BSERVER/ NTERPRISE

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Serving Coke County

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Friday, July 9, 1999

Memorial will honor veterans

At a stated meeting of the Bronte Order of the Eastern Star #1048, by unanimous vote, approval was granted to sponsor the placement of a permanent granite marker to honor all military Veterans who have served our country, volunteered, honorably discharged, or have made our community a part of their lives.

The committee thought it proper to name the memorial "Veteran's Memorial in Bronte". Veterans, their families, or friends may sponsor a Veteran's name on the memorial for a \$100.00 donation. All others wishing to honor our Veterans are invited to send a contribution of any amount. Any veteran from the "Spanish American War" through today's "peace keeping missions" will be welcome on the memorial.

Names and any notations such as War, Conflict, P.O.W., M.I.A., K.I.A., Purple Heart, Medals of Honor, may be placed on the marker as space permits

The committee has worked out details such as possible placement of the "Memorial" near the flag and light at the Old Bronte Depot.

The committee requests all of your support as soon as possible. The granite is now available. The committee hopes to have a dedication by Pearl Harbor Day, December 7, 1999, for the new millennium.

Interest is high on the Memorial honoring Veterans. The committee continues to work to make this a successful project preserving our history in granite.

To receive a "Veterans Memorial in Bronte" form, please send a self-addressed stamped envelope to Box 46, Bronte, TX 76933-0046, and a blank form will be sent.

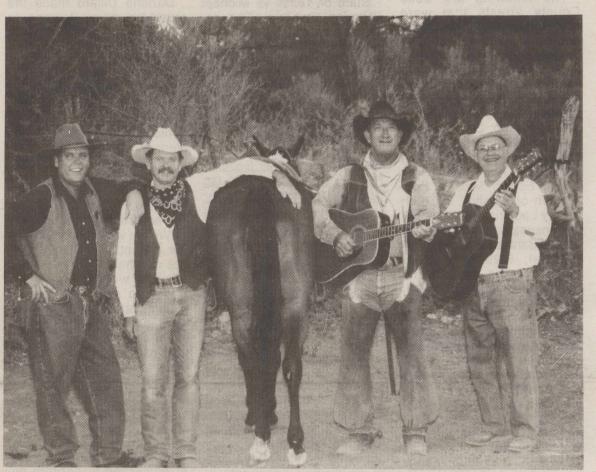
Forms will also be available at First National Bank in Bronte and Robert Lee State Bank.

Maverick Homecoming slated

All former residents and friends of Maverick are having a homecoming at the Bronte Senior Center, Saturday afternoon and evening, July 10, and Sunday morning, July 11. For more information, call Royce Lee at 473-2601.



These young ladies recently completed a series of swimming lessons with Brittany Lloyd at the Bronte Park swimming pool. They include (from left) Mackenzie Jones, Kimberly Lee, instructor Brittany Lloyd, Madelyn Davidson, Katie Austin, and Jael



Five local pageant members display their best side to the camera prior to one of last year's perfomances of "Ole Coke County - Home of the Rabbit Twisters" The two-legged cast members include (from left) Lane Arthur, Bobby Blaylock, Roger Graves, and Jim McWilliams. Performances of this year's pageant are scheduled for July 29, 30, and 31.

Swimming lessons success-ful

Swimming lessons have been a huge success in Bronte this June at the local pool. Brittany Lloyd instructed several area children, ages 4 to 12, on swimming basics. Brittany taught every child successfully and even had a few young ones jumping off the low board and high diving board.

The 8 lessons were invaluable to her students and parents too. Brittany is also offering evening adult water aerobics classes.

Angelo Civic Theater summer musical slated

The Angelo Civic Theater presents their Teen Workshop Summer Musical entitled *Crazy For You!* The typical city boy meets small town girl in this sweetheart of a show. The play will begin at 8 pm on July 15, 16, 17, 22, 23, and 24. The Sunday Matinee is at 2 pm on July 25. Call 949-4400 for reserved seating. Tickets will also be sold at the door

Jody Nix to appear in Bronte

Jody Nix and the Texas Cowboys are to appear at the pavilion in the Bronte City Park, July 10, 1999, for a country dance which starts at 9:00 pm and ends at 1:00 am. Tickets are \$10 and are available in advance or at the door.

4-H County Camp slated

4-H County Camp will be held July 21-22 at Hords Lake in Coleman. Deadline to participate is Wednesday, July 14. Call the extension office at 453-2461 for more details concerning the changes in the county camp.

BHS Reunion slated

The classes of 1961-1967 will be celebrating their joint class reunions at the Goodyear Activity Building, 18 miles south of Bronte on US 277, Saturday, July 10.

The meal is at 6:30 pm. Reservations should be made by calling Jeanna Lee at 473-3811 or 473-3021. The deadline for reservations is July 1

Anyone wanting to come visit is welcome to stop by at 7:00 pm.

Several former teachers are expected to come.

Brush Tour slated

There will be a Brush Tour on Salt Creek Beefmaster Ranch, owned by Don Fields and Troy Wimberly, Saturday, July 10, beginning at 9:00 am. We will meet at a prickly pear test plot next to Highway 158, just past Salt Creek bridge, first.

Following the pear evaluation, we will go up to their pasture and have a demonstration of various spray rigs, how much to spray and some information on drift management. CEU's will be given for drift management, laws and regulations and general hours.

CBC VBS slated

Central Baptist Church of Bronte will have Vacation Bible School for five evenings from 6:30 pm to 8:30 pm, July 12-16. All children ages 4 through 6th grade are urged to attend for a trip through the Holy Land. For more information, call 473-4811 or 473-4331.

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SUBSCRIPTION RATES

Per Year in Coke County.....\$20.00 Per Year Elsewhere in Texas.....\$22.00 Per Year Outside of Texas.....\$25.00

Coke County arrests, charges

filed

The following are Coke County arrests that were made and charges filed during June.

Beau E. Boxell, Theft, 6-2-99; Jason Joe Martinez, Theft of a Firearm, 6-4-99; David Allen Baker, Driving While Intoxicated 3rd, 6-4-99; William Jeffery Wilson, Driving While Intoxicated 1st, 6-4-99; Larry Wayne Graves, Criminal Trespass, 6-11-99; Jeremiah Wayne Edging, Minor In Possession of Alcohol, 6-19-99; Jeffrey Laurence Smith, Minor in Consumption of Alcohol, 6-19-99; Santos Sierra, Criminal Mischief, 6-20-99; Victor Elonzo Torres, Jr., Driving While Intoxicated, 6-20-99; Gabriel Juarez Tovar, Public Intoxication, 6-20-99; Curtis Lee Chapman, Driving While Intoxicated and Possession of Controlled Substance, 6-21-99; Brenda Jean Ellis, Assault with a Deadly Weapon, 6-22-99; Blake Orland Payne, Driving While License Suspended, 6-25-99; Albert Grimaldo Garza Jr., Public Lewdness, 6-25-99; Tammy Lavon Crider, Public Lewdness, 6-25-99; Terry Nanny Holland, Making Alcohol

Revoke Probation, 6-30-99. The following out-of-county warrant was served. Blake Orland Payne, Theft-MTR, Brazos County Warrant.

Available to a Minor-Motion to

Coke County Court Dispositions

The following are Coke County Court Dispositions for June 30, 1999.

State of Texas vs. Marvin Odell Sales, Charge: Driving While Intoxicated, Plea: Fine \$500, Court Costs \$184.25, 5 days Jali Time, credit given for

all time served.

The following are Coke County Court Dispositions for July 2, 1999

State of Texas vs Michael Brandon Roberts, Charge: Criminal Trespass, Plea: Fine \$200, Court Costs \$184.25.

Coke County Library News

The Coke County Library has received some new summer reader books. They include Bravo. Amelia Bedelia; Fox at School and Fox On Wheels; The Saddle Club: Horse Fever; Amber Brown Goes Forth; The Adventures of Captain Underpants; Junie B. Jones Is Not A Crook; Boys Know It All; Rockabye Crocodile; Ticklemonster And Me; Exploding Ants: Amazing Facts About How Animals

Exploding Ants explains that there is a species of ants that are designed to explode. They make themselves burst to defend their colony from other invading insects. When the ants explode, they spray out a sticky chemical that kills or glues their opponents in place. Other chapters include "A Disgusting Disguise", "A Very Slimy Supper", "Bursting with Blood", and "A Smelly Proposal".

A record number of books were circulated among the Coke County Library readers for the month of June. Nine hundred and eighty books came and went. Sometimes the shelves were a little bare. Thanks to all who return books on time.

Library hours are Tuesday, 8 am-12 pm; Wednesday, 8 am-4 pm; Thursday, 1 pm-5 pm; and Friday, 8 am-12 pm.

Shannon's **Pulmonary Rehab** program works to put wind back in patient's sails

In an effort to bring new breath to patients suffering with chronic lung disease, Shannon Medical Center developed and opened the area's first pulmonary rehabilitation program.

"We hope this program will open doors for patients across West Texas that suffer with chronic lung disease," said Tresa Anderson, CRTT-RCP, program coordinator. "Because this program is the first of its kind in the Concho Valley, we want it to be accessible for everyone from Big Spring to Del Rio."

Darlene Dillard made the round-trip from Rowena to San Angelo, three days a week for eight weeks, and now attends the maintenance program twice a week.

"This program has given me back my life," Dillard said.

The program has also had patients from Christoval and Menard.

Pulmonary rehabilitation helps patients improve the quality of life through carefully monitored exercise, education and emotional support.

"We are looking to maximize our patients' functional abilities and help them find more efficient ways to breathe," Anderson said. "When the patients and their families understand the disease process better and come to terms with their diagnoses, we can then move forward to helping them adjust and improve their function," Anderson said.

Chronic lung disease, or COPD, includes chronic bronchitis, emphysema and asthma and can lead to a loss of motivation to perform everyday activities such as walking, shopping or getting dressed

The eight-week long program includes three components: education, exercise and emotional support.

"While the focus of our program is to restore and promote better lung health, we work with our patients to help them maintain a positive attitude toward living while still knowing the facts about their illness and being realistic," Anderson said. "We emphasize the need for patients to take an active role in the rehabilitation plan, not only to make decisions about their lung health, but also to increase their pride and self-esteem throughout the program and after they graduate."

"Before this program, all I did was sit in my house and watch TV," said Jim Brooks, a member of the pulmonary rehab's inaugural class. "Now I have a little more strength and energy to mop my floors and clean my house."

COPD patients stress how difficult it is to do ordinary, mundane things when they are fighting for every breath.

And for those individuals struggling with each breath they take, the skills they learn and the relationships they form during the pulmonary rehab class are vital.

For more information on Shannon's pulmonary rehab program, call (915) 659-7277. A physician referral is needed to enter the program.

Luckett July 4th gathering held

Celebrating Fourth of July with our flag, Ole Glory, waving in the wind at the Box L Ranch were the Luckett Gang and friends.

Dewey Luckett was the chef who barbecued the goat. Everyone agreed he won the blue ribbon as the meat was very delicious along with all the food others brought. Baked beans, potato sald, onions, tomatoes, pickles, cantaloupe, watermelon, homemade bread, cokes, ice tea, lemon pound cake, cookies and don't forget the freezer of homemade ice

The children put on a show with firecrackers after supper which was very pretty. One of Billy Joe's grandsons, Corey, captured a non-poisonous snake and put it in a plastic container to take home to join his collection of other snakes.

Those enjoying the evening were Joy McDaniel; Darrell and Peggy Bozarth; Debbie and Scott Bayer, Aaron, Amanda and Corey all from San Angelo. Jim and Lois Dunklin from Robert Lee; Dale and Cindy Luckett from Abilene; Shane Luckett from Dallas: Marilyn Austin and husband, Bernie; Bily Joe and Diane Luckett, Joey Luckett, Dewey Luckett and Helen Murtishaw all from Bronte.

Hole-In-One at Singing Winds

John DeAnda made a holein-one at Singing Winds golf course in Bronte, June 26, 1999. He used a four iron on the first hole. The shot was witnessed by Frank DeAnda and Pete Bautista.

4-H Horsemanship Clinic slated

On Tuesday, July 20, there will be a 4-H Horsemanship clinic at 6 pm at the Bronte Roping Arena. All ages are invited to participate.

For more information, contact the Extension office at 453-2461.

Churches of Robert Lee Invite You to Worship

Emmanuel Pentecostal PO Box 609 • 1019 Colorado City Hwy (915) 453-2360 Rev. Ray Aldridge, Pastor Sun. 10 am & 6 pm, Wed. 7 pm First United Methodist Church PO Box 144 • 9th & Chadbourne (915) 453-2417 Rev. Jim Reeves, Pastor

11 am Worship Wed. 7 pm Choir Northside Church of Christ PO Box 388 •9th & Chadbourne (915) 453-2619 or 453-2270 Tommy Williams, Minister Services: Sun. 10 am & 6 pm;

Sun. 10 am Sunday School

Wed. 7 pm **Pecan Baptist** PO Box 542 • 12 W. Sterling City Hwy (915) 453-4645 Rev. Dale Patterson, Pastor Sun. 10 am, Sunday School

11 am, Worship Southside Church of Christ PO Box 698 •8th & Houston (915) 453-2176 Frank J. Daniels, Preacher

Sun. 10 am, Sunday School 11 am & 6 pm, Worship Wed. 7 pm, Worship Victory Assembly of God PO Box 638 •6th & Houston (915) 453-2208

Rev. Loyd Thurman, Pastor Sun. 9:45 am, Sunday School 11 am & 6 pm Worship Wed. 7 pm, Worship Robert Lee Baptist Church

PO Box 493 •22 W. 11th (915) 453-2724 Bro. Miller Robinson, Int. Pastor Sun. 9:45 am, Sunday School

11 am & 7 pm, Worship Wed. 7 pm, Prayer Meeting Our Lady of Guadalupe Catholic Church 601 W. 10th (915) 365-2687 Rev. Hubert Wade, Jr., Pastor Sat. 6 pm

IVEY MOTOR COMPANY, INC. YEAR END CLEARANCE SALE!!!!

New! '99 Super Cabs Power Stroke Diesels XLTs

Very Well Equipped 12 Left to Choose From & More Coming! Example Stock #9362 \$30,840 SPECIAL DISCOUNT.....\$ 750 IVEY DISCOUNT \$ 3,100 Possible Farm Bureau Disc \$ 500 TOTAL SAVINGS \$4,350.00

1995 Eddie Bauer Explorer \$14,750 \$23,995 1997 Lincoln Town Car 21,000 Miles \$18,750 1996 Lincoln Town Car

Signature Series

Year End Sale Prices & BIG Rebates!

1999 Crown Victorias • 5 to Choose From! 453-2715

Diane's CHUCKWAGON

New Hours

Sunday through Thursday
7 am to 3 pm
Friday & Saturday
7 am to 10 pm
I apologize for any inconvenience this
temporary change may cause.

Daily Lunch Specials \$3.95
Friday Night
All You Can Eat Catfish
Saturday Night
Steak Night
\$7.95

Hwy 158 (5 mi. West of Robert Lee) • 453-9008 Hwy 158 (5 mi. West of Robert Lee) • 453-9008

Thank You For Your Support.



Bruce Sonnenberg's character "Slim" looks ready to leave the country when he sees his mail order bride "Bertha", played by Candace Phillips. The pair performed in the Mail Order Brides scene of last year's production of "Ole Coke County - Home of the Rabbit Twisters" held at the Mountain Creek Amphitheater in Robert Lee. Performances of this year's pageant are scheduled for July 29, 30, and

35th Jaycee Roundup weekend slated

It's Roundup time in Mason

County and this year's events will take place on Friday and Saturday, July 9 and 10.

Friday's events will be a rodeo and dance at Ft. Mason City Park. The rodeo will be produced by the Lester Meier Rodeo Company and begins at 8:00 pm. The dance will be under the stars with music by Ryan Thomas and will begin at 9:30 pm.

Kicking off a fun-filled, family oriented day on Saturday, July 10, on the historical town square, will be the big parade around the square. Judging is at 9:00 am with the parade beginning at 10:00 am. Other activities include the Arts and Crafts Fair, sponsored by the Mason Arts and Crafts Guild and open from 9:00 am to 5:00 pm on the beautiful pecan tree shaded courthouse lawn in the middle of the square. Handmade items made by crafters from far and near will be available as well as numerous food vendors serving everything from Cajun and German food, to snow cones and hotdogs. A special event this year will be a historical display with period costumes and early Texan memorabilia. KNEL's Tracy Pitcox and Hillbilly Hits will be providing country and gospel musical entertainment throughout the day. Admission to the crafts fair is free. In the evening, come out to Ft. Mason City Park and enjoy an old-fashioned rodeo and western dance. The rodeo will begin at 8:00 pm and the dance, with music by Ryan Thomas, will begin at 9:30 pm. The Mason County Roundup Queen and duchesses will be crowned at the rodeo.

Anyone wishing to enter the rodeo events should contact the Lester Meier Rodeo Company at (830) 997-1864. Books will open July 5 with rough stock being from 6:00 pm to 7:00 pm and timed events from 7:00 pm to 9:00 pm. Events include bareback riding, tie-down calf roping, bull riding, girls' barrel racing

(jackpotted each night), team roping, girls' breakaway roping, and calf scramble for 12 and under and 8 and under.

For more information contact the Mason Jaycees at (915) 347-6759 or (915) 347-5921. For craft/food booth applications, call the Mason. Arts & Crafts Guild at (915) 347-1020 or (915) 347-6472.

POW Alert

If you are a former Prisoner of War (POW), or know of one who lives in your town, or anywhere in West Texas, please contact the VA Medical Center in Big Spring. The VA has several programs to benefit former Prisoners of War. Also, there are programs that possibly benefit the widows, past and present, of former POW's.

Big Spring VA Medical Cen-

ter maintains a master list of all known former POW's. There are 111 former POW's listed. Potentially there are 50 or 60 who may live in one of the 48 counties served by Big Spring who are not known to Big Spring VAMC.

John Webb is the POW Coordinator at Big Spring VAMC. Please call him or Beverly Averitt toll free at 1-800-472-1365, ext. 7040.

There are in West Texas 3 Chapters of the American Ex-Prisoner of War Association. If you prefer, please contact any member of that organization.

West Central Texas Chapter, Connell Taylor, Commander (915) 676-7605.

Concho Valley Chapter, Howard Drake, Commander, (915) 942-8046.

Permian Basin Chapter, Buck Turner, Commander, (915) 263-3159.

Jody Nix and the Texas Cowboys

at the Pavilion in the Park Bronte, Texas

July 10, 1999 ~ 9:00 p.m. till 1:00 a.m.

\$10 per person . Available in advance or at the gate.

Shamrock Clinic of Robert Lee To better serve our patients...

The Shamrock Clinic of Robert Lee will be closed for renovations

July 12-26. The clinic will reopen for regular business bours Tuesday, July 27.

We apologize for any inconvenience!

For more information, call 453-4516

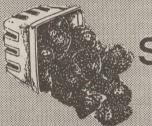


Shamrock Clinic of Robert Lee, 722 S. Washington, Robert Lee, Texas 76945



Breasts ь. . 99





California Strawberries .99 1 Lb.

Stewed, Diced or Whole Peeled IGA

Tomatoes 3 14.5-16 / \$ 1





Ranch Style Beans 15 oz. / \$ 1

Asst'd Varieties Minute Maid Orange Juice 64 oz.





ctn.

Asst'd Varieties Blue Bell Ice Cream

2 1/2 gal. / \$6

Time to treat for cattle grubs

Cattle grubs are internal parasites and their damage is largely unseen, yet they cause greater economic losses to the U.S. beef industry than any other inset pest.

While grubs are usually found on the backs of infested animals during the winter months, that's not the time for control measures since the pests have already done their damage. Feed efficiency and animal vigor are greatly reduced in infested animals.

Grubs are the larvae or worm state of heel flies, and adult heel flies are active over most of the state from March

New yard care guide helps homeowners cut pollution and waste,

conserve water

Just in time for summer, the Texas Agricultural Extension Office is offering free copies of a new yard care guide that shows citizens how to cut pollution and waste, and conserve water. The new guide illustrates how to maintain a healthy yard and environment with a minimum of cost, work and waste.

The guide, produced by the Texas Natural Resource Conservation Commission, follows a four-step plan-grasscycling, mulching, composting (including worm composting), and green landscape design and yard care-called Yard-Wise. To obtain a free copy of A Green Guide to Yard Care, contact Coke County Extension Office, County Courthouse.

The guide is packed with how-to information, but it also explains the scientific principles behind these practices and the economic and environmental importance of us-

ing them.

The first three steps of YardWise-grascycling, mulching and composting-are the basic tools for building up and protecting a healthy, fertile soil. Building on this foundation, the final step of "green yard care" is arranging and watering plants and managing pests so that the yard needs little or no chemical fertilization or pest control and releases little if any sediment or chemicals to pollute the environment.

At 25 pages, including a glossary, table of contents, diagrams and references to sources of more information, this guide is comprehensive and yet easy to use.

Yard trimmings account for as much as 20 percent of landfill waste, and represent one of the state's best opportunities to reduce waste at the source, in this case, backyards in Texas.

For more information, contact Tommy Antilley at the Texas Agriculture Extension Service office in Robert Lee at 453-2461.

through May. The time to treat for grubs is now through August when grubs are small and before infested animals suffer stress, weight loss and decreased feed efficiency.

Coke County Agent

Heel flies cannot sting and cause no pain to cattle but they frighten the animals making them difficult to manage. Heel flies lay their eggs on an animal's hair in the lower leg region. Tiny larvae hatch in a few days, crawl down the base of the hair and burrow into the skin.

Thus begins a migratory course through the animal's body, congregating in the animal's throat after a few

Volunteers keep busy at CCJJC

Coke County Juvenile Justice Center had support from the community these past three months. Cupcakes were provided on the third Friday of each month to celebrate birthdays by Diane Luckett, Kay Robbins, Johnnie Andrewson, Sharon Charles, Brenda Barnett, Virginia Sissom, Bonnie Taylor, Maxine McCaully, Oleta Braswell, Angie Hoyt, Judy Driggers, Jean Fancher and Jimmie Snapp.

Chaplin Garry Bivins reported at the meeting in June that the young boys at the center look forward to the third Friday of each month. The committee is in the process of contacting people to do cupcakes for July, August and September. To volunteer, call 473-2166.

The Order of Eastern Star provided ice cream sandwiches to help celebrate the 4th of July with the boys.

The Coke County Juvenile Justice Community Council will meet again on Monday, August 2. If you would like to become a part of the planning process, please make plans to attend.

months and after eight to nine months, appear in the mature grub state on the animal's back.

The systematic insecticides are absorbed directly through the skin, circulate throughout the body and kill grubs while they are small. Injectable treatments are circulated in the body fluids to kill the invading pests.

As always, read and follow label directions when applying any form of pesticide. Remember, the best time to treat for grubs is during the early summer. With the new pour on wormers like Ivomec, Cydectin, Dectomax, etc. cattle can be effectively treated for grubs besides worms. They also give 2-4 weeks fly control. Don't wait until September to treat because the grubs are concentrated in the throat region and killing them at this stage could strangle the cat-

For additional information, contact the county extension office at 453-2461.

TDH issues hot weather advisory

The Texas Department of Health, Regions 9 and 10, advises area residents to take precautions during hot summer weather to reduce the risk of heat exhaustion and heat stroke.

Heat exhaustion occurs when a person has been in a very warm place, indoors or outdoors, has sweat profusely and has not replaced the fluids and salts lost during sweating. Symptoms of heat exhaustion include confusion, dizziness, nausea, headache, stomach cramps, shallow breathing, muscle tremors and heavy sweating.

Heat stroke occurs when the body can no longer control its temperature. A person with heat stroke will have a high body temperature (up to 106°F); hot dry skin; no sweating; a rapid heartbeat and may lose consciousness. Heat stroke can result from overexposure to sunlight or to very high temperatures (indoors and outdoors). Heat stroke can result in death or permanent disability if not

treated quickly.
To reduce your risk of heat stroke or heat exhaustion:

stroke or heat exhaustion:
 Drink Plenty Of
Fluids. You need 1 1/2 to 2
quarts of fluid each day, even
if you do not feel thirsty.
When you are working or exercising, you need even more
fluids. Choose water, fruit
juice or other non-alcohollc
beverages. Avoid alcohol,
caffeine and beverages with a

 Plan strenuous outdoor activities for early or late in the day when its cooler. Take frequent breaks when you are working outdoors.

• Wear a hat, sunscreen and light-colored, loose-fitting clothes when you are outside. Inside, wear as few clothes as possible. Babies should also be dressed in light-loose fitting clothes during the summer.

• Never leave a person or pet in a closed, parked vehicle. The air temperature in a car can rise very quickly during hot weather.

• Stay indoors in a cool environment as much as possible, until your heat tolerance is well established. If you do not have air conditioning, use fans and lower the window shades. In a very humid environment, aim your fans through the window to blow the hot air out.

• Check frequently on people who are elderly, ill or may need help.

 Make sure your pets have plenty of water and shade. Ask your doctor about the effects of the sun and heat exposure if you are taking prescription diuretics, antihistamines, mood-altering or antispasmodic drugs.

If you notice signs of heat exhaustion, move the person to a cool or shaded place and give the person liquids (cool water or fruit juice). Call a doctor for advice. If you suspect heat stroke, cool the person rapidly in a cold water bath (not iced) or wrap the person in wet sheets. Call 911 for an ambulance or transport the person immediately to the nearest hospital. Do not give fluids by mouth if the person is unconscious.

Alzheimers database launched

The National Institute on Aging has launched a searchable clinical trials database of promising compounds to treat Alzheimers disease (AD). The AD Clinical Trials Database provides information about AD clinical trials and sites, study designs, modes of action of promising drugs, eligibility criteria for volunteer participation, and locations and contact information for participating study sites. The database was developed cooperatively with the U.S. Food and Drug Administration.

To access the AD Clinical Trials Database, users can go to the NIA's Alzheimers Disease Education and Referral (ADEAR) Center Website, found at http://www.

alzheimers.org, and click on the link for Clinical Trials.

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DID YOU FORGET YOUR TRAVELERS CHECKS?

The best way to protect your cash while away on a trip is with our Travelers Checks. You can use them in place of cash, and should they get lost or stolen, they'll be replaced. We have checks in various denominations. Who could ask for more security when away from home?





Robert Lee, Texas

Robert Lee State Bank

621 Austin Street

Phone 453-2545 Tele-Bank 453-2585



Central Baptist Church

July 12 - July 16 6:30 pm to 8:30 pm

* All children • Ages 4 thru 6th grade FMI: Call 473-4811 or 473-4331



by Jan Yanez Coke County Ext. Agent

then gently wash the area. Do

not use ice or butter or break

the blisters. Apply the gel

from an aloe vera plant to the

burn area. If the skin is whitish

or charred and doesn't hurt

seek immediate medical at-

tention. This is a serious

that your child has been poi-

soned include vomiting,

drowsiness, burns around the

mouth and red eyes and skin.

If you notice any of these

signs, call your Poison Control

Center immediately. Always

keep a bottle of syrup of

ipecac on hand to help your

child vomit if Poison Control

tells you to. But never give

syrup of ipecac unless in-

structed. To prevent poison-

ings follow this advice. Keep

all medicine, vitamins and

household cleaners out of

your child's reach. Teach your

child that medicine is not

candy. Keep an eye on your

child in other people's homes.

Other homes may not be child

proof. When guests are visit-

ing keep purses and diaper

five or older, do not let him or

her eat grapes, hot dogs,

melon pieces, or anything that

is small and round. Check all

toys that your child plays with

for loose pieces and sharp

edges. Learn the appropriate

method for dislodging an

object in your child's throat.

Choking: Until your child is

bags away from your child.

Poison Prevention: Signs

Keeping Kids Safe

Undoubtedly, you are conscientious about keeping your children safe. But no matter how diligently you strive to protect your kids, accidents do happen. Children are curious and always on the move and that is often how and why they get hurt. Every year, more than three million children are injured in their homes seriously enough to require medical attention. Some of the causes of injury include fires and burns, poisonings, falls, choking, suffocation, electrocution, drowning and unintentional use of guns. Keeping children safe is almost a full time job. These tips can help you protect your

Burn Basics: The most common places for a child to be burned are the kitchen and bathroom. Keep hot foods away from the edges of counters and tables. Use the back burners of the stove first and keep pot handles facing away from the edge. Teach your child not to touch the stove. Always test the water with your hand or elbow before putting you child in the tub. If your child gets burned despite your vigilance, here is what you do. Run cold water over the skin for 20 minutes,

Van Zandt reunion held

The Van Zandt reunion was held June 26 and 27, 1999, at the Bronte Housing Activity

Those present were Milton Lowry, Misha and Mason Cole Lowry and Brian Williams of Hico; Mary Lowry and Syble Truss of Gatesville; Vicky and Larry Richards of Baytown; Amy and Bobby Purcel, Rhonda Buford of Fort Worth; Gordon, Lana and Wesley Jones of Eldorado; Buford and Camron Ball, Jerry Lowry of Weatherford; Ken Van Zandt of Woodland, Texas; Larry and Joan Corley Shannon, Kenneth and Scott of North Richland Hills; John and Shannon Morrow, Travis and Shelene and Caleb Black of Mertzon; Davis and Eileen and Kurt Corley of Midland; Ray and Lanelle Johnson of Houston; Ernestine Van Zandt, Mr. and Mrs. O.P. May, Mr. and Mrs. Lynn Follis and Kacelyn of San Angelo; Mr. and Mrs. Jack Bishop, Dale, Dacie, Janel and Quade Bishop, Mr. and Mrs. Don Bishop Brooklyn and Chelston and Amanda of Bluff Dale; Mr. and Mrs. Jack Corley, Mr. and Mrs. Jim Morrow and Becky of Bronte; Christine Corley of Tennyson; Kim and Tanner Cochran of San Angelo; Mr. and Mrs. Harold Hilley and Ben of Burleson; Mr. and Mrs. Jason Corley of Austin; Rose Bishop, Troy Craddock, Melissa Sawer and Mark Tyler, Maranda and Jordan Dorsett of Brownwood; Dee Boyd of Blackwell.

Safe Baths: Never leave a child alone in the tub, even for a second. A small child can drown in only a few inches of water. Close your toilet lid. A child can also drown in the toilet. Better yet keep the bathroom door shut at all times. Use a rubber mat in the tub to prevent slipping. Keep shampoos away from your child. They may be poisonous. Do not leave razors lying on the tub side. Do not leave hair dryers, space heaters or other electrical appliances plugged near the tub or sink. Even if the appliance is turned off, your child could be electrocuted.

Be sure and keep you kid safe in your home.

Free photography contest slated

The International Library of Photography is pleased to announce that over \$60,000 in prizes will be awarded this year in the International Open Amateur Photography Contest. Photographers from the Robert Lee area, particularly beginners, are welcome to try to win their share of over 1,300 prizes. The deadline for the contest is September 15, 1999. The contest is open to everyone and entry is

"Everyone has at least one memorable photo that captures a special moment in time," stated Jeffrey Bryan, Contest Director. "When people learn about our free photography contest, they suddenly realize that their own favorite photos can win cash prizes, as well as gain national exposure," continued Bryan.

To enter, send ONE photograph in ONLY ONE of the following categories: People,



Lynn Green portrayed Slip Shot Sally in last year's production of "Ole Coke County - Home of the Rabbit Twisters" held at the Mountain Creek Amphitheater in Robert Lee. Performances of this year's pageant are scheduled for July 29, 30, and

Travel, Pets, Children, Sports, Nature, Action, Humor, Portraiture or Other. The photo must be a color or black and white print (unmounted), 8" x 10" or smaller. All entries must include the photographers name and address on the back, as well as the category and the title of the photo. Photographs should be sent to The International Library of Photography, Suite 101-9004, 3600 Crondall Lane, Owings Mills, MD 21117. Entries must be postmarked by September 15, 1999.

The International Library of Photography is an organization dedicated to bringing back the work of amateur photographers to the public's attention. You can visit their website www.thephotosite.com.

Emert makes Dean's List

Becca Emert has been named to Sul Ross State University's Dean's Honor List for the Spring Semester, 1999. It is a distinct honor to appear on this list. Criteria for selection include enrolling as an undergraduate student in Sul Ross State University for at least twelve semester hours and achieving a grade point average of at 3.3 during the semester.

Becca is a sophomore at Sul Ross and is the daughter of Tad and Therese Emert.

WHO: All girls who have completed grades K-6

WHERE: Bronte I.S.D.

WHEN: Monday, July 19 - Wednesday, July 21

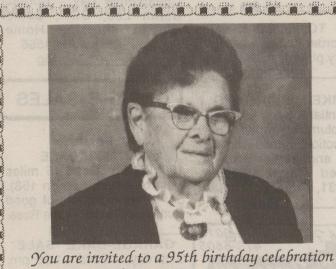
TIME: 8:00 am - 12 noon

REGISTRATION: MONDAY, JULY 19

8 am - 8:30 am

COST: \$25

Includes supervised instruction, snacks & t-shirt. All proceeds benefit Bronte Cheerleaders.



You are invited to a 95th birthday celebration honoring our Queen F.lla Pruitt

Saturday, July 10th, at 2:30 pm Fellowship Hall Central Baptist Church.

No gifts please.

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Bronte

473-6791

At a stated meeting of the Bronte Order of the Eastern Star #1048, by unanimous vote, approval was granted to sponsor the placement of a permanent granite marker to honor all military Veterans who have served our country, volunteered, honorable discharged, or have made our community a part of their lives. The committee thought it proper to name the memorial "Veteran's Memorial in Bronte". Veterans, their families, or friends may sponsor a Veteran's name on the memorial for a \$100.00 donation. All others wishing to honor our Veterans are invited to send a contribution of any amount. Any veteran from the "Spanish American War" through today's "peace keeping missions" will be welcome on the memorial.

Names and any notations such as War, Conflict, P.O.W., M.I.A., K.I.A., Purple Heart, Medals of Honor, may be placed on the marker as space permits.

The committee has worked out details such as possible placement, of the "Memorial" near the flag and light at the Old Bronte Depot.

The committee requests all of your support as soon as possible. The granite will be available for work in 90 days after June 6, 1999. We hope to have a dedication by Pearl Harbor Day, December 7, 1999, for the new millennium.

Please write or call Veterans Memorial Committee in Bronte

Bronte, TX 76933-0046 or call 915-473-2851 or 473-3761

PLEASE FURNISH INFORMATION

NAME		
Last War/Conflict/Theater_	First	Middle
Status		463/9002
Rank	A clar	13-4535 Sen And



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5 E. 6th St. " Robert Lee, TX 76945 Contact Joe Ash 453-2554 Marshall Millican 453-9002 453-5005 Robert Lee

653-4535 San Angelo

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FOR SALE Small house, 1 bedroom, 1 bath. 8 W. 17th, in Robert Lee. Call Richard Johnson at (915) 453-2031 or Beauty

Shop 453-4642. 45a-tnc

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2 bath. Single wide floor plan, Island Kitchen, Walk-In closets, too many cabinets to count and so much more! \$500 Down, \$337 per month at 10.5% APR. 360 months, W.A.C. Call Now! 1-800-698-8003.

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Bedroom, 2 Bath. Large den with fireplace. Nice trees and yard. Beautiful water front. Steve Stewart Realtor. 944-8611, nights 949-3835. 49b-tnc

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> 2 BEDROOM MOBILE HOME

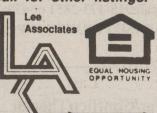
Great for retirement life or for those just starting out! Very affordable. Call now! 1-800-698-8003.

49a-4tc

49a-1tc

BUY OF THE MONTH! Brick home with fireplace, 1 1/2 baths, garage, excellent location and priced for quick

Call for other listings.



Elaine Lee, Agent 453-2995

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A-1 Homes. 800-626-9978.

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ONE STOP SHOPPING! We have land available for mobile homes. Developed lots with water and sewage and undeveloped acreage. Land home financing available. 1-800-698-8003. 49a-4tc

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FOR RENT

FOR RENT

in Robert Lee. Nice, furnished trailer house. Water and gas paid. Call 944-8990. 48-2tp

TAKING APPLICATIONS for one, two & three bedroom apartments. Contact Housing Authority of Robert Lee, 710 N. Bishop, 453-2912. Equal Housing Opportunity. 49a-EOW

HOME TO RENT Family of five looking for home to rent, ASAP. Please call Johnny or Laurie Sevier at

453-4637.

RENTERS WANTED! \$500 DN Allows you to own a 3 or 4 bedroom mobile home with approved credit. Stop throwing money away and start investing. 1-800-698-8003.

49a-4tc

49-1tp

MISC

JANA BRISBIN'S LAWN mowing, tree trimming and landscaping service, 453-2353.

45-6tp

FREE TO GOOD HOME Male Border Collie. 1 year old and very playful. 453-2101. 49-1tp

PARKER PLUMBING Residential & Commercial. All types plumbing repair - new construction, remodeling, fixtures, and sewer service. Licensed Master Plumber. 473-2131, Bronte.

34b-tnc



D & L DOZER SERVICE & CUSTOM FARMING Larry Spivey, owner-operator. PO Box 160, Bronte, Texas.

653-1152 or Phone (915) 282-3038. 45b-tnc

> THE "BARBER" SHOP Hair care for the whole family. Located at 223 N. Lombard, Bronte (off Robert Lee Highway). 473-4026. Open Monday, Tuesday, Wednesday 9-5, Saturday 9-12. Late appointments if necessary. Owner Debora Frazee-England.

15b-tnc

MOWERS REPAIRED MOWERS FOR SALE 305 E. 3rd, Robert Lee. 453-2363.

TREES TRIMMED, topped or removed. Call 453-9902 after 6 pm.

48-2tp

NOTICE

We will be closed Friday, July 9 at 12 noon and be closed all day Saturday, July 10. Key Feed Store.

48-2tp

ATTENTION RANCHERS We build and repair all types of fences. Free estimates. (915) 677-2853.

48b-9tc

DONNIE'S APPLIANCE & REFRIGERATION

Window Units serviced and repaired. Electrical Troubleshooting. (915) 453-2188. 37a-tnc

BOARDING HORSES and short hauling. Charges by day, week, or month. Hauling by the mile. Call 453-2796 for J.F. If no answer, leave message. Nights 453-2906,

ask for Joe D.

I LOST 47 LBS with Metabolife 356TM. Call Leslie Thurman, Dist. 453-2076.

17a-tnc

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W. H. & Pat Smith, local representatives, 215 S. Melwood, Winters (915) 754-4727. Free estimates. 100% financing WAC.

42b-tnc

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HELP WANTED CNAs needed for all shifts. Full time and part time. Competitive pay. Contact Sarah Lee, DON, Senior Citizens Nursing Home,

Winters. Phone 754-4566. 36b-tnc

GARAGE SALES

3 FAMILY GARAGE SALE

150 Wildcat Road (5 miles west of Robert Lee on 158). Some furniture, lots of good stuff. 8 am-3 pm. Roxie Ross. 49-1tp

GARAGE-BAKE SALE Saturday, 8:30 am-1:30 pm, 6th and Houston, Robert Lee, to raise money for youth camp. Victory Assembly of God. It you have garage or bake sale donations, call 453-2076.

49-1tp

CARPORT SALE Saturday, July 10, 8 am to 3 pm. East 6th and San Angelo Hwy, Robert Lee. 49-1tp

CARD OF THANKS

CARD OF THANKS

Thank you to all of my many family, friends and neighbors for all their cards and prayers during my stay in the hospital. May God bless each and every one of you.

Nellie Ross and family 49-1tp

CARD OF THANKS

The Bronte Little League would like to thank the following people for helping to make our adult slow-pitch fundraising tournament a huge success. Kenny White for working on the fields for 3 days; Kathy and Kyle James for donating time and ice; Shaye Coalson for going to Wal-Mart at 1:00 am Friday night to replenish concession goods; Doug and Angie Hoyt for coordinating and directing; Town & Country for ice and drinks; members of the Bronte PTO; Scott Jackson of Robert Lee for installing lights; Clint Porter for park maintenance; Rick Royall for mosquito control; Sharon Charles, Cheryl Torres and Twanette Kelley for clean up. This tournament would not have been possible without these people volunteering their time.

49b-1tc

NOTICES

THE CITY OF BRONTE, TEXAS

is not accepting bids for a brush chipper per specifications. Sealed bids will be received until 5:00 pm, July 26, 1999, at the office of the City Secretary, City Hall, Bronte, Texas, 76933. The bids will be opened and read aloud in the Council Room on July 27, 1999, at 9:00 am. Contact the City of Bronte, (915) 473-3501, for specifications. 49b-2tc

NOTICE OF IMPOUND-MENT OF ESTRAY

On the 23rd day of June, 1999, I impounded the following estray: Bovine, Hereford, Red and White, Bull, 10 years old, 1100 lbs, horned and on the 28th day of June, 1999, I filed a Notice of Estray in the Estray Book of Coke County, Texas. I have made a diligent search of the register of recorded brands in Coke County, Texas, for the owner of said estray, but the search did not reveal the owner.

Notice is hereby given that, if the ownership of said estray is not determined by the 14th day of July, 1999, said estray will be sold at public auction at Producers Livestock Auction, San Angelo, Texas.

Witness my hand this 28th day of June, 1999.

Marshall Millican (Sheriff of Coke County, Texas) (Designee of Sheriff of Coke County, Texas) 48a-2tc

Bush Gallery opening a success

Declaring that it had done "a magnificent job" telling the story of World War II, former President George Bush cut the ribbon on the new George Bush Gallery of the National Museum of the Pacific War in Fredricksburg, Texas, on June 11, 1999.

An estimated crowd of 5,000 cheered the former Commander-in-Chief as a Navy F/A A-18 Hornert jet streaked through the sunny skies and the Sentimental Journey Orchestra broke into wartime melodies.

The event marked the first opportunity for the public to view the new 23,000 foot gallery, the latest in a series of planned additions to the popular Admiral Nimitz Museum & Historical Center. The Bush Gallery honors the former President in more than name only. Part of the exhibit is the story of Bush's exploits as a young Navy pilot, shot down after a bombing raid on ChiChi Jima. Black and white video captures the rescue of the future President as he was plucked from the Pacific by an American submarine.

President Bush was visibly moved by the footage, as he was by the entire collection of artifacts and interactive exhibits. He took frequent stops to examine artifacts on display and explain the history to his grandson, Jeb Bush, who accompanied him on his third trip to Fredericksburg.

After a private tour of the gallery and luncheon in his honor, President Bush expressed his humility and graditude to the community. "I

RLVFD News

by Marian Thompson, Secretary

Over July 4th weekend the fireman patrolled the lake recreation areas watching for any grass fires that could occur from fireworks. There were no reported fires, and everyone seemed to be having a good time.

The Fire Department held its first meeting of July on the 5th. Ten members and one visitor were present. President Keith Eubanks presided. The minutes were read and approved. No treasurer's report was available, due to the holiday.

Chief Rick Drennan reported on the surprise visit from Ron Perry of the Texas Forest Service. He was interested in the progress we are making in getting the 6 by ready to put into service.

The group discussed the uses of and costs of a piercing nozzle, a monitor nozzle, and advisability of putting the water tank on skids, the cost of a foam unit, and the cost of the soap for such a unit. They discussed fund-raisers and plan a work night for next Monday.



453-2522

don't feel anyone owes me a thing," President Bush stated. "I feel fortunate I was part of a generation able to do something for the defense of freedom. There were many more deserving."

During the ceremony, President Bush was named an honorary Texas Game Warden of Texas Parks and Wildlife. General Terrence R. Dake, Assistant Commandant of the Marine Corps, delivered the keynote address.

"World War II shaped the world as we know it," General Dake said. "It brought the United States through the crucible of combat to become the world power we are today. America will not compromise the things we hold dear. President Bush was a President who set the standards of a generation. Because of him, we stand tall today."

The day of events was a complete success, according to organizers.

"It was particularly poignant seeing the President go through the museum with his grandson. He was able to specifically and graphically point out the island of ChiChi Jima on a map--indicate the dye pack on a Mae West exhibit and share with his grandson his story," stated C.D. Grojean, Rear Admiral, U.S. Navy (retired), Executive Director of the Admiral Nimitz Foundation.

The new gallery takes visitors from the pre-dawn scene of December 7, 1941, through the signing of the armistice. Along the way, museum-goers will view a Japanese midget submarine and a B-25 bomber, and stroll the deck of the USS Hornet

and the beaches of Guadalcanal. Lighting, music, sound effects and animatronic figures create a moving and believable experience.

The Gallery is the latest in a long-range series of expansions planned for this popular museum complex Fredricksburg, Texas. Since 1969, the Admiral Nimitz Museum Historical Center has told the story of America's military involvement in the Pacific Theater of World War II. The museum is located in Fredericksburg in honor of Admiral Chester W. Nimitz, Commander-In-Chief of the Pacific Theater, who was born in this scenic hill country community.

Board members next turn their attention to developing the Center for Pacific War Studies, with plans to include a new library and archives designed to aid in research. An additional wing will bring even more exhibits areas to the center. The Admiral Nimitz Museum & Historical Center is part of the Texas Parks & Wildlife system.

The new George Bush Gallery is now open daily from 8 am to 5 pm. Admission to the George Bush Gallery and Admiral Nimitz Museum is \$5 for adults and \$3 for students. More information is available by calling (830) 997-8515, or by visiting the website at www.nimitz-museum.org.

Know the Facts about Skin Cancer Information from the American

•Skin cancer is the most common of all cancers. One out of every five people in the

Insurance

Claims

Assistance

Auto Refinishing

AND

Collision Repair

adalound U.S. will develop skin cancer during their lifetime. Because we live in a

•Because we live in a southern state where the sun is stronger, the number or skin cancers diagnosed is higher than in most other states. This year an estimated 2,900 Texans will be diagnosed with the most deadly form of skin cancer - malignant melanoma.

•Exposure to UV radiation through sunlight or tanning booths increases the risk of all skin cancers.

•People with a lot of moles or who have moles that are large have an increased risk of malignant melanoma. Risk of malignant melanoma is greater if there is a family history (mother, father, brother, sister, child) of the disease.

•People that have been treated with medicines that suppress the immune system may also have an increased risk of melanoma.

•Exposure to certain chemicals, such as arsenic and coal tars, or to high dose x-ray treatments have been associated with skin cancers.

•Although rare, the potentially deadly melanoma skin cancer can develop in the childhood or teenage years.

•Sunscreen is necessary even on cloudy days when 70-80% of the harmful rays can go through cloud cover. •The sun's rays can burn in up to 3 feet of water and can reflect off sand, water, concrete and similar surfaces.

•Certain medications can make your skin more sensitive to sun damage.

•Both basal and squamous cancer are typically found on exposed parts of the body such as the face, neck, forearms and scalp. Malignant melanoma, the most deadly form of skin cancer, may be found on skin that is always covered.

•Malignant melanoma, like basal cell and squamous cell cancers, is almost always curable in its early stages. Melanoma is much more likely than basal or squamous cell cancer to spread to other parts of the body.

•African-Americans and other dark-skinned people usually get skin cancer on the lighter (less pigmented) areas of their body such as palms, soles of their feet and fingernails.

•Self-exams of the skin are recommended every one to three months. Any suspicious skin problems should be checked by a dermatologist.

For more facts on skin cancer and how to reduce your risk call the American Cancer Society at 1-800-ACS-2345 or visit the website at www.cancer.org.



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Well-cooked meat, clean surfaces help keep food-borne illnesses on ice

Warm weather signals the season for picnics and backyard barbecues. And as the temperature rises so do the possibilities for food-borne illnesses.

Hamburgers are a favorite for the grill. But attention to food safety is as necessary an item on the menu as the mustard, mayonnaise, pickles, lettuce and sesame-seed buns. "Proper food handling practices are extremely important to prevent illness," said Steven McAndrew, director of the Retail Foods Division at the Texas Department of Health (TDH). "Cooking foods thoroughly and keeping hands and work surfaces clean are vital elements."

Among his suggestions: "Be sure all work surfaces and utensils are clean before preparing food. Don't use the same cutting board, platter or utensils for raw meat as for fresh or cooked foods. And don't cut up vegetables or fruits on the same board just used for raw meat or poultry.

"Use different cutting boards or thoroughly wash and sanitize the one used," McAndrew said. "A simple, inexpensive solution for sanitizing food preparation surfaces is one tablespoon household bleach in a gallon of water. And always wash your hands. Any bacteria in raw meat or juices can contaminate other foods."

It is the bacteria in raw meat, especially beef, and other foods that can lead to illness. In particular, *E. Coli* 0157:H7 (formal name *Escherichia coli* 0157:H7) infections can cause severe diarrhea, nausea and cramps.

"We have seen an increase in confirmed *E. Coli* cases recently," said David Bergmire-Sweat of the TDH Infectious Disease Epidemiology and Surveillance Division. He said that while the TDH Laboratory usually confirms one to two cases a week, 11 have been confirmed in a little less than a month's time.

"This is not an outbreak," Bergmire-Sweat said. "Illnesses have been reported around the state in counties including Dallas, Galveston, Bexar, Hays, Bastrop, Gillespie, Hood and Brown. And increases in *E. coli* illnesses do occur in the summertime."

"But we want to remind people of the importance of safe food handling and cooking practices," Bergmire-Sweat said.

"When it is time to cook the food, be sure to cook it thoroughly," McAndrew said. "A meat thermometer gives accurate internal temperatures. Beef, veal and lamb steaks and roasts should be cooked to 145 degrees Fahrenheit, pork and ground beef to 155 degrees Fahrenheit. Poultry should reach 165 degrees Fahrenheit.

Even without a meat thermometer, McAndrew advises looking for signs that the food is done. "Cut into the food to check; don't guess. Juices should run clear. Hamburgers should be medium well to well done and brown in the middle. Poultry should have no pink to it."

A special precaution both McAndrew and Bergmire-Sweat underscore: Don't put the cooked food back on the plate or in the pan that held raw meat or poultry. Cooked food can easily be contaminated by juices left from raw meat and poultry.

McAndrew offers several other preparation sugges-

• Defrosting. Completely thaw meat and poultry before grilling so it cooks evenly. Use the refrigerator for slow, safe thawing. Microwave defrost only if the food will be placed on the grill immediately

· Marinating. Always

Letter to the Editor

Enclosed is my paid subscription for I don't want to miss any Bronte papers. I enjoy reading it from front to back. I miss the folks in Bronte.

Thanks, Mrs. J.F. Hughes marinate food in the refrigerator, not on the counter. If some of the marinade is to be used as a sauce on the cooked food, reserve a portion in a separate container before adding raw meat, poultry or seafood. Do not reuse marinade.

• Pre-cooking. If you partially cook food in the microwave, oven or stove to reduce grilling time, do so only immediately before the food goes on the grill.

• Serve the food right away. Don't let the food sit out for more than half an hour and probably not more than 30 minutes in hot weather. Leftovers that have beef off the grill for less than an hour can be taken home safely in a cooler filled with ice. Drain water from the ice chest regularly.

 And finally, the reminder for clean hands.

"Even outdoors, people need to wash their hands often when preparing food," McAndrew said. "This can be as simple as having a water jug, soap and paper towels handy."

Symptoms of E. coli

0157:H7 include bloody diarrhea, cramps and nausea and can show up from 3 to 8 days after exposure. Fever is not usually present. Although rare, this strain of *E. coli* can cause kidneys to fail or be permanently damaged. Children under age 6 and people over 65 are more at risk for kidney problems from this bacterial infection.

Most people who do get sick from an *E. coli* 0157:H7 infection recover in 5 to 10 days without antibiotics or other specific treatment.

If you have questions about food-borne illnesses or food safety, call the Texas Department of Health Retail Foods Division in Austin at (512) 719-0232.



Keeping an eye on Texas

I scream, you scream, for ice cream

Texas is among the top 10 states in the production of 20 commodities and food products. The top three include a cool summer favorite:

- 1 lowfat ice cream mix
- 2 ice cream mix, peanuts, pecans
- ice cream, broccoli, honey dew melons, cantaloupes, celery, spinach, grapefruit,
- 4. bell peppers, watermelons, wheat, rice, red meat
- 5 cabbage, cauliflower, sweet potatoes

SOURCES: Texas Comptroller of Public Accounts, (www.window.state.bx.us), and Texas Agricultural Statistics Service





