



Around OUR PLACE
by Fred Gipson

Like most people, I'm inclined to think I work pretty hard for the little bit of this world's good that I manage to accumulate. But the other day I learned just how soft I have it. The local chamber of commerce hired me to do a little publicity for the county ranching industry and for the hunting, which, too, is almost an industry. I interviewed a rancher about his cattle, then took his picture.

The five year old grandson looked gravely on, then turned to his mother. "What's he doing that for, Mother?" the boy asked.

"Well, son" his Mother explained, your Papa has to stay out here and work all time, but this man goes around snapping pictures and they pay him for it!"

Put that way, my lot surely does sound easy.

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Used to, when I was just a little runny nosed shaver and cold weather came along, my cotton head in variably bristled with uncontrollable hair that stuck up on the side I slept on the night before. In those days, hair oils were unknown. Sometimes, I could water down that wild thatch and make it stay until I'd gotten back from Sunday School. Most of the time, however it proved too unruly for even a water soaking and stood up like the ruff on a neck of a fighting rooster.

That hair embarrassed me terribly And I vowed to the gods that were mine in those days that my son would have black hair, black and shiny hair, that hugged the head as closely as the hair on a horse's back.

But evidently I neglected those gods too long, or sinned against them. With the first norther of the season, Mike the Peat's cotton hair rose like the bristles on an enraged thicket sow, and there it stands, day after day, as wild and unruly as Mike himself.

I had almost forgotten. There is a way that I used to keep that hair down I swiped one of Mother's stockings, cut the toe out, tied up the hole and skinned it over my head as a skull cap. As I remember, I did not look a whole lot better with the improved skull cap than I did with out—but that dad—gummed hair stayed down.

I'll show Mike how its done when he gets a little bigger.

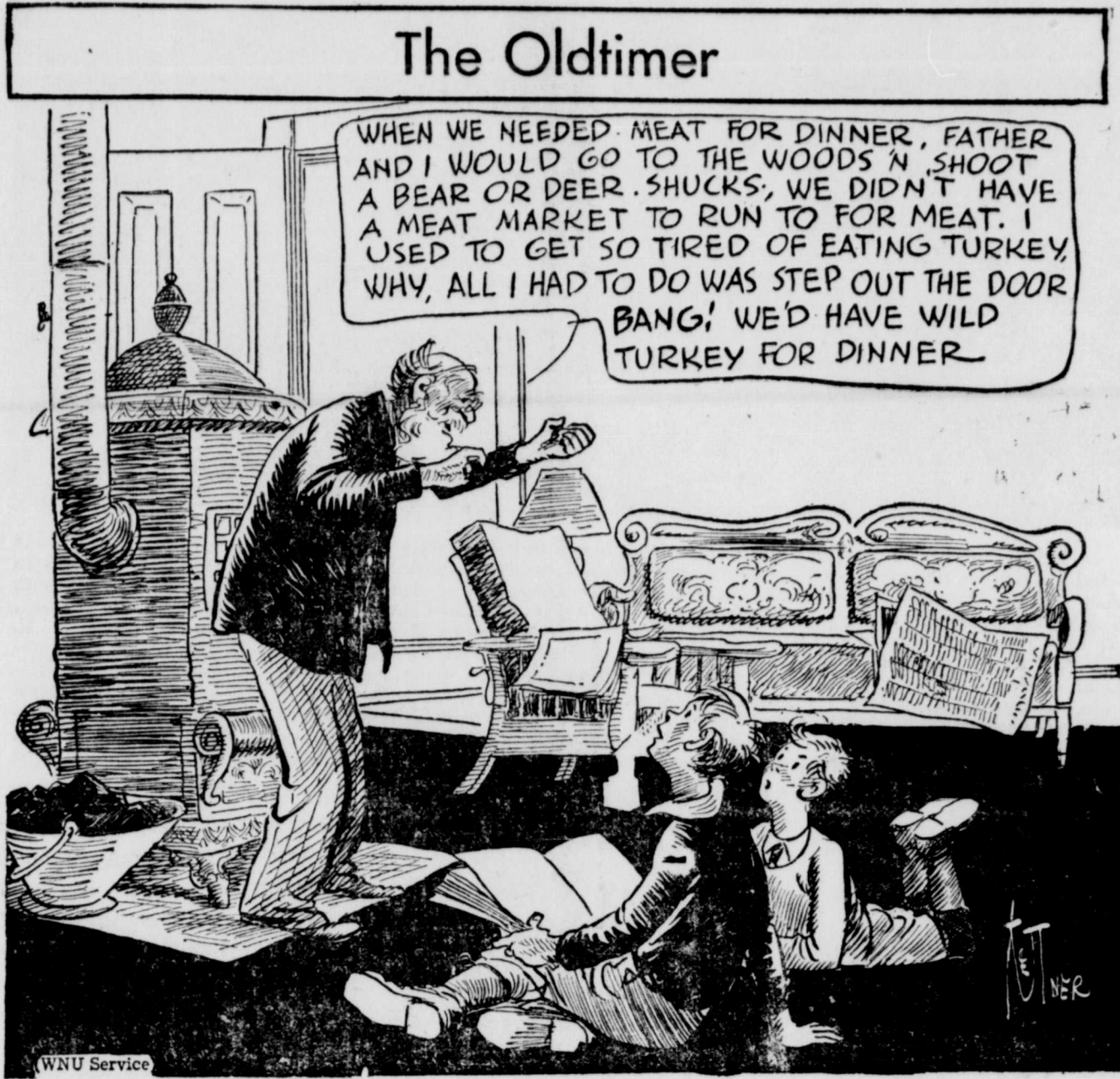
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There's a whole lot of things I'll have to show Mike in the years to come. For instance, he doesn't even know where to find doodlebug holes in the dry sand under the barn, or how to call them out when he finds them.

In fact, I'm afraid I've forgotten that call. It went something like this: "Doodlebug! Doodlebug! Hurry home fast, Your house is afire and your children burning up!"

I don't know whether a doodlebug would come to that call or not. I'm not right certain that they used to. But it was the thing to say when you find a doodlebug hole and wanted to dig the little creature out.

We liked doodlebugs. They dug sand traps that captured the red ants that stung us and made us scream and holler till we remembered to spit on the ground and ball up the resulting mud and daub it



WNU Service



This Year...



Give the gift that signifies America is not to be caught napping.

DEFENSE BONDS STAMPS

on the sting.

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We liked horned frogs, too. They ate ants. They'd just crawl right up in the middle of an ant hill and lie there and let ants crawl all over their horny hide and sting them, and never budge till an ant had crawled out in front of their noses. Then a long tongue darted out, speared the ant and he was gone to experience something of the feeling of Jonah when the whale swallowed him.

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Things like these I'll have to show Mike. Like how to cure warts by getting somebody to tie a knot in a string and go bury it some place you don't know about. And how you can ripen half green plums by burying them in the ground. And how to capture ground squirrels with a looped string around their holes. And to find young quail under bits of leaves and trash when the mother flutters off, feigning hurt.

Mike surely has got lots to learn yet.

Mrs. P. C. Abernathy is seriously ill at a hospital at San Angelo.

Wimodausis Resumes Red Cross Work

The Wimodausis club met Wednesday afternoon in the home of Mrs. R. P. Brown. Thirteen members were present. The club voted to resume the Red Cross work and garments will be distributed among the members at the next regular meeting. An interesting program on "Bolivia and Peru" was given. Mrs. Lester Foster told of "The Highland Country of Peru and Bolivia." "Lima the City of Kings" was given by Mrs. Herman Everitt. Miss Prebble Durham discussed "Education in Latin America." "Intellectual Relations Between the U. S. and Spanish America."

The club will meet again next week, Dec. 17, at the home of Miss Prebble Durham.

D. Hall, local Santa Fe agent received a telegram from the War Department last Monday forbidding him to sell a ticket to any Japanese or allow one to ride on the train. All Japs in the United States are forbidden to ride on any public conveyance on land, sea or air.

Charles B. Metcalfe Died Yesterday

A Resident of San Angelo And Vicinity Since 1872. Succumbs at the Age of 85

Charles B. Metcalfe 85, a noted pioneer of the Conchos, died at his home in San Angelo on the afternoon of Thursday Dec. 11.

Mr. Metcalfe came to San Angelo (then Fort Concho) in 1872 and has resided there since. He was among those who lost relatives in the disastrous flood that destroyed Ben Ficklin, the first county seat of Tom County.

Besides his widow, Mr. Metcalfe is survived by one son, State Senator Penrose B. Metcalfe.

Deceased was a farmer, engineer builder and statesman well known to the people of West Texas.

Whatever San Angelo and the surrounding country is and has been he has been apart of it.

His demise leaves only a few of the old guard who marched in the ranks of progress and conquered the wilderness and made it a better place in which to live.

Red Cross Call For Women

Mrs. G. H. Cannon, chairman of Red Cross supplies, is calling a meeting of all women of the county to form plans for urgent work.

This meeting is to be held at the court house Thursday, Dec. 18, at 2:30 o'clock.

Group chairmen, to date have been appointed as follows; Mrs. Rufus Foster, W. S. C. S.; Mrs. Neil Reed, Church of Christ; Mrs. W. H. Ray, Baptist W. M. S.; Mrs. Aaron Clark, Presbyterian; Mrs. Sterling Foster, Wimodausis, Mrs. Fred Allen Noratadatas, Mrs. H. L. Pearce, Sesame, Mrs. Daisey Smith, 1939 Review Miss Jamie McEntire, C. A. T. club

Estes Peavy and Joe Estrada left Tuesday morning for Fort Bliss, El Paso, where they will be inducted into the U. S. army. These two men represent Sterling County's quota of the 34th call for white men.

Doctor Advises Care in Now Prevalent Diseases

With a high incidence of influenza and measles over the state, the public should be awake to the danger of pneumonia as a complication of these diseases, according to Doctor Geo. W. Cox, State Health Officer.

"Pneumonia is recognized as a dangerous and often fatal disease," Doctor Cox pointed out, "and competent medical care with skilled nursing in measles and influenza will materially lessen the danger of pneumonia," he stated.

The public has been slow to recognize pneumonia as being definitely a contagious disease, he asserted, and this in part has accounted for the huge toll of lives claimed by this disease yearly.

"In your every day routine of living, get plenty of sleep, rest, exercise and fresh air. Include sufficient liquids in the diet, and, above all, stay away from direct contact with sources of infection," Doctor Cox urged.

"Sensible, healthful living and dressing in accordance with the weather can do much to prevent the occurrence of pneumonia," declared Doctor Cox, "and it is much easier and certainly much safer to avoid pneumonia than to attempt to overcome it when it strikes", he said.

Game Hogs Pay Off

A Houston man killed 118 doves on a trip during the open season down in Karnes County. The bag limit is 12. The Game Warden nabbed him. Result: the Houston man paid a \$410.90 fine for his over-indulgence.

Each dove killed in excess of the bag limit constitutes a separate offense. Thus the Houstonian got off light after all. If the Game Warden had filed a charge for each dove killed illegally, the total fine would have been \$19,000

Tip to Easterners: Please find out the difference between a buck and a doe before you come to Texas on your annual deer hunt. You'll have a better time at less expense, and the Game Warden won't have to arrest you.

Take the case of the Easterner who, according to the San Antonio Evening News, left the Kerrville vicinity for San Antonio the other day with two does strapped to the fenders of his car. The Game Warden in the section arrested him, and the total fine was \$147.

When a person is arrested on a game law violation charge, he not only has to pay off, but he loses the right to hunt in Texas for a period of a year.

About a year ago a New Braunfels man went hunting, violated a game law, paid off, and had his hunting rights revoked according to law.

The other day, and before the allotted year was up, he decided to go hunting again. The Game Warden there arrested him, reports the New Braunfels Herald, and the hunter paid off again—this time \$111.

Save All Waste Paper

In view of the National Emergency all people are asked to save waste paper. This paper will be gathered up by the Boy Scouts and given proper disposition.—Lowell Ryan, Scoutmaster

Sterling City News-Record

W. F. Kellis,
Editor and Owner

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NEWS Established in 1890
RECORD Established in 1899
Consolidated in 1902

WE DON'T BELIEVE SHE REPRESENTS HER PEOPLE

Last Monday near the noon hour the United States Congress declared war against Japan.

President Roosevelt in a ten minute speech summed up the situation and asked congress to declare war against Japan.

The Senate voted 82 to 0 for war. The House voted 388 to 1 in favor of war. That one dissenting vote was cast by the lone (she) wolf, Jeannette Rankin, of Montana. This old sobesister in the presence of 388 of her House colleagues voted NO against the resolution.

Although over a thousand of her fellow countrymen had been treacherously murdered and millions of American property destroyed with out just cause, yet she was unwilling to lift a finger to avenge these murders or prevent a repetition of this foul crime.

I am unwilling to believe that old Sister Rankin represents the sentiment of the people of Montana, or any part of the state.

In my opinion, Sister Rankin could perform no greater service to her state and to the people of the United States, than to resign, pack up and move to Japan where she could be appreciated.

Sobesister Rankin, although hopeless alone, is a dangerous proposition and the people of Montana should replace her with a person with guts. —Uncle Bill

As I lay awake the other night thinking of the war situation, I thought of the millions of young Americans who are called to the colors. Then I ask myself what could a man of 87 do about it. It was then that I remembered the 30 30 rifle which I had cleaned and laid away for younger hands to handle. Then I remembered that only three cartridges remained in the magazine of the old gun, and I resolved that I would buy a hundred more just in case. Sure, I would have to use my specks, but I could make that old rifle sing a dirge if it were necessary. Of course the boys wouldn't stand for it, but that is the way I feel about it.—Uncle Bill

Dr. Swann is not only a medical prognosticator, but he is a real war prognosticator. Two weeks ago when Kurusu the Jap peace (?) envoy reached Washington for the alleged purpose of having a peace talk with the President. Dr. Swann remarked: "Kurusu is not here in the interest peace, but here to ally suspicion and gain time for Japan to get ready to strike. It is plainly Hitler's hand", said the Doctor. It turned out as he predicted.

Japan is entirely encircled by her enemies. Not only the United States has declared war on Japan but Great Britain, Canada, practically every republic in South America, Cuba, China, Australia, New Zealand Indo China and China and almost

Texas Merchants Enlist For National Defense



Sixty thousand Texas merchants have been asked to sell defense savings stamps to six million Texans—and they have responded with a campaign designed to put defense stamps on sale at retail counters in every store in the state. Representatives of retail associations in all branches of the industry met in Austin to chart the program, which will be directed by the Texas Retailers for Defense committee. In the picture, left to right, are: Charles T. Lux, Austin, secretary of the Retail Merchants Association of Texas; H. E. Dill, Dallas, secretary of the Retail Furniture Association of Texas; Frank Scofield, Austin, State Administrator of National Defense in Texas; Albert L. Walters, Dallas, secretary of the Texas Chain Stores Association, committee chairman; Dr. W. J. Danforth, Fort Worth, secretary of the Texas Pharmaceutical Association; and Roger Q. Flournoy, Dallas, secretary of the Texas Retail Grocers Association. Other members of the committee are P. D. Moreland, Austin, secretary of the State Restaurant Association of Texas, and J. H. Calvert, San Antonio, representing the Texas Retail Dry Goods Association.

How the American Country Boy Benefits from Army Training

The American country boy—that stalwart fellow from the farms and the towns and smaller cities—has contributed not only his brawn to Uncle Sam's armies, but exemplifies patriotism, initiative, and intelligent discipline as well.

Such is the gist of authoritative commentary on the rank and file of the army in every instance where citizen soldiers have been called to the nation's defense. Today the parents of the young men lately called into service are asking what the army in turn does for the country boy. Here is the answer:

"He gains a broadening experience in adventure, friendship, and learning which only service in a common cause can give."

The quotation is from an overseas veteran of the World War who served in a hard hitting outfit composed largely of youths classed generally as country boys. Amplifying his statement, he stressed the young soldier's experience in adventure, friendship, and learning.

Boyhood adventures in rambles with his dog, a plunge in the "old swimmin' hole" and explorations in the woods pave the way for his new duties in camp and in the field. Our Army affords new scenes and still more heartening adventures. He gains a strong physique, good health, and a clean mind. He comes home equipped for his life work with renewed energy and a brighter outlook upon the world.

In friendship he broadens his horizon, meets thousands of young men like himself from all parts of the Union, and forms enduring comradeships. Knowing his fellow Americans better he is himself a better American.

The average country boy enters the

Army with an inquiring mind and a fund of practical experience, declares the veteran of 1918. He is a good student. He has learned to work with his hands as well as his brains. He is quick to grasp the exceptional opportunities which modern military service provides.

When he returns to the farm he finds that his skill in handling a "jeep," a truck, or a tank for Uncle Sam has fitted him expertly to care for agricultural machinery. He has learned the economy of transportation. He has been observing of the practice of farmers in other sections of the country. He sees where improvements may be made. He knows more of conservation.

Active service in our Army has been America's greatest training school for the professions, in science, and in business. In every period in the nation's history the leaders in civil life have been largely those who in their youth answered their country's call to defense, and first of these has been the country boy.



every nation of the earth except Germany and Italy will fight to eliminate treacherous Japan. They all realize that Japan is a menace to the whole world. They are heathens, and as such, honor is unknown to them.

Congressman South will have opposition in the Democratic primaries of next year. The vote he cast in opposition to the Amendment to Neutrality act last month, did not represent the judgment and sentiment of the people he is supposed to represent. At this critical period of our country, a servant of the people must be above suspicion of disloyalty to his country. He must not, by word or act, give aid or comfort to the enemy.

We dare not let Hitler win this war. Should he win then our names would be D'Heinis. He might not come over here with his goosestep pers and take us over, but he would drive us out of the markets of the

world and dictate what we should buy and sell at what price he may dictate. If he should win then what would our farms, ranches and other industries be worth?

Now that we are in the war, let us not forget that we have got a big job on our hands. We dare not lose it. It would be just too bad if we did. God help us if we fail to whip Japan and put the fear of God into the heart of Hitler and his wolfpack.

Farmers Will Vote Tomorrow

Sterling cotton farmers will help decide the course of cotton again this year when they vote in a national cotton marketing quota referendum, according to L. R. Reed, chairman of the Sterling county AAA committee.

The decision will be made Saturday, December 13, and 1 polling

place will be set up within the county, the chairman explained.

While increased production is needed in many commodities in the Food For Freedom program, any increase in cotton will cripple the defense effort because of the enormous supply on hand, Mr. Reed said.

Last year, the referendum carried in Sterling county when 88 percent of cotton farmers voting approved quotas.

Standard-Times Gives Favorable Notice

The San Angelo Standard Times of last Sunday gave Sterling City and vicinity a big play. More than a page was devoted to pictures of ranch home, groups of people you know and especially the cute groups of the Rythm Band of first grade school tots. A group picture of the members of the Lion's Club was a fine picture.

The bundle of the Standard Sundays were soon sold out and copies were at a premium. Folks wanted them to send to relatives and friends at a distance.

The Standard is your best daily for this part of West Texas, because you get West Texas news that isn't carried by other big dailies, and you get the same foreign news 12 hours earlier. Let us send in your subscription.

A MAD BEAST

The Mad Beast of Europe, is on a rampage. If we can get our hands on him We will put him in a cage. He is wild for domination. He's a ravin mainiac. He send's the Japs over here, To stab us in the back. But we will tame him like a kitten Before we turn him loose. And if that is not sufficient, Then we will try the noose. —Mrs. T. H. M.

And the Groom News bursts into poetry in feet and meters, whatever they are, as follows:

There once was a fisher named Fisher Who fished from the edge of a fissure But a fish with a grin Pulled the fisherman in, Now they're fishing the fissure for Fisher.

Let us save you some money on subscriptions to the San Angelo Standard Times and Fort Worth Star-Telegram.

Christmas Mailing

In handling the Christmas mail the most important thing lies in the proper preparation of such mail says Post Master Anna Lee Johnson.

Prepay postage fully on all mail matter. The rates are as follows;

First Class Letters and written sealed matter 3 cents for each ounce except when addressed for local delivery; local letters 1 cent; except for those on the routes which will be 1 and one half cents unsealed, and 2c sealed. Postal card 1c each.

Air mail as you know, is 6c per ounce in the mainland; but rates are higher between mainland and the islands.

Address all matter plainly and completely in ink, giving street address or box or rural route number whenever possible. Place senders return Card in upper left.

Pack articles carefully in strong durable containers. Wrap parcels securely, but do not seal them except when bearing a printed label or endorsement, reading: "Contents merchandise— Postmaster: This parcel may be opened for postal inspection if necessary" together with name and address of sender as sealed parcels not so labeled or endorsed are subject to postage at the letter rate. The name and address of the sender may be hand written or typewritten on the labels. If you do not have labels such as the ones described the local post office will gladly furnish you with them.

Parcels containing perishable articles should be prominently endorsed with the word perishable. Do not mail articles likely to spoil within the time reasonably required for transportation. Parcels may not exceed 100 inches in length and girth combined. The limit of weight of fourth class or parcel post matter is 70 pounds for all zones. Parcels may be marked "Do not open until Christmas" this being permitted in order to encourage early mailing.

Writing greetings, such as With Best Wishes, Happy New Year and Merry Christmas and names, numbers, or symbols for the purpose of description may be enclosed with the parcel post mail. Books may bear simple dedicatory inscription not of a personal matter. Other written additions subject to letter postage.

Christmas seals should not be placed on the address side of mail. Mailable may save time by buying postage stamps in advance.

Valuable parcels should be insured. Register all first class mail of value.

Baptist Church
Sunday

A.m.
10:00 Teaching service
11:00 Devotional in song
11:30 Sermon
P.m.
6:30 B. T. U. Training service
7:30 Evening worship
Monday
3:30 P.m. W. M. U.
Wednesday
P.m.
7:00 Evening devotion
7:30 Choir practice
We welcome you.
Claude Stovall, pastor

Church of Christ

R. D. Smith, minister
You are invited to attend the services at the Church of Christ. You will always be welcome and your presence will be appreciated.
Bible class at 10:00 a. m.
Preaching at 11:00 a. m.,
Communion Services at 11:45
Preaching at 7:45, p. m.
Prayer meeting at 7:45 Wednesday evening.
A very cordial welcome.

Local Items

Mrs. Avis Mathis, of San Angelo, was the guest of friends here last Wednesday.

Harrell Clegg Mathis spent the week end with Mr. and Mrs. R. P. Brown and other friends.

Mrs. George Hull of Paris, Texas, is a guest of her daughter and son-in-law, Mr. and Mrs. E. L. Bailey.

Got any Furs? Robert Brown, old time fur buyer, will buy them at top market prices. 3t

Your laundry will be appreciated. Will call for and deliver all laundry Mrs. John Purves—tf

For Sale: 5 room house on 2 lots in Foster addition of Sterling City Mrs. G. A. Stockton tf

Furs wanted at Martin C. Reed wool warehouse. Robert Brown will buy them at top market prices. 3t

Lost: Wrist Watch, Saturday Nov 29 at Football game. If found please phone 112 Reward Peggie Edwards

For Sale: 7 used doors, 1 mattress 1 coal stove and 1 coal grate all in good condition. 2t. Phone or see Mrs. C. N. Crawford.

Mrs. R. L. Lowe came in from Dallas Wednesday, and will probably remain here until the first of the year.

Jack Mathis, with the aviation corps stationed at San Angelo, was a last week end guest of Jim Bob Clark and other friends here.

Mr. and Mrs. R. P. Davis and Oscar Meyer returned last Wednesday from Lebanon Tenn. where Mr Davis had been called on account of the illness and death of his father.

Corporal DeWitt Ayres, stationed at Camp Lewis, Washington, came in on a furlough last Saturday to spend a week here visiting relatives, but his furlough was canceled and he left Monday for duty in the army.

Several of the boys have ordered the News-Record sent to friends and relatives living at a distance as a Christmas gift. That is a good idea. It will cause the friend or relative to remember you 52 times during the coming year.

C. J. Copeland who has been confined in a hospital at San Angelo for treatment of a broken hip for the past several weeks returned home last Wednesday. Mr. Copeland is getting along as well as could be expected.

Mr. and Mrs. Ralph Collins of near Roscoe were guests of Mr. Collins' father, Claude Collins and family the first of the week. While here, Ralph paid this shop a substantial call. When he left, I went over and dickered with Seth Bailey for a new pair of britches. Seth treated me white about it. He didn't require me to invest all my worldly wealth in a pair of pantaloons. Fellows like Ralph and Seth are great to have for friends.—Uncle Bill

Preaching at Presbyterian Church Sunday

Rev. B. B. Hester will preach at the Presbyterian Church next Sunday evening at 7 o'clock. Everybody is cordially invited to attend this service.

FORT WORTH STAR-TELEGRAM BARGAIN DAYS ARE HERE



Order Your 1942 Mail Subscription NOW and SAVE

1941 has been a "big year" for news! But 1942 will be even bigger. With U. S. entry into World War II becoming a possibility and National Defense activity touching the lives of every man, woman and child in the United States, it is becoming more vital that every citizen have accurate, up-to-the-minute news.

In 1942 you will need a good newspaper more than ever before. And for folks in Texas there is no better newspaper than The Star-Telegram—the complete State daily. Every member of the family will find news, educational features, fun and information of vital interest.

Take advantage of our special once-a-year bargain subscription rates and order The Star-Telegram sent by mail to your home every day during 1942. ACT TODAY!

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SAM SIMMONS At W. H. Sparkman Shop

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All prices are advancing! Buy the Standard-Times now and save! Regular price one year . . . \$9.00

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San Angelo Weekly Standard

Sixteen or more pages every week with leading features from the daily for the preceding week including all livestock news, one year by mail in West Texas . . . \$1.00



By the way, don't you have some relative or friend in the service who would appreciate a subscription to a West Texas paper more than anything else you could send them?

Later News . . . More West Texas News!

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Wm. J. Swann Physician and Surgeon OFFICE AT BUTLER DRUG COMPANY Residence Telephone No. 167 Sterling City, Texas

Geo. T. Wilson Worth B. Durham LAWYERS 205 Central Nat. Bank Bldg. San Angelo, Texas

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More than 45,000,000 acres of Texas land are now under lease to Texas petroleum producers for oil and gas production or exploration.

EAGLE'S EYES

Official Publication of Sterling Public Schools

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Sterling Schools Member Southern Association

The following letter has been received by Superintendent Jones from the chairman of the State Executive Committee, J. W. O'Banion December 6, 1941

Dear Mr. Jones:
 I am delighted to inform you of the election of the Sterling City High School membership in the Southern Association of Colleges and Secondary Schools during the annual session of the Association in Louisville Kentucky, this week. A certificate of membership will be mailed to you by Dr. F. C. Jenkins, General Secretary of the Association
 Yours sincerely
 J. W. O'Banion

Homemakers Hostesses To Agriculture Boys

Wednesday morning the 5 ladies of the Homemaking 1 a class had as their guests, the freshman Agriculture boys. The object of this union was to learn how to make Christmas candies and have fun at the same time. Bobby Edwards and Jessie Vern made some fudge that would contest the first place winners at the county fair. Iris and Jackie doubled on some Mexican pralines that brought about "yum-yum" exclamations. Paula Sue Annie Lou, with Henry's and Ance's assistance made a delicious and tasty recipe of fondant; such varieties as were there, were pink green and white colored mints, chocolate covered, as well as attractive nut centres. Ray was Miss Dean's assistant in stuffing dates. It was all lots of fun boys. Come back to see us.

Letter Men Named

Nine members of the Eagle football team have been named for letter awards by coach F. C. Burnett and Marshall Brown. Lettermen are: Captain Loyd Sharp, Johnny Dawson, Billy Chesnev, Tom Dee Davis, Winston Churchill, Jack Mitchell, Dan Dearen, (Big) John Lancaster, and Fred Mitchell. The team is also awarding Weldon Philips a slipover jacket, and Tommy Augustine and Billy J. Littlefield are receiving gold footballs.

Joint Christmas Program

The first, second and third grades will give a joint Christmas program on Thursday December 18 at 1:30 o'clock in the school auditorium. Fifty children will take part in this program. The public is invited.

The third year Home Ec. girls have been silver fingered all week (sh—we must not tell more) as plans for the annual high school Christmas banquet draw closer to a grand finale. Any who they were busy with place cards, programs, table appointments and decorations. Keep at it girls.

First Grade

Buenas dias—We are happy muchachos and muchachae since our mothers have made new Fiesta curtains for our room.
 Venga visitarnos Adios amigos

WE WONDER

Who Mitzi was with Thursday night.
 Where Winston was Sunday night
 Who Nan was wondering about on Monday morning.
 Why Certain girls are staggering to the banquet.
 Who Sue received letters from in Lamesa.
 If round top was well populated Saturday night after the basket ball game. Seemed a spot light was being used to—night we say an advantage?
 How others jiked the basket ball pep squad? Sounded mighty cheerful to us. Stay with it.
 What the new fish's name in the Home Ec. dept. is?
 If others realize how nice it would be to have venetian blinds in our living room?
 Why Sue was chasing Jerrie round the table. Could it be a little habit of mild slang is about to be stopped. We hope its ladylike.
 How interested the little 7th & 8th grade girls are who are to serve the Christmas banquet. We sure do appreciate your helping us.

Jokes

Mr. Burnett: "What is this you are serving, dear? Is it devil's food?"
 Mrs. Burnett: "Yes, I intended it for angel food, but it fell."
 Son: "Papa, what is the difference between prosperity and depression?"
 Father: "Well, my boy, in prosperity we have wine, women, and song. In depression, we have only beer, mamma, and the radio."
 Rastus' Brother President, we need a cuspidor."
 President of the Eight Ball Club: "I appoint Brother Brown as cuspidor."
 "Who are those people doing all the cheering? asked the recruit as the soldiers marched to the train.
 "Those are the people who are not going," replied the veteran.
 "Say, John, what do you do with your old clothes?"
 "Simple enough. I just take them off at night and put 'em on again next morning."

Fifth Grade

Mrs. Nick Reed visited our class Thursday afternoon and brought us some delicious fudge. We enjoyed it very much.
 We plan to invite our mothers to our Christmas program.
 Margaret Ritter brought a Christmas tree this morning and we plan to decorate it this week.

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Protein Vital In U. S. Health Defense Effort

An army of nutrition workers, scientists, physicians and others in the public health field are engaged in an all-out health defense effort to conquer malnutrition, now recognized as America's No. 1 health problem.
 In this program to make America strong by making Americans stronger, feeding the family is the homemaker's most important task. It is a task made easier by a knowledge of good nutrition and of the factors necessary in an adequate diet.

Value of Protein
 Among the diet factors, protein ranks first as a body-builder. About 18 per cent of the human body consists of protein. No life exists without it. Protein is necessary for building and repairing body tissues. It furnishes energy and it also enters into the structure of certain hormones which have a specific action on vigor and general efficiency.
 The word, "protein" was coined in 1838 by Mulder, a Dutch chemist, from the Greek word, "proteios," meaning "in first place." Proteins differ greatly because they are made up of various amino acids known as "building stones." When protein is digested these amino acids are set free and are reconstructed to fit the needs of each body cell.
 A plentiful protein supply is imperative for good health. Persons subsisting on low-protein diets show slowness in mental reaction, lowered resistance to disease and other ill effects. Authorities recommend about 1/2 gram or preferably 2/3 gram per pound of body weight as the daily protein requirement. Thus a man weighing 155 pounds requires about 100 grams of protein daily—about 3.5 ounces. Children require two to three times as much protein per unit of body weight as adults.

Protein in Reducing Diet
 Contrary to former beliefs that high protein diets cause kidney disease, physicians now use such diets in treating kidney ailments. Dr. Leo K. Campbell, Rush Medical College, Chicago, has shown that on diets high in protein, over-weight persons lost 8 to 12 pounds monthly. He also proved the value of a high-protein diet for weight gaining.

Protein Content of Common Foods



Because they contain all necessary amino acids, proteins of animal origin—meat, milk, cheese and eggs—rank highest nutritionally and are called "complete" proteins. Half of the daily protein intake should be of animal origin. Glandular meats, such as liver and kidney, contain protein of exceptionally high value.
 Sources of Protein
 The accompanying chart, carrying the seal of acceptance of the Council on Foods and Nutrition of the American Medical Association, shows the relative amounts of protein furnished by different foods, based on average servings. Three stars opposite a food indicate that its protein is of high quality.
 A sufficient daily protein supply of animal origin is furnished by 2 servings of meat, or by 1 serving of meat, 2 glasses of milk and 2 eggs. The additional protein needed in the diet may be obtained from more of these foods and from cereals, legumes, etc.

Methodist Church

Lowell O. Ryan Pastor
 Church school 10 a. m.
 Morning worship, 11 o'clock
 Young People's Service 6:30 p. m.
 Evening worship, 7:00 o'clock

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But It's True!

HENRY CLASON, NEWSPAPER EDITOR OF CHICAGO, ILLINOIS, DANCE WORKED AT HIS DESK FOR FIVE DAYS WITHOUT A STOP AT THE TIME WHEN PEOPLE WERE WAITING TO HEAR OF THE ARREST.

MR. AND MRS. GEROLD PINHUS - OF NEW YORK CITY - STARTED DIVORCE PROCEEDINGS SIX MINUTES AFTER THEY WERE MARRIED ... (TAN. 6, 1937)

IN THE TOWN OF JOHNSONBURG, GEORGIA, HENRY PHILLITT AND HOMER MACKINTOSH HAVE ALTERNATED BEING MAYOR ANNUALLY FOR 16 YEARS... THIS IS NOT BY AGREEMENT—THE ELECTION IS ALWAYS HARD-FOUGHT!

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