

\$1.00 Thursday, March 5, 2020 Twelve Pages



Keep Friona Clean Roll-off box to open up for waste items

The City will open up the roll-off box this Saturday, March 7, from 10:00 a.m. -3:00 p.m. Please come by to dump those items that don't belong in your dumpster and do your part to help Keep Friona Clean!

The roll-off box is located at East 8th and South Jackson Ave. It is a free service provided to Friona residents. Examples of items not allowed in dumpsters includes: steel and metal, mattresses and furniture, refrigerators/AC units, paint



cans (with or without liquids), electronics and appliances, drums/barrels, brick, wood and concrete, railroad ties. Items not accepted in the roll-off box are tires, oil and tree limbs. To dispose of these items, please contact the City office at 806-250-2761.

Arrington Wins Primary Election in 19th District

Congressman Jodey Arrington secured the Republican nomination for Texas' 19th Congressional District, a seat to which he was first elected in 2016. Since being elected, he has served on the House Agriculture Committee. House Budget Committee, House Veterans' Affairs Committee, the Joint Select Committee on Budget and Appropriations Reform, and now the House Committee on Ways and Means.

"I am deeply grateful and honored by the support of the great people of West Texas, and I look forward to continuing our fight to rein in Washington, restore our freedoms, and advance West

Texas values in our Nation's Capital," said Arrington.

He continued, "West Texans want and deserve policies that promote our freedoms, protect our citizens, and ensure that power rightfully remains in the hands of the American people—not Washington. I am confident that I will continue to have their support as we work to strengthen trade deals for our producers, put patients-not governmentback at the center of our health care system, remove burdensome regulations for our energy producers, and ensure a prosperous future for our children and grandchildren."



The League of Women Voters of Texas is thrilled with the outstanding voter turnout numbers in the Texas primaries. Give a big cheer to all the voters who voted in the Texas primary!

"We are preparing for an unprecedented number of voters in the 2020 General Election in Texas. With so many new voters participating in the elections, our nonpartisan voter education information on VOTE411.org is so important.

The League is here with all of the information voters need," said Grace Chimene, president of the League of Women Voters of Texas. "Whether you're a first-time voter or an experienced voter, every election is important and VOTE411.org and LWVTexas.org have all of the up to date information."

The 2020 Census Kids



Back row (1-r) Kimberly Avila, Octavio Arias, Max Reyes, Gabriel Castillo, Roberto Corrales Front row (l-r) Angelina Esparza, Kailey Jaramillo, Isaias Casas, Isael Guzman



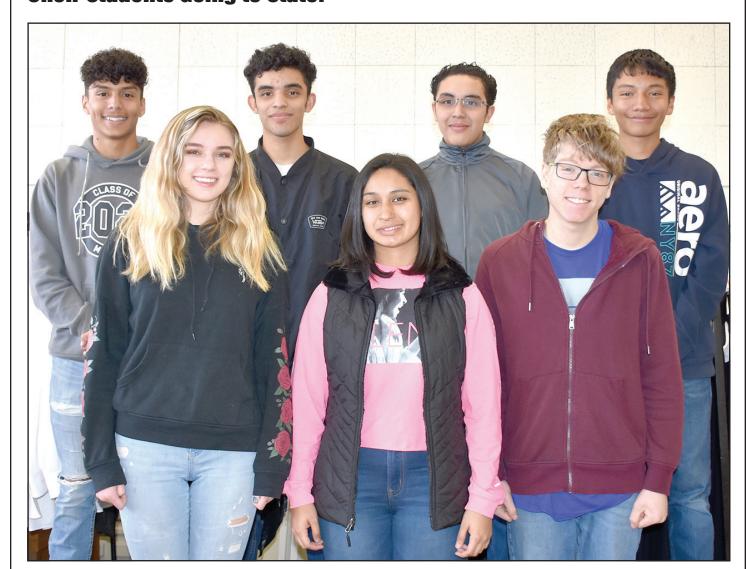
These Friona 4th Graders are soon to star in public service announcements promoting the upcoming 2020 Census. Filming has begun under the direction of City Manager Leander Davila and Production Manager Eric Gonzalez of EG Photography. 4th Grade



Teacher Marie Samarron is the Associate Producer. These "cinematic masterpieces" will

highlight the importance of having an accurate population count. Stay tuned.

Choir Students Going to State!



These FHS choir students advanced as soloists to the state competition that will be held in May. Back row (l-r) Angel Carranza, Eric Gonzalez, Emmanuel Gonzalez, Antonio Vasquez. Front row (l-r) Adaline White, Nayeli Soto, Kade Rector.

Fiesta Friona Chamber Banquet Tuesday, March 10

Town Talk Page 3

Church Page Page 5

Small Town Cookin' Page 6

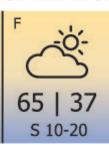
Sports Page 9

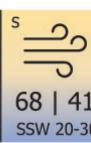
Emergency Siren System: Alternating tone • Firefighters only | Weather Warning: 1 long tone • take cover — 3 short blasts • all clear | Tested 1st & 3rd Thurs. at 7 p.m.

Friona Weather March 5-11







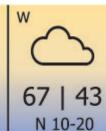






NW 10-20





Precipitation March 0.00 Year 1.24

Burn Ban:

by Ricky White

Community Calendar

Send Calendar information to: frionastar@wtrt.net call (806) 250-2211 or fax (806) 250-5127

March 5

- Snack Pak 4 Kids at 4:30 p.m. at Friona United Methodist Church (volunteers needed)
- Parmer County Area AA meeting at the Friona Methodist Church (north entrance) at 7 p.m.

March 6

• Caregivers Coffee Break at 10:00 a.m. at Senior Citizens Center at 1410 Washington St.

March 8

• Begin Daylight Savings Time

March 9

- Friona City Council Meeting at 6:30 p.m.
- Parkinson Support Group Meeting at 5:30 p.m. (MST) at Clovis Community College Rm. 101 Main Bldg. in Clovis, New Mexico

March 10

• Friona Chamber of Commerce & Agriculture Awards Banquet 6:00 p.m. at Community Center

March 12

- Snack Pak 4 Kids at 4:30 p.m. at Friona United Methodist Church (volunteers needed)
- Parmer County Area AA meeting at the Friona Methodist Church (north entrance) at 7 p.m.

March 13

• St. Teresa's 1st Annual Fish Fry at Parish Hall from 5:00 p.m. till "it's gone"

March 16

- Friona Noon Lions Club meeting at noon at The Farmwife Kitchen
- FISD Spring Break (no classes) Monday, March 16th through Friday, March 20th

March 19

- Snack Pak 4 Kids at 4:30 p.m. at Friona United
- Methodist Church (volunteers needed)
- Parmer County Area AA meeting at the Friona Methodist Church (north entrance) at 7 p.m.

March 26

- Snack Pak 4 Kids at 4:30 p.m. at Friona United
- Methodist Church (volunteers needed)
- Parmer County Area AA meeting at the Friona Methodist Church (north entrance) at 7 p.m.

FRIONA STAR SUBSCRIPTIONS

IN PARMER COUNTY: \$30 PER YEAR

OUT OF PARMER COUNTY: \$40 PER YEAR

ESTAR (EMAILED): \$24 PER YEAR

Call 806-250-2211 for more information

Mayor's Minutes

The City of Friona has been working hard to bring awareness to the approaching 2020 Census. Additionally, the City is publishing weekly articles in the Friona Star to make folks more comfortable with the census process. For the first time, the 2020 Census will allow on-The Volunteer Fire Department reline entering of census information. City Manager Leander Davila has been work-

frionaonline.com

the census with the help of Eric Gonzalez from EG Photography and 4th Grade Teacher Marie Samarron. If you haven't already, I highly encourage you to buy a ticket to the 64th Annual Chamber Awards Banquet. This year's banquet will feature a dance troupe, homemade salsa competition, silent and live auctions, and much more. We will also have our future renovation plans for the Friona Community Center on dis-

ing with a group of 4th graders to film

a public service announcement about

after the chamber banquet. Chief Jimenez and the officers responded to 166 calls in February. There

play for everyone to view. The work on

the Community Center's new roof and

central heating and air will begin shortly

were 115 stops, 57 warnings, 58 citations and 12 arrests (2-warrants, 1-no driver's license, 2-public intoxication, 1-driving while license invalid, and 6-local warrants). The officers drove a total of 1956 miles patrolling and protecting our city.

sponded to four emergency calls in February. February 3rd - Mutual Aid Grass Fire - 8 Firefighters and 4 trucks responded. February 4th - Vehicle Accident - 10 Firefighters and 3 trucks responded. February 11th - Vehicle Accident - 12 Firefighters and 3 trucks responded. February 15th - Vehicle Accident (cancelled) - 3 Firefighters responded. February 20th - Vehicle Accident - 8 Firefighters and 2 trucks responded. February 26th - Punctured Residential A/C Line - 4 Firefighters and 1 truck responded. The Volunteer firemen did a great job responding to and handling the emergency situations. As always, we say "thank you" for what each of you do for our community.

Emergency Medical Service responded to 23 calls in February. There were 14 calls for 911, 4 calls for transfers, 4 calls ended in a "no transport", and 1 call for disregarded 911s. Total billing equaled \$19,984.29 and the City collected \$6,132.42 of that total.

Accounts Payable totaled \$549,240.59 for the month of February. The reason expenditures were higher this month is because the City paid the principal and interest on their 2 bonds. Their total payment alone was \$352,850.00. One bond will mature in 2021 and the other in 2022. The City is looking into options of paying off their bond debt early. All bills are paid and the City continues to be in good standing.

Judge Campbell had 50 new cases in February. Total fines collected were \$27,644.44 and court cost equaled \$23,241.13. Warrant Round-Up was operational in February which resulted in the higher collection of revenue for the month.

Friona Public Library had 656 patron visits (including electronic visits) for an average of 36 visits per day and was open for 18 days. There were 711 items circulated and 193 new items added to inventory.

Your Mayor

PANHANDLE HEARTBURN CENTER OPENS IN AMARILLO First of its Kind in the Region & Provider of LINX®

Panhandle Surgical Group of Amarillo is excited to announce it has recently opened the Panhandle Heartburn Center; the only center of its kind serving the Panhandle region. It's estimated that 30,000 people in our area live with heartburn, acid reflux or Gastroesophageal Reflux Disease and, sadly, many of them are inadequately controlled or simply masked with medica-

The primary purpose of the

(1) Bonavina L, Saino G, Bona D, et al. One

Hundred Consecutive Patients treated with Mag-

netic Sphincter Augmentation for Gastroesophageal Reflux Disease: 6 Years of Clinical Experience

from a Single Center. J Am Coll Surg. 2013. 217(4):

577-85. Median operative time for 67 patients was

60 minutes. Reynolds J, Zehetner J, Bildzukewicz

N, et al. Magnetic Sphincter Augmentation with

Panhandle Heartburn Center is to address the base cause of their discomfort and provide a solution. In addition to specializing in all types of reflux and hiatal hernia surgeries, the Panhandle Heartburn Center is also a provider of LINX®, a revolutionary treatment for reflux disease. Generally completed in less than one hour(1), LINX° is designed to restore the barrier, control the reflux. (2) Patients typically go home within 24 hours (3) and report

significant improvement in quality of life.(4) The minimally invasive procedure also offers a number of other benefits including:

- LINX° treatment eliminated regurgitation in 99% of patients(5)
- 88% of patients report that bothersome heartburn had been eliminated after LINX°(6)
- 85% of patients were free from dependence on daily reflux medication(7)
- 85% of patients no longer

needed PPIs after LINX® treat-

By turning to the new Panhandle Heartburn Center, many area residents may be able to say goodbye to a lifetime of medication, and say hello to a life free of heartburn. For more information about the Panhandle Heartburn Center, the LINX® procedure or other reflux management solutions, call (806) 677-7952 or email info@panhandleheartburn.com.

tients who were implanted with LINX, there was a significant improvement in the median GERD-HRQL score at 5 years, as compared with baseline, both with and without PPI use, 4 vs 11 and 27 re-(5) Ganz R. Edmundowicz S, Taiganides P, et al. Long-term Outcomes of Patients Receiving a Magnetic Sphincter Augmentation Device for Gastroesophageal Reflux. Clin Gastroenterol Hepatol. 2016. 14(5):671-7. Based on a 5 year prospective, multi-center, single-arm study observing 100 patients who were implanted with LINX, regurgita-

(6) Based on a 5 year prospective, multi-center, single-arm study observing 100 patients who were implanted with LINX, bothersome heartburn was 89% at baseline and decreased to 11.9% at 5 years.

(7) Ganz R. Edmundowicz S, Taiganides P, et al. Long-term Outcomes of Patients Receiving a Magnetic Sphincter Augmentation Device for Gastroesophageal Reflux. Clin Gastroenterol Hepatol. 2016. 14(5):671-7. Based on a study observing 100 patients who were implanted with LINX, daily use of PPIs decreased to 15.3% at 5 years. (p<0.001)

(8) Based on a 5 year prospective, multi-center, single-arm study observing 100 patients who were implanted with LINX, daily use of PPIs was 100% at baseline and decreased to 15.3% at 5 years. (p<0.001)

LINX® Reflux Management System Important

Safety Information: The LINX Reflux Management System is a laparoscopic, fundic-sparing anti-reflux procedure indicated for patients difull patient information visit www.linxforlife.com or www.ethicon.com.

the LINX Device for Gastroesophageal Reflux Disease after U.S. Food and Drug Administration Approval. The American Surgeon. 2014. 80(10): 1034-38. Median operative time for 100 patients was 47 minutes. LINX® Reflux Management Systion was 57% at baseline and decreased to 1.2% at 5 years. (p<0.001) tem, Instructions for Use. Median operative time tor 100 patients was 39 minutes. (2) Based on a 5-year study observing 100 patients who were implanted with LINX. Bothersome heartburn was 89% at baseline and decreased to 11.9% at 5 years(p<0.001), bothersome regurgitation was 57% at baseline and decreased to 1.2% at 5 years (p<0.001), PPI dependence decreased to 15.3% at 5 years (p<0.001).

(3) Based on a pivotal IDE trial of 100 subjects at 14 clinical sites. Half of the subjects (50/100) were discharged the same day as the surgery, and the

other half were discharged the next day. (4) Ganz R. Edmundowicz S, Taiganides P, et al. Long-term Outcomes of Patients Receiving a Magnetic Sphincter Augmentation Device for Gastroesophageal Reflux. Clin Gastroenterol Hepatol. 2016. 14(5):671-7. Based on a 5 year prospective, multi-center, single-arm study observing 100 pa-

TEXAS CROSSWORD by Charley & Guy Orbison Copyright 2020 by Orbison Bros. 13 22

Brown & actor Conway 56 TXism: "__ heartbeat" With Two Brains' 28 31 32 33 40 58 female sheep 46 **DOWN** 51 49 1 high school sports (3 wds.) 53 P-1469 2 TXism: "keeps polished" 16 TX actress Harper 54 55 (do gooder) 18 TXism: "chew solution on page 4

was "_ San Antonio Road" 28 state ____ was adopted in 1845

ACROSS

5 ceremonial act

7 chief cook at a

-shek

12 TXism: "_

Robert 21 TXism: "

17 Van _

9 disorderly crowd

19 ex-Houston mayor,

ways about it"

22 TXism: "brave as _

(really sure)

23 El Camino Real

restaurant

___ she blows!"

6 this Arthur won 1975

WCT title in TX

8 TX Chennault was

advisor to Chiang

still for that" (averse)

_, TX

grade teacher"

29 TX Vikki Carr's Hombres" 30 "a ____ the times"

31 "Dallas Museum

35 this raccoon-type critter can be found in south TX

36 Jack Ruby's defense attorney 42 this actress Powers

saved rhinos in TX 44 Emory is its seat

resources (3 wds.)

Bum'

46 TX natural 48 TX "Bum" Phillips book: "He

50 TXism: "___ _ spell" 51 Tech grad Demetrio who

49 TXism: "get hitched"

was president of Panama 52 TXism: "would ____ a maggot" (tastes bad) 53 UT course abbr.

54 TX Heisman winner

57 TX Martin film: "The

3 TX Madalyn O'Hair, et al. 4 near Galveston in

Gulf: coral 9 TX Belle Starr: _ Maybelle Shirley

10 TX Tanya Tucker tune

11 quilting or spelling 12 TX "Turtle Lady" Loetscher

13 Luby's, et al. 14 groove-billed birds at Bentsen Park

15 this De_ "Cape Fear" with

TX Joe Don Baker

27 noted TX female gambler Deno 32 TX Roddenberry's genre: sci-_

a saddle

fat" (talk)

24 with "cup," a

20 TX actor Rip (init.)

23 Txism: "dot the i's

and cross the ___

diaphram spasm

25 TX Janis Joplin's

_ Blues"

26 TXism: "useless as

__ was in 33 TXism: "he's got the morals of alley cat"

34 Gov. _ _ Hubbard replaced Gov. Coke

36 TX Bledsoe sang "Old River" 37 TXism: "tie up the loose

38 pinwheel, e.g. "whir_ 39 tall and thin

56

58

(motivated him) TX-based "La Quinta Suites"

40 TXism: "_

under him"

TX Ginger's hoofer partner Fred (init.) TXism: "want it _ bad I could spit"

> 47 NW Fort Worth suburb 48 Alpine, TX was named for the

> > Swiss

55 horse's hair

\$40 out of County \$24 e-Star Online

at Friona, Texas.

Annual subscriptions:

\$30 in Parmer County

STAFF:

Clint Mears • Executive Editor Holly Campbell • Associate Editor Nathan Parson • Production Editor/IT Evelyn Romero • Accounting

agnosed with Gastroesophageal Reflux Disease (GERD) s defined by abnormal PH testing, and who are seeking an alternative to continuous acid suppression therapy (i.e. proton pump inhibitors or equivalent) in the management of their GERD. Rx Only. Contraindications: Do not implant the LINX system in patients with suspected or known allergies to titanium, stainless steel, nickel or ferrous materials. Warnings: The LINX device is considered MR Conditional in a magnetic resonance imaging (MRI) system up to either 0.7 Tesla (0.7T) OR 1.5 Tesla (1.51), depending on the LINX model implanted. Laparoscopic placement of the LINX device is major surgery. General Precautions: The LINX device is a long-term implant for use in patients 21 years or older. Medical management of adverse reactions may include explantation and/ or replacement. Potential Risks Associated with LINX System: belching, decreased appetite, device erosion, device migration (device does not appear to be at the implant site), dysphagia (difficult swallowing), flatulence, hiccups, inability to belch or vomit, infection, nausea, odynophagia (painful swallowing), pain regurgitation, stomach bloating, weight loss, and worsening of preoperative systems. Your physician can help you determine if LINX is right for you. Patient results may vary. For

ON YOUR PAYROLL

U.S. Government

President: Donald J. Trump, The White House, 1600 Pennsylvania Avenue NW, Washington, D.C. 20500. 202-456-1111, fax 202-456-2461, email comments@whitehouse.gov.

Senator: John Cornyn, 517 Hart Senate Office Bldg., Washington, D.C. 20510 202-224-2934, fax 202-228-2856. Senator: Ted Cruz B40B Dirksen Senate Office Bldg., Wash-

ington, D.C. 20510 202-224-5922. Representative: Jodey Arrington, 2019 Longworth, House Office Building, 202-225-4005. Lubbock District Office, 1312 Texsas Ave. #219, Lubbock, TX 79401. Abilene District Office,

500 Chestnut St. #819, Abilene, TX 79602 State

Governor: Greg Abbott, Office of the Governor, P.O. Box 12428, Austin, Tx 78711-2428, 512-463-2000.

Senator: Kel Seliger, P.O. Box 12068, Capitol Station, Austin, Tx 78711. 512-463-0131. Amarillo office; P.O. Box 9155, Amarillo, 79105. 806-374-8994.

Representative: John T. Smithee, Room CAP1W.10, Capi-

tol P.O. Box 2910, Austin, Tx 78768. 512-463-0702. fax 512-476-

7016. Amarillo office; 320 So. Polk, 1st Floor, Lobby box 28,

Amarillo 79101. 806-372-3327, fax 806-342-0327.

THE FRIONA STAR (USPS 200-800) is published each Thursday at 208 E. 11th in Friona Texas, 79035. Postmaster: send address changes to Friona Star, P.O. Box 789, Friona, Texas 79035. Periodicals postage paid

> MEMBER **TEXAS PRESS ASSOCIATION**

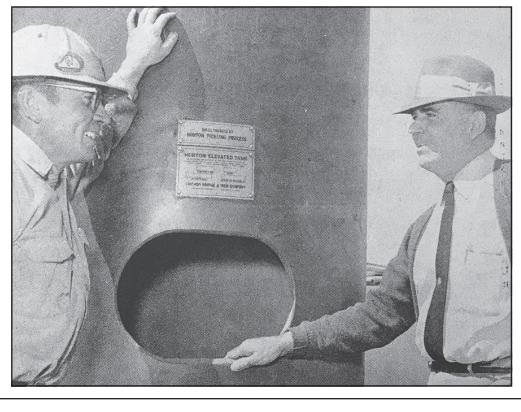
COMMUNICATION:

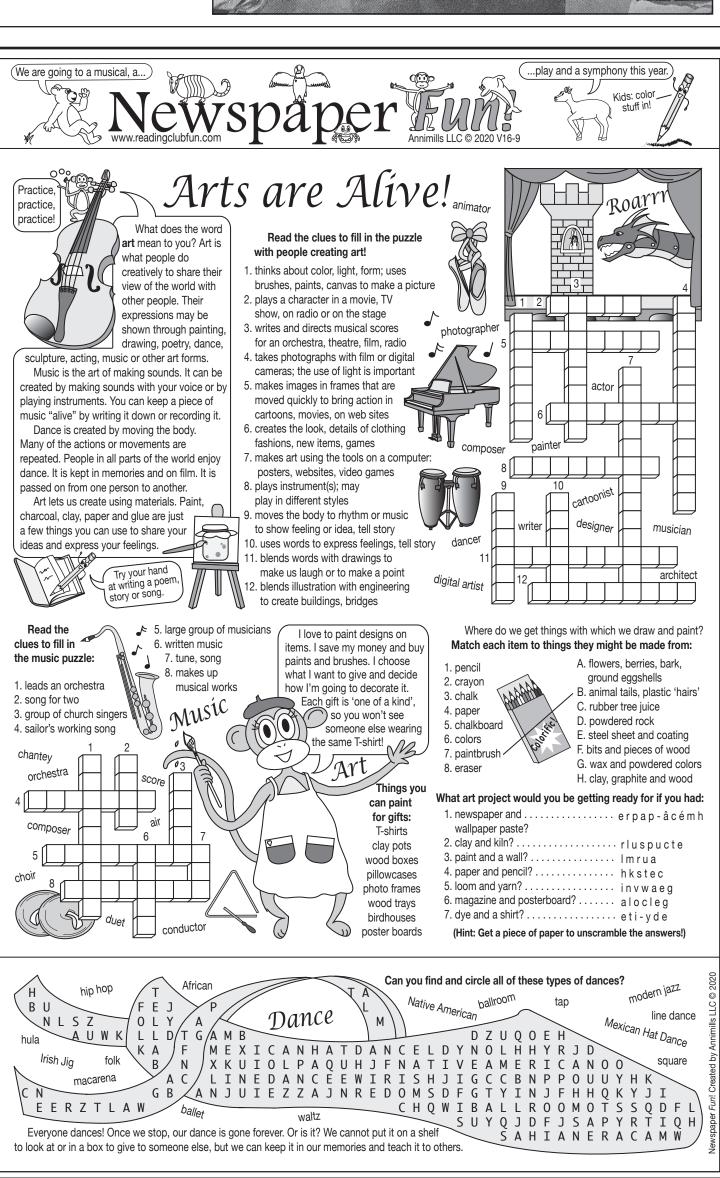
806-250-2211-office 806-250-5127-fax frionastar@wtrt.net-email frionaonline.com-website

Friona Flashbacks

BEGINS TOWER WORK... Albert Bergstead, left, foreman of Chicago Bridge and Iron Company's team which will erect the new water tower in Friona, goes over his plans with City Manager Jake Outland. (Friona Star, March 21, 1963)









Phone: 806-250-2211 • **Fax:** 806-250-5127 Email: frionastar@wtrt.net

SAVE THE DATE: Deaf Smith Electric Cooperative will hold its 82nd Annual Membership Meeting at 5:30 p.m. on Tuesday, March 24, 2020 at the Hereford Bull Barn.

Daylight Savings Time is here!. Do not forget to set your clocks forward one hour this weekend. You do not want to be late for everything the rest of the year.

Friona has received 1.24 inches of rain during the first two months of the year. This is a better start than the previous two years. In 2018, we received 0.12 inches of rain and in 2019 we received 0.55 inches during the same two month period. The past 10-year average for January-February rainfall is 1.18 inches.

Friona High School hosted a Blood Drive on Thursday, February 27th in the Library and Hallway at the High School campus. The goal was to have 19 donors. 25 signed up and 23 were able to give a total of 28 units. Awesome! Since three lives are saved with every unit donated, 84 individuals will benefit from the dedication of FHS students.

Good luck to the Friona girls powerlifting team as they compete in the regional meet at Seagraves on Saturday, March 7th.

Friona Cub Scout Pack 56 News: The Tigers, Bears, and Webelos picked up trash on the west side of Reeve lake as a service project on March 3rd. Great job scouts in helping keep Friona clean.

The community is invited for Kite Flying & Coke Floats on Friday, March 13th from 4:00 p.m. till 5:00 p.m. at Prairie Acres. Kites will be available to decorate and fly. Please feel free to bring your own kite if you have one. The residents would love for you to join them!

St. Teresa's Catholic Church is hosting its 1st Annual Fish Fry on Friday, March 13th from 5:00 p.m. until they run out (weather permitting) in the Parish Hall. Donations are \$12 for adults and \$6 for children under 10 years of age. The meal will consist of fish, cole slaw, baked potato, pinto beans, cornbread, dessert, tea, and coffee. Take-out plates will be available. Please come and fellowship and enjoy a delicious meal.

*** **National Days**

March 5 — Multiple Personality Day March 6 — Employee Appreciation Day Day March 7 — Cereal Day March 8 — Women's Day March 9 — Get Over It Day March 10 — Pack Your Lunch Day March 11 — Worship of Tools Day



HAPPY 2020!!! DEL RIO DAIRY IS GROWING AND WE ARE LOOKING FOR A FEW GOOD PEOPLE TO GROW WITH

WE ARE CURRENTLY LOOKING FOR APPLICANTS TO ADD TO OUR MANAGEMENT TEAM. THIS IS AN EXCITING INDUSTRY, AND DEL RIO DAIRY HAS SOME PROGRESSIVE CHANGES IN ADDITION TO THE GROWTH. SO IF YOU ARE LOOKING TO BECOME A MEMBER OF A CUTTING EDGE DAIRY TEAM. WE

WOULD LOVE TO SPEAK WITH YOU POSITIONS AVAILABLE MAY INCLUDE:

- HERDSMAN
- PARLOR MANAGER ASSISTANT MANAGER

PREFERENCE WILL BE GIVEN BASED ON EXPERIENCE, EDUCATION, AND BILINGUAL CAPABILITIES

IF INTERESTED: CONTACT NATHAN @ 806-265-5092 OR EMAIL

DELRIODAIRY@WTRT.NET



902 Main St. Friona, TX . Your hometown pharmacy

* See store for details

FREE Delivery, limitations apply



2018

NISSAN



Come see GLENN REEVE for all your new and pre-owned vehicle needs today!



545 N. 25 Mile Ave. Hereford, TX 800-299-CHEV Cell: (806) 265-7034 www.stevens5star.com

State Sales Tax Revenue Totaled \$2.9 Billion in February

Texas Comptroller Glenn Hegar said state sales tax revenue totaled \$2.89 billion in February, 3.5 percent more than in February 2019. "Growth in state sales tax revenue was led by receipts from the retail trade and information services sectors, while receipts from the construction sector were down from a year ago," Hegar said. "Growth in tax receipts from retail trade was slightly boosted by collections from online marketplace providers and remote sellers."

The majority of February sales tax revenue is based on sales made in January and remitted to the agency in February. Total sales tax revenue for the three months ending in February 2020 was up 5.7 percent compared to the same period a year ago. Sales tax is the largest source of state funding for the state budget, accounting for 57 percent of all tax collections.

In February 2020, Texas collected the following revenue from other major taxes: (1) motor vehicle sales and rental taxes — \$428.9 million, up 2.1 percent from February 2019; (2) motor fuel taxes — \$301.2 million, up 0.6 percent from February 2019; (3) natural gas production taxes - \$136.4 million, down 16.7 percent from February 2019; and; (4) oil production taxes — \$371.8 million, up 38.5 percent from February 2019.

Happy Birthday Friona Folks!

March 6

Emma Dawn Hankins

March 7 **Rick Jennings**

Charles Gilbreath Madison Gatlin

March 8 **Estefany Rodriguez David Sifford** Mary Schueler Dane Bollom Sarah Geries

Gail Hand

Betty Renner

March 9 **Billie Tongate** Linda White Maddie Tyler

March 10 Beth Bridges Wren Maisie Rainey **Bob Prather Patsy Riggins** Nicole Guerra Maisie Rainey

Ann Kelley

March 11

Mason Schueler Corbin Riethmeyer **Dusty Hansard** Irma Flores

March 12

Amelia Taylor Justin Boyd Justin Grimsley Mike Mills Elaine (White) Harmon Alberta Shephard **Tracy Jamerson** Mercedes Rangel Amy (Geries) Bridges Jeff Dickson



To have your birthdays listed in the newspaper, email them to frionastar@wtrt.net or call @806.250.2211

Friona *Star is online at frionaonline.com



Reported by the Parmer County Sheriff's Office: Randy Geries, Sheriff

2-25-20 — Raul Esparza Sr., 60, of Texico, New Mexico was arrested by the Parmer County SO on a MTR (possession CS Pg 1 < 1 g), pending District Court.

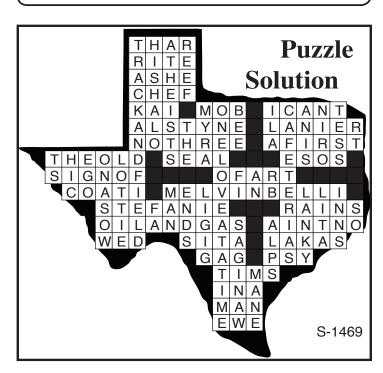
3-1-20 — Juan Larios, 19, of Clovis, New Mexico was arrested by DPS on a charge of evading arrest w/vehicle, pending Grand

3-1-20 — Salvador Herrera, 19, of Friona was arrested by Friona PD on a charge of possession of marijuana < 2 oz in Drug Free Zone, pending County Court.

3-1-20 — Isaiah Moarer, 19, of Portales, New Mexico was arrested by DPS on a charge of possession of marijuana < 2 oz, pending County Court.

Look up past issues of the Friona★Star on our website!

1.) Go to frionaonline.com 2.) Click on the "newspaper archives" link 3.) Search





106 W. 9th St.

24 Hour Accessibility (Tan ANYTIME) Office # 806-250-8267 Two 15 minute tanning beds available! Packages:

> 1 Month Unlimited \$35.95 100 Minutes \$42.95 Single Session \$7.00

e care about Seniors ... **OFFERING PREMIER SENIOR ACCOUNTS**

301 W. 3rd

Hereford.

Texas

(806) 363-2265

NMLS#631662

- Free Checking
- Premier + Senior Accounts
- Reward Checking
- Savings/ Real Saver
- Certificate of Deposits
- Money Market Accounts
- 18 Month "Raise Your Rate" CDs
- IRAs Direct Deposit
- Safe Deposit Box Rentals
- FDIC Insured
- Convenient ATMs
- ATM Cards/ CheckCards/ **Business Debit Cards**
- Free Internet Banking with
- **Free Bill Pay** Mobile App
- Telebank-24 Hr Telephone Banking
- Bank Cashiers Checks
- VISA Money Cards • Commercial Loans
- Mortgage Loans
- Home Equity Loans • Consumer Loans



Friona Banking Center



001 5/1 Mortgage

003 5/11 Electricity

004 5/16 Real Estate Tax

002 5/8 Supermarket (food) 8751

THREE LOCATIONS TO SERVE YOU

403 N. 25 Mile Ave.

Hereford,

Texas

(806) 360-2100

The bank designed with YOU in mind.

www.fnbhereford.com • Online Banking

TeleBank (806) 364-8300

710 W 11^{TR} PO BOX 727 Phone 806-250-2900 **Banking Hours:** Monday-Friday 8:30 am to 4:00 pm Drive-thru open Friday until 6:00 pm

MEMBER FDIC

710 W. 11th

Friona

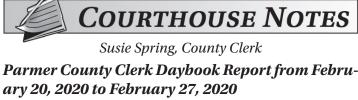
Texas

(806) 250-2900

FDIC FDIC

Se Habla Español

NML#631662



Jordan James Pool, Ashley Tia Pool McElroy — APM Farms LLC — All of SW/4 of Sec 29 B X W.D. & F.W. Johnson Subdivision in Parmer Abelino Saragossa Perez, Celina Deara Guzman — Idania Es-

trada — All of L 12 B 4 of Mimo Addition in Farwell Vol 108 Pg 376 in Parmer

Angie Gault — Collin B. Guthals, Sean Gault, Sasha N. Guthals — L 17 and 18 B 33 Original Town of Farwell in Parmer

Lubbock Christian University — Lincoln Devault, Whitley Devault — All of E 160 Ac being all of L 6,7,14 and 15 of Sec 29 Township 9 S R 1 E of Capitol Syndicate Subdivision in Parmer

Jason Schilling — Tamara Schilling, JEL Land and Cattle LLC All of E 1/2 of Sec 11 B H Thomas Kelly Subdivision League No 532 Abstract No A-85 League No 533 Abstract No A-86 League No 540 Abstract No A-91 League No 541 Abstract No A-92 in Parmer County

Stephens Schilling, Karen Lea Schilling — JEL Land and Cattle LLC — All of E 1/2 of Sec 11 B H Thomas Kelly Subdivision League No 533 Abstract No A-86 League No 540 Abstract No A-91 in Parmer County

Estate of Juanita Hernandez — Adriel Robles, Eliana Robles - L Num 3 Eastview Addition to City of Bovina in Parmer

Stephen Schilling, Tamara Schilling — JEL Land and Cattle LLC — All of E 1/2 of Sec 11 B H Thomas Kelly Subdivision League No 532 Abstract No A-85 League No 533 A-86 League No 540 Abstract No A-91 League No 541 Abstract No A-92 in **Parmer County**

Iglesias Evangelica Nuevo Jerusalem — Meletz Gumercindo Zetino, Anna Issa Rivera Garcia, Jose Aguilar Chihuahua Cruz, Maria S. Chihuahua Rodriguez — All of L 4 B 76 Original Town of Friona in Parmer County

Texas Weekly Fuel Update and Outlook

Texas gas prices have fallen 3.8 cents in the past week to an average of \$2.12 per gallon, according to GasBuddy's daily survey of 13,114 stations. Gas prices in Texas are 1.8 cents per gallon lower than a month ago and stand 5.6 cents per gallon lower than a year ago.

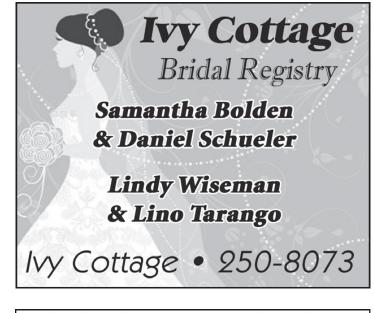
According to GasBuddy price reports, the cheapest station in Texas is priced at \$1.87 while the most expensive is \$3.19 per gallon. The cheapest price in the entire country stands at \$1.69 while the most expensive is \$4.89 per gallon. The national average price of gasoline has fallen 6.2 cents in the last week, averaging \$2.41 per gallon. The national average is down 4.4 cents per gallon from a month ago and stands 1.8 cents per gallon lower than a year ago.

"As the spread of the coronavirus induces panic on markets, oil prices have been walloped and motorists should avoid filling up as the plummet in oil prices starts

showing up at their local gas station in the days ahead," said Patrick DeHaan, head of petroleum analysis for Gas-Buddy. "Nearly every village, town and city in every state will see gas prices droppingthe pace may vary, of coursebut over the next week gas prices will move lower solidly, barring any dramatic improvement in the spread of the virus. The drop in oil is little comfort to those who've been watching the stock market fall, but gas stations have plenty of room to drop prices, in some cases nearly 25-35 cent drops over the next few weeks will happen. My advice for motorists is delay buying gasoline and expect noticeable drops for the time being as the world obsesses over the spread of COVID-19."

GasBuddy is the authoritative voice for gas prices and the only source for stationlevel data spanning nearly two decades. GasBuddy data is accessible at http://FuelInsights.GasBuddy.com.

LTC CLASSES HELD **MONTHLY IN FRIONA CONTACT BRENDA TYLER** (806) 293-4400 FOR MORE INFORMATION



Milk House Market

Wedding Registry

Samantha Bolden & Daniel Schueler

Lindy Wiseman & Lino Tarango



Call: 602-739-0813

Farmhouse to Your House



By Jim Swafford

Texas Independence Day - Here is a copy of my wife's Daughters of the Republic of Texas Certificate. Nicholas Washington Eastland is her G-G- Grandfather. He was a roommate with James Fanni at West Point and was with him at Goliah. Nicholas was one of many that survived the Massacre at Golaid. Eastland County is named after Nicholas's brother William Mosby Easland who was executed by Santa Anna at the drawing of the black bean. John Herny Moore was Nicholas's

brother-in-law who was one of the original 300 families in Austin's colony and was the commander of the "come and take it" incident that started the Texas fight for independence. A nephew of Nicholas was Nicholas Mosby Dawson killed a the battle known as "Dawson Massacre." Nicholas Washington Eastland lost a brother, two sons and one nephew in the fight for Texas independence. Nicholas Washington Eastland went on to become a Texas state senator and county judge.

Contend for the Faith with a Clear Aim

By Brett Hoyle, Pastor, First Baptist Church

Have you ever had to deal with a foggy scope or cloudy binoculars? The moisture that builds up on the lens of the optic device prevents one from having a clear view. In a similar fashion, Jude 1:3 commands believers "to contend for the faith that was once for all delivered to the saints," (ESV), but many believers have a foggy idea of what it means to contend for the faith.

Jude 1:17-23 burns away the fog of uncertainty, by giving simple direction as one contends for the faith. First, believers are reminded to stay grounded in the truth. Having a true doctrine and a pure motive is essential in staying grounded, and false teachers may have one of these, but they don't have both. One danger among believers is the drift of complacency and apathy, which eventually leads to impure motives and at best, unconcerned doctrine. Further, as one contends for the gospel, they must also grow in the faith. It's not enough to simply have a great defense to win a Super Bowl, but one must also have a good offense. Verses 20-21 echo the importance of intentionally building

your faith, which involves prayer, love and an eager expectation of Jesus' return. Finally, one can have a clear aim in contending for the faith as they seek to guide the deceived back to the true faith, as described in verses 22-23. Jude deals with the reality of watching out for false teachers infiltrating the church, but near the end he also beckons the church to reach out to those who have strayed from the truth. This is not to be done lightly, though, but in fear before God, mercy toward those who have strayed and in faithfulness to the Lord.

Panhandle Parables

When Band-Aides Are Not Enough

By Jeff Procter, Minister, 6th Street Church of Christ

Like most kids I had my fair share of bruises, scraps and cuts. That is the norm. When kids play there will be those little "time out" moments when you have to go check in with mom who could pull out the trusted ole brown band-aide and fix it. Of course, now band-aides can almost be a fashion statement and it is hard to find a good ole brown, actually tan or skin tone colored band-aide.

Yet there are times, especially as we grow up or older (which ever best describes you) that we wish a bandaide would fix it. The cuts, bruises and scrapes take on a less physical appearance and are more emotional or spiritual. Words cut deep and

leave wounds that can leave scars. When we are kids we were told, "Sticks and stones may break my bones but words will never hurt me." Yet as adults it is not the stones that burden us.

Words have tremendous power. I had a professor once say that "words once spoken, have power of their own, choose well the words you use." Sadly, I am afraid many people use words to destroy or hurt and not to encourage and restore. In fact, I fear words have become pretty cheap. We constantly want to change the meaning of words, in order to not offend or to lessen the sting of the sin that it may be describing. Yet in the wake of our machine gun mouths

blasting away at those that are hurt, not necessarily by truth, but by personal malicious attacks. I read recently that over 50 percent of teens engage in destructive words on facebook, twitter, Instagram and other social media outlets. I don't recall the percentage of those who pass on gossip, untrue statements etc... about classmates.

Jesus knows something about words, He is the Word become flesh. He knows something about the power of words and for it to be beneficial words must be backed by action, and He did back his words with action all the way to the Cross. Use your words carefully, say things that encourage and build up, not tear down and destroy.

Listen for God's Warnings

By Teena Hughs

For Lent, I am reading 40 Days with the Holy Spirit, by RT Kendall. This gem was given to me by one of Friona's finest, Susie Jarecki Burton.

"The Holy Spirit Gives Warnings" is the title of today's lesson.

The King James Version of Genesis 6:3 says, "My Spirit will not always strive with man." Kendall said, "The implication is that there is a limit to God's patience with humankind. He is 'slow to anger,' yes (Exodus 34:6). But when He finally stops warning sinful people and manifests His judgment, the consequences can be pretty horrible."

God gives us warnings out of His kindness, and He only gives us warnings when there is hope. If you remember the

story of Jonah, he marched into Nineveh and warned that in 40 days, Nineveh would be overturned. "There was no explicit promise of mercy if they repented, but the Ninevites 'believed God' and 'declared a fast and all of them, from the greatest to the least, put on sackcloth' (Jonah 3:5). The consequence of their repentance was: 'When God saw what they did and how they turned from their evil ways, He had compassion and did not bring upon them the destruction He had threatened' (v. 10)."

Kendall notes that "Jonah's message did not offer any hope" to the Ninevites, but he does wonder if God's lack of promising mercy "may have been what shook them rigid."

Now, you may be asking

why God did not keep His word and had mercy on the Ninevites when Jonah had stated that Nineveh would be overthrown in 40 days, with no apparent hope. Kendall says: "God never warns when there is no hope."

Look at Sodom and Gomorrah. Kendall points out that there was "no indication that God ever warned (them) for their wickedness. He just punished them instead." He did warn the Ninevites about what was going to happen in 40 days; they changed their ways, and they were saved. "So, if God sends warning, take it with both hands! Be glad. Heed the warning."

Have a great week; listen for those warnings merciful God sends you; pay attention to them; act on them! They are for your own good!!!

Send your church news to the Friona *Star

frionastar@wtrt.net

"We Live by Faith, Not by Sight." 2 Corinthians 5:7

Area Church Directory

Friona

CALVARY BAPTIST CHURCH 15th & Cleveland • 806-250-3000 CHILDREN'S CHURCH • 3 yrs-6th grade www.calvaryfriona.org

FIRST BAPTIST CHURCH

6th & Summitt • 806-250-3933 Pastor Brett Hoyle Email-firstbc@wtrt.net Website-www.fbcfriona.com

FRIONA UNITED METHODIST CHURCH

8th & Pierce • 806-250-3045 Rev. Skip Hodges Email-frionoaum@wtrt.net Website-www.frionaumc.com

GRACE BAPTIST CHURCH North end of Congregational Church 1601 Euclid

IGLESIA EVANGELICA

NUEVA JERUSALEN 701 E. 11th • P.O. Box 655 • 806-346-9725 Pastor Benito Mejia benitomejia@live.com

> **QUALITY OF LIFE BIBLE** STUDY CHURCH 301 Grand Ave. • 806-240-0826

Pastors Mark & Mary Goff SIXTH ST. CHURCH OF CHRIST

502 W. 6th • 806-250-2769

Jeff Procter, Minister

ST. TERESA'S CATHOLIC CHURCH 401 West 17th St. • 806-250-2871

Pastor Gregory Bunyan

TEMPLO BAUTISTA DAMASCO 403 Woodland • 806-250-3472 Pastor William Tapias

TEMPLO DE ADORACION

620 Washington • 806-250-5929 Pastor Roy Dominguez

TENTH ST. CHURCH OF CHRIST 10th & Euclid • 806-250-5236 Gerall Wyly

UNION CONGREGATIONAL CHURCH 1601 Euclid • 806-250-3635

VICTORY FAMILY WORSHIP CENTER

9th & Washington • 806-250-2207 Pastor Robert Kerby Website-www.thevictory.tv

FRIONA PARA CRISTO LLAMADOS A CONOCERLE 1007 w. 11th • 806-247-2217

Pastor Aurelio & Cynthia Silva

FIRST BAPTIST CHURCH

Bovina

308 3rd Street 806-251-1632 Pastor Brian Mullins

CHURCH OF CHRIST 500 Ave. E 806-251-1334 Mike Prather, Minister

FIRST UNITED METH-**ODIST CHURCH** 205 4th Street

806-251-1124 Pastor Larry Mitchell

ST. ANN'S CATHOLIC CHURCH 401 3rd Street 806-251-1511 Pastor Gregory Bunyan

LA IGLESIA DE DIOS **DEL PRIMOGENITO**

The Church of God of the Firstborn 102 2nd Street

IGLESIA BAUTISTA **HISPANA**

103 1st Street 806-251-5232 Pastor Rafael Marin



THIS DIRECTORY IS MADE POSSIBLE BY THESE BUSINESSES WHO ENCOURAGE ALL OF US TO ATTEND WORSHIP SERVICES.



1380 Hwy. 214 • 265-3425

FRIONA

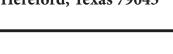
B InterBank



800 Hwy. 86 Bovina, Texas



Phone 806-364-3331 Hereford, Texas 79045







PACO FEED YARD, LLC

Friona, Texas 79035 (806) 265-3433 (806) 265-3281

P.O. Box 956

First Bank Bovina Member, FDIC **Equal Housing Lender**



1010 Columbia at Hwy 60, Friona Hours: 8:00 am-5:00 pm Monday-Friday 250-5555



Friona Texas

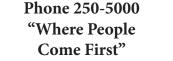


806.250.5200



FEEDS

E. Hwy. 60 • Friona TX • 806-250-2791



1105 N. Cleveland www.interbank.com







101 North Third 251-1442

Heritage Estates Quality Care Assisted Living

Prairie Acres

806-250-3922

State Capital Highlights

By Ed Sterling



Governor gives update on actions to combat coronavirus

AUSTIN — As the worldwide threat of novel coronavirus increased, state agencies already were working together to ensure the health and safety of all Texans, Gov. Greg Abbott said Feb. 27.

After a briefing from state and federal health officials on coronavirus (COVID-19), Abbott provided an update on steps the state is taking. He said the Department of State Health Services has activated the State Medical Operations Center to serve as a touchpoint for any requests from local entities. The center also ensures consistent collection, tracking and reporting of public health activities and

Also, DSHS is preparing state laboratories with testing capabilities for the novel coronavirus and is updating public health response plans in the event of the spread of the virus. Abbott said multi-level and multi-agency coordination and communication efforts are practiced daily to ensure up-to-date information is flowing between federal, state and local partners.

Furthermore, DSHS is coordinating with the Texas Department of Emergency Management, Texas Hospital Association, Texas Medical Association and state university systems to provide educational materials and the latest developments in research and treatment methods for the virus.

And, relevant agencies will implement disinfecting measures at places such as driver license offices and schools and ensure that high-risk populations such as those in daycare centers, nursing homes, assisted living associations and health-care facilities are prepared and properly cared for, Abbott said.

Meanwhile, the U.S. Centers for Disease Control and Prevention has confirmed multiple cases of COVID-19 in people under federal quarantine at Joint Base San Antonio-Lackland. The first was a traveler who returned on a U.S. State Department-chartered flight from Wuhan City, China. The others returned on a State Department flight for passengers from the Diamond Princess cruise ship quarantined in Yokohama, Japan. The individuals will remain isolated at medical facilities until they test negative for the virus and are no longer at risk of spreading it. The CDC has the latest information on the number of people under quarantine who are infected and is updating its national numbers each Monday, Wednesday and Friday.

New cards being issued

The Texas Department of Public Safety on Feb. 27 announced that it is now issuing redesigned, tamper-resistant Texas driver's licenses, identification cards and license-to-carry

The cards have a new look with an updated design and enhanced security features. The driver's license and ID cards also have visible and discrete identifiers on the front.

The DPS said that previously issued driver's licenses are still valid until the expiration date listed on the card and, beginning Oct. 1, travelers will need a valid passport, U.S. military ID or a REAL ID compliant driver's license (one with the gold star) to travel on commercial airlines or enter federal facilities.

Paxton welcomes ruling

Texas Attorney General Ken Paxton on Feb. 26 applauded a federal district court ruling holding that a 1998 comprehensive settlement agreement with R.J. Reynolds Tobacco Company and other tobacco companies stands and the agreed payments to the state for smokingrelated healthcare costs must be enforced.

The U.S District Court for the Eastern District of Texas rejected Reynolds' argument that selling acquired brands included in the settlement nullified its obligation to Texas taxpayers, declaring that "Reynolds remains as liable today as it was when it entered into the Texas Settlement in 1998."

"I applaud the court for holding tobacco companies accountable to the terms of the settlement to which they agreed. Texas taxpayers are owed substantial back payments and we will not allow any company to shirk their obligations to the people of this state," said Paxton. "No matter how large the company or how long the fight, my office will continue to fight for the compensation that taxpayers are

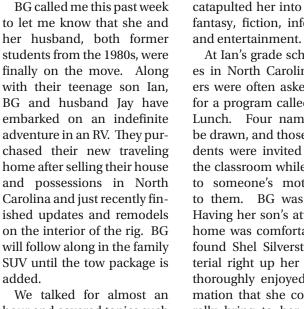
Vaping case count: 250

The Department of State Health Services on Feb. 25 reported some 250 Texas cases of severe lung disease in people who used e-cigarettes before developing symptoms. Four of them have died.

Patients range in age from 13 to 75 years old with a median age of 22 years. About onequarter of the people affected in Texas are minors. Three-quarters are male and nine in 10 report vaping THC or marijuana possibly in conjunction with other substances. Almost all patients were hospitalized and the DSHS said many required intensive care.

Check Your Mirrors

By Sue Jane Sullivan



hour and covered topics such as the excitement of travel, the challenges of homeschooling, the next route of their journey, some sites I suggested for them, and her postcard project (she is going to send me some for my collection).

At some point, the conversation turned to reading. She wanted to pass along a couple of book titles to me, both of which involved travel and supplementing income while doing so-topics she knew would interest me.

It was during this part of our phone visit that BG's voice began to inflect, revealing just how much reading meant to her. She told me that her dvslexia when I had her in class had not only frustrated her but shrunk her world. It would be her son's arrival that changed so much, not just for her as a mother but as a learner. Reading aloud to Ian

catapulted her into worlds of fantasy, fiction, information,

At Ian's grade school classes in North Carolina, mothers were often asked to read for a program called Literary Lunch. Four names would be drawn, and those four students were invited to eat in the classroom while listening to someone's mother read to them. BG was hesitant. Having her son's attention at home was comfortable. She found Shel Silverstein's material right up her alley and thoroughly enjoyed the animation that she could naturally bring to her voice for Ian's listening time. But reading to a group of children she did not know or in front of a teacher posed a self-confidence issue because of her learning disability.

Jay suggested she choose her favorite selections and practice at home, just as she had with Ian. BG took it a step further and even rehearsed while parked in the school lot before the lunch reading sessions began. The more she read, the less nervous she was and the more she volunteered. BG's own reading skills improved, and she told me that she delighted in that one thing that melts any teacher: hugs of gratitude from the students. I can just imagine how her eyes lit up as she spoke the lines to "Ickle Me, Pickle Me, Tickle Me Too"-one of her Silverstein favorites.

Jay and BG are high school sweethearts who have survived lean years financially, both working multiple jobs at the same time. Both artists and musicians in addition to being photographers and computer/technology savvy folks, the creativity flows in their family. Jay's belief in his wife's determination to overcome the anxiety of reading in front of people is an important part of why BG has turned into a voracious reader. During the "do without" years, the library card gave them riches of another kind. When Jay was able to buy her a NOOK, BG says she "drank up books like crazy. I was addicted and read 148 within a year and a

This week the Harris Family RV is parked in Borden County, Texas, the place where they attended school for many years. Ian told his parents he wanted to visit to the little community of Gail, perhaps drawn by some echoes of Shel Silverstein that his parents heard many years ago in my classroom years ago:

Listen to the mustn'ts, child. Listen to the don'ts. Listen to the shouldn'ts, the impossibles, the won'ts. Listen to the never haves, then listen close to me...... Anything can happen, child. Anything can be."

Safe travels, sweet friends. Sue Jane Sullivan is a freelance writer residing in Austin, Texas. She retired after teaching 41 years, all in the same public school district in Borden County (Gail, Texas).

Subscribe to the Friona Star Today!

806-250-2211 • frionastar@wtrt.net



Breakfast Cereal

Although hot cereal has been around for centuries, cold breakfast cereal was invented right here in America around the turn of the century. Just after the Civil War, Americans began to become more health conscious. This led to the rise in places like the Jackson Sanitarium started by Dr. James Caleb Jackson. While developing healthy food for his patients, Dr. Jackson invented what he called Granula. This was made from graham flour and water. The hard product had to be soaked in milk over night to make it soft enough to eat. Another similar product, Wheatena, used cracked wheat and was created by George H. Hoyt in New York. Hoyt began selling his product in packages rather than by the pound.

Around 1866, Ellen White and her husband James opened the Western Health Reform Institute. After poor attendance, Ellen hired John Harvey Kellogg to market her sanitarium. After working at New York's Belleview hospital, John returned to take over the sanitarium. Much like Dr. Jackson, Kellogg developed

a cereal to feed his patients. He even called it Granula, until a lawsuit forced him to change the name to Granola. In the process of developing this product, John and his brother, Will, created the first flaked corn and called the product Granose Flakes. After parting ways in 1925, Will opened the Battle Creek Toasted Corn Flake Company, which would later be changed to the Kellogg Company. Other types of cereal would soon follow including Grape Nuts, invented by Charles W. Post and puffed rice cereals, created by Dr. Alexander P. Anderson and sold to the Quaker Oats company. All of this took place in Battle Creek, Michigan, and it would be home to 40 cereal brands by 1902. It is known today as the Cereal Capital of the world.

Cold breakfast cereal was mostly an American invention, but in early 1900's the Swiss took a swing at the health fad. Dr. Maximilian Bircher-Benner created Muesli, a cereal made from rolled oats, dried fruits, and nuts, to feed his hospital patients. This cereal did not gain popularity until the 1960's and is still the most popular cereal in Europe today.

Cold breakfast cereal remained a healthy food until around 1939, when Ranger Joe Popped Wheat Honnies, the first sweetened cereal, hit the grocery store shelves. Breakfast cereal has never been the same. It is highly marketed to children and does so with sugar as well as cartoon characters and hidden prizes in the box. Some of the most popular brands include Cheerios, Honey Nut Cheerios, Fruity Pebbles, Cocoa Pebbles, Fruit Loops, and Lucky Charms just to name a few. The popularity of sugary cereal has led the recent invention of the Cereal Bar, where patrons choose from all varieties of cereal and a cereal inspired menu.

To help you celebrate National Cereal Day on March 7, this week I have chosen a couple of recipes that use cereal as an ingredient. If you want more information about cold breakfast cereal, you can find it at www.toriavey.com and www.historyofcereals.com.

Crunchy, Good-for-You Granola Bars

www.browneyedbaker.com

Ingredients:

11/2 cups puffed kamut (or puffed rice or puffed

11/2 cups traditional rolled oats (not the quickcook kind)

½ cup Grape-Nuts cereal 1/3 cup dried cranberries or chopped dried

apricot (or mix of both)

1/3 cup salted sunflower seeds 1/4 cup raw pumpkin seeds

Dash of cinnamon

3½ tablespoons almond butter (can substitute soy butter or peanut butter, creamy or chunky)

3½ tablespoons brown rice syrup 3 tablespoons honey

1 tablespoon light brown sugar

1 teaspoon vanilla

Directions:

Preheat oven to 325 degrees F. Line and 8- or 9-inch square pan with a long sheet of parchment paper (so ends extend over edges of pan). Mix the puffed kamut, oats, Grape-Nuts, dried fruit, sunflower seeds, pumpkin seeds and cinnamon in a large bowl. In a small saucepan over low heat, warm the almond butter, brown rice syrup, honey, brown sugar and vanilla until sugar has melted and the almond butter has thinned. Pour the liquid mixture on top of the dry ingredients, mixing well. When everything is equally coated, spread the mixture into the pan. Press the mixture down with the bottom of a measuring cup or the back of a wooden spoon. Bake for about 25 minutes, or until golden brown. When you remove the pan from the oven, again use the back of a wooden spoon to press the bars flat. Allow to cool completely before touching them again. When totally cooled and hard, lift the ends of the parchment and put onto a cutting board and cut into bars or squares. I wrapped the individual bars in foil and stored them in a Ziploc bag at room temperature.

Crunchy Cereal Chicken Fingers

By Ree Drummond

Ingredients

Vegetable oil, for frying

1 cup all-purpose flour

Kosher salt and freshly ground black pepper

1 large egg, beaten 2 cups crunchy sweetened cereal, such as Cap'n Crunch

2 boneless, skinless chicken breasts, cut into 1-inch strips

1/2 cup ketchup 1/4 cup applesauce

2 dashes Worcestershire sauce

Directions

Heat 1/4 inch of oil in a large skillet over medium-high heat. Put the flour in a shallow bowl and add some salt and pepper. Put the egg in a second shallow bowl. Put the cereal in a resealable plastic bag and pound into crumbs with your hands until mostly broken up with some bigger pieces. Transfer the cereal to a third shallow bowl. Dip the chicken strips first in the flour, then the egg and then the cereal. Cook the strips in batches until golden brown and cooked through, 5 to 7 minutes. Drain on paper towels. Stir together the ketchup, applesauce and Worcestershire sauce in a small bowl. Serve as a dip with the chicken fingers.



Do you have questions on ARC or PLC & how your crop insurance can work for you? Call us! 806-360-2424

We have the information you need to make the most informed decision.

DEADLINE MARCH 15[™] Kathy Brorman

Kaeli Jo Hales 806-681-6292

Cell: 806-420-1100 Email: kathy@ag-specialist.net kaeli@ag-specialist.net 501 W. Park Ave, Hereford, TX 79045 | 806-360-2424



STAR CLASSIFIEDS

250-2211 Deadline: Tuesday @ 5 p.m.



BUSINESS



Now you can SHIP where you SHOP!

Blackburn Hardware 904 West 11th

250-2828 Hours: 8:00-5:30 Saturday 8:00-12:00



Serving Friona 272-6772 Cell: 523-2222 Master License #16066







SAMARRO TREE TRIMMING & PEST CONTROL

Richard Samarron Cell: (806) 236-4722

Commercial & Residential License #0818288

Tree Pruning & Removal

Stump Grinding

Shrub Trimming & Shaping

Large Lot Mowing

Yard Spraying

Excellent Cleanup

Bucket Truck Local

Experienced Insured



You CAN do it!

Don't throw away your empty aluminum cans. Please place any cans you have in the trailer located on the north side of the Friona Fire Department building on Main Street. Proceeds from the sale of the cans will go to the FHS Senior Class and help fund the graduation party.



Drivers License Office **Schedule**

Tuesday-Wednesday

Located at Friona Police **Department**



Building

(806) 250-2784

Fax: (806) 250-3877 Reservations:

www.frionainn.com frionainn@gmail.com



Dr. Mindy Neal 1100 Hwy. 86 Bovina, TX

Subscribe to the Friona Star Today!

806-250-2211 • frionastar@wtrt.net

The Nutrition Spot

Smoothie & Juice Bar • 613 Main, Friona TX

Phone: (575) 219-9436

EG Photography



Eric Gonzalez • 806-433-1973



A 501(c)3 non-profit organization dedicated to the prevention of cruelty to animals, the relief of suffering among animals, and the extension of humane education.

Volunteer opportunity. You have skills? Parmer Paws needs you. Bring your talents, whatever they may be, and join us. 806-240-2211 or ParmerPaws @yahoo.com



HELP WANTED

Owner/Operator Company Drivers Needed

Reefer experience needed **Different Lanes** Schedule your own time off **Bonus Pay Paid Vacation** Company Driver pay \$.47 per actual mile Owner/Operator Pay

CONTACT TOM RANDOLPH: 806-282-5531

NOW HIRING

Friona ISD is looking for a substitute custodian that could possibly turn into full time. Hours are based on need each day. Interested applications may call Friona ISD 806-250-2747 or Martha Moreno 806-346-2091.

Friona ISD está buscando una persona de limpieza sustituto que posiblemente pueda convertirse en timpo completo. Las horas se basan en la necesidad de cada día. Las personas interesadas pueden llamar a Friona ISD 806-250-2747 o Martha Moreno 806-346-2091.

Friona Interbank is seeking individuals to fill a teller position. To apply online, please go to interbank.com. Thank You.











Full Time RN/LVN Night Nurse Prairie Acres, an award winning,

5-Star nursing facility in Friona, TX is seeking to hire a full-time RN/ LVN Night Nurse. Position is a steady, rotating schedule with every other weekend guaranteed off!

We offer competitive wages and benefits as well as a signon bonus and other incentives for qualified candidates!

Interested applicants please apply in person at: 201 E 15th St. Friona, Texas 79035 or call Tricia at (806) 250-3922 or email your resume to info@prairiacresnursing.com





PROPERTY Associates Realtors

102 E. 11th Friona 806-250-2745

frionarealestate.com **Broker/Owner: Holly Campbell**

806-250-2745

Sales Associates:

Kevin Cooper 806-240-5468 Karla Rector 806-382-7465 George Rushing 806-265-7037

FRIONA

3/4/4 Brick in Western Addition w/cent. h&a, office, granite in kitchen, sprinkler system, new roof, all exterior

4/5/3 Brick w/cent. h&a, basement, fp, close to high school, \$25,000 cash allowance at closing......**\$291,775**

NEW: 3/2/2 Brick w/cent. heat, 2 living areas, basement, sprinkler f&b, shop with electricity, large lotCont Pend

4/2/1 Siding w/central heat & air, new carpet, new granite counter tops, fenced backyard, corner lot\$87,500

NEW: 3/1/1 Stone w/central heat & air, carport, cellar, corner lot, close to schools, metal roof. Call for More Info

BOVINA

NEW: 3/2/2 Brick w/cent. h&a, fp, 2 living areas, open floor plan, stone coated metal roof, large yard. Cont Pend



Commercial Building in Bovina: Brick w/cent. h&a, 7 offices, large waiting room, extra lot



Kevin Cooper

806-240-5468

Sales



Karla Rector 806-382-7465

Let us sell your property!



FARMS/RANCHES FOR SALE

PARMER CO., TX. - Hub Farm & Feedyard - 389 ac. +/-, 1,650 ft. of bunks, 170 ac. under one pivot, Hwy. 86 front-

PARMER CO., TX. - two quarters of farmland being farmed dryland adjacent to each other, located two mi. N. of Friona, Texas on Hwy. 214.

CASTRO CO., TX. - choice ½ section complete w/two modern ¼ mi. sprinklers, 3 irr. wells & hwy frontage.

Please view our website for details on these properties, choice NM, CO & TX ranches (large & small), irr./dryland/CRP & commercial properties.

www.scottlandcompany.com Ben G. Scott - Krystal M. Nelson - Brokers 800-933-9698 day/ eve

Homes For Sale

19 RIDGEVIEW AVE-FARWELL, TEXAS-FARWELL COUNTRY CLUB ADDITION - 3/3/2 brick home, 1.033+/- acres, Farwell school district. Easy access to Clovis. Open floor plan with fireplace. Many recent upgrades. Room for shop or additional garage.

PRICE REDUCED AGAIN to \$229,900.00-1602 FM 145-Muleshoe-Home on 7.161 Acres+/- 3/2/2 brick home, Metal frame Hay Shed (70'X100'). Metal frame Barn/ Shop (25'X25'). Ask us about Seller allowances.

Please view our website for details on these properties, choice NM ranches (large & small), irr./dryland/CRP & commercial properties. We need your listings on any types of ag properties in TX., NM, OK & CO.

www.scottlandcompany.com Ben G. Scott - Krystal M. Nelson - Brokers 800-933-9698 day/ eve

PCRTSP meets at museum

Parmer County Retired Teachers and School Personnel met on March 2, 2020 at the Parmer County Pioneer Heritage Museum. Gladys Spring discussed the museum's history and future projects. PCRTSP member Patsy Allen noted the contributions of Friona High School students in the renovation of the building. Thanks to Wendy Carthel, museum director, for her help with this meeting. Tracy Ellis conducted the business meeting, and Melissa Randolph ice cream supper this summer will honor new retirees.



served refreshments. This was the final meeting of the school year. An ice cream supper this summer will honor new retirees.

Standing in front of the Reeve family display are legislative chair Sharon Reeve White, and presenter Gladys Spring. Several PCRTSP members are descendants of pioneer families.



PCRTSP officers and chairs – First vice president Connie Slagle, wellness chair Connie Johnson, treasurer Sue Wells, volunteer chair Glenda Procter, and second vice president Amelia Wright. Seated are president Tracy Ellis and social chair Melissa Randolph. Not pictured is Linda White, secretary.

USDA Expands Market for U.S. Wheat

WASHINGTON, Feb. 25, 2020 – U.S. Secretary of Agriculture Sonny Perdue today announced that, effective immediately, U.S. wheat may now be shipped to Kenya regardless of state of origin or port of export. This important step will allow U.S. wheat from Idaho, Oregon, and Washington to be added to the list of states that can ship wheat to Kenya.

"American farmers in the Pacific Northwest now have full access to the Kenyan wheat market," said Greg Ibach, U.S. Department of Agriculture (USDA) Under Secretary for Marketing and Regulatory Programs. "This action proves our commitment to securing fair treatment and greater access for U.S. products in the global marketplace."

For the last 12 years, USDA's Animal and Plant Health Inspection Service (APHIS) has worked closely with Kenyan officials to address plant health concerns that kept U.S. wheat exports from

Idaho, Oregon, and Washington out of Kenya. The U.S.-Kenya Trade and Investment Working Group, established after an August 2018 White House meeting between President Donald Trump and Kenyan President Uhuru Kenyatta, provided the forum for APHIS, USDA's Foreign Agricultural Service and the Office of the U.S. Trade Representative to finally resolve this longstanding issue with

Kenya. On January 28, 2020, Kenya's national plant protection organization officially signed the Export Certification Protocol between Kenya Plant Health Inspectorate Service and APHIS/PPQ on Wheat Grain Consignments to Kenya for immediate implementation. The protocol gives U.S. exporters full access to Kenya's wheat market, valued at nearly \$500 million annually.

"Going forward, the USDA team looks forward to building on this success and further strengthen-

ing our relationship with Kenya as we pursue a new bilateral free trade agreement that will create additional market opportunities for U.S. producers and exporters," said Under Secretary for Trade and Foreign Agricultural Affairs Ted McKinney.

Background: After 12 years of discussion and a U.S. technical visit, Kenya agreed to lift its prohibition on U.S. wheat exports from Idaho, Oregon, and Washington. Kenya will now accept APHIS export phytosanitary inspection and certification for wheat from any U.S. state of origin or port of export, effective immediately.

As part of the technical agreement, APHIS will work with U.S. stakeholders to enhance general surveillance for flag smut of wheat (Urocystis agropyri) in Idaho, Oregon and Washington and ask industry to support a technical visit from Kenya to examine crop surveillance measures for flag smut.

Texas Crop and Weather Report

By Adam Russell

Corn crop expected to set record in 2020

Texas corn producers face a 2020 that could provide price opportunity ahead of what is shaping up to be a record national corn crop, said a Texas A&M AgriLife Extension Service expert.

The preliminary U.S. Department of Agriculture feed grain outlook for 2020 suggests an increase in corn acres and a record yield. That would produce a record corn crop, and combined with carryover from 2019, result in an all-time record high total corn supply.

Corn crop expectations are up

Mark Welch, Ph.D., AgriLife Extension grain economist, College Station, said the outlook coupled with other market factors could mean lower prices in the long term if the U.S. crop comes in as expected.

"It looks like they're expecting a bounce back on corn acres this year and are estimating a record crop," Welch said. "They're talking about incredible production numbers."

Welch said corn dominates the feed grain market, especially in Texas, and drives the feed grain picture

Last year, nasty spring conditions in the Corn Belt prevented farmers from planting 10 million to 14 million acres. But corn acres held about steady with the last several years, with about 90 million acres still planted nationally in 2019.

The USDA report estimates 94 million acres of corn will be planted nationally in 2020.

"That's a significant increase," Welch said. "They are just beginning the farmer survey and are basing their preliminary numbers on math models. The prospective plantings will become clearer in March when they survey producers."

The report also estimates per-acreage production to increase to 178.5 bushels compared to the production peak in 2017/2018, when acre-production averaged 176.6 bushels.

"It will take a good season to do it, but that is an amazing number that would push total production beyond 15 billion bushels, which is a huge number," he said. "You're looking at 1.8 billion more bushels than the current estimate of the 2019 crop if conditions play out favorably."

What's that mean for Texans?

Texas has an advantage when it comes to production and grain marketing – an early crop, Welch said. Producers in South, Southeast, the Coastal Bend and Central Texas will have much of their harvest ready to market before the production picture for the Corn Belt is clearer in August.

The estimates for 94 million acres, 178.5 bushels per acre and the expected carryover does not bode well for strong corn prices in 2020, Welch said. But getting to market before speculators have a clearer picture of a potential corn crop could help.

"There will still be a lot of things unknown about the Corn Belt crop, and that's a market advantage for some Texas growers," he said. "What happens there over the next few months weather-wise and with updated prospective planting reports will weigh on where prices go."

There are still many aspects of the 2019 crop that is unknown, Welch said. Some acres went unharvested and 2019 quality and quantity reports have not fully determined the carryover crop's value in various markets.

Global trade of many products and commodities to China were anticipated to improve with the signing of the Phase 1 trade agreement, but that could change due to animal and human diseases there disrupting the market, Welch said.

With futures prices for corn trading at about \$3.80 per bushel and cotton around 68 cents per pound, neither paints a clear path for Texas growers weighing their options, he said.

"It's too close to call," he said. "So, I think you'll see producers deciding based on what they grow best or based on an agronomic-rotation schedule for their operation. It will be a challenge for many producers to budget for black ink at these prices, so they will probably base their decision on other factors."

Coronavirus spreading uncertainty for Texas cotton producers

Uncertainty surrounding the spread of coronavirus has Texas cotton producers in limbo regarding their crop options for 2020, according to a Texas A&M AgriLife Extension Service expert.

John Robinson, Ph.D., AgriLife Extension cotton marketing specialist, College Station, said cotton prices have been dropping due to the disease's effects on global production, manufacturing and consumption.

The ripple effect of coronavirus on the global supply chain and U.S. imports and exports is spreading, he said.

"The human toll is evident, but there's also a lot of disruption to commerce, including to cotton," Robinson said. "You've got hundreds of millions of people in Asia who are staying at home. That affects everything from ships not being unloaded to textile manufacturing and consumption."

The National Cotton Council's prospective planting surveys suggested growers would plant 13 million acres of cotton in 2020, but prices have plunged since.

Prices fell 3-4 cents per pound in a week as the U.S. stock market dropped 1,000 points per day for three consecutive days, he said. On Feb. 27, cotton futures were down to 64 cents per pound.

Robinson said the average producer needs cotton futures prices to be around the mid-70 cent mark for any possibility of profit.

The recent U.S. Department of Agriculture cotton outlook adjusted U.S. planting expectations to 12.5 million acres. But Robinson said the extent of the coronavirus outbreak could mean further price dips and more producers looking for other planting options.

Robinson said 5.4 million bales of cotton may carry over from the 2019 growing season, which is similar to the previous marketing year. However, typical price rallies on cotton futures, which occur March through May during planting season, seem to be in jeopardy.

"I've never seen it like this," he said. "How the information is changing week to week on the prices and acreage outlooks shows the uncertainty regarding how far and wide coronavirus could spread."

Robinson said conversations with cotton

growers suggests they're not ready to commit to a crop due to the uncertainty. But options are limited for many growers in parts of the state. Cotton acres have increased north of Amarillo

over the last several years, he said. Those acres switched from corn because of irrigation limits and better cotton prices.

"Cotton is more tolerant to drier conditions, and prices helped that trend," he said. "But now you have a lot of farmers who have invested in cotton equipment, and there's been investment in gins. So, this has some growers in a difficult spot."

Many dryland growers will have even fewer options because wheat and sorghum prices aren't any better, he said.

"It may come down to which decision will lose less money," he said. "We're hoping the coronavirus will be a short-term problem and that there will be some positive news as we move through the planting season, but right now the unknown has everything in limbo."

AgriLife Extension district reporters compiled the following summary:

PANHANDLE: Parts of the district received some moisture. There was very little farming activity due to wet conditions in some areas. Winter wheat was progressing, and wheat field conditions were poor to good. Pasture and rangeland subsoil and topsoil moisture were short to adequate. Southeast areas reported short subsoil and topsoil moisture. Rain and warmer weather were needed to get pastures back on track. Wheat and pasture conditions will need to improve soon to improve cattle body conditions. Limited irrigation was provided to wheat fields in an attempt to promote grazing for livestock.

NOTICE TO BIDDERS

Sealed proposals addressed to the Mayor and elected representatives of the City of Friona for the sealcoating of approximately 31,700 square yards of single course penetration of streets and driveways entitled:

SEALCOAT - 2020

will be received at the office of the City Manager of Friona at City Hall, 623 Main Street, Friona, Texas, 79035 until:

11:00 AM March 24, 2020

A cashier's check, certified check or acceptable bidder's bond, payable to the Owner in an amount equal to not less than five percent of the bid submitted, must accompany each bid as guarantee that, if awarded the contract, the Bidder will, within fifteen days after receipt of Contract Documents, enter into a contract with the Owner and will execute bonds on the forms provided in the Contract Documents. Any bid received after the time and date listed above will be returned unopened and will not be considered.

Bidders are expected to inspect the site of the work and inform themselves regarding all local conditions

Contract Documents are on file and may be examined in the office of the City Manager, City of Friona, 623 Main Street, Friona, Texas 79035, phone (806) 250-2761, and the offices of Brandt Engineers, Consulting Engineers, 4537 Canyon Drive, Amarillo, Texas 79110, telephone (806) 353-7233

Plans and Specifications may be obtained from the Engineers, Brandt Engineers, 4537 Canyon Drive, Amarillo, Texas 79110, phone (806) 353-7233 in the following manner:

Cost: Seventy-Five Dollars (\$75.00), non-refundable, for each set of plans and specifications.

Performance and Payment bonds shall be set forth in the Contract Documents.

The Owner reserves the right to reject any or all bids and to waive any informalities in the bidding. In case of ambiguity or lack of clearness, the Owner reserves the right to adopt such interpretations as may be most advantageous or to reject the bid as informal. No bid may be withdrawn until the expiration of 60 days from the bid opening date.

CITY OF FRIONA

HHS Monitors Coronavirus, Provides Guidance to Long-Term Care Facilities

Texas Health and Human Services continues to closely monitor the novel coronavirus outbreak and provide guidance to licensed longterm care facilities to prevent the spread of respiratory infection in the state.

"While the risk of coronavirus infection in Texas remains low, we're preparing for the potential spread of the virus within long-term care settings where older residents are particularly vulnerable to disease," said David Kostroun, HHS deputy executive commissioner for Regulatory Services. "We are taking simple, but effective precautions and providing guidance to the facilities we regulate to help protect long-term care residents, employees and visitors from respiratory illness."

To date, there have been no confirmed novel coronavirus cases that have originated in Texas.

To prevent the spread of coronavirus (CO-VID-19), the Centers for Disease Control and Prevention recommend long-term care facilities such as nursing and assisted living facilities use the same general strategies that are used to detect and prevent the spread of respiratory viruses like the flu.

Long-term care facilities in Texas are required to maintain infection prevention and control programs to prevent the spread of communicable diseases. Facilities are required to report any suspected outbreaks to the local health department or the Department of State

Health Services.

Texas HHS is also encouraging facilities to post signs at the entrance instructing people not to visit if they have symptoms of any respiratory illness. Long-term care facilities should also ensure sick leave policies allow employees to stay home when ill, monitor and isolate residents with fever or acute respiratory symptoms to their rooms, provide infection control training, require frequent handwashing, and provide the right supplies for personal protective equipment. For more information on guidance for long-term care facilities, visit the CDC's site.

If a facility believes a resident, visitor or employee may have been exposed or infected with COVID-19, they should contact their local health department or the Texas Department of State Health Services.

Texas HHS licenses and regulates 3,240 nursing and assisted living facilities throughout the state. The agency is currently developing additional infection control guidance for licensed health care facilities, child care operations, and other regulated entities.

Texas HHS is working closely with DSHS, the Texas Department of Emergency Management and other agencies to monitor and assess the coronavirus outbreak in the U.S.

Texans are encouraged to visit the DSHS website and the CDC page for up-to-date information on the COVID-19.



SPORTS



Spring sports have arrived!

2020 Baseball







	1	2	3	4	5	6	7	K	H	Е
Lbk Rsvlt	0	6	3	3	0	X	X	12	13	0
Friona	0	2	0	0	1	X	X	3	4	2
	. 1			1 4				. D .	TT I	Б
	1	2	3	4	5	6	7	R	H	Е
Ralls	7	1	3	1	0	X	X	12	9	0
Friona	1	0	0	0	0	X	X	1	3	1
	1	2	3	4	5	6	7	R	Н	E
Lbk High	3	0	1	0	0	-1	X	3	6	0
Friona	0	0	0	0	2	0	X	2	2	0
	1	2	3	4	5	6	7	R	Н	Е
Lbk Rsvlt	4	3	3	0	3	2	3	18	13	1

Golf

The boys and girls golf teams competed in the Canadian Invitational at Ross Rogers this week. The boys finished 9th as a team and Colton Riethmayer was the low score for the team. The girls competed individually and Kambree Kimbrough was the low score for the girls team.

Girls Track

The Girls Track team finished 1st and were Team Champions of the Muleshoe Relays.

4x100 Relay "A" team (1st)

Rebecca Schlenker Jodi Denton Noelia Bautista Anahi Gonzalez 4x100 Relay "B" (9th) Nevaeh Maestas Lizbeth Toledo Luz Garcia Destini Fernandez 4x200 Relay "A" (1st) Rebecca Schlenker Jodi Denton

Anay Chihuahua

Anahi Gonzalez 4x200 Relay "B" (3rd)

Nevaeh Maestas Lizbeth Toledo Luz Garcia Destini Fernandez

4x400 Relay "A" (1st) Rebecca Schlenker

Jodi Denton Anay Chihuahua Anahi Gonzalez

4x400 Relay "B" (3rd)

Destini Fernandez Lizbeth Toledo Nevaeh Maestas

Makayla Ramos 4x800 Relay "A" (2nd)

Esperanza Santiago Andrea Chavez **Kylee Sifuentes** Makayla Ramos

Sprint Medley Relay "A" (2nd)

Joscelin Barraza Noelia Bautista Leidi Chihuahua Makayla Ramos

Sprint Medley Relay "B" (9th)

Amor Espinoza Laura Perez

Janessa Garcia

Amber Zuniga **Distance Medley Relay (6th)**

Leidi Chihuahua Andrea Chavez **Kylee Sifuentes** Esperanza Santiago High Jump (2nd)

Jodi Denton Long Jump team (1st)

Rebecca Schlenker Jodi Denton Noelia Bautista

Joscelin Barraza Shot Put team (4th)

Carly Drake Sharlene Maldonado Alexa Ortiz Discus team (1st)

Carly Drake

Sharlene Maldonado Alexa Ortiz

Carly Drake also competed in the West Texas A&M High School Classic. She finished 4th in the Discus and 1st in the Shot Put.

Boys Track

The Boys Track Team finished 1st and were Team Champions of the Muleshoe Relays.

4x100 Relay (1st)

Malachi Torres Bryan Chavira Eduardo Chavez Jacob Bautista

4x200 Relay (1st)

Eduardo Chavez Malachi Torres Jacob Bautista Bryan Chavira

4x400 Relay (2nd)

Alan Martinez Eduardo Chavez Rogelio Palacios Marc Mendoza

4x800 Relay (1st)

Alan Martinez Gabriel Perez Adrian Legarreta Erick Castaneda

Sprint Medley Relay (1st)

Angel Carranza Rogelio Palacios Aaron Salinas Adrian Legarreta

Distance Medley Relay (1st)

Rogelio Palacios Alan Martinez Erick Castaneda Adrian Legarreta

Shot Put Team (2nd) Jake Padilla

Victor Puga Alex Montes

Discus Team Jake Padilla Alex Montes Victor Puga

High Jump 2nd place @ 5'6" Jared Rejino

Long Jump Team 2nd place Malachi Torres

Chieftain Relays Friona High School

March 12, 2020

Schedule

12:00 **Scratch Meeting (Activity Center)** 1:00

3200 (VG, JVB, VB)

Field Events

(Varsity 3 Jumps/Throws Prelims with Top 7 to Finals except in Vertical Jumps)

(Junior Varsity 4 Jumps/Throws NO FINALS) <u>LJ - TJ - HJ</u> VB - VG - JVB - VB - VG - JVB 1:00 2:00 JVB - VB - VG - JVB - VB - VG VG - JVB - VB - VG - JVB -3:00

Starting Heights

HJ PV - 4'2" VG - 6'0" VG JVB - 4'8" JVB - 7'6" VB - 5'2" VB - 8'6"

*We will begin Timed Finals 15 minutes after the conclusion of the field events (Est. 4:30)

4:30 (Est) Running Order-(Finals Only)

4 X 100 Meter Relay -- VG - JVB - VB -- VG - JVB - VB 800 Meter Run Meter Hurdles -- VG (33 Ht) 100 - JVB - VB (39 Ht) 110 Meter Hurdles -- VG - JVB - VB 100 Meter Dash 4 X 200 Meter Relay -- VG - JVB - VB -- VG - JVB - VB 400 Meter Dash 300 Meter Hurdles -- VG (30 Ht) - JVB - VB (36 Ht) -- VG - JVB - VB Meter Dash -- VG - JVB - VB 1600 Meter Run 4 X 400 Meter Relay -- VG - JVB - VB

Junior High Chieftain Relays

Friona High School March 10, 2019

Schedule

2:00 **Scratch Meeting (Activity Center)** 3:45 2400 Meter Run (7G, 8G, 7B, 8B)

Field Events (3 Jumps / Throws except in Vertical Jumps)

TJ - DISC 7G 8B 3:45 7B 7B 4:45 8B 5:45 8G 7G 8B 8G 6:45 7B 8G 7G

Starting Heights

HJ PV7G - 3'10" - 5'6" 7B - 4'6" - 6'0" 8G - 4'0" - 6'0" 8G 8B - 6'6" 8B - 4'10"

5:30 Running-(Finals Only) 4X100 Meter Relay

-- 7G - 8G - 7B - 8B 800 Meter Run -- 7G - 8G - 7B - 8B 100 Meter Hurdles -- 7G - 8G (30 Ht) - 7B - 8B (36 Ht) 110 Meter Hurdles ----- 7G - 8G - 7B - 8B 100 Meter Dash -- 7G - 8G - 7B - 8B 4X200 Meter Relay -- 7G - 8G - 7B - 8B 400 Meter Dash Meter Hurdles -- 7G - 8G (30 Ht) 300 - 7B - 8B (33 Ht)

-- 7G - 8G - 7B - 8B 200 Meter Dash 1600 Meter Run -- 7G - 8G - 7B - 8B -- 7G - 8G - 7B - 8B 4X400 Meter Relay

NCC Survey Suggests U.S. Producers to Plant 13.0 Million Acres of Cotton in 2020

MEMPHIS, Tenn. - U.S. cotton producers intend to plant 13.0 million cotton acres this spring, down 5.5 percent from 2019 (based on USDA's February 2020 estimate), according to the National Cotton Council's 39th Annual Early Season Planting Intentions Survey. (see table attached)

Upland cotton intentions are 12.8 million acres, down 5.6 percent from 2019, while extra-long staple (ELS) intentions of 224,000 acres represent a 2.7 percent decline. The survey results were announced at the recent NCC 2020 Annual Meeting in New Orleans, Louisiana.

Dr. Jody Campiche, the NCC's vice president, Economics & Policy Analysis, said, "Planted acreage is just one of the factors that will determine supplies of cotton and cottonseed. Ultimately, weather, insect pressures and agronomic conditions play a significant role in determining crop size."

She said that with abandonment assumed at 13.8 percent for the United States. Cotton Belt harvested area totals 11.2 million acres. Using an average U.S. yield per harvested acre of 848 pounds generates a cotton crop of 19.8 million bales, with 19.1 million upland bales and 675,000 ELS bales.

The NCC questionnaire, mailed in mid-December 2019 to producers across the 17-state Cotton Belt, asked producers for the number of acres devoted to cotton and other crops in 2019 and the acres planned for the coming season. Survey responses were collected through mid-January.

Campiche noted, "History has shown that U.S. farmers respond to relative prices when making planting decisions. The cotton-tocorn and cotton-to-soybean price ratios are lower than in 2019 due to lower cotton prices and higher corn and soybean prices. A price ratio decrease generally indicates a decline in cotton acreage. For the 2020 crop year, corn, soybeans, and wheat are expected to provide modestly more competition for cotton

Southeast respondents indicate a 9.3 percent decrease in the region's upland area to 2.7 million acres. All states in the Southeast show a decline in acreage. In Alabama, the survey responses indicate a 4.9 percent decrease in cotton acreage. In Florida, respondents indicated slightly less cotton due to a shift to corn. In Georgia, cotton acreage is expected to decline by 11.9 percent as growers expect to plant more corn and peanuts. In North Carolina, an 8.4 percent decline is expected. In South Carolina, cotton acreage is expected to decline by 10.7 percent while acreage of corn and soybeans is expected in increase. Cotton acreage is expected to decline by 3.6 percent in Virginia.

Mid-South growers intend to plant 2.2 million acres, a decline of 6.5 percent from the previous year. Across the region, all states intend to decrease cotton acreage. Arkansas producers intend to plant 3.0 percent less cotton acreage and increase corn acres. Louisiana producers expect to plant 6.4 percent less cotton acreage in 2020 and plant more corn and soybeans. In Mississippi, cotton acreage is expected to decrease by 8.9 percent due to a shift to corn and soybeans. Missouri growers expect to decrease cotton acres by 2.1 percent and plant more corn. In Tennessee, cotton acreage is expected to decline by 11.8 percent percent as land shifts to corn and soybeans.

Southwest growers intend to plant 7.6 million cotton acres, a 3.4 percent decline. Increases in cotton area are expected in Kansas and Oklahoma, while a decrease is expected in Texas. In Kansas, producers intend to plant 5.1 percent more cotton acres and reduce corn and soybean acreage. In Oklahoma, a 3.3 percent increase in cotton acreage is expected. Texas acreage is expected to decline by 4.2 percent while corn and wheat acreage is expected to increase.

Far West producers are expecting to plant 221,000 upland cotton acres - a 20.5 percent decrease from 2019. Cotton acreage is expected to decrease in Arizona and California and increase slightly in New Mexico.

At current prices, many producers could continue to face difficult economic conditions in 2020. Production costs remain high, and unless producers have good yields, current prices may not be enough to cover all production expenses.

NCC delegates were reminded the expectations are a snapshot of intentions based on market conditions at survey time with actual plantings influenced by changing market conditions/ weather.

Prospective 2020 U.S. Cotton Area

	2019 Actual (Thou.) 1	2020 Intended (Thou.) 2	Percent Change
SOUTHEAST	2,965	2,690	-9.3%
Alabama	540	513	-4.9%
Florida	112	110	-2.2%
Georgia	1,400	1,233	-11.9%
North Carolina	510	467	-8.4%
South Carolina	300	268	-10.7%
Virginia	103	99	-3.6%
MID-SOUTH	2,400	2,244	-6.5%
Arkansas	620	601	-3.0%
Louisiana	280	262	-6.4%
Mississippi	710	647	-8.9%
Missouri	380	372	-2.1%
Tennessee	410	362	-11.8%
SOUTHWEST	7,865	7,598	-3.4%
Kansas	175	184	5.1%
Oklahoma	640	661	3.3%
Texas	7,050	6,753	-4.2%
WEST	278	221	-20.5%
Arizona	160	119	-25.7%
California	55	38	-30.9%
New Mexico	63	64	1.7%
TOTAL UPLAND	13,508	12,753	-5.6%
TOTAL ELS	230	224	-2.7%
Arizona	8	7	-1.8%
California	205	197	-3.9%
New Mexico	5	5	0.0%
Texas	12	14	15.5%
ALL COTTON	13,738	12,977	-5.5%

1/ USDA-NASS February Estimate • 2/ National Cotton Council

Lazbuddie ISD 4th 6 Weeks Honor Roll

Elementary "A" Honor Roll

Emme Mendez, Paislee Ruthardt, Gonzalo Silva, Logan Tyler, Abigal Dyck Fehr, Davyn Glover, LeJynd Smyer, Jacob Thiessen, Elizabeth Burch, Audrey Damron,

Elementary "AB" Honor Roll

Grecia Reyes, Kingston Reyes, Ayden Solano, Kylee Beggs, Beatrice Bishop, Chance Dyck, Adan Ontiveros, Yurianna Silva, Nash St. Clair, Rhett Weaver, Joseph Carrillo, Yaslin Silva, Dylan Tyler, Susana Wiebe, Leelynn Davis, Brock St. Clair

Junior High "A" Honor Roll

Brynlie Cleavinger, Kobi Kirby, Madison Tyler, Ryelan Mason

Junior High "AB" Honor Roll

Bruno Ibarra, Nelinora Thiessen, Blaykin Branscum, Ed Carrillo, Dwight Dyck, Emmaly Ibarra, Tanner Lostroh, Wilhelm Martens, Ruemer Smyer, Lauren Weaver, Eva Froese, Jackson Gable, Bo Kerr, Luke Kerr, Kaylee Lee

High School "A" Honor Roll

Elias Buie, Noemi Garcia, Iliana Lopez, Julia Ibarra, Halley Wales, Jamie Carrillo, Maribel Gomez, JohnHenry Schacher, Miranda Salazar, Preston Stewart, Avery Timms, Michael Wales

High School "AB" Honor Roll

Jonah Buie, Erin Martinez, Hailey Stewart, Bethany Bradley, TJ Chavez, Macy Davis, Jacob Froese, Carlos Perea, Isabella Salazar, Gatlin Copley, Jr Vallejo, Nicole Gilliam

Lazbuddie Spring Schedule 2020

Track Schedule

JH Meets		HS Meets			
	•				
Kress	February 28	Lefors			
Olton	March 06	Olton			
Springlake-Earth	March 13	Springlake-Earth			
Sudan	March 27	Farwell			
District - Springlake-Earth	April 02	District-Whiteface			
	April 09 or 16	Area-Floydada			
	April 24-25	Regional-SPC Levelland			
	May 08-09	State- Austin			
	Kress Olton Springlake-Earth Sudan	Kress February 28 Olton March 06 Springlake-Earth March 13 Sudan March 27 District - Springlake-Earth April 02 April 09 or 16 April 24-25			

Golf Schedule

В	oy's Tournaments	Gi	Girl's Tournaments			
February 25	Plains	February 26	Plains			
March 02	Farwell	March 04	Farwell			
March 09	Olton	March 11	Olton			
March 24	Lazbuddie @ Dimmitt	March 24	Lazbuddie @ Dimmitt			
March30	District at Olton	March 30	District at Olton			
April 20-21	Regional - Lubbock	April 20-21	Regional - Lubbock			
May 11-12	State - Austin	May 11-12	State - Austin			

Tennis Schedule

HS Meets
February 25 SPCHEA - Levelland
March 05 SPCHEA - Levelland
March 12 SPCHEA - Levelland
March 31-April 01 District - Morton
April 27-28 Regional - Levelland
May 21-22 State - TBD





(806) 250-2734 (806) 265-7293

Climate-controlled 24/7 accessibility Lighted at night

> 2 Locations 1015 W. 11th by State Farm 607 Main

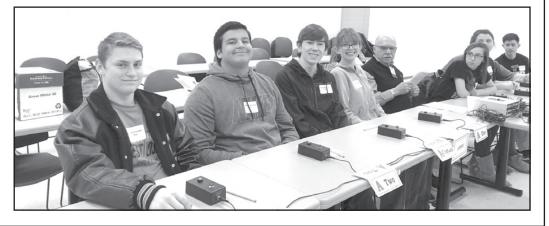
Pantex Science Bowl 2020





Steve Satterwhite Photograph

Coached by Debbie Weir, Lazbuddie had Jacob Froese, TJ Chavez, Michael Wales, and Halley Wales compete in the Pantex Science Bowl. They managed to go 3-2 in the morning rounds, and advanced to the afternoon rounds for the first time in several years. They lost 2 close matches in the afternoon rounds, but managed to do very well overall. Their competition was all 5A and 6A schools, with Lazbuddie being the smallest school there.





OBITUARIES



Peggy Snider Gikas

Peggy Snider Gikas, 88, passed away on February 22, 2020 in Belton, Texas.

Peggy June Mayfield was born in Friona, Texas on September 15, 1931 to Mary and Howard Mayfield. She grew up on a farm with her parents and two older sisters, Jean and Dorothy. Peggy professed her love for the Lord and was baptized at age 13. She attended schools in Friona for 12 years. In high school, she played basketball, acted as drum major for 3 years, and played the timpani. After graduating from Friona High School in 1949, she attended West Texas State University.

Peggy married Melvin A. Snider, Jr. on January 20, 1951. They had three children: John (1952), Kim (1954), and David (1958). Junior farmed and raised beef for their family south of Farwell, Texas. Peggy was a homemaker, and she kept busy sewing clothes, canning garden produce, painting, and entertaining her many friends and family who enjoyed her home-cooked meals. She was a faithful member of Farwell United Methodist Church, volunteering her time as a Sunday School teacher, a youth leader, and a choir member. The Snider family took frequent ski trips, and they remember their life growing up on the Farwell farm as a happy and busy

Clarence Martin, 90, long-

time Friona resident passed

away Tuesday February 25,

2020 in Lubbock. Viewing

was held from 9:00 A.M. to

8:00 P.M. Thursday, February

27, 2020 in the Ron Smiley

Memorial Chapel of HAN-

from 6:00 P.M. to 7:00 P.M.

Celebration of Life Services

were held at 10:30 A.M., Fri-

day February 28, 2020 at First

Baptist Church, 404 W 5th St

Rev. Brett Hoyle and Rev. Gary

Johnson, officiating. Burial

following in the Friona Cem-

etery by HANSARD FAMILY

Clarence was born Janu-

ary 31, 1930 in Elk City, OK.

He married Martha Wynona

Carter on June 22, 1947, and

spent his life farming and

ranching. He designed and

built High Plains Feedyard

Funeral Home of Friona.

The family continued to farm, and in 1982 Peggy opened a decorating studio, Twin Oaks, PSI Design, with the help of her sister Dorothy and long-time friend June Magness. She continued her volunteer work and became a Commissioner for the Methodist Children's Home in 1982, serving in this capacity and on the MCH Board of Directors until 2005. She married Chris Gikas on September 1, 1985. They traveled several times to Italy, Greece, and France, enjoying art in the beautiful European galleries. They continued to live in Farwell, volunteering in their community, participating in their church, and running Twin Oaks for many years. Chris passed away in 2004.

In 2008, Peggy moved to

Albuquerque, NM to care for her sister Jean for the next four years. Then, in 2012, she moved to Salado to live with her daughter and son-inlaw, Kim and Grady Newton. She joined the Salado United Methodist Church, participated in Sunday School and helped with the I-35 Thanksgiving Project, and the Family Promise ministry. She was very involved with her family and friends.

Peggy Snider is survived by her children John (and Deb) Snider of Texline, Texas, Kim (and Grady) Newton of Salado, Texas, and David (and Carol) Snider of Farwell, Texas. She leaves behind 3 grandchildren Lauren (and Chris) Glenn, Nick (and Alex) Newton (all of Salado), and Robert (and Caressa) Snider of Rochester, MN as well as five great-grandchildren Madison and Zeke Glenn, and Grace, Jett, and Kash Newton (all of Salado, Texas).

A service to celebrate Peggy's life will be held on March 7, 2020 at 1:00 pm at Salado United Methodist Church. She will be buried next to her late husband, Junior, at Sunset Terrace Cemetery in Farwell. In lieu of flowers, the family asks that you make donations to the Methodist Children's Home in Waco or to the Salado UMC I-35 Thanksgiving

Jesse "Dean" Eichenauer

Jesse "Dean" Eichenauer, 73 of Friona passed away peacefully in his home Thursday, February 27, 2020 after a 30 month battle with cancer. Viewing was held Sunday, March 1, 2020 from 1:00 P.M. to 8:00 P.M. with family visitation from 2:00 P.M. to 5:00 P.M. in the Ron Smiley Memorial Chapel of HANSARD FAMILY Funeral Home of Friona. Celebration of Life Services was held 10:30 A.M. Monday, March 2, 2020 at Victory Family Worship Center in Friona with Pastor Robert Kerby and Jeff Procter, Minister, officiating. Burial to be in Leander, Texas. Arrangements by HANSARD FAMILY Funeral Home of

Dean was born May 5, 1946 in Defiance, Ohio to Daniel

Friona.



"Dale" and Glenna Amanda Eichenauer. He later married Heidi Nibert on August 21, 1971 after a 38 day courtship.

He entered the United States Air Force in September of 1965 and served honorably for 11 years. His service time took him to Japan, Korea, Philippines including Okinawa, Arizona, and Hawaii.

After his military service, he and his family moved to Ohio for 17 years where he had various jobs. He was a member and deacon of the First Church of God, Defiance, Ohio. They later moved to Wisconsin in the fall of 1995 where he developed his skills as a maintenance worker. In December of 2004, he and Heidi moved to Friona where he became known as "Mr. Dean, the handyman". He was a member and elder of Victory Family Worship Center where he served his Lord and Savior. Always a "kid magnet", he was loved by young and old alike.

Dean was preceded in death by his parents, and a sister Janet Eichenauer.

The youngest of four, he is survived by his wife Heidi of Friona, son Jason, daughterin-law Erin and four grandsons-Josiah, Mason, Jensen and Cody, all of Leander, Tx. His older brother, Dan Eichenauer and older sister, Diane Moch still reside in Ohio.

You may send condolences to the family and sign the online register book at www.hansardfamily.com



Timothy "Tim" Duane Brown

Timothy "Tim" Duane Brown, 60, left this earthly realm, surrounded by his wife, sons and family on Feb-

Ohio on August 18, 1959 to Birdell and Barbara (Lucas) Brown.

He married Twila Price on November 29, 1986.

Tim is sadly missed by his loving wife of 33 years, Twila; sons, Derek and Devin all of the home; siblings, Sam Brown of Tiffin, Ohio, Bob Brown and Sue Brown of Avon Lake, Ohio, Greg Brown of Loraine, Ohio, Pam Brown of Tiffin, Ohio, Tom Brown of Wichita, KS and Heather Kinn of Findlay, Ohio; his sister-inlaw, Cheri Williams and Mike of Friona, TX, his brother-inlaw, Aaron Price and Leslie of Ingleside, TX and fatherin-law, Aubrey Price of Ingle-

He will be forever remembered by his numerous aunts, uncles and cousins, loving nieces, nephews, great-nieces and great-nephews.

Tim was a story teller and always the life of the party, reliving his years growing up in Ohio and Kentucky, traveling through Louisiana, Califor-



nia, moving to Kansas where he met his wife, had his 3 boys, then moving to Iowa, Texas, Kansas again and $eventually\ settling\ in\ Waco.$

His stories were so wild you sometimes wondered how someone could have so many crazy escapades, such as the time he went swimming and swam over the top of an alligator, hitchhiking and picked up by White Snake's drummer and so many more tales of adventure.

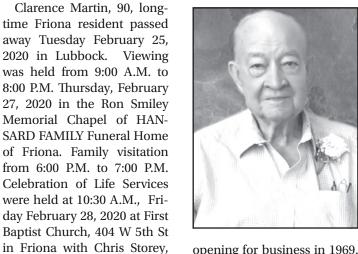
Tim was an early riser and could always be found watching FOX news and drinking his coffee every morning. He was teased for being a Trump lover and he never faltered

in his support of "my president". Tim loved sports, especially his Cleveland Browns that he remained loyal to in spite of their many losses. He was an avid golf fan, and loved to play the game himself, spending hours on the course with his father-in-law, brother-in-law and other family members. He loved riding his Harley and took many adventurous trips with his wife, father-in-law, brother-in-law and numerous friends. He was a hard worker who was dedicated with an immense work ethic and was a genius of a mechanic that developed his 35 year career with Cargill, going from shoveling guts to managing entire maintenance teams.

Tim loved his family recently proclaiming at a family gathering, "you're my family, you don't understand, it's deep". His humor, compassion, love for his family and friends will be forever missed.

Tim was preceded in death by his son, Dustin Brown, his parents, Birdell and Barbara Brown, his sisters, Diane Morris and Toni Brown, his mother-in-law, Joyce P. Price, and brother-in-law A.J. Price.

Clarence Martin



opening for business in 1969. He spent many years proudly serving on the board of directors for Deaf Smith Electric Cooperative, and was a lifetime and very active member of the Texas Cattle Feeders Association.

Clarence was recently preceded in death by son Greg Martin of Clovis, and great grandson Cole Jeffcoat of Lubbock.

Clarence is survived by his wife of 72 years, Wynona Martin of Friona; daughters Martha Turney and husband Fred, and Kathy Stone and husband JE all of Slaton; sons Larry Martin and wife Jeannie, Mike Martin and wife Reta all of Friona, and Keith Martin and wife Jacque of Amarillo; daughter-in-law Karen Martin of Clovis; sisters Marilyn Nidey of Campo, CO., and Betty Wallace of Creston, IA.; 16 grandchildren, 39 great-grandchildren, and 6 great-great grandchildren all qualifying him as the world's greatest Grandpa.

You may send condolences to the family and sign the online register book at www.hansardfamily.com



Local students shine in San Antonio!!!



The San Antonio Livestock Show and Rodeo featured an Ag Mechanics Contest on Friday, February 21st with judging on Saturday the 22nd. There were 11 Divisions with a total of 30 Classes. There were 602 projects entered with 1,343 ex-

hibitors participating in the competition.

Truman Hough, son of David & Rene Hough of Friona, built a 24' Side Dump Wagon. He won 1st in Class in the Field Machinery & Equipment, Tractor Equipment competition. He also won Reserve Grand Champion in Division and Grand Champion Senior Showman. He won prizes for each placing, and he also got a buckle for showmanship. Truman is going to take his wagon to Houston March 20th. Great job and good luck in Houston!

Sloan, Madison, & John Osborn won 1st in Class in the Over 16' & Other Bumper Pull Trailers, Stock trailers competition. They won prizes for winning their class. They are children of Ben & Lori Osborn of Friona, and the grandchildren of Joy Osborn of Friona. Congratulations!



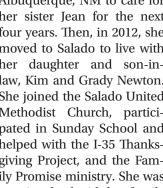




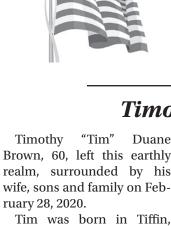








Project.

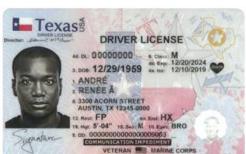


Texas Increases Security Features, Unveils New Design for Driver License/ID and License to Carry Cards

Starting this week, the Texas Department of Public Safety (DPS) began issuing the newly designed Texas driver licenses (DL), identification (ID) cards and license to carry (LTC) cards to all Texans. Most notably, all of the cards will feature a new look with an updated design and enhanced security features. The DL/ID cards will also feature visible and discrete identifiers on the front. It's important to note that

previously issued DLs are still valid until the expiration date listed on the card.

The new DL and ID cards will be made of polycarbonate material, which is more tamper-resistant and harder to reproduce, and feature laser engraving to provide an added layer of protection against alterations and forgeries. As part of the new design, there will be an identifier on the front of the card for those who have a health



condition that may hamper their ability to communicate with others. The new design will also identify veterans and disabled veterans, along with their branch of service, on the front of the cards. Additionally, the new card features meet the American Association of Motor Vehicle Administra-

tors national standards.

As with all the DL and ID cards DPS has issued since early October 2016, the new cards will be REAL ID compliant, as noted by the gold star in the upper right corner. Texans without a gold star on their current valid DL/ID card can visit Texas. gov/goldstar to check their eligibility to renew early or request a duplicate card that's REAL ID compliant. As a reminder, beginning Oct.

1, 2020, you'll need a valid passport, U.S. military ID or a REAL ID compliant driver license (one with the gold star) to travel on commercial airlines or enter federal facilities.

As part of the redesign, the Texas License to Carry (LTC) Handgun cards will also debut a new look and new features, including laser engraving and a durable, tamper-resistant polycarbonate material.

What's Better, Immunity From a Shot, or From the Disease?

Imagine this scenario: Parents, skeptical of vaccines, intentionally expose their young child to chickenpox rather than get him his shots, in hopes he'll be immune later; but the child suffers a serious case. His illness develops into pneumonia, which could require a hospital stay. Or worse ... he dies. It could happen. It has happened.

That is why physicians say it's always better to vaccinate against disease than get sick and have immunity afterward. Sure, surviving a vaccine-preventable disease does sometimes create immunity from catching the disease again, but the risks of choosing that path are far more dangerous than opting for the safe and conventional route of vaccinating for pro-

tection

Hoping for a mild illness is like playing Russian roulette with a child's health and life, because nobody gets to choose how severe an illness will be, and the child must survive the sickness to reap any benefits.

"Some parents unfortunately are misled or have the misconception that these diseases are relatively safe and they're better at producing lifelong immunity [than vaccines]," said Peter Hotez, MD, a pediatric infectious diseases specialist, in a Texas Medical Association (TMA) video. "Our experience shows otherwise," said the co-director of the Texas Children's Hospital Center for Vaccine Development. Dr. Hotez also is dean of the National School



of Tropical Medicine at Baylor College of Medicine.

"One in five children (unfortunate enough to get measles) will experience pneumonia, which requires admission into an intensive care unit," said Dr. Hotez. "They'll get encephalitis, causing permanent neurologic injury; and new information shows that measles itself can cause long-term damage to the immune system."

Likewise, he points to chickenpox. "Parents sometimes think chickenpox is an O illness to get, and believe in arranged chickenpox parties. Nothing could be further from

the truth," he said, noting that chickenpox can cause severe pneumonia. He said before the chickenpox vaccine was widely used in the 1990s, as many as 150 people died each year from the disease.

PHYSICIANS CARING FOR TEXANS

In some cases, natural immunity gained from suffering through an illness can be longer-lasting than vaccine immunity, but immunity varies from illness to illness and vaccine to vaccine. For instance, catching measles usually gives a person lifelong immunity, while getting whooping cough does not. Likewise, vaccines vary. The measles vaccine usually gives

lifelong immunity while the shot for whooping cough requires boosters later in life.

And Dr. Hotez stresses that no matter how long the immunity lasts, having the disease to achieve natural immunity is always far riskier than any shot. Illnesses are unpredictable and potentially fatal; vaccines are safe and give parents some control. "The reason we vaccinate is because these infections are serious," he said. "It's absolutely essential to vaccinate your child to protect your child from serious illness, permanent disability, and even death."

The bottom line: Although suffering through a disease sometimes gives you immunity from catching that same disease later in life, vaccinating against diseases instead is

the safest way to protect yourself and your loved ones.

TMA is the largest state medical society in the nation, representing more than 53,000 physician and medical student members. It is located in Austin and has 110 component county medical societies around the state. TMA's key objective since 1853 is to improve the health of all Texans. Be Wise - Immunize, sm a joint initiative led by TMA and the TMA Alliance, a volunteer advocacy organization of physicians and their spouses. BWI is funded in 2020 by TMA Foundation thanks to major support from H-E-B and generous donations from physicians and their families and other donors whose gifts create a Healthy Now and Healthy Future for more Texans.



Paw Prints: Highlights from Parmer Paws

A monthly feature about Parmer Paws, Inc.



When the two women who founded Parmer Paws agreed that Parmer County should have an organized way to prevent unnecessary deaths of stray or neglected animals and to find homes for those animals, they also agreed that was a "crazy" idea. Still, they knew that people of this county are quick to volunteer

when some person or animal

needs care. Believing that they

could rely on that spirit of car-

ing, they began recruiting vol-

unteers to foster animals until

placements could be found.

Others stepped up to donate

food and supplies, and soon

after, in May, 2018, Parmer Paws, Inc. became an official non-profit organization. By the end of December, 2018 sixty-three animals had been rescued, vaccinated, and placed. In 2019, one hundred thirty-two more had been placed. Those rescues have prevented animal deaths and found homes for the rescued animals. And it's all because of the twin qualities of caring and willingness to volunteer.

Working with shelters in other locations, Parmer Paws members have become part of a network of caring individuals. In addition, they are

It's All About Caring
to renovate a buildof Parmer Paws a

working to renovate a building for a Parmer Paws shelter in Friona. There is much work yet to do so that Parmer Paws' work can expand to include other services to assure animal safety and health and provide humane education.

Future editions of Paw Prints will bring stories of the individuals who volunteer, of the amazing kindness of those who transport and adopt unwanted animals, and of progress toward meeting the group's other goals. For now, the most important action each Parmer County resident can take—become a member

of Parmer Paws and choose one or more ways to help. A membership form is included with this week's feature and the form is placed perma-

nently on the Friona Star's form page. Please join today. Show that you care.

Parmer Paws is A 501(c)3 non-profit organization dedicated to the prevention of cruelty to animals, the relief of suffering among animals, and the extension of humane education,



___ Other:_

A 501(c)3 non-profit organization dedicated to the prevention of cruelty to animals, the relief of suffering among animals, and the extension of humane education

Parmer Paws Membership Form

Send \$25 check or money order for individual, or all family members in one household or \$50 for business or organization membership to: Parmer Paws,

The same of the sa		The second secon	
SUPPLE			
	lumer called		
	The state of the s		

"Audrey Rushing, age 8 donates earnings from her lemonade stand to Lupe

Salinas, Parmer Paws President."

P.O. Box 333, Friona, TX 79035	'av
Name(s):	
Mailing Address with city and zip code:	
Email address:	
Phone number(s):	
Ways you are willing to volunteer: (check all that apply)	
serving as officer or on committees	
☐ transporting to nearby rescues	
☐ taking animals to the vet	
alling nearby shelters for availability	
fostering animals	
finding homes/barns for cats	
contacting members	
organizing donated items	
soliciting business support	
working fundraisers	
writing and sending thank you notes	
☐ I live out of town, but will cheer you from afar!	