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THE UNIVERSITY DAILY

8 pages Serving Texas Tech University since 1925 Vol. 72 Issue 77

Signing assures Tech arena promises

BY DANIEL KERR
The University Daily

An agreement assuring Texas Tech students have certain rights and privileges concerning the future United Spirit Arena will be commemorated at 2 p.m. Feb. 3 in the courtyard of the University Center.

The agreement between the student body and the Tech administration guarantees students have certain rights and privileges regarding such arena issues as ticket purchases, seating and parking. These promises were made because student general use fees, which existed before the arena's proposal, were allocated for construction.

The agreement stipulates that student basketball ticket prices will not increase until after the 2000-2001 basketball season, and that a minimum of 3,600 student seats be set aside for men's basketball games and 2,850 for women's basketball games.

Russell Thomasson, president of the Student Government Association and a senior accounting major from Lubbock, said the athletic department has agreed to publish an advertisement in *The University Daily* diagramming student seating at the basketball games.

"Any time you're looking at an issue that will cover many years, and that will be an interest to the students for many, many years, it's a good idea to have an agreement like this," Thomasson said. "It allows students to reference these items that were agreed upon during the referendum."

The agreement also states that any registered student organization will be able to use the arena's meeting facilities for a fee based on operating costs.

"I think it means ultimately, once and for all, we have an agreement in writing, signed by the administration, athletic department and myself representing the students," he said. "The agreement will keep it consistent."

The agreement participants took great care to ensure it encompassed the necessary areas.

"This agreement has been run through the arena advisory board every meeting last fall," Thomasson said. "It ensures we have the best possible agreement in securing the items that were agreed upon during the referendum to support the arena."

Thomasson said the arena may be completed in spring 1999.

"I think it's going to improve the overall campus environment. It's going to add a nice feature to the campus," he said. "It will be spectacular once the doors are open."

John Opperman, vice chancellor for administration and finance, said the agreement symbolizes a commitment by the administration to the current and future student bodies.

Prosecutor investigates Clinton

President possibly influenced testimony

WASHINGTON (AP) — Whitewater prosecutor Kenneth Starr has expanded his investigation to determine whether President Clinton tried to influence a former White House intern's testimony in the Paula Jones sexual harassment lawsuit, a private lawyer said Wednesday.

Attorney William H. Ginsburg of Los Angeles, who represents former White House intern Monica S. Lewinsky, said he has met in Washington with Starr's office over the past week as part of the investigation.

Lewinsky, 23, has signed a declaration in the Jones sexual harassment case denying that she had a sexual relationship with the president.

Ginsburg said the Justice Department has approved Starr's request for the expansion and forwarded the recommendation to a panel of three federal judges that oversees independent counsels.

"I know that Janet Reno has definitely signed off," he said.

The lawyer said he did not know whether the panel had approved the request.

But the *Los Angeles Times* and *The Washington Post*, which first reported the development along with ABC News, said in Wednesday editions that

the panel of judges has approved a formal expansion of Starr's investigation.

Clinton's private attorney in the Jones case, Robert Bennett, could not be reached for comment early Wednesday. Clinton repeatedly has denied Jones' allegations that he sexually harassed her while Arkansas governor and last weekend was deposed by Jones' attorneys for six hours.

The development marks a departure for Starr's investigation, which for the past 3 1/2 years has focused on the Clintons' failed Whitewater land venture and other Arkansas business dealings and whether since com-

ing to Washington the first family or their aides have done anything to impede that investigation.

Ginsburg declined to discuss what he talked about with Starr's investigators, but confirmed he had met with them in Washington. He said his client has not been interviewed by prosecutors.

He said Lewinsky was scheduled to be deposed later this week by Jones' attorneys in the sexual harassment lawsuit.

Lewinsky provided a written statement in the lawsuit denying she ever had a sexual relationship with Clinton, her lawyer said.



Jennifer Galvan/The University Daily
Bookworm: Laura Bush, wife of Gov. George W. Bush, reads to children waiting for appointments at the Texas Tech University Health Sciences Center Pediatrics Clinic. The literacy event was part of the Red Raider Readers program.

Reading Raiders

Texas' First Lady spreads literacy message
BY JAMES WALKER
The University Daily

Texas First Lady Laura Bush visited campus Wednesday for the kick off of the new Red Raider Reader program.

Donna Bacchi, professor of pediatrics at Texas Tech University Health Sciences Center, designed the program to encourage parents to read to their children.

Volunteers will read to children ages 6 months to 6 years while they wait for their appointments at TTUHSC's Pediatrics Clinic. Then, during the checkup, doctors will give parents a "prescription" for reading along with a free children's book.

The idea for the program came from an unusual source, Bacchi said. When a pediatrician in Boston complained that all the children's books were disappearing from the waiting room, some colleagues suggested that it was good that at least children were reading. The idea of giving books away was the next logical step.

Reading to children from a very young age is important to their development, Bacchi said. Many children get to school without understanding basic ideas like which end of the book is up, or that words read left to right. The earlier children are introduced to books, the more prepared they are for

starting school.

Bush had her own way of explaining the value of reading for young children.

"Doctors use 'early detection' when they're talking about illness," she said. "Illiteracy is a disease, and it is 100 percent curable in its early stages through a treatment called reading."

David Smith, TTUHSC president, said people often fail to understand the root causes of problems in children.

"There are a lot of problems out there we can't fix," Smith said. "Literacy is one we know how to solve."

During the press conference, TTUHSC officials showed a public service announcement for the program, featuring women's basketball coach Marsha Sharp and Lady Raider forward Alicia Thompson encouraging parents to read to their children.

After the conference, Bush recorded her own PSA for the program, took a few minutes to read to children in the waiting room and took a tour of the pediatrics facility.

The program and the book giveaways begin Monday. The Red Raider Readers program is looking for financial supporters, volunteer readers and donations of used books. Anyone interested in helping with the program can call 743-2268.

Former Tech coach dies at 86

Weaver took Red Raiders to first bowl

BY GINGER POPE
The University Daily

Graveside services for Texas Tech's first Southwest Conference football coach DeWitt Weaver are today in Jacksonville, Fla. He was 86.

Weaver had been ill for several months with a variety of problems, including Parkinson's Disease and circulatory problems. He died at 6:30 p.m. Monday in Daphne, Ala., of congestive heart failure.

Weaver compiled a 49-51-5 record in his 10 seasons as head football coach during the 1950s. While at Tech, he took the Red Raiders to the Border Conference



Weaver

Championship. In 1953 his team had an 11-1 record and defeated Auburn in the Gator Bowl and was ranked 12th in the nation's regular season poll. The Gator Bowl game also marked the first appearance of the Masked Rider.

Bo Carter, director of services for the Big 12 Conference, said Weaver was well-known for his colorful personality.

"I think he was pretty tough as a coach, but he became kindlier and gentler in his later years," Carter said.

Weaver was born May 11, 1912, in Nashville, Tenn., and grew up in Jacksonville, Fla. He attended the University of Tennessee and became an all-Southwestern Conference selection as an offensive guard.

Before coming to Tech, Weaver coached at Centre College in Danville, Ky., and at Mississippi State. Weaver also served four years in the U.S. Navy during World War II.

Weaver also served as an executive with the Senior Bowl in Mobile, Ala., commissioner of the Missouri Valley Conference and as assistant athletic director at the University of North Texas.

Ex-Techsan gives to university campaign

BY JONATHAN CARROLL
The University Daily

When Jack Hamilton was at Texas Tech, he wasn't a model student.

He describes himself as a student who sat in the back of class and remained silent.

But Wednesday Hamilton donated a million dollars to the College of Business Administration, the college he graduated from.

"I'm just glad that I can do something financially for the university that did some very nice things for me," Hamilton said.

Hamilton received his bachelor's degree in finance from Tech in 1968. He is president of Davis Hamilton Jackson & Associates, an investment advisory service in Houston. Hamilton and his wife are members of the Chancellor's Council and long-time supporters of the university.

The gift will fund \$500,000 in under-

graduate scholarships in the College of Business Administration.

Also, \$500,000 of the gift will be used to create an endowed professorship in the College of Business Administration in honor of former professor George Berry.

"Had it not been for an investment class I had with Dr. Berry, I'm not for sure that I would have gotten the focus that I got and the inspiration to go in the investment business," Hamilton said.

Berry served as professor of finance from 1960 to 1969 in the College of Business Administration.

He taught senior and graduate level courses in investments, real estate and business finance.

"It was a delightful surprise. There is nothing, probably, that has impacted my life as much as I think this will," Berry said.

Berry left teaching to pursue a career as an economic consultant. He is Chief Executive Officer of George William Berry, Ph.D., in Austin.

Postal Service chief quits, ready for change

WASHINGTON (AP) — Marvin Runyon resigned as postmaster general Wednesday after six years during which he put the U.S. Postal Service in the black for the first time since 1989 — even as mail delivery was competing with faxes and overnight service.

Runyon, 73, who said he was leaving because he's ready for a change, told *The Associated Press*

that he plans to stay until May 15 to allow for a smooth transition to a successor.

He said he is proud of the Postal Service's recent profits — \$1.77 billion in 1995, \$1.57 billion in 1996 and \$1.26 billion last year — profits that began the same year as the only rate rise for regular mail of Runyon's tenure, from 29 cents to 32 cents.

But he wants his legacy to be turning the Postal Service into a more customer-friendly place.

"Today the postal service recognizes that it has customers," Runyon said in an interview. "Customers are our primary interest. That's what our business is. We're not a bureaucratic government agency anymore."

Black fraternities offer sense of community

BY CAREN CARNEFIX
The University Daily

Texas Tech's traditionally black fraternities account for 17 percent of the social Greek fraternities, according to the Tech All-Greek Scholarship Report, but efforts to promote a unified brotherhood within these organizations are at 100 percent.

The four traditionally black fraternities, Alpha Phi Alpha, Kappa Alpha Psi, Omega Psi Phi and Phi Beta Sigma, are governed by the National

Pan-Hellenic Council.

The NPHC, which was established in 1930, is composed of nine fraternities and sororities, seven of which are registered with Tech student organizations.

"We're (minority fraternities) outnumbered by Caucasian fraternities by a large number," said Geo Mitchell, president of Alpha Phi Alpha and a junior political science major from Midland. "Being a part of a minority fraternity can help a minority student identify with others

and feel more comfortable."

Each fraternity can offer something different for members, said Montsho Cunningham, president of Phi Beta Sigma.

"Each fraternity has certain principles that they go by," said Cunningham, a sophomore marketing major from Dallas. "Being a member of a fraternity can teach you a lot about unity, brotherhood and working together."

The historically black fraternities are relatively new to Tech compared

with the National Interfraternity Council organizations.

Bill Dean, executive vice president of the Ex-Students Association, estimated the first Tech NIC fraternity was established in 1953.

But Alpha Phi Alpha did not establish a presence on campus until 20 years later, said Godfrey Christophe, Alpha Phi Alpha adviser.

"On a majority white campus, minorities felt the need to come together to better themselves," said Christophe, a lab analyst for Tech's

Student Health Services. "The minority fraternities have opened up to all members of society."

Members of Tech's Pan-Hellenic organizations participate in various service activities throughout Lubbock.

Some of the service organizations assisted by the fraternities are Adopt a Highway, Habitat for Humanity, March of Dimes, Help One Student to Succeed and the Bigger and Better Business program.

Emagii Graves, president of Kappa

Alpha Psi, said members of his fraternity have participated in a program called the Kappa League.

With the Kappa League, fraternity members take part in activities with Lubbock junior and senior high school students twice a month.

Because of Kappa Alpha Psi's low membership, though, members have not been able to continue with Kappa League this year.

"We believe in quality, not quantity," Graves said.

Pope begins historic visit to communist Cuba

HAVANA (AP) — Pope John Paul II, a "messenger of truth and hope," began a historic pilgrimage Wednesday to Cuba, land of hardship, embattled faith and an aging, struggling revolution.

Long delayed, much anticipated, the papal visit to this communist island ruled by Fidel Castro may help set a new course for the Cuban church, if not for Cuba itself.

Castro, dressed in a business suit,

was among those waiting to greet the pope at the airport.

Even before touching down here Wednesday afternoon, John Paul addressed some contentious issues surrounding his visit, telling reporters on the papal plane he hoped for more respect for human rights in Cuba, and for a "change" in the U.S. economic embargo.

But no matter what else his visit brings, said Orquidea Mesa, one pi-

ous parishioner here, "the pope will bless the people of Cuba" — 11 million who for four decades have suffered through one of the world's longest-running political showdowns.

Ahead of the pope's arrival, Castro's government worked nonstop to make Cuba's welcome a memorable one.

Havana workers had the afternoon off on a sunny 80-degree day. In neighborhoods and workplaces, Cubans were organized to be bused to points along the pope's route from the airport.

The Cuban president himself, a diehard Marxist-Leninist, urged people to turn out for the island's first papal visit ever.

"Sure, I'll be down at 16th and Paseo to see him," said postman Jorge

Luis Jimenez. "Everybody will be out, even the ones who aren't really believers."

Communist party workers joined church volunteers in tacking the pope's portrait and "messenger" slogan to palm trees, telephone poles and even the backs of bicycle cabs. One was even spotted on the national Capitol, where Castro's revolutionaries once declared Cuba an atheist nation.

In an instant, Havana had become a city of startling contrasts — starkest of all the scene at the hallowed Plaza of the Revolution, where the papal procession route passed towering rival images of Christ and of revolutionary hero Che Guevara.

"Jesus Christ, in you I trust," declares the one, "Until victory, forever!" the other.

DeGeneres' mother to star in TV spot supporting gay rights

WASHINGTON (AP) — Every mother likes to brag about her children. Ellen DeGeneres' mother is getting to do it on national television.

Betty DeGeneres stars in a 30-second television ad urging parents to offer loving support to their gay children.

"Hello, my name is Betty DeGeneres and my kid is the greatest. You know her. She's Ellen — and she's gay," Betty

DeGeneres says in the public service announcement as she and a group of children build a huge American flag out of red, white and blue boxes.

"For too long, gay Americans have suffered discrimination," she says. "As long as our sons and daughters are excluded from the basic protection of law, we must share that burden — as a family."

Ellen DeGeneres made a splash on her television show, "Ellen," in an episode in which her character declared she was gay.

Betty DeGeneres, 67, made the commercial as part of her duties as a spokeswoman for the Human Rights Campaign, one of the nation's largest gay political

groups.

She said she is enjoying the job, and believes her appearances and the "Ellen" episode have helped parents accept their gay children more wholeheartedly.

"I'm hearing from young people — especially since Ellen's coming out episode — that their parents are more accepting," Betty DeGeneres said. "They're seeing a positive image for the first time instead of all this negativity."

Elizabeth Birch, the group's executive director, said, "Gay people report that one of the most wrenching things in their lives, among all the things they have to confront, is being honest and open with their own family members."

"So, what Betty brings to this is this compassionate voice coupled with common sense why everyone should embrace their gay and lesbian children," Birch said Wednesday.

The 30-second spot will be distributed to television stations nationwide, HRC spokesman David Smith said.

It will include special coding that will allow the group to track where and when it is aired.

“For too long, gay Americans have suffered discrimination.”

Betty DeGeneres

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Gene gives AIDS virus escape route

NEW YORK (AP) — Scientists might have found one way the AIDS virus evades the body's defenses: A single HIV gene can apparently keep infected cells from declaring that they harbor the virus.

If doctors can find drugs that hamper the gene's cloaking effect, it might help control HIV infections, the test-tube study suggests.

Normally, when a virus infects a cell, the cell displays bits of viral proteins on its surface like red flags to alert the immune system.

The system can then kill the cell,

keeping the deadly virus from replicating.

The AIDS virus appears to interfere with that warning system by the action of a gene called "nef."

The protein resulting from that gene drastically reduces the cell's supply of its own red-flag proteins.

The result, according to the study in Thursday's issue of the journal *Nature*, is that infected cells can be overlooked by the body's immune system.

David Baltimore, one of the study's authors, said researchers now

have to see what happens in infected people. Baltimore, a Nobel Prize laureate who participated in the new work while at the Massachusetts Institute of Technology, is now president of the California Institute of Technology.

It's not the first study to suggest the nef gene plays an important part in HIV infection.

In 1995, researchers reported that an HIV-infected blood donor and six people infected by his blood had remained healthy for more than a decade and had normal immune sys-

tems. The man's virus lacked a functioning nef gene.

Bryan Cullen, a Howard Hughes Medical Institute investigator who studies HIV genes at the Duke University Medical School, called the work an important step.

He also said the nef gene is known to do several other things that might also promote continued infection, such as increasing the infective potential of fresh virus that leaves an infected cell.

Scientists are already searching for drugs to block specific effects of nef.

Oprah jurors view controversial episode

AMARILLO (AP) — Jurors who will decide whether Oprah Winfrey's on-air remarks caused beef prices to plummet watched edited and uncut versions of the episode in question Wednesday.

The viewings immediately followed the attorneys' 30-minute opening statements. No witnesses were expected to be called until Thursday.

Several Texas cattlemen are suing Winfrey, claiming she cost them millions of dollars by linking beef to mad cow disease during her April 16, 1996, episode.

Defense attorney Charles Babcock told the eight-woman, four-man jury that Winfrey did not make any false statements and that her comments are not to blame for the beef industry's woes.

"She was fair in her broadcast, was fair to this industry," Babcock said. "And these people know it."

In the episode, vegetarian activist Howard Lyman criticized the U.S. practice of feeding processed livestock to cattle, a custom believed to have spread mad cow disease in Europe. It was banned in the United States last summer.

Winfrey responded that his remarks about the cattle-to-cattle feeding "just stopped me cold from eating another burger."

Plaintiffs' attorney Joseph Coyne told jurors that his side would prove Winfrey made false, defamatory comments about beef makers.

"During breaks, Ms. Winfrey acted as cheerleader and created a lynch mob mentality among spectators," Coyne said, drawing an incredulous, wide-eyed look from Winfrey.

Winfrey was mostly quiet and expressionless during the opening statements. She created a bit of a stir when she entered the courthouse through a back door, eluding fans waiting in front of the

building. About 30 people ran after her, many giving up their spot in line for seats in the courtroom.

A much bigger crush of people is expected Thursday when Winfrey begins filming her show in Amarillo. Guests flying into town for taping include actor Patrick Swayze, country singer Clint Black and his wife, actress Lisa Hartman. All three are native Texans.

Other Texas notables who will appear on the show, but who won't be in Amarillo, include Houston Rockets star Charles Barkley and country singers Kenny Rogers and LeAnn Rimes.

“Ms. Winfrey acted as cheerleader and created a lynch mob mentality..”
Joseph Coyne, cattlemen's attorney

Iraq, United Nations continue inspection-team squabble

BAGHDAD, Iraq (AP) — Ending three days of unsuccessful talks, Iraq called Wednesday for inspections of presidential sites to be delayed, while the chief U.N. weapons monitor insisted they would go ahead as needed.

Iraq's deputy prime minister, Tariq Aziz, said he asked the chief inspector, Richard Butler, to postpone discussion of the matter until April, after technical experts review the inspectors' findings.

In Bahrain, where he traveled after the meetings, Butler said his mandate from the U.N. Security Council was to obtain "full access." As for delaying visits to presidential sites, he said he told Aziz "the council would decide on that matter, and not me."

If inspectors feel it is necessary to search a sensitive site and "it makes sense, then I will authorize it," Butler said.

"If it transpires that Iraq says that is a building within a presidential site, I assume that they will block us," Butler said.

"This is what is completely unsatisfactory."

The U.N. Special Commission, which Butler heads, must certify that Iraq has eliminated its weapons of mass destruction before punishing economic sanctions can be lifted.

The two sides have sparred for weeks over access by U.N. weapons teams to so-called "sensitive sites," including dozens of Iraqi leader Saddam Hussein's palaces. Iraq says such inspections violate its sovereignty.

The U.N. Security Council imposed the sanctions, which ban the sale of oil and other trade deals, after Iraq's 1990 invasion of Kuwait, which sparked the 1991 Gulf War.

Iraq insists it has fulfilled the re-

quirements, but U.N. inspectors maintain Saddam's government is continuing to hide weapons and the means to manufacture more.

Baghdad wants to put off discussion of the sensitive sites until after a series of U.N. meetings that it believes will go in its favor.

Technical committees are to meet starting Feb. 1 to review what the inspectors have found so far on biological and chemical weapons and missile warheads.

Butler and Aziz are to confer again in March, before Butler submits his next major report to the United Nations.

Aziz, attempting to discredit the inspectors, charged that most were diplomats or former military officers who were not qualified to ask questions about biological and chemical

weapons or missile technology.

And he repeated allegations that members of the teams — especially the Americans and Britons — were spying, and called for the teams to be broadened.

Given that Aziz said Iraq would provide "no new information" to the technical committees, Butler said, "I will have to doubt that the technical evaluation meeting on any subject would close the file."

In Washington, State Department spokesman James P. Rubin said the initial reports from Butler's mission were not encouraging.

"It appears that Iraq has ignored the message of the Security Council and, instead, tried to impose new and unacceptable conditions on the U.N.'s operations there," he said.

“It appears that Iraq has ignored the message of the Security Council..”

James P. Rubin, State Department spokesman

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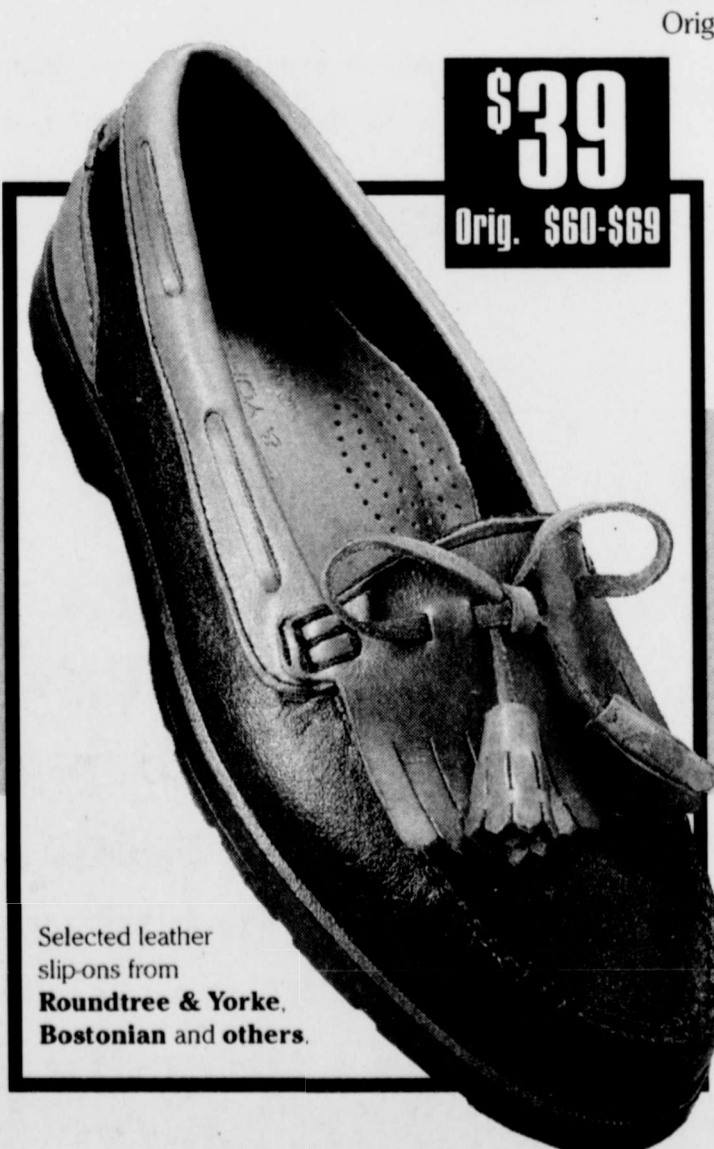
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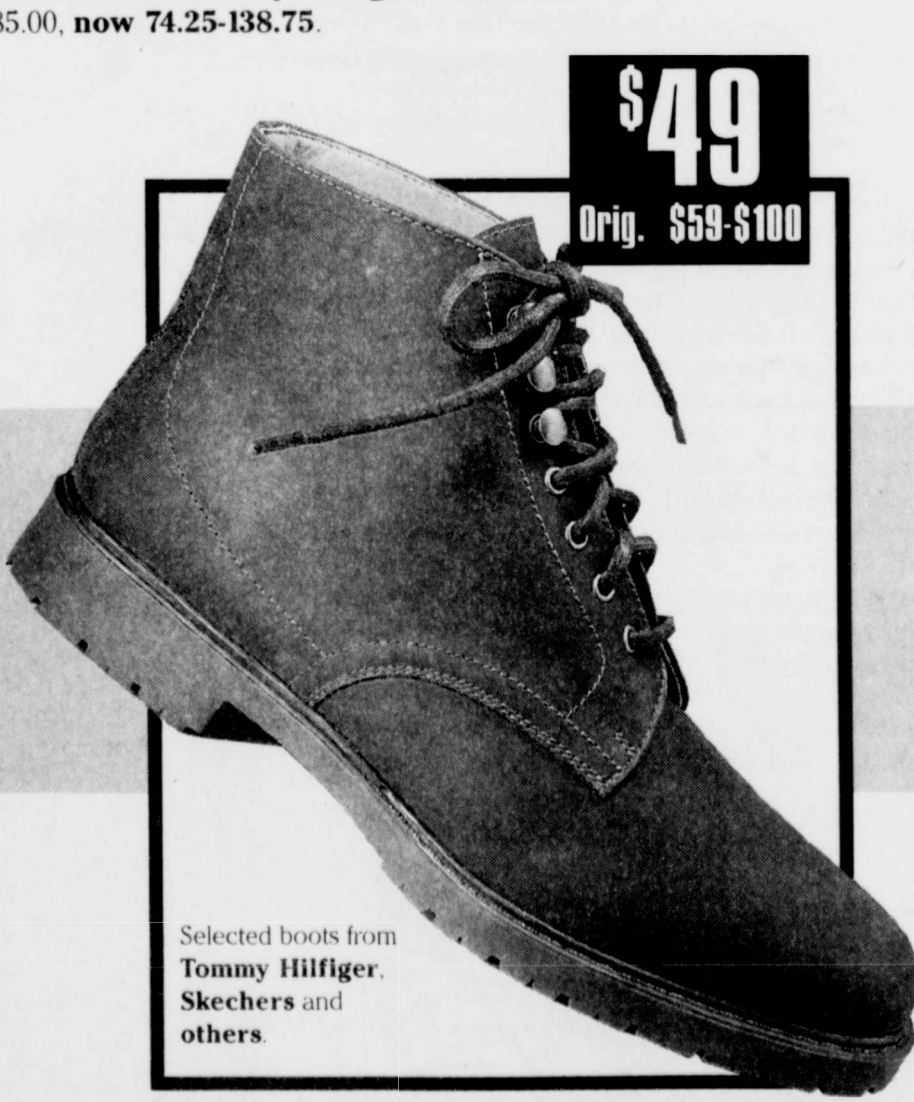
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EDITORIAL ROUNDUP

Leader-Telegram, Eau Claire, Wis., on federal budget:

President Clinton and many in Congress would like us to believe the federal budget glass is more than half full. It's not. In fact, it's bone dry.

So now, like piranhas pouncing on a wounded frog, the debate begins in Washington about what to do with the "surplus." Should we spend it on one federal program or another or should we cut taxes.

Doesn't all this just sound wonderful? We've got all this money and can't decide what to do with it. The only problem is it's not the truth.

We are horribly in debt. The last official total was an estimated \$5.3 trillion spent over the past 30 years that we didn't have and simply wrote IOUs. That \$5.3 trillion is the total you hear repeated most often.

Unfortunately, the picture is much bleaker. Some estimate the debt at more than \$23 trillion.

Yet, with all of these IOUs sitting out there, Clinton and Congress argue about who should take the credit for a "surplus" and who can make the most political hay trying to dole it out either as more spending or to cut taxes.

Amarillo Sunday Globe-News, on John Glenn's return to space:

The National Aeronautics and Space Administration has come up with just the right tonic to revive interest in manned space exploration. Send a 77-year-old bona fide American hero into orbit.

John Glenn, the first American to circle the Earth, is going back into space aboard the space shuttle Discovery.

We should look at this scheduled 10-day flight in October as far more than the publicity stunt that some critics contend it will become. Glenn, a Democratic senator from Ohio since 1975, has intimate knowledge of the rigors of space travel, having flown for three orbits around the world on Feb. 20, 1962.

He is in superb physical condition. He has maintained his keen interest in the space program.

Glenn will smash at least a couple of records when he roars off the launch pad. He will be by far the oldest person ever to fly in space. Glenn also will own the record for the longest gap in time between space flights — more than 36 years.

The Buffalo (N.Y.) News, on roads in national forests:

Something like 400,000 miles of roads run through the network of national forests in the United States. The Wilderness Society, which keeps track of such things, figures it's eight times the mileage of the interstate highway system.

The roads have a very basic purpose. They give timber companies access to government-owned backwoods areas so they can cut down trees. Without the roads, no saws. Many areas have been buzzed clean. In a sorry giveaway, Washington even pays to construct and maintain the roads.

Financially, it's a lousy deal. But that's not all.

Environmentally, the roads are bad news. They break up prime wildlife habitat and mar the pristine nature of distant forests. By one estimate 60 percent of the roads are poorly maintained. That can cause soil erosion and landslides, damage wetlands and threaten clean water and fish habitat.

For good reasons, then, the Clinton administration wants to suspend construction of logging roads in roadless forest tracts. While the moratorium is in effect, scientists are supposed to prepare new road-building regulations. Hopefully, the new rules will give greater weight to environmental issues in these roadless national forests. The corporate giveaway should also be halted.

Morning Star, Wilmington, N.C., on United States and Saddam Hussein:

The United States is staying cool during the latest example of Saddam Hussein's defiance of the United Nations. The Clinton administration hopes to maintain a united front against the clever thug who rules Iraq.

But a united front alone provides no protection from the biological and chemical weapons that Saddam has been developing.

The reasons the dictator refused to cooperate with a U.N. inspection team apparently was because it was on the trail of the truth.

Saddam says he doesn't like the makeup of the inspection team. His apologists, the Chinese, echo his claims that his country's sovereignty must be respected.

That's preposterous. His country has no sovereignty. It lost it when it agreed to the allies' terms so they wouldn't overrun the whole country and topple the murderous regime that tyrannizes it.

The notion that such a regime can decide who can look for its weapons programs, and where they can look, is beyond ludicrous. It would be like letting an ex-con choose his parole officer — and tell him when he can visit.



New year yearnings

Goals more easily met through short-term steps

ANDREW SCHOPPE/
COLUMNIST

The ball in Times Square dropped, the clock struck midnight and shouts of "Happy New Year!" resounded in cities across America.

Shortly after Dick Clark wished everyone a "Happy New Year" and signed off for the evening, the thoughts that crossed the minds of many people likely could have pertained to their New Year's resolutions.

A few of the recurring resolutions that continue to span the history of mankind are cutting back on junk food, losing weight and exercising more.

It never fails that for three or four days following New Year's Day, numerous health experts, physical trainers and the like are interviewed on the

"Today Show," radio programs or the evening news to put in their 2 cents about what people should or shouldn't do to make good on their resolutions.

At about the same time, it is com-

mon to notice an influx of advertisements for miracle weight loss pills and dietary supplements, flyers providing ways to lose 30 pounds in 30 days guaranteed or your money back and other simply "amazing" products and services out to give the old money tree a shake or two in the hopes of raking in some bucks.

Putting all the super products and services aside, what everything boils down to is how devoted people are to sticking to their resolutions.

In the first week or two of the new year, many people seem to be able to have the drive and determination to

successfully adhere to their goals.

Then the third and fourth weeks roll around and some of that drive tends to fade away, sometimes even into oblivion.

This is extremely unfortunate, but much of it has to do with how we approach our New Year's resolutions from the start. It is easy to get caught up in the "here and now."

When we establish goals through our resolutions, we often expect noticeable changes to occur in a short period of time.

By doing this, we often set ourselves up for disappointment. While it is perfectly OK to want to get in shape to be able to look good at the beach on Spring Break, it is better to go one step further — desire to make a permanent lifestyle change. Com-

mit to creating good habits that can be built upon as time progresses.

By creating long-term goals and then planning out feasible short-term steps that ultimately will lead to the desired goals, the success rate of your New Year's resolutions will increase dramatically.

Keeping long-term goals in mind also will help lessen the temptation to give up if your drive happens to take a "brief siesta."

What's more, if a permanent lifestyle change is achieved, then think about all the other things you can resolve to do when Jan. 1 rolls around.

If you happened to play with Legos as a kid, you can remember that when you built your Lego castle, you followed a plan that guided you step-by-step through the construction. As each step was completed, you could notice that you were that much closer to completing your castle. New Year's resolutions work best when handled the same way.

Andrew Schoppe is a junior business management/broadcast journalism major from Houston.

...it is better to go one step further — desire to make a permanent lifestyle change.

Sooner or later, your adolescent will come from out of nowhere with something that will shock and appall you. Keep reminding yourself that it's probably just a phase.



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Making A Joyful Noise

Vision of Light Gospel Choir jazzes up celebration

BY LAURA HENSLEY

The University Daily

The soulful sounds of gospel music fused with a little jazz, a touch of hip-hop and the experienced teachings of one national recording artist will unite the Lubbock community for a three-day celebration of music and fellowship.

The Visions of Light Gospel Choir of Texas Tech and Minister Carnell Murrell will come together as part of the choir's fourth annual Founders' Day Workshop and Concert. The workshop begins at 7:30 p.m. today at the Unity Praise Center, 1809 34th St.

The workshop will continue at 7:30 p.m. Friday and will conclude with a 7 p.m. concert Saturday. A special performance also will begin at noon Friday in the Croslin Room at the Tech Library.

"(The workshop and concert) is a great opportunity for love of the community to come out and for people to share in fellowship," said Cory Powell, the founding director of the choir. "This is the largest event that we sponsor. This is our way of giving back to the community."

The workshop will be conducted by Murrell, a highly acclaimed Stellar Award and Soul Train gospel award nominee. Murrell began his recording career in the Dallas-Fort Worth area. He then formed the NeWork Community Choir, whose debut album, "You Can Make it if You Try," rose on the Billboard gospel charts in 1992. His new release, "Prodigal Son," has been acclaimed as his most successful recording to date.

"(Murrell) is a very talented, fun person," Powell said. "He brings a wide view of the music scene with him. He basically grew up in the ghetto and overcame diversity to get to the place where he is now. He's a positive role model for young people, and he really understands college-age students."

This is not the first time Murrell has hosted the workshop. The first Founder's Day Workshop and Concert, which was in January 1995, also featured Murrell as the clinician. About 100 local vocalists, musicians and directors participated in the event. Since then, the workshop and concert has grown and has become an annually anticipated event.

"We had a real good turn out last year," said Norma Weatherspoon, choir adviser. "This year we decided to go with Carnell again. We are hoping to get an even larger turnout than the first year."

Powell said the gospel music being performed is a very high-energy experience. Tech students as well as community members have the opportunity to attend the concert Saturday night for free.

"You can expect to clap your hands and jump up and move around," Powell said. "It's a very exciting experience."

The Visions of Light Choir has been pouring out the excitement of gospel music since 1993 when the group was founded. Students formed the group in order to enhance their musical talents, develop a strong sense of ministry on their campus and unite with the citizens of Lubbock, Weatherspoon said.

"The students wanted to share their ministry and talents," Weatherspoon said. "Most of all they wanted to spread the word of Jesus Christ throughout Lubbock."

This year the choir has about 50 active members. They often are involved in various civic, social and community service projects.

For more information about the workshop or concert call 748-6388.

Founders' Day Workshop and Concert

- Nightly Workshops 7:30 p.m. Thursday and Friday
- Free concert at 7 p.m. Saturday
- Workshop registration costs \$7 for adults and \$4 for youth
- Unity Praise Center, 1809 34th St.
- Call 748-6388 for more info.



Carnell Murrell/ courtesy photo

THURSDAY JANUARY 22

STAT. CHAN. AFFIL. CITY	KTXT 5 PBS Lubbock	KCBD 11 NBC Lubbock	KLBK 13 CBS Lubbock	KUPT 22 UPN Lubbock	KAMC 23 ABC Lubbock	KJTV 34 FOX Lubbock
7:00	Bloomberg Body Elec.	Today Show	This Morning	Tex Avery X-Men	Good Morning America	BobbyWorld Casper
8:00	Sesame Street			Super Heroes Bananas	101 Dalmatians Ducktales	
9:00	C. Horse Barney	M. Stewart Gayle King	Sally Jessy Raphael	K. Copeland Paid Program	Regis & Kathie Lee	Matlock
10:00	Wimzie House Mr. Rogers	Sunset Beach	Price Is Right	Paid Program Pictionary	View	Judge Judy Judge Judy
11:00	Arthur Magic Bus	Leeza	Young And Restless	Beverly Hills 90210	All My Children	People Court
12:00	J. Lunds Julia Bakes	News Days of Our	News Beautiful	Jenny Jones	News Port Charles	Heat of the Night
1:00	Sit & Be Fit Barney	Lives Another	As The World Turns	Jerry Springer	One Life to Live	Dr. Quinn
2:00	Marsh Magic Bus	World In/Edition	Guiding Light	Dating Game Newlywed Gm	General Hospital	Paid Program Spiderman
3:00	Arthur Wishbone	Rosie O'Donnell	Maurice Povich	Breaker High Sweet Valley	Ricki Lake	Beetleborgs P.R. Turbo
4:00	Carmen Bill Nye	Oprah Winfrey	Seinfeld Jeopardy	Liv' Single Martin	Montel Williams	Life/Louie Boy/World
5:00	R. Rainbow Nightly Bus	News NBC News	News CBS News	Real TV Real Stories	News ABC News	Mr. Cooper Simpsons
6:00	Newshour	News Extra	News W/Fortune	Next Generation	News Mad/You	Grace/Fire Home Impr.
7:00	Eyewitness Beettes	Friends 'PG Union Sq	Promised Land	Sentinel	Prey 'PG	Btw. Bros. Ask Harriet
8:00	Mystery	Seinfeld 'PG Veronica's	Diagnosis Murder	Deep Space 9	ABC Movie: 'Billy	N.Y. Undercover
9:00	St. Mel	E.R. 'TV14	Class of 2000	Road To Super Bowl	Madison	Cops Cops
10:00	Business Report	News Tonight Show	News David	Real TV Hard Copy	News MASH	Fraser Cheers
11:00		Canan	Letterman Tom Snyder	E.T. Access	Nightline Incorrect	Coach M. Brown Star Trek
12:00		O'Brien Later	Paid Program	Vibe	Gerardo	

WEEKNIGHTS 10:00 pm
FOX KJTV 34 LUBBOCK

Ballet Lubbock to present next episode in three-part series

Ballet Lubbock will present the second episode of a three-part series entitled "A Different Dance." The second part of the chamber series will take place at 7 p.m. Jan. 31 at the Lubbock Garden and Arts Center, 42nd Street and University Avenue. The performance will include neo-classical, modern and jazz pieces. Included in the program will be fast-paced familiar music and inventive, original choreography. Tickets for the event cost \$7 and are available from Ballet Lubbock, 5015 University Ave., until Thursday.

The Texas Tech Theatre's production of *Vinegar Tom* will be Feb. 26. For tickets and reservations call the Theatre Box Office at 742-3603.

THE Daily Crossword Edited by Wayne Robert Williams

ACROSS
1 Spill the beans
5 Ciao on Lanai
10 Singer Falana
14 Othello's nemesis
15 Consumer advocate Ralph
16 Famous cookie man
17 American touring car
19 Lion's pride
20 Meese and McBain
21 Contender
22 Region in central Italy
24 Flip over
25 Bullets, briefly
26 Mongolian horde
29 Cheap ocean passage
33 Smells
34 Any time now
35 Goody stuff
36 "Cheers" barfly
37 Railroad switch
38 Tortoise's rival
39 Ms. Bombek
40 Ripped
41 Scorch
42 Goes back in
44 Tightens
45 Rep. Gingrich
46 Jacob's third son
47 Stain on one's reputation
50 Male parent
51 Take in food
54 Tie with a rope
55 British luxury car
58 Dodge model of the 80s
59 Oar holder
60 Used to be
61 Second Greek letter
62 Planter
63 Adam's home

DOWN
1 Tarry
2 Praise
3 Matures
4 Derek and Jackson

5 Potts and Lennox
6 Maker's sticker
7 ...Neisse line
8 "And I Love"
9 Verbal warfare
10 Italian sailing
11 Actor Sharif
12 Anderson of "WKRP in Cincinnati"
13 Sailing
18 Civil Rights martyr
23 Fr. woman's title
24 German two-seater car
25 Make right copy machine
27 Worship
28 The Velvet Fog
29 Turns, as milk
30 King and Alda
31 Small canyon
32 Some rapiers
34 Diminutive
37 Rod and Payne

41 Break off
43 President pro
44 More concise
46 French textile center
47 Man with a spotted tie
48 Gentle

49 Doesn't exist
50 Dilatory
51 Some jacks are one?
52 Land measure
53 Adolescent
56 Exclamation of discovery
57 Be in the red

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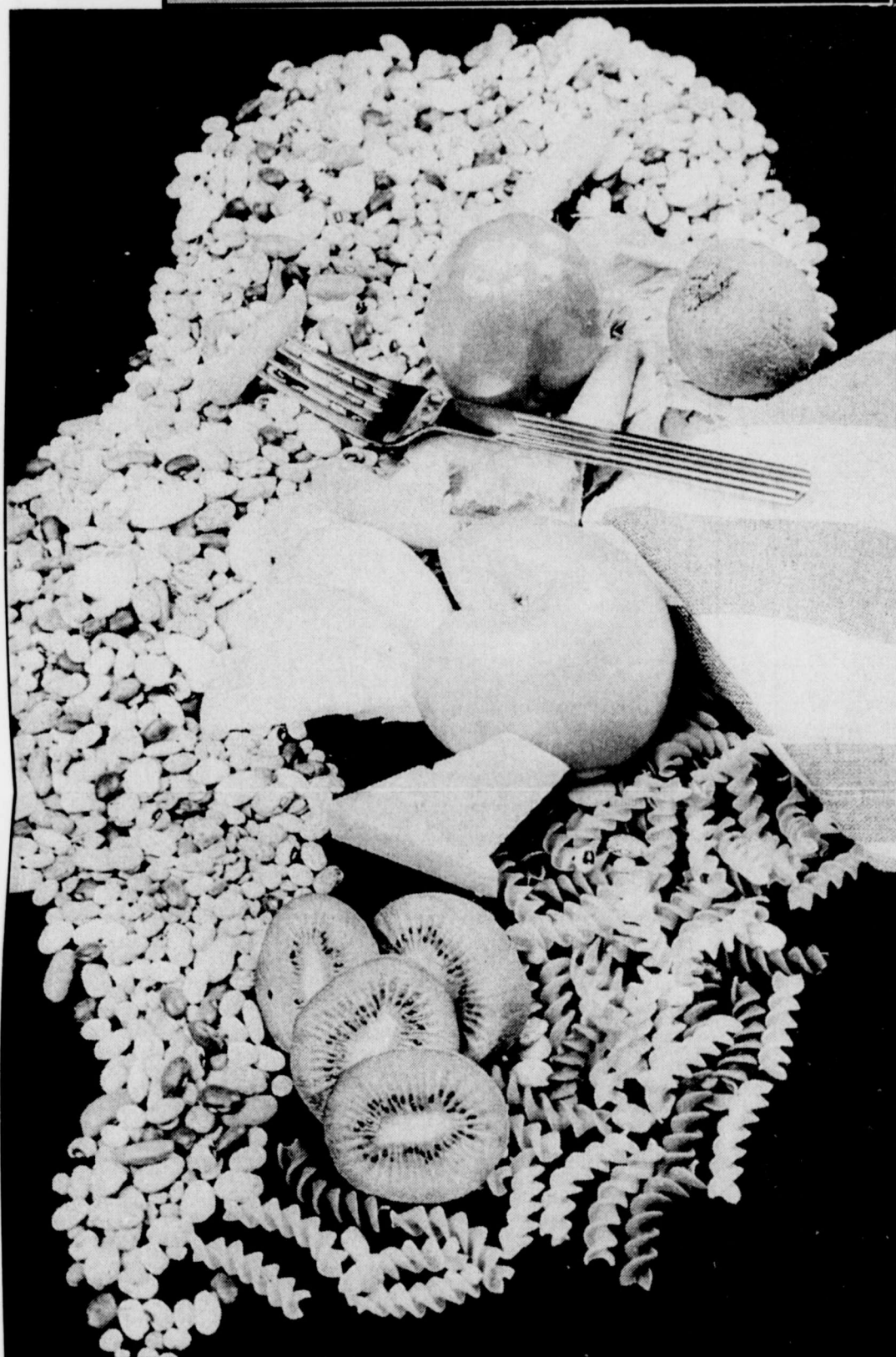
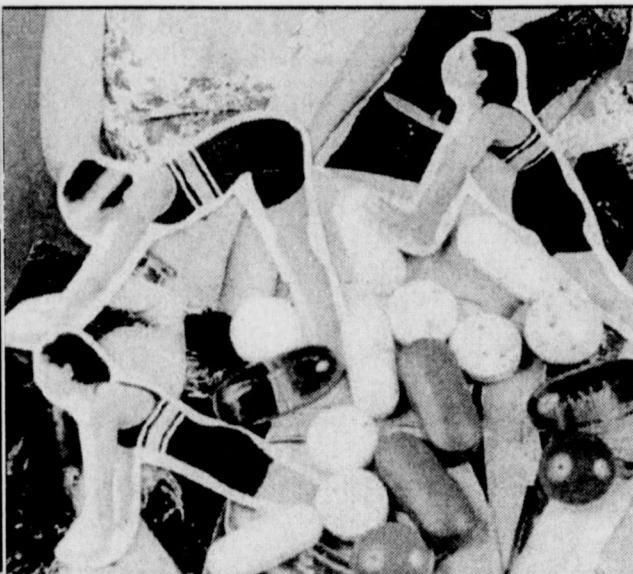
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Fads & FITNESS

Problems with restrictive eating include:

- frequently skipping meals • thinking about food all the time • using laxatives and/or diuretics frequently
- often feeling guilty after eating • eating the same thing day after day or meal after meal • feeling deprived after eating •



Fad-ulous diets don't always do a body good

• **Low carbohydrate diets** result in more rapid weight loss than high carbohydrate diets. However, the weight loss entirely is due to changes in water balance and not changes in fat composition. When resuming carbohydrates the process reverses and results in sodium and water retention. No differences in body composition or weight loss are observed. This form of temporary weight loss is deficient in calcium and dietary fiber. This diet is high in fat and protein and unsuitable for long-term weight loss.

• **Vegetarian diets** are low in fat and high in carbohydrates and fiber. They can be nutritionally adequate or inadequate depending on food selections. When restricting all animal products particular attention should be paid to protein and vitamin B-12 intake.

• **Single-food diets** are based on the concept that *what* and *when* you eat are important. It is thought that by ingesting foods one at a time, digestion becomes more efficient and fewer calories get "stuck" resulting in less weight gain. This diet is based on fresh fruit and lacks an intake of protein, niacin, calcium and iron, which in turn usually results in diarrhea.

• **Low-calorie diets** restrict calorie intake to 400-800 calories per day. These protein-formula-liquid diets allow for an additional intake of 2-3 quarts of calorie-free beverages per day. Major concerns include side effects, long-term complications and nutritional and behavioral changes. Liquid diets most are available over-the-counter, such as UltraSlimfast, which provide less than 800 calories per day. This is a potentially dangerous way to lose weight due to lack of medical supervision. It is unlikely to work for most individuals since most people "cheat" and do not observe a sensible dinner. It also is difficult to maintain weight after returning to regular food.

This information is provided by an article taken from the Internet by Dr. Robert Baron.

www-med.stanford.edu/school/DGIM/

Stories by

Melissa Williams

Wayne Hodgin

Photos by

Wes Underwood

Design by

Melissa Toombs

D

espite the claims for fad diets and "get thin quick" schemes, losing weight and keeping it off are much harder than people realize.

By consulting an unbiased health professional, those who want to lose weight can by doing it realistically. For those who need to lose weight, the American College Health Association suggests to first check with a health professional

on campus or in the community who is not affiliated with a commercial weight-loss program.

The association suggests that if weight losers are determined to change their lives and live healthier, they should work together with a health care professional and plan a system which incorporates three keys for successful weight loss. These include: eating balanced meals containing fewer calories, exercising regularly and making behavioral changes, so people eat in response to physical hunger and not their emotional state.

Michelle Pettus, a health educator at Student Health Services said people often use food as a scapegoat for problems.

"Sometimes we use food to deal with problems that food didn't cause," Pettus said. "In those situations if we eat in response to boredom, stress, anger or depression, we need to go to the root of the matter. We need to realize that food is neither good or bad. It's the choices that we make."

During the past decade, the number of overweight people in the United States has escalated from 25 percent of the population to 35 percent, according to *People* magazine. Experts suggest the problem is not binging, but the proportion of calories consumed that comes from fat has increased by 30 percent.

Pettus said the reason for this is due to the misconception of "fat-free" food.

"People consume more because they think 'if it is fat-free, it is calorie-free,'" she said. "That is wrong."

Pettus said people aiming to lose weight need to plan ahead and have a game plan, so they can substitute another activity for their desire to eat when they are bored.

"Food is so centered around special occasions, and that's all right, but moderation is the key," Pettus said. "There's no big secret, and I think that's what we're always looking for."

Pettus' advice for those with New Year's resolutions to lose weight is to go back to the basics, find out what minimum daily recommendations are and make a check list each day. She said using these guidelines allows people to eat plenty and not feel deprived. The guidelines include each of the following on a per day basis:

- 2-3 meat or meat substitute servings
- 6-11 bread or starch servings
- 2-3 milk product servings
- 3-4 fruit servings
- 2-4 vegetable servings
- 2-3 or less fat servings
- 6-8 water servings

"You should be leery of diets that encourage you to eat all of one thing and restrict other types of foods because you need a balanced diet," Pettus said.

Pettus said consuming too much protein on a "protein or in-the-zone" diet can cause kidney disease.

"The most dangerous diets are ones that have restrictive eating," Pettus said. "When you don't get the minimum number of calories that you need a day, it is dangerous. Women need a minimum of 1,200, and men need 1,500 to 2,000 calories a day."

Pettus said an important thing to remember about weight is that it took time to gain weight, therefore, it will take time to lose it. Safe and effective weight loss is 1 to 2 pounds a week.

Jo Henderson, health education coordinator at Student Health Services said diets call for a whole lifestyle change.

"When you throw in a crazy diet once a month or on special occasions, your body chemistry gets messed up," Henderson said.

"It will take its toll on your body and overall good health, because your body isn't used to being thrown into starvation. It's like feast or famine, and the body is going to hold on to every calorie you give it when you start eating big again because it thinks you're going to starve it."

Henderson said going back to the basics of dairy, meat, breads, fruits and vegetables is the key to healthy living and weight loss.

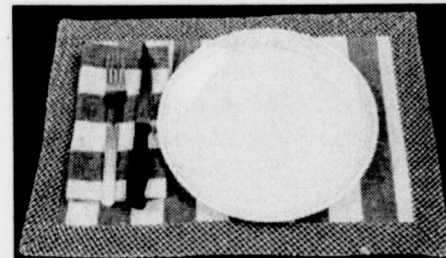
Betty Blanton, associate director of Recreational Sports, said as far as exercise goes, people should choose an exercise plan they enjoy.

Blanton said taking on a cardiovascular exercise routine, using the heart, lungs and large muscle groups, is the best way to lose those unwanted pounds. The routine must be performed 3 to 5 times per week with the target heart rate kept up for 20 to 60 minutes for effective weight loss.

The target heart rate, for healthy college-age adults, is obtained by subtracting your age from 220, then multiplying that number by .6 to obtain your low or .8 to obtain your high. Blanton said a person wants to stay between the low and high rates.

Some good examples of cardiovascular exercises include walking, jogging or running, any kind of cycling activity, swimming or aerobic/fitness classes.

"Everybody should be able to find the right exercise so they will be able to repeat it," she said. "Find enough exercises to do so you don't get bored, and stay consistent. To keep the weight off you must use as many calories as you take in. So to lose weight you would want to use more calories than you consume."



Chocolate-Almond Delight

- 1 cup nonfat vanilla frozen yogurt
- 3/4 cup nonfat milk
- 1/4 cup chocolate syrup
- 1/4 teaspoon almond extract
- 2 scoops plain, vanilla or chocolate soy protein powder

Combine the ingredients in the blender. Cover and blend at high speed about a minute. Pour into frosted glasses. Serves two.
Per Serving: Calories 245, Fat 1 g (0 g saturated)

Chicken With Olives, Capers and Fettuccine

- 4 4-ounce skinned, boned chicken breast halves
- 1/4 cup all-purpose flour
- 1/2 teaspoon dried Italian seasoning
- 1/8 teaspoon salt
- 1/8 teaspoon pepper
- cooking spray
- 1 tablespoon olive oil
- 1/2 cup dry white wine
- 2 tablespoons capers
- 10 chopped kalamata olives
- 1 package (9 ounces) uncooked fresh fettuccine
- 2 cups small broccoli florets
- 6 tablespoons grated parmesan cheese

Preparation: 10 minutes

Cooking: 10 minutes

Place each chicken breast half between sheets of heavy-duty plastic wrap; flatten to 1/4-inch thickness using a meat mallet or rolling pin. Combine flour, Italian seasoning, salt and pepper in a shallow dish. Dredge chicken in flour mixture.

In a large nonstick skillet coated with cooking spray, heat oil over medium-high heat. Add chicken; saute 2 minutes on each side or until done. Remove chicken from skillet; set aside and keep warm. Add wine, capers and olives to skillet. Bring to a boil; cook 30 seconds (sauce will be thin). Remove from heat and set aside.

Cook fettuccine and broccoli in boiling water 3 minutes; drain. Spoon fettuccine and broccoli onto 4 plates; top with chicken, sauce and cheese. Serves 4.

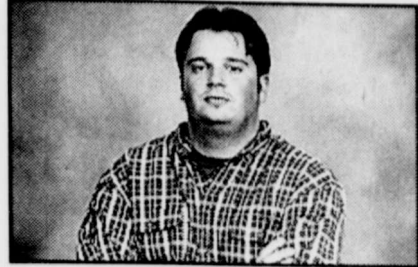
Per serving: Calories 428 (21% from fat), Fat 10 g (3 g saturated)

THE FACTS AND FIGURES

- 1% - 4%: Percentage of high school and college girls who have either anorexia or bulimia
 - 0.5% - 1%: Percentage of girls who had bulimia or anorexia in 1976
 - 33-23-33: Average measurements of a contemporary fashion model
 - 36-18-33: Projected measurements of a Barbie doll, in inches, is she were a full-sized human being
 - 5'4" - 142: The average height and weight of an American woman
 - 5'9" - 110: Average height and weight of a model
 - 33%: Percentage of American women who wear a size 16 or larger
 - 80%: Percentage of women who diet
 - 25%: Percentage of men who diet
 - 50%: Percentage of American women on a diet at any time
 - 50%: Percentage of 9-year-old girls who have ever dieted
 - \$10 billion: Revenues of the diet industry in 1970
 - \$33 billion: Revenues of the diet industry today
 - 10%: Percentage of teenagers with eating disorders who are boys
- Source: *People* magazine June 3, 1996

Super studs, super duds

Today's younger professional athletics lack attitude, not ability



**JASON BERNSTEIN/
SPORTS REPORTER**

Respect. Some professional athletes demand it, while others earn it.

What is becoming more and more evident in today's world of overpaid athletes and increasing ticket prices is the fact that these same athletes don't even respect the very game they are playing.

Point and case, Lawrence Phillips. Here is a guy who not only dominated in high school and college but led his Nebraska Cornhusker football

team to a national championship before leaving school early for the big show of the National Football League.

But before he left Nebraska, he was charged with aggravated assault on his former girlfriend and became the poster child for what is wrong with collegiate athletics.

Upon being drafted by the St. Louis Rams, he soon became discontent with his contract and his team.

And even during this past season, his coach and fellow teammates noted that he came to practice while intoxicated. Phillips ended up boycotting practice and demanded a trade.

Shortly after the practice boycott, the Rams released Phillips and no longer were forced to pay him.

Phillips not only let his coach and team down, but he let the game of football down as well.

His motives for playing profes-

sional football have ceased from being unselfish in that he no longer respects and loves the game he played as an adolescent.

But what is perhaps even more disturbing is the fact that more and more athletes are taking their talents and their attitudes to the professional circuit.

Another clear-cut example of stardom getting the best of an athlete can be seen in the case of Allen Iverson.

Iverson single-handedly lead his Georgetown Hoyas team to the Elite Eight round of the 1996 NCAA Tournament, which included a victory over Texas Tech in the Sweet 16.

He since has been drafted by the Philadelphia 76ers and has taken his team from pathetic to competitive.

But there is more to the game than just winning. His cocky attitude has gotten him in trouble with older NBA

superstars like Michael Jordan.

His lack of respect for the game's greats coupled with his off-court lifestyle have solidified his position in the Disrespectful Athletes' Hall of Fame.

Just because one has the talent and the riches to be declared a success in the NBA doesn't entitle a person to tote marijuana around and question the manhood of the game's true superstars.

I guess one can never truly understand the difficulties in earning millions of dollars and achieving nearly every goal you set for yourself.

But one thing remains clear without a doubt. Respect only can be given to those who respect their professions and ultimately respect themselves.

Jason Bernstein is a sophomore political science/broadcast journalism major from San Ramon, Calif.

Mavericks claim win over Sonics no fluke

DALLAS (AP) — The Dallas Mavericks may seem like fodder to most of the NBA, but they have finally found a team they can consistently beat. Amazingly, it's the Seattle SuperSonics.

The NBA's worst team of the 1990s has picked up two of its seven wins this season against the Sonics, but Tuesday night's 107-98 drubbing was more impressive than the first, which Seattle excused as an early season flop.

In their only national television appearance of the season, the Mavericks may have shocked viewers by posting a double-digit lead during the game. But Dallas also led Minnesota by 24 last Saturday and Indiana by 19 the previous Saturday, only to blow both of those games. This time, the Mavericks didn't blow it.

"As a team, we haven't been able to finish games," said Erick Strickland, who scored a career-high 30 points Tuesday night.

"We put one together against a great team that's going to go far in the playoffs and we showed the country the Mavericks can play good basketball."

Dallas has been playing better since firing coach Jim Cleamons in early December, even if the

record doesn't show it. Only 4-10 at the time, the Mavericks are 3-22 under Don Nelson.

But players are no longer rebelling against the coach or his offense. They have a better attitude, an improved work ethic and everyone seems to see the bright side of things.

For example, following the collapse against Minnesota, players were instead focusing on the fact they had actually built such a big lead.

"We're doing the things a young team needs to win — running the floor, blocking shots ... in the end, this will be the way we will start beating teams," forward Samaki Walker said.

"Nelson has us playing well and the wins will come."

Nelson, the fourth-winningest active coach in the NBA, said victories aren't the only way to tell if a team is improving.

"We've been playing some really good quarters," Nelson said. "We played (Minnesota) for three quarters and then we broke down. All our strategies worked."

Cynics might say that Nelson sounds a lot like Cleamons just before he was fired and his triangle offense was scrapped.

Super Bowl won by teams with aerial attack, ground game

SAN DIEGO (AP) — The Broncos brag about Terrell Davis and his power running. The Packers counter with emerging star Dorsey Levens. And how about those pile-pushing linemen.

Hogwash. History shows it's the passers who determine the Super Bowl outcome.

Green Bay and Denver certainly come well equipped for Sunday's game, with three-time league MVP Brett Favre facing John Elway, the NFL's winningest regular-season quarterback.

Favre guides a passing attack as versatile as those from recent Super Bowl winners from San Francisco,

Dallas or Washington — or even the great Steelers and Raiders teams that played bombs-away offense. Sure, running backs Emmitt Smith, Roger Craig and Franco Harris were focal points for those championship clubs.

And, as often as not, the running backs were complements for Lynn Swann and John Stallworth, Jerry

Rice and John Taylor, Michael Irvin and Jay Novacek.

"Look at it like this," said Antonio Freeman, Green Bay's leading receiver with 81 catches for 1,243 yards and 12 TDs. "I'm glad I'm not the defensive coordinator for the Denver Broncos. Not that we can't be stopped, but it is a difficult situation."

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Red Raiders slip by Wildcats



Wade Kennedy/The University Daily

Traffic: Red Raider forward Cliff Owens gets tangled up with a Kansas State's Chris Griffin in Tech's 79-76 defeat of the Wildcats Wednesday.

BY HEATH ROBINSON
The University Daily

Texas Tech used a 17-6 run early in the second half to wipe out a nine-point deficit and outlasted Kansas State Wednesday in Municipal Coliseum, 79-76.

The victory broke a three-game conference losing streak for the Red Raiders, and gave them needed momentum for Saturday's trip to No. 3 Kansas.

Senior guard Cory Carr again led the Red Raiders with 31 points, and Cliff Owens continued his strong play of late, contributing 12 points and eight rebounds. The win pushed Tech to 8-7 overall and 2-3 in the Big 12 Conference.

"I thought it was a big victory for us," Carr said. "Whenever you lose three in a row, there's a lot of blame passed around. I believe we are better than our record indicates, but you have to prove that on the floor."

A lethargic effort in the first half put Tech in a 33-28 hole. The Red Raiders shot just 35 percent overall in the first half, and hit on only 3-of-14 shots inside the three-point line. But in the second half, Tech shot 67.7 percent, and turned the ball over just three times.

Coach James Dickey, disappointed in his team's recent play, was pleased with the effort.

"I thought it was our best half of the season," Dickey said. "After the first half, I told our guys to relax and to act and play like big-time players." Carr certainly did that.

The senior from Kingsland, Ark., upped his Big 12-leading scoring av-

erage to 24 points per game and hit several big baskets late to keep the Wildcats at bay.

Kansas State upped its lead to 43-36 with 16:35 remaining in the game.

It was then Tech started its big run. Junior guard Stan Bonewitz hit a three and put back a loose ball for five of his 14 points in the game. He also contributed five assists and four rebounds.

A Johnny Phillips hook shot tied the score at 43, and the see-saw battle was on.

Consecutive baskets from Da'Mon Roberts gave Tech a 47-45 lead. From there, Owens and Carr took over. The duo scored 21 of Tech's final 30 points, and Owens' post defense held Kansas State's leading scorer Manny Dies to 4-of-12 shooting.

"I thought Cory and Cliff really played good games," Dickey said. "Cory scored 31 points on just 15 shots, that shows he was getting good looks. And Cliff was really aggressive in the second half, on both ends of the floor."

Dies was held out of the first 7:29 of the game for a team violation. When he returned, he didn't get many good looks. He finished with 13 points, five of which came from the charity stripe. His three rebounds were four below his season average.

Owens said the team worked hard on defending Dies.

"Our goal was to keep him from getting solid looks close to the basket," he said. "I think for the most part we did a good job of that. We tried to deny him the ball."

Only Aaron Swartzendruber kept the Wildcats close.

Stoudamire trade to Rockets falls through

NEW YORK (AP) — Damon Stoudamire was nearly traded to the Houston Rockets on Wednesday, but the Toronto Raptors decided to reconsider offers that came pouring in from other teams.

The Rockets, Los Angeles Lakers, New York Knicks, New Jersey Nets, Vancouver Grizzlies, Portland Trail Blazers and Orlando Magic were in contention to acquire Stoudamire, according to several league sources who spoke to *The Associated Press* on condition of anonymity.

The proposals were much better than what Houston was offering: Kevin Willis, Mario Elie and a third player — either Brent Price, Matt Maloney or Emanuel Davis — and a No. 1 draft choice in 1998 for Stoudamire, Walt Williams and Zan Tabak.

The Lakers' offer was said to include Nick Van Exel and Elden Campbell. The Knicks offered Chris Mills, Chris Childs and-or Charlie Ward, along with the Raptors' own lottery-protected pick in 1998.

New York also offered to pay most of the salaries for the players it would send to Toronto.

The Grizzlies were offering rookie point guard Antonio Daniels, the Nets were offering Sam Cassell and a No. 1 pick, and the Trail Blazers were offering a package including Kenny Ander-

son to the Raptors for the point guard Stoudamire.

The Trail Blazers' chances were enhanced by the fact that Stoudamire is from Portland — and team owner Paul Allen is a billionaire who could afford to pay Stoudamire's highest asking price after he becomes a free agent next summer.

It was not clear what Orlando was offering.

An inquiry by Golden State was rebuffed because Stoudamire would not want to re-sign with the Warriors.

A possible deal between the Raptors and Rockets was reported Wednesday by the *Houston Chronicle* and *Toronto Sun*. ESPN reported Wednesday it was a done deal.

It was the latest in a long line of offers made by the Rockets in the past several days.

It was so close to being done, in fact, that the Raptors were already calling other teams Wednesday morning looking for a point guard to replace Stoudamire.

But Raptors general manager Glen Grunwald slowed the process when he started receiving improved offers.

"Nothing is going to happen today," one of the sources told the AP late in the afternoon.

Stoudamire refused to talk to reporters at the team's morning shootaround in Toronto.

Sister, Sister: Williams duo on court battle heats up Australian Open

MELBOURNE, Australia (AP) — In the fragmented world of pro tennis, where men usually go one way, women the other and the squabble over prize money never ends, it is the rare match that every player wants to watch.

That match took place Wednesday at the Australian Open when Venus Williams beat her little sister, Serena, 7-6 (7-4), 6-1 on center court.

Even Pete Sampras, who hates watching tennis when he's not playing, couldn't resist seeing this one

before he went out to drub Italy's Davide Sanguinetti 6-2, 6-1, 6-2.

"It's the worst thing in the world to play a sibling," said Sampras, whose late coach Tim Gullikson often played his twin, Tom.

For 17-year-old Venus and 16-year-old Serena, so close and so evenly matched, Sampras said, "It's got to be an awful feeling out there."

Serena Williams perused a copy of "Hamlet" as she waited to go on the center-court stage, yet even that brutal tale of a dysfunctional family's dispute didn't help.

It's hard to work up enmity toward the sister who shares your hotel room, threads beads in your braids, sits across from you at breakfast, practices with you every day, and is in every way your best friend.

To beat her or not to beat her, that was Serena's question. And the answer was, she tried.

Trouble was, the slings and arrows of Serena's outrageous fortune flew wild as her serves and volleys.

The Williams sister drama lasted only two acts. In truth, their deep bow at the end with their hands clasped

drew more applause than anything they did during the play. The crowd was so quiet, you could hear the sisters' beads clacking on every point.

"Serena, I'm sorry to take you out," Venus, the U.S. Open runner-up, said as she put a comforting arm around her sister before they bowed in unison. "I really didn't want to, but I had to. Let's make sure we just meet in the finals now."

Serena accepted the apology.

"If I had to lose in the second round, there's no one better to lose to than Venus," said Serena, playing

only her fourth tournament but on her way to a ranking in the 40s. "I felt more nervous playing (Irina) Spirlea in the first round. I felt, playing Venus, it was a no-lose situation for both of us."

Serena double-faulted seven times in the first set, once more in the second. Venus had her own case of what she called the "double-fault blues" — five in the first set, when there were eight breaks of service in the first 10 games.

"I never hit that many double-faults in my life," Serena said.

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