

## Attend the Jr. Livestock Show and Sale this weekend

# The Haskell Free Press

VOL. 114--NO. 4, ©JANUARY 27, 2000

"The People's Choice"

16 PAGES--TWO SECTIONS--50 CENTS

### Basketball games

Haskell  
JV-BG, VBG vs. Holliday  
Fri., Jan. 28, 4 p.m.  
at Haskell

JV-BG, VBG vs. Olney  
Tues., Feb. 1, 4 p.m.  
at Olney  
\*\*\*\*\*

Haskell 7th, 8th & 9th  
Haskell vs. Electra  
Mon., Jan. 31, 4 p.m.  
Girls There, Boys Here  
\*\*\*\*\*

Paint Creek vs. Rule  
Fri., Jan. 28, 6:30 p.m.  
at Rule

Paint Creek vs. Woodson  
Tues., Feb. 1, 6:30 p.m.  
at Woodson

### Calendar

#### Stew luncheon

The Experienced Citizens Center in Haskell will hold a stew and cornbread luncheon Thurs., Feb. 3 from 11 a.m. to 1:30 p.m. at the center located at 1404 S. 1st. Tickets are \$4 each. Call 864-3875 for more information.

#### Wade fund

The faculty and staff of Paint Creek School have established a fund for the Sam Wade family. Donations may be made at the school or at First National Bank in Haskell.

#### Rule Chamber

#### banquet set March 6

The Rule Chamber of Commerce banquet will be held Mon., March 6 at 7 p.m. in the Rule School cafeteria. Prayer-E-Strings will provide the entertainment. The Junior Class will cater the meal. Tickets are \$8.

#### WWII Memorial

Donations are being accepted for a memorial for World War II veterans to be built in Washington, D.C. A fund has been set up at First National Bank in Haskell, First State Bank in Stamford, American Legion Post 221, P. O. Box 5, Haskell, Texas 79521 or Veterans of Foreign Wars, P. O. Box 125, Stamford, Texas 79553.

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## Coaches name Academic All State teams

The Texas High School Coaches Association recently announced its Academic All State Teams for each classification. Five Haskell Indian football players have been selected as members of this year's Class AA squad. Senior Dusty Yates was selected to the AA All State Academic First Team. Seniors John Mark Hodgins, Micah New, Justin Teague and Jason Trammell were named to the Honorable Mention 2AA team.

These young men are to be commended for their academic achievements as high school athletes. The Texas High School Coaches Association, as well as the Haskell coaching staff, recognizes and appreciates the dedication to scholarship that these young men have shown.



**GRAND CHAMPION STEER**—Brittany Bartley posed with her champion steer which won the trophy as Breed Champion Steer of the English Division at last year's Haskell County Jr. Livestock Show. This year's show begins Thurs. and runs through Sat.

## Livestock show this weekend

The Haskell Junior Livestock Show and Sale will be held this weekend, Jan. 27-29, at the Haskell County Show Barn at the fairgrounds.

Arrival time for entries of Steers, Heifers, Lambs and Swine is Thurs., Jan. 27, from 4:00 to 8:00 p.m. For Poultry and Rabbits, arrival time is Fri., Jan. 28, by 7:30 a.m.

Show time schedules are: 8:00 a.m. for Lambs, followed by Swine; 8:00 a.m. for Poultry and Rabbits; 3:00 p.m. for Steers, followed by Heifers.

Judge for the Steers will be Greg Gruben, Scurry County Extension Agent. Judges for Swine and Lambs will be Stanley Young, Lubbock County Extension Agent, and Randy Gillam, Wylie High School Agriculture Science teacher.

Sat. Jan. 29, a barbecue lunch will be served at 11:00 to 12:00 noon for all buyers and contributors to the show. The sale will begin at 12:00 noon.

Auctioneers for the sale will be Mike Fouts and Rex Ford.

At last year's Haskell County Jr. Livestock Show, ninety-one youngsters participated with ninety-one sales in the show ring totaling \$55,000.00, an increase of \$2,500.00 over the previous year.

## Church of Christ welcomes new minister and family

by Mary Kaigler

After being in Haskell for the last four and a half months as minister at the Church of Christ, Brett Anderson says that his first impression of the people of his congregation has been validated right across the board.

On his way home, after coming here to preach one Sunday last July, he told his wife, J. J., "I believe they are as nice a people as I have ever met. I just hope that it's not something forced and that it lasts. It seems so very genuine." Certainly to their credit, he says he's found that to be true in every way.

Even the transition of his following the work of minister Dale Huff, who left Haskell last week for a three year mission ministry, has been a time of enjoyment for the new, young minister.

"It isn't always that way when one preacher leaves and another comes," Anderson said. "But everyone is so gracious and glad for what Dale has chosen to do and Dale is so glad about what he is doing, it's been a real pleasure for me to be associated with him. I hate to see him leave."

Saying that he has just really liked Haskell, Anderson added that he's found it to have a tight community spirit and that he's seen so many who are community-minded. "You don't find that in every small town," he said.

Anderson, his wife and two sons, six-year-old Ryan and nineteen-months-old Andy, moved here from Eastland. While there he worked as a youth minister at the Church of Christ and a caretaker at Lake Cisco Christian Camp, while working on his master's degree at Abilene Christian University. During that busy time for the young couple, his wife had a baby.

Although he was born in Denver, Colorado, where his late father was employed in oil related business, Anderson's family had ties to Texas. Both of his parents were born in Texas and both of his grandfathers were in oil connected businesses in the state. The family

moved to Early when he was sixteen. His father retired and his mother worked at Howard Payne University in Brownwood. She still resides in Early.

In Denver his parents had attended a Methodist Church, but he had not really attended much as he grew up. In Early he met a young lady who he said he "began chasing after." Through their friendship he began to attend church with her and at age 17, he was converted and was baptized into Christ.

Graduating from Early High School, he attended the University of Texas, pursuing a degree in engineering for a year and half, before switching into a liberal arts degree. It wasn't until he'd been in college a few years and had "married that young lady he'd been chasing" that he decided the ministry was the route he wanted to pursue.

Finishing up at the University of Texas, graduating with a Bachelor of Arts degree, with a major in psychology, he started doing youth ministry, primarily with teenagers for about a year in Waco and then a little more than three years in Wichita Falls. Deciding while he was there that he wanted to go back to school to get his masters degree in Bible, he enrolled at Abilene Christian University and earned his Master of Science Degree in Biblical and Related Studies, graduating last May.

While looking around at opportunities for teaching ministries, some friends put him in contact with the Haskell Church of Christ, which was looking for a minister. He talked with the local eldership and deacons and was invited to come preach one Sunday in July. On the first of August, they asked him to come back again and offered him the job. He and his wife got busy and were here by the first of September.

Anderson said he is very much looking forward to all of the programs of ministry of the Haskell Church of Christ, including the annual Haskell

Singing School. Although he knew about the school through the Early Church of Christ, he said he never attended it as a youth, usually being interested in working during that time.

In Colorado, he grew up backpacking into the mountains and now takes groups of adults and youths on wilderness trips into the mountains, using that as a tool for his ministry. "It allows me the opportunity to show them some things they have never before seen about our created world," he said, "and to find out some things about themselves that they have not met with." These trips were very instrumental for him in his conversion as a teenager, he said, so he now puts these opportunities together for others in trips for groups. One such trip is in the planning for this coming summer.

Anderson says his second love, after the ministry, is his woodworking; his stress reliever and hobby. Using his creative talent and inclination for engineering and fitting things together, he makes mostly furniture, but also does some smaller pieces, such as the handsome pinewood CD holder-rack he has in his office.

Always assuming he'd go into and work with an engineering program of some kind, he said, "As I went along in life I found I had a good talent for working with people. My father had that talent as well. He was a personnel manager and it's something he handed down to me; I've just utilized it in a different way."

Anderson agreed that although finding the opportunity to figure out what their gifts and talents are is hard for some people, he believes that everyone is gifted in a different way. "The New Testament is very clear that as we are added into the body, God has a place for everyone. He has provided each one with an essential part of that. If we use these things together we work well and if we hold something back, then we are taking something away from what God would intend for us." He added, humbly and

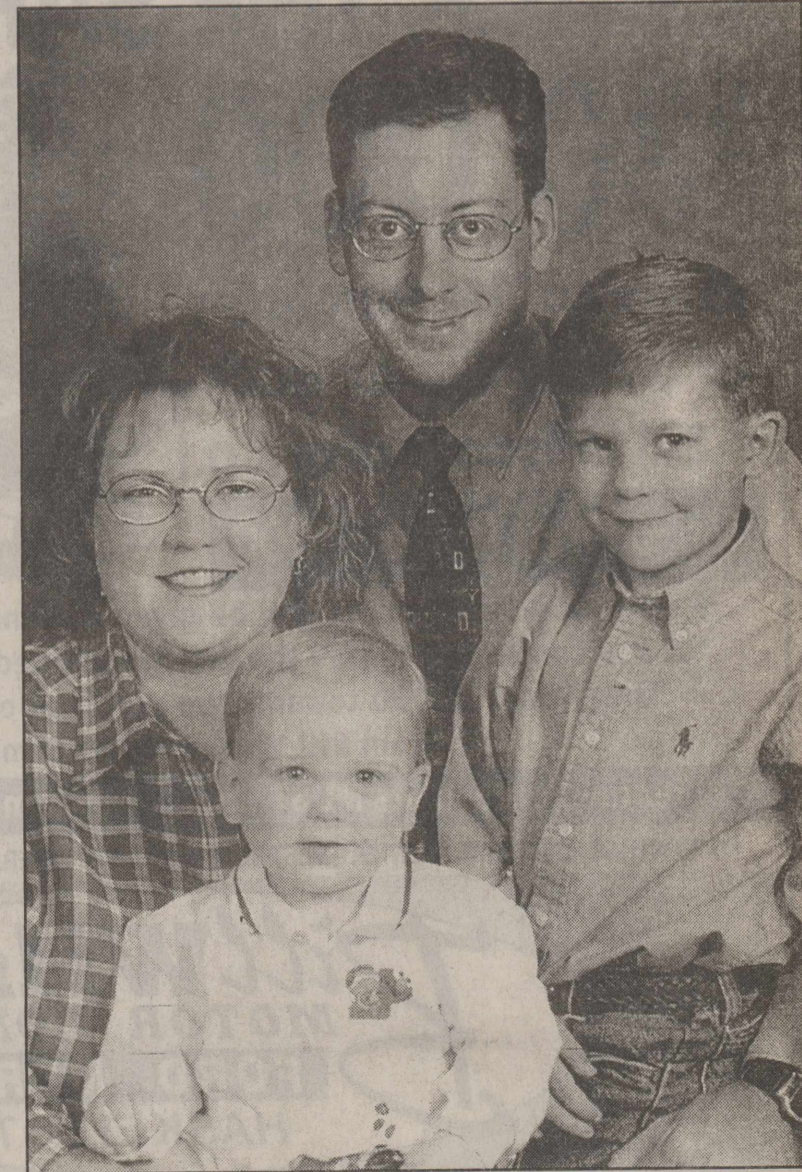
hopefully, that he just hopes he is able to pick out what his real strengths are, utilize them the best he can and if possible, try to add to them along the way.

Even though he has been working in ministry almost full time for the last seven years, he realizes he is young in the ministry. "There is a great deal to be said about wisdom that comes with experience," he said. "And of course, the other end of that is that people are very forgiving when they see that you are on the new end of that scale."

Listening to the discerning insight of the young minister into

such matters as finding solutions to the problems of youth, one has to realize that there is also a great deal to be said for wisdom that transcends experience.

As he continues to go about combining his love for the gospel and his inherent bent for engineering—by helping build strong spiritual bonds, putting lives together and fitting them for abundant living—Brett Anderson will indeed find out his own real strengths for making something of real value and will fulfill what the Lord has intended for him. The community of Haskell can be glad to have him doing it here.



THE BRETT ANDERSON FAMILY

# Council discusses replacement of aging water supply lines

With Mayor Ken Lane presiding, all members of the Haskell City Council were present for the regular 7:00 a.m. meeting Mon., Jan. 24.

First on the agenda, following the invocation by Councilwoman Doris McMeans, was Jeff Gregg, CPA. In a comprehensive audit for the city, which he presented in detail, he said he found all internal controls of the city to be good, and

a good staff on hand. He made no recommendation for changes to be made in management.

City Administrator Sam Watson gave an update on data concerning the acquiring of portable rest rooms in the park that would be needed during the Wild Horse Prairie Days this year, and during the large meeting planned for April 2001 by the motorcycle clubs.

During a discussion of needed

water line replacements in the city, Thomas Rodriguez of the water department reported that the main line from 11th Street to 16th Street will need replacing along with old cast iron lines. The City will be testing to check the chlorine levels in some of the lines. Mayor Lane said, "In the long run, to meet regulations, we will have to replace old cast pipe feed lines with new six inch pipes in the whole north section of town." No immediate action was taken on the reports, pending further study.

In his report, City Attorney Shane Hadaway said an ordinance for the operating of garage sales will be proposed by the city. He pointed out that basically, as implemented in most cities, this would limit the number of such sales permitted per person per year and require a permit to have a garage sale.

Hadaway said a list has been made of forty-seven old houses in the city that are due for demolition. He is now in the process of obtaining names and legal descriptions of each. Letters and waivers will be sent, clearing the way for the city to tear them down.

The city will be looking for a new drug detecting dog from the Leander training school.

Sam Watson reported that the City's portion of the January sales tax was \$16,934.18 and the Economic Development Corporation's portion was \$5,644.73.

Councilman Fred Hernandez and Mayor Lane planned to attend the Economic Outlook Conference of the Texas Mid-West Community Network meeting at Abilene Christian University, Tues., Jan. 25.

## Haskell Jr. 4-H Club meets

The Haskell Junior 4-H Club met recently with Brandon Anderson who talked about the Stock Show to be held Jan. 28.

Items discussed were the District 4-H Round Up to be held April 29 in Vernon, the 4-H Fashion Show held in March and summer 4-H camp held in Brownwood. Registration for camp is May 1.

Call the County extension Office for more information about camp at (940) 864-2546. You must be a 4-H member to attend.

Also at the meeting we talked about the difference between winners and losers and that we need to be winners!

All deadlines are 5 p.m. on Monday.

# Obituaries

## Tamarie Love 'Tammy' Bishop

Funeral services for Tamarie Love 'Tammy' Bishop, 41, of Rule were held Tues., Jan. 25 at First Baptist Church in Rule with Rev. Scott Hensley and Rev. J. R. Williams officiating. Burial was in Rochester Cemetery.

Mrs. Bishop died Sunday, Jan. 23 at Abilene Regional Medical Center in Abilene. Born Sept. 27, 1958 in Haskell, she was the daughter of Buddy and Grace Bishop of Rule. She graduated from Rule High School in 1977 and attended Beauty College in Abilene. She was a licensed beautician and a member of First Baptist Church in Rule.

She was preceded in death by her father, Buddy Bishop in 1987.

Survivors include one son, Mason Bishop of Rule; her mother, Grace Bishop of Rule; two brothers, Tony Bishop of Brenham and Bob Bishop of Rule; one nephew, Chad Bishop of Irving; and one niece, Janae Smith of Rule.

Memorials may be made to a fund set up at Rule Banking Center: Mason Bishop Educational Fund, Rule Banking Center, Rule, TX 79547.

## Samuel Eldridge Wade

Memorial services for Samuel Eldridge Wade, 36, of Lake Stamford were held Mon., Jan. 24 at Paint Creek Baptist Church. Burial was in Howard Cemetery.

Mr. Wade died Fri., Jan. 21 at his home. Born June 6, 1963 in Roanok, Virginia, he was self-employed in the roofing business.

## Dolores E. Hengstenberg

Graveside services for Dolores E. Hengstenberg, 88, of Los Alamos, N.M. were held Tues., Jan. 25 at the Guaja Pines Cemetery in Los Alamos.

Mrs. Hengstenberg died Wed., Jan. 19 in Haskell. Born Oct. 17, 1911 in Caledonia, Minnesota, she married Leo F. Hengstenberg July 9, 1946 in Los Alamos. She had a master's degree in math and was a school teacher for 25 years.

Survivors include her husband of Los Alamos; one

son, Robert L. Hengstenberg of Chimayo, N.M.; two daughters, Irene D. Holland of Swansboro, N.C. and Carol A. McSmith of Haskell; three brothers, Clarence Palen of Midvale, Utah, Cy Palen of Glendale, Wisconsin and Vic Palen of Caledonia, Minnesota; one sister, Beatrice Palen of Brown Deer, Wisconsin; seven grandchildren; Jeff Holland, Adina Holland, Abby Gamble, Re Hengstenberg, Chris McSmith, Marci Bailey and Kevin McSmith; and one great grandchild.

## Rebecca Noble

Funeral services for Rebecca Ray Noble, 45, of Salado were held Mon., Dec. 13 at Heritage Funeral Home Chapel in Harker Heights with Rev. Bryan Dunks officiating. Burial was at Salado Cemetery.

Mrs. Noble died Fri., Dec. 10 at a Temple hospital following a long illness.

Born Nov. 12, 1954 in Haskell, she was the daughter of Fred H. and Pauline Wheeler Ray, Jr. She graduated from Waco schools and received her master's degree in History and English from Baylor University. She taught in China Spring, Aquilla, Bosqueville, Midway and at Ellison High School in Killeen. She was a member of First Baptist Church of Salado and a member of the Texas State Teachers Association.

She was preceded in death by her father, Fred. H. Ray, Jr.

Survivors include her husband, Albert Wayne Noble of Salado; her mother, Mrs. Pauline Ray of Waco; one son, Jacob William Coan of Salado/Waco; one daughter, Mrs. David (Jennifer LeAnn) McAdams of Waco; one step-son, Charles Noble of Salado; three step-daughters, Christie Noble of Waco, Laura Noble of Killeen and Rebecca Noble of Killeen; two brothers, David Ray of Axtell and Fred Ray of Houston; and eight grandchildren.

Memorials may be made to Breast Cancer Research at Scott and White Memorial Hospital in Temple.

## Carolyn Kitchens

Funeral services for Carolyn Kitchens, 49, of Silverton were held Fri., Jan. 14 at First Baptist Church, Silverton, with Rev. Wayne Blankenship and Rev. Randy Mullin officiating. Burial was in Silverton Cemetery.

Mrs. Kitchens died Tues., Jan. 4 in Covenant Hospital in Plainview after a one car accident north of Plainview.

Born Carolyn Rhoads June 13, 1950 in Haskell, she

was a Tulia Transfer Facility employee and member of First Baptist Church. She married Joe Kitchens in Clovis, N.M. Aug. 30, 1974.

Survivors include her husband; two daughters, Jana Beesinger of Silverton and Heather Davis of Merkel; one son, Brandon Kitchens of Ankeny, Iowa; one brother, Roy Rhoads of Branson, Missouri; one sister, Sue Blankenship of Denton and four grandchildren.

# Rule Livestock Show results

Kiel Rowan showed both the grand and reserve champion on hogs at the Rule Livestock Show Sat., Jan. 22. Class results were:

### Swine

Duroc, lightweight: 1. Jennifer Murray; 2. Kami Baitz; 3. Kortney Kupatt; Middleweight: 1. Tara Lisle; 2. Brian Lehmann; 3. Kate

Rowan; Heavyweight: 1. Kiel Rowan; 2. Samantha Kitley; 3. Kyle Kitley. Champion Duroc: Kiel Rowan; Reserve champion: Samantha Kitley.

Hampshire, lightweight: 1. Tara Lisle; 2. Kortney Kupatt; 3. Jeff Murray; Middleweight: 1. Jonathan Hisey; 2. Trey Kitley; 3. Kimbre

Kupatt; Heavyweight: 1. Kolt Kitley; 2. Keith Wilcox; 3. Aaron Long; Champion Hampshire: Tara Lisle; Reserve champion: Jonathan Hisey.

Spot, lightweight: 1. Luke Hisey; 2. Keli Smith; 3. Paul Griffin; Heavyweight: 1. Kate Rowan; 2. Kiel Rowan; 3. Tiffany Ramirez; Champion Spot: Luke Hisey; Reserve champion: Kate Rowan.

Yorkshire: Champion, Kiel Rowan; Reserve champion, Justin Coker.

Chester: Champion, Josh Smith; Reserve champion, Samantha Griffin.

Cross, lightweight: 1. Brady Standefer; 2. Tara Lisle; 3. Keith Wilcox; Middleweight: 1. Kortney Kupatt; 2. Brian Lehmann; 3. Michelle Stegemoeller; Heavyweight: 1. Kiel Rowan; 2. Jonathan Hisey; 3. Kimbre Kupatt; Champion cross: Kiel Rowan; Reserve champion: Jeff Murray.

Grand champion hog: Kiel Rowan, Duroc heavyweight; Reserve champion, Kiel Rowan, cross heavyweight; Senior showmanship, Brian Lehmann; Junior showmanship, Samantha Kitley; Pee Wee showmanship, Kate Rowan.

### Heifers

Grand champion: Tiffany McDuff, Shorthorn; Reserve champion: Tiffany McDuff, Shorthorn.

### Rabbits

Fuzzy Lop does: 1. MacKensie Miller; 2. Kelsey Miller; Fuzz Lop bucks: 1. Kelsey Miller; 2. MacKensie Miller; California does: 1. Kelsey Miller; 2. MacKensie Miller; California bucks: 1. Kelsey Miller; 2. Miranda Robertson; 3. MacKensie Miller. Best of Show: Kelsey Miller, California buck.

# Cattle Market Report

The market at the Haskell Livestock Auction was on a run of 1,298 head of cattle at its sale on Sat., Jan. 22, according to Gary Tate, reporter.

Steady to \$2 cheaper on feeders and stockers; packer cattle steady. Holsteins, Longhorns, Jerseys and goons \$5-25/100# less than figures quoted.

Cows: fat, .32-.36; cutters, .30-.38; canners, .23-.29. Bulls: bologna, .42-.48; feeder, .64-.72; utility .38-.44. Steers: medium and large frame No. 1 200-300 lbs., 1.15-1.35; 300-400 lbs., 1.00-1.18; 400-500

lbs., .90-1.08; 500-600 lbs., .84-.89; 600-700 lbs., .80-.87; 700-800 lbs., .75-.83; 800-up lbs., .65-.81.

Heifers: medium and large frame No. 1 200-300 lbs., .95-1.15; 300-400 lbs., .90-1.05; 400-500 lbs., .80-.88; 500-600 lbs., .75-.81; 600-up lbs., .58-.82.

Bred Heifers: medium frame, 450-525.

Bred Cows: young to middle aged, 550-675; aged or small, 475-575.

Cows with calves: medium frame No. 1 young and middle aged, 650-775; aged or small, 575-675.

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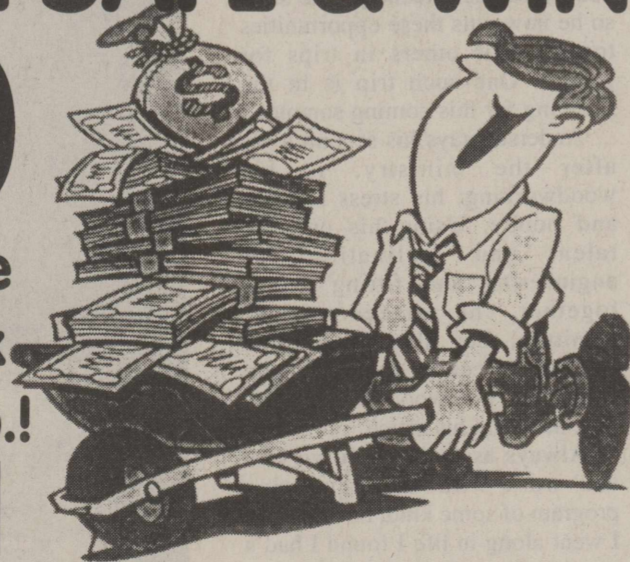
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# Hisey, Teichelman united in January 1 ceremony

Amy Michelle Hisey of Rule and Chad Wayne Teichelman of Sagerton were united in marriage Sat., Jan. 1 at the First Baptist Church in Rule. John Greeson of Rule officiated the double ring candlelight ceremony. Pianist was Ellen Rieger of Haskell. Soloists were Christye Gannaway of Haskell who sang "Parents' Prayer" and John Pike of Rule who sang "Butterfly Kisses" and "You Had Me From Hello."

Parents of the bride are Mr. and Mrs. Danny Hisey of Rule. Parents of the groom are Mr. and Mrs. Jimmy Teichelman of Sagerton. Grandparents of the bride are Faye Webb and the late Ennis Webb and Mr. and Mrs. John Hisey of Rule. Grandparents of the groom are Mr. and Mrs. Billie Wendeborn of Stamford and Mr. and Mrs. Herbert Teichelman of Old Glory.

Angela Conaway of Midland was her sister's matron of honor. Kayla Allison of Stephenville was maid of honor. Megan McCord of Lubbock and Brigida Bible of Rule were bridesmaids.

Greg Teichelman of Whitney was his brother's best man. Ronnie Wendeborn, uncle of the groom of LaVernia, Doug Sorrells of Rule and Todd Burns of Lubbock were groomsmen.

Jonathan Hisey, brother of the bride of Rule, was candlelighter.

Jonathan Hisey and Jeff Conaway of Midland were ushers.

Kailey Jones of Haskell was flower girl. Logan Turner of Idalou was ring bearer.

The bride, presented in marriage by her father, wore a moonlight original formal length gown of diamond white silk. The fitted beaded lace bodice was designed with a scoop neck and short sleeves. The bodice was elongated and the back was accented with a row of silk rosettes. The full skirt was accented with with two rows



MRS. CHAD WAYNE TEICHELMAN

of beaded scalloped lace and extended to a cathedral length train. Her fingertip veil of sheer illusion was edged in rolled satin and held in place with a beaded headpiece. She carried a Victorian style bouquet of red Delbar roses accented with Queen Anne's lace and miniature white roses.

The bride's attendants wore identical floor length gowns of red crepe. The A-line dresses were sleeveless with a scoop neck and flowing skirt accented with a sheer red chiffon shawl. The attendants carried a nosegay of a single red rose encircled by bridal white roses

accented with a red chiffon ribbon.

The flower girl wore an ankle length dress of diamond white silk with a scoop neck accented with a bow in the back.

The groom and his attendants wore black tuxedos with black vests, bowties and white tuxedo shirts. Their boutonnieres were red roses.

The reception was held in the church fellowship hall.

The bride is a 1998 graduate of Rule High School and is attending South Plains College majoring in Early Childhood.

The groom is a 1996 graduate of Rule High School and will be a May graduate of South Plains College. He is employed by K-Bar Heating and Cooling of Levelland.

The couple plan to 'live' in Levelland after a wedding trip to Ruidoso, N. M.

## Students visit Rotary

Jason Isbell is the son of Terry and Felix Rodriguez.

In school he is active in FFA, football, basketball and track. His hobbies are drawing and playing the guitar.

Future plans for him include attending Texas State Technical College in Sweetwater.

Casey Riley is the son of Daniel Riley and Johnnie Franklin. He is a member of the Church of Christ.

School activities for him include playing basketball and football. Special recognitions include being named to the all-District football team.

Hunting, fishing, playing basketball and working are his favorite things to do.

After high school he plans to attend McMurry University or South Plains College, play college basketball and be a coach or athletic trainer.

## Homespun Club holds January meeting

The Homespun Family and Community Education Club meeting for January was held in the County Extension Kitchen with thirteen members present. Each member answered roll call with "the nicest thing someone has done for me recently."

Among the many items of business was the County Livestock Show and responsibilities concerning the operation of the concession stand. The group, along with the Weinert FCE group, will

## HHS Academic Challenge team to compete

Four top students from Haskell High School will meet a team from Albany High School this week in the second round of the Academic Challenge featured each Sat. evening on KTXS Channel 12, Abilene.

Team captain Mitchell Cox, Kevin McSmith, Kevin Patton, and Jimmy Huff comprise the team that defeated a Snyder High School team earlier in the first round of this season's contest.

Haskell math teacher, Kent Carroll, is the coach of the team, which has met together one or two times a week to study information on a variety of subjects in preparation for the stiff competition.

According to the producer of the TV program, it is tentatively set to air at 6:00 p.m. Sunday.

sell drinks and desserts. The money earned supports county projects such as the 4-H scholarship fund.

Other business consisted of discussion of the District FCE spring meeting in Weatherford on March 3. Members are urged to be prepared to register at the February meeting. Haskell will host the Tri-County Rally Day to be held March 21.

State delegates, Jane Smith and Lena Tidwell, presented the program "Ms. Clean Fights Bac," featuring ways to keep Bacteria at bay...mostly by washing. Washing our hands, counter tops, food and articles such as cookbooks, purses, door knobs, etc. Germs are

everywhere, but they are easy to get ride of with proper sanitation. Germs of 5 bacteria in food left at room temperature will increase to 20 bacteria in 30 minutes and increase to 80 bacteria within one hour.

All members participated in a testing of skills in the identification of white products found in the home which could get mixed in error if not properly labeled and handled. Examples are: powder, flour, baby powder, baking powder, baking soda, cleanser, detergent, cornstarch, powdered sugar, salt, etc.

Refreshments were served to members by Joetta Burnett.

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Sale good  
Mon., Jan. 31  
thru Sun., Feb. 20!

**Chocolate Rock**  
**99¢**  
Sale good Mon., Jan. 31  
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**Steak Finger Country Basket**  
**\$1.99**  
4-piece

Senior Citizens get half price for all regular priced items all day every Tuesday.  
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**Breakfast served 7 a.m. to 10:30 a.m.**  
Open at 7 a.m. until 9 p.m. daily  
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and we will have it ready for you!

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No. 1 or No. 2 Sonic® Burger and Large Tater Tots  
**\$2.49** PLUS TAX  
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No Waiting  
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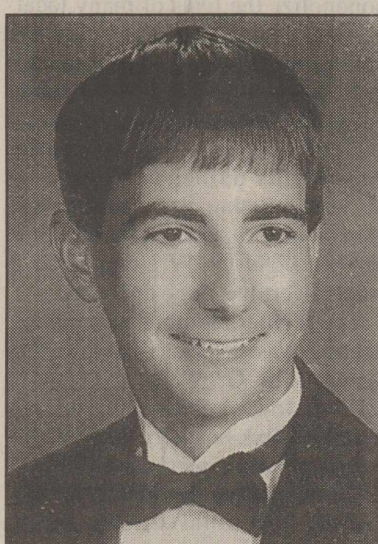
## Around Town

By Joyce Hawkins

We are barely into the new millennium and the Sanders family have already celebrated two very important milestones. The reason these are so different is that twenty years ago when our sister Marie turned forty years old, she was so upset that our sister Sue who is just two years younger than Marie wanted to comfort her, so she told her to just pick an age and stick with it, so Marie choose to just be forty from then on and Sue has been thirty-eight. On Saturday, January 8, at six o'clock in the evening we celebrated the 40th wedding anniversary of Walter and Sue Cox at Johnny Cace's Cafeteria on Highway 80 in Longview, hosted by their children and grandchildren, Mr. and Mrs. Scott (Brenda) Sartain, Casey, Austin and Sallie Alexandra of Ore City; Mr. and Mrs. David (Deborah) MacKay, David Zane and Annah Alexander of Naples; Mr. and Mrs. Walter Lindsey Cox, Jr., Kade and Drew of Omaha. The celebration was held where Walter and Sue had given several Christmas parties for the employees of their roofing plant over the years, so they knew Johnny Cace real well. This was his 83rd birthday so all those attending sang Happy Birthday to Mr. Cace. The Sanders children able to attend were: Lona Mae Phelps of Haskell, Mr. and Mrs. Darwin (Ethel) Slade of Eagar, Arizona; Mr. and Mrs. Jacky Sanders and Jacklyn of Aledo; and Mr. and Mrs. B. D. (Marie) Kirkland of Ft. Worth. Several of their friends and church family was also there including their pastor and his wife, Norman and Janiece Miller of Daingerfield. Brother Miller was the speaker that evening, telling us many interesting things about Walter and Sue. Their children made a video of their parents' life and used the song on it that Clint Black and Lisa Hartman Black sing "The Day We Said I Do." This was a special

celebration for all those attending. Then on January 15 at the home of Mr. and Mrs. Tom (Tammy) Tension in Ft. Worth the children of our sister Marie (Sanders) Kirkland, Mr. and Mrs. Jacky D. Kirkland, Jackson, Kristen and Rebecca and Mr. and Mrs. Tom Tension, Jennifer and Stephanie, all of Ft. Worth invited us to the 20th anniversary celebration of Marie's 40th birthday. The Sanders children attending this celebration were: Lona Mae Phelps of Haskell; Travis and Wilma Sanders of Coleman; Darwin and Ethel Slade of Eagar, Ariz.; Walter and Sue Cox of Omaha; their children, Brenda Sartain, Casey, Austin and Sallie of Ore City; and Walter Lindsey Cox, Jr. and Kade and Drew of Omaha; and Mr. and Mrs. Jacky Sanders of Aledo. Also Charlene Therwanger of Haskell, some friends from Lubbock, Ft. Worth and a niece of B. D.'s from San Antonio and her family. On Sat. Charles and Jean Blair, brother Kenneth Blair and sister Shirley Ferguson of Aspermont went to Ft. Worth to help brother Wade Blair celebrate his 80th birthday. All his brothers and sisters were there along with children, grandchildren, nephews and nieces. They were Joyce Russ and children of Ft. Worth, Wilma Minnis of Walton City, Earlene and husband Claude Dugan of Odessa and a sister-in-law Judy Blair of Seymour. Also Jimmy and Sue Blair of Van Buren, Ark., Randell and family of Wichita Falls, Creide and family of Keller, Wayne Pollard of Sweetwater, several friends including Harrison and Nettie Head of Ft. Worth, formerly of Haskell. Lee and Polly Gray of Midland visited his mom after she had stayed a week in Ft. Worth in the hospital. She is doing well. Dr. Frank and Billie Cadenhead visited last week in Waco with daughter Dian and Bill Proctor.

## Christian receives Title I recognition



LEE CHRISTIAN

Lee Christian, a freshman engineering major at Texas A&M, graduated from Haskell High School in May 1999. He was selected as one of two National Title I Distinguished Graduates for the state of Texas. Christian was selected for this honor based on an essay, which he wrote, about how the Title I program helped him succeed in school. Christian stated that he moved from the bottom of his class in the third grade to being

unconditionally admitted to the engineering program at A&M.

During his years in high school, he was inducted into the National Honor Society, a member of a state range contest team, in the top quarter of his graduating class and a member of a saxophone trio that received a number two rating at state.

Mr. and Mrs. Jimmy Browning, Title I teachers in Haskell, spent many hours helping Christian and many others overcome their learning problems. They encouraged Christian to apply for the recognition.

The Title I program is a federally funded program that provides students with an enriched and accelerated educational program, often through increasing the amount and quality of instructional time for students.

Christian's accomplishments will be formally recognized at the National Title I Conference in San Antonio, Jan. 30-Feb. 1. Milton and Melodee Christian, Lee's parents and Jimmy and Janice Browning will be attending the conference.

## Dinner to raise funds for veterans memorial

The Benjamin Memorial Center will be the site of the Feb. 6 fund raising lunch held by the Knox County Historical Commission. Lunch will be served from 11:30 a.m. to 1:30 p.m. and will feature brisket, sausage, turkey and side dishes, along with homemade bread and desserts. Carryout meals will be available. Tickets for adults will be \$6 and children \$3.

The Historical Commission holds an informative program open to the public at various times of the year. It is also in the process of raising funds for a Knox County Veterans Memorial. The commission keeps many historical

facts and artifacts connected to the county.

For more ticket information call Knox County Historical Commission office 940-454-2229 or Mary Jane Young 940-454-2205.

*Back the Indians!*

## Jones-Haskell Eye Clinic

Dr. Trussell Thane, O.D.

Appointments Available • Monday through Friday

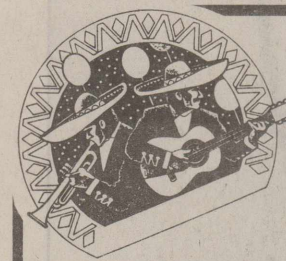
Dr. Thane provides comprehensive eye care including the diagnosis and treatment of eye disease. Dr. Thane offers complete evaluation for eyeglasses and contact lenses.

2 pair of clear daily wear contact lenses **\$159<sup>00</sup>**

Disposable lens packages and contacts to change your eye color available.

MEDICARE, MEDICAID AND FIRSTCARE ACCEPTED.

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## January Saturday Night Special

Flame Grilled

Beef or Chicken

# Fajitas

Homemade Tortillas & Hot Sauce

5 P.M. TO CLOSING

## BURKETT'S FAMILY RESTAURANT

1006 South Avenue E • Haskell, Texas

CLOSED MONDAY

Phone 864-8048

## ATTENTION PROPERTY OWNERS!

Property owners should be aware that they have certain rights which may reduce their property tax burden. Persons who own their residence on January 1, 2000 may claim their home as a homestead. This filing of homestead is only necessary if the homeowner has moved or is entitled an additional exemption during 2000. Disabled Veterans should bring or mail the letter they receive from V.A. to the Appraisal District to receive property tax credit only if the percentage of disability has changed. A pamphlet published by the State Comptroller's Office, which details all taxpayer's rights, remedies and responsibilities, is available free of charge at the Appraisal District Office. All tax questions should be directed to the Haskell County Appraisal District, Box 467, Haskell, Texas 79521, 940-864-3805.

**EXEMPTION APPLICATION FORMS AVAILABLE FROM EACH APPRAISAL DISTRICT OR STATE COMPTROLLER'S OFFICE**

EXEMPTION	FILING REQUIREMENT	FOOTNOTE
Residence Homestead	One-time application	2.
Disabled Veterans & Survivors	One-time application	1.
Cemeteries	Annual application/renewal	1.
Charitable Organizations	One-time application	2.
Youth Spiritual, Mental & Physical Development Associations	One-time application	2.
Religious Organizations	One-time application	2.
Privately Owned School	One-time application	2.
Historic Sites	Annual application/renewal	1.
Solar & Wind-powered Energy Devices	Annual application/renewal	1.

1. All annual applications must be filed prior to April 30<sup>th</sup> with the Central Appraisal District of Haskell County.
2. Any property ownership change that has occurred since January 1, 1999, requires a new application to be made.

### PERSONS WHO ARE OVER 65 YEARS OLD

State Law allows a person who is over 65 to receive additional homestead exemptions for school purposes and other tax units also offer optional exemptions. Contact the appraisal district as soon as you turn 65 and present proof of age to receive this tax benefit. Over 65 persons are also allowed to defer the taxes on their homestead if they wish. A tax deferral form must be filled out if the Over 65 person wishes to stop paying their tax. The tax will continue to accrue, but no procedures to collect the tax will be implemented until the owner no longer lives in the home nor intends to return. An interest rate of 8% per annum is charged but no penalty is assessed. Details and an application for deferral can be obtained at Any appraisal district office.

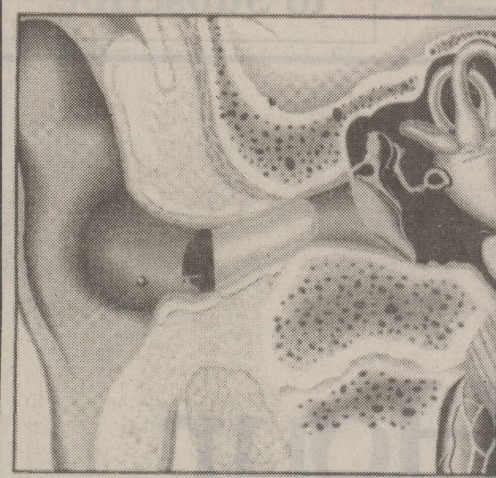
### PROTECT YOUR RIGHTS. "RENDER" YOUR TAXABLE PROPERTY BY APRIL 15<sup>TH</sup>.

You must file a rendition if you own tangible personal property that is used to produce income—such as the inventory and equipment used by a business. Other property owners are encouraged to file a rendition. By filing a rendition, you can give your opinion of your property's value and you record your correct mailing address so your tax bills will go to the right address. The filing date may be extended 15 days if you ask for it in writing by the April 15<sup>th</sup> deadline.

### ATTENTION: FARM AND RANCH OWNERS

You may be entitled to receive an alternate method of appraisal on land used to produce crops or livestock that is currently devoted principally to agricultural use. An application or additional information is available from the Central Appraisal District, Box 467, Haskell, TX 79521. Refiling is only necessary if you are requested to do so by the Chief Appraiser.

**THIS IS A PUBLIC SERVICE ANNOUNCEMENT OF THE HASKELL COUNTY APPRAISAL DISTRICT**



# FREE HEARING TEST & Demonstration of NU-EAR'S Smallest Hearing Aid!



This Person is wearing the NU-EAR Miniscopic

## Do You Wear A Large Hearing Aid?

If so, you should look into the NU-EAR Miniscopic, which is so small people may not even know you're wearing it! The Miniscopic Hearing Aid can only be fitted by highly qualified Hearing Health Care Professionals!

## Lone Star Hearing Services

Take Advantage of our lowest prices of the year

**\* Special Discount! \***  
**\$200.00 OFF!**

The purchase of a NU-EAR Digitally Programmable hearing system. (expires in 30 days)

**\* Hearing Aid Repair \***  
**\$89.99**

All types of hearing instruments repaired. All work guaranteed for 6 months. (Does not include faceplate shell. Expires in 30 days.)

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**Buy One Get One Free!**

Package of 4. All sizes available. Special Event, low price. Limit 2. (expires in 30 days)

will be at  
**Haskell Home Health**  
105 N. Ave. D  
Haskell, Texas 79521

**2 DAYS ONLY**  
Thurs. & Fri.  
Feb. 3rd & 4th  
9 a.m. ~ 5 p.m.

**800-549-9074**

Call to confirm appointment

# Sagerton News

By Dorothy M. Clark



HEART WALK—Collecting funds for the American Heart Association on a cold morning in December, American Legion members Gene Plunkett and Abe Turner of Haskell raised over \$1,100.00.

Sadness fills the community after word was received of the death of Winston Ulmer last week. Ulmer was born at Stamford and spent his entire life in Sagerton before going on to college and pursuing his career. He attended school in Sagerton and graduated with honors from Rule High School. Funeral services were held Thurs., Jan. 13. Winston was the son of Alvin and Ev Ulmer of Sagerton.

Mary Neinast recently attended a birthday party in Anson honoring her grandson, Doug McEwen, on his 21st birthday. The party was held at the home of his parents,

## American Legion Prescription Drug Program news

American Legion, Sons of The American Legion members and dependents save as much as 20% or more on prescription drugs in participating pharmacies and even greater savings through the use of mail service. The discount varies by location and at no time would a Legionnaire or SAL member be charged more than the pharmacy's everyday retail price.

To find a participating drugstore nearest the member, or to place a mail order request, call RxAmerica American Legion toll free number 1-800-905-9818. For local service, the member simply presents a current American Legion or SAL membership card at a participating drugstore. For mail service, the local Legion Post can provide a mail order request, or it can be obtained by calling the toll free number. The form is to be completed and sent to RxAmerica. The mail service is guaranteed to be more cost effective than using AARP mail-order service.

Like what you're reading? Call 940-864-2686 to Subscribe.

Roy and Judy McEwen.

Basketball games continue to monopolize the lives of many local citizens. At the recent Jayton tournament fans were treated to real thrillers when the boys won a game during the last seconds of the game and then our own Michelle Stegemoeller thrilled us by making the winning shot in a last second attempt in the girls' game. On this past Fri. night the JV girls played a double overtime game and won.

The regular monthly community meeting was held last Tues. at the center with G. W. and Ophelia LeFevre, Joyce LeFevre and Joe and Dorothy Clark hosting a hamburger supper. Vice chairperson, Peggy Tabor, resided at the short business meeting that followed the meal. Joyce LeFevre gave the cemetery financial report and Lynn Dale Dudensing gave the fire department report.

The meeting time has been changed to the first Mon. night of the month instead of Tues. because of school activities. Remember next month's meeting will be on Feb. 7 at 6:30 p.m. with Mary Neinast, James Gellner, Corene Lowack and Wilma Teichelman hosting. Enjoying the night were Joyce LeFevre, Cade Brown, Mary Neinast, Helen and Paige Lammert, Charles and Dorothy Clark, Peggy and Jack Tabor, Frances Clark, Wilma Teichelman, J. B. and Dorothy Toney, Odene, Lynn, Renee, Emery, Molly and Jenny Dudensing, Buddy and Beverly Tredemeyer.

Mary Neinast attended a luncheon in the home of Dr. and

Mrs. Gary Walker of Abilene on Sat. honoring his parents, Weldon and Grace Walker on their 60th wedding anniversary. Other children present included Kenneth and Betsy Neinast and Ferdie and Susanne Walker and their respective children.

The Handbell Choir of Faith Lutheran Church has begun rehearsals and will be playing special music soon during the morning worship hour. A dedication service is planned for Jan. 30 at 10:30 a.m. and the community is invited to attend.

Activities have picked up in our little town and regular meetings are being held. Local stock shows are underway and we report on results of local students. At the Tri-Area show Josh Freeman received 2nd place and Reserve Breed Champion for his Chester White pig, 3rd place with his lightweight Duroc and 2nd place with his heavyweight Poland/Spot. Brittany Lammert received 6th place with her lightweight Poland/Spot and 5th place with her heavyweight. After this show they were in the Jones County Show and placed the following: Market Swine, Reserve Breed Champion, middleweight Duroc - Josh Freeman; and Light heavyweight Cross, 2nd place - Brittany Lammert.

Listed on the honor rolls at Stamford schools were: Oliver Elementary A honor roll - Brittany Lammert; Reynolds Elementary A/B honor roll - Ross Teichelman; Stamford High School A honor roll for the third six weeks - Josh Freeman.

Joe and Dorothy Clark, Buddy

and Beverly Tredemeyer and Mae and Leon Stegemoeller went to Leander Mon. for the funeral service for their uncle, Weldon Tredemeyer. He died Jan. 15 at his home. Services were held at Good Shepherd Lutheran Church in Cedar Park where he was a charter member. Others going from the area included Esther Kinman of Stamford, Butch and Sue Hertel of Haskell, Ted and Mary Jennings of Haskell, Paula McLellan of Avoca and Janelle Fulgham of Abilene.

The Friendship Club met for its regular monthly meeting at Faith Lutheran Church on Thurs. with the following in attendance: Doris Lehmann, Ev and Alvin Ulmer, Mary Neinast, Corene Lowack, Isabell Mrazek, Delbert and Joyce LeFevre, Frances Clark, Jo Brown, Margaret Wendeborn, Larry LeFevre, Tommy Wilson and Ed Fouts.

The Hobby Club met at the community center Thurs. afternoon with Jo Brown hostess. The ladies discussed the results of the recent bazaar and the quilt that they will be working on for the upcoming year. It was announced that there will be a quilt show at Munday Feb. 26 from 10:00 a.m. to 4:00 p.m. Members present were: Leona Letz, Jo Brown, Ev Ulmer, Frances Clark, Joyce LeFevre, Mary Neinast, Margaret Wendeborn, Wilma Teichelman and Dorothy Toney.

Melvin and Melinda Rogers of Abilene visited in the home of Joe and Dorothy Clark Sat. afternoon prior to attending the Old Glory musical.

## January sales tax receipts show countywide increase

Texas Comptroller Carole Keeton Rylander recently delivered \$197.2 million in monthly sales tax payments to 1,105 Texas cities and 119 counties, a 20.3 percent increase compared to the \$163.8 million paid in January 1999.

January's sales tax rebates include local sales taxes collected by monthly tax filers in November and reported to the Comptroller in December.

"This month's sales tax rebates are a good start to what could be another good year for the Texas economy," Comptroller Rylander said.

Comptroller Rylander sent January sales tax rebates of \$181.4 million to Texas cities, up 20.5 percent compared to January 1999. Texas counties received January sales tax rebates of \$15.8 million, up 18.7 percent compared to one year ago.

Another \$6.3 million went to 47 special-purpose taxing districts around the state. Texas' six Metropolitan Transit Authorities and two City Transit Departments received a total of \$72.4 million in sales tax rebates.

Haskell County had a 55.26 percent increase for January, 2000 of \$23,536.14 in comparison to \$15,158.93 for January, 1999. 2000 payments to date of \$23,536.14 reflect a 55.26 percent increase over 1999 payments to date of \$15,158.93.

The City of Haskell had a 57.37 percent increase for January, 2000 of \$22,578.91 in comparison to \$14,347.26 for January, 1999. 2000 payments to date of \$22,578.91 reflect a 57.37 percent increase over 1999 payments to date of \$14,347.26.

O'Brien had a 82.89 percent increase for January, 2000 of \$41.50 in comparison to \$22.69

for January, 1999. 2000 payments to date of \$41.50 reflect a 82.89 percent increase over 1999 payments to date of \$22.69.

Rochester had a 35.04 percent increase for January, 2000 of \$335.41 in comparison to \$248.37 for January, 1999. 2000 payments to date of \$335.41 reflect a 35.04 percent increase over 1999 payments to date of \$248.37.

Rule had a 14.48 percent increase for January, 2000 of \$541.01 in comparison to \$472.58 for January, 1999. 2000 payments to date of \$541.01 reflect a 14.48 percent increase over 1999 payments to date of \$472.58.

Weinert had a 42.21 percent decrease for January, 2000 of \$39.31 in comparison to \$68.03 for January, 1999. 2000 payments to date of \$39.31 reflect a 42.21 percent decrease over 1999 payments to date of \$68.03.

## Haskell Soil and Water Conservation District Windbreak Order

Available Trees

Deciduous Trees and Shrubs (Bare rooted Seedlings):

	Size	Price
Russian Olive*	18"	1.00
Desert Willow	18"	1.00
Red Oak*	18"	1.00
Lace Bark Elm	18"	1.00
Green Ash	18"	1.00
Catalpa	18"	1.00
Honey Suckle	18"	1.00

\* = Benefit Wildlife

Evergreens (Tube Pack):

Afghanistan Pine	12"	2.00
Red Cedar	12"	2.00
Afghanistan Pine	24"	6.00

WildlifePackets:

QUAIL: Russian Olive, Aromatic Sumac, Nanking Cherry, Plum  
DEER: Bur Oak, Fourwing Saltbush, Flameleaf Sumac, Hackberry  
TURKEY: Aromatic Sumac, Bur Oak, Hackberry, Honeysuckle  
SQUIRREL: Walnut, Osage Orange, Red Oak, Bur Oak

4 Species: 25 Each Species = 100 Per Packet 50.00

Due to variables in weather conditions and care required by planter, no guarantee of livability is made.

**ORDER DUE DATE: FEBRUARY 11, 2000**

CALL THE

**Haskell Soil and Water Conservation District  
WITH YOUR ORDER AND AVAILABILITY INFORMATION.  
Phone 940-864-8516**

Haskell County Appraisal District  
**REMINDER TO TAXPAYERS**  
January 31, 2000  
is the last day to pay your  
1999 taxes and avoid the  
penalty and interest charges.

**36 Hour Sale**

**HURRY IN!**

You don't want to miss these offers:

\$29.99 for **185 MINUTES**  
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Don't wait! Sale ends on Monday, January 31!  
Visit Cellular One today!

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# Casey Riley named Player of the Week by Abilene paper

Haskell High School basketball player Casey Riley was named as one of the Abilene Reporter-News all-Big Country players of the week, Fri., Jan. 21.

The 6-0 senior, averaging 15.3 points a game, helped lead the Indians to a pair of District 9-2A victories as they improved to 3-0 in league play and 11-10 overall.

In the Indian's 57-37 win over Electra, Riley scored 29 points and had 10 rebounds, six steals and three assists. He also sank 12 of 18 field goals and 4 of 6 free throws.

In the 65-63 double-overtime victory over Olney he recorded 28 points, 10 rebounds, two steals and two assists. He hit 9 of 23 field goals and 8 of 14 free throws.

District standings are as follows:

**Boys 9-2A**

	District		Overall	
	W	L	W	L
Haskell	3	0	11	10
Olney	2	1	15	8

Seymour	2	1	7	11
Holliday	1	2	10	13
Archer City	1	2	7	15
Electra	0	3	4	14

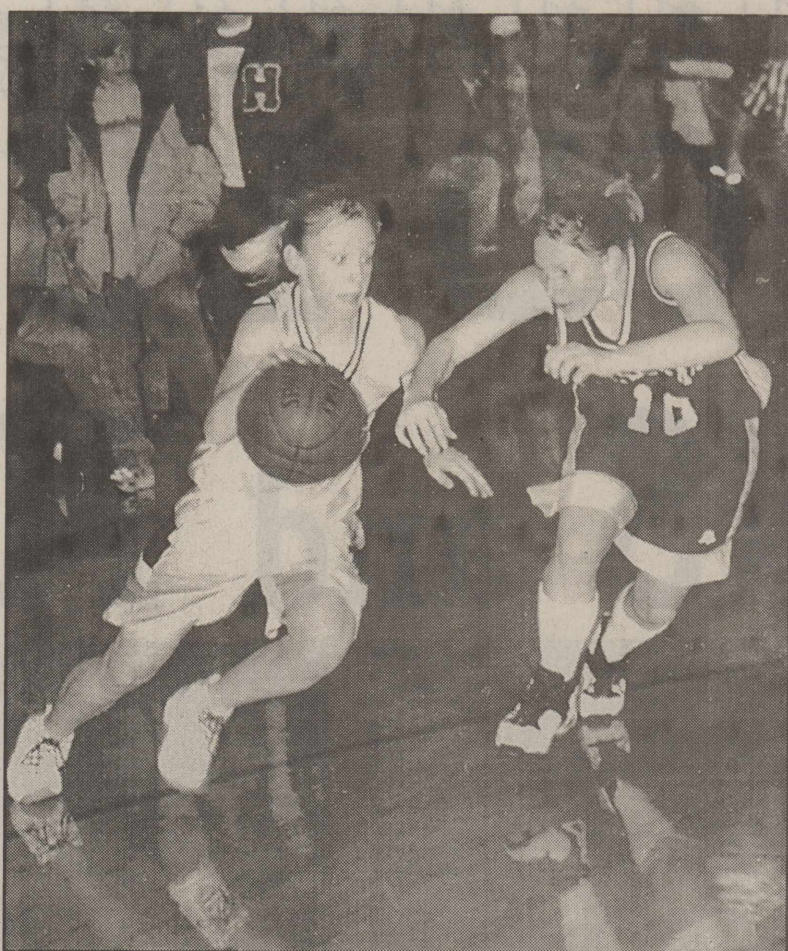
	District		Overall	
	W	L	W	L
Olney	4	0	17	7
Seymour	3	1	12	9
Haskell	2	2	15	7
Electra	2	2	14	10
Holliday	1	3	9	12
Archer City	0	4	9	14

**District 23-A**

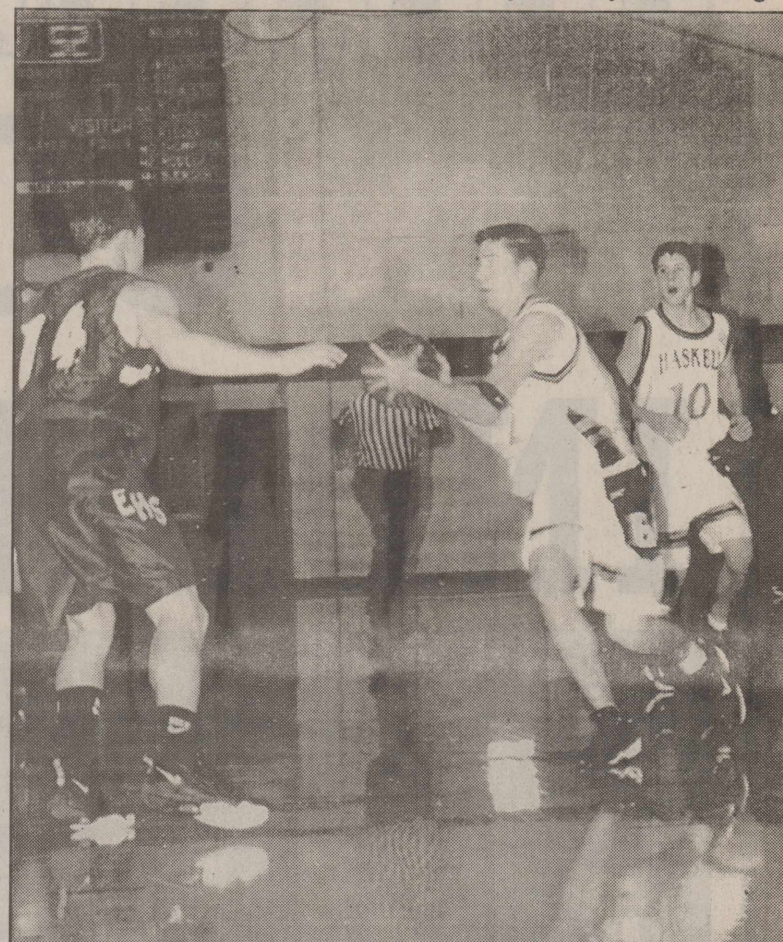
	District		Overall	
	W	L	W	L
Rule	3	0	10	2
Rochester	1	1	7	7
Benjamin	1	2	1	15
Paint Creek	0	2	1	12

**Girls**

	District		Overall	
	W	L	W	L
Rule	3	0	11	10
Benjamin	2	1	10	8
Paint Creek	0	2	7	8
Rochester	0	2	2	17



**GOING FOR A DRIVE**-Haskell Maiden #12, Nikki Wallace, goes around a close Electra defender during the game the Maidens won 61 to 47. Photo by Bill Blankenship



**LOOKING TO PASS**-Haskell Indian #4, Cole Earles, gets the ball off during the game with Electra which the Indians won, 57 to 37. Photo by Bill Blankenship

## Area basketball scores

**GIRLS**

Haskell 61, Electra 47  
Scoring for Haskell: Wallace 24, Lindsey 12, Thompson 11, Riley 7, Pehmister 4, Bird 3.

JV Score - Electra 35, Haskell 28.

\*\*\*

Rule 57, Rochester 23

Scoring for Rule: Lisle 15, Hisey 15, Trussell 12, McDuff 5, Stephens 2, Ramirez 2, Stegemoeller 1.

Scoring for Rochester: Williams 12, Garcia 4, Adkins 4, Stoddard 3. JV Score - Rochester 41, Rule 25.

\*\*\*

Paint Creek 57, Rochester 53

Scoring for Paint Creek: Medford 17, Isbell 16, Salinas 10, Gonzalez 9, Hope 5.

Scoring for Rochester: Williams 21, Garcia 18, Stoddard 4, Pehman 3, Reyes 3.

**BOYS**

Haskell 57, Electra 37  
Scoring for Haskell: Riley 29, Guzman 7, Huff 6, Lindsey 5, Cunningham 4, Hunt 3, Earles 3.

JV Score - Haskell 61, Electra 26.

\*\*\*

Rule 89, Rochester 44

Scoring for Rule: Lehmann 32, Harvey 26, Murray 9, Hertel 8, Smith 4, Hisey 4, Sotelo 4, Coker 2.

Scoring for Rochester: Sanchez 13, Aguilera 9, Hastey 6, Byrd 5, Gonzalez 4, Ruiz 3, Hearn 2, Taylor 2.

\*\*\*

Roby 69, Rule 66

Scoring for Rule: Harvey 22, Lehmann 18, Coker 15, Sotelo 11.

\*\*\*

Rochester 64, Paint Creek 32

Scoring for Rochester: Freeby 10, Byrd 9, Ruiz 8, Herode 7, Aguilera 5, Gonzales 2, Parks 2, Hearn 1.

Scoring for Paint Creek: Rivera 11, Hope 7, Sageser 5, C. Hobbs 4, E. Hobbs 4, Biba 1.

## Tips to avoid clothing conflicts

by Lou Gilly

**Haskell Co. Extension Agent**  
Clothing is the personal environment for the oldest and the youngest person. What we wear protects us from cold and heat. Clothing is used as a tool for expressing ourselves. Clothing choices often create conflicts between parents and children. Young children often don't want to get dressed or wear a coat when it's cold. They may express a "do it myself" attitude when mom want to assist. This method of self-expression continues into adolescence when teens dress one way because "everybody's wearing it."

Families can reduce the conflict by asking questions in a non-threatening way and keeping communication open between child and parent. Here are tips for reducing clothing conflict and encouraging independence and good choices:

1. Start early in life allowing children to make clothing decisions and choices.

2. Allow them to express their opinion about clothing. Avoid making fun or ridiculing their choices, particularly when they are teenagers.

3. Reassure them when they do not feel good about their body, height, weight, color of hair, freckles, etc.

4. Educate yourself on their clothing tastes. Spend time shopping with your child to understand how you both differ.

5. Use good buying practices yourself. Set reasonable purchase and price guidelines early to avoid or reduce the effects of the "have-to-have-it" syndrome.

6. Allow them to take responsibility to earn money to buy clothes themselves.

7. Encourage rational independence in apparel selection, but realize that conformity is a real need in adolescence, particularly at school.

Try to remember that next to the body, clothing expresses the inner self best. Use clothing as a tool to communicate rather than as a wedge between you and your child.

**MAKE A BUNDLE**  
CALL 864-2686  
SELL THOSE UNWANTED ITEMS  
The Haskell Free Press

Monthly Calendar of Events **FEBRUARY 2000** Haskell Independent School District

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Olney There 4 p.m.	2	3 Southwest Expo & Livestock Show	4 Electra There 4 p.m.	5
6	7 Seymour Girls (H) Boys (T) 4:00	8 Elementary Ready Writing Ready Writing Seymour Here 4 p.m.	9 Cross X Debate Holliday	10 San Antonio Livestock Show	11 Archer City Here 6 p.m. Baseball Scrimmage Stamford Here 4:00	12
13	14	15 San Antonio Livestock Show	16	17 5th grade Career Breakfast	18 Baseball Scrimmage Stamford There 4:30 Abilene Softball Tournament	19 End of 4th Six Weeks
20 Elementary Doc Gibbs TAAS Pep Rally Doc. Gibbs Black History	21	22 TAAS Writing Exit & 8th Grade	23 TAAS Math Exit Only	24 TAAS Reading Exit Only Baseball	25 Baseball Varsity Haskell vs. Anson There Elem. Title I Field Trip Albany Softball Tournament	26
27 Houston Livestock Show	28 Baseball Varsity Hamlin Here	29 Baseball JV Hamlin There Softball vs. Grape Creek - Here 5:30				

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That's the Spirit of Community Pride

**Medium PIZZAS**  
Two Toppings Each  
1 Order of Bread Sticks  
2 for **\$11.99**

**Large SUPER SUB SANDWICH**  
Serves 4 to 6 People  
**\$5.99**

**Two Toppings 2-16 INCH LARGE PIZZAS**  
Plus 2 Orders of Bread Sticks  
2 for **\$16.99**

**Fresh Baked FRENCH BREAD**  
each **69¢**

**Smoked BRISKET**  
lb. **\$2.99**

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# GOOD LUCK, INDIANS and MAIDENS



HASKELL VARSITY INDIANS



HASKELL VARSITY MAIDENS



HASKELL JV INDIANS

Photos by KIS Photo



HASKELL JV MAIDENS

## INDIANS

JV & Varsity vs. Holliday: Fri., Jan. 28, 4 p.m. at Haskell  
 9th vs. Electra: Mon., Jan. 31, 4 p.m. at Haskell  
 JV & Varsity vs. Olney: Tues., Feb. 1, 4 p.m. at Olney

## MAIDENS

JV & Varsity vs. Holliday  
 Fri., Jan. 28, 4 p.m. at Haskell  
 JV & Varsity vs. Olney  
 Tues., Feb. 1, 4 p.m. at Olney

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# IT'S SHOW TIME!



*Be Sure You Attend and Support the Annual*

## Haskell County Junior Livestock Show

**Thurs., Fri. & Sat. Jan. 27-28-29**

**Haskell County  
Show Barn  
at the Fairgrounds**

We extend a warm and hearty welcome to the visitors attending Haskell County's Annual Junior Livestock Show and Sale!



**~ Premium Sale ~  
Saturday 10 a.m.  
at the Show Barn**

The youth representing the 4-H and FFA Clubs of Haskell County are very enthusiastic about this year's show, and thank you for supporting them as they build for the future.



*Learning to do; Doing to learn...  
Earning to live; Living to serve*

### SHOW SCHEDULE

<b>THURS., JAN. 27</b> by 4 p.m. Arrival of Steers, Heifers Lambs, Swine	<b>FRI., JAN. 28</b> by 7:30 a.m. Arrival of Poultry & Rabbits 8 a.m. Lamb Show, followed by Swine Show 8 a.m. Poultry & Rabbit Show 3 p.m. Steer Show followed by Heifer Show	<b>SAT., JAN. 29</b> 12 noon <b>PREMIUM SALE</b>
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*The following firms and businesses salute the boys and girls of the Haskell County FFA and 4-H Clubs for their participation in this annual event!*

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**HONORED READERS**—Haskell Elementary students were recognized at the Jan. school board meeting for outstanding achievement in Accelerated Reading. Earning the most points in their classes during the first semester for reading a total of 355 books were: Back row, l-r, Caleb Hudgens, Nancy Ruiz, Erin Hise, Sean McKague, Noe Rivera, Diana Mauricio. Front, Cody Kretschmer, Angela Pena, Kristen Martinez, Chelsea Ramirez, Gay Lynn Gary, Tamisha Dever and Matthew Westerman.

## Organize your personal and business items to get your finances in order

Once you have reached the age of responsibility, you must take measures in addressing personal affairs to prepare for dispersal of assets upon your death. Getting your finances in order and having an estate plan in place will be a great comfort to your family and friends.

The following are steps to consider as you organize and separate your business and belongings.

### Write a Will

•Although it seems obvious to have will, many find it difficult to write. List who will inherit property, family heirlooms and other loved possessions. A will gives your family and friends the opportunity to carry out your wishes.

•Most people should have a living will specifying the type of medical care they want or don't want if they become ill and are unable to communicate.

•Make sure to name alternate executors and guardians for children. You never know what circumstances may keep someone

from fulfilling your will.

•You need to update your will regularly to encompass family deaths, divorces, new births and laws that can alter your plan. Failure to update your will can cause confusion between family members on how you would like to handle certain details.

### Have a Plan

•The goal of estate planning is to distribute a person's assets and minimize taxes at death. For most, this means making and periodically updating their will.

•Various types of trusts or gifts can be arranged to help preserve assets for heirs. In general, trusts should be set up with the help of an attorney experienced in estate tax issues.

•For those who can, the law allows you to give a gift of \$10,000 to anyone and to an unlimited number of people you choose each year. Married couples can give \$10,000 each, a total of \$20,000. The best part is that you and your lucky recipients do not have to pay gift or income tax. This offers the opportunity to

transfer money out of your taxable estate.

To Find Personal Information  
•Make a list of where all your important documents are located. Include bank accounts and numbers, insurance policies, credit cards, your social security number, safe-deposit box and keys, the location of your income-tax returns for at least three years and the names and phone numbers of all your financial advisors.

•This list will help your family protect your assets, including dividends, interest, insurance, pensions, Social Security payments and safe deposit contents.

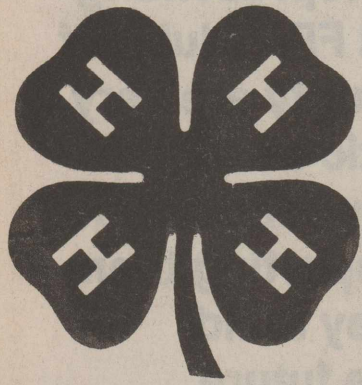
### Be Aware of the IRS

•Know that the larger the estate, the more likely you will be questioned.

•Leaving financial and income tax documentation will help ensure the government will respect the intentions stated in your will.

In planning ahead, you make sure your family and friends will not face a major task in sorting out your affairs.

**Three Big Reasons why the Haskell County Junior Livestock Show is so successful:**



**We at Rule Banking Center take great pride in having played an active role for many years in making the Haskell County Junior Livestock Show one of the best such shows in Texas. It is rewarding to work with these young people and the many adults who make this a great show!**

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## Super Bowl recipes

**Southwestern Pasta Salad**  
8 ounces elbow macaroni, uncooked

1 (6-ounce) package deli thin sliced ham, chopped  
1/2 cup diced sweet red pepper  
1/2 cup diced sweet yellow pepper

1 cup peeled, seeded and chopped tomato  
1/4 cup diced purple onion  
1 T. plus 1 1/2 t. minced fresh cilantro  
1 clove garlic, minced  
1 small jalapeno pepper, seeded and minced  
1 T. olive oil  
1 T. red wine vinegar  
1/4 cup crumbled feta cheese  
2 T. pine nuts, toasted

Cook macaroni according to package direction, omitting salt and

fat. Drain and set aside. Combine ham and next 9 ingredients in a large bowl. Stir in macaroni. Cover and chill at least 2 hours. Yield: 4 to 6 servings.

### Mexican Pinwheels

2 cups (8 ounces) shredded Cheddar cheese  
1/2 cup sour cream  
1 (8-ounce) pkg. cream cheese, softened  
1 (4.5-ounce) can chopped green chiles, drained  
1 (2 1/4-ounce) can sliced ripe olives, drained  
2/3 cup chopped green onions  
1 clove garlic, pressed  
1/4 t. seasoned salt  
8 (8-inch) flour tortillas commercial salsa

Combine first 8 ingredients. Spread 1/2 cup mixture over each tortilla; roll tortillas, jellyroll fashion. Wrap each separately in plastic wrap.

Refrigerate up to 8 hours.

Cut each roll into 12 slices. Secure pinwheels with wooden picks. Serve with salsa. Yield: 8 dozen.

Note: Rolls may be frozen up to 1 month. To serve, thaw and slice.

### Starlight Cheese Bites

1/2 cup butter or margarine  
2 cups (8 ounces) shredded extra-sharp Cheddar cheese  
2 1/2 cups all-purpose flour  
3/4 t. salt  
3/4 t. ground red pepper  
1/3 cup cold water

Beat butter at medium speed with an electric mixer; add cheese, beating until blended.

Combine flour, salt and red pepper; gradually add to cheese mixture, beating until blended after each addition. Add water, beating until mixture forms a firm dough.

Roll dough to 1/4-inch thickness on a lightly floured

surface. Cut using a 1 1/2-inch star-shaped cutter and place on lightly greased baking sheets.

Bake at 350 degrees for 15 minutes or until golden. Remove from pans and cool on wire racks. Store in airtight container. Yield: 4 1/2 dozen.

### Spicy Chicken Quesadillas

4 skinned and boned chicken breast halves, cut into 1/4-inch thick strips  
1 (1 1/4-ounce) package taco seasoning mix  
2 1/2 cups (10-ounces) shredded Monterey Jack cheese  
2/3 cup picante sauce  
1 medium-size sweet red pepper, chopped  
10 (10-inch) flour tortillas  
Melted butter

Combine chicken and taco seasoning mix in a heavy-duty, zip-top bag; toss to coat. Refrigerate 1 hour.

Place chicken in a 15-x 10-1/2 inch jellyroll pan.

Broil coated chicken 5 1/2 inches from heat (with electric oven door partially opened) 5 minutes.

Cool chicken, cheese, picante sauce, and sweet red pepper; stirring well. Set aside.

Brush 1 side of each tortilla with melted butter; place 2 tortillas, buttered side down, on a cookie sheet. Top each tortilla with about 1 cup of chicken mixture, spreading to edges of tortilla. Top each with a tortilla, buttered side up.

Bake at 375 degrees for 10 minutes or until golden brown. Cut into wedges. Repeat with remaining tortillas and chicken mixture. Serve immediately.

Yield: 5 main-dish servings or 30 appetizers.

Note: Quesadillas may be cooked on top of the stove in a hot, cast-iron skillet or griddle. Cook one at a time, 3 minutes on each side.

## Be prepared for kids' crises

Having to rush a child to the hospital because of an illness or injury is one of a parent's worst nightmares. But being prepared before an emergency strikes can help ensure the best care for your child.

Dr. Joan Shook, chief of emergency medicine service at Texas Children's Hospital in Houston offers the following advice:

•Make sure the hospital is equipped with child-size medical equipment. "Airway equipment that is made to go in an adult's airway won't fit a child," said Shook.

•Ask if drugs and techniques are tailored to children's special physical and emotional needs.

•Confirm that doctors and nurses are specially trained in handling pediatric emergencies.

•Verify that the hospital has a pediatric service or board-certified pediatrician on the premises 24 hours a day.

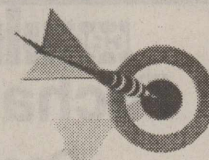
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Three days that could change your life!

# Treats and snacks for hungry Super Bowl Sunday fans

## Incredible Pimiento Cheese

- 2 (8-ounce) packages Cheddar cheese
- 2 (8-ounce) packages sharp Cheddar cheese
- 1 (16-ounce) loaf process cheese spread
- 3 T. sugar
- 1/2 t. salt
- 1/2 t. pepper
- 2 (4-ounce) jars diced pimiento, drained
- 2 cups mayonnaise or salad dressing

Position shredding disk in food processor bowl; shred Cheddar cheeses. Cut cheese loaf into cubes. Position knife blade in processor bowl; add half of cheeses. Process until smooth, stopping once to scrape down sides. Transfer mixture to a bowl.

Add remaining cheeses, sugar, salt and pepper to processor bowl; process until smooth, stopping once to scrape down sides.

Stir into cheese mixture in bowl. Stir in pimiento and mayonnaise. Yield: 2 quarts.

## Carne Guisada Burritos

- 1/3 cup vegetable oil
- 2 pounds beef round steak, cut into 3/4-inch pieces
- 2 or 3 jalapeno peppers
- 2 medium tomatoes, chopped
- 1 medium onion, finely chopped
- 1/4 cup chopped fresh cilantro
- 1/2 t. salt
- 12 (10-inch) flour tortillas
- garnish: sour cream

Heat vegetable oil in a Dutch oven over medium-high heat; add steak pieces. Cook 3 to 3 minutes, stirring constantly.

Chop peppers and remove the seeds, if desired.

Add peppers and next 4 ingredients. Simmer, covered, 1 hour or until meat is tender.

Heat tortillas according to package directions.

Spoon about 1/3 cup meat mixture down center of each tortilla using a slotted spoon; reserve tomato gravy in skillet. Roll up each tortilla.

Place 2 rolled tortillas, seam side down, on each plate; spoon reserved tomato gravy over tortillas. Garnish, if desired. Yield: 6 servings.

## Smoked Turkey, Watercress & Herbed Cream Cheese Sandwiches

- 16 slices of pumpernickel bread, sliced 1/4" thick
- 1 pound smoked turkey breast
- 1 bunch of watercress
- 3/4 cup cream cheese, softened
- 2 T. of fresh snipped chives
- 1 T. fresh parsley, chopped
- 1/2 t. Dijon mustard
- 1/4 t. salt
- radish for garnish

Herbed Cream Cheese: Combine cream cheese, herbs, mustard and salt in a bowl and mix well. Can be prepared 1 day in advance.

Sandwiches: Cut the crusts off of the bread slices and cut in half. Spread each half with about 1 teaspoon of the softened cream cheese mixture. Top with a sprig of watercress and a few thin slices of smoked turkey. Place other half on top and arrange on a large platter or on individual plates. Garnish with additional watercress sprigs and fresh radish slices. Makes 16 tea sandwiches.

## Ham Sandwiches with Pineapple Salsa

- 2 pounds ham slices
- Provolone cheese slices
- 8 crusty sourdough rolls
- 2 cups fresh pineapple,

- chopped and drained
- 1 small red onion, chopped
- 1 green bell pepper, chopped
- 2 T. honey mustard
- 1 T. sherry vinegar
- salt and pepper to taste

Pineapple Salsa: Combine pineapple, onion, peppers, honey mustard and vinegar together and mix well. Season with salt and pepper and chill for 2 to 6 hours. Makes 3 cups.

Sandwiches: Stack 2 or 3 slices of ham on rolls and top with a slice of Provolone cheese and 2 tablespoons of salsa.

## Venison Sausage Quesadillas

- 8 tortillas, small size, regular or 98% fat free
- 8 oz. good melting cheese, Mexican queso, Monterey Jack or muenster
- 1/2 pound smoked venison sausage, diced
- Fresh cilantro
- Bottled picante or chunky salsa for garnish

Divide the cheese and venison sausage into four portions. Heat a dry skillet over medium high heat or coat with non-stick cooking spray if using 98% fat free tortillas. Place one portion of cheese on top of one tortilla; top with sausage and a few sprigs of cilantro. Cover with second tortilla and place in hot skillet. Cook on one side 3 minutes, turning or spinning tortilla like a record to brown. Flip over and cook on second side another 2 to 3 minutes until cheese is completely melted. Slice into 6 wedges (a pizza cutting wheel works great) and serve garnished with picante or a smoky roasted corn salsa.

## Hot Jalepeno Wraps with Picante Sauce

- 8 ounces Philadelphia style cream cheese
- 3/4 cup sour cream
- 2 T. mayonnaise
- 4 scallions (green onions), chopped
- 3 to 4 jalepeno peppers, chopped

\*Note: seed peppers for a milder flavor or leave them in for heat

- 1/2 t. garlic powder
- 1/2 t. monosodium glutamate, optional
- 4 large tortillas
- 1 bottle picante sauce

The day before, mix all ingredients except tortillas. Cover, wrap and refrigerate to let flavors blend and sharpen.

The next day, spread the mix over 4 tortillas all the way to the edges. Roll each tortilla tightly, wrap in plastic and refrigerate until ready to serve. Chill a serving plate as well.

To serve, slice each rolled wrap into 1-inch sections. Arrange on a serving platter with a bowl of picante sauce for dipping. Once thoroughly chilled, these will keep on a plate for several hours.

## Oregano Cheese Puffs

- 3/4 cup milk
- 3 T. butter or margarine
- 3/4 cup all-purpose flour
- 1/2 t. salt
- 1/8 t. pepper
- 3 large eggs
- 1/2 cup (2 ounces) shredded fontina cheese, divided\*
- 1 1/2 t. dried oregano

Bring milk and butter to a boil in a medium saucepan. Reduce heat to low; add flour, salt and pepper all at once, stirring vigorously until mixture leaves sides of pan and forms a smooth ball. Remove from heat and cool 5 to 10 minutes.

Add eggs, one at a time, beating with a wooden spoon after each addition. Stir in 1/4 cup cheese and

oregano. Drop by level tablespoons onto greased baking sheets.

Bake at 400 degrees for 18 minutes. Sprinkle with remaining cheese and bake 2 to 3 additional minutes. Serve immediately. Yield: 2 1/2 dozen.

\* Swiss cheese can be substituted.

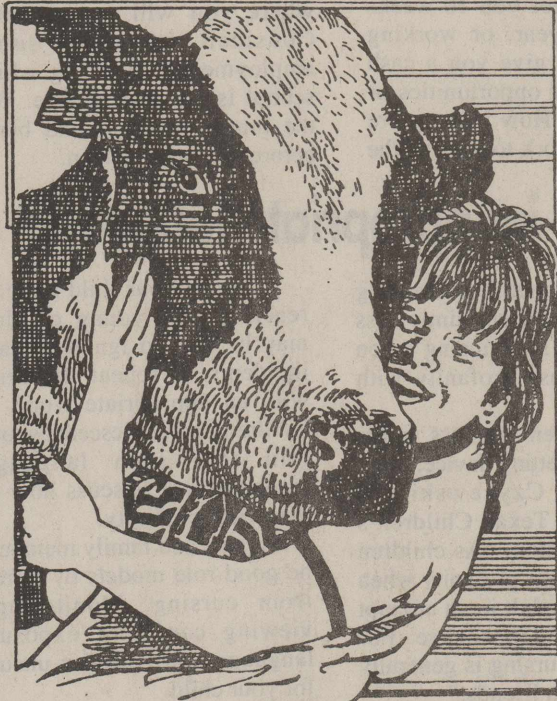
## Herb-Pepper Cheese

- 1 (2.5 oz.) pkg. herb soup mix
- 1 (8 oz.) pkg. cream cheese, softened
- 1/2 cup butter or margarine, softened

- 2 T. milk
  - 1 T. white wine vinegar
  - 1 garlic clove, pressed
  - 1 T. grated onion
  - 1/2 t. freshly ground pepper
- Combine all ingredients in a large bowl; stir well. Cover and chill. Let stand at room temperature 30 minutes before serving with

crackers and fresh vegetables. Yield: 2 cups.

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## Welcome to the Haskell County Junior Livestock Show & Sale January 27-28-29



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## Haskell County Junior Livestock Show January 27-28-29



## EXPERIENCE IS STILL THE BEST TEACHER

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## Hard Work, Long Hours and Lots of Love!

These three ingredients are what the Haskell County Junior Livestock Show, all its participants and sponsors are made of. We applaud your outstanding accomplishments and urge everyone to support this year's show and sale.

January 27-28-29

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## Check out options for college financial aid

by Lou Gilly  
Haskell Co. Extension Agent  
Currently about 38 percent of students at Texas' public universities and 47 percent of students at independent institutions receive some form of financial aid, according to the Texas Higher Education Coordinating Board. More than 10 percent of the public university students receiving aid are from families with annual incomes above \$60,000. While some of this aid may be in the form of scholarships based on scholastic achievement, concern is rising as families depend more on debt than on savings for their children's education. The uninsured percentage of student loans in Texas jumped from 18 percent in 1990 to 44 percent in 1996 and continues to increase because more middle-income families are seeking

loans for education. What other options do parents have who do not have adequate savings to cover college costs? Student employment is a realistic option with multiple benefits. Creating a work history over four or five years of college study can show diversity in job skills developed or advancement in job responsibilities. References from past employers can make a great difference in starting salaries after graduation. Making time for work can mean managing study time better and less time for shopping and entertainment expenses. Some jobs have fringe benefits such as discounts for employee purchases.

Perhaps a greater economic value for working is the interest saved on every dollar you don't have to borrow. If you borrow \$2,000 a semester and pay \$50 a

month at a 10 percent loan rate, your debt will be \$16,922 if you graduate in four years. If you increase payments to \$150 a month after graduation, it will take 348 months (29 years) to pay off the loan and you would have paid \$35,114 in interest.

Now, compare the credit option to the work option. Earn \$4,000 a year by working 20 hours a week for an average of \$6 an hour. Your take-home pay of \$96 a week would generate the \$4,000 in 42 weeks. That leaves you 10 weeks off during the year, or working more weeks can give you a cash cushion for other opportunities or needs that arise. How many more hours will you work to pay off the

\$16,922 loan and \$35,114 interest if you choose to borrow now and work later? It depends on your earning power, but think of the house or car you could buy or the investment you could be making with those earnings if you had worked a little during school and borrowed less.

Check your lending sources for actual costs over the life of the loan you are considering. Check the job options in the community where you will attend college. Consider full-time summer employment if working while in school is not manageable. Weigh the long-term costs and benefits before taking out a loan.

## Curbing inappropriate language

While it's sometimes amusing to hear young children mimic cuss words, it is not so amusing when older children use profanity with adults or peers.

"Small children use cuss words as an attention-getting device," said Dr. Danita Czynewski, a psychologist at Texas Children's Hospital in Houston. "As children age, they might use profanity when arguing with an adult in an attempt to exert their independence. For older children, cursing is generally used to fit in with friends."

Consider your child's age before reacting. For young children, it may be best to ignore occasional incidents or repeat the sentence with an appropriate word. Older children and adolescents should be told that such language is inappropriate. Discuss how adults may view profanity.

Parents and family members can be good role models by refraining from cursing. Monitoring TV viewing can limit exposure to language you consider unsuitable for your child.

## Controlling nosebleeds

Nosebleeds can occur for a variety of reasons—trauma, vigorous rubbing or being in a heated or dry environment.

To control bleeding, apply firm pressure just above the nostrils using the thumb and index finger. Your child's head should be bent forward so the chin is almost resting on the chest. Use a cold, clean washcloth at the end of the

nose to help stop the bleeding.

"If the bleeding remains profuse or difficult to control after 15 to 20 minutes, it's a good idea to call your child's doctor," said Dr. Jan Drutz, a pediatrician at Texas Children's Hospital in Houston. "If nose bleeds are recurrent or there are other signs of bleeding, such as easy bruising or gums that bleed easily, notify your child's doctor."

## Pleasing snacks for Super Bowl Sunday

**Parmesan Cheese Straws**  
2/3 cup refrigerated pre-shredded Parmesan cheese\*  
1/2 cup butter or margarine, softened  
1 cup all-purpose flour  
1/4 t. salt  
1/4 t. ground red pepper  
1/4 cup milk  
pecan halves (optional)

Position knife blade in food processor bowl; add cheese and butter. Process until blended. Add flour, salt and red pepper; process about 30 seconds or until mixture forms a ball, stopping often to scrape down sides.

Divide dough in half; roll each portion into a 1/8-inch thickness. Place on ungreased baking sheets; brush with milk. Top with pecan halves, if desired.

Bake at 350 degrees 7 minutes for strips and 10 minutes for rounds or until lightly browned. Transfer to wire racks to cool. Yield: 5 dozen cheese straws or 3 dozen wafers.

\*2/3 cup freshly grated Parmesan cheese plus an additional 1/4 cup all-purpose flour may be substituted for pre-shredded Parmesan cheese.

**Chili-Cheese Straws**  
2 cups (8 ounces) shredded Monterey Jack cheese with peppers, softened  
1/2 cup butter or margarine, softened

1 cup all-purpose flour  
1/2 cup yellow cornmeal  
1 t. chili powder  
1/2 t. salt  
1/2 t. ground cumin

Combine cheese and butter, stirring until blended. Gradually add remaining ingredients, stirring until mixture is no longer crumbly and will shape into a ball.

Use a cookie press fitted with a star-shaped disk to shape dough into straws, following manufacturer's instructions. Or divide dough into fourths and roll each portion into a 1/4-inch thick rectangle on wax paper. Cut into 2 X 1/2-inch strips with a knife or pastry wheel. Place on ungreased baking sheets.

Bake at 375 degrees for 8 minutes or until lightly browned. Transfer to wire racks to cool. Yield: about 8 dozen.

**Italian Cheese Straws**  
2 cups (8 ounces) shredded mozzarella cheese, softened

## Regular blood pressure checks important

Regular blood pressure checks can make the difference between life and death for men, especially African-American men.

"In men ages 35 to 44, high blood pressure is two times more prevalent in African-Americans than whites," said Dr. Charlene Dewey, an assistant professor of medicine at Baylor College of Medicine in Houston. "African-Americans are 15 times more likely to die from high blood pressure than white men."

Dewey recommends that healthy African-American men over age 18 have their blood pressure checked at least once every two years. Risk factors for high blood pressure include obesity, high salt and alcohol consumption, a sedentary lifestyle and a family history. If left untreated, high blood pressure can lead to heart disease, heart attacks, stroke and kidney or heart failure.

1/2 cup butter, softened  
1 1/2 cups all-purpose flour  
2 t. dried Italian seasoning  
1/2 t. salt  
1/4 t. ground white pepper

Combine cheese and butter, stirring until blended. Gradually add remaining ingredients, stirring until mixture is no longer crumbly and will shape into a ball.

Use a cookie press fitted with a bar-shaped disk to shape into straws, following manufacturer's instructions. Or roll dough into a 1/4-inch-thick rectangle on floured wax paper. Cut into 2 X 1/2-inch strips with a knife or pastry wheel. Place on ungreased baking sheets.

Bake at 375 degrees for 8 minutes or until lightly browned. Transfer to wire racks to cool. Yield: about 8 dozen.

**Easy-As-Pie Cheese Straws**  
1 (11-ounce) package pie crust mix  
1 (5-ounce) jar sharp process cheese spread  
1/4 t. ground red pepper (optional)

Position knife blade in food processor bowl; add all ingredients and process about 30 seconds or until mixture forms a ball, stopping often to scrape down sides.

Use a cookie press fitted with a bar-shaped disk to shape dough into 2 1/2-inch straws, following manufacturer's instructions. Or divide dough in half and shape each portion into a 7-inch log; wrap in plastic wrap and chill 1 hour. Cut into 1/4-inch slices. Place on lightly greased baking sheets.

Bake at 375 degrees for 8 minutes or until browned. Transfer to wire racks to cool. Yield: 5 dozen.

**Savory Southern Pecans**  
1/4 cup unsalted butter  
1 1/2 t. ground cumin  
1/4 t. ground red pepper  
3 cups pecan halves  
2 T. sugar  
1 t. salt

Melt butter in a large saucepan; add cumin and red pepper and cook 1 minute. Remove from heat; add pecans, sugar and salt, stirring to coat. Spread pecans in a single layer in a 15 x 10 x 1-inch jellyroll pan.

Bake at 300 degrees for 20 minutes, stirring occasionally. Serve warm or at room temperature. Store in an airtight container up to 5 days. Yield: 3 cups.

**Bacon-Jalapeno-Tomato Quesadillas**  
2 T. butter or margarine, softened  
6 (8-inch) flour tortillas  
4 cups (16-ounces) shredded Monterey Jack cheese  
12 slices bacon, cooked and crumbled  
1 small tomato, peeled, seeded and chopped  
4 pickled jalapeno peppers, finely chopped  
1 t. ground cumin  
Garnish: fresh cilantro sprigs  
salsa

Spread butter on one side of each tortilla. Place tortillas, buttered side up on ungreased baking sheets. Bake at 400 degrees for 3 minutes or until lightly browned. (Tortillas may be baked up to 2 hours ahead.)

Combine cheese and next 4 ingredients; sprinkle evenly over tortillas.

Bake at 400 degrees for 5 minutes or until cheese is bubbly. Cut each tortilla into four; garnish, if desired. Serve with salsa. Yield: 2 dozen.

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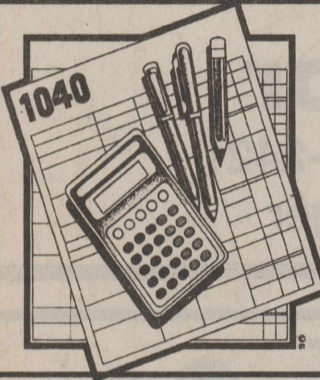
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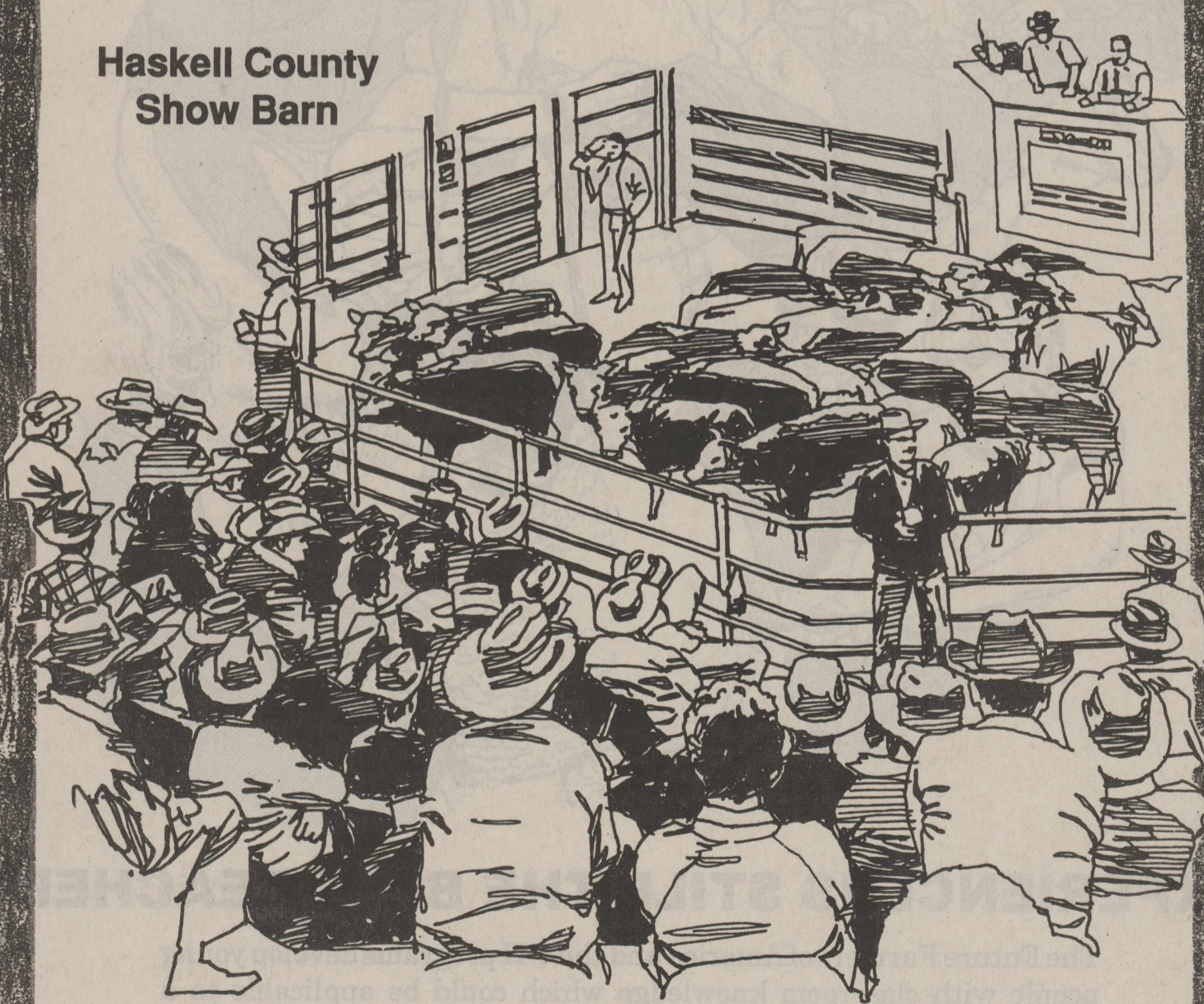
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**CELEBRATING ONE HUNDRED**—Haskell Elementary School students in teacher Doris May Watson's first grade class learn about the number 100 during a celebration of going to school for 100 days.



**ONE HUNDRED AND COUNTING**—First grade students of teacher Marijane Cunningham celebrated going to school for 100 days by having a party and learning about the number 100 through various activities.

## Food safety tips put lunch box bugs on ice

Parents who do their food-safety homework can protect their children's brown-bag lunches from hungry bacteria.

"Bacteria love school-room temperatures, which allows them to multiply quickly when there's also a source of food and moisture," said Dr. Debby Demory-Luce, a registered dietitian with the USDA/ARS Children's Nutrition Research Center at Baylor College of Medicine in Houston.

To keep harmful bacteria at bay, she offers the following suggestions.

- Purchase well-insulated lunchboxes or bags, insulated bottles for hot and cold foods and several days' supply of freezer gel

packs.

- Stock up on shelf-stable foods, such as canned fruit or puddings with pop-top lids, peanut butter, crackers, fresh fruit, bottled water, single-serve packets of mayonnaise and boxes of 100 percent fruit juice. Disposable silverware and individual hand wipes are also a good idea.

At home:

- Wash hands, food preparation surfaces and utensils with hot soapy water before making lunch-box fare. Wash raw fruit and vegetables thoroughly.

- Avoid using mayonnaise or mayonnaise-type dressings as a spread or salad base for take-along lunches that can't be refrigerated. Handle other perishable foods like

sandwich meats with care.

- Prepare lunch-box offerings the evening before and store in the refrigerator or freezer. Frozen sandwiches, bottled water and juice boxes offer additional protection and will usually thaw completely by lunchtime.

- Tightly wrap cold foods in waterproof plastic and pack around a frozen ice pack or juice box.

- Pre-heat or pre-chill insulated bottles to maximize the protection they provide. Fill with piping hot water or ice water and let stand a few minutes.

At school:

- Store lunchboxes and bags out of direct sunlight and away from schoolroom radiators.

- Discard leftovers. Gel packs and insulated containers won't keep foods safe all day.

After school:

- Wash lunchboxes, gel packs and insulated bags with hot, soapy water and air dry. Using a little baking soda helps control food odors. Return gel packs to the freezer.

## Children's money choices can be habit forming

by Lou Gilly

Haskell Co. Extension Agent A recent survey by "Zillions" magazine found that children are spending more money on snacks than anything else. They're spending five dollars a week on drinks, candy, chips and cookies. School vending machines are a major point of purchase for these snacks.

Extension family economist Lynn White says children's current spending habits affect their lifetime financial well being. Imagine if a third-grader saved 50 cents each school day instead of dropping it into a coin slot. A third-grader

could save \$900 by graduation. White says it's never too late to start saving. A ninth-grader could save \$360. She says the savings could be even greater if parents teach children how to choose interest-earning savings accounts.

White says the secret is to teach children to start early and save regularly. She gives the example of a 20-year old who saved \$28 a week in an investment that earns nine percent a year. That child could retire a millionaire at age 65. White says each choice a child makes builds or reduces their financial well being now and over a lifetime.

*Back the Indians!*

## First graders celebrate 100th day of school

Going to school for 100 days may seem like a long time for some students, but for first graders, it's a goal to look forward to and a reason to celebrate.

Students in the first grade classes of Doris May Watson and Marijane Cunningham spent Wed., Jan. 19 celebrating the number 100 with math games, arts and crafts, reading and writing and food activities. The students learned to count by fives

and tens and worked with place value.

After their arts and crafts project, the first graders made a list of 100 words they can read and write, listened to stories about fun things to do on day 100 and learned a new song about the 100th day.

When asked what they would do with 100 dollars, their replies

varied. Some wanted to spend their money on houses, cars and toys. Others would give their money to the poor and to God. One even wanted to buy their daddy a motorcycle.

At the end of the day, the students enjoyed a party and were awarded a certificate for giving 100% all day.

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## Ag Credit of Texas, PCA Says 180 Youngsters Need Your Support

That's how many Haskell County youths have entered this year's show — 265 head of livestock have been entered.

We urge you to attend this year's show. If you haven't been contacted for a contribution to the premium sale, Saturday at 12:00 noon, call Duane Gilly or James Bevel at 864-3310, Kenny Cockerell at 743-3478 or Dale Bullinger at 864-3908. Good kids need support too! ...and these kids and their families are some of the cream of the crop. Come out Thursday, Friday and Saturday, January 27-28-29.

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# Texans are more obese than in 1991, need to eat less

by Lou Gilly  
 Haskell Co. Extension Agent  
 Everything is bigger in Texas, or so the saying goes. Trucks are bigger. Buildings, hair and steaks are bigger. And now, according to the Journal of the American Medical Association (JAMA), Texans are getting bigger, too.  
 Since 1991, the percentage of obese Texans has increased by 56 percent, according to JAMA figures. Jenna Anding, a registered dietitian and nutrition specialist with the Texas Agricultural Extension Service in College Station, isn't too surprised.  
 According to recent figures, adults are consuming an estimated 230 calories more today than they were 20 years ago. Illustrating her point, Anding says, "Without increasing one's physical activity, this could add up to a weight gain of about 24 pounds in the course of a year."  
 Where are these extra calories

coming from? Some experts believe that the increase in eating out is one factor behind the rise in food consumption. According to U. S. Department of Agriculture surveys, people tend to eat more fat and calories when they eat out thanks, in part, to the portion sizes served at everyday restaurants.  
 For example, in 1957 an ordinary fast-food hamburger contained about 1 ounce of meat—much less than the typical 6-ounce patty found in burgers today. An average soda was 8 ounces, a mere splash in comparison with the 32-64 ounce drinks served today.  
 "Been to the movies lately?" asks Anding. "The medium size tub of popcorn you bought probably contained about 16 cups—much more than the 3-cup serving found 40 years ago."  
 And while food intake has steadily increased, exercise has not. An estimated 60 percent of American adults are not

participating in regular physical activity, which is defined by the Centers for Disease Control and Prevention as 30 minutes or more of moderate-intensity physical activity on all, or most, days of the week.  
 So how can we eat less and move more to achieve healthier weights? Anding says there are several ways that consumers can eat less.  
 First, eat from a plate instead of a bag or a box. Those "hand-fuls" of chips or cookies tend to add up fast. When you eat from a plate you can see how much you are eating.  
 Try serving your meals on smaller sized plates. The plate will look like it is full of food so you won't feel cheated.  
 "Keep in mind that it takes about 20 minutes for the brain to realize that the stomach is full, so think twice before reaching for that second helping," cautions Anding.

Read food labels - fat free doesn't mean calorie free.  
 Prepare more of your meals and snacks at home.  
 Finally, sit down and enjoy your meals. "It's not uncommon for people to eat in front of the TV or while they're doing other things. This can also result in overeating," she explained.  
 Anding, who walked almost a mile across the Texas A&M University campus to be interviewed for this article, says that individuals who don't like traditional forms of exercise can still fit in regular physical activity if they are willing to be creative.  
 For example, at work take time from your lunch break for a brisk walk. Want a clean house and a good physical workout at the same time? Try scrubbing the floors by hand or cleaning out your kitchen cabinets. Other ways to sneak in physical activity around the house include doing yard work like

gardening or mowing the lawn.  
 When the kids go to soccer practice do you sit and watch? Try walking up and down the sidelines instead.  
 Finally, for pet owners, at least one study has found that owners

who were overweight had dogs that were overweight as well. If you won't exercise for yourself, then do it for Fido or Spot.  
 "The bottom line," concludes Anding, "is get off the sofa and move."

## Haskell School Menu

**Jan. 31-Feb. 4 Breakfast**  
 Juice or fruit and milk are served daily on the breakfast menu. Cereal offered daily.  
**Monday:** No School  
**Tuesday:** Egg, toast & sausage  
**Wednesday:** Blueberry muffins  
**Thursday:** Biscuits/gravy, sausage  
**Friday:** Breakfast pizza  
**Lunch**  
 A choice of baked potato with choice of topping or a salad bar are offered daily at the High School. Ala-carte line offered daily. Secondary only. Snack bar price

list posted in each class. Milk and assorted drinks are served daily at the High School. Milk and juice are served daily at the Elementary School.  
**Monday:** No School  
**Tuesday:** Salisbury steak, creamed potatoes, black-eyed peas, hot rolls, pineapple tidbits  
**Wednesday:** Stromboli, tater tots, vegetable sticks, orange wedges  
**Thursday:** Chicken fried steak, gravy, creamed potatoes, green beans, hot rolls, ice cream  
**Friday:** Hamburger, French fries, pickle spears, fruit cobbler

## ECC Calendar and Menu

**Monday, January 31**  
 Lunch-Pizza, corn O'Brien, tossed salad, cake, milk, tea or coffee  
**Wednesday, February 2**  
 Lunch-Peppered steak, rice, corn niblets, carrot salad, cake, bread, milk, tea or coffee  
**Thursday, February 3**  
 Fund Raiser Lunch-Stew, cornbread, apricot cobbler, tea or coffee

**Friday, February 4**  
 Lunch-Baked ham, O'Brien potatoes, broccoli, pickled beets, cook's dessert, bread, milk, tea or coffee  
 Announcements begin at 11:45 a.m. followed by lunch.  
 All over 60 are invited to come and eat. Call 864-3875 for transportation to the center or for home delivered lunches for the sick or disabled.

## This Week's Devotional Message:



One of the principal differences between a free society and a totalitarian one is that we elect our governing officials, who win by a complicated process based on receiving a majority of the votes. This means that there are also those of us who would have preferred another candidate or slate of officers, and who received the news of this defeat with not only disappointment but also great apprehension about the

fate of our country. Nonetheless, when the majority speak, the remainder must accept the verdict with good grace; and we must all pray at our House of Worship for the Lord to guide the chosen leaders in the right direction. Also, we should let them know of our concerns and recommendations. If we all do this, it might enable them to do a better job; and prove our fears about the future to be completely unfounded.

### ATTEND CHURCH THIS SUNDAY

- HASKELL**
- East Side Baptist Church**  
 David Page, pastor  
 Sun. 8:30 a.m., 9:45 a.m., 11 a.m., 6 p.; Wed. 7 p.m.  
 600 N. 1st East, Haskell
- Christian Church**  
 Dusty Garison, minister  
 Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m.  
 107 N. Ave. F, Haskell
- Church of God**  
 Eric Clark, pastor • 864-2021  
 Sun. 9:45 a.m., 11 a.m., 6 p.m., Wed. 7:00 p.m.  
 East Hwy 380, Haskell
- Trinity Lutheran Church**  
 Gary Bruns, pastor  
 Sunday School 9:30 a.m., Worship 10:30  
 Hwy 380 East, Haskell
- Iglesia Bautista El Calvario**  
 Sun. Morn. 9:45 a., 10:45 a.m., 5 p.m.; Wed. 7 p.m.  
 607 S. 7th, Haskell
- First United Methodist Church**  
 Shane Brue, pastor  
 Sun. Morn. 9:45 a.m., 10:50 a.m. 6 p.m.; Wed. 6 p.m.  
 201 N. Ave. F, Haskell
- First Assembly of God**  
 Rev. J.C. Amburn  
 Sun. Morn. 9:45 a., 10:45 a.m., 6 p.m.; Wed. 7 p.m.  
 1500 N. Ave. E, Haskell
- St. George Catholic Church**  
 Father Michael Melcher  
 Sat. Mass 7:15 p.m.; Sun. Morn. 9:00 a.m.  
 901 N. 16th, Haskell
- Church of Christ**  
 Brett Anderson, minister  
 Sun. Morn. 9:30 a., 10:30 a., 6 p.m.; Wed. 7:30 p.m.  
 510 N. Ave. E, Haskell
- First Presbyterian Church**  
 Luther S. Hollowell, II, pastor  
 Sun. Morn. 9:45 a.m., 11:00 a.m.  
 306 N. Ave. E, Haskell
- Trinity Baptist Church**  
 Rev. Kenneth Blair  
 Sun. Morn. 10 a., 11 a., 6:30 p.m.; Wed. 7:30 p.  
 401 S. Ave. D, Haskell
- Hopewell Baptist Church**  
 John Lewis, pastor  
 Sun. Morn. 9:30 a.m., 11:00 a.m.; Wed. 7 p.m.  
 908 N. Ave. A, Haskell

- Greater Independent Baptist Church**  
 Bobby Ray Wade, pastor  
 Sun. Morn. 9:30 a., 11:00 a., 6:30 p.; Wed. 7 p.  
 301 N. 3rd St., Haskell
- New Covenant Foursquare**  
 Kevin and Sharon Fletcher, pastors  
 Sun. Morn. 10 a., 11:00 a., 6:30 p.; Wed. 7 p.m.  
 200 S. Ave. F, Haskell
- Mission Revival Center**  
 Rev. William Hodge  
 Sun. Morn. 10 a.m., 11 a.m., 6 p.m.; Tues. 6 p.m.  
 1600 N. Ave. B, Haskell
- First Baptist Church**  
 Kevin Hall, pastor  
 Sun. Morn. 9:45 a., 10:55 a., 6 p.m.; Wed. 7 p.m.  
 301 N. Ave. E, Haskell
- Church in the Park**  
 Rev. Tim and Suzann Townsend  
 Sun. Morn. 10:30 a.m. Wed. 7 p.m.  
 Gazebo or Pavillion
- PAINT CREEK**
- Paint Creek Baptist Church**  
 Sun. Morn. 10:00 a.m., 11:00 a.m., 6 p.m.  
 Paint Creek
- WEINERT**
- First Baptist Church**  
 Joel Rister, pastor  
 Sun. Morn. 10:00 a., 11:00 a., 6 p.; Wed. 7 p.m.  
 Weinert
- Weinert Methodist Church**  
 Rev. James Patterson  
 Sun. Morn. 9:45 a.m.  
 Weinert
- Weinert Foursquare Church**  
 Rev. Joyce Goossen and Rev. Diane Crowmover  
 Sun. Morn. 10 a.m., 11 a.m. Wed. 7 p.m.  
 Weinert
- ROCHESTER**
- Church of Christ**  
 Steve Willis, minister  
 Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 6 p.m.  
 West on Main Street, Rochester
- First Baptist Church**  
 Ed Buerkle, pastor  
 Sun. 11:00 a.m., 6 p.m.; Wed. 7:00 p.m.  
 500 Main, Rochester
- Union Chapel Baptist Church**  
 Rev. Clarence Walker  
 Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m.  
 Rochester

- Faith Chapel of Rochester**  
 Katherine Byrd, minister  
 Sun. Morn. 10 a.m., 11 a.m., 7 p.m.  
 Hwy 6, Rochester
- First United Methodist Church**  
 Dolan Brinson, pastor  
 Sun. Morn. 10:00 a.m., 11:00 a.m.  
 Rochester
- SAGERTON**
- Sagerton Methodist Church**  
 Tommy Wilson, pastor  
 Sun. Morn. 9:30 a.m.  
 Sagerton
- Faith Lutheran Church**  
 Jeff Zell, pastor  
 Sun. Morn. 9:15 a.m., 10:30 a.m.; Wed. 7 p.m.  
 Sagerton
- RULE**
- First Baptist Church**  
 Scott Hensley, pastor  
 Sun. Morn. 9:45 a., 11:00 a., 6 p.m.; Wed. 7 p.m.  
 1001 Union Ave., Rule
- Primitive Baptist Church**  
 Dale Turner Jr., pastor  
 First & Third Sundays 10 a.m.  
 Corner of 8th & Robins, Rule
- Church of Christ**  
 John Greason, minister  
 Sun. Morn. 9:45 a., 10:40 a., 6 p.m.; Wed. 7 p.m.  
 811 Union, Rule
- First United Methodist Church**  
 Shane Brue, pastor  
 Sun. Morn. Worship 9 a.m.  
 Sunday School 10 a.m.  
 1000 Union Ave., Rule
- New Life Baptist Mission**  
 Jesus Herrera  
 Sun. Morn. 10:00 a.m., 11:00 a.m.  
 Elm Street/Hwy 380 E, Rule
- Sweet Home Baptist Church**  
 Sun. Morn. 10:00 a., 11:00 a., 6 p.; Wed. 7 p.m.  
 Gladstone Ave., Rule
- West Bethal Baptist Church**  
 Rev. Robert Sweet  
 Sun. Morn. 10 a., 11 a., 8 p.m.; Wed. 7:30 p.m.  
 300 Sunny Ave., Rule

## Hypothermia can occur quickly

Winter can mean big trouble for the older generation. Hazards include broken bones from falls on ice, breathing difficulties triggered by cold air and hypothermia.  
 Hypothermia is a condition marked by an abnormally low internal body temperature. It develops when body heat is lost faster than it can be replaced and it affects older people more often than younger people.  
 It is estimated that about 10 percent of all persons over 65 have some sort of temperature-regulating defect. The National Institute on Aging also estimates that more than 2.5 million older Americans are especially vulnerable to hypothermia.

And remember, seniors don't even have to be outdoors to suffer from hypothermia. Anyone who lives in a poorly heated home or senior-care facility is at risk. Even mildly cool temperatures of 60-65 degrees (15.5 to 18.3 C) can trigger the condition.  
 Signs of hypothermia include confusion or sleepiness; slurred speech or shallow breathing; weak pulse or low blood pressure; stiffness in the arms or legs or poor control over body movements. Severe hypothermia can cause an irregular heartbeat, leading to heart failure and death.

At greatest risk are those who already have conditions that affect the body's response to the cold such as thyroid disorders, stroke that causes paralysis, severe arthritis, Parkinson's disease and memory disorders.  
 Certain medications can also interfere with the body's ability to regulate its temperatures. They include drugs to treat anxiety, depression and some over-the-counter cold remedies.

It's important for older individuals to keep warm and dry during the cold months ahead. Dressing appropriately can make a difference. Wear several loose, warm layers. Thick wool socks and a cap can combat winter's chills. At night, use extra blankets because hypothermia can develop during sleep.  
 And, get plenty of rest, fatigue makes you more vulnerable to subnormal heat and cold, eat nutritious foods, exercise moderately and limit your alcohol intake since alcohol speeds up body heat loss.

## Hydration is important during winter activities

Drinking a tall glass of water before heading for an outdoor winter workout might not be appealing, but it's essential.  
 "A person can become dehydrated even when participating in cold-weather activities because the body still heats up during exercise," said Becky Gorham, a research nutritionist with the USDA/ARS Children's Nutrition

Research Center at Baylor College of Medicine. "It's important to remember that the body performs the same functions whether it's cold or hot outside."  
 According to Gorham, the key is to stay away from cold water while hydrating during a workout because it can cause the body to chill faster. While eight glasses of water is the recommendation for a sedentary person, active people should drink more. The rule of thumb is to drink one liter of water for every 1,000 calories expended.  
 If you can't drink that much, consider seltzer, diluted juice, decaffeinated tea or fruits and vegetables that have a higher water content, such as lettuce, cucumbers and tomatoes, as alternatives.  
 Remember that thirst is not an accurate measure of hydration. It's best to pay attention to how your body feels and how it is performing. Sluggishness, low energy level and headaches can signal inadequate fluid intake.  
 "If you don't drink enough fluids, you are likely to be fatigued and train poorly, which can significantly affect your performance," Gorham said.

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**7TH GRADE MAIDENS**—Taking 1st place in the Haskell Tournament Jan. 20 and 22, the 7th grade girls basketball team defeated Stamford, 40-14 and Eula 44-24. Seated front, l-r, are: Jaclyn Drinnon, Shanea Mays, Calina Kendall, Alexis Reed, Debra McNeil. Back row, Adria Stephens, Breanna Wheatley, Amy Pena, Whitney Wallace, Monica Buerger, Eden Thomas, Morgan Acosta. Standing back are coaches Jimmy Fuentes and Julie Brunson. The team's District record is 7-0.

## Favorite recipes for Super Bowl fans

**Tortilla Roll-Ups**  
 1/4 cup light process cream cheese product, softened  
 3 T. canned chopped green chiles  
 2 t. no-salt-added tomato sauce  
 1/2 t. chili powder  
 1/4 t. garlic powder  
 5 (7-inch) flour tortillas  
 1 (6 ounce) package deli thin sliced smoked turkey breast  
 2 T. chopped ripe olives  
 Beat cream cheese in a bowl at medium speed of an electric mixer until smooth. Add chiles and next 3 ingredients; stir well. Spread over tortillas. Top with turkey and olives. Roll up tortillas jellyroll fashion. Cover with plastic wrap; chill 2 hours. Cut into 1-inch pieces. Yield: 35 roll-ups.

**Bean Burrito Appetizers**  
 1/2 cup chopped onion  
 vegetable cooking spray  
 1 (15-ounce) can kidney beans or pinto beans, drained and mashed  
 1/3 cup mild salsa  
 1 T. chili powder  
 1/8 t. garlic powder  
 1/8 t. salt  
 1/8 t. pepper  
 1/4 cup reduced-fat cream cheese  
 1/2 cup cubed avocado  
 1 1/2 t. lemon juice  
 1 (8.5 ounce) package 6-inch flour tortillas  
 1 medium-size sweet red pepper, cut into thin strips  
 commercial salsa  
 nonfat sour cream

Cook onion in a nonstick skillet coated with cooking spray over medium heat, stirring constantly, until tender. Stir in mashed beans, salsa and the next 4 ingredients. Set aside bean mixture.  
 Combine cream cheese, avocado and lemon juice; spread about 2 1/2 t. over one side of each tortilla, leaving a 1/2 inch border around edge. Spread 2 T. bean mixture over avocado mixture. Top with 2 or 3 pepper strips and roll each tortilla up.  
 Cut each tortilla roll into fourths; insert a wooden pick into each appetizer. Serve with salsa and sour cream. Yield: 40 appetizers.

**Brie Cheese Straws**  
 1/2 lb. Brie, softened  
 1/2 cup butter, softened  
 2 cups all-purpose flour  
 1/4 t. salt  
 1/4 t. ground red pepper  
 1/4 t. Worcestershire sauce

Position knife blade in food processor bowl; add Brie (with rind) and butter. Process until blended, stopping often to scrape down sides. Add flour and remaining ingredients, pulsing until soft dough forms.

Use a cookie press fitted with a star-shaped disk to shape dough into straws, following manufacturer's instructions. Or divide dough in half and shape each portion into an 8-inch log; wrap in plastic wrap and chill 8 hours. Cut chilled dough into 1/4-inch slices. Place cheese straws on ungreased baking sheets.

Bake at 375 degrees for 8 minutes or until lightly browned. Transfer to wire racks to cool. Yield: 7 dozen cheese straws or 5 dozen wafers.

**Lemon-Cheese Party Bites**  
 1 (10 ounce) can refrigerated flaky buttermilk biscuits  
 1 (5 ounce) can refrigerated flaky buttermilk biscuits  
 1 (8 ounce) package cream cheese  
 3/4 cup sifted powdered sugar  
 1 1/2 T. lemon juice  
 Separate each buttermilk biscuit into 3 or 4 layers.  
 Cut cream cheese into 48 cubes. Wrap each cube with a biscuit layer, pinching edges to seal; place on lightly greased baking sheets.  
 Bake at 400 degrees for 8 to 10 minutes or until golden; remove to wire racks to cool.  
 Combine sugar and lemon juice; drizzle over bites. Yield: 4 dozen.

**Cheese Wafers**  
 1/2 cup butter or margarine, softened  
 1 1/2 cups (6 ounces) shredded sharp Cheddar cheese  
 1 cup all-purpose flour  
 dash of salt  
 dash of paprika

1 1/2 cups cornflakes cereal, crushed  
 1/2 cup finely chopped almond  
 Position knife blade in food processor bowl; add butter and cheese. Process until blended. Add flour, salt and paprika; process until mixture forms a ball, stopping often to scrape down sides. Add crushed cereal and almonds; pulse 4 times.  
 Shape dough into 1/2-inch balls. Place balls about 2 inches apart on ungreased baking sheets. Flatten each ball in a crisscross pattern with a fork dipped in flour.  
 Bake at 350 degrees for 15 minutes or until lightly browned. Remove to wire racks to cool. Yield: 4 1/2 dozen.

**Cheesy Barbecue Popcorn**  
 2 T. butter or margarine, melted  
 1/2 t. chili powder  
 1/2 t. garlic salt  
 1/4 t. onion powder  
 8 cups popped popcorn  
 1/4 cup grated Parmesan cheese



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## Student in the News

David Bruns, a senior psychology major at Texas Lutheran University, Seguin, was named to the Provost's List for work completed in the fall semester of the 1999-2000 school year.

Bruns is a resident of Haskell. The Provost's List was announced by Dr. John T. Masterson, executive vice president and provost of the University. To be named to the Provost's List, students must have a 3.5 cumulative grade point average with a minimum of 12 graded hours in the past semester.

## Hospital

**Admissions**  
 Juanita Fuentes, Weinert  
 Jerry Smith, Knox City  
 Lena Tackitt, Knox City  
**Dismissals**  
 David Lyons, Alma Smith,  
 Beulah Toliver, Paul Dick, Wayne Peiser, W. P. Hise, Delma Matthews, Manuel Estrada, Jr., Paul Barnes, Nelda Decker

## Five ways to save on auto insurance

by Lou Gilly  
 Haskell Co. Extension Agent  
 Many consumers think that everyone pays the same amount for auto insurance, but what you and your neighbors pay can be very different. Family economist Nancy Granovsky says what you pay depends on many factors: your insurance company, the kind of car you drive, where you live and the coverage you carry.

Granovsky says there are easy ways to save on insurance. First, comparison shop for coverage. Consult the Texas Department of Insurance Web site at [www.tdi.state.tx.us](http://www.tdi.state.tx.us). Each insurance company is listed on the site along with cost information and company ratings. Consumers should also note that collision rates

are highest for luxury, high performance vehicles and sports cars. Cars that cost more to repair may also carry higher insurance costs.

Next, raise your deductibles. Raising your deductible from \$250 to \$500 or more will save premium dollars. Also investigate mandatory discount options. Discounts for features like air bags and anti-theft devices are mandatory in Texas. Investigate optional discounts, too. For example, check to see if discounts for anti-lock brakes or good student discounts are available. Granovsky says you may be able to save important premium dollars without sacrificing the coverage you need by checking out the details.

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