# Football games

at all ed on

nicles y not ularly

Haskell Indians vs Holliday Friday, 7:30 p.m. at Haskell

**Paint Creek Pirates** vs. Lueders-Avoca Friday, 7:30 p.m. at Lueders

## Calendar

# Rule High School '41 class reunion

The 1941 graduating class of Rule High School plans its 55th reunion for Nov. 8 from 3 p.m. til. The reunion will be held at Embassy Suites Hotel in Abilene. The informal gathering will be on a come-and-go basis, but will include dinner at 6 p.m. for those wishing to attend the football game.

#### Partners for children

Partners for Children will host a meeting of special interest to parents of junior high and high school students Tues., Nov. 5. The topic of the session is Communicating with Children about Sexuality. The meeting will be held at the Elementary Cafeteria at 7 p.m. Babysitting and refreshments will be provided.

# Early voting continues

Early voting for the Nov. 5 General Election continues until Fri., Nov. 1 in the County Clerk's office.

# S.S. representative

A representative from the Social Security Administration will be in Haskell at the City Hall annex on Thursday, Nov. 7 at 9:30 a.m. NHS supper

The National Honor Society of Haskell High School will host an all you can eat supper Friday, Nov. 1 before the Holliday football game. The supper will be from 5 to 7 p.m. and will include homemade stew, combread and dessert. Tickets are \$5 and may be purchased from any NHS member or at the door. Proceeds will help send the NHS members on a spring trip to Washington D.C.

# Church of God dinner

The Church of God on the Throckmorton highway will be serving cornbread and beans Sat., Nov. 2 from 11 a.m. to 2 p.m. Plates are \$3.50 each and include cornbread, beans, dessert and drink.

### Trinity Baptist revival

A four day revival is scheduled for Nov. 3-6 nightly at 7 p.m. at the Trinity Baptist Church in Haskell. Dr. Bill Stayton of Carrollton is the evangelist. The public is invited to attend.

#### Lodge meeting

The Sons of Hermann Lodge meeting will be held Sunday, Nov. 3 at the Irby Hall. The meeting begins at 3 p.m. The hall opens at 2 p.m. and the meal will be pot luck.

#### HSU Cowgirl clinic

The Hardin-Simmons University Cowgirls will hold their 3rd annual Cowgirl Clinic Nov. 9 from 9 a.m. til 12:30 p.m. The clinic will be for girls in grades 1-6.

Instruction will be brought by Cowgirl's Coach Julie Goodenough and the HSU Cowgirls team members. Clinic fee is

Girls will be instructed in both offensive and defensive fundamentals.

To receive a brochure or more information, call Coach Goodenough at 915-670-1435.

#### Index Obituaries ......Page 2 Out of the Past .....Page 4 School menus ......Page 6 Around Town ......Page 6 Classifieds.....Page 11 Sagerton News ......Page 12

# Don't forget to vote Tuesday!

# Haskell Free Press

VOL. 110-NO. 44, ©OCTOBER 31, 1996

"The People's Choice'

20 PAGES-TWO SECTIONS-50 CENTS



CROSSES THE GOAL LINE-Indian IV Burson crosses the goal line for six against Seymour Friday night. Haskell will face Holliday to determine first place in District 9-2A in this week's

### scheduled this weekend Rule Homecoming events

The Rule Homecoming activities begin Thurs. evening, Nov. 7 with a bonfire. The pep rally will be at 3:00 on Fri. afternoon, Nov. 8. The evening

events will begin with "Parent's Night" at 7:00 at the football field when the 1996 Bobcats and their parents will be introduced. The



GOLD STAR AWARD-Nisha Patel is shown receiving her Gold Star Award certificate at the District Gold Star banquet held in Haskell Oct. 22. Presenting her certificate and pin was Kit Horne, manager of public relations for West Texas Utilities Co. in Abilene.

#### Nisha Patel receives Gold Star award

by Lou Gilly Haskell Co. Ext. Agent Thirty-seven outstanding members of 4-H clubs across the Rolling Plains were honored here Tues., Oct. 22.

In addition to receiving the Gold Star Award, highest honor presented at the county level by the youth organization, the recipients were challenged by Dr. Martha Couch, District Extension Director-Panhandle District 1, to continue to be positive leaders and make this honor a stepping stone in their journey toward success.

Honored from Haskell County was Nisha Patel, daughter of A.K. and Usha Patel formerly of Haskell, now residents of Arlington.

Joining the youths at the awards banquet at the Haskell Civic Center were parents, government officials, leaders of the Texas Agricultural Extension Service, fellow 4-H'ers, educators and other community leaders. They were welcomed by Kit Horne, manager of public relations for West Texas Utilities, Abilene, banquet sponsor.

Lori Jones, council president, was mistress of ceremonies. The response to the welcome was by Trent McKnight Throckmorton County, public relations chairman of the District

4-H Council. Chris Lewis, District Council Secretary-Treasurer from Wichita County led the Pledge of Allegiance and 4-H pledge. Kody Knight of Stephens County, council 1st vice president, gave the invocation and introduced the two outstanding leaders honored at Texas 4-H Roundup.

Award recipients were introduced by Elaine Houston and Galen Chandler, District Extension Directors. 4-H is the youth development program of the Extension service, an educational arm of the Texas A&M University

# **Fire Department** receives truck

Members of the Haskell Volunteer Fire Department took delivery Thursday of a 2 1/2 ton, 6 wheel drive military truck from the Texas Forestry Service.

Department members will customize the vehicle for a rural fire truck. The truck's delivery type bed will be removed and replaced with a water tank, pump, hose reel and hose for firefighting purposes.

Contributions are being accepted to help with the expense of converting the vehicle into a fire

entrance. There will be a football game will begin at 7:30 against Benjamin. Hamburgers will

meal. The half-time activities will include the Homecoming Queen Contest. Candidates for this honor are Laura Tibbets, Senior, daughter of Mr. and Mrs. Buddy Tibbets; Brigida Macias, Junior, daughter of Mr. and Mrs. Jesse Macias; Teri Shawver, Sophomore, daughter of Mr. and Mrs. Jack Shawver and Michelle Stegemoeller, Freshman, daughter of Mr. and Mrs. Clayton Stegemoeller.

be on sale at the concession stand

for those who need an evening

On Sat., Nov. 9 activities will begin at 9:30 a.m. with registration and visiting in the High School building-enter at northwest registration fee of \$1.00. A plate lunch will be served beginning at 11:30 in the school cafeteria. This meal is being provided by the Bobcat Booster Club and the price will be \$7.00 for adults and \$5.00 for children under 12.

The general assembly will be in the auditorium at 1:30. The program includes the recognition of ex-students, faculty, cheerleaders, majorettes and athletes. Entertainment will be provided by "The Greggs".

Class meetings will be announced at the general assembly. Contact Debbie Tanner, 817-997-2181 or Tami Baitz, 817-997-2470 if you have a gathering that you want announced.

# City Council discusses new ambulance

The Haskell City Council met in a regular meting Oct. 22 with a short agenda.

Sam Watson, city administrator, gave a report concerning the purchase of a new ambulance. The ambulance will be built on a Freightliner frame order out of Oklahoma. The motion to purchase the ambulance carried.

Watson will be attending San Marcos University four days a month for the next fifteen months taking a Certified Public Management course. He has received a \$500 scholarship to attend an Economic Development course at Texas A&M in March.

Bids for specific jobs to be done during the renovations at the sewer plant will be taken.

# Indians to play for District title

Friday night's football game between the Haskell Indians and Holliday will be to determine first place in District 9-2A.

The game will be held at Indian Stadium at 7:30 p.m.

Last Friday, the Indians upped their record to 3-0 by defeating Seymour 61-7. Jason Briles caught two touchdown passes from Will Trammell. Turner Frierson, IV Burson and Jason Hobgood also rushed to improve the Indian's

Kevin Billington recovered a fumble in the end zone.

	Sc	ore by Quart	ers	
	Haskell	20 14 21		61
	Seymour	7 0 0	0	7
Scoring Summary				
	Haskell		Seyr	nour
	24	First downs		12
	345	Rushes-yds.		135
	81	Passing yds.		91
	4-6-0	Comp-Att-Int	7-	20-1
	1-8	Punts		2-17
	0	Fumbles-lost		3
	5-35	Penalities-yds		1-5

#### Comm. Court meets

The Haskell Commissioners met Oct. 22 with all members present.

Comm. Bud Turnbow announced that the County Fairgrounds needed to be cleaned to ready the facility for the County Livestock Show in January. All commissioners agreed to begin the work at the earliest date possible.

Lou Gilly introduced guests Elaine Houston, District Extension Director-FCS, and Gaylen Chandler, District Extension Director-Ag. Chandler explained the status of the search for a new Extension Agent. Several individuals are interested in the position and interviews will be scheduled soon.

Following the interview process, the court will meet with the top individual to approve or disapprove the individual's hiring. A recommended candidate should be in Haskell within six weeks. The Extension Agent's position has been vacant since last June when Max Stapleton retired.

Ronnie Chapman spoke on the purchase of a new ambulance. The ambulance chassis has been ordered. The box will be outfitted

The courthouse will be closed Nov. 5 for the general election.

# Call Free Press for news photos

Bill Blankenship is taking news photos for The Haskell Free Press.

If you need a news photo, please call the Free Press office at 864-2686 and we will schedule a photographer to meet your needs.



NEW RURAL FIRE TRUCK-Haskell Volunteer Fire Department members took delivery of this 2 1/2 ton, 6 wheel drive vehicle from the Texas Forestry Service last week. Members will begin customizing the vehicle for rural firefighting. Pictured are firemen from left: Danny Stocks, Randy Shaw, Bill Steele and Jerry Stocks.

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# Haskell Co. FCE Council meets

Haskell County Family and Community Education Council met on Oct. 16, in regular session with Chairman, Lena Tidwell presiding.

customers.

For recreation, Jane Smith from Homespun Club read "When God Created Mother," by Erma Bombeck. Kathryn Schonerstedt, secretary, had roll call and the club

given by Lennie Ruth Blankenship. Steadfast ... Over the

The agent, Lou Gilly, reported

The council voted on the Homespun Club to host the stock show in January with everyone

Refreshments were served to club members by Homespun FCE

# Brother, sister compete in McMurry 10K run

brother, Van Josselet, age 43, from Dalhart, competed in the McMurry 10K run on Oct. 26, in Abilene. 83

This was Cathy's first run where

of Mr. and Mrs. C.H. Josselet of

presidents gave reports from their monthly club meetings to council. The minutes were read and approved. The treasurer's report was

Tidwell reported on yearbook committee in the absence of Betty Sanders, that the yearbooks were finished just in time for each club to receive their books.

In the absence of TAFCE chairman, Joetta Burnett, Dolores Medford reported of a leader training meeting in Wichita Falls on Nov. 19 and would like for a large group to attend, as the state meeting will be held in Wichita Falls in September this year.

that Haskell County is hosting the District Gold Star Banquet this year. National FCE dues need to be turn in to Burnett. Gilly also said we have a new county extension agent selected to take Max Stapleton's place.

working together.

Cathy Bartley, age 47 and her participated.

she came in 3rd place in her age group, 40-49. Van has run in several different runs and he received 4th place in his age bracket, 40-45.

Cathy and Van are the children

# **Obituaries**

#### Charles W. Smith

Services were held for Charles W. Smith, 65, of Abilene, Thursday, Oct. 24 at Pioneer Drive Baptist Church in Abilene with Dr. George Gaston officiating. Burial was in Cedar Hill Cemetery directed by Elliott-Hamil Funeral Home.

Mr. Smith died Tues., Oct. 22, at an Abilene hospital. Mr. Smith was born in Haskell where he graduated from high school. He moved to Abilene from Haskell 31 years ago, and retired after 17 years of employment with West Texas Wholesale Supply as a truck driver. He married Daisy Harrell Smith in

Services were held for Anna Clara "Annie" Goebel, 85, Thurs., Oct. 24, at the Trinity Lutheran Church in Haskell with the Rev. Gary Bruns, and Bro. Vance Roberts officiating. Burial followed in Willow Cemetery under the direction of Holden-McCauley

Funeral Directors. Mrs. Goebel died Mon., Oct. 21 in Rice Springs Care Home in Haskell. She was born June 23, 1911 in Throckmorton County. She married Richard Kretschmer Oct. 3, 1937 in Throckmorton. He preceded her in death on Mar. 16, 1951. She later married Clarence Goebel, July 27, 1968. She was a lifelong resident of the Irby Community where she worked as a farmer, homemaker and a seamstress. She was a member of the Sons of Hermann Lodge, and the Trinity Lutheran Church where she taught Sunday School for over 50 years.

Survivors include, her husband, Clarence Goebel of Haskell, one son, Leon Richard Kretschmer and his wife, Melba of Haskell; one daughter, Kathryn Ann Medford and her husband, Bobby of Haskell; one

Services were held for Leo Monse, Sr., 94, of Sagerton, Fri., Oct. 25 at the Faith Lutheran Church in Sagerton with the Rev. Jeff Zell officiating. Burial was in Old Glory Cemetery in Old Glory under the direction of McCauley-Robison Funeral Directors.

Mr. Monse died Wed., Oct. 23, at a Haskell nursing home. He was born on July 10, 1902 in Lavaca County. He married Minnie Brand on Oct. 25, 1927 in Orange Grove. He had been a member of the community for 50 years. He was a farmer, welder and a blacksmith. He was a member of the Sons of Hermann Lodge and the Faith Luterhan Church.

Survivors include, his wife of Sagerton; three daughters, Isabell Mrazek of Aspermont, Doris Pinkerton, on Mar. 24, 1951 and was a member of

Pioneer Drive Baptist Church. Survivors include his wife, Daisy Smith of Abilene; three sons, Jerry Don Smith, Greg Smith and Charley Ray Smith of Abilene; two daughters, Linda Kay Beckham of Midwest City and Susan Kendall of Fort Worth; his father, Charles E. Smith of Haskell; a sister, Danna Hooper of Austin; nine grandchildren; and several nieces and nephews.

Memorials may be sent to the American Cancer Society, P.O. Box 41, Abilene, TX 79604.

stepson, Ray Goebel and his wife, Linda of Athens; four brothers, Fritz Steifath of Throckmorton County, Henry Steinfath of Levelland, August Steinfath, Jr. of Lubbock and Albert Steinfath of Plainview; four sisters, Minnie Blair of Plains, Lena Steinfath of Levelland, Selma Follstaedt of Haskell and Alma Zelisko of Waco; 7 grandchildren, Lori Renee Acosta of San Angelo, John Vance Roberts of Sudan, Pauline Benson of Athens, Walter Goebel of Yuma, AZ, Edgwyna Poteet of Haskell, Jeff Medford of Haskell, and Bobby Medford, Jr. of Amarillo; and 10 greatgrandchildren.

She was preceded in death by one brother. Willie Steinfath; one sister, Frieda Steinfath; and one grandson, Mitchell Gus Roberts.

Pallbearers were David Follstaedt, Royce Blair, Larry Zelisko, Sam Steinfath, Ronnie Steinfath and James Wittenborn.

The family request memorials be made to the Trinity Lutheran Church in Haskell.

#### Leo Monse

Lehrmann of Rule and Geneva (Mrs. Virgil) Vahlenkamp of Denton; one son, Jack Monse of Sagerton; two brothers, Albert Monse of Yoakum, Gus Monse of Ballinger; 13 grandchildren and 21 greatgrandchildren.

He was 1 of 15 children and was preceded in death by nine brothers, three sisters and one granddaughter.

Pallbearers were his grandsons, Franklin "Bubba" Mrazek, Jr., Tommy Mrazek, Ricky Lehrmann, Randy Lehrmann, Virgil "Bud" Vahlenkamp, Charles Vahlenkamp, John Vahlenkamp and Dewayne Monse.

The family request memorials to the Faith Lutheran Church, Sagerton, TX 79548.

# Michelle King

Graveside services for Michelle King, 16, of Round Rock were held Thurs., Oct. 24, at Palm Valley Cemetery. The Rev. Elroy Haverlah officiated. She died Mon., Oct. 21 in an automobile accident near Cedar

Miss King was a junior at Round Rock High School.

She is survived by her mother, Nancy Leek, and her husband, Tim, of Round Rock; father Thomas King of Haskell; very special friend, Jennifer Johnson; grandfather, John Leek of Haskell; grandmother, Alma Leek of Abilene and numerous friends.

Arrangements were under the direction of Beck Funeral Home.



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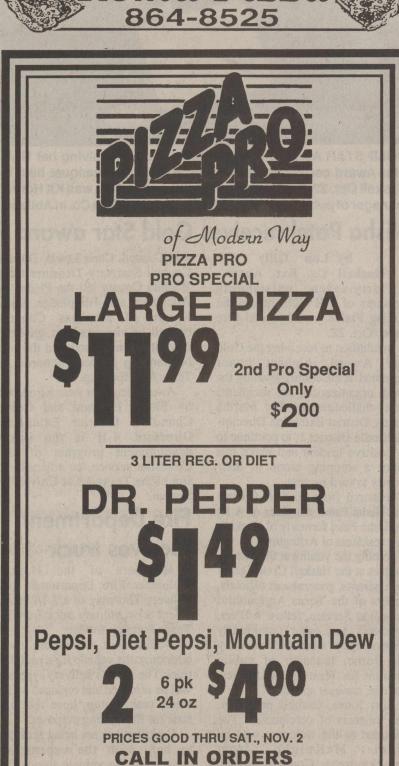
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# Joan Sanders

Services were held for Dr. Joan Elizabeth Sanders, 49, of Austin on Tues., Oct. 22, at Weed-Corley-Fish Funeral Home in Austin. Burial followed at Austin Memorial Park Cemetery.

Dr. Sanders died Oct. 21, 1996, from cancer. She was born on Aug. 3, 1947, to David C. and Betty A Sanders. She was an educator by profession, having earned three degrees from the University of Texas. She started her career as a teacher of first graders in Odessa Public Schools, where she later served as an elementary principal. Upon completion of her doctorate degree, she accepted a teaching position in the College of Education at Louisiana Tech University in Ruston, Louisiana. She was honored in 1995 by being selected as a "Quest for Quality Fellow for Excellence in Teaching" at Louisiana Tech University. In 1996, she was nominated by her students and recognized in Who's Who Among America's Teachers. These awards reflect the high level of professional skill Dr. Sanders possessed. She was a member of a number of professional organizations including Delta Kappa Gamma, Phi Delta Kappa and Kappa Delta Pi. She served as faculty sponsor for Kappa Delta Pi chapters at both the University of Texas and Louisiana Tech.

Surviving Dr. Sanders are her mother, Betty Sanders; her brother, David Scott and wife, Sylvia and their three children, Rebecca, Erin and David Austin. All reside in Austin.

She was preceded in death by her father, Dr. David Sanders and grandparents, A.J. and Saphronia Sanders and Melvin and Viola

Joan's father, David C. Sanders was a native of Weinert and a graduate of Weinert High School.

His siblings still reside in Weinert and include his brothers, Eddie, R.S. and Alton; and his sister, Myrtle Phemister. Several cousins and other relatives also survive Joan's passing.

Kenneth and Brenda Sanders were in attendance at Joan's memorial services on Tues., Oct.

Memorial contributions may be made to the Christian Student Center, 2300 Woodward Ave., Ruston, Louisiana; The American Cancer Society or Hospice Austin.



COLE CALLAWAY - CRYSTAL BRADY

# Calloway, Brady to wed

Mr. and Mrs. George K. Brady of Lubbock announce the engagement of their daughter, Crystal Gail Brady, to Nathan Cole Callaway. Callaway is the son of Mr. and Mrs. Hollis Callaway of Haskell.

The bride-elect is the granddaughter of Maudie McFadden and the late A. D. McFadden of Haskell and Henry and Leta Brady of Merkel. The prospective bridegroom is the grandson of Travis and Alma Solomon Jr. and H R. and Julia Callaway Sr. all of Haskell.

The couple plans a March 15 wedding in Southwest Baptist Church in Lubbock.

Brady is a 1994 graduate of Coronado High School and is attending Texas Tech University studying nursing. She is employed at the YWCA in Lubbock.

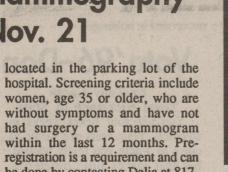
Callaway is a 1991 graduate of Haskell High school and is attending Tarleton State University studying Ag Business. He is employed by Texas Boll Weevil Eradication Foundation in Haskell and also farms.

# HMH sponsors mammography screening day Nov. 21

The American Cancer Society recommends all women, age 35 and older have a screening mammogram. Breast cancer is the leading cause of death in women and statistics show that one in nine women will get breast cancer. The best protection for breast cancer is still early detection.

Haskell Memorial Hospital will sponsor a Mammography Screening Day on Nov. 21. The hospital will be providing the service through Bethania's Mobile Mammography Van and will be

without symptoms and have not had surgery or a mammogram within the last 12 months. Preregistration is a requirement and can be done by contacting Delia at 817-864-2621.





GERALD STANFORD - MILISSA PAYNE

# Stanford, Payne set date

Milissa Michele Payne and Gerald Robert Stanford, both of Haskell, are announcing their engagement and approaching marriage.

Payne is the daughter of Robert Payne and Patty Payne, both of Haskell. She is a 1991 graduate of

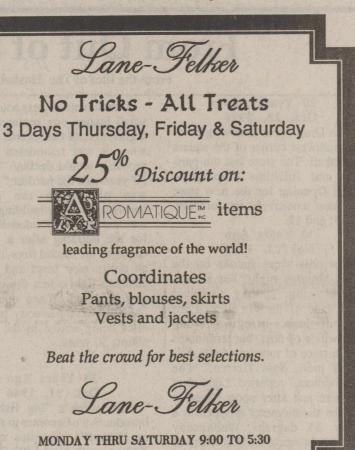
Hastell, Texas 79521

Paint Creek High School and is employed by Haskell Memorial Hospital.

Stanford is a 1983 graduate of Stamford High School is employed by Allsup's in Rule.

The couple plans a Dec. 7

The couple plans a Dec. 7 wedding.



Phone 817-864-2266

The HASKELL FREE PRESS-Thursday, October 31, 1996-Page 3



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# hospital will be providing the service through Bethania's Mobile Mammography Van and will be Pizza party held for homemakers

The Haskell Young Homemakers had a meeting Oct. 7, at the East Side Baptist Church fellowship hall. Everyone enjoyed pizza from Roma's Pizza. Hostesses were Laurie Irby and Michele Copeland. Members decorated t-shirts to wear at the Arts and Crafts Show Nov. 9.

Dalyn Griffith won the new member door prize and the regular door prize. Other members present include: Amanda Hadaway, Donna Waggoner, Tina Adams, Rhonda Hanson, Deanne Morgan, Norma Richardson, Tracy Frierson, Jacklyn Wheatley, Michelle Dunnam, Sandy Williamson and Kim Bassett.

The next meeting will be Nov. 4 at 7:00 p.m. at the Haskell National Bank Building. Hostesses are Deanne Morgan, Kim Bassett and Norma Richardson. Final plans will be made about the Arts and Crafts Show.



# OPINION



#### HIGHLIGHTS

By Lyndell Williams & Ed Sterling TEXAS PRESS ASSOCIATION

The U.S. Census Bureau confirmed last week that Texas is growing and won't stop anytime

Agency statisticians predict that from 1995 to 2000, Texas will gain 1.4 million residents, the largest net population gain in any state. Texas stands to pick up two seats in Congress after the 2000 census is conducted, if the predictions come true.

Following Texas are Florida, 1.1 million; California, 932,000; Georgia, 674,000 and North Carolina, 582,000.

Also, the Census Bureau predicted, Texas will grown 8.5 million residents by the year 2025, bringing the state population to about 27 million. And, by then, 4.5 million Texans will be 65 and

It's time to plan for the large number of people who will be near retirement age as the first quarter of the next century ends. Paul Campbell, a demographer with the Census Bureau, told the Austin American-Statesman. We must prepare by investing in quality nursing homes and health facilities.'

'Tomorrow' Fund Rate Increase

State Comptroller John Sharp announced last week new rates for prepaid college tuition to be offered beginning Nov. 18, the first day of the Texas Tomorrow Fund's next

enrollment period. A prepaid tuition contract paid in a lump sum today for a class of 2019 graduate will cost \$9,625.98, according to figures provided by the Texas Prepaid Higher Education Tuition Board, which controls the

Texas Tomorrow Fund. The new rate, which reflects in part the rise of required fees at the state's public four-year universities, is about 16 percent higher than last

"When Sir Isaac Newton said that what goes up must come down, he obviously wasn't talking about college costs," Sharp said. "That's why this plan makes so much sense. It's a great way to beat

tuition inflation." The fund, sponsored by Sharp and approved by the state Legislature in 1995, allows families to lock in the costs of their children's future college tuition.

The new rates cover more credit hours, with the four-year public university plan expanded from 120 hours to 128 hours.

Uptick in Reported Crime The number of crimes reported in Texas during the first half of 1996 increased 4 percent over the first half of 1995, according to the Texas Department of Public Safety. The increase is also reflected in the crime rate, which increased 2.1

"This is the first increase we have seen in four years," said DPS Director Dudley Thomas.

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called to the attention of the publisher

percent over the period.

"This is certainly a matter of concern, but crime figures tend to fluctuate, and this may or may not indicate a trend," Thomas told the Houston Chronicle. "The volume of crime in Texas is still down 18.2 percent compared to the first six months of the peak year of

The only major crimes to decline were murder, down 13.3 percent, and robbery, down 1.9

Thumbprint Program Works

Texas Bankers Association says the amount of noncustomer check fraud being reported by Texas banks has dropped 71 percent since the Thumbprint Signature program was initiated last December.

One hundred and 70 financial institutions in the state require thumbprints of nonaccount holders who request check-cashing services. Many retailers also used the

Customers who have accounts at participating banks are not required to give their prints.

"We don't have to rely on the memory of a teller viewing a police lineup," said Mark Smith, a detective with the Austin Police Department's forgery unit.

"In the past, it could take as long as six weeks-if at all-to identify (fraudulent check writers). With Thumbprinting, the process can now take less than 48 hours."

Convict Labor Improves

Parks and prison officials report that convict labor provided more than \$2 million worth of work in maintaining and restoring state parks in the past year.

Prisoners worked at 23 state arks, 12 wildlife management areas and one state fish hatchery.

The Parks and Wildlife Department said that prisoners contributed 304,164 hours of work, valued at \$2.12 million, during the fiscal year that ended Aug. 31.

Allan Polunsky, chairman of the Texas Board of Criminal Justice, said, "We find that the vast majority of inmates respond very positively to the opportunity to do something worthwhile for society."

Other Capital Highlights \*Gov. George W. Bush names a state jail in Humble for Pam Lychner, an "absolute warrior" for victims rights who died in the TWA flight 800 crash in July. A victim of a brutal assault herself, Lychner founded Justice of All in 1993 to campaign against early release of prisoners and for programs to aid victims.

\*State Farm Insurance agreed to pay some of its Texas policyholders about \$22 million in a dispute with Attorney General Dan Morales over automobile deductibles. About 75,000 policyholders who paid deductibles and were not at fault for wrecks between Sept. 1, 1991, and Feb. 28, 1996, will get back their deductibles plus 10 percent.

TEXAS PRESS



# From Out of the Past

From the files of The Haskell Free Press

20 Years Ago Oct. 28, 1976

The Drug Store is now open of the southwest corner of the square in Haskell. The store has ten parttime and full-time employees. Grand Opening for the new store has been tentatively set for Nov. 10, 11, and 12.

> 30 Years Ago Nov. 3, 1966

Not only were spooks on the loose Monday night, but a cold, hard-blowing, spooky sounding north wind whipped in Haskell just around dusk, bringing along whirlwinds of dust, but terminated with a trace of moisture (only .02) of an inch, Sam Herren, "The Weatherman," reported. Light sleet fell here just after noon, Tuesday and the thermometer dropped to a nippy 24 degrees Wednesday morning, bringing the first freeze of

Scouts of Troop No. 48 spent the weekend at Aggieland Saturday and the trip was a lot of fun as well as educational. They left Saturday morning from the scoutmaster, Wallar Overton's home. Boys enjoying the weekend were Larry Cockrell, Glen Castleberry, Bill Lane, Lee Young, Dale Castleberry, Sam Powell and adults Wallar Overton and Bennie Young.

40 Years Ago Nov. 1, 1956

Haskell's three gin plants had processed 2,934 bales of cotton up to Wednesday noon, representing an estimated 75 to 80 percent of the area's cotton crop, in the opinion of

If inanimate objects could talk, a small leaden box replaced in the cornerstone of the Sherrill Building when it was remodeled recently probably would declare "The first 50 years are the hardest." The box was placed in the original cornerstone of the building when it was laid in 1907. Remodeling plans for the building after a fire had damaged the second floor, called for an entire new front and the box came to light when the old front was removed. When opened, its contents were perfectly preserved after being sealed in the box for

> 50 Years Ago Oct. 31, 1946

almost 50 years.

This week's "big fish" story introduces a newcomer to the ranks of Haskell's disciples of Izaak Walton, with Neal Littlefield now claiming a place in the spotlight with Dean Richmond and Trav Arbuckle. Littlefield, fishing last week at Phantom Lake near Abilene, landed a 20-lb. yellow catfish while fishing for crappie. Others in the party were Postmaster J.M. Diggs and P.G. (Buck) Kendrick, who gave moral support and expert advice during Littlefield's

15-minute tussle in landing the big one on his light tackle.

Oates Fountain Lunch was advertising: Fried Chicken Dinner with potatoes, fresh salad, cream gray, a drink and dessert for \$1; Chicken Fried Steak Dinner with potatoes, fresh salad, cream gravy, drink and dessert for 60¢; and a

Special Fountain Breakfast with tomato juice, one egg, toast, jelly, coffee and bacon or sausage for 45¢. 100 Years Ago

Nov. 7, 1896 Will Hills came near a serious accident Thursday night. He was in a carriage driving a spirited team, going to bring a bridal party to the church, when in turning a corner, he ran against a post and shattered a

wheel. A runaway was only averted by the doubletree breaking and releasing the team, which he succeeded in holding.

# Shop around for best credit card terms

by Lou Gilly, Haskell Co. Ext. Agent

With all of the competition in the credit card industry today, consumers can shop around for the best terms, said a family economics specialist with the Texas Agricultural Extension Service.

Sometimes, credit card companies will change the kinds of fees that they are charging customers, perhaps reducing the grace period for receiving payments or instituting late fees for late payments, said Dr. Joyce Cavanagh, family economics specialist.

They will notify their customers, she said, but often it's in fine print. Consumers need to be alert to the information that they are receiving in their credit card statements and read the entire document.

"If one of their credit card companies changes the terms and the conditions of their agreement, then they can shop around for another credit card with better terms," Cavanagh said.

Some people have been successful in calling their credit card company and getting them to lower their interest rate by telling them they had gotten a better offer from another company, she said. Some companies charge no annual fee and that can be used as leverage, she said.

She also suggested that consumers reduce the number of credit cards to one or two.

"It makes it easier to keep track of what you're charging on a monthly basis," Cavanagh said. "Most department stores and gas stations accept major bank credit cards, so it's not really necessary to have those kinds of cards.'

"This is just a way of simplifying and keeping better

track of what you're charging on a monthly basis," she said.

# Vote '96-Don't be a no-show

Texas Secretary of State

You get your ticket weeks in advance. Your seats are never as close as where you really wanted, but that makes little difference. After all, your ticket not only means you see the action, it guarantees you're part of it. Then you notice some prime seats where no one will sit. Who gets a ticket to a big event and then opts not use

In attendance-keeping, they are known as the "no-shows." People who buy tickets and then for some reason don't attend. No-shows can prevent an event from touting itself as an official sellout. For that reason, you'll hear boos, hisses, and catcalls when the number of no-shows is announced at some sporting events.

In many respects, Texas elections vary little from this scenario. You get your voter registration card (your ticket) weeks in advance. Most of us are never as close to the political action as we'd like, but on election day that makes little difference. Our vote makes each and every one of us a vital part of the action.

And like any big event, organizers always hope for a 100 percent turnout (a "sellout," if you will) on election day. However over the years, the political arena has been anything but full. Empty seats are easy to find.

So where are the "Boos" for the ' no-shows on election day?

Let's face it. Booing the election day no-shows is no longer fashionable. Yes, it's certainly chic to complain about "the system," but taking an active role in changing it? That's for the other guy to worry about. The right to vote, once a patriotic duty, has become as important to some people as a weekend chore that never seems to get done. "Yeah, yeah. I'll do it-if I get around to

With 1996 being a Presidential election year, that fact alone should be enough to spark voter interest

across our state. And considering Texans will also have the final word on one U.S. Senate seat, all 30 Congressional seats, all 150 seats in the Texas House and approximately half the seats in the Texas Senate, you can understand

participation is as important as

However if a 20-year trend holds, more than a quarter of the registered voters in Texas will opt to sit out this Presidential election year. In hard numbers, that's more than two-and-a-half million people. Since 1976, voter turnout in the November General Election has surpassed the 70 percent mark only once. As Secretary of State, that's a trend of voter apathy that disturbs

Upon being appointed by Governor George W. Bush, my goal has been to continue the strong legacy of my immediate predecessors in the area of voter registration. Secretaries of State including Jack Raines, George Bayoud, John Hannah and Ron Kirk have all worked to assure every Texas eligible to vote gets the chance to register to vote.

Passage of the National Voter Registration Act has made registration a relatively simple process. A record 10,540,678 Texans are registered to vote this election year, representing approximately 77 percent of the eligible voting population. With registration made easy, the challenge is now on assuring those registered to vote will show up at the polls.

The answer to voter apathy has proven elusive. Feelings of isolation from government, negative campaigns, the overwhelming number of elections have all contributed to the problem. All have added to the perception, "What does it matter?"

If you are concerned about how state and federal government utilize your tax dollars, your vote is crucial. If you consider jobs and the economic future of our children a priority, your vote is significant. In 1996, as in every election, your vote still matters.

Democrat or Republican, Libertarian or Independent: your political affiliation is not the issue. What matters is that you let your voice be heard on election day. The sounds that resonate from the ballot box are ones that cannot be ignored in Washington, in Austin, in county courthouses or in city halls.

Your voter registration card is your ticket. The political arena has plenty of seats. With so much riding on the outcomes in 1996,

# Letters to the Editor

gin operators.

A few weeks ago the Haskell Free Press stopped running events that happened 60,70,80 and 90 years ago in the From Out of the Past section. The reason given was that some people did not care to read what happened long ago because they didn't know who the people were that they were reading about. I do not know those people either. How could I, as these people and events happened long before I was born. But, as a member of our Haskell County Historical and Genealogical Society, I find that section to be the most interesting part of your newspaper and looked forward to reading it every week. I even cut each one out and save them for future reference for historical value.

If some of your readers do not wish to read about events and people who made up the history of this county (a vast open prairie over 100 years ago) they can skip the part they don't wish to read and let the rest of us enjoy it.

What we in the Historical and Genealogy Society are trying to do is research and preserve the history of this county, and the Free Press is a valuable source of information for us.

readers this valuable source of information just because a few do not wish to read it. The people who do not wish to read it can skip over it and let the rest of us enjoy it. After all, if it were not for these pioneer people who risk many hardships to settle this area, it would not be possible for any of us to enjoy what we have here now. Sincerely,

Wanda Dunnam Ham

Dear Editor: The Haskell Lions Club would like to acknowledge everyone who supported this year's Pancake Supper. Thanks to those who bought tickets, provided publicity (Haskell Free Press, KVRP Radio and Harmon Cable) and who donated items (M-System, Modern Way and DeCoty Coffee). The funds will be used for various Lions Club projects and local service undertakings.

Thank you, Donnie Rieger Projects Chairman Haskell Lions Club

To the editor:

Lane-Felker would like to take this opportunity to thank all the people who donated cakes for the cakewalk held at the Chamber

# HASKELL VS HOLLIDAY AT HASKELL - FRI., NOV. 1<sup>ST</sup> - 7:30 P.M.



# 1996 HASKELL INDIANS

Front row: 62-Tony Fuentes, 81-Josh New, 17-Lyle Fouts, 36-IV Burson, 80-Matt Blanks, 60-Chris McSmith, 48-Tim Masias, 11-John Abila. Middle: 61-Billy Bible, 10-Will Trammell, 88-Kevin Billington, 20-Philip Huff, 71-Brandon Rodela, 21-Jim Crawford,

22-Turner Frierson, 44-Jason Hobgood. Back: 25-Corey Breckel, 73-Michael Rodriquez, 85-Eric Guadalcazar, 82-Jason Briles, 64-Chancey Pogue, 34-Elvis Gonzales, 66-Joseph Andress, 75-Shane Steele.

This Page Sponsored By The Following Indian Boosters

Steele Machine **Larned Sales Center** Haskell Co-op Gin **Pogue's Meat Processing** Cecil's Country Meat Mkt. & Groc. Video Mania Sonic **Country Daizie Personality-Slipper Shoppe** Nemir's Fieldan Inn Haskell Free Press **Jay's Tire Center** Haskell Tire & Appliance **Boggs & Johnson Furniture Brian Burgess State Farm Insurance** 

**Hartsfield Insurance Agency Rodela Plumbing Double A Drive Inn** First National Bank **Hanson Paint and Body** Haskell Butane Haskell National Bank **M-System Supermarkets** McGee's Lumber Yard Medford Buick-Pontiac-GMC Holden-McCauley Funeral Home F & D Electronics Sport-About The Sweet Shop Bill Wilson Motor Co. Lane-Felker

Haskell Save A S **Eddie Briles-Lindsey Insurance Modern Way Food Store B&B** Automotive Richardson Case-IH **Jordan Claims Service** G & G Carpet **Burkett's Family Restaurant Eddie's Welding** Heidenheimer's **Josselet Farms** Hatahoe **Rice Springs Care Home** Haskell Healthcare Center **Carousel Gift Shop** Wal-Mart

**Public Notice** 

Pursuant to Tex.Rev.Civ.Stat.Ann. art. 1446e, § 5.08 (1996) Lone Star Gas

Company and Lone Star Pipeline Company, Divisions of ENSERCH Corporation,

and ENSAT Pipeline Company (collectively referred to as "Applicant") hereby give

notice of intent to change the city gate rate of Lone Star Gas Company estab-

lished by Order of the Railroad Commission of Texas in Gas Utilities Division

the rate approved in GUD 3543. The MCGRC recovers the costs of purchasing,

storing, and transporting gas to the city gates, including an adjustment provision

to recover the carrying cost of working gas in storage. Applicant also proposes

transportation and storage rates for city gate deliveries with tracking clauses to

is a major change, and will result in an increase in annual revenues of approxi-

mately \$24.2 million or 4.8 percent (4.8%). The customers affected are the 1.3

million residential and commercial customers in Texas served by Lone Star Gas

Company under the rates established by the local regulatory authorities in the

A statement of Intent to make such change has been filed with the

Lone Star

Pipeline Company

At Door \$18

BYOB

Coolers \$1 & \$3

NO

TABLE

RESERVATIONS

1405 W. 277

Stamford, TX

Railroad Commission of Texas in GUD 8664 and is available for inspection at

the Commission's office in Austin, Texas and at the offices of the Applicant in

STIAL CHEHIALH:

Welcomes ...

DOUG SUPERNAW

November 2, 1996

Doors Open 8:30

Shear Expression-Seymour 915-773-3545

municipalities and the Railroad Commission in the environs areas.

The proposed effective date of the change is November 29, 1996. The change

Applicant proposes a Monthly City Gate Rate Calculation (MCGRC) to replace

# Around Town

Visiting all last week with Eunice Sonnamaker was her sister, Hazel Bland from Yoakum and Sophia Hix from San Antonio.

Mr. and Mrs. Bill Shaw visited with his mother, Bertie Shaw in Burnet and also Bill's sister and brother-in-law, June and Denzal Owens of Berthem.

Darlene Cummins of Abilene and Pat Kiddney of El Paso visited their mother, Neat Bevel over the weekend.

Kristy Derrick of Lawton, OK

recover fuel and lost and unaccounted for gas.

♦ Lone Star Gas

**Advance Tickets \$16** 

Tickets Sold:

Dandy's-Abilene

Heads or Tails-Haskell

Stamford Beverage Barn

Outlaw Attitude-Stamford

Penman Propane-Rochester

came to her grandparents, Mr. and Mrs. Paris Barton on Friday. She and Erma Liles of Weinert spent the night Friday night. On Saturday, Kristy's parents, who is the daughter of the Bartons, Mr. and Mrs. Kip Derrick and their grandson, Cody Derrick of Ft. Worth came for the weekend. Kristy spent Saturday night with Erma Liles and attended church with her at First Baptist in Weinert. Bro. and Mrs. Barton and Kaye attended First Baptist, Haskell

and all went for lunch at Burketts. Mr. and Mrs. C.E. Tidwell and Dan Burson attended the funeral services of Charles Smith in

By Joyce Hawkins

Mr. and Mrs. Joe Holder and daughter, Gail Holder of Abilene spent the weekend in Bonham visiting with son and family, Mr. and Mrs. Bernie Holder and children.

Hopewell Baptist Church want to thank all their friends and neighboring churches for helping make their church anniversary and homecoming a wonderful success. The anniversary message was brought by Rev. C. Wade, Pastor of the Greater Independent Baptist Church. Scripture was 1 Peter 4:10, Rev. 2:10; and Matthew 16:18. Text was "A Persecuted Church." Other guests there were Sim Chapel, Stamford, Rev. Yarbrough; Union Chapel, Rochester, Rev. Andrews; West Buelah, Munday, Rev. Robinson and Weeping Mary, Anson, Rev. Smith. Host pastor was Rev. J.

Visiting with Frank and Donna

Visiting with Mr. and Mrs. Leroy Duffie was her niece and husband, Mr. and Mrs. Willie V.

### was their daughter, Lakreshia T. from Texas Tech in Lubbock.

Thomas of Hempstead.

# Haskell School Menu

Nov. 4-8 Breakfast

Juice and or truit and milk are served daily on the breakfast menu. Monday: Cereal and cinnamon

Tuesday: Breakfast burrito Wednesday: Sausage and pancake

Thursday: Biscuits with gravy

Friday: Cereal and buttered toast with jelly

Lunch

A choice of baked potato with choice of topping or salad bar plus milk and tea are offered daily at the High School. Milk and juice are served daily at the Elementary School.

Monday: Taco salad, refried beans, grated cheese, lettuce, tomatoes and peach cobbler

Tuesday: Pizza, cole slaw, buttered corn and trosted Jello Wednesday: Chicken spaghetti, seasoned green beans, breaded fried squash, buttered hot rolls and fruit

Thursday: Homemade beef and cheese burrito, pinto beans, tossed salad and Sunshine bars

Friday: Hamburger, French fries, hamburger trimmings and Indian



Wendy Dulaney



Shelly Palacios

# Students visit Rotary Club

Wendy Dulaney is a member of National Honor Society, FCA, CSO, FFA and TMSCA Math and Science.

Her special awards include commended National Merit Scholar. She had served as FFA Haskell Chapter president, secretarytreasurer of FCA and as president of CSO. She was a state qualifier in FFA Range and Crops competition. She is a member of First Baptist

Church in Haskell. Her hobbies include raising a show pig and tennis.

Wendy intends to pursue a major in English or journalism at West Texas A&M at College Station.

Shelly Palacios is the daughter of Conrado and Eva Palacious of

She is a member of National

Honor Society, FFA, band, FCA, and TMSCA Math and Science. Shelly serves as a twirler and FFA Chapter vice-president.

Her special awards include state competitor in range and crops, UIL state participant in twirling ensemble in May; receiving a Division I in District for the past two years; named to Who's Who; and has received numerous FFA awards in teams such as skills, radio, parliamentary procedure and public relations. She has also had a show pig.

Her hobbies include traveling, dancing, singing and playing

She plans to enter the Army for at least two years and start her major. Later she plans to attend Texas A&M and finish as a Linguist for International

# Food Show winners named

by Lou Gilly Haskell Co. Ext. Agent-FCS

The annual Haskell County 4-H Food Show was held on Oct. 14 at the Haskell High School Homemaking Building. Sixteen youth cooks displayed their prize recipes and demonstrated the knowledge they had learned as a result of their foods and nutrition project during interviews with outof-town judges.

The Best Overall winner in each age group was recognized with an engraved 4-H trophy for his/her outstanding work. Anna Rieger received the Senior award. Bergen Peiser was the best in the Intermediate Division and Emery Dudensing, a first-year competitor came out on top in the Junior Division. Each of these 4-H'ers was the first-place winner in their

Other first-place awards were presented to Senior-Shayne McKenzie; Intermediates-Tabitha Coker, Jessica Rieger and Jennifer Smith; Juniors-Abby Dudensing,

Lindsay Reel and Charlie Smith. The first-place winners will represent Haskell County at the District 4-H Food Show to be held in Vernon on November 23.

Second-place recognition went to: Intermediates-Savannah Foster and Katy McDaniel; and Junior-Courtney Buerger.

Callie Thompson was can be made. \*\*\*\*\*\*\*

recognized with a blue award ribbon for having a score above 90.

Six 4-H volunteer foods and nutrition project leaders were recognized. These leaders are Tammy Anderson, Renee Dudensing, Ellen Rieger, Kay Smith, Christie Stapleton and Wanda Thompson.

The Haskell County FCE clubs sponsored the awards for this county 4-H competition.

Youth ages 8 and in the third grade through age 19 who are interested in joining 4-H and becoming involved in a foods and nutrition project are encouraged to contact the Haskell County Extension Office at 817-864-2546. The office is located at 101 South Ave. D in Haskell.

Educational programs conducted by the Texas Agricultural Extension Service serve people of all ages regardless of socioeconomic level, race, color, sex, religion, handicap or national

Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in any activity or meeting sponsored by the Texas Agricultural Extension Service are encouraged to contact the County Extension Office at either 817-864-

2658 or 817-864-2546 to determine

how reasonable accommodations

KIM GUESS BASSETT

**Haskell County Constable** 

Experience Makes the Difference!

BBS in Law Enforcement

Certified Texas Peace Officer

**Advanced Police Certification** 

10 Years Law Enforcement Experience

I would appreciate Your Support and would have

Pol. Adv. Paid for by Kimberlee Guess Bassett \* \* \* \* \* \* \* \* \* \* \* \* \*

no other jobs to interfere with my duties.

# 34 donors registered at Bloodmobile

34 donors attended the bloodmobile sponsored by the Haskell County Hospital Auxiliary Oct. 22 at the Haskell Memorial

Donors include: Connie Amaro. Henry Baxter, Karen Baxter, James Beauchamp, Jo Biba, Margaret Bird, Wallace Bird and Kim Breckel.

Danny Brueggeman, Minnie Camacho, Sarah Cothron, Mary Dewey, Jill Druesedow, Brenda Farber, Cindy Guess, Robbie Harris, and Bryan Harvey.

Dale Huff, L. C. Johnson, Jr., Jerry Klose, Josephine Lewis, Betty Martin, Billie McKeever, Max McMeans, Shannon Myers.

Nean Newton, Patty Payne, Melba Pharr, Verla Price, Bobby Roberts, Janice Smith, Kay Smith and Travis Solomon.

# Rule students attend musical

Several Rule High School students attended the homecoming musical, EVITA, performed by students at Abilene Christian University on Thurs., Oct. 17, at the Abilene Civic Center. Bobby Robinson sponsored the group, which included Erika Sanders, Cinda Martinez, Lindsay Pike, Michael Hunt, Justin Custer, Austin Boger, Jay Louder and Stephen Kittley.

Some of the same students are also planning to attend the dress rehearsal of McMurry University's homecoming musical, Crazy for You, on Thurs., Oct. 24, in Abilene. The production will feature former RHS actress, Tempa (Wofford) Sherrill, who graduated in 1984. Tempa, drama teacher at Abilene Wylie Junior High, has been in numerous productions in Abilene and Snyder in the past several years. She is also a McMurry graduate, as is Mr. Robinson.

# Hospital

Admissions Carl Barton, Goree Frieda Knipling, Sagerton Vivian Smith, Rule Viola Brueggeman, Haskell Dismissals

Ruby Melton, E.M. Derr, Rose Leonard, Mable Hodge, Bonnie Mason, Joe Gray, Reba Wheatley

# **Paint Creek** School Menu

Nov. 4-8 Breakfast Milk and juice are served daily. Monday: Muffins Tuesday: Cinnamon Toast Wednesday: Biscuits with gravy Thursday: Eggs, ham, toast Friday: Donuts

Milk is served daily. Monday: Corn dogs, tator tots, salad, jello with fruit Tuesday: Tuna, bologna, peanut

butter sandwiches, lettuce, cheese, chips, pork-n-beans, pickles,

Wednesday: Spaghetti with meat, green beans, fried okra, chocolate pudding, garlic toast Thursday: Hamburgers, fries, lettuce, tomatoes, onions, peaches Friday: Taco salad, nachos with cheese, lettuce, tomatoes, beans, ice cream

# North Texas Ophthalmology Associates...

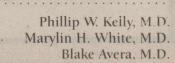
...is pleased to announce the opening of a satellite clinic staffed by Dr. Blake Avera for Seymour and surrounding communities. Located at Seymour Hospital Clinic Building at 201 Stadium Drive. The clinic will be open one Saturday each month on the following dates:

November 23 and December 14

For further information OR to schedule an appointment, please call our home office in Wichita Falls at 817-723-1274 or 1 800-327-1675 and ask about our new Seymour Satellite Clinic.



Blake Avera, M.D.

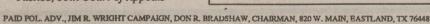


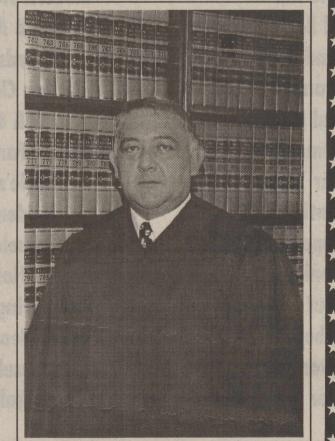


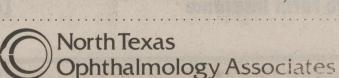
Judge Jim R. Wright, is currently serving as Justice, 11th Court of Appeals. Jim is seeking to continue to serve in that position and is on the ballot for the November election. Before Judge Wright began serving on the Court of Appeals, he served in the trial court for over 15 continuous years as District Judge. Judge Wright, graduated from Eastland High School, earned his undergraduate degree from North Texas in Denton and graduated with high honors from Texas Tech University School of Law in 1971. The 11th Court of Appeals covers this area and is very important to the 23 counties it serves.

"I began serving as Judge of the 91st District Court in December 1979. I served in that capacity continuously until April 1995 when I was appointed to fill an unexpired term on the 11th Court of Appeals. I continue to serve as Justice on the 11th Court. I am asking for the opportunity to continue to serve you on the Appeals Court. I make no promises other than to continue to uphold the laws of this great Nation and State in a fair, equitable and efficient manner. Thank you very much for your consideration and continued support."

Judge Jim R. Wright Justice. 11th Court of Appeals







The market at the Haskell Livestock Auction was on a run of 1625 head of cattle at its sale on Saturday, Oct. 26, 1996, according to Gary Tate, reporter.

The market was fully steady on all classes of stocker and feeder cattle. Packer cows and bulls \$1 lower. Good interest in young pairs and springers. 200 young crossbred cows and 300 400-600 weight weaned steer calves consigned 2

Cows: fat, .26-.31; cutters, .24-.325; canners, .15-.25.

Bulls: bologna, .35-.42; feeder, .45-.55; utility, .25-.35.

Steers: medium and large frame No. 1 200-300 lbs., .65-.75; 300-400 lbs., .55-.75; 400-500 lbs., .55-.65; 500-600 lbs., .54-.62; 600-700 lbs., .52-.585; 700-800 lbs., .50-.585; 800-up lbs., .45-

Heifers: medium and large frame No. 1 200-300 lbs., .55-.65; 300-400 lbs., .48-.56; 400-500 lbs., .48-.57; 500-600 lbs., .45-.55; 600-up lbs., .42-.55.

Bred Heifers: medium frame, \$350-\$450.

Bred Cows: young to middle aged, \$450-\$585; aged or small,

Cows with calves: medium frame No. 1 young and middle aged \$550-\$720; small or aged, \$350-

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GOT 'EM-Haskell's Elvis Gonzales #34 puts a smack on Seymour's pitchman during Friday night's game. Haskell drilled the Panthers 61-7. Photo by Bill Blankenship

# McCaulley Daze set

The McCaulley Recreational Development Cooperation will sponsor the McCaulley Daze on Sat., Nov. 2, from 8 a.m. to 5 p.m. on the old school grounds. A flea market will be held starting at 8:00 a.m. Spaces are available for rent outside as well as inside the Community Center.

For more information or to reserve a space at the flea market. please call Marianna at 915-735-

# It s Our 6th **Birthday Blowout!**

Texas Cellular is celebrating six years of dependable service by giving you the state of Texas and much more.

For a short time only, we're waving activation charges and giving 2 months free service on all new activations.

Yep! That's right!

• Free Activation (a \$20 Value)

• 2 Months Free Service (up to \$180 Value)

So call anytime or drop by a convenient Texas Cellular dealer. We have many plans to fit your needs, some plans with monthly fixed rates starting as low as \$20. And, if your wish is for cellular communications bigger 'n all of Texas, then take advantage of our Sixth Birthday Blowout Special on right now!



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1-800-424-7182

# REVIVAL

The HASKELL FREE PRESS-Thursday, October 31, 1996-Page 7

November 3-6 Nightly Services 7 p.m. Dr. Bill Stayton, Evangelist from Carrollton, TX

# **Trinity Baptist Church**

100 S. Ave. D ~ Haskell

Public is cordially invited to attend



Haskell, Texas

Most of you have probably either met me or have heard of me by now. I am not

going to write up another big production of my qualifications for this job.

Good thru Nov. 7, 1996

I believe in hard work, honesty and being fair to everyone. I plan to be a full-time Commissioner and will not ask any employee to do something I would not do myself. My brother and I have built a successful construction business from scratch, so I know a lot about working with the public and running a business on a budget. I have built more roads than I can even recall.

I apologize to anyone I missed seeing and visiting with. I give my word to each of you that

if I become Commissioner, I will do everything to the best of my ability. I would appreciate your vote on Nov. 5 Thank you.

> Sincerely, Duke Pendergraft Candidate for Commissioner, Precinct 3

Hi. My name is Duke Pendergraft. I am a candidate for Haskell County Commissioner, Precinct 3.

# VOTE FOR DUKE PENDERGRAFT, COMM.

MARGERY SEARL

# Margery Searl retires from FSA Office

Margery Hitt Searl of Rochester ends 20 years of service with the Haskell ASCS/FSA Office November 1. She will be honored with a come and go retirement reception Oct. 31 at the FSA Office from 8 a.m. to 5 p.m.

Searl began her career June 7, 1976 in the Haskell County Office as a Program Assistant hired by current CED, Glenn R. Brzozowski. She has been assigned various duties including specializing in compliance and bankruptcy cases.

She has been involved in and around farming all her life which allows her to relate to the constant changes in producers farming operations and struggles they face with the ever changing programs and regulations.

Searl plans to spend her free time with husband Eddie on the golf course and traveling. She has a daughter, Riva and Ron Johnson, and one granddaughter, Jenna, a senior at Gallatin High School. They live in Gallatin, Tenn.

# Munday Chamber sponsors Quilt Show Nov. 2

It's the biggest cotton pickin' quilt show to hit these here parts in a while, ya'll! With over 107 quilts on display the pickin's should be ripe for a good time at The Munday Chamber of Commerce and Agriculture's Knox Prairie Cotton Pickin' Quilt Show on Sat., Nov. 2, at the Munday Elementary School. Doors will open at 10:00 a.m. with activities lasting until

This unique event promises to be a true one-of-a-kind! The

gymnasium will be transformed into an antique prairie home divided into different rooms including a baby's room, sitting areas, bedrooms and even a garden-all beautifully decorated with quilted entries of the show and highlighted with wonderful antique furniture generously supplied by Munday's antique dealers. Visitors will want to linger and take in every detail of

Along with over one hundred quilts on display, there will be quilt tops, antique quilts, and small quilted items to purchase at the sales booth. Various quilting techniques will be taught throughout the day by Mrs. Louise (Jacobs) Summerville, a former will be quilting on a frame where you are invited to stop by and add your own stitch. You will also have the opportunity to purchase a

chance on two donation quilts-one was made and donated to the Child Welfare Board by Mrs. Dixie Elliott of Goree and the Knox City FCE Club will offer chances on their own beautiful creation.

The Cotton Pickin' Cafe will be open in the school cafeteria where Chamber ladies will be serving up hot Cotton Pickin' Chicken Pot Pie, salads and rolls, with assorted homemade Cotton Pickin' Calories available in a wide array of desserts. Cost of the meal is \$4.00 and will be served from 11:00 a.m. until 1:30 p.m.

The Chamber of Commerce and Agriculture promises you a full day of quilting happiness for only \$2.00 at the door. You won't want to miss this one, so be ready to enter the Munday Elementary gym at 10:00 a.m. on Sat., Nov. 2, have lunch in the Cotton Pickin' Cafe, and enjoy the Knox Prairie Cotton Pickin' Ouilt Show to your cotton pickin' hearts delight.

#### A LACK OF FAITH IS A HANDICAP WE CAN ALL OVERCOME Munday resident who now makes her home in Wichita Falls, and Mrs. Penny Winchester of Munday



We try to help people who are handicapped in some way, by reserving convenient parking spaces for them and building special facilities to accommodate

them. In some less visible ways, however, we are all handicapped. It may be by unwarranted fears and superstitions, insensitivity to others' feelings, a weakness that allows us to succumb to temptations, and so on. Regardless of our physical

condition, perhaps the worst handicap of all is lack of faith. Whether we realize it or not, we should all learn what God's love can do for us. As we grow older, various infirmities will begin to chip away at us. and we will need help and courage that only faith can provide. Not knowing the joy and comfort of faith is the worst handicap of all, but it is one that each of us canovercome, if we try.

#### ATTEND CHURCH THIS SUNDAY

This Week's Devotional Message:

-HASKELL-East Side Baptist Church David Page, pastor Sun. Mom. 9:45 a.m., 10:55 a.m. 6 p.m.; Wed. 7 p.m. 600 N. 1st East, Haskell Christian Church Frank Summers, preacher Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m.

107 N. Ave. F, Haskell Church of God Eric Clark, pastor • 864-2021 Sun. 9:45 a.m., 11 a.m., 6 p.m., Wed. 7:00 p.m. East Hwy 380, Haskell Trinity Lutheran Church Gary Bruns, pastor

Sunday School 9:30 a.m., Worship 10:30 Hwy 380 East, Haskell Iglesia Bautista El Calvario Vergil Smith, interim pastor Sun. Morn. 9:45 a., 10:45 a.m., 6 p.m.; Wed. 7 p.m. 607 S. 7th, Haskell

First United Methodist Church Sidney Parsley, pastor Sun. Morn. 9:45 a.m., 10:50 a.m. 6 p.m.; Wed. 6 p.m. 201 N. Ave. F, Haskell First Assembly of God

Rev. J.C. Amburn Sun. Morn. 9:45 a., 10:45 a.m., 6 p.m.; Wed. 7 p.m. 1500 N. Ave. E, Haskell

St. George Catholic Church Father Michael Melcher Sat. Mass 7:15 p.m.; Sun. Mom. 9:00 a.m. 901 N. 16th, Haskell Church of Christ Dale Huff, minister Sun. Morn. 9:30 a., 10:30 a., 6 p.m.; Wed. 7:30 p.m.

510 N. Ave. E, Haskell First Presbyterian Church Jasper McClellan, pastor Sun. Morn. 9:45 a.m., 11:00 a.m. 306 N. Ave. E, Haskell Trinity Baptist Church Rev. Kenneth Blair Sun. Morn. 10 a., 11 a., 6:30 p.m.; Wed. 7:30 p.

# Sonic Drive-In

401 S. Ave. D, Haskell

1402 N. Ave. E 864-8533 Managers: Leon & Carolyn Herring

**First National Bank** of Haskell

200 S. Ave. E · 817-864-8555

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**Rice Springs** Care Home, Inc.

1302 N. 1st • 864-2652 Medicare · Medicaid · Therapy

Committed To Excellence In Service

Hopewell Baptist Church John Lewis, pastor Sun. Morn. 9:30 a.m., 11:00 a.m.; Wed. 7 p.m.

908 N. Ave. A, Haskell Greater Independent Baptist Church Rev. Camellia Wade, pastor Sun. Morn. 9:30 a., 11:00 a., 6:30 p.; Wed. 7 p. 301 N. 3rd St., Haskell

**New Covenant Foursquare** Freddy Perez, pastor Sun. Morn. 10 a., 11:00 a., 6:30 p.; Tues. 7 p.m. 200 S. Ave. F, Haskell Mission Revival Center

Rev. William Hodge Sun. Morn. 10 a.m., 11 a.m., 6 p.m.; Tues. 6 p.m. 1600 N. Ave. B, Haskell First Baptist Church

Jim Turner, pastor Sun. Morn. 9:45 a., 10:55 a., 6 p.m.; Wed. 7 p.m. 301 N. Ave. E. Haskell -PAINT CREEK-

Paint Creek Baptist Church Sun. Morn. 10:00 a.m., 11:00 a.m., 6 p.m. Paint Creek -WEINERT-First Baptist Church

Werth Mayes, pastor Sun. Morn. 10:00 a., 11:00 a., 6 p.; Wed. 7 p.m. Weinert Weinert Methodist Church

Rev. James Patterson Sun. Mom. 9:45 a.m. Weinert Weinert Foursquare Church Rev. Joyce Goossen and Rev. Diane Crownover

Sun. Morn. 10 a.m., 11 a.m. Wed. 7 p.m. Weinert -ROCHESTER-Church of Christ Jim Pratt, minister

Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 6 p.m. West on Main Street, Rochester First Baptist Church Ed Buerkle, pastor Sun. 11:00 a.m., 6 p.m.; Wed. 7:00 p.m. 500 Main, Rochester

Union Chapel Baptist Church Rev. Andrew Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m. Rochester

# The Sweet Shop

507 N. Ave. E • 864-2711 Hebrews 10:25 - "Not forsaking the assembling of ourselves together"

Farmers Gin Co. P. O. Box 250 · Rochester

> 743-3527 HANSON PAINT

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**Wal-Mart** 

1608 N. Swenson Stamford, Texas 915-773-2775

Faith Chapel of Rochester Katherine Byrd, minister Sun. Morn. 10 a.m., 11 a.m., 7 p.m. Hwy 6, Rochester First United Methodist Church Dolan Brinson, pastor Sun. Morn. 10:00 a.m., 11:00 a.m. Rochester

-SAGERTON-Sagerton Methodist Church Daniel Ramey, pastor Sun. Morn. 9:30 a.m. Sagerton

Faith Lutheran Church Jeff Zell, pastor Sun. Morn. 9:15 a.m., 10:30 a.m.; Wed. 7 p.m. Sagerton -RULE-

First Baptist Church

Rev. Troy Culpepper Sun. Morn. 9:45 a., 11:00 a., 6 p.m.; Wed. 7 p.m. 1001 Union Ave., Rule Primitive Baptist Church Dale Turner Jr., pastor First & Third Sundays 10 a.m. Corner of 8th & Robins, Rule Church of Christ

John Greeson, minister Sun. Morn. 9:45 a., 10:40 a., 6 p.m.; Wed. 7 p.m. 811 Union, Rule First United Methodist Church

> Daniel Ramey, pastor Sun. Morn. 10:50 a.m., 6 p.m 1000 Union Ave., Rule New Life Baptist Mission Jesus Herrera

Sun. Morn. 10:00 a.m., 11:00 a.m. Sweet Home Baptist Church Matt Herrington, pastor Sun. Morn. 10:00 a., 11:00 a., 6 p.; Wed. 7 p.m. Gladstone Ave., Rule West Bethal Baptist Church Rev. Robert Sweet

300 Sunny Ave., Rule Haskell Tire & Appliance Center, Inc.

Sun. Morn. 10 a.., 11 a., 8 p.m.; Wed. 7:30 p.m.

206 South Avenue E 864-2900

Personality Slipper Shoppe

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"Come See The New Team"

# **Historical Society hears Erma Liles**

During our October meeting of the Haskell County Historical Society, members enjoyed hearing an interesting program provided by Erma Liles of Weinert, Mrs. Liles described how her family migrated to Texas long ago, as well as displaying numerous family heirlooms she has attained throughout her life.

We wish to encourage and invite citizens to attend our next meeting, Mon., Nov. 4, when Don Comedy,

will be our guest speaker, revealing the history of the "Haskell Free Press," as well as other items of interest. Our meeting will be held at the First National Bank at 7:00

In recent developments, officers have been informed by our publisher, that the Society cookbook will not be available for delivery until February, possibly April. We extend our regrets to everyone for this inconvenience.

# Tips for safe Halloween costumes

by Lou Gilly,

Haskell Co. Ext. Agent Buzz Lightyear and Woody are top sellers at the box office and now they're top sellers in Halloween costumes. The popular Toy story characters will be all over the place on Halloween.

Whether you're buying Mr. Potato Head or a more traditional pirate costume, you should keep safety in mind. Extension assistant Rebecca Zehetner says first of all, the outfits should be made of flame retardant material. They also need to fit. Allow extra room if it is cold so you can put warm clothing underneath. The costumes should not be flowing. Flowing garments

can catch fire from candles and jacko-lanterns. Zehetner says costumes should be light in color or have reflective strips.

She says masks are okay so long as the holes around the mouth, nose and eyes are large enough not to restrict breathing or vision. And Zehetner suggests wearing the mask on the top of the head, then pulling it into place as children approach each house. Face paint works well so long as you don't get it so close to the eyes and mouth that it causes irritation. And don't forget comfortable shoes. Kids will walk a lot and they don't need to be dressed in mom's high

# Barbee Medical Supply and Uniform Center Now Open in Stamford, Texas Everyone is invited to come in and browse We offer the following • Oxygen • Wheel chairs • Hospital beds • Walkers • Ostomy • Diabetic • Orthopedic • Uniforms Barbee Medical will also deliver to your area. Insurance - Medicare - Medicaid and Workmans Comp accepted. Hours Monday-Friday 9:00-5:30 On Call 24 Hours a Day 1000 Columbia Stamford, Texas 79553 915-773-5800



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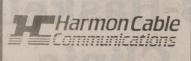
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Haskell, Texas 

Don't let the goblins get you!







Trick or treating can be safe and fun if you follow these simple but important tips.

Keep children away from lit jack-o'-lanterns.

 Make sure costumes are not so long that your child could trip on them. Reflective tape should be put on all costumes—especially dark-colored ones. Also, painted faces are better than masks since masks almost always affect vision.

 Instruct children not to eat any treats before you have inspected them.

 Trick or treat only in well-lighted neighborhoods preferably only at homes where you know the occupants personally.

 Carry a flashlight and walk on sidewalks, not on streets. Warn children not to run between parked cars to cross the street.

 Inspect treats closely. Candy with torn wrappers or any packaging that looks like it has been tampered with should be immediately thrown away.

 Fruit should be washed and cut into small pieces before eating.



\*

**Bill Wilson** Motor Co. 864-2611

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2 pair of clear daily wear \$15900 contact lenses

Disposable lens packages and contacts to change your eye color available.

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## The Knox Prairie Cotton Pickin' Quilt Show Over 100 Quilts! presented by The Munday Chamber of Commerce Munday Elementary School (Highway 222 W. – Knox City Highway) Munday, Texas Saturday, November 2, 1996 10 a.m. - 4 p.m. Viewers' Choice Awards **Demonstrations** • Merchant Mall Donation Quilt · Door Prizes Quilts For Sale Admission - \$2.00 Luncheon - \$4.00 (Served in School Lunchroom) For information call: (817) 422-4540

## **Students** in the News

Four students from this area are among the 125,000 students included in the 19th annual edition of The National Dean's List published by Educational Communications, Inc., Lake Forest, Ill.

Students are selected for this honor by their college deans, registrars or honor society advisors and must be in the upper 10% of their class, on their school's dean's list or have earned a comparable honor. Listed students are eligible to compete for \$30,000 in scholarship awards funded by the publisher and may also use a referral service for future employment opportunities.

Area students selected include:

From Haskell: Gia Henshaw, Southwest Texas State University; Robert Huff, Harding University; and Tomi Pheil, Howard Payne

From Rule: Wendy Mathis, McMurry University.

# Texas Garden Club Convention set

The District VIII Garden Club Fall Convention will be held in Abilene, Nov. 8-9. The Abilene Garden Club and The Merkel Garden Club, host clubs, have chosen for their theme-"Fall Spectacular!".

Convention chairmen are Mrs. Jack Bryant and Mrs. Jeral May. Registration will begin at 4:00 p.m. Friday and at 8:30 a.m. Saturday at the Abilene Garden

There will be a Dutch Treat Dinner at Fort Harlow on Friday



# Hallford, McCorkle exchange vows



MR. AND MRS. SHON HALLFORD

Jennifer Kay McCorkle and Shon Aric Hallford exchanged wedding vows Aug. 3 in a candlelit ceremony at the First Baptist Church in Bronte. A.L. McCurdy, pastor of Glenn Meadows Baptist Church of San Angelo officiated the double ring ceremony.

The bride is the daughter of Mr. and Mrs. Scotty Wayne McCorkle of Bronte. She is the granddaughter of Elizabeth Acree of Rochester and the late E.K. Acree and Mr. and Mrs. Jimmy McCorkle of

The groom is the son of Mr. and Mrs. Rick Hallford of Ballinger. He is the grandson of Mr. and Mrs. C.T Thompson of Valera and Mrs. Johnny Hallford of Odessa.

The couple exchanged vows before an altar flanked by brass candleabras entwined with English ivy and burgundy bows. Baskets of English ivy and mauve flowers setting on brass plant stands also decorated the altar. Satin bows of the brides chosen colors of burgundy and mauve marked the

Wedding music was provided by Jim Palma of Odessa, uncle of the groom, who sang "The Wedding Song" accompanied by Ida Lee Ellis on the piano. Mrs. Ellis also played traditional wedding music on

by her father. He white gown, an original creation, was fashioned

chose her dress to keep the wedding tradition. For something old, she carried a linen and lace handkerchief that belonged to her greatgrandmother, Mrs. Nadine Acree. She wore diamond earrings borrowed from her mother. A blue satin garter with lace and pearls and two pennies in her shoe with the years of the bride and groom's birthdate finished the tradition.

The bride's bouquet was made of white and burgundy miniature roses embellished with English ivy.

of Veribest was the flowergirl.

with a beautiful Victorian neckline of organza embellished with tiny seed pearls. Rumbo ruffled sleeves of taffeta at the top was joined together with sheer organza with tiny seed pearls and beaded appliques and sequins to finish the beautiful sleeves. A basque waistline filled with applique sequins and tiny pearls lead into a full skirt filled with ruffles. The long train was made entirely of taffeta ruffles that flowed behind her as she was escorted down the aisle.

For something new, the bride

Maid of honor was Kimberly McCorkle, sister of the bride. Bridesmaids were Amy Taylor, Danni Engle and Robin Thorn, all of San Angelo. Victoria Ridgeway

Tamara Richards of Huntsville The bride was given in marriage 8888888888888888888888 EIGHT Arcade HALLOWEEN SPECIAL No Limit. Play all the pool and selected games for only \$5.00 per person, 8 to 10 p.m. Thursday.

registered guests as they entered the

The bride's attendants wore identical dresses of burgundy crepe fashioned with a deep V-neck. The back neckline came together with a bow that allowed the bodice to be fitted and come down into a long flowing skirt. They wore matching shoes. Each attendant wore pearl earrings given to them by the bride. They carried bouquets of mauve flowers and English ivy entwined

by the groomsmen. The flower girl wore a tea length mauve dress which was fitted at the waist, with a bustle of ruffles in the back. She carried a basket of

around a glass globe with a mauve

candle inside that was lit just before

they were escorted down the aisle

mauve rose petals. Best man was Adam Warren of Ballinger. Groomsmen were Brian Campbell of Ballinger, Floyd Daughtas of Houston and John White of Coahoma, cousin of the

Ushers were Jon Bailey and Amos Barton of San Angelo and Ryan McCorkle, brother of the

Candlelighters were Ryan McCorkle and Amos Barton, Ring bearer was Kaleb Brookes of San

Angelo, cousin of the bride. The groom's tuxedo was a dark gray pinstripe with tails fashioned with a matching vest and pants. The white tuxedo shirt was trimmed with a burgundy bow tie and dark button covers. The groomsmen, ring bearer, ushers and candlelighters also wore matching tuxedo vests and pants with white tuxedo shirts.

A reception followed the ceremony in the fellowship hall of the church. Green plants and the bride and groom's table decorated

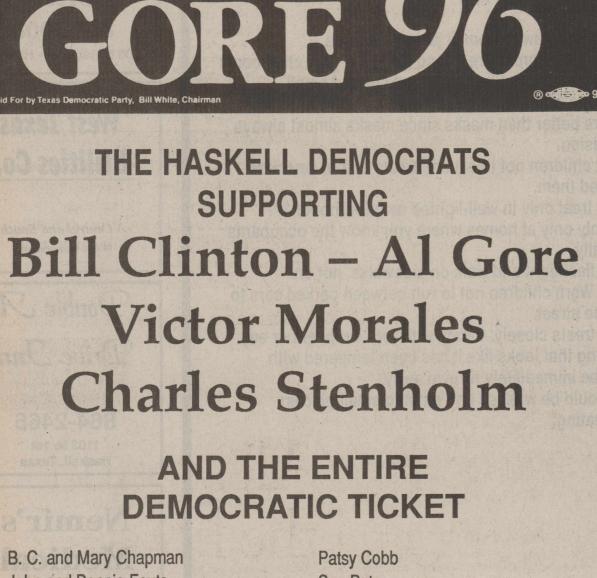
The bride's table was decorated with a five tier white cake which was beautifully decorated with flowers and candles. Frosted punch and burgundy and mauve mints which were made by Jane Short of Rochester accented the table. Serving at the bride's table was Reggie McCorkle, aunt of the bride and Fayne Thorn.

The groom's table was decorated with a chocolate cake and chocolate mints made into shapes of western hats, horseshoes and boots. Serving at the groom's table were Suzanne Hallford of Uvalde, sister of the groom and Heather Wilde of San

The groom's parents hosted the rehearsal dinner on Friday evening at the Shed in Wingate.

The bride is a 1994 graduate of Bronte High School and is attending Angelo State University.

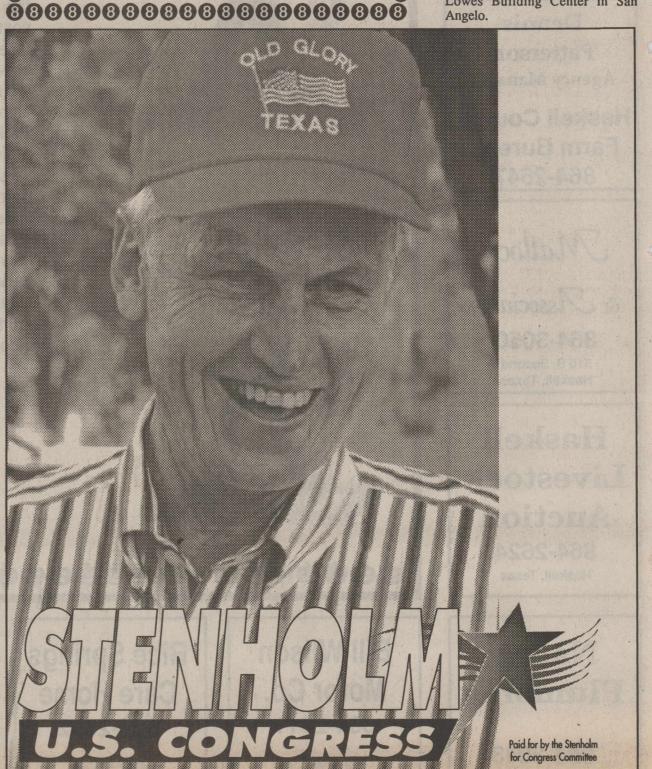
The groom is a 1992 graduate of Ballinger High School. He attended Tarleton State University and is currently attending Angelo State University. He is employed by Lowes Building Center in San



CLINTON

John and Bonnie Fouts Penny Young Olen King Sonny and Carolyn Reynolds Dwanna Klose Willie Faye Tidrow Warren and Jane Short Larry and Linda Short W. R. Hager Jr. Royce and Jimmie Lou Adkins Dr. William J. DDS and Billie Jean Kemp

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# **Shop The Haskell Free Press** CLASSIFIEDS

NOTICE: NEW CLASSIFIED AD DEADLINE MONDAY 5 P.M. EFFECTIVE DECEMBER 1, 1996



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#### For Sale

FOR SALE: Early maturing bearded wheat seed. Also beardless wheat seed. Combine run and in bulk, any amount. Call 817-673-

ESPECIALLY FOR YOU. Fashion jewelry, silver, birthstone baby necklace, etc. Call for appointment, Lee Burson 817-864-3316.

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LARGE AND SMALL bales of Haygrazer hay for sale. Large bales of peanut hay for sale. Rule 997-2186. Doyle Baugh. 43-44c

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FOR SALE: Gibson aluminum 14 ft. flat-bottom boat with trailer \$350; Zenith music center with record player, radio, 8-track tape player, hardly used, \$100. Call 864-3829. 43-44p

FOR SALE: King size waterbed with padded rails and six drawers. 817-673-8224.

#### Lost & Found

MISSING: My big black and white bobtail cat, Bob. Nelda Lane 864-8505 or 864-2597.



POL CALENDAR The Haskell Free Press is authorized to make the following announcement for the political office in Haskell County, subject to the action of the 1996 Primaries.

Unless otherwise specified the candidates listed paid for the announcement, and have designated themselves as campaign treasurer.

All political advertising, announcements, and printing is cash in advance.

U. S. Congress 17th Dist. Charles W. Stenholm (Pd. by the Stenholm for Congress Con State Representative 68th Dist.

Charles Finnell (Pd. by Committee For Responsible Representation, P. O. Box 639, Holliday, TX 76366 **County Judge** David C. Davis Sheriff John L. Mills

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FOR SALE: '87 Buick Park Avenue. Must sell before November. 43-44c Call 817-864-2445.

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steel buildings 25x30, 30x58. Fi- Low miles, very clean, well-maintained. \$6995. 864-2964. Randy

> '86 DODGE D-150 Royal pickup. Runs great, one owner. \$2500 firm. Call John Foster 864-8011.

1993 X-CAB F150 XL pickup. Low miles, excellent condition, 6 cyl., 5 speed, 100,000 mile warranty. Call 997-2353 after 7 p.m.

#### **Garage Sales**

SATURDAY, NOV. 2.3 miles of garage sales. Dearborn heater, furniture, weight bench, clothing, boots, World Books, kitchen items, collectibles, tins, bedspreads, etc. 9 miles south of Haskell on FM 618. Watch for signs. 8

FUNSTON FLEA MARKET. Open Nov. 1-2-3. 6 miles east of Anson. Auction 6:30 Saturday

2 FAMILY GARAGE SALE: Stereo speakers, binoculars, miniblinds, exercise bicycle, exercise gym with stepper, tools, clothes, misc. Sat. 8:30-3:00. Paint Creek Hwy., 1/2 mile, white brick house 44c

HASKELL-Last garage sale of this year. Native American collectible items, books, kitchen items, and much, much more. Oct./Nov. 30, 1 & 2. (Thurs., Fri., Sat.) 9 a.m. to 4:30 p.m. 1702 N. Ave. G. 44p

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ESTATE SALE: Dining set,

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Auction

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HOUSE FOR RENT: 2 bedroom

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HOUSE FOR SALE: Brick 3

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mile. 180 acres total acres. 105

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HOUSE FOR SALE: 3 bedroom,

1 full bath, central heat and cool,

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call Ed Walling 864-3845. 44c

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bath, with all new septic system.

Has metal roof and siding, satellite

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on 20.1 acres, all fenced, water

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817-864-2718 or 817-864-3915.

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Call 864-2123.

or 864-3708.

864-3708.

month. 997-2105.

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HOUSE LEVELING. Floor bracing. Free estimates. References. Call 915-675-6369 anytime. David Lee.

WANTED: I will stay with elderly lady. Lots of experience. Call 864-

#### Wanted

CASH PAID for old lever action Winchester rifles, Colt pistols and most other guns and western memorabilia. A. C. Richardson at store Hwy. 277 N.

WANTTOBUY: 50 acre or less in Haskell County. Prefer Hwy. 6. Suitable for home. 817-658-5078.

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START DATING TONIGHT! Have fun playing the Texas Dating Game. 1-800-ROMANCE, ext.

OPEN HOUSE: Sat. Nov. 9 and 10. Free drawing and refreshments. Sue's Flowers and Gifts, southeast corner of the square, 44-45c Haskell.

#### **Help Wanted**

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ROLLING PLAINS State Operated Community Services/Headstream Memorial Mental Health Center Therapist Technician II. High school graduate, GED or proficiency evaluation of experience. Ability to teach daily func- HILL FARM: Located from tion skills in a small group or on Sagerton south 2.4 miles, west 1/2 one-to-one basis. Previous experience working with people who have a mental illness or experience instructing people in how to perform daily living skills is preferred. History of local community volunteer service a plus. Must be living in Knox, Haskell, or Stonewall counties or be willing to relocate. Must have Class C vehicle license, in order to transport consumers. Motor Vehicle Record will be checked. Applications may be obtained from Headstream Memorial Mental Health Center, 1301 N. 1st St., Haskell, TX or any TXHRMR facility. An Affirmative Action/Equal Opportunity 44-45c

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yard, water well. \$39,900.00. 1402 N. Ave. G. Three bedroom, two bath, some furniture. \$14,900.00. 1407 N. Ave. J. Three bedroom, two bath, carport, fenced yard, outside storage. Great condition. \$25,900.00.

1203 N. Ave. L. Three bedroom, one and one-half bath, one car garage, brick, large living. \$35,000.00.

1309 N. Ave. K. Two bedroom, one bath brick, built-in kitchen, one car garage on three lots. \$30,000.00. 100 S. Ave. K. Two bedroom, one bath, dishwasher, ceiling fans, carport,

large front porch, two lots, \$9,900.00. 50 acres, Northwest of Rule. Barn, silo, one well, fenced. REDUCED to 1014 acres. Estimated 509 cultivated, 505 pasture. 7 miles northeast of

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LOW DOWN, no closing cost, no payments for at least 60 days. 2 houses in Rule. Call 1-800-944-1559. Ask for Terry.

#### **Public Notices**

NOTICE

To the citizens of Weinert: The recent outbreak of rabies in some surrounding areas has prompted the Weinert City Council to adopt a policy concerning dogs and cats in our community. The policy is as follows:

1. All dogs and cats will be vaccinated.

2. All dogs and cats will have tags showing ownership and a record of vaccination.

3. All dogs and cats will be in a pen, on a chain, or on a leash.

Without any leniency, dogs or cats without tags will be removed. Dogs or cats with tags will be returned to their owners one time, but on the second offense, the animals will be removed.

This policy will go into effect and will be enforced immediately.

Because of the seriousness of rabies and possible vicious physical attacks by dogs or cats, the city council believes this to be their only recourse. We do appreciate your cooperation in this effort.

The Weinert City Council

NOTICE To the Citizens of Weinert:

The Texas Natural Resource Conservation Commission (TNRCC) sets drinking water standards and has determined that nitrate poses an acute health concern at certain levels of exposure. Nitrate is used in fertilizer and is found in sewage and wastes from human and/or farm animals and generally gets into drinking water from those activities.

Excessive levels of nitrate in drinking water have caused serious illness and sometimes death in infants under six months of age. The serious illness in infants is caused because nitrate is converted to nitrite in the body. Nitrite interferes wiht the oxygen carry-

ing capacity of the child's blood This is an acute disease in that symptoms can develop rapidly in infants. In most cases, health deteriorates over a period of days.

Symptoms include shortness of breath and blueness of the skirr. Clearly, expert medical advice should be sought immediately if these symptoms occur. The purpose of this notice is to encourage parents and other responsible parties to provide infants with an alternate source of drinking water, Local and State health authorities are the best source for information concerning alternate sources of drinking water for infants. TNRCC has set the drinking water standard at 10 parts per million (ppm) for nitrate to protect against the risk of these adverse effects. TNRCC has also set a drinking water standard for nitrite at 1 ppm. To allow for the fact that the toxicity of nitrate and nitrite are additive, TNRCC has also established a standard for the sum of nitrate and nitrite at 10 ppm. Drinking water that meets the TNRCC standard is associated with little to none of this risk and is considered safe with respect to nitrate.

NO. 3910

In Re: Estate of Leon C. Killion, deceased In the County Court of Haskell County, Texas PUBLISHED NOTICE TO

CREDITORS Notice is hereby given that Letters Testamentary for the Estate of LEON C. KILLION, deceased, were issued on October 2, 1996, Docket Number 3910, pending in the County Court of Haskell, County, Texas, to SHIRLEY KIL-

LION MAIVILLE. The residence of the Independent Executrix is in Callahan County, Texas, and the mailing

Estate of Leon C. Killion, Deceased, c/o Shirley Killion Maiville, P. O. Box 3015, Clyde, TX

All pesons having claims against this Estate which is currently being administered are required to present them within the time and in the manner prescribed

Dated the 29th day of October, 1996.

Shane Hadaway Attorney at Law P.O. Box 995 Haskell, TX 79521 Phone (817) 864-2434 Texas State Bar #00784189 Attorney for the Estate 44c

Thank you for your prayers, flowers, cards, visits and other expressions of sympathy at the time of our father and grandfather's death. And a special thanks to the ladies of the First Baptist Church for serving us lunch, also to Rev. Dale Huff and Rev. Jim Turner.

The children and grandchildren of Frank Oman

# All around the house.



Hartsfield **Insurance Agency** 417 S. 1st St. Haskell, TX 79521 817-864-2665

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OUTREACH CELEBRATES-Outreach Health Services served hamburgers on the courthouse lawn Friday in celebration of many years of service the business has given to Haskell and the surrounding communities and the support received from the area. Photo by Bill Blankenship

#### Sagerton News By Dorothy M. Clark

Sadness looms over our community once more as we bade farewell to one of our oldest residents, Leo Monse. He came to Sagerton in 1946 from Orange Grove, Texas and worked as a farmer, welder and what is now a lost art...a blacksmith. He was an avid lover of bees, furnishing fresh honey to all his neighbors. He loved little children and at one time one of his little neighbors would visit the Monse home each morning for a cup of coffee and a chat with the interesting couple. Our sympathy is extended to the entire family.

Jay, Gloria and Jason Wendeborn of Farmington, New Mexico visited recently in the home of his parents, Mr. and Mrs. J.C. Wendeborn. While here they helped their parents build a porch on their home.

Sagerton ladies enjoying the early morning breakfast at the Old Glory community center last Wednesday included Frances Clark, Peggy Tabor, Joyce LeFevre, Dorothy Toney, Mary Neinast, Helen Lehrmann and Odene Dudensing. This was the last gathering for 1996 and we look forward to April of next year.

Joe and Dorothy Clark received word that The Woodlands High School marching band received three #1 ratings in their first UIL competition this year and will be advancing to the next competition this week. Their grandson, Christopher Adler plays trumpet in the band and is a Junior at the Woodlands High. They will be hoping that the band advances to state competition.

Frances Clark, Delbert and Joyce LeFevre went to Sundown, on Friday for the funeral service of Mazie Nugent. Mrs. Nugent was a cousin of Mrs. Cliff LeFevre. While there they also visited with Shane LeFevre who coaches in the Sundown School.

G.W. and Ophelia LeFevre have returned from a trip to Lake Whitney, Waco, Temple and Eddy. They visited cousins of Ophelia's, Dorothy and Larry Laughlin, C.W. and Marie Scott and Barbara Graff. They reported a safe, enjoyable trip, but experienced cloudy weather the entire time.

Peggy Tabor spent several days in Austin with her son and little daughters, Amber and Miranda while their mother was away on a business trip. This past weekend she visited with her sister, Jean Johnston of Lubbock and while there they attended a gospel concert at the Captain Theatre.

Frances Clark and Charles and Dorothy Clark went to Wichita Falls Sunday to visit Charles' uncle and aunt, Harold and Juanita Smith who reside at Presbyterian Manor. Mr. Smith is in the hospital care

section of the Manor. Joe and Dorothy Clark and Mrs. Emma Raphelt of Stamford were in Austin Saturday to attend the 50th wedding anniversary party honoring Milton and Lillie Schmidt. The couple was married at Zion Lutheran Church in Sagerton on October 27, 1946. The Clarks were attendants at the wedding along with Velma Lehmann and Weldon Tredemeyer. Weldon was also present for the anniversary celebration. Velma, sister of Lillie is deceased. Other relatives from this part of Texas at the party included Ted and Mary Jennings of Haskell, Larry and Jeanie Letz of Abilene, Arthur Lehmann and his daughter, Beth and Jimmy Joy and sons from Roscoe, and Lydia Lovvorn and Ester Kinman of Stamford. The party was hosted by Sylvia Tieman, sister of Milton, and her children, Edmund, Jerry, Mary Ann and Deborah Sue; and

his brother, Edgar and his wife, Clara. The reception area displayed the couple's wedding pictures, early pictures of the couple, the bride's book that was used at the bridal

shower and wedding reception. Dinner tables were covered with white cloths holding votive candles and gold "50"s scattered around. Following a barbecue dinner, wedding cake and punch was served. Everyone enjoyed reminiscing, visiting and taking pictures.

The Clarks and Emma Raphelt spent Saturday night with the Leslie Baitz's in Austin and returned home on Sunday.





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# Plastic bed-liners, gasoline cans can be dangerous combination

Incidents of fire or explosion have been reported as a result of filling metal or plastic gasoline cans while the can was sitting on plastic bed liners in the back of pick-up trucks.

An investigation has determined that the fires or explosions have been caused by static electricity built-up from the plastic bed liner. The gasoline can is prevented from being grounded by the bed liner.

The bulletin advises that all gasoline cans should be placed on the ground away from vehicles when being filled and certainly not in the back of a pickup, particularly those with plastic bed liners.







PRICES EFFECTIVE OCTOBER 27-NOVEMBER 2, 1996

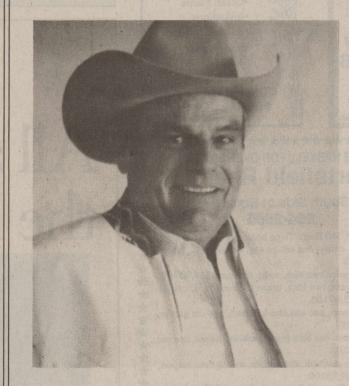
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Ann Decker, Administrator

# Senior Quarterly

A Quarterly Production of The Haskell Free Press

VOL. 2-NO. 4, © OCTOBER, 1996

8 PAGES

# November is Home Care and Hospice Month

good news in medical care today: Month" in Texas. for individuals recovering from high quality, affordable health W. Bush has declared November supportive services."

There's at least one bit of "Home Care and Hospice Approximately 2,600

licensed home and community available through home care the growing use of in-home care "Texans are concerned about support agencies in Texas agencies are: provide services ranging from illness or injury, for disabled care," Gov. Bush said in his assistance with personal care to individuals continuing with their proclamation. "With rapidly high-tech therapies. Whether the lives and for those who choose rising health care costs, home individual chooses to stay with to spend their final days at home. In recognition of this positive trend, Governor George individualized health care and home individual to the cost of their own, they can do so while health care and keeping their pride, independence

# The Health Center offers skilled services

The Health Center, a locally are residents of Weinert in owned and operated home health Haskell County. They have and much love to give. agency in Haskell, is co-owned farmed in the county for almost by Cindy Guess, RN and Doyle 20 years. They have two children High, both of Haskell.

offers skilled nursing services, School. contracted medical social worker. local community.

The agency employs a staff of Her most precious memories 17 persons. Its independent are those which involve her ownership provides support for grandmother and a very special the local economic base.

Cindy, and her husband Hal, the older generation has much

Heather, a freshman at Texas The Health Center opened for Tech University, and Heath, a business in Sept. 1995 and sophomore at Haskell High

daily living through home health life is a deep and abiding concern aides, housekeeping assistance for taking care of people. She through homemaker services and especially loves caring for and social services through a, helping the older members of the

uncle and aunt. She realizes that

She has a long history of working with the elderly in her nine years at Haskell Memorial Hospital, one year at Hendrick Medical Center in orthopedics, three years at Haskell Healthcare assistance with the activities of The driving force in Cindy's center (a local nursing center), and two years in home health.

Among the types of services

\*Home health services include skilled and supportive care such as nursing; physical, occupational and speechlanguage therapies; medical social work; home health aide; and nutritional counseling. From periodic nursing assessments to high-tech intravenous therapies, home health significantly reduces the need for institutional care in hospitals or nursing homes.

\*Hospice is a philosophy of care which provides support for persons in the last phases of a terminal illness so they may live as comfortably as possible, whether at home or in a health care facility. These services include medical care, nursing,

home health aide, social services, spiritual care, bereavement services, volunteer services and other appropriate counseling. Families also receive support through hospice.

\*Personal assistance services include routine, ongoing support services such as assistance with self-administered medications, bathing, dressing, grooming, feeding, meal preparation, toileting and ambulation.

\*Respite services are support options provided temporarily to help a primary care-giver, and may be available through home health, hospice or personal assistance care.

For consumer tips on how to select a home care or hospice agency, contact the Texas Association for Home Care, 1-800-880-8893

# Outreach provides home health care

the surrounding area since 1975. hospitalization. Whatever the surroundings.

Outreach Health Services extends health care treatment into the home environment. An individual treatment plan is developed for each patient under the attending physician's direction. Outreach staff are on call 24-hours a day, seven days a week.

Nurses carefully guide and document each patient's progress. Physicians are provided with prompt and accurate information about each patient's

Outreach professionals provide understanding of the family's needs, patient education and family involvement. Sometimes it means taking time to listen and answer questions.

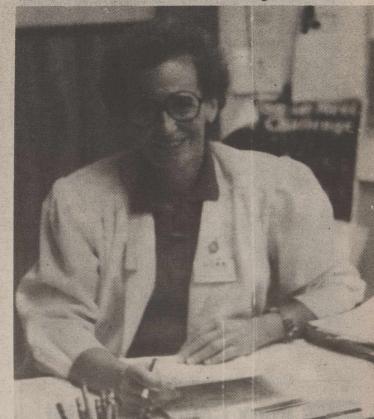
Under physician's orders, health care is being brought into he home. Home health care allows patients to leave hospitals earlier, or to remain in the comfort of their home, as they receive appropriate care at a fraction of institutional costs.

Home health care benefits different ways. One person may

Mary Ann Boone is the RN need services for a day; whereas, circumstance, the most Supervisor for Outreach Health another might need ongoing important benefit of home health Services in Haskell.The home help. It also can mean a faster care is that patients can recover health care provider employes 13 release from the hospital or, in more quickly and at less cost, in and has been serving Haskell and some cases, avoiding the comfort of their own



CINDY GUESS, RN is co-owner and administrator of The Health Center in Haskell. The locally owned and operated health agency employs 17 and has been in business since many types of people, in many September 1995.



MARY ANN BOONE, RN is supervisor of Outreach Health Services in Haskell. The home health care provides employs 13 and has been serving Haskell and the surrounding area

"A Quarterly Publication for People 50 and Over"



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Elena Slavcheva is new Knox County Hospital physician

completion of her residency in

The 29-year-old physician

was born in Bourgas, Bulgaria

York City." Ansley added.

Knox County Hospital District's newest physician, Elena Slavcheva, M.D., has City immediately upon the literally 'hit the ground running', since her arrival in July. "Dr. Elena sees patients of all ages on a rotation basis between the Knox City Clinic and the Munday Clinic," Kevin Ansley, Knox County Hospital District administrator, said.

where she attended the English Language High School. She "We're especially delighted to completed her medical training, have a physician of Dr. earning her Doctor of Medicine Slavcheva's caliber in our degree, from the Higher Medical community," Ansley said. "She Institute of the Bulgarian graduated in the top one percent Medical Academy in Bulgaria. of her class of 438 students in She took post-doctoral training medical school, and scored in the at the Military Medical Academy top one percent of the MCAT in Sofia, Bulgaria, and then

Knox County Hospital HomeCare provides a continuity of

care for patients going home from the hospital or

recovering from an extended illness. Whether it is

providing the medical and emotional support necessary to

keep an elderly person at home or intermittent IV therapy,

Knox County Hospital HomeCare is there with the right

service at the right time. Trained and caring professionals

bring healthcare into the privacy and security of your own

Your physician will refer you to your choice of home health

providers. You can call us directly at the hospital and

Obtaining blood, urine or other speicimens for laboratory tests

Patient and family education for dietary needs,

medications, ambulation, postoperative and personal

Home health services are usually covered by Medicare,

Medicaid, private insurance, Veterans Administration,

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When you use the services of Knox County Hospital

HomeCare, your tax dollars stay at home to increase and

improve healthcare services in the counties of Haskell,

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Injections and supervision of oral medications

home.

Personal care

**How You Contact Us** 

services can begin immediately.

**Services We Provide** 

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Colostomy and tracheostomy care

care after or during an illness

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Regular Foley catheter care and changes

from 1993 to 1994. "I am excited to be here," Dr.

love, working with patients on a one-on-one basis. Practicing the recovery process, you know that your doing something really important. I'm doing what I do best, I wouldn't have it any

"We are very proud of Dr. Elena, and the fine job that she is doing," Ansley concluded.

Watch out for kidney stones

urinary tract.

served a medical residency at Stony Brook Medical Center "Dr. Elena moved to Knox

internal medicine at The Mount Elena said. "I am doing what I Sinai Medical Center in New medicine is very rewarding. Each time you have the opportunity to ease a patient's pain or speed

other way," she said

"The addition of another physician to our fine medical team allows us to continue to serve our community with quality healthcare," Ansley said. "Knox County Hospital District has experienced significant growth with the addition of new services over the past few years," he added. "The dedication of the hospital board and administration towards serving the needs of the community. with the expansion of services, is what has enabled Knox County Hospital District to

If you have an intense stabbing pain that starts in your back and travels to your groin, sometimes accompanied by nausea, or have blood in your urine, you may have kidney stones. Researchers at UT Southwestern Medical Center at Dallas say these symptoms may indicate that you are about to pass a stone through your

People at risk for developing the deposits of calcium and other mineral salts that crystallize in kidneys include those with a family history of kidney stones, those who are prone to dehydration or gout, and those who have intestinal disorders such as short bowel syndromes, Crohn's disease or chronic diarrhea or who suffer from certain endocrine disorders.

"It is important that people with these risk factors or symptoms be evaluated to determine if they need treatment," says Dr. Margaret Pearle, assistant professor of internal medicine and urology. Most stones can be treated with a noninvasive method called shock-wave lithotripsy, which turns them into small fragments that can be eliminated more easily from the body during

# Moderate exercise offers many benefits

human body maintain, repair, and improve itself to an amazing degree. And most older peopleeven those over 85 and those with illnesses or disabilities-can take part in moderate exercise

Anyone planning to start a fitness program should first see a doctor. Those with medical problems may have to avoid some kinds of exercise or adjust their level of activity. But even people who are confined to wheelchairs can do some exercises to improve their strength and sense of well-being.

Many older people enjoy exercises such as walking, swimming, and bicycle riding. But there are other possibilities too, such as modified aerobic dancing, calisthenics, and flexibility exercises. People who have stayed in good condition may be able to participate in a wider range of activities.

It is important to tailor your program to fit your own level of ability and special needs. For example, jogging is not for everyone and may be dangerous for those who have heart disease.

The Benefits of Exercise

There is evidence that exercise may strengthen your heart and lungs, lower your blood pressure, and protect against the start of non-insulin dependent diabetes. Exercise can strengthen your bones, slowing down the progress of osteoporosis, a bonethinning disorder common in older women. It can strengthen and tone your muscles and help you move about more easily by keeping joints, tendons, and ligaments more flexible.

When combined with good eating habits, exercise can help you lose weight or maintain your ideal weight by burning excess calories and helping

Check out hearing problems

It is easy to take good hearing for granted. For people with hearing impairments, words in a conversation may be misunderstood, musical notes might be missed, and a ringing doorbell may go unanswered. Hearing impairment ranges from having difficulty understanding words or hearing certain sounds to total deafness.

If you suspect there may be a problem with your hearing, visit your doctor as soon as possible. Ask your doctor to explain the cause of your hearing problem and if you should see a

Each year, more and more control your appetite. Exercise scientific evidence points to the may also give you more energy, benefits of exercise. Regular help you sleep better and feel physical activity can help the less tense, improve your appearance and self confidence, and contribute to good mental health by keeping you socially

Designing an Exercise Program

Anyone who has been inactive for many years should never try to do too much too soon. Start by seeing a doctor, especially if you are over 60, if you 'have a disease or disability, or if you are taking medication. Your doctor can evaluate your physical condition, help you decide which activity will suit you best, and check your progress after the exercise program is under way.

Choose an activity you like, Decide whether you want to join a group, exercise with a friend, or exercise alone. If you exercise alone, tell someone of your plans in case you need help. See if you prefer an outdoor or indoor activity, and decide what time of day is best for you. You may have to try different activities and times before you set an exercise schedule

Begin by exercising slowly, especially if you have been join exercise classes and other inactive. Start with short periods of about 5 to 10 minutes twice a activities designed for older week. Then build up slowlyadding no more than a few minutes each week. If all goes well, as it probably will, increase your exercise periods to 15 to 30 minutes, three or four times a week. Your doctor may advise stretching as well as warm-up and cool-down periods of 5 to 15 minutes to tune up your body before exercise and to help you wind down afterwards. You can simply stretch and then do the same activity, or a similar

Always pay attention to what your body tells you. If you feel much discomfort, you are trying to do too much. Ease up a bit or take a break and start again at another time. Although most people will have no problem stating an exercise program slowly, be alert to unusual symptoms such as chest pain, breathlessness, joint discomfort, or muscle cramps. Call your doctor if any of these occur. Finding an -

Exercise Program

one, at at slower pace.

Most communities have



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> Robert W. Cameron, M. D., F.A.C.S. Paul B. Thames, M.D., F.A.C.S. Mark J. Phelan, M.D. Vincent J. Priestner, M.D. Kerry C. Preston, O.D.

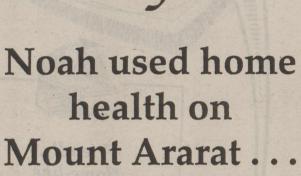
2120 Antilley Road, Abilene, TX 79605 3/10 mile west of Humana Hospital 915-695-2020 or 1-800-692-2020

centers where older people can fishing, nature walks, arts and recreational programs. Organized adults provide many benefits to people who have been inactive or who have health programs.

If you are convinced that a formal exercise program is not for you, try to stay active in other ways. Activities-such as bowling, square dancing.

crafts, card and table games, gardening, and community projects-all offer benefits. Regular activity will help you remain involved in life, possibly even adding years.

from Bound for Good Health. published by the National Institute on Aging, submitted by Lou Gilly, Haskell Co. Extension Agent



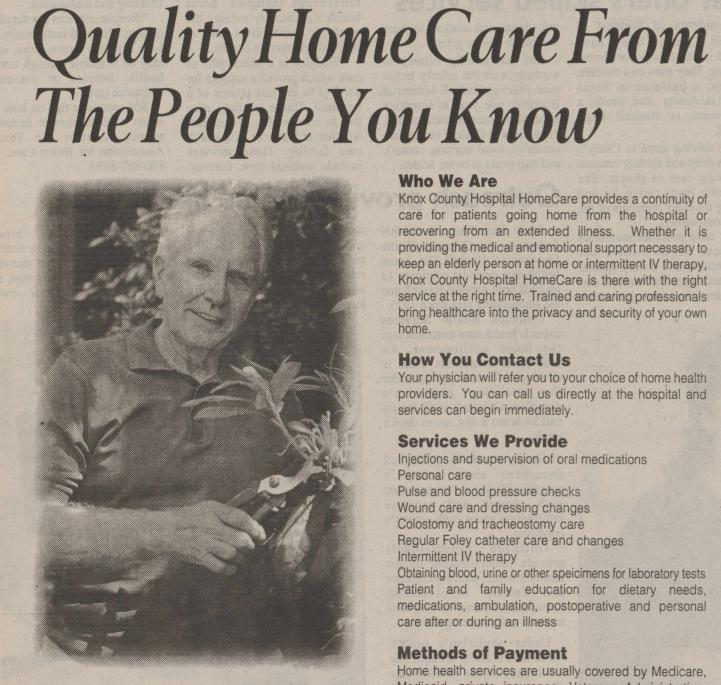


Outreach was there.

We will be there for you, too, if you so choose. Remember, health care, like so much else in life improves with age and experience.



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Quality Care From the People You Know -



# flu shots advised for elderly

anyone who may be at high risk disease. Flu vaccines change of influenza and its yearly to combat predicted complications should be

The U.S. Centers for Disease Control and Prevention (CDC) each year predicts which strains of influenza pose the greatest

recommended for the 1996-97 season is meant to combat the A/Wuhan, B/Beijing and

The Texas Department of A/Texas (first isolated in Health (TDH) has warned that Houston in 1991) strains of the mutations in the virus, and the immunized before the flu season effectiveness of each year's shots declines with time. Therefore, annual immunizations with the appropriate vaccines are necessary for people most at

The vaccine CDC has of fatal complications of the disease include those 65 or older, anyone with chronic respiratory or heart problems and children

People most at risk of severe

Most threatening between December through April, influenza kills about 20,000 in the U. S. each year. According to Robert D. Crider Jr., director TDH's Immunization Division, the elderly are the group hardest-hit by influenza and its complications.

'Fewer than 30 percent of elderly Americans and others in high-risk groups heed our warnings to have yearly influenza vaccinations," he said. "We know that one reason some older people fail to be vaccinated is because of an unfounded fear

a vaccinated person may still place them at risk of developing contract some strains of Reye syndrome after influenza. influenza, but not from the vaccine. If they do become ill, the vaccine usually helps lessen the severity of the case."

Other categories of people who are most likely to develop influenza complications are: ·Adults and children with

chronic heart of lung disorders, including children with asthma; People under medical care for chronic metabolic diseases,

weakened immune systems; and •Children (18 and younger) who already are receiving long-

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"We strongly recommend people in high-risk groups, international travelers or pregnant women," Crider advised. "People infected with the human immunodeficiency virus (the virus which causes AIDS) also may be at increased risk for flu complications." TDH also recommends that kidney or blood problems or medical technicians and other health professionals should be immunized against influenza to avoid spreading the disease to their patients. Residents and employees of nursing homes and other facilities treating chronically ill patients also should be immunized.

Physicians are advised to offer vaccine to their patients during routine clinic visits throughout the influenza season. Children younger than 9 who have never received flu vaccine need their first shot, followed a month later by a booster. Adults need only

#### Add fish to diet

one shot each season.

Adding more fish to your diet is a good health move since most types of fish are lower in fat, calories and cholesterol per serving than other meats.

But if you want to keep those dietary benefits be sure to broil, bake or grill the fish, not fry it; and skip the cream and tartar sauces.

# that the vaccine can actually SERVICE "By Home Town Folks The Health Center At A Down Home Price"

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DOYLE HIGH ~ Owner/CEO CINDY GUESS, RN/Owner/Administrator

# As a Life Ends, A New Life Begins

Holden-McCauley Funeral Home makes improvement to the environment part of their daily business by participating in the Living Memorial Program. This very special program provides for the planting of a tree in a national forest as a tribute to the deceased.

The Living Memorial Program, celebrating its 20th anniversary this year, was developed by the Batesville Casket Co., in cooperation with the U.S. Department of Agriculture Forest Service. Through participation of funeral homes nationwide, more than 6,400,000 trees have been planted to date.

The species and location of Living Memorial trees are determined by the U.S. Forest Service, based upon the greatest reforestation need. Trees have been planted most of the 156 national forests across the US. Canadian and Australian plantings equal more than 158,000 of the total trees planted. Living Memorial trees help shelter wildlife, reduce water and wind erosion, contribute to the purity of the air we breathe, and aid in recovery from natural disasters, such as

forest fires and hurricanes. "We at Holden-McCauley Funeral Home take great pride in knowing our participation in the Living Memorial Program helps contribute to a nationwide environmental initiative," and provides a living tribute for our families' loved one.

For further information, contact Marc at 864-2151.

There's an old Greek proverb that says, "A civilization flourishes when people plant trees under whose shade they will never sit." Future generations will enjoy this program said Marc.

# Never too late to prevent heart disease

heart disease, says a geriatrics not necessarily a natural part of make you feel good." expert in The DeBakey Heart aging, Luchi said. Center at Baylor College of Medicine in Houston.

exercising and eating right can decrease your heart disease risk," said Dr. Robert Luchi, a professor of medicine and stroke. director of the Huffington Center on Aging at Baylor. "But the earlier in life you start, the low-salt, low-fat and lowbetter."

Heart disease is the leading and watching your weight. cause of death of Americans and is more common in older Exercise people. The risk for heart failure

such as atherosclerosis (artery improve cardiovascular blockage), often take up to 40 performance," Luchi said. years or more to progress to a "Walking, water aerobics and

It's never too late to prevent blood pressure, heart disease is improve blood circulation and

"Even if you are 70 years old, when it does, it's still treatable," he said. "By lowering blood pressure, you can reduce the risk of death from heart attack and

The key is making healthful lifestyle choices, such as eating cholesterol foods, not smoking

Among the best choice?

"Recent studies have shown increases dramatically after age that sedentary older adults who gradually add physical activity to Coronary artery diseases, their lifestyle can significantly heart attack. And, like high dancing are good ways to

Medications like "clot-"It's not normal for blood busting streptokinase and aspirin pressure to rise with age. But can help prevent blood clots that cause heart attacks. Studies have shown that postmenopausal women who take estrogen supplements seem to be protected against heart attacks.

> According to Luchi, adults should have an annual check-up by age 65 and have a stress test

Luchi says it's important to know heart attack warning

\*Chest discomfort spreading to the neck, shoulders and arms. \*Sweating, nausea and shortness of breath.

\*Dizziness or fainting. In some older people, a heart attack can occur with few or no symptoms. "Heart attacks come

before beginning an exercise in different forms - from no symptoms to severe pain,"

If any symptoms appear, Luchi says don't ignore them.

"Get evaluated early, even if you have mild pain," he said. 'Heart attack treatment is best when given early. And remember, by making appropriate lifestyle changes, you can probably prevent

# Psoriasis worsen in winter

Winter poses a triple threat for psoriasis sufferers: increased dry skin, elevated stress due to the holidays and decreased

Smoking? Give it up

Giving up smoking can significantly reduce the risk of stroke in later life. And the benefits can be apparent as soon as five years after quitting. The level of remaining risk appears to be determined by past levels of smoking rather than by years of smoking cessation or the duration of smok"Any of these things can

aggravate psoriasis and, in combination, can cause a severe flare-up," said Dr. John Wolf, a dermatologist at Baylor College of Medicine in Houston.

The hereditary disease has no cure and is characterized by red, scaly, flaky patches often found on the elbows, knees and scalp.

Wolf recommends psoriasis sufferers adopt a winter regimen

\*As much sunlight as

\*Moisturizes and creams to combat dryness.



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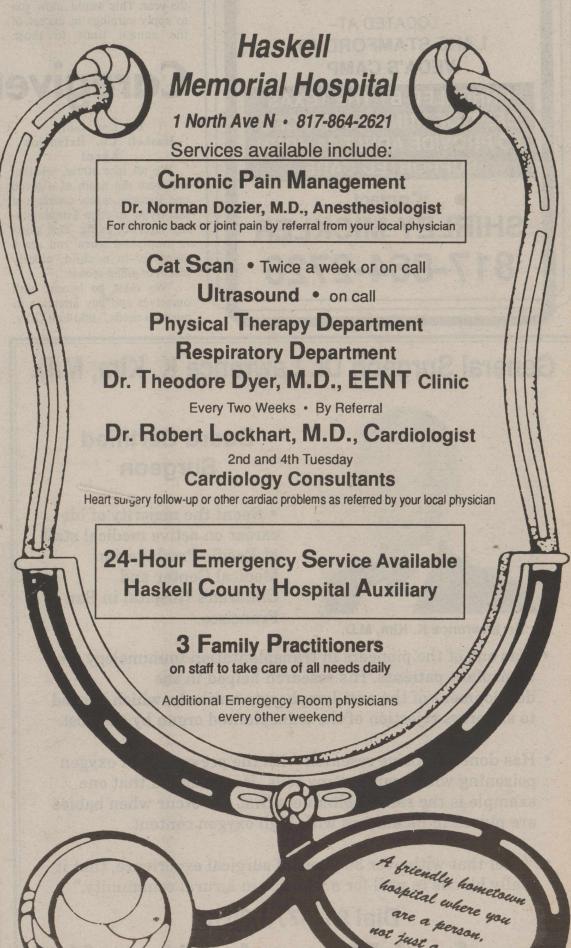
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# Retiring soon? Call Social Security now

and you're thinking about cases, your choice of retirement varies based on your earnings for retiring next year, you should month could mean additional the year and the month in which contact Social Security now to benefits for you and your you file, it's a good idea to check with a Social Security representative before making

> Social Security rules permit people to work and receive retirement benefits at the same time, so it could be to your advantage to have your benefits begin in January even if you don't plan to retire until later in the year. This would allow you to apply earnings in excess of the annual limit to those person can earn and still receive

If you're approaching age 62 discuss your plans. In some family, Because the computation months and still receive some benefits increases each year with increases in average wages. Of payment for the year. Your course, if you are 70 or older, benefit amount will be adjusted at age 65 for months you did not your benefits will not be reduced receive a full payment. For your no matter how much you earn. application to be effective in anuary, 1997, you should file

For additional information or to make an appointment to discuss your retirement plans, call Social Security's toll-free number, 1-800-772-1213, any

business day between 7 a.m. and 7 p.m. Our lines are busiest early in the week and early in the month, so if your business can wait, it's best to call at other

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# Caregivers tace stress

By Lou Gilly Haskell Co. Extension

We all face stress, whether it's from the death of a loved one, finances, a new marriage of just trying to cope with day-today rigors of living. That stress is multiplied when you are a caregiver-to a child, elderly parent or ailing spouse.

"We must be honest with ourselves and pay attention to our own needs," said Lou Gilly,

Haskell County Extension they're old or young or male or

for benefits any time before

65 can earn up to \$8,280 with

no reduction in Social Security

benefits; and beneficiaries aged

65-69, can earn up to \$12,500

with no reduction in Social

Security benefits. The amount a

In 1996, beneficiaries under

January 31, 1997.

needs, we are better able to give accumulate the effects of care to others and we become psychological stress. By midbetter persons all around."

Support from others is very helpful during times of crises. "We also need support in our everyday lives-from co-workers, from friends and family-in helping us to be the best person we can be."

Stress comes from emotional and biological responses to events and experiences. These may include both those events that are good and that are bad.

"Stress is something we need to function well," she said. "It's only when stress becomes excessive that it's a hazard to our

In his book, Mind as Healer, Mind as Slayer, Dr. Kenneth Pelletier said that stress affects give us pleasure. In fact, we everyone the same way, whether must.

female. As teenagers, Pelletier "When we meet our own said that people begin to life, they feel the toll it's taking and stress disorders result from this buildup, he said.

> It also is important to know the difference between injurious and non-injurious stress. "Noninjurious stress occurs when someone knows what's causing the stress, can deal directly with the problem and feel a sigh of relief as things get back to

> Injurious stress is stress that is not under a person's control or that occurs when several stressful things happen at the

injurious stress, we may need to balance it with things which

General Surgeon Dr. Lawrence K. Kim, M.D.



Dr. Lawrence K. Kim, M.D.

# **Board Certified** Surgeon

 Spent the majority of his career on active medical staff at Pacific Presbyterian Medical Center and Children's Hospital in San Francisco.

- Was one of the pioneers in transplantation immunology for transplant patients. His research helped in the development of the anti-lymphocyte antibody, which is used to suppress rejection of the transplanted organ by the host.
- Has done extensive research with the prevention of oxygen poisoning which can destroy cells. He explained that one example is the retinal blindness that can occur when babies are placed in incubators with high oxygen content.
- "I feel that with over 30 years of surgical experience, that it really blends in well for a practice in a rural community."

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- balance
- strength
- coordination ability to walk

Our goal is to maximize each patient's abilities to allow the greatest degree of independence possible within the limitations of illness or injury.

#### Occupational Therapy

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- dressing
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- hygiene

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