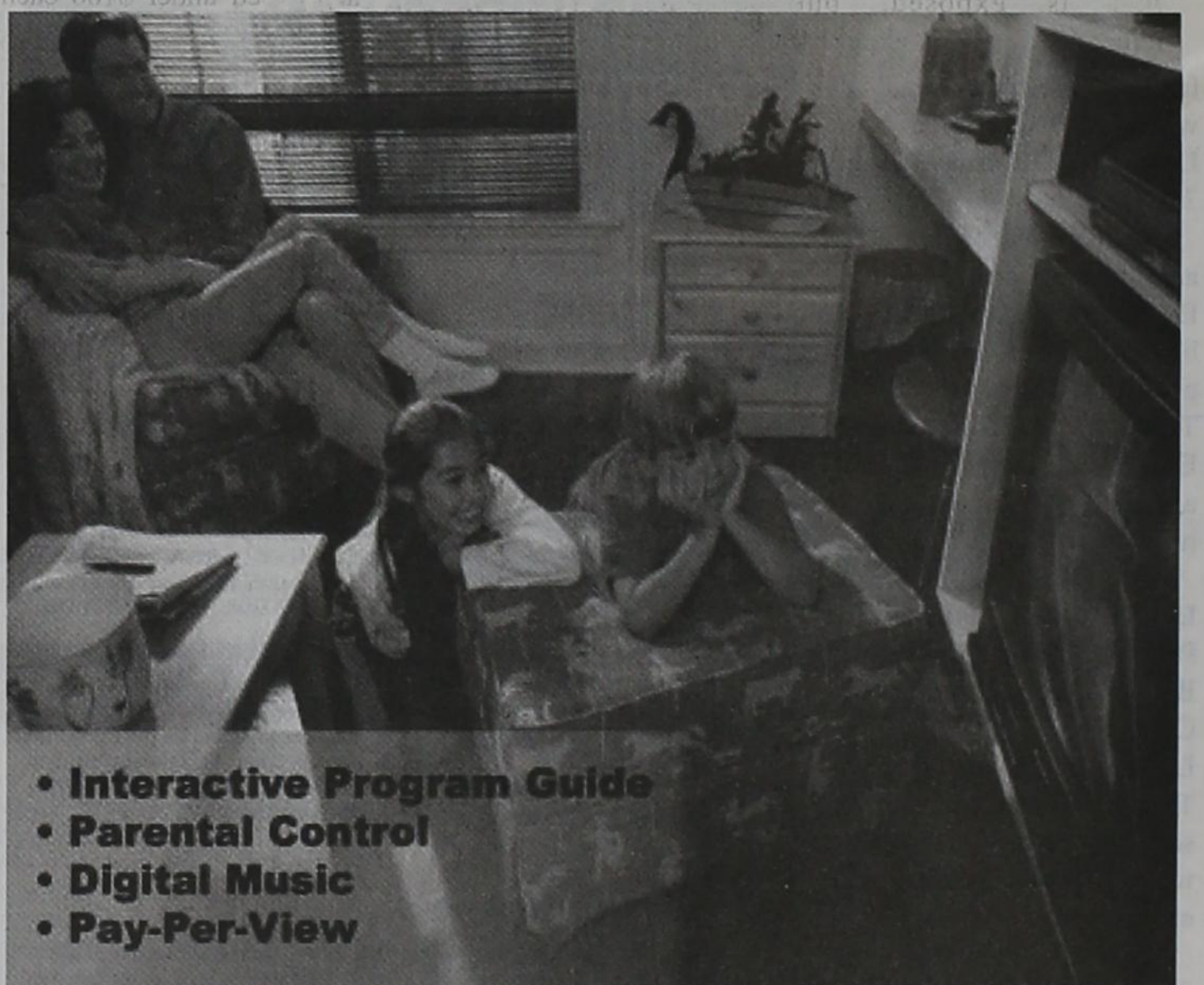
The Executive Director of the TCEQ has prepared a draft registration which, if approved, would establish the parameters and limitations within which the facility must operate.

**PUBLIC COMMENT.** Written public comments may be submitted to the Office of the Chief Clerk, at the address provided in the information section below, within 30 days of the date of newspaper publication of this notice. The Executive Director will consider all relevant information pertaining to whether the applicant meets the requirements for the registration and will issue a written determination as to any final action on the application for registration and a response to all comments.

**INFORMATION.** Written public comments should be submitted to the Office of the Chief Clerk, MC 105, TCEQ, P.O. Box 13087, Austin, Texas 78711-3087. For additional information, about the application or the procedure for public participation in the registration process, individual members of the general public may contact the Office of Public Assistance at 1-800-687-4040. General information regarding the TCEQ can be found at our web site at [www.tceq.state.tx.us](http://www.tceq.state.tx.us). Please note that the 77th legislature changed the agency's name from Texas Natural Resource Conservation Commission (TNRCC) to Texas Commission on Environmental Quality (TCEQ). Both names are interchangeable for a short period of time, until the phase-in is completed.

Issued: July 23, 2003

La Donna Castañuela, Chief Clerk  
Texas Commission on Environmental Quality



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# ADA anniversary serves as reminder of disability benefits

By MARY JANE SHANES  
Social Security Manager,  
Plainview

July marks the 13th anniversary of the passage of the Americans with Disabilities Act (ADA). And although there is no direct correlation between the provisions of that legislation and the Social Security program, there is no doubt that many people who derive benefits from ADA are also Social Security disability beneficiaries. So this would be a good time to provide an overview of the Social Security disability program. Disability coverage was added to the Social Security Act in 1956. The benefits are funded by a portion of the Social Security payroll tax. Out of every dollar you pay in Social Security taxes, about 12 cents is funneled into the trust fund used to finance disability benefits. As with Social Security retirement benefits, you must be "insured" to qualify for disability benefits. You are insured if you worked and earned enough "credits."

Currently, you get one credit for each \$890 you earn, not to exceed four credits per year. But, unlike the simple rules for the retirement program that essentially say you are insured once you earn 40 credits, the disability provisions are a little more complex. Generally, the younger you are, the fewer credits you'll need. You can check your Social Security Statement to see if you're insured or get more information from our website at [www.socialsecurity.gov](http://www.socialsecurity.gov) < <http://www.socialsecurity.gov> > . The definition of disability in Social Security law is generally considered a strict one. You may be considered disabled if you cannot do work you did before and you cannot adjust to other work because of your medical conditions. We consider your medical conditions and your age, education, past work experience and any job-related skills you may have. Your disability also must last or be expected to last for at least a year or to result in

death. While some programs pay benefits for partial disability or for short-term disability, Social Security does not. The law assumes that workers have access to other kinds of benefits and support, such as worker's compensation or insurance, during periods of short-term disabilities. Because of the legal definition of disability, it is important that you tell us about all of your medical conditions and about how they affect your ability to work or function in everyday life. It is equally important to provide us with the names and addresses of doctors, hospitals, clinics and laboratories where you received treatment or tests for your disability. We need to get a copy of your medical records to help us make a decision in your case.

If you provide us with all the information we need, you should get a decision in three to four months.

If your claim is approved,

your benefits generally will start six months from the date your disability began. How much you get depends on your past earnings. A simple rule of thumb is that the more money you made while working, the higher your Social Security disability benefit will be. However, because of the formula used, people who earn lower wages receive a higher percentage of their earnings.

Many times, we also can pay benefits to your spouse and minor children. In 2003, the average Social Security disability benefit to a disabled person with a spouse and one minor child is \$1,395 per month.

If your disability claim is turned down, and you believe we made a wrong decision, you have 60 days to file an appeal.

Obviously, the sooner you file this appeal, the sooner we can start to work on a review of your claim.

## Sales tax holiday

Continued from Page 1

\$34.6 million in state sales tax and \$9.2 million in local sales taxes.

Examples of items that can be purchased tax-free Aug. 1-3 include kids' clothes and school uniforms, adults' clothes and work uniforms, shoes, tennis shoes, sleepwear and underclothes for the entire family, as long as the items are priced under \$100 each.

Items that cannot be purchased tax-free include handbags, wallets, jewelry,

accessories, athletic shoes and sports apparel that are not normally street wear, backpacks and school supplies.

For more information about the Sales Tax Holiday, including a list of tax-empt and non-exempt items, visit the Comptroller's Website at [http://www.window.state.tx/taxinfo/taxpubs/tx96\\_237\\_2\\_03html#holiday](http://www.window.state.tx/taxinfo/taxpubs/tx96_237_2_03html#holiday)

## West Nile Virus

Continued from Page 1

to be out, dress properly - long sleeved shirts and long pants.

3: Since most Texans are not going to dress properly, wearing an insect repellent with DEET in it is essential, McDonald said. "It should be on all areas of the skin that is exposed, but remember for children to use repellent that has 10 percent or less on children."

4: Drainage is important, she said.

"If you have areas of standing water, or bird baths, kitty pools, make sure you drain them because stagnant water is where mosquitoes reproduce," she said. "Check gutters, flower pots, etc., after rains or watering to make sure there is no standing water."

McDonald said the state always has more horse cases than it does human cases.

"Horse owners should have had their horses vaccinated by now," she said. "If not, get them in."

## Collins

Continued from Page 1

bright future for Dimmitt.

"Sure, there'll be changes, but if we're successful on these economic development projects, we'll get more jobs and more business," Collins said, noting that Dimmitt is one of a handful of Panhandle towns that has an enterprise zone. "We feel like the dairy industry coming in has been a positive thing."

And he said the best thing about being mayor is "being able to influence the direction of this city for the good and focusing on accomplishing common goals."

Asked about the worst part of being mayor, the only drawback Collins can come up with is the glut of state and federal laws constantly being promulgated.

"Trying to overcome the bureaucracy is pretty hard," he said. "I spend a lot of time just keeping up on what new laws and rules are being passed that may have an impact on Dimmitt."

There is no vaccine for humans, she said.

If your horses were vaccinated last year, they should have been given a booster this year, McDonald said, noting that owners should take some of the same precautions to keep mosquitoes away from their horses - watch the mosquito population and try to keep it down, especially be observant of standing water and get rid of it.

### Legal Notices

#### LEGAL NOTICE

The Nazareth Independent School District of Nazareth, TX will receive bids until 5:00 p.m., Monday August 11, 2003 in the office of Superintendent of Schools Nazareth I.S.D. Bids for the following:

- 1- Four Door School Pickup

Pickup specifications of the above may be secured from the Superintendent of Nazareth I.S.D., 101 South First Avenue, P.O. Box 189, Nazareth, TX 79063, between the hours of 8:00-4:00 p.m. Monday-Thursday.

Bids may be mailed, returned in person, or faxed to the following:

Nazareth I.S.D.  
Office of Superintendent  
101 South First Avenue  
P.O. Box 189  
Nazareth, TX 79063  
806-945-2231  
806-945-2431 (Fax)

Bids should be clearly marked "Bid for School Pickup".

The Nazareth I.S.D. Board of Trustees will review bids on August 13, 2003 at 8:00 p.m.

The Nazareth Independent School District will reserve the right to reject any or all bids and to waive technicalities.

17-2tc-141

#### LEGAL NOTICE

The Nazareth Independent School District of Nazareth, TX will accept Request for Proposals until 5:00 p.m., Monday August 11, 2003 in the office of Superintendent of Schools Nazareth I.S.D. for the following:

- Property Insurance
- Computer Systems Insurance
- Crime Insurance
- General Liability Insurance
- Educators' Legal Liability Insurance
- Automobile Liability Insurance

Specifications of the above may be secured from the Superintendent of Nazareth I.S.D., 101 South First Avenue, P.O. Box 189, Nazareth, TX 79063, between the hours of 8:00-4:00 p.m. Monday-Thursday.

Proposals may be mailed, returned in person, or faxed to the following:

Nazareth I.S.D.  
Office of Superintendent  
101 South First Avenue  
P.O. Box 189  
Nazareth, TX 79063  
806-945-2231  
806-945-2431 (Fax)

Proposal should be clearly marked "Proposal for Insurance".

The Nazareth I.S.D. Board of Trustees will review proposals on August 13, 2003 at 8:00 p.m.

The Nazareth Independent School District will reserve the right to reject any or all Proposals and to waive technicalities.

17-2tc-152

## Murphy

Continued from Page 1

Linda Rasor, CEO at Castro County Hospital District, said between them, Drs. Murphy and Lee "took care of this community for a number of years."

"Dr. Murphy delivered a lot of babies, did a lot of surgical procedures and still did house calls," Rasor said. "That's one of the things people appreciated about Dr. Murphy was that he made house calls, day or night. He did a lot of missionary work."

"He was a very kind, very sincere man who cared about everybody. It didn't matter what color you were, how much money you had, he was going to take care of you. He bought equipment for our hospital and donated equipment to our hospital."

She also remembered that Dr. Murphy didn't like the government to be involved in medical care.

"He thought the government should stay out of medicine and let doctors practice," she said.

Dr. Murphy had recently decided to practice out of his home, seeing patients either there, at their homes or the nursing home.

Dr. Murphy graduated from Dimmitt High School in 1951. He was raised here. His father, Andrew, farmed here and his mother, Ola, was the Castro County clerk for many years.

He was an all-regional football player at DHS and was always an enthusiastic supporter of local teams.

He attended Abilene Christian University and the University of Texas Southwestern Medical School, receiving his M.D. in 1959.

Dr. Murphy owned and operated the Dimmitt Medical Clinic from 1966 through 1995, then joined the Medical Center in Dimmitt in early 1996.

His main hobbies were fishing and bird hunting. He was also a trained musician and singer. (His youngest brother, Fawayne, was a career tenor with the Metropolitan Opera in New York.)

In the late 1990s, his main avocation was missionary work in the Ukraine, teaching Christianity and performing medical services. It was there he met his wife, Yulia.

Memorial services for the Murphys will be at 2 p.m. Saturday at the Dimmitt High School Auditorium.

## Two-car crash

Continued from Page 1

truck because they feared the amount of spilled gasoline might start a fire, he said. Stovall, who was not wearing a seatbelt, died at the scene, Ross said.

Ross speculated that Stovall may have been towing too much weight and driving faster than was safe.

The impact left the Murphys' vehicle off the road, on its side, facing south. The pickup was facing north and the trailer and Suburban ended up in a ditch on the east side of the road.

**RUSH IN FOR SAVINGS**

**Pre-Participation School Sports Physical Examinations are \$10.00 until school starts.**

**After school starts the Sports Physicals will be \$20.00.**

**We are scheduling these physicals throughout the summer. Call 647-2194 for your appointment.**

**Medical Center of Dimmitt**  
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## Chamber seeking nominations for parade marshall

### Deadline is Aug. 25

The Dimmitt Chamber of Commerce is seeking nominations for Grand Marshal of the 2003 Harvest Days/Castro County Fair parade that will be held Saturday, Sept. 6, 2003, at 10 a.m.

Nominees must be residents of Castro County and will be selected on the basis of community involvement and participation in the affairs of Castro County. Nominations may be made by forwarding information to the Chamber of Commerce at 115 W. Bedford St., Dimmitt, 79027; by fax (806) 647-2524; or by calling Sharon Self at the Chamber (806) 647-2524.

Forms are available at the Chamber, but nominations may be submitted in letter form.

"This is an excellent opportunity to recognize an individual, or a couple, for making contributions to our way of life - especially people who have been involved in activities associated with agricultural projects or people who have taken leadership roles in Castro County's communities," according to Self. The deadline for submitting nominations is noon, Monday, Aug. 25.

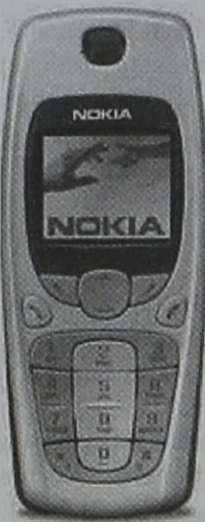
## Subscribe Today

### 647-3123

## RAMP WORK

Workers from Dimmitt Ready Mix work on the new handicapped access ramp on the west side of the courthouse. Those working in the hot sun for the next few weeks include Noe Castro, Ronald Kirby, Dean Kirby and Paul Olvera. During this period, while the original ramp is torn up, individuals needing handicap access may call County Judge Bill Sava's office at 647-4451. "We'll try to make some arrangements to have someone help them," Sava said. "We're sorry the ramp couldn't be fixed overnight, but this is what it takes to get us in compliance with ADA. We're correcting the drop, so it is no more than 1-inch per foot and we're providing landings where people can rest and be on level ground. We'll have a curb at the side of the access to prevent wheels from going over the edge." The original ramp was 28-feet; the new one will be 72-feet.

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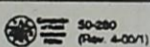
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'00 DODGE STRATUS #P2931C	\$5,995
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'01 FORD TARUS #C752A	\$9,995
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'02 DODGE STRATUS #P2949	\$13,555

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'02 CHRYSLER TOWN & COUNTRY #P2948	\$18,555

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### NOTICE OF PUBLIC MEETING TO DISCUSS BUDGET AND PROPOSED TAX RATE

The Nazareth ISD will hold a public meeting at 8:00 pm August 13, 2003 in Nazareth High School 101 S 1st Ave Nazareth, TX. The purpose of this meeting is to discuss the school district's budget that will determine the tax rate that will be adopted. Public participation in the discussion is invited.

The tax rate that is ultimately adopted at this meeting or at a separate meeting at a later date may not exceed the proposed rate shown below unless the district publishes a revised notice containing the same information and comparisons set out below and holds another public meeting to discuss the revised notice.

#### Comparison of Proposed Rates with Last Year's Rates

	Maintenance & Operations	Interest & Sinking Fund*	Total	Local Revenue Per Student	State Revenue Per Student
Last Year's Rate	\$ 1.3500	\$ 0.0600	\$ 1.4100	\$ 1,502	\$ 5,722
Rate to Maintain Same Level of Maintenance & Operations Revenue & Pay Debt Service	\$ 1.4604	\$ 0.1549*	\$ 1.6154	\$ 1,724	\$ 5,593
Proposed Rate	\$ 1.3500	\$ 0.1100*	\$ 1.4600	\$ 1,556	\$ 5,500

\* The interest & Sinking Fund tax revenue is used to pay for bonded indebtedness on construction, equipment, or both. The bonds, and the tax rate necessary to pay those bonds, were approved by the voters of this district.

#### Comparison of Proposed Levy with Last Year's Levy on Average Residence

	Last Year	This Year
Average Market Value of Residences	\$45,870	\$47,150
Average Taxable Value of Residences	\$30,870	\$32,150
Last Year's Rate Versus Proposed Rate per \$100 Value	\$ 1.41	\$ 1.46
Taxes Due on Average Residence	\$435.27	\$ 453.32
Increase (Decrease) in Taxes		\$ 18.05

Under state law, the dollar amount of school taxes imposed on the residence homestead of a person 65 years of age or older or of the surviving spouse of such a person, if the surviving spouse was 55 years of age or older when the person died, may not be increased above the amount paid in the first year after the person turned 65, regardless of changes in tax rate or property value.

Notice of Rollback Rate: The highest tax rate the district can adopt before requiring voter approval at an election is 1.50. This election will be automatically held if the district adopts a rate in excess of the rollback rate of 1.50.

#### Fund Balances

The following estimated balances will remain at the end of the current fiscal year and are not encumbered with or by a corresponding debt obligation, less estimated funds necessary for operating the district before receipt of the first state aid payment:

Maintenance and Operations Fund Balance(s)	\$ 283,000
Interest & Sinking Fund Balance(s)	\$ 10,342



*Medical  
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**2003**



*The Castro County News*

*&*

*The Olton Enterprise*

# Dealing with dry eyes

(NAPSI)-Scientists have made a surprising discovery that could increase your comfort if you ever suffer with dry eyes. Previously doctors thought that preservatives made artificial tears sting or burn and limited their effectiveness.

So, many artificial tears don't contain preservatives.

Now, scientists have discovered that the main purpose of tears is to provide the eye with a special balance of electrolytes-salts such as sodium, potassium and bicarbonate that other tissues get from blood.

Artificial tear solutions that wash out or change this electrolyte balance can be harmful, leading to irritation.

That's why no matter how much or how often you use traditional artificial tears your eyes may never seem to really get better.

As a result of their research, doctors have developed TheraTears®®, an artificial tear that's preservative free and contains a patented electrolyte balance shown to match that of human tears.

Each drop provides the same electrolyte balance as the normal tear film and provides soothing dry-eye relief that's healthy for the eye.

"TheraTears comes in three varieties," said Jeffrey P. Gilbard, M.D., inventor and Clinical Assistant Professor of Ophthalmology at Harvard Medical School, "Preservative-free for persistent dry eye, in a bottle with a disappearing preservative for mild dry eye irritation, and in a liquid gel for nighttime."

The advance is so significant, said Dr. Gilbard, he created a format for every dry eye need. For more information, visit [www.theratears.com](http://www.theratears.com).

Call before noon Tuesday  
to place your classified ad:

**647-3123**



**What your ad will cost:**

- ✓ The first time your ad runs it will cost at least \$5 (25 cents per word with a \$5 minimum).
- ✓ Each consecutive time you run your ad with no changes, it will cost 25 cents per word with no minimum.
- ✓ A Card of Thanks will cost \$7.50.

## Don't Forget!

August 15 is the deadline for pictures to be turned in so that they will be included in the 2003 Castro County Pictorial Book.

*Bring them by 108 W Bedford  
in Dimmitt today!*



# Dr. Toby Brown

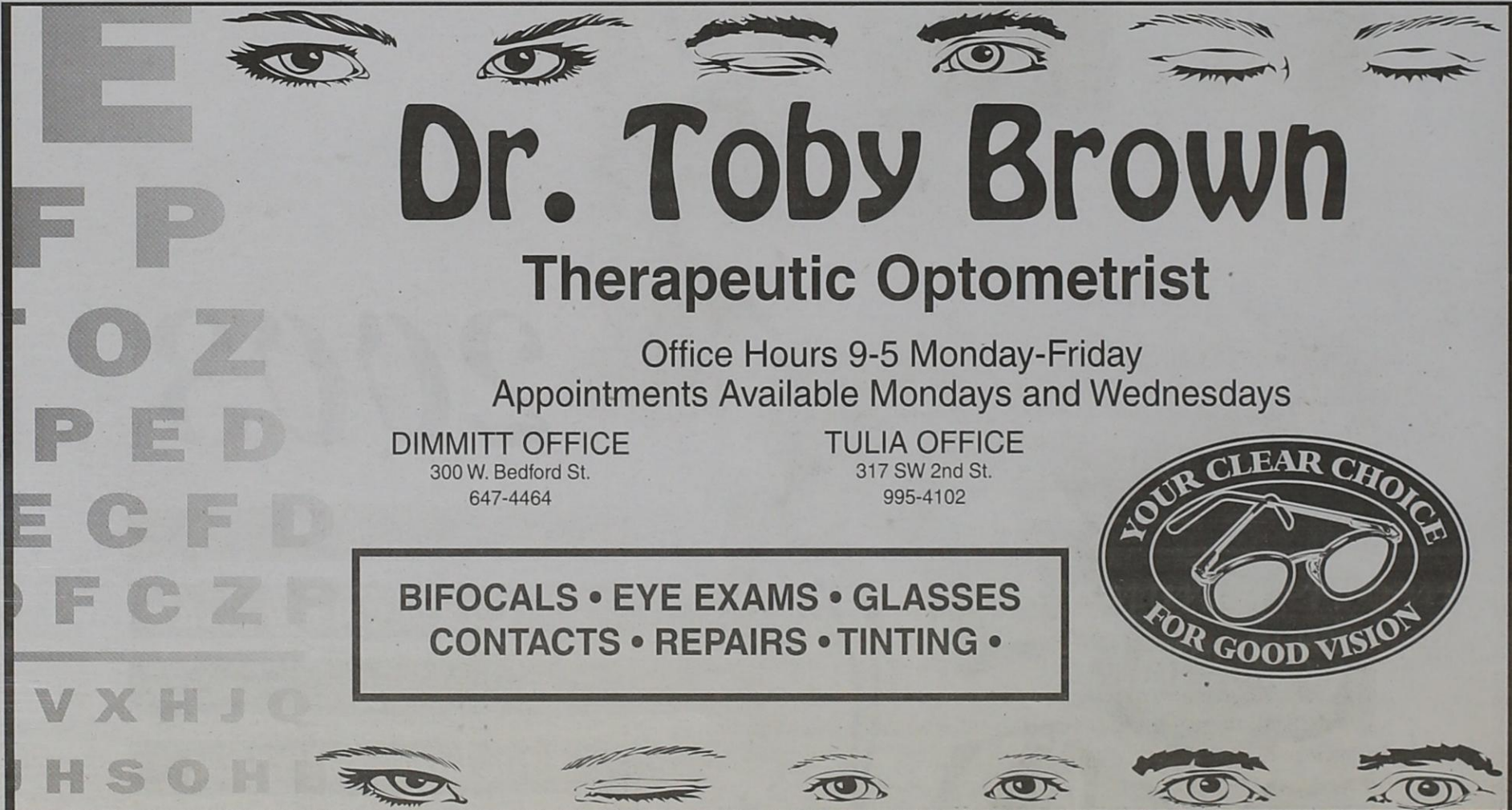
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# Dealing with Attention Deficit Disorder

(NAPSA)-Back-to-school time is just around the corner-and that means classroom assignments, homework, and after-school activities. But for many children, it means difficulties staying focused, sitting still, or controlling their behavior. With 3 percent to 7 percent of school-age children suffering from attention deficit/hyperactivity disorder (ADHD), the beginning of the school year is the perfect time to be aware of its symptoms, diagnosis, and available treatment options. Yet despite the widespread prevalence of ADHD, many parents and teachers are confused about the disorder and don't know where to turn for help.

To answer the questions and address the confusion, Shire US, makers of the once-daily ADHD treatment Adderall XR® (mixed salts of a single-entity amphetamine product), is sponsoring for the fifth consecutive year ADHD Experts on Call, a national toll-free telephone hotline (1-888-ASK-ADHD).

An online forum is also available at [www.ADHDExpertsOnCall.com](http://www.ADHDExpertsOnCall.com). Callers can speak one-on-one with leading English- and Spanish-speaking ADHD experts, including doctors, school nurses, teachers, and advocates.

Callers also may request a free booklet about ADHD with information on symptoms, diagnosis, and available treatment options.

"As an educator and parent of seven children with ADHD, I've experienced firsthand the importance of finding accurate, credible information about the disorder," said Sandy Jones, Ph.D., a special needs educator who will be answering questions about ADHD for the fourth year in a row. "As part of ADHD Experts on Call, I've answered thousands of phone calls from people with questions about symptoms, support groups, treatment options, and how to talk to their child's teacher."

While the hotline is available to anyone with questions about ADHD, it may be especially helpful for parents who see symptoms of the disorder in their children at the beginning of the school year, a time when referrals for ADHD diagnoses often are made.

Symptoms include inattention, impulsivity, and hyperactivity and may be serious enough to interfere with the child's ability to function normally in academic or social settings.

The experts participating in ADHD Experts on Call will not provide specific medical advice for patients or parents or recommend a particular course of action but will serve as resources on topics such as:

- How teachers should approach parents if they suspect a student has ADHD
- How parents can approach teachers about their

child's ADHD-related needs

- How to manage ADHD as an all-day disorder: before, during, and beyond the classroom

- The proper diagnosis and appropriate treatment of ADHD

- Common myths and misconceptions about ADHD

Children with ADHD usually respond well to a combination of treatments, including educational approaches, psychological and behavioral therapies, and medications.

Although there is no cure for ADHD, physicians, parents, teachers, and nurses are finding ways to help children with the condition adapt to their academic, social, and work environments.

The most common side effects of Adderall XR are decreased appetite, difficulty falling asleep, stomach ache, and emotional lability. Amphetamines have a high potential for abuse.

For expert advice about ADHD, call 1-888-ASK-ADHD or log on to [www.ADHDExpertsOnCall.com](http://www.ADHDExpertsOnCall.com) to participate in a live online forum with the experts on Tuesday, August 26, from 8 a.m. to Midnight EDT.

For more information about Adderall XR, visit [www.adderallxr.com](http://www.adderallxr.com).

**FREE ADHD HOTLINE 1-888-ASK-ADHD TUESDAY, AUGUST 26 8AM TO MIDNIGHT EDT**

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If you're healthy, you probably don't think about health insurance-until you get sick or injured. Then, health insurance can become the most important thing in your life and the lives of your loved ones. If you've ever experienced an unexpected health crisis and been without health insurance, you know what a financial and emotional disaster it can be.



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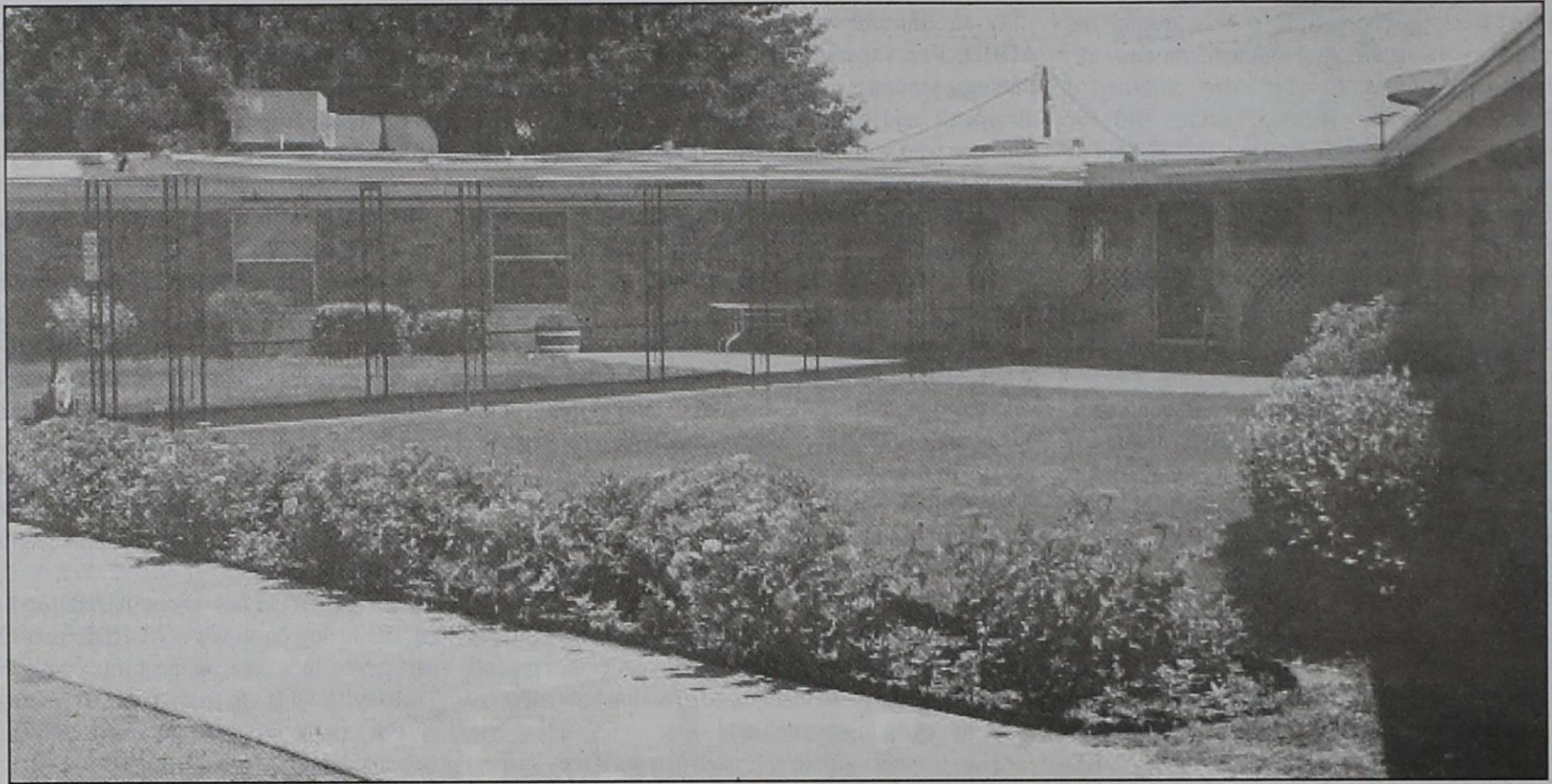


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*Our residents are treated with respect and dignity with consideration to individuality.  
We recognize that the resident's success in long term care is dependent on the care and treatment received, and also on family support and involvement.  
We encourage family participation in your loved one's plan of care and activities.*

## *Dimmitt Nursing and Rehabilitation*



**Our residents are treated with respect and dignity with consideration to individuality. We recognize that the resident's success in long term care is dependent on the care and treatment received and also on family support and involvement. We encourage family participation in your loved one's plan of care and activities.**

*Medicare and Medicaid rooms are available.*

### **We offer:**

- 24 hour skilled nursing
- Adult Day Care
- Hospice
- IV Therapy
- Long Term Care
- Occupational Therapy
- Physical Therapy
- Recreational and/or Music Therapy
- Wound Care
- An active Resident Council

*We are prepared to meet each resident's changing health needs whether the stay is short term or long term.  
Our staff is prepared to provide our resident's with a complete continuum of care that promotes quality of life.*

# Patients part of the process at Dimmitt Nursing and Rehab

Dimmitt Nursing and Rehabilitation, L.P., is located at 1621 Butler Blvd. In Dimmitt.

The phone number is (806) 647-3117 and the fax number is (806) 647-5212. E-mail is [daybreak@daybreakventure.com](mailto:daybreak@daybreakventure.com)

Dimmitt Nursing and Rehabilitation is licensed and certified to accept Medicare and Medicaid, private pay and insurance.

Compared to residents in other Texas nursing facilities, residents of Dimmitt Nursing and Rehabilitation appear to have lower rates of use of indwelling (bladder) catheters, use of tube (stomach) feedings, use of antipsychotic medications and use of sleeping or anti-anxiety (nerve) medications.

Dimmitt Nursing and Rehabilitation offers the following services: Adult Day Care, Hospice, IV Therapy, Long-Term Care, Occupational Therapy, Physical Therapy, Recreational and/or Music Therapy, Skilled Nursing and

Wound Care. The facility also has an active Resident Council.

The facility's total efforts are directed toward making the home a place to live.

At Dimmitt Nursing and Rehabilitation, our therapists design, monitor and evaluate each rehabilitation program for the residents.

Twenty-four hour skilled care and a broad range of services, including restorative care, are offered.

We are trained professionals, and take pride in our commitment to provide the best care possible.

Our residents are treated with respect and dignity with consideration to individuality. We recognize that the resident's success in long-term care is dependent on the care and treatment received, and also on family support and involvement.

We encourage family participation in your loved one's plan of care and activities.

## Government OKs HMO payments

Managed care provider Centene Corp. and its rivals recently breathed a sigh of relief when the federal government decided to set aside \$10 billion this year for state Medicaid programs. The money, part of the tax relief package, consists of short-term funds that states will have to match.

The news doesn't eliminate concerns over huge budget shortfalls at the state level.

But it's at least one positive sign that companies such as Centene, a Medicaid health maintenance organization, will keep a bigger share of government payouts.

"We think the state/federal match is a nice way to do it," said Michael Neidorff, Centene's chief executive. "The funding will allow the states to maintain their programs without looking at how to cut a corner here or there."

St. Louis-based Centene is an HMO for Medicaid health plans in Wisconsin, Indiana, New Jersey and Texas. It looks to serve areas with 25,000 to 60,000 residents in a 25- to 50-mile radius.

It's one of a growing number of companies working to manage the health of poor Americans. Centene signs up low-income patients, mostly children and younger women, with few health problems other than routine care or pregnancy.

In addition to Medicaid, the company manages patients with disabilities paid for by the Supplemental Security Income program, as well as the State Children's Health Insurance Programs.

It's not easy growing the business when states are tightening purse strings. After all, Centene relies on governments for its revenue.

So Neidorff is relying on what he dubs "margin protection." His firm advises states how to cut costs and make services as efficient as possible so more money will find its way to Centene's bottom line.

Centene's goal is to maintain 4% to 5% pretax margins. Neidorff has put together a basic plan advising changes for everything from prescription drugs - "They're out of line in terms of overall cost increases," he said - to coverage of eyeglasses and chiropractic services.

"I'm going to make myself popular with some interest groups," said Neidorff. "Over time (coverage) has been allowed to grow piecemeal. This is an opportunity to look back at it in totality."

He's also quick to note that no one will go uncovered.

Neidorff's plan is to make the best of a tight fiscal situation by continuing to recommend ways for health care providers to be more efficient, thus making better use of Medicaid dollars.

Neidorff cites one study by consultant Milliman USA, which found that Wisconsin's use of HMOs for its Medicaid service saved the government \$56 million last year.

Meanwhile, Centene's top line should get a boost from last month's purchase of the San Antonio-area Medicaid business of HMO Blue Texas.

Financial terms weren't disclosed, but the buy adds 21,000 Medicaid patients to Centene's existing base of 24,000 in the area. If regulators approve the deal, Centene expects it to add \$11 million to \$13 million in revenue this year and 3 to 4 cents to per-share earnings.

Centene also picked up a couple of specialty companies last quarter: Group Practice Affiliates, a behavior health

care services firm in Atlanta that works with emotionally damaged and learning disabled children, and ScriptAssist, a medication compliance company.

Though Neidorff is tight-lipped on details, he says more buys are in the offing.

"We have a very full pipeline," he said.

Centene might need a little more bulk to stay competition.

The company is roughly half the size of top rival Amerigroup Corp. And both compete with the Medicaid units of HMO giants such as UnitedHealth Group Inc. and Wellpoint Health Networks.

For now, head-to-head competition isn't a big problem because there's plenty of work to go around.

Annual Medicaid spending totals about \$270 billion. Analysts estimate Amerigroup's take this year will be only \$1.6 billion, and Centene's will be less than half that much. "(Centene) will tell you they're not running into restrictive competition," said analyst Chris Sergeant of Stifel Nicolaus. "Amerigroup will tell you the same thing."

Several years of growth are still ahead before big providers start butting heads, he says.

The lack of competition has helped Centene post steady financial gains. The firm's annual sales have averaged 40% growth the past three years. Earnings have gained an average of 27% a year over the same period.

It earned 40 cents a share during the first quarter, up 60% from the prior year. Sales gained 85% to \$177.4 million.

"We're just going to keep our head down and try to hit the numbers," Neidorff said.

# What is WIC?

- WIC means Women, Infants and Children.
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- WIC provides referrals for health care.

# WHO is eligible?

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- Breastfeeding women
- Women with a baby less than 6 months old
- Infants and children up to 5 years old

# How do you qualify?

- Meet income guidelines and
- Be at nutritional risk

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# Qué es WIC?

- WIC significa Mujeres, Bebés, y Niños
- WIC proporciona gratis alimentos saludables y te enseña a como aprender a tener una mejor alimentación
- WIC proporciona recomendaciones para recibir cuidados para tu salud.

# Quién es elegible?

- Las mujeres embarazadas
- Las mujeres que estan dando pecho
- Las mujeres que tienen un bebé menor de 6 meses
- Bebés y niños hasta los 5 años de edad

# Comó se puede calificar para WIC?

- Satisfacer los lineamientos de ingresos
- Estar en riesgo de malnutrición

Para mayor información sobre como aplicar para WIC, llame a

# W. I. C. Income Guidelines

The WIC income guidelines below are effective beginning April 1, 2002.

Family	Monthly	Annual
1	\$1,384	\$16,613
2	\$1,869	\$22,422
3	\$2,353	\$28,231
4	\$2,837	\$34,040
5	\$3,321	\$39,849
6	\$3,805	\$45,658
7	\$4,289	\$51,467
8	\$4,773	\$57,276
9	\$5,257	\$63,085
10	\$5,741	\$68,894
11	\$6,225	\$74,703
12	\$6,709	\$80,512
13	\$7,193	\$86,321
14	\$7,678	\$92,130
15	\$8,162	\$97,939
16	\$8,646	\$103,748

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**Swing Bed Services**  
This service is provided to patients needing a skilled service such as IV Therapy, Physical Therapy and Occupational Therapy to help them recover from a recent illness or surgery.



**The Rehabilitation Department** offers physical therapy, occupational therapy and/or speech therapy to assist in the healing process and help patients become independent and self-sufficient after an illness or injury.

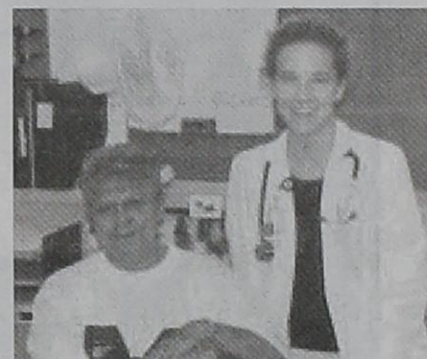


**Hospice Care** is dedicated to improving the quality of life for persons facing a terminal illness. This comprehensive program offers physical, emotional, and spiritual care guided by our interdisciplinary team in cooperation with the patient's own physicians.



**Durable Medical Equipment** offered by CCH helps patients with diabetes, mobility or breathing problems maintain their independence at home. We also offer an affordable 24-hour emergency monitoring system to protect your loved ones in case of an emergency.

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This clinic provides family medicine from infants through geriatrics. MCD offers women and children's health, family planning, dermatology, minor surgery and general family medicine. For your healthcare



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# Chiropractic useful for treating lower back pain

The "hands-on" joint manipulation known as chiropractic is considered particularly valuable for relief of acute (temporary) pain in the lower back. This type of pain usually subsides on its own within 3 months, but chiropractic treatment can often bring it to an end immediately.

In many cases, chiropractic can also ease pain--due to either a temporary condition or aggravation of a chronic problem--in areas such as the mid-back, neck, or joints. Additionally, it is sometimes used to relieve the pain of headaches, muscle spasms, and nerve inflammation.

Its effectiveness for relief of sciatica (pain or numbness along the sciatic nerve, generally in the back, buttocks, hips, or adjacent parts) remains controversial.

After the common cold, low back pain is the most common reason for doctor visits. It's an especially frustrating problem because there's frequently no simple medical explanation for it--and therefore no easy cure. However, there's now mounting evidence that spinal manipulation can be a genuine source of relief. In 1994, the Agency for Health Care Policy and Research (AHCPR) released its Guidelines on Acute Low Back Problems in Adults. This report identified manipulation (defined as certain specific techniques used to re-align or re-adjust a joint) as the preferred method of treatment for relief of acute back pain. Traction, bed rest, corsets, or drug therapies were not recommended.

Similarly, a report from the RAND Corporation published in the prestigious *Annals of Internal Medicine* found manipulation effective for the relief of acute low back pain.

## HOW TREATMENTS ARE DONE

Although the back is the primary focus of chiropractic, the manipulations can be applied to any muscle or joint in the body. Techniques vary among practitioners. Typically, after preparation and proper positioning, the chiropractor creates tension around the offending joint, then applies pressure to return it to its proper position. A popping sound is often heard--and sometimes felt--following this maneuver. The noise is similar to the one you hear when cracking your knuckles.

It results from the sudden release of built-up pressure in the joint, and is generally painless.

As the joint snaps into place, pain is relieved and proper function is restored.

Other techniques you may encounter include soft tissue manipulation, trigger-point manipulation, or deep tissue massage.

On your first visit to a chiropractor, you'll probably be asked to complete a questionnaire about your personal and family medical history. Be sure to discuss any illnesses that run in the family. Although chiropractors are not prepared to diagnose the full gamut of disease, they are trained to perform physical examinations in much the same way as a general medical practitioner.

For example, you may be given a blood test to rule out infection and a reflex test to rule out neurological problems. Your blood pressure, pulse, and respiration will also be measured.

Once these general readings have been taken, the examination will begin to zero in on your musculoskeletal system--the muscles and bones in your body--with particular attention to your spine.

The chiropractor will also analyze your posture, and will probably perform some orthopedic tests as he examines your articulations (a

chiropractic term for joints).

These tests usually involve moving a particular limb in search of joints that are "fixated" (not moving) or moving with impaired range.

If the chiropractor identifies a fixated joint, he will then attempt to determine whether there is any risk involved to restoring normal movement to the joint and what other parts of the musculoskeletal system have been affected by the joint's dysfunction. It is common for a "healthy" joint to overcompensate by moving excessively when another joint is not working correctly. The healthy, hyperactive joint might be near the fixated joint or in an entirely different part of the musculoskeletal system. Overcompensation can result in new, incorrect structural configurations that cause discomfort or pain.

To rule out any conditions that would preclude treatment, chiropractors usually take an x-ray of the region causing your pain before beginning the manipulations. Some chiropractors also take x-rays to locate subluxations (partial dislocations). Most chiropractors have basic x-ray equipment on-site and all chiropractors are trained to read x-ray images. If a specialized view is required, you may be referred to a center that has advanced technology, such as magnetic resonance imaging (MRI) equipment, or other equipment that provides a comprehensive image.

About 90 percent of chiropractors use x-rays. However, full-spinal x-rays in search of subluxations are considered controversial by many practitioners, and constitute less than 17 percent of all x-rays performed by chiropractors, according to the American Chiropractic Association. Many practitioners, chiropractic and otherwise, believe that full-spinal x-rays yield little if any useful information, and thus expose patients to radiation needlessly. The chiropractor will also examine your muscles to determine if they are balanced. Just as healthy joints compensate for injuries in other structures, muscles may also exhibit "compensated distortion." When one muscle or group of muscles is contracted, for example, those on the other side may be abnormally relaxed.

Once the chiropractor has all the information he needs, treatment will proceed.

Therapeutic equipment common to virtually all chiropractors is a specialized table designed to conform to a patient's body. The table has mechanized parts that can be adjusted in accordance with the patient's size and the region of the body that requires treatment. For example, the surfaces where the face, pelvis, and other body structures lie will yield independently as the chiropractor applies controlled force to these areas during treatment.

According to the American Chiropractic Association, more than 90 percent of chiropractors use techniques common to physical therapy, especially in preparation for manipulation.

Your practitioner may use a broad, pad-like vibrator to relax your back muscles.

He may apply hot or cold compresses to increase circulation and relax painful muscle spasms, or use traction to ease pressure.

Ultrasound is often used as a "micro massage" to stimulate circulation and remove fluid from the area around a damaged joint and nearby tissues.

Some chiropractors also recommend and teach relaxation techniques as a way to prevent future strain, and prescribe rehabilitative exercises as part of an extended treatment plan.

Some also prescribe and sell dietary supplements and herbs, although such products fall outside the realm of chiropractic.

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Announcing the arrival of.....  
Peggy Birkenfeld!



Peggy Birkenfeld has now joined the staff at the Olton Clinic as a Family Nurse Practitioner. Peggy comes to Olton with 26 years of healthcare experience. She lives in Nazareth and will drive daily to Olton daily striving to serve your medical needs. She graduated in 1977 from WTSU in Canyon with her BSN and from WTAMU in 1999 with her FNP and MSN. She has received National Certification and Advanced Cardiac Lifesupport. She comes to Olton, after 3 1/2 years at the Abernathy Medical Clinic, highly recommended by Dr. Kit Linton.

**Your "Time" is important to us.**

*"I'm excited about working in a rural clinic that is close to my home. My goal is to provide cost effective, quality patient care, focussing on the family."*

-Peggy Birkenfeld

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# Swanson offers full chiropractic services to patients

Dr. Jerald Swanson, D.C., C.C.S.P. received his Bachelor of Science degree from Regis University in Denver, Colorado. Dr. Jerry attended Parker College of Chiropractic in Dallas and graduated in 1991 with a Doctorate in Chiropractic.

After he graduated Dr. Jerry completed post graduate studies in Sports injuries.

He is Certified as a Sports Practitioner/Team Doctor through the American Chiropractic Board of Sports Physicians.

Dr. Swanson has also completed post graduate studies in Acupuncture and has practiced acupuncture for 7 years.

## CHIROPRACTIC HEALTH CARE:

Any joint in the body can misalign.

These misalignments can cause inflammation, nerve compression and left uncorrected can result in joint degeneration.

Symptoms could include pain, radiating pain, numbness, tingling, headaches and irritability just to name a few.

These untreated misalignments could result in a chronic condition with years of pain and disability.

We believe that these misalignments should be corrected before they become a lifetime problem.

Chiropractors are specifically trained to find and treat these misalignments called subluxations.

Subluxations are not complete dislocations where there is a complete separation of the joint surfaces.

Subluxations are an incomplete dislocation; a slight displacement which should be corrected.

People commonly refer to these conditions, slightly so by the way they feel.

## EXAMPLES INCLUDE:

"I through my back out," "I pinched a nerve in my neck," "I turned or twisted my ankle," "I bléw my knee out," or even, "my shoulder popped out."

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The Texas Association of Homes and Services for the Aging (TAHSA) is a membership association of nonprofit organizations that serve older people within a continuum of care and services designed to meet the needs of the whole person — physical, mental, emotional, social and spiritual.

### THE HIGHEST MISSION

TAHSA strives to guide all members toward service based in the concepts of a serving love, respecting the worth and dignity of each individual, and providing the finest quality of care.

TAHSA methods of teaching, guiding and educating continually send the same messages to achieve these ends. As a chapter of the national group, AAHSA (American Association of Homes and Services of the Aging), TAHSA finds a stable base of support from a strong institution of leaders in the industry.

With this collective action, TAHSA promotes research and services, an exchange of information, educational opportunities, favorable state and national legislation and policies, and cooperation with other persons or organizations sharing the TAHSA mission of caring.

### The TAHSA Goal

The primary goal is to maintain a tradition of excellence in members' programs and activities. Members who share this goal are welcome to join and work to meet the nonprofit challenge to provide excellent quality care.

To find out more about becoming a member, call (512) 467-2242.

Offering educational and research opportunities for those who serve older people so that older people may benefit from appropriate and quality services.

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## Brochure on aging available

(NAPSI)-In 2011, the first Baby Boomers will turn 65, and by the year 2020, the over-65 population is expected to double. As more Americans age, the importance of maintaining good health is of increasing concern to all.

While factors such as genetics and environment play a role in health, wellness is also related to everyday choices. For example, eating a diet rich in fruits and vegetables can help reduce the risk of heart disease, stroke, cancer and diabetes. Challenging the mind by reading or doing crossword puzzles can stimulate the brain and contribute to mental alertness.

A new brochure, Healthy Aging, addresses these and other everyday choices that can influence health. Created as a public service, the brochure discusses the importance of good nutrition, exercise, staying socially connected and learning new things.

"Today, as the number of older adults in our country continues to increase, and concern over Alzheimer's disease and long-term care grows, MetLife is proud to support programs that promote wellness as we age," said Robert H. Benmosche.



# Caring for a loved one

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# Movement helps joints

(NAPSI)-Award-winning choreographer Debra Brown has worked with some of the world's finest athletes and performance artists. After 40 years of dancing, she maintains a lifestyle of movement and flexibility by following a regimen to help ease joint discomfort.

Brown has been a choreographer with Cirque du Soleil, the critically acclaimed international circus, since 1987.

Her credits include such performances as "Quidam," "Algeria," "Saltimbanco," "Nouvelle Experience," "Cirque Reinvente" and the permanent shows "O" and "Mystere" in Las Vegas and "La Nouba" in Orlando, Florida.

She recently developed a booklet entitled Debra Brown's 14 Tips to Discover the Art of Movement, which includes the following tips dancers use to keep their bodies in peak condition.

## DIET

•• Eat well. A well-balanced diet, including fresh fruit and vegetable juices is essential to maintaining a healthy lifestyle.

It also plays a starring role in maintaining flexibility and overall body function. Losing weight can take some of the burden off your joints and make exercising easier.

•• Drink more water. Staying hydrated and drinking plenty of water is critical in maintaining joint and overall body health.

•• Try natural supplements.

Glucosamine and SAM-e are natural supplements that have been proven to help ease joint discomfort and renew cartilage.

Products like Flexium™™ Joint Discomfort and Cartilage Renewal are available that combine both of these supplements in one pill.

## EXERCISE

•• Sneak in a little exercise. Exercise doesn't have to be boring or intimidating. Gardening or taking a walk are great ways to incorporate movement into your day. Aerobic exercise helps keep your lungs and circulatory system in great shape.

•• Try yoga. Stretching the body with yoga exercises is great for maintaining your range of motion, which helps prevent joints from stiffening.

•• Pump it up. Strength exercises help build muscles and make bones and joints stronger.

## RELAXATION

•• Skin brushing and baths. Treat yourself to a nice warm bath. Moist heat is great for soothing sore muscles and joints. While you are there, try brushing your skin with a bath brush to help stimulate circulation.

•• Heat and ice. Ice packs can reduce inflammation and are commonly recommended as a source of relief from joint discomfort. Heat stimulates blood circulation, which is an excellent way to soothe sore muscles.

•• Get a massage. Massage is a great way to loosen stiff joints and muscles. You'll feel better as the tension melts away.

For the complete version of Debra Brown's 14 Tips to Discover the Art of Movement, visit [www.flexiumchallenge.com](http://www.flexiumchallenge.com).

Choreographer Debra Brown's health tips are used by professional dancers and acrobats to help reduce joint discomfort and increase flexibility.

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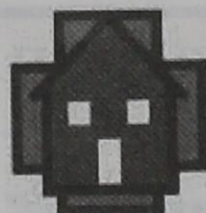
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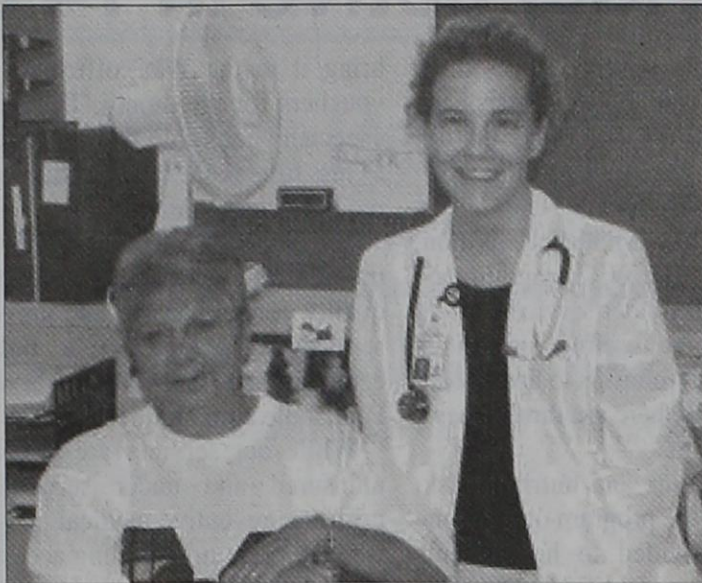
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- Open Monday through Friday 8-5, and Saturday from 8-12.

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**Dr. Gregorio Matos-Serrano**  
**Dr. Gary R. Hardee**  
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# Medical Center of Dimmitt

112 West Jones St. • Dimmitt • 647-2194

# Important numbers for Castro County Healthcare

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 Dimmitt, Texas  
 806-647-2191

Rehab Therapy  
 112 W. Jones  
 Dimmitt, Texas  
 806-647-5646

Medical Center of Dimmitt  
 112 W. Jones  
 Dimmitt, Texas  
 806-647-2194

Durable Medical Equipment  
 112 W. Jones  
 Dimmitt, Texas  
 647-5105

PMH Home/Health/Hospice  
 213 W. Etter  
 Dimmitt, Texas  
 806-647-2848

# Castro County Healthcare Physicians

Gary R. Hardee, M.D.

Josefina Diaz-Vogt, M.D.

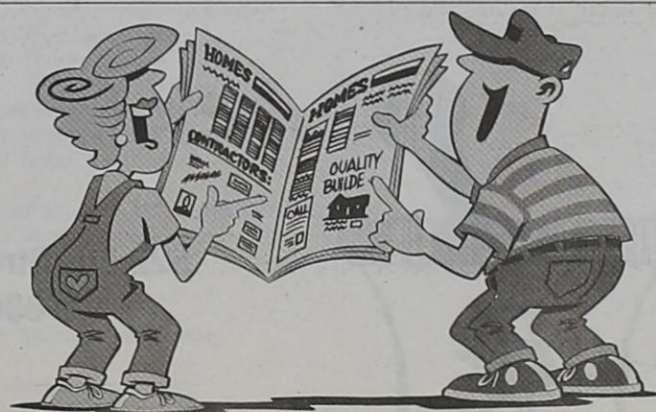
Skylar K. Bizzell, M.D.

Kim Sava, C.F.N.P.

Marie D. Percy, M.D.

Tonia Frye, P.A.

Greg Matos, M.D.



Everybody is talking about the  
**Castro County News.**

# South Plains Health Provider active in 14 towns

South Plains Health Provider Organization, Inc. (SPHPO) established in 1973, is governed by a Board of Directors composed of 12 Board Members. The majority of our Board Members are required to be consumer representatives (clinic users), and the remaining board members are community representatives with expertise in various businesses and professional fields.

South Plains Health Provider currently operates seven clinics. Administration, a medical clinic and a dental clinic are housed at the main site in Plainview. SPHPO additionally operates medical clinics in Amarillo, Hereford, Matador and Muleshoe, and its newest clinic in Silverton opened Aug. 1, 2002. SPHPO's Tyler Street Homeless Clinic in Amarillo serves only the homeless population.

SPHPO operates on an approximate \$8 million dollar budget and serves close to 20,000 patients organizational wide. Our service area encompasses nearly 10,000 square miles with a total service area population of 220,000.

Services SPHPO provides include Comprehensive Primary Medical Care, Pre-natal Care, Diagnostic Lab (in-house and by referral), Medical Exams/General Physicals, Immunizations, Family Planning-Gynecologic Healthcare, Health Education Counseling, Social Services, HIV Testing and

Counseling, Pharmaceuticals (Class D), Women, Infant & Children (WIC), and Patient Assistance with various drug companies for those who qualify.

We offer WIC services in 14 sites: Plainview, Abernathy, Dimmitt, Floydada, Friona, Hale Center, Hart, Hereford, Littlefield, Muleshoe, Olton, Petersburg, Ralls and Tulia. The WIC program, one of the South Plains Health Provider services, offers nutrition assessment and counseling, nutritious foods, breastfeeding support, referrals to health care services and immunizations. There are three criteria for qualifying for the program.

These are residence, income and nutrition risk. Once a person qualifies for the program one-on-one nutrition counseling is provided to help clients correct the nutrition problems identified at the time of enrollment.

Once a client is enrolled in the program, followup nutrition information is provided in a classroom type setting. With the age of computer, new ways of delivering nutrition information has emerged. Rather than coming to the clinic and sitting through a 30-45 minute class, clients can now access nutrition information via a Web-site developed by WIC staff. Clients log on to [www/gowic.com](http://www/gowic.com) and find a nutrition lesson developed for them. Clients then print off the question sheet, answer the question and

bring it to the WIC office to receive their food vouchers for the month. This additional service is especially helpful to working clients and businesses as less time is spent out of the work place attending required class sessions.

The Organization is dedicated to its mission, "To provide efficient and cost effective access to high quality comprehensive and preventative healthcare services; delivered in a holistic, caring and compassionate manner to our South Plains and Texas Panhandle communities."

While our services are targeted to serving the uninsured and under served populations with primary/preventive medical and dental health care, we take pride in providing access to all Americans, regardless of their ability to pay. SPHPO was initially accredited by the Joint Commission for the Accreditation of Healthcare Organizations (JCAHO) in 1999, and was re-accredited in 2002. We are presently participating in the Bureau of Primary Health Care National Collaboratives for Diabetes and Cardiovascular Disease.

SPHPO has a reputation that we only serve low-income patients or those with no insurance and we are trying to change that image. **We accept ALL patients, regardless of income level or insurance status!**

We are enrolled with most insurance plans; therefore, your insurance company will pay our medical claims for services rendered to you, after the insurance deductible is met, and we will file the claims for you. We also accept Medicare, Medicaid and CHIP.

Whether you just need a checkup or you have a specific medical condition, our professional healthcare staff will give you the medical attention you need and deserve.

We employ approximately 14 providers, consisting of physicians, family nurse practitioners and physician assistants, a dentist, and a dental hygienist. All of our providers are Board Certified and are compassionate professionals!

President Bush and Secretary of Health and Human Services Tommy Thompson are both strong supporters of the Community Health Program.

It is estimated that more than 41 million people lacked health coverage for all of last year and the proportion of people without health insurance ranged from around 23.2 percent in New Mexico and Texas, based on three-year averages.

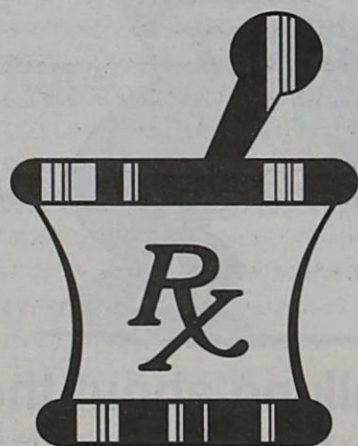
Studies show that the uninsured tend to postpone care until symptoms are more developed and disease is harder to treat, and that the lack of health insurance by even one person can affect the entire family.

SPHPO is striving to be recognized by the communities that we serve as the most respected health care providers with quality staff and cost effective services.

## Olton Pharmacy

**Fast, Friendly Service!**

Give us a call, bring by your old prescription bottles or your new prescriptions.



522 8th Street • Olton, Texas  
1-806-285-3044

# South Plains Health Provider Organization, Inc.

*With our qualified medical provider team, we are sure to meet all your health care needs.*

**We accept all patients regardless of income status or insurance status. Participants of most managed care plans including Medicaid.**

Services we provide:

- Comprehensive primary medical care
- Diagnostic lab (in-house & by referral)
- Medical Exams/General Physicals
- Immunizations
- Family Planning
- Health Education Counseling
- Social Services
- In-House Pharmacy (Class D)
- WIC Services

Dental Services our Plainview Clinic provides:

- Dental fillings •
- Dental extractions •
- Dentures (Full & Partial) •
- Cleanings & Sealants •

*Sliding fee scale based on DHHS Poverty Guidelines according to family size and level of income.*

## Walk-Ins Welcome

### Locations

**Plainview Location**  
715 Amarillo Street  
Plainview, Texas 79072  
(806) 293-4253

**Amarillo Location**  
824 Martin Road  
Amarillo, Texas 79107  
(806) 374-7341

**Amarillo Homeless Location**  
200 S. Tyler  
Amarillo, TX 79101  
(806) 345-7917

**Muleshoe Location**  
208 West 2nd Street  
Muleshoe, TX 79347  
(806) 272-5538

**Matador Location**  
1224 Main Street  
Matador, TX 79244  
(806) 347-2641

**Hereford Location**  
110 N. 25 Mile Ave. A  
Hereford, TX 79045  
(806) 364-7688

**Silverton Location**  
701 Commerce  
Silverton, TX 79257  
(806) 823-2283

### Hours of Operations

**Plainview—Sudhir Gogu, DO, PH.D., Roger O. Lofton, M.D., Katherine A. Henry, RN, MSN, FNP**  
8:00 - 5:30 Monday through Thursday  
8:00 - 2:00 Friday

**Muleshoe—Linda Bullock, FNP**  
8:00 - 5:30 Monday through Wednesday  
8:00 - 7:00 Thursday  
8:00 - 12:30 Friday

**Hereford—Neelam Verma, MD, Hend Azhary, MD, Sylvia Perez, FNP**  
8:00 - 5:30 Monday through Thursday  
8:00 - 2:00 Friday

**Amarillo—Sal Esposito, MD, Subra Mani, MD, Mary Mullin, FNP**  
8:30 - 6:00 Monday through Thursday  
8:00 - 2:00 Friday

**Matador—Gail Ream, PA**  
8:00 - 5:00 Monday through Friday

**Silverton—Dori Wasmundt, PA**  
8:00 - 6:00 Monday through Thursday  
8:00 - 12:00 Friday

**Amarillo Homeless—Dave Clem, PA**  
8:00 - 5:00 Monday through Friday

*A Lifetime of Care*

W.J.

**M** **ANGOLD** **D**  
MEMORIAL HOSPITAL

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- New LDRP Rooms
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- Rooming In (if desired)
- Experienced Staff of Caring Physicians
- Childbirth/Parenting Classes
- Breast Feeding Education
- New Fetal Monitoring Equipment
- Same Physician Giving Care to Mother and Child

*Announcing Our New Bundle of Joy Program*

- Financial Discounts • Complimentary Membership to Fitness Center
- Childbirth Parenting Classes • Special Candelight Dinner for Mom and Dad



**Highly Skilled Nursing Staff  
4-Labor Delivery Suites**

**Lockney, Texas**

Call today for more information: 652-3373.

**Mangold is full service hospital**

W.J. Mangold Memorial Hospital, owned and operated by Lockney General Hospital District, continues to serve as an integral provider of healthcare for the South Plains and Caprock areas of West Texas. The hospital, which was founded in 1945 by the late Dr. W.J. Mangold, has continued to expand its facilities, as well as the services it provides in order to offer a complete array of healthcare services. Located at 320 North Main St. in Lockney, the hospital was rebuilt in 1993, making this hospital one of the most updated and progressive facilities in the area. W.J. Mangold Memorial Hospital offers inpatient, outpatient, emergency, surgical, rehab, swing bed and obstetric care for its patients. The hospital also maintains a 24-hour Level IV Trauma/Emergency Center, which treats an average of 250 patients per month.

The hospital's obstetric care services continue to be advanced and improved, with a new fetal heart monitor being added this past year. The hospital's labor/delivery/postpartum rooms allow patients to stay in one room for their entire stay. Rooming-in is offered to those desiring to have their newborn in the room rather than in the nursery. The hospital performs around 120 deliveries each year and has recently introduced a new "Bundle of Joy" program for expectant parents. This program provides certain financial discounts, free membership to the fitness center during pregnancy and for one year post delivery for mom, a special meal for the couple during the hospital stay and free childbirth-parenting classes.

Cogdell Clinic, which is also owned and operated by the hospital, is staffed by four family practice physicians, including Gary Mangold, M.D. and Kevin Stennett, M.D., both born and raised in Lockney; Kevin Stewart, M.D., a native of Amarillo; and Sharie Moore, M.D., a Littlefield native. All four physicians are board-certified in family practice and perform general surgery, as well as provide obstetrical care. Approximately 20,000 visits are generated annually at the clinic. The clinic is currently in the process of converting to a Rural Health Clinic and adding a Physician Assistant to help with the increasing number of patients choosing to come here for medical care.

In addition to providing acute care hospital services, Mangold Memorial also offers physical therapy, cardiac rehab and fitness and wellness services to patients in the area. Britt Sipe, Physical Therapist, Director of Physical Therapy and Cardiac Rehab, continues to improve and add to the services offered by this facility, which seeks to improve the healthcare and lifestyle of those participating in these programs. Amy Hernandez, PTA, coordinates the Fitness Center, which offers weight training, aerobics, treadmills, stair steppers and other activities for its members. Krystal Delgado, PT, has also been added to the staff recently to increase the capacity of the department to be able to treat more patients.

Another service provided by the hospital is home health care. Mangold Memorial Hospital Home Health Care serves an area encompassing a 60-mile radius of Lockney. The hospital also owns and operates Mangold Memorial Hospital Medical Equipment, which provides respiratory, oxygen and diabetic supplies and equipment, as well as wheelchairs, hospital beds and other home medical supplies.

W.J. Mangold Memorial Hospital and Cogdell Clinic are committed to providing comprehensive care for entire families and are currently welcoming new patients.



# Dry skin can be dealt with

(NAPSI)-According to the American Academy of Dermatology, 40 percent of Americans believe they have sensitive skin. With heat and humidity, skin sensitivity can be exacerbated, leaving millions of Americans' skin stinging, itching, or red. In many cases the source of the irritation is a common household product. Sunscreen, cleaners and laundry detergents are some of the most common culprits.

Zoe Draelos, MD, Clinical Associate Professor of Dermatology at Wake Forest University and an expert on treating skin irritations, has some tips on caring for your sensitive skin:

1. Choose sunscreen products that have a minimal number of ingredients.

If you have sensitive skin it doesn't mean you should avoid sunscreen-you just have to be more selective about the products you use. A good rule of thumb is to use a sunscreen that contains only zinc oxide or titanium dioxide. These ingredients reflect rather than absorb UV rays, so allergic reactions are much less common. Also, be sure any product you use is fragrance-free or contains very little fragrance.

2. Read the labels when you purchase cosmetics.

In order to avoid potential irritation, stay away from fragrances and dyes in cosmetics. Choose products with a short list of ingredients. The fewer the number, the less likely the chance of the ingredients interacting with each other and further aggravating sensitive skin symptoms. Also, keep track of expiration dates and throw away items that have expired. Make-up can become spoiled or contaminated. Standard life spans include: one year for foundation and lipstick; three-to-four months for mascara; and two years for powders and shadows.

3. Use a bleach alternative for your laundry.

According to the Soap and Detergent Association, Americans average 10 loads of laundry per week so it is critical to use products that don't cause irritation. Bleach is a common household product, and like all cleaning agents, residue can remain on your clothes after washing and drying. In direct contact with your skin, chlorine bleach can aggravate sensitive skin conditions. Fortunately, there are chlorine bleach alternatives that can minimize skin irritation, such as OxiClean.

4. Make a few simple changes to your beauty routine.

Use a mild soap (such as Dove) instead of deodorant soaps or other harsh soaps. Avoid lotions that contain alcohol, which can dry the skin and make irritation worse. If symptoms develop, try not to scratch and pick the skin. Instead, try an oatmeal soak, such as Aveeno, to soothe and relieve the itching.

These simple tips can help you protect your sensitive skin, but for serious or persistent problems, see a dermatologist.

The place you  
can find prescriptions  
and more...



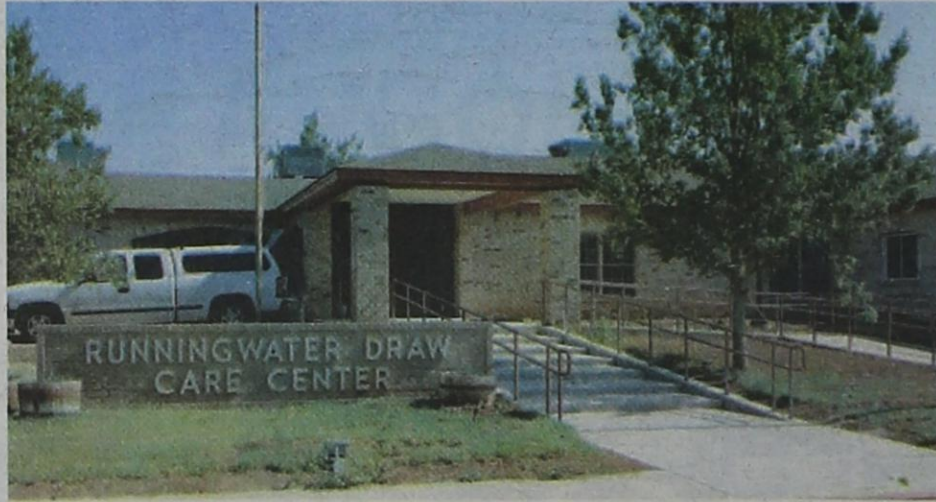
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- Lang Candles
- Gifts for the hard-to-buy-for!
- Complete UPS shipping service
- Jewelry
- Complete line of vitamins



*Dimmitt Pharmacy*

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Dimmitt, Texas  
647-3151

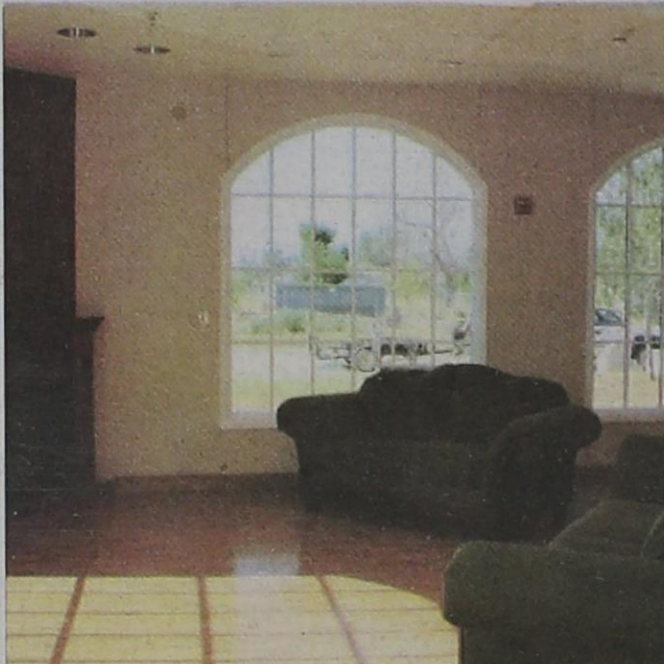
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better serve your needs.**



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is our foremost concern."*

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*10 Year Anniversary*



**Runningwater Draw Care Center**

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