

Jan. 16,	41-	- -	19
Jan. 17,	55-	- -	15
Jan. 18,	58-	- -	11
Jan. 19,	40-	- -	8



Jr. Livestock Sale May Reach \$70,000

The Bailey County Junior Livestock Show sale is expected to significantly exceed the 1993 event, organizers say.

Last Saturday's premium sale netted \$52,600 for livestock and \$9,752 for product sales.

The Sale total is currently \$62,352 with add-ons still to be totaled. Organizers expect the total receipts from the sale to reach the \$70,000 mark.

Total receipts from the 1993 sale were \$64,805.

Receipts from the sale go to the junior livestock exhibitors, who use the money as they take their animals to other shows.

In addition to those whose animals made the sale, the Buyer's Club also distributed some of the funds to exhibitors whose entries were not selected.

Therman Myers served as the auctioneer for the sale, which began with the product auction

at 1:30 p.m. and continued until 5:30 p.m. Kelly Harrison, Gary Hooten and Steve Kennedy served as ringmen, with junior livestock exhibitors working as runners. Secretaries for the sale included Brenda Black, Suzie Claunch, Jackie Wheeler, Billie Downing, Kandy McWhorter, Marianne Toombs, Melissa Toombs, and Karie Kollar.

All of the workers, including parents, volunteers, and Junior Livestock Board Members, donated their time to the event.

All told, more than 300 animals passed through the show ring during the two-day event.

All told, more than 300 animals passed through the show ring during the two-day event.

Judges for the show were Terry Phillips of Seagraves, lambs; Jim Tucker of , swine; and Burt Williams of Spearman, cattle. Storm

Cont. on Pg. 10, Col. 1



LIVESTOCK SALE-Therman Myers served as auctioneer for the Bailey County Junior Livestock Sale held Saturday, January 15, 1994. More than 300 animals passed through the ring during the two day event at the Bailey County Civic Center Coliseum. (Journal photo)



Bennie Claunch

Claunch Announces Candidacy

For your votes and support in the last election, I want to thank you.

Since I am now seeking reelection for a second term, I would greatly appreciate your vote and your continuing support.

Having lived in Bailey County for fifty seven years, I will do the best of my ability to keep working for the progress of this county.

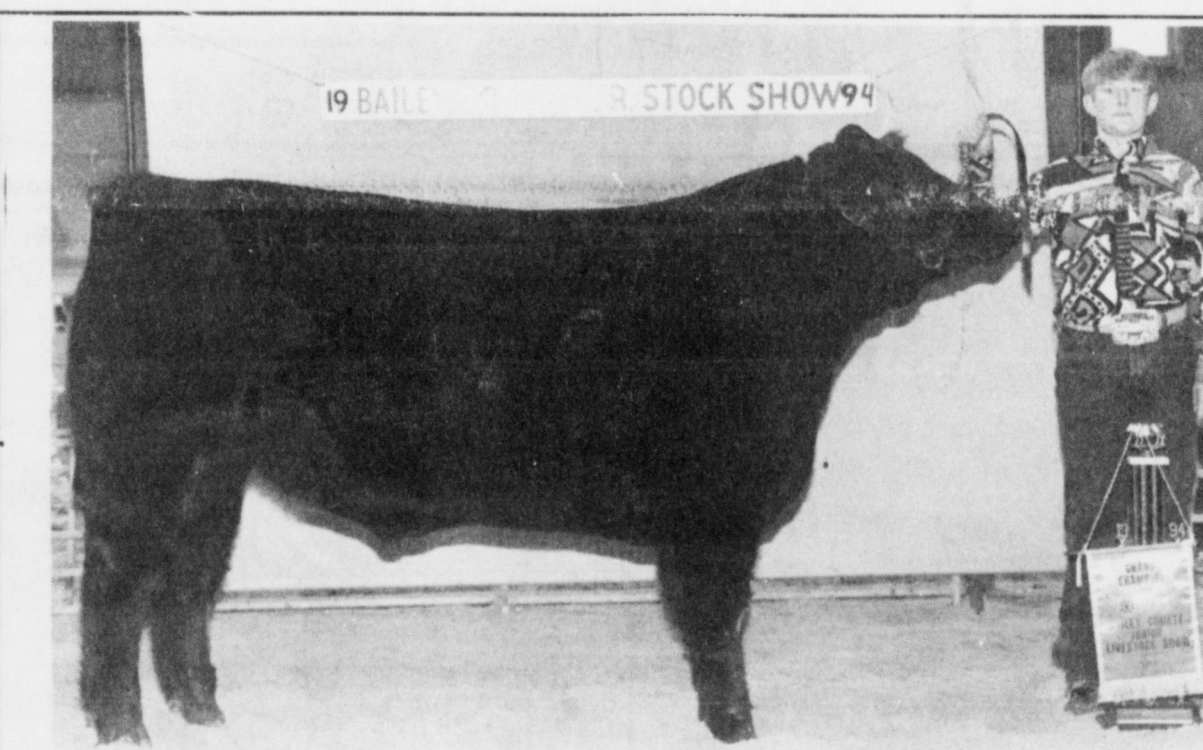
I have enjoyed working with the people of this county for the last three years and, hopefully, with your vote and your support I will be able to serve another term.

Political Advertisement Paid For By Bennie Claunch, Precinct #4

Around Muleshoe

The Muleshoe area community is encouraged to come out Thursday night, Jan. 20 to meet the Lady Mules and Mules High School Basketball teams.

This is a recognition night and sandwich supper to be held in the Muleshoe High School Cafeteria at 7:30 p.m., sponsored by the Muleshoe



GRAND CHAMPION STEER-Jeffery Wheeler is pictured with his Light, Light Weight English Steer to win the Grand Champion title at the 1994 Bailey County Livestock Show. (Journal photo)

Wheeler, Claunch Steer Show Champs

Jeffrey Weeler of the Muleshoe FFA had the grand champion junior market steer during the annual Bailey County Junior Livestock Show, held last Saturday at the Muleshoe Civic Center.

Wheeler's steer was the champion of the English breeds, catching the eye of judge Burt Williams of Spearman.

The reserve grand champion was exhibited by Jacen Claunch, also of the Muleshoe

FFA chapter. Claunch's entry was the Exotic breed champion.

Wheeler is the son of Carl and Jackie Wheeler of Muleshoe and is a freshman at Muleshoe High School.

Claunch, the son of Jim Pat and Teresa Claunch of Muleshoe, is an 8th grader at Watson Junior High.

The other champions in the grand drive was Cody Wilson of Bailey 4-H and his champion

Cont. on Page 3, Col. 1



GRAND CHAMPION BARROW-Scott Pollard shows off his Light Light Weight Cross that won the Grand Champion title in the 1994 Bailey County Livestock Show. (Journal photo)

Pollard, Hodges Win Junior Swine Show

Scott Pollard of Three Way exhibited the grand champion junior market swine during the annual Bailey County Junior Livestock Show last Friday at the Muleshoe Civic Center Coliseum.

Pollard's grand champion was a 165-pound Cross barrow and bested a field of more than 200 entries in the annual event, coming out of the light-lightweight class.

Reserve grand champion honors went to Suzy Hodges of Muleshoe and her 208-pound champion Yorkshire barrow. Hodges' entry won the light-heavyweight class on its way to the grand drive.

Pollard is the son of Terry and Jonice Pollard, a member

of the Bailey County 4-H Club and a 6th grader at Three Way School. He also had the reserve champion Berkshire during the show.

Hodges, the daughter of Mack and Rhonda Hodges, is also a Bailey County 4-H Club member and a sophomore at Muleshoe High School.

In the gilt division, Jennifer Young of Bailey County 4-H had the champion and Amanda Hahn of Bailey 4-H had the reserve champion gilt.

Others in the grand drive were Kyle Kindle of Three Way FFA with his champion Berkshire; Carolyn Schuster of Bailey 4-H with her champion

Cont. on Page 2, Col. 1

Athletic Boosters. ***

The Muleshoe Senior Citizens will meet Jan. 24, 1994 at the Old Depot for a covered dish luncheon at 12:00.

Speaker will be humorist, Alvin Flemming. ***

AARP will meet Jan. 28 at 12:00 at the Civic Center for a covered dish lunch.

Air Force Airman 1st Class Rogelio M. Martinez has arrived for duty here.

Martinez, an electronic warfare systems apprentice, is the

son of Cristina Martinez of 607 Ave. B. Farwell, Texas.

His wife, Deedra, is the daughter of Alan Brockmeier of 36D Star Route, and La Quane Brockmeier of 1313

Ash St., both of Clovis, N.M. Martinez is a 1990 graduate of Farwell High School.

The Pep Ex-students Association. Cont. on Pg. 2, Col. 5

Swine...

Cont. from Pg. 1

4-H with his champion Duroc; and her Poland; and Kasey Wright of Bailey 4-H and her champion Spot.

Reserve breed champions included Hahn and her reserve champion York; Pollard and his reserve champion Berk; Jason Barrett of Bailey 4-H and his reserve champion Chester; Kindle and his reserve champion Duroc; Jordan Pool of Bailey 4-H and his reserve champion Hamp; David Morris of Muleshoe FFA and his reserve champion Poland; and Shane Schuster with her reserve champion Cross.

Showmanship honors for the swine show went to Lysie Black of Bailey 4-H in the junior division and Kindle in the senior division. Monty Kirby of Bailey 4-H was the junior runner-up, while Katie Black of Bailey 4-H was the senior runner-up.

Kindle was the overall showmanship winner, with Katie Black as runner-up.

SWINE GILTS

Class I (165-171)

1. Lysie Black, Bailey 4-H;
2. Melissa Bennett, Three Way FFA;
3. Brandon Thomason, Muleshoe FFA;
4. Jason Crawford, Bailey 4-H;
5. Brandon Thomason, Muleshoe FFA;
6. Lissa Leffler, Bailey 4-H;
7. Zach Barrett, Muleshoe FFA;
8. Bradley Thomason, Muleshoe FFA.

Class II (181-191)

1. Averi Wilkerson, Bailey 4-H;
2. Robin Cowart, Bailey 4-H;
3. Leisha Wallace, Bailey 4-H;
4. Buck Angeley, Bailey 4-H;
5. Bradley Thomason, Muleshoe FFA;
6. Belle Angeley, Bailey 4-H;
7. Joshua Kitchens, Muleshoe FFA;
8. Cory Hunt, Muleshoe FFA.

Class III (195-199)

1. Joel Cowart, Bailey 4-H;
2. Joshua Kitchens, Muleshoe FFA;
3. Shauna Kitchens, Muleshoe FFA;
4. Joshua Kitchens, Muleshoe FFA;
5. Toby Kitchens, Muleshoe FFA;
6. Ben Angeley, Bailey 4-H;
7. Kyle Hahn, Bailey 4-H.

Class IV (200-208)

1. Amanda Hahn, Bailey 4-H;
2. Robin Tooley, Bailey 4-H;
3. Kendall McDaniel, Muleshoe FFA;
4. Brandon Thomason, Muleshoe FFA;
5. Ben Angeley, Bailey 4-H;
6. Bradley Thomason, Muleshoe FFA;
7. Kala Johnson, Bailey 4-H.

Class V (209-217)

1. Toby Kitchens, Muleshoe FFA;
2. Monty Kirby, Bailey 4-H;
3. Kala Johnson, Bailey 4-H;
4. Jason Crawford, Bailey 4-H;
5. Kourtnee Magby, Bailey 4-H;
6. Candace Hutto, Bailey 4-H.

Class VI (218-257)

1. Jennifer Young, Bailey

- 4-H;
2. Jason Barrett, Muleshoe FFA;
3. Cory Hunt, Muleshoe FFA;
4. Shauna Kitchens, Muleshoe FFA;
5. Shauna Kitchens, Muleshoe FFA;
6. Toby Kitchens, Muleshoe FFA.

Champion Gilt
Jennifer Young
Bailey 4-H

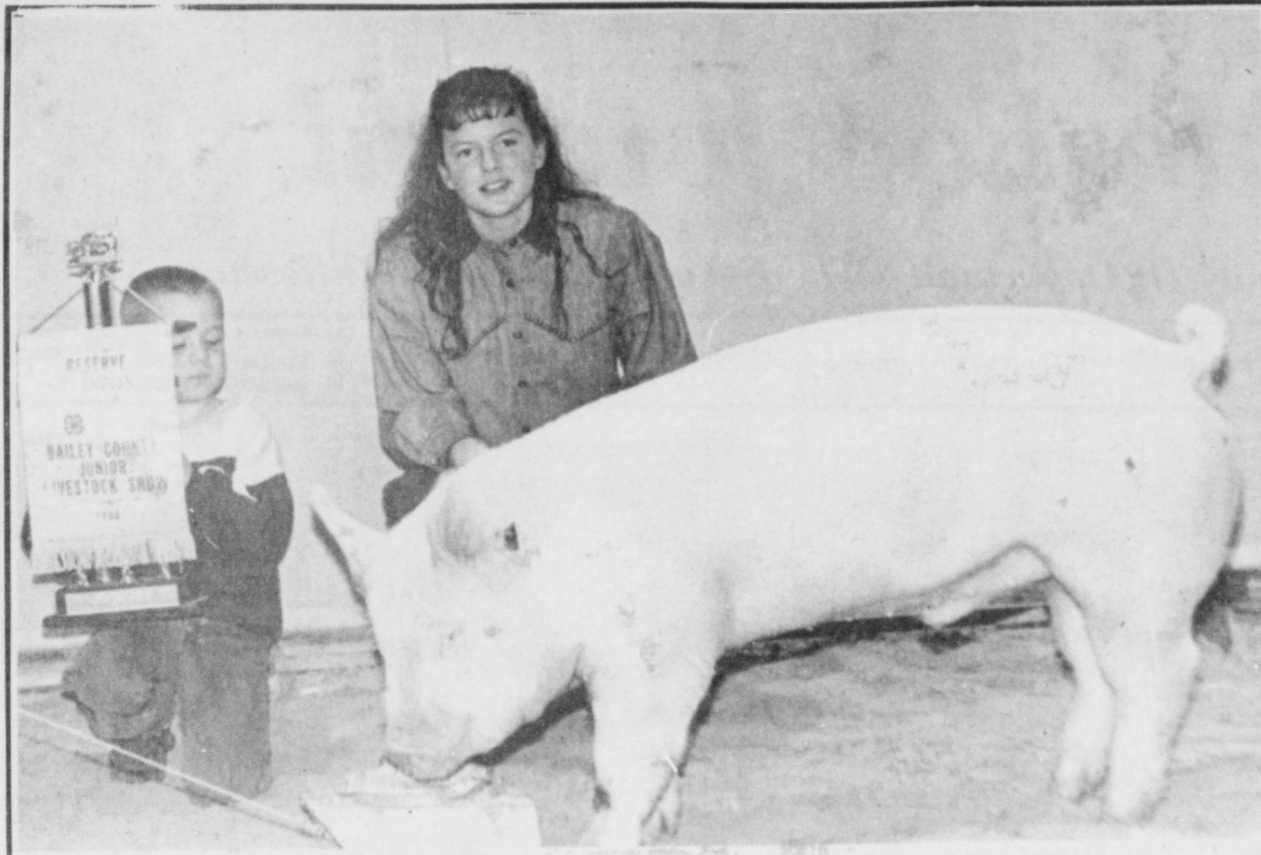
Class VI Champion-Duroc Reserve Champion Gilt

??
??
??

BARROWS Berkshires

Lightweight (170-186) —

1. Scott Pollard, Bailey 4-H;
2. David Morris, Muleshoe FFA;
3. Lindsey Altman, Bailey 4-H;
4. Joshua Tooley, Bailey 4-



RESERVE GRAND CHAMPION BARROW—Suzy Hodges is pictured with her Light Weight Heavy Weight York Reserve Grand Champion Barrow at the 1994 Livestock Show. (Journal photo)

Around Muleshoe.....

Cont. from Pg. 1

ciation 34th Annual homecoming will be held Saturday, January 29, 1994 at Pep Parish Hall in Pep, TX.

The Ex-students Association welcomes all former students, teachers, patrons and friends to come to our 34th Annual Homecoming.

Hometown boy, Lee Horsley, will star with Susan Lucci and Robert Cassidy on ABC's Sunday Night movie "French Silk" which airs at 8 p.m., January 23, 1994.

California burn acreage declared disaster area.

Congratulations



CHAMPION GILT---Jennifer Young, daughter of Mr. and Mrs. Robbie Young, is shown here with her Gilt which was the Champion Gilt of the Biale County Junior Livestock Show last weekend here in Muleshoe. (Journal Photo)

Bailey County Electric Cooperative Association

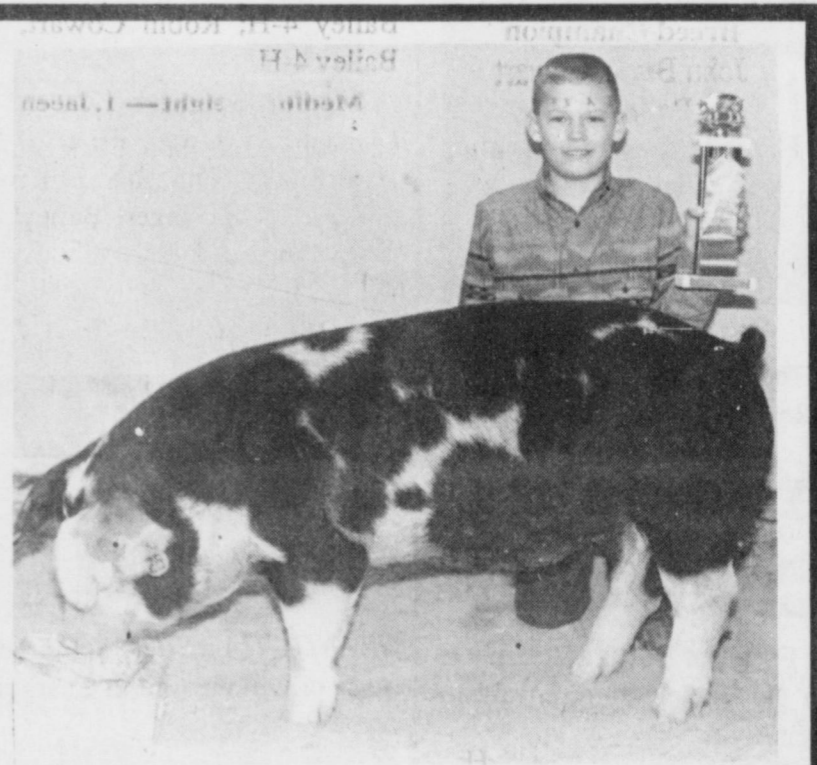
305 E. Ave. B 272-4504



RESERVE BREED CHAMPION BARROW---Scott Pollard, the son of Mr. and Mrs. Scott Pollard, had the Reserve Breed Champion Barrow of the Bailey County Junior Livestock Show last weekend in Muleshoe with his Light Weight Berk. (Journal Photo)

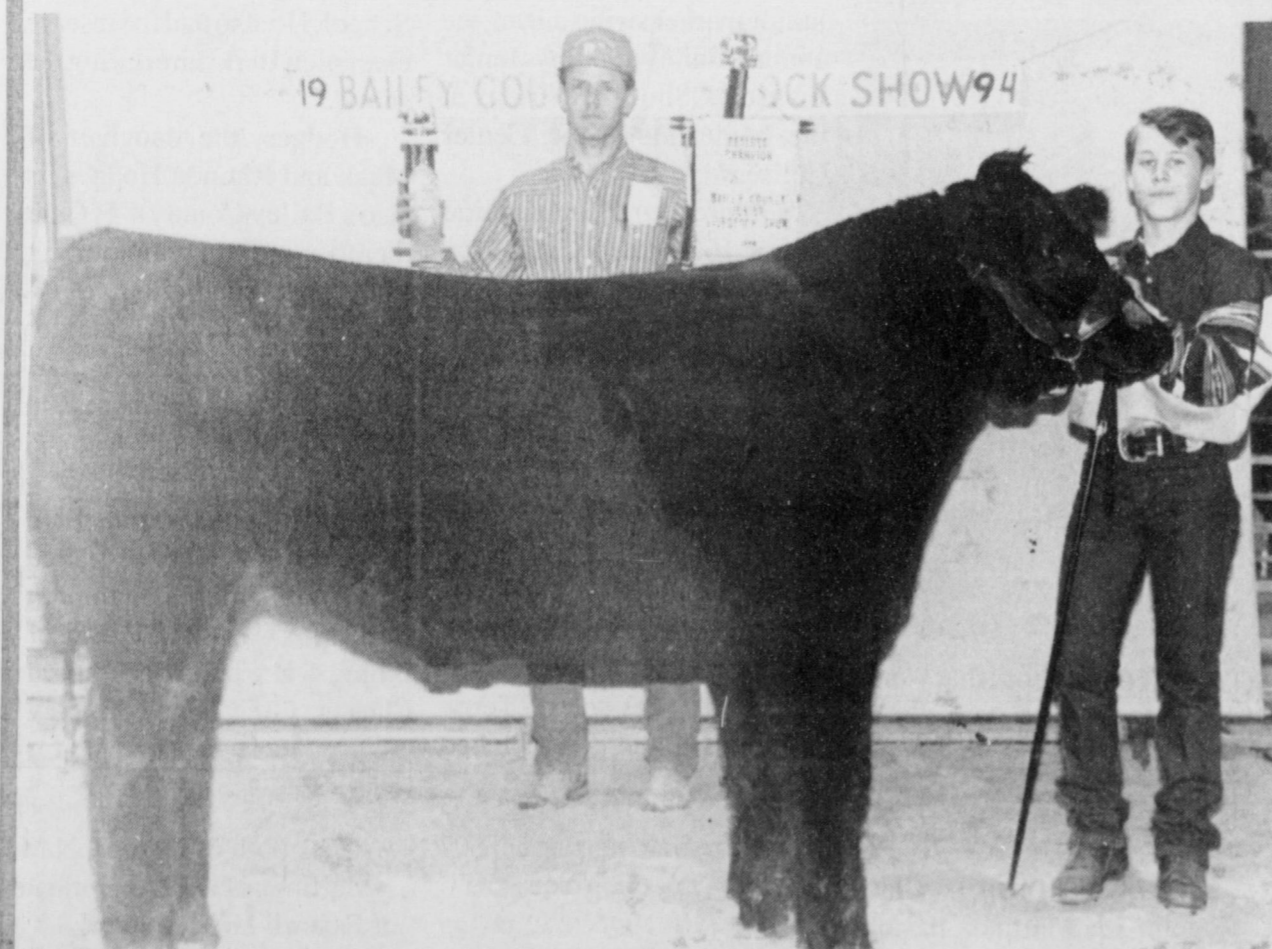


BREED CHAMPION BARROW---Kyle Kindle, the son of Mr. and Mrs. James Kindle, had the Breed Champion Barrow at the Bailey County Junior Livestock Show last weekend in Muleshoe with his Heavy Weight Berk. (Journal Photo)



BREED CHAMPION---Kasey Wright, the son of Mr. and Mrs. Murray Davis, is shown here with her Spot Barrow which was the Breed Champion of it's class at the Bailey County Junior Livestock Show in Muleshoe last weekend. (Journal Photo)

Congratulations



RESERVE GRAND CHAMPION STEER—Jacen Claunch is pictured with his medium weight Exotic Cross Steer, the new Reserve Grand Champion of the Bailey County Livestock Show.



BREED CHAMPION---Shane Schuster, daughter of Mr. and Mrs. Alec Schuster, shown here with her Medium Weight Hamp which was the Breed Champion of it's class at the Bailey County Junior Livestock Show last weekend in Muleshoe. (Journal Photo)

WES-TEX FEED YARDS, INC.

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Muleshoe, Texas 79347

Steers...

Cont. from Pg. 1

American Cross.

Reserve breed champions included Katie Black of Bailey 4-H in the English breeds; Lance Latham of Muleshoe FFA in the American Crosses and Wheeler in the Exotic Crosses.

In the heifer division, Lela Hancock of Bailey 4-H had the champion dairy heifer, while James Hancock, also of Bailey 4-H, had the reserve champion.

The beef heifer champion was exhibited by John Bryan Cowart of Bailey 4-H and the reserve champion by Ben Angeley of Bailey 4-H.

In the showmanship contest, Claunch was the senior and overall champion. Katie Black was the senior reserve champion.

In the junior division, Lysie Black of Bailey 4-H was the champion and Rebecca Robertson, also of Bailey 4-H, was the reserve champion.

There were seven heifers and 49 steers in the show.

CATTLE HEIFERS

Dairy Heifers — 1. Lela Hancock, Bailey 4-H; 2. James Hancock, Bailey 4-H.

Breed Champion
Lela Hancock
Bailey 4-H

Reserve Breed Champion
James Hancock, Bailey 4-H

Beef Heifers — 1. John Bryan Cowart, Bailey 4-H; 2. Ben Angeley, Bailey 4-H; 3. Buck Angeley, Bailey 4-H; 4. Kimberly Griswold, Bailey 4-H; 5. Kimberly Griswold, Bailey 4-H.

Breed Champion
John Bryan Cowart
Bailey 4-H

Reserve Breed Champion
Ben Angeley
Bailey 4-H

STEERS

English
Lightweight — 1. Suzy Hodges, Bailey 4-H; 2. Jarrod Redwine, Muleshoe FFA; 3. LeAnn Altman, Bailey 4-H; 4. Jill Hodges, Bailey 4-H; 5. Joshua Tooley, Bailey 4-H; 6. Rebecca Robertson, Bailey 4-H.

Heavyweight — 1. Jeffrey Wheeler, Muleshoe FFA; 2. Katie Black, Bailey 4-H; 3. Lysie Black, Bailey 4-H; 4. LeAnn Altman, Bailey 4-H; 5. Brandi Harrison, Bailey 4-H; 6. Cody Wilson, Bailey 4-H.

Breed Champion
Jeffrey Wheeler
Muleshoe FFA

Champion Heavyweight
Reserve Breed Champion
Katie Black
Bailey 4-H



RESERVE GRAND CHAMPION STEER-Jacen Claunch is pictured with his medium weight Exotic Cross Steer, the new Reserve Grand Champion of the Bailey County Livestock Show.

Reserve Champion Heavyweight

American Crosses

1. Cody Wilson, Bailey 4-H; 2. Lance Latham, Muleshoe FFA; 3. Delwyn, Latham, Muleshoe FFA; 4. John Bryan Cowart, Bailey 4-H; 5. Russell Black, Muleshoe FFA.

Breed Champion

Cody Wilson
Bailey 4-H

Reserve Breed Champion

Lance Latham
Muleshoe FFA

Exotic Crosses

Lightweight — 1. Kyle Embry, Muleshoe FFA; 2. Rebecca Robertson, Bailey 4-H; 3. Rebecca Robertson, Bailey 4-H; 4. Joel Cowart, Bailey 4-H; 5. Katie Black, Bailey 4-H; 6. Joshua Tooley, Bailey 4-H; 7. Cody Wilson, Bailey 4-H; 8. Robin Cowart, Bailey 4-H.

Mediumweight — 1. Jacen Claunch, Muleshoe FFA; 2. Kyle Embry, Muleshoe FFA; 3. Dustin Cleavinger, Bailey 4-H; 4. Russell Pollard, Bailey 4-H; 5. Jacen Claunch, Muleshoe FFA; 6. Lysie

Black, Bailey 4-H; 7. Scott Pollard, Bailey 4-H; 8. robin Tooley, Bailey 4-H.

Light-heavyweight — 1. Jeffrey Wheeler, Muleshoe FFA; 2. Kyle Embry, Muleshoe FFA; 3. Dustin Cleavinger, Bailey 4-H; 4. John Bryan Cowart, Bailey 4-H; 5. Russell Pollard, Bailey 4-H; 6. Justin Lee, Bailey 4-H; 7. Kimberly

Griswold, Bailey 4-H; 8. Brandi Harrison, Bailey 4-H.

Heavyweight — 1. Jacen Claunch, Muleshoe FFA; 2. Jarrod Redwine, Muleshoe FFA; 3. Krystal Heathington, Bailey 4-H; 4. Justin Lee, Bailey 4-H; 5. Russell Black, Muleshoe FFA; 6. Katie Black, Bailey 4-H; 7. Hadley Henderson, Muleshoe FFA; 8.

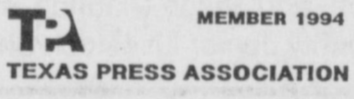
Muleshoe Journal

USPS 367-820
Established February 23, 1924. Published by Triple S Publishing, Inc. Every Thursday at 304 W. Second, P.O. Box 449, Muleshoe, Tx. 79347. Second Class Postage paid at Muleshoe, Tx. POSTMASTER: Send address changes to the Muleshoe Journal, P.O. Box 449, Muleshoe, Tx. 79347.

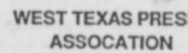
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National Newspaper Association



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Big Brothers And Sisters

(NAPS)—When Hank Aaron stepped up to bat for Big Brothers/Big Sisters of America he hit another home run. Aaron teamed up with Arby's restaurants nationwide to recruit 715 adult

volunteers for the organization, the number matching Aaron's famous record-breaking home run. As part of the Arby's/Hank Aaron 715 Challenge, Aaron traveled to 10 cities across America to raise awareness of the social service organization and its need for more volunteers.

To find out more about Big Brothers/Big Sisters, and how you can volunteer, contact your local agency.



Our Families, Our Future

Explores Innovative Social Programs that are Coping with the Disintegrating American Family

The American family is in a state of crisis and change. The traditional image of the father who is the sole bread winner and the mother who stays home to raise the children and run the house has been shattered by the dramatic changes in family structure over the past generation. Today, 50 percent of marriages end in divorce. Two-thirds of mothers with school age children work outside the home. And 70 percent of all children spend part of their childhood in a single-parent home. Some changes like greater equality in the home and in the workplace are welcome. Yet, many of the changes add new stresses to family life, threaten healthy child development, and further burden our beleaguered social welfare system.

As traditional institutions prove to

be increasingly incapable of coping with these profound social changes, bold new experiments in education, counseling, and family support are springing up throughout the nation. These family support programs and the people they help are the subject of **Our Families, Our Future**, a one-hour documentary hosted by Walter Cronkite.

Our Families, Our Future follows public television's "What's Ailing Medicine" as the second program in a new series of four documentaries investigating some of the nation's most pressing domestic problems.

Our Families, Our Future airs Tuesday, January 25th at 10:00 p.m. It repeats Sunday, January 30th at 3:00 p.m.

"Malcolm X"

The American Experience profiles the man who expressed the anger and struggle of black people's insistence for human dignity and freedom during the 1960s in "Malcolm X — Make It Plain." Pulitzer Prize-winning author and historian David McCullough hosts the series.

Who, really, was Malcolm X? The American Experience "Malcolm X — Make It Plain" is a two-and-a-half-hour documentary that charts the actual and intellectual journeys of this complex man. In Omaha, Nebraska, he was Malcolm Little, the son of Reverend Earl Little, an organizer and outspoken minister who preached the relationship

between black pride and salvation — and whose body was found one day on the trolley tracks, cut nearly in two by a street car. Many believed his death was the work of white vigilantes.

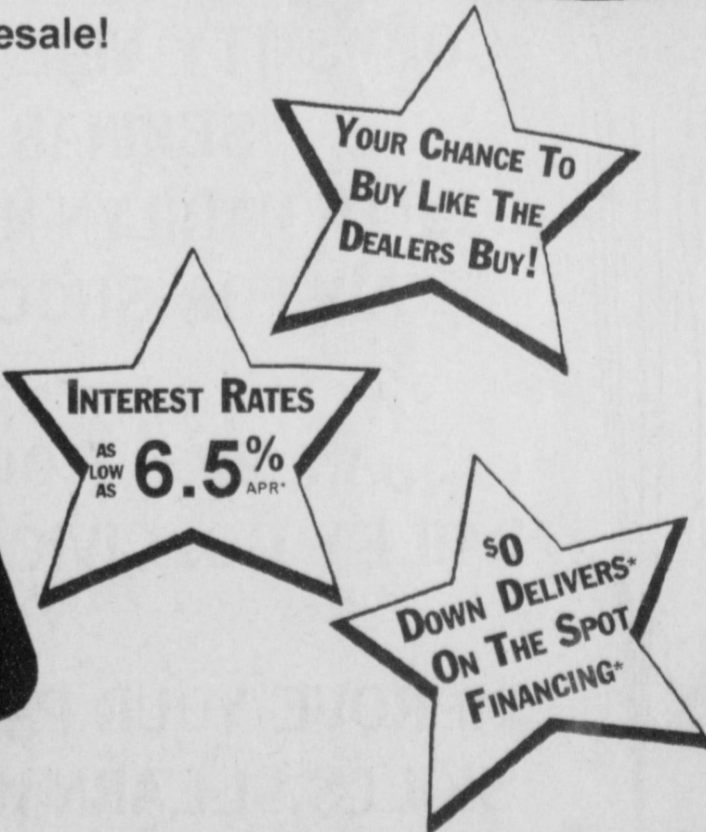
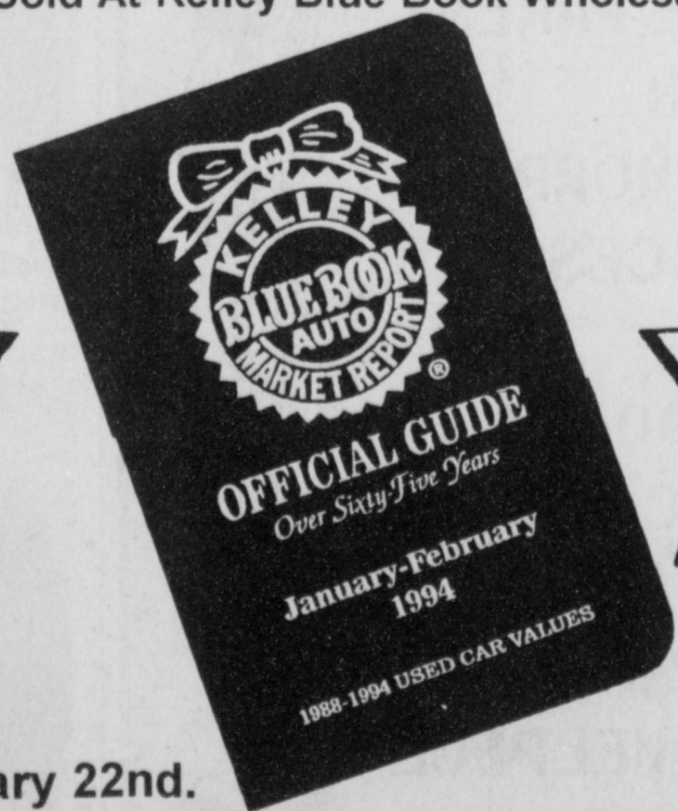
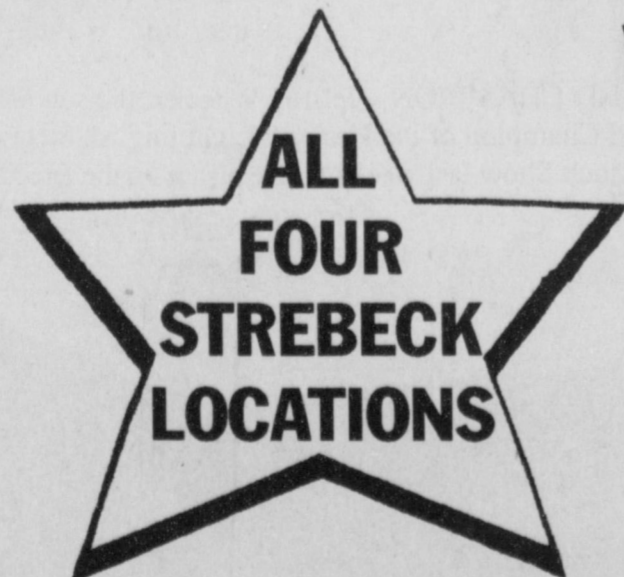
In 1965, under attack from the Nation of Islam and under surveillance by the FBI, Malcolm X was assassinated while delivering a speech. Who killed him — and why — has never been fully explained.

The two-and-a-half presentation of "Malcolm X — Make It Plain" on The American Experience will be broadcast Wednesday, January 26th at 7:00 p.m. on KENW-TV.

Channel 3 Television from Eastern New Mexico University, Portales, New Mexico

Fifth Annual Wholesale To The Public Sale

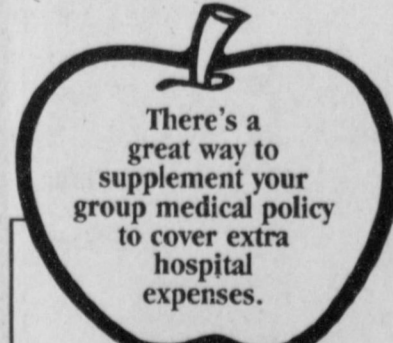
Due To The Tremendous Response To Our Wholesale To The Public Sale The Entire Used Vehicle Inventory PLUS OVER 75 RECENT TRADE-INS Will Continue To Be Sold At Kelley Blue Book Wholesale!



Sale Ends Saturday, January 22nd. We Can't Afford To Do This Again... YOU CAN'T AFFORD TO MISS IT!

<p>Teague Strebeck</p> <p>FORD MERCURY</p> <p>1115 N Chicago • Portales, NM 356-8581 • 762-3845</p>	<p>Case Strebeck</p> <p>GM AUTOPLEX</p> <p>Clovis Highway • Portales, NM 356-3501 • 763-3501</p>	<p>Teague Strebeck</p> <p>Jeep Eagle</p> <p>2020 Mabry Dr • Clovis, NM 769-2277 • 769-CARS</p>	<p>Mills Strebeck</p> <p>CHEVROLET Geo</p> <p>322 S Lake St • Tucumcari, NM 461-0151 • 461-0283</p>
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State Farm Mutual Automobile Insurance Company Home Office: Bloomington, Illinois Call for details on coverage, costs, restrictions and renewability.

Dotts, To Be U.M.W.S. Speaker

Mrs. Ted (Betty) Dotts will be the speaker at morning worship Sunday, January 23 at First United Methodist Church, in Muleshoe. The occasion is United Methodist Women's Sunday. Mrs. Dotts is known by many as she often conducts seminars and retreats. Her topic is "Belief That Lights Our Path."

Betty Shewbert Dotts, graduate of McMurry University with a degree in religious education and organ, is the

mother of John and Rebecca and spouse to Ted.

As a Methodist preacher's daughter she began attending local church women's meetings while still in the cradle. By the time she was in elementary school, she was able to play the piano for special programs of the WSCS.

To put her husband through seminary at Perkins School of Theology, she taught organ through a public studio in Dallas. Her students included

jazz musicians, handicapped persons, church organists, and nightclub entertainers. When her husband returned to graduate studies at SMU, she took graduate organ classes at SMU.

Currently she serves as the musician for Emanuel Iglesia Unida Metodista, secretary of the Board of Directors for the UWCA, Community Education Task Force for the City of Lubbock, Advisory council of McMurry University, founder of the Lubbock chapter of PFLAG, mentor for the Mentoring Board of the Texas Department of Human Services, resource person for Older Adult Ministries of the Northwest Texas Annual Confer-

ence, and volunteer musician for Bean Elementary School, Lubbock.

For several years, she coordinated the largest program in Lubbock to feed the poor, worked in membership care for Saint John's United Methodist Church, participated in the Overton Neighborhood Association, served on the Laity Board for Perkins School of Theology, and directed fall experience at the United Methodist Campground,

Mount Sequoyah, Fayetteville, Arkansas.

In addition to her love for music, she enjoys lecturing on the history, cultural, and theological content of church hymns.

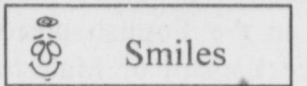
"The Odd Couple" To Be Presented

The hilarious female version of "The Odd Couple", a Neil Simon comedy will be presented Jan. 21-23, 28-30, and Feb. 4-6, 1994 at the Garza Theatre, located at 226. E. Main, in Post, Texas.

The nine performances will be directed by Jane Prince Jones, featuring Alison Hoefler...Cassie Coker. Joan Fariello...Christy Morris, and Linda Ellis...Leslie Woodard,

with Jon Steele and David Weaver, Jr. as the "Costazuela Brothers".

For reservations, call 1-800-846-3706.



Smiles

What, No Indians?

The drunk driver piloted his car north on the south bound one-way street when the cop on duty stopped him.

"Didn't you see the arrows?" he asked sternly, making out a ticket.

"Arrows!" exclaimed the drunk. "I didn't even see Indians!"

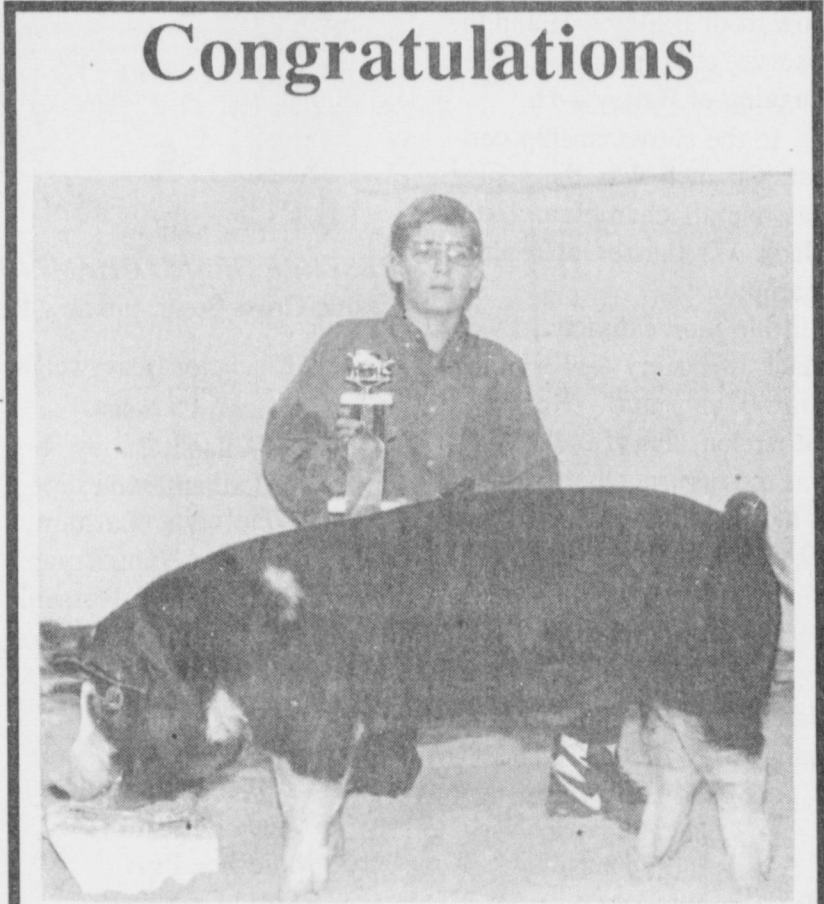


Mrs. Betty Dotts



SHOWMANSHIP AWARDS-The showmanship award in the Steer division went to Lynsie Black, junior division, and Jason Claunch, senior division, in the Bailey County Junior Livestock Show last weekend.

(Journal photo)



GRAND CHAMPION BARROW---Scott Pollard, the son of Mr. and Mrs. Terry Pollard, is shown here with his Light Light Weight Cross which was the Breed Champion of it's class and was then named the Grand Champion Barrow of the Bailey County Junior Livestock Show last weekend.


(Journal Photo)

Muleshoe Vet Supply

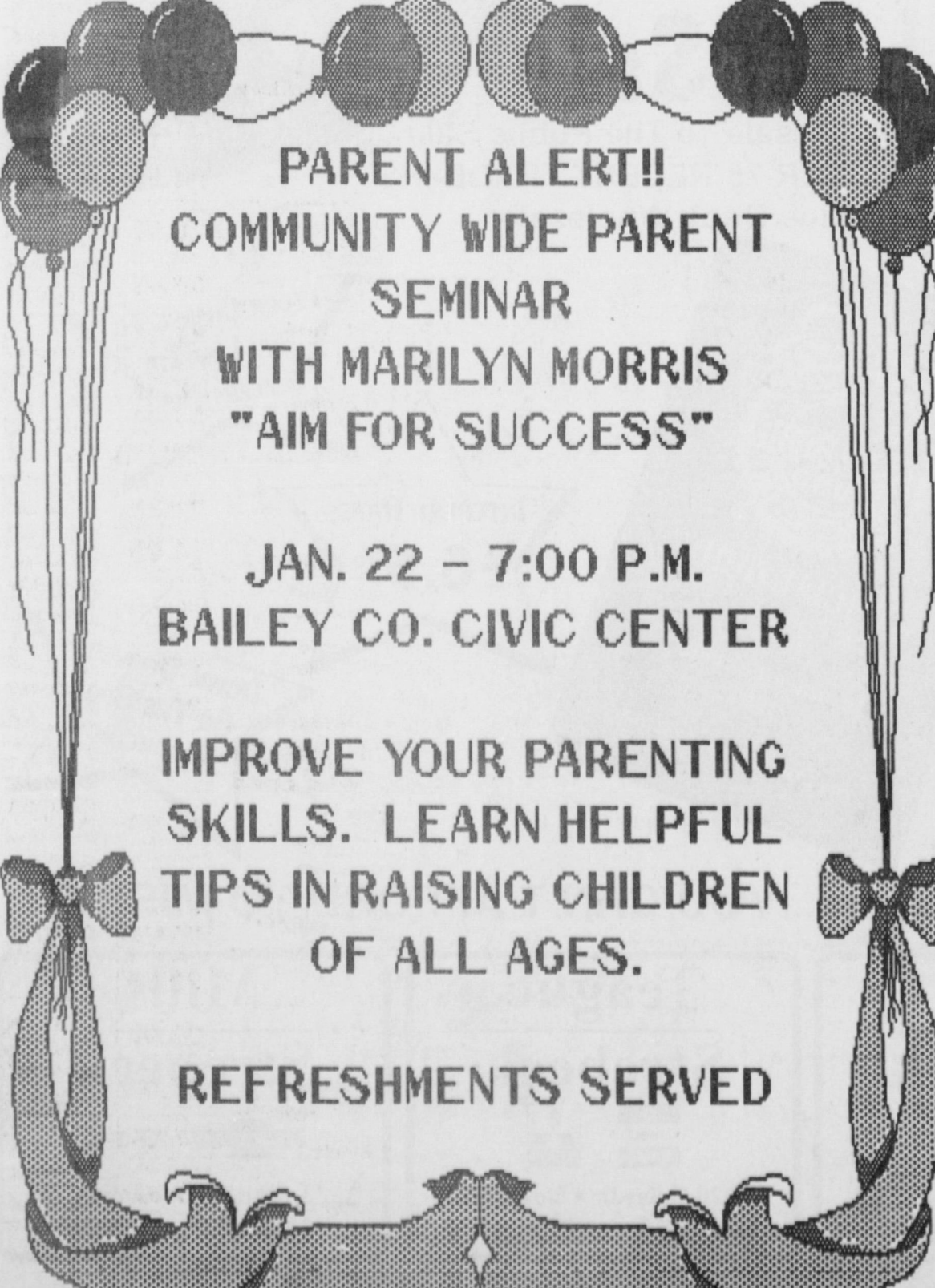
W. Hwy. 84 272-4990

Almost Bachelor to newlywed: "How do you like married life?" Newlywed: "Just great, it's almost like being in love."

Lacking Humor "What do you think of our art gallery?" "Oh, the pictures are quite good but there are no jokes under them!"



Round Dance Lessons
Bailey County
Civic Center
Beginning Jan. 24, 7:30 p.m.
Curers Are Randy & Joyce Hill
First Two Lessons Free
For More Information Call 946-3622

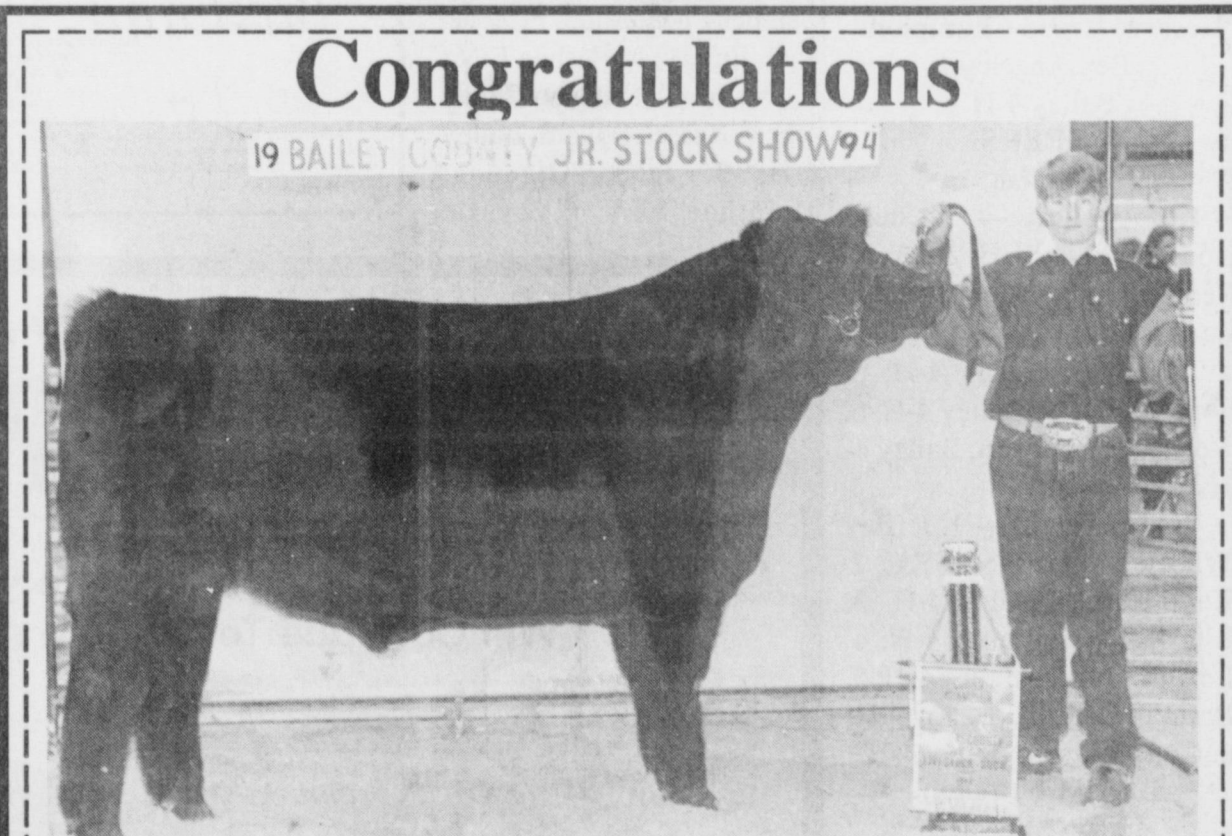


PARENT ALERT!!
COMMUNITY WIDE PARENT SEMINAR
WITH MARILYN MORRIS
"AIM FOR SUCCESS"

JAN. 22 - 7:00 P.M.
BAILEY CO. CIVIC CENTER

IMPROVE YOUR PARENTING SKILLS. LEARN HELPFUL TIPS IN RAISING CHILDREN OF ALL AGES.

REFRESHMENTS SERVED



GRAND CHAMPION---Jeffrey Wheeler, the son of Mr. and Mrs. Carl Wheeler, had the Grand Champion of the Heavy Weight English Steer division of the Bailey County Junior Livestock Show last weekend. He also won the Breed Champion of this division.



RESERVE BREED CHAMPION---Jeffrey Wheeler, son of Mr. and Mrs. Carl Wheeler, is shown here with his Light Heavy Weight Exotic Cross Steer which was the Reserve Breed Champion of it's division in the Bailey County Junior Livestock Show last weekend.

Muleshoe Co-Op Gins

272-4794

The Muleshoe Area Calendar Of Events

SUNDAY, JANUARY 23, 1994
Attend the church of your choice

MONDAY, JANUARY 24, 1994
Cub Scouts, pack 620, boy scout ground
Girl Scouts, girl scout hut, 3:30
Muleshoe Heritage Foundation, Old Depot
Muleshoe Senior Citizens, Old Depot, noon
Round dance, Civic Center, 7:30 p.m.

TUESDAY, JANUARY 25, 1994
AA, Muleshoe Counseling Center, 8:00 p.m.
M.I.S.D. School Board Meeting, 7:00 p.m.
Muleshoe Athletic Boosters, H.S. Cafeteria, 7:30 p.m.
Rebekah Lodge, Lodge Hall, 7:30 p.m.
Rotary Club, Civic Center, noon
Muleshoe Square Dance, Legion Hall
Young Homemakers, Muleshoe Church of Christ
Muleshoe Senior Citizens dance, Legion Hall, 7:00 p.m.

WEDNESDAY, JANUARY 26, 1994
Lion's Club, noon, Civic Center
Muleshoe Volunteer Fire Dept., City Fire Station

THURSDAY, JANUARY 27, 1994
American Cancer Society, Noon
Dialogue, 3:00-4:00
Muleshoe Hobby Club, Senior Citizen Complex, 2:00 p.m.
Oddfellows, Lodge Hall, 7:30 p.m.
Tops Club, Amer. Blvd. Church of Christ, 5:30 p.m.
Muleshoe Square Dance, Legion Hall, 7:00 p.m.

FRIDAY, JANUARY 28, 1994
Muleshoe Road Riders
Daisy Girl Scouts, Girl Scout Hut, 3:30 p.m.
AARP, Civic Center, 11:30 p.m.

SATURDAY, JANUARY 29, 1994

IF YOU WISH TO ADD TO OR CHANGE ANYTHING ON THE MULESHOE CALENDAR, PLEASE CONTACT, ANNETTE AT THE JOURNAL-272-4536

CCC Hosts Sixth Annual Health And Fitness Day

The Sixth Annual Health And Fitness Day will be held at Clovis Community College on Saturday, January 29, from 9 a.m. to 2 p.m. Activities will begin with a Fun Walk on the fitness track located on the north side of the campus. Walkers will meet on the track at 9 a.m., warm up, walk 2 1/2 miles and cool down.

Activities taking place in the Student Activity Center in-

clude a Stretch and Tone class at 10 a.m. in the lower dance studio, a Wallyball Tournament in the racquetball courts at 10 a.m., a Bench-step demonstration in the gymnasium at 11 a.m., and a Low-impact Aerobic Dance class in the lower dance studio at noon. Health Fair screenings will be offered for blood pressure, lifestyle assessment, nutrition analysis, body composition,

hearing and glaucoma, as well as spinal exam. Information on first aid, walking programs, skin wellness, the War on Drugs, computerized aerobic equipment, cholesterol counseling, and cancer will be available.

There is a \$10. per four-person team fee for the Wallyball

Tournament and a \$1 fee for the test of body composition. All other activities are free of charge. Call the CCC Student Activity Center at 769-4156 for more information.

Never, no never, did nature say one thing and wisdom say another.
-Edmund Burke.



SHOWMANSHIP AWARDS-The Showmanship award in the Swine division went to Lysnie Black, junior division, and Kyle Kindle, senior division, at Bailey County's Junior Livestock Show.

(Journal photo)



Would Like To Congratulate Suzy Hodges



RESERVE GRAND CHAMPION BARROW---Suzy Hodges, the daughter of Mr. and Mrs. Mac Hodges, is shown here with her Light Heavy Weight York which was the Breed Champion of it's class and then was named the Reserve Breed Champion Barrow of the Bailey County Junior Livestock Show last weekend.
(Journal Photo)

Tips For Keeping Up With The Pace

We all feel pressure. In order to keep up with the hectic pace, it would be helpful to work on some rituals or habits to help us slow-down just enough to help us keep up.

1. When possible, drive 10 mph slower. Most of us drive fast even when we are not in a rush. You might even try a new route instead of the old one.
2. Pause before eating. Noticing the food for just a moment rather than attacking it.
3. Spend 5 minutes in your driveway before entering your house. Sit in your car and listen to music or the quiet, take some deep breaths. This can help shift from work life to home life.
4. Wait a few rings before answering the phone. Most of us rush to answer it immediately which just prolongs the hectic pace.
5. Set aside some "boundary times". Pick a part of each day and allow nothing to intrude upon it. Don't answer the phone or turn on the radio. Try something slow and meditative, such as walking, reading, music.

Some of the biggest things that keep our pace so hectic is working hard to take care of other's needs. We usually forget, that if we don't take care of ourselves we may not be able to take care of others after awhile. Take some time for yourself.

In Fashion

This spring suits project a professional look for women in the business world, but a little imagination and a few accessories can change suits in style and femininity.

Spring makeup captures the interplay of light and shadows. A combination of new shades are used for a new look. Most color combinations are influenced by global styles and trends. Eyebrows remain impeccably groomed and fingernails will glow with shades matching makeup

Nature never makes excellent things for mean, or no uses.
-John Locke.



Happy
18th
Birthday
Amy Brooke
Barrett
Love
Mom & Dad
Ronnie Gail
& Jason

DQ Treats & Eats

\$2.59

Full Meal Deal™

It's a real deal! The 1/2-lb. Hungr-Buster*, fries, drink, and a sundae. All for one low price!

On Sale at Dairy Queen*, January 10-23, 1994

*Reg. TM Am. D.Q. Corp. *Reg. TM Tx. D.Q. Op. Coun. ©Tx. D.Q. Op. Coun. †Pre-cooked weight. At participating Dairy Queen stores.

Back to Basics SALE

For Him		Regular	SALE	For Her		Regular	SALE
Levi's® 501® Prewashed Jeans		28.99	21.99	Lee® Denim Jeans.....	29.99	21.99	
Levi's® 501® Black Prewashed.....		30.99	23.99	Chic® Denim Jeans.....	25.00	16.99	
Levi's® 501® Stonewashed Jeans....		35.99	25.99	Famous Maker Jeans.	22.99	16.99	
Levi's® 550® Relaxed Fit Jeans.....		35.99	27.99	Stuffed Shirt® & Vivaldi® Denim Skirts.	29.99-32	19.99	
Levi's® 517® Prewashed Jeans.....		26.99	19.99	Lee® Twill Pants	31.99	24.99	
Wrangler® 13MWZ® and 936® in Indigo	\$20 & \$21	15.99	15.99	Chic® Twill Pants	21.99	14.99	
Wrangler® 13MWZ® and 936® in Colors		25.00	19.99	Color Cues® Turtlenecks.....	8.99	4.99	
Hanes® 3-Pack Briefs		5.99	4.99	Donnkenny® Pull-On Pants	14.99	9.99	
Hanes® T-Shirts		7.99	6.99	Betty Blue® Knit Stirrup Pants	12.99	9.99	
6-Pack Crew Socks		7.49	5.99	Fleece Tops & Bottoms.....	8.99	5.99	
Haggar® Belt Loop Slacks.....		29.99	19.99	Playtex® Bras.....	13.50-16	10.99	
Fashion Ties.....		15.00	10.99	Playtex® Bras.....	16.50-19.50	12.99	
Fashion Ties.....		20.00	14.99	Lorraine® Panties.....	4.00	2/\$5	
NoFade® Long Sleeve Oxford Dress Shirt		20.99	13.99	Hanes Her Way® Briefs and Bras	5.69-8.99	4.99-6.99	
Levi's® Dockers® Pants.....	Style # 20529-05	21.99	21.99	Hanes® Classic Comfort® Hosiery	2.95-3.95	Buy 2, Get 1 FREE	
Haggar® Wrinkle Free Pants	Style # 4000R	31.99	31.99	Keds® Canvas Sneakers.....	23.99	15.99	
Fleece Tops & Bottoms.....		8.99	5.99				
For Girls		Regular	SALE	For Boys		Regular	SALE
4-6x Chic® Denim Jeans		17.99	13.99	4-7 Wrangler® 13MWZ Jeans	16.00	12.99	
7-14 Chic® Denim Jeans		19.99	14.99	8-14 Wrangler® 13MWZ Jeans.....	18.00	14.99	
4-6x Lee® Denim Jeans		21.99	17.99	Students' Wrangler® 13MWZ Jeans	\$20 & \$22	17.99 & 19.99	
7-14 Lee® Denim Jeans		25.99	19.99	4-7 Levi's® 550® Jeans	22.00	15.99	
Keds® Canvas Sneakers.....		22.00	15.99	8-14 Levi's® 550® Jeans	25.00	19.99	
				Students' 26-30 Levi's® 550® Jeans	27.00	19.99	
				Hanes® Briefs	4.50	3.99	
				4-7 Fleece Tops & Bottoms.....	6.99	4.99	
				8-20 Fleece Tops & Bottoms.....	7.99	4.99	

ANTHONY'S

Sale Prices good through Sunday, Jan. 23rd

Swine...

Cont. from Pg. 2

H; 5. Cade Hooten, Bailey 4-H; 6. Landon Black, Muleshoe FFA.

Heavyweight (189-204) — 1. Kyle Kindle, Three Way FFA; 2. Daniel Morris, Muleshoe FFA; 3. Jarrod Redwine, Muleshoe FFA; 4. Bryce Embry, Muleshoe FFA; 5. Suzy Hodges, Bailey 4-H; 6. Johnna Cleavinger, Bailey 4-H; 7. Melinda Schuster, Bailey 4-H.

Champion Berkshire
Kyle Kindle
Three Way FFA
Champion Heavyweight
Reserve Champion Berkshire
Scott Pollard
Bailey 4-H

Champion Lightweight Chesters

Lightweight (170-187) — 1. Carolyn Schuster, Bailey 4-H; 2. Brandon Burris, Bailey 4-H; 3. Brandon Burris, Bailey 4-H; 4. Amy Hooten, Bailey 4-H; 5. Marianne Toombs, Bailey 4-H.

Heavyweight (198-224) — 1. Jason Barrett, Muleshoe FFA; 2. Myndi Heathington, Bailey 4-H; 3. LeAnn Altman, Bailey 4-H; 4. Greg Pena, Bailey 4-H; 5. Russell Pollard, Bailey 4-H.

Champion Chester
Carolyn Schuster
Bailey 4-H
Champion Lightweight
Reserve Champion Chester
Jason Barrett
Bailey 4-H

Champion Heavyweight Ducros

Lightweight (174-186) — 1. Kyle Kindle, Three Way 4-H; 2. Jill Hodges, Bailey 4-H; 3. Krystal Heathington, Bailey 4-H; 4. Joel Cowart, Bailey 4-H; 5. Rebecca Robertson, Bailey 4-H; 6. Misty Angeley, Bailey 4-H; 7. Joshua Tooley, Bailey 4-H.

Mediumweight (189-212) — 1. Lysie Black, Bailey 4-H; 2. Melissa Bennett, Three Way FFA; 3. Robin Cowart, Bailey 4-H; 4. Jennifer Young, Bailey 4-H; 5. Kasey Wright, Bailey 4-H; 6. Monty Kirby, Bailey 4-H; 7. Kylie Henderson, Muleshoe FFA; 8. Kimberly Griswold, Bailey 4-H.

Heavyweight (213-248) — 1. Greg Pena, Bailey 4-H; 2. Johnna Cleavinger, Bailey 4-H; 3. Cade Hooten, Bailey 4-H; 4. Jordan Pool, Bailey 4-H; 5. Jarrod Redwine, Muleshoe FFA; 6. Marianne Toombs, Bailey 4-H; 7. Amanda Hahn, Bailey 4-H; 8. Lance Latham, Bailey 4-H.

Champion Duroc
Greg Pena
Bailey 4-H
Champion Heavyweight
Reserve Champion Duroc
Kyle Kindle
Three Way FFA
Champion Lightweight Hampshires

Lightweight (165-175) — 1. Robin Tooley, Bailey 4-H; 2. Russell Black, Muleshoe FFA; 3. Heather Hooten, Bailey 4-H; 4. Rebecca Robertson, Bailey 4-H; 5. Misty Angeley, Bailey 4-H; 6. Joshua Tooley, Bailey 4-H; 7. Wayne Wallace, Bailey 4-H;

8. Kylie Henderson, Muleshoe FFA.
Mediumweight (177-185) — 1. Shane Schuster, Bailey 4-H; 2. Jordan Pool, Bailey 4-H; 3. Landon Black, Muleshoe FFA; 4. Brandi Harrison

Bailey 4-H; 5. Averi Wilkerson, Bailey 4-H; 6. Cory Hunt, Muleshoe FFA; 7. Johnna Cleavinger, Bailey 4-H; 8. Keith Kindle, Three Way FFA.

Light-Heavyweight (191-197) — 1. Myndi Heathington, Bailey 4-H; 2. Amy Hooten, Bailey 4-H; 3. Lindsey Altman, Bailey 4-H; 4. Jason Barrett, Muleshoe FFA; 5. Scott Pollard, Bailey 4-H; 6. Shasta Copley, Bailey 4-H; 7. Bryce Embry, Muleshoe FFA; 8. Kala Johnson, Bailey 4-H.

Heavyweight (199-232) — 1. Katie Black, Bailey 4-H; 2. Hadley Henderson, Muleshoe FFA; 3. Kimberly Griswold, Bailey 4-H; 4. Monty Kirby, Bailey 4-H; 5. Kole Magby, Bailey 4-H; 6. Kyle Hahn, Bailey 4-H; 7. Delwyn Latham, Muleshoe FFA; 8. Kelly Helton, Bailey 4-H.

Champion Hampshire
Shane Schuster
Bailey 4-H
Champion Mediumweight

Reserve Champion Hampshire
Jordan Pool
Bailey 4-H
Reserve Champion Mediumweight

Polands

Lightweight (165-194) — 1. David Morris, Muleshoe FFA; 2. Lindsey Altman, Bailey 4-H; 3. Scotty Mills, Muleshoe FFA; 4. Jonathan Kindle, Three Way FFA; 5. Heather Hooten, Bailey 4-H; 6. Daniel Morris, Muleshoe FFA; 7. Kyle Embry, Muleshoe FFA; 8. Kole Magby, Bailey 4-H.

Heavyweight (197-223) — 1. Belle Angeley, Bailey 4-H; 2. Kyle Kindle, Three Way FFA; 3. Belle Angeley, Bailey 4-H; 4. Zach Barrett, Muleshoe FFA; 5. Hadley Henderson, Muleshoe FFA; 6. Delwyn Latham, Muleshoe FFA.

Champion Poland
Belle Angeley
Bailey 4-H
Champion Heavyweight

Reserve Champion Poland
David Morris
Muleshoe FFA

Champion Lightweight Spots
(168-242)

1. Kasey Wright, Bailey 4-H; 2. Jill Hodges, Bailey 4-H; 3. Hadley Henderson, Muleshoe FFA; 4. Julie Slayden, Bailey 4-H; 5. LeAnn Altman, Bailey 4-H; 6. Daniel Morris, Muleshoe FFA; 7. Travis Copley, Bailey 4-H.

Champion Spot
Kasey Wright
Bailey 4-H
Reserve Champion Spot
Jill Hodges
Bailey 4-H

Yorkshires

Lightweight (165-181) — 1. Amy Hooten, Bailey 4-H; 2. Audra Lee, Bailey 4-H; 3. Travis Copley, Bailey 4-H; 4. Brandi Harrison, Bailey 4-H; 5. Lauren Foote, Bailey 4-H; 6. Amanda Bell, Bailey 4-H; 7. Travis Copley, Bailey 4-H.

Mediumweight (182-196) — 1. Cade Hooten, Bailey 4-H; 2. Jonathan Kindle, Three Way FFA; 3. Buck Angeley, Bailey 4-H; 4. Gage Angeley, Bailey 4-H; 5. Kelly Helton, Bailey 4-H; 6. David Morris, Muleshoe FFA; 7. Kylie Henderson, Muleshoe FFA.

Light-Heavyweight (197-218) — 1. Suzy Hodges, Bailey 4-H; 2. Amanda Hahn, Bailey 4-H; 3. Russell Black, Muleshoe FFA; 4. Zach Barrett, Muleshoe FFA; 5. Kyle Embry, Muleshoe FFA; 6. Lissa Leffler, Bailey 4-H; 7. Russell Pollard, Bailey 4-H.

Heavyweight (221-243) — 1. Jarrod Redwine, Muleshoe FFA; 2. Krystal Heathington, Bailey 4-H; 3. Katie Black, Bailey 4-H; 4. Tarrah Bell, Bailey 4-H; 5. Scotty Mills, Muleshoe FFA; 6. Shasta Copley, Bailey 4-H; 7. Candace Hutto, Bailey 4-H.

Champion Yorkshire
Suzy Hodges
Bailey 4-H
Champion Lt-Heavyweight
Reserve Champion Yorkshire
Amanda Hahn
Bailey 4-H
Reserve Champion Lt-Hvywt. Crosses

Light-Lightweight (165-177) — 1. Scott Pollard, Bailey 4-H; 2. Katie Black, Bailey 4-H; 3. Justin Lee, Bailey 4-H; 4. Robin Tooley, Bailey 4-H; 5. Kourtnee Magby, Bailey 4-H; 6. Landon Black, Muleshoe FFA; 7. LeAnn Altman, Bailey 4-H.

Lightweight (178-189) — 1. Russell Pollard, Bailey 4-H; 2. Joel Cowart, Bailey 4-H; 3. Robin Cowart, Bailey 4-H; 4. Brienne Locker, Bailey 4-H; 5. Kayla Magby, Bailey 4-H; 6. Melinda Schuster, Bailey 4-H; 7. Marianne Toombs, Bailey 4-H.

Light-Mediumweight (190-198) — 1. Shane Schuster, Bailey 4-H; 2. Amanda Bell, Bailey 4-H; 3. Lissa Leffler, Bailey 4-H; 4. Brandi Harrison, Bailey 4-H; 5. Kayla Magby, Bailey 4-H; 6. John Embry, Bailey 4-H; 7. Suzy Hodges, Bailey 4-H.

Mediumweight (205-214) — 1. Carolyn Schuster, Bailey 4-H; 2. Rebecca Robertson, Bailey 4-H; 3. Heather Hooten, Bailey 4-H; 4. Ben Angeley, Bailey 4-H; 5. Keith Kindle, Three Way FFA; 6. Ashley Pool, Bailey 4-H; 7. Dustin Cleavinger, Bailey 4-H.

Light-Heavyweight (216-233) — 1. Brandon Burris, Bailey 4-H; 2. Russell Black,

Muleshoe FFA; 3. Tarrah Bell, Bailey 4-H; 4. Wayne Wallace, Bailey 4-H; 5. Kyle Embry, Muleshoe FFA; 6. Shasta Copley, Bailey 4-H; 7. Gage Angeley, Bailey 4-H.

Heavyweight (234-265) — Bryce Embry, Muleshoe FFA; 2. Lysie Black, Bailey 4-H; 3. Greg Pena, Bailey 4-H; 4. Kasey Wright, Bailey 4-H; 5. Jennifer Young, Bailey 4-H; 6. Buck Angeley, Bailey 4-H.

Plainview Musical Jamboree Scheduled

The Plainview Musical Jamboree will be held January 22, 1994 from 7:00 p.m. until approximately 10:30 p.m. at the Ollie Liner Center, south on the old Lubbock-Amarillo Highway 87.

A door prize of \$25 is given at the conclusion of the show. Free admission-donations are NEEDED for continuance. If you know of musically talented individuals or groups, please call or write the Jamboree.



Golden Gleams

Let us permit nature to have her way; she understands her business better than we do.

-Michel de Montaigne.

Nature resolves everything into its component elements, but annihilates nothing.

-Lucretius.

Champion Cross
Scott Pollard
Bailey 4-H
Champion Lt.-Lightweight
Reserve Champion Cross
Shane Schuster
Bailey 4-H
Champion
Lt.-Mediumweight
GRAND CHAMPION
SWINE
Scott Pollard
Bailey 4-H
Champion Cross
RESERVE GRAND
CHAMPION
Suzy Hodges
Bailey 4-H
Champion Yorkshire
SHOWMANSHIP
Juniors — 1. Lysie Black, Bailey 4-H; 2. Monty Kirby, Bailey 4-H.
Seniors — 1. Kyle Kindle, Three Way FFA; 2. Katie Black, Bailey 4-H.
Overall — 1. Kyle Kindle, Three Way FFA; 2. Katie Black, Bailey 4-H.
Cont. on Pg. 6, Col. 1

You are cordially invited

to the

Dedication and Open House

at

Muleshoe High School

Thursday, January 20, 1994
from 6:00 p.m. until 8:00 p.m.

in the

Muleshoe High School Auditorium

Following a brief program you will be able to
visit the newly remodeled library and class-
rooms, and the new science laboratories.

**See Us For
All Your
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Muleshoe, Texas

\$2,000⁰⁰

MINIMUM TRADE

If you can push, pull, drive or drag it
in, we'll reward you with a \$2000
minimum trade-in on a pre-owned car
or truck in stock. But Hurry!!
You must make a deal and play
your cards by Jan. 22, 1994.

PRE-OWNED CARS & TRUCKS

1992 Ford Taurus Loaded	1992 Ford Probe Clean, low miles	1992 Lincoln Town Car Loaded
1992 Mercury Topaz White 4 dr.	1993 Ford Taurus Silver, 4 dr.	1993 Ford Mustang Clean & Sporty
1993 Ford Aerostars 2 to choose from	1989 F-350 Crew Cab Diesel 4x4	1991 Ford Ranger 2 in stock
1990 Dodge Truck 1/2 Ton 4x4	1990 Ford F-150 Supercab 4x4	1992 Chevy 1/2 Ton Supercab

"Many More To Choose From"

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Muleshoe, TX 79347
806-272-4251 800-432-7617



Steers...

Cont. from Pg. 3

Myndi Heathington, Bailey 4-H

Breed Champion
Jacen Claunch
Muleshoe FFA

Champion Mediumweight Reserve Breed Champion

Jeffrey Wheeler
Muleshoe FFA

Champion Lightweight GRAND CHAMPION

Jeffrey Wheeler
Muleshoe FFA

Champion English RESERVE GRAND CHAMPION

Jacen Claunch
Muleshoe FFA

Champion Exotic Cross SHOWMANSHIP

Junior Champion

Lysie Black
Bailey 4-H

Reserve Champion Junior

Rebecca Robertson
Bailey 4-H

Senior Champion
Jacen Claunch

Muleshoe FFA
Reserve Champion Senior
Katie Black
Bailey 4-H
Overall Champion
Jacen Claunch
Muleshoe FFA

It's Uncool To Quit School!

The Unemployment Crux

President Clinton has proposed unemployment checks to healthy individuals be limited to two years, after which those still without a job would do community work for their monthly check.

Most Americans agree with this approach, polls show. However, strenuous objections are being raised by some who point out that in some depressed communities there are no jobs.

They're right. But the core question is whether Americans are still a nation of people who find work, moving from city or state to take advantage of whatever opportunity there is. With no

By thought I embrace the universal. —Blaise Pascal

To err is human, but when the eraser wears out ahead of the pencil, you're overdoing it. —J. Jenkins

time limit, some prefer to sit on the porch and stay put, live on a government check.

Some can't move to find work, especially mothers with children, but many can--and this is the traditional American way, from the days people went west to start life anew. Congress therefore should enact a limit on unemployment to the healthy--the fair thing for taxpayers and an incentive to free-loaders to find work or take what's available.

Research saves lives.



American Heart Association

Bailey County Crime Line

From the Bailey County Sheriff's Department, Chief Deputy Don Carter has two recent crimes that cash rewards are being offered through the Crime Line.

Bailey County Crime Line is now offering a \$750.00 cash reward for information leading to the arrest and indictment of suspects involved in the Burglary of Leal's Restaurant that was located at 1606 West American Blvd. in Muleshoe.

The crime took place sometime between December 3, 1993 and December 4, 1993.

Call 272-HELP and remember-- you will remain completely anonymous.

Bailey County Crime Line is now offering a \$750.00 reward for information leading to the arrest and indictment of suspects involved in the theft of recyclable metals worth

\$1500.00 from a business located approximately one mile west of Muleshoe.

The crime took place sometime between November 1, 1993 and January 10, 1993.

Call 272-HELP, and remember--you will remain completely anonymous.

Complete Line Monuments - Markers Memorials Granites - Bronze

Muleshoe Memorial Park Cemetery, Inc

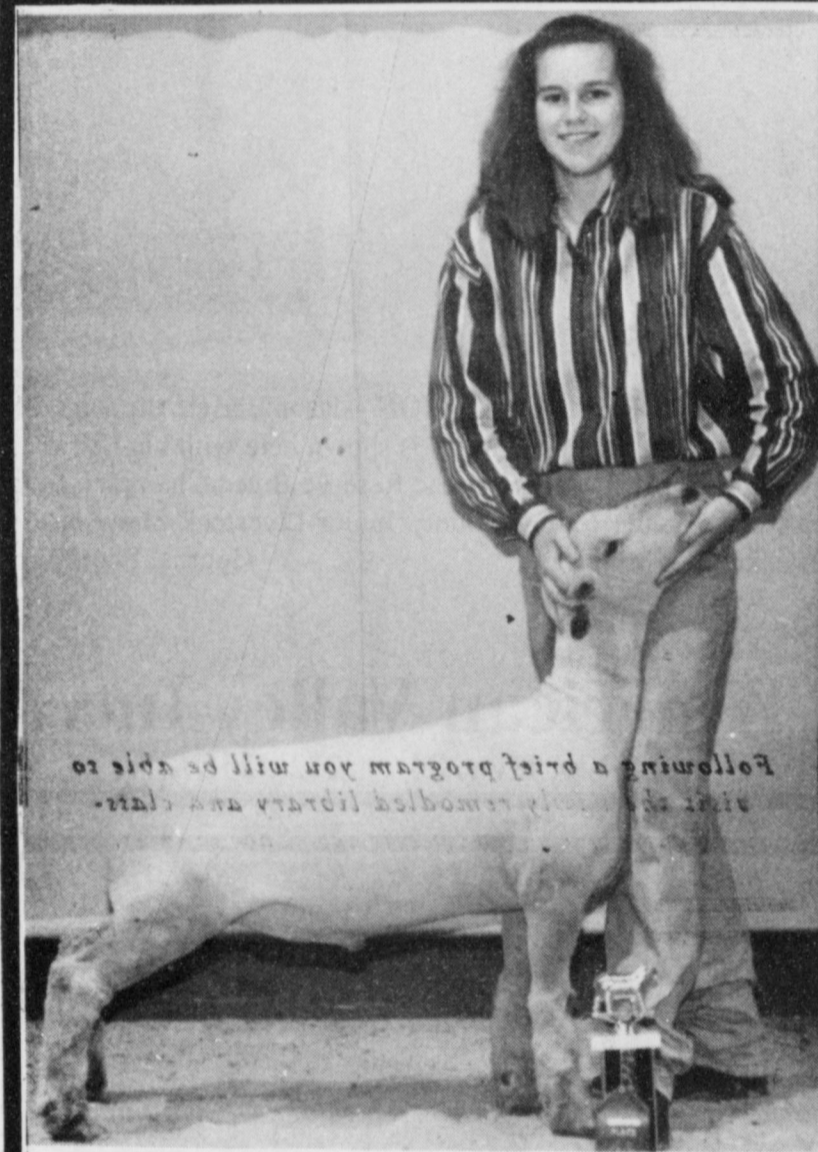
232 Main P.O. Box 373
Muleshoe, Texas
272-5727 or 272-4670

Dial Before You Dig!

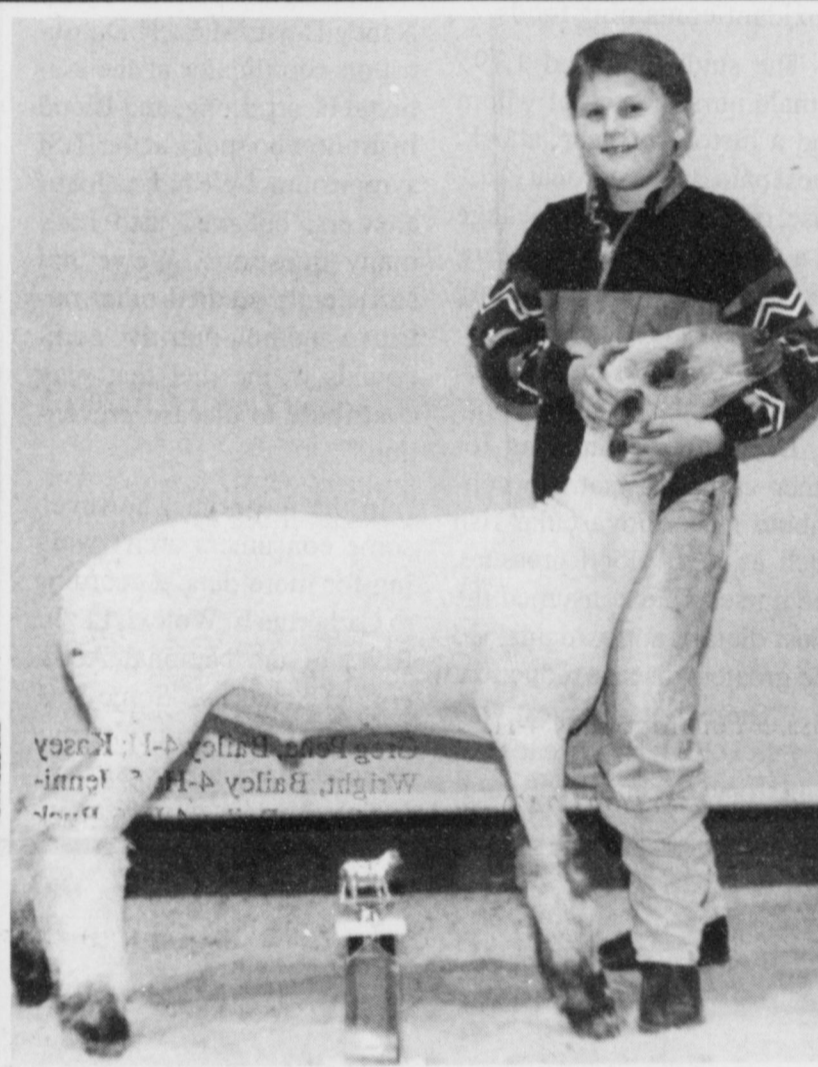
Call Energas Company 48 hours before you plan to dig in streets, alleys or easements. We will mark the location of all our pipelines free of charge. Be certain you're safe. Call Energas before you dig.



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1-800-692-4694



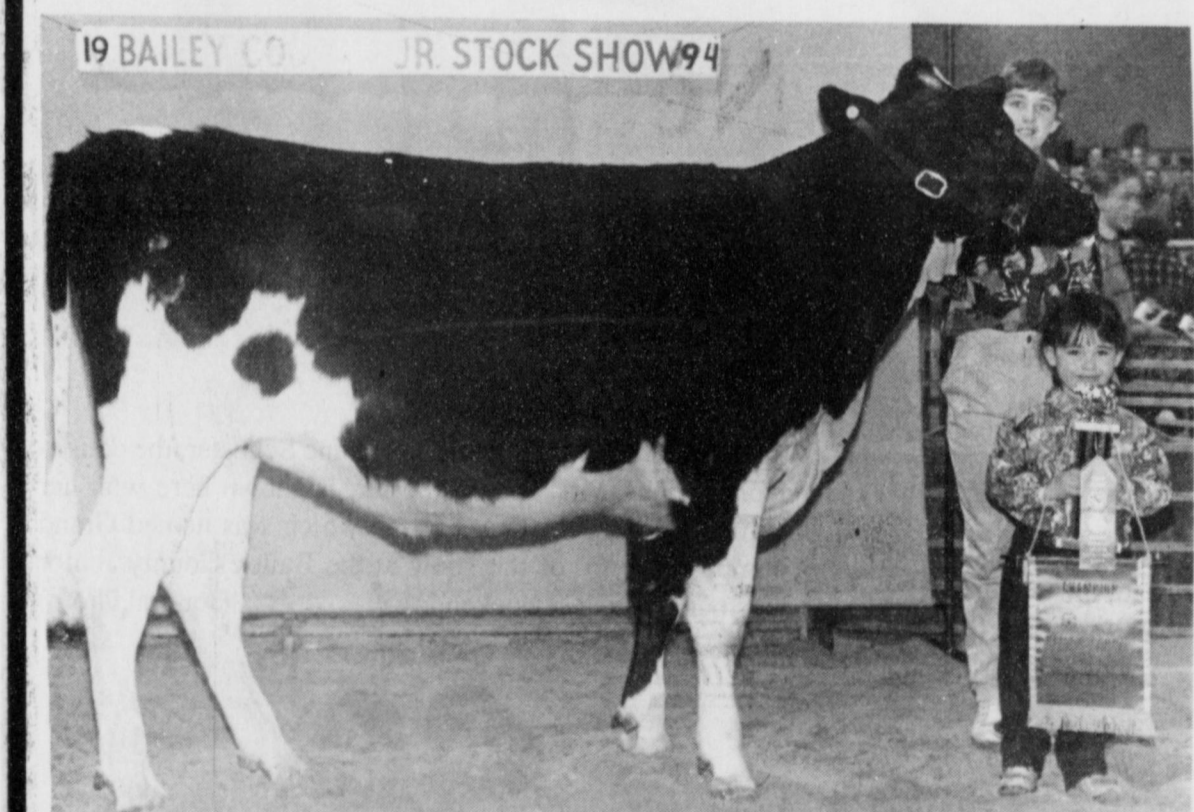
RESERVE BREED CHAMPION---Melinda Schuster, the daughter of Mr. and Mrs. Alec Schuster, is shown here with her Medium Wool Lamb which was named the Reserve Breed Champion in it's division at the Bailey County Junior Livestock Show last weekend.



RESERVE BREED CHAMPION---Landon Black, the son of Mr. and Mrs. Kim Black, is shown here with his Finewool Cross Lamb which was the Reserve Breed Champion of it's division at the Bailey County Junior Livestock Show last weekend. (Journal Photo)



RESERVE GRAND CHAMPION---Leann Altman, the daughter of Mr. and Mrs. Ronnie Altman, is shown here with her Champion Medium Wool Lamb which was named Reserve Grand Champion of the show at the Bailey County Junior Livestock Show last weekend. (Journal Photo)



BREED CHAMPION ---Lela Hancock, the daughter of Mr. and Mrs. Larry Hancock, is shown here with her Dairy Heifer which was named Breed Champion at the Bailey County Junior Livestock Show last weekend in Muleshoe. (Journal Photo)

Congratulations



BREED CHAMPION---Greg Pena, the son of Mr. and Mrs. Dick Pena, is shown here with his Heavy Weight Duroc, which was the Breed Champion of it's class at the Bailey County Junior Livestock Show last weekend. (Journal Photo)



Lowes' Pay-n-Save MARKETPLACE

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Muleshoe, TX 79347
(806) 272-4585

515 W. Amer. Blvd.
Muleshoe
272-4406

Antioxidants/Vitamins -A Modern Day "Fountain Of Youth"

FDA is examining the scientific data to determine whether there is adequate evidence to support a health claim on antioxidants/vitamins and is expected to make a decision sometime this year.

Mom always said, "Eat your fruits and vegetables, they'll help you grow big and strong." Although dietary recommendations have changed over the years, this is one bit of advice even Father Time can't ignore.

According to recent studies, antioxidant vitamins in produce and other foods may actually represent a modern-day "Fountain of Youth." Evidence suggests that vitamins C and E, and beta carotene, a precursor to vitamin A, may reduce the risk of some forms of cancer, heart disease, strokes, cataracts, as well as slow the aging process.

How do these compounds work and how far are scientists willing to go in touting their health benefits?

Antioxidants at Work

When oxygen is metabolized or burned by the body, cells form byproducts called "free radicals." Free radicals travel through the cell, disrupting the structure of other molecules and resulting in cellular damage. Such damage is believed to contribute to aging and various health problems.

Antioxidants protect key cell components from damage by neutralizing the free radicals. Antioxidants that occur naturally in the body or are con-

sumed through the diet may block most of the damage. However, over time damaged cells can accumulate and lead to age-related diseases, researchers say.

"Antioxidants defense systems limit (free-radical) formation and scavenge them, but antioxidant defenses are not 100 percent efficient," said Barry Halliwell, D.Sc., of the University of London and the University of California at Davis. At a symposium sponsored by the International Life Sciences Institute (ILSI), Halliwell noted that over time, "Oxidative stress can damage proteins, lipids, DNA and carbohydrates."

In an effort to combat free-radical activity, scientists are studying the effects of increasing individuals' antioxidant levels through the diet and dietary supplements.

Recent Research

Among the most widely-publicized research on antioxidants was a five-year study released earlier this year in the *Journal of the National Cancer Institute*. Almost 30,000 residents of north-central China were given either a placebo or a dietary supplement containing one of seven vitamin-mineral combinations.

Persons who received a daily dose of beta carotene, vitamin E and selenium had a reduced cancer rate of 13 percent. Nutrient doses ranged from one to two times the U.S. Recommended Dietary Allowances.

Although many questions

remain as to the significance of these findings for other populations, the study represents the first large-scale prospective, placebo-controlled study showing the benefits of dietary supplementation with antioxidants. Much of the previous evidence was based on epidemiological studies of populations, which suggest an association between antioxidants and disease prevention but are not designed to reveal cause and effect relationships.

In another recent study reported at the American Heart Association (AHA) Scientific Session in November, women who consumed high amounts of antioxidant-containing foods such as carrots and spinach had a 33 percent lower risk of heart attack, and a 71 percent lower risk of stroke,

than women who ate few antioxidant-containing foods.

The study involved 1,795 female nurses, each of whom had a history of heart attack, chest pain due to coronary disease, or treatment of blockage in a coronary artery. Food intake was analyzed according to subject's estimated consumption of vitamins C and E, beta carotene and riboflavin.

Even after controlling for other variables that can contribute to cardiovascular risk such as high blood pressure, the nurses who consumed the most dietary antioxidants had the greatest disease reduction.

"These data suggest that people at high risk because of a history of cardiovascular

disease or events may benefit the most from increased consumption of fruits and vegetables," said JoAnn Manson, M.D., of Brigham and Women's Hospital in Boston.

Despite these and other promising antioxidant research findings, questions still remain on which antioxidants prevent what conditions, their mechanisms of action, optimum levels of intake and their synergistic effects.

Wait and See

Health groups such as AHA and the American Cancer Society believe it is premature to recommend dietary supplements containing antioxidants, indicating that some other as yet unidentified substance in fruits and vegetables may actually be responsible for reduced disease risk.


"We're in the first wave," said Nancy Ernst, M.S., R.D., nutrition coordinator at the National Heart, Lung, and Blood Institute who spoke at the ILSI symposium. "We have a lot of answers, but we also have many questions. We've not sufficiently studied other nutritive and non-nutritive compounds in the diet that may contribute to disease prevention."

In the meantime, however, some consumers aren't waiting for more data. According to Catherine E. Woteki, Ph.D., R.D., of the National Academy of Sciences, "Some 36% of adults report using vitamin/mineral supplements. Sources indicate that levels of vitamins

E and C and the carotenoids in the diet have increased among Americans."

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Don't drive after taking an allergy medication.

To help make our highways safer, The National Highway Traffic Safety Administration of the Department of Transportation has developed a drug program that trains officers to recognize if someone is driving while impaired. If you do drive after taking antihistamines, you may be stopped by a police officer who can determine that you are impaired.

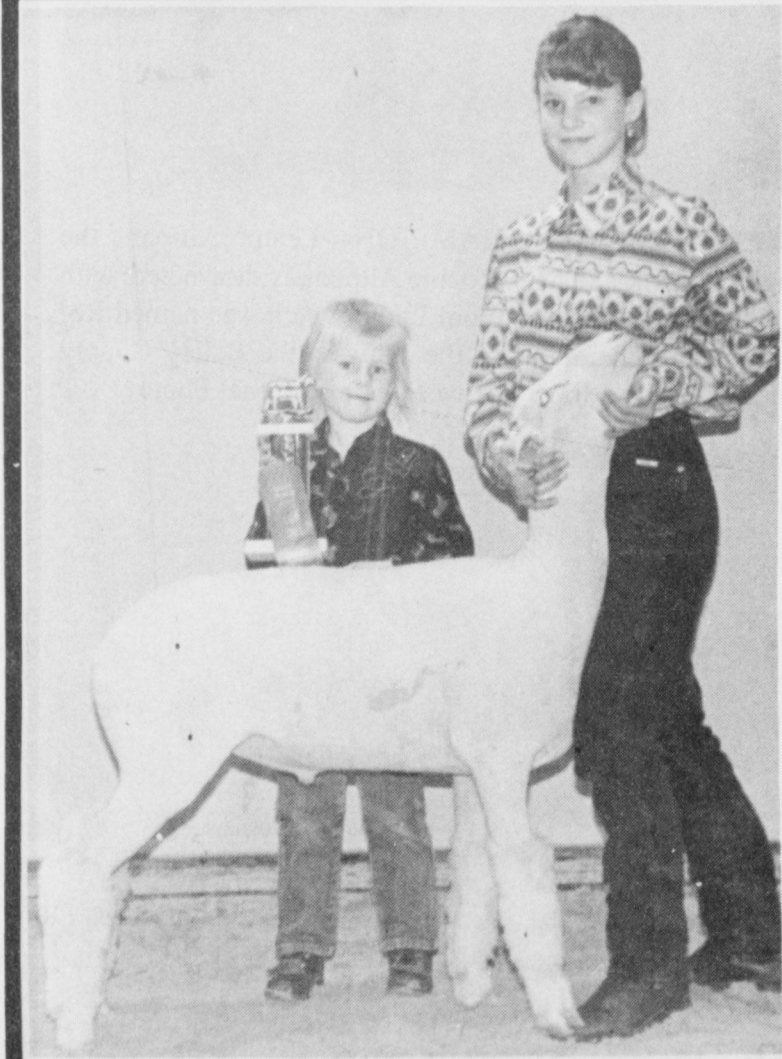
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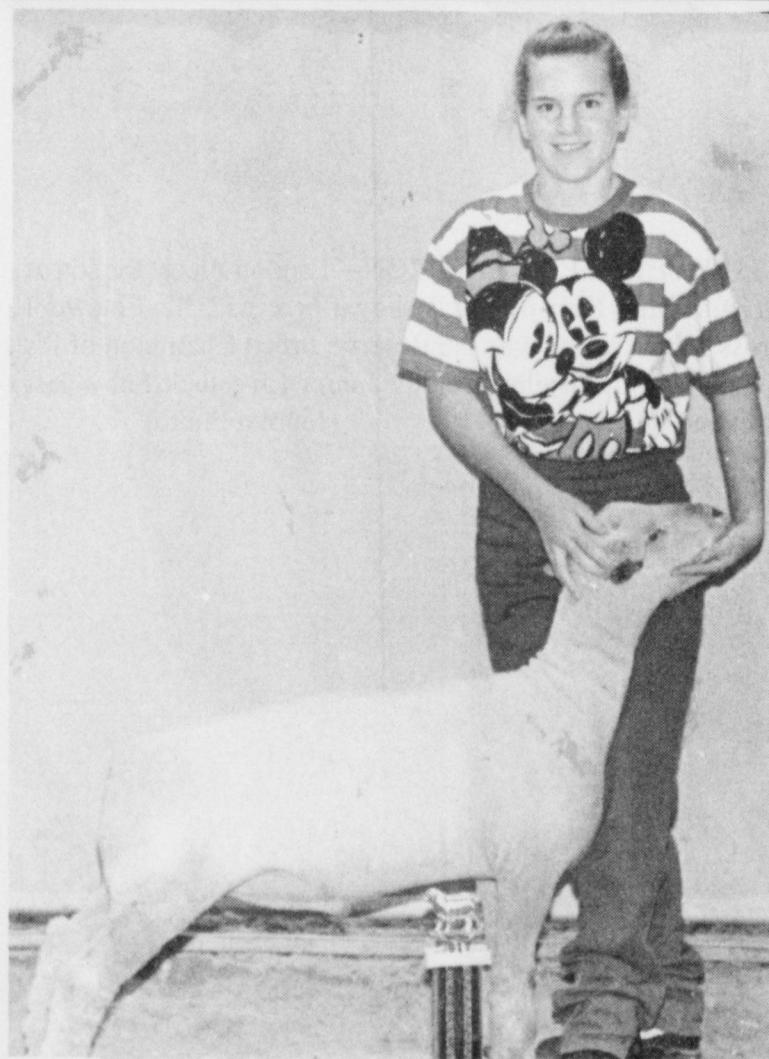
RESERVE BREED CHAMPION---Jason Barrett, the son of Mr. and Mrs. Ronnie Barrett, is shown here with his Heavy Weight Chester which was the Reserve Breed Champion of it's class at the Bailey County Junior Livestock Show last weekend in Muleshoe. (Journal Photo)

American Valley Inc.

W. Hwy. 84 272-4266



RESERVE BREED CHAMPION---Kala Johnson, the daughter of Mr. and Mrs. Reggie Johnson, had the Reserve Breed Champion in the Lightweight Finewool division last weekend at the Bailey County Junior Livestock Show.



RESERVE BREED CHAMPION -Melinda Schuster, the daughter of Mr. and Mrs. Alec Schuster, had the Reserve Breed Champion Southdown division last weekend at the Bailey County Junior Livestock Show. (Journal photo)




GRAND CHAMPION LAMB---Shane Schuster, the daughter of Mr. and Mrs. Alec Schuster, is shown here with her Champion Finewool Cross Lamb which was named Grand Champion Lamb of the show at the Bailey County Junior Livestock Show last weekend. (Journal Photo)



RESERVE BREED CHAMPION---Kyle Kindle, the son of Mr. and Mrs. James Kindle, is shown here with his Light Weight Duroc which was the Reserve Breed Champion of it's class at the Bailey County Junior Livestock Show last weekend in Muleshoe.

Congratulations

**MULESHOE AREA
M E D I C A L
Center**

Bush Unveils 17-Point Plan To Revamp Juvenile Justice

To "help curb the rising epidemic of juvenile crime," George W. Bush released a major 17 point plan to revamp the outdated juvenile justice system which he said has failed to check skyrocketing juvenile crime.

The Republican gubernatorial candidate said his plan was based on four principles: a new approach emphasizing punishment, personal responsibility, and accountability; longer, tougher sentences; private sector solutions to and local control of community problems; and saving kids that can still be saved.

His plan includes rewriting the juvenile laws to emphasize punishment and personal accountability, lowering the age from 15 to 14 at which juveniles can be tried as adults, expanding the number of offenses for which juveniles can face tougher sentences, and building 3,500 new beds for violent juvenile offenders.

Bush also called for automatically certifying all felony juvenile parole offenders as adults and letting District Attorneys, not probation officers, decide whether to prosecute youthful offenders.

"Violent juvenile crime is exploding, up from 4,631 arrests in 1990 to 6,178 in 1992, a 33% jump. The crimes are getting more violent, random, and shocking and the perpetrators are getting younger," Bush told a news conference at the Harris County Jail in Houston, saying "We must act

now to save a generation of children. We cannot continue neglecting this problem as the current governor has done during the last three years."

Bush said, "I believe criminals, young and old, ask themselves, 'Do the risks of committing a crime outweigh the rewards?' If there are any questions in the crooks' minds, if the risks are cloudy and uncertain, then we are opening the door to crime." He argued that "the role of the state must be to clarify the risk of criminal behavior and must make it clear to our young that there are serious consequences for bad behavior and that the consequences will be tough and certain."

Bush released his plan after attending a round table discussion on juvenile crime with a large group of Houston-area law enforcement officers and elected officials. He was joined at the news conference by those who attended the discussion.

Bush pointed out that the laws governing juveniles haven't undergone major revisions since 1973 and don't even contain the word 'punishment.' He said such laws "should no longer be used as a means of justifying lenient sentences for juvenile offenders" and "should be rewritten to emphasize accountability, establish guilt, assess punishment and protect the community."

The 17 points in the Bush plan are: Rewrite Texas' outdated juvenile justice laws to reflect a

new approach to juvenile crime;

2. Lower the age at which juveniles can be tried as adults;
3. Amend the determinate sentencing statute to include all aggravated offenses;
4. Increase the capacity of the TYC by 3,500 beds to house violent juveniles;
5. Juveniles out on parole from TYC for felonies who are then charged with another felony should be tried as adults;
6. The decision to prosecute should be made by District Attorneys, not probation officers;
7. Make juvenile records freely available to law enforcement officials;
8. Increase the minimum amount of time served at the Texas Youth Commission;
9. Expand fingerprinting and photographing of juveniles

- involved in crime;
10. Juveniles under the age of 18 should not be allowed to possess a firearm, with certain exceptions;
11. Make it easier for schools to deal with classroom violence and establish Tough Love Academies;
12. Require all TYC inmates to participate in computer-based literacy programs;
13. Make state funding for community-based programs to deter young criminals a priority;
14. Increase Juvenile Probation Commission budget for community based-programs;
15. Stop mixing violent juvenile offenders with victims of child abuse;
16. Place an emphasis on early identification of violent juveniles; and
17. Require mandatory resti-



JIMMY DALE BLACK AWARD PRESENTED — The Jimmy Dale Black Award was presented to Carolyn Schuster, daughter of Mr. and Mrs. Alec Schuster. Presenting the plaque to Carolyn is Steve Black. (Journal photo)

tution for youth at TYC facilities.

BIBLE VERSE



"He that hath two coats, let him impart to him that hath none; and he that hath meat, let him do likewise."

1. Who made the above statement?
2. To whom was he speaking?
3. What happened just after this?
4. Where may this statement be found?

- Answers:
1. John the Baptist.
 2. The people who were listening to his sermon.
 3. He introduced Jesus as the long promised Messiah of the Jews.
 4. Luke 3:11.

Congratulations



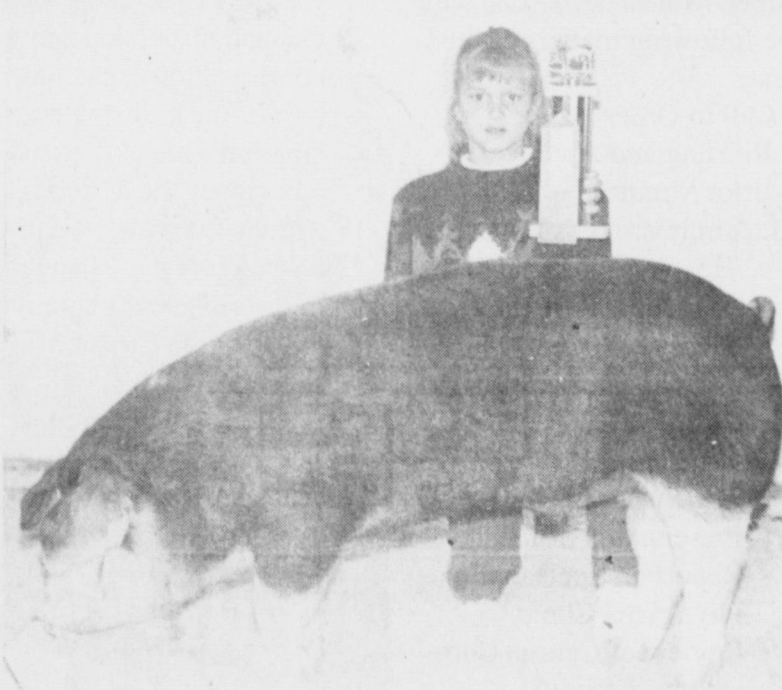
RESERVE BREED CHAMPION---Jordan Pool, the son of Mr. and Marshall Pool, is shown here with is Medium Weight Hamp which won the Reserve Breed Champion of it's class at the Bailey County Junior Livestock Show last weekend in Muleshoe. (Journal Photo)

Viola's Restaurant

2002 W. Amer. Blvd. 272-3838



RESERVE BREED CHAMPION---David Morris, the son of Mr. and Mrs. Randy Morris, is shown here with his Light Weight Poland, which was the Reserve Breed Champion of the Bailey County Junior Livestock Show last weekend. (Journal Photo)



BREED CHAMPION---Belle Angeley, the daughter of Mr. and Mrs. Tracy Angeley, is shown here with her Heavy Weight Poland which was the Breed Champion of it's class at the Bailey County Junior Livestock Show last weekend.



RESERVE BREED CHAMPION---Landon Black, the son of Mr. and Mrs. Kim Black, is shown here with his Finewool Cross Lamb which was the Reserve Breed Champion of it's division at the Bailey County Junior Livestock Show last weekend. (Journal Photo)



RESERVE GRAND CHAMPION---Jacen Claunch, the son of Mr. and Mrs. Jim Pat Claunch, is shown here with his Medium Weight Exotic Cross Steer which was Breed Champion of it's division and went on the win Reserve Grand Champion Steer of the Show at the Bailey County Junior Livestock Show last weekend. (Journal Photo)



Congratulations



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272-4515

Watson Jr. High Boys Win Tournament

by Annette Bottelman

Seventh and Eighth grade boys made a clean sweep in a tournament held in Sudan last weekend, with both teams winning the tournament.

The eighth grade boys, playing against Dimmitt in the first game of Sudan's tournament on Thursday, January 13, won with a score of 54-15.

The boys got off to a good start with a 13-3 lead in the first quarter, and at halftime the Mules led 26-7. High scorers were Douglass Field, with 22 points, and Layne Kemp and Toby Villa adding 7 each. This improved their record to 6-4.

In the second game of the tournament, the Mules led the Sudan Hornets all the way, winning the game 33-22. Cyrus Norman added 12 points to the teams final score, while Douglass Field and Robert Gardner, both added 6.

During the third game of the tournament against Olton, the Mules came out on top with a final score of 46-12. Top scorers were Cyrus Norman, with 10 points, and Toby Villa and Douglass Field adding 8 points each. Michael Woodard and Robert Gardner both added 7 points to the score.

The eighth grade Mules played good basketball in a tournament held at Amherst on January 15, 1994.

The first game played against Amherst, found the Mules on top winning 35-9. Leading the high scorers of the game was Rodney Alanis, with 12 points. Johnny Flores and Chris Shelbourne followed with 6 points each.

The Mules faced a hard game against Smyer in the second game played at Amherst, trailing them 31-30. Rodney Alanis came out on top, scoring 12 points, while Johnny Flores popped in 8, and Arturo Balderas added 6.

The eighth grade boys will meet Floydada in their next game on January 17.

In game one of the Sudan

Sale...

Cont. from Pg. 1

Gerhart of Grady, N.M., was the showmanship judge.

Rex Black (cattle), Terry Pollard (swine), and Ronnie Altman (sheep) served as the show superintendents. Three Way School superintendent Don Parker announced the shows.

Junior Livestock Show board members include: Steve Kennedy, chairman; Terry Pollard, vice chairman; Jerry Redwine, secretary-treasurer; Craig Kirby, Rex Black, Don Heathington, Ronnie Altman, Larry Hancock, Barry Cowart, Alec Schuster, Joey Kindle, Kirk Lewis, Kelly Harrison, Derrel Embry, Jim Pat Claunch, Gary Hooten, Mack Hodges, Darwin Robertson.

Working in conjunction with the board are Curtis Preston, Bailey County Extension Agent-Ag; Howard Tooley, ag teacher, Three Way Schools; Carl Wheeler, ag teacher, Muleshoe Schools; Kandy McWhorter, Bailey County Extension home economist; Darwin Robertson, president, Three Way Ag Boosters; and Curtis Hunt, president, Muleshoe Ag Boosters.

tournament, the seventh grade boys beat Dimmitt 35-9. It was a clean sweep, as Carlton Lewis came out on top scoring 13 points for the Mules. Following were Matt McClanahan and Dustin Cleavinger with 12 points each. The Mules played a really good game, with 5 of the boys scoring in the double digits.

The Mules swept over Sudan with extremely good defense in the second game, with a final score of 38-31. Team participation helped the Mules to their win, with Mason Sinclair coming in as top scorer with 11 points, Josh Pyle with 8, and Manuel Campolla adding 7.

The third game of the tournament saw the Mules against Olton, leading for three quarters, they won the game with a score of 55-32. Coach Donaldson said, "the kids were somewhat flat in this game, due to a hard game with Sudan that morning and the Stock Show going on as well."

McClanahan led the scoring with 14 points, Austin Cleavinger added 12, and Jacoby Jennings followed with 11.

The seventh grade boys meet Floydada in Floydada on January 17, 1994.

Three Way Stock Show Scheduled

The 1994 Three Way Stock Show is scheduled for January 22, 1994. Schedule of events for the show are as follows:

9:00 a.m.---Pet show
9:00 a.m.---Craft and Food Show
9:30 a.m.---Cattle Show
Judge Dirk Aaron
Ext. agent-Terry County
11:30 a.m.-1:00 p.m.--Lunch
1:30 p.m.---Lamb Show
Judge Wesley Fraze
Texas Tech Livestock Team
30 min. after lamb show---Pig Show.

Judge-Jake Coleman
Ag. Science Teacher,
Meadow High

Lunch will be prepared by the FHA. BBQ Brisket, potato salad, red beans, hot rolls or cornbread, relish tray and strawberry shortcake will be served, beginning at 11:30 a.m.

Bailey County Crime Line

From the Bailey County Sheriff's Department, Chief Deputy Don Carter has two recent crimes that cash rewards are being offered through the Crime Line.

Bailey County Crime Line is now offering a \$750.00 cash reward for information leading to the arrest and indictment of suspects involved in the Burglary of Leal's Restaurant that was located at 1606 West American Blvd. in Muleshoe.

Bailey County Crime Line is now offering a \$750.00 reward for information leading to the arrest and indictment of suspects involved in the theft of recyclable metals worth \$1500.00 from a business located approximately one mile west of Muleshoe.

Nation's First High Powered Direct Broadcast Satellite

The nation's first high powered direct broadcast satellite (DBS-1) was successfully rocketed into space recently from the South American nation of French Guiana.

"The successful launch of this satellite will put rural America on the cutting edge of the information age," said Ronny Puckett, Manager-Digital Satellite Television. According to Puckett, "The signal is a compressed digital format, so customers will enjoy CD quality sound and a picture that is 30% sharper than standard television signals."

The new satellite, DBS-1 will begin delivering approximately 70 channels of digital television service, called DirecTV™, to viewers across the country in the spring of 1994 using an innovative 18 inch satellite dish receiving system. The Digital Satellite System™ (DDS™) equipment is being manufactured by Thomason Consumer Electronics, makers of RCA-brand products. The DDS™ includes the 28 inch satellite dish, a digital receiver box and a remote control.

The service will expand to, approximately 150 channels

when the DBS-1 satellite is joined by a sister satellite in the summer of 1994.

DirecTV™, a unit of GM Hughes Electronics, will offer the new service to viewers, throughout the United States and Canada. Distribution in many rural areas is being handled for DirecTV™ through an agreement with the rural electric, rural telephone and affiliate members of the National Rural Telecommunications Cooperative (NRTC).

Locally, the service will be provided by Digital Satellite Television in the following 22 counties: Andrews, Bailey, Borden, Cochran, Crosby, Dawson, Dickens, Floyd, Gaines, Garza, Hale, Hall, Hockley, Howard, Kent, Lamb, Lubbock, Lunn, Martin, Motley, Terry and Yoakum. Digital Satellite Television is being managed by Poka-Lambro Telecommunications, Inc. System owners are Poka-Lambro, South Plains Telephone Cooperative, Inc., Lubbock, Lyntegar Electronic Cooperative, Inc., Tahoka; and Lamb County Electric Cooperative, Inc., Littlefield.

"Residents of this area will be among the very first view-

ers in the nation to experience this new way of viewing television when it comes on line next year," said Puckett. "Our major concern is having sufficient equipment available in the early months to meet the anticipated demand."

Puckett plans to have a number of retail outlets in the 22 county service including Lubbock.

Among the features that this new service will pioneer is the use of an on-screen electronic programming guide which will allow viewers to choose programming by category and themes. "Customers are going to love this system, not just for the viewing choices it offers," said Puckett, "but also for how easy it is to use."

The programming signed to the system so far includes many of the most popular cable networks, including CNN, The

Disney Channel, The Sci-Fi Channel, The Learning Channel, The Discovery Channel, Country Music Television and many more. In addition, DirecTV™ will offer more than 50 channels of pay-per-view programming--including hit movies, sporting events and specials from companies such as Sony Pictures, Paramount Pictures, Universal Pictures and the Turner/MGM Library--all at the touch of a button, and all in high digital-quality picture and sound.

"We are pleased to be involved in this project and proud to be the local provider of the expanded video services available," said Puckett. "Thanks to this partnership of rural utilities, both rural and urban areas of West Texas will be getting this service from a well known and trusted member of the local community."

Congratulations



RESERVE BREED CHAMPION---Jill Hodges, the daughter of Mr. and Mrs. Mac Hodges, is shown here with her Spot Barrow which was the Reserve Breed Champion of it's class at the Bailey County Junior Livestock Show last weekend. (Journal Photo)

Bailey County Farm Bureau
1612 W. Amer. Blvd. 272-4567

MAMC Board Of Directors To Meet

The Board of Directors of Muleshoe Area Hospital District will meet in regular session Thursday, January 20, 1994 at 7:00 p.m. in the yellow dining room of the Muleshoe Area Medical Center, 708 S. First Street, Muleshoe, Texas, with the following matters of business:

- I. Call to Order
- II Reading and Approval of prior Minutes
- III. Administrator's Report
 - Hospital Financial and -Statistical Reports
 - Healthcare Center Financial and Statistical Reports
- IV. Old Business
- V. New Business
 - Presentation of Audit
 - Report on Specialty Physicians Clinic
 - Review of Census Committee Activity
 - Report on CT Scanner Project
 - Appointment of ER Physicians
- VI. Executive Session in Accordance with V.T.C.S., Article 6252-17, Section 2, Item (g)
- VII. Board Action resulting from Executive Session
- VIII. Management Matters
- IX. Adjournment

The City Council will meet in regular session on Tuesday, January 18, 1994, 8:30 a.m. at the City Hall, Council Chambers, with the following matters on the agenda:

- I. Correction or approval of
 - Of Course
 - Chump--Yet, I take very naturally to dancing. My business has helped me a lot.
 - Dolly--What's your business?
 - Chump--Furniture moving.
 - Must Save Him
 - Proud Father--I want our Willie to be a politician.
 - Friend--Why?
 - Father--He's so big and strong I'd hate to have him ruin his physique by working.

the minutes of the Council Meeting of December 14, 1993.

2. Dr. Bruce Purdy to discuss the installation of an under ground sprinkler system at the Babe Ruth Baseball Park.
- III. Council discussion and consideration of the impact of the arid area exemption a recently granted to us by the TNRCC.
- IV. Council discussion and consideration of changes in the seal coat program in 1994 for the City of Muleshoe.
- V. For Your Information

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J.V. Mules Hit Hard, Win Tournament

by Annette Bottelman

The Muleshoe J.V. Boys participated in the Sudan tournament at Sudan on the weekend of Jan. 6-8, 1994, winning the tournament.

In the tournament opener against Dimmitt, the Mules came out on top with a score of 78-29.

High scorers for the game were Robert James and Jesus Flores, both claiming 14 points

The boys did a good job of controlling the boards taking 29 defensive and 23 offensive rebounds.

During the second game of the tournament against Sudan, the Mules showed what they were made of scoring 53-25, taking the lead early in the first quarter.

Jesus Flores was on top, scoring 14 points, followed by Daniel Garbarino with 12, and Edward Rodriguez with 11.

The third game of the tournament found the Mules playing hard against Olton. It was a clean sweep, with the Mules winning 59-29.

The Mules came out hot hitting 12-19, 2 pt. shots and 3-6, 3 pt. shots the first half for a 34-9 halftime score. This was another game the Mules were able to dominate the boards, with 12 offensive and 21 defensive rebounds.

The J.V. Mules also met Tulia on Muleshoe turf on Tuesday, January 11, winning the game with a score of 49 to 31.

Goals of the game against Tulia Tuesday were to control both the tempo of the game and the boards. Hitting 17 of 23 freethrows helped them take control of the boards, and they were able to pull down 16 offensive and 21 defensive rebounds. Top scorers were Jesus Flores with 11 points, Robert Jaime with 4, and Bryan Field and Alfredo Gonzales, adding 2 each.

Must Be Cut?

Peter Petersen, former secretary of commerce, has, with others, been hard at work for over a year selling the proposition that entitlements for those with ample incomes must be reduced if the budget is ever to be balanced.

Petersen notes that one quarter of the billions the federal government spends on entitlement payments each year goes to those with incomes above \$50,000!

Some inside the Clinton Administration are arguing for a system of means-testing for some federal benefit payments. These would include payments for health care and some other benefits.

In principle, of course, selective reductions are discriminatory. The president is reportedly not yet convinced.

The question comes down to whether it's more important to continue to provide those who really don't need them with fixed federal payments or more important to balance the budget. Many are convinced there's no other realistic way to balance the budget in the near future.

This course would mean the well-to-do would be doing more than their share in getting the federal budget in balance. Many are probably willing to accept some sacrifice--if it's limited.

Becoming Fit

Exercise. It can be done almost anytime and anywhere and it can help prevent or reduce the risk of various health problems. Follow these three exercise guidelines and you will be on your way to becoming fit. First, you need to check with your doctor. If your doctor says you have no health problems, then you are ready to begin, however, take the slow and steady approach. Last, your end goal should be 20 to 30 minutes of nonstop exercise.

Here are a few tips to put exercise higher on your list of priorities:

1. If you have a morning exercise schedule, lay your clothes beside your bed and put them on as soon as you get up.
2. If you exercise at lunch time, make an appointment to exercise. Pack your gear into a neat exercise bag every evening and write "exercise" into your appointment book.

3. If you exercise before dinner, set your exercise gear on the dining room table before leaving for work in the morning. Then you must exercise in order to clear the table for dinner.

"All of us have time to exercise, but few of us make time to exercise. Integrating regular exercise into one's busy schedule is as simple as scheduling time for it," said DeeDee Ninemeyer, fitness specialist at Methodist Hospital's LifeStyle Center.

Each year, more and more scientific evidence demonstrates that regular physical activity can help the human body maintain, repair and improve itself to an amazing degree. Not convinced? Here are some good reasons to exercise regularly:

- *Heart disease-regular exercise significantly reduces the risk for heart disease

*Osteoporosis-progression may be slowed by regular weight-bearing exercise

*Cholesterol-exercise helps cleanse the blood of fats that block arteries.

*Hypertension-is less likely to develop among exercisers than non-exercisers

*Diabetes-adult-onset diabetes is less likely to develop in active people

*Flexibility-exercise strengthens muscles and keeps the body more flexible.

*Mood-exercise is rewarded with reduced activity, tension, and improved mood.

Walking is the ultimate exercise, because it is something you already know how to do. Ask a friend to join you and the time and miles will pass before you know it. Other ideas like playing golf, without a cart, can help burn off 200 calories in an hour. Fast dancing burns off 300 calories an hour. Such low-intensity exercises can help you lose weight without putting a major strain on your joints and muscles.

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Our Company has been rated "A" by Wise Research, Inc. which ranks us among the top 18 of all U.S. life and health companies with over \$1.5 billion of assets.

Information used by such independent rating services comes from each insurance company's financial statements. Such ratings are not a warranty of an insurer's ability to meet its contractual obligations.

Our current Flex II Annuity interest rate.

The guaranteed rate is 4% for life of your Annuity.

Southern Farm Bureau Life Insurance Company offers Flex II, a Flexible Premium Retirement Annuity designed for periodic as well as single premiums. Your contributions, less any applicable maintenance fees, accumulate wealth for the future. Early surrender charges apply.



Southern Farm Bureau Life Insurance Company
Jackson, Mississippi

Helping You is What We Do Best.

Bailey County Farm Bureau

1612 W. Amer. Blvd. Muleshoe 272-4567

Congratulations




BREED CHAMPION---Lindsey Altman, the daughter of Mr. and Mrs. Ronnie Altman, had the Breed Champion of the Southdown Lambs in the Bailey County Junior Livestock Show last weekend. (Journal Photo)


Muleshoe Journal

304 W. 2nd 272-4536


Congratulations



BREED CHAMPION---Cody Wilson, the son of Mr. and Mrs. Rod Wilson, is shown here with his American Cross Steer which was named Breed Champion at the Bailey County Junior Livestock Show last weekend in it's division. (Journal Photo)




RESERVE BREED CHAMPION---Katie Black, the daughter of Mr. and Mrs. Rex Black, showed her Heavy Weight English Steer in the Bailey County Junior Livestock last weekend and received a Reserve Breed Champion with it. (Journal Photo)




Bank of America

Congratulations



RESERVE CHAMPION GILT---Amanda Hahn, daughter of Mr. and Mrs. Mike Hahn, is shown here with her Gilt which she won the Reserve Champion Gilt of the Bailey County Junior Livestock Show. (Journal Photo)



RESERVE BREED CHAMPION---Amanda Hahn, daughter of Mr. and Mrs. Mike Hahn, is shown here with her Light Heavy Weight York which was the Reserve Breed Champion

James Crane Tire Co.

322 N. 1st Muleshoe 272-4594

Dollie Wilson Services Held Wednesday

Services for Dollie Wilson, 81, of Muleshoe were held Wednesday, January 19, 1994 at First Baptist Church in Muleshoe, with Rev. Dale Berry, pastor of Trinity Baptist Church of Muleshoe officiating.

Burial was in Muleshoe Memorial Park Cemetery, under direction of Ellis Funeral Home, Muleshoe.

Mrs. Wilson died January 17, 1994 at Plains Regional Medical Center in Clovis, N.M. She was born April 25, 1912 in Sterling, OK, and married Eules Baird Wilson on April 22, 1933 in Clovis, N.M. He died in 1984.

Mrs. Wilson had been a resident of Muleshoe since 1966, moving from Circleback, TX. She was a home maker and a member of First Baptist Church.

Survivors include one son, Barry Wilson of Muleshoe; two daughters, Peggy June Wheeler of Crossroads, N.M., and Wyvonne Snider of San Manuel, AZ; five sisters, Opal Tucker of Morton, Alma Fielder of Corpus Christi, TX, Lola Anthony of Irving, TX, Doris Adams of Lufkin, TX, and Anna Jewel Chapman of Lufkin, TX; 8 grandchildren and 6 great-grandchildren.

The family suggests memorials to your favorite charity.

Services For Lois E. Shook Held

Graveside services for Lois E. Shook, 92, of Mountain Home, Arkansas were held at 11:00 a.m. Tuesday, January 18, 1994 at Muleshoe Cemetery, under direction of Ellis Funeral Home, Muleshoe.

Mrs. Shook died January 15, 1994 at Baxter Co. Regional Hospital at Mountain Home, Arkansas.

She married Walter Reed Shook on April 28, 1924 in Farwell, TX. He died in 1947.

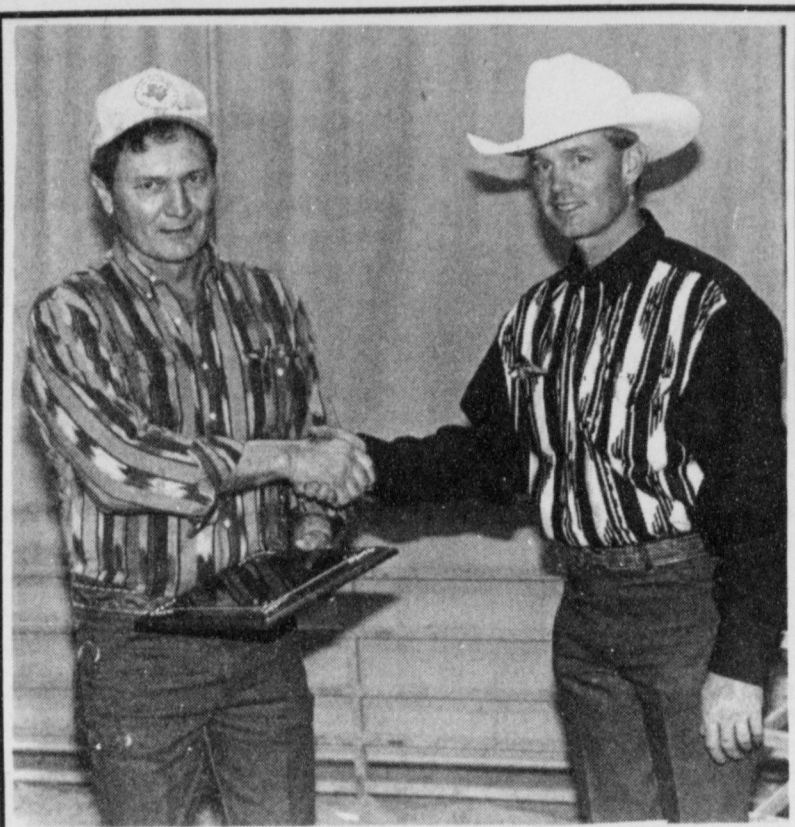
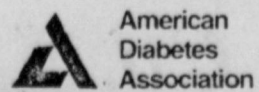
Mrs. Shook had been a resident of Mountain Home, Arkansas for 20 years moving there from Muleshoe, TX. She was a homemaker and member of the First Baptist Church. Two daughters preceded her in death Lelia Jo Cooper in 1971 and Betty Lynn Copley in 1967.

Survivors include one daughter, Reida Louise Henson of Mountain Home, Arkansas; four grandchildren; 11 great-grandchildren and one great-grandson.

Sandra Stone's diabetes could break a heart. Hers.



She's fighting back with the American Diabetes Association.



RETIRING DIRECTOR HONORED---Jack Dunham (L), was honored at the Bailey County Livestock Show Saturday by Steve Kennedy, Chairman of the Junior Livestock Board, as he presented Jack a plaque honoring him as Jack retires from the Livestock Board after many years of faithful service to the livestock shows in Muleshoe. (Journal Photo)

Nursing Home News

by Joy Stancell

Thursday morning Rev. David McIntire, assisted by Clara Lou Jones and Glenda Jennings conducted a memorial service for Ruby Stickney.

Thursday afternoon Mrs. James Bell and Velma Gwyn for the First United Methodist Church came for a Devotional-Bible Study with the residents.

Wednesday morning Mandy Edward brought little James to visit with the residents and for the residents to watch as he played.

Friday was pet day. Mandy Edwards brought her little puppy and Mrs. Bell brought her dog Needmore to visit.

Mr. and Mrs. Harold Carpenter came Friday afternoon for a sing-a-long.

Sunday afternoon the Muleshoe Singers came to sing and play gospel music.

We really appreciate all the volunteers who came Tuesday to shampoo and set the ladies' hair.

Wednesday morning Buster Kittrell and Melvin Griffin came for coffee and spudnuts time.

Velta Faie brought her collection of dolls for a doll show Wednesday morning. Ruby Garner also brought dolls to show.



Who Knows?

1. What is the troposphere?
2. What is the stratosphere?
3. Who said, "Your face is a book where one may read strange matters"?
4. What event took place on January 31, 1945?
5. What was the annual production of cars before WWII.

- Answers:
1. The lower atmosphere.
 2. The upper atmosphere.
 3. Shakespeare, in *Macbeth*.
 4. The Germans surrendered at Stalingrad.
 5. Approximately 3,500,000.

Florida tourism off.

Finally, Roof Material That Makes Sense

(NU) - If you have ever walked down the street and smelled the stench of tar being boiled for a flat roof, you know why thoughtful homeowners would like an alternative kind of roofing.

One that was paintable and easy to apply. And wouldn't it be nice if it were environmentally friendly, as well?

In fact, there is such a thing. A new roofing material has been developed that is so natural it is almost edible. The Innovative Formulations Corporation of Tucson, Ariz., has developed a do-it-yourself, non-petroleum-based roofing kit that has an emphasis on the environment. It also has long life, ease of installation and attractiveness. It can replace or be applied to most any roof and can be installed by either homeowners or professionals.

The company's scientists say that the new material is composed of a harmless saltwater-based compound and meets the FDA standards for contact with food. The liquid material requires no heating and is applied with a roller or brush to a strong, thin fabric to form the roof. It is energy-efficient, white and bears ponding water.

It is a welcome alternative to the two traditional types of flat roof materials, metal and asphalt. Metal lasts but is hard to paint, and asphalt not only collects the sun's heat, but emits toxic fumes and is hard on the environment when the roof is discarded.

For free information about the environmental roofing materials, telephone 1-800-346-7265 or write to Innovative Formulations Corporation, Dept. NU, 670 W. 33rd St., Tucson, AZ 85713.



Sports

Quiz

By Christian Thorlund

1. In what sport is George Raveling well known?
2. How long has Dan Reeves been an NFL coach?
3. What college has had the most Heisman Trophy winners?
4. Who won the Heisman in 1978?
5. What college has 2nd highest number of Heisman winners?

Answers:

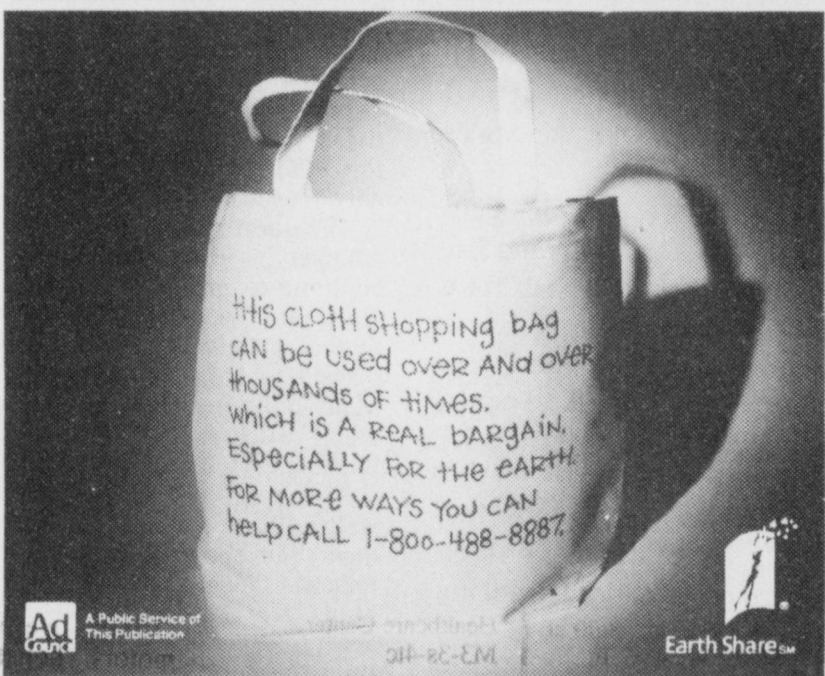
1. College basketball, USC coach.
2. Twelve years.
3. Notre Dame, 7.
4. Billy Sims, Oklahoma.
5. Ohio State, 5.



BREED CHAMPION CHESTER---Carolyn Schuster, the daughter of Mr. and Mrs. Alec Schuster, is shown here with her Light Weight Chester which was the Breed Champion of the Light Weight Chester at the Bailey County Junior Livestock Show last weekend. (Journal Photo)

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Congratulations



RESERVE BREED CHAMPION---Lance Latham, the son of Gaylord Latham, is shown here with his American Cross Steer which was the Reserve Breed Champion of the Bailey County Junior Livestock Show last weekend. (Journal Photo)



BREED CHAMPION---John Bryan Cowart, the son of Dr. and Mrs. Barry Cowart, had the Breed Champion of the Beef Heifers at the Bailey County Junior Livestock Show last weekend in Muleshoe. (Journal Photo)

Bailey Gin. Co.

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MEET THE CANDIDATES

The Following People Have Announced Their Candidacy For The Positions Below In The March 8 Primary Election

Bailey County

County Clerk
Billie Downing
Democrat

Barbara McCamish
Democrat

Justice Of Peace Precinct 1

Jack Bates
Democrat

287th District Judge
Jack Young
Democrat

Bailey County Judge

Marilyn Cox
Democrat

County Commissioner Precinct 2

C.E. Grant
Democrat

County Commissioner Precinct 4

Bennie Claunch
Democrat

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Aunt

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Franks 79¢ 12 oz. ea.	Bacon \$1.19 12 oz. pkg. ea.	Bologna or Salami \$1.19 1 lb. pkg.	Sliced Hams \$5.19 2 lbs. ea.
Fresh Sliced Beef Liver 89¢ lb.	Hash Brown Tater Patties 99¢ lb.	Corn King Sausage Smoked or Polish \$1.99 lb.	Corn King Bologna Pickle & Pimento, or Spiced Luncheon 99¢ 12 oz. ea.

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Fresh Green Beans 88¢ lb.	Rome Beauty Apples 49¢ lb.	Navel Oranges 20 \$1 For

Classic Delight Sandwiches Turkey Ham & Cheese, Cheeseburger, Ham & Cheese, or Beef 89¢ 3.5 oz. Asst. ea.	Market Sliced American Cheese \$2.39 lb.	Wilson's Smoked Pork Chops \$2.69 lb.	Boneless Top Sirloin Steak \$2.99 lb.
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Tampico Citrus Punch 99¢ 3.5 oz.	Oreo Nabisco 2 \$5 Regular or DoubleStuf For	Tony's Italian Pastry Pizza 3 \$6 For
Zesta Keebler Saltine Crackers 89¢ ea.	Shurfine Flour 68¢ 5 lb. Bag	Campbell's Family Size Soups 89¢ 24 oz. ea.

Nabisco Ritz Bits \$1.99 10.5 oz.	Pedigree Dog Food 2 \$1 13.2 oz. For	Purina Dog Chow \$7.99 25 lb. Bag	Potato Chips \$1.99
Shurfine Tomatoes 2 \$1 16 oz. For	Ellis Chili 99¢ 15 oz.	Ellis Refried Beans 2 \$1 16 oz. For	Chef Boy Ar Dee 2 \$1 15 oz. For

Honey Boy Pink Salmon \$1.69 14.75 oz.	Dawn Dishwasher Detergent \$2.19 42 oz.	Cascade Automatic Dishwasher Detergent \$2.19 50 oz.	Bounce Detergent \$2.79 32 oz.	Campbell's Ramen Noodles 2 \$1 3 oz. Asst. For	Campbell's Ramen Noodles 7 \$1 3 oz. Asst. For
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Shurfine Mini Corn on Cob 2 \$3 8 Bars For	Stouffers Lean Cuisine Entrees 2 \$4 8.5-11 oz. For	Green Giant American Mixtures Vegetables 2 \$3 16 oz. For	Inland Valley Curly Q Fries 2 \$3 32 oz. For	Soft 'N Gentle Bath Tissue 69¢ 4 Rolls
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Shurfine Cheese \$1.99 14 oz.	Blue Bonnet Spread \$1.69 3 lb. Tub	Jell-o Pudding \$2.19 6 Pack 12 oz.	Shurfine Yogurt 3 \$1 8 oz. Asst.	Carex Bath Ba Reg. or Light \$1.99 Pack
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Liquid Double Power All \$1.99 32 oz.	Surf Powder Detergent \$2.49 18 use 42 oz.	Ultra Snuggle \$1.79 20 use	Lever 2000 Bath Ba Reg. or Unscented \$1.49 Pack
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