Jo Ann Palmer 1207 Tayloe Ave Sonora TX 76950-7830 48435

# Devil's River-News

## **Serving Sutton County Since 1890**

Volume 126 • Issue 9

## SONORA, TEXAS

Sutton County Health Foundation:

**A Short History** 

### Thursday, February 27, 2014

75¢

## Pesticide Applicator Training Courses in March

By Pascual Hernandez Sutton County Agrilife Extension Agen

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## Letters to the Editor

Page 2

Feet, Fork

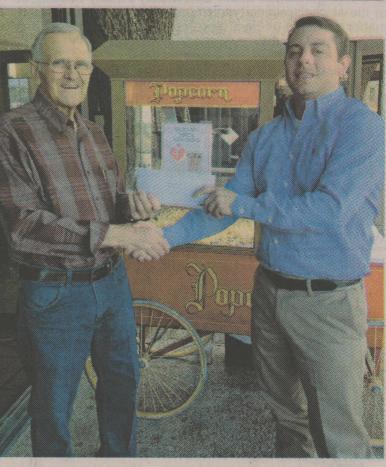
**SUTTON COUNTY** HEALTH FOUNDATION

Foundation was founded by and Medicaid coupled with Dr. Alvis Johnson in 2001. Dr. Johnson had one wish: to maintain our hospital and its vital services for the future generations of Sutton County. Partnering with vive, let alone thrive. In ad- policy benefits, and memosome of Sutton County's dition to reimbursement re- rial donations. However, leading citizens, the Sutton ductions, the Sutton County you can also donate to this County Health Foundation Hospital District wrote off worthwhile organization on was born. The first Sutton \$1 million in uncompen- line by visiting www.sono-County Health Foundation sated care in 2013. As a ra-hospital.org or sending board of trustees included a testament to how difficult it donations to group of citizens dedicated has become, more than 40 to the future of health care rural community hospitals Foundation in Sutton County. Pascal couldn't make ends meet P.O. Box 18 Allison, Curry Campbell, closed just this last year. Sonora, TX 76950 Randee Fawcett, Sharon The Sutton County Health Holman, Alvis Johnson, Foundation works to ensure Lolabeth Jones, Ben Pool, you and your families will Jim Stephen, and Carl Te- continue to have immediaff served as trustees for ate access to the best medi- bers. Current members the new non-profit founda- cal care available. Because, tion whose sole purpose is according the Foundation: the Sutton County Hospital sential to quality of life. District. Organizations like the supported by generous do- and Carl Teaff. Sutton County Hospital nations from our commu-District, which includes nity and other fundraising Lillian M. Hudspeth Me- events. The Annual Fish Fry morial Hospital, Sonora is a joint effort between the to thank the Health Founda-Medical Clinic, The Health Foundation and the Sonora and Wellness Center, and Volunteer Fire Department. that we, as a community, the Sutton County EMS are Taking place the first week- have access to affordable, finding it increasingly difficult to make ends meet. Reimbursement reduction in

The Sutton County Health programs such as Medicare more and more citizens who cannot afford to pay for healthcare services makes it continually difficult for health care providers to sur- in wills, gifts, insurance The Foundation is end in November of each quality medical care for year, funds raised go into an years to come. account the helps the Foun-

dations causes. While a majority of the funds are allotted to needs that may arise in the future, the Foundation also serves our community in other ways. The Foundation sets aside funds to help aspiring medical and nursing students complete their educations; they have worked to ensure all of our public buildings are equipped with life saving defibrillators; and they support efforts to help citizens in need receive essential medical screenings, such as annual mammograms.

You can play an important role in supporting the Sutton County Health Foundation and its efforts to secure and promote the medical needs for the future generations of Sutton the funds raised are through bequests tax-deductible



Craig Leonard presented Sonora Bank's February Popcorn Contribution To Smith Neal, for the t American Heart Association

Lady Broncos Finish Basketball Campaign at 28-5

County. Currently, many of On the way to 28 victories, the Lady Broncos defeated 5 state ranked teams, 10 playoff teams and went undefeated in district but ran into (foul) trouble in the Area Round of the UIL playoffs. Breckenridge Lady Bucks defeated the Lady Broncos 65-52 in Winters Friday night to end Sonora's playoff run. Captain and senior Kylie Love scored 12 in Sonora's 20 point fourth quarter charge as the Lady Broncos continued to fight back. Kylie finished with 24 points and 10 rebounds. Sonora's co-captain Gracie Dozier scored 12 including 6 for 7 from the charity stripe and had 3 assists. Other players in playoff action include Cip Tobias (2 for 2 FTs), Zella Powers (2 points and 5 rebounds), Katie Hartman (3 assists), Sky Jennings (2 points), Briana Jarratt, Tyler Hampton (5 points and 5 rebounds), JoJo Gutierrez (2 points and 4 steals), Naomi Dozier (2 for 2 FTs and 3 steals) and Janelle Vasquez (4 rebounds). The Sonora Lady Bronco Basketball Program won District Championships with the 7th, JV and Varsity teams. The 8th grade team were district runner-ups. Congratulations to all the "Run and Fun" basketball teams, thanks for all the community support and special thanks to all the loyal and loud fans! Go Lady Broncos!

And Fingers: Clue To Health, Longevity, National Medical **Expert Says** 

Page 4

Sonora High School 4th Six Weeks Honor Roll

Page 6



Sutton County Health

You can also talk to one of your Sutton County Health Foundations meminclude: John Freiss, Lolabeth Jones, Elaine Don-Pool, Susan Bloodworth, Robin Bennie, Diann Keller

The Sutton County Hospital District would like tion for all it does to ensure

to raise funds in support of Access to healthcare is es- aldson, Claire Jones, Ben Sonora's Ashton Bryant Is A Sheep Bustin Cowboy



Ashton Bryant was the one student from Sonora Elementary whose name was drawn to participate in the San Angelo Rodeo. He rode on Saturday February 22. He represented Sonora very well coming in 2nd place with a score of a 74.

## Lady Broncos Score Big In Ft.

The Lady Broncos played Reiner and Holly Sparks. a two-day tournament Katie Hartman and Kali in Ft. Stockton this past Mendez competed and weekend. After day one, medalists. the Lady Broncos were

tied for the lead with Mo- Logan Smith and Kanahans and had a 4 stroke tie each had lifetime PR advantage over Semi- rounds during the tournanole. After two days of ment, and all the ladies play, Sonora rallied to a played really well.

13 stroke lead over Mo- Individual Honors: Sidnahans to WIN the tour- ney Dermody 1st place nament. The team was Medalist 80/77-157, Darcomprised of Sidney by Ramsdell 3rd place Dermody, Logan Smith, medalist 82/83-165 and Darby Ramsdell, Kylie Logan Smith 87/79-166,

only one stroke behind Darby for 4th place overall. Holly Spark shot 98/92-190, Kylie Reiner, 97/99-196, Katie Hartman 104/111-215 & Kali Mendez 120/NS.

Good Luck to the Lady Broncos as they travel to Blanco to play Vaaler Creek on Tuesday. The Broncos will be playing Reagan County on Wednesday.

The Devil's River News • Thursday, February 27, 2014

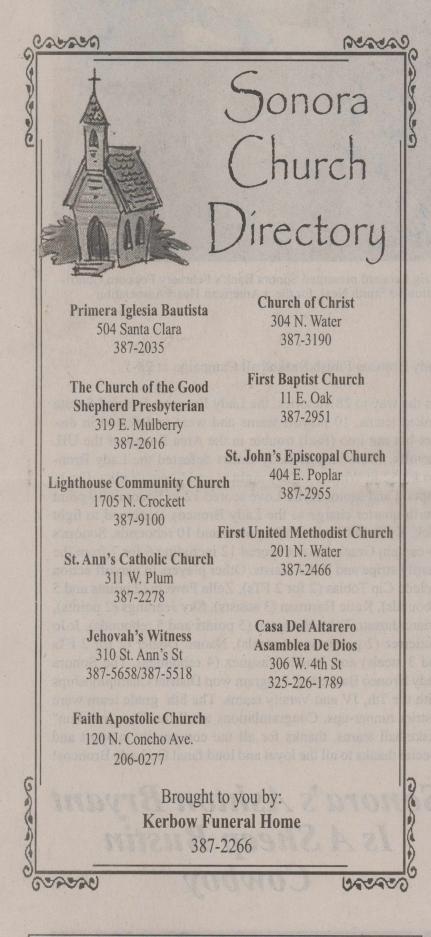
Letters to the Editor

## Wellness Ministry

Fasting is a practice we see exercised regularly throughout the Letter to the Editor: Bible. It's a time for more intense focus on God and less focus on our selves. During Lent, many Christians prepare their hearts for Easter by denying themselves food or bad habits in commemoration of Jesus' 40-day fast in the desert. Although not all denominations participate in fasting, many individu-als are naturally drawn to this discipline and decide to give up something during Lent. People sometimes vow to change behaviors like complaining and gossiping and vices like cigarettes and alcohol. But the most common "sacrifice" people make is giving up a favorite food, which often turns out to be dessert. For those of you who would like to give up sweets for Lent, I invite you to participate in an upcoming Sugar Detox which will begin on Ash Wednesday and end on Easter Day. For more information go to dailynutritionist.com and find the Sugar Detox guidelines under the Healthy Family heading or

Chelsea Blackbird is a Certified Nutritional Therapist.

And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your state law requiring the City Secretary be certified. There is a fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you. Matthew 6:16-18



I am a former City Secretary for the City of Sonora with a total of 26 years of service in the positions of Assistant City Secretary and City Secretary. There are statements being made in City Council meetings as well as to reporters that I am questioning.

As reported in the Standard Times, on Tuesday evening, Mr. Graves and Mr. Kosub (the City Attorney) told the City Council that the "city had not been meeting the statutory requirements" by retaining an employee under the title of City Secretary. Mr. Graves also stated that the present City Secretary had never been properly certified "because Sonora officials were unclear about the state requirements". Further, Mr. Kosub email me at chelsea@dailynutritionist for more information. No matter what sort of "fast" you engage in, remember to do it humbly and prayerfully. stated ... " (b) A person MAY BE certified to practice as a municipal secretary in this state. (f) This section DOES NOT der to practice in that capacity."

I have contacted the Texas Municipal "Clerks" Association capacity". to make sure I was correct and was informed that there is NO new law requiring that that IF a City Secretary is certified, they must re-certify every 5 years. The City Secretary and the City Clerk are the exact same position with the same official duties so simply changing the title would do nothing as far as making the position under the City Manager instead of the Council.

I am not sure why the City Council is now being informed that the City Secretary must be certified when there is no legal requirement of certification. This appears to be a ploy by the city manager, city attorney and certain members of the council to undermine our current City Secretary even more and try to avoid the nepotism law.

It seems strange to me that during the "budget planning" meeting that was held in January (which we had no budget figures) to get input from the citizens (but only a few were allowed to speak) the general fund was broke and had been for all of the years prior to Mr. Graves being "asked" to come to Sonora. Now miraculously, we are not going to have to do away with the pool or the airport and we can give raises to the Police Department which they definitely deserve (if he ever advertises for them) because "future city budgets can accommodate this level of staffing and funding". Mr. Graves was told by the Council in early January to advertise for (2) police officers. Two weeks later, it was on the agenda to rescind the motion to advertise because he did not have the pay scale or job description from the Council to advertise. Funny how he has total authority to hire and fire but can't find a pay scale or job description for a position that has been in the City since the 1970's. At the Civic Center meeting on January 27, Mr. Graves had still not advertised for the position. At that meeting, he was instructed to advertise for a Police Chief. At the February regular meeting, there has still been no advertisement and his excuse was he still did not have a pay scale or job description. If Mr. Graves has total hiring and firing authority, as he and the Council so adamantly profess, why does he have to go to the Council with any of this?????

The item on the agenda that most interested me was item K that read "Consideration and Possible Action Concerning Position of City Secretary/City Clerk (Charles Graves)". C. Graves tried to have the position changed from City Secretary to City Clerk. He and Mr. Kosub advised that the City was not in compliance with state law because the City Secretary has to be certified and the City Clerk does not have to be certified. Councilman Justin Mathews asked why this issue was so important now and asked to table the issue for further investigation. Mr. Graves was not happy and it was obvious his demeanor changed and he said that we needed to act on this very quickly. A motion was made and seconded to have the item tabled "until the next meeting" Mr. Graves stated three different times that the City Clerk position would answer to the City Manager and the City Secretary answers to the City Council. According to State Statute, require a person to be certified as a municipal secretary in or- Sec. 22.074 (f): "This section does not require a person to be certified as a municipal secretary in order to practice in that

> My question is: Why is this title change so urgent since the State Statute is very clear that the City Secretary is not required to be certified? We have only heard one side of this story; what is the real reason behind this?

> > Bryn Humphrey

## The Tradition Continues



Thomas and Brooklyn Bloodworth of Mertzon are happy to announce the birth of their daughter Sawyer Grace I have also contacted a CPA firm to research the accusation Bloodworth. Sawyer was born in San Angelo on October 18, 2013 at 8:15 a.m. and weighed 8 lb. 5 oz.., 19 inches long. Sawyer was welcomed by her big sister Dylann. She was also welcomed by her grandparents, Lee & Darlette Bloodworth of Sonora, Arlin & Ann Woehl, and Brenda Woehl of San Angelo. Her great grandparents, Grace Ramsey of Sonora and Herbert and Marcella Woehl of San Angelo. Her aunts and uncles Graham & Laura Bloodworth, cousin Lainey, Hilton Bloodworth Sharlyn Woehl, A.J. & Madison Woehl and Katie Woehl.

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### The Devil's River News

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from Mr. Graves that Water and Wastewater funds had subsidized the general fund for years. This firm looked at audits from 2007 - 2011 and found no such evidence.

As far as the TCEQ issues go, the plans for the water and wastewater improvements were approved in 2007, long before Mr. Graves arrived. I cannot understand how a man can stand in front of a crowd of people and tell the stories he tells, patting himself on the back, without thought that some of those people may know that it is not the truth. There was an enormous amount of experience at City Hall prior to the hiring of Mr. Graves including myself, Becky Covington: Utility Billing Director with 26 years of service including over 20 years as City Secretary, Beth Wallace: City Attorney with 26 years of service, Fernando Ibarra: Water Supervisor, Lilia Flores: Van Driver for the Senior Center, Michelle Lipham: Municipal Clerk and City Secretary, Matt Routh: Police Chief, Tim Jarratt: Police Chief, Phil Sagebiel of Sagebiel, Ravenburg & Schuh: Auditors and Financial Advisors with over 30 years of service, and Bryn Humphrey: Patrol Officer with over 24 years of service, just to mention a few. I am not sure if all of these people left their positions because of Charles Graves, but I can assure you most did. I'm not saying that change is not a good thing but so much change within a 3 year period should send up a red flag.

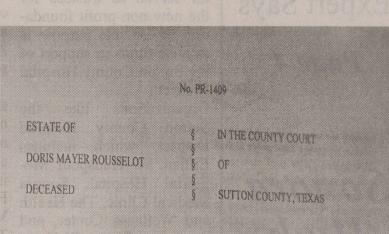
In addition, there is the issue of a Councilmember holding office while not living in the ward from which she was elected. According to the minutes of the December 20, 2013 meeting, this Councilmember questioned her ability to remain in office after moving away and renting out her home. The City Manager and City Attorney gave her a copy of Section 1.015 of the Election Code. This section defines residence for election purposes. I believe that the applicable law is Local Gov't Code 22.041. This section states that if an alderman "moves" from the ward from which the alderman is elected, the alderman's office is considered vacant. We also have a Councilmember whose wife and brother were hired by the City 3 years after he was elected. According to AG Opinion DM 002, a Type A General Law City with the City Manager form of government does not escape the nepotism law IF the laws are set by Ordinance, which they are in Sonora, due to the fact that Ordinances can be changed. I read this to say that the nepotism law applies to ANY position, not just a department head which is supposed to be approved by the City Council according to the City of Sonora Code of Ordinances.

Citizens have requested and been denied the right to appear before the City Council to address these issues.

These are some of our issues as citizens of Sonora and Sutton County. It appears to me that the City is in "shambles" more now than prior to Mr. Graves coming to be our salvation. All I am asking is for you, or anyone else reading this letter, to research this yourself and come to your own conclusions.

Thank you for hearing my concerns.

Patti Prather



#### NOTICE TO CREDITORS

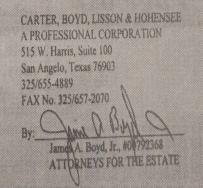
Notice is hereby given that original Letters Testamentary for the Estate of Doris Mayer Rousselot, Deceased, were issued on February 18, 2014, in Docket No. PR-1409, pending in the County Court of Sutton County, Texas, to: Norman W. Rousselot, Independent Executor,

Claims may be presented in care of James A. Boyd, Jr., the attorney for the Independent Executor at the following address:

> Carter, Boyd, Lisson & Hohensee 515 W. Harris, Suite 100 San Angelo, Texas 76903

All persons having claims against this Estate which is currently being administered are required to present them within the time and in the manner prescribed by law.

#### DATED the 18 day of FREMMEN, 2014.



The Devil's River News • Thursday, February 27, 2014

## Pesticide Applicator Training Courses in March

#### **By Pascual Hernandez** Sutton County Agrilife Extension Agen

Th.

With spring not far away, it will soon be time to control unwanted vegetation. However, you should know that some chemicals are designated general-use pesticides and can be purchased "overthe-counter" while others are restricted-use pesticides and require a pesticide applicator license. So, if you've considered acquiring an applicator license, here are some things you should know.

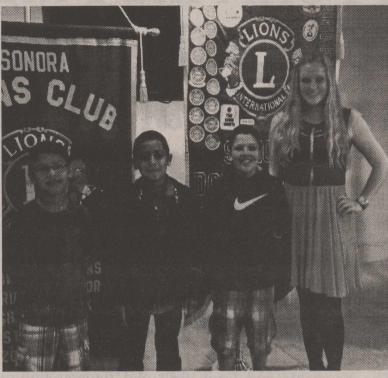
Private applicator license are required in order to use or supervise the use of restricted or state-limited pesticides or regulated herbicides in the production of agricultural commodities. Applicators must obtain 15 continuing education units (C.E.U.s ) every five years, including a minimum of two C.E.U.s in laws and regulations and two in integrated pest management (IPM).

Commercial licenses are required to use or supervise the use of restricted or state-limited pesticides or regulated herbicides, for hire or compensation, on the land of another person. An individual that is

not a licensed commercial pesticide applicator, certified private applicator, or structural pest control applicator, but intends to apply restricted use pesticides in the performance of his or her job duties (e.g. government entities such as state, county, or city) must be licensed as a noncommercial pesticide applicator. Both commercial and non-commercial licensees must obtain five C.E.U.s annually, including at least one C.E.U. each in two of these three topics: laws and regulations, integrated pest management, and drift mini-

With that in mind, if you are interested in acquiring a license, please contact your local County Extension Ofoffering a training course for private applicators on March 24th and for commercial/ non-commercial applicators on March 25th at the Sutton County Civic Center. Register by March 17th so that study manuals can be ordered for you. Call 387-3101for more details.

mization.

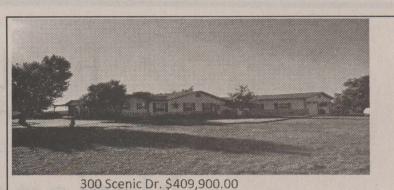


During our weekly meeting Lion Frank Wamble was awarded a membership advancement key for inviting two new members. Lions earn their first membership key by inviting two new members and may earn up to seventeen keys for member invitation. Each key is designed to reflect the number of new members a Lion has sponsored.

The Sonora Downtown Lions Club will be serving a fice. The Texas A&M AgriL- pancake supper during the Relay for Life on May 23 ife Extension Service will be at Bronco Stadium. Come on out and join us for this very important event! Special thanks to Stacy Fisher of Sew Addicted for helping to design and make our t-shirts.

> Donna Hanusch joined us along with three 2nd grade students, who were our elementary students of the week this month. Pictured above are Eli Pruneda, Micah Ramon-Villanueva and Joshua Lozano.

> Please come join us each Tuesday at noon in the fellowship hall of the First United Methodist Church.



Beautiful views from this spacious 3655 sq.ft., 3 bedroom, 3.5 baths home with 3.38 acres located on a hilltop. Beautifully remodeled, landscaped, large wood deck, many amenities inside and outside. This house is a must see! Call Irene, Agent in Sonora, 325-226-4475, for an appointment!

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Sutton County Stockshow Appreciates All Those Who Made It Possible

## Lions Roar

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**Angelo Pellets** Askew-Fisher Ranch **Balch Ranch** Bar 7 Ranch **Bill & Bobbie Dictson Billy Green Water Station** Billy Green Brad & Chandra Hughes **Bruton Trailer** Buckle D - Cusenbary Buffalo Well Ranch Cahill Construction /CJC Cathy Ball **Caveman Bucking Bulls** Caverns of Sonora Cody & Mandy Knott **Comfort Inn** Condra Ranch Consuelo Ranch Craten Phillips Creek Swabbing Dale Reinhardt Danny Reinhardt David Corley Walsh David Walsh Days Inn Devil's River Del Rio Ford **Denis Ranch** Dos Equis Cattle Company Double T Ranch Doyle Morgan Insurance Dr. Mark Edwards Dr. Christy Edwards Dr. Charles Pajetska

E.S. Mayer & Sons **EL Light Plant Service** Elliott Law Office Farley Consulting **Finklea Brothers** First National Bank of Eldorado Fred Chandler Gerry Ingham Gillespie Livestock Auction Grider Trucking High Mount E&P Ice Storm Ice & Water Jet Specialty & Supply Jim Garrett JL Bar Ranch JMC Transport Joe Fincher Jordan Cattle Auction Judy McDonald Julie Martin Keith & Jerry Wallace Keller Vet Service Kerbow Funeral Home Kinnikinnick Ranch Lazy 2 Ranch Liquid Storage Sales, Inc. Lost Lake Ranch Louise Moore Show Goats Lowe's #119 Maggie Davis Mark & Norm Rousselot Mark Hardeman Mercantile on Main

Mike & Kay Friess Mitzi Friend Morriss Ranch Mr. & Mrs. Ben Pool Mr. & Mrs. Bill Stewart Mr. & Mrs. Brady Johnson Mr. & Mrs. Buck Bloodworth Mr. & Mrs. Bud Whitehead Mr. & Mrs. Ben Ingham Mr. & Mrs. Cleve T. Jones Mr. & Mrs. Albert Ward Mr. & Mrs. David Fisher Mr. & Mrs Jeremy Dawson Mr. & Mrs. Frisby Bible Mr. & Mrs. Gary Leonard Mr. & Mrs. Glen Love Mr. & Mrs. Chase Moore Mr. & Mrs. Jock Dutton Mr. & Mrs. John Carver Mr. & Mrs. John K Wilson Mr. & Mrs. John Tedford Mr. & Mrs. Kel Thomas Mr. & Mrs. Lawrence Finklea Mr. & Mrs. Lonnie Fox Mr. & Mrs. Luther Creek Mr. & Mrs. Michael Kissire Mr. & Mrs. Olie Smith Mr. & Mrs. Pascual Hernandez Mr. & Mrs. Preston Faris Mr. & Mrs. Robert Davis Mr. & Mrs. Rusty Garner Mr. & Mrs. Stephen Hall

Mr. & Mrs. Terry Owen Mr. Eddie Sawyer Mr. & Mrs. Dod James Mr. & Mrs. Curry Campbell Mrs. R. W. Wallace Ms. Wanda Shurley Nancy Davis NAPA **Outlaw Genetics** Pedernales Electric Coop Pete Bradley Phillips Ranch Producers Livestock Auction Co. **Production Control Services Ouarter S Ranch** Quien Sabe Cartel Rafter W Feed Reliable Equipment Company **Rex Ann Friess River Rock Consulting Riverstar Farms** Robert Mittle Robin McAnally **Ross Ranch** Ruthie Wallace/Farm Bureau Savell & Shelly Shannon Seco Mayfield Simon Brothers Mercantile Sonora Firefighters Association Sonora Bank Sonora Trophy Hunts

Buck N Bass Outdoor Sport- Webb Painting & Remodeling Goods Cauthorn & Griffin Range Land Drought Ins. Lillian M. Hudspeth Memorial Hospital Main Street Realty/ Mr. and Mrs. Keith Hudson Sonora Woolhouse Feed & Supply Tammy Fisher Law Office The John & Mildred **Cauthorn Trust** The Bank & Trust The Glover Company Sonora Animal Hospital Sonora Hospital Administrator Sonora Deer Processing Sonora Air Cooled Engines Southwest Treating Southwest Texas Electric Cooperative, Inc. Surber Roustabouts Sutton County Days Association Sutton Co. Steak House Sutton Co. Game Dinner T Half Circle Ranch Tryon & Cindy Fields Wallace Ranch Wallace Law Office Walsh Welding, Inc.

ing West Texas Championship Chili Cookoff Wool Growers World Class Taxidermy

Lee Bloodworth Silver Co. Top Noctch Trophies & Awards Mr. & Mrs. Cody Bush Mr. & Mrs. Cliff Brister Mr. & Mrs. Rocky Jones Sutton Ag Program Fund Alderman Cave

We apologize if anyone was inadvertently omitted.

## Feet, Fork And Fingers: Clue To Health, Longevity, National Medical Expert Says

cancer, stroke, respiratory University today.



the Toyota Maintensi

Plan'st no cost to you!

If a new medication came cording to Dr. David Health" seminar conduct- realize that these are ef- children may be linked to on the market to help one Katz, a physician and ed by Texas A&M's Veg- fects not causes. That's the recent 35 percent inlose weight, increase ex- director of the Yale Pre- etable and Fruit Improve- when we began to look crease in strokes for chilercise, stop smoking and vention Research Center, ment Center.

ple would flock to physi- ready exists to prevent seen it in repetitive scien- tobacco." cians for a prescription those ailments and few tific studies." and buy stock in the com- are taking advantage, The Vegetable and Fruit fork and fingers: failure cancer by 60 percent, he pany, one expert believes. Katz told about 200 peo- Improvement

Vote to

**Re-Elect** 

.John

Wade in the Republican arch 4 **County Commissioner** 

**Precinct 2** 

To the wonderful people of Sutton County and the voters of Precinct 2:

It has truly been a privilege and a blessing to have seen and visited with all of you during this time I have been campaigning. It has been a pleasure to have been invited into your homes and I appreciate the hospitality you have extended to me. I have had many cups of good coffee and a lot of good conversations. I would like to remind everyone that early voting continues till the 28th of February and the Primary will be the 4th of March. Again, I would appreciate your vote and support to be re-elected to be your County Commissioner of Precinct 2 in Sutton County. Thank You,

John Wade

hosted Katz as part of ing and smoking. nection between food one's lifespan by 50 per- to love." consumption, food pro- cent. Reversing all three "Just think about you or Bhimu Patil, director. time the top five causes money not health.

scientific study that en- ture," Katz said, pointing

for the causes and found dren 5-14 years old.

Center to exercise, improper eat- said.

COLLEGE STATION — But that's not likely, ac- ple at the "Produce for couraged researchers to out that obesity in U.S.

prevent heart disease, who spoke at Texas A&M "It's about lifestyle fac- that virtually all prema- A lifestyle change to eat tors and a plant-based ture deaths are attribut- well, exercise and stop illness and diabetes, peo- Yet, the knowledge al- diet," Katz said. "We've able to diet, exercise and smoking would cut heart disease by 80 percent, di-He calls them the feet, abetes by 90 percent and

> Katz, who also is a medithe 20th anniversary of "In a study that com- cal consultant for ABC "All of the diets can be its collaborations among pared people who eat News, believes one reatists, medical researchers, trol weight and smoke to from medical research farmers and food indus- people who eat well, have have not led to massive was created in 1993 as do not smoke, we learned ness in the nation is beresearchers worldwide that reversing any one cause they are "nameless, began to realize the con- of those would increase faceless and impossible

duction and human would increase lifespan someone you love havhealth, according to Dr. by 80 percent," Katz said. ing to deal with heart dis-The U.S. fight over health ease, cancer or diabetes," "We've known for a long care, he added, was about he said, asking for a show of hands, which indicated of premature death in hu- "The whole thing (man- virtually everyone in the mans — heart disease, datory health care) is audience had experienced cancer, stroke, respira- moot if we don't solve one or more. "We know tory ailments and diabe- this problem with obesity what the problem is. Yet tes," Katz said. "What and the projection about only 1.5 percent of the changed in 1993 was a what it will do to our fu- people in the U.S. are

eating enough fruits and vegetables daily."

Katz acknowledged that part of the problem is confusion caused by the multitude of diet information — much of it conflicting - on the market. A soonto-be-released study by his prevention research center examined many of the diets being touted as the healthiest.

considered," he said. plant production scien- poorly, have out-of-con- son the statistics and data "But instead, focus on the overlap of them all, which would be to eat food, but try experts. The center their weight in control and change toward healthful- not too much and mostly plants."

> "Your Mind is Like A Parachute, It only Works **Right When** It's Open" T. Dewar



## **Conservative Leader** Karen Harris

A Special Message from

These are unique times and I am a uniquely qualified servant leader. I remember the day I decided to run after having been asked to do so by several elected officials over the years. A young lady in front of me reached down to pick up her baby. A feeling of grief washed over me as I wondered what our beloved Texas will look like when that baby is a young adult. I'm concerned about the future of my grandsons and will protect the futures of your children and grandchildren. Godly and constitutional standards are being removed from our places of government, our schools and our communities.

I live on a now dry Medina Lake. No one has to tell me how important it is to protect our water and property rights because they're tied to our economy. As your representative in Austin, I will make sure that your interests are protected and your values are defended.

I have lived on both the Canadian and Mexican borders, giving me a unique perspective from which to serve you. My physician husband of thirty years and I have owned and operated small medical service businesses. We have seen socialized medicine in Detroit transported across America through Obamacare. I will do everything I can to stop its harmful effects in Texas.



I have been vetted and endorsed by respected conservative organizations and leaders, among them Texas Right to Life, Texans for Fiscal Responsibly, Young Conservatives of Texas, David Barton of WallBuilders, Jonathan Saenz of Texas Values, Kelly Shackelford of Liberty Institute, Texas Home School Coalition, the Llano Tea Party and Texas Eagle Forum. I am A rated by the NRA. I have testified before the Texas Senate and have been speaking out about conservative and moral issues for over 30 years.

Because of my proven conservative record, Governor Rick Perry appointed me to two positions-the Health and Human Services Commission Council and to a Texas Education Association Advisory Committee. I have spent time in Austin and know what happens on the House floor and sadly, behind closed doors. We can and must do better.

Some people from other states call Texans bigots and say we do not care for those in need. That has not been my experience as a black Republican. Texans are a loving, compassionate people who want to give a hand up in the form of jobs and opportunity. And Texas remains the best, last hope for our nation.

As an Executive Board Member of the Texas Federation of Republican Women, I know how rare a black conservative woman is. I am unashamedly a woman of faith, pro-life, pro-traditional marriage, pro-Second Amendment, pro-religious liberty, pro-small government and pro-"we the people." And let's face it. I'm Wendy Davis' and Barack Obama's worst nightmare.

We need to push back government intrusion from our lives. Serving you is my highest priority-not climbing the political ladder. I don't need accolades from leaders. I am a servant leader, one who listens and acts with conviction. I will courageously uphold the US and Texas Constitutions as well as our rural, Hill Country, Texas values.

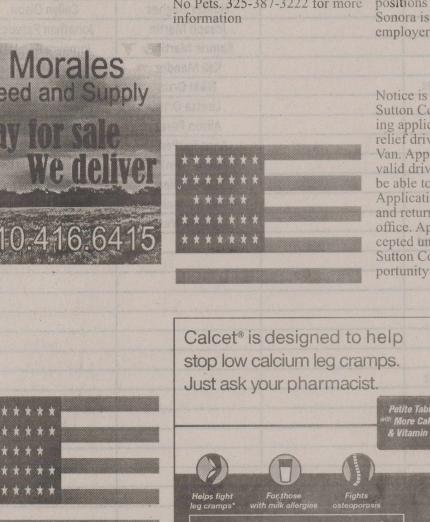
I humbly ask for your support, your vote and your prayers. As your State Representative I will do my utmost to serve you with integrity and honor.

www.KarenHarris.org

Respectfully

#### The Devil's River News • Thursday, February 27, 2014

All real estate advertising in this newspaper is subject to the Fair Housing Act which makes it illegal to advertise "any preference, limitation or discrimination based on race, color, religion, sex, handicap, familial status or national origin, or an intention, to make any such preference, limitation or discrimination." Familial status includes children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of chil-dren under 18. This newspaper will not knowingly accept any advertis-ing for real estate which is in vio-lation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are wailable on equal opportunity





Sutton County is now accept-Van. Applicant must provide valid drivers license and must be able to travel out of town. Applications can be obtained and returned to the auditor's cepted until position is filled. Sutton County is an equal opportunity employer.



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## Sonora High School 4th Six Weeks Honor Roll

#### ALL A's

The second second	
FRESHMEN	
Bethany Aguero	
Layla Burke	
Shayna Edwards	
Skyler Jennings	
Kristy Sanchez	
Tate Shannon	
Holly Sparts SOPHOMORES	
Darby Ramsdell	
·······	

JUNIORS Veronica Gaytan Kaitlyn Gibbens Lillian Kent Taylor Lemon Abby Nolen Jazmin Ramos Jonathan Salazar Alexa Sykes Selena Trevino

**Congratulations to All Of** the Honor Roll Recipients!! **Keep Up The Good Work!!** 

Cody Barber
Chasady Braly
Chance Campbell
Chanel Cauthorn
Sidney Dermody
Macie Friess
Tori Harris
Katie Hartman
Harley Johnson
Mace Joy
Crystal Lopez
Kylie Love
Kassandra Monroe
Zella Powers
Michael Rollert
Logan Smith
Megan Yourgalite
ANDE DESCRIPTION LIC

SENIORS

## **CALL BEFORE YOU DIG!**

As a part of HighMount Exploration & Production LLC'S commitment to keep natural gas a safe natural resource for you, we post warning signs over or near all of our pipelines. If you are planning excavation work where these signs appear or where pipelines are located, please call before you dig.

Although preventing pipeline leaks is our top priority, sometimes leaks do occur. Look for blowing dirt, loud whistling noises, bubbling water, the odor of oll or dead vegetation in an otherwise healthy area - all are signs of a possible leak.

Call 1-800-352-2283 immediately for someone to investigate.

It's all a part of making natural gas an affordable, efficient and safe resource for you and your family today and in the future.

> **HighMount Exploration & Production, LLC** Stonewater Pipeline Company, LLC **Clearwater Pipeline Company, LLC**

> > Steve

EMERGENCY: 1-800-352-2283

DIG TESS: 1-800-DIG-TESS OR 811

FRESHMEN	SOPHOMORES	JUNIORS	SENIORS
Rosa Araujo	Julian Gallardo	Sid Anderson	Morgan Badgett
Autumn Ayala	Adrian Garcia	Gus Barrera	Michael Chavez
Tonya Bounds	Alexis Garza	Michael Bell	Will Dutton
Grady Bush	Edgar Hernandez	Pedro Campa	Erasmo Equivel
Tanner Cain	Marlena Hernandez	Aishah Castruita	Keanu Gamez
Mayra Capuchina	Brianna Jarratt	Chris Crain	Daniel Gonzalez
Dakota Castro	Kaitlyn Lopez	Andrea De La Fuente	Scott Gonzalez
Smantha Castro	Ryan Martinez	Jeremy Doran	Rhett Guerra
Sarah Coleman	Susana Robles	Gracie Dozier	Jose Longoria
Brittany Covarrubiaz	Straton Rushing	Tanner Esparza	Ricky Martinez
Joseph Delgado		Abigail Garcia	Maria Mata
Angel DeLuna		Victoria Guerrero	Kassandra Medina
Netza Estrada	and the second	Seth Gunn	Alex Morales
Bianca Fay	und then when	Mckayla Herrada	Anastacio Munoz
April Fraire	HALL SELECTOR SOL SAVE	Hunter Hughes	Callyn Olson
Josh Galindo		Joseph Martin	Jonathan Paredes
Caleb Galvan		Kamrie Martinez	Jomayra Ramirez
Jose Hernandez		Kali Mendez	Yesenia Renteria
uan Miguel Jimenez		Nikki Ortiz	Omar Salazar
Abby Lopez		Lisette Ortiz	Alec Samaniego
Ryker Marshall	Notes .	Alison Perez	Andy Samaniego
Rafael Mendoza		Annalisa Perez	Danielle Vargo
Dalton Morris		Valeria Ramirez	Kelsey Velez
Michael Mungia		Gabe Rollert	Jason Vitela
Marlene Ortiz		Halle Samaniego	
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1-800-352-2283



# for County Judge

The Right Experience for Sutton County

## The Right Experience for Sutton County

- Current First Assistant District Attorney of the 112th Judicial
- Frevious District Attorney of the 119th Judicial District for
- Attorney for 34 years
- A Graduated from Baylor University with a BA in Political Science
- Retired as a Lt. Colonel from United States Air Force
- Reservist at Goodfellow AFB for 21 years

Vote Steve Smith in the March 4th Republican Primary

Early Voting

Elect

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Must vote in the Republican Primary

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