# Haskell Free Press

VOL. 117-NO. 51, ©DECEMBER 18, 2003

"The People's Choice'

12 PAGES-ONE SECTION-50 CENTS

## Basketball games

> JV-VB OPEN Fri., Dec. 19

PAINT CREEK
Paint Creek vs Lueders-Avoca
Fri., Dec. 19, 6:30 p.m.
at Paint Creek

### Calendar

# Early deadlines

Deadline for the Christmas edition of the Haskell Free Press to be published Thurs., Dec. 25 is Thurs., Dec. 18 at 5 p.m. Deadline for the New Year's edition to be published Thurs., Jan. 1 is Tues., Dec. 23 at noon.

### Food distribution

The Haskell County
Ministerial Alliance Food
Distribution Center will
distribute food Sat., Dec. 20
from 10 a.m. til 11:30 a.m. at
206 S. 2nd (building east of
Civic Center) in Haskell.
Volunteers are needed.

### Christmas eve service

First United Methodist Church in Haskell will hold Christmas Eve communion and candlelight services Wed., Dec. 24 at 6 p.m.

# Christmas mass

St. George Catholic Church in Haskell will hold mass on Christmas Eve, Wed., Dec. 24 at 8 p.m. and on Christmas Day, Thurs., Dec. 25 at 9 a.m.

## **Immunizations**

The Texas Dept. of Health in Stamford will hold an immunization clinic Thurs., Dec. 18 at the Haskell National Bank Community Building in Haskell. Clinic times are from 1:30 to 4 p.m..

# Society to meet

The Haskell County
Historical & Genealogical
Society will meet Mon., Jan. 5
in Haskell City Hall at 7 p.m.

Candlelight service

First Presbyterian Church, 306 N. ve. E, Haskell will host a Christmas Eve candlelight communion service at 6 p.m. Dec. 24.

## Soup kitchen

The fifth annual Haskell soup kitchen will be held Tues., Dec. 30 at Haskell Elementary Cafeteria from 11:30 a.m. to 1 p.m. Everyone is welcome to come and eat a warm, healthy meal and enjoy visiting with friends and neighbors. Carry outs will be available for shut-ins. Those needing carry outs should call the Haskell Experienced Citizens Center at 864-3875. Cost of the meals is funded by donations from Souper Sunday, so there will be no charge to anyone. The event is sponsored by Haskell CISD and the Haskell County Commissioners' Court.

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VETERAN CLUB WOMAN HONORED—During the state meeting of the Texas Extension Education Association in Plano, Mildred Robertson of Haskell was honored for sixty years of service and dedication to the Texas program through her membership in

Haskell County Extension Clubs since 1943. After her photo was taken during a meeting of the District EEA, it was discovered that, ironically, she was standing in front of a framed 1943 calendar, the year she joined the Center Point Home Demonstration Club.

# Robertson honored by state Extension Education Association

By Mary Kaigler

Mildred Robertson, 60 year member of the Haskell County Extension Education Association, who was recently honored by the local organization, has also been recognized for her years of service by the Texas Extension Education Association.

Robertson is the first Haskell County Extension Education Association member to be a member for 60 years. She started her years of service to the organization by joining the Center Point Home Demonstration Club in 1943. Eight years later, when she moved to a different location in the county, she joined the Josselet Club. When the Josselet Club disbanded in 1997, she joined the Homespun Club, where she is still an active member.

She has held each office in her club and on the County Council level several different times. Recognized

**Goodfellows Donations** 

The Haskell Goodfellows are accepting donations for Christmas boxes

to be distributed to needy families this holiday season. Boxes will be

delivered on Dec. 24 to those who have been selected to receive them.

Those with donations of food, contact a Lions Club member; toys and

clothing may be taken to the Haskell Fire Dept.; and cash donations may

be sent to The Haskell Free Press, P. O. Box 555, Haskell, TX 79521.

In memory of Edna Burnett by E. H. Burnett ......\$25

Anonymous .......\$50

In memory of Sandra Wallace by Dee and Ruth Larned ......\$25

Jimmie L. Adkins ......\$100

Previous total ......\$375

Total to date ......\$650

as Haskell County's Club Woman of the Year in 1967, she was presented a 50-year membership certificate in 1993. During the years, she has attended many District and State meetings and has been a participant in District Cultural Arts Day and Tri-County Rally Day.

Robertson says some of the highlights of her 60 years as a member include making mattresses in the 1950s; attending tailoring workshops in the 1960s where she learned to make a wool suit (and then teaching her neighbor how to make a suit); learning about preparing balanced meals and saving money at the grocery store by following a set of weekly menus; making quilts as a service to members and also as a fund raiser for her club; learning a lot about canning; working at the Haskell County Fair; participating in come-as-you-are breakfasts and progressive dinners; taking part in educational tours to the State Fair and other places in Texas; delivering meals with other club members for the Experienced Citizens Center; working at the County Livestock Show concession stand and working on county projects of compiling 3 different cookbooks and 2 countywide birthday calendars for fund raisers.

One of her fondest memories is the excitement her daughters experienced on club days when they knew they would be attending the club meeting with her. "They couldn't wait to find out what they would have for refreshments that day," she said.

Robertson is an active member of the Haskell First Baptist Church. Her hobbies include hand work, working pencil puzzles, watching quiz shows, reading, and playing cards and dominoes with family and friends. Another special interest is visiting relatives who live out of state.

Her years of membership have covered a lot of changes. In 1949 there were 14 clubs in Haskell County; now there is just one. The organization that started out with the original name of Home Demonstration Clubs has been through three name changes during Robertson's club career; Extension Homemakers Clubs in 1979, Family and Community Education Clubs in 1993, and now Extension Education Association Clubs.

Former Haskell County Extension Agent, Lou Gilly, said that during 60 years of membership, Robertson has helped "train" 12 Home Economics Agents, 6 Ag Agents, and 6 full-time secretaries. She estimates that the long-time club woman has participated over 1,500 meetings of club, council, district, state, etc.

"Mildred has been an active member of Extension committees and task forces for many years. Her lifetime experiences and her genuine interest in Extension programming has proved to be invaluable during her many years of involvement," Gilly said. "During her 60 years of membership she has been a friend to other members and has served as a shining example of what Extension Education Association is all about."

# Fireworks display to pop Dec. 31

The 5th Annual W. E. Hollingsworth Memorial Fireworks display, sponsored by the Haskell County Historical Commission, will be held Wed., Dec. 31 to usher in the new year. At the request of many who are sleepy by midnight, the event will begin at 9:00 p.m.

Jim Hollingsworth and assistants will set off a large load of fireworks on the Hollingsworth farm between Rule and Rochester, located five miles west of Hwy. 6 at the intersection of FM 2407 and County Road 146. The fireworks will be on the west side of County Road 146 on thirty acres of land prepared for the event. Parking along FM 2407 for a mile east of County Road 146 will provide a prime view of the fireworks display.

Historically, the yearly celebration, which began five years ago, is the result of a discussion back in 1944 between young Jim Hollingsworth and his grandfather, William Edward Hollingsworth, about the change of the century that would be taking place in 2000. The five-year-old boy was heartbroken to think that his beloved granddad would not be with him to witness the new century on New Year's Eve. He vowed to celebrate in honor of his grandfather, nevertheless.

In 1999, when an article was

published about the memorial event, news wires picked up the story and triggered response among area grandparents. The older generation brought their grandchildren to witness the fireworks party Jim Hollingsworth threw in honor of his grandfather's memory a half-century after their talk. Now, the event has become a ritual for many area residents.

Hollingsworth invites everyone to view the display, and he estimates that the small, but close-knit Jud Community, population about 25, will again swell into hundreds of people on New Year's Eve.



MAINTENANCE MECHANIC RETIRING—David Larned, right, is retiring after 19 years of services to the Haskell Housing Authority. He has served the Rural Development and Projects I and II property sites as a maintenance mechanic since 1985. Larned and wife, Azile, plan to travel and finish their house. He plans to continue with some part-time carpentry projects. Steve Sammons, left, will fill the position, beginning Jan. 1.

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**Eating disorder** 

can cause oral

complications

Bulimia nervosa is an eating

disorder characterized by episodes of

binging on large amounts of food

followed by purging through self-

induced vomiting to control weight.

This disorder not only damages the

body, but also causes problems inside

Dentistry say the acid that comes up

during vomiting episodes can have a

devastating effect on one of the

hardest tissues in the mouth-tooth

Oral complications associated

with bulimia include erosion of the

teeth, bleeding gums, cavities and

raised fillings (fillings left above

tooth surfaces as erosion occurs).

Also, braces and temporary

restorations may not stay on the teeth

because stomach acid will dissolve

the temporary cement used to keep

Naturally, the most important

advice is to seek the help of a

physician in overcoming the disorder.

these materials in place.

Professors at Baylor College of

#### Get Connected . . . Meanwhile, to prevent further wearing of teeth, sufferers should rinse the mouth frequently with water. They also are advised to Local Internet Access reduce sugar in the diet, brush and floss properly, chew sugarless gum Local Tech Support to increase salivary flow or use artificial saliva and apply fluoride in Free Software toothpastes, rinses or gels to reduce Multiple Free E-mail Accounts sensitivity of teeth and build resistance to decay from acid. Free Home page No set-up fee Gin Report Unlimited Access Dec. 15, 2003 Haskell \$19.95 per month or \$16.95 per month Haskell Co-op Gin ..... Haskell County Gin ......3,284 if paid annually O'Brien O'Brien Co-op Gin ..... **West Texas Internet** Rule Rule Co-op Gin ...... 4,125 Locally Owned and Operated Weinert 864.8124 • www.westex.net • adminstrator@westex.net Griff's Gin ..... Weinert Gin ..... 3,284 Haskell Total Bales ......25,663



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# **Obituaries**

# **Emma Geneva Franklin**

Funeral Home.

Mrs. Franklin died Sat., Dec. 13 at Covenant Medical Center in

Born April 12, 1914 in Calhoun, Georgia, she was the oldest of three children of Oscar and Mattie Gipson. Her mother, father and brother, J. B. Gipson preceded her in death. She married James Herman Franklin Aug. 25, 1934 at the First Baptist Church in Afton. She loved life and especially her family. She spent many hours traveling to see her children and grandchildren in their activities and to be with them during the holidays. She loved her friends in the Haskell community and especially her church. She was a member of the First Baptist Church in Haskell. She loved to teach Sunday school and taught a Sunday school class for seven and eight year olds for many years. She was a member of the Lydia and Ruth Sunday School Class and was honored to be the president of the class for three years. She had fond memories of the Experienced

to play Canasta and talked about her di Canasta Group. They were veryo special in her life.

Survivors include one son and daughter-in-law, James Harold and Mollie Franklin of Richardson: one daughter and son-in-law. Genevaxa Ann and Thomas V. Alvis of Lubbock; three grandchildren, Berry and wife. Elizabeth Alvis of Lewisville, Sherri and husbands Adam Rodriguez of Slaton and Elizabeth Alvis of Lubbock; seven great grandchildren, Callie and Ethan Alvis, Stephen and wife, Mindi Rodriguez, Sarah Rodriguez, Michael Rodriguez and Matthew Rodriguez; one great great grandchild, Jayton Adam Rodriguez; one sister, Alice Larned; one sisterin-law, Iva Lee Gipson of Haskell; sisters-in-law by marriage, Gene Fudge of Littlefield and Norlene Franklin of Wellman; brothers-in-law by marriage, Ernest Franklin of Littlefield, Jerry Franklin of Arizona and Mac McMillan of Ransom Canyon; as well as several nieces and

com

#### Cemetery in Haskell under the direction of Holden-McCauley Citizens Center in Haskell. She loved Scarborough 'Cope' J. Copeland

Memorial services for Scarborough 'Cope' J. Copeland, 83, of Berthoud, Colorado will be held Sat., Dec. 20 at Allnutt Funeral Service Hunter Chapel in Loveland, Colorado.

**EMMA FRANKLIN** 

Geneva Franklin, 89, of Haskell were

held Tues., Dec. 16 at First Baptist

Church in Haskell with Rev. Kevin

Hall and Pastor Berry Alvis

officiating. Burial was in Willow

Funeral services for Emma

Mr. Copeland died Nov. 14 in Berthoud, Colorado. Born Dec. 20, 1919 in Tuxedo, he was the son of Walter M. Copeland and Frances M. Tomich. He married Frances M. Tomich April 10, 1943 in Pueblo, Colorado. He grew up in Elbert County in Texas. He lived in Pueblo from 1943 to 1990; moving to Berthoud in 1990. He attended Texas A&M University where he obtained a Bachelor of Science in Sociology and obtained a Masters Degree in Sociology from the University of Northern Colorado. He worked as a steel worker in Pueblo for C. F. & I from 1946-1963. He then worked as a rehabilitation counselor for the State of Colorado from 1963-83. He was a member

of the First Baptist Church in Pueblo. He loved fishing with his grandchildren and family.

He was preceded in death by his parents, Walter and Bessie; sisters, Edith Lumpkin and Thelma Thomas; and brother, John Copeland.

Survivors include his wife, Francs M. Copeland of Berthoud, Colorado; two sons, Dennis and Sandy Copeland of Arvada, Colorado and Jim and Ruth E. Copeland of Plainview; one daughter, Debbie and Joe Verderaime of Monte Vista, California; one brother, Max and Glenna Copeland of Marble Falls; one sister, Mary and Andy Andrus of Port Arthur; eight grandchildren; 10,000 great grandchildren; and numerous nieces and nephews. Memorials may be made to Hospice of Larimer County.

**Bobby Lynn Toliver** 

Funeral services for Bobby Lynn Toliver, 68, of Merkel were held Sun., Dec. 7 at Merkel Church of Christ with Joe Neill and Mike Tackett officiating. Burial was in Rose Hill Cemetery directed by Starbuck Funeral Home.

Mr. Toliver died Fri., Dec. 5 in a Dallas hospital.

Born Dec. 21, 1934 in Haskell, he was the son of David Owen and Mamie Lou Turnbow Toliver. The family moved to Paint Creek just after Bobby was born. He was the fifth of nine children. He attended school in Paint Creek until the middle of his junior year in high school. The family moved to Trent in 1952 and he graduated from Trent High School in 1953. He always helped his dad with the family farming. He worked in the oilfield as a roughneck and various other jobs. He married Sonja Horton May 29, 1955 in Merkel. He worked for Mrs. Baird's Bakery and Frito Lay from 1960 to 1966.

In 1967, he and his family moved back to Merkel, where he farmed for over 30 years. He was named 'Outstanding Farmer' in the 1970s. He was a member of the Board of Directors of Farm Bureau for several years and served on the school board for Merkel ISD. He was a faithful member of the Merkel Church of Christ where he drove the church bus for ten years and served as a deacon. After retiring from farming, he had been employed by Toliver Auto Plaza in Sweetwater until the time of his illness.

He was preceded in death by his parents and a brother,

Survivors include his wife, Sonja Toliver of Merkel; a son, Larry Toliver and wife, Susie, of Merkel; a daughter. Gayla Toliver-Bland of Merkel; four brothers, Cecil Toliver of Breckenridge, Tommy Toliver of Weatherford, Jimmy Toliver of Stafford and Douglas 'Slick' Toliver of Canton; three sisters, Betty Jo Dulaney of Haskell, Glenna Rhoades of Abilene and Linda Higgins of Houston; three grandchildren, Kory Toliver and wife, Shar, of Glennville, Georgia, Kacey Toliver and wife, Katie, of Merkel, and Cheyenne Bland of Merkel; three great-grandchildren. Jacob, Christopher and Aimee Toliver; and nine nieces and nephews.

# Jesse 'Jack' 'Pepaw' Gore

Funeral services for Jesse 'Jack' 'Pepaw' Gore, 75, of Anson were held Thurs., Dec. 11 at Pleasant Grove Baptist Church in Anson with Rev. Jeff Fenwick and Rev. Mark Reynolds officiating. Burial was in Rule Cemetery under the direction of Lawrence-Adams Funeral Home.

Mr. Gore died Mon., Dec. 8 in Abilene.

Born Feb. 4, 1928 in Van Zandt Co., he was the son of the late Gibb and Una (Stanberry) Gore. He married Dorothy Bristow Nov. 13, 1948 in Shallowater. She preceded him in death Feb. 12, 2003. He worked as a heavy equipment operator for the City of Abilene until retiring in 1990. He was a longtime member of Pleasant Grove Baptist Church.

He was preceded in death by one infant daughter, Mary Ann Gore in 1950; one infant great granddaughter, Kayla

Pope in 1993; four sisters and two brothers. Survivors include one daughter and son-in-law, Karen and Lee Pittman; two grandchildren, Lane and Sandy Wolf, and Missi and Buddy Pope; six grandchildren, Robert Alvis, Ashley Wolf, Wesley Alvis, Austin Wolf, Tyler Pope and Brady Pope; three sisters, Pat Nunns, Nadine Bell and Lorene Whiton; and one sister-in-law, Wanda and Tommy Harrell.

Pallbearers were Edwin Thomas, Kenny Walker, David Herring, Steve Devaney, Roger Webb and Eugene

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those "guests" are preventable foodborne illnesses. Good food safety practices, from storage to cleanup, are the best way to keep these 'bugs' at bay, said Dr. Peggy Van Laanen, Texas Cooperative Extension nutrition specialist.

Harmful bacteria, which cause foodborne illnesses, grow best in moist, protein-based food, such as meat, poultry, seafood, eggs,

Unexpected guests can ruin dressing, gravy and dairy products. holiday festivities-especially when These bacteria also thrive at temperatures between 40 F and 140 F, which is designated as the "danger zone," she said.

> Unfortunately many favorite holiday foods are exactly the ones most likely to contain foodborne illness-causing bacteria. That's why perishable foods should be kept in this danger zone for no longer than two hours. To keep meals safer during the holidays, or any other

time. Van Laanen said:

•Thaw frozen foods in the refrigerator. Food thawed in a microwave should be cooked immediately. Do not interrupt the cooking process, and never thaw food on the counter.

•Keep hands and preparation areas, such as counter tops and stoves, clean when preparing food.

·Make sure foods are cooked to the proper internal temperature. For whole chicken and turkey, that's an

•Serve hot foods at or above 140 F, and cold foods at below 40 F. Make sure foods served on a buffet are at room temperature for no more than two hours.

•Discard any foods that have been at room temperature for more than two hours; don't keep them as leftovers. Use refrigerated or frozen foods within recommended storage

·Make sure food, such as meat or poultry, is still cold or frozen and has been packed with a cold source. The food item should also be packed in a foam container or heavy corrugated cardboard box.

·Check the postage date. Perishable food should be delivered quickly, ideally overnight. The outer package of the food should be clearly

marked "Keep Refrigerated." Check the temperature of the food items inside. Perishable items should arrive partially frozen with visible ice crystals and still be frozen in the middle. Baked or canned hams and other smoked, cured, or fully cooked perishable items should arrive cold.

•If the perishable food is warm, do not consume or taste it. Alert the company immediately if the food is

foods through the mail.

But, she added, some gift food items are safer than others. "Gift food items that do not need refrigeration include canned meats, dry sausages (pepperoni, hard salamis), fruits, crackers or other dried food items."

Your county Extension agent can help you with information concerning food safety for holiday entertaining and with tips on safe home food storage.

# Study Club has program on Texas customs and traditions

providing a holiday setting, Together-We Celebrate the Scason," was the theme when the Haskell Progressive Study Club met at the Haskell National Bank Community Room, Thurs., Dec. 11. Club President Julia Harrell presided.

Frances Lane, federation counselor, read an inspirational piece about the blessings we enjoy as citizens of this country.

nd

Introduced by Billie McKeever, grest speaker Maxine Hamilton of

With Christmas decorations Rochester, presented an informative and entertaining review of "Christmás in Texas." Relating the rich history and blending of Texas' Christmas celebrations, customs and traditions, she followed a time line from the era of the Indians, the Spanish in 1599-1820, Mexico in 1821-1836, the Republic of Texas in 1836-1845, Antebellum Statehood in 1846-1860, the Civil War and Reconstruction in 1861-1867, and ending with the late 19th Century

presented a gift from the club by Evelyn Cobb.

Francine Johnson and Nelda Lane led the group in singing several Christmas carols.

Hostesses Nancy Toliver, Kathryn Schonerstedt, Bettie Wainscott, Julia Harrell and Joe Ann Thane served a Christmas buffet of holiday treats.

Club members brought donations of toys and canned goods for the

# An aspirin a day could help in preventing cancer

The old saying "An aspirin a day keeps the doctor away" may not be too far off, especially when it comes preventing cancer.

Studies show that taken regularly,

Linda Jean Schwierzke and

Danny Paul Miller, both of Spring,

aspirin (acetylsalicylic acid) may significantly reduce the risk of breast cancer, mouth and throat cancer, lung cancer and colorectal cancer. It is believed to block mutations that

cause cells to madly reproduce, and it also may encourage cancer cells to self-destruct.

"Aspirin continues to be a molecule that offers hope as part of chemoprevention strategies to reduce the incidence of colorectal neoplasms (rapidly growing abnormal tissue) both before and after diagnosis of colorectal cancer," says Dr. Carlos Becerra, assistant professor of internal medicine at UT Southwestern Medical Center at Dallas and colorectal cancer specialist. "Future studies will try to delineate better which populations will benefit most from acetylsalicylic acid intervention and in which individuals the potential toxicity

Many doctors and researchers needed to confirm that the benefits of aspirin outweigh the risks. It is still unknown what dosage is appropriate or how long it must be taken before offering protection. Aspirin also can cause side effects, such as internal bleeding, and interact dangerously with other drugs.

should not be given daily doses.

Schwierzke, Miller married Dec. 7

Following the noon ceremony, friends and family enjoyed a reception meal, including barbecue Parents of the bride are Bohus and precludes it use."

Dr. Becerra and other doctors recommend only people age 40 or older take aspirin and other drugs as preventative medicines. Children

internal temperature of 180 F and 170 F for poultry breasts; ground poultry and stuffings. 165 F; beef, veal or lamb. 170 F for well done; ground beef or pork dishes, 160 F; egg casseroles, 160 F; and leftovers, 165 F or boiling hot. Seafood should become opaque. Do not serve egg

dishes-such as eggnog-made with undercooked or raw eggs, which may contain the harmful bacteria Salmonella.

•Don't transfer bacteria from raw meats to cooked foods or food that will be eaten fresh.

•If cooking large amounts of food ahead, make sure it is cooled quickly by dividing large portions into smaller ones and storing in shallow containers (less than 3 inches deep) at temperatures of 40 F or below.

•If serving buffet style, put out small quantities of food and replace often. If a serving dish empties, replace it with a fresh one.

If food items are received as gifts:

labeled "Keep Refrigerated."

•Immediately open any package

Although mail-order shopping is easy and convenient, Van Laanen advised against sending perishable



Dec. 8 in the Haskell National Bank Community Room for their annual Christmas party.

Following the holiday meal, Nona Hitt of Wichita Falls gave a dramatic presentation of "Twas the Night Before Christmas."

Christmas carols were sung by the

Those attending were Beverly Moore, Dorothy Brown, Doris Jordan, Betty Berry, Betty Hood, Denia Cunningham, Peggy Middlebrook, Fern Livengood, Adeline Laird, Frances Olson, Jenny Lyckman, Flo Olson, Marsha Whittemore, Martha Spitzer, Florence Larned and guests, Shirley



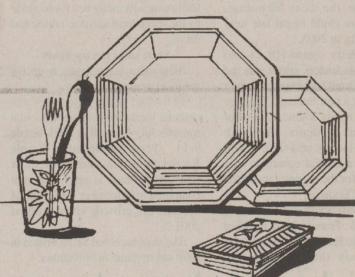


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# **OPINION**

SO, A BABY

### TEXAS PRESS ASSOCIATION



# HIGHLIGHTS

By Mike Cox

#### Texas Tech health center to become medical school

AUSTIN-What parents haven't fantasized about their child becoming a doctor when they grow

The federal Council on Graduate Medical Education estimates that the U.S. will need between 1.09 million and 1.17 million physicians by 2020. Unfortunately for anyone who may need medical care then, current projections are that only 971,000 to 1.08 million doctors will write prescriptions that year.

Texas certainly will be doing its part to overcome that anticipated shortage of M.Ds.

The state currently has eight medical schools, but during the special session in October, lawmakers approved a ninth school.

House Bill 28, which received little fanfare except in and around El Paso, authorizes Texas Tech University to sell \$45 million in tuition revenue bonds to fund construction of a four-year medical school for Tech's Health Sciences Center in El Paso.

Currently, the El Paso center trains only third- and fourth-year medical students.

Though Texas Tech must still come up with funds to service the bonds, with \$2.6 million in seed money for the next biennium, construction could begin late next year or early in 2005.

When Perry signed HB 28 into law, El Paso leaders said it was the most significant legislation affecting that city in a half century. The new school will nearly double the number of medical students, and with additional faculty and staff, it will amount to a needed economic shot in the arm for the biggest city on the left side of Texas.

# Public Safety official leaves...

James B. Francis Jr., a member of the Public Safety Commission, the policy body that oversees the

Department of Public Safety, has stepped down from the panel after eight years.

No word yet on who the governor will appoint to replace him on the three-member commission.

The Transportation Commission, which oversees the Texas Department of Transportation, also still has three members but legislators in the last session passed a bill expanding that commission to five members.

The two new members have vet to be appointed, though there has been some buzz that at least one of the appointments is coming soon.

Remember, Santa wears one...

Everyone in law enforcement or other safety-related fields says it all the time, as if they were reading from a script: Wear your safety belt.

The DPS says that if someone is thrown from their vehicle during a crash, the likelihood of death or injury increases 70 percent. The place to be when metal meets metal is snugly behind the wheel, and an air bag.

Though some Texans still resist using seat belts, surveys continue to show more and more are wising up. A decade ago, seat belt usage was estimated at 69.1 percent. In 2002, the level was 81.1 percent and still inching upward.

More startling news: Extensive research also shows you are far less likely to need a safety belt if you abide by the speed limit and don't drink and

### State sales tax up again

State sales tax revenue is up for the third month in a row.

"The last time state sales tax revenue increased three months in a row was July-September 2001, before 9-11," Texas Comptroller Carole Keeton Strayhorn said. "November sales tax revenue is up 4.3 percent compared to November 2002. This is the largest growth since August

The state received \$1.36 billion in sales tax revenue in November.

Mother Nature is generous when it comes to teeth. Most people develop third molars (wisdom teeth) that they can't use because average adults have room for only 28 teeth, not 32.

When wisdom teeth start to emerge, they can get trapped beneath the gums, or jawbone. Dentists call this situation "impacted." Impacted wisdom teeth can cause pain, swelling, jaw stiffness, cysts, cavities, damage to adjacent teeth and general feelings of illness.

In most cases, surgery to remove

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impacted wisdom teeth is easier in younger patients, say oral surgery faculty at Baylor College of Dentistry. This is the case because the roots of wisdom teeth become longer and more difficult to remove as individuals get older, the bone surrounding the teeth becomes more dense, and the ability to heal quickly uneventfully may be

advised to have their wisdom teeth extracted, it is better to schedule surgery sooner rather than later.

MEMBER

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# From The Inside Out

By Karen Kaigler-Walker, Ph.D



In a Community of Women

Several months ago, when asked to write an article on women's spirituality for the weekly newspaper published by the seminary I attend, two concepts sprang to mind: community and story telling. While it might seem strange that these notions, rather than more theologically rooted terms, were my first thoughts, my reaction really wasn't off the mark. Anthropologists and sociologists tell us that women are community builders, whether by nature or necessity. Throughout their lives women bond with other women, and the tie that bonds them together is the sharing of their experiences—the stories that unfold as they live out their day-to-day

In times of great joy and pain, there's nothing more natural than for women to call upon other women. The support generated by women sharing life's most meaningful experiences with other, caring women, sustains them in a world that too often vacillates between unmanageable and downright

I read an article in the Los Angeles Times some years ago, written by a woman who'd recently lost her mother. The first people she called, upon hearing that her mother had died, were girlfriends whom she'd known over the years and who had been privy to each other's greatest joys and sorrows. This past October the article hit home. I opened my email one morning and found a message, posted at 2:00 a.m. by my longtime friend, Fran, telling me that her mother had died shortly after midnight. I called Fran, and for an hour over the phone, 1500 miles apart, we shared our grief together for the woman we had both loved.

While it's natural for all women to bond with each other, women of

faith are especially blessed by coming together and sharing their stories. In "Dancing in the Dark: Women's Spirituality and Ministry," theologian Joann Wolski Conn reminds us that generic spirituality

doesn't exist. She explains that spirituality is aligned with experience, and that our experience always is shaped by the rich texture and complexity of our individual lives. So, sharing the narratives of our lived experiences with other women who believe as we do is neither a luxury nor a frivolity. The support and love we offer and receive from being in close community with spiritual women is essential if we are to strenghten our own spirituality.

While the Bible is chocked full of stories about friendships between men, for me the most poignant friendship is between Mary and

In reading Luke's account of the Annunciation, it's easy to get caught up in the historical magnitude of the event and the profound eloquence of the Magnificat. But we shouldn't overlook the fact that Mary, the fleshand-blood pregnant teenager, went straight way to Elizabeth to share her wondrous story-not to her father, not to Joseph, not to her rabbi, but to the trusted older woman. She then stayed with Elizabeth for the first trimester of her pregnancy, no doubt relishing the comfort and council given her by Elizabeth, who herself, was bearing a miraculous child. There's not woman on earth who cannot relate to Mary and Elizabeth's need to support each other as the inexplicable events in their lives unfolded around them.

While we might resonate with Mary and Elizabeth's desire for female companionship, differences exist between their world and ours that make a bond such as theirs more

difficult for us. Rather than living in a traditional culture that readily provides us with a support system of women of all ages and stages, ours is a highly mobile and stratified society that more often than not fragments folks into friendships with those who are similar in age, interests, talents and backgrounds. Although friendships with women who are similar have merit, they are, nonetheless, bereft of the richness that comes from being in close relationship with women who have gone before us, who are coming up behind us, and whose life experiences and beliefs are different from ours.

One of the greatest blessings I've encountered over the years is the opportunity to be in community with women who are diverse in age, background, belief and ethnicity. As we share our stories, our hopes and our fears, I've found that generational, racial and ethnic, socioeconomic and doctrinal barriers melt. This is because in opening up to one another, women discover that they have more concerns in common regarding families, relationships, careers and what it means to be spiritual, than there are differences among them. As women nurture and council one another, they recognize that their pooled experiences provide greater sources of healing and wisdom than can be drawn either from within themselves or from others who are too similar to them.

Above all, when women are stretched to accommodate and learn from stories of each others' varied existences, they realize true spiritual growth.

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Guest writer, Dr. Karen Kaigler-Walker, is professor and Chair of Dept. of Marketing at Woodbury University, Burbank, Calif. Portions are reprinted from her article in the SEMI. April 7-11 edition, Fuller Theological

# From Out of the Past

From the files of The Haskell Free Press

#### 10 Years Ago December 16, 1993

Jerry Pope of Perryton became the new manager of M-System in Haskell. Pope was associated with United Super Market in Perryton for seven years and prior to that with M-System in Anson for three and a half

Joshua Jaime Granada, grandson of Pluto and Wilma Pruett and Nino and Lupe Granada of Haskell. finished his soccer season with 8 wins and 3 losses.

Beatrice Messenger was honored for 25 continuous years working at Rice Springs Care Home in the dietary department. She received a silver recognition tray at a special awards presentation.

#### 20 Years Ago December 15, 1983

The First Christian Church of Haskell honored a long time standing member. Dovie Pate.

Airman Martha N. Garcia of Rochester was assigned to Keesler Air Force Base, Miss., after completing Air Force basic training.

The Haskell 7th grade Warriors opened their basketball season with a convincing victory over the Seymour Panthers. High point for the Warriors with 14 points each were Chan Guess and Paul Harvey.

The Haskell Indians placed fourth in the Wylie Tournament, Shane Hadaway received all-tournament

#### 30 Years Ago December 20, 1973

A native Haskell Texan, Dr. Justin J. Stein, Professor of Radiology and Chairman of the Cancer Committee at the University of California was elected President of the National Cancer Society.

Linda Ivey of Haskell was a guest star in Scuba Duba in the Quadrangle in Dallas. She appeared in "The Last Sweet Days of Isaac." Ivey has toured extensively in numerous comedies and musicals.

The Haskell Garden Club announced the outstanding gardens for the month. They were the R. W. Herren home, A. C. Richardson home, Drey Lowe home, Abe Turner home, Wallace Cox Jr. home and Buford Cox home.

#### 40 Years Ago December 19, 1963

Two outstanding senior students, Ruby Kaye Alvis and Sammy Larned, were selected as Haskell High School "Rotarians of the Month.' Betty Nell Andress, McMurry

College senior, and a native of Haskell, was named to Who's Who in American Colleges and Universities.

Retiring Secretary-Treasurer Mary Kingston was paid tribute and presented a gift in gratitude for loyal service by the Licensed Vocational Nurse Association, Division 39, of Haskell.

Mrs. H. H. Hines of Rule, was named "Women of the Year" of the Haskell County Home Demonstration Clubs.

#### 50 Years Ago December 17, 1953

R. W. (Bill) Taylor, whose wife is the former Jeanette Henshaw and is the granddaughter of Dr. L. F. Taylor of this city, joined the staff of the Journal of Petroleum Technology as managing editor.

Louise Greene was selected as teacher of the week. She served as principal and classroom teacher in schools of Haskell and Pecos counties. She was on the Haskell faculty since 1938 and since 1942 her major assignment was in mathematics in Junior High School.

#### 100 Years Ago December 19, 1903

Sibyl Collins will teach the Brushy Creek public school No. 2, having been elected teacher at the trustees meeting.

L. D. Morgan, who has been employed in Mr. Carney's store left on a visit to relatives at Weatherford.

Chas. Williams has taken a position at the Haskell Racket Store during the holidays.

W. D. King and family arrived from Comanche County and will make their home here.

# Weathers Whys

Smog

Q: What exactly is smog? A. The word was originally coined

to mean a combination of smoke and fog and refers to unhealthy air that becomes trapped over a certain location. Today, smog is synonymous with air pollution, says Andrew Odins of Texas A&M University.

"Probably the biggest contributor to smog today is the exhaust from car engines." Odins explains. "Smog conditions tend to worsen in the summer when the combination of light and heat form a chemical reaction in the air. In certain areas,

such as Los Angeles, this smog can last for days and it looks like a brown cloud over the city. The polluted air is trapped by a warm layer of air, called an inversion, and it can make life miserable for people with breathing problems and even result in death.

Q: What are some of the worst places for smog?

A. In the United States, Los Angeles and recently Houston have recorded continued smog events, but other cities have even worse smog incidents, Odins adds. "Mexico City

is considered the most polluted city

in the world and has terrible smog problems, and Buenos Aires, Beijing and Cairo have similar problems. Probably the most documented

smog event in history occurred in 1952 in London. In November of that year, smog enveloped the city for more than a week and was so thick that airline travel was halted and river traffic on the Thames came to a standstill. In some places, visibility was less than 25 feet. The bad air resulted in the deaths of at least 4,000 people, while some accounts say more than 12,000 persons died. English citizens were so outraged at the chain of events that several laws were passed, among them the City of London Act of 1954 and the Clean Air Act of 1956 that curtailed emissions all over the city. 'The Great Smog of 1952' is often pointed to as the best example of how air pollution can produce harmful effects to the human body."

Go Indians! Go Maidens!

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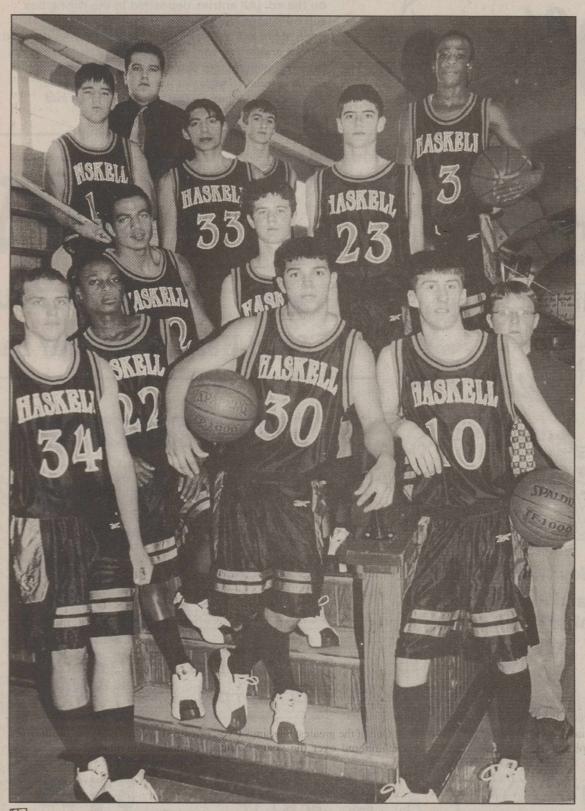
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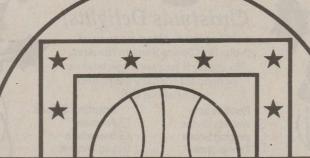
# Haskel Indians



Front, I-r: Nate Webb, Philip Collins, L. J. McCullouch, Austin Coker, Osiel Garcia, Kendall Mitchell, Jared Webb. Back: Brandon McClatchey, Drew Garison, Miguel Chavez, Kory Foster, Ross Hairgrove and Jakaan Hodge.

Fri., Dec. 19 • 5 p.m. **JV & Varsity Boys** Open

60 Indians!



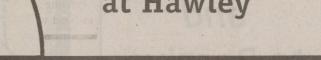
Front, I-r: Callie Thomasson, Meagan Wallace, Kerri Newton, Consuelo Gonzalez, Mollie

McKnight, Morgan Acosta. Back: Brittany Rutkowski, Lindsay Pannell, Brittany Bird, Melody Kennedy, Monica Buerger, Lynzie Harlan and Calina Kendall. Photo by KIS

# askel MAIDENS

60 Maidens!

> Fri., Dec. 19 • 6 p.m. JV & Varsity Girls vs Hawley at Hawley



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# Too much TV can be dilemma for parents

For the past 50 years or so, televisions have been part of the decor in most American homes. Television brings viewers entertainment and education, as well as information about the world beyond the community.

Television has also brought a modern dilemma to parents: How much TV is too much?

'According to the latest statistics, children in the United States watch an average of three to four hours of television a day," said Dr. Steve Green, Texas Cooperative Extension child development specialist. "This means that by the time children graduate from high school, they will have spent more time in front of a television set than in the classroom."

These many hours spent in front of "the tube" cause many hours of concern in parents, teachers and researchers, Green said.

In fact, excessive TV viewing in children has been found to be associated with reduced physical activity, obesity, aggressiveness and lower grades. And that's not all. "In a the three-year National Television Violence Study, researchers found that nearly two-thirds of programming contained violence," Green said. "In this same study, it was revealed that children's programming contained the most violence.'

What makes this even more disturbing, he added, was that studies have revealed a consistent link between children's exposure to violence in TV programming and aggressive behavior.

"Researchers examining mainstream television content have also found large numbers of references to cigarettes, alcohol, illicit drugs, sexual activity and gender and racial stereotypes," Green said. But television viewing isn't all bad or harmful. And since television is difficult to avoid, Green suggested the following TV-viewing guidelines:

•Limit TV use. "It is very easy to fall into the habit of using television to keep children busy while you rest or attend to other business," he said. "However, young children need to spend time in activities that promote their healthy physical, social, emotional and cognitive development." The American Academy of Pediatrics recommends that children age two years and older be limited to no more than two hours of quality TV per day, and that children younger than two years don't watch TV at all.

•Screen TV shows' content. "Cable and satellite television has greatly expanded viewing options for

consumers," Green said. "Some of the content-such as Sesame Streetis high in quality and has educational value for children. However, there is also a great deal that is inappropriate for children." Parents and other adults should watch the shows to make sure they are appropriate for children

"One option is to tape programs you think will be beneficial to the children, and screen them prior to letting the children watch them," Green suggested.

•Turn TV viewing into a positive educational experience. "Some research indicates that children who watch educational TV programs can improve their reading and math scores," as well as learn about history, science, languages and geography,

His advice: Decide what is educationally appropriate for the children and pick their TV programming accordingly. After watching a show, discuss it together. Choose programs that will inspire activities to do with the children, such as baking bread or planting a garden.

"You can also make the program come to life by having the children act out certain scenes in a dramatic play," he added.

•Watch TV together. To make the viewing experience more interactive, ask questions during the program, or if watching a program on tape, stop the tape and talk about what you've

•Encourage other activities. "Children who typically watch a lot of television may complain when the TV is turned off, but it is remarkable how quickly they come to enjoy other activities if you offer them alternatives and do so with an enthusiastic attitude," Green said. His suggestions for alternative activities include talking, singing, playing and reading with toddlers or preschoolers; reading, doing art and craft projects, and exploring outdoors with older children.

Television watching isn't all bad. Green said-but it doesn't have to be all the time either. With a little effort and imagination, families can enjoy other positive, healthy, educational activities together-and have just as

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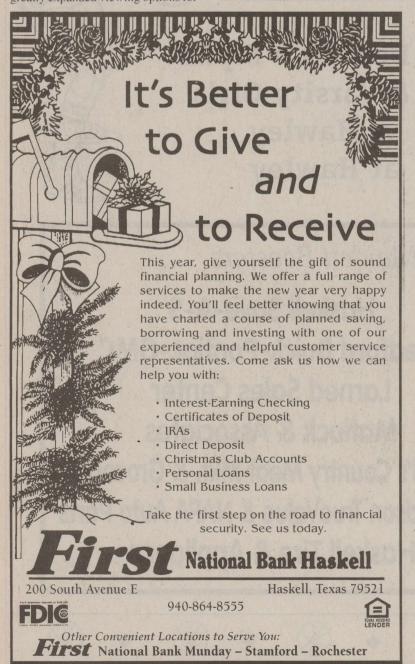
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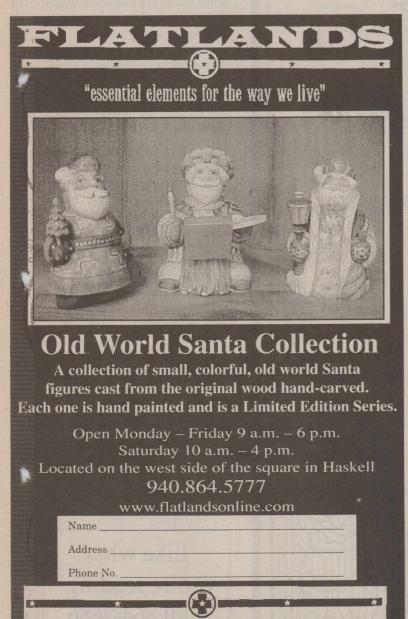
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# Ethnic foods can be tasty part of diabetic diet

the American Diabetes Association, 18.2 million Americans, or 6.3 percent of the total population, have diabetes. Millions of these people with diabetes are African-Americans. Latino-Americans and Native Americans and Alaska Natives.

But thanks to nutritional advancements, people with diabetes -no matter what their cultural background or ethnicity-don't have to give up their favorite foods, said Dr. Mickey Bielamowicz, Texas Cooperative Extension nutrition specialist. With a few nutritionally sound and common sense adjustments, nearly any recipe can be part of a diabetic eating plan.

The ADA describes diabetes as a serious illness that occurs when the body doesn't produce insulin (type 1) or properly use insulin (type 2), a hormone needed to convert some foods into energy. Diabetes can be life-threatening, but it doesn't have to be. Thanks to good medical care and management techniques that include diet and exercise, people with diabetes can live long, productive and healthy lives.

The first step, Bielamowicz said, is to seek professional advice. In addition to their regular health care providers, people with diabetes are encouraged to work with a licensed dietitian in order to establish a healthy food plan that's right for them.

After that, it's time to look at recipes. "The method of cooking and ingredients can be modified to maintain flavor," Bielamowicz said. For example, she said, there's soul food. This style of cooking, perfected by generations of African-Americans, is hard to resist. Think of fried chicken and gravy, beaten biscuits dripping with butter, greens liberally seasoned with bacon fat, sweet potato pie.

"People of all different backgrounds and races enjoy the taste of soul food," Bielamowicz said. "However, traditional soul food has tendency to be high in fat, cholesterol and sodium.'

Mexican-American dishes, she

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The same can be true of traditional Like what you're reading?

According to 2002 figures from added. Although these foods are based on such healthy items as corn, beans and squash, they also tend to be made with lard and other fats.

> When a person's diet consists of mainly fried foods, added fat and other high fat products, this could lead to obesity," she said. And in many cases, obesity is a contributing factor not only in developing diabetes, but high blood pressure and heart disease as well-or sometimes all of the above.

To overcome these dietary deficiencies and still enjoy some favorite foods from different cultures. she suggested:

•Season vegetables with skin-free smoked turkey necks, liquid smoke and/or fat-free broth instead of fatback, ham hocks or bacon grease.

•Increase healthy carbohydrate and fiber consumption with whole grain breads, pastas and cereals; nonstarchy vegetables such as greens, cabbage and summer squash; less starchy vegetables including

•Cut back on salt consumption by eating less smoked, dried or saltcured meats, as well as salty seasonings such as meat tenderizer.

•Use corn tortillas instead of flour tortillas; if the tortillas are homemade, use whole wheat flour and margarine made with unsaturated fats instead of lard or regular

•Cut down on fat by eating less fried foods and high-fat meats such as chicken wings, bologna and hot dogs, and sausage.

• Grill meats instead of frying.

• Use skim or low-fat milk instead of whole milk or cream.

•Drink water or diet sodas instead of high-sugar carbonated beverages. ·Substitute fresh fruits and vegetables for canned ones.

•Include such favorites as beans, peas, rice, potatoes (both sweet and white) and corn into healthy meals.

In fact, Bielamowicz added, substituting ingredients in recipes can lead to old familiar favorites with a healthier outlook. "Instead of having pork sausage, either buy the low-fat sausage or make your own with ground turkey, ground sage, black pepper and red pepper flakes," she said. And bake homemade tortilla chips instead of frying them.

When shopping for groceries, be sure to check the supermarket shelves for leaner products that are now available. "Reading the label can help people make the best choice,' Bielamowicz said.

For more information on healthier eating, contact your county Extension agent.



Management

Haskell, Texas

# Alcoholic beverages most commonly abused by children and adolescents

Alcoholic beverages have been consumed since the beginning of recorded history for multiple purposes such as religious ceremonies, celebrations, medicinal therapies, recreation and pleasure. For many years the problem of excess alcohol consumption has been recognized.

Alcohol is the drug most often used and abused by children and

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adolescents. The initial use of alcohol frequently occurs before or during early adolescence. Adolescents are less able to recognize compensate for the neuropsychiatric effects of alcohol use due to biological, cognitive and psychological immaturity and they may experience arrest of psychological development with continued abuse.

Studies performed among students who have used alcohol indicate that 11 percent of students had their first drink by sixth grade, 38 percent by eighth grade and 60 percent by ninth grade.

Adolescents at increased risk for alcohol abuse include those exhibiting antisocial behavior, poor self-esteem, school failure, attention deficit disorder, learning disabilities, drug-or alcohol-using friends and poor relationships with peers or

Parental attitudes and behavior regarding alcohol use play important roles in how children and adolescents view alcohol. In this area as in others, parents should be aware of their impact as positive or negative role models. Adolescents who become problem drinkers may need professional help.



COURTNEY BUERGER

# Students visit Rotary Club

Kasey Duniven is the daughter of Roger and Maureen Duniven of

She is a student at Paint Creek She attends Paint Creek First

Baptist Church. In school she is active in basketball, National Honor Society,

FFA, and Fellowship of Christian Special recognitions she has received include vice-president of Student Council; president of FCCLA; High Ranking Student;

Who's Who Among High School Her favorite hobbies and leisure activities are sleeping, shopping, visiting with friends and family and

watching TV. After finishing high school she plans to do child care and attend South Plains College.

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Courtney Buerger is the daughter of Kenneth and Gina Buerger of

She attends Paint Creek High

Her church affiliation is Bethel

Lutheran Church at Ericksdahl.

In school she is active in FFA, FCCLA, National Honor Society and University Interscholastic League.

Special awards she has received are: Champion Angus at Houston Show and Reserve Champion Angus at Fort Worth Stock Show; Regional Qualifier UIL Persuasive Speaking, 2 years; Highest Ranking Student, 2 years; High Individual in FFA Senior Quiz, 2 years.

Among her favorite leisure-time activities are showing steers, 4-H, shopping and hanging out with

After finishing high school, she plans to attend Texas Tech University or Texas A&M University, to major

Sweets tough on

Visions of sugarplums-and cakes and cookies-dance in the heads of children and adults alike during the holiday season. All that sweetness IIM can take a toll on teeth, however.

Though most people associate sugar with cavities, Dr. Nancy Glick, 1 a dental hygiene professor at Texas 19H Woman's University in Denton, says cooked starches as well as foods. containing sugar make up M fermentable carbohydrates, one of ) A three elements that must be present for decay to occur.

Dr. Glick said other links in the "chain of decay" are acid-producing oral bacteria and a susceptible tooth surface, or one that has a low-fluoride content. Removing any of these three links can help prevent tooth decay, she said. However, she noted that reducing fermentable carbohydrates may not be a practical approach, "especially for adults, because our dietary habits are pretty set."

Strengthening the tooth surface can be achieved through brushing with a fluoride toothpaste, she said. Topical fluorides applied in a dentist's office and over-the-counter fluoride rinses also may be beneficial.

Reducing acid-producing bacteria-another link in the "chain of decay"-calls for conscientious oral hygiene, which means brushing and flossing correctly, Dr. Glick said.

Proper brushing and flossing isn't always possible during the hectic holiday season, but there are other steps people can take to ward off tooth decay.

If holiday parties feature an assortment of food, such as fresh fruit and vegetable plates or meat and cheese platters, Dr. Glick recommends sampling some of those foods in addition to cookies and candy that contain sugar.

"Sugar is particularly harmful if eaten between meals," she said. "If it is eaten in combination with other foods, however, sugar loses some of its decay potential."

Though brushing and flossing are the best way to prevent cavities, time and place don't always allow for complete dental care. Dr. Glick recommends rinsing your mouth with water or chewing sugarless gum when brushing isn't possible. Rinsing dilutes the amount of acid in the mouth, she said, and chewing sugarless gum stimulates the flow of saliva, which has many good properties that prevent decay.

Those with good eating habits throughout the year shouldn't worry about indulging a bit over the holidays, Dr. Glick said, adding that this is true for children as well as adults. Children who have good eating habits and who practice good oral hygiene won't be harmed by occasional sweets.

"Decay is a long, slow process-it takes place over months to years," she said. Proper brushing, flossing and diet all play a role in interrupting that process and promoting good dental health.

Dr. Glick offers the following brushing tips for good dental health:

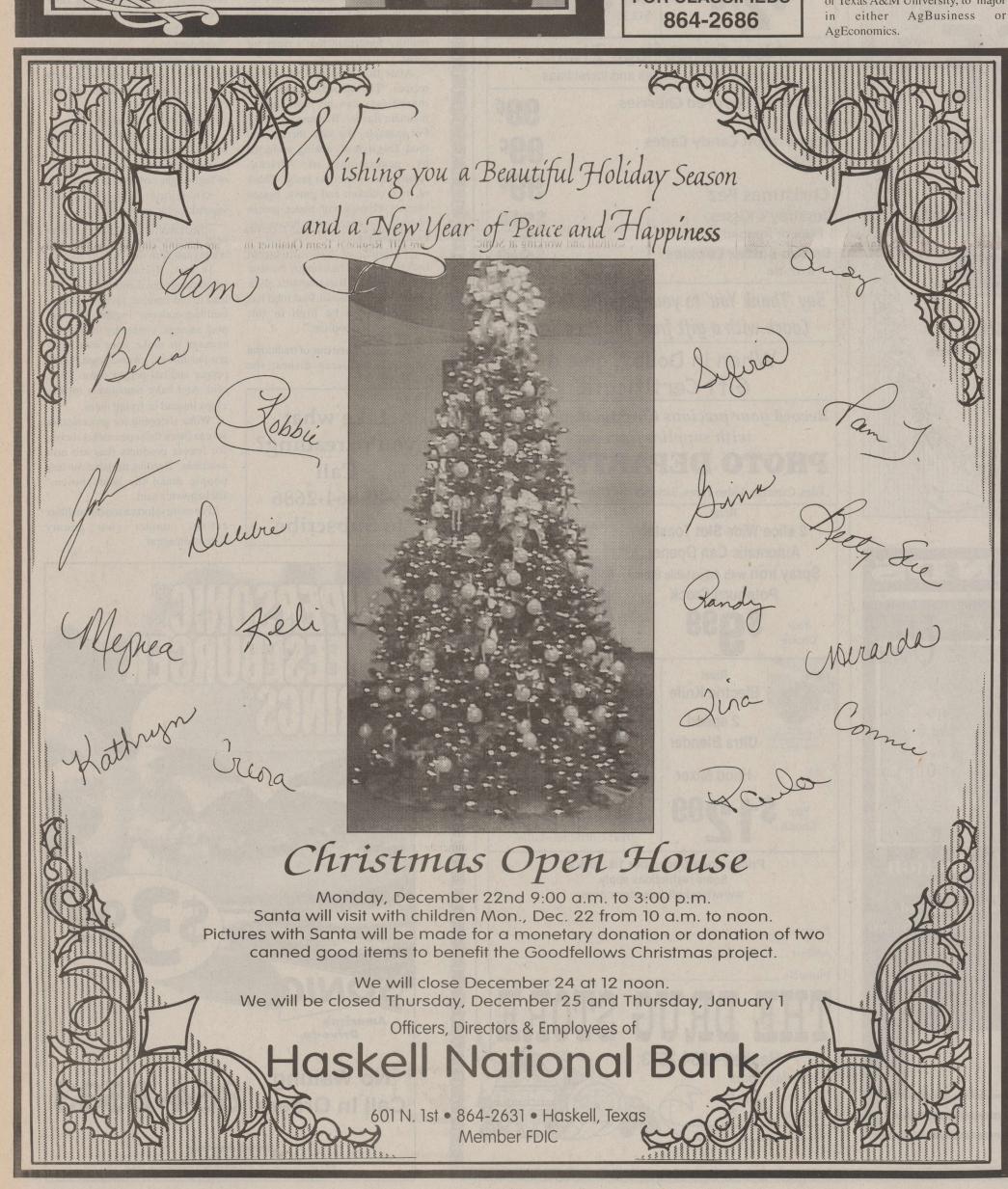
•Place the brush where the tooth and gums meet, holding the brush at a 45-degree angle to the tooth. The highest concentration of bacteria is found where the tooth and gums meet, Dr. Glick said. After placing the brush, move it gently back and forth in short, vibrating strokes for a count of 10. Both the outer and inner tooth surfaces should be brushed in this manner.

•Brushing the tongue not only helps freshen breath; it also helps prevent tooth decay by reducing bacteria in the mouth.

•Brush and floss at bedtime. Saliva, which dilutes and neutralizes decay-producing acids, is reduced while we sleep. Brushing at bedtime lowers the bacterial count in the mouth and helps prevent cavities from forming.

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# Area Basketball scores

Haskell 48, Roby 46 Scoring for Haskell: Kendall 12, Rutkowski 11, Buerger 10, McKnight 6, Bird 6, Thomasson 3. JV score: Haskell 36, Roby 24.

Rule Tournament Knox City 73, Rule JV 33 Scoring for Rule JV: L. Johnson 10, Gary 8, Murray 4, Scheets 4, Miller 3, Kittley 2, B. Johnson 2. Rule 69, Lueders-Avoca 37 Scoring for Rule: M. Lehrmann 16, Smith 16, Marquis 11, Brown 10, Hertel 10, Lisle 4, J. Lehrmann 2. Rotan 52, Rule JV 36

Scoring for Rule: K. Scheets 11, M. Miller 7, L. Johnson 6, J. Murray 4, C. Gary 4, S. Griffin 2, B. Johnson

Rule 37, Roby 32 Scoring for Rule: B. Marquis 11, K Smith 11, M. Lehrmann 7, K.

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Brown 4, J. Lehrmann 2, Hertel 2. Rule JV 41, Lueders-Avoca 38 Scoring for Rule JV: L. Johnson 12. Scheets 12, B. Johnson 7, Kittley 6, Griffin 2, Gary 2.

Aspermont 42, Rule 4 Scoring for Rule: Smith 8, Marquis 7, Hertel 5, Brown 4.

> Rochester 54, Vernon Northside 51 (OT)

Rochester Round Robin Rochester 74, Moran 28 Scoring for Rochester: Nicholson 21, Martin 20, Brown 13, Turner 10. Rochester 65, Hermleigh 22 Championship game Rochester 65,

Benjamin 62 (2OT) MVP: Shana Nicholson,



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Crowell 69, Rule 28 Scoring for Rule: Ko. Kittley 7 Carreon 7, Ky. Kittley 4, Brown 4, Dudensing 3, Turner 2, Ka. Kittley

Rule Tournament Lueders-Avoca 44, Rule 37 Scoring for Rule: Ky. Kittley 11, Turner 9, Carreon 8, Brown 5, Ko.

Knox City 65, Rule JV 6 Scoring for Rule JV: Hatley 4, Menchard 2.

Rotan 69, Rule JV 9 Scoring for Rule: Bishop 4, Flores 2. Turner 2. Menchard 1. Roby 44, Rule 42 Scoring for Rule: Kyle Kittley 20,

Kolt Kittley 6, Carreon 6, Brown 6,

Vernon Northside 53, Rochester 48

Rochester Round Robin Rochester 73, Moran 38 Scoring for Rochester: Saucedo 31, Self 22, McGhee 13. Rochester 52, Hermleigh 47 Championship game Benjamin 65, Rochester 39

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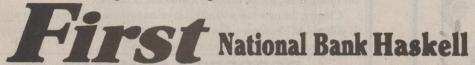
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JACQUELIN KILGORE



# Haskell students visit Rotary

Samantha Steele is the daughter of Pam and Bill Steele of Haskell. She attends the First Presbyterian

Her school activities include the War Whoop, softball, Student Council treasurer, basketball, cross country, track, Quill and Scroll and Spanish Club.

Special awards and recognitions she has received include 2001 Softball Newcomer of the Year; 2002-2003 Softball 2nd Team All-District; National Honor Society treasurer; Academic A Team, 3 years; United States National Math Award; Class of 2004 officer; listed in Who's Who; and being selected to travel with Coast to Coast Softball Stars to

Among her favorite things to do are listening to music, playing softball and working at Sonic. After finishing high school, she

plans to attend college in Texas and play softball.

Debbi Long is the daughter of Tom and Carla Young of Haskell. She attends Haskell Church of

In school she is active in band, playing the trombone, co-editor in chief of the school newspaper, UIL academics and the Literary Club.

Special awards and recognitions she has received are: All-State Journalism Staff (one of 32 in the State), voted "Most Likely to Succeed," five Interscholastic Press state awards and UIL State Ensemble

Her favorite things to do are working at The Drug Store and KVRP, spending time with her youth group, spending time with friends and talking on the phone.

After finishing high school she plans to attend either Pepperdine University or Abilene Christian University, majoring in advertising or print journalism.

Brittany Bird is the daughter of Steven and Anita Bird of Haskell.

In school she is active in the National Honor Society, the University Interscholastic League, basketball and cheerleading.

Special awards she has received are UIL Regional Team Qualifier in calculator, Presidential Leadership Award, A-Honor Roll, and Citizenship Award.

Among her favorite hobbies are

shopping and watching movies. After finishing high school, she plans to attend college to get her RN. Then, after graduating from nursing school, she plans to back to school to become a paramedic. At this time, she has not chosen a college.

Meagan Wallace is the daughter of Kenneth and Felecia Wallace of

basketball, National Honor Society, debate and the UIL. Awards she has received include UIL State Qualifier in persuasive

In school she is active in

speaking, UIL State Qualifier in CXdebate, the Presidential Leadership Award and the Citizenship Award. Her favorite leisure-time activities

are working at Sonic and listening to

After finishing high school she plans to study Medical Law at an undecided university.

Jacqueline Kilgore is the daughter of Joyce Kilgore and Jackie Kingsberry of Haskell. Special awards she has received

are: Highest Average, Perfect Attendance and Home Improvement. Her favorite leisure-time activities are dancing, singing, watching scary

movies and driving. After finishing high school she plans to attend the Mortuary Science Institute in Dallas, to become a

mortician, and to work at a funeral Phillip Collins is the son of

Darlene Collins of Haskell. He attends Hopewell Baptist

Church.

In school he is active in basketball

and track. His favorite hobbies are singing,

listening to music, playing video games and hanging out with friends. After finishing high school, he plans to work and go to a good

college. Teeth can be

# too white

It used to pose a dental matchmaker's dilemma: bright-white teeth achieved through dentistprescribed bleaching were hard to match the right shade of procelain when a patient desired cosmetic vencers or a tooth-covered crown.

That was then; this is now. Porcelain crowns, bridges and veneers are now available in whiter shades than ever before to help match the whitest, bleached teeth. However, dentists at Baylor College of Dentistry caution that aspirinwhite teeth are not for everyone.

Like other aesthetic and cosmetic dental procedures, tooth bleaching should enhance the patient's face, not call excessive attention to the teeth alone. Dentists can help patients achieve the positive results they desire without going too far.

Patients who want to bleach their teeth also should do so before having any bonding or porcelain procedures. This sequence allows the dentist to match the porcelain color precisely to the new color of the patient's bleached teeth. That way, every shade is a perfect match.

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**Health Agency** 

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Some medicines, such as cough syrups and cough drops, contain sugar. Cold remedies can raise your blood sugar. Read the labels. Never take any other-the-counter product without consulting your doctor or pharmacist.

What kinds of medications or items should I keep in my medicine

You should check with your pharmacist or health care provider about appropriate medications to keep on hand. They can recommend sugarfree medications for fever, coughing, colds and diarrhea; throat lozenges and antacids; and antibiotic ointment for minor cuts. Some over-thecounter products are not recommended for people with diabetes; before using them, get advice from your health care professional. You should also have a fever thermometer. Some people keep a 'sick day kit' containing all the items recommended by their health care provider as well as extra testing strips, packets and broth, and so on. If you still have questions, check with your physician or home care nurse.

What questions regarding home care do you have for the nurse? Send your questions to Haskell Home Health Agency, 417 S. First, Haskell, TX 79521 or call 940-864-5074 or 1-877-864-5074.

HERE'S TO YOUR HEALTH-AT HOME is brought to you by Haskell Home Health Agency providing home care services in Haskell, Knox, Stonewall, Throckmorton and Jones Counties









# Last minute tax breaks may save money

Santa Claus may be coming to town, but shortly afterward, so is the tax man. Dr. Joyce Cavanagh, Texas Cooperative Extension family economics specialist, said taxpayers still have time to give themselves a last-minute tax break before the end of the year.

Here are some of her suggestions: •Zero out flexible spending accounts for health care that are based on the calendar year. "If people have a flexible spending account for health care, they need to spend any money left in that account or they are going to lose it," Cavanagh said.

While it may be too late to make appointments with the doctor or dentist before the end of the year, taxpayers can still use those funds for such items as new eyeglasses or contact lenses, prescription refills or other regular medical expenses.

In some cases, Cavanagh said, even over-the-counter drugs can be purchased using these funds; however, before making these

To Subscribe, Call 940-864-2686 purchases, taxpayers should visit the Internal Revenue Service Web site (http://www.irs.gov/) or their employers' human resources department to find out which of these medications are eligible and which

•Check financial records to determine which will be more practical for tax year 2003: itemizing deductions or taking the standard deduction. The standard deduction for a married couple filing jointly this year will be \$9,500, Cavanagh said.

"That's a sizable increase over past years. The standard deduction for singles is half that," she added. "Check the amount of your itemized deductions. If it's close to that \$9,500 threshold, look at what deductible expenses will put you over that threshold.'

Remember, miscellaneous expenses are only deductible to the extent they exceed 2 percent of adjusted gross income, she added. For example, if professional fees are due the first part of the year, pay them carly before the end of the year instead. Or consider pre-paying property tax or increasing charitable

contributions. That way money that would ordinarily be spent the first part of next year can be spent the last part of this year instead and help lower total tax paid.

•Teachers may be able to deduct up to \$250 spent for classroom supplies, Cavanagh said, but "that's just for the 2003 tax year. If you know you're going to need things at the first of the year, buy them before Dec. 31. But don't spend just to save money on taxes; spend money you were going to spend later anyway.'

This Educator Expenses Deduction is taken as an adjustment to income, she said, "so is available whether or not you itemize deductions.'

•Check with an accountant or tax professional on the advisability of making extra contributions to retirement accounts such as 401(k), 403(b) or deferred compensation plans, Cavanagh said.

"You could make additional contributions before the end of the year, up to the maximum (allowed)" and lower tax liability for 2003. "If you're making contributions to an IRA or a Roth IRA, you have until

April 15 to make contributions for the 2003 tax year, but the earlier you make the contributions, the better off you'll be' because interest will have more time to increase.

•Single people earning no more than \$25,000 and married couples earning no more than \$50,000 each year are advised to check into their eligibility for the savings tax credit, Cavanagh said. "It's a way for lowerincome individuals and families to make contributions to a retirement plan" such as a 401(k) and receive a tax credit, up to a specific maximum amount. Some taxpayers, especially married ones filing jointly, might want to consider bundling their deductible expenses into one tax year to be itemized and then using the standard deduction the next year, Cavanagh advised.

And small business ownersespecially those who are the sole owner-might want to consider deferring some expenses until 2004, or establishing a retirement account before the end of the year. But, Cavanagh advised, check with their accountant and/or financial advisor

# From the AG

Thousands of honest, hardworking people fall prey to identity theft each year. In 2002 alone, 14,000 Texans told the Federal Trade Commission they were victims of identity crime.

Identity theft is a felony crime in Texas where one person uses another individual's personal or financial information for fraudulent purposes. The fallout can be devastating, as victims spend large amounts of time and money trying to clear their names. In response to the growing identity crime epidemic, the 78th Texas Legislature passed three new laws to assist victims and law enforcement agencies.

Senate Bill 473 changed venue requirements to allow prosecution of identity theft in the county where the victim resides. It is common for an ID thief to live in a different city, state or even country than the victim. This has caused jurisdictional problems for law enforcement agencies. The new law clarifies this issue.

Also under S.B. 473, victims who file a valid police report may place a security freeze with the appropriate credit agency. If a police report is not immediately available, victims can place a security alert in their credit files. Alerts are only valid for 45 days, but there is no limit on how many times a victim can place an alert with a credit bureau.

S.B. 473 additionally requires Texas police officers to undergo mandatory training on identity theft. Our agency recently joined the Federal Trade Commission and the U.S. Postal Service to train law enforcement in the investigation of identity crimes. Besides causing financial and credit problems, identity crime often has criminal implications for the victim.

Many ID thieves will give false information when they are apprehended for other offenses. This means that a criminal record may be created under the victim's name. Senate Bill 566 was written to address this problem. Under S.B. 566, an arresting law enforcement agency that was misled by a suspect must notify the ID theft victim regarding the misuse of their identity. S.B. 566 allows the victim to file a declaration with the Texas Department of Public Safety. The victim is entitled to expunction of the false criminal record.

Finally, House Bill 2138 makes it illegal to scan the magnetic strip of a credit or ATM card without the consent of the authorized owner of the card. Violations of H.B. 2138 are a Class B misdemeanor.

Identity theft scam artists are using high tech scanning devices to steal money from hard working Texans. It can happen fast. A criminal can take your card, scan the magnetic strip and replace it in your restaurant table or shopping mall counter before you know it's gone. We urge consumers to be very cautious about giving out their personal financial information.

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There seems to be no end to the tricks that ID criminals use to get information. Our office has received several complaints of scam e-mails ranging from lottery hoaxes and advanced fee fraud to fraudulent emails requesting personal information from what appears to be a legitimate business. No matter what a caller or e-mailer says, do not give out your social security number, driver's license number or other personal information over the phone or by email.

Unfortunately identity crime is here to stay. However, these new laws are an excellent step toward curtailing identity crime and allowing consumers and law enforcement agencies to fight this menace

# Excessive gum chewing may lead to jaw problems

Gum chewing is an easy way to Dr. Sinn. It also may lead to relieve stress for some people, but Temporomandibular excessive chewing can lead to jaw problems, says Dr. Douglas P. Sinn, professor of oral and maxillofacial urgery at UT Southwestern Medical Center at Dallas.

The boundless chewing of gum can tire the jaws and cause muscle fatigue, muscle spasms and pain, says

Syndrome, a disorder that causes pain in the head or neck and makes it difficult to open the mouth normally.

"The more stressed a patient is, the more they chew the gum," Dr. Sinn says. "They become more and more tired-it's a vicious cycle.'

# This Week's Devotional Message:



# GOD'S LOVE APPEARS IN THE SPARKLING WHITE OF WINTER

When autumn colors fade away And skies aren't overcast with gray, The brightest stars are on display

To brighten up the night; And meanwhile, on the earth below, The ground and trees are all aglow, They're blanketed with ice and snow, To everyone's delight

The icicles adorn the trees And all the world would seem to freeze' However, everyone agrees

It is an awesome sight. Each lesson of our faith implies A blessing we should recognize; The love of God before our eyes, With winter's sparkling white.

### ATTEND CHURCH THIS SUNDAY

New Covenant Foursquare

Bill and Renee Glass, pastors

200 S. Ave. F, Haskell

Mission Revival Center

1600 N. Ave. B, Haskell

First Baptist Church

Kevin Hall, pastor

Sun. Morn. 9:45 a., 10:55 a., 6 p.m.; Wed. 7 p.m.

301 N. Ave. E. Haskel

Church in the Park

Rev. Tim and Suzann Townsend

Sun. Morn. 10:30 a.m. Wed. 7 p.m.

Gazebo or Pavillion

Cornerstone Baptist Fellowship

Dr. Gibbie McMillan, Interim pastor

Sun. Morn. 9:30 a.m. 10:45 a.m. Wed. 7 p.m.

·--HASKELL-East Side Baptist Church Dr. Jim Helfin, interim pastor Sun. 8:30 a.m., 9:45 a.m., 11 a.m., 6 p.; Wed. 7 p.m. 600 N. 1st East, Haskel Christian Church Dusty Garison, minister

Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m. 107 N. Ave. F, Haskell New Vision Family Worship Center James Rincker, pastor • 864-5438 Sun. 9:45 a.m., 11 a.m., 6 p.m., Wed. 7:00 p.m.

East Hwy 380, Haskell Trinity Lutheran Church Sunday School 9:30 a.m., Worship 10:30 Hwy 380 East, Haskell Iglesia Bautista El Calvario Art Flores, Interim pastor

Sun. Morn. 9:45 a., 10:45 a.m., 5 p.m.; Wed. 7 p.m. 607 S. 7th, Haskell First United Methodist Church Allen Brooks, pastor

201 N. Ave. F, Haskell First Assembly of God Rev. J.C. Amburn

St. George Catholic Church Father George Roney Sat. Mass 7 p.m.; Sun. Morn. 9:00 a.m. 901 N. 16th, Haskell

Brett Anderson, minister Sun. Morn. 9:30 a., 10:30 a., 6 p.m.; Wed. 7:30 p.m. 510 N. Ave. E, Haskell

306 N. Ave. E, Haskell Trinity Baptist Church Tony Grand, pastor Sun. Morn. 10 a., 11 a., 6:30 p.m.; Wed. 6:30 p. 401 S. Ave. D, Haskell

Sun. Morn. 9:30 a.m., 11:00 a.m.; Wed. 7 p.m. 908 N. Ave. A, Haskell Greater Independent Baptist Church Sun. Morn. 9:30 a., 11:00 a., 6:30 p.; Wed. 7 p.

1303 N. Ave. I, Haskell ·--WEINERT--First Baptist Church Sun. Morn. 9:45 a.m., 10:50 a.m. 6 p.m.; Wed. 6 p.m. J. C. Baker, pastor Sun. Morn. 10 a.m., 11 a.m., Wed. 7 p.m. Weinert Weinert Foursquare Church Sun. Morn. 9:45 a., 10:45 a.m., 6 p.m.; Wed. 7 p.m. Rev. Robert Harrison 1500 N. Ave. E, Haskell Sun. Morn. 10 a.m., 11 a.m. Wed. 7 p.m Weinert ·-ROCHESTER-Church of Christ Steve Wilis, minister Church of Christ Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 6 p.m. West on Main Street, Rochester First Baptist Church Jackie Brem, pastor Sun. 11:00 a.m., 6 p.m.; Wed. 7:00 p.m. First Presbyterian Church 500 Main, Rochester Steve Beatty, pastor Sun. Morn. 9:30 a.m. Union Chapel Baptist Church Rev. Clarence Walker Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m. Rocheste Faith Chapel of Rochester Katherine Byrd, minister Hopewell Baptist Church Sun. Morn. 10 a.m., 11 a.m., 7 p.m. Hwy 6, Rochester First United Methodist Church Dolan Brinson, pastor

·-SAGERTON-Sagerton Methodist Church Sun. Morn. 10 a.m., 11 a.m., 6:30 p.m.; Wed. 7 p. Melissa Bemis, pastor Sun. Morn. 9:30 a.m. Sagerton Faith Lutheran Church Sun. Morn. 10 a.m., 11 a.m., 6 p.m.; Tues. 6 p.m.

Deborah Nissen, pastor Sun. Morn. 9:15 a.m., 10:30 a.m.; Wed. 7 p.m. Sagerton

-RULE-First Baptist Church Josh Stowe, pastor Sun. Morn. 9:45 a., 11:00 a., 5 p.m.; Wed. 7 p.m. 1001 Union Ave., Rule Primitive Baptist Church Dale Turner Jr., pastor First & Third Sundays 10 a.m.

Corner of 8th & Robins, Rule Church of Christ John Greeson, minister Sun. Morn. 9:45 a., 10:40 a., 6 p.m.; Wed. 7 p.m.

811 Union, Rule First United Methodist Church Wendall Fergerson, pastor Sun. Morn. Worship 10 a.m. 1000 Union Ave., Rule Primera Iglesia Bautista

Alfa y Omegs Manuel Marin, pastor Sun. Morn. 10 a., 11:00 a., 5 p.m.; Wed. 6 p.m. 500 Elm Street, Rule Sweet Home Baptist Church

Bill Trice, pastor Sun. Morn. 10:00 a., 11:00 a., 6 p.; Wed. 7 p.m. Gladstone Ave., Rule West Bethal Baptist Church Rev. Robert Sweet Sun. Morn. 10 a.., 11 a., 8 p.m.; Wed. 7:30 p.m. 300 Sunny Ave., Rule

---PAINT CREEK---Paint Creek Baptist Church Sun. Morn. 10:00 a.m., 11:00 a.m., 6 p.m. Paint Creek

·-O'BRIEN-O'Brien Baptist Church Kyle Gulledge, pastor Sun. 9:45 a.., 11 a., 5 p., 6 p, Wed. 6 p.m. O'Brien

## Personality Slipper Shoppe

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Sun. Morn. 10:00 a.m. 11:00 a.m.

Rochester

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# TAX **PLANNING**

Written By James E. Rodgers, CPA



IS IT TIME TO RETHINK YOUR INVESTMENT STRATEGY?

The 2003 Tax Relief Act passed in May will prompt many investors to rethink how they invest. The law sharply reduces taxes on investment income from capital gains and dividends. Dividend income that was previously taxed at your regular tax rate (as high as 35%) is now taxed at a top rate of 15%. Capital gains taxes have been reduced from 20% to 15% for most investors.

With these rule changes, a fundamental question comes to mind. That is, does it still make sense to invest your money in tax-deferred accounts such as IRAs and 401(k) retirement accounts? Remember that these accounts allow you to defer paying taxes on investment income as long as you don't withdraw the money until you reach retirement age. For some investors, the benefit of tax deferral may no longer outweigh the higher tax rates they could face when they withdraw the money at

Consider, too, the types of assets in which you'll be investing. For example, interest from money market accounts, CDs, and bonds is still taxed at your regular tax rate. Since interest rates are at their lowest in decades, you won't get much of a return, especially after Uncle Sam takes his cut. These investments may still work well inside a retirement account. You won't pay high taxes on the interest currently, and, when you withdraw the funds at retirement, you may be in a lower tax bracket so the tax bite won't be so bad.

Stocks may work better outside of a retirement account. As long as you hold on to them for more than a year, you'll benefit from the new low capital gains rates. Dividend-paying stocks also make sense outside of retirement accounts. Remember, though, if you trade stocks on a short-term basis, you'll pay taxes at your regular tax rate which could be more than double the long-term capital gains rate. You'll be better off doing these trades inside a retirement account.

Clearly, the new law will affect investment strategies in a major way. If you would like more information about the new law and how it might affect your investments, please give us a call.

# **RODGERS & COMPANY**

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# Shop The Haskell Free Press CLASSIFIEDS

ALL DEADLINES MONDAY 5 P.M.

JONES & WIFE, ELLEN JONES;

MATTHEWS & HUSBAND.

NELLIE M. MOORE &

HUSBAND, JOHN C. MOORE;

H. O. CREMER: AND THOMAS

November 14, 2003 in the 39th

Judicial District Court of Haskell

County, Texas, and is numbered

11,160, and entitled DELTA OIL

& GAS, LTD VS. C. W. HARDY;

LLOYD HAROLD JONES &

WIFE, ELLEN JONES: JAKIE

TED JONES MATTHEWS &

MATTHEWS; NELLIE M.

MOORE & HUSBAND, JOHN C.

MOORE; H. O. CREMER; AND

THOMAS F. KIEFER. This

lawsuit is a suit for the

appointment of a receiver under

the provisions of the Texas Civil

Practice and Remedies Code

Section 64.091 to execute an oil,

gas and mineral lease on the

interest of the Defendants in the

following described land situated

156 acres of land, more or less,

out of Section 14, Block 1, H. & T.

C. RR. Co. Survey, A-505, Haskell

County, Texas, and being the same

land described in Mineral Deed

dated February 26, 1930, from J. T.

Mullis & wife, Easter Mullis, to H.

O. Cremer, recorded in Volume

118, Page 421, Deed Records,

The Court has authority in this

Issued and given under my

suit to enter any judgment or

decree in the Plaintiff's interest

which will be binding upon you.

hand and seal of said Court at

Haskell, Texas, this 18th day of

Haskell County, Texas.

November, 2003.

PENNY YOUNG

Clerk of the 39th

Haskell, Texas

Judicial District Court

By: Penny Anderson

PUBLIC NOTICE

Report for Haskell CISD will be

presented at 6:00 p.m. on Thursday

December 18, 2003 at the Haskell

CISD Administration Office, 605

North Avenue E. Haskell, TX

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FOR SALE: Shelled pecans. Wooten. 864-3696. 50-51c

FOR SALE: Beautiful oak custom-made desk, 10 ft. long; custom made 5' tall chest, cedar. Call 996-0101.

FOR SALE: Sofa, 2 recliners, lamps, etc. All match. Good condition. Call 864-3748. 51p

FOR SALE: Nordic track treadmill, \$75; virtual snowboard game, \$10; MicroSoft steering wheel with software, \$15. Call 864-6181 after 5 p.m. 51p

TO GIVE AWAY: Two kittens. 907 S. 1st. 864-2095.

FREE PUPPIES: 8 weeks old. Call Sandra after 5 p.m. 940-864-6172.

FREE PUPPIES: 904 N. 4th St. 51p

### Miscellaneous

foundation repair. No payments until work is satisfactorily completed. David Lee & Co. 325-

SEWING AND ALTERATION orders may be made until Dec. 18; then after the holidays beginning Jan. 5. Eunice Koehler. 864-2134.

CUSTOM FRAMING. Country Friends and Frames, 101 N. Swenson, Stamford. 325-773-2661. Complete framing needs. Closed Mondays.

### Garage Sales

GARAGE SALE: Fri. and Sat. Computers, misc. Paint Creek Rd. 5th house on right. 51p

8 FAMILY GARAGE SALE Indoors. New and used merchandise at Yours, Mine and Ours, 103 N. Swenson, Stamford. Sat., Dec. 20, 10 a.m. to 3 p.m.

## For Rent

FOR RENT: Furnished rooms for rent. Nightly, weekly, monthly Call 864-2238.

FOR RENT: 1107 N. 10th. 2 bedroom apartment. 864-3762

FOR RENT: 1 bedroom furnished house. 806-983-3777 day; 806-983-5211 night.

## Real Estate

FOR SALE OR LEASE: 3 bedroom, 2 bath. Possible owner financing. 864-2238.

FOR SALE OR LEASE: Lake cabin at Veda's Camp. 864-2238.

HOUSE FOR SALE: Brick, 3 bedroom. Large living and dining room. Large kitchen with beautiful wood cabinets. New carpet. Small shop. Patio and carport; \$38,500. 940-658-3629 or 940-658-3342.

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# Help Wanted

NOW TAKING APPLICA-TIONS for all positions at Sonic Drive In, Haskell. Apply in person.

FULL TIME, part time, manager and delivery position open. Are you people oriented, out-going, responsible, dependable? Come join our winning team at TNT Video, 9 Ave. E, Haskell. 51tfc

WES-T-GO is now hiring for cashier. Please apply in person at 400 N. Ave. E. 51-2c

MANAGER TRAINEE AND assistant manager trainee positions available at local and surrounding Richeson DQs. Above average pay for friendly, responsible, customer service leaders. Smoke and drug free working environment. Drug test and background checks required. Call District Manager Jacala Ashley, 940-585-8586. 51-2c

RICE SPRINGS Care Home is making a difference. We are looking for: Weekend RN; one day shift CNA; two 2-10 CNAs. Call Shandra at 864-2652 for information.

### **Public Notices**

NO. 11,159 DELTA OIL & GAS, LTD Plaintiff, V. LLOYD HAROLD JONES & WIFE, ELLEN JONES; JAKIE TED JONES MATTHEWS & HUSBAND, ROBERT MATTHEWS; AND NELLIE M. MOORE & HUSBAND, JOHN C. MOORE: Defendants.

IN THE DISTRICT COURT, 39TH JUDICIAL DISTRICT, HASKELL COUNTY, TEXAS. NOTICE BY PUBLICATION STATE OF TEXAS

TO: LLOYD HAROLD JONES & WHITE ELLEN JONES; TED MATTHEWS & HUSBAND, ROBERT MATTHEWS; AND NELLIE M. MOORE & HUSBAND, JOHN C. MOORE, Defendants, and to all whom it may

You have been sued. You may employ an attorney. If you or your attorney do not file a written answer with the clerk who issued this citation by 10:00 a.m. on the Monday next following the expiration of 42 days after you were served this citation and petition, a default judgment may be taken against you. The petition of DELTA OIL & GAS, LTD, Plaintiff, was filed against LLOYD HAROLD JONES & WIFE, ELLEN JONES: JAKIE TED JONES MATTHEWS & ROBERT HUSBAND. MATTHEWS; AND NELLIE M. MOORE & HUSBAND, JOHN C. MOORE. Defendants, on November 14, 2003, in the 39th Judicial District Court of Haskell County, Texas, and is numbered 11.159, and entitled DELTA OIL & GAS, LTD VS. LLOYD HAROLD JONES & WIFE,

### \$500 MOVE IN Owner finance. Call Alex

325-725-1449 Sè habla español.

#### **Rolling Plains** Regional Jail and **Detention Center**

is currently accepting applications for Correctional Officer. Medical benefits and life insurance provided at no cost to employee.

Please contact: Lorie Rodriquez at 940-864-5694 for more information.

## LANGFORD ROUSTABOUT SERVICE SCOTT LANGFORD

Roustabouts Backhoes Winch Trucks **Dump Trucks** Welders



Mobile: 940-256-0535 Office: 940-864-3490 Home: 940-864-2565

8348 N. Hwy. 277 Haskell, Texas 79521

Specializing In Oilfield Repair, Maintenance & Construction

ROBERT MATTHEWS: AND NELLIE M. HARDY: LLOYD HAROLD MOORE & HUSBAND, JOHN C. MOORE. This lawsuit is a suit for the appointment of a receiver

under the provisions of the Texas Civil Practice and Remedies Code Section 64.091 to execute an oil, gas, and mineral lease on the interest of the Defendants in the F. KIEFER, Defendants, on following described land situated in Haskell County, Texas: 125 acres of land, more or less,

out of Section 9, Block 1, H. & T. C. RR. Co. Survey, A-190, Haskell County, Texas, and being the same land described in Warranty Deed dated January 13, 1941, from E. C. Watson, to Mrs. Minnie W. Berry, recorded in Volume 149, Page 293, Deed Records, Haskell County, Texas.

The Court has authority in this suit to enter any judgment or decree in the Plaintiff's interest which will be binding upon you.

Issued and given under my hand and seal of said Court at Haskell, Texas, this 18th day of November, 2003. PENNY YOUNG

**ANDERSON** Clerk of the 39th Judicial District Court Haskell, Texas By: Penny Anderson

NO. 11,160 DELTA OIL & GAS LTD, Plaintiff, V. C. W. HARDY; LLOYD HAROLD JONES & WIFE. **ELLEN JONES; JAKIE TED** JONES MATTHEWS & HUSBAND, ROBERT MATTHEWS: NELLIE M. MOORE & HUSBAND, JOHN C. MOORE; H. O. CREMER; AND THOMAS F. KIEFER;

IN THE DISTRICT COURT 39TH JUDICIAL DISTRICT HASKELL COUNTY, TEXAS NOTICE BY PUBLICATION STATE OF TEXAS

To: C. W. HARDY; LLOYD HAROLD JONES & WIFE, ELLEN JONES: JAKIE TED JONES MATTHEWS & HUSBAND. ROBERT MATTHEWS; NELLIE M. MOORE & HUSBAND, JOHN C. MOORE; H. O. CREMER; AND THOMAS F. KIEFER. Defendants, and to all whom it may

You have been sued. You may employ an attorney. If you or your attorney do not file a written answer with the clerk who issued this citation by 10:00 a.m. on the Monday next following the expiration of 42 days after you were served this citation and petition, a default judgment may

# **ZERO DOWN**

Land-Home with low interest rate. NO CREDIT NECESSARY 325-673-8488

# **RENT TO OWN**

Cozy 2 bedroom- at 511 Central in Rule. Corner lot with trees, carport. Low down, low monthly payments. Call Jim at

325-518-8128 or Teri at 325-660-2122

FOR SALE

Real Estate

864-2411 864-2332

REALTOR

#### ELLEN JONES: JAKIE TED be taken against you. The petition **Public Notices** JONES MATTHEWS & of DELTA OIL & GAS, LTD. Plaintiff, was filed against C. W

NOTICE OF SCHEDULED ENTRY INTO FIELDS

Notice of Scheduled Entry Into Fields, Pursuant to Tex. Agric. Code Ann., Section 74.117 (Vernon Supp. 2003). Cotton producers in the Rolling Plains Central Boll Weevil Eradication Zone, which consists of Knox. Baylor. Stonewall, Haskell, Throckmorton, Young, Scurry, Fisher, Jones. Shackelford, Stephens, Palo Pinto, Mitchell, Nolan, Callahan, Eastland, Brown, Comanche. Erath, and a portions of Taylor, Borden, and Archer counties are hereby notified that Texas Boll Weevil Eradication Foundation personnel will be conducting eradication activities in and around their fields, beginning January 1. 2004. All cotton fields will be mapped, and treatment will begin during late season.

For notification prior to any chemical treatment, call 1-800-687-1212 with the exact location of your field and appropriate telephone numbers. Field entry and treatment is expected to last until all cotton is harvested in the zone.

For more information regarding this program, please call the Texas Boll Weevil Eradication Foundation at 800-687-1212. 51-52c

# POL CALENDAR The Haskell Free Press is

authorized to make the following announcement for the political office in Haskell County, subject to the action of the 2004 Primaries.

Unless otherwise specified the candidates listed paid for the announcement, and have designated themselves as campaign treasurer.

All political advertising, announcements, and printing is cash in advance. Sheriff

Bill Glass (Pd. by James Bevel, Campgn. Treas.) Getting old is great-no one is

trying to understand us. Right now get 2 La-Z-Boy recliners for only \$499 a pair, during our 2 for 1 sale. Leather La-Z-Boys start at 2 for \$949. Kinney Furniture in Stamford.

### Dodson Concrete Construction

Commercial - Residential **David Dodson** 704 N. Ave. F • Haskell 940-864-2038

Over 20 Years in the Business FREE ESTIMATES

# Guadalcazar Roofing Daniel or Lupe

325-665-7060 940-864-5009

Free Estimates. All Types including Metal roof installation.

#### taking a big gulp. You can sleep better on a new Spring Air mattress set. Right now you can save on many close out specials. "Never Turn' mattress sets start at \$199 full and \$299 queen. Kinney

### **OWNER FINANCE** 1403 N. Ave. K

Furniture in Stamford.

Roomy older home with carports in front and back. Nice yard. Easy

Call Jim at 325-518-8128 or Teri at 325-660-2122

HASKELL 3 BR. OWNER FINANCE Central A/C & Htg. Storage shed. Very nice

neighborhood. Easy

Call Jim at 325-518-8128 or Teri at 325-660-2122

Metal

Spalding

Construction

Hamlin, Texas

**Owner: James Spalding** 

# **FOR RENT**

Other attachments: Post Hole **\$50** Digger per day

Forks Small Tree

per day Grubber Weekly or Monthly Rates Call or check at

Steele Machine 940-864-2208

# **Changing jobs? Retiring?** Bring your 401k with you.

how to do an IRA rollover

**CHAN GUESS** 940-864-2665

Allstate Life Insurance Company, Home Office, Northbrook, IL. Securities offered through Allstate Financis Services, LLC (LSA Socurities in I.A and PA). Registered Broker-Dealer Member NASD, SPC. Office of Supervision jurisdiction: 2920 South 84th Street, Lincoln, NE 68506 (877) 525-572; AdMistate Insurance Company alistates.com

# **FOR SALE**

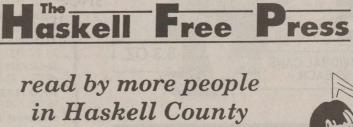
640+/- Acres on Brazos River in Knox County. Excellent hunting. Some cultivation, some pasture. 241+ Acres in Haskell County. Adjoining Russell lake. Good

crop base. Good hunting. Priced right. 80 Acres +/- Irrigated. Includes 3 bedroom farm house. North of Rochester.

Large Brick Home with 2 living areas. Knox City. \$57,000. Spacious 3 Bedroom, 2 bath brick home in O'Brien. \$57,000. 4 Bedroom, 3 bath hom \$35,000.

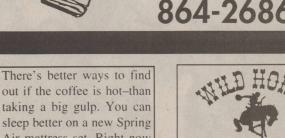
### **Counts Real Estate David Counts** 102 North Avenue A • Knox City, Texas

940-657-5012 or 658-3390



than any other print media.





(R) RadioShack. All Ladies Apparel Don't forget-We also have guns and

mmo, gifts, musical instruments 419 S. 1st, Haskell • 864-2200 Hours: M-F 9-6; Sat. 9-3

### The **Farmers** Insurance Group

is currently meeting with candidates who want to learn more about developing a profitable small business. At FIG we offer this through our agency ownership program. Our program assists you in building a business for yourself, not by yourself. You may fax your resume to 940-322-0002 or email to shodges@farmersagent.com.

# Bobcat Skid \$125 Steer Loader per day

9" or 12" bit

\$15 per day \$20

325-576-2109

Call me today to find out



ATTEND BALLET-4th and 5th grade students from Rule Elementary, along with their teachers, Amy Easterling and Fonda Newton, recently attended the Nutcracker ballet at the Paramount Theatre in Abilene. Top row, I-r, Elizabeth Camacho, Cody Reece, Shelby Starr, Evelyn Campos, Rosa Nieto, Patrick Starr, Samantha Benavides, Shalisse Vanderbilt, Breanna Riggins, Stephanie Threet. Bottom row, Kymbre Kupatt, Lizzie Benavides, Chanler Robertson, Jacob Perez, Dylan Cooper, Cade Brown, Juanita Ortega, Rebecca Ortega. Sitting, Allison Petty, Jenny Dudensing.

# **Paint Creek ISD receives** Texas Reading First grant

Paint Creek Independent School District is pleased to announce the notification of receiving the Texas Reading First Initiative grant.

This grant will allow Paint Creek

ISD to employ additional elementary teachers and support staff as well as a state-of-the-art reading lab.

The elementary grade levels second through fifth will each be self

# **Marriage Licenses**

Marriage licenses issued during the month of November by Rhonda Moeller, Haskell County Clerk include:

Alvin Carl Hertel and Martha Neumann Bruns, both of Haskell.

Shawn Wayne Sanford of Weinert and Misty Raye Williams of

William Lee Markunas and

Angela Kay Calhoun, both of Haskell.

Coy Lynn Scoggins and Julia Ann Jordan, both of Haskell. Robert Franklin Saffel and Lisa

Lynn Shawver, both of Rule. Cecilio Gallegos and Luz Bella

Guevara, both of Haskell.

Timothy Aaron Jordan and Hannah Gretchen Maxey, both of Cattle Market Report

The market at the Haskell Livestock Auction was on a run of 735 head of cattle at its sale on Mon., Dec. 15, according to Gary Tate, reporter. 47 sellers and 28 buyers were present.

No sale Dec. 22 or Dec. 29. Packers \$1 to \$3 higher. Stockers and feeders steady.

Cows: fat, .45-.51; cutters, .42-.55; canners, .32-.44.

Bulls: bologna, .52-.61; feeders, .80-.94; utility, .48-.58.

Steers: medium and large frame No. 1 200-300 lbs., 1.25-1.70; 300-400 lbs., 1.15-1.32; 400-500 lbs., 1.05-1.25; 500-600 lbs., .98-1.10; 600-700 lbs., .93-1.05; 700-800 lbs., .85-1.00; 800-up lbs., .80-.89.

Heifers: medium and large frame No. 1 200-300 lbs., 1.10-1.55; 300-400 lbs., 1.00-1.20; 400-500 lbs., .96-1.18; 500-600 lbs., .88-1.09; 600-up lbs., .75-.93.

Bred heifers medium frame, 540-

Bred Cows: young to middle aged, 690-795; aged or small, 475-

Cows with calves: medium frame No. 1 young and middle aged, 825-975; aged or small, 625-775.

## **ECC Menu** and Calendar

contained with a certified teacher,

and all students in grades

Kindergarten through third will have

daily instruction from a reading

ratio in the elementary grades will

fall to an average of six students per

certified teacher. The award of this

reading grant will allow Paint Creek

to offer quality instruction in reading

as well as in other subject areas for

Any parent wishing further

information regarding transfer of

their child to the Paint Creek school

district may contact Bill Fowler,

principal, at 864-2810. Students may

transfer to the Paint Creek ISD at no

cost. Each transfer student is subject

to school board approval.

students in the area.

Paint Creek's student-to-teacher

specialist.

Mon., Dec. 22

Lunch-Steak fritters/gravy, creamy potatoes, peas and carrots, sliced onions, yeast rolls, cherry cobbler, dessert, milk, tea, or coffee

Tues., Dec. 23

Lunch-Beef stew, pimento cheese/tuna sandwiches, sliced onions/pickles, carrot/raisin salad, chocolate pudding cups and snowmen cookies, milk, tea, or

Announcements begin at 11:45 a.m. followed by lunch.

To Subscribe, Call 940-864-2686

# Shop Haskell first

# Jones-Haskell Eye Clinic Dr. Trussell Thane, O.D.

**Therapeutic Optometrist** Appointments Available • Monday through Friday

Dr. Thane provides comprehensive eye care including the diagnosis and treatment of eye disease. Dr. Thane offers complete evaluation for eyeglasses and contact lenses.

Various contact lens packages available.

MEDICARE, MEDICAID, BLUE CROSS AND BLUE SHIELD AND FIRSTCARE ACCEPTED.

1501 Columbia Stamford, Texas 325-773-2083



**Purchase any** 

# **Major Appliance**

during the month of December and receive a

# EREE

10-year parts warranty

(a \$69.95 value!)

Many rebates are available now on GE and Frigidaire Appliances!

**Haskell Tire** & Appliance

206 S. Ave. E • 864-2900



December 14, 2003 thru December 27, 2003

DIET COKE, SPRITE OR COCA-COLA 3 LITER BTL. 69 6 PACK

89

RED BUL







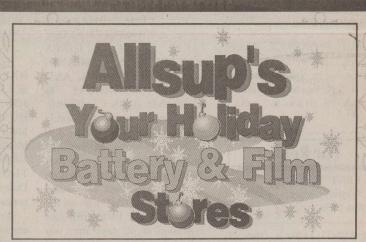
HASKELL #153 1000 N. AVE. E **RULE #91** 501 UNION AVE.

16 OZ. COFFEE OR CAPPUCCINO AND A 2.5 OZ. PACKAGE OF MRS. FRESHLEY'S GEM DONUTS



MICHIGAN SCOTCH PINE 5-7 FT.

SANTA FE FLOUR TORTILLAS 12 CT. / \$1.59 REG.	994
<b>BAR-S CHOPPED HAM</b> 12 OZ. PKG. / \$2.29 REG	\$ 7 49
	2FOR\$ 109
ALLSUP'S WHEAT BREAD 24 OZ. PKG. / 69¢ EACH OR	2FOR\$ 129
SHURFINE 9 INCH PAPER PLATES 40 CT. / \$2.89 REG.	\$259
SOLO PLASTIC CUPS 16 OZ. / 20 CT.	
SHURFINE GRANULATED SUGAR 4 LB. BAG	
SHURFINE BROWN OR POWDERED SUGAR 2 LB. BAG	\$ 7 29
SHURFINE FLOUR 5 LB. BAG	\$ 19
FOLGERS CLASSIC ROAST OR COLUMBIAN	\$299
PLAINS EGG NOG QUART	4000
TENDERCRUST BROWN'N SERVE ROLLS 12 PACK	900
HOT POCKET CHICKEN POT PIE EACH	\$ 7 59
SHURFINE WHIPPING CREAM 1/2 PINT	89
SHURFINE DIPS FRENCH ONION OR GREEN CHILI	\$ 7 29





ALLSUP'S **ICE CREAM** 1/2 GALLON / REG. \$3.79

HORTENSIA OR MARDI GRAS **FAMILY PACK** 





**FUJI QUICK SNAP 400 CAMERA** REG. \$7.79 199 EA.

# **ALLSUP'S COMBO MEALS**

COMBO NO. 1	2 CORN DOGS & 32 OZ. TALLSUP	\$1.99
COMBO NO. 2	2 HOT LINKS WITH BREAD & 32 OZ. TALLSUP	\$1.99
COMBO NO. 3	3 TAMALES, HOWLERS & 32 OZ. TALLSUP	\$1.99
COMBO NO. 4	SAUSAGE/EGG BISCUIT & 16 OZ. COFFEE OR 22 OZ. FOUNTAIN DRINK	\$1.29

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