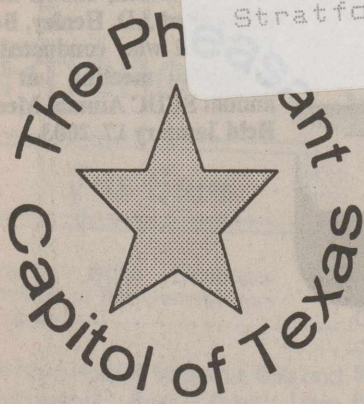


A.C. Hills
Box 1186
Stratford, TX 79084

7 / 03



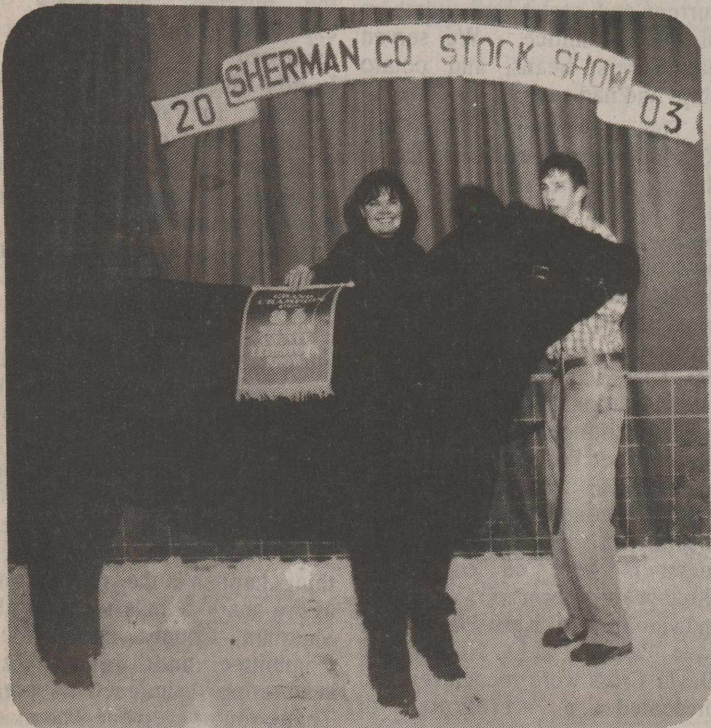
THE STRATFORD STAR

75 CENTS

Published for over 100 years in Stratford, SHERMAN COUNTY, TEXAS 79084 USPS 523

NUMBER 5 JANUARY 30, 2003

2003 Sherman County Livestock Show



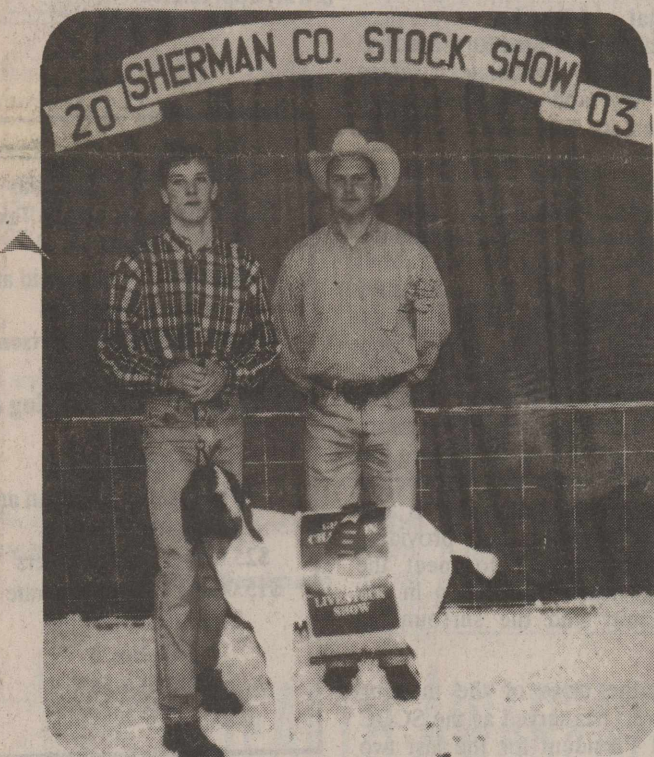
Grand Champion Steer - Case Crabtree - Buyer Walter Lasley & Sons represented by Kris Lasley.



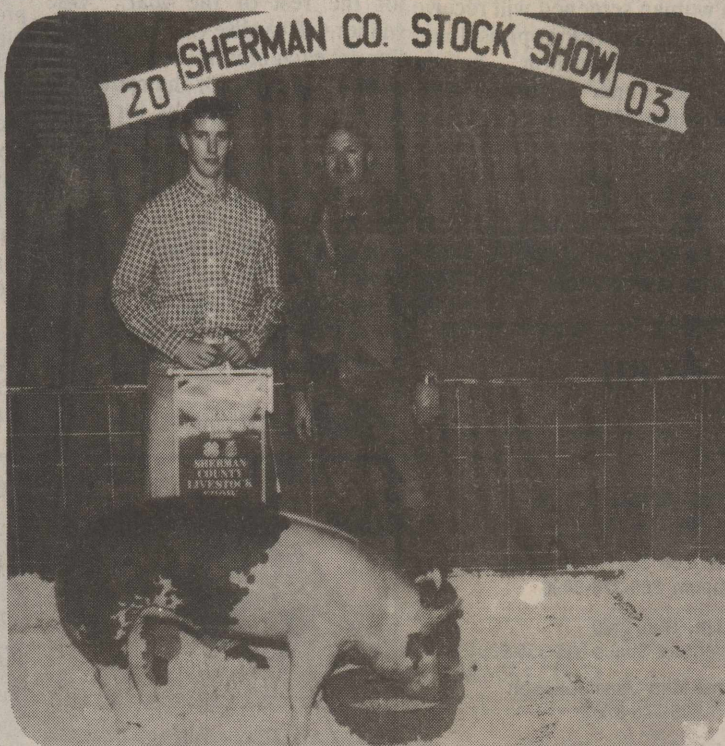
Reserved Grand Champion Goat - Alisha Sladek - Buyer Sladek Sales & Service represented by Blake Sladek.



Reserve Grand Champion Heifer - Rustin Russell - Buyer Texhoma Livestock Auction represented by Garland Dahl.



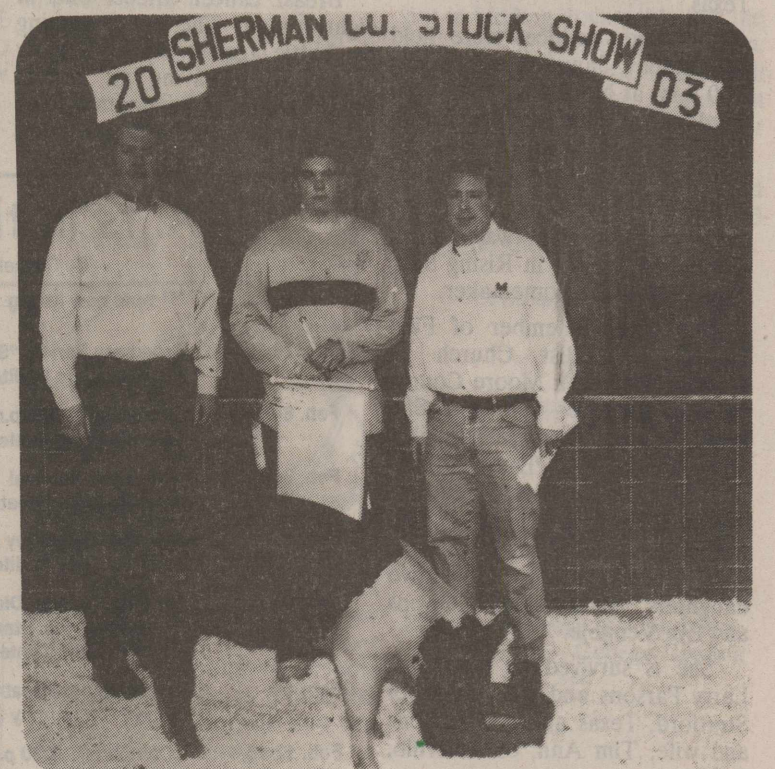
Grand Champion Goat - Dalton Sladek - Buyer First National Bank Texhoma represented by Ace Berry.



Grand Champion Swine - Tyler Haynes - Buyer Collingwood Grain represented by Barney Willborn.



Reserve Grand Champion Steer - Jordan Johnson - Buyer John Ewers.



Reserve Grand Champion Swine - Caleb Brown - Buyer Murphy Farms.

Manor Friends To Meet

Manor Friends will meet on regular date Feb. 3, 2003 at 10:00 a.m. at Coldwater Manor Nursing Home. Interested persons are welcome.



Cowboy Church Meets Wednesdays

Cowboy Church will meet every Wednesday at the County Barn at 7:30 p.m. Everyone is welcomed.

Technology Night At SHS

Have you wondered how technology is used in the high school? Just what does go on with all those computers? You can find out the answer to those questions on Thursday, February 6 from 7:00-8:30. Stratford High School is hosting a Technology Night and the public is invited. Parents, grandparents, and patrons of the Stratford School District are cordially invited to observe technology as it is used in the classroom. Teachers and Dinah students will demonstrate how technology is used and applied in the classroom. Everything from computers to calculators will be in use. Please don't miss this opportunity to view technology in action.

Sausage Dinner Coming Soon!!!

COMING AGAIN SOON!! Sausage Dinner, February 9th from 11:00 a.m. - 2 p.m. at Stratford High School Cafeteria.

It's Time For Stratford Youth Basketball Season

It's time for Stratford Youth Basketball season once again. We are excited and looking forward to another season.

We have made some changes for the upcoming season and will have a meeting to discuss these changes on Monday, February 3 at 7:00 p.m. in the home ec building at the High School. If your child is interested in participating in this program, it is very important that you attend this meeting.

If you are interested in coaching a team, please call Dinah Horsford at 366-2219 or ViAnn Reed at 366-2584 as soon as possible. If you have any questions feel free to call me at 366-2219. We look forward to seeing you there!



Grand Champion Lamb - Chelsea Christian - Buyer Collingwood Grain represented by Barney Willborn.



Reserve Grand Champion Lamb - Ryan Powers - Buyer Murphy Farms.

GRAND CHAMPION HEIFER - KYLE HORSFORD
PICTURE NEXT EDITION

Obits

William "Bill" Oakley Blain

William "Bill" Oakley Blain, 67, died January 20, 2003 in Amarillo, Texas.

Services were held on Thursday, January 23, 2003 at 3:00 p.m. at First Baptist Church in Stratford, Texas with Rev. Brent Farncey, Pastor of First Baptist Church officiating. Stratford was in Stratford Cemetery.

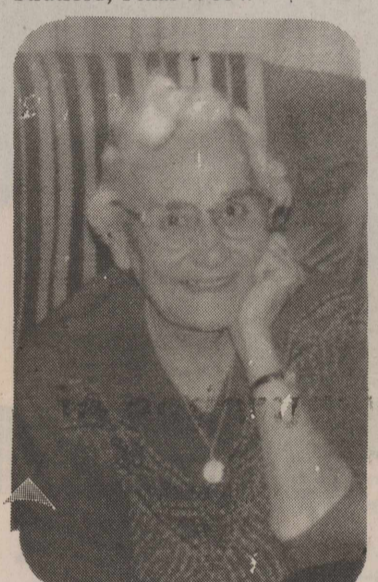
Mr. Blain was born November 10, 1935 in Paducah, Texas. He had been a Stratford resident since 1962.

He married Sharon Whitman on January 21, 1961 in Amarillo, Texas. He was a member of First Baptist church, Stratford, Texas. He was owner and manager of A&I Parts Center, for 27 years. He was a member of the first board of Stratford Area Foundation. He was named business person of the year in 1992. He served on the Fair Board. After retiring, he enjoyed farming and ranching.

He was preceded in death by his parents, Robert and Katie Blain and sister, Oubanel Stephenson.

Mr. Blain is survived by his wife Sharon of the home; one daughter LaRenda Wright and husband, Mark of Stratford; one son Garry Blain and wife, Tammy of Texhoma, Oklahoma and two sisters: Jean Stark of Amarillo and Gail Blackerby of Kress, Texas. Three grandsons: Justin Wright and Bryce Wright of Stratford, and Derek Blain of Texhoma and Katie Blain of Texhoma.

Memorials may be made to the First Baptist church, Box 390, Stratford, Texas 79084.



Bonnie Lynn Parsons

Bonnie Lynn Parsons, age 88 died January 26, 2003 in Amarillo, Texas.

Graveside services were held on Tuesday, January 28, 2003 at 2:00 p.m. at Northlawn Memorial Gardens, in Dumas, Texas with the Rev. Mark Metzger, pastor of First United Methodist Church of Stratford officiating.

Mrs. Parsons was born December 3, 1914 in Rising Star, Texas. She was a homemaker.

She was a member of First United Methodist Church in Dumas. She was a Moore County resident for over 60 years. She lived the past 7 years in Amarillo. She married W.C. "Dub" Parsons in 1932 in Rising Star, Texas. He preceded her in death in 1985. She was also preceded in death by a son, Eddie Parsons and two daughters, Bonnie Marie Owens and Eva Venable.

She is survived by two sons: Larry Parsons and wife, Doris of Stratford, Texas and Joe Parsons and wife, Tim Ann, of Amarillo, Texas.

Seven grandsons: Shannon Rodgers, CA; Rick Parsons, David Parsons and Chad Venable, all of Amarillo, Thad Parsons, Hooker, Oklahoma, Clint Parsons, Alberta, Canada and Conner Parsons, of Dallas, Texas. Three granddaughters: Lynn Rogers, Paris, TX, Tonya Pate, Houston, TX and Ashley Elliott, Canyon, Texas; and 12 great grandchildren.

- Great Sources of Calcium**
FOOD
Amount of Calcium (milligrams)
- Milk (1 cup)—300
 - Yogurt (1 cup)—300-350
 - Orange juice (fortified with calcium—1 cup)—300-350
 - Ready-to-eat cereal (fortified with calcium—1 cup) Total cereal with 100% DV of calcium—0-1000 (check nutrition label)
 - Cheese (1 ounce)—200
 - Bread (calcium-fortified—2 slices)—150-300+ (check nutrition label)
 - Almonds (1/2 cup)—180

Bob T. Baker

Bob T. Baker, 76, died Friday, Jan. 24, 2003.

Services were held at 10 a.m. Monday, January 27, 2003 in First Assembly of God in Sunray with Larry Brace, pastor of Pentecostal Church of God in Texhoma, Ok and the Rev. Roy Harris of Kerrick officiating. Burial was in Lane Memorial Cemetery of Sunray by Morrison Funeral Directors of Dumas.

Mr. Baker was born Feb. 25, 1926 in Mannford, OK and lived in the Panhandle area since 1965. He married Berlene Ashburn on Aug. 8, 1950 in Oilton, Ok.

He was the son of James and Margaret Baker. He was one of 12 children, six girls and six boys.

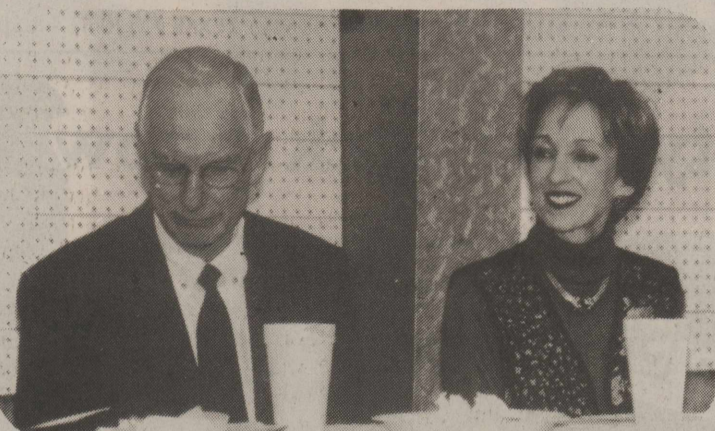
He was preceded in death by his parents; three sisters, Lessie Rich, Lillie Connors and Juanita "Sis" Poole; and three brothers, Bennie, R.T. and Jim Baker.

Survivors include his wife; two daughters, Laquita Clemmons of Texhoma and Rita Faye Ramirez of Stratford; three sons, Michael Baker of Guymon, Ok, Bobby Baker of Dalhart and Leon Baker of Elkhart, KS; three sisters, Alice Watkins of Yale, OK, Jewel Baker of Oilton and Mary Huff of Ripley, OK; two brothers, Melvin Baker of Sunray and Vernon Baker of Oilton; 21 grandchildren; 26 great-grandchildren; and many nieces and nephews.

The family suggests memorials be to BSA Hospice, P.O. Box 950, Amarillo, TX 79105.



Kristine Olsen, Executive Director of SCDC is shown above presenting a certificate of appreciation to David Cross for serving on the Board of Directors.



Dr. Bassett and Fawcayne were the guest speakers at the annual SCDC Meeting Held Friday, January 17, 2003 at the Sherman County Barn.

Executive Director, Kristine Olsen, shown at left introduced J.D. Henley, Board President who conducted the business meeting at the annual SCDC Annual Meeting Held January 17, 2003.

SCDC Annual Meeting

The Sherman County Development Committee held their 2002 Annual Membership Meeting on Friday, January 17, 2003. There were approximately 43 members present including current and past board members of the committee. We served hamburgers, beans, and potato chips and had cookies for dessert.

The Executive Director, Kristine Olsen reviewed some of the projects the SCDC has done or partnered on over the past 10 years and took a moment to thank past board members for serving on the SCDC board. Ms. Olsen also talked about some of the projects the SCDC focused on this past year, which included various transportation projects, Stratford Inn, recruiting a dairy and the Main Street Project with the City of Stratford. J.D. Henley, Board President conducted the business meeting, in which two new board members were elected to fill three-year terms. Those individuals are Kari Harris and Jade Palmer. J.D. Henley and David Cross were recognized and presented a certificate of appreciation for serving on the SCDC Board of Directors.

Fawcayne Worley and Dr. Bassett spoke to the group about the history of the Stratford Hospital District, services available at the Stratford Medical Clinic and challenges facing health care and long term care facilities in the State of Texas. Fawcayne, the administrator at Coldwater Manor, encouraged the attendees of the annual meeting to stop in for a visit sometime. Fawcayne is very excited about some of the new programs they will be offering to residents, especially the new men's only program. Dr. Bassett is the Physician at the Stratford Medical Clinic, was very enthusiastic about the changes that have occurred at the clinic since he first began working at the clinic. He is also looking forward to providing additional services to meet the medical needs for women in our community and the surrounding area.

At the close of the meeting J.D., who has served as the SCDC Board President for the last two years and is the manager at Iowa

Vet Supply, told about how his business got started in Stratford. He was very appreciative of the assistance he received through the SCDC not only when he started the business, but when he expanded his business. He expressed his appreciation to Lorie Vincent, past Executive Director for the SCDC and Kristine Olsen current Executive Director for the SCDC. J.D. thanked the sponsors for the meeting, which included, Lasley & Sons Feedyard, Stratford's First State Bank, A&I Parts, Elk Pharmacy, Duckwall's, Stratford Thriftway, Iowa Veterinary Supply, Rendon Headquarters and Steve Hays for cooking the hamburgers. J.D. thanked those for coming and their support of the SCDC. In celebrating the past success of the SCDC we are still looking forward to another great year. We hope to see some great things happen in the years to come as we mark a milestone for the Sherman County Development Committee and work toward celebrating continued success. Thank you to everyone who made our 2002 Annual Membership Meeting a success, we especially want to thank our sponsors and the membership for the support, it is truly appreciated.

A Change For EX-Students?

Should we combine the EX-Students Celebration with the Jamboree?? The tentative plan for this year is to combine the two to be held August 1-2.

Pro: Visitors would have more things to do and more people to see. The local honored class representatives would not have to plan any activities for their class. Honored classes could have a float in the Parade. Two successful events would make one big successful event.

Con: The date of the celebration date would not be a constant because of XIT. The constant date is part of the success. If the date would be moved, it should be up in July because School begins early and

school staff have trainings beginning the last week in July. The classes would not have their special time together at noon. They would have the Barbecue. The Friday night family time/fundraiser will be in direct competition with the Ranch Rodeo. There would not be a banquet but could have an Ice-Cream Social in the Afternoon with class reports. Tourism & Marketing suggest more events to bring people in to your community.

Maybe it is time for a change. The EX-Students Reunion may have run its course. What do you think.

P.S. Gaynelle Riffe needs addresses for the class of 1993.

Registration For Story Time

It's time again to register your child for the spring session of "Story Time" at the library. All children ages 2-4 are eligible to attend but they must be registered. This session will begin on February 3rd at 9:30 a.m. for 45 minutes ending at 10:15 a.m. Sessions will continue every two weeks (when the books would be due) until March 17th. Volunteers are urgently needed to read to the children and help with an easy craft. Contact Sandy at 366-2200 to volunteer or to register your child.

Give Your Valentine The Gift That Keeps On Giving

Give your valentine the gift that last all year long. Let's Make Arrangements will be selling flowers each month for the next 12 months. Tickets for the raffle cost \$1.00 each or 6 tickets for \$5.00. The drawing will be held on February 7, 2003, just in time for Valentine's Day. Proceeds from the raffle will go to the Lollipop Junction. Check the following places for tickets: Let's Make Arrangements, Lollipop Junction or XIT Communication or contact a Lollipop Board Member.

Breast Cancer Screening Clinic

The Don and Sybil Harrington Cancer Center Comprehensive Breast Center will conduct a Breast Cancer Screening Clinic at Stratford Family Medical Clinic, 1220 Purnell in Stratford on February 11, 2003.

Breast cancer affects one in eight women. The key to winning the battle against cancer is early detection by having an annual breast exam, mammogram and performing a breast self-exam

each month. Participants will receive a low-cost screening mammogram. Each woman screened will receive a breast health risk appraisal and individual instruction by a registered nurse in breast self-examination. Funding is available through the Texas Department of Health for Texas residents who qualify for assistance. All exams are done by appointment only. Call 356-1905 or 1(800) 377-4673 for more information.

Arts in the Area

By Gaynelle Riffe

*** note new listing

- Jan. 29-30 Broadway Series "SHOCKWAVE Blast II" Amarillo Civic Auditorium 806-378-3096
- Feb. 6-8 Circus Gatti 7:30p.m. + Fri. 4:00 Sat. 12:00 & 4:00 Amarillo Civic Center Coliseum 806-378-3096
- Feb. 6-22 "Chicago" Musical 8:00 p.m. Sun. 2:30 Amarillo Little Theatre Adventure Space 806-355-9991
- Feb. 8 Amarillo Symphony presents Mary Jane Johnson Amarillo Civic Auditorium 806-376-8782
- Feb. 13 Amarillo College Distinguished Lecture Series "Remember the Titan's" Herman Boone Amarillo Civic Center 806-
- Feb. 14 LaRita Dinner Theatre presents LSB Stars over Texas Dalhart Community LaRita Theatre 244-5646
- Feb. 12-15, Sun. 16 "Company" 7:30 p.m. [16-3:00] Branding Iron Theatre WTAMU 806-651-2881
- Feb. 14-16*** 20-22 "An evening of Short Plays" 7:30 Sun. 3:00p.m. Amarillo College Experimental Theatre 806-371-5343
- Feb. 18 Lone Star Ballet "AEROS" Hungarian Dance Troupe Amarillo Civic Auditorium (806) 378-3096 or 372-2483
- Feb. 21-23 "I never Saw Another Butterfly" 7:30p.m. Amarillo College Theatre for Children 806-371-6353
- Feb. 27 Willie Nelson & Family 7:30 Amarillo Civic Auditorium 806-378-3096 www.panhandtickets.com

PUBLIC AUCTION

Thursday - February 13 - 9:30 a.m.
One (1) Block West of Coop Elevator - Hwy 87 Hartley, TX

Grain Storage & Drying Equipment

Selling for Secured Creditor to the Highest Bidders: Twenty (20) City Lots - 160,000 Bushel (M/J), Storage Gins; Elevator Legs plus a 750 Bushel Grain Dryer: Dryer and property offered individually and in combination. View on your own.

BRIDGES AUCTION & SALES CO.

(580)492-5260

www.bridgesauction.com

TX Lic. #9049

15 Years, 4500 Babies In Dumas

Women's Health Center

Normal and high risk pregnancies
Gynecologic cancer screening
Breast cancer screening
Infertility and family planning
Menopause and hormone problems

Dr. Turhan I. Baykan, M.D.

Specializing In
OBSTETRICS-GYNECOLOGY
Monday - Saturday 9 a.m. - 6 p.m.

110 S. Bliss 935-6599

NEED SPRINKLER INSURANCE?

CALL ALLEN-TARVER INSURANCE

205 N. Main
STRATFORD, TX

COMPETITIVE RATES WITH MECHANICAL/ELECTRICAL COVERAGE

806-396-5810 OR 5513

Quarterly Transportation Report January 21, 2003

The following were in attendance at the noon Transportation meeting January 21: TxDOT Staff: Mark Tomlinson, District Engineer; Kenny Course, Area Engineer; Cheryl Luther, Programming and Planning and Harry Oquin, County Maintenance. Wayland Brown, Ken Forthman, Councilman B.A. Donelson and George Harding representing the City. Sheriff Jack Haile and Commissioner Sandy Tillery representing the county. Kristine Olsen, SCDC; Paula Nusz and Gaynelle Riffe, Chamber.

U.S. 287 (Ports-to-Plains) A report was made on the Ports-to-Plains Regional Summit held in November at Del Rio and Acuna, Coahuila, Mexico, attended by Don and Gaynelle Riffe and Amarillo TxDOT Kenneth Peter. The Federal Designation for the Ports-to-Plains corridor Celebration was very well attended by political figures, local citizens and covered by two TV stations. Ports-to-Plains Chairman, Randy Neugebauer is running the 19th District Congressional Seat, vacated by Larry Combest. Randy would certainly be a good friend to Panhandle Transportation. **North Bound 287.** Rehabilitation is complete from Oklahoma to Dallam County line, work to resume in April. Reauthorization of the Federal Highway Funding TEA-21, 2004 to 2010 has begun. Amarillo TxDOT will ask the state to earmark North US 287 to the Oklahoma border for special federal funding to complete the four lane divided route in the Panhandle. **South Bound 287:** The completion of the bridge project should be by February 14. The rehabilitation of Hwy 287 in Moore County is to begin in March. **Grade Separation over US 54 and UP/SP:** The first public hearing will be April 29th, location to be announced.

US 54 (SPIRIT): Senator Bingaman, NM will reintroduce his Transportation Bill to upgrade heavy traveled two lane to four lane. Public support for this bill is asked from senators and Representatives. Reauthorization of TEA-21 Chairman is Senator Inhofe, Oklahoma Federal support from these two Senators is very important to the SPIRIT corridor. Through legislation in the summer, the language of Kansas, Oklahoma, Texas, New Mexico was dropped from the East-West Trans-America High Priority Corridor. Things like that happen when you don't have someone watching in Washington. A report was made on the successful SPIRIT Annual Conference held in Liberal in October attended by Co. Judge, Kim Crippen, Paula Nusz and Gaynelle Riffe, C of C, Kristine Olsen, SCDC. SPIRIT will have friends in the NM State House. Representative Joseph Campos, Santa Rosa and SPIRIT Board member, Steven Easley, Alamogordo is appointed as Deputy Director for Information

and Technology Management for New Mexico. **Trunk system designation:** Has been put on hold. The Texas Commission will receive a personal visit following Panhandle Fays Feb. 24, 25. **Main Street & 54:** a suggestion was made by Sheriff Jack Haile to make the intersection a 4-way stop. TxDOT will investigate that possibility.

Main Street Enhancement: The Contract and first payment has been made to TxDOT. They has a special meeting with the City discuss funding and the relocation of the water main.

State 15 to Hwy. 287: connection via McKee Street will require a special meeting of the City Council, County Commissioners and TxDOT.

Kristine Olsen gave information that TxDOT Commissioner Robert Nichols term will expire and he can be reappointed. Commissioner Nichols has been a good friend to the Texas Panhandle and Stratford and she asked for Letters of support for Commissioners Nichols to the Governors Office.

TxDOT Regional Programming and Planning Meeting will be in Borger March 25.

The next Quarterly Transportation meeting will be April 29th from 5:00 p.m. To 6:00 before the Public Meeting concerning the US 54/UP-SP Grade Separation.

Prospectus Study Club News

"Crime In Sherman County" is the program slated for GFWC/Prospectus Study Club on Wednesday Feb. 5, 4:30 p.m. at Sherman County Library. A panel of Sheriff Jack Haile, Superintendent of School James Taliaferro, School Counselor Misti McBryde and others will make members aware of crime of all ages...how to prevent children from being victims of crime, youth on youth crime, youth suicide, school crimes, etc.

Margaret Reed is Public Affairs coordinator.

Plans will be completed for the Feb. 11 Coldwater Manor Birthday/Valentine Party.

OPSUs Honor Rolls

Stratford Student making the OPSU President's Honor Roll for the 2002 Fall Semester is Kristi Walden. Students qualifying for the Dean's Honor Roll for the 2002 Fall Semester are Jessica Bryson, Crystal Pitti, and Nathaniel Walden.

STATEMENT FOR PUBLICATION TEXHOMA INDEPENDENT SCHOOL DISTRICT STATEMENT OF REVENUES, EXPENDITURES, AND CHANGES IN FUND BALANCE GOVERNMENTAL FUNDS FOR THE YEAR ENDED AUGUST 31, 2002

Data Control Codes	10 General Fund	Other Funds	Total (Governmental) Funds
REVENUES:			
5700 Total Local and Intermediate Sources	\$ 1,090,132	\$ 18,416	\$ 1,108,578
5800 State Program Revenues	126,475	5,773	132,228
5900 Federal Program Revenues	799	124,216	125,005
5020 Total Revenues	1,217,406	148,405	1,365,811
EXPENDITURES:			
Current:			
0011 Instruction	718,848	50,288	769,136
0012 Instructional Resources & Media Services	21,610	-	21,610
0013 Curriculum & Instructional Staff Development	14,275	7,509	21,775
0021 Instructional Leadership	2,768	2,589	5,357
0023 School Leadership	96,238	-	96,238
0029 Health Services	709	-	709
0034 Student (Pupil) Transportation	87,057	-	87,057
0035 Food Services	2,215	95,605	97,820
0036 Cocurricular/Extracurricular Activities	1,343	-	1,343
0041 General Administration	145,274	-	145,274
0051 Plant Maintenance and Operations	106,598	-	106,598
0053 Data Processing Services	9,685	-	9,685
Capital Outlay:			
0081 Facilities Acquisition and Construction	97,148	-	97,148
Intergovernmental:			
0091 Contracted Instructional Services Between	7,919	-	7,919
0092 Incremental Costs Associated with Chapter 41	4,535	-	4,535
0093 Payments to Fiscal Agent/Member Districts of	8,712	-	8,712
6030 Total Expenditures	1,324,934	155,982	1,480,916
1100 Excess (Deficiency) of Revenues Over (Under) Expenditures	(107,528)	(7,577)	(115,105)
OTHER FINANCING SOURCES (USES):			
7915 Transfers In	16,234	7,577	23,811
8911 Transfers Out (Uses)	(7,577)	(16,234)	(23,811)
7080 Total Other Financing Sources (Uses)	8,657	(8,657)	-
1200 Net Change in Fund Balances	(98,871)	(16,234)	(115,105)
0100 Fund Balance - September 1 (Beginning)	551,243	16,234	567,477
3000 Fund Balance - August 31 (Ending)	\$ 452,372	\$ -	\$ 452,372

Application Deadline For Federal Farm Program Fast Approaching

Rebecca Hemphill, County Executive Director for the Sherman County Farm Service Agency (FSA) reminds area farmers and ranchers to make an appointment to sign-up for the Direct and Counter-Cyclical Program (DCP). The deadline to apply for DCP is April 1, 2003. This date is outlined in legislation and no extensions or exceptions will be made.

"The new farm legislation is complex in nature," said Hemphill. "Maximizing benefits received from these programs will require producers to organize and plan ahead before visiting our offices," she said. Hemphill commented that sign-up for DCP is averaging at least one hour per farm. She encourages producers to avoid procrastinating and offers the following advice for preparing for a visit to FSA. If a producer is planning to update bases and yields, Hemphill encourages using the Base and Yield Analyzer Internet tool available at <http://www.fsa.usda.gov/pas/farmbill/tools.asp>. The analyzer assists producers in evaluating a farm's historic data and enables them to make educated decisions about their specific operations.

If electing to update yields, producers will be required to provide all production records for 1998-2000. For cash leased land, FSA requires a copy of the lease agreement if available and proof of lease payment. If no written lease agreement is provided, the landowner must sign for zero shares.

Additionally, producers who have dropped, added, purchased, sold or otherwise changed their farming operation need to be prepared to report these changes to the FSA office. Also, producers must certify any 2002 crop plantings or and use changes not previously reported.

"Gathering all necessary documentation and arriving at our office with a general idea of specific farm program goals, will insure accurate program decisions and better use of staff and customer time," said Hemphill.

For more information about DCP, FSA or the farm bill provisions contact your local FSA office at 806-396-2211 or visit the national website at <http://www.fsa.usda.gov>.

Youth Team To Lead Worship

Youth Team from First Baptist Church of Dumas will lead the evening worship and activities at First Baptist Church, Stratford on Sunday evening February 2 at 6 p.m. - fellowship at 7 p.m. Come join in the worship with music and drama.

Marshall Graduates From Army Helicopter Flight School

Army Warrant Officer 1 Joshua S. Marshall has graduated from the Army Helicopter Flight School at Fort Rucker, Daleville, Ala.

During the 52-weeks of training, students complete the Aviator Officer Basic Course (Phase 1), the Initial Entry Rotary Wing Qualification (Phase 11) and an Advanced Aircraft Qualification Course (Phase III). Students learn the basics of helicopter flight and instrument readings, followed by the basic combat skills course and night vision goggles training.

Phase 1 is a verification/validation of commissioning source programs and integration/indocuration into Army aviation. The program is designed to establish performance standards and set the conditions for an officer to achieve or exceed as a warfighter and leader of soldiers and combined arms teams.

Phase 11 instructs and focuses on tactical training/education, which includes adjustment of field artillery, nuclear, biological and

chemical warfare, signal operating procedures, combined arms doctrine, threat identification, logistics, physical training, total officer concept, professional development and responsibilities.

Phase 111 is designed to provide the student with the necessary skills and knowledge needed to qualify in a specific type helicopter. Instruction includes training in the mental and physical skills required for the accomplishment of pilot duties, through instruction in aircraft systems, navigation and command instrument systems, combat skills, flight training, mission planning, and safety. Aviators receive night vision device qualification either by actual practice or by familiarization based on proficiency.

Marshall received training in the US-60 Black Hawk helicopter. He has nine years of military service.

He is the son of Mark A. and stepson of Joyce A. Marshall of Stratford, Texas.

The warrant officer is a 1993 graduate of Stratford High School.

Stratford ISD Conducts Air Quality Assessment

Stratford ISD has received the report of the indoor air quality assessment performed of all district buildings which was conducted in mid-December. The assessment was performed by Edwards Environmental, an Edwards Risk Management Inc. (ERMI) company. This IAQ service is one of the program areas provided by ERMI to districts who are members of the Texas Public Workers Compensation Program.

The assessment was proactive in nature and was designed to assess school air quality conditions before problems occurred. Edwards performed a walkthrough of all classroom and support areas of all 3 campuses and support facilities. Environmental measurements were taken of temperature, relative humidity, carbon dioxide and carbon monoxide levels. Air and bulk material sampling was performed whenever suspect mold growth was visible or conditions indicated sampling could provide definitive information.

Any samples collected were analyzed by an independent certified testing laboratory to ensure analyses were of the highest quality and that results were objective.

The report makes several recommendations to improve the overall air quality conditions such as increasing introduction of conditioned outdoor air to classrooms, and to improve filtration efficiency of this conditioned air. Areas where water incursion had occurred were identified for correction. Many previous leaks had already been repaired at the time of the assessment. Replacement of damaged ceiling materials or limited damage of under sink plywood material was usually all that remained to be corrected. The district has already begun efforts to address these items for improvement of air quality and prevention of future problems.

The full report is available at the SISD Administration office for review.

Joe Taylor, Photography

209 N. Main
(inside Let's Make Arrangements)
Stratford, Texas
806-366-2459 - call for an appointment

Weddings Families

Senior Pictures Portraits

First Assembly of God

Terry Callis, Pastor
921 Fulton
Sunday School 9:45 am
Morning Worship 10:45 am
Evening Worship 6:00 pm
Wed. Bible Study 7:00 pm

First Christian

Rev. Bob Sweeten
5th & Main
Sunday Coffee Fellowship 9:00 am
Sunday School 9:45 am
Morning Worship 10:45 am
No Sunday Evening Worship
Wed., Adult Choir 8:00 pm

First United Methodist

Rev. Mark Metzger
520 N. Main
Sunday School 9:40 am
Morning Worship 10:50 am
Junior High UMY 5:30 pm
Senior High UMY 6:00 pm
5:00 pm Cable Ch. 3 for
Morning Worship Service - Ev. worship - 7:00

St. Joseph Catholic

6th & Pearl
Rectory - 366 - 5687
Sunday morning: 8:30a.m. (English), 10:30 a.m. (Spanish)
Sacrament of Reconciliation: Before Mass.
Christian Formation Classes: K-6th Grade, Sun. - 9:00 a.m.-10:16 a.m., Jr. & Sr. High, Wed. - 6:30-8:30 p.m.

Church of Christ

Larry Evans
N. 3rd & Chestnut
Sunday School 9:30 am
Morning Worship 10:30 am
Evening Worship 5:00 p.m.
Wednesday Bible Study - 7:00 p.m.

Calvary Baptist

James Washburn
302 S. Main - 806-396-5335 lv. message
Sunday School - 10 a.m.
Morning Worship - 11 a.m.
Evening Service 6 p.m.
Wed. Service - 7:30 p.m.

First Baptist

Brent Farney
702 N. 3rd
Sunday School 9:45 a.m.
Morning Worship 10:50 a.m.
Church Training 6:00 p.m..
Evening Worship 6:00 p.m.
Wednesday Bible Study 7:00 pm

La Mision Bautista

Mision Bautista
401 S. Wall 396-5376
Domingo-(Sunday)
Estuela Dominical 9:45 am

Miercoles (Wednesday)
Servicio De Adoracion 11:00 am Estudio Biblico &
Servicio De Oracion 6:00 pm
Servicio De Adoracion 6:00 pm Se Cuidamos
Susninios Durante El Servicio.

The Churches of Stratford Welcome You

Reading The Bible

What New Year's resolutions have you made? Here is one which will encourage you for twelve months, if you follow through! What am I talking about? You guessed it! Reading the Bible. The Bible is God's book. He tells us His story. He tells us how He created this world. He tells us why we are here! He tells us why we encounter sickness and sorrow. And He tells us about His ultimate remedy for sickness, sorrow, and sin. The Bible is an exciting book. There is history. There is prophecy and poetry. There are parables. There are stories about real people like you and me; stories about their sins and their failures. But there are also stories about their victories and how God encouraged and helped them. Most of all, the Bible tells us about God and His Son Jesus Christ. It tells us why Christ died on the cross and rose again from the dead. Yes, the Bible was written that you might believe that Jesus is the Christ, the Son of God, and that believing you may have life through His name! (John 20:31).

Sponsored by:
Thriftway 396-5586
Stratford Grain 396-5541
Lautz 769-4485
Ellie's 396-2092
Stratford Star 396-5885
Walter Lasley & Sons, INC
753-4411

Templo Hispano Eben-Ezer
Pastor Roberto Frescas
205 N. Poplar - Hwy 287
Escuela Dominical 10 a.m.
Servicio De Adoracion 5 p.m.
Meir Co Les Serv De Ador 5 p.m.

Kerrick Community Church
Pastor Roy Harris
Community Building
Sunday Morning - 11:00 a.m.
Sunday Evening-6:00 p.m.
Prayer Meeting - 7:00 p.m. Wednesday

Kerrick News
By Marylou McDaniel

There were 30 enjoying Sunday dinner at the Community Center. Roy & Ciccy Harris were hosts, but Ciccy was escorting a truck to California!

Griggs ladies present were Barbara Thrash, Lorene Oyler, Geneva Wells & Joyce Wells. From Stratford were Charley Cradtree, Piper & Nathan Bennett, Merilee McDaniel.

Others were Elaine & Leo Horne of Conlen, Clifford Abbott of Canyon, and Mike & Marylou McDaniel, Bill & Pat Boren, Ted & Joyce Irlbeck, Gary Hudgens, Virgie Mathews, Dr. Gary Mathews, Marjory Munden, Jo June McDaniel, Bill & Donna Gillenwaters, Ralph, Minnie, Ralph James & Annette Hampton.

Jo June McDaniel's family had a belated Christmas Saturday afternoon! Opening packages were Whit, Jean, Rustin, Travis, Tasha, Shelby and Tasha's friend who is also named Travis. Now that could get confusing!

Thursday Jo June's brother, Penny & Linda Whitson of Clayton stopped by. They had been to Bill Blain's funeral.

Terry & Barbara Schoonover visited with his mother Eula Faye Lewis at Guymon Friday. She is recovering from surgery. Saturday was grandparent's day as they took Reed & Rett to see "Kangaroo Jack".

Kylee Gillenwaters, Amarillo, spent Thursday with her grandparents, Donna & Bill Gillenwaters.

Nita Taylor saw her doctor Tuesday in Amarillo. She has been staying at daughter Linda Keener's. Hopes to be home later this week.

Jump Rope For Heart Event To Be Held

Mary Allen Elementary to hold Jump Rope For Heart Event, February 11-14. Mary Allen students will jump into the fight against heart disease and stroke with Jump Rope for Heart. The fun starts during each grades PE/Music periods, so make plans to join us!

This popular event takes place in other schools all over the country. Students jump rope and collect donations from family and friends. Our efforts help other kids and adults who may have heart disease or stroke.

Jumpers who raise a certain amount of money receive thank-you gifts.

\$15.00-\$29.99 - Jump Rope, certificate & bookmark.

\$30.00-\$49.99 - Hand held fan plus previous gifts.

\$50.00-\$74.99 - T-Shirt plus previous gifts.

\$75.00-\$124.99 - Doughnut alarm clock plus previous gifts.

\$125.00-\$199.00 - Pro 668 Game Calculator plus all previous gifts.

\$200.00-\$299.00 - Magno Dart Board plus all previous gifts.

\$300.00-\$499.00 - Sport outfit plus all previous gifts.

\$500.00-\$999.00 - Metal Detector and all previous gifts.

\$1000.00 plus - 3-Disc CD Stereo plus previous gifts.

Jump Rope For Heart is a school fitness and education program. It teaches the value of cardiovascular fitness while raising money for research into heart disease and stroke. These diseases are our nation's No. 1 and No. 3 killers.

Jump Rope For Heart is co-sponsored by the American Heart Association and the American Alliance for Health, Physical Education, Recreation and Dance.

Life is the game that must be played.
—Edward Arlington Robinson

Kimball Earns Honors From K-State

Kansas State University is awarding semester honors to nearly 1,850 students for their outstanding academic performance during the 2002 fall semester. K-State also is awarding graduation honors to 77 students for their outstanding academic performance in their undergraduate course work at K-State.

All of the students receive commendation from their deans, and the honors are recorded on the students' permanent academic records.

Students receiving semester honors rank in the top 10 percent of their class within their respective colleges and were enrolled in at least 12 semester hours of graded course work.

K-State students who earn a 3.95 or above academic average graduate summa cum laude. The remaining students in the upper 3 percent of the college graduating class are designated magna cum laude, while the remaining students in the upper 10 percent of the class graduate cum laude.

Graduating summa cum laude were 30 students; two students graduated magna cum laude; and 45 students graduated cum laude.

K-State student from Stratford earning Texas Semester Honors for Fall 2002 is Julie Michelle Kimball, daughter of Kenton and Nancy Kimball.

Walden Receives Degree From OPSU

Seventy-one students from Oklahoma Panhandle State University graduated on December 12, 2002. Since OPSU holds only one commencement ceremony each year, graduates who completed their studies will participate in the May commencement ceremony. Nineteen of those receiving Bachelor's degrees graduated with honors.

Graduating with a Bachelor's Degree in Agribusiness is Nathaniel Walden of Stratford, TX.

AARP Helping With Taxes

The American Association of Retired Persons are again doing taxes, in your area, free of charge, for low to moderate income taxpayers.

This year, as in the past, we will be preparing taxes in the public libraries in Amarillo. The schedule is as follows:

Central Library, 413 E. 4th, Wed. Thurs. Fri from 12 to 4 p.m.

North Branch, 1500 N. E. 24th, Mon. Tues, from 12 to 4 p.m.

East Branch, 2232 SE 27th, Thurs, from 12 to 4 p.m.

Southwest Branch, 6801 W. 45th, from 12 to 4 p.m.

We will be preparing taxes for people of all ages, with emphasis on senior Citizens, thru April 14, 2003.

Volunteer Hours Need To Be Turned In To Mrs. Hendricks

All retired educational personnel, both teachers and auxiliary personnel should send a record of their volunteer hours to the following address: Shirley Hendricks, 1202 East 1st Street, Dalhart, Texas, 79022 as soon as possible. Mrs. Hendricks is making a list of volunteer work done by retired persons who have worked in or for the schools.

All retirees and the public are invited to attend the next meeting of the Retired Teachers Association. This will be at 2:00 p.m. at the St. James Episcopal Church in Dalhart, Texas.

More information will be given over the radio and in the newspaper in the near future.



A Baby shower was held for Alicia Law and baby Abby Michelle in the Home of Patti Vincent on Saturday, January 18, 2003. Shown above left to right is Tricia Carson holding Caitlyn (Great Aunt), Great Grandmother Patsy Fraser, Grandmother Cindy Miller, Alicia, Grandmother Roberta Law and Aunt Pati Law.

Avoiding Missed Winter Workdays

(NAPS)—Missed workdays caused by cold winter winds don't have to blow your budget. That's significant news because Americans miss more workdays during winter than any other season—and that can translate to lost wages for workers and lost revenue for employers.

To help put the freeze on lost winter profits, more than 40 percent of today's companies have adopted some type of telecommuting policy and technology. Many of the businesses use the technology to let snowed-in employees telecommute to the office.

An industry leader in conferencing services called WorldCom Conferencing offers the following tips for people new to telecommuting:

Equipment—Make sure your home office has the proper equipment to telecommute (PC with modem, phone, fax and so forth) and the proper applications

for the computer (i.e., word processor, e-mail, Internet browser). Keep a list handy of current company, partner and client phone numbers. Carry duplicates of any essential documents in your briefcase in case you're unexpectedly snowed in.

Communication—When you telecommute, it's important to check-in to your workplace regularly, by phone or e-mail. Stay connected with your team members and immediate supervisor. Set up a to-do list and report on progress at mutually agreed upon intervals. Don't forget to check out at the end of the day.

Presentations—If you have a presentation the day you're snowed in, a Web conference may "wow" your client. Hundreds of people can view a presentation at once or collaborate on a document in real time while discussing it on a separate audio conference.

Meetings—If you have a staff meeting planned or want to organize a virtual meeting, there are services that will set up audio conferences—some do it in less than 20 minutes. You can also arrange to have your own conference number and passcode ahead of time. That lets you hold a conference call anytime you wish. Even if there is no staff meeting planned, conference calls are a good way for team members to touch base with their teams.

Break Time—Be sure to take a break every now and then. While enjoying a quick lunch or even shoveling the driveway, let calls go to voice mail. Just be sure to return the calls in a timely fashion.

If you've enjoyed your day working from home, and your company doesn't have a telecommuting policy, try suggesting one. For more information, visit www.worldcom.com/conferencing.

4-H Clothing & Textile Project To Begin Jan. 29th

The 4-H Clothing and Textile Project will begin on Wednesday, January 29. The first project meeting will be conducted from 3:45 to 5:30 p.m. at the County Exhibit Building in Stratford.

During the first project meeting, youth ages 9 through 19 will learn the parts of sewing

machine, spinning of fibers and fiber quiz, and how to read a pattern. Volunteer leaders, Cindy Russell, Kim Sutterfield, and Jean Everett will be coordinating the day.

The second project meeting will be February 10th with a tour to the fabric stores in Dalhart. Participants will be able to select and purchase fabric for lounge pants that will be constructed during the project meetings.

Other project meetings planned are: February 19 and 24; March 3 and 12th. The county 4-H Fashion Show is tentatively scheduled for April 5th in Texhoma. Educational activities are open to all youth ages 9-19 regardless of race, color, sex, disability, religion, age, or national origin. Interested individuals who have special needs such as hearing impairment are asked to contact the Extension office in advance so that adequate arrangements can be made for their participation.

For more information about the project and opportunities for volunteering to assist with this educational project, contact Susie Spurlock, Sherman county Extension Agent for Family and Consumer Sciences at 806-366-2122.

Delicious Weekday Dinners Made Easy

(NU) - Most home cooks have a standard repertoire of recipes that make meal preparation quick and easy every day of the week. (After all, who wants more work.)

But many of those same cooks dream of jazzing up the middle-of-the-week menu without committing to extra hours in the kitchen, and end up relegating those interesting new dishes to the weekends or special occasions.

No more! Mrs. Dash makes it a snap to introduce new and exciting dishes into weekday menus. With just a shake of any of the 12 salt-free pre-blended herbs and spices, it's a cinch for every home cook to serve something as special as a classic French recipe, like Chicken a l'Orange, in the middle of the week.

Instead of grilling, broiling or roasting that plain chicken breast with the usual side of vegetables, try the inspiring recipe below. In just 30 minutes, a fabulous meal will be on the table, ready to impress family and friends. For more great weekday recipes, visit www.mrsdash.com.

CHICKEN A L'ORANGE
(Makes 4 servings)

- 1 tablespoon unsalted butter (15 grams)
- 1 tablespoon Mrs. Dash Garlic & Herb Seasoning Blend (15 grams)
- 4 skinless chicken breast halves, bone-in
- 1 6-ounce can frozen orange juice concentrate, unsweetened (180 milliliters)
- 2 tablespoons Mrs. Dash Extra Spicy Seasoning



Blend
(30 grams)
1 large fresh orange, cut into 1/4-inch slices
1/2 cup water (120 milliliters)
1 tablespoon cornstarch (15 grams)

Mix orange juice concentrate with water, set aside. Over medium heat, combine melted butter and Mrs. Dash Garlic & Herb Seasoning Blend. In a skillet, cook chicken breasts 4 to 5 minutes on each side until lightly browned.

Sprinkle each breast with Mrs. Dash Extra Spicy Seasoning Blend and top each with one slice of orange. Lower heat, pour half of orange juice mixture into skillet, cover and simmer for 15 to 20 minutes or until chicken juices run clear. Set chicken aside.

In a clean skillet, whisk cornstarch into remaining juice mixture and cook over low heat 1 to 2 minutes, stirring constantly until slightly thickened. To serve, pour sauce over chicken and garnish with fresh orange slices.

Preparation time: 10 minutes.
Cooking time: 30 minutes.
Nutrients per serving: 272 calories, 5 g fat, 90 mg cholesterol, 94 mg sodium, 24 g carbohydrates, 34 g protein, 2 g fiber, 72 mg potassium.

Strata Combines Economy and Convenience

(NU) - Tired of the same old green bean casserole? You can make a more exciting dish that's inexpensive, nutritious and convenient, too, by serving Green Bean Rye Strata. For this easy-to-prepare main dish, all you need to do is heat up some veggies, combine them with bread cubes and cheese, and pour on an egg/milk custard. Then, refrigerate to let the custard soak into the bread.

This budget-wise combination is nutrient dense. Aided by the cheese and milk, the eggs provide high-quality protein (about a third of the day's needs), the bread and veggies supply carbohydrates and fiber and all contribute needed vitamins and minerals—at just under 215 calories and 7 grams of fat per serving. With its nutrients, you can serve the comforting strata as an entree for four or cut it into more servings as a side dish. Either way, it's a handy make-ahead that adds up to a tasty blend of good nutrition.

GREEN BEAN RYE STRATA
(Makes 4 servings)

- Cooking spray
- 1 package (10 oz.) frozen cut green beans
- 1/2 cup thinly sliced onion (about 1 medium, 4 oz.)
- 1/2 cup sliced fresh mushrooms (about 2 oz.)
- 2 cups dark rye bread cubes

- 1/2 cup low-fat (1%) cottage cheese
- 4 eggs
- 1 cup skim or low-fat (1%) milk
- 2 teaspoons lemon juice
- 1/2 teaspoon salt, optional
- 2 tablespoons grated Parmesan cheese, optional

Evenly coat 11 x 7 x 1 1/2-inch baking dish with spray. Set aside. In large saucepan, stir together beans, onion and mushrooms. Cook, covered, over medium heat, until beans are tender, about 15 minutes. Stir in bread cubes and cottage cheese. Spoon into prepared dish.

In medium bowl, beat together eggs, milk, lemon juice and salt if desired, until well blended. Pour evenly over bread mixture. Cover. Refrigerate several hours or overnight.

Uncover. Bake in preheated 350 F oven until knife inserted near center comes out clean, about 45 to 55 minutes. Sprinkle with Parmesan cheese if desired.

Nutrition information per serving of 1/4 recipe using skim milk without optional salt and Parmesan cheese: 213 calories, 7 gm total fat, 215 mg cholesterol, 365 mg sodium, 465 mg potassium, 24 gm carbohydrate, 16 gm protein and 10 percent or more of the RDI for vitamins A, B₁₂ and C, riboflavin, thiamin, calcium, iron, phosphorus, zinc, dietary fiber.

Stay Warm This Winter Without Spending a Fortune

(NU) - Your home heating system holds the key to making your home comfortable and efficient during the cold winter months. These tips from the makers of Heil furnaces and heat pumps can help you stay warm while holding down your heating bill.

Call for a checkup. Have your furnace or heat pump checked and serviced by a qualified service technician every fall. This service can help avoid costly major repairs and keep your system operating at peak efficiency. To find a local heating contractor, check the Dealer Locator at www.heil-hvac.com.

Limit your use of the fireplace. Fireplaces can send energy dollars up the chimney. According to the U.S. Department of Energy, a roaring fire can send as much as 24,000 cubic feet of air per hour up the chimney. That warm air will be replaced by cold air pulled from outside the home.

Hang heavier curtains. Lace curtains may look nice, but heavy, insulated curtains can cut your heating bill by reducing heat loss at night during the winter months.

Find and repair all leaks. A leaky home wastes energy. To

stop all possible leaks, begin by caulking and weather stripping all doors and windows. Next, caulk and seal air leaks where plumbing, ducting or electrical wiring penetrates through exterior walls, floors, ceilings and soffits over cabinets. This will make your unit more efficient and save you money on your heating bill.

Cover windows with plastic. For an easy boost in insulation value, place a heavy-duty clear plastic sheet over windows or cover the inside of the windows with clear plastic film. Be sure the plastic is sealed tightly to reduce air leaks. This simple step will keep warm air in your house and money in your pocket.

Consider an ultra-high-efficiency furnace. If you are in the market for a new furnace, ask your heating contractor about an ultra-high-efficiency gas furnace such as the Heil QuietComfort line of gas furnaces. With annual fuel utilization efficiency ratings above 90 percent, these furnaces can wring more than 90 percent of the heat out of every cubic foot of natural gas.

For more ideas to make your home more comfortable and efficient, visit www.heil-hvac.com.

Get the Most Out of Your Car With Regular Care

(NU) - At any time of year, it is very important to take proper care of your vehicle.

The following simple and inexpensive preventive checks will greatly extend the life of your vehicle, ensure safer operation and benefit the environment:

Check all fluids. This includes brake, power steering, transmission/transaxle fluids, windshield washer solvent and antifreeze.

Check your tires for proper inflation. This should be done once per month. Under-inflated tires can result in a loss of fuel efficiency and can pose a risk to the tire itself.

Lubricate the chassis. This can extend the life of the vehicle's suspension system.

Check battery cables and posts for corrosion. The battery fluid also should be checked; add fluid if the level is low.

Make sure all lights are working properly. Check the lighting system often, including brake and taillights, headlights, and turn signals.

Keep your engine tuned.

A fouled spark plug or restricted fuel injector can hinder fuel efficiency, increase emissions and cause problems when you drive.

Get your oil changed regularly. Remember that top grade synthetic oils offer benefits that conventional oils cannot. For instance, Castrol Syntec protects the engine, reduces oil consumption, is resistant to oil thickening, and provides wear protection which helps extend engine life.

Keep your windows and windshield clean. Make sure the windshield washer blades are free from cracks and change them approximately once a year or as directed by your owner's manual. It is always a good idea to treat your windshield with a rain repellent like Castrol AccuVision in the event that you encounter inclement weather while driving. Castrol AccuVision will increase your wet weather driving visibility up to 40 percent.

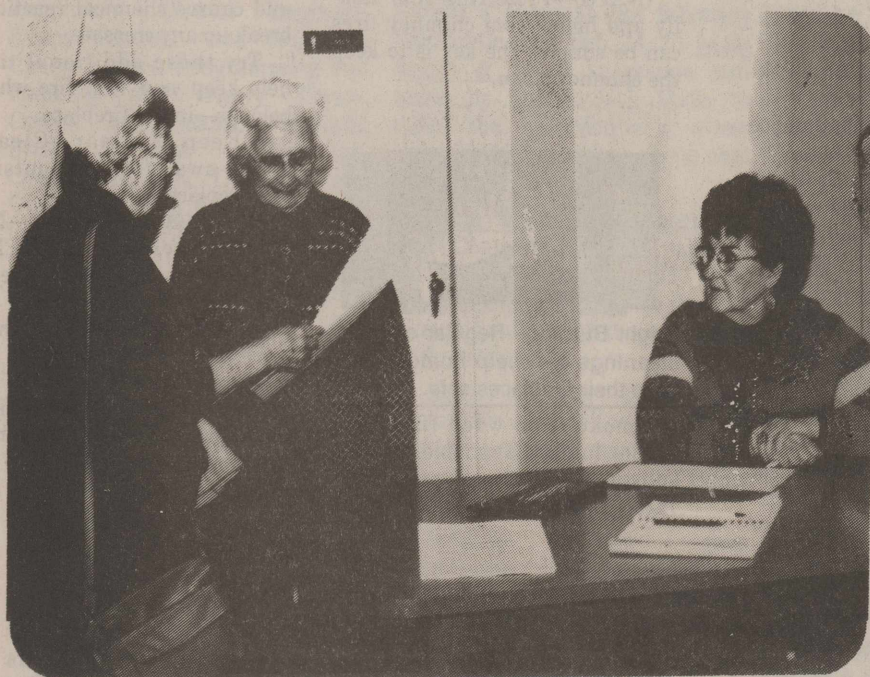
For more car care and safety tips, log on to www.castrolusa.com/askthexpert.



The human brain is about 80 percent water, which makes it more watery than human blood.

Scot Hall Kicks Off New Year!

Scot News
By Jack Gore



Shown above left to right Wanda Riffe, Dicy Stephenson and Jo June McDaniel at the Scot Luncheon held January 23, 2003.



Linda Spurlock and newly elected Scot president Lynn Wells enjoying some conversation before dinner Thursday.

Last week's board meeting and luncheon provided a lot of activities and changes. New officers were elected starting with Lynn Wells as President, Mary Brannan, Vice President, Jo June McDaniel, Secretary and Martha Mitts, Treasurer.

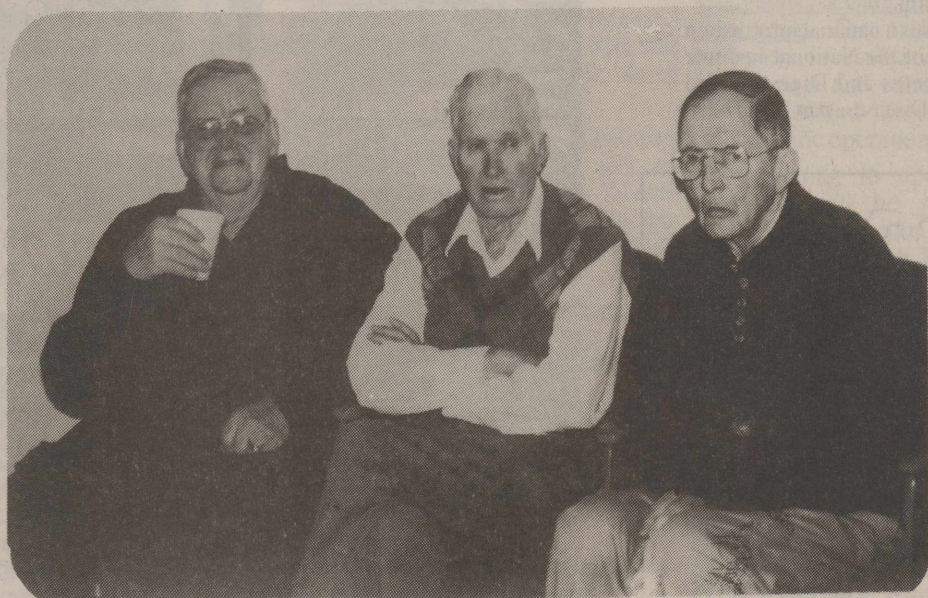
Program chairman to be appointed later.

New members signed up at the luncheon and Novartis Pharmaceuticals provided the Bone Density test for Scot members and their guests.

Last Saturday night dance had over 40 people here having a great time of fun-food and exercise.

Thanks to Dorothy & Crew to host the dance while I took the weekend off to visit our daughter in Big Springs, Texas.

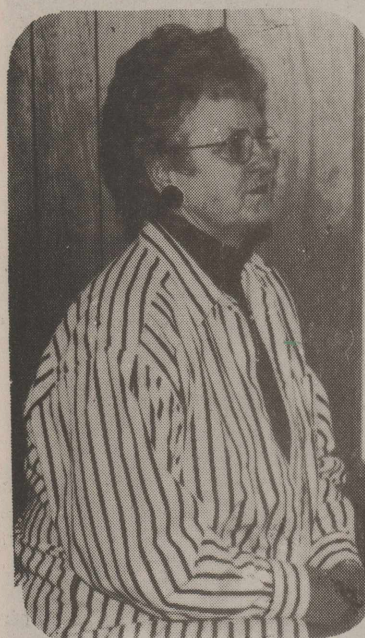
This week's activities include Dance practice on Monday night 7 p.m. and exercise class on Monday, Wednesday, Friday at 4:30 p.m.



Bill Ross, Jimmy Jackson and Max Stephenson waiting to eat at the Scot Luncheon.



Jimmy Lanning is checking Dorothy Robbins blood pressure.



Ola Mae Rhoten, shown above was having a "Bone Density" test at the Monthly meeting of Scot Luncheon held last Thursday, January 23, 2003.

Scot Talk

By Mary Hill

Greetings, everyone! SCOT Hall doesn't want to be forgotten, so here we are, back again.

We have kicked off the new year with the usual events. Our January luncheon was great--the host committee did a superb job, with good food, good fellowship, lovely table decorations, and good program. It was a very informative and interesting program about bone density and osteoporosis. There was bone density screening for those who wanted it. (Some of us are more dense than others!)

New officers were elected at the January board meeting. Those officers are: Lynn Wells-president; Mary Brannan-vice president; Jo June McDaniel-secretary; and Martha Mitts is still treasurer, after serving in that capacity for many years.

Some of the regular activities at SCOT Hall are game night every second Friday at 7 p.m. Bingo is first and third Thursdays at 7 p.m. Exercise every Monday, Wednesday and Friday at 4:30 p.m. Dance practice is on Monday

evenings at 7:00. The birthday party is at 2 p.m. the third Thursday of each month, and the luncheon is fourth Thursday at 12 noon. The dance is on fourth Saturday nights at 8:00.

Now, SCOT is inviting anyone who is interested to come join in these activities. We are soliciting new members, and would welcome one and all. And, hey! We don't check ID's, so if you aren't quite as ----uhhh-mature as some of us, come on down anyway.

The dance group would especially like new members. Our last dance was well attended and was just a good time for everyone.

Oh, and coming up soon will be free computer classes, as a result of a Federal grant program. These classes will be open to the public.

So, SCOT is not dead, even though we would welcome some new blood to help keep us going.

Dues are only \$24 per year, so we are affordable. See you around?

Never complain and never explain.
—Benjamin Disraeli

Courage is grace under pressure.
—Ernest Hemmingway

<p>Business Directory</p>	<p>COLDWATER MANOR "LOVE SPOKEN HERE" 1111 BEAVER RD., STRATFORD, TX (806)396-5568</p>
<p>WALTER LASLEY & SONS INC. <i>THE Feedyard</i> Since 1953 753-4411</p>	<p>STEVENSON & SONS PEST CONTROL Termite & Pest Control • Rat Control • Bird Control • Yard & Tree Spraying Residential • Commercial • Farms • Ranches "Professionals in Pest Control Technology" Licensed & Insured 249-4202 Dalhart • Stratford • Hartley</p>
<p>Stratford Grain Co. Stratford 396-5541 Lautz 769-4485 4 North Main</p>	<p>Robert's Service Center 400 S. Poplar 396-2882 Auto Repair & Lawn Mower Repair</p>
<p>CONSUMERS 208 Texas We Sell Seed & Fuel Farmland, Acco, & Moorman Seeds & Diamond Shamrock Products 366-2261</p>	<p>Blue Stuff of Stratford Texas  Betty Chamberlain 802 N. Pearl St. Stratford, TX 79084 (806)366-2843 E-Mail: rjb@xit.net</p>
<p>Stratford Auto Electric 119 S. Wall, Stratford, Texas 79084 Phone 366-5941 366-5857 Alternator, Starter, Magneto Repair Since 1964</p>	<p>Allen-Tarver Insurance Agency Carolyn A. Tarver Auto • Home • Life • Commercial Bus: (806)396-5810 • Res: (806)396-2393</p>
<p>Betty Brown's Medical Claim Service 605 S. Main P.O. Box 7 Stratford, TX 79084 806-396-2623</p>	<p>Joe Flores Farm Bureau Insurance 396-5538 office 396-5389 home</p>
<p>Brown's Meat Locker Custom Wholesale & Retail Meat Federally Inspected Hwy 287 South 396-2513</p>	<p>Jesse's Gun Shop Gun Repairs • Sales • Cleaning Hours: Mon. - Fri. - 1730 - 2000 Sat. - 0800-1600 Jesse Resendes (806) 763-4454 111 S. Maple (806) 366-3134 Shop Stratford, TX 79084</p>
<p>A & I PARTS CENTER AUTOMOTIVE AND INDUSTRIAL PARTS — THE CAR CARE PEOPLE Jerry Ewers Manager P.O. Box 1146 205 N. 2nd - Stratford, TX 79084 (806) 366-5561 Fax: (806) 366-2583</p>	<p>Your Home Town Pharmacy.. ELK PHARMACY 317 N. Main P.O. Box 480 Stratford, TX 79084 806-396-4505 Gayland Vandiver, R.Ph. Debbi Vandiver/ Owners Carlton Cards...Millionaire Candy, Gifts Cookie and Balloon Bouquets</p>
<p>Lehr Air/Lehr Fertilizer P.O. Box 585 Stratford, TX 79084 Off. 806-396-2284 Fax 806-396-5454 Randy Home 580-543-6488 Randy Cell 806-683-2830</p>	<p>Tommy's Embroidery 580-423-7718 Texhoma, OK 210 Hwy 54 West Caps, Shirts, Jackets, Baby Blankets, Towels, Towel Wraps, School Logos, & Much More!</p>
<p>THRIFTWAY Big Town Selection • Small Town Friendliness Wide Selection Frozen Food Quality Foods Fresh Produce Hwy 54 East 396-5586</p>	<p>Westside Laundry/Stratford Laundry & Dry Cleaners 410 N. 4th - Stratford, Texas 396-2841 Owners - Jerry & Janie Smith Operators - Bob & Keri Harris</p>
<p>This Space Available Call 366-5885</p>	<p>Joe Taylor, Photography PO Box 27 1305 N Chestnut Stratford, TX 79084 806-366-2459 Weddings, Portraits, Etc.</p>
<p>Joan Bell THE TRAVEL STORE affiliated with National Travel Systems A Full Service Travel Agency 396-5958 1-800-753-2792</p>	<p>Rockin' C Cross Appraisals Farm, Ranch & Residential Appraisals 711 Purnell P.O. Box 1172 Jn 3:16 Stratford, TX 79084 Bus: (806) 366-7525 Fax: (806) 366-7515 DAVID J. CROSS General Certified Real Estate Appraiser Texas, New Mexico, Oklahoma</p>

HEALTH TIPS

Eight Simple Ways to Lose Weight, Feel Great

NewsUSA

(NU) - Think you have to stop eating chocolate cake and start running marathons to lose weight and get on the road to a healthier you? The truth is, getting fit and looking radiant is as simple as a little exercise and careful cooking.

While most people know it is unhealthy to carry extra pounds, what many don't realize is the host of problems associated with being overweight — problems such as type 2 diabetes, high blood pressure, heart disease and certain forms of cancer.

In fact, 17 million Americans have diabetes and, of those, African-Americans are disproportionately plagued with the disease. Studies also have shown that rates of diabetes are highest among black women. All of that is to say that Americans have to start taking better care of themselves.

By making steady changes in your eating and physical activity habits, over time you can lose weight, feel better and improve your overall health. The experts at the National Institutes of Health offer these tips to help you do just that:

- Start each day with breakfast.
- Drink at least eight 8-ounce glasses of water every day.
- Season foods with herbs, spices, lemon, lime or vinegar.
- Make salads with low-fat or nonfat salad dressing, mayonnaise, mustard or flavored vinegar like balsamic.
- Find a local school track where you can walk or jog most days of the week.
- Try a new activity such as karate or aqua aerobics.
- Join a recreation center near your home.
- Cook with onions, garlic or low-sodium chicken broth.

To learn more, simply request the free brochure "Fit and Fabulous as You Mature," one of four brochures designed to encourage black women to take better care of themselves, by calling the Weight-control Information Network at 1-877-946-4627 or logging on to www.niddk.nih.gov/health/nutrit/nutrit.htm.

WIN is a national information service of the National Institute of Diabetes and Digestive and Kidney Diseases, part of the NIH.

Check Out These Web Sites:

Fair Trade coffee at www.FairTradeCertified.org.
Quilted Northern at www.quiltednorthern.com.
America's Community Bankers at www.AmericasCommunityBankers.com.
Volvo for Life Awards at www.volvoforlifeawards.com.
The annual PRISM Awards at www.prismawards.com.
Angel Soft Angels in Action Awards at www.angelsoft.com.
CNET at www.cnet.com.
The National Association of Independent Schools at www.isadvocacy.org/communityservice.
Hershey's Milk at www.hersheysmilk.com.
MSN Money Plus at www.money.msn.com.



The Grand Slam in golf is made up of the Masters, the U.S. Open, the British Open and the PGA Championship.

Outside a dog, a book is man's best friend. Inside a dog it's too dark to read.
—Groucho Marx

PHOTOGRAPHY TIPS

How to Capture Winter's Wonderful Moments

NewsUSA

(NU) - Winter is full of photo opportunities: children playing in the snow, winter weddings and, of course, holidays like New Year's and Valentine's Day.

After the snapshots are taken, the next step is finding an easy way to share them with family and friends.

Fortunately, Ofoto (<http://www.ofoto.com>), an online photo service, makes it easy to print your photos and send them to others. Simply store the images in a personal Ofoto online album and e-mail them to anyone, anywhere in an instant. But first, follow these tips from Ofoto for capturing special moments throughout the year:

- **Keep your camera ready.** You never know when a photo opportunity will come along. Don't miss a moment; capture the preparations along with the event itself.
- **Keep a low profile.** It's best when people don't know when they are being photographed. Be discreet and, by all means, avoid using the phrase "Say cheese!"
- **Meet children eye to eye.** When photographing small children, get down on their level (even if it means lying down). Photographing little ones from above tends to distort their features and provides an unrealistic perspective.



Ofoto, a Kodak company, helps you share memories with loved ones.

• **Stay focused.** If you have decorations in the background, you can add an interesting design element to the picture by keeping them slightly out of focus. Many point-and-shoot cameras have "portrait" settings which automatically choose a large aperture (opening through which light passes into the lens) for this purpose.

• **Dress for the occasion.** Clothing is an important part of any photo. Choose solid colors like red, gray, green or black — stripes, checks, spots and prints will detract from your subjects.

• **Capture a year's worth of memories.** Review all of the photos you've taken throughout the year and create a Personalized Photo Calendar for friends and loved ones. These photo calendars are fun and easy to create in a few simple steps on Ofoto and are a great gift idea.

Never take anything for granted.
—Benjamin Disraeli

The palest ink is better than the best memory.
—Chinese proverb

The four cloud groups are stratus, cumulus, cirrus, and nimbus.
Eight percent (809%) of the earth's surface is water.
One percent (1%) of the earth's equator is fresh water.
About two percent (2%) of the world's water is found in glaciers.
One acre-foot of water contains 325,851 gallons of water.
One acre-foot of water equals 1400 tons of water.



Fireplace Safety

(NAPS)—Protecting your family and home from chimney fires can be simple. The key is to keep the chimney clean.



Bright Burning—Regular chimney cleanings can help homeowners keep their fireplaces safe.

Smoke from wood fires condenses into a flammable, tar-like substance called creosote. If the

creosote ignites, it can cause a raging fire that spreads through the chimney.

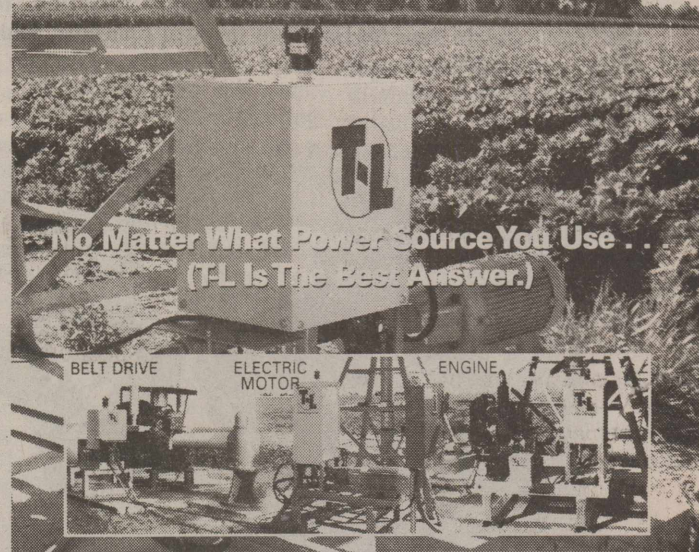
Experts recommend having your fireplace and chimney inspected and cleaned once a year. You can also burn a Sweeping Log, a product that releases minerals and causes chemical reactions to break up any creosote.

Try these additional tips to help keep your next fire where it belongs—in the fireplace.

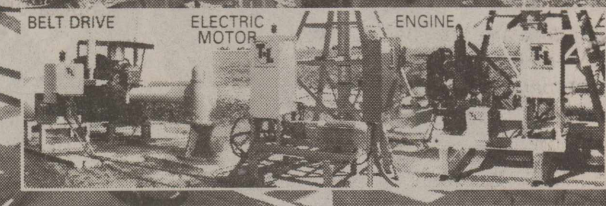
- **Keep It Clear—**Clear all debris away from the outside of the fireplace.
- **Keep An Eye On It—**Never leave a fire unattended. Many house fires start from fireplace fires that were left alone.
- **Keep It Safe—**Always have a fire extinguisher nearby.

For more tips or a free brochure on keeping your chimney clean, call 1-888-866-5115 or visit chimneysweeping.com.

The TL Difference



No Matter What Power Source You Use (TL Is The Best Answer.)



Single or three phase electric power, diesel or gas engine or belt driven... no matter what power source your hydraulic pump uses, TL is the best answer. Making the best power decision is important and so is your pivot's performance. That is why more and more people are choosing TL. TL systems can operate from virtually any power source and still deliver continuous movement year after year. To find out more, call 1-800-330-4264 or visit our web site at www.tlrr.com.

The choice is simple. TL

Pipeline & Electric Wire Installation
Drop Conversion Packages.

Len Sheets - Manager

Office: (806)935-6411
Home: (806)935-6761
Mobile: (806)922-4912

N. Dumas Hwy.
Box 562
Dumas, TX 79029

Beuford says, "Get your 'OWN' FREE box of chocolates when you purchase the Motorola 120t phone, and keep your paws off mine!"

Motorola 120t Digital Phone

FREE 16 Ounce Box of Chocolates
FREE \$30.00 Activation
\$25.00 Motorola Mail-In Rebate
(\$172.99 Value)

\$49.95
Price Good With Rate Plan Selection



... the brand of Excellence!

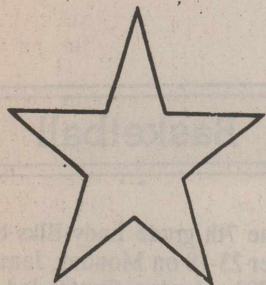
Add a hands-free kit for only \$125.95. Installation and antenna (\$75.00 value) included.



Sale Ends

5:00 p.m. February 14, 2003

Cellular • Paging • Internet • VDSL • Long Distance • Res./Bus. • Voice Mail • TV Cable
Dalhart - 1624 Tennessee Ave. & 12324 U.S. Hwy. 87 • Dumas - 1545 South Dumas Ave.
Hereford - 809 South 25 Mile Ave. • Stratford - 401 North 3rd St.
1.800.232.3312



It Pays To Look In The

Star Classifieds

..The Best Salesperson Around

Phone 366-5885

For Sale

Propane Bottle Exchanges now available at THE General Store. 4-18-tfn

We have Holland Barbecue Grills and Commercial Front Deck Lawn Mower. Call for more information. 727-4671. 5-2-tfn

For Sale: White bunk bed with built-in desk and light. Also comes with (1) single shelf bookcase, (1) two-drawer stand and (1) two-door/2 drawer armoire. For more information or to see: 396-5304. Se habla español 1-30-1xc

For sale: Two metal storage sheds. Large-\$350, Small-\$250. 806-366-2053. 1-16-4xc

For Sale: 1979 Chev. Blazer 4x4 396-5635 after 5:00 p.m., new tires; new carburetor. 1-30-2xc

Rentals available at THE General Store. Appliance dolly, sheetrock jack, cement mixer, and rotatiller, airless paint sprayer, and rotary hammer drill. 8-1-tfn

Irrigated big round & big square bales of oats & hay grazer. (580)426-2474 or (806)339-3596. 1-30-4xc

For Sale: Regular Angus bulls, 1-2 yr. old. R&A Angus. Boise City, (580)426-2474 or (806)339-3596. 1-30-8xc

Help Wanted

Extra Income 2003 \$200-\$500 weekly mailing travel brochures. For more information send a self-addressed stamped envelope to: Nationwide, P.O. Box 4355, Miami, FL 33269. 2-27-c

I am part of all I have met. —Alfred Lord Tennyson

Never practice two vices at once. —Tallulah Bankhead

Services

Is your House or Foundation Settling? Cracks in brick or walls? Doors won't close?...Call Childers Brothers Stabilizing & Foundation Leveling. 1-800-299-9563 or 806-352-9563 Amarillo, TX. 1-4-1typd

Whirlpool Authorized Sales & Service
New & Used Appliances
Baber Supply
1-800-292-4023 1-530-423-7255

Dusky's Chimney Cleaning

396-2596
Minor Repairs
Safety Inspection
Chimney Caps
Animal Removal
Insured

For Rent

For Rent: 1 Bedroom furnished apt, 6th & Fulton. Call 396-5541 daytime, 396-5692 at nights. 1-28-tfn

For Rent: Nice 2 bedroom house, central heat & air. Good Location. Call 806-333-7418. 10-17-tfn

For Rent: Small 2 bdrm house with fenced backyard. New storm windows & carpeting. 619 N. Wall. 396-2364 9-12-tfn

For Rent: Nice 2 bdrm trailer house, central heat. 305 S. Wall. 935-6702. 1-9-tfn

2 Bdrm, trailer, utilities paid. HUD approved. \$350.00 a month, furnished. 1 Bdrm House. HUD approved, \$320.00 a month, utilities paid, furnished. 681-8406, 396-5708 ask for Manuel. 1-9-4xp

House for Rent: 601 N. Grace, 2 bdrm, 1 bath, detached garage, across from City Park. 753-4556, 753-7740. 1-30-tfn

Houses for Sale

House for Sale: Great Location, beautiful corner lot, 2 large bedrooms, 1 large bath, garage, central heat/AC. 806-659-2345. 8-2-tfn

House for Rent or Sale: 2 Bdrm, Kitchen & Living Room. Call 366-2493 or 753-7761. 1-23-2xp

House for Sale or Trade. 605 S. Main. Call 396-2569. 1-16-3xc

3,600 sq. ft. 3,000 living, 3 bedroom, 3 bath, 2 living areas w/double fireplaces, covered/lighted patio, 2 car garage, corner lot, near both schools, 1220 N. Chestnut. For more info. call 1-903-732-5402 or 396-2498. 1-3-tfn

For Sale: 3 Bdrm, 2 bath brick home, double car garage, fenced in backyard, across from City Park, 702 N. 7th. Call 396-2425, 396-2845, 396-5841, or 396-1050 for more information. 1-16-tfn

House for Sale: 2 Bdrm, lg. backyard, 414 N. Fulton. \$25,000. Call 727-4646. 1-23-2xc

Three bedroom brick home, 1 3/4 baths, 2 living areas, 2 fireplaces, 2 car garage, front & backyard sprinkler system. 1209 NW 1st. 396-2383. 1-9-tfn

For Sale by Owner: Owner financing possible on 2 story, 3 bedroom, 1 bath, 1760 Sq. ft. rock fireplace, beautiful backyard with big tree, deck across back of house and rock fountain. 816 N. Maple. \$55,000. 727-4664 or 753-6677. 1-9-tfn

New Listing: Beautiful 3 bedroom home on 4 lots, living room, kitchen-dining, 1 bath, double carport, cinder block fence & more. 114 S. Fulton - \$65,000 Listing: Older home on 4 lots, 3 bedroom, 1 bath, living room, kitchen, utility room, basement. 210 S. Spruce - \$35,000. Call: Keith Waters 674-0661

ASSITER & ASSOCIATES
AUCTIONEERS REALTORS-APPRAISERS
www.assiter.com
373-0000

House For Sale or Lease: Recently remodelled 2500 sq. ft house. 3 bdrm, 2 baths. Call for more information. 244-2155 or 333-7120. 8-8-tfn

REDUCED for Sale: 604 S. Fulton, 3 bdrm, 2 bath, 1716 living, brick/steel siding, central heat/air, a/c new vinyl windows, fireplace, large fenced backyard, new ceramic cook-top, built-in oven and microwave, dishwasher, pantry, ice maker hook-up, utility room, carpet, new vinyl flooring, attic storage w/stairs, covered patio, 2 storage sheds, 2 car garage, electric door openers. Phone 254-772-7927. 1-10-tfn

Ad Rem Land Co.
MLS Office
801 S. Bliss #107, Dumas
806-935-7364
Fax 806-935-7687 or call
Arnita Lane 366-5853

New Listing: CLOSE TO SCHOOLS! Very nice 3 br, 1 3/4 baths, single garage, large living area, covered patio. \$68,000.

New Listing: Wonderful Nice Large Home! 2 story home with 2 or 3 bedrooms, 2 baths with living, dining, den/living, gameroom, fireplace. \$79,500.

Corner Lot! 2 story, 4 bedroom, 2 baths, basement, detached 2 car garage, metal roof. Comes with 1 year home warranty. \$89,900.

Nice Home On Corner! Brick 3 bedrooms, 2 baths, den/living, office. Nearly new shop/garage. Call today to see it. \$79,500.

Nice Brick Home! 3-br, 2-bath, single garage. Nice kitchen cabinets. Ready at \$54,000.

Fireplace! 3 br, 1 3/4 baths, living room, dining room and gameroom all for \$38,500.

Huge Closets! 3 br, 1 3/4 baths, single garage. Central heat and air. Nice yard and storage building. \$52,000.

I'M MAD...AT BANKS WHO DONT GIVE HOUSE LOANS BECAUSE OF BAD CREDIT, PROBLEMS OR NEW EMPLOYMENT. I DO, CALL L.D. KIRK, HOMETOWN MORTGAGES, (254)947-4475. 1-30-1xp

Good humor makes all things tolerable. —Henry Ward Beecher

Legal Notice

LEGAL NOTICE REQUEST FOR PROPOSALS FOR SOLID WASTE COLLECTION

CITY OF STRATFORD

Sealed proposals are invited and will be received by the City of Stratford for collection of Solid Wasted and disposal for said City.

Proposals must be made on the proposal forms and in accordance with instructions to proponents furnished by the city of Stratford (the "city").

The defined terms appearing in the general specifications apply to all contract documents.

Proposals must be made upon forms published by the city. The city will furnish copies of the contract documents and form of contract to prospective proponents upon payment of a \$20.00 fee. Proposal forms are available at Stratford City Hall, 518 N. Third, Stratford, TX.

Proposals must be delivered to, and be on file with the city on or before January 31, 2003 at 5:00 p.m. The envelope containing the proposal must be sealed and plainly marked "Proposal for Solid Waste Collection." Proposals may be mailed to the City of Stratford, P.O. Box 188, Stratford, TX. 79084.

Proposals will be publicly opened, read, and awarded at 2:00 p.m. on the 3rd of February 2003 in the Stratford City Hall. The selected Proponent will be awarded the Contract through an ordinance of the City approving and adopting the Contract Documents, providing for its enforcement and penalties as provided by law.

A proposal and or certified check must accompany the Proposal, in accordance with the Instructions to Proponents.

The City reserves the right to reject any or all Proposals, to waive irregularities and/or informalities in any Proposal and the make an award in any manner consistent with the law, deemed in the best interest of the City.

Please direct any further questions to (806)366-5581.

City of Stratford
David Brown, Mayor
Date: January 16, 2003
Published in the Stratford Star, Thursday, January 23, 2003 and Thursday, January 30, 2003.

Notice To Contractors of Proposed Texas Highway Improvement Contracts

Sealed proposals for highway improvement contracts will be received by the Texas Department of Transportation (TxDOT) until the dates(s) shown below, and then publicly read.

Construction/Maintenance Contract(s)

District: Amarillo
Contract 6091-00-001 for LEVELING/OVERLAY W/LAYDOWN in SHERMAN County, etc will be opened on March 05, 2003 at 1:00 p.m. at the State Office for an estimate of \$401,986.80.

Plans and specifications are available for inspection, along with bidding proposals, and applications for the TxDOT Prequalified Contractor's List, at the applicable State and/or District Offices listed below. Bidders must submit prequalification information to TxDOT at least 10 days prior to the bid date to be eligible to bid on a project. Prequalification materials may be requested from the State Office listed below. Plans for the above contract(s) are available from TxDOT's website at www.dot.state.tx.us and from reproduction companies at the expense of the contractor.

NPO: 8912
State Office

Construction Division
200 E. Riverside Dr.
Austin, Texas 78704
Phone: 512-416-2540
District Office(s)

Amarillo District
District Engineer
5715 Canyon Dr
Amarillo, Texas 79105-2708
Phone: 806-356-3283

Minimum wage rates are set out in bidding documents and the rates will be part of the contract. TxDOT ensures that bidders will not be discriminated against on the grounds of race, color, sex, or national origin.

Published in The Stratford Star, Thursday, January 30, 2003 and Thursday, February 6, 2003.

Cont. on page 8

Measure a thousand times and cut once. —Proverb

Have the courage of your desire. —George Gissing

HEALTH AWARENESS

Medical Advances Help ER Doctors Save Lives

(NAPS)—Television shows like ER and Presidio Med highlight the challenges that nurses and doctors face every day in saving lives and serving communities.

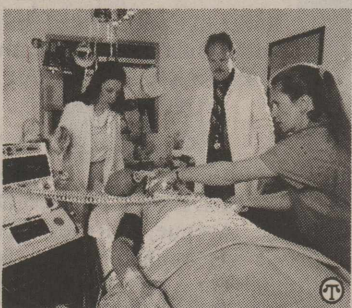
They also show how advances in medical technology are helping to keep caregivers ready for whatever challenges lie ahead—from the nursing shortage to potential bioterrorist attacks. New technologies are saving more lives and providing patients with more affordable, higher quality medical care.

Nowhere are these changes more clear than today's modern emergency rooms. According to the American College of Emergency Physicians, many of the nation's nearly 5,000 emergency room departments already look "to advances in technology to improve patient care as well as measurably improve efficiency and use of resources."

Recent advances in ER medicine include the compact, bedside ultrasound system. This technology helps caregivers quickly, conveniently diagnose life-threatening conditions like dangerous bulges in major arteries. Advanced CT scans also are common in emergency workups, as well as point-of-care laboratory testing.

Patient monitoring systems also have advanced dramatically. Many ER departments now have patient monitoring stations that measure heart rhythms, pulse, and blood pressure, as well as the level of oxygen in the blood. These systems can quickly alert caregivers to a serious health problem.

"Because of advances in miniaturization and digital technology we can bring full lab services to the desktop," said Dr. Brian Browne, head of emergency medicine at the University of Maryland



New medical technology in emergency rooms is helping to save lives and improve the quality of care.

Medical Center. Instead of waiting hours for a hospital lab, caregivers can "perform standard tests in the ER."

The coming years may hold even more exciting advances:

- Patients' vital signs and lab tests will be obtained instantly using noninvasive methods that don't involve needles or wires;
- New technologies will enable a single caregiver to quickly perform a wide range of bedside testing.

Emerging technologies for the ER also promise to strengthen America's preparedness for potential bioterrorist attacks.

Rapid diagnostic tests are under development for diseases such as anthrax and smallpox. New vaccine delivery technology could help healthcare workers vaccinate people more quickly. Researchers also are developing health surveillance systems to quickly identify emerging threats to the public health.

Innovative medical technologies will help ER doctors meet whatever challenges they face and save more patients' lives than ever before.

Cards of Thanks

The Sherman County Livestock Show Board would like to thank everyone who helped make the 2003 Livestock Show a success. We appreciate the support from the buyers, buckle donors, prize money donors, people who purchased ads, Clay Meyers-Auctioneer, and the many people behind the scenes. We would also like to thank Roxie Newcomb and Jennifer DeAnda for all the extra hours they put in before, during and after the show. All the wonderful people of the Stratford and Texhoma Communities make the Stock Show a great success. Thanks again for your support.

The Board Members of the Sherman County Livestock Show

If you wish to be at rest, labor. —Brother Giles of Assisi

If a man can't forge his own will, whose will can he forge? —W.S. Gilbert

Lord, we know what we are, but know not what we may be. —William Shakespeare, Hamlet

Thank you so much for all your prayers, visits, phone calls and cards while Bill was in the hospital. Thank you for the beautiful flowers and all the food since we came home. Thanks so much for the visits and comforting words, maybe it was just a hug. Whatever you did to console our hearts, we thank you so much whatever the part.

Sharon
LaRenda, Mark, Justin, Bryce
Garry, Tammy, Derek, Katie

We would like to thank everyone who helped with or brought an animal at the stock show this year. All of your help and support makes the stock show a big success.

Thanks,
Brad and Brent Reed



A steak more than three inches thick is really considered a roast and should be cooked either by oven-roasting or pot-roasting. If you try to grill it, the outside will overcook and the inside will be underdone.

REAGAN & BROWN AUCTIONEERS

P.O. BOX 658
DALIART, TX 79022

ADVANCE NOTICE

Reagan & Brown Auctioneers will be holding their Annual 3-Day Consignment Auction of Farm, Ranch & Industrial Equipment on Tues, Wed & Thurs. March 4-5-6, 2003 Location - Miller Airport Dalhart, Texas

Anyone wanting to consign should call Reagan & Brown NO LATER THAN FEB. 4TH, 2003

Office Phone - (806) 244-6776
Late Evenings or Early Morning Call Bob Brown Home - (806) 244-4038
Cell # - (806) 333-2738
TXS-058-007442

Basketball Shots

Basketball



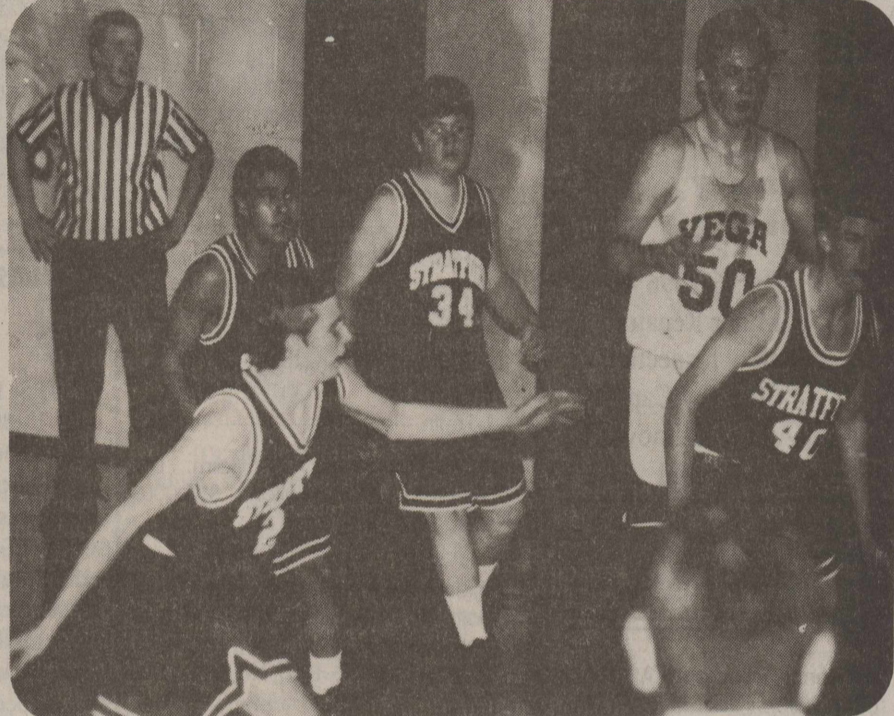
J.V. Elks from left, Adam Witcher, Corey Rendon, Brady Bell, and Josh Lanning.



J.V. Lady Elks Cheyenne Ziemann and Gina Mattocks.



Lady Elks from left, Deidre Tarver, Amie Witcher and Lindsay Stein.



J.V. Elks (l-r) Jason Roberts, Gustavo Rosales, Connor Vincent, and Kelly Smith.



Lady Elks #33 Veronica Ortega and #21 Amber Larence.

The 7th grade Lady Elks beat Gruver 23-18 on Monday, January 20, 2003. Jordan Confer led the Lady Elks with 10 points followed by Ivy Valenzuela with 8 points, Kelsey Stein 3 points and Whitney Reese 2 points. They are 4-1 in district.

The 7th grade Elks beat Gruver 41-33 on Monday, January 20th. Craig Kautz was high point with 15 points followed by Hunter Buckles with 10 points, Sandro Gomez 8 points, Joey Rete 4 points, and James Smith and Patrick Solano 2 points each.

The 8th grade Lady Elks beat Gruver 27-20 on Monday, January 20th. Shadley Audrain was high point with 8 points followed by Rhia Everett with 5 points, Merilee McDaniel 4 points, Lillian Valenzuela and Candie Bell 3 points each, and Juliana Taliaferro and Krista Reta 2 points each. The 8th grade Lady Elks are 6-0 in District.

The 8th grade Elks lost 26-30 to Gruver on Monday, January 20th. Harrison Walden was high point with 13 points followed by Gilbert Reta with 7 points, Jeffrey Frizzell 4 points, and Brant Cummings 2 points.

The J.V. Lady Elks beat Vega 26-23 on Tuesday, January 21st. Katelyn Reed led with 10 points followed by Chelsi Thiessen with 9 points, Kayla Robertson 6 points and Brittany Hudson 1 point. On Friday, January 24th, the J.V. Lady Elks beat White Deer 36-27. Chelsi Thiessen led with 8 points followed by Kayla Robertson with 7 points, Jayme Wilhelm and Haley Buckles 6 points each. Katelyn Reed 5 points, Cassi Garza and Heather Seiler 2 points each.

The Lady Elks beat Vega 49-44 on January 21st. Alisha Sladek led with 14 points followed by Yadira Ortega with 11 points, Amie Witcher 9 points, Amber Larence and Erin Ashley 6 points each and Deidre Tarver 2 points. On Friday, January 24th, the Lady Elks beat White Deer 65-40. Erin Ashley was high point with 13 points followed by Yadira Ortega with 12 points, Alisha Sladek and Veronica Ortega 9 points each, Amie Witcher, Allison Baskin and Deidre Tarver 6 points each, and Amber Larence and Tiffany Duke 2 points each.

The Elks beat Vega 48-36 on Tuesday, January 21st. Chris Ortega led with 21 points followed by Jason Ashley with 10 points, Tyler Haynes 8 points, Josh King, Matthew Taliaferro, and Asbel Gomez 3 points each.

The Baltimore Orioles franchise was originally the Milwaukee Brewers. The team moved to St. Louis in 1902 (as the Browns), then to Baltimore in 1954.

PUBLIC COMMENT. Written public comments may be submitted to the Office of Chief Clerk, at the address provided in the information section below, within 30 days of the date of newspaper publication of this notice. The Executive Director will consider all relevant information pertaining to whether the applicant meets the requirements for the registration and will issue a written determination as to any final action on the application for registration and a response to all comments.

INFORMATION. Written public comments should be submitted to the Office of the Chief Clerk, MC 105, TCEQ, P.O. Box 13087, Austin, Texas 78711-3087. For additional information, about the application or the procedure for public participation in the registration process, individual members of the general public may contact the Office of Public Assistance at 1-800-687-4040. General information regarding the TCEQ can be found at our web site at www.tceq.state.tx.us. Please note that the 77th legislature changed the agency's name from Texas Natural Resource Conservation Commission (TNRCC) to Texas Commission on Environmental Quality (TCEQ). Both names are interchangeable for a short period of time, until the phase-in is completed.

Issued: January 17, 2003.
LaDonna Castanuela, Chief Clerk
Texas Commission on Environmental Quality
Published in The Stratford Star, Thursday, January 30, 2003.

PUBLIC COMMENT. Written public comments may be submitted to the Office of Chief Clerk, at the address provided in the information section below, within 30 days of the date of newspaper publication of this notice. The Executive Director will consider all relevant information pertaining to whether the applicant meets the requirements for the registration and will issue a written determination as to any final action on the application for registration and a response to all comments.

INFORMATION. Written public comments should be submitted to the Office of the Chief Clerk, MC 105, TCEQ, P.O. Box 13087, Austin, Texas 78711-3087. For additional information, about the application or the procedure for public participation in the registration process, individual members of the general public may contact the Office of Public Assistance at 1-800-687-4040. General information regarding the TCEQ can be found at our web site at www.tceq.state.tx.us. Please note that the 77th legislature changed the agency's name from Texas Natural Resource Conservation Commission (TNRCC) to Texas Commission on Environmental Quality (TCEQ). Both names are interchangeable for a short period of time, until the phase-in is completed.

Issued: January 13, 2003.
LaDonna Castanuela, Chief Clerk
Texas Commission on Environmental Quality
Published in The Stratford Star, Thursday, January 30, 2003.

Check Out These Web Sites:

The Steel Recycling Institute at www.recycle-steel.org.
CertainTeed's Vinyl Carpentry at www.certainteed.com/etvinyl.
The National Pork Board at www.otherwhitemeat.com.
The Campaign For Tobacco-Free Kids at www.tobaccofreekids.org.
SuperCertificate at www.GiftCertificates.com.
The China National Tourism Administration at www.cnto.org.
Chuck E. Cheese at www.chuckecheese.com.
Suzuki at www.suzukicycles.com.
Verified by Visa at www.visa.com/verified.
The National Coming Out Project Human Rights Campaign at www.hrc.org.



An Irish cow, Big Bertha, lived to the record age of 48 before her death in 1993. In addition, she gave birth to a record 39 calves.



Guy Lombardo began his famed bandleading career in London, Ontario, and the town now hosts much of his memorabilia at the Guy Lombardo Music Centre.

Legals
Cont. from page 7

Notice of Concentrated Animal Feeding Operation Application TPDES Registration No. WQ0004562-000

APPLICATION. SEVEN BAR FEEDERS, LTD., 105 Dean Cluck Avenue, Gruver, Texas 79040 has applied to the Texas Commission on Environmental Quality (TCEQ) for a new TPDES Registration No. WQ0004562-000 to authorize the applicant to operate a new swine facility at 242,000 head in Sherman County, Texas. The application was received by TCEQ on September 5, 2002. No discharge of pollutants into the waters in the state is authorized by this registration except under chronic or catastrophic rainfall conditions. All waste and wastewater will be beneficially used on agricultural land.

The proposed facility will be located at the intersection of County Road 24 and County Road W, which is 3 miles north of the intersection of County Road 24 and Farm-to-Market Road 1573, in Sherman County, Texas. The facility will be located in the drainage area of an unnamed segment in Segment No. 0100 of the Canadian River Basin.

The Application is available for inspection by the public during normal business hours at the Sherman County Library, 719 N. Main Street., Stratford, Texas.

The Executive Director of the TCEQ has prepared a draft registration which, if approved, would establish the parameters and limitations within which the facility must operate.

PUBLIC COMMENT. Written public comments may be submitted to the Office of Chief Clerk, at the address provided in the information section below, within 30 days of the date of newspaper publication of this notice. The Executive Director will consider all relevant information pertaining to whether the applicant meets the requirements for the registration and will issue a written determination as to any final action on the application for registration and a response to all comments.

INFORMATION. Written public comments should be submitted to the Office of the Chief Clerk, MC 105, TCEQ, P.O. Box 13087, Austin, Texas 78711-3087. For additional information, about the application or the procedure for public participation in the registration process, individual members of the general public may contact the Office of Public Assistance at 1-800-687-4040. General information regarding the TCEQ can be found at our web site at www.tceq.state.tx.us. Please note that the 77th legislature changed the agency's name from Texas Natural Resource Conservation Commission (TNRCC) to Texas Commission on Environmental Quality (TCEQ). Both names are interchangeable for a short period of time, until the phase-in is completed.

Issued: January 13, 2003.
LaDonna Castanuela, Chief Clerk
Texas Commission on Environmental Quality
Published in The Stratford Star, Thursday, January 30, 2003.

Notice of Concentrated Animal Feeding Operation Application TPDES Registration No. WQ0004543-000

APPLICATION. SEVEN BAR FEEDERS, LTD., 105 Dean Cluck Avenue, Gruver, Texas 79040 has applied to the Texas Commission on Environmental Quality (TCEQ) for a new TPDES Registration No. WQ0004543-000 to authorize the applicant to operate a new swine facility at 44,000 head in Sherman County, Texas. The application was received by TCEQ on August 9, 2002. No discharge of pollutants into the waters in the state is authorized by this registration except under chronic or catastrophic rainfall conditions. All waste and wastewater will be beneficially used on agricultural land.

The proposed facility will be located northwest of Farm-to-Market 1573, 5 miles north of the intersection of Farm-to-Market Road 1573 and Farm-to-Market Road 1060 in Sherman County, Texas. The facility will be located in the drainage area of an unnamed segment in Segment No. 0100 of the Canadian River Basin.

The application is available for inspection by the public during normal business hours at the Sherman County Library, 719 N. Main Street., Stratford, Texas.

The Executive Director of the TCEQ has prepared a draft registration which, if approved, would establish the parameters and limitations within which the facility must operate.

LaDonna Castanuela, Chief Clerk
Texas Commission on Environmental Quality
Published in The Stratford Star, Thursday, January 30, 2003.