# Friona + Star

VOL. 90, NO. 9

THURSDAY, FEBRUARY 27, 2014

TEN PAGES

\$1.00

### Junior High Open House

Friona Junior High School will host a spring open house event and a Title 1 Parent Meeting on Tuesday, March 4. The Title 1 Meeting will begin at 5 p.m. in room 5. Open house will be from 5:30-6:15 p.m. All parents and children are welcome to attend.

### World Day of Prayer

Submitted by Sharon White

Join us on March 7 at 12:00 PM in the Friona United Methodist Fellowship Hall for the 2014 worship celebration written by World Day of Prayer, Egypt,

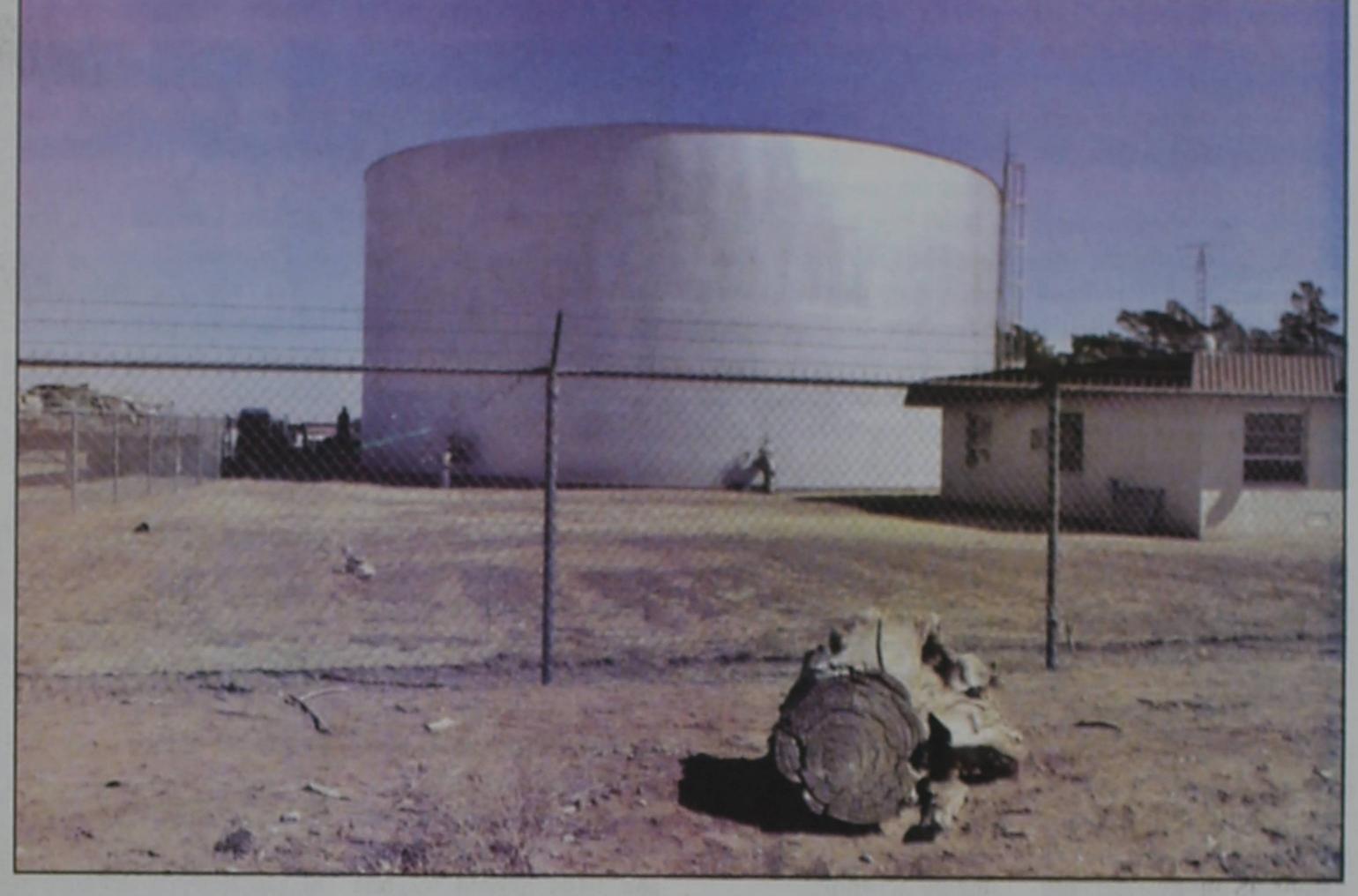
This prayer time is open to all in our community who want to pray for a better world.

A simple meal will be provided followed by a time of scripture reading and prayer. Donations will be made for Youth With a Mission, a non-denominational mission group. Debbie Reeve, one of our Friona High graduates has been with the group for a number of years.



Here are the poll locations for the March 4 primary election. Hours are 7:00 a.m. to 7:00 p.m. Remember to bring voter registration and photo ID. Your precinct is shown on your voter registration card.

Precinct 101 Calvary Baptist Precinct 201 Bovina EMS Bldg. Precinct 202 Friona Community Center Precinct 203 Rhea Community Center Precinct 301 Farwell Community Center Precinct 302 Oklahoma Lane Methodist Church Precinct 303 Ridglea School Bovina Precinct 401 Lazbuddie Methodist Church Precinct 402 Friona Public Library



ron carr photo

The city's one-million gallon water tank north of Friona on CR 19 is under repair. The tank was drained and the inside cleaned and repainted. Now workers are preparing to cut off the top of the tank and install a new one. Depending on the weather the new roof installation should take about two weeks.

### Brumley benefit dinner set for Saturday Mar 8

A dinner and dance to benefit the Brumley family will be held Saturday March 8 at Veterinary Industries, 1011 Grand in Friona. The event will begin at 6:00 p.m. and admission is by donation.

Vet Industries manager Eldon Reeb said they will serve brisket and pulled pork sandwiches and sausage wraps. The Friona Noon Lions will provide their world famous French fries. Chips and dips, homemade desserts, and iced tea will also be available. Reeb said a band made up of local area musicians will provide entertainment.

Caleb Brumley and children Cale and JaDee were seriously injured December 31, 2013, when their pickup was struck by a logging truck on a foggy morning in Arkansas. Caleb remains in an Arkansas hospital with traumatic brain injury but is said to be making progress. The daughter JaDee was released

recovered enough to be released from the hospital but continues in rehab in Arkansas. Wife and mother Jennifer Brumley was home

from the hospital and is accident happened. She back in school in Her- has since been in Areford. The son Cale kansas at the side of her husband and children.

If you can't attend the benefit but would like to donate stop by Vet Industries or mail to the Friona Star, PO Box in Hereford when the 789, Friona 79035.

### Chamber invites everyone to the 58th annual banquet

It's 'Party time' for the Chamber of Commerce. The 58th Annual Chamber of Commerce banquet will be held at 6:30 p.m. Thursday, March 6 at the Friona Community Center. This year's banquet theme is "Join the Fun". The Community Center will be decked out in festive purple, gold and green. Awards will be given to Friona's outstanding citizens.

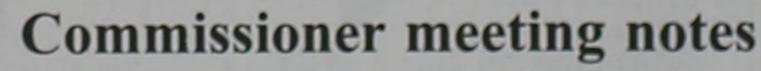
Pope, Rick Charlie White and crew will be cooking up a delicious meal featuring prime rib.

The Chamber is selling raffle tickets for a chance at a 50" television. Tickets are \$10.

Kevin Welch will be the auctioneer for the live auction so bring your checkbook and join in the fun.

"Prime rib will be available for purchase after the banquet," stated Executive Director Chris Alexander.

Tickets are \$25 and available at the Chamber office, 621 Main St. until 5 p.m. the day of the banquet. No tickets will be sold at the door.



Parmer County Commissioners held a regular meeting Monday February 24.

They amended the tax abatement agreement with Mariah North West LLC to increase the megawatt production from 200mw to 240mw. The agreement is in effect in 2016.

Precinct 2 commissioner Clayton rejected a bid for two Balderson 12 ft. snowplows. Only one bid was submitted. A letter of engagement for the 2013 audit from Pratas, Smith & Moore LLC of Clovis was accepted. Previous auditors Jack and Michelle Kirkland of Farwell are now associated with this firm.

Insurance coverage for auto liability, auto physical damage, general liability, public officials' liability, and law enforcement liability were approved and renewed.

One bid from Lacey Meeks, FNP, of Farwell to provide medical services for the Parmer County jail was submitted and accepted.

Commissioner Clayton in Precinct 2 is not seeking reelection. In the March 4 primary, candidates Mitch Terry and Steve Cockerham are running as Precinct 2 candidates, the only contested race in the county.



ron carr photo

Work is underway on the city's north water well to clean, repaint, and put a new top on the one-million gallon water tank. The inside of the tank has been cleaned and repainted. The next step is removing the old top and installing a new one. That work should take a couple of weeks depending on the weather. Workers are shown unloading materials and scaffolding to begin work on the top of the tank.



dana jameson photo

A welcome reception was held Sunday, February 23 at Parmer County Medical Center for Dr. Gary Webb, M.D.. PMC Administrator Gayla Quillin, Peggy and Clarence Monroe welcomed Dr. Webb to Friona and Parmer County.

## Page Two By Ron Carr

#### don't do anything stupid

It was just before 7:00 p.m. and the woman was yelling at me.

"Go to Gretawire.com right now and follow my threads, set your DVR to record our shows, send me a tweet, follow me on twitter and Facebook or send me an email. We want to hear from you and you don't want to miss a minute of what I have to say."

Please shut up!

Local and national television news shows are ing. beseeching their listeners to send in photos (they call them pics), or send a tweet. The enticement is your tweet, out of several thousand, just might get read on the air. That is some mighty fine motivation for the tweeter uni- Just go scrolling.

verse. everybody (except me) is page about their contweeting. The Pope, the stant crusade against New President, all of the politi- Jersey governor Chris caught up in. cians, law enforcement, firefighters, professional comment was sarcastic. I

athletes, et al. They must don't usually comment on feel they have something interesting or important to say and we mortals are MSNBC. Immediately at waiting for their next 140 character wisdom.

It all borders on insanity. The TV personalities beg and entreat us to DVR their show and tune in to the "after the show show" as though the show wasn't enough we have to stick feed, or thread, or trend- out their comments before

with Youtube videos featuring a cat, a dog, a stupid prank, or hilarious accidents. You can get your unfair world. cat, dog, baby, or recipe fix any time on Facebook. but careers can be ruined

It is amazing to me that on MSNBC's Facebook age Americans are over-Christie. I'm sure my

LET'S SEE ... I'VE GOT

SEXUAL PREFERANCES,

BULLYING BACKGROUND CHECK,

CONCUSSION HISTORY

4 newspaper: "\_

the border

County Leader"

9 "the sun" south of

10 "Texas," Palo Duro

out\_\_\_\_ drama

36 "Texas Tastings

Gruene, TX

37 TXism: "he\_

" in

hear thunder" (deaf)

38 country singer, Keith

DRUG TESTS and YOUR

national Facebook stuff but couldn't resist goading least a half dozen people I do not know were calling me names and implying I was stupid And that Christie was indeed a criminal. So much for tolerant and sarcastic discourse.

I've read that many employers are looking up around after the show and job applicants on all of the Mere common folk be- If you posted stupid stuff come 15-minute famous it could affect your career. Is that fair to be judged by a stupid impulse? Maybe

> It is a sad commentary and lives altered by one whelmed by the myriad technology that we are day.

centage of the Facebook,

SAIDON

TWITTER

Twitter, Instagram generation is positive. As I have said before, we find information on Facebook that we include in our newspaper. I'm able to keep up with my kids often via text or Facebook.

Yet we are subjected to technology overload. Recently Facebook paid \$19 billion for a company called Whatsapp. I had never heard of Whatsapp hook up with the computer social media sites to check until the purchase announcement and all of a considering them for a job. sudden it was worth \$19 billion. Amazing.

The folks that want me to set my DVR are out of luck. I haven't had a not but we live in an often recording device since the VHS tape player era. Besides I don't want people "following" me (except in the newspaper once a Recently I commented stupid tweet. We aver- week). And I sure don't want to hear the TV folks yammering 24 hours a

My favorite piece of On the other hand, a per- technology is still the mute button.

## Letters to the Editor

I will be hosting two agriculture producers from the Country of Poland on Sunday, March 2. These producers are part of a group from Poland that are touring the state and learning about Texas agriculture.

Out of the 254 counties in Texas, Parmer County ranks second in Beef production, and third in Dairy production, making Friona the 'Cheeseburger Capital of Texas.'

Parmer County and Friona are on the world stage in terms of agriculture output. If anyone in town speaks Polish, or would like to meet the producers, my cell number is 806-265-7121.

> Thanks Bruce Fleming

I was fortunate to be involved with the annual Ag-in the-Classroom event that took place this week at Friona. This is put on by the local Farm Bureau and is a day set aside to help educate the 4th graders of the county about agriculture. There are usually 6-8 stations for the different student groups to be involved with. This year was no different. Students from Friona and Bovina participated.

I just wanted to compliment the local Farm Bureau and their board and staff on a job well done to put this activity together. I also wanted to compliment the high school students that assisted that morning. They were very nice, courteous and willing to do whatever it took to make sure we were ready to participate in the program. They helped us set up and take down our stations. A group of students were always ready, willing and able with a smile on their faces. It is very refreshing to see that in this day and time. These parents can be proud of their kids and how they behaved in this setting. Again, a big "THANK YOU" to all involved.

> Earl Behrends District Conservationist Parmer County NRCS

Dear Ron,

The Friona United Methodist Church wants to thank everyone who attended and contributed to our fundraiser for King's Manor last Sunday. It was a blessing and privilege to see the body of Christ come together and demonstrate the love of Jesus for our friends at King's Manor.

So, thank you to everyone for your love and your generosity. Because of you, we raised over \$3500.

Shelly Moss, King's Manor executive director, reported Sunday that insurance released the kitchen to King's Manor on Friday, so repairs and renovations began Tuesday. They do not know when assisted living will be released to them, nor do they know how much insurance is going to pay.

If you could not attend the fundraiser, but would still like to make a donation, please mail it to King's Manor, 400 Ranger Drive, Hereford 79045.

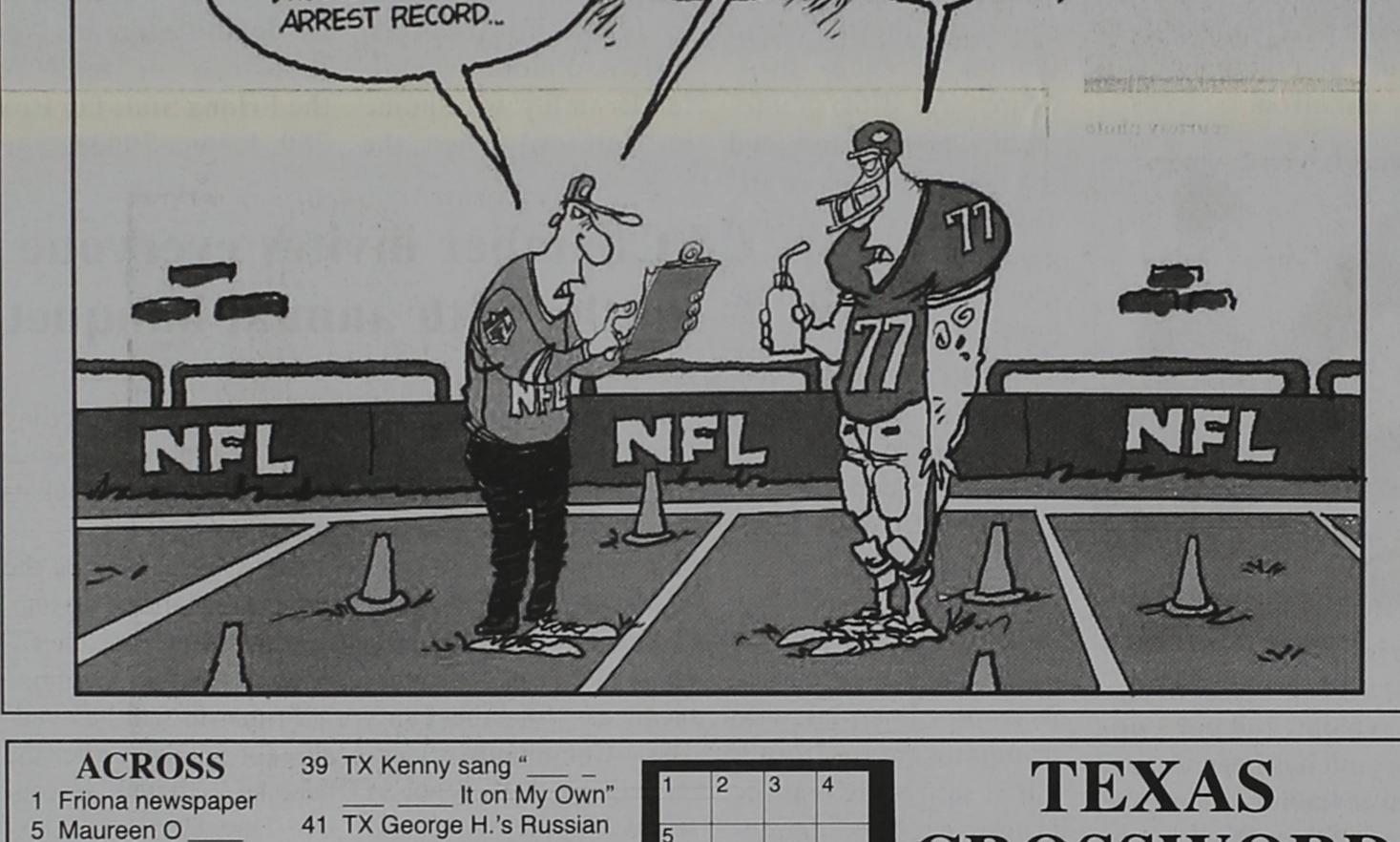
Once again, THANK YOU, THANK YOU for your help last Sunday. So much is going awry in the world today, but what the people of Friona did last Sunday was right, and it was pleasing to God!

Thank you again,

your friends at Friona United Methodist Church

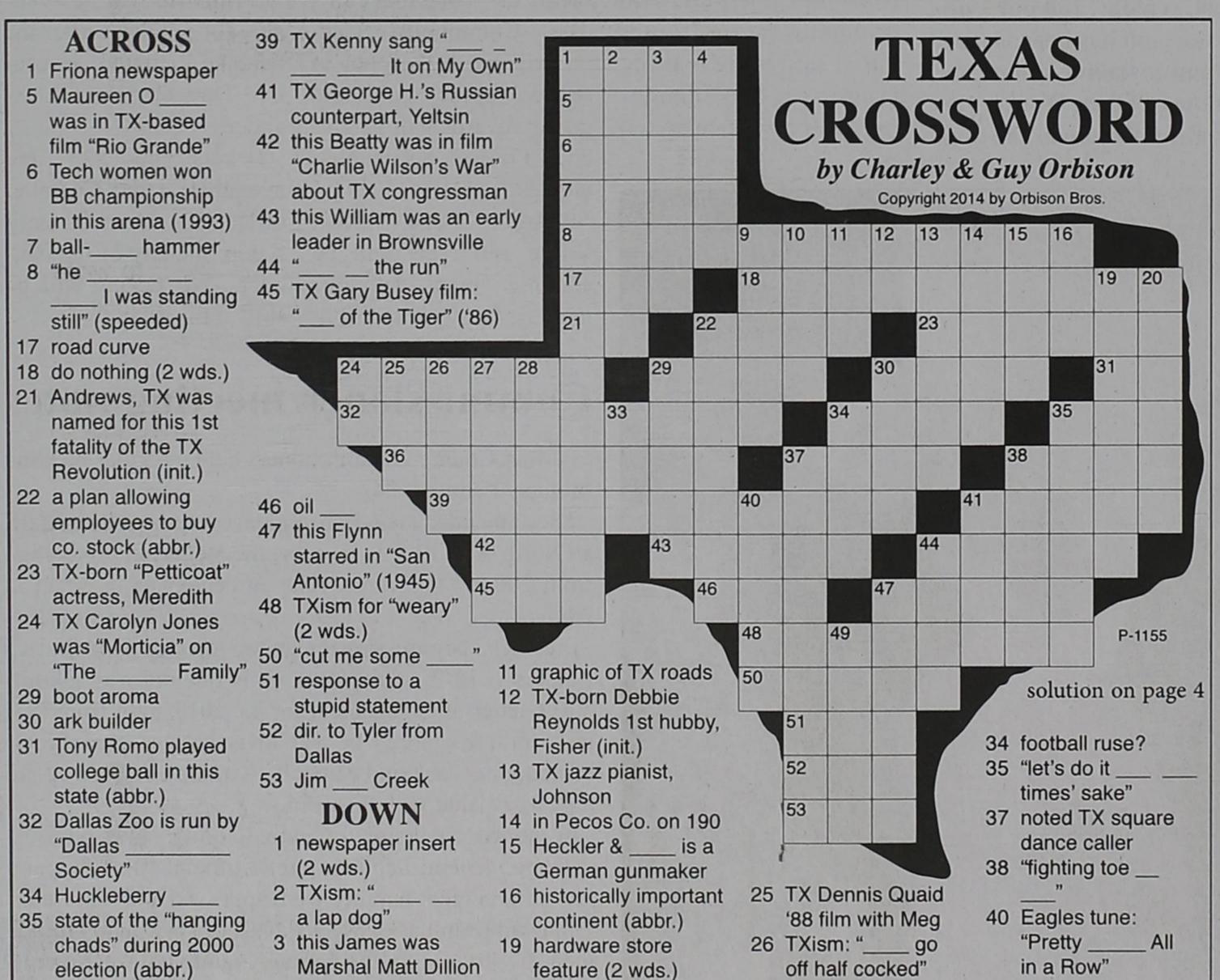
"I care about one thing and one thing only and that is how to use every minute of the remaining 1,276 days of my term to make the country work for working Americans again. That's all I care about." President Barack Obama

July 24, 2013 Galesburg, Illinois



DIDIMISS

**ANYTHING?** 



20 domed arenas never

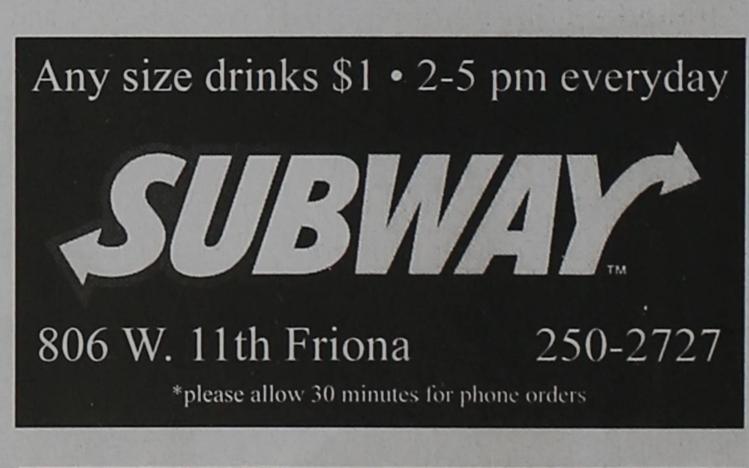
22 actor in "Hard Rain"

Cardinals (abbr.)

24 home of the NFC

with TX Randy Quaid

have rain



THE FRIONA STAR (USPS 200-800) is published each Thursday at 916 Main St. in Friona Texas, 79035. Postmaster: send address changes to Friona Star, P.O. Box 789, Friona, Texas 79035. Periodicals postage paid at Friona, Texas.

Annual subscriptions: \$30 in Parmer County \$40 out of County

Ron Carr • editor & publisher

Nathan Parson • production manager

Dana Jameson • editor

STAFF:

41 TX historian, Alwyn

Milam Co. on 79

in stone"

44 former Stars wing,

Nystrom

49 small town in

27 Houston suburb

this county

29 Old \_\_\_\_, TX

30 a baseball team

33 corporation abbr.

28 Matador is seat of

2014 **TEXAS PRESS** \$24 e-Star Online **ASSOCIATION** 

COMMUNICATION: 806-250-2211-office 806-250-5127-fax frionastar@wtrt.net-email Evelyn Romero • advertising/accounting frionaonline.com-website

MEMBER

#### Town Talk II

By Ron Carr • Phone: 250-2211 • Fax: 250-5127 • Email: frionastar@wtrt.net

is Sunday March 2 from 11:00 a.m. to 2:00 p.m. in the parish hall. Beef enchiladas, rice, beans, tacos, chips, salsa, dessert, coffee or tea, all for \$10 adults and \$5 kids under 10 years. The St. Teresa ladies make the best salsa in the Panhandle, maybe in the world. Everyone in the tend. I will definitely see you there.

The Friona Methodist Church lunch last Sunday

The St. Teresa's Catho- said the food was generous lic Church Mexican dinner and great. The church says thanks to everyone who attended.

Friona resident DaLinda in Haskell County. Dalinda eford raised more than DaLinda and daughter a taste of NASCAR. \$3,500. Those attending Trinity in your new career.

Tommy Jones has always Black has accepted a posi- his boss and invited his Mexico sometime in tion with the Texas A&M 83-year-old father-in-law March. Enjoy your retire-AgriLife Extension office Tommy to his first NAS- ment Joe. I'll still be here CAR race. Tommy and working. will be the Extension Agent Deon were there for the for Family and Consumer first 38 laps when it started Services. She formerly raining. They got soaked Mike and Claudia Hanes able from Sonia Enriquez community is invited to at- operated the Caterpillar going to the car and along celebrated their 35th anni-Clubhouse Daycare Center the way Deon lost his cell- versary this week. They've here and was featured as phone. They figured the Business of the Month for on Monday so they left. now. Walter and Martha 806-297-7352. Mark your February. She is having a But the race was restarted Schueler celebrated their calendar. to benefit King's Manor moving sale this weekend 6 1/2 hours later, near mid- 63rd anniversary this week. Assisted Living in Her- at 811 Pierce. Good luck night. At least Tommy got

key got a couple of tickets in Center, Texas and plans

Former Friona residents

Amy Cook is back in er try at her knee replacement surgery. She has had a long, hard road when her weeks and they think this knee surgery will go well. Thoughts and prayers to Amy and Fred and family. Amy needs to get back to

The Valentine King and Queen at Friona Heritage Estates are John and Lavon Renner. See their photo on this page. Former Friona resident Jeanette Thurman

work in the high school li-

brary.

dent of Heritage Estates.

Bovina is planning a Cinco de Mayo celebration on Saenz 806-251-1317 x226. been enjoying life on Lake Parade information avail-

I took a drive out to the city's north water well site Dallas this: week for anoth- with city manager Patricia Phipps Monday. The onemillion gallon tank has been drained, cleaned out, first knee replacement op- and repainted on the inside. eration did not take so well. It is pretty weird walking Her husband Fred said she inside a one-million gallon will be in Dallas for a few water tank. The next step is cutting off the top of the tank and installing a new top. That task is underway as workers were unloading material to get to the top of the tank. It was windy out there on CR 19 (Cemetery Road). Makes my newspaper job look a lot better.

Thoughts and prayers to Leslee and Jason Floyd ful kidney transplant op- then! is a new resident at Heri- eration in Dallas. Jason is

Still in the Jones family, tage Estates. She moved donating the kidney. They Tommy's son Joe Jones from King's Manor As- have been married 20 years been a big NASCAR fan. has retired, sold his den- sisted Living in Hereford. and have three children. His son-in-law Deon Har- tal practice and his home Also our new PMC doctor, You can follow their expe-Dr. Gary Webb's 89-year- rience on Facebook at The to the Daytona 500 from to retire to Santa Fe, New old mother is a new resi- Floyd Family's Transplant Journey.

The National Cotton Council is scheduling a se-Saturday May 3. Informa- ries of meetings in 15 states tion about booths is avail- to explain the farm bill. The closest ones to Parmer 806-240-1003 or Lory County will be March 18 at 2:00 p.m. in Muleshoe at the Bailey County Electric the Chamber of Commerce race would be completed Kiowa for several years able from Rocio Carrasco Co-Op and March 19 at 2:30 p.m. in Amarillo at the AgriLife Extension Center, 6500 Amarillo Blvd West. The Cotton Council PR guy is Cotton Nelson (no kidding). You can contact him at cnelson@cotton.

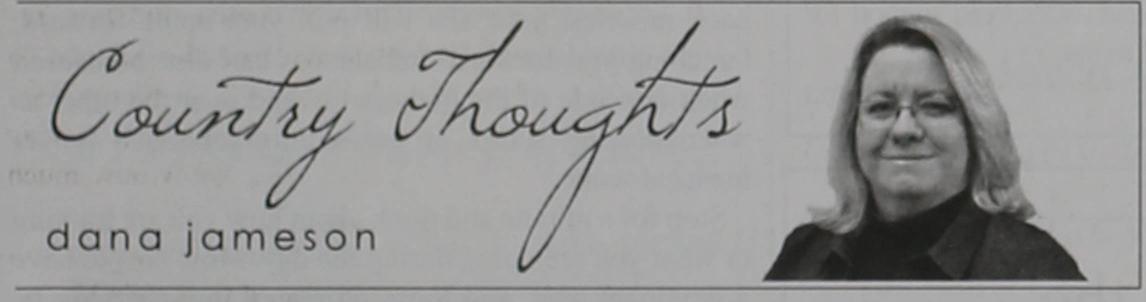
This time one year ago we were covered in 9" of snow and 19" in Amarillo. I would like to hear and smell rain for several days. Snow is nice but rain is easier to drive in.

Looking forward to Taco Bell's waffle taco coming out the end of March. Looks like a tasty breakfast burrito with syrup. Don't forget to get your Chamber banquet tickets. Busy week next week. I'm sure I'll this week for a success- see you somewhere. Until



courtesy photo

Friona Heritage Estates Valentine king and queen John and Lavon Renner



#### Good deeds, odds and ends

Good deeds are something I was taught to do by was always helping someone by taking them food or letting someone with fewer groceries go before her in line.

I have found that some people do good deeds for the warm feeling they get inside and others do it for the fanfare.

Recently, I watched a short video about a young man that drives a garbage truck and saw a flag draped over a pile of garbage. He stopped his truck and properly folded the flag. A neighbor saw what he did and related the story, which just looked REALLY pain- ent phone. And I am not so led to a visit by a news reporter. The young man said he would do it again but didn't really want to be rewarded for doing a good deed.

There are people doing good deeds every day that never receive recognition.

On March 9, everyone can celebrate "Good Deeds Day" by doing a good deed. But shouldn't every day be Good Deed Day?

I got to experience Powerlifting for the first time

\*\*\*

this past weekend.

I know that sounds odd watching my mother. She but in all the years I have worked at newspapers I have never been to a powerlifting meet.

It was a unique experience that I liken to giving birth. There is a lot of yelling that ends with "Push, PUSH, PUSH!"

There is also a lot of special dynamics going on between lifters, coaches, and the officials. Those dynamics are what make it a very interesting sport.

I didn't get to stay for the full event but I did get to see a local young man attempt a lift of 750 lbs. It full potential of my presful! He did manage to lift 700 lbs. and make it look traced 24/7.

I think I will stick with my mini-me weights and leave the heavy lifting to the professionals.

The Olympics are officially over and the world can heave a collective sigh of relief that Sochi is in the rear-view mirror.

We did well but, according to the professionals, we could have done better.

Will Joe Biden run for President? He did not announce it on Seth Meyer's late night show but we all know he will make an attempt at the #1 position.

I am not a big Biden fan but I am also not someone that wants to be President.

Do you have \$629 lying around and need a new phone? The latest and greatest cell phone will be premiering soon with impenetrable protection for all of your communication needs.

I don't know about you but I haven't learned the important that I should be

This week is a jumbled week that leads me to believe that good deeds happen everyday, weightlifting is not for sissies, the Olympics are for the pros, there will never be a President Dana, and I should be happy with the phone I have because I will have to sell an organ to get the newest

Go out and do something good for someone.





It makes sense to us at Friona InterBank for students to have a checking and/or savings account

- A reason for a checking account is so you will learn to write checks, use a debit card and balance your checkbook before you leave home. Friona InterBank can help with this.
- 2) A Savings Account is essential if you want to save for anything in the future whether its school, a vehicle, clothing, computer or just to help out in time of need

With the technology of today, checking and savings accounts are easy to have, use and keep up with your money.

If any of these ideas sound good to you and you would like to visit with us, we are here for you because we want to be your bank.

FRIONA BInterBank

806.250.5000 · www.interbankus.com 1105 N. CLEVELAND



#### Happy Birthday

#### March 2 - March 8

(To add, delete or change a name on our birthday list, please call us at 250-2211 or e-mail to frionastar@wtrt.net.)

Mar. 2-John Burns, Baylee Duke, Beth Alexander Silva, Billy Wayne Sisson, Rhonda Wilson Rebber

Mar. 3-Melanie Bynum Burns, Christie Brinkman, Jay Don Reeve, Philip Weatherly, Billy Seiver, Charles Mercer, Katie Osborn, Cassie Flores, Brenda Riddle, Peter Malouf, Caden Hanes, Charles Cooper

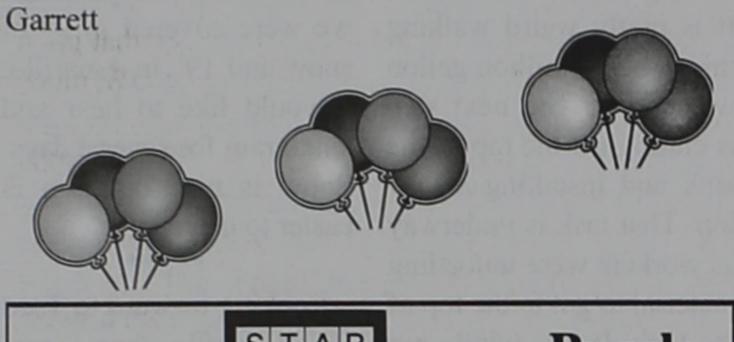
Mar. 4-Jeremiah Johnson, Lynnis Clark, Misty Renner, Boyd Stokes, Aaron King, Lucy Mae Stokes, Misty Frye, Danny Pollard

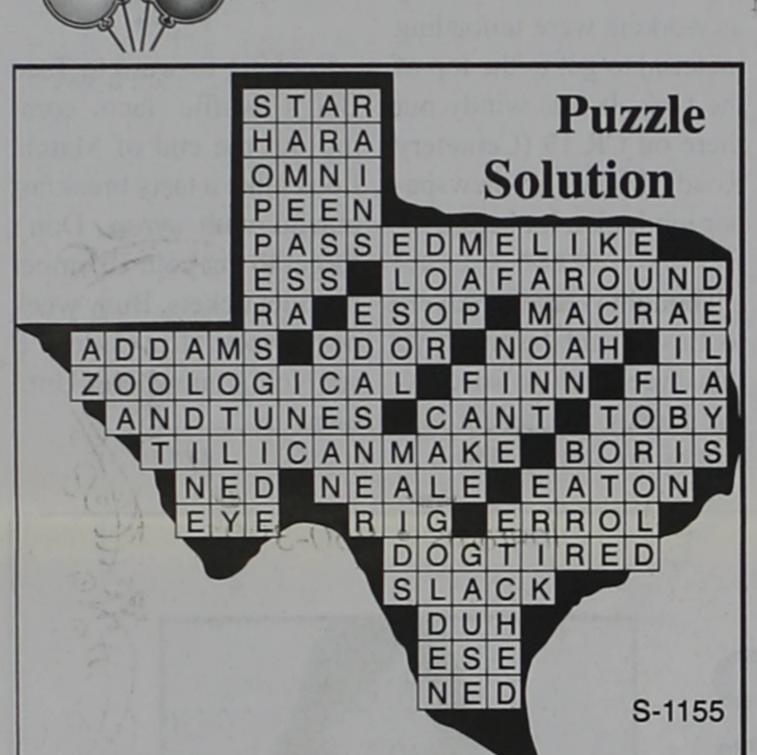
Mar. 5-Katie Jo Osborn, Luella Drake, Janet Baxter Labrue, Michael Mann, Linda Chesher, Chuck Sutter, Tony Duran, Jr., Daylen Gallman, Nathan Nunley, Campbell McFarland, Cassie Gonzales, Zachary Graves, Trinity Black, Addie Huckins

Mar. 6-Pat Fleming, Reba Buske, Rainey Jo'Beth Williams, Emma Dawn Hankins, Evan Odell

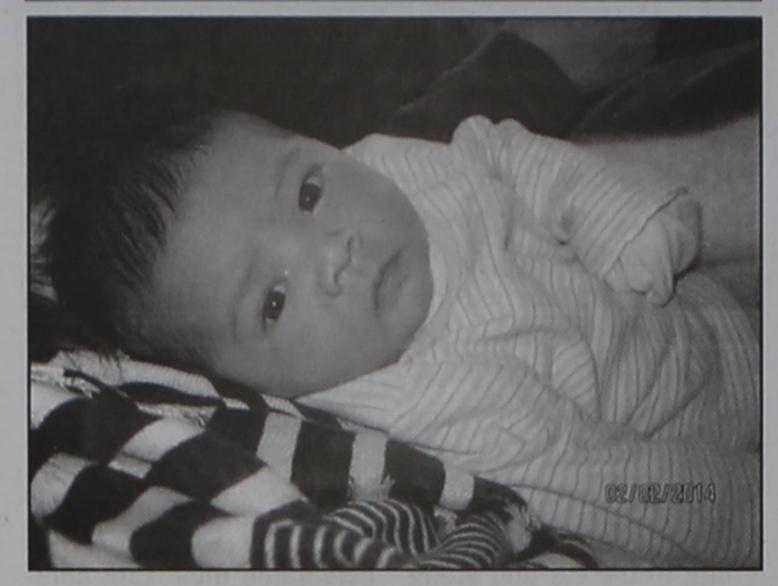
Mar. 7-Teresa Wilcox, Steve Stephens, Rick Jennings, Frieda Dickson, Thomas Villalobos, Jeremy Roth, John Stephens, Sybil Hewitt, Betty Renner, Tina Sides, Charles Gilbreath, Eric Hansard

Mar. 8-David Sifford, Mary Schueler, Rob McDaniel, Ruby Neathland, Bianca Burkett, Sarah Geries, Gail Hand, Kay Venable, Bonnie Scaff, Rob McDaniel, Lea Garrett









Ben and Noelle McCain welcomed their first son, Zac Franklin McCain, January 16, 2014. Zac weighed 8 lbs, was 20 inches long, and arrived at 2:06 p.m. at Ronald Reagan UCLA Medical Center in Los Angeles.

Proud aunts and uncles include Jeff and Milarose Steelman of Bovina, Butch and Betty McCain of Grand Junction, Colorado and Mark and Lea Higgins of Escondido, California.

### DID YOU KNOW?

Amendment XXII

Passed by Congress on March 21, 1947. Ratified on February 27, 1951

Section 1.

No person shall be elected to the office of the President more than twice, and no person who has held the office of President, or acted as President, for more than two years of a term to which some other person was elected President shall be elected to the office of President more than once. But this Article shall not apply to any person holding the office of President when this Article was proposed by Congress, and shall not prevent any person who may be holding he office of President, or acting as President during the term within which this Article becomes operative from holding the office of President or acting as President during remainder of such term.

Section 2

This article shall be inoperative unless it shall have been ratified as an amendment to the Constitution by the legislature of three-fourths of the several States within seven years from the date of the submission to the States by the Congress.

After the administration of F.D. Roosevelt, who was elected for four terms there was widespread support for a formal limit on presidential terms

Mary Johnston

# See you at the Chamber of Commerce Banquet!

Check Balances
Transfer Funds
Deposit checks
up to \$5,000
Pay Bills
Turn your debit
card off and on

With the First

National Bank App

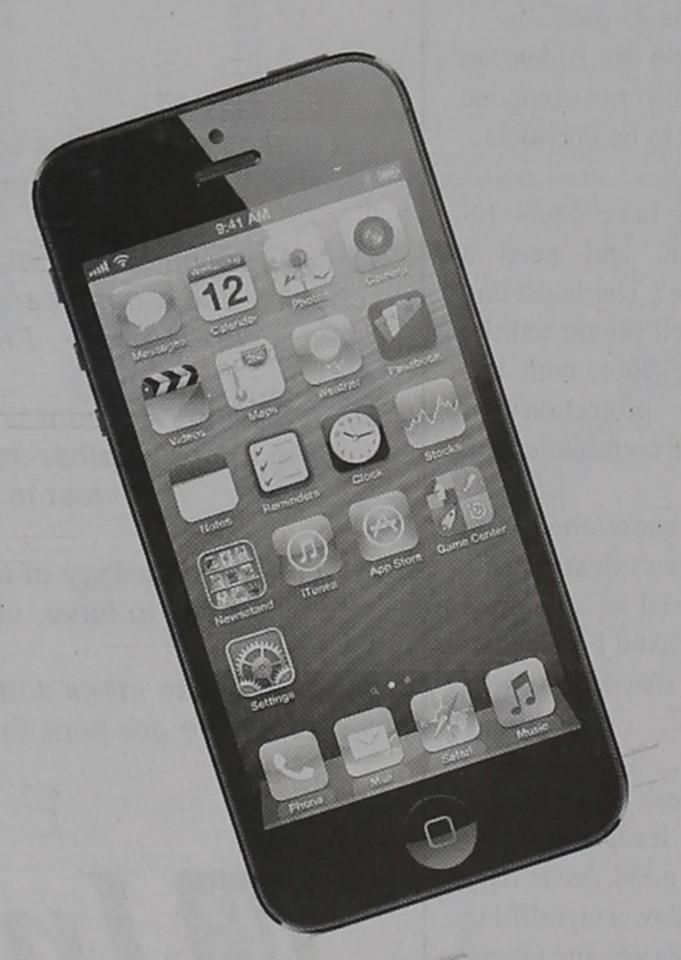
for iPhones and

Androids you can:

Stop by our Friona
Banking Center
for more info

Se Habla Espanol





MEMBER FDIC
710 W 11<sup>TR</sup>
PO BOX 727
Phone 806-250-2900
Banking Hours:
Monday-Friday
8:30 am to 4:00 pm
Drive-thru open Friday until
6:00 pm



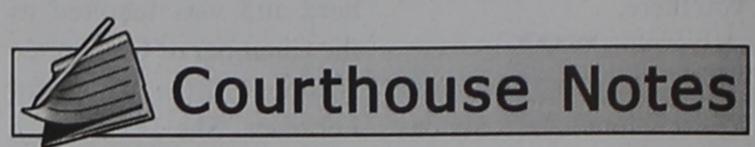
The Sheriff's Report is chronicled each week by the Parmer County Sheriff's Office.

In 287th District Court with Judge Gordon Green presiding:

On February 4, Todd Davis, 46, of Farwell, was charged with theft and sentenced to 18 months in the State Jail Division of TDCJ, \$304 in court costs and \$1,000 fine.

On February 11, Ramon Castillo-Martinez, 57, of Bovina, was charged with attempted tampering of government records and was sentenced to six months in Parmer County Jail, 4304 court costs and \$1,000 fine.

On February 11, Andrea Martinez, 28, of Colorado Springs, CO, was charged with possession of a controlled substance and sentenced to 2 years in the State Jail Division of TDCJ, probated 5 years, \$389 court costs, \$1,500 fine and \$140 in restitution.



Warranty deeds reported by the County Clerk's Office for the week of February 13 to February 19, 2014:

Raul Hernandez and Yolanda Hernandez-Sergio B. Hernandez, L3-4 B34 OT FRIONA.

Secretary of Housing and Urban Development-Brent Schilling, S46' L6 N49' L7 B5 LAKEVIEW

Schilling, S46' L6 N49' L7 B5 LAKEVIEW
Rosario Villarreal-Erica Villarreal, L10 N10' L9 B47
OT FRIONA.

## Outta Whack

By Melanie Gallman Braun

Balance makes things work better, right? The washing machine doesn't thud across the laundry room, the car drives smoother and tires wear better, and life is better with a balance of work and play.

Same goes for muscles. Muscle imbalance can cause injury and pain. Opposing muscles and muscle groups are supposed to work together. So, for example, we are talking about your biceps and triceps; abs and erector spinae; pects and traps; quadriceps and hamstrings; and hip adductors and abductors (inner and outer thighs). When one muscle group is disproportionally stronger than its opposing group, things get outta whack.

Weak hamstrings and strong quads are often why hamstring injuries occur. If you are focusing intensely on developing those ab muscles without strengthening your back muscles, your abs will pull your spine forward, hunching you forward. Imbalances can also be caused when one side of the body is favored over the other as when playing sports or performing repetitive movements at work.

Stop for a minute and think about how you are training or what you are doing during the day. Most people have a dominant side, and those dominant muscles may be "pulling" the weaker ones causing you pain after working all day. A physical therapist or a fitness trainer can help you if you feel "outta whack."

A big rule in the fitness world is to train both sides with an equal number of reps so you don't end up "lopsided." Perfect sense, right? Be sure that you are training ALL muscle groups for optimal fitness, not just the ones you like to do or the ones you want to buff up. Besides the health aspect, big guns look great, but aesthetically don't go well with chicken legs...

For the person who wants to feel and look better-no sports goals, no muscle building-- just a desire to better their overall fitness level, an entire body, strength training workout a couple of times a week is the ticket. You hit every muscle.



Candidate for
County Commissioner
Precinct 2
I would appreciate your vote!
Early voting Feb 18-28

pol. ad paid by candidate

## A God of Surprises

BRETT HOYLE, Pastor, First Baptist Church

Have you ever noticed how God is a God of surprises? You may look back and thank Him for special surprises and blessings you have received over the years, and praise Him that He does keep His promises, although it may not be just as you would have expected Him to. This is exactly the case in 2 Kings 7 as God delivers the city of Samaria from sure death, in the most surprising of ways, thereby keeping His word.

The city of Samaria is under siege, and people are driven to cannibalism, and many to insanity. The city is ungodly and does not deserve God's rescue, yet God promises He will rescue them in an amazing way, through the most unlikely of scenarios.

God's rescue comes about in the middle of the night, as the enemy army is absolutely terrified when they hear the sound of a mighty army filling the air. So, the Syrians flee, leaving all their horses, supplies and weapons.

Unfortunately, the Israelites inside the city are not aware of their deliverance until some unlikely lepers announced the news to them, which enthralled the citizens of the city as they plundered the goods that were left by their enemies.

You may have never considered that God is a God of surprises, but the gospel is the greatest surprise of all. That God would give His Son, to die on your behalf, because of your sins, is absolutely shocking!

You don't deserve the Lord Jesus Christ, yet He loves you so much that He gave Himself for you!!! That is an amazing, surprising, life-changing love.

> Send your church news to the

Friona Star frionastar@wtrt.net

## Cinco de Mayo Festival in Boyina

If you would wish to obtain a booth, (games, food, crafts & novelties) please contact Sonia Enriquez at (806) 240-1003 or Lory Saenz at(806)251-1317 ext 226

If you wish to be part of the parade, please contact Rocio Carrasco at (806)729-7352

#### Student raising funds for Europe trip

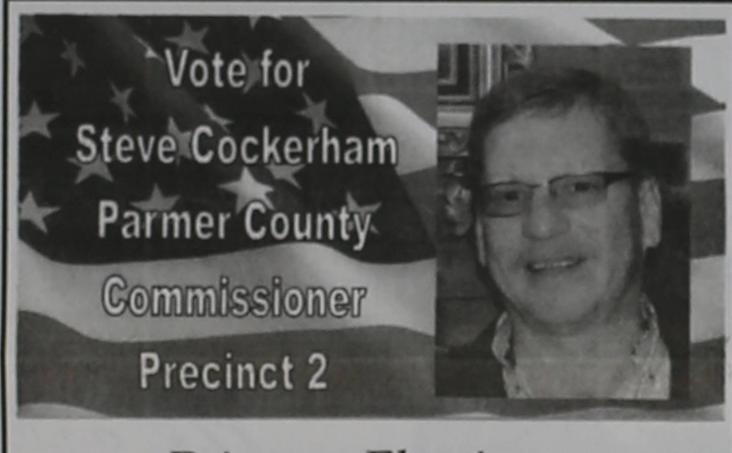


Friona 6th grade student Mariah Rivera hopes to join a group of students on a People to People Student Ambassadors trip to England, Ireland, and Wales this summer. She has been working hard to save money to pay for the trip.

You can help by ordering Easter Lilies and/or geraniums for Mothers Day. The Easter Lilies are \$12.50 each and will be delivered by April 11. Easter is April Last date to order is March 31.

Mothers Day is May 11. Mariah can fix you up with geraniums for mom. They come in six colors and three sizes. Cost is \$7 for 6", \$13 for 10", and \$16.50 for a 10" trailing ivy basket with geraniums. They will be delivered by May 2. Last date to order is April 18.

You can order by calling Mariah's mom Alma at 806-441-6401. Her parents are Alma and Juan Rivera. Mariah will be happy to take your order and deliver your flowers and she will say thanks for helping her out on her summer trip.



Primary Election March 4, 2014 Early Voting February 18 - 28

#### Panhandle Parables Blessed Are The Peas Makers

JEFF PROCTER, Minister, 6th St. Church of Christ

When I was preaching in Bovina, I began to do a little deal before I preached on Sunday evenings with our little ones. It was designed to give a kid size taste of my sermon, plus way back then my sermons were pretty short so it helped me add a little time. (I got over that problem though.)

One thing you can expect when asking kids questions is that the answers may not be what you expect. For example, one night I asked, "How do you make peace?" My little group of farm kids were very sharp all raising their hands and I chose one little girl her name was Abby and she said, "First you pick them, then you cook them." She was so concise; it made my three pages of notes on peacemakers seem kind of long and drawn out, and although she was talking about black-eyed peas the process of making peace uses the same recipe.

Making peace is a choice.

You must choose to do it.

You must pick it. You can pick peace or you can pick a fight, you choose.

Some think that choosing a fight is a quicker way to peace in that if you eradicate the problem or opposition then peace will prevail.

I don't think Jesus had that in mind, it complicates his whole love your enemy thing.

The second part of Abby's grand wisdom at 5 years of age was then you cook them.

True enough black-eye peas just don't taste that good shelled and eaten, but if you cook them first, WOW, much better.

Peace is the same, it takes a little time for things to settle and that can be ok. If you stir in a little love, with that peace and season it with some kindness and patience you may find that you, yourself are a peacemaker.

Now you are like me, learned something from a sweet little 5 year old that is now all grown up.



## Area Church Directory

#### Friona

VICTORY FAMILY WORSHIP CENTER 9th & Washington 806-250-2207 Pastor Robert Kerby Website-www.thevictory.tv

FIRST BAPTIST CHURCH 6th & Summitt 806-250-3933 Pastor Brett Hoyle

Email-firstbc@wtrt.net

Website-www.fbcfriona.com QUALITY OF LIFE BIBLE STUDY CHURCH 301 Grand Ave. 806-240-0826

Pastors Mark & Mary Goff

CALVARY BAPTIST

CHURCH 15th & Cleveland 806-250-3000 Pastor Bobby Broughton CHILDREN'S CHURCH 3 yrs-6th grade

GRACE BAPTIST CHURCH North end of Congregational Church 1601 Euclid 575-693-6381 Pastor Gary Johnson

TEMPLO BAUTISTA 403 Woodland 575-693-6381 Pastor Antonio Rocha ST. TERESA'S CATHOLIC CHURCH

16th & Cleveland 806-250-2871 Father William

SIXTH ST. CHURCH OF CHRIST 502 W. 6th 806-250-2769 Jeff Proctor, Minister

TENTH ST. CHURCH OF CHRIST 10th & Euclid Ron Smiley 806-250-3213 Gerall Wyly 806-250-5236

FRIONA UNITED METHODIST CHURCH

8th & Pierce 806-250-3045 Rev. Kurt Borden Email-frionoaum@wtrt.net Website-www.frionaumc.com

TEMPLO DE ADORACION 620 Washington 806-250-5929 Pastor Roy Dominguez

UNITED CHURCH OF CHRIST Union Congregational Church 1601 Euclid 806-250-3635

#### Bovina

FIRST BAPTIST CHURCH 308 3rd Street 806-251-1632 Pastor Brian Mullins

CHURCH OF CHRIST 500 Ave. E 806-251-1334 Mike Prather, Minister

FIRST UNITED **METHODIST** CHURCH 205 4th Street 806-251-1124 Pastor Larry Mitchell ST. ANN'S CATHOLIC

CHURCH 401 3rd Street 806-251-1511

LA IGLESIA DE DIOS DEL PRIMOGENITO The Church of God of the Firstborn 102 2nd Street

IGLESIA BAUTISTA HISPANA 103 1" Street 806-251-5232 Pastor Rafael Marin

First National Bank

We are here to serve you with Old Values

and New Visions. Come by and see us

and let us help you with your banking

Member FDIC- Equal Housing Lender

THIS DIRECTORY IS MADE POSSIBLE BY THESE BUSINESSES WHO ENCOURAGE ALL OF US TO ATTEND WORSHIP SERVICES.

Cargill Cattle Feeders 806-225-4400 A Cargill Company PO BOX 150 Bovina, Texas

FRIONA

**B** InterBank

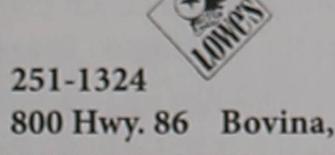
Phone 250-5000

"Where People

Come First"

1105 N. Cleveland

www.interbankus.com



Bovina, Texas

WEST TEXAS Phone 806-364-3331 Hereford, Texas 79045

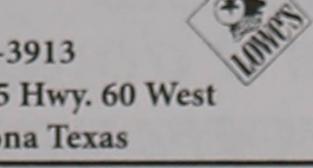


P.O. Box 956 Friona, Texas 79035 (806) 265-3433 (806) 265-3281

> First Bank Bovina Member, FDIC **Equal Housing Lender**

WT Services Inc.

1010 Columbia at Hwy 60, Friona Hours: 8:00 am-5:00 pm Monday-Friday 250-5555



806-250-3922

250-3913 1205 Hwy. 60 West Friona Texas

301 W. 3rd

Hereford TX

806-363-2265

needs

Friona TX 806-250-2900 East Highway 60

710 W. 11th

Prairie Acres/Heritage Estates Home Care Quality Care . Assisted Living Billy Ray Johnston Administrator

Box 519 Phone: 250-2791 FEEDS Friona TX 79035

FDIC



鼠

Stephanie Alvarado, RN

Phone: (806) 364-2344

101 North Third 251-1442

## D'Lions Club News

The Friona Noon Lions meeting Thursday February 20 had 10 members and club sweetheart Holly Johnston present. The main business topic was the club will be cooking its world famous French fries at the Brumley Family benefit dinner on Saturday March 8. The dinner will be held at the Veterinary Industries building at Hwy 60 and Grand. The club will cook about 200 pounds of potatoes to donate to the benefit.

It was said that the poles on the Lions flags that are placed around town on holidays were cut off about 12-inches. Makes them easier to place and to store. The annual Lions Broom and Mop sale will be coming up in May. The date will be confirmed later.

The next Noon Lions meeting will be March 6 at Headquarters Restaurant. Come visit. We always need new members.



ron carr photo

Noon Lions member Ron Carr takes copies of the Friona Star to the Lions Club meetings. Club sweetheart Holly Johnston was caught reading the Star at the February 20 Lions meeting. Holly is an FHS senior and is serving as Noon Lions sweetheart for the second year. She and her debate-mate Haden Smiley will be competing at the state CX Debate meet again this year.

## OBITUARIES

#### **Doris White**

Doris White, 77, of Friona, died Sunday, February 23, 2014 in Amarillo. Funeral Services were held Wednesday February 26, 2014 at the Friona United Methodist Church in Friona with Rev. Kurt Borden, pastor, officiating. Burial followed in the Friona Cemetery by Blackwell-Mullins Funeral Home of Friona.

Doris was born July 25, 1936 in Eldorado, Oklahoma to Claude Wilburn and Mildred Juanita Carmichael Bradley. She married Edward Samuel White January 25, 1956 in Clovis. For years, she helped run the family grocery store in Friona and also was a teacher's aide for many years. She cherished her family, was a member of the Friona Sr. Citizens, loved crossword puzzles, sewing, playing cards and cooking.

She is preceded in death by her parents, one son Martin Dean White and one sister Yvonne Bradley.

Survivors include her husband Edward White of Friona; two sons- John Claude White and wife Nita of Whiteface, Larry Gene White and wife Anita of Lubbock; a daughter-Sami Renae White and friend Russ Trollinger of



**Loris White** 

Clovis. She is also survived by one sister- Betty McPherson and husband Melton of Clovis; four brothers-Donald Bradley of Plainview, Gary Bradley and wife Flora of Lubbock, Marshall Bradley and wife Theresa of Melrose, Floyd Bradley and wife Randa of Melrose; six grand-children; and nine great-grandchildren.

You may sign the online register book at www. blackwellmullins.com

#### Juanda Laverne Murphy

Juanda Laverne Murphy, 83, of Clyde, died Monday, February 24, 2014 at an Abilene hospital. Memorial services will be 2:00 p.m. Thursday, February 27, 2014 at First Baptist Church in Clyde with Rev. Gene Hawkins and Dr. Toby Henson officiating.

Mrs. Murphy was born March 28, 1930 in Ballinger, Texas to Elmer and Ether (Wood) Patton; graduating from Ballinger High School. She married Don Murphy October 10, 1948 in Ballinger. They lived in Bovina from 1955 to 2000, and then started traveling and worked for Texas Baptist Men's Builders. They settled in Clyde in July 2012 where she was a member of the First Baptist Church.

She was preceded in death by her parents, two sons Lynn and David Murphy and one grandson Chris Caldwell.

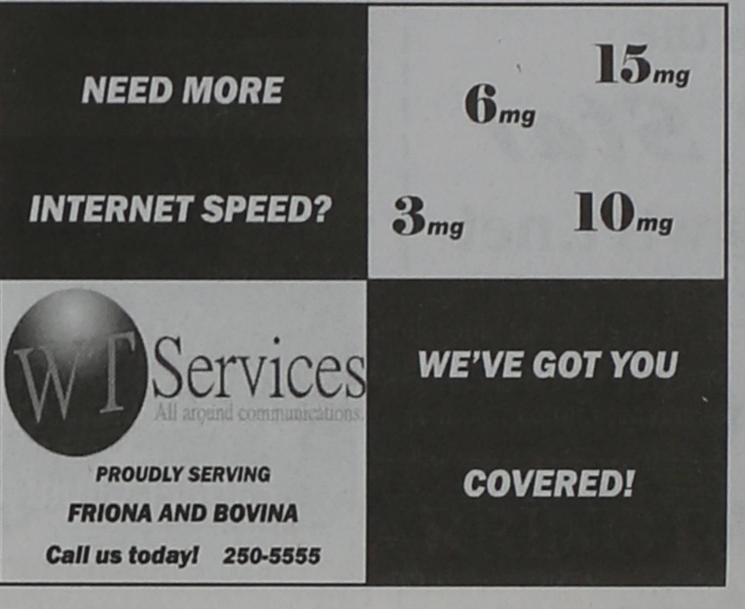


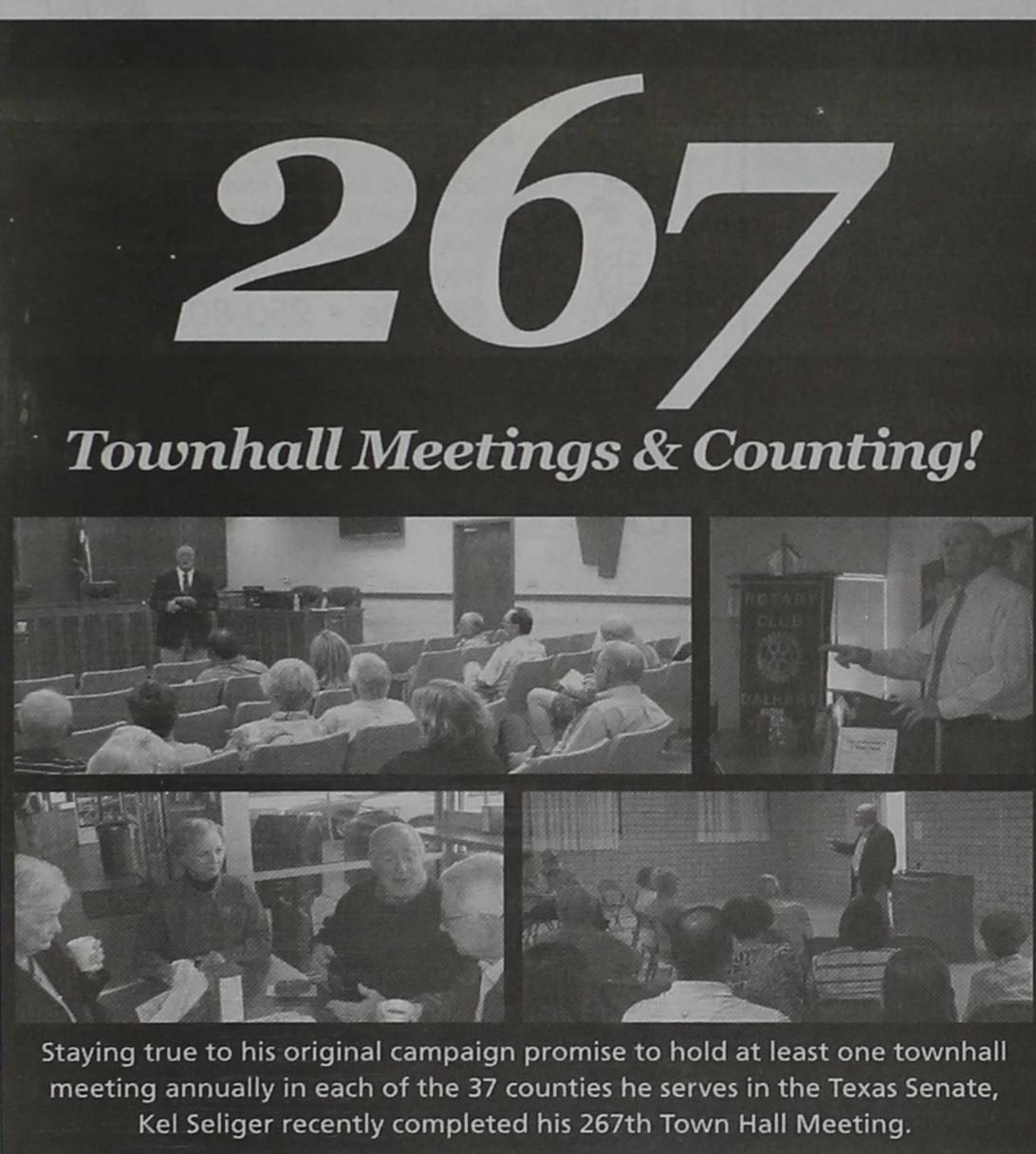
Juanda Laverne Murphy

Mrs. Murphy is survived by her husband Don of Clyde; one son, Rodney Murphy and wife Suzanne of Abilene; one daughter, Darlene Foster and husband Buddy of Midlothian; grandchildren, Brandon Caldwell and wife Carianne, Rebecca Caldwell, Adam Murphy and wife Jamie, Kip Murphy and wife Kirstin, Michelle Shover and husband Dean and Michael Foster and wife Nikki; three brothers, Bobby Patton and wife Janice, Dwayne Patton and wife Jeanne and Howard Patton and wife Peggy and eleven great-grandchildren.

A special thanks to Dr. Samantha Goodman. In lieu of flowers memorial donations Texas Baptist Men's Builders, 5351 Catron, Dallas, Texas 75227 or Callahan County Meals on Wheels.

Online condolences may be made at www. baileyhowardfuneralhome.





## WITH INPUT FROM LOCAL CITIZENS, KEL HAS WORKED HARD TO DELIVER CONSERVATIVE AND RESPONSIBLE RESULTS

- Fighting to repeal Obamacare and its tax
- Proven leader to secure future water resources for West Texas (Prop 6)
- Helped pass a balanced state budget with no tax increase
- Restored \$5.6 billion in state public education funding
- Voted for a \$1.4 billion business tax cut
- Supported increased border security measures
- Voted for stronger pro-life and pro-family reforms
- Strengthened property owner and gun owner rights
- Voted for mandatory drug testing for state unemployment benefits

## Kel listens and gets it done!



Republican Primary: March 4, 2014 Early Voting: February 18 - 28

www.KelSeliger.com
Campaign Hotline: 432-528-9427
Email: Lauren@kelseliger.com
Pol. Ad by Kel Seliger Campaign

## We are passionate about your health.



Early Tefection can SAVE YOUR LIFE.

Yearly Peace of Mind – If you're over 35 and have been putting off your annual mammogram...call today for an appointment that could save your life.

Digital mammography Close to Home.

#### APPOINTMENTS AVAILABLE FOR THIS MOBILE LOCATION

Parmer Medical Center 1307 Cleveland St., Friona Tuesday, March 11 8:30 a.m. - 5:30 p.m.

CALL NOW 1-800-377-4673

Call 1-800-377-4673 to schedule your mammogram the next time our mammography coach comes to your city or for an appointment at the Harrington Breast Center in Amarillo.

Businesses, clinics and hospitals throughout the region are encouraged to invite the Mobile Mammography Coach to come to their location to offer breast screening services.

## HARRINGTON Breast Center

A Department of BSA Hospital

1310 Wallace Blvd. • Amarillo • harringtonbreastcenter.org 806-356-1905 • 800-377-4673



Like us on Facebook! facebook.com/HarringtonBreastCenter

coutesy photo

Tyler Hough entered the Calf Scramble at the San Antonio Livestock Show and Rodeo in February 2013. He was one of 40 contestants that were on a mission to catch one of 20 calves that were turned out in the arena. He was able to catch and pen a calf. By accomplishing this feat he was now eligible to receive scholarship money to help purchase the heifer. Part of the rules were that he had to keep a record book from the date the heifer was purchased in June 2013 until the end of January 2014. He was also required to show the heifer in the Junior Heifer Breeding Show at the 2014 San Antonio Livestock Show. Tyler and his heifer earned 2nd place in his class on February 13. He was able to keep his heifer and plans to start his own Registered Angus herd. For now, she will be a part of the Hough family Registered Angus herd.



dana jameson photo

Jon Douglass and Dustin Thompson were grilling burgers and enjoying a beautiful Friona day on Saturday at the Friona Powerlifting Meet.

## County receives sales tax

pared to January 2013.

across all major sectors payments of 70,590. to 4.6 percent compared ment of \$23,062. tive months."

In Parmer County, Frio- To date Bovina has re- report tax quarterly.

in January was \$2.3 bil- payment of \$44,453 by \$17,960.

brings the growth in fiscal ceived \$19,150, which is \$111,612. year-to-date collections down 16.96% with a pay- The sales tax figures

Texas Comptroller Su- na will receive payments ceived \$21,228, which san Combs recently stated totaling \$43, 662 which is is an increase of 18.19% that state sales tax revenue slightly down from 2013 over 2013 payments of

lion, up 8.3 percent com- 1.77%. To date Friona has Parmer County will rereceived \$73,886, which ceive a total of \$67,201, "Increases were seen is up 4.66% from the 2013 which is down 5.00% from the 2013 monthof the Texas economy," Farwell will receive pay- ly payment of \$70,740. Combs said. "This indi- ments of \$11,492, which To date Parmer County cates continued expan- is down 21.24% from the has received \$114,264, sion in both consumer and 2013 payment of \$14,592. which is a 2.37% increase business spending, and To date Farwell has re- over 2013 payments of

represent December sales with the previous year. Bovina will receive pay- reported by monthly tax Sales tax revenue has in- ments of \$12,047, which filers as well as October, creased for 46 consecu- is up 3.00% over 2013 November, and December payments of \$11,696. sales by businesses that



courtesy photo

Friona High School students coached by Tammy Gammon and Kay O'Brian competed recently in the 2014 Pantex Science Bowl and made it into the top six teams out of 34 teams. Students competing from Friona were Dan O'Brian, Mykelti Rhodes, Haden Smiley, David Martinez and Amy Osborn.





## STAR CLASSIFIEDS

250-2211 Deadline: Tuesday @ 5 p.m.



#### MARS REAL ESTATE & INSURANCE

OFFICE: CALL 250-2090 908 WEST 11TH COMMERCIAL BUILDING W/ CHAIN LINK FENCE.....\$30,000 FRIONA MASONIC LODGE BUILDING.....\$69,000

> JOHN MARS OWNER/BROKER, 265-7004 CROP INSURANCE SPECIALIST

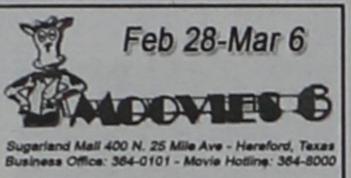
#### **BIBLE STUDY**

The Bible is God's good news that brings hope, joy, life and love. Millions receive the blessings of the Bible by studying with World Bible School--Completely FREE. If you would like to study the Bible through a Bible correspondence course, Call: 806-250-2769 for the first FREE lesson. tfnc-12.18



#### BUSINESS

**Center Pivot Service** Electrical maintenance GPS Dealer With home computer access and cell phone control modems 20 years experience Call Rick Black 806-946-7207 1360 FM 1172 Friona



The Lego Movie

12:00 • 2:20 • 4:35 • (7:05) • 9:25

Robocop

1:20 • 4:00 • 7:00 • 9:40

Ride Along PG13 12:00 · 2:25 · 4:50 · 7:15 · 9:35

3 Days to Kill PG13

1:00 • 4:15 • 7:10 • 9:45 Son of God

**PG13** 

12:40 • 3:45 • 6:45 • 9:45

The Monuments Men **PG13** 1:15 • 4:10 • 7:00 • 9:35

Fri 28th: 7's and 9's only Sat 1st: All Showings Sun 2nd: All but 9's Mon 3rd - Thurs 6th: 7's only www.pccmovies.com for Showtimes loovie Hotline: 364-8000 - Option 2

## Risinger Plumbing

tfnc

Serving Friona 272-6772

Cell: 523-2222 Master License #16066



Now you can SHIP where you SHOP!

> Blackburn Hardware 904 West 11th

250-2828 Hours: 8:00-5:30 Saturday 8:00-12:00

#### GARAGE SALE

## Giant Garage Sale 1601 Euclid

March 7: 9am-5pm March 8: 9am-3pm

#### RENTAL PROPERTY

#### HOUSE FOR RENT IN FRIONA

2 ½ bedroom, 1 bath, kitchen, living room. Bills not included. Call 806-250-8021 or 806-346-1279

1tp:2.27

#### APARTMENT FOR RENT IN FARWELL

1 bedroom, 1 bath. Bills included. Call 806-250-8021 or 806-346-1279

Itp:2.27

#### FOR SALE BY OWNER

#### House For Sale by Owner

One of the Oldest English Tudor Style homes in Farwell. Unique in appearance & originality. 700 3rd Street.

3 Bedroom/2 Bath/2 Car Garage/Separate Apartment in Back, 2400 total sq.ft. Red brick, Wood Shake Shingle roof, 7 ft concrete block privacy fence, central heat & air, wood floors/carpet, tile bathrooms, underground sprinkler, covered front porch, unfinished basement, Backyard Adventure playhouse/swing set, separate fenced side yard play area, large shade trees surround the property.

Shown by appt. only. Call 806 946 8968.

tfnc:8.15.13

#### HELP WANTED

#### **PARTS MAN** NEEDED

A-1 Service Center Call Mike for interview 806-250-2731 4tc2.13-3.6

King's Manor, Westgate is seeking LVN's for 6am-2pm and 2pm-10pm Charge Nurse shifts. Competitive Salaries. Consider a career with one of the most stable facilities in the Texas Panhandle. tfnc:2.27

#### Now Accepting Applications

KNNK FM 100.5 Radio Station would like to hire a full time local person to sell and service the Parmer County communities.

This person will be responsible for gathering local event information for all area schools, churches, civic clubs and organizations.

In addition, this position requires the advertising sales and servicing of the local area businesses for radio advertising on KNNK.

The best person for this position is someone who is knowledgeable of the communities and wishes to be an active part of the local events and activities, as well as someone who is interested in working with businesses and their advertising and marketing needs. Professional appearance and habits are expected as well as a reliable vehicle is required.

For more information contact Monte Spearman at the KNNK office in Hereford or call 806-363-1005.



"The Giant of the High Plains" 205 South 25 Mile Avenue Hereford, Texas 79045

**Process Operator** 

**Commodity Coordinator** For Hereford, TX facility

To apply, visit www.murphyusa.com/careers Search Job Category - Refining & Renewable Energy to complete an online application.

> We are proud to be an Equal Opportunity Employer who encourages women, minorities, disabled and veterans to apply. We maintain a drug-free workplace and perform pre-employment drug testing.

> > MURPHY



#### **Cattle Department** Cargill Cattle Feeders, LLC Bovina, Tx

Cattle department responsibilities include processing cattle, doctoring, shipping, riding pens, and other duties as assigned. Applicants must be willing to perform all of these responsibilities. Work schedule will include 1 & 1/2 days off on most weeks and hours will average 50-60 straight wage no overtime. Position offers full benefits package including 401K and Health Insurance.

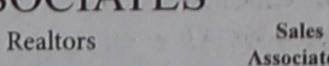
Interested applicants should apply in person at Cargill Cattle Feeders,

600 US HWY 60, 806 / 225 - 4400

## Hiring a MLT or MT

Castro County Hospital District in Dimmitt, Texas, is currently seeking applicants for a full time Medical Lab Technician or Medical Technologist. Applicants should possess an Associates Degree and /or Bachelors Degree in Applied Science. Current ASCP or equivalent is required. Must be able to work rotating shifts. Please send resume to debbie.underwood@cchdonline.com. and also apply online at www.plainsmemorial.com. For more information, you may contact janice.betzen@cchdonline.com at 806-647-8746.

## ASSOCIATES



HOLLY CAMPBELL BROKER/OWNER

102 E. 11th Friona 806-250-2745 806-265-5028 cell



Associates: Mike Chaney 806-265-7605

George Rushing 806-265-7037

www.frionarealestate.com

**New Listing** 

4/3 Two Story Brick w/central heat & air, fireplace, two living areas, indoor pool, new roof & siding, fenced backyard, 2 storage buildings.....

#### Residential

4/3/2 Brick w/central heat & air, fireplace, new corner Jacuzzi tub in master bath, built-in shop, new roof, oversized garage, Western Addition......\$275,000

REDUCED: 3/3 Stucco 2-Story Country Home on 3 acres, lots of remodels, barn with horse pens, storage bldg. new metal roof......\$165,000

3/2/2 Brick w/central heat & air, fireplace, open floor plan, new roof, ceramic tile, new storage building in fenced backyard on 2 lots.....\$138,000

3/2/2 Brick w/central heat & air, fireplace, new roof, sunfroom/office, lots of closets and storage, 2 storage buildings in fenced backyard.....\$137,000

REDUCED: 4/3/2 Two-Story Brick w/central heat & air, downstairs, fireplace, fenced backyard with storage bldg. close to Hospital..

2/2/2 Brick w/central heat & air, fireplace, two living areas, all rooms very large, new roof, metal siding on eaves, fenced backyard...

4/2 Brick w/central heat & air, fireplace, two living areas, marble tile throughout, fenced backyard, new roof ....

3/2/2 Brick w/central heat & air, fireplace, new roof, detached carport, new interior paint in kitchen and bedrooms, fenced backyard w/storage......\$105,000

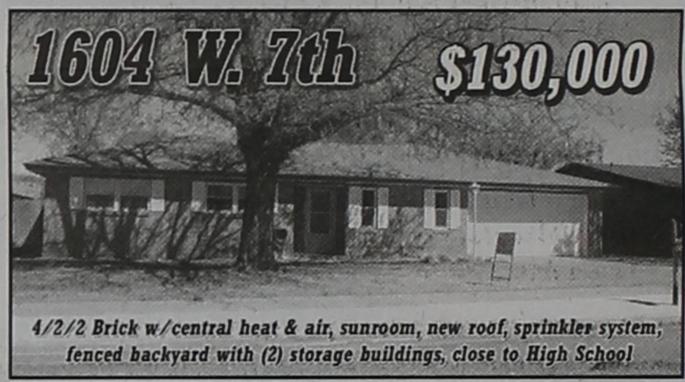
3/2/2 Brick w/central heat & air, two living areas, new roof, fenced backyard, close to High School..

#### **BOVINA**

4/3 Brick w/central heat & air, fireplace, two living areas...

3/2/2 Brick 1/central heat & air, fireplace, corner lot, new sewer line, large bedrooms w/walk-in closets, lots of storage, fenced backyard..







Dr. Mindy Neal 1100 Hwy. 86 Bovina, TX

#### EMPLOYEMENT WANTED

#### Need work Ranch, Farm, Feedlot, General

Maintenance, Cowboy Short or Long Term. Call 806-295-3224 3tc:2.6-2.20 I do handyman work of all kinds. Residential or farm. Allen Humberg 806-346-1578 or 806-295-6737 Leave message. References furnished. tfnc3.7.13

#### FARMS/RANCHES FOR SALE

Established Independent Parts Business. Excellent location in Friona, Texas for 34+ yrs. Building, inventory & manufactured home all included.

JUST LISTED! 2807 FM 2397 - Friona, TX. - 2,130 sq. ft. +/-, three bdrm., two bath, large family room w/fireplace, dining room, kitchen, utility room, new windows/carpet, central heat/air, two car garage, two storage bldgs. & one metal frame shop.

CASTRO CO., TX. -Hwy. 86 - 2,641.88 acres +/- irrigated, dryland & CRP.

JUST OUT OF HOBBS - 137 ac. +/- w/1400 cow dairy, a 4000 sq. ft. nice home & accompanying improvements. Seller will consider all offers including offers for the dairy & acreage and/or the home w/

HORSE MOTEL - TUCUMCARI, NM - known coast-to-coast and in all parts in between - 4 ac. +/- on the edge of town. Nice metal frame horse stables w/pipe-rail pens. Nice brick home, 3 bdrm., 2 bath. Excellent opp.!

NORTH HANSFORD CO. - 640 ac. +/- with 3 sprinklers (1 near new) & 2 irr. wells, on pvmt. near Gruver, Texas. Test well drilled and showed very good potential!

HANSFORD CO., TX. - 106 ac. +/-, w/nice home, employee housing, nice feedyard w/concrete bunks, one irr. well, 2 large, nice barns, on

SE CASTRO CO. FARMS - 1832.49 ac. +/-, fully developed for irr., 2 sections & 320 ac. on Hwy. 194, 160 ac. on Hwy. 168 S. of Hart w/ house & exceptional shop/barn.

NE PARMER CO. - 2,107 ac. +/- (CRP, dryland & grass), Hwy. 60 frontage, irr. potential, irr. wells (not in use). HEREFORD, TX. - 159 ac. +/-, nice 3bdrm./2 bath w/double

garage, guest house, steel barn w/concrete floor, nice set of steel pens, one irr. well, on pvmt. Please check our website on these properties, ranches in the high rain fall areas in OK, large NM ranches & many other properties.

> www.scottlandcompany.com www.texascrp.com Ben G. Scott - Broker Krystal M. Nelson - NM Qualifying Broker 800-933-9698 day/ eve

## Chiefs win powerlift meet

The Friona Powerlifting Championship meet was 1st place with 43 points. Dimmitt was 2nd with heavy weight class 1,800 ternate. 21 points and Dalhart 3rd lb total. with 20 points.

weight lifter (best overall in 114 through 165 lb body weight); Juan Macias Saturday March 8; Justin state of Texas in their reclass) was Chieftain Adan 2nd 123 lb class 805 lb to-Ramirez. heavy weight lifter (best overall in 181 through su- Abel Palacios 4th 181 lb per heavy weight class) class 1,080 lb total. was Chieftain Edgar Guerrero.

132 lb class 1.210 lb to- 28. Bianca Arellano and Macias 1st alternate 123

The outstanding light lb class 820 lb total (tied compete at the Region 1 Outstanding tal; Esdras Rodriguez 3rd 132 lb class 905 lb total;

The Friona Squaws have two lifters qualified for the Friona individual boys' Region I meet in Mertzon, results: Adan Ramirez 1st Texas Friday February

tal; Michael Garcia 1st Chelsie Gomez will lift in 1b; Adan Ramirez 1st 132 held in the new activity 165 lb class 1,170 lb to- the 123 and 114 lb class- lb; Esdras Rodriguez 6th center Saturday February tal; Abayomi Salinas 1st es respectively. Bianca is 132 lb; Michael Garcia 7th 22. The Chieftains won 242 lb class 1,370 lb total; ranked #6 in the region 181 lb; Abayomi Salinas Edgar Guerrero 1st super and Chelsie is the 1st al- 4th 242 lb; Edgar Guerrero

Rocha 4th 114 lb; Juan spective weight classes.

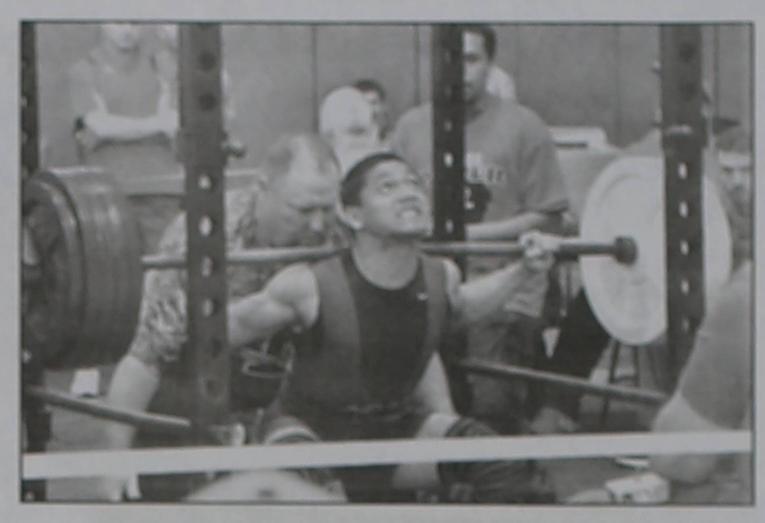
1st super heavy weight.

The Friona Chieftains Coach Daniel Hutchins Justin Rocha 2nd 114 qualified seven lifters to said Adan Ramirez and Edgar Guerrero are curfor 1st but was 2nd due to meet in Sundown, Texas rently ranked #1 in the



dana jameson photos

FHS Powerlifter Edgar Guerrero placed 1st in the Super Heavy Weight Class at the Saturday meet held in Friona. Guerrero had a total of 1,800 lbs. for the day.



FHS Powerlifter Adan Ramirez placed 1st in the 132 lb. Class at the Friona Powerlifting meet on Saturday. He had a total of 1,210 lbs. for the day.



FHS Powerlifter Esdras Rodriguez placed 3rd in the 132 lb. Class with a total of 905 lbs. for the day.

#### Notice for Proposals

Competitive sealed proposals for a single construction contract for the 2014 Re-Roofing Project, an addition to the Friona Independent School District, will be received by the Board of Trustees until 2:00 PM, Local Time, Wednesday, March 5, 2014 in the Friona ISD Administration Building located at 909 E. 11th, Friona, Texas 79035, publicly opened, and read aloud. Proposals shall be addressed to the Owner, Kenny Austin, Superintendent, Friona Independent School District, 909 E. 11th, Friona, Texas 79035.

Plans, specifications, and contract documents have been prepared by A+E Design Group, Inc., P.O. Box 1307, Canyon, Texas 79015 (Phone: 806-655-9361) and may be obtained at no charge at:

A mandatory Pre-Bid meeting will be held on Wednesday, February 25, 2014. All those interested in submitting proposal are required to attend.

Plans and specifications may also be available at ABC Blueprint, 906 Tyler Street, Amarillo, Texas 79101 (Phone: 806-376-5671) and online at www.blueprinter.com, Attention: Mike Bahn.

By submitting a proposal, the proposer agrees to waive any claim against Friona Independent School District, A+E Design Group, Inc., or Stephen L. Butler, Architect made in connection with the administration, evaluation or recommendation of any proposal.

#### School Menu March 3-7

#### Monday

Breakfast-Cereal, Pancake, Fruit, Juice, Milk Lunch-Spaghetti, Roll, Lettuce & Tomato Salad, Mixed Italian Veggies, Fresh Fruit Salad, Milk

#### Tuesday

Breakfast-Cereal, Pancake Sausage Stick, Fruit, Juice, Milk Lunch-Salisbury Steak, Roll, Carrots, Mashed Potatoes, Mandarin Oranges, Milk

#### Wednesday

Breakfast-Cereal, Cinnamon Roll, Fruit, Juice, Milk Lunch-Baked Potato, Roll, Cheese Tomatoes, Broccoli, Pears, Milk

#### Thursday

Breakfast-Cereal, Breakfast Pizza, Fruit, Juice, Milk Lunch-Beef Ravioli, Crackers, Corn, Cole Slaw, Pineapple, Milk

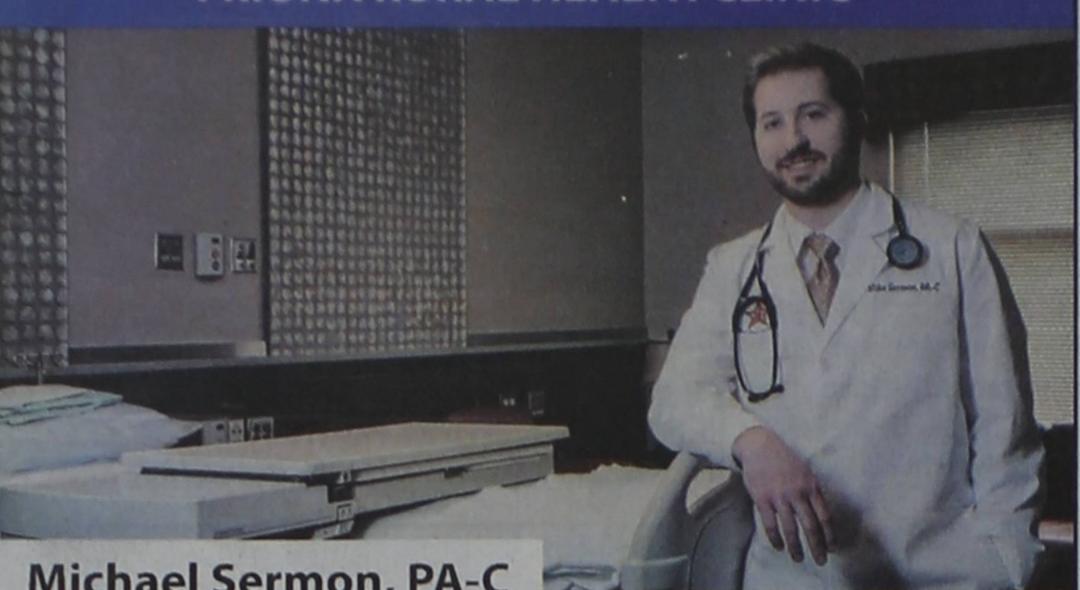
#### Friday

Breakfast-Cereal, Breakfast Burrito Deluxe, Fruit, Juice, Milk Lunch-Macaroni & Cheese, Crackers, Mixed Vegetables, Pinto Beans, Ice Cream, Milk

#### Friona School Calendar for March 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						-Friona One Act Play Festival -Varsity Baseball Tournament @ Childress
2	-TAKS Exit Level ELA -2nd Grade Parent Conferences -V/JV Baseball vs. Dimmitt 4:00 -Girls Golf @ Tulia -JV Choir Rehearsal 6:15-7:15 -One Act Play Rehearsal 7:30-9:30	-TAKS Exit Level Mathematics -1st Grade to Discovery Center -3rd Grade Parent Conferences -Boys Golf @ Tulia -One Act Play Rehearsal 7:30-9:30	-TAKS Exit Level Science -Elementary Spring Picture Day -Band Regional UIL Concert/SR Contest @ Panhandle 2:00 p.m.	-TAKS Exit Level Social Studies -4th Grade Parent Conferences -High School Cheerleading Tryouts -Junior High Hornet Relays @ Tulia -Varsity Baseball Tournament @ Tulia -One Act Play Rehearsal 7:30-9:30	-Primary Spring Picture Day -5th Grade Parent Conferences -Hornet Relays @ Tulia -Varsity Baseball Tournament @ Tulia -One Act Play Rehearsal 7:30-9:30	-Boys Div. 3 Regional Powerlifting Meet @ Sundown -Varsity Baseball Tournament @ Tulia
-Daylight Saving Time Begins -State CX Debate	-Spring Break -State CX Debate -LifeSmarts @ Waco	-Spring Break -State CX Debate	-Spring Break	-Spring Break	-Spring Break -Girls Powerlifting State Meet @ Corpus Christi -V/JV Baseball Tournament @ Sundown	-Girls Powerlifting State Meet @ Corpus Christi -V/JV Baseball Tournament @ Sundown
16	-St. Patrick's Day -JV Choir Rehearsal 6:15-7:15 -One Act Play Rehearsal 7:30-9:30	-Girls Golf @ Farwell -One Act Play Rehearsal 7:30-9:30	-Boys Golf @ Farwell -District OAP Rehearsal @ Tulia 8:45	-Bobcat Junior High Relays @ Dimmitt -District OAP @ Tulia 12:30 p.m.	-Bobcat Relays @ Dimmitt -Boys Powerlifting State Meet @ Abilene	-Boys Powerlifting State Meet @ Abilene -Choir Camp 10:00-3:00 -V/JV Baseball vs. Bushland 12:00
30	-JV Choir Rehearsal 6:15-7:15 -One Act Play Rehearsal 7:30-9:30 -St. Teresa's Catholic Church Senior Banquet 6:00 31 -JV Ghoir Rehearsal 6:15-7:15 -STAAR English I	-Boys District Golf 1st Round @ Tulia -Girls District Golf 1st Round @ Dimmitt -One Act Play Rehearsal 7:30-9:30 -V/JV Baseball @ Bushland 4:00	-District Academic Meet @ Abernathy	Junior High Sandhills Invitational @ Olton One Act Play Rehearsal 7:30-9:30	-High School Sandhills Invitational @ Olton -One Act Play Rehearsal 7:30-9:30	-High School Saturday School -V/JV Baseball @ Boys Ranch 12:00

#### PARMER MEDICAL CENTER FRIONA RURAL HEALTH CLINIC



#### Michael Sermon, PA-C

Parmer Medical Center is proud to have Mike Sermon, PA-C as one of our healthcare providers. Mike joined our team of physicians and physician assistants in July 2012 just after graduating from Saint Francis University in Central Pennsylvania and becoming certified as a Physician Assistant. Friona, Texas is a long way from the mountains of Utah and the rolling green hills of Pennsylvania, but Mike gets excited about the fact that, in Friona, "we celebrate cheeseburgers."

Mike is married to the lovely Shaliese and they are the proud parents of three children -Kennedy age 4, Jackson age 3 and Brooklyn age 3 weeks. His proudest moments include "being born, getting married, and becoming a father." Those moments almost make him forget his most terrifying moment of crash landing in a

hot air balloon and give him pause before trying anything daring for a while! Mike likes living in Friona because "it is a great community and I work with and for great people on a daily basis."

When he is not working or spending time with Shaliese or playing with the kids, he enjoys mountain biking, ice hockey and listening to or playing music. These things help him balance out the everyday stresses of life and maintain his health. As a Healthcare provider, Mike likes to "tell my patients to stay healthy by eating healthy and exercising. Get your flu shot and immunizations." He also says it is ok to have a cheeseburger now and again!

You can make an appointment with Mike at the Friona Rural Health Clinic Monday through Friday by calling 806-250-2781. He would love to help you take care of your healthcare needs.

### The Stevens 5 Star Deal of the Week!

Benefit for Caleb,

Jennifer, Cale and JaDee

Brumley

At Veterinary Industries,

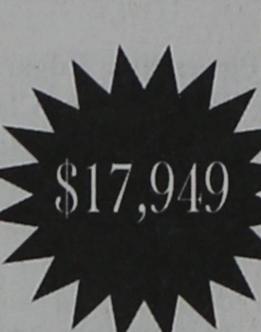
1011 Grand, Friona,

March 8, 2014, 6:00pm

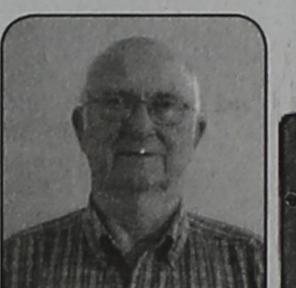
Dinner and Dance

Admission by donation.

2014 Chevrolet Cruze



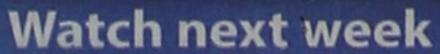




Come see Glenn Reeve for all your new and used vehicle needs today!



545 N. 25 Mile Ave. Hereford, TX 800-299-CHEV Cell: (806) 265-7034 www.stevens5star.com



for a chance to learn more about another one of the providers at Parmer Medical Center



Walk-ins welcome. Same day appointments available.

Clinic hours: M-F 8:30am-5pm; Sat. 9am-12

www.ParmerMedicalCenter.com

1307 Cleveland Ave.

Friona, TX 79035

Hospital phone: (806) 250-2754

Friona Rural Health Clinic

1307 Cleveland Ave.

(806) 250-2781

## Cornerstone Audiology

would like to thank Family Healthcare of Bovina for the invitation to provide hearing services for the residents of your community on Friday, March 7th.

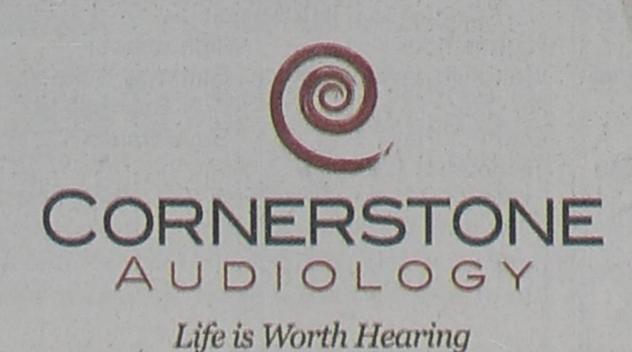
Please call our office today to schedule your complimentary hearing screening and hearing aid demonstration with Dr. Arica Black.

Free Hearing Screening • Free Hearing Aid Demonstration Free Clean and Check of Current Hearing Aids

> Family Healthcare of Bovina 1100 Hwy 86 • Bovina, TX 79009 Friday, March 7th



Arica Black, Au.D., CCC-A, FAAA **Doctor of Audiology** 



Availability is limited.

Call Cornerstone Audiology to reserve your appointment today.

806-687-4327

www.HearLubbock.com