Football games

RULE Bobcats vs Happy Thurs., Nov. 23, 7:30 p.m. at Floydada

Basketball games

HASKELL 7th-8th G vs Albany Mon., Nov. 27, 5 p.m. at Albany JV-V G-B vs Munday Tues., Nov. 28, 4 p.m. at Haskell PAINT CREEK JH vs Roby Mon., Nov. 27, 5:30 p.m. at Paint Creek VG-VB vs Moran Wed., Nov. 29, 6:30 p.m. at Moran RULE JH G-B vs Lueders-Avoca Mon., Nov. 27, 6 p.m. at Lueders-Avoca JV-VG, VB vs Jayton Tues., Nov. 28, 5 p.m. at Jayton

Calendar

Concert

Tim Thompson of Kaufman will conduct a free concert at First Christian Church at 107 N. Ave. F in Haskell Sat., Dec. 2 at 7 p.m. Thompson is worship and music leader at Cornerstone Baptist Church in Athens and will bring his message through songs with a mix of country, gospel and contemporary Christian music. His 7 year old son, Tyler, will accompany him on some selections. A love offering will be accepted.

Tour of Homes The Noah Project-North will

host their annual Christmas Tour of Home Sun., Dec. 3 from 2 to 4 p.m. Tickets are \$10 each or 2 for \$15. The beautifully decorated homes on the tour include Michael and Debra Bartley, 706 S. Ave. J East; Debbie Maines, 1507 N. Ave. E: Tyke and Gina Meinzer, 219 Addison Dr.; Mike Price, 304 S. Ave. H: and the Bevers House, 311 N. Ave. F where refreshments will be served.

Christmas parade

The Haskell Chamber of Commerce's Christmas parade will be held Sat., Dec. 9 at 6 p.m. Entries must include lights on their float. Santa will be present for pictures with the children at no cost. Local choirs are encouraged to perform on the night of the parade for additional entertainment. All inquiries must call Lori Rodriquez at Rolling Plains Correctional Facility Monday through Friday at 864-5694

Lighting contest The Rule Chamber of

Commerce is sponsoring a Home and Yard Lighting Contest. Prizes are \$50 for first place, \$35 for second place and \$25 for third place. Call Rule City Hall at 996-2214 to enter. Entry deadline is Fri., Dec. 8. No entry fee will be charged. Judging will be held Sun., Dec. 10.

Happy Thanksgiving The dsk Press ree 2 12 PAGES-ONE SECTION-75 CENTS VOL. 120-NO. 47, ©NOVEMBER 23, 2006 "The People's Choice' Lealonnie Alvarez named Miss Merry Christmas The second annual Miss Merry



Miss Merry Christmas

Goodfellows

The Haskell Goodfellows will distribute Christmas package to needy families again this year. The project will be conducted as it has in previous years and a sincere effort will be made to provide a Christmas package of useful items to those who might not otherwise have provisions for Christmas.

LEALONNIE ALVAREZ

Christmas Pageant was held Nov. 18-19 at Rochester in the school

auditorium. The weekend began with interviews for the Jr. High and High School contestants and a luncheon for the judges and all contestants. This year's judges were Susan Graham, Betty Murphree and Kay Sprayberry.

Brandon Anderson served as Master of Ceremonies. Miss Merry Christmas 2005 Kristen Martinez and Junior Miss Merry Christmas 2005 Laycee Tullos crowned this year's winners.

The 8th Grade Spanish class girls sang Christmas carols in Spanish, C.J. Saucedo sang and Susan Turner played the piano for entertainment.

This year's winners are Santa's Littlest Elf, Creed Williams; Little Miss Snowflake, Madilyn Grace Moore; Little Miss Merry Christmas, Adaline Utley; Young Miss Merry Christmas, Lucy Carmichael; Junior Miss Merry Christmas, Sydney Saucedo; and Miss Merry Christmas is Lealonnie Alvarez. The Mr. and Miss Christmas Spirit awards went to Travis Smith and Beth Foley

Forty contestants participated in the pageant, sponsored by the Committee to Help Haskell County.

Other participants were Amber Merrick, Samantha Gonzales, Haylee Wood, J'Lynn Llewellyn, Jacey Rodriquez, Harley Brown, Clyne Williams, Abbigale Crooke, Madison Saucedo, Landon Wood, Garet Smith, K'Lee Lampe, Kourtney Gibson, Felicity Gentry, Vanessa Gonzales, Tayleigh Johnson, Heavenly Perez, Ariana Garcia, Cequin McIlwain, Cheyenne Short, Meghan Glover, Pamela Walker, Claire Carmichael, Valeria Gonzales, Kymbre Kupatt, Toni Brown, Mandy Wilcher, Michaela Hernandez, Diana Mauricio, Natalie Lopez, Pagie Wheatley, and Laura Gonzales.

All participants were given a Christmas bag filled with goodies donated by local merchants. More pictures on page 8



Santa letters to be printed

Hey kids! Santa is getting ready to make his trip to Haskell on Christmas Eve. It's time to get your Christmas letters written and sent to him.

Letters to Santa may be dropped off at the Free Press office at 420 N. First St. or mailed to Santa Claus at P.O. Box 555, Haskell, Texas 79521.

Deadline for having your letter printed in the newspaper is 5 p.m. Thurs., Dec. 7. All letters received by that time will be printed in the Dec. 21 issue.

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Classifieds	Page 11

On Sat., Dec. 2 and Sat., Dec. 9, the names of those who qualify for the Goodfellows project may be placed by application at the Haskell City Hall between 1 and 3 p.m.

This year's Goodfellows project will be a joint effort between the Haskell Lions Club, the Haskell County Child Welfare Board and the Haskell Volunteer Fire Department. The Lions Club will take care of the food portion of the project; the Child Welfare Board will handle the toys and clothes and the Fire Department will handle delivery.

If you would like to help with this project by donating food, toys, money or clothes, contact any member of the Lions Club for more information. All cash donations may be made at the Haskell Free Press office at 420 N. First, or mailed to the Free Press at P.O. Box 555, Haskell, Texas 79521.

BAND SWEETHEARTS-The Haskell Indian Band named all the senior girl band members as band sweethearts during the Nov. 3 half-time football festivities. Sweethearts are, I-r, Ashley Foster,

Jerrica Escobedo, Maggie Teague, Brittany Jordan, Kristen Martinez, Natalie Lopez, Diana Mauricio, Sarah Garcia and Kayla Fernandez. Photo by Bill Blankenship

FOR NEWS ITEMS OR TO SUBSCRIBE, CALL 864-2686

Calendar

Christmas Cantata

Rehearsals for the Countywide Christmas Cantata will be held every Sunday at 4 p.m. at the First Baptist Church in Haskell.



Christmas dinner The Rule Chamber of Commerce and the churches of Rule will host a community-wide Christmas dinner and program on Sun., Dec. 10 at 6 p.m. in the school cafeteria. The program will begin at 7 p.m. in the auditorium. Reservations are required and must be made in person by Tues., Dec. 5 by calling John Greeson at 997-2141 or Larry LeFevre at 996-2540. No reservations may be made by leaving messages on the answering machine, please call until someone answers to confirm your reservation.

loy run

The 'Big Empty Riders' of the West Texas H.O.G. Chapter will sponsor a toy run Sat., Dec. 16 to benefit the children of this area. All riders and all types of motorcycles are welcome to take part in this ride to help make a child's Christmas just a little brighter. Registration will be held Kathy's Barber Shop in Rule at 11:30 a.m. and parade to Haskell to drop off toys to the Child Welfare Board. For more information, call Lonnie Rolls at 864-8910.

Museum fund-raiser

The Rochester Heritage Museum is selling T-shirts, cookbooks and history books. The 2006 Rochester 100th Birthday T-Shirt has the name of every Rochester graduate on the back. The T-shirts are \$10 and available in S-2XL. The 1981 edition of "Cooking in Rochester for 75 years" cookbook has been reprinted in a 100th birthday spiral bond edition and are \$25. The 1976 "History of Rochester, When the Rails Were Laid" history book has been reprinted. The history books are \$40. Proceeds benefit the Rochester Heritage Museum. To purchase contact Jane Short 940-742-3302 or Linda Short 940-743-3325 or 940-864-2673.

Scout registration

Registration for those wishing to join Cub Scouts or Boy Scouts may be done at any time by calling Kay Smith at 864-3344 or Patrick Pace at 997-2216.

Puttin' on the Hits Rule High School's theatre arts

class musical program, A Christmas '... Hits!' will be presented Wed., Dec. 6 at 8 p.m. The class is directed by Bobby Robinson. Admission each night is \$2 for adults and \$1 for students

Storm sirens

The City of Haskell will test the storm sirens at noon on Fridays.

Area **Basketball**

scores

Girls

Haskell 44, Throckmorton 16 Scoring for Haskell: Hope Reid 8, Kim Medford 8, Haley Chavez 7, Samantha Rodriquez 4, Molly Agraz 4, Lacey Peiser 4, Jasmine Thomas 3, Hanna Wallace 2, Sarah Garcia 2. ***

Rule 45, Paducah 62 Scoring for Rule: Brannan 13, Scheets 12. JV score: Paducah 39, Rule 28.



Bowen, 78, of Lubbock were held Fri., Nov. 17 at Southcrest Baptist Church in Lubbock with Dr. David Wilson and Rev. Jerry Wilson officiating. Interment was in Resthaven Memorial Park under the direction of Resthaven Funeral Home of Lubbock.

Haskell

and Bobby Smith, and County Clerk

Upon the request of Mike Fouts,

District Attorney, Commissioner

Mayfield made a motion to allow

him to use the District Attorney

Forfeiture Fund to increase Special

Investigator Luke Griffins' salary by

\$270.00 per month. The vote was 4-

presented a motion to approve the

list presented by Karen Allison with

GrantWorks, of homes that have

qualified for grants for

reconstruction. Nine homes were

Tidrow reported that the County had

received the following disaster

funds: Disaster Grant Money,

\$4,194.74; Gross Weight and Axle

Fee, \$7,366.64; Lateral Road

Upon the recommendation of

Money, \$22,264.26.

City of Haskell.

Commissioner

County Treasurer Willie Faye

approved with two alternates.

Mayfield

Rhonda Moeller attending.

Commissioner

The

0 in favor.

County Sheriff David Halliburton, Commissioners' Court met for a Commissioner Mayfield made a special meeting, Oct. 23, with motion to hire Dana Winterstein to County Judge David Davis, replace Adria Payne as dispatcher at the Sheriff's Office. The motion was Commissioners Johnny Scoggins, Tiffen Mayfield, Kenny Thompson approved 4 to 0.

Commissioner Thompson presented a motion to table the opening of bids on the new pickup for the Sheriff's Department until the next meeting. The motion was approved

Approval was given to a motion by Commissioner Mayfield to appoint Commissioner Scoggins as the County's representative for the Haskell County Appraisal District Board of Directors.

On a motion by Commissioner Thompson, approval was given to the Grant Resolution for the Task Force on Indigent Defense.

Commissioner Scoggins moved to approve the Abatement Procedure for Public Nuisance. It was approved. Commissioner Mayfield made a motion to pay Haskell Memorial Hospital for 100 doses of flu vaccine. This will come out of Capital Outlay.

The vote on choosing an electric Thompson reported that he is redoing the Jim provider was tabled. Strain Road with assistance from the Commissioner Thompson

presented a motion to advertise for

bids for a motor grader for Precinct 1. The motion was approved.

grandsons, Grant and Megan

Burrow of Wylie, Ryan Burrow of

Lewisville, Joshua and Katrina

Toney and Micah Toney of

Lubbock; one great granddaughter,

Lilly Kay Toney; two brothers,

Coleman C. 'Pete' Bowen and

Gayle of Marble Falls and Jack W.

Bowen and Dianne of Copperas

Cove; one sister, Billie J. Knight of

Marble Falls; four brothers-in-law,

Lonnie Brock of Lubbock, Robert

'Bob' Brock and Joann of Big

Spring, Mabry and Bobbie Brock of

McKinney, and Jimmy and Barbara

Brock of Amarillo; two special

uncles, Max Bowen of Dickenson

and J.R. Bowen of Jonesboro: one

aunt, Laverne Elmore of Denton:

numerous special nephews and

Memorials may be made to

Southcrest Baptist Church Building

Fund, 3801 South Loop 289,

Lubbock, Texas 79423 or Joe

Arrington Cancer Center, 4101

22nd Place, Lubbock, Texas 79410.

PD NOTICE

nieces; and a host of friends.

A motion by Commissioner Thompson was approved to grant permission to Air Evac Lifeteam to solicit membership to their service within the boundaries of Haskell County.

The meeting was adjourned.

The Haskell County Commissioner's Court met for a regular meeting, Nov. 13, with Judge David Davis, all Precinct Commissioners and County Clerk Rhonda Moeller attending.

On a motion by Commissioner Mayfield, Janis McDaniel was appointed to the Training Center Board to replace Willie Faye Tidrow.

The County Treasurers' monthly report was approved. County Treasurer Tidrow stated that the Experienced Citizens Center received a \$2,000.00 from CitiBank. Meredith Garvin has been hired part time at the Sheriff's Office.

A number of lessors met with the Court to discuss their lease with the Lake Stamford Management Group. On a motion by Commissioner Scoggins, cell phones were banned

in Commissioners' Court. The meeting was adjourned.

What you need to do if your house floods

In any natural disaster, including flooding, residents and visitors are well-advised to follow the instructions of local emergency managers. Personal safety is always more important than possessions.

Even if you do not need to evacuate, you might experience some flooding from winter rains, since 25 percent of flood damage occurs outside flood plains and other areas prone to flooding. The Federal Emergency Management Agency offers the following tips for those affected by flood damage:

•If you have flood insurance, call

•Keep power off until an electrician has inspected your system for safety.

•Avoid using the toilets and the tap until you have checked for sewage and water line damage. If you suspect damage, call a plumber.

•Discard food-including canned goods-that has come in contact with floodwaters.

·Boil water for drinking and food preparation until local authorities declare your water supply to be safe.

•Salvage water-damaged books, heirlooms and photographs using restoration tips from the National

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BERNARD E. GODLEY, INC.



PAINT CREEK INDEPENDENT SCHOOL DISTRICT STATEMENT OF REVENUES, EXPENDITURES, AND CHANGES IN FUND BALANCE GOVERNMENTAL FUNDS FOR THE YEAR ENDED AUGUST 31, 2006

	General Fund	R	lajor Special cev-Reading First Grant	Other Funds	Go	Total overnmental Funds
REVENUES:						
Total Local and Intermediate Sources	\$ 556,847	\$	-	\$ 2,106	S	558,953
State Program Revenues	623,934		-	25,797		649,731
Federal Program Revenues	 3,391		156,706	 134,490		294,587
Total Revenues	 1,184,172		156,706	 162,393		1,503,271
EXPENDITURES:						
Current:			150 100	110 116		700.077
Instruction	519,465		150,492	110,116		780,073
Instructional Resources and Media Services	24,303		-	506		24,809
Curriculum and Instructional Staff Development	611		-	155		760
Instructional Leadership	48,873		-	-		48,873
School Leadership	23,376		-	421		23,797
Guidance, Counseling and Evaluation Services	20,371		-	-		20,371
Health Services	10,980		-	253		11,233
Student (Pupil) Transportation	125,101		3,000	564		128,665
Food Services	-		2,764	70,202		72,960
Cocurricular/Extracurricular Activities	47,937		-	211		48,148
General Administration	101,857		-	-		101,85
Plant Maintenance and Operations	174,354		450	413		175,21
Data Processing Services	48,774		-	377		49,15
Debt Service:	8,845		_	_		8,84:
Debt Service - Principal on Long Term Debt	0,045					0,01.
Intergovernmental: Payments to Fiscal Agent/Member Districts of SSA	22,553		-	-		22,55
Total Expenditures	 1,177,400		156,706	 183,218		1,517,324
Excess (Deficiency) of Revenues Over (Under)	 6,772		-	 (20,825)		(14,053
Expenditures OTHER FINANCING SOURCES (USES):	 					
Sale of Real and Personal Property	8,845		-	-		8,84
Capital Leases	27,500		-	-		27,50
Transfers In	2.,200		-	20,825		20,82
Transfers Out (Use)	(20,825)		-	-		(20,82
Total Other Financing Sources (Uses)	 15,520	-	-	20,825		36,34
Net Change in Fund Balances	 22,292		-	 -		22,29
Fund Balance - September 1 (Beginning)	539,217		-	-		539,21
	\$ 561,509	\$		\$	\$	561,50

Obituaries

Vernon M. Bowen

Mr. Bowen died Wed., Nov. 15 in Lubbock.

Born May 18, 1928 in Killeen, he was the son of the late Carlos C. and Nannie Erdice (Carroll) Bowen. The family moved to Haskell when Vernon was six. He served in the United States Army during the Korean War and was stationed in Germany. He married his bride of almost 54 years at First Baptist Church in Haskell, Dec. 20, 1952. They moved to Lubbock in January of 1962 and Vernon was employed by Bell Dairy. Later he had his own route with Hostess Bakery, and then was a food broker for Whitson-King Distributors. As a faithful member of Southcrest Baptist Church, he served as a usher-greeter and was active in the Good News Senior Choir and the SAE Sunday School class.

Survivors left to cherish 'Big V's' memory include his wife, June; two daughters, Teresa and Steve Burrow of Little Elm and Janna and Evans Toney, Jr. of Lubbock; four

Commissioners' Court report

The notes to the financial statements are an integral part of this statement.

your agent to file a claim. Let your agent know your location if you have to leave your home.

•Take photos of any water in the house and save damaged personal property. This will make filing your claim easier. If necessary, place these items outside the home. An insurance adjuster will need to see what's been damaged in order to process your claim.

 Check for structural damage before re-entering your home. Don't go in if there is a chance of the building collapsing.

•Do not use matches, cigarette lighters or other open flames upon re-entering your property. Gas may be trapped inside. If you smell gas or hear hissing, open a window, leave quickly and call the gas company from a safe place.

Flood Insurance Program. Visi http://www.fema.gov/hazard/flood/ coping.shtm for information on salvage techniques and dealing with hazards such as mold.

Follow local building codes and ordinances when rebuilding. Use flood-resistant materials and techniques to protect your property from future flood damage.

Most home insurance policies do not cover damage from floods. Flood insurance is available from agents certified to offer policies under the National Flood Insurance Program, but policies must be obtained at least 30 days before an actual flooding event.

For information on flood insurance and other information related to flooding, visit http:// www.floodsmart.gov.

Happy Thanksgiving!

Holiday season could ring in 'heartburn season'

Making merry is often synonymous with overindulgingwhether from holiday feasts or rich desserts or alcoholic beveragesringing in the holiday season as "heartburn season."

Heartburn, generally caused by naturally occurring acids splashing back up from the stomach, is often marked by a characteristic burning sensation that sufferers describe as rolling up into their chest. Fatty foods play a starring role in this process.

"Most of the time heartburn is a nuisance, not a tremendous threat to your health," said Dr. Stuart Spechler, professor of internal medicine in digestive and liver diseases at UT Southwestern Medical Center. "I tell most of my patients that it's going to be a tradeoff-is the food going to taste good enough to suffer through the heartburn?

"If you know you're going to eat something that ordinarily gives you heartburn, there are medications that you can take before eating that food that might help."

For decades, the plop-plop-fizzfizz approach of antacids taken after people already were experiencing heartburn was the only therapy available. Emphasis has since shifted to prevention.

Those who are planning to indulge in foods likely to cause them heartburn can now take a histamine receptor blocker (H2 blockers),

The Haskell Sr. 4-H Club held

their November meeting on Nov. 12.

The group of 4-H'ers met at Holden-

McCauley Funeral Home for a tour

led by one of the funeral home

directors, Christina Tidrow, The tour

was followed by questions and

meeting to the Haskell County

The 4-H'ers then moved their

answers.

stomach acid and are generally available over the counter.

"Most people suffering from heartburn get it every now and then. Those are the people who really benefit from this on-demand therapy," said Dr. Spechler. "If you're going to eat something you know is going to give you heartburn, you can take one of those pills a half hour before your meal, and you may be able to prevent the heartburn." The most powerful type of

medicines, and the ones more suited for people who have ongoing heartburn, are called proton-pump inhibitors. There is only one brand of proton pump inhibitor, Prilosec, available over-the-counter.

"They're very powerful at stopping the stomach from making acid, but it takes a number of hours or even days for them to reach their full effect. So if you want to eat a pizza in the next half hour, it's not going to stop the acid that you're going to make in that time," Dr. Spechler said.

Antacids can help if foods consumed generate heartburn. Antacids act like a sponge to soak up the excess stomach acid, but they do nothing to prevent the stomach from creating more acid. So it may help to take some antacid tablets to soak up acid currently being produced and take an H2 receptor blocker to slow the stomach from producing further acid.

Heartburn is caused most often which slow the production of by the reflux or backwash of acid

won by 4-H newcomer Jeremy

Sun., Dec. 2 at the Haskell County

Extension Office. At the December

meeting Senior 4-H'ers will go

Christmas caroling with a hay ride

and deliver the food that was

If you have any questions or

painful and even fatal skin infections,"

In the past, most antibiotic-

resistant staph infections occurred in

health-care facilities, but now MRSA

infections occur commonly in the

public arena, including gyms, he says.

donated to the club in October.

The next meeting will be held

cause heartburn is the better strategy. "As a group, anything fatty and

treatment."

anything chocolate is likely to be causing a problem," he said. Unfortunately, there's no simple answer to when heartburn

from the stomach up into the esophagus, which is the long tube

that carries food from the throat to

the stomach. A valve at the end of

the esophagus is supposed to

function as a one-way release,

relaxing to allow food into the

stomach and closing back up so food

and acid in the stomach stay there

while the food is digested. If there

now you have more material in the

stomach that's ready to reflux. It also

Eating or drinking certain types

further weakens that leaky valve."

of foods, such as milk, in an attempt

to reduce stomach acid generally

doesn't work, said Dr. Spechler,

who is a member of the American

Gastroenterological Association's

antacid, but it's really a very poor

antacid," he said. "Most of the foods

that we eat buffer acid, but they also

stimulate the stomach to produce

acid later. That's why we don't

recommend them as a specific

Avoiding foods that historically

"We used to use milk as an

Committee on GI Research.

heartburn.

sensations should prompt a visit to the doctor. Occasional heartburn usually doesn't signal a more complex problem, such as Barrett's esophagus or esophageal cancer. "But if you're taking medications daily, I think you should be concerned about it," Dr. Spechler said.

There are some warning symptoms that, if associated with chronic heartburn, may be signs of more serious problems. Questions to

•Are you having difficulty

•Does it hurt when you swallow?

•Do you have signs of bleeding?

Dr. Hardy urges gym users to follow federally endorsed health guidelines, including: bandaging any skin areas that have cuts or abrasions: not sharing personal items such as towels; using a barrier such as clothing or a towel between your skin and shared equipment; wiping surfaces of equipment before and after use: and washing your hands after workouts.

Knox County holds Veterans Day Memorial program The annual Veterans Day courthouse Veterans Display. Those

Program was held Sat., Nov.11, at Benjamin. Students winning first place in

the contests for their interview and poster of a veteran, presented their papers. The posters of all participating were displayed in the

is a leaky valve, gastroesophageal 4-H Clubs and reflux disease, or GERD, may result. The primary symptom is Salvation Army "As a general rule of thumb anything that tastes really good is likely to give you heartburn," Dr. Spechler said. "And the reason is the join to ring bells fat content. Fat does a lot of things that promote heartburn. It stops the stomach from emptying well, so

> been set up during the Christmas holiday season for years with Eugene Plunkett being the bell ringer, located at Modern Way.

position. The Haskell Ministerial Alliance

Each 4-H Club will man the bell for one week each, beginning the Monday after Thanksgiving,

The Salvation Army kettle has front of Modern Way. The money donated at the Plunkett is stepping down from his

and Haskell Salvation Army branch officers have asked the Haskell County 4-H Club to help. Haskell County has four 4-H Clubs, including Haskell Sr., Haskell Jr. Rochester and Rule.

through Dec. 22 from 4 to 6 p.m. on

Tips to choose a home builder

Ready to buy a new home? Considering an update to your existing home? You want a capable builder or remodeler, but how do you find someone qualified? Even if you hate homework, it's well worth your investment!

Check references. The builder or remodeler should provide these. Ask about the quality of work and about the builder or remodeler's responsiveness during and after construction. Also, contact your chamber of commerce or Better Business Bureau for more information about builders or remodelers operating in your area.

Additionally, you may want to check Texas' sex offender registry. The Texas Residential Construction Commission, a state agency, provides valuable information as well.

Registration: Registration is required of every builder and, if they meet certain criteria, remodeler registration is required. Registration

 \mathbf{r}

 \mathbf{n}

speaking were Bryston Pierce of Benjamin; Taylor Wilson of Munday; and Allison Lynn of Knox City/O'Brien.

Pamela Walker of Munday read, "The Forgotton War," a poem she had written. Speakers were Charles

weekdays and on Saturdays and Sundays from 1:30 to 4:30 p.m. in

Salvation Army pot is kept in Haskell in the following amounts: 100% of the cash, checks are sent to Dallas, and then they return 25% of the checks back to Haskell County.

The money is given to the Haskell Ministerial Alliance to help people that are in special need of help.

The 4-H Clubs would like to thank Eugene Plunket for his many years of volunteerism to the Haskell County branch of the Salvation Army.

includes a criminal background check and requires information about past judgments be disclosed. Houses Built and Projects Completed: You can check on the homes a builder has built and registered and the projects a remodeler has completed and

registered with the commission. The addresses should match the references provided to you. Any Construction with Defects: The law also requires a builder or remodeler to provide a set of minimum warranties. A builder's or remodeler's defect history is available on line and discloses how many homeowners have alleged post-construction defects with a home and had a neutral, stateassigned inspector review those defects.

You can access commission information about a builder or remodeler at www.texasrcc.com or by calling 877-651-TRCC.

200 South Avenue E

FDIC

Baker, Master of Ceremonies; Travis Floyd and Gary Hubbard.

The Gold Star Family, Mr. and Mrs. Blair, representing Jesse Timberlake, placed a beautiful wreath of fresh red, white and blue flowers in the archway. Taps and other music was played by the Munday Band.

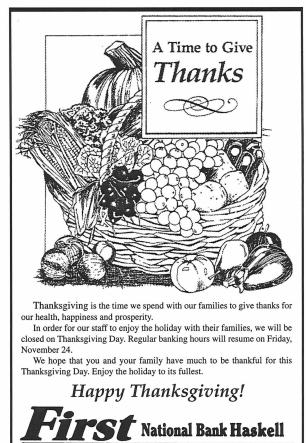
A 3rd and 4th grade class of Benjamin, assisted by Shana Heard, led the audience in the Pledge of Allegiance. Veterans of the American Legion Post 229, of Knox City and the VFW Post 1035, of Munday posted the Colors.

A hamburger dinner drew in \$500 net for the Knox County Veterans Memorial to benefit a fund set aside by the Knox County Historical Commission to be used only for the Veterans' Project, including adding names to the memorial, correction of any errors "carved in stone," and updating the files of Knox County Veterans.

In 2006, the Wichita-Brazos Soil and Water Conservation District board of directors gave a \$5,000 check to the county museum to match an earlier donation of \$5,000 by the Bisbee family, who once published the Benjamin Post.

Individuals completing the framing, started by Jerry Parker, of the interior wall of the museum building was led by Larry Bearly, who is retired from the construction industry. He and his wife spent several days recently in Benjamin, where she grew up as Glenda Cox. Bearly worked four days donating his labor. He was helped by Ben Grill, Jackie Young and Kenneth Roberts





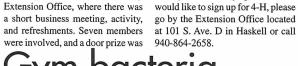
940-864-8555

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Dr. Hardy says.

McDonald.

were involved, and a door prize was Jym bacteria

4-H Club visits

uneral home

Routine trips to the gym for exercise can help boost health and fitness, but you might leave the facility with a nasty infection if you don't guard against germs.

Gyms are often hotbeds for the much-dreaded methicillin-resistant Staphylococcus aureus, or MRSA infection, as sweaty people share equipment, exercise mats and locker rooms, says Dr. R. Doug Hardy, an infectious disease specialist at UT Southwestern Medical Center,

MRSA, a bacterial staph infection resistant to many antibiotics, is transmitted when skin contacts contaminated surfaces.

"Bacteria can survive on the surface of shared gym equipment or

ask yourself: swallowing?

•Do you have fevers?

(Passing black stools is a sign there might be bleeding from the esophagus into the stomach.)

with those warning symptoms you really should get in to see your doctor as soon as you can," he said.

Wita

Glieese

6 1018

(•)

towels and infect the body through an open wound, causing red, swollen,

•Are you losing weight?

"If you have heartburn associated

Misty Gibson, RN Branch Supervisor **Emily Medford, Secretary** Vicky Cochran, LVN Jeryl Anne Cooper, LVN Esabel Garcia, HHA Patricia Hemphill, HHA

the staff of

Haskell Home Health Agency

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TEXAS PRESS ASSOCIATION



HIGHLIGHTS By Ed Sterling

Lawmakers file 318 bills on

80th Legislature's first filing day AUSTIN-Early filing of legislation for the 80th regular session of the Texas Legislature has begun.

Some of the 181 members of the Texas Legislature (150 in the House and 31 in the Senate) got right to it, filing 318 pieces of legislation on Nov. 13, the first day they could put a bill in the hopper.

Lawmakers file about 10,000 bills in a regular, 140-day legislative session. It isn't a race to see who can file the most bills, but a few lawmakers are off to a quick start.

Sen. Jane Nelson, R-Grapevine, led the pack on day one by filing 29 bills. Then came Sen. Judith Zaffirini, D-Laredo, with 21. In the House, big filers were State Reps. Dan Branch, R-Dallas, and Richard Raymond, D-Laredo, with 17 bills each

A sampling of subjects among the 318 early-filed bills:

•health care, prisons, crime, taxes

•education, campaign contribution limits, raising the minimum wage;

•defibrillator, seatbelts, road signs and neck wear.

That's right: neck wear. Rep. Armando "Mando" Martinez, D-Weslaco, filed a resolution designating the bolo tie as the official State Tie of Texas.

Nelson, Branch, Sens. Juan "Chuy" Hinojosa, D-Laredo, Leticia Van de Putte, D-San Antonio, and Rep. Hubert Vo, D-Houston, each filed bills requiring schools to have an automated external defibrillator ready to use in case anyone goes into cardiac arrest at extra-curricular athletic events.

Republicans and Democrats apparently agree on the need for defibrillators, but the chronic tension between the two parties is as strong as ever.

Speaker Tom Craddick, R-Midland, is seeking another term to preside over the Texas House. While he has dissenters, Craddick claims to have pledges for more than the 76 votes he will need to remain as speaker. Sixty-nine of the 150 members of the House are Democrats.

An effort is brewing to back someone other than Craddick for the high post. Supposing Democrats hold together, it would take at least seven sympathetic Republicans to bring on another speaker. The legislative session opens

Tuesday, Jan. 9, and the bill filing deadline is 60 days later. Writers call for end

to lobby team

With Democrats coming into Congressional power in January and a "lame-duck" session in progress, Gov. Rick Perry's tax dollar-funded GOP lobbyists won't have the punch they once enjoyed at the U.S. Capitol under Republican control.

The Austin American-Statesman and other newspapers have called for an end to funding for those lobbyists, some of whom were associates or employees of criminally convicted lobbyist Jack Abramoff and indicted former U.S. Rep. and House Majority Leader Tom DeLay.

Official says utility bills too high Jim Scogin, director of the Texas Competitive Council on Government, says the state's \$200 million a year utility bill is too high. The council has contracted with LPB Energy of Dallas to audit state agencies' energy-use and bookkeeping related to it, to look for ways to conserve energy use and to shop for better rates.

The goal is to cut the state's energy bill by 25 percent.

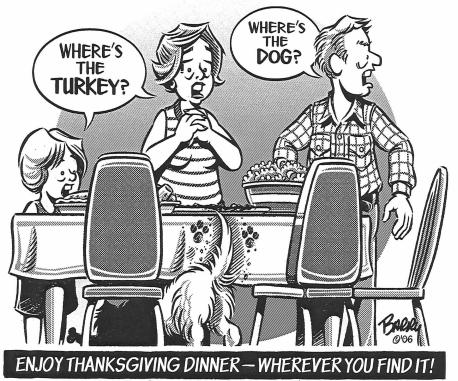
Senator to file smoking ban bill Sen. Rodney Ellis, D-Houston,

said he plans to file legislation to create a "Texas Smoke-free Workplace Law" banning smoking at all work sites and in all public places. Ellis made the announcement in conjunction with the 30th annual Great American Smokeout on Nov. 17.

Landmark bridge to be renamed The Austin City Council voted to rename Congress Avenue Bridge the Ann W. Richards Congress Avenue Bridge in honor of the late governor who died Sept. 13.

The city placed a plaque on the bridge Nov. 16 and the official christening will take place later. Hurricane aid near \$1 billion

Texas residents who suffered damage from Hurricane Rita in September 2005 have been approved to receive more than \$984 million in disaster assistance, including grants from FEMA and low-interest loans from the U.S. Small Business Administration.



From Out of the Past

From the files of The Haskell Free Press

Beau 1976-77. He is the son of Mr. and Mrs. Wilda Medford of Haskell 40 Years Ago November 17, 1966

Susan Weise and Terry Don Chapman, have been named recipients of the 4-H Gold Star Awards

Chief Tom Watson announced that two new members have been added to the Haskell Volunteer Fire Department. Billy Jack Ray and Jackie Daniels were voted in as new members.

White's Auto Store, which recently moved to the new location on the west side of the square, will stage its grand opening.

Geraldine Hise has announced she will re-open Geraldine's Beauty Salon after being closed for several months.

Rule High School Exes. Elected as Homecoming Queen was Virginia Westbrook. The new homecoming officers are Ed Fouts, president; Cecil Lewis, vice president; and Mrs. Scott White, secretary.

November 22, 1956

Weekend visitors in the home of Mr. and Mrs. Tom Watson, were Mrs. Watson's mother, Mrs. George Brown and her sister, Mrs. John F. Prior, all of Guthrie, Oklahoma.

Mr. and Mrs. J.D. Josselet, Vern of Sierra Blanca, visited in Barbara Alexander of Artesia,

New Mexico visited in the home of

her grandmother, Mrs. T.A. Tate. Eva Faye Denton of Kent and Manley and Britta Kay of Merkel. visited in the home of Mr. and Mrs. Barney Frazier.

Sandra Hadaway, a student in Haskell High School, has been elected Chapter Sweetheart by the HHS Chapter of Future Farmers of America.

Mr. and Mrs. R.L. Vick, pioneer couple of Rule, observed their 60th wedding anniversary with all of their seven children home for the occasion.

100 Years Ago November 17, 1906

G.E. Ballew has completed three more four room cottages in the west part of town on Ballew Street.

A large party of prospectors was here this week from Williamson County, and we understand that several land deals were made.

J.P. Trice of Hillsboro was in Haskell this week with a proposition to put in a flouring mill at this place. Local people are interested and it is likely that a meeting will be called to discuss the proposal.

W.T. Newsom, whose farm is a few miles north of town, was here Thurs. from Stamford, were he had delivered 650 bushels of wheat at 75 cents per bushel.

Mrs. R.E. DeBard and children have returned home after spending several days with her parents, Mr. and Mrs. J.E. Garren in the southwest part of the county.

M.R. Hemphill shipped out four cars of cattle. W.T. Hudson and Theodore Jones shipped one car.

By Greg Abbott

From the AG

By Greg Abbott

Access and Visitation Online **Directory Connects Parents** With Needed Services

I am committed to building strong Texas families. That is why my office developed a new tool to help parents without custody stay involved in their children's lives. The online Access and Visitation Directory is a compilation of programs across Texas designed to facilitate shared parenting after separation or divorce. Services include supervised visitation, mediation, co-parenting education, and visitation enforcement.

Parents can search the online directory by zip code, county or service provided. The site includes an interactive map that displays detailed information about the programs listed in the directory, and a link to each program's Web site. The directory is designed to give parents the information they need to select providers and services suitable to their situations. Providers may charge a fee for services.

The directory is located on the Child Support section of the Attorney General's Web site at www.oag. state.tx.us. In addition to parents, the directory is available to counselors and other professionals who assist families who live apart. Local providers of access and visitation services are encouraged to register online to have their programs added to the directory. To be included in the directory, providers must submit basic information about their programs, including professional affiliations. In addition, they must offer services that help mothers and fathers work together to parent their children.

The Access and Visitation Directory is maintained by the Attorney General's Office of Family Initiatives (OFI). OFI works to strengthen families and encourage healthy marriage and responsible fatherhood.

The directory is funded through a federal grant available to states for efforts that increase contact between noncustodial parents and their children. The U.S. Department of Health and Human Services distributes \$10 million each year based on the number of children in a state not living with both parents.

A statewide Access and Visitation Hotline is also available to help parents address custody concerns. The hotline is staffed by attorneys who provide legal information and assistance about child custody and visitation matters. The toll-free number, 1-866-292-4636, is answered in English and Spanish, Monday through Friday from 1 to 5 p.m. Attorneys provide basic legal information and education about a parent's rights pertaining to child access; visitation and custody; establishing paternity; and the child support process. Parents can also visit www.txaccess.org to obtain

Happy Thanksgiving!

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by contributing a percentage of product sales to a specific charity. try to entice you to give by telling Be careful about buying a product you that you have won a prize when

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420 North First Street • P. O. Box 555
HASKELL, TEXAS 79521
Phone 940-864-2686 • Fax 940-864-2687
hfp@valornet.com
John McDougal Publisher
Lisa ShawBusiness Manager
Mary Kaigler Editor
Doris McDougal Production
Bill Blankenship Staff Photographer
Periodical Paid Haskell, Texas 79521 (USPS 237-040)

SUBSCRIPTION RATES:

Haskell County, one year, \$25.00. Outside of Haskell County, one year, \$34.00

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This issue mailed Tues., Nov. 21, 2006

a time for generosity and sharing. Unfortunately, to the scam artists, these kind feelings are just another opportunity to try and skim more than their share off the top. Give, but give wisely.

10 Years Ago

November 21, 1996

auditioned for the Association of

Texas Small School Band's Region

2 Band. Caraway made the band as

Moab, Utah visited with family,

Virgil and Evelyn Cobb and Jack

and Joy Chapman and other family

Maryland visited Larry Waskom.

20 Years Ago

November 20, 1986

presented Mrs. Ida Goodwin a

Congressional Medal, in honor of

her son, Lt. Cmdr. Charles Burnart

Goodwin. Goodwin was born and

reared in Haskell and graduated

from Haskell High School in 1957.

few days with his grandparents, Bud

Mr. and Mrs. Arthur Knipling,

Mr. and Mrs. Leonard Kieke and

Mrs. Adela Niedieck played 84 in

30 Years Ago

November 18, 1976

Sagerton visited L.B. White.

Etta Leach, Alva LeFevre of

Mr. and Mrs. Riley Middleton

Mr. and Mrs. Jan Fouts and

and daughter, Leese Ann of

family of Lubbock and Mr. and Mrs.

John Brawner and family of

Granbury, visited in the home of Mr.

and Mrs. Ed Fouts and family over

Eddie Medford was named FHA

the weekend.

Ardmore visited Norma Baker.

the home of Herbert Rinn in Rule.

and Lucille Adams of Weinert.

Chris Howeth of Haskell spent a

Congressman Charles Stenholm

Don and June Rolley of Salsbury,

Charles and Ernestine Kelling of

4th chair trumpet.

members.

Cody Caraway, a junior,

Do not provide your credit card information to anyone who solicits you by phone, no matter how convincing or heart-wrenching the appeal is. Also beware of scams that use spam: an email solicitation may direct you to what appears to be a legitimate web site for a charity, when in fact it is a very good imitation. Do your own research to ensure that you are giving to a real charity.

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just because some of your dollars are going to a charity. The product may be overpriced and/or the contribution may be very small. You can always just contact the charity independently to make a direct contribution.

Ask questions. If you are not familiar with a charity, get its full name, address, and telephone number. Many organizations have names that are very similar to wellknown charities.

Find out how your donation will be distributed. How much will go to the program you want to support and how much will cover the charity's administrative and telemarketing

you haven't even entered a contest.

Some dishonest individuals may avoid doing any business through the mail to avoid federal prosecution under postal statutes. Instead, they will insist on using a private courier service or picking up your check themselves.

Get information in writing from the charity before giving, including an annual report or other financial information.

Do not give cash. Write a check in the name of the charity, or if you are giving other property, ask for a receipt.

Consult an attorney before making a significant gift, whether making such a gift outright, by will, or by trust.

Remember, no legitimate business will ask for your social security number, bank information or other personal information via web site or email. Make your generous gifts count: give wisely and with care.

Have a wonderful holiday season.

downloadable legal forms and examples for completing them. Also available are samples of parent letters to request compliance with orders, visitation logs, and other tools for resolving custody and visitation concerns.

I encourage parents to use these resources to stay involved in their children's lives, because children thrive on the security that comes from knowing both parents want and care for them.

Studies have found that noncustodial parents who stay involved with their children are more likely to make regular child support payments. Studies also show that children of parents who pay their child support have fewer behavioral problems, make better grades. and stay in school longer than children who do not receive regular child support.

To find out more about the child support services the Attorney General provides, call 800-252-8014 or visit the Attorney General's Web site at www.oag.state.tx.us.

MEMBER 2006 TEXAS PRESS ASSOCIATION

Texas drought losses estimated at \$4.1 billion

by Wes Utley CEA-Ag/NR, Haskell Co.

Estimated drought losses for Texas have reached \$4.1 billion, eclipsing the \$2.1 billion mark set in 1998, Texas Cooperative Extension economists have reported.

Crop losses are estimated at \$2.5 billion and livestock \$1.6 billion, according to the report. The current drought equals the multi-year dry period of the 1950s and could go down as the worst ever without substantial rainfall by the end of the year, according to Extension officials.

"The financial impact will be a major setback because of rising input costs, especially energy prices (to agricultural producers)," said Dr. Carl Anderson, professor emeritus and Extension economist. "Irrigation costs have soared and will cut cash flow from irrigated crop production substantially."

'Most of North Texas, East Texas and the Coastal Bend were in various stages of drought since May of last year, and hay supplies were depleted maintaining livestock over the summer and winter," said Dr. Travis Miller, Extension agronomist. "Much of the corn and soybean crop has been harvested for silage or hay; pastures are bare and hay barns are empty. Much of the hay being fed is from out-of-state or along the upper coast, which has received favorable rains. Livestock water supplies are disappearing and ranchers are unable to sustain herds with purchased hay and dry tanks."

Rural areas are being hardest hit, Anderson said, with projected economic losses at \$8 billion when the agribusiness impact is included. This includes businesses that provide equipment and services to farmers and ranchers, including machinery sales, supplies and other production needs, Anderson said.

The driest regions of the state are the Panhandle, Southern High and Rolling Plains, Northeast Texas and the Lower Rio Grande Valley.

"If it rained now, it would be too late for the main crops," Anderson said.

Statewide, cotton, corn sorghum and soybeans have been rated 48 percent to 58 percent in poor to very poor condition for several months.

'That's very indicative of production levels around half a crop," Anderson said. "Much of the corn in Central Texas has been made into silage or hay and most of Northeast Texas soybean crop has been cut for hay to supply dairy operations in desperate need of forages. The irrigated peanut and

Safety glasses offer protection

Accidental eye injury is a leading cause of visual impairment nationally, yet nearly 70 percent of those injured weren't wearing protective eyewear, the main preventive measure, say ophthalmologists at UT Southwestern Medical Center.

"It's a simple thing that could make a big difference," says Dr. Preston Blomquist, a specialist in ocular trauma.

Many household chemicals-such

mostly in good to fair condition." More than \$1 billion of the

current losses come from cotton, Texas' No. 1 cash crop, Anderson said.

"Because of dry soil, much of the cottonseed planted failed to germinate," he said. "The 2006 winter wheat crop fell to 35 million bushels, the lowest level since 1971 and two-thirds below 2005 production.'

Only 1.4 million acres of wheat were harvested, the smallest acreage since 1925, Miller said.

Cattle producers are facing some of the toughest times ever, Anderson said, due to lack of hay and available forage on pastures.

Three-fourths of the land in range and pasture is too dry to produce much grazing or hay that is harvestable," he said. "Without rain soon, livestock herds will face further liquidation."

At biggest risk are the state's cow herds, Anderson said. Rising hay

The market at the Haskell

Livestock Auction was on a run of

863 head of cattle at its sale on Sat.,

Nov. 11, according to B.D. Rainey,

Packers, steady. Stockers \$1-3

Cows: fat, .41-.44; cutters, .40-

Bulls: bologna, .55-.61, feeders,

Steers: medium and large frame

No. 1 200-300 lbs., 1.30-1.47; 300-

lower. Feeders \$2-3 lower. Bred

cows, steady to \$50 higher.

.45; canners, .25-.38.

.57-.68, utility, .42-.49.

reporter.

Cattle Market Report

rice crops are the only crops rated and supplemental feed costs are forcing many ranchers to liquidate herds, and lack of water has forced some to sell out completely.

"Cattle sales are up sharply from a year ago," Anderson said. "The reduction in herd size will curtail beef supplies for several years. Also, the lack of adequate nutrition for cows means a smaller calf crop next year.'

However, land values continue to increase mainly due to purchases for recreational and hunting purposes, Anderson said. But the drought will stress wildlife sources and reduce the amount and quality of wild animals and birds," he said.

"Wildlife management programs are critical to maintaining the recreational value of land used for outdoor recreation during drought years," Anderson said.

Agricultural lenders are reporting fewer loan repayments and greater demand for loan renewals and extensions from a year ago, according to the Second Quarter

400 lbs., 1.10-1.27; 400-500 lbs.,

1.00-1.18; 500-600 lbs., .95-1.00;

600-700 lbs., .88-.97; 700-800 lbs.,

No. 1 200-300 lbs., 1.25-1.38; 300-

400 lbs., 1.18-1.25; 400-500 lbs.,

.95-1.07; 500-600 lbs., .90-1.02;

700-935; aged or small, 450-650.

frame No. 1 young and middle aged,

900-1330; older, 650-885.

Bred cows young to middle aged

Cows with calves: medium

Heifers: medium and large frame

.85-.96; 800-up lbs., .83-.88.

600-up lbs., .85-.93.

2006 Survey of Agricultural Credit Conditions by the Federal Reserve Bank. Producers are collecting insurance based on individual

coverage on dryland crops, and

many cow-calf operators have taken substantially increased production jobs or business alternatives."

out larger loans because of higher feed costs.

"Others have sold their herds due to limited water and forage," Anderson said. "High energy prices have

costs to further stress an already depressed production environment. Some crop and cow-calf operators can't financially withstand more losses and will be forced to seek other

FSA County Committee elections end Dec. 4

Johanns has announced that the 2006 Farm Service Agency (FSA) county committee elections began Nov. 3. The deadline for eligible voters to return ballots to their local FSA offices is Dec. 4.

"The county committee system allows producers to make important decisions concerning the local administration of federal farm programs," said Johanns. "I urge all eligible farmers and ranchers, especially minorities and women, to get involved and vote in this year's elections."

Committee members apply their knowledge and judgment to make decisions on disaster and payments, conservation establishment of allotments and yields, producer appeals, employing FSA county executive directors and other local issues. FSA committees operate within official regulations designed to carry out federal laws.

To be an eligible voter, farmers and ranchers must participate or cooperate in FSA programs. A person who is not of legal voting age, but supervises and conducts the farming operations of an entire farm,

Agriculture Secretary Mike can also vote. Agricultural Newly elected committee members producers in each county submitted candidate names during the nomination period held last summer. Eligible voters who did not

> receive ballots can obtain ballots at their local USDA Service Center. Dec. 4. is the last day for voters

to submit ballots in person to local USDA Service Centers. Ballots returned by mail must be postmarked no later than Dec. 4.

and alternates take office Jan. 1, 2007.

Close to 8,000 FSA county committee members meet monthly at more than 2,300 FSA offices nationwide. Each committee consists of three to five members who serve three-year terms. Approximately one-third of county committee seats are up for election annually.

Weather Whys

Overcast and cloudy Q: What's the difference between a forecast that says cloudy and one that says overcast?

A: There is a difference, says Brent McRoberts of Texas A&M University. The terms are based on weather definitions used by various agencies and organizations around the world. "There are different degrees of cloud cover-that's the basic premise," McRoberts states.

"Cloudy conditions mean at least 50 percent of the sky will be covered by clouds-there will be more clouds than sunshine. Mostly cloudy means that from 80 to 90 percent of the sky will be covered by clouds."

Q: What does overcast mean? A: Overcast means almost all of the sky is cloud covered, he adds.

"An overcast sky is usually a dull and gray-looking sky when clouds are expected to cover all of the surrounding area. Many people just want to know if it's going to be a sunny or a cloudy day. But for people like photographers, film makers and even pilots, the degree of cloudiness can be a crucial bit of information for them."

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as cleaning fluids, detergents and ammonia-are extremely hazardous and can burn the eve's delicate tissues. When using chemicals, always read instructions and labels carefully, work in a well-ventilated area and make sure spray nozzles point away from you and others. Be sure to wash your hands thoroughly after use. In case of a chemical burn. flush the eye with clean water.

Before using pow equipment, check for debr twigs and other items can dangerous projectiles shoc lawnmower blades, po injuring the operator's eye of bystanders. Wear safe when using lawn equips while using tools in the w

If you suffer an eye inj as a cut, a chemical burn or stuck in the eye, seek med immediately. Don't try yourself. You should a immediate treatment after a blow if you feel pain or lose vision, or if the eve blackens.





wer lawn bris. Stones,			VISIT THESE WIND	STREAM LOCATIONS		
,	MISSOURI	ESPANOLA	OKLAHOMA	TEXAS	DUMAS	POST
can become	BOLIVAR	2000 Hwy. 68 N. Riverside Drive	BROKEN ARROW	ANDREWS	401 W. 1st Street	Coming Soon: 410 N. Broadway
ooting from	1705 S. Lillian	505.747.6200	929 N. Elm Place	112 S.W. 1st Street	806.935.1681	806.495.3864
potentially	417.326.1013	HOBBS	918.259.8255	432.523.3323	FREDERICKSBURG	SEYMOUR
yes or those		320 N. Shipp Street 505.397.0912	BROKEN ARROW	BOERNE	1425 E. Main, Suite 100A 830.990.9299	400 N. Main Street 940.888.1220
fety glasses	NEW MEXICO	RUIDOSO	Coming Soon: 2449 W. Kenosha 918.259.8255	215 W. Bandera Road, Suite 104	KERRVILLE	SUGAR LAND
	CARLSBAD	721 Mechem Drive (Sierra Mall)	910.259.0255	830.248.1111	955 Water Street	8306 Highway 90A
ipment and	906 W. Pierce Street 505.887.8100	505.257.9000		DALHART	830.257.9100	281.490.9412
workshop.	505.007.0100			310 Rock Island Avenue 806.249.1100	PERRYTON	TEXARKANA
injury, such					301 S. Amherst Street	2315 Richmond Road, Suite 101
or an object					806.435.2050	903.223.4688
nedical help	Limited-time offer. Subject to availability	in certain locations. Must be a Windstrea	m wireline customer Broadband 1 5:	Price is good for first 12 months when bund	led with Connect Package or DISH Ne	etwork & includes Broadband transport & Internet
y to treat it	access. Broadband Speeds: Windstream of	cannot guarantee Broadband speeds or that I	Broadband service will be uninterrupted	or error-free. *Free Modem: Free Modem av	vailable with 1-year Broadband agreen	ment and after instant credit of \$49.95 and \$50.00
also seek	for residential 1-plus direct-dialed calls for vo	bice use only. Unlimited Long Distance may r	not be used for Internet services, fax mad	H Network, includes residential access line, chines, softphones or data devices, transcript	unlimited hours of long distance & ce otion services, business (whether for-p	ertain calling features. Unlimited Long Distance is profit or not-for-profit), telemarketing, auto-dialing,
	multi-party conference calls (including 3-way	y calls), party lines, chat lines, adult entertain	ment lines, calls to 900 and 976 number	s and calls to access voice mail or information	on services. Additional charges may ap	pply for directory assistance, calling cards, collect

calls, operator services, international calling services. If Windstream determines that usage is not consistent with residential voice service, includes excessive usage or consistent and usage productional transmits of the service bundle is discontinued, the account will convert to the Windstream 10 plan. If any required component of the service bundle is discontinued, the account will convert to the Windstream 10 plan. If any required component of the service bundle is discontinued, the account will convert to the Windstream 10 plan. Additional Information: Credit approval required & pre-payr may be required. Taxes, fees & other charges, including Universal Service Fund, approval required & pre-payr regular tariffed monthly rate. Other restrictions may apply. Offers are subject to the Windstream Terms & Conditions for Communications Services available at any Windstream store or at windstream. Contact a Windstream Terms at the relations of the distributions of the distributions of the distribution of the service bundle is discontinued to the service bundle is discontinue this plan at any time. If any required to the windstream reserves the right to cancel or discontinue this plan at any time. If any required to the windstream terms at the time to the service savailable at any Windstream store or at windstream. Com. Contact a Windstream Terms at Conditions for Communications Services available at any Windstream store or at windstream.com. Contact a Windstream terms at the distribution of the service savailable at any Windstream store or at windstream.com terms at the service service savailable at any time. If any required to the Windstream terms at the restrictions may apply.

Go Texan

By George Ayres, Texas Department of Agriculture

Have a Happy, Healthy and Hearty Holiday Cactus The clocks have been changed.

Cooler breezes have prevailed, and the buzz of holiday shopping is right around the corner. The Texas Department of

Agriculture is gearing up for a cheerful holiday season with an added twist in the plant-giving category-the holiday cactus.

While the poinsettia remains the most popular of the holiday gift plants, a healthy, full-blooming holiday cactus, sometimes called a Christmas cactus, makes a beautiful gift for friends or family.

Blooming from mid November to mid December, the holiday cactus has glossy, flat, chain-like segments and forms a flower that can be a variety of colors. Texas produces approximately 500,000 holiday cacti per year.

"Not only are they beautiful plants but they're also great for customers who are looking for something different," said Patrick Berry of Vickery Wholesale Greenhouse. "They're also very easy to care for."

For years, the holiday cactus has been a favorite houseplant for many. It's easy to grow and it's not unusual for a single plant to be passed down from generation to generation.

The holiday cactus has the ability to rebloom if provided 12 hours of light and 12 hours of complete darkness every day between Labor Day and Oct. 15.

We've added some tips for the www.gotex long life of your healthy holiday 99GO-TEX.

cactus: •When the flowering period is finished, an active growth period will commence. Keep the plant in a sheltered place until danger of freezing is over.

•Water carefully, keeping in mind that overwatering is the major cause of failure with holiday cactus. Soak the potting medium when watering, then allow the plant to become almost dry before watering again.

•Fertilize with a water-soluble 20-20-20 fertilizer with trace elements while in an active growth stage.

•Reduce water and fertilizer in August in preparation for the beginning of bud development, which is regulated by the shortening of fall days, along with cooler night temperatures. By late October and early November buds should be evident.

•Remember: The keys to getting holiday cactus to flower during the holiday season are proper light exposure, correct temperatures and limited watering. So, during the fall months, place your holiday cactus in a spot where it receives bright, indirect indoor light during the daylight hours and total darkness at night.

To learn more about where to find Texas-grown holiday cactus and an incredible array of other Texas-grown plants, or to order TDA's horticulture publications, visit the GO TEXAN Web site at www.gotexan.org or call 877-90GO-TEX

CHRISTMAS CHRISTMAS TURKEY Christmas Parade Sun., Dec. 9, 6 p.m.

Call Lorie Rodriquez, Monday through Friday at 864-5694 for entry information. 1. Cli

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Surviving the holidays with diabetes

Pecan pie? Anyone want seconds? Having diabetes can prove challenging any time of the year, and the holiday months can add additional stress, inches to our waistline and, unfortunately, high blood sugars.

Managing diabetes during these hectic times may seem impossible, but remembering the basics of meal planning and the importance of staying active will enable you to sail your way through the new year, said Rachel Villarreal, R.D., L.D., health educator in the Diabetes Education Program in the Texas A&M Health Science Center Coastal Bend Health Education Center at Corpus Christi.

For starters, watch portion sizes. Do not skip your favorite foods; instead, limit your portions and stay within your allowable servings. Identifying holiday foods that contain carbohydrates can help you better manage blood sugars. Some holiday foods that can affect blood sugar levels are dressing (stuffing), rolls, sweet potatoes, corn, tamales and seasonal desserts.

Next, maintain consistency, which is vital to maintaining desirable blood sugars, Villarreal said. Eat your meals generally at the same time each day. If a holiday dinner will be delayed, have a small snack at the time of your normal meal to avoid low blood sugar levels and prevent overeating.

The holidays also are a perfect time to exercise while doing things that you and your family enjoy. Stroll around the neighborhood and admire the decorations. Organize a family outdoor game like touch football or tag to keep things fun. Anything that will get you moving is well worth the effort to maintain your blood sugar levels within target range, Villarreal said.

Finally, don't forget to monitor your blood sugar daily. It may prove handy to increase your blood sugar monitoring during the holiday season, and such a proactive approach will keep your blood sugar levels on target.

"Healthy living does not have to be a battle during the holidays," Villarreal said. "By remembering to follow your basic plan of watching your portion size, maintaining consistency, staying active and monitoring your blood sugars levels, you can have a healthy holiday season."

community bank that practices true

relationship banking come out on

top," proclaims Karen Dorway, president of the research firm.

"Through unwavering commitment

to its customers and personal one-

to-one banking, Haskell National

Bank has distinguished itself from

the big banks and come out ahead

Haskell National Bank has been

dedicated to meeting the financial

needs of its customers since 1890

and operates two conveniently

located offices in Abilene and

of the pack."

top bank rating

Bank receives

Haskell National

BauerFinancial, Inc., the nation's leading independent bank rating and research firm, has announced that Haskell National Bank, Haskell, has been awarded its highest rating (5-Stars) for strength and stability. By achieving this rating for 58 consecutive quarters, there can be no dispute that Haskell National Bank is one of the safest banks in the country. Having earned this distinction for ten years or more, Haskell National Bank has earned a post in an even more exclusive Exceptional category of Performance Banks.

"It is always heartening to see a Haskell.

Happy Thanksgiving!



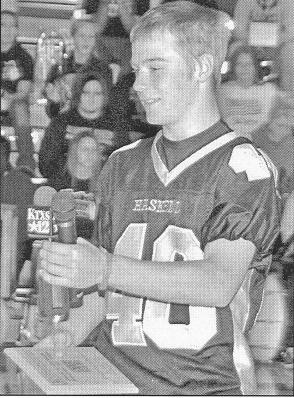
- 1. Clip out the ads, fill in your name, address and telephone number.
- Deposit each ad in the box each week at the business listed on the ad. (All entries deposited in the wrong box will be disqualified.)
- Each store will award one FREE TURKEY you need not be present to win, no purchase is necessary. 4. Drawing will be held Friday, December 22, 2006,
- at noon. Anyone over 16 years of age is eligible to enter
- (except employees at participating stores and this newspaper.)



our selection of



The HASKELL FREE PRESS-Thursday, November 23, 2006-Page 7



PLAYER OF THE WEEK-Haskell Indian Travis Adams was named the Player of the Week by KTXS television station at the pep rally held Fri., Nov. 17 in Indian gym. Photo by Bill Bla

Indians lose to **Coleman Bluecats** in three overtimes

For many fans, who have never kicker!

witnessed a football game going into 3 overtimes, Friday night was a night to remember. The undefeated Haskell Indians

lost to the Coleman Bluecats 42 to 48. It was a thrilling, exciting football contest between two good teams. The only thing wrong, one will not be advancing to the next level of play.

Coleman scored once in the first quarter of play, and once in the second quarter. Haskell answered one of the challenges at the 3:17 mark of the second quarter when running back, Travis Adams hit paydirt on an 11-yard run. Gerrardo Torres added the extra point on a perfect kick. It was 14 to 7 at the intermission in favor of Coleman. By the end of the third quarter of play, the Indians held the lead at 21 to 14. Brown would score on a oneyard run, and running back Gregg Guzman would add another "touch" on a 13-yard run. Torres woul kick for PATs. The Bluecats would score on a 46-yard pass completion to tie the score at 21 all.

Rodriguez for the Indians put the Tribe ahead 28-21 on a 11-yard TD run at the 4:15 mark of the fourth and final quarter. On the ensuing kick off, Coleman ran it back 85 vards to tie the score at 28 apiece. Haskell's kicker, Torres added all of the extra points whenever Haskell scored. All total, Torres had 6 points via his kicking, a good night for a The completion was to Adams

The game was close, and the pressure was really on to maintain intensity by the players. The Indians would take the lead of 35 to 28, with only 1:04 to play.

Rodriquez would carry the mail to the end zone on a 21-yard run. Coleman, not be outdone, tied the game at 35 with only 15 seconds to play in regulation.

In the first overtime period, Coleman scored first, and added the extra point. Haskell came right back with a score when Brown got a 3yard TD run. Torres added one of his six points on top of the TD to send the game into its second overtime. Neither team could score in this overtime, so "bring on the third overtime.'

Coleman scored first, missed the 2 point conversion attempt. The Indians, behind 6 points, could not score in the third and final overtime, and brought their fine season to a close. Haskell finished the second year at 10-1. Congratulations go to the Coach Brad Brunson, his staff and the extra Indian team. You made us proud!

Haskell had 74 rushes for 436 vards. Brown had 180 yards on 26 carries and 2 TDs. Adams had 23 rushes for 78 yards and one TD. Guzman had 49 yards on 8 carries and one TD, and Rodriguez had 17 carries for 129 yards and 2 TDs. OB Brown was one for one in the passing department, for 11 yards.

Wash your hands At work, school or home, it's a However, they could indicate the



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iungle out there.

Surfaces where the most germs and bacteria are expected-like toilets and door handles-have less because they are disinfected and cleaned regularly. At the same time, other surfaces -like water fountains. telephones and desks-are often overlooked and acquire more microorganisms.

But, people are the biggest culprit.

"Most contagious germs are transmitted between people, not from computer keyboards or doorknobs," said Philip Cain, M.D., associate professor of internal medicine in the Texas A&M Health Science Center College of Medicine and associate chairman in the Department of Medicine and vice chair for Clinical Affairs at Scott & White Hospital in Temple.

"Germs usually survive better in a warm, moist environment. You can culture bacteria off almost any object-especially in an area like a hospital where they are concentrated. Even physicians' ties have been shown to have a high bacteria count.'

Of course, not all germs are bad. immunizations up to date.'

the common cold and flu, or even serious foodborne illnesses such as E. coli and Salmonella.

The U.S. Centers for Disease Control and Prevention estimate 164 million days of school are lost each year due to illness. And, a 2002 study in the Journal of Occupational & Environmental Medicine by Applied Health Outcomes and the Tufts University School of Medicine showed the economic cost of lost productivity due to the common cold was nearly \$25 billion.

These figures can be cut significantly with frequent, thorough handwashing. Also, be careful in crowded public spaces. especially the elderly and those with certain diseases like asthma and emphysema that make them more susceptible to infections, Dr. Cain said.

"People who have respiratory infections like colds and flu should take precautions not to expose other people as much as possible," Dr. Cain said. "People should also have flu shots and keep their Page 8-Thursday, November 23, 2006-The HASKELL FREE PRESS



LITTLE MISS SNOWFLAKE Madilyn Grace Moore

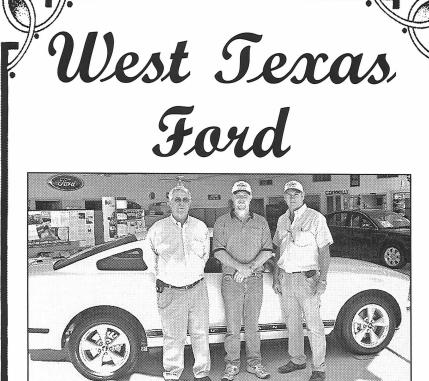
Thanks!

The Committee to Help Haskell County would like to thank The Carousel, Santa Rosa Communications, Federal Land Bank, Bailey Toliver Chevrolet, Classic Cuts, Movie Gallery, The Doll House, Sharon's Rag Doll, Penman's Farm Supply, Sonic, The Drug Store, Star Stop, The Hair Place, Richardson's TrueValue, Personality Slipper Shoppe, City Grocery, Delight Jones, The Art Stall, Hers Steak House, First National Bank, Rolling Plains Correctional Facility, Haskell C.I.S.D. and Rochester Jr. High for all their donations that made the Miss Merry Christmas pageant possible.

Winners of the Second Annual **Miss Merry** Christmas Pageant

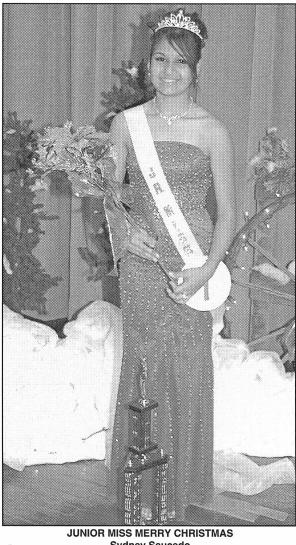


LITTLE MISS MERRY CHRISTMAS Adaline Utley





YOUNG MISS MERRY CHRISTMAS Lucy Carmichael



Sydney Saucedo



Work opportunities abound during holiday season

As businesses brace for heightened holiday sales, job seekers can benefit by gaining valuable temporary employment experience and earning extra cash.

As work opportunities abound, employers, particularly in retail, are hiring additional workers to prepare for the increased holiday traffic. Between the months of September and December 2005, nearly 98,700 job seekers joined the Texas workforce.

"Seasonal hiring over the holidays helps an entire community prosper," said Texas Workforce Commission (TWC) Chair, Diane Rath. "Employers broaden their businesses, workers gain valuable job experience and extra income. and communities benefit from the burst in consumer spending.'

Temporary workers typically find seasonal work in industries such as retail trade, wholesale trade, transportation, financial activities, and professional and business services. The last holiday season indicated a significant rise in the number of people employed across

One of the most difficult

Recent studies indicate the

questions families face is finding

good nursing home care for their

quality of care in nursing homes

actually may be getting worse, not

better. Charles Phillips, Ph.D.,

M.P.H., a professor at the Texas

A&M Health Science Center School

of Rural Public Health, just worked

on a Consumer Reports analysis of

is available in Texas, but, as in any

other state, it is often difficult to

find," Dr. Phillips said. "Choosing

a nursing home is something that

should be done over a period of

weeks. Unfortunately, weeks are

one is not receiving the care that he

or she should, remember that you

do have options," he continued. "If

"If you conclude that your loved

often not really available."

"Good quality nursing home care

16,000 U.S. nursing homes.

loved ones.

the state compared to reporting periods at other times during the year

"With sales picking up during the holidays, employers can help accommodate the larger workload by boosting the size of their workforces," said TWC Commissioner Representing Employers, Ron Lehman. "This season provides a tremendous opportunity for employers to expand their businesses.'

Among the most widely used resources that address the workforce demand is WorkInTexas.com a powerful Web-based tool that matches employers from a variety of business sizes with full-time and part-time personnel. Career resources, including information about résumé preparation, job interview tips and current employment data also are offered on the Web site.

"Seasonal employment provides a great opportunity for job seekers to secure jobs that may be more difficult to find at other times of the year," said TWC Commissioner Representing Labor, Ronny

hoosing good nursing home care

your concerns, then find another,

better home. Do not be discouraged

and think that all homes are bad or

that all homes are alike. You can find

In evaluating nursing home care.

Check the Consumer Reports

which has state-by-state findings, at

http://www.consumerreports.org/

nursinghomes. Check on ownership,

as independent, nonprofit facilities

may be better than for-profit chains.

Ask to read each nursing home's

most recent Form 2567-the

facility's state inspection survey-

and if it won't allow you, be

and see how many residents are still

in bed when they should be up and

about. Residents also should be

dressed in street clothes, as those

Visit around 9:30 a.m. or 10 a.m.

Dr. Phillips and his colleagues

good care.'

concerned.

suggest several steps:

Congleton. "Whether a job seeker's goal is to gain skills to find future full-time employment or to earn extra cash, seasonal work fulfills both objectives and contributes to the state's economy."

Employers and their workers should be aware of specific laws associated with seasonal staffing and temporary work. They include:

•Temporary employees are subject to the same laws as regular full- or part-time employees. Even if a worker's job is scheduled to end at a specific time, temporary staff members are not contract labor. They are entitled to the same protections under the law as regular employees.

•The Texas Payday Law requires that both temporary and regular employees receive their wages in full and in a timely manner. Employers cannot withhold any amount of a paycheck without prior written authorization from the employee, or unless authorized by state or federal law, or by court order. Additionally, current minimum wage laws apply to wages earned.

pajamas and nightgowns could

local long-term care ombudsman, a

government official who knows

about local nursing homes and can

be found through your Area Agency

Finally, remember that after

someone is in a nursing home,

frequent visits and frequent

discussions with staff about a

resident help assure that the resident

receives the care he or she needs, Dr.

of residents

on Aging.

Phillips said.

Alltel Reta

Abilene 4149 Southwes (325) 437-0800

Breckenridge 3732 W. Walke (254) 559-3664

For Business

•Employers must pay Unemployment Insurance taxes on their temporary employees. The wages earned must be reported and are subject to taxes. This law applies even though a temporary employee knows from the outset that the job will end at a set time, and the

employee doesn't plan to seek another job after that assignment has ended.

Although we're still months away from the April 15th tax deadline, here are some tips to help you avoid the last minute heartburn of tax filing season.

Itemized Deductions. Some people automatically take the standardized deduction and overlook some itemized deductions that could save them money.

For example, if you're between jobs, it would be advisable to save receipts relating to looking for a new job, such as phone bills, resume expenses and travel expenses.

so be sure you deduct taxes paid through a mortgage escrow account. And if you recently purchased a house, look at your settlement statement for any taxes for which you reimbursed the seller at the

expenses.

from the previous year in front of you when you're preparing your taxes.

your withholding allowances at least every couple of years. IRS controls how many allowances vou can have. but judging from all the taxpayers who receive refunds each year, most taxpayers claim too few deductions rather than too many. If you see it as a way of saving money, there are better ways to accomplish that goal and earn interest on the money. Uncle Sam doesn't pay interest.

A home equity loan may offer

you great tax savings opportunities. Home equity lines of credit have become popular with millions of homeowners. These loans are secured by your home and often carry lower interest rates than unsecured borrowing, plus you are still able to deduct the interest on your taxes. However, be aware that by securing such a loan with your home, you risk losing your home should you be unable to repay the

•Federal and Texas child labor

laws ensure that children are not

employed in an occupation or

manner that is detrimental to their

safety, health or well-being. Any

individual under 18 years of age is

defined as a child. Youths age 16 and

17 may perform any job not declared

hazardous by the U.S. Department

of Labor (DOL) for unlimited hours.

Youths age 14 and 15 may work

There is a tax withholding rule that applies to lump sum payments from company retirement plans. Whether you receive a lump sum payment when you retire, quit or are laid off, your employer is required to withhold 20% in taxes. This is true even if you intend to roll the money over into an IRA or another pension plan within the allowed 60 days. In order to avoid

Plan now for April 15 deadline the withholding trap, simply have your employer roll the funds into an IRA. They will handle the transfer and you will not have to

outside school hours in various

nonmanufacturing, nonmining,

nonhazardous jobs under the

following conditions: no more than

three hours on a school day, 18 hours

in a school week, eight hours on a

nonschool day or 40 hours in a

nonschool week. Except during the

summer, 14- and 15-year-old

employees may not begin work

before 7 a.m. or work after 7 p.m.

pay taxes. There are many itemized deductions that may apply to you including: child tax credit, college student and family, loans to family members, income in respect to death of family member, repairs on rental property, stocks and bonds, and your 401K. Also, remember to save all of your receipts from charitable and church donations for additional income tax credit when preparing your return.

If you have any questions about possible deductions, it is best to check with a tax or financial planning advisor to make sure you get the most allowable deductions possible.

Region 14 offers certification for math and science teachers

Applications for the Region 14 Education Service Center's 2007-08 Alternative Certification Program for math and science teachers will be accepted until Feb. 16.

The program allows college graduates wanting to be math and/ or science teachers to earn certification as they train and teach full time, serving as interns with mentor teachers in area school districts. Participants complete training in the spring and summer prior to entering the classroom. During the internship year, training is continued.

Applicants are selected from those meeting who have received a bachelor's degree from an accredited institution of higher education.

Additional admission requirements may be obtained by contacting John Stevens at 325-675-8603 or Janice Hill at 325-675-8605.

Bathrooms are a haven for cold and flu viruses

facility staff are not responsive to remaining in bed or chairs in

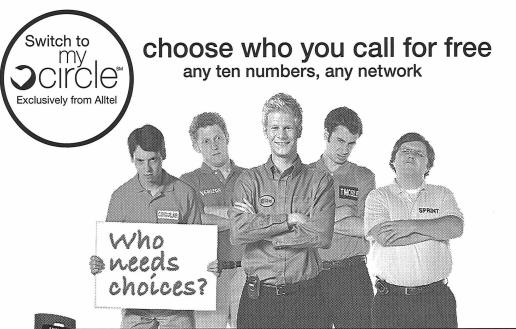
Viruses, including the cold and flu, thrive in a moist environment and can spread through physical contact. That makes it important not to share anything that touches the mouth, such as toothbrushes, cups and tissues.

Because viruses can live in little drops of water, the bathroom can easily become a breeding ground. Shared toothbrush holders can cause cross-contamination, meaning viruses can spread if brushes touch.

Dentists at the Texas A&M Health Science Center Baylor College of Dentistry recommend storing toothbrushes separately and throwing out toothbrushes after becoming ill.

For routine cleaning, toothbrushes can be washed in the dishwasher or soaked in an antiseptic mouthwash like Listerine. This removes saliva, blood and bacteria left on the toothbrush, even after rinsing with tap water.

BCD-HSC dentists add it is important to spray bathroom countertops and sinks periodically with cleaners that contain chlorine bleach, which kills both viruses and bacteria. Also wash your hands frequently with antibacterial soap.



loan. Real estate taxes are deductible,

indicate too few staff for the number closing-these are deductible. Visit the home unannounced and You can also deduct the software at different times of the day, with at expenses and tax preparation least one visit at mealtime. Watch expenses as miscellaneous itemized staff-resident interactions, as all staff should recognize the dignity of

Always have your tax returns residents and the fact the facility is Nursing Home Quality Monitor, their home. Talk to the top administrator and ask about toplevel staff turnover. Check with your

It would be a good idea to review



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ge ker St. 34 s & Governm e	Haskell 10 Ave. D N. (940) 864-8585 ent Accounts call 1-877	Sweetwater 1418 Hailey St., Ste. C (325) 235-0300 -BIZ-CNTR or visit alltelbusi	ness.com	Trio Wireless 4310 Bufflalo Gap, #K1110 (325) 692-5195	Aspermont Trinity Cellular 612 E. Broadway (940) 989-2543	Proud Sponsor of: ——	AP.
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Federal, state 911 service is 911 service is available). These additional fees may not be taxes or government-required cnarges care suprect to channess. In protect channess or not the stare atom can all lines on the primary account. Not available on propering diplans. Customer may not designate own wireless or voice mail number, Directory Assistance or 900 number the ten available humbers. Calls must begin & end in your plan's calling area. Designated numbers must be within the US. Program may be discontinued at the discretion of Allkel. Phone Promotions: Phones available at to new customers & disglibe existing customers. Customer may be discontinued at the discretion of Allkel. Phone Promotions: Phones available at to new customers & disglibe existing customers. Customer may be compatible within the US. Program may be descontinued at the discretion of Allkel. Phone Promotions: Phones available rol line stating within your line and pain required. Contact Allet to determine if you are eligible. Phone Stating the rebust available for a line date time, while supplice activation of a qualifying rate plan. Limit trebate per qualifying purchase. Phones cannot be returned once mail-in rebate certificates have been submitted. Customer pays applicable taxes. See rebate certificate of redatial Wireless Technology. The Bluechology. The Bluechology. The Bluechology. The Bluechology. The Bluechology. The Bluechology. The Bluechology and plants. Customer pays applicable taxes. See rebate certificates or all the responsible for compatibility with devices available at a particular taxes. See rebate certificates resultable at a sprece volument and and the responsible for compatibility with devices available at a sprece date and the responsible for compatibility with devices available at a particular taxes. See rebate certificates are sublated at the compatibility with devices available at a sprece or allet activation fee applies per line. 3000 early termination fee may apply per line. Offers are sublated at the compatibility with devices available at the ac

Rule School releases honor rolls

Rule Schools has announced the honor roll for the second six weeks. Those listed are:

1st grade: A honor roll: Alexandrea Martinez, Christina Moore, Alexandra Roberts and Thomas Short.

2nd grade: A honor roll: Hunter Threet; A-B honor roll: Alysia Hollabaugh, Ian Mauro, Abel

Sandoval and America Shelton. 3rd grade: A honor roll: Kade Lowak, Haley Macias and Cody Percell; A-B honor roll: Gabriel Baiza, Kylie DeVille, Sarah

Campbell and Samantha Lewis. 4th grade: A-B honor roll: Jonathan Arrieta, Jonah Caddell and

Ryan Pace. 5th grade: A-B honor roll: honor roll: Samantha Benavides,

Honor rolls released by Paint Creek School honor roll: Katie Bosnjak and Daren

Conn

Paint Creek ISD has announced the honor roll for the second six weeks. Those listed are:

1st grade: A honor roll: Cheyenne Elias, Bayden Graham, Alex Martinez, Devery Reed, Clayton Richardson and Caleb White. A-B honor roll: Breanna Bruce, Xaviar Bruce, Audrey Cochran and Amber

To subscribe, Call 940-864-2686

2nd grade: A honor roll: Catherine Lemond and Samantha Martinez. 4th grade: A-B honor roll: Si

Exum. 5th grade: A honor roll: Shawn Myers and Chris Richardson; A-B honor roll: Ben Groves, Kadie McCord and Caitlin Medford.

Stephens. 6th grade: A honor roll: Katie Jones. A-B honor roll: Cheyenne McCord; A-B honor roll: Jessica Buerger, Blake Edwards, Krista Blackburn, Miranda Powell and Powell and Charitie Winterstein. Rusty Rogers. 7th grade: A honor roll: Katrina

Buerger, Addie Exum, Caleb Kristen Barr, Malinda Brueggeman, McCord and Haley Myers; A-B Cassidy Cooper and Paula Isbell.

Shalisse Vanderbilt. 6th grade: A honor roll: Josh Ouintero. A-B honor roll: Celeste Victoria Benavides, Lorena Diaz,

Rebecca Foreman and Charlie

Thomison.

Wilson.

Wigley.

Caddell, Travis Cox, Daniel Turner and Darryl Williams. 8th grade: A honor roll: Jenny Dudensing and Allison Petty; A-B

8th grade: A honor roll: Shana

10th grade: A honor roll: Taylor

11th grade: A honor roll: Kailey

12th grade: A-B honor roll:

Armstrong and Curtis Bishop; A-B

honor roll: Josh White and Briana

Exum and Caleb Whitfield; A-B

honor roll: Ariel Blair and Lacey

Joseph Turner. 10th grade: A honor roll: Molly

Dudensing, Andrew Hertel, Morgan Lisle and Kelsie Miller; A-B honor roll: Steven Anderson, Tate Clark, Marty Hall, Adam Hollingsworth, Chris Salinas and Rance Sorley.

Cody Reece, Brittany Roberts,

Shelby Starr, Donna Thomas and

Nick Johnson, kate Rowan and

9th grade: A-B honor roll:

11th grade: A honor roll: Shawna Favor, Stephen Pace, Kiel Rowan and Jay T. Spitzer; A-B honor roll: Jessie Magallon, Lauren Messenger, Callie Papasan, Kyle Simpson, James Wolfe, Kyna Scheets and Adam Vasquez.

12th grade: A honor roll: Mason Bishop, Brittnee Brannan, D.J. Hall, Kade Kittley, Kortney Kupatt, Kendra Scheets and Mathew Turner. A-B honor roll: Brady Baitz, Tye Clark, Taylor Falkner, Austin Flores, Cory Flores, Will Kittley, Julian Menchaca, A.J. Rogers and Kimberly Williams.

Haskell School Menu

Nov. 27-Dec. 1 Breakfast Juice and milk are served daily on the breakfast menu. Monday: Breakfast pizza Tuesday: Funnel cake Wednesday: Cereal, strawberry

poptart Thursday: Cheese omelet, toast Friday: Sausage, biscuit, cheese Lunch

Milk and iced tea are served daily at the Secondary campus. Milk is served daily at the Elementary School. Secondary campus: choice of entree or baked potato with cheese and ham.

Monday: Steak fingers, gravy, mashed potatoes, mixed vegetables, hot roll, sliced peaches Tuesday: Tony's stuffed ham/ cheese sandwich, garden salad, baby carrots, assorted chips, pickle spear,

orange wedges Wednesday: Enchiladas, salsa, pinto beans, Spanish rice, garden salad, pineapple tidbits

Thursday: Pepperoni pizza, corn, raw broccoli with ranch dressing, banana pudding Friday: Chicken on a bun, lettuce,

tomato, pickles, french fries, homemade cookie

Paint Creek School Menu

ECC Calendar and Menu

Nov. 27-Dec. 1 Breakfast Juice and milk are served daily. Monday: Toast or cereal Tuesday: Biscuits, gravy Wednesday: Breakfast burritos

mashed potatoes, peas, rolls, chocolate cake Tuesday: Spaghetti, green beans,

salad, rolls, applesauce cake Wednesday: Tacos, refried beans, corn, salad, cookies

Thursday: Pork fried rice, salad, peas, lemon cake

Friday: Hamburgers, cheese, lettuce, tomatoes, onions, pickles, fries, jello with fruit

This Week's Devotional Message:



WE CAN ALL FIND GOOD REASONS TO GIVE OUR THANKS

Though fortune seems to pass you by, There's something that you can't deny: At times we all have things go wrong, But manage still to get along. If you can somehow pay each bill, And no one at your house is ill, And if your children get good grades And don't indulge in escapades,

And if you have just one good friend, In case misfortune should descend, Then you have blessings by the score, Of things you should be thankful for. Your house of worship will convey This message for Thanksgiving Day, So let us all, with one accord, Extend our thanks unto the Lord.

ATTEND CHURCH THIS SUNDAY -HASKELL-

East Side Baptist Church Danny Manross, pastor Sun. 9:45 a.m., 11 a.m., 6 p.; Wed. 7 p.m. 600 N. 1st East, Haskell **Christian Church** Richard Barr, minister Sun. Morn. 9:45 a.m., 10:45 a.m.; Thurs. 7 p.m. 107 N. Ave. F, Haskell Church of God Bruce Ray, pastor Sun. 10 a.m., 11 a.m., 6 p.m., Wed. 7:00 p.m. 714 North First East, Haskell **Trinity Lutheran Church** Ron Rennegarbe, pastor Sunday School 9:30 a.m., Worship 10:30 Hwy 380 East, Haskell Iglesia Bautista El Calvario Art Flores, Interim pastor Sun. Morn. 9:45 a., 10:45 a.m., 5 p.m.; Wed. 7 p.m. 607 S. 7th, Haskell First United Methodist Church Rev. Daniel Echols, pastor Sun. Morn. 9:45 a.m., 10:50 a.m. 6 p.m.; Wed. 6 p.m 201 N. Ave. F, Haskell First Assembly of God Rev. J.C. Amburn Sun. Morn. 9:45 a., 10:45 a.m., 6 p.m.; Wed. 7 p.m. 1500 N. Ave. E, Haskell St. George Catholic Church Father George Roney Sat. Mass 7 p.m.; Sun. Morn. 9:00 a.m. 901 N. 16th, Haskel Church of Christ Jim Yates, minister Sun. Morn. 9:30 a.m., 10:30 a.m., 6 p.m.; Wed. 7 p.m. 510 N. Ave. E, Haskell First Presbyterian Church Kelly Pigott, interim pastor Sun. Morn. 9:30 a.m. 306 N. Ave. E, Haskel **Trinity Baptist Church** Tony Grand, pastor Sun. Morn. 10 a., 11 a., 6:30 p.m.; Wed. 6 :30 p. 114 S. Ave. D, Haskell Hopewell Baptist Church Rev. Tom Collins, pastor Sun. Morn. 9:30 a.m., 11:00 a.m.; Wed. 7 p.m.

Greater Independent Baptist Church Sun. Morn. 9:30 a., 11:00 a., 6:30 p.; Wed. 7 p. 301 N. 3rd St., Haskell New Covenant Foursquare Bill and Renee Glass, pastors Sun. Morn. 10 a.m., 11 a.m., 6:30 p.m.; Wed, 7 p. 200 S. Ave. F, Haskel Mission Revival Center Rev. William Hodge Sun. Morn. 10 a.m., 11 a.m., 6 p.m.; Tues. 6 p.m. 1600 N. Ave. B, Haskell First Baptist Church Greg Gasaway, pastor Sun. Morn. 9:45 a., 10:55 a., 6 p.m.; Wed. 6:30 p.m. 301 N. Ave. E, Haskell Church in the Wind C.C. Curran, pastor Sun. fellowship 5 p.m. Church 5:30 p.m. Tues. Bible Class 7:30 p.m. 203 S. 1st East, Haskell Cornerstone Fellowship Baptist Church Dr. Larry Nail, pastor Sun. 9:30 a.m. 10:45 a.m., 6 p.m., Wed. 7 p.m. 1600 N. First St., Haskel -WEINERT-First Baptist Church Dan Bullock, pastor Sun. Morn. 10 a.m., 11 a.m., Wed. 7 p.m. Weinert Weinert Foursquare Church Rev. Robert Harrison Sun. Morn. 10 a.m., 11 a.m. Wed. 7 p.m. Weinert -ROCHESTER-Church of Christ Steve Wilis, minister Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 6 p.m. West on Main Street, Rochester First Baptist Church Fred Garvin, pastor Sun. 11:00 a.m., 6 p.m.; Wed. 6:00 p.m. 500 Main, Rochester Union Chapel Baptist Church

Clovis Dever Sun. Morn. 9:45 a., 10:45 a., 6 p.m.; Wed. 7 p.m. Rochester Faith Chapel of Rochester

First United Methodist Church Rev. Daniel Echols, pastor Sun. Morn. 9:00 a.m., 11:00 a.m. Rochester Sagerton Methodist Church Terry O'Rear, pastor Sun. Morn. 9:45 a.m. Sagerton Faith Lutheran Church Deborah Nissen, pastor Sun. Morn. 9:15 a.m., 10:30 a.m.; Wed. 7 p.m Sagerton -RULE-First Baptist Church Josh Stowe, pastor Sun. Morn. 9:45 a., 11:00 a., 5 p.m.; Wed. 7 p.m. 1001 Union Ave., Rule **Primitive Baptist Church** Dale Turner Jr., pastor First & Third Sundays 10 a.m. Corner of 8th & Robins, Rule Church of Christ John Greeson, minister Sun. Morn. 9:45 a., 10:40 a., 6 p.m.; Wed. 7 p.m. 811 Union, Rule First United Methodist Church Terry O'Rear, pastor Sun. Morn. Worship 8:30 a.m. 1000 Union Ave., Rule Primera Iglesia Bautista Alfa y Omegs Manuel Marin, pastor Sun. Morn. 10 a., 11:00 a., 5 p.m.; Wed. 6 p.m. 500 Elm Street, Rule Sweet Home Baptist Church Larry Neal, pastor Sun. Morn.11 a.m., 5 p.m.; Wed. 5 p.m. Gladstone Ave., Rule West Bethal Baptist Church Rev. Clovis Dever Sun. Morn. 10 a.., 11 a., 8 p.m.; Wed. 7:30 p.m. 300 Sunny Ave., Rule Paint Creek Baptist Church Sun. Morn. 10:00 a.m., 11:00 a.m., 6 p.m. Paint Creek -O'BRIEN-

Mon., Nov. 27 garden salad, onions, pickles, chips. Lunch-King ranch, buttered corn, green beans, onion slice, yeast rolls, strawberry cake, milk, tea, or coffee Wed., Nov. 29

hot sauce, peach cobbler, milk, tea, or coffee

Announcements begin at 11:45 a.m. Lunch-Enchiladas, Spanish rice, followed by lunch.

Home cooking fires peak on Thanksgiving Day

Americans prepare Thanksgiving meals, it is imperative that they keep safety in mind since cooking fires are more likely to occur on Thanksgiving than on any other day of the year. The incidence of home cooking fires is roughly three times the daily average on Thanksgiving. In 2004, cooking equipment was involved in 1,040 reported home structure fires on Thanksgiving which was three times the daily average that year.

National Fire Protection Association (NFPA) studies show cooking fires are the number one cause of home fires and home fire injuries. Hundreds of Americans are killed each year due to home cooking fires and thousands more are injured. Cooking fires also cause roughly half a billion dollars in direct property damage to the homes and the belongings inside.

It can be easy to get wrapped up in entertaining guests, but it is important to remember to stay in the kitchen and monitor meal preparation closely as most cooking fires start because cooking has been left unattended.

People may look to vary the traditional turkey entrée by using a turkey fryer, but due to the unique fire and injury hazards associated with this specific piece of equipment, NFPA recommends against their use. The deep-frying cooking process requires that up to five gallons of oil be heated before placing the turkey into the device. Tests have shown that a number of available turkey fryer devices are not sturdy and can easily tip over, allowing hot oil to spill, creating a serious risk of fire or scald burn from contact. There also have been reports of turkey fryers overheating, which can also lead to hot oil spilling or splattering outside the fryer, which is again a recipe for dangerous fires, serious injuries, and property loss. If having fried turkey is a must this Thanksgiving, NFPA

recommends that consumers turn to commercial sources where professionals will prepare their entrée with a safety and skill unlikely to be matched at home. Some supermarkets and restaurants accept orders for fried turkeys during the holiday season.

NFPA offers detailed information about home cooking fires, including advice for cooking safety, educational resources and the report entitled Home Cooking Fire Patterns and Trends at http://www. nfpa.org

NFPA offers these tips for safer cooking:

Stand by your pan •Stay in the kitchen when you are

frying, grilling, or broiling food. . If you must leave the kitchen for

even a short period of time, turn off the stove.

•If you are simmering, baking, boiling or roasting food, check it regularly, remain in the home while food is cooking, and use a timer to remind you that the stove or oven is

•Keep in mind that you should avoid wearing loose clothing or dangling sleeves while cooking. Loose clothing can catch fire if it comes in contact with a gas flame or electric burner.

No kids allowed

 Keep kids away from cooking areas by enforcing a "kid-free zone"

Monday: Chicken strips, gravy,

Thursday: Pancakes Friday: Toast or cereal Lunch Milk is served daily.



of 3 feet (1 meter) around the stove.

•If you have young children, use the stove's back burners whenever possible, and turn pot handles inward to reduce the risk that pots with hot contents will be knocked over.

•Never hold a small child while cooking.

Keep it clean

•Keep anything that can catch fire-pot holders, oven mitts, wooden utensils, paper or plastic bags, food packaging, towels or curtains-away from your stove top.

•Clean up food and grease from burners and the stovetop.

City Storm Warning Siren Testing Fridays at noon



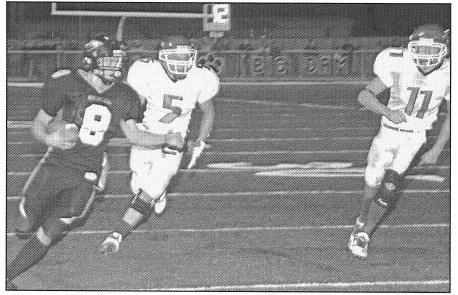
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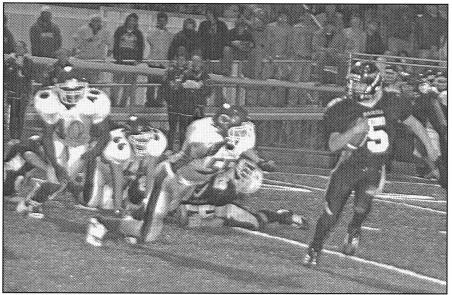
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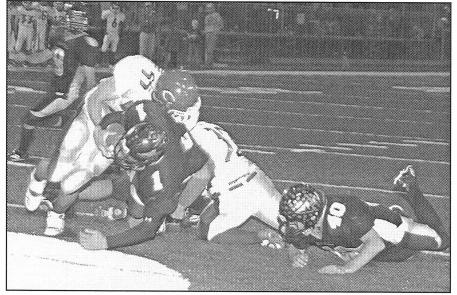
Indians in action against Coleman Bluecats



FINAL QUARTER SCORING-Justin Rodriquez, #8, carries the ball on a 21-yard run to put the Indians ahead 28 to 21 at the 4:17 mark of the fourth quarter in the bi-district game with the Coleman Bluecats, Fri., Nov. 17. The game ended after 3 overtimes. Photo by Bill Blankenship



CARRYING IN A CLOSE ONE-Adding another touch down, Gregg Guzman, #5, scores for the Indians on a 13-yard run in the third quarter of play in the game with the Coleman Bluecats, which ended after 3 overtimes with Coleman ahead 48 to 42.



MAKING INDIAN YARDAGE-Haskell Indian, Matt Brown, #1, who had 180 yards on 26 carries ADAMS ANSWERS CHALLENGE-Haskell's Travis Adams hits paydirt on an 11-yard run, after and two touch downs, scores on a 3-yard run in the first of three overtimes in the game with the Coleman Bluecats, Fri., Nov. 17. Photo by Bill Blankenship



Coleman scored once in the first and second quarters of the bi-district game. Adams had 23 rushes for 78 yards and one TD in the game. Photo by Bill Blankenship



