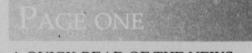


MULESHOE JOUKINAL

Volume 83, No. 12

Published Every Thursday at Muleshoe, Bailey County, Texas 79347



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A QUICK READ OF THE NEWS

Smokin' science project

School officials in Santa Cruz, Calif., are considering whether to yank a 13-year-old's science project because it examines medical uses for marijuana.

The junior high school student was allowed to present her "Mary Jane for Pain" project to classmates Thursday, but school officials later confiscated her props — including a marijuanalaced muffin and a spray bottle of potsteeped rubbing alcohol.

They returned the props to the girl's father, Joe Morris, rather than call law enforcement. Morris said Mission Hill Junior High officials gave initial clearance for the project and should have said something earlier if they objected.

90210 welcome wagon

Directions to Gucci in Japanese? Not a problem for Gregg Donovan. Nor is "Welcome to Beverly Hills" in dozens of other languages for the 42year-old, who has been hired as the first official greeter for the city of Beverly Hills, Calif.

"I'm waiting for the Dalai Lama to come to town so I can say it in Tibetan," said Donovan, who greets shoppers along Rodeo Drive and adjacent streets.

Clad in a red coachman coat from Sulka and sporting a Tiffany & Co. gold badge, Donovan looks the part. That's the point, say officials with the city's conference and visitors bureau. They hope Donovan will lure shoppers to some of the nation's ritziest stores, ending a slump that hit after Sept. 11.



Lady Mules run away with their own meet

By DELTON WILHITE Journal sportswriter

The Lady Mule track team dominated the competition in Friday's Muleshoe Relays by scoring 283 points. Olton placed second with 87, Littlefield had 73, Denver City scored 52, Dimmitt 42 and Friona 38.

Muleshoe had the meet well in hand by the time the field events were completed, with 79 points.

After the 3,200-meter run with Mitci

Baseball team swats Dimmitt for district win By DELTON WILHITE Journal sportswriter

The Mules evened their district record Friday by dumping the Dimmitt Bobcats 6-5 in the Mules' only home game in their first round of district.

Roddy Spradling proved that Coach Donnie Scott's early-season concerns about the senior right-hander's stamina might be unfounded.

Spradling gave the Mules a full seven innings on a cold and blustery day, and got stronger as the game progressed.

Spradling faced 29 batters, struck out seven, walked five and gave up five runs on six hits.

He also helped himself with his offense by ripping bookend stand-up doubles that collected three RBIs, including the final Mule run to finish off the Bobcats. Muleshoe had commitHawkins, Lilia Flores and Lindsey Wood finishing first, second and third with times of 14 minutes 4.14 seconds, 14:05.93 and 14:29.46, respectively, the Lady Mules had the meet locked up with 103 points.

Britni Gartin and Sara Benham set the pace for the Lady Mules by placing first in eight events they were entered. Gartin won the pole vault, 100-meter dash, 200meter dash and ran on the first place 400-meter relay team. Benham took the high jump, triple jump and ran on the first place 800- and 1,600-meter relay teams.

50¢

Jessica Carpenter placed first in the long jump, ran on the first-place 400- and 800meter relay teams and placed third in the triple jump and 200-meter dash

Annie Cox placed first in the 100-meter hurdles, ran on the first place 400-meter relay team and placed second in 300-meter

see TRACK on page 2

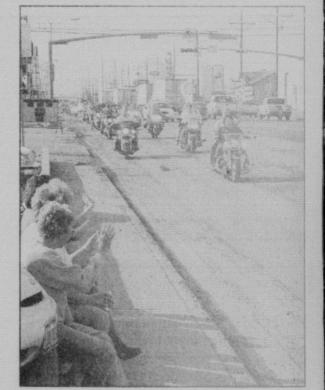


Three-year-old Gavin Petner shows his grandfather, Sandy Vandevender, how to sit on a bike.

Cycle rally brings 'em in

JOURNAL STAFF REPORT

Last weekend's motorcycle rally sponsored by the Muleshoe Roadriders drew participants in droves registering 236, according to Danny Dickerson, one of the organizers.





Drawing date: Saturday, March 23 Winning numbers: 3-13-15-16-32-34 Estimated jackpot: \$13 million Winners: 0 Next drawing: Wednesday, March 27 Estimated jackpot: \$16 million

On this date in history

March 26 — Gov. William P. Hobby signs the Primary Suffrage Bill, giving women the right to vote in Texas primary elections (1918).

March 27 — The Goliad Massacre occurs (1836).

March 28 — Fort Taylor is established at the site of present-day Brownsville (1846); the name was changed to Fort Brown on May 17, 1846, it was in March 1861 and then reocuppied in July 1865.

LOCAL WEATHER

As of Tuesday, the National Weather Service was predicting very mild weather through Monday. Thursday should be springlike, with a high of about 78 after a morning low of 40. Friday and Saturday should be cooler, about 68, with scattered showers Friday growing into thunderstorms Saturday. Expect Sunday to be reach about 66 before warming resumes.

Editor Ronn Smith can be reached at 272-4536 or ctyankee@fivearea.com

Missed your paper? Call carrier Yolanda Martínez at 272-4536 during business hours, 8:30 a.m.-5 p.m. ted three errors in the top half of the sixth and gave up four runs as the Bobcats took their first lead since scoring the first run of the game in the initial inning. Bryan King led off the Mules' half of the inning by stroking his second pitch into short center field for a single. Tyrel Gear collected an The club with the largest number of participants was the CMA Sonshine Riders from Lubbock.

The long-distance awards went to J.B. Alexander (male) of Wills Point, Texas, Nina Rose (female) of San Angelo and Ron and Cheryl Underwood (twoup) of Pampa.

Other results, as provided by Dickerson, included: •Oldest rider — Howard Meyers of Hewitt, Texas;

• Youngest rider — Trevor McKenzie of Amarillo;

• Hard-luck award — Bobby Allen of Seminole;

• Inside poker run — first, Craig Stewart of Abernathy; second, Gary Simpson of Amarillo;

 Outside poker run — first, Mary Hobgood of see RALLY on page 2

Journal photo: Beatrice Monr

Motorcyclists cruise West American Boulevard en masse on Saturday.

Combest addresses big crowd at Rotary meeting

JOURNAL STAFF REPORT

see WIN on page 3

U.S. Rep. Larry Combest addressed a full house Tuesday during the noon Rotary Club meeting in the Bailey County Coliseum meeting room.

Before getting to the serious topics of farm policy and the war on terrorism, Combest reminded the audience he has good memories of the meeting room because in 1983 that was the site of a candidate forum in the nine-person race that eventually sent him to Congress.

Combest said one reason he has pushed so hard for a new farm bill is that it became "blatantly obvioius that some things weren't working well" under the current program.

He pointed out that he and other members of the House Agriculture Committee held unprecedented hearings around the country, then held several months of hearings in see COMBEST on page 2



Journal photo: Marshall Stinnet

Rep. Larry Combest contrasts the Senate farm bill (stack on left) to his House farm bill, contained in one small booklet.

Mules capture boys' division of Mule Relays

By DELTON WILHITE Journal sportswriter

Mule track coach Joe Pat Wright had to wait for the final event of the day — the 1,600-meter relay — to know if the Mules would win their own track meet.

The team of Joseph Gonzales, Jesús Tovar, Kyle Atwood and Lincoln Riley claimed the race with a time of three minutes 37.79 seconds, Atwood scorching the field with a 49.6 split to give the Mules first place in the meet with 107 points.

Bovina and Littlefield tied for second with 100 points each; Lubbock Cooper had 94 points, Olton 79 and Dimmitt 44. Brennan Broyles took third in the high jump by clearing 5 feet, 8 inches. Rey Martínez was second in the discus with a toss of 114-3 1/2 and David Burciaga sixth with 110-6. Atwood also placed first in the 800-and 1,600-meter runs with times of 2:01.66 and 5:11.26 followed by Jordan Dale in sixth in the 800 with a 2:22.20.

Martínez was third in the shot put with a toss of 42-5 1/2 and Broyles pole-vaulted 12 feet to place first. Valentín Colunga placed fourth in the 3,200-meter run with a

see MULES on page 2

AROUND MULESHOE

Wills appointed to serve as sheriff

Richard Wills, who won the March 12 Republican primary for Bailey County sheriff, was appointed Monday to serve out the term of Sheriff Ron Kemp, who resigned effective April 1.

No time for Wills' swearing-in was immediately set.

Fine Arts Night To Shine scheduled

The annual Fine Arts Night To Shine is scheduled for 6 p.m. April 2 in the Kerry Moore Theater at Muleshoe High School. Tickets are \$3 for adults and \$1 for students.

The program will include the one-act play, a silent auction, the folklore dancers (in the cafeteria), concluding with the junior and senior high bands and the advanced high school choir. Proceeds go to the Fine Arts Boosters.

Lazbuddie team roping planned

The Lazbuddie High School senior class and CLT Roping Productions have scheduled their annual team roping for 1 p.m. April 7 at Dusty Rhodes Arena. There will be concessions on the grounds.

USTRC numbers will be used, but participants do not have to be current members.

Entry fee will be four for \$50 (No. 10 and No. 8); bring one, draw four, or draw all five partners.

More information is available by calling Thurman Myers at 272-3598.

Annual art show is April 1-2

The annual art show of the Muleshoe Art Association is scheduled for April 1-2 at Muleshoe State Bank.

The entry fee for non-members is \$10 per work, or the artist may join the association (\$20 dues) and pay the member entry fee of \$5 per work.

Cash awards are being offered in the following categories: oil, pastel, watercolor and miscellaneous (sculpture, woodcarving, pottery or china).

Best of show will receive \$100 from First Bank, and there will be a \$350 purchase award from Muleshoe State Bank (works not available for purchase award must be so labeled). Details are available from Mildred Williams at 272-3359.

Public calendar

March 28 — Deadline to turn in results in Friends of the Library's adult read-athon.

Also on March 28 — Muleshoe schools will dismiss an hour early for the Easter holidays, resuming the regular schedule on April 2.

March 30 — 7 p.m. "It Will Happen!" Easter program at First Assembly of God. Includes live animals, lightning and a re-enactment of Jesus being raised on the cross.

March 31 — 11 a.m. and 7 p.m. "It Will Happen!" Easter program at First Asembly of God. Includes live animals, lightning and a re-enactment of Jesus being

RALLY from page 1

N.M.;

Lubbock; second, Betty

Hisey of Amarillo; • Slow race — first, Lee Fox of Eunice, N.M.; second, Don Smith of Melrose,

• Muleshoe pitch — first driver, Kurt Sobiesienski of Alamogordo, N.M.; first passenger, Nadine Armijo of Clovis; second driver, Allen Pinkston of Melrose, N.M.; second passenger, Beatrice Martínez of Portales;

• Softball toss — first driver, David Hirsch of Canyon; first passenger, Connie Hirsch of Canyon; second driver, Allen Pinkston of Melrose, N.M.; second passenger, Beatrice Martínez of Portales;

• Light show - first, Israel McDonald of Anton; second, Terry Trujillo of Roswell, N.M.;

• Harley FLHT — first, Sidney Simmons of Lubbock; second, Bill Bolstad

COMBEST from page 1

Washington before deciding how to approach a new policy.

mittee required commodity groups to offer suggestions, not just criticism, and refused some presentations that didn't meet their requirements.

of Lubbock; · Harley FLHS and FLHR - first, Dave Marts of Muleshoe;

• Harley FLT — Mike and Cheryl Snow of Midland;

• Harley FLST — first, Don Smith of Melrose, N.M.; second, Joe Stroud of Muleshoe;

• Harley FX Big Twin first, Allen Pinkston of Melrose, N.M.; second, Wanda Clark of Amarillo;

• Harley FXR — first, Ronny Rogers of Amarillo; • Harley XLH — first, Randa Copley of Friona; second, José Pacheco of Lubbock:

• Harley Open --- R.W. Morris of Hart;

• Honda 1800s — first, Gary Baker of Clovis; • Honda 1500 — first,

Israel McDonald of Anton; second, Terry Trujillo of

Roswell, N.M.;

• Honda 1000 — first,

He called the Senate farm bill, passed Feb. 14, "an exercise in how not to make a law" and said it addresses many non-farm issues.

As for the Sept. 11 attack, he said, "I have predicted for years that an event would occur - obviously no one could have anticipated how it was done."

Wayne Morgan of Clovis; second, Dennis Smith of Amarillo;

• Honda 700 and up first, Kendall McDaniel of Clovis; second, Cory Campbell of Clovis;

• Honda 699 and up --first, Juan Pacheco of Earth:

• Kwasaki Voyager ---first, Chuy Cantu of Hereford; second, Jean Hardy of Perryton;

• Kawasaki 700 and up -- first, J.B. Alexander of Wills Point, Texas; second, Terry Orcutt of Amarillo;

 Kawasaki 699 and down-first, Shawn Bales of Hobbs, N.M.; second, Brandon Bales of Hobbs; • Yamaha Venture first, Clifford Berry of Shallowater;

· Yamaha 699 and down - first, Dawn Merriott of Muleshoe:

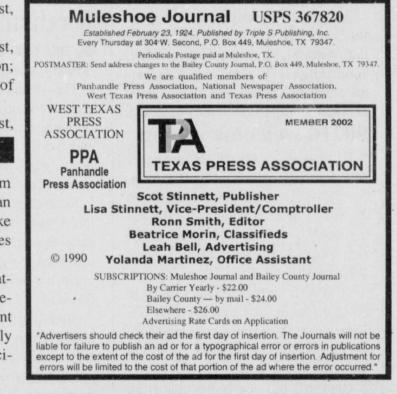
 Suzuki 700 and up — Brian Rudd of Muleshoe;

• BMW — first, Mike Denham of Las Cruces, N.M.; second, Joe Rudd of Lubbock;

• Bike and trailer — first, Curtis Bales of Hobbs, N.M.; second, Terry Ohlmann of Lubbock;

 Trikes — first, Mickey Merriott of Muleshoe;

 Antiques — first, Don Kneipp of Portales; second, Jim Moore of Portales.





He stressed that the com-

raised on the cross.

April 1, 2, 4 and 5 - 7 p.m. Ugandan missionary John Wakabi speaks in the Bailey County Coliseum meeting room as part of his Victory Crusade 2002.

TRACK

from page 1

hurdles and took third in the shot put.

Minerva Martínez placed second in the shot put with a toss of 31 feet 6 inches followed by Cox's 30-6 1/2 for third and Mylissa Thompson had a throw of 26-4 1/2. Shani Rasco's 90-3 was good for fifth place in the discus, and Thompson placed sixth with 90-3.

Jessica Carpenter jumped 15-9 1/2 for first place in the long jump; followed by Amber Cowart in second with a 15-2 1/2 and Tiffany Flores best jump was 13-1. In the triple jump Benham won with a leap of 32-10 1/ 2, Jessica Carpenter was third with 32-4, and Kayla Glover claimed fifth with 31-4.

Benham cleared 5-2 to win the high jump and Rasco took third with a 4-10. Gartin set a personal, meet and school record in the pole vault by clearing eight feet even. The firstplace 400-meter relay team of Jamie Carpenter, Cox, Jessica Carpenter and Gartin ran a 52.06.

Jodi Hawkins, Megan Barrett and Gradee Adrian place third, fourth and sixth in the 800-meter run with times of 2:51.27, 2:53.22 and 3:00.63.

Cox, Eva Pylant and Cowart were first, second and fourth in the 100-meter hurdles with times of 16.63, 17.11 and 17.67.

Gartin, Jamie Carpenter and Tiffany Flores took first, third and fourth in the 100-meter dash by finishing with times of 12.91, 13.34 and 13.64.

Jessica Carpenter, Glover, Jamie Carpenter and Benham took first in the 800-meter relay with a 1:54.70 and Glover and J. Hawkins placed third and fourth in the 400-meter run with times of 67.63 and 69.57 and Rasco recorded a 73.95.

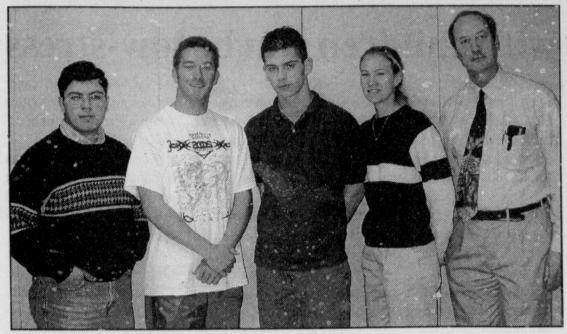
Pylant, Cox and Cowart grabbed the top three places in the 300-meter hurdles

MULES from page 1

time of 11:53.66. Gonzales, Fabian Fabela, Tovar and Riley were fourth in the 400-meter relay with a time of 46.08.

Riley and Tovar placed fourth and fifth in the 110meter high hurdles with times of 16.55 and 16.67.

Fabela and González were fourth and fifth in the 100-meter dash with times of 11:77 and 11:79.



Journal photo: Beatrice Morin

Competing in D.C.

Journal photo: Beatrice Mor

Members of the Muleshoe High School Science Bowl team (from left, Ricardo Aburto, A.J. Buhrman, Louis Simpson and Gradee Adrian, plus their sponsor, John Jones) recently learned that they will be competing in the national Science Bowl next month in Washington, D.C. The team won second at a Pantexsponsored event, but the winning team backed out on the trip to Washington, allowing Muleshoe to go.

Air, water resources focus of symposium

SPECIAL TO THE JOURNAL

AMARILLO — The importance of air and water resources in the Great Plains region is the emphasis of the 2002 Great Plains Foundation Symposium scheduled for April 1-3 in Amarillo.

The event takes place at the Texas A&M University Research and Extension Center, 6500 Amarillo Blvd. West. After an opening reception at 6 p.m. April 1, general sessions on Tuesday and Wednesday will begin by 8:30 a.m.

The Great Plains Foundation, established in 1994, was formed to promote and encourage sustainable communities that recognize the interdependence of humans, cultures, natural resources, wildlife and agriculture.

The symposium has been held for the past seven years, each year in a different state.

The conference brings to-

Plains Foundation at (620) o 227-5024.

Texas Rep. David Swinford of Dumas will welcome participants Monday evening at the Ambassador Hotel, where exhibits and student technical posters will be showcased.

The symposium will feature discussions and technical presentations on protecting and using the region's air and water resources.

Speakers will cover water conservation, air and groundwater quality assessment, irrigation, regulation of concentrated animal feed operations, wind energy, odor and dust management. Also included on the pro-

gram are tours of research facilities hosted by the USDA-ARS and Texas Agricultural Experiment Station officials at Bushland.

A luncheon keynote speaker, Jarrett Atkinson of the Panhandle Regional Planning Commission, will focus on groundwater level changes predicted for the Ogallala Aquifer in southwest Kansas, Oklahoma and the Texas Panhandle.

A proceedings document containing all technical papers will be published and available for purchase at a later date.

WIN from page 1

infield hit that moved King to second base, and he took third on the late throw to first. Jorge Mendoza went in to run for Gear, as Gear had banged up a knee in the able to track down and sack up for the final out for Dimmitt.

"I told D.J. (Domínguez) if he would get on, I would knock him in," Spradling said. "It was a good pitch to drive, and I didn't try to kill it—I just wanted to make contact. It felt really good." runs in the sixth inning. We could have folded right there — but the kids battled back to tie the game up."

Landon Kirby, Spradling's battery mate, Applicants also must be fingerprinted as part of a criminal-history background check to insure eligibility in the police academy.

South Plains to offer

summer police class

in

SPECIAL TO THE JOURNAL

Levelland will offer a

Summer 2002 Basic Po-

lice Academy from May

8 to Aug. 16 for people

who want to take the state

peace-officer licensing

Pre-registration is re-

The 576-hour course of

quired prior to April 15.

instruction meets require-

ments set by the Texas

Commission on Law En-

Standards and Education.

Texas laws and procedural

requirements, use of

force, human relations,

professionalism and eth-

ics, fitness and wellness,

strategies of defense, me-

chanics of arrest and other

Classes will meet from

7 a.m. to 7 p.m. Monday

through Friday in the SPC

Law Enforcement-Petro-

Total in-district tuition

A \$25 non-refundable

application fee is required.

Application packets can

be picked up from Patsy

Garner, departmental sec-

retary, in Room 102 of the

is \$916 and out of-district

Building, Room 115.

tuition is \$1,156.

same building.

Technology

The course covers

Officer

Plains

exam.

forcement

topics.

leum

LEVELLAND—South

College

The fingerprinting process must be completed prior to April 24.

Applicants with a GED also must have 12 college hours.

More information is available by contacting Larry Nichols, academy training coordinator, at (806) 894-9611, 2291 or 2342.





806-257-3306

has Bridal Selections for Angie Coker bride elect of

Seoff Haney

gether scientists, governmental officials and the public to help raise awareness of the region's ecosystem, said Jan Scoggins-Waite, symposium coordinator.

There is a \$60 registration fee; advanced registration is recommended.

Contact Scoggins-Waite at (620) 227-5024 or by email at gpf@dc5.starrtech.net. More information and registration details are available from the Great

top half of the inning.

Micah Ruthardt's sacrifice scored King and moved Mendoza to third to cut the Bobcat lead to 5-4. Juan Nuñez slapped a grounder that scored Mendoza and knotted the game at five runs apiece.

Spradling struck out the first Bobcat of the final inning, grabbed a comebacker and tossed it to Gear to sit down the second. With the count at 3-1, Spradling got the final Bobcat to hit a pop fly to shallow right field that Brandon Mount was Domínguez got on base by slapping a ground ball across the top of second base for a single, and Spradling spanked his second stand-up double of the day to score Domínguez from first base to give the Mules their first district win a district record of 1-1.

"Today was a character check for these kids," Scott said. "We were up 3-1 and then gave up four unearned

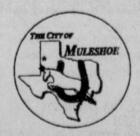
City of Muleshoe City Wide UNE

threw out Bobcats in the first and fourth inning as they attempted to steal second base. He also chased down a little dribbler in front of the plate and fired the ball to Gear for the second out of the third inning to shut down a Bobcat scoring threat.

Kirby contributed offensively with a single in the first inning that resulted in the Mules' first run to tie the game at one. In the fifth, he laced a double to right center that turned into the Mules' third run of the day.



SPRING CLEANUP APRIL 1st-5th, 2002 The City of Muleshoe will be performing a city wide spring cleanup campaign April 1-5, 2002. If you have items to be picked up, please place the items behind your fence in the alley prior to April 1, and the City will remove those items.



If you have questions, call City Hall at 272-4528.

ITEMS THAT WILL BE PICKED UP INCLUDE:

Brush & Yard Waste, Household Furniture & Appliances, Construction Materials

ITEMS THAT WILL NOT BE PICKED UP INCLUDE:

Batteries, Oil Filters, Paint Containers, Tires & Chemicals Page 4, Muleshoe Journal, Muleshoe, Texas, Thursday, March 28, 2002

NGAGEMENT



GORE-LARSON

Dr. Chris Larson and Stephanie Gore announce their approaching marriage. The prospective groom is the son of Margaret Larson and the late Ed Larson of Houston. The bride-elect is the daughter of Billy and Karen Gore of Sudan. She is a graduate of Sudan High School and attended West Texas A&M University. The prospective groom is a graduate of Robert E. Lee High School in Houston, Texas A&M University and the College of Veterinary Medicine. He is a veterinarian at Muleshoe Animal Clinic. The wedding is scheduled for April 23 at Ambergris Caye, Belize. The couple will live in Muleshoe.

ODAY'S RECIPE

FIESTA CHEESECAKE APPETIZER

2 pkgs. (8 oz. each) light cream cheese, softened 1 pkg. (1.25 oz.) taco seasoning mix 3 eggs 2 cups shredded Marble-**Jack cheese** 1 can (4 oz.) green chilies 1 cup light sour cream 1 cup salsa Place cream cheese and taco

seasoning mix in large bowl. Beat for 30 seconds or until fluffy.

Add eggs, one at a time, beating about 15 seconds after each addition. Stop and scrape bowl. Add cheese and green chilies; mix for 30 seconds.

Pour mixture into a greased 9inch springform pan. Bake at 350 degrees F for 40 minutes or until knife inserted near the center comes out clean.

Remove from heat and spread with sour cream. Return to oven and bake five minutes longer.

Cool 15 minutes; refrigerate three to eight hours.

Before serving, remove outer ring and spread top of cheesecake with salsa.

Serve with taco chips if desired.

Yield: 20 servings

A variety of homestead

Traveling with children can be low-stress

SPECIAL TO THE JOURNAL

DENTON — Anyone who's ever heard the words "Are we there yet?" resonate from the back seat knows traveling with children can be stressful.

But a little planning can make taking a spring break or summer vacation with the kids more enjoyable for everyone.

"If the children are going along, then the safest way to ensure that it's a positive experience for everyone is to plan ahead," said Dr. Karen Petty, assistant professor in family sciences at Texas Woman's University. Including children in the trip preparation process is the first step.

"By age 4, children can help pack their own things. That way they know exactly what was brought, where it is and that their favorites don't get left behind," Petty said.

Children's bags should be made of lightweight materials so the little ones can carry their own things, she added. Allow a child who wants to take "everything" to carry around the excess baggage before leaving home to demonstrate the importance of packing light.

"A 'travel pack' that includes their favorite toys and activities and even some surprises is an absolute must for traveling with any age child. A see-through backpack is an excellent choice for a container if traveling by plane, rail or car," Dr. Petty said.

Taking a variety of items will help keep children entertained.

Letting children keep track of the route is another way to keep them occupied,

public broadcasting station

KENW-TV from Eastern

New Mexico University in

Deborah Madison of

Santa Fe, representing the

California Artichoke Advi-

sory Board, will demonstrate

steaming artichokes and

share some interesting tid-

bits about this unusual

Joyce Drexler Benton

Harbor, Fla., representing

Sulky of America, will show

a vest that incorporates sev-

techniques using various

pes for kids, cooking with

peanuts, and preparing om-

elettes will be featured at

10:30 p.m. April 2 and 1

Information on easy reci-

surface

fabric

Sulky threads.

p.m. April 4.

Portales.

vegetable.

eral

REATIVE LIVING'

Dr. Petty added.

Older children can use a road map and crayons or markers to keep track of where they are. Parents can make a map with drawings of landmarks such as towns, lakes, forests and cows for children too young to read a real map.

Step three: Don't think driving at night when the children are asleep will make the trip easier. "Many of us have tried traveling during the night with children. But once we arrive,

the day begins with eager voices ready for activities when we're ready for bed," Petty said.

Keeping healthy snacks at hand and stopping to eat at normal meal times also will help children stay at their best.

"Remember, if you take children on a trip, make the trip for the kids," Dr. Petty added. "Children think everything is about them, so make it that way and it will be a more pleasant experience for everyone."

Gretchen Stephenson, Information on cooking home economist and spokesartichokes and designing person for the Texas Peanut wearable art will be featured Producers Board in Gorman. on "Creative Living" at 1 Texas, will discuss harvestp.m. April 2 and 3 p.m. April 6. (All times are Central.) ing, storing and cooking peanuts. "Creative Living" airs on

> Connie Cahill, representing the West Coast United Egg Producers of Folsom, Calif., will share some secrets to preparing omelettes at home.

> "Creative Living" is produced and hosted by Sheryl Borden of Portales.

The show is carried on more than 100 PBS stations in the United States, Canada, Guam and Puerto Rico and is distributed by Westlink of Albuquerque.

Viewers can request copies of materials offered on the show by sending a firstclass stamp for each handout requested, along with name, address and booklets requested, to "Creative Living" Requests, c/o KENW-TV, 52 Broadcast Center, Portales 88130.

G

The Family of Nettie Quesenberry would like to express our heartfelt thanks for all the prayers, calls, cards, flowers, visits and food during the illness and loss of our loved one. A special "thanks" to Dr. Kyle Sheets, Park View nursing home, Ellis Juneral Home and Muleshoe Primitive Baptist Church. We greatly appreciate the many acts of kindness shown to us. May God richly bless each of you. Eugene & To Quesenberry and family Bobby Quesenberry and family ack & Anna B. Bane and family Emil & Nadine Macha and fa

¡Varias exenciones de residencia pueden rebajar

KATHRYN A. HANCOCK

BITUARIES

Services were held Monday at Ellis Funeral Home Chapel for Kathryn A. Hancock, 90, of Muleshoe. Harry Riggs officiated. Burial was in Muleshoe Memorial Park.

Mrs. Hancock was born Feb. 15, 1912, in Pilot Point, Texas. She died Saturday at

Muleshoe Area Medical Center.

She married Travis S Hancock on Dec. 25, 1929, in Clovis. He

1983.

died Dec. 16, Hancock

She moved from Muleshoe to Bovina in 1983. She was a homemaker and had been a member of the Church of Christ since 1950.

Mrs. Hancock is survived by a son and daughter-inlaw, Glen E. and Carol Hancock of Fritch, Texas; two daughters and sons-inlaw, Jannie and Matt Moseley of Muleshoe and Jannette and Johnie St. Clair of Austin; three sisters, Skeeter Butler and Cotton Landers, both of Denton, and Mary Siedmann of Justin, Texas; eight grandchildren; 15 great-grandchildren; and three great-great-grandchil-

She was preceded in death by two sisters, five brothers and a grandson.

dren.

The family suggests memorials to Park View Nursing Home (1100 W. Avenue J, Muleshoe 79347) or Vista Care Family Hospice (4418 Olton Road, Plainview 79078).

ANNIE MAE STEVENS

Services were held Wednesday at French Mortuary in Albuquerque for Annie Mae Stevens, 86, of Albuquerque. Burial was in Sunset Memorial Park at Albuquerque.

Mrs. Stevens died Sunday. She graduated from. Amherst High School in 1934.

She had been the chief operator the telephone company and Muleshoe and was employed at Galles Motors in Albuquerque, where she had lived since 1939.

She was a longtime member of the Church of Christ and an avid sports fan.

Mrs. Stevens is survived by her husband, Dean Stevens; a daughter and sonin-law, Margaret Ann and Joe Carrillo of Trinidad, Colo.; a son and daughterin-law, Benny Dean and Ann Stevens of Mesa, Ariz.; a brother and sister-in-law, Loyd and Dorothy Franklin of Clovis; a sister, Violet Hennington; two granddaughters, Keira Huckeby and Jill Mehrer; and three step-grandchildren, Larry Carrillo, Greg Carrillo and Peggy Fason.

In lieu of flowers, the family suggests memorials to Albuquerque Christian Children's Home (5700 Winter Haven Road NW, Albuquerque 87120).

exemptions could lower your property taxes!

A homestead exemption lowers the property taxes on your home by lowering its taxable value. If your home is valued at \$50,000 and you receive a \$15,000 homestead exemption, your home will be taxed as if it were worth \$35,000.

Who gualifies for an exemption?

Anyone who owned a home on January 1 (and used it as a primary residence on that date) is entitled to a \$15,000 homestead exemption to lower school taxes this year...and it doesn't matter if your home is a house, condominium or mobile home. (Counties, cities and special taxing districts may also offer homestead exemptions.)

Are there other exemptions available?

If you're disabled-or if you're 65 years old or older-you are entitled to an additional \$10,000 school tax exemption on your home. And if you qualify for the over-65 exemption, you're also entitled to a permanent, locked-in "ceiling" on the school property taxes on your home. (The ceiling does not apply to county or city property taxes, and those entities may offer other exemptions.) The over-65 homeowner's exemptions and school tax ceiling transfers to the surviving spouse, if the spouse is 55 years of age or older at the time of death and lives in and owns the home. Over-65 homeowners also may transfer the percentage of school tax paid, based on their former home's over-65 school tax ceiling, to a new home.

Do I have a apply each year?

No. If you had a homestead exemption on your home in 2001. you won't need to reapply for 2002 unless your chief appraiser requires it. However, if you haven't received an exemption on your present home-or if you've moved to a new home-you'll need to file for an exemption for 2002. If you are 65 this year, you may file for the over-65 exemption up to one year after the date you turned 65. And if you became disabled during 2001, you need to file for the disabled person's exemption.

When and where should I file?

File applications by April 30 at your appraisal district office. If you need more time, contact us at:

BAILEY CENTRAL APPRAISAL DISTRICT 302 Main St., Muleshoe, TX 79347 • 806-272-5501

For more information stop by your appraisal district and pick up

"Texas Property Taxes: Taxpayers' Rights, Remedies & Responsibilities" Or contact **Comptroller's Property Tax Division** P.O. Box 13528 Austin, TX 78711-3528

sus impuestos de propiedad!

Una exención de residencia reduce sus impuestos de propiedad. Por ejemplo, si su residencia tiene un valor de \$50,000 y Ud. recibe una exención de \$15,000, sus impuestos se calcularán como si el valor de su residencia fuera \$35,000.

¿Quién califica para una exención? Cualquier dueño de una residencia principal el día 1 de enero tiene

derecho a una exención de residencia de \$15,000 este año para rebajar sus impuestos escolares ... y no importa si la residencia es casa, condominio o casa móvil. (Los condados, municipios y distritos especiales de impuestos tambien pueden ofrecer exenciones de residencia.)

¿Hay otras exenciónes?

Si Ud. es incapacitado-o si tiene 65 años o más-tiene derecho a una exención adicional de \$10,000 en sus impuestos escolares de propiedad. Y si Ud. califica para la exención para los que ya cumplieron 65 años, tambien tiene derecho a un "cielo máximo" permanente en sus impuestos escolares de residencia. (El cielo máximo no tiene que ver con impuestos de propiedad de los condados o municipios, y esas entidades pueden ofrecer otras exenciones.) La exención para los que ya cumplieron 65 años y el cielo máximo se pueden transferir al esposo/esposa sobreviviente si el o ella tiene 55 ó más años de edad y es dueño/dueña de la casa en donde vive. Tambien el dueño de una casa nueva que tiene más de 65 años puede transladar un porcentaje de cielo máximo del los impuestos escolares que le tocaron en su domicilio vieja.

¿Debo solicitarla cada año?

No. Si Ud. recibió una exención de residencia en 2001, no hay necesidad de solicitarla de nuevo en 2002-al menos que se lo pida su jefe de valoraciones. Sin embargo, si no has recibido un exención en su residencia actual-o si ha cambiado de domicilio tendrá que solicitar una exención para 2002. Si Ud. cumplirá los 65 años durante este año, tiene hasta un año de esa fecha para solicitar una nueva exención. Y si cumplió los 65 años o resultó incapacitado en 2001, tendrá que solicitar las exenciónes adicionales.

¿Donde y cuando debo solicitar mis exenciónes?

Su solicitud debe llegar en su oficina local del distrito de valoraciones antes del día 30 de abril. Si necesita más tiempo, favor de ponerse en contacto con nosotros antes:

BAILEY CENTRAL APPRAISAL DISTRICT 302 Main St., Muleshoe, TX 79347 • 806-272-5501

Si desea mas información, visítenos y obtenga una copia gratis de "Impuestos Sobre la Propiedad en Texas: Derechos, Recursos y Responsabilidades del Contribuyente de Impuestos" ó escriba a **Comptroller's Property Tax Division** P.O. Box 13528 Austin, TX 78711-3528

Muleshoe Journal, Muleshoe, Texas, Thursday, March 28, 2002, Page 5

Nature can still be cheated by a couple of weeks

By RONN SMITH Editor

For those (myself included) who still hope to start some seeds indoors for planting outside later this spring, I have a possible new method.

I have always recommended just buying a commercial potting soil if you aren't using peat plugs or something similar. This is to avoid damping-off disease, which tends to wipe out many seedlings.

While the bacteria that cause damping off are in soil, you might try this: Mix equal parts of compost and garden soil plus a "dash" of soft rock phosphate.

This is recommended in a letter from Peter Bray of Birmingham, Mich., published in the March/April issue of Organic Gardening.

This should certainly be cheaper than using all potting soil, but I do have one advisory: Bray says he uses an inexpensive fan to keep the air circulating over the seed containers.

It strikes me that if you keep a fan blowing on them all the time, it might take care of the damping off

BACKYARD

even you just plant in dirt. The poor air circulation is the main reason damping off is more of a problem indoors than outdoors.

"Damping off" is what causes tiny seedlings to shrivel from the ground up, and almost anyone who has started seeds indoors has observed it!

If you don't want to have to protect tender vegetable plants when you set them outdoors, here's a handydandy list of approximate safe dates.

This is not to say that you might not be able to plant them earlier and get away with it, but it's also not to say that a late cold snap won't get them even if you observe these dates.

· Brussels sprouts, cabbage, kale, lettuce and -spinach can go out now;

· Broccoli, cauliflower, parsley and Swiss chard — after April 6;

• Basil, cucumber (if the weather's warm) and tomato (if the weather's warm) — after April 27;

• Melons and squash after May 4; and

• Eggplant — after May 11.

If, however, you can'tresist the vegetable plants that are in the garden center now — even though you didn't plan ahead for early planting — you can still get a one-month jump on things without much trouble.

Gardening magazines are full of pictures of cloches, bell-shaped glass covers that form tiny greenhouses over plants.

You can make your own cloches, though, by cutting the bottoms off of plastic milk cartons. Just keep in mind that the halfgallon size will only be big enough while the plants are small — any leaves or stems that are touching plastic when it freezes are going down for the count.

Milk cartons have one big advantage for our unpredictable climate: If the day is expected to be warm and sunny, you can remove the screw-on cap to let the

heat escape, then screw it back on in the evening for frost protection the next morning.

By the same token, milk cartons have a big disadvantage in our climate: The wind will send them sailing to your neighbor's place if they aren't secured some way.

I have stabilized them before by piling dirt around the base of the milk carton, and this may be enough if your garden is sheltered somewhat.

You also can make a small, temporary cold frame by arranging a square or rectangle of bricks or cinderblocks, setting the plants within the enclosure, and putting a sheet of heavy plastic over it. (Visqueen is a good type to use, and it's often available at garden centers.)

You can secure the plastic by putting rocks or other objects atop the row of bricks; I prefer to have the plastic big enough so that it drapes all around the bricks onto the ground, and then I can lay another row of bricks on the plastic at ground-level to secure it. Just remember that with this method, it isn't so easy

to get into your planting for watering or weeding.

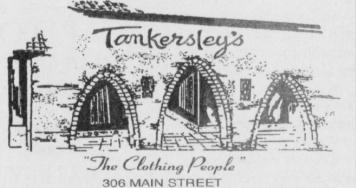
If moisture beads have a tendency to form on the plastic, you may need to prick a hole or two for ventilation.

Happy planting!

Questions and comments can be directed to Garden Writer, 571 County Road 1018, Muleshoe, Texas 79347, or e-mailed to ronnsmith@hotmail.com.



Preferred Customer Shopping Tuesday, March 26, 2002 • 9 am - 6 pm -Wednesday, March 27, 2002 • 9 am - 6 pm Thursday; March 28, 2002 • 9 am - 8 pm Friday, March 29, 2002 • 9 am - 6 pm Saturday, March 30, 2002 • 9 am - 6 pm 'In stock items only. Does not apply to prior layaways or special orders No layaways will be taken on sale items. Slight charge for alterations. Second suit is of equal or lesser value Not valid with any other offers.



CLOVIS

OUNTRY CLUB LADIES

The Muleshoe Country Club Ladies Association met March 20 for its monthly luncheon and business meeting.

President Jerie Flowers presided. Pat Kirk called the roll and read the minutes from the last meeting. Darlene Henry gave the treasurer's report.

Flowers wished happy March birthdays to Lynn Campbell, Judy Wilbanks, Sheryl Engelking and Claudine Elliott.

ing. A tournament is planned for the Breast Cancer Rally for Life in the future. All entry fees will go to the Rally for Life effort.

The annual date for this year's Jennyslippers Partnership Tournament will be announced next month.

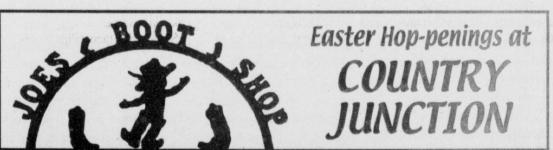
All golfers are urged to honor the 90-degree rule on the golf course. It is everyone's course and will benefit the fairways so much if it is enforced. Sheryl Engelking won the door prize.

Playday awards were given for March 13 - longest drive and No. 1 hole to Sheryl Engelking and Pat Kirk, respectively.

Those attending divided into teams and played a scramble. The winning team was Engelking, Elliott and Ronda Box:

Those attending the lun-

Jeanetta Precure and new member and guest, Ann McElroy.



Committee reports were presented.

Hi Plains Playdays will start in May, with Tulia host-

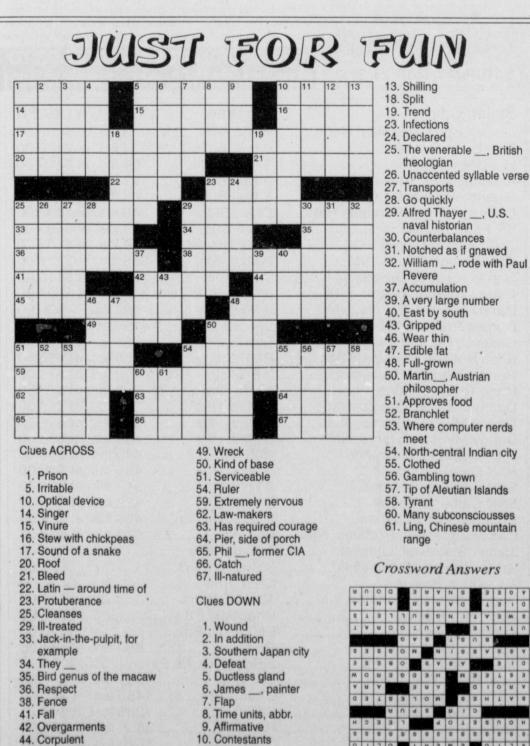
45. Killer

48. Nonvascular plants

cheon were Henry, Flowers, Elliott, Kirk, Box, Engelking, Deborah Noble, Helen Templeton, Laverne Winn, Dorothy St. Clair, Lynn Campbell, Jo Rempe, Anita Allgood, Neats Foster,

And Country Junction 2600 Mabry Drive (505) 763-3764 • 1-800-658-6378 • Open: Mon.-Fri. 9-6, Sat. 9-7 MST Clovis, NM





Different

12. Birthplace of Constantine

Page 6, Muleshoe Journal, Muleshoe, Texas, Thursday, March 28, 2002



Journal photo: Beatrice Morin

A historic haircut

Bernice Holdeman, here working on a hairdo for Alice Marrufo, has announced that she will close her Muleshoe shop after 54 years and move to Bridgeport, Texas, to work for her daughter. Holdeman said she attended beauty school in Amarillo before moving to Muleshoe in 1948, paying her way through school by working at Woolworth's during the day and attending school in the evenings.

Feds not the only ones cool to Roberts aid bill

By ROGER HALDENBY **Plains Cotton Growers**

In a March 22 article by Jerry Hagstrom, DTN political correspondent, it was stated the Bush administration did not sound enthusiastic about the agricultural emergency aid bill Sen. Pat Roberts, R-Kan., introduced.

Many High Plains cotton farmers also were less than enthusiastic, not over the content but over the source.

"Pat Roberts is the guy who gave us the 1996 FAIR Act," said one. "It's hard to feel grateful to someone for doing something for us that we wouldn't need if he hadn't got us into this mess in the first place."

Another said, "I'm glad to get the help, but his ideas in 1996 is why we're in this mess in the first place, and he stood in the way of making improvements with the 2002 bill. With Democratic help needed for emergency funds, why can't he keep his mouth shut and just get the job done without crying 'shame on them?' "

The major provisions are:

 Market Loss Assistance with payments equal to the 2000 AMTA payment level. According to the U.S. Department of Agriculture, that level for each crop was: wheat, 58.8 cents per bushel; corn, 33.4 cents/bu; sorghum, 40 cents/bu; barley, 25.1 cents/bu; cotton, 7.33 cents/lb; rice, \$2.60/ cwt; and oats, 2.8 cents/bu.

· Oilseed Payments -\$466 million for direct payments to producers. This should be a payment of about 14 cents/bu.

•Peanuts --- \$455.21 million for direct payments. • Honey — \$93 million

to provide recourse loans. • Wool and mohair -\$16.94 million in direct payments.

- · Cottonseed assistance
- \$93 million.

• Specialty crops — \$186 million to buy commodities.

• No less than \$55 mil-

lion for school-lunch pur- lion for direct payments. chases.

 Continuation of LDP eligibility for crops harvested on non-AMTA acres in 2002.

• LDP graze-out for wheat, barley and oats.

• Dairy — Extension of the dairy price-support program through Dec. 31.

• Pulse crops — \$20 million for direct payments.

• Tobacco — \$100 mil-

· CRP technical assistance - \$44 million in 2002.

• WRP - \$200 million to enroll more acres in 2002. • EQIP — \$300 million more.

· Farmland Protection Program — \$161 millior. more.

· Livestock Feed Assistance Program - \$500 million for 2001-02 losses.





Internet brings world to Texas student's doorstep

The Internet has opened up a world of opportunity, transcending geographic barriers to bring our globe closer together.

With the click of a mouse, Texas school children can communicate with students in Africa or Venezuela.

Face-to-face global business deals no longer require trans-Atlantic flights --- meetings can be conducted via video in conference rooms from points around the world. The same technological advancement that has entered the boardroom and the classroom has also found its way into the halls of Congress.

The Congress Online Project, funded by the Pew Charitable Trusts, recently reviewed the Web sites of all 535 House and Senate members, as well as 70 committee and leadership offices. The goal was to assess Capitol Hill websites and ultimately improve the public's access to quality online information. I was honored that we were one of only four in the Senate to receive the grade of "A." We have tried to create an easy-to-navigate, no-nonsense, user-friendly website. The Internet is a valuable tool that can bring together the 21 million residents of our great state and allow us to actively share information and ideas on an ongoing basis. In February, more than 12,700 people logged on to our "online office." My staff works hard to make sure that our website is updated to meet each visitor's needs. We've provided links to more than 50 government agencies to ensure Texans can get information on issues such as Social Security, immigration and health care. We have also put many of our constituent services including casework, intern programs and flag purchase requests online. By serving as a portal to the vast governmental resources available online, my hope is that Texans will become even more informed and well served by our government. After Sept. 11 and the anthrax attacks last fall, postal mail on Capitol Hill was discontinued until January. We are just now getting a trickle of letters dated in October and November.



gressional offices have had to work quickly to build websites to accommodate the increased online traffic. Fortunately, my office was prepared for the evolution. We had already been maximizing our website and encouraging Texans to head to the Internet for information and a

and during certain times we have received 3.000 to 5,000 in a single 24-hour period. We recently created a web form on the site that will help us more efficiently address your concerns. By filling out the requested information online, you can be sure that your request will be handled as quickly as possible. In the early days of Congress, communication between Washington, D.C. and the rest of the country took days, weeks and even months. Today's technol-

ogy allows photos, e-mails or

greeting cards to be transmitted to friends and family around the world in a matter of seconds. This same convenience allows me to more effectively communicate with you.

Our founding fathers envisioned a government that would be "of the people, by the people and for the people." Centuries later, the Internet is bringing us closer to that ideal.

With the click of a mouse, your government is at your fingertips working for you.

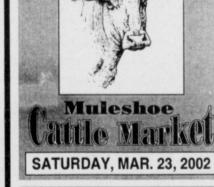
Please visit me online at hutchison.senate.gov

Since mail is still slowed by radiation processes, many con-

timely response to their requests.

Press releases, weekly columns, speeches and photographs are just a few of the items updated on a weekly basis.

Our offices receives an average of 1,000 e-mails each day,



REPRESENTATIVE SALES

1364 head of cattle, 197 hogs and 556 sheep and goats for a total of 2,117 animals were sold at the March 23rd sale. Market lower on almost all classes of cattle with close attention paid to quality. Stocker clfs. 2-450 lbs. steady to 2 dollars lower; 450-600 lbs. 2-4 lower; and feeder cattle 600 lbs. and up 3-4 lower. Pairs & Bred cows steady. Packer cows and Bulls also steady.

The Muleshoe Cattle Market is brought to you each week by Muleshoe Livestock Auction, located east of Muleshoe on U.S. 84. Muleshoe Livestock conducts sales every Saturday, beginning with hogs, sheep and goats at 10 a.m. and cattle following at approximately noon

FOR INFORMATION ON SALES OR TO **CONSIGN CATTLE, CALL (806) 272-4201**

Seller, City	# Type Wt. CWT or PH
Joner, Oity	. 7 Hol. Hfrs . per hd. 273 lbs. at \$635.00
Jesus Lopez, Portales, NM	. 6 Hol. Bulls . per.hd. 134 lbs. at \$160.00
Ron Dyer, Farwell	07 Hel Bulls 156 lbs at \$100.00
H-J Dairy, Farwell	. 37 Hol. Bulls 156 lbs. at \$123.00
Albian Baeza, Artesia, NM	. 3 Hol. Bulls 197 lbs. at \$114.00
Greenfield Park Dairy	. 5 Hol. Bulls 205 lbs. at \$117.00
Donna Weems, Portales, NM	. Char. Bull
KP Farms, Lubbock	. 2 WF Bulls
ANS, Inc., Hereford	. 8 Mxd. Bulls 339 lbs. at \$108.00
CM Mirabal, Grants, NM	. 3 Mxd. Strs 355 lbs. at \$117.00
Danny Mirabal, Grants, NM	. 3 Blk. Strs 383 lbs. at \$110.00
Danny Mirabal, Grants, NM	. 8 Mxd. Strs 421 lbs. at \$104.00
Danny Mirabal, Grants, NM	. 3 Mxd. Strs 503 lbs. at \$95.00
Donald Preston, Wolfforth	. Blk. Str 415 lbs. at \$100.00
Casey O'Conner, Portales, NM	. Blk. Bull 535 lbs. at \$85.50
Scott Pollard, Portales, NM	. BMF Bull 565 lbs. at \$88.50
Randy Johnson, Muleshoe	. 3 Blk. Strs 712 lbs. at \$73.00
Hugo Rivera, Friona	. 2 Blk. Strs 768 lbs. at \$70.50
Danny Mirabal, Grants, NM	. 5 Mxd. Hfrs
Danny Mirabal, Grants, NM	6 Mxd. Hfrs 382 lbs. at \$94.50
Danny Mirabal, Grants, NM	3 Mxd. Hfrs 448 lbs. at \$88.50
H.D. Ramage, Muleshoe	RMF Hfr 440 lbs. at \$84.50
S&K Cattle, Lubbock	3 Mxd. Hfrs 455 lbs. at \$85.00
S&K Cattle, Lubbock	3 Mxd. Hfrs 512 lbs. at \$84.00
S&K Cattle, Lubbock	3 Mxd. Hfrs 622 lbs. at \$75.00
Rhonda Smith, Dumas	5 Mxd. Hfrs 496 lbs. at \$83.50
Casey O'Conner, Portales, NM	Blk. Hfr 570 lbs. at \$80.00
James Blackwell, Littlefield	3 Mxd. Pairs \$740.00 5 Brang. Pairs \$690.00
James Blackweil, Littlefield	5 Brang. Pairs \$690.00
A.L. Kirby, Bovina	Char. Pair \$630.00
Donna Weems, Portales, NM	13 BMF Pairs \$710.00
Todd Ware, Bovina	Brin. Cow P8 \$500.00
Kenray, Springlake	BMF Cow P8 \$590.00
Kenray, Springlake	Red Cow
Jean Glenn, Elida, NM	2 Brang. Cows P7 \$590.00
Dink Miller, Floyd, NM	Blk. Cow 1235 lbs. at \$46.50
Bill Liles, Muleshoe	Char. Cow 1455 lbs. at \$49.00
Kaslic, Inc., Sudan	2 Red Cows 1228 lbs. at \$46.75
Kaslic, Inc., Sudan	Red Bull 1550 lbs. at \$59.00
A&B Cattle, Muleshoe	Char. Cow 1520 lbs. at \$44.25
Jerry Giesbrecht, Farwell	. Char. Bull 1460 lbs. at \$55.00

KILLING A BUSINESS IN 10 EASY STEPS

- 1. Don't Advertise! Just pretend everybody knows what you have to offer.
- 2. Don't Advertise! Tell yourself you just don't have the time to spend thinking about promoting your business.
- 3. Don't Advertise! Just assume everybody knows what you sell.
- 4. Don't Advertise! Convince yourself that you've been in business so long customers will automatically come to you.
- 5. Don't Advertise! Forget that there are new potential customers who would do business with you if they were reminded and urged to do so.
- 6. Don't Advertise! Forget that you have competition trying to attract your customers away from you.
- 7. Don't Advertise! Tell yourself that it costs too much to advertise and that you don't get enough out of it.
- 8. Don't Advertise! Overlook the fact that advertising is an investment in selling-not an expense.
- Don't Advertise! Be sure not to provide an adequate advertising budget for your business.
- 10. Don't Advertise! Forget that you have to keep reminding your established customers that you appreciate their business.

ADVERTISING WORKS! Call Leah @ 272-4536 **Muleshoe** Journal

Muleshoe Journal, Muleshoe, Texas, Thursday, March 28, 2002, Page 7

Diabetes can lead to kidney failure

SPECIAL TO THE JOURNAL

Kidney disease, diabetes, high blood pressure. These ills are more and more linked these days, creating an array of health problems.

"We have seen a steady increase in the number of people coming onto the Kidney Health Program at the Texas Department of Health with diabetes as the primary cause of kidney failure," said Phillip Walker, Chief of the Bureau of Kidney Health Care.

In 2001, more than half the program applicants (53 percent) had a primary diagnosis of diabetes.

After diabetes, hypertension, or high blood pressure, is the next leading cause of kidney failure for Texans. Last year, 23 percent of Kidney Health Care Program applicants had a primary diagnosis of hypertension.

"In Texas, more than 30,000 people have chronic kidney failure, or end-stage renal disease," Walker said. Nationally, about 20 million American have some form of kidney disease, and millions more are at risk.

According to the National Kidney Foundation, more than 50,000 new patients each year will require kidney dialysis or kidney transplants to live.

With diabetes, the body does not produce or properly use insulin. It is insulin that regulates the amount of glucose or sugar in the blood; and without it, the body is unable to convert

glucose to energy, leaving large amounts of sugar in the blood.

Eventually, small blood vessels in the kidneys become damaged by a scar-like material that builds up on the capillary walls of the kidneys.

High blood pressure can damage kidneys by constricting blood vessels, cutting off the blood supply to the kidneys and starving them of oxygen and nutrients. Over time, the kidneys become incapable of performing essential functions.

Warning signs of kidneyrelated disease include:

· Burning or difficulty during urination;

· More frequent urination, especially at night;

• Swelling of the feet and hands;

• Blood in the urine;

· Puffiness around the eyes;

• Pain in the small of the back that is not aggravated by movement; and

• High blood pressure. Kidney failure can be prevented or delayed if diagnosed early enough in its progression and treated properly, according to recent findings published by the National Kidney Foundation.

The foundation recommends that all individuals who are at increased risk for chronic kidney disease have their blood pressure monitored and their blood and urine tested for signs of impaired kidney function.

Those at risk include people with a history or diabetes or high blood pressure and those with a family history of chronic kidney failure, diabetes or hypertension.

Scientific advances, including the use of medications and strict dietary management, have improved treatment and management of diabetes and hypertension and the prevention of kidney failure, Walker said.

Diabetics should have a yearly micro-albumin urine test to detect early onset of kidney failure so treatment interventions can be started as soon as possible.

"Anyone who experiences any symptoms of kidney disease should report them to a doctor," Walker said. People with a family or personal history of diabetes or hypertension should see their doctor regularly.

The Bureau of Kidney Health Care was established in 1973 to provide financial assistance to Texans diagnosed with end-stage renal disease.

During its 28 years of operation, more than 69,000 texas residents with end-stage renal disease have received financial assistance for access surgery, dialysis treatments, hospitalization, medication and transportation costs incurred in the treatment of this disease.



A New Service of the Bailey County Journal

What is "The Gray Pages"?

"The Gray Pages" is a business directory shamelessly named after the "Yellow Pages" and geared toward our readers and this area. The specific purpose of "The Gray Pages" is to create a lasting recognition of local products and services through repetition. In other words, we want our readers to automatically think of you and your business when they're ready to buy!

Why advertise in "The Gray Pages"?

New people are moving into Bailey county every day and existing customers need a constant reminder that you're still here!

If you're worried that you can't afford to advertise but know that you need to, this is your lucky day! We've LOWERED OUR PRICES DRAMATICALLY for this directory! Your business can get 26 weeks of advertising in "The Gray Pages" for less than \$16 a month! Or choose a slightly larger ad for less than \$22 a month! Or choose the largest directory ad for just \$31 a month!

When and where will "The Gray Pages" run?

"The Gray Pages" will run on a weekly basis (Sunday edition) for 26 weeks. We plan to run this feature near (but separate from) the Classified section. If all goes well, we will be starting the series in April.







OR DR. PEPPER

8 oz. pkg. Sno-White

MUSHROOMS

5 lb. bag

RED GRAPEFRUIT

2 lb. bag

CARROTS

Pepperidge Farm 10-11 oz. pkg.

GARLIC BREAD

Price's 12-14 oz. tub

PIMIENTO CHEESE SPREAD

Old Orchard 64 oz. bottle

APPLE JUICE

FLOUR TORTILLAS

Chicken of the Sea In Water 12 oz. can

CHUNK LIGHT TUNA

Chicken of the Sea 14.7 oz. can

PINK SALMON

Comet 42 oz. box

LONG GRAIN RICE

7 lb.

BAG OF ICE

6 ct. Big Pouch or 10 ct. pkg. Asstd.

CAPRISUN OR TANG DRINKS

64 oz. bottle

DOWNY FABRIC SOFTENER

SALAD DRESSING

5 lb. bag

RED DELICIOUS APPLES

Asstd. 32 oz. pkg.

MRS. SMITH'S COBBLERS

Shurfine 1/2 gal. round

ICE CREAM

Imperial 4 lb. bag

PURE CANE SUGAR

Apples and Oranges 5 lb. bag

MIXED FRUIT

12 pack cans

LOWE'S SOFT DRINKS

QUALIT	Y MEAT	PRODUCE	FROZEN & DAIRY
X-TRA SAVINGS PAK BONE-IN COUNTRY STYLE PORK RIBS LB 99 ¢ 10 LB. BAG (\$1.90 A BAG) (LIMIT 2-ADDITIONAL PURCH. 39¢/LB.) CHICKEN LEG QUARTERS LB 19 ¢	OWENS ASSTD. VARIETIES BREAKFAST SAUSAGE	RUSSET BAKING POTATOES 1 LB. PKG \$188 RUSSET BAKING POTATOES 1 LB. PKG \$188 BELL PEPPERS	SHURFINE LARGE EGGS
FRANKS 12 OZ. PKGS 2/88¢		BROCCOLI LB 89¢	T. MARZETTI'S STRAWBERRY GLAZE
LOWE'S ASSTD. SOFT DRINKS 3 LITER BTL. 88¢ YOUR CHOICE OR DR. PEPPER 6 PK. CANS 4/\$5 YOUR CHOICE COCA-COLA, SPRITE	SHURFINE FLOUR	GREEN ONIONS BUNCHES 2/\$1	FOOD COLORING & EGG DYE
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WEEKLY PRICES E	EFFECTIVE MAR. 27-APRIL 2, 2002	RITZ OR RITZ CRISPS CRACKERS 14.5-16 OZ. PKGS 2/\$4	ASSTD. NABISCO SANDWICH OREO COOKIES 18-20 OZ. 2/\$4