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Football games

HASKELL
7th, 8th Indians vs Anson
Thurs., Sept. 23, 4 p.m.
at Anson
Indians OPEN
Fri., Sept. 24
...

PAINT CREEK
JH Pirates vs Lueders-Avoca
Thurs., Sept. 23, 5:30 p.m.
at Lueders-Avoca
Pirates vs Megargel
Fri., Sept. 24, 7:30 p.m.
at Megargel
...

RULE
JV Bobcats vs Jayton
Thurs., Sept. 23, 7 p.m.
at Benjamin
Bobcats vs Midland Bible
Sat., Sept. 25, 6 p.m.
at Patton Springs

Calendar

Catfish lunch

A catfish lunch will be held Sun., Sept. 26 at the High School Cafeteria from 11 a.m. to 2 p.m. Proceeds will benefit Joe Cothron for his medical expenses. Plates are \$6. Take outs will be available. For information, call Eddie Klose 864-3801 or Jesse Billington 864-5234.

Anniversary

The Greater Independent Baptist Church will celebrate their 72nd church anniversary Sun., Sept. 26. Sunday school will begin at 9:45 a.m. followed by morning worship at 11 a.m. The anniversary hour will begin at 3 p.m. with Dr. James Webb, pastor of New Fellowship Baptist Church of Abilene, speaking.

Brisket dinner

A brisket dinner will be hosted by Boy Scouts Troop 136 of Haskell Fri., Oct. 1 from 5 to 7 p.m. in the high school cafeteria. Tickets are \$5. Take outs will be available. Proceeds will benefit the 2005 trip to Jamboree.

Garage sale

The Haskell Chamber of Commerce will hold a community-wide garage sale Sat., Oct. 2. Application forms are available at the Chamber of Commerce office at 510 S. 2nd St. or by calling 864-2477. Deadline to register is Fri., Oct. 1 at noon.

Old Glory musical

The Old Glory Musical will be held Sat., Sept. 25 at the Community Center in Old Glory. The concession stand will open at 5 and the music will start at 5:30 p.m. For more information call 940-989-2925 or 989-2833.

Nanny benefit

A softball game fund-raiser will be held Sat., Sept. 25 at 4 p.m. at the girls softball field at the city park in Haskell. Employees of Haskell Memorial Hospital and Haskell EMS will play members of the Calvary Baptist Church. Proceeds will benefit Flint Nanny who has received a liver transplant. Burritos and baked items will be available. All donations will be sent to the American Liver Foundation in New York to benefit the Nanny account.

Weinert homecoming

Weinert homecoming will be held Oct. 1-3. Class parties will be held Friday night. Registration will be Sat. beginning at 8 a.m. at the Weinert school. A parade will be held at 10 a.m. Lunch will be served by the firemen in the school lunchroom. The program will begin in the school gym at 2 p.m. followed by refreshments at 3 p.m. A catered meal will be served at 6 p.m. in the gym. A dance will be held Sat. night. Sunday services will be held at the Weinert Baptist Church.

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Shop Haskell first

The Haskell Free Press

VOL. 118-NO. 39, ©SEPTEMBER 23, 2004

"The People's Choice"

8 PAGES-ONE SECTION-50 CENTS



CREEK CLEAN UP BEGINS—Equipment began working on the clean up of Rice Springs Creek this week. Two track loaders and three dump trucks are at work on the project consisting of de-

watering, cleaning, excavating and disposal of approximately 25,000 cubic yards of silt. Loads of silt are being hauled to the municipal airport for disposal in a city-designated area.

Sales tax receipts show little gain

Texas Comptroller Carole Keeton Strayhorn has announced that the state collected \$1.42 billion in sales tax in August, up 8.2 percent compared to a year ago. And when the state's 2004 fiscal year ended August 31, general revenue-related sales tax collections totaled \$15.3 billion for the year, up 7.9 percent compared to FY 03, reflecting rising consumer confidence and increased business spending.

"Sales tax grew at its highest annual rate since Texas' 1998 economic boom," Strayhorn said. "2004 was truly an economic bumper crop of a year for Texans."

Texas cities, counties, transit systems and special purpose taxing districts began their sales tax rebound earlier than the state. Overall, they have now seen 15 consecutive months of increased sales tax revenue.

Strayhorn delivered \$327.4 million in September sales tax payments to local governments, a 7 percent increase compared to continued on page 5

Battle of Tribes ends in victory for Quanah

As predicted, the Haskell Indians and the Quanah Indian football game was ferocious. The only thing bad about the game for Haskell was that the wrong Tribe won.

State-ranked in the Top 10 of Class A, Quanah used a 10 play, 87-yard drive to gain first blood at the 1:17 mark of the first quarter. QB Bubba Clandrick hit tight end on a 52-yard TD throw to put the Quanah Indians up 6-0. The two-point conversion try via the air failed.

Haskell rallied immediately and scored on a four-play, 61-yard drive with QB Brandon McClatchey

getting the 10-yard run. Nate Webb put the Haskell Indians ahead 7-6 with his good PAT kick. The second quarter had just begun.

Both groups played solid defense and could not get anything going on offense for the rest of the quarter. At the half the Haskell Indians led 7-6, to the dismay of the Quanah Homecoming crowd.

At the 3:37 mark in the third quarter, taking advantage of a Haskell short punt, Quanah used five plays and moved into the end zone for the go-ahead seesaw score 12-7. Their

two-point conversion pass fell incomplete.

On Haskell's next series, the Indians picked up a first down, only to have their drive stall on their own 48-yard line.

Haskell had a great punt, putting Quanah back on their own 7-yard line as the third quarter came to a close. To Quanah's credit, they drove 93 yards in 9 plays to score with tailback Tommie Hill scampering 57 yards to pay dirt. Clandrick ran for the 2-point conversion, and the Quanah Indians led 20-7, with only 8:36 left in this important non-district game.

For the remainder of the game, the Haskell Indians showed what they are really about. Using 8 plays and driving 65 yards, McClatchey scored on an 18-yard run. Webb's kick was good to bring the Haskell Indians to

within "6" for a tie and "7" for a win.

Haskell's defense held the Indians of Quanah to 3 plays and out, to regain the football at the Quanah 47-yard line. The Friday night football air was electrifying, as Haskell began to clip off yardage.

Facing 4th down and 3, Haskell's QB McClatchey carried the pigskin 7 yards to keep the drive alive. Then Josh Barbee rushed 28 yards on the next play, as the clock was ticking down to the end of the game.

Haskell moved to the 5-yard line with about 51 seconds left in the game, only to put the football on the ground, allowing Quanah to run the clock and escape with their scalps.

Brandon McClatchey had 5 rushes for 56 yards and 2 TDs. Josh Barbee had 15 carries for 130 yards. Cameron Short got 36 yards on 10

rushes. L. J. McCulloch had 3 carries for 48 yards. Josh Rodriguez had 8 carries for 40 yards. Brad Blanks had 2 carries for 8 yards.

The offensive line for the Haskell Indians is doing a good job in opening holes for the backs to run. Haskell again had good offensive rushing yardage with 317 yards on 45 carries.

Haskell's JV Indians defeated Quanah 29-8 to continue their winning ways.

The 7th and 8th Grade Warriors will play in Anson Thursday evening. Game time is 4:30 p.m.

Haskell Varsity and JV will both have open dates this week and will see action the following week. The Varsity, 3-1, will close out their non-district campaign when they host the Anson Tigers.

Paint Creek outplays Moran 62-40

In their six-man game Fri., Sept. 17, Paint Creek out played Moran by a score of 62-40.

In the first quarter, Moran scored on a 60-yard kick-off return, their only score of the quarter. Pirates' Roland Cisneros then scored on a 35-yard run, with the extra points kick good; a 15-yard TD run with a good extra point kick; another 15-yard TD run with no extra point, and a 35-yard TD run with a good extra kick, to bring the score to 22-6 at the end of the first quarter.

In the second quarter, Cisneros scored again on an 8-yard run, and the extra point kick brought the half time score to 38-6 for the Pirates.

Moran scored in the third quarter on a 3-yard run and good extra point try, bringing the score to 38-14. Paint Creek scored 12 points in the quarter with TDs by Cisneros and Brandon Bryant. Score at quarter's end was 50-14.

During the fourth quarter, Moran

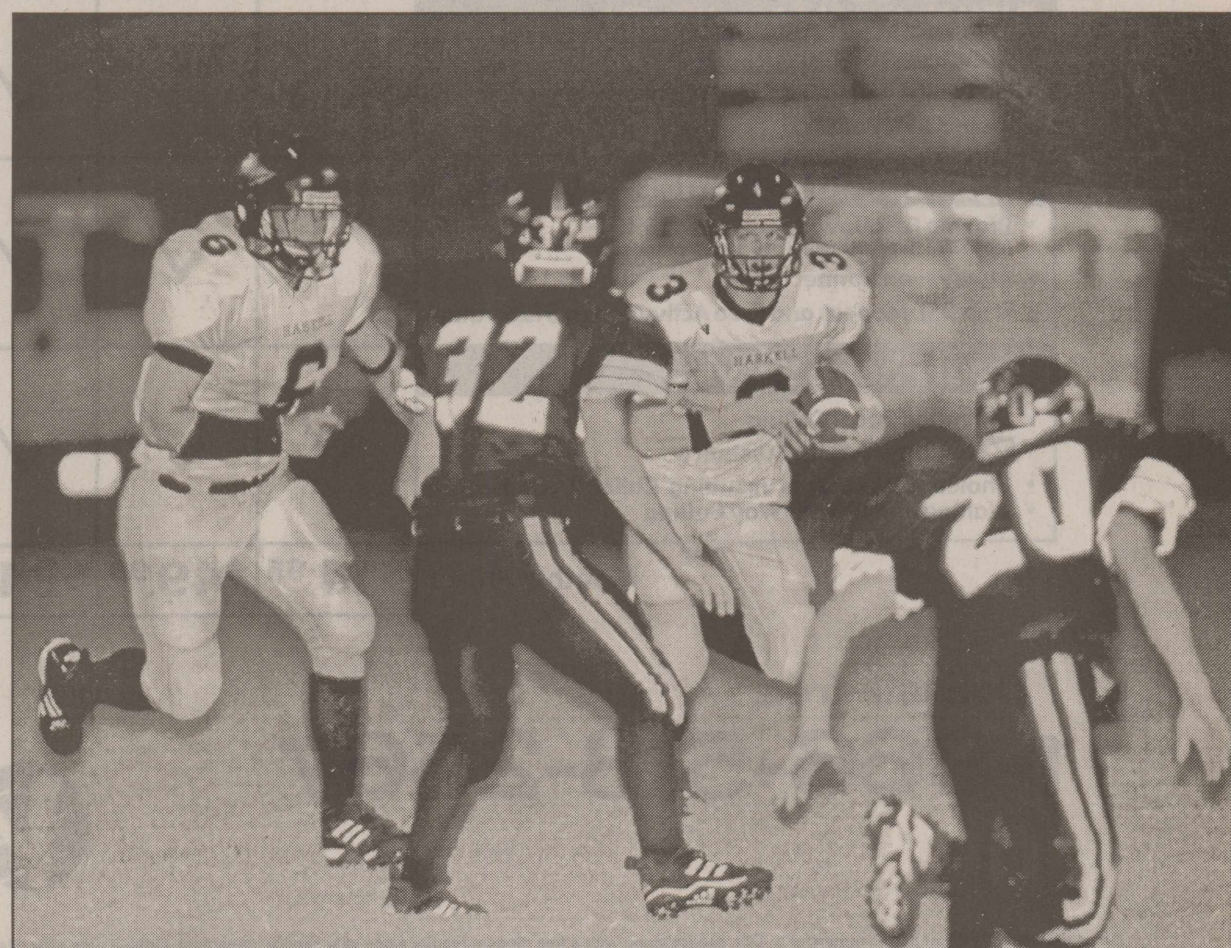
scored 26 points to Paint Creek's 12 points. The game ended with Paint Creek ahead 62-40.

Tackles in the game were: Roland Cisneros, with 4 solos, 9 assists, one interception; Matt Ruiz had 3 solos, 5 assists; Abel Cisneros had 2 solos, 5 assists and 2 fumble recoveries; Brandon Bryant had 3 solos, 4 assists and one interception; Taylor Williams had one solo, 3 assists; Rylie Tatum had 6 assists. Roland Cisneros had 29 rushes for 356 yards.

Key Pirate blocks in the game were: Brandon Bryant with 10; Matt Ruiz, 12; Jeremy DeLa Cruz, 8; Abel Cisneros, 13; Rylie Tatum, 8.

The Varsity Paint Creek record is now 1-2.

The Paint Creek Junior High defeated Lueders-Avoca 38-27. The JH Pirates play Lueders-Avoca again this Thursday at Lueders. The records are Paint Creek 2-0 and Lueders-Avoca 0-1.



INDIANS VERSUS INDIANS—Haskell Indians Cameron Short #6 and Josh Barbee #3, make yardage in the high scoring game with the Quanah Indians, Fri., Sept. 17.

FOR NEWS ITEMS OR TO SUBSCRIBE, CALL 864-2686



A VISIT TO THE FARM—Students observe pigs during a field trip to the Paint Creek school farm led by agriscience instructor, James Horton, who gave instruction in raising pigs and marketing of hogs. Front row, l-r, are: Erica Acosta, Kadie McCord, Caitlin Medford, Shawn Myers, Samantha Barnett, Charity Winterstein, Josh Horton, Cheyenne Buerger and Blake Edwards. Back row, elementary teachers, Michelle Murray and Allison Key.

Obituaries

Ben Roberts, Jr.

Memorial services for Ben Roberts Jr., 60, of Dallas will be held Fri., Sept. 24 at 11 a.m. at the First Baptist Church in Haskell with Rev. Troy Culpepper officiating. Services are under the direction of Archer Funeral Home of Seymour.

Mr. Roberts died Thurs., Sept. 16 in Frisco. Born May 18, 1944 in Haskell, he was the son of Ben and Martha Ann Pace Roberts. A 1962 graduate of Haskell High School, he received a Bachelor of Arts Degree from

Texas Christian University in 1966. He worked as a restaurant manager for Bob's Big Boy, Grandy's, The Sizzlin', and Taco Bueno. He was a member of First Baptist Church in Haskell.

Survivors include his sister Virginia Mallow, niece Angela Mallow, and his nephew Steven Mallow, all of Santa Maria, California.

Memorials may be made to the donor's favorite charity.

PD. NOTICE

Everybody's Science

by Sandy Miller Hays, Agricultural Research Service

Deciphering the Secrets of Sorghum

As we move closer to the crisp days of fall, I know I'll be plagued once again by a question I've struggled with for at least the past two years: Do I buy a breadmaker or not?

This decision is complicated by the fact that in my kitchen, I have about as much free counterspace as you'd find on your typical automobile dashboard, and most breadmaking machines I've seen are about the size of your typical boat anchor. Still, freshly baked bread is one of my

great weaknesses—as it no doubt is for many people.

However, there are as many as 2 million people in the United States for whom wheat bread is definitely a forbidden delight, and not just because they're trying to watch their waistline (another reason I can't come to a final decision on buying that breadmaker). These are the people who've been diagnosed with celiac disease, also known as gluten intolerance.

Celiac disease causes symptoms ranging from diarrhea, weight loss and malnutrition to nutrient deficiencies. The culprit behind the illness is gluten, a protein present in wheat, rye, oats and barley. If a person is gluten-intolerant, components of the gluten actually damage the lining of their intestines, as well as the small projections, called villi, in the intestinal surface that are needed to absorb water and nutrients.

So if a gluten-intolerant person can't eat wheat, does that mean bread is forever off the table? Not necessarily, according to Agricultural Research Service scientists at the agency's Hard Winter Wheat Quality Laboratory in Manhattan, Kan.

The answer may lie in sorghum—not that golden-brown syrup that makes waffles taste so great, but the grain itself. While grain sorghum, also known as milo, has long been a staple of diets in Africa and India, in this country we tend to use it mostly to feed livestock.

Sorghum is gluten-free, obviously good news for people with celiac disease. That's why the ARS scientists are studying its possibilities for use in breads, waffles and noodles, as well as cookies, cereals and even beer.

The downside: Gluten proteins are what give wheat bread dough an important characteristic called "visco-elasticity," necessary for making breads and other baked goodies. To make sorghum a serious contender in bread baking, the ARS scientists must study and understand sorghum's proteins, which are different from the majority of other grain proteins and more difficult to handle and analyze.

While the scientists sort out the mysteries of sorghum proteins, they're experimenting with various sorghum varieties as a basis for a good-tasting, finely textured bread. In collaboration with scientists in

Germany and Ireland, they've used nine food-grade sorghum varieties to make loaves of wheat-free, 70-percent-sorghum bread.

The results: The most promising of the tested varieties yielded bread with a good crumb structure—important in bread quality. And the scientists report there are real differences between the breads from the various varieties, which means there's a good possibility that sorghum varieties can be improved for specific end-uses such as breads.

Bread isn't the scientists' only goal, of course; they're also working out recipes for other baked goods, and even hope to create a quick and tasty sorghum-based breakfast food.

Lest you think this baking research sounds a lot like "Dr. Frankenstein Meets Home Ec 101," the ARS scientists at the Manhattan lab are actually old pros at baking and all things pertaining to bread. In fact, every year the researchers at that lab evaluate about 5,000 samples of hard winter wheat—the type of wheat typically used to make white pan bread and hot dog and hamburger buns—to help plant breeders pinpoint precisely which wheat varieties are likely to produce the tastiest breads. And since breeders sometimes can only provide tiny amounts of flour from experimental wheat lines for the baking tests, the researchers developed tiny baking pans the size of thimbles that can make loaves from only two grams of flour!

Now, about that breadmaker....

The Agricultural Research Service is the chief in-house scientific research agency of the U.S. Department of Agriculture.

Senior golf tourney results

Golfers placing in the Haskell Senior Golf Tournament were:

Age 50-54, first, Mike Benavides; second, Wayne Zeissel; third, Troy Nuckols; fourth, Gary Maberry.

Age 55-60, first, Homer Robston; second, Willie Benavides; third, Rene Garcia; fourth, Gerald Barnett.

Age 61-up, first, Jerry Harris; second, Jerry King; third, Richie Smith, fourth Dr. Bill Kemp.

Rule defeats Crowell 59-48

Rule Bobcats defeated Crowell 59-48, Fri., Sept. 17 in Rule.

Rule's Kolt Kittley ran the ball 18 times for 224 yards and four touchdowns, and also made 19 tackles on defense.

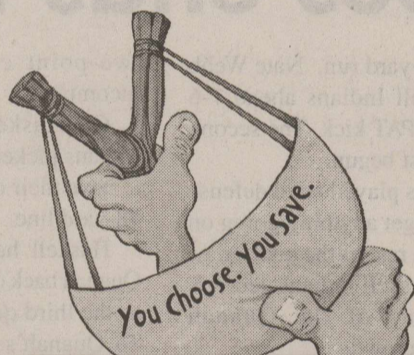
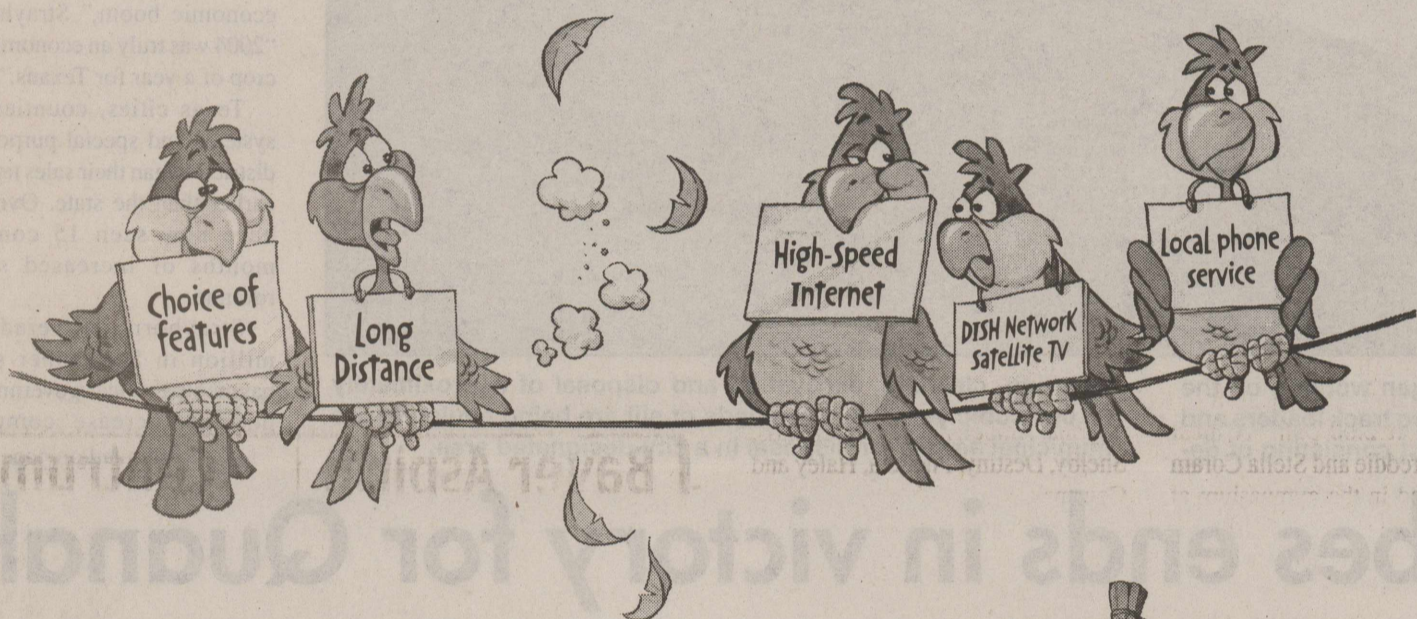
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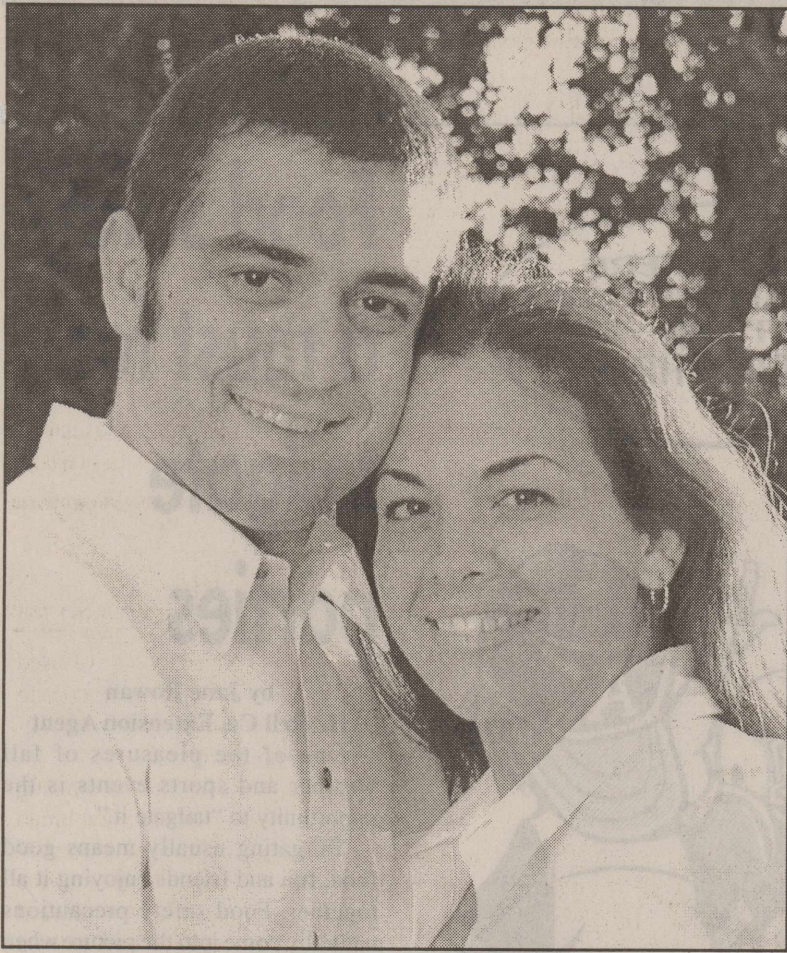
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LON BIEBIGHAUSER - CHRISTY CADENHEAD

Cadenhead, Biebighauser plan January 1 wedding

Dr. and Mrs. Wayne Cadenhead of Haskell have announced the engagement of their daughter, Christy Cadenhead, to Lon Biebighauser, son of Mr. and Mrs. Gary Biebighauser of Graham.

The bride-elect is a graduate of Haskell High School and Hardin-Simmons University, with a Bachelor of Arts degree in Graphic Design. She is pursuing a Master of Arts degree in Family Ministry at Logsdon

Seminary.

The prospective bridegroom is a graduate of Graham High School and Texas A&M University, with a Bachelor of Business Administration degree in Finance. He is employed with Birdwell, Quinn & Co., PC.

The couple plans to be married in Abilene, Jan. 1, in Logsdon Chapel on the campus of Hardin-Simmons University.

Study Club begins new year

To open their 67th club year since being organized in 1937, members of the Haskell Progressive Study Club met at the County Courthouse gazebo, Thurs., Sept. 9, in a preparation meeting for the 3rd annual "Day to Remember," community-wide observance initiated by the Study Club in memory of 9/11/2001. Twenty-three members and one guest, Charlene Finn, attended.

Approximately 1500 small American flags were placed in a "Garden of Flags" on the northwest corner of the square in preparation for the Sat., Sept. 11 program.

In a brief business meeting, presided by club president, Julia Harrell, new club yearbooks were distributed by the program-yearbook committee, Oleta Cornelius, Evelyn Cobb, Betty Berry, Franciene Johnson and Darlene Smith. Theme for the year is "It's All About Club, Community and Country."

Longtime club members, Ruby

Smith, Erma Liles and Anita Herren were named Honorary Life Members.

Warden Jill Watson was named as a new club member.

Announcement was made by Nancy Toliver about plans for "A Day Trip By Bus" the club will make to Gaylord Texas Resort along with a tour of TCU traditions in Denton, Tues., Oct. 5.

Tickets were distributed for the club's Chicken Spaghetti Supper fund-raiser to be held Fri., Oct. 15 at the Haskell High School cafeteria. Proceeds of the annual event allow the club to contribute to civic, state and national projects.

The club is a member of the Texas Federation of Women's Clubs and the TFWC Mesquite District. The next meeting of the club will be Thurs., Oct. 14, with a speaker from the Ministerial Alliance on the food program of Haskell County. All members will bring bags of rice and beans for the food bank.

Jackson presents acrylic demo

The Brazos West Art Association held its first meeting of the new club year, Mon., Sept. 13 at the Haskell National Bank Community Room.

A demonstration using acrylic paint was given by accomplished artist, Ruth Jackson of Abilene. Using various acrylic washes, she completed a sepia-tone landscape she had brought for the demonstration.

The guest artist also brought various works of her art and a number of laser prints. Following her presentation, a drawing was held for one of the laser prints. Peggy Middlebrooke was recipient of the print.

Others in attendance were: Doris Reeves, Adaline Laird, Nelwyn Beakley, Marsha Whittemore, Betty Hook, Fern Livengood, Frances Olson, Flo Olson, Florence Larned, Martha Spitzer, Jamie Anderson, Jerry Bowers, Betty Berry, Bobbie Harrison, Jennie Lyckman, and guest artists, Catherine Sandell and Ruth Jackson.

Weinert Homecoming to be held Oct. 1-3

Weinert Homecoming will be held Oct. 1-3, with Fri., Oct. 1 reserved for class parties.

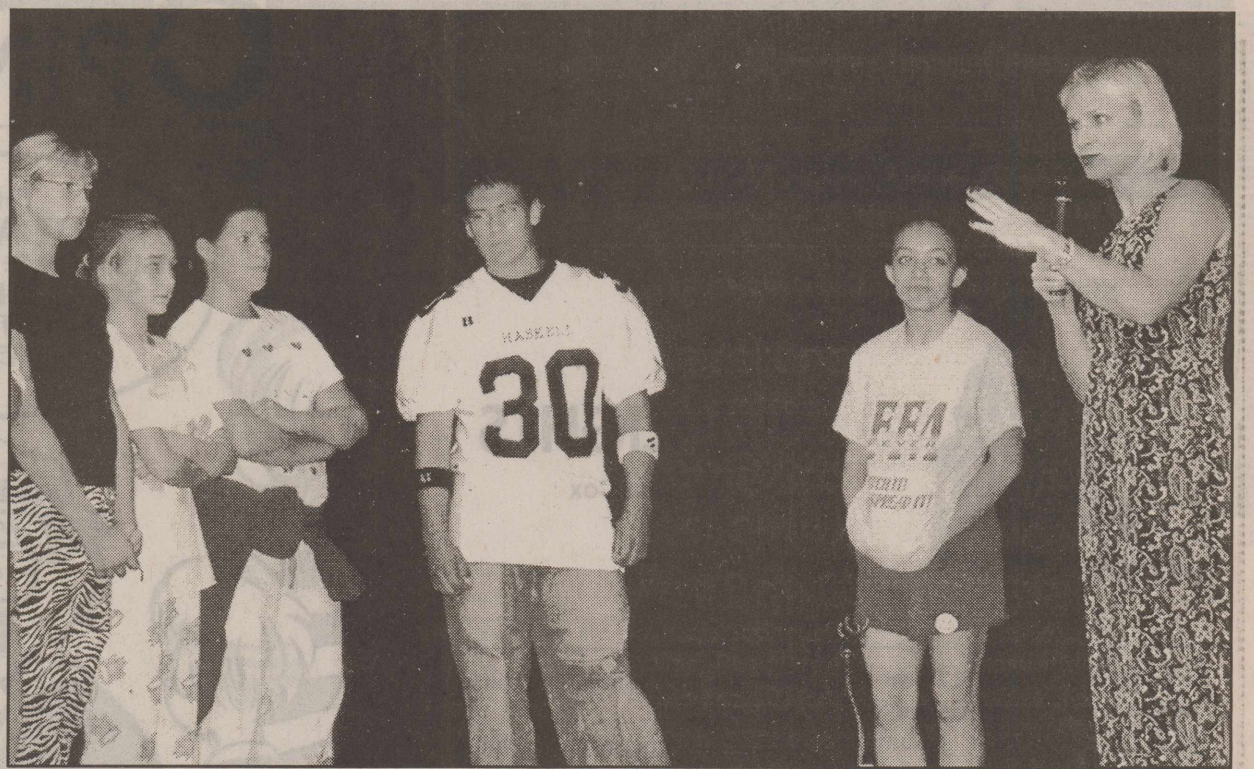
Registration will be Sat., Oct. 2, beginning at 8:00 a.m. at the Weinert School.

A parade will begin at 10:00 a.m. Lunch will be served by the Weinert firemen in the school lunchroom.

The program will be held in the school gym at 2:00 p.m. A meal catered by Freddie and Stella Coram will be served in the gymnasium at 6:00 p.m.

The Homecoming dance will start Sat., night at 9:00 p.m.

Sunday church services will be at 10:30 a.m., at the Weinert Baptist Church, with former students and teachers presenting the program.



AUTHOR SPEAKS TO STUDENTS—Mystery writer, T. Dawn Richard, speaks to Haskell secondary English class students about her travels and experiences, giving them insights into the life of a writer and the world of publishing. Richard was in town for a book signing. From the left are: Miranda Johnson, Aubrey Bassett, Ashley Meier, Josh Rodriguez, Natalie Lopez and the author.

T. Dawn Richard visits in city

Speaking to the Haskell Secondary English classes Fri., Sept. 17, author T. Dawn Richard actively engaged the students in illustrating the elements of a good story.

Richard's informative and entertaining presentation gave the students insights into the life of a writer and the world of publishing. Through anecdotes of her adventures while white-water rafting, SCUBA

diving with sharks and her travels in Europe, she encouraged the students to bring out the writer that is inside them. One highlight for them was hearing her speak in Russian.

Richard holds degrees from Angelo State University and the University of Texas at San Antonio. She also completed studies at the Defense Language Institute for Russian Language. She served as an

Army medic in Bremerhaven, Germany, and worked as a civilian instructor and curriculum developer for the U. S. Air Force.

The author is now a full-time mystery writer living in Altus, Oklahoma, with her husband, a career Air Force pilot.

Richard was in town for a book signing of *Death for Dessert* at Henderson Book Store.

Around Town

By Joyce Hawkins

Darlene Conn and Charlene Hawkins, both of Graham, visited with Joyce Hawkins last Wednesday.

Audrie Tatum celebrated her seventh birthday with a party at the park on Sunday. Attending were parents, Jonathan and Candice Tatum; brother, Caden; Grandma Margaret Tatum; great grandmother, Joyce Hawkins; other family members, Christopher and Melissa Tatum, Gary Hawkins, Creora Tatum, Zachary, Garret, Taylor, Krislyn, Sabrina, Amber, Audra; and friends, Shelby, Destiny, Phelicia, Haley and Courtney.

Deval and Denice Pharma of Wichita Falls visited with her mother, Evelyn Wright. They attended church at Trinity Baptist.

Vickie Hawkins spent Sunday afternoon with her sister, Cindy Muhle of Rochester.

Cody Blair and daughter Abbie of Woodson visited with his grandparents, Mr. and Mrs. Charles Blair.

Visiting in the home of Marvin Letz over the Labor Day holiday weekend were all of his children, grandchildren and great grandchildren. Included were Sandra and Mike Parker of Norman, Oklahoma; Micalyn Parker and Cris Parker, both of Nashville, Tenn.; Craig Parker, Caryilee Parker and

Luanna Cheathan, all of Montgomery, Alabama; Marlene and Kent denton of Garland; Todd, Kathy, David, Reed and Boone Denton, all of Temple; Chad, Tracis and Grant Denton, all of Austin; Fred and Linda, Dana and Eric, all of Colleyville; and Leslie Gerlach of Dallas.

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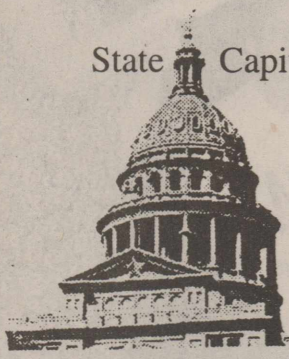
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OPINION

TEXAS PRESS ASSOCIATION

State Capital



HIGHLIGHTS

By Mike Cox

Judge gives Legislature 1 year to fix school finance system

AUSTIN—A Travis County district judge last week ruled the state's school finance system is unconstitutional.

Judge John Dietz said Texas' funding of schools is inadequate and the \$1.50 cap on local property taxes causes districts to lack meaningful discretion on setting tax rates, which is unconstitutional.

But the judge's ruling that the state's \$30 billion school funding formula must go will not be executed fast. Dietz gave the Legislature a year to come up with a better system before his order takes effect.

The state has said the case will be appealed to the Texas Supreme Court. And Gov. Rick Perry said last week he would call a special session immediately if the leadership told him it had come up with a plan for a passable bill.

Sen. Florence Shapiro (R-Plano), chair of the Senate Education Committee, said she thinks waiting for the state's highest civil court to rule on the matter would be ill-advised.

"The ruling didn't alter my opinion that we need fundamental changes in our school finance system," she told The Dallas Morning News. "We cannot continue to fund public education on the backs of local property taxpayers."

Bottom line: For the time being, no matter Judge Dietz' ruling, the status quo continues.

New chief justice named...

Gov. Perry has named Wallace Jefferson the new chief justice of the Texas Supreme Court.

The San Antonio jurist became the court's first African-American justice in 2001 on an appointment from Perry and is the first African-

American chief justice. Jefferson won election in 2002.

Jefferson replaces Tom Phillips, who recently retired after 16 years on the court.

Mini-civics lesson for those not familiar with the court: In Texas, the Supreme Court is not quite like the U.S. Supreme Court, which is the ultimate court of appeal for both civil and criminal cases. The Texas Supreme Court has that status only in civil cases. Criminal cases going to the highest state level are heard by the Court of Criminal Appeals.

Child diabetes prevention efforts get boost...

Texas' portion of an \$8 million settlement of a federal antitrust lawsuit involving the sale of George Foreman grills—\$585,000—will go to the child diabetes prevention efforts of the Texas Department of Health Services, Attorney General Greg Abbott announced last week.

The program will use the funds to educate children and parents in proper nutritional habits to prevent childhood diseases such as diabetes.

The settlement stems from a multi-state antitrust action filed in May 2003 against Salton Inc.

Antiquities Code turns 35...

Texas' biggest treasure find, the discovery of a Spanish galleon lost off Padre Island in the spring of 1554, resulted in a state law that will have an impact on any future treasure caches found in the state.

The Antiquities Code went on the books Sept. 1, 1969 and gives the state control in protecting all cultural artifacts from traditional treasure such as gold or silver to prehistoric stone tools and weapons.

For more information, check the Texas Historical Commission's Web site at www.thc.state.tx.us.



Barry ©04 www.barrycartoons.com

From Out of the Past

From the files of The Haskell Free Press

10 Years Ago September 22, 1994

Truett Standefer was elected to the Western Texas College Student Senate. He is a sophomore majoring in criminal justice and the son of Phil and Judy Standefer of Haskell.

Iscum and Addie Briscoe celebrated their 64th wedding anniversary in their home with their eight children. The Briscoes moved to Haskell in 1946.

Tonya Burson, Haskell County Farm Bureau queen, observed Mayor Ken Lane sign a proclamation designating Sept. 18-24 as National Farm Safety Week.

Charissa Huff placed third for the best showing by a Maiden in the Haskell girls' cross country team that competed in Jim Ned. Frankie Masias came in eighth in the boys' cross country team.

Wilma Bartley was given a surprise 80th birthday party at the Haskell National Bank building.

20 Years Ago September 27, 1984

Phillip Oliver Simpson, 5 month old, was crowned photogenic boy and won the right to compete for the coveted title of National Mr. American Sweetheart. Deidra J'Nay Simpson, 5 years old, was crowned model of the year and photogenic girl. She won the right to compete for

the title of Miss American Sweetheart. They are the niece and nephew of Mr. and Mrs. Troy Ash of Haskell.

Gifted and talented youths from Haskell Scott Burris, Steven Klose and Holli High participated in the Shake Your Hands With Your Future at Texas Tech University.

Rule's Roger L. Wheatley and Lane Hertenberger were on the President's Honor Roll and Jacklyn G. Wheatley was listed on the Vice-president's Honor Roll at Texas State Technical Institute in Sweetwater.

Eula Arend, Juanita Bevel, Ellie Hennigan, Lucinda Bogard, Rebecca Norman and Williford Dutton of Haskell County attended a Green Thumbers session in Colorado City.

Bobby Parrott of Haskell was appointed an area chairman for the Cattleman's Round-Up Crippled Children.

30 Years Ago September 26, 1974

Pat Hale placed first in the 9,000 pound open class with a pull of 297' 5" at the Haskell County Fair.

Mrs. Eldon Anderson of Haskell, Mrs. Gus Rueffer of Weinert and Georgia Wade of Haskell participated in convention activities at the Texas Home Demonstration Association 48th annual state meeting in Amarillo.

Charlotte Hannsz was crowned Indian Band Sweetheart. She received a dozen roses and a tierra presented by band president Kyle Wilfong. Lisa Stocks was first runner-up and John Cox presented a single rose to her.

A quartet of Harold Woods, Tommie May, Junior Mathis and Cooter Bowles of Rule sang for residents at the Rice Springs Care Home.

40 Years Ago September 24, 1964

Hal Spain, Garland and Johnny Stark, Leslie Huss, Lee Pippin and Jim Kemp of Haskell Troop 36 Boy Scouts of America, were awarded Eagle rank.

Mrs. C. B. Sprayberry was installed as president of the Lucky Bluebonnet Home Demonstration Club of Rule. Mrs. Raymond K. Denson was chosen as vice president.

K. J. (Jack) Thornton, a Haskell native, was named senior marketing engineer for the Fairchild Corporation's semi-conductor plant in South Portland, Maine.

Allen Moeller, 11-year-old Mattson youth, showed the prize porker in the 20th annual Sears 4-H gilt show at the Rice Springs Roundup grounds. Judy Therwanger, Weinert 4-H girl, and the first girl ever to show in the annual Sears contest, was awarded second place.

Wallace (Beady Eyes) Wooten, president of the Haskell Gun Club, annexed the Class A doubles title with a 48x50 mark. David Frierson, also of Haskell, was Class B doubles champ, cracking 43 of 50 clay birds.

50 Years Ago September 23, 1954

Kenneth Howard, four year letterman in football at Paint Creek rural high school, received a lion's share of publicity in the Skiff, student publication of Texas Christian University. He was the first male freshman to arrive on the campus.

Mary Ann Thomas was selected as editor-in-chief of the 1955 edition of "The Chieftain," Haskell High School annual. Gloria Ratliff was named assistant editor. Barbara Millins is business manager and Nancy McFarlin is assistant business manager.

J. E. Soloman, Haskell poultry raiser, noticed unusually large eggs in the nests of his Hybrid Hyline hens. One of the eggs measured 7 3/4 inches by 5 3/8 inches around, and weighed 3 1/4 ounces.

100 Years Ago September 24, 1904

M. S. Pierson and family, eight in number, left for St. Louis to see the big fair. On their return they visited relatives in the eastern portion of the state.

Annie Ellis left for Milford to attend the Presbyterian Female College.

R. R. Travis, who is a tenant on Capt. J. S. Williams' farm near town, brought in two of the finest stalks of cotton that we have seen in a long time.

Food safety a must for tailgate parties

by Jane Rowan

Haskell Co. Extension Agent One of the pleasures of fall weather and sports events is the opportunity to "tailgate it."

Tailgating usually means good food, fun and friends enjoying it all together. Food safety precautions naturally come into the picture when food is transported, prepared or served out of doors. Don't let tailgate party food ruin the fun by introducing foodborne illness.

This September is designated as National Food Safety Education Month with a theme and emphasis on "Be Aware When You Prepare." As you plan and prepare for outdoor activities such as tailgating or picnics, keep in mind these safe food handling tips that may prevent an unwelcome guest of foodborne illness.

Always keep everything clean when preparing foods to transport. Whether these are pre-cooked foods or those to be prepared at the site, cleanliness is crucial during preparation and service.

The bacteria that cause foodborne illness grow mostly at temperatures between 40 and 140 degrees F, called the temperature danger zone by USDA. No perishable foods should be in this temperature zone for more than 2 hours. In hot weather, above 90 degrees F, the acceptable time drops to 1 hour.

So if you're planning on transporting foods, remember that hot foods such as soups, stews, chili and dips can be transported in a thermos if it has no cracks or leaks. Be sure the thermos is clean and has a tight fitting lid. Rinse the thermos with boiling water and pour steaming hot food into the thermos.

Hot casseroles prepared ahead of time can be transported in insulated containers or wrapped in several layers of aluminum foil, newspapers and a towel. It's best to plan to eat these within two hours of coming out of the oven or reheating. All reheated food should reach 165 degrees F for safety.

Cold foods can be transported in ice chests to keep the food below 40 degrees F until serving. Pre-chilling foods before transporting is a good idea.

Watch the clock on ready-to-serve foods too. Plan to pick up and serve purchased prepared foods just before the party, or keep them refrigerated and reheat just prior to the party.

Remember to be aware when you prepare and plan for clean, safe food handling practices and service at any event.

For more information, contact your local County Extension Agent, for Consumer Sciences, Jane Rowan, at 940-864-2546.

Armyworms are on the march

by Brandon Anderson
Haskell Co. Extension Agent

Armyworms are on the march in East Texas. The worms are being reported more than in July or August. Infestations were reported in home lawns, pastures and hay meadows. Outbreaks usually happen in the fall, and are typically worse when conditions are wet and cool.

Millions of armyworm moths migrate north in the fall. Each moth can lay up to 100 eggs on one blade of grass. When the eggs hatch, armyworm larvae feed on leaves for two to three weeks.

Once the larvae reach 3/4 -inch long, they begin to eat at an alarming rate. However, treatment with insecticide is only recommended if there is a heavy infestation and the larvae are still small.

Wheat, cattle prices to remain strong

by Brandon Anderson
Haskell Co. Extension Agent

Wheat and cattle prices are expected to remain stable for the rest of 2004.

The national average wheat price is expected to be around \$3.50 per

bushel. The actual amount of wheat produced was lower than USDA's expectations.

Meanwhile, cattle prices are expected to remain high for the next two or three years. A smaller amount of cattle produced, strong domestic demand, and the reopening of Asian markets should all add strength to the market.

Correction

Rylie Tatum's name was spelled incorrectly in the Paint Creek Pirate's football story appearing in the Sept. 16 edition of The Haskell Free Press.

Weathers Whys

Strongest Hurricanes

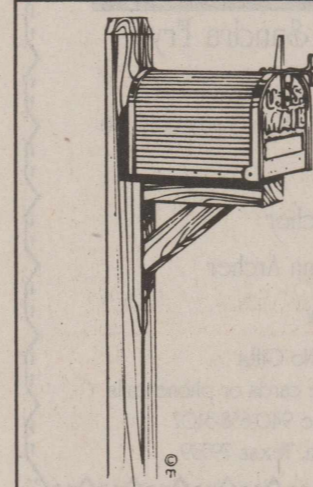
Q: What are the strongest hurricanes to hit the United States?

A: Category 5 hurricanes—the strongest category, those hurricanes that have winds of 155 miles per hour or higher—are rare. Only two have ever hit the U.S., says Michael Hammer of Texas A&M University. "Experts agree that Hurricane Camille in 1969 was probably the strongest ever to hit the U.S.," Hammer explains. "It destroyed much of southern Mississippi and although the strongest wind gust was measured at 172 miles per hour, some estimates place the highest winds of Camille in the 215 to 225 miles per hour range. So it remains the strongest storm ever to hit the U.S. The second strongest, also a Category 5, occurred in 1935 and hit the Florida Keys. That storm, which formed before names were assigned

to hurricanes, had winds of at least 160 miles per hour and did extensive damage to Key West."

Q: What about Hurricane Andrew in 1992?

A: When Andrew formed, it was a Category 5 hurricane, but when it struck the south Florida coast, it had weakened somewhat to a Category 4, Hammer adds. "Still, it's one of the strongest ever to hit the U.S. mainland. One estimate shows that in the 20th century, hurricanes destroyed more than \$73 billion in property, not adjusted for inflation. A study in 1998 shows that if the storms were adjusted to today's dollars, hurricanes have caused more than \$340 billion in damage in the past 100 years. Although major hurricanes account for only about 20 percent of all hurricanes that form, they are responsible for 80 percent of property damage."



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This issue mailed Wed., Sept. 22, 2004

MEMBER 2004
 TEXAS PRESS ASSOCIATION



NEW JACKETS—Paint Creek students receiving jackets for points earned in academic achievement and extracurricular events are: l-r, Rebecca Hope, Jessica Messenger, Rylie Tatum and Kevin Fowler.



FUN AT THE FARM—Paint Creek elementary students come up close to visit with a sow and her piglets during a field trip to the Paint Creek school farm. Teachers enhanced the curriculum with booklets for students to take home to share with their family. Students, front, l-r, are: Alex Martinez, Cheyenne Elias, Hagen Isbell and Keely James. Back, Zoe Webb, Catherine Lemond and Samantha Martinez.

Strength training can help to increase bone density

To keep pulling your own weight, try lifting some.

As people age, their bones tend to weaken. The result is bones that break easily, which is a major cause of disability for older adults. Florida researchers have found that strength training can increase bone density so that bones are less likely to break. In their study, researchers had a group of older adults try high-intensity strength training such as leg presses and biceps curls using exercise machines. Other groups did low-intensity exercise or no exercise at all.

The group that did high-intensity strength training gained bone density in the area where the thigh bone meets the hip. That's an area

particularly prone to injury in older adults. In blood tests, all of the people who exercised had signs of metabolic activity that can lead to stronger bones.

Doctors at UT Southwestern Medical Center at Dallas say weight-bearing exercise can help build stronger bones because the bones adapt themselves to the amount of strength they need based on how they're used. Walking, running and exercise all can help strengthen bones. Weight training also may help.

In addition to exercise, proper diet is essential for building stronger bones. Older adults need about 1,500 milligrams of calcium a day to keep their bones strong. Younger people

can prevent weak bones later in life by exercising and eating a calcium-rich diet in their youth. Some studies have shown that vitamin D in conjunction with calcium can help bring about maximum benefits.

Sales tax

continued from page 1
September 2003. So far this calendar year, local sales tax allocations are up 8.2 percent compared to the same period in 2003. September's sales tax allocations include local sales taxes collected in July and reported to the Comptroller in August.

Strayhorn sent September sales tax allocations of \$222.4 million to Texas cities, up 6.5 percent compared to September 2003. Calendar year-to-date, city sales tax rebates are running 8.2 percent higher than last year. Texas counties received September sales tax allocations of \$19.4 million, up 5.2 percent compared to a year ago. Calendar year-to-date, county sales tax allocations are 8.2 percent higher than last year.

Haskell County had a 4.28 percent increase for September, 2004 of \$30,130.66 in comparison to \$28,892.32 for September 2003. 2004 payments to date of \$270,049.37 reflect a 16.42 percent increase over 2003 payments to date of \$231,950.62.

The City of Haskell had a 6.26 percent increase for September, 2004 of \$28,264.63 in comparison to \$26,597.10 for August, 2003. 2004 payments to date of \$250,013.59 reflect a 17.43 percent increase over 2003 payments to date of \$212,894.00.

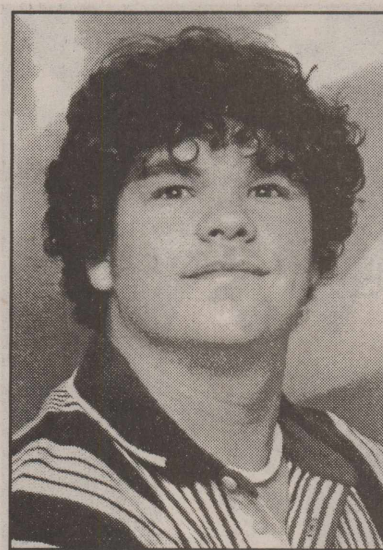
The City of O'Brien had a 0.66 percent decrease for September, 2004 of \$24.01 in comparison to \$24.17 for September, 2003. 2004 payments to date of \$767.56 reflect a 27.28 percent decrease over 2003 payments to date of \$1,055.52.

The City of Rochester had a 3.43 percent decrease for September, 2004 of \$505.97 in comparison to \$523.96 for September, 2003. 2004 payments to date of \$5,069.47 reflect a 16.01 percent increase over 2003 payments to date of \$5,881.12.

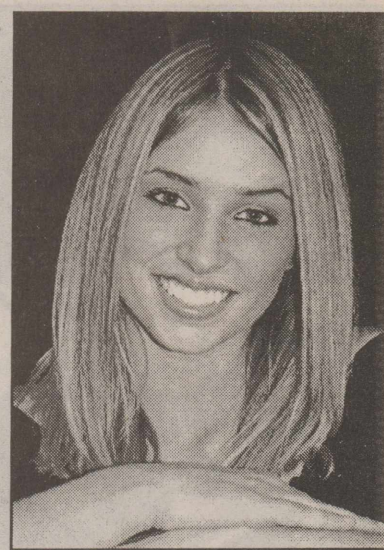
The City of Rule had a 23.54 percent decrease for September, 2004 of \$1,300.89 in comparison to \$1,701.48 for September, 2003. 2004 payments to date of \$12,268.99 reflect a 3.93 percent increase over 2003 payments to date of \$11,804.74.

The City of Weinert had a 22.91 percent decrease for September, 2004 of \$35.16 in comparison to \$45.61 for September, 2003. 2004 payments to date of \$1,118.11 reflect a 0.77 percent decrease over 2003 payments to date of \$1,126.89.

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CHARLIE SMITH



CALINA KENDALL

Students visit Rotary Club

Charlie Smith is the son of Kay and Darrell Smith of Haskell.

He attends the First United Methodist Church.

In school he is active in FFA, and was named 2002 4th High Individual in Area II Ag Mechanics.

Special hobbies and activities for him include hunting, fishing, and working with the Haskell Volunteer Fire Department.

After finishing high school he plans to attend Motorcycle Mechanics Institute in Phoenix, Arizona.

Calina Kendall is the daughter of Cindy and Jerry Kendall of Rule.

Her school activities include varsity softball, varsity basketball and

varsity golf and tennis, and being on the yearbook staff.

Special awards she has received include: Most Athletic Girl 2 years; softball, cross county and baseball awards; 1st Team baseball; 2nd Team All-Big Country; Newcomer, 1st Team base, 1st Team pitcher and 1st Team Utility All-District awards; Most Spirited, Class Favorite Senior year.

Among her hobbies is painting, drawing, clay work and horseback riding.

After finishing high school she wants to work with animals or maybe something in the world of design. She plans to attend either Texas Tech University or University of Texas.

Rule Booster Club elects new officers

The Rule Booster Club held its regular monthly meeting Sept. 14 in the school library.

Officers elected for the 2004-05 school year were: president, Renee Dudensing; vice-president, Jana Grisham; secretary, Karen Lehrmann; treasurer, Brenda Turner; reporter, Charlene Murray.

The Booster Club will be selling long and short sleeved tee shirts, sweat shirts, hooded sweat shirts and

jackets. All of the items are royal blue with white screen print. Order forms are available at the principal's office at school. Orders should be placed as soon as possible for early delivery.

All of the club's proceeds go to fund projects for the children. The club extends an invitation to everyone to join them. The next meeting of the club will be Oct. 12, at 7:00 p.m.

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Misty McMeans
RN, BSN

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Dear Misty,
What is arthritis?

Arthritis is a disease of the joints. The word arthritis means joint inflammation. There are more than 100 kinds of arthritis that affect more than 36 million people in the United States. Arthritis causes serious disability in many people. Osteoarthritis and rheumatoid arthritis are the two major kinds of arthritis. Osteoarthritis, or degenerative joint disease, is a noninflammatory arthritis that affects 16 million people in the United States. Rheumatoid arthritis is an inflammatory arthritis that affects 7 million people in the United States; when it occurs in children, it is called juvenile rheumatoid arthritis, or stills disease.

How are osteoarthritis and rheumatoid arthritis treated?

Many treatments for osteoarthritis and rheumatoid arthritis are similar. The goals of the treatments are to relieve pain, minimize joint distraction, maintain range of motion in the joint, and increase the strength of the joint. Drugs such as salicylates (aspirin) and nonsteroidal anti-inflammatory drugs (NSAIDs) are used to relieve pain and reduce inflammation. Steroids, which are injected directly into the joint, may also be used. Steroids may also be given orally to patients with rheumatoid arthritis, but not to those with osteoarthritis. Good nutrition and careful weight control are important, especially for patients who are overweight. Hot and cold treatments and ultrasound are used to relieve pain and improve joint flexibility. Exercises are prescribed to strengthen the muscles and tissues supporting the joint and to maintain as much joint motion as possible. The use of crutches, canes, or walker may be prescribed to protect the joints from stress. If you still have questions, check with your physician or home care nurse.

What questions regarding home care do you have for the nurse? Send your questions to Haskell Home Health Agency, 417 S. First, Haskell, TX 79521 or call 940-864-5074 or 1-877-864-5074.

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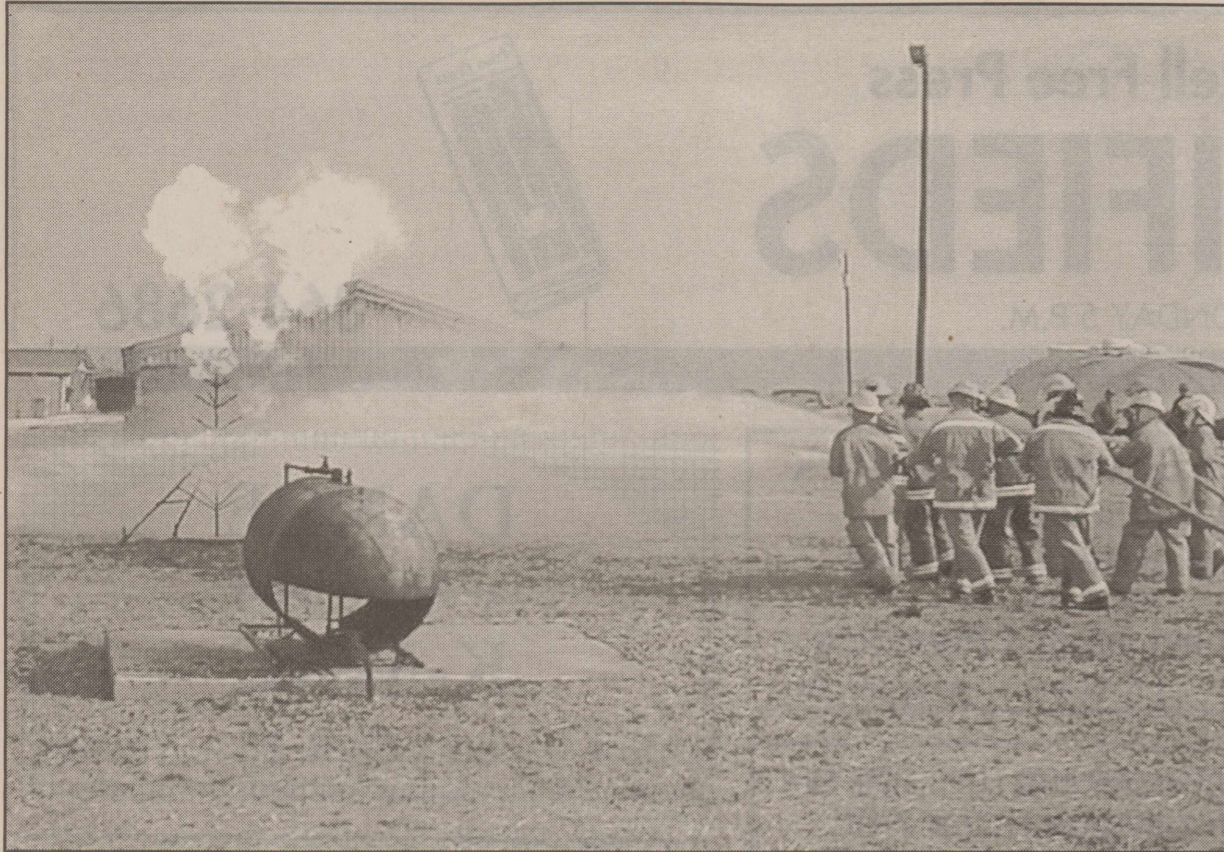
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FIRE FIGHTING CLASS—Fire department students from across the area learned to battle propane fires during the 3rd Annual Haskell Fire/Rescue School held in Haskell Sat., Sept. 18.



FIGHTING RANGE FIRES—Students at the Annual Haskell Fire/Rescue School Sept. 18, have live, on hands experience, learning to fight range fires. Sixty-nine students attended the school.

Haskell FD hosts annual firemen's training school

Sixty-nine firefighting students from across a wide area of the state attended the 3rd Annual Haskell Fire/Rescue School held Sat., Sept. 18, from 8:00 a.m. to 5:00 p.m. All were members of volunteer, paid or part-paid fire departments of cities and industries, interested in having the latest training in rescue and related skills. Instruction offered was for keeping them abreast of new opportunities and developments in the fire service and for learning the most current fire control and fire protection methods.

With the facilities furnished by the Haskell Volunteer Fire Department, the school was sponsored by the local Volunteer Fire Department, the Mid-West Texas District and Fire

Marshals' Association and the State Firemen's and Fire Marshals' Association of Texas.

Conducted by the Emergency Services Training Institute of the Texas Engineering Extension Service, a member of the Texas A&M University System, 4-hour courses were offered in Landing Zone/Helicopter Safety and Vehicle Extrication. Eight-hour courses were offered in Emergency Vehicle Driving, SCBA/Search and Rescue, Ground Cover TFS, and Live Fire Training (House/LPG).

Twenty-nine instructors from across the state, including 14 from Haskell, were in charge of the courses. Together, they spent many hours in service, preparation and travel to present the instructional Fire Protection Training.

Department and equipment companies represented their home county. The total number attending from each were: Abilene Fire Dept., Taylor, 1; Albany Fire Dept.,

Shackelford, 3; Colorado City Fire Dept., Mitchell, 7; Critical Air, Stamford, Jones, 1; Fate Fire Dept., Rockwall, 3; Graham Fire Dept., Young, 4; Haskell Fire Dept., Haskell, 14; Hawley Fire Dept., Jones, 2; Munday Fire Dept., Knox, 3; Paducah Fire Dept., Cottle, 7; Potosi Fire Dept., Taylor, 7; Richardson Fire Dept., Dallas, 1; Rotan Fire Dept., Fisher, 2; Rule Fire Dept., Haskell, 1; Silverton Fire Dept., Briscoe, 2; Stamford Fire Dept., Jones, 5; Texas Forest Service, Taylor, 1; West Odessa Fire Dept., Ector, 2.

The 69 students earned a total of 528 student hours during the school.

Following the day's activities, participants were served an evening meal by the Haskell Fire Department.

Cattle Market Report

The market at the Haskell Livestock Auction was on a run of 715 head of cattle at its sale on Sat., Sept. 18, according to Gary Tate, reporter. 50 sellers and 38 buyers were present.

Stockers \$2 to \$5 lower. Feeders steady to \$3 lower. Packers \$1 to \$2 lower.

Cows: fat, .47-.54; cutters, .45-.59; canners, .28-.40.

Bulls: bologna, .65-.73; feeders, .85-1.05; utility, .62-.69.

Steers: medium and large frame No. 1 200-300 lbs., 1.30-1.75; 300-400 lbs., 1.25-1.39; 400-500 lbs., 1.15-1.30; 500-600 lbs., 1.10-1.24; 600-700 lbs., 1.05-1.14; 700-800 lbs., 1.00-1.10; 800-up lbs., .85-1.06.

Heifers: medium and large frame No. 1 200-300 lbs., 1.20-1.60; 300-400 lbs., 1.10-1.28; 400-500 lbs., 1.00-1.20; 500-600 lbs., .90-1.14; 600-up lbs., .82-1.10.

Bred heifers medium frame, 700-925.

Bred Cows: young to middle aged, 850-1050; aged or small, 625-775.

Cows with calves: medium frame No. 1 young and middle aged, 950-1400; aged or small, 750-925.

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SENIOR WORKERS HONORED—Celebrating Older Worker Week in Haskell in recognition of the Experience Works Program were; front, l-r, Haskell Experience Works employees, Bobbie Hendricks and Lona Mae Phelps, and Janice Boase of the Experience Works Field Office. Back row, Jennabeth Kimbrough, director of Haskell ECC, Wendy Brown, representative of Experience Works Program, and County Commissioner Precinct 3, Kenny Thompson, County Judge pro-tem.

Older workers honored during week of Sept. 19-25

Sept. 19-25 has been set aside as National Older Worker Week, and to celebrate this event in Haskell, Experience Works participants, Bobbie Hendricks and Lona Mae Phelps were honored Monday at a luncheon held at the Experienced Citizens Center.

In the absence of Haskell County Judge David Davis, due to a previous engagement, he was represented by Haskell County Commissioner Kenny Thompson, who made the presentation.

Experience Works is a Department of Labor training and employment program designed to assist unemployed individuals who are 55 years of age or older and who meet the Department of Labor low income guidelines. While in the program, participants are assigned to training sites which are 501C non-profit state, federal or local government agencies, to provide

them training and supervision. Once 'job ready,' the participants are then placed into unsubsidized employment off the program. Unemployed persons age 55 or

older, who are on low income and are interested in learning more about Experience Works, may call Experienced Citizens Center at 940-864-3875.

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