



The Stratford Star

Sherman County Museum 7 / 07
Box 1248
Stratford, TX 79084

75 cents

Published for over 100 years in Stratford, Sherman County, Texas 79084 usps 523

Number 40, October 12, 2006



Homecoming Royalty

Shown above the Homecoming Queen and Court with their escorts at the game on Friday, October 6th. L-R: Kristen Crabtree escorted by Doak Crabtree, Candie Bell escorted by Jerry Ewers, Homecoming Queen Merilee McDaniel escorted by Mike McDaniel and Bill Riffe, LaRissa Luna escorted by Barney Willborn and Whitney Garza escorted by Dario Garza.

PHEASANT HUNT

The Stratford Chamber of Commerce is currently planning for the 2006 Pheasant Hunting Season. The Chamber will lease land for the first week plus one weekend of Hunting Season, December 2 through December 10, 2006. The Chamber would like to extend this opportunity to landowners and operators to lease land for the 2006 season. The Chamber has set the price for land as follows:

CRP grass	.25/acre
Corn stubble	.25/acre
Milo stubble	.50/acre

The hunters must sign a waiver of liability before permits are issued. The waiver should eliminate anxiety of landowners allowing people on their land. ATVs and other vehicles are not allowed in the fields. Only Chamber hunters are allowed on the contracted land.

We have a Landowners Agreement for the lessee to sign and your checks will be processed after the first of the year. We appreciate your allowing the Chamber the use of your land to promote tourism in our area and increase our County's economy.

If you would like to participate, please contact the Chamber Office 305 N. Main 806-366-2260 or stratford@xit.net

Stratford ISD One of 77 School Districts Recognized

New York-Standard & Poor's School Evaluation Services today recognized 77 Texas School districts as academic "out performers." In a separate analysis, Standard & Poor's announced it has identified 41 Texas schools that have significantly narrowed the achievement gap between higher- and lower-performing student groups.

Texas Out performers Analysis to be identified as an out performer by Standard & Poor's, school districts, over the course of two consecutive school years (2003-04 and 2004-05, had to show a significantly higher percentage of students that scored proficient or above on the state's reading and math tests when compared to other school districts with similar levels of economically disadvantaged students.

Academic achievement levels are compared with the percentage of economically disadvantaged students

because educators and researchers have found that there is often a strong correlation between the two indicators.

Stratford ISD was one of the 77 outperforming districts.

Standard & Poor's developed the analysis used to identify outperforming school districts as a way to highlight outstanding academic

performance, and to help educators in school districts with similar characteristics identify appropriate benchmarks to guide their own improvements.

"Congratulations to these outstanding school districts," said Thomas Sheridan, vice president of Standard & Poor's School Evaluation Services. "The data reveal that improvements are occurring in these Texas classrooms. We hope that the effective strategies these districts are employing can be adapted elsewhere."

Achieving proficiency in reading and math for all students by 2014 is one of the goals of the federal No Child Left Behind law. Linking school districts in need of improvement with outperforming school districts that have similar student demographics so that effective practices can be shared, replicated or adapted is one method that can help educators reach that target.

Standard & Poor's conducted its analysis using state-reported data and used the state department of education's definition of economically disadvantaged students. Analysts determined academic performance by using the aggregate percentages of students scoring proficient or better on the state reading and math tests.



King and Queen

Crowned 2006 Homecoming King & Queen at the pep rally on Friday, October 6, 2006 Scott Hudson & Merilee McDaniel.

Assembly of God Crafts & Bake Sale October 28

Assembly of God Church will be having their Crafts and Bake Sale on Saturday, October 28th, starting at 10 a.m. They will be having a free will offering dinner and will be serving chicken soup and chili w/cobbler for dessert. Come and Enjoy the meal and shop early for Christmas.

District Marching Contest To Be Held October 14th

Stratford's Big Blue Band goes to District Marching Contest this coming Saturday, October 14, to try to capture its 36th first place in a row. The contest will be held at Dick Bivens Stadium in Amarillo, and Stratford is scheduled to perform at approximately 3:30 p.m. They will be the last band to play in class 2A competition.

Stratford's winning tradition began in 1971 when Jeff Doughton was band director. The tradition continued when Randy Hunsaker took over as band director in 1979 when he was 25 years old.

Band Boosters President Cindy Russell states, "The band does so much for community pride. I'm really hoping we'll have a good crowd on Saturday to show the kids and Randy Hunsaker how much we thank them for all they do."

The 88 member band is led by drum majors Senior Tiffni Drake and Junior Courtney Sell. The selections the band is playing at contest are "Vera Cruz", "Somewhere Out There", "Fight Song", "Grandioso", and the finale "God Bless America".

So if you've ever appreciated the school spirit the band creates at Football games, and if you've ever enjoyed those delicious Band

Burgers during basketball season, come out and show your thanks and support, and cheer the band on to a 36th victory this Saturday.



Lexi Cisneros

Join Us at Elk Junction Sunday, Oct. 15th to Raise Funds for I.R.S.A.

I.R.S.A. (International Rett Syndrome Association) is headquartered in Houston, TX where Lexie Cisneros has been undergoing tests this week. All reports were very good and they feel she is doing well. Sunday, October 15th there will be a fund raiser for the I.R.S.A. at Elk Junction. Lexies' family will be your waiters and waitresses for the day. All tips will be donated to I.R.S.A. Lexies' parents are Jason and Laura Rogers. Grandparents are Larry and Verlie Norris and Great Grandparents are Don and Martha Ellison.

Rett Syndrome is not familiar to many people because of its rarity only 1 in 15,000 baby girls are affected by the disorder. An article in last weeks Stratford Star gives more information on the cause and symptoms. We would greatly appreciate the opportunity to serve you and at the same time help with research to find a cure for Retts so come by Elk Junction and enjoy a great meal, meet Lexie and her family.

Good Luck Band

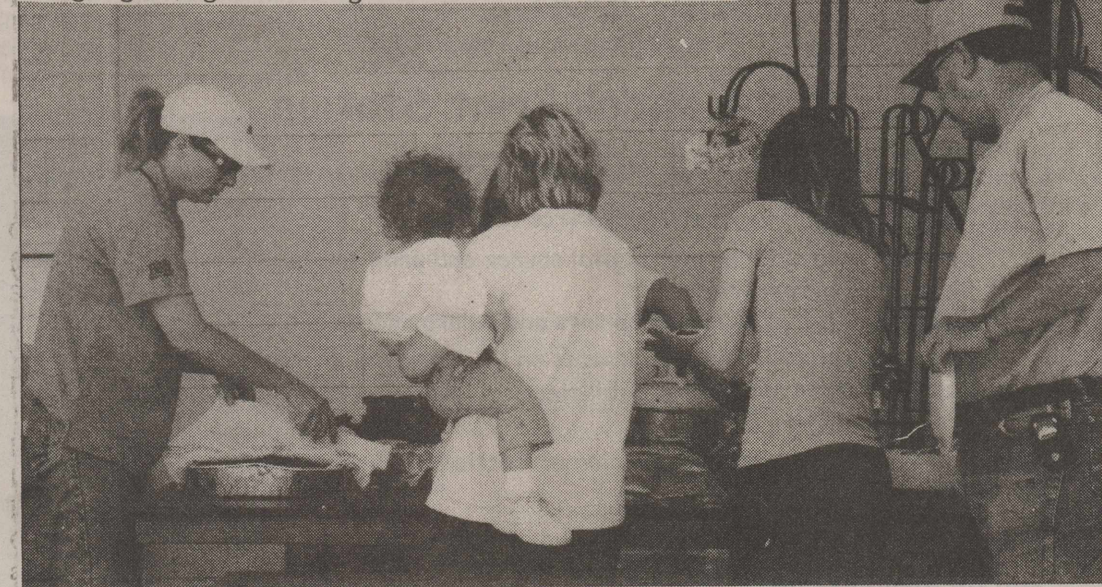


Modern Woodmen fund-raiser for Imagination Station a success

Members of the Stratford Modern Woodmen of America camp 12423 recently helped raise money for the Imagination Station at the annual Whale of a Sale Garage Sale. The event, held on September 16th, raised \$4226.30. This includes \$2,000 matched by Modern Woodmen through the organization's Matching Fund program. The money will be used for upcoming programs and supplies. The Matching Fund program offers Modern Woodmen camp members nationwide the chance to show their support of a community cause, organization or individual in need by partnering with community organizations and holding fund-raisers. Modern Woodmen matches' money raised up to \$2,500. These fund-raising projects contribute more than \$6 million to community needs nationwide each year. Founded in 1883 as a fraternal benefit society, today Modern Woodmen of America offers financial services and fraternal member benefits to individuals and families throughout the United States. The organization's Stratford Camp provides a number of volunteer services and social activities for local members. Contact Walt A. Berry at 366-7684 for more information on becoming a member or the other services Modern Woodmen can help with you and your family.



The General Store held a Customer Appreciation day on Saturday, October 7, 2006. They served hot dogs and hamburgers and drinks to the crowd that came out on a windy day. Shown above Paul Craig and Marty Bain and below some folks going through the serving line.



Field Trip Planned

Students currently enrolled in the 7th, 8th, and 9th grades have the opportunity to go on a field trip to Washington D.C. and New York City on May 30th through June 3, 2006. All travel arrangements are being handled by New Century Tours (www.nctours.com).

The sponsors for the trip are Cindy Seward and Barbara Haile.

The price for the trip is all inclusive. Students will have no out-of-pocket expenses. Besides seeing all the major sites in Washington and New York, the price also includes:

1. All general sightseeing and admissions, tickets and fees (Including a Broadway Show)
2. Round trip transportation (tour bus, airplane, Amtrack train)
3. Liability and accident insurance (National Tour Assn. and Youth Travel Assn.)
4. Security Guard at hotel each night
5. Quality hotel accommodations
6. Trip DVD featuring your trip photos
7. All meals

Payment plans are available. Deadline for registration is October 15th. For more information contact Cindy Seward or Barbara Haile (366-3320). Students can also request information packets to take home.



ELK TALES By Lynda Hauser

The Kindergarten classes of Mrs. Brown, Mrs. Burr and Mrs. Wheeler went on their yearly field trip to Wieck's Pumpkin Patch. The kids brought one dollar and were allowed to pick a pumpkin!!! The Kindergartners would like to say a special thank you to Travis Melton for always driving the Big Blue Bus!!!!!!

Third graders are once again battling for those blizzards! This is something Mrs. Garza does each year with her math students to encourage group participation and cooperation. Each class is divided into teams. The teams earn points for various things throughout the six weeks. The team with the most points at the end of the six weeks gets a coupon for a free blizzard from Dairy Queen. The first six weeks winners were the Longhorns. This team consists of Lindy Paris, Jack McBryde and Kevin Hernandez. We cleared the points and started all over for the next six weeks so the battle is on once again! The students are hard at work on learning how to read and write large numbers as well as learning about fractions. We are spending a lot of time learning about number concepts. It won't be long and we will be learning our multiplication and division facts!

First State Bank is hosting their 2nd annual Tailgate Party this Friday. Check out more information elsewhere in today's paper. It'll be great fun!

Sorry Elk Tales is short this week. With the early deadline, the teachers didn't get much to me. Maybe next week will be better.

Home

(NU) - While the fall temperatures are welcoming after the summer heat, they present new obstacles for comfort inside the home. Home improvement expert Lou Manfredini says now is the time to prepare your home for cooler weather. "With today's volatile energy prices, it is imperative to find cost-effective solutions to maintaining a comfortable home," he says. One economical solution is the Hybrid Heat system from Carrier Corp., which combines a furnace with a heat pump rather than an air conditioner - helping to reduce energy consumption and lower monthly heating bills.

if what you're working for really matters, you'll give it all you've got.

—Nido Qubein

Letters To The Editor

Editors Note: The School wanted to share this letter they received with our readers

From JOB II Enterprises, LLC
Oil & Gas
814 S. Main
Box 752
Perryton, TX 79070
To Stratford High School
801 North Eighth Street
Stratford Texas 79084
Office of the Principal
September 23, 2006

Dear Stratford Elks,

As a football fan, I have been telling myself for a couple of years that I should make time to see the Stratford Elks play. I must admit that I was more than a little concerned when I found that the Elks were coming HERE. Sure enough, your team was every bit as skilled and talented as I thought. The Elks are tough, talented, and well coached.

But that is NOT why I'm writing you today. Instead, I want to tell you what a great impression the Stratford team, band, student body, and fans all made. The team fought through some tense moments but they never lost their composure. The fans cheered hard on every play regardless of the outcome, and the band gave us a great show displaying their hard work and talent as well. And through it all, you all displayed wonderful sportsmanship. It is obvious that the students in Stratford are learning a great deal more than how to play a game or a musical instrument. You can't put on a class act like yours without learning the really important things like good sportsmanship and good citizenship that come with successful programs like yours.

I never thought I would really ENJOY a Ranger loss but there is no sorrow in losing to Stratford Friday night. We made a good showing against a fine team representing a fine school. Thank you for your great display of quality behavior. You certainly have one new fan in Perryton. (51 weeks a year!)

Sincerely with Best Wishes

John Bozeman

26th Annual Festival of Arts and Crafts to Be Held December 2

Wesley United Methodist Church will be hosting its 26th annual Festival of Arts and Crafts, December 2nd, 2006 from 9:00 a.m. to 5:00 p.m., at the Community Center. Only a limited number of booths are available, with applications being screened. Booth fee is \$10.00. Applications may be obtained by writing or calling any of the following name or number.

Ellen Collins
801 Miles St.
Hereford, TX 79045
Phone: 806-364-0774

Jane Eggen
126 Aspen
Hereford, TX 79045
Phone: 806-364-5789

Wesley Methodist church
PO Box 1743
Hereford, TX 79045
Phone 806-364-4419 (this will be on an answering machine but leave a message and we will get back to you)

SISD School Events

All Stratford ISO School Events will be posted on the Sherman County Community Calendar. The calendar may be accessed by clicking on the "Events Calendar" link off of the Stratford ISD Website at www.stratfordisd.net Or by going to the Sherman County Development Committee website at www.shermancountytexas.org and clicking on the community calendar link on the right side of the home page.



Book Order forms available at Chamber

Chamber of Commerce Manager Ann Wells is shown above with a copy of the book "Romancing the Texas Panhandle: An Affair to Remember" written by Mariwyn Webb.

Beat Spearman

The Stratford Star

Published Every
Thursday at 805
Purnell, Stratford, TX
79084

Martha (Marty)
Robertson Editor &
Publisher

Shari Hudson-
Advertising &
Photography
Subscription Rates
\$25.00 per year in
Sherman &
Adjoining Counties
\$32.00 per year all
others
\$20.00 per (9
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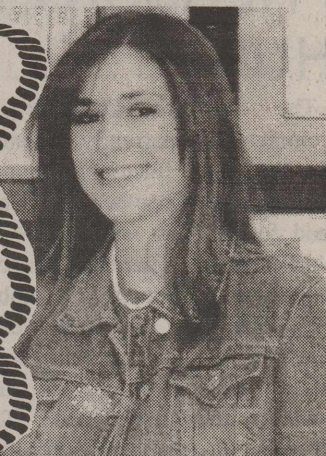
249-4202 Jim Stevenson
Owner

Dalhart • Stratford • Hartley
Licensed & Insured

Good
Luck
Elks

GET'ER DONE
DUNCAN
CHEVROLET
STUDENT OF THE
WEEK
EVAN HAILE

Evan Haile-Evan is the Senior Class President and V.P. of the student council. She is on the Speech team and a member of several UIL academic teams. She is also in the Band, One-act Play and a member of the National Honor Society
Get'er Done



FIRST STATE BANK 2ND ANNUAL TAILGATE PARTY ELKS vs. SPEARMAN LYNX FRIDAY, OCTOBER 13, 2006 5:00 P.M.

It will be on the south side of the bank on
the lawn.

Pig Roast, Drinks & Music.

Come Bring Your Chairs
and Join Us For Some
Fun Before the Elks Take
on the
Spearman Lynx



MITCHELL THEATRES
NCS
GUYMON, OKLAHOMA

Movies Beginning October 13

The Grudge 2
PG-13 Sarah Michelle Geller

Man of the Year
PG-13 Robin Williams

The Marine
PG-13 John Cena

Employee of the Month
PG-13 Jessica Simpson Dane Cook

Texas Chainsaw Massacre:
The Beginning
R Jordana Brewster

The Departed
R Jack Nicholson Leonardo DiCaprio

Open Season
PG Animated

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Engagement Announced

Mr. & Mrs. Max Christian of Stratford would like to announce the engagement and approaching marriage of their daughter Chelsea to Zack Miller. Zack is the son of Clinton & Yvonne Miller of Stratford. The couple plan to be married December 9, 2006 at First Christian Church in Stratford.

Tri-County Electric Clarifies Meter Location Policy

HOOKER, Okla. (October 4, 2006) - Tri-County Electric Cooperative CEO Jack Perkins released the following statement today in response to questions from members about the location of electric meters on both existing buildings and new construction.

"Tri-County Electric has a flexible policy on the location of electric meters at the homes and businesses we serve. Generally speaking, the cooperative prefers to locate meters in alleyways when installing new service or relocating an existing service as part of a major renovation. However, Tri-County Electric understands that every installation is unique, and thus, we are more than happy to work with property owners, electricians and developers on a case-by-case basis to find the best solution for each member.

"When developing any of our policies, the cooperative always strives to find the best balance of safety, reliability, efficiency, and member convenience.

"Members, contractors and developers with questions about meter location, or any other Tri-County Electric policy, should contact Manager of Customer Service Roy Smothermon for more information."

Tri-County Electric Cooperative, Inc., is dedicated to providing members with safe and reliable electric service at the lowest practical price.

Headquartered in Hooker, Okla., Tri-County Electric is a not-for-profit distribution cooperative owned and controlled by its members. The utility serves approximately 23,000 customer accounts in the Oklahoma Panhandle, southwestern Kansas, and the northern border of the Texas Panhandle. Tri-County Electric is a Touchstone Energy cooperative. For more information, visit

Health

(NU) - Studies show that lack of sleep can cause metabolic changes that may lead to overeating and obesity, according to some health experts. Those who have trouble falling asleep may find relief from over-the-counter products. For instance, Insomnia, from the "Spray" line of sublingual sprays (www.thespray.com), can help alleviate the anxiety and stress that make it difficult to sleep. A combination of natural remedies, Insomnia curbs immediate symptoms and works at a deeper level, helping you to sleep more soundly and comfortably, according to the manufacturer.

TEXAS EVANGELIST TO CONDUCT CRUSADE

Evangelist Charles Massegee will be in Stratford to conduct a Meet Jesus Crusade at First Baptist Church. Services will be at 7:00 p.m. each evening, October 15th through the 18th.

Charles Massegee, of Ranger, Texas, comes from a family which has long been devoted to the Christian Life. "Massegee" in Welsh means "messenger" and the Massegees have been God's messengers around the world for generations. Charles' grandfather and father were evangelists and also pastors of Southern Baptist Churches for over 140 years combined. Both preached until they were almost 90 years old.

Beverly Massegee is not the typical preacher's wife. But then, neither is her husband a typical preacher. Beverly is a former movie actress and Playboy circuit entertainer. Charles' preaching may be described as new, inspiring, or provocative—but certainly not as "typical." Beverly is also a profession ventriloquist. Erick, the wonder dummy, never fails to intrigue both young and old with his unconventional views of well-known Bible stories and his perceptive insights into the lives of the church members. The Massegees are one of the most sought-after crusade teams in America.

Rev. Billy Chambers, interim pastor of First Baptist Church, invites the public to hear Evangelist Charles Massegee.

Tips for Improving Your Home Energy Awareness

(NU) - The cost of energy is hard to keep track of. Generally we only see the price tag after we've used the energy.

Homeowners may prefer to focus on energy awareness — using energy wisely and enjoying the maximum benefit of every energy dollar spent. Every little bit of energy saved adds up to a tremendous national savings.

Most of us save on home energy use in one or more ways:

- Changing the incandescent light bulbs for energy-saving compact fluorescent ones. For each one you change, you can save as much as \$50 yearly.

- Using Energy Star-products such as an air conditioner with a 13 or higher SEER rating (seasonal energy efficiency ratio). When buying a new unit, have it properly sized, because one that's too small or too large for your home wastes energy dollars.

- Turning off appliances and lights when not in use, which is a simple and effective way to cut down on energy bills.

- Using humidifiers or dehumidifiers to adjust comfort levels in the home.

- Sealing leaky doors and windows to keep the air inside, where you want it.

- Installing a programmable thermostat to keep your house comfortable when you're home and save money when you're not.

- Having your home's heating and cooling systems checked to keep them in optimum working order. Inefficient home comfort systems cost more in the long run in terms of both money and discomfort.

- Using contractors employing NATE-certified technicians to ensure the technician working on your heater or air conditioner knows what they are doing.

To find contractors with NATE-certified technicians, go to the Consumer Contractor Connection at www.natex.org.

Amarillo Opera "Falstaff" Saturday, October 14

By Gaynelle Riffe

The Amarillo Opera in association with Amarillo College presents "Falstaff" October 14, at 7:30 p.m. at the Globe News Center for the Performing Arts.

Sir John Falstaff, the fat knight, who thinks all the ladies are in love with his enormous self, is the butt of every joke. It is a fun soap opera with music.

Gene Murray designed the costumes with color into the design of every role on stage. Murray's comments: In Falstaff, the singers are all in the "know" about the situation except Falstaff. The adult costumes were designed with serious, strong colors to represent that knowledge. Alice is in teals, Meg in burgundies and Dame Quickly in purples. Black and green were chosen for Ford because of his jealousy and anger and mostly black for Dr. Caius who takes himself so seriously. Falstaff who thinks of his enormous self as a ladies man has the frivolous color of yellow. Yellow, in its brightest hue, is also gaudy and shows his poor taste in clothes. It not only makes him look bigger on stage but will stand out in contrast to the ladies strong colors. Yellow makes one smile and we will all be smiling at poor Falstaff.

Shades of Blue was chosen for the young lovers in contrast to the adults and Falstaff. Most of the audience is not aware of the way the colors represent the characters but it tends to help the audience identify each character as they leave and return to the stage. Colors come alive on the Globe News Center Stage with the Presentation of Amarillo Opera "Falstaff Saturday October 14.

Home

(NU) - The do-it-yourself market is growing among homeowners, and this segment of consumers is savvy and more skilled than ever. Nailite, a leading manufacturer and distributor of premium residential and commercial siding, supplies direct to the DIY market. The company created the SideRight brand, which consists of siding panels designed specifically for at-home projects. Through a Web-based program, the panels can be ordered online and deliveries made right to the consumer's driveway. For more information, log on to www.sideright.com.

A barking dog is often more useful than a sleeping lion.
—Washington Irving

Good Luck Band

Good Luck Elks

Charles Massegee

MEET JESUS

CRUSADE

Come and Experience God's Love



Beverly Massegee
Inspirational Music



Charles Massegee
Anointed Preaching



Beverly & Erick
Fun With the Wonder Dummy

A MESSAGE OF UNCONDITIONAL LOVE

First Baptist Church of Stratford October 15-18 at 7:00 p.m.

There will also be a noon day service Monday through Wednesday with lunch beginning at 11:45 a.m. and concluding at 12:45 p.m.

We hope to see you there!

First Assembly of God

Kevin Anderson, Pastor

921 Fulton

Sunday School 9:45 am

Morning Worship 10:45 am

Evening Worship 6:00 pm

Wed. Bible Study 7:00 pm

First Christian

Rev. Walter Reed

5th & Main

Sunday School 9:45 am (nursery)

Morning Worship 10:45 am (nursery)

No Sunday Evening Worship Service

Wed. : Youth Choir 3:45 pm, Chi Rho 5 p.m.,

CYF 6 p.m., Bell Choir 6:50 p.m., Adult Choir 8 p.m.

First United Methodist

Rev. Gene Weinette

520 N. Main

Sunday School 9:20 am

Morning Worship 10:30 am

Junior High UMY 5:00 pm

Senior High UMY 6:00 pm

St. Joseph Catholic

Father Aleksy Kowalski

6th & Pearl

Rectory - 366 - 5687

Sunday morning: 9:00a.m. (English), 12 noon. (Spanish)

Service - Wed. Thurs. Fri.—6 p.m. Sat. 5 p.m.

Sacrament of Reconciliation: Before Mass. or by appt.

Christian Formation Classes: K-6th Grade, Wed. afternoon

Jr. & Sr. High, Wed. - 6:30-8:30 p.m.

Church of Christ

Ernie Maiwald

N. 3rd & Chestnut

Sunday School 9:30 am

Morning Worship 10:30 am

Evening Worship 5:00 p.m.

Wednesday Bible Study - 7:00 p.m.

Heritage Bible Baptist

Pastor Rick Carter

302 S. Main - For More Info—call 396-2212

Morning Worship - 11 a.m.

Evening Service 6 p.m.

Wed. Service - 7:30 p.m.

First Baptist

Pastor Billy Chambers

702 N. 3rd

Sun.—Coffee - 8:30 Sunday School - 9:30

Worship Service - 10:30

Wed. - Children—6:00, youth—7:00

La Mision Bautista

Mision Bautista

401 S. Wall 396-5376

Domingo-(Sunday)

Estuela Dominical 9:45 am

Miercoles (Wednesday)

Servicio De Adoracion 11:00 am

& Servicio De Oration 6:00 pm

Servicio De Adoracion 6:00 pm

Susninos Durante El Servicio.

Estudio Biblico

Se Cuidamos

Templo Hispano Eben-Ezer

Pastor Roberto Frescas

205 N. Poplar - Hwy 287

Escuela Dominical 10 a.m.

Servicio De Adoracion 5 p.m.

Meir Co Les Serv De Ador 5 p.m.

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Hamilton Shows At Tri-State Fair

Braden Hamilton took Reserved Champion ORB Heifer at Amarillo's Tri-State Fair held in September, 2006. Congratulations Braden. He is the son of Glen and Belinda Hamilton.

Senator Kel Seliger, Hereford Dignitaries & Sherman County Development

Join Together for Meeting

**October 18th at
The Imagination Station
Town Hall Meeting**

11:30-12:30

Brisket Lunch 12:35

"Get Ready for Progress!"

12:50-1:30

***Must RSVP to SCDC for lunch at-806-366-2897 or email scdc@xit.net**

NUTRITION NEWS & NOTES

The Skinny On The AHA's New Fat Guidelines

by Shalene McNeill, Ph.D., R.D.
(NAPS)—The American Heart Association's (AHA) new guidelines call for Americans to reduce their saturated fat intake from 10 percent of all calories consumed to 7 percent—but that doesn't mean you have to give up the foods you love.

Consider this: America's favorite meat, beef, comes in 29 cuts that meet USDA guidelines for leanness. The average three-ounce cut of lean beef contains more essential nutrients and only one more gram of saturated fat than a skinless chicken breast.

Lean beef also happens to be as versatile and accessible as it is healthy. Seventeen of the 20 most popular beef cuts sold at grocery stores, including tenderloin, T-bone and flank steaks, meet the federal guidelines for leanness. With so many cuts to choose from, you have a lean option for just about any beef recipe.

In trying to cut fat from their diet, many health-conscious people avoid beef based on common myths about its nutritional value. The reality is that beef has many heart-healthy benefits:

Myth: People with high cholesterol should not eat beef.

Reality: Research shows that eating five to seven ounces of lean beef every day as part of a heart-healthy diet lowers cholesterol as effectively as eating chicken or fish on a daily basis.

Myth: The majority of beef's fatty acids are saturated fat.

Reality: More than half of the fatty acids contained in lean beef are monounsaturated, the same heart-healthy fat found in olive oil. Furthermore, one-third of beef's saturated fat content comes from stearic acid, which has been shown to have neutral effects on blood cholesterol.

Myth: Dieters should cut beef out of their diets if they want to lose weight.

Reality: Recent studies show that consuming lean beef helps people control their weight and improve their body composition.

Choosing lean meats is just one component of heart health. The AHA recommends a healthy lifestyle pattern that includes regular physical activity, healthy weight maintenance and avoiding tobacco products.

Shalene McNeill is a registered dietitian for the Texas Beef Council and past president of the Texas Dietetic Association.

The Stratford Star Wants to Wish

**Good Luck to the Elks on
Friday- October 13th
1st District Game**

**Good Luck to the
Big Blue Band
Saturday, October 14
Marching Contest**

Get Rewarded

Reward
Checking

ISN'T IT TIME YOU
EARN INTEREST ON
YOUR PERSONAL
CHECKING ACCOUNT?

Start earning today.*
You deserve it!

- EARN **4.85%** apy*
- EARN INTEREST
- EARN FREE ATM USE.
Anytime. Anywhere.
- FREE REWARD
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The Stratford ISD board of Trustees met in regular session on Tuesday, October 3, 2006. President Joe Reinart established a quorum was present and called the meeting to order at 7:02 PM.

Board members present: Joe Reinart, Brent Spurlock, Patti Vincent, Greg Wright, Steve Hays, and DeWain Traylor.

Board members absent: Barney Willborn.

Guests present: Misti McBryde, Steve Haynes, Clint Seward, Dinah Horsford, Lynette Kautz, Judy Stoy, Tami King, and Brenda Brownlee.

Mrs. McBryde led the invocation.

Mr. Gilliland introduced guests. Judy Stoy, Tami King and Brenda Brownlee were present to present the TEEG grant and Kaci McBryde was there to present the Dyslexia guideline changes.

Mr. Gilliland gave the monthly recognition. The Lady Elks and Elks Junior High cross country team competed at the Hugoton Cross Country meet and did well. Top ten finishers included Kelsie Keener 3rd and Tori Rouse 8th. The team placed 1st. Top ten finishers for the boy's team included Justin Mungia 9th and Kyle Horsford 10th. The boy's team was 3rd overall. At the Sunray meet, Kelsie Keener was 1st overall and the girl's team was 4th. Justin Mungia finished 11th. Congratulations to these athletes on their efforts. The Lady Elks High team competed at the Amarillo meet. Kristen Crabtree finished 5th overall. At the Sunray meet, the team placed 7th and Kristen Crabtree was 3rd overall. Congratulations to these girls.

Mr. Seward and Brenda Brownlee presented the Junior High Texas Educator Excellence grant proposal. They explained the guidelines from the state that had to be followed. The board received a copy of the proposal and asked questions.

Mr. Haynes presented the High School Texas Educator Excellence grant proposal. He passed out a copy to the board and they asked questions.

Both proposals will be submitted to Texas Education Agency for approval and are good for this year only.

Discussion was held. Steve Hays made the motion to approve the Junior High TEEG proposal as presented. DeWain Traylor seconded. Motion carried 6-0.

DeWain Traylor made the motion to approve the High School TEEG proposal as presented. Patti Vincent seconded. Motion carried 6-0.

Mr. Gilliland thanked the administrators and the faculty committees for the time and effort they spent writing the proposals.

Discussion was held on the proposed Dyslexia guideline changes. Patti Vincent made the motion and Brent Spurlock seconded to approve the changes as presented. Motion carried 6-0.

Mrs. McBryde gave the elementary report. She passed out the weekly bulletin. K-2nd grade teachers are completing parent conferences. The K-2nd grade teachers plus the special services staff had a half day training from Wanda Doughten on the 3 Tier reading program. She explained the 3 Tier reading program to the board.

Mrs. Berry is administering the SDAA benchmark test to the special Ed students and 3rd and 4th graders continue to taking the PAS series tests.

Mr. Seward gave the junior high report. He reported that most of the junior high students are participating the homecoming dress-up days. The junior high cross country teams will compete in the WTAMU cross country meet this Saturday. There will be a 5th grade parent meeting to address the student success initiative.

Mr. Haynes gave the high school report. Benchmark tests are being administered. The exit level TAKS tests will be given next week. He reported on three students that completed their GED and thus will not be counted as dropouts. The band marching

contest will be October 14th at Dick Bivins stadium. The district cross country meet will be on Monday, October 23 in Canadian.

Mr. Gilliland gave the superintendent report. He gave the transportation report. Cost per mile was .39cents for the month. He then gave the monthly budget summary. Monthly expenditures are at 6.62% and revenue collected at 2.64%. Tax collections are at 96.9%. Enrollment for the district was as follows: Mary Allen Elementary - 231, Junior High -170, and High School -180 for a total district enrollment of 581.

A public hearing was held on the Financial Integrity Rating System of Texas (FIRST) rating. The district received a superior achievement rating.

Mr. Gilliland reported to the board on the district ESL/LEP counts. The counts were as follows: MAE - 53 students, JH - 6, HS - 11 for a total district count of 70. Mr. Gilliland reminded the board of the TASB Fall Legal Seminar on November 15th and the TASB Winter Governance Conference in Corpus Christi on February 15-17.

Brent Spurlock made the motion and Steve Hays seconded to accept the consent agenda as presented. Motion carried 6-0.

The board canvassed the Chapter 41 election results. The totals were: Proposition #1- For - 66, Against - 4, Proposition #2 - For -61, Against - 7. Patti Vincent made the motion Greg Wright seconded to approve the election results as presented. Motion carried 6-0.

Patti Vincent made the motion and Brent Spurlock seconded to elect Greg Wright as the Stratford ISD representative to the Appraisal District board. Motion carried 5-0-1, Greg Wright abstained. Discussion was held on nominations to submit for the two positions that will be open. Karen Riffe will be submitted as the SISD nomination.

Discussion was held on the XIT Rebate Program. Brent Spurlock made the motion and Steve Hays seconded to allow the funds received from the rebate program to go to the Stratford ISD Education Foundation. Motion carried 6-0.

Discussion was held on personnel issues.

Mr. Gilliland went over the change to the driveway at the Ag shop. Steve Hays made the motion and Patti Vincent seconded to approve the change order as presented. Motion carried 6-0.

Lynette Kautz went over the current renovation costs.

Joe Reinart read a letter from John Bozeman, a Perryton businessman, commending the Stratford fans, student body, band and football team on their performance and sportsmanship during the Perryton football game.

There being no further business, the meeting was adjourned 9:27 PM.

Internet

(NU) - Online banking is fast becoming the norm. Many banks offer it for free, it's easy and some say it's even safer than banking in a brick and mortar branch. One reason for the jump in popularity is the convenience of paying bills online. NetBank, for example, offers its customers an online bill service that automatically notifies them when they receive an electronic bill. In addition, paying online can actually help protect people from identity theft, since the majority of fraud cases occur offline. For more information, go to www.netbank.com.

Auto

(NU) - Are you looking for a good deal on a car rental for your next trip? Rent-A-Wreck has some ideas to help consumers get the right car and the best value: Look into "neighborhood" or non-airport car rental companies because they tend to offer more reasonable rates and will often still pick you up at the airport. Also, remember to choose the right mileage plan; many infrequent renters will end up paying the premium rate by unnecessarily requesting unlimited mileage. To find Rent-A-Wreck locations nationwide, call 800-535-1391 or visit www.rentawreck.com.

HOLIDAY ARTS AND CRAFTS BAZAAR

Eta Alpha's 23rd Annual Arts & Crafts Bazaar is Saturday, October 28, 2006 in Boise City, Oklahoma at the Community Bldg. on North Main Street. Shopping from 10:00 a.m. to 4:00 p.m.

Come Christmas shop with us early. Jewelry, Baked goods, Old wood furniture, Jams & jellies mixes, Origin of names on mouse pads & key chains, Holiday decorations, hand embroidery & Italian charms, Dog collars, Scissors & Hobby tools and many numerous all hand crafted gift items for the holidays. Again, this year Commercial booths accepted in Arena Area. Lunch will be available. Spend the day with us. At 4:00 p.m. we will draw for a Lighted mirrored back oak Curio Cabinet. You can be in on this for a \$1 donation with all the proceeds going to help fund Soutar Memorial Library. In addition there will be a silent auction going on all day with the bidding closing at 3:00 p.m.

Any individual or business interested in obtaining a Booth Space, call Jan Terry immediately at 580 544 2293.

Holiday Arts & Crafts Bazaar, Saturday, October 28, 2006 in Boise City, OK. at the Community Bldg. on North Main Street -10:00 a.m. until 4:00 p.m.

SWCD Directors to Attend Annual Meeting in Arlington

Soil and water conservation district directors from the Sherman County Soil and Water Conservation District will be attending the sixty-sixth annual meeting of Texas Soil and Water Conservation Districts October 23-25 in Arlington, Texas.

Key speakers, who will address the state's conservation district officials on Tuesday, will be State Senator Todd Staples of Palestine, State Representative Rick Hardcastle of Vernon, Krysta Harding, Chief Executive Officer, National Association of Conservation Districts, Washington, D.C., and Dr. Larry Butler, State Conservationist, USDA-NRCS, Temple, Texas.

On Monday, directors in Zones two and four will elect directors to represent them on the state association board of directors.

Zone Two consists of 44 conservation districts in the western hill country to the big bend region of the state. Zone Four consists of 37 conservation districts located in the piney woods to the gulf coast region of the state.

Barry Mahler, president, Association of Texas Soil and Water Conservation Districts, (ATSWCDS) will address the assembly of directors on Tuesday. Also on Tuesday directors will elect a president and vice president of the ATSWCDS. Mickey Reynolds, Wharton County Commissioner, will

present a motivational talk on Tuesday.

At the conclusion of the conference, a tour of the Winscott Ranch will be held. Tour participants will hear a talk on the natural and cultural history of the Grand (Tall Grass) Prairie as well as have an opportunity to view native and managed pastures on the ranch. Another scheduled tour will include a visit to the Lone Star Park in Grand Prairie. The Park is a 285 acre entertainment complex featuring live and simulcast racing. Tour participants will be able to observe the training and workouts of horses at the track.

Attending from the Sherman County SWCD district will be Scott Buckles. Scott Buckles is currently serving as Zone one Association Director. Zone one area covers the top 49 conservation districts consisting of 51 counties in the Texas Panhandle.

In Texas there are 217 soil and water conservation districts. Each district is governed by five directors and is an official subdivision of state government.

I love a dog. He does nothing for political reasons.
-Will Rogers

OPEN LETTER TO THE CATTLE PRODUCERS OF SHERMAN COUNTY, TEXAS REGARDING "DEADS" DUMPED IN RIGHTS OF WAY

It has come to the attention of the officials of Sherman County, Texas and the Texas Department of Transportation (TxDOT) that rendering companies have now begun to charge for the removal of carcasses of dead cattle. It had been the practice to drag the "deads" to the ditches, and in many cases the roadsides, so that the carcass would be handy for the "used cow" truck to pick up the carcass.

This practice is not acceptable unless the cattle producer intends to have the carcass picked up. Dragging the carcass to any highway, farm-to-market road, or county road, and leaving it is a violation of the solid waste disposal provisions of Texas, in addition to being against the law, the carcasses pose a traffic hazard, a health hazard, and makes for unsightly roadsides.

The purpose of this letter is to inform cattle producers that Sherman County officials will investigate complaints of cattle dumping, and take action to discourage the activity. Just be aware that cattle dumping on state and county rights of way is illegal, and there are misdemeanor and even felony sanctions to punish those responsible. Please also be aware that neither Sherman County nor TxDOT will remove these carcasses.

The officials of Sherman County and TxDOT are counting on your cooperation so that roadsides in our county remain clear. **REMEMBER DUMPING DEAD CATTLE NEAR HIGHWAYS AND ROADWAYS IS ILLEGAL**

Every dog must have his day.
-Jonathan Swift

Web site information Helps Reduce Cases of Food borne illness
By Linda Anderson

COLLEGE STATION - After the recent nationwide outbreak of food borne illness linked to spinach contaminated with E. coli, consumers might be concerned about buying and eating fresh produce. But that shouldn't be the case, said Dr. Suresh D. Pillai, professor of food safety and environmental microbiology at Texas A&M University.

And he should know. As a Texas Agricultural Experiment Station Faculty Fellow and researcher, he was also project director of the Tri-State Fruit and Vegetable Safety Consortium.

"The ultimate goal of the project was to improve the safety of fresh produce," according to the consortium's Web site at <http://fruitandvegetablesafety.tamu.edu>

In addition to Texas A&M, the U.S. Department of Agriculture-funded consortium also included the University of California-Davis and the University of Florida.

"Our research indicated that agricultural practices are so varied across the United States and that there was no one size fits all solution," Pillai said. "Our study highlighted the importance of preventing pathogen contamination at the farm, during transportation, (and) during packing and processing."

Consortium members studied how and where pathogens are introduced onto certain fruits and vegetables, what kinds of

1890 LAND-GRANT INSTITUTION RECEIVES FUNDS TO PROMOTE JOBS AND BUSINESS GROWTH

TEMPLE, TEXAS, September 27, 2006 — Bryan Daniel, USDA Rural Development State Director, announced today Prairie View A&M University has been awarded a cooperative agreement of \$96,255 through the 1890 Land Grant Institutions Rural Entrepreneurial Outreach and Development Initiative. The funds will be used to provide outreach and technical assistance to develop entrepreneurs and businesses, including cooperatives.

"USDA Rural Development is delighted to provide an award to Prairie View A&M University that is designed to focus on start-up and expansion of businesses in the 13 targeted rural communities," said Daniel. "This assistance will give rural entrepreneurs the ability to compete both at home and in the global marketplace."

The 1890 Land Grant institutions Rural Entrepreneurial Outreach and Development Initiative will provide assistance through the funding of community business workshops, training workshops, technical assistance to municipalities, business plan and loan packaging assistance and other services critical to developing small businesses and economies in rural communities.

USDA Rural Development's mission is to deliver programs in a way that will increase economic opportunity and improve the quality of life of rural residents. As a venture capital entity, USDA Rural Development provides equity and technical assistance to finance and foster growth in homeownership, business development, and critical community and technology infrastructure.

Further information on rural programs is available at a local USDA Rural Development office or by visiting the web site at <http://www.rurdev.usda.gov>.

processes are most effective in controlling this contamination, and how these findings can best be used by producers and processors, and consumers.

"Food borne illness in the United States needs to be drastically reduced," he said.

An estimated 76 million cases are reported each year in this country, according to figures from the Centers for Disease Control and Prevention. Symptoms include diarrhea, nausea, vomiting, stomach cramps, fever and headaches; some cases are serious enough to require hospitalization or cause death, according to the CDC.

While most of these food borne illnesses are not linked to fresh produce, in recent years an increasing number have been caused by fresh fruits and vegetables, Pillai said.

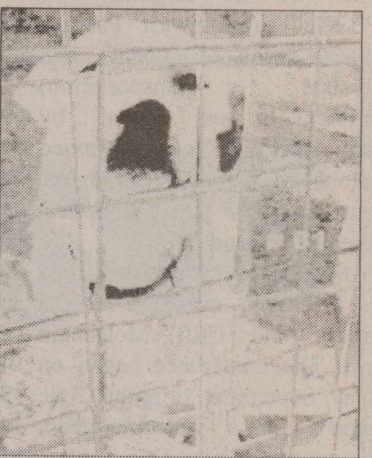
Contamination by such pathogens as E. coli, salmonella or Hepatitis A can occur while crops are growing, being harvested or during the time between harvest and consumption, he said. But food safety practices from both producers and consumers should help eliminate many of these illnesses, Pillai said.

The simple practice of thoroughly washing fresh produce before eating can help remove many of these disease-causing organisms, he said. Cooking also kills many of these pathogens, he added.

But eliminating food borne pathogens begins from the ground up, Pillai said.

"Producers need to understand how to deal with this issue, and consumers have the right to

Pet of the Week



The Dalhart Animal Rescue Shelter needs your old blankets, towels, & rugs for the dogs and puppies. If you have any that you would like to provide them, please contact Linda Reimer at 244-6326 (leave message) or 249-5333. You can also drop them off at the shelter.

The Dalhart Animal Rescue Shelter ("no "kill" facility) currently has over 100 dogs and puppies available for adoption. These dogs are all sizes & range in age from 4 weeks on up. The older dogs have been spayed and/or neutered & have their shots. These dogs need a good home.

We are also seeking responsible individuals to provide foster care for the dogs.

If you feel you would like to take one or two and care for them for a couple of months, we will provide free food. AH of these dogs have had their shots and are looking for lots of love. Please contact Diane Trull at 244-3216 for additional information.

Go Elks

Both consumers and producers will be able to find answers to many of their questions through the Tri-State Fruit and Vegetable Safety Consortium and its Web site, Pillai said. For example, the page for consumers has links to information on safe ways of handling, selecting, storing, washing and preserving fresh produce.

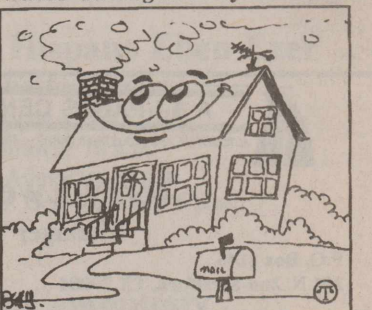
The page for the produce industry has links to information for growers, packers and shippers, and processors.

But don't forget to use a little common sense, Pillai said. Don't let fear and news reports eliminate fresh fruit and vegetables from your daily diet.

"There are billions of microorganisms in just one gram of soil," he said, "So there's no such thing as a sterile fruit or vegetable."

Home Ideas

(NAPS)—After a flood in your home, the Institute of Inspection, Cleaning, and Restoration Certification (IICRC) recommends you do not attempt to handle things yourself, but hire a certified water restoration firm that employs professionals trained to assess and repair water damage. They can also



locate hidden damage to ceilings, walls and contents caused by moisture in structural components. To find an IICRC-certified water damage restoration firm, visit www.certifiedcleaners.org or call (800) 835-4624.

Consumer

(NU) - Keeping your clothes looking as new as the day you bought them can present a challenge. To get the best wash out of each cycle, wash similar sizes together so the detergent distributes evenly, and use a laundry booster such as 20 Mule Team Borax. Borax acts as a water conditioner, which enhances your regular detergent's cleaning power. Afterwards, using a clothesline or drying rack is better for your garments; in addition to saving money, you are also going green. To avoid ironing, remove your clothes from the dryer slightly damp and hang them up. For more ideas on caring for clothes, visit www.20muleteamlaundry.com.

**2006 SPIRIT 54
Conference held in
Alamogordo, NM.**
By Gaynelle Riffe

The U. S. Highway 54 S.P.I.R.I.T. (Southwest Passage Initiative for Regional and Interstate Transportation) Conference was hosted by Alamogordo, New Mexico Chamber of Commerce Transportation Committee, September 28 and 29.

A barbeque reception was held on Thursday evening at the Barbara and Cliff McDonald Farm. The conference began on Friday, September 29 at the Civic Center with a welcome from Alamogordo Mayor Don Carroll followed by video greeting from NM US Senator Jeff Bingaman, US Senator Pete Domenici and Congressman Steven Pearce.

Max Zimmerman, Liberal, KS, a founder of the present SPIRIT organization, carrying on in his father's footsteps who was with a group to attend a US Highway 54 convention in Alamogordo in 1947, reviewed the history of SPIRIT and gave an update on the goals and plans for the future. The most important accomplishment in the last federal authorization is naming U. S. 54 SPIRIT as a National Highway Priority Corridor.

A panel representing the four states made presentations of the economic development growth in their states. This growth and plans for growth adds hundreds of vehicles to the traffic on U. S. Highway 54, emphasizing the need for more upgrades. Texas representatives Roy Gilyard from El Paso reported on the huge

boom to Ft. Bliss Army Base located on US. 54 and Kristine Olsen, Dalhart reported on the dairy's, and the new cheese plant, with permitting sought for an ethanol plant affecting US 54 in the Panhandle.

The next panel consisted of the Departments of Transportation from the four states: Larry Thompson, Kansas reported on the continued 4 lane divided construction in Kansas from Wichita to Liberal; Gary Shubert and Paul Gray New Mexico reported on finished projects of 4 lane divided from El Paso to Tularosa and the enhancement projects to the existing 2 lane from Tularosa to Santa Rosa at 140, with wide shoulders and passing lanes with Right of Way to construct 4 lane divided in the future. Plans for Tucumcari to the State Line only include maintenance at this time; Oklahoma, Scott Armstrong reported on work continuing in the Oklahoma panhandle with funding for half of their 15 miles to complete 4 lane divided in Oklahoma: Texas Mark Tomlinson's report was not too optimistic on the Panhandle portion of U.S. 54. A recent realignment of top priority for projects on the Texas Trunk system placed the panhandle project in the bottom third. The project could obtain more interest with earmarking from the federal level from the Senators and Representatives.

The luncheon speaker was Felix Chavez, Patrol Agent with the U.S. Border Patrol. He gave some interesting insight on controlling the border.

The SPIRIT Conference 2007 will be hosted by Liberal, Kansas.

**Ports-to-Plains
summit to be held
in Lubbock,
October 11, 12**
By Gaynelle Riffe

The Ports-to-Plains summit will begin in Lubbock on October 11 with a reception from 5:30-7:00 at the Holiday Inn and Towers. US Senator John Cornyn will be speaking at the reception.

A full day conference theme "Taking care of Business" will begin at 7:30a.m. with a continental breakfast Thursday, October 12, at the Lubbock Civic Center, exploring innovative opportunities to efficiently move goods and services along the Ports-to-Plains Trade Corridor. The sessions include discussions on economic development, the outlook on trade along the corridor, energy, trucking and much more.

International trade Opportunities will be discussed by Al Zapanta with US Mexico Chamber and Henry Wells with the Canadian consulate.

U.S. Representative Randy Neugebauer (the father of Ports-to-Plains) will give the luncheon keynote address.

Late registrations will be accepted at the door.

Cup O' Cappuccino

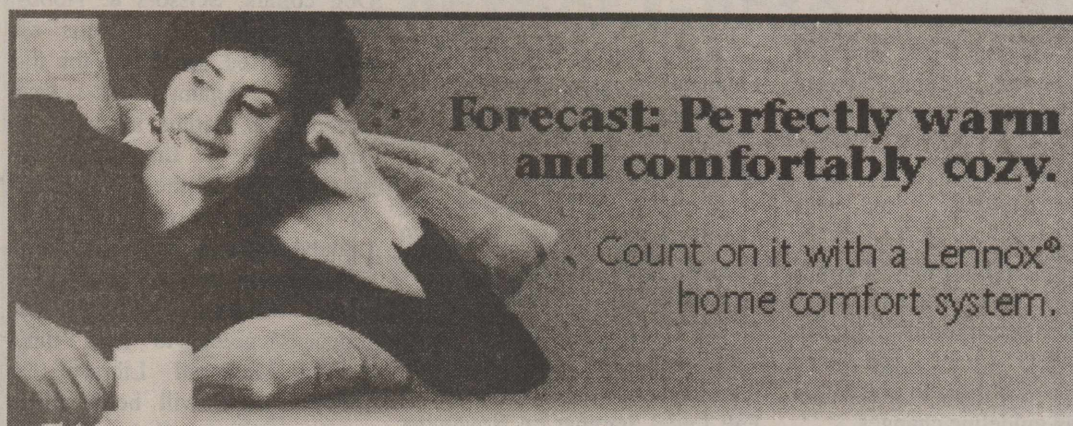
Ingredients:
1½ cups (12 oz.) Kozy Shack® Real Chocolate Pudding
3 Tbsp. cappuccino instant coffee powder
1 tsp. cocoa powder
2 tsp. chocolate chips
Whipped cream

Preparation:
In a small bowl, mix together Kozy Shack® Real Chocolate Pudding and cappuccino. Spoon mixture into a large coffee mug. Sprinkle cocoa powder and chocolate chips over top. Complete with a dollop of whipped cream.

Preparation time: 5 minutes
Yield: 1 serving
For more quick-fix recipes, visit www.kozyshack.com.



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Auto Care

(NU) - Auto breakdowns in winter can be deadly, so having your vehicle serviced before the season sets in is important, according to the experts at the nonprofit National Institute for Automotive Service Excellence. ASE recommends asking a certified auto technician to check the tightness and condition of drive belts, clamps and hoses. For routine battery care, scrape away corrosion from posts and cable connections and re-tighten all connections. ASE was founded to improve the quality of automotive service through voluntary testing and certification of automotive professionals, so look for qualified technicians who wear the blue and white shoulder insignia. Log on to www.ase.com for more car care tips.

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<p>Betty Brown's Medical Claim Service 605 S. Main P.O. Box 7 Stratford, TX 79084 806-396-2623</p>	<p>This space available</p>
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**BP AMERICA PRODUCTION COMPANY-GAS
ODORIZATION PROGRAM**

BP America Production Company is committed to safety and environmental excellence. The company is a leader in the industry in the implementation of safety programs to protect its neighbors, employees and customers.

As part of BP's gas safety program, BP will be implementing a gas odorization program for domestic gas transported by homeowner gas lines from BP operated wells. Mercaptan, an odorant, will be injected into the gas line near the BP operated wellheads. This odorant will enable homeowners and surrounding neighbors to identify any gas leaks on these gas lines. Those domestic gas lines are located in the area of SHERMAN. Homeowners that are currently taking gas from BP wells will receive a separate letter advising of the details of this odorization program.

BP is working to educate the public about pipeline safety with respect to gas leaks. While it's very rare to have any type of incident with a pipeline, there are a few safety tips to keep in mind if you live by a pipeline.

1. How to know if there is a pipeline on your property or nearby:

On your Property
If you own a homeowner gas line from a BP gas well, you should hire a qualified plumbing inspector to locate the line for you if you are contemplating any digging operations.

Neighborhood: Check for pipeline markers posted in your neighborhood.

Please keep in mind the marker may not show the exact location of the underground pipeline
Call before You Dig!
In the state of Texas call (800) 344-8377

2. Recognizing a leak:

By Sight: A pool of liquid on the ground near a pipe-line, a dense white cloud or fog over a pipeline, or discolored or dead vegetation surrounding the pipeline may be signs of a leak.
By Sound: an unusual noise coming from the pipe-line, like a hissing or roaring sound, may be a sign of a leak.
By Smell: An unusual smell may accompany a leak. You may contact Crystal Wuest at (806) 371-4450 to receive a free BP pipeline safety brochure with a scratch-n-sniff mercapan area that will give you an indication of the odorant smell.

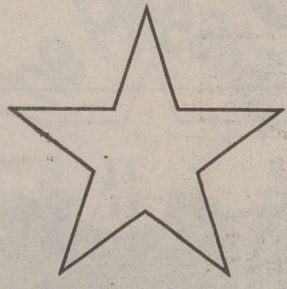
3. What to do if you suspect a leak:

Leave the leak area immediately. Do not light a match, start an engine, use a telephone, switch on/off light switches or do anything that may cause a spark in the vicinity of the leak.

From a safe location immediately call 911 and the BP hotline number (806) 948-5167 and report exactly what you have seen, heard or smelled and where this incident took place. Warn others but do so without entering or re-entering the area where a pipeline leak is suspected. Do not drive any vehicle into a leak or vapor cloud area.

In case of an emergency call:
BP Hotline (806) 948-5167

If you own a gas line from a BP operated gas well, BP recommends that each homeowner have a back up source for heating their house, water heater, appliances in case the well goes down or if their gas tap line freezes up.



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Pumpkins for Sale: Come pick your own pumpkin. South of Conlen 12 miles and 1 mile east. Call 384-2178. 10-26-c

Used tire sale: Duncan Chevrolet-366-5557. 7-28-tfn

For Sale or Lease-212 N. Poplar-40' x 60' office building. Call 806-679-5585 4-1-tfn

WANTED: Responsible party to take on small monthly payments on High Definition Big Screen TV. 1-800-398-3970. 10-12-p

Tall Tex Beef, natural Fed Aged 21 days. Genetic Tender & lean. Call David Meyer, 934-4118 or 333-5847. 10-26-c

Weicks Walk the Maize Pumpkin Patch. All of October and 2 weeks of November. Friday 4 p.m. till? Sat. 10 a.m. to? Sunday 1 p.m. to? For other times by Appointment. South of Stratford to CC RD EE Phone 806-922-3721 10-12-c

For Sale: 1997 1/2 ton Ford, F-150 Lariat Pickup. Extended cab, narrow bed, every gimmick in the world. A very nice truck! Call Joe Flores, 396-5538; 396-5389 or 396-2422. 8-17-tfn

Assembly of God Church is having their Crafts and Bake Sale Saturday, October 28th, Starting at 10 a.m. We are also having a free will offering dinner. We will be serving chicken soup and chili w/cobbler for dessert. Come & Enjoy the meal and shop early for Christmas. 10-26-c3x

Stew & Chili Dinner with Bake Sale-First Christian Church, Sunday, October 22, 11:30 a.m. to 1:00 p.m. Everyone is invited-Free Will donation 10-19-c

Eta Alpha's 23rd ANNUAL HOLIDAY ARTS & CRAFTS BAZAAR, Saturday, October 28, 2006 Boise City, OK. North Main. 10:00 a.m.- 4:00 p.m. Call 580 544 2293. Commercial Spaces Available Arena. 10-26-3x's

Want to Buy

Assembly of God Church is looking for a Building that somebody could donate to us so we can open a Thrift Shop in Town. Please call 396-2340. 10-26-c 3 x's

Good Luck Band

Houses for Sale

For Sale by Owner: 619 N. Grace, 3 bdrm, 2 bath, 2 car garage, large corner lot. Great starter house, priced to sell. Appointment only: 366-5330-leave message. 9-28-tfn

REDUCED: 3 Bdrm, 1 3/4 bath on large corner lot, 1201 NW 2nd St. Sprinkler system, fenced yard. Call 366-2153 for appointment. 10-21-tfn

For Sale: 611 N. Chestnut, 3 Bdrm, 1 full bath- 2 3/4 bath, CH/A detached garage, Big back yard with storage building. Close to school 366-2401. 5-5-tfn

For Sale by Owner: 915 N. Maple, 1404 sq. ft. 3 bedrooms, or 2 big bdrms, and office, 1 bath, large utility. Large fenced backyard with storage bldg. 366-2576 or 366-3575. 4-20-tfn

HOUSE FOR SALE BY OWNER
1214 Butler, Stratford. All electric bricked 3/2 1/2. 2 living areas, office, fireplace, Central heating & air conditioning. Large shop w/separate brick storage bldg. Motor home cover. Est. yd w/new sprinkler system. Lots of storage with many extras. Energy-efficient individual baseboard heaters. Within walking distance of public schools.
CALL 396-2569 FOR APPOINTMENT. If no answer, call 806-674-1677. 8-17-tfn

Approx. 640.7 Acres of land, w/dbl. wide mobile home w/garage \$640,700.00

Approx. 640.7 acres of land, 1/old abandoned house & Quonset barn- \$640,700.00

Approx. 640.7 acres of land- \$961,050.00

All acreage has irrigation equipment. All crops and farm equipment will be retained by seller. Seller will sell CRP land. 1202 N. 5th-\$116,900.00-4/1.75 home. Recently updated. Living Room w/fireplace. Den, Kitchen, wet bar. Mud room. Sewing Room 12 x 15 Corrugated Storage Building, extra lot 501 N. Poplar-\$75,000.00-Lobby area, 3 offices, 2 baths, shop w/10x12 overhead door. Cinder block building. Call Lindahl Realty (806) 935-7300 for more details. 9-21-c

Services

Need Help? Small repairs, minor plumbing, and fix it ups. *CATER TO THE ELDERLY*. For more information call Dick Bachman 366-7679. 5-18-tfn

CUSTOM WHEAT DRILLING-JD No-till air Drill with fertilizer application, Trac tractor and GPS. Call (806) 753-6338 10-12-c

Good Luck Elks

For Rent

For Rent or For Sale: 2-story, 3 bedroom, 1 bath, fireplace, fenced yard, large car port, close to school. 816 N. Maple. Call 366-7664 or 753-6677. 9-21-tfn

2 bdrm house, living room/den, Bath & 3/4. Double car garage, storage building. NO PETS PLEASE. 1101 N. Chestnut. Call Kathy-daytime at 366-5566 or nights 769-4478. 10-5-tfn

House for Rent in Gruver-2 Bed/1Bath super clean home w/huge yard. Refrig & stove included Washer/Dryer Hookups. \$275 Rent +\$200 deposit. Call 733-2264 or 898-5062 for info & to view. 10-12-c

For Rent-3 Bedroom, 2 bath. 204 S. Main. Deposit Required. 244-5646 ask for Kristine. 10-5-c

For Rent: Small 2 bedroom house, fenced backyard and garage. Call 396-2125. 8-24-tfn

2-Bedroom house for rent at 609 N. Grace. Call 303-618-0060. 8-3-tfn

For Rent: Office space on Main Street for rent. For information call (806) 396-5541. 11-27-tfn

For Rent: 1 Bedroom furnished Apt., 6th & Fulton. Call 396-5541 daytime, 396-5692 nights. 1-28-tfn

Houses for Sale

Ad Rem Land Co.
803 S. Bliss • 935-7364
Fax: 935-7687
E-mail: adrem@adremland.com
website: www.adremland.com
Se Habla Español

New Listing! MAKE YOUR DOLLARS COUNT! Call today to see this 3 bdrm., 1.75 bath. Cinder block construction, stucco, and good insulation. Has small house in back. Basement. Large garage-shop. **\$41,000**

MR. INVESTOR! Affordable, corner location with one car garage, roof only 3 years old, gas fireplace and steel siding. Call us today **\$27,500**

THE PERFECT FIRST INVESTMENT! 3 bedroom, 2 bath, 1947 sq. ft. home. This home has lots of storage & built-ins, C/H&A, and a fireplace. Covered patio, 10x12 yard barn, with lots of updates. Call today to make an appointment. **Price reduced \$82,000**

SHOP IN BACKYARD! Nice 3 bdrm., 2 bath with 1 car detached garage. **Reduced to \$43,000**

VERY NICE 3 bdrm., 1.75 bath brick Austin Stone house on corner lot with side garage entry. Has flip-out Therma pane windows, storm cellar, storage building with large fenced backyard, fireplace and large kitchen. **\$65,000**

Help Wanted

Counter Sales person needed at A&I Parts in Stratford. Applicants must be dependable. Benefits include Health Insurance, vacation and holiday pay. Contact Jerry at 806-366-5592. We are an Equal Opportunity Employer. 6-22-tfn

Pen rider, feed mill personal, general maintenance & cattle processor needed. Apply in Person. Dean Cluck Feedyard-105 Dean Cluck Avenue, Gruver, TX 9-14-tfn

Looking for dependable adult. Must be 18 years of age w/high school diploma or equivalent. Must love children. Hours may vary. Come by Lollipop Junction for application. 9-14-tfn

Equipment Operator wanted. Must be dependable and responsible. Need experience operating feed trucks and loaders plus maintaining equipment. References required. We offer competitive pay and benefits. Call: 727-4646 10-5-c

Asian Noodles With Chili-Nut Sauce

3 tablespoons Adams® Natural Crunchy Peanut Butter, Jif® Extra Crunchy or Simply Jif® Peanut Butter
1/2 cup reduced-sodium soy sauce

1-2 tablespoons Chinese chili oil
1/4 cup rice vinegar
2 tablespoons dark brown sugar

1 (10-ounce) package Chinese wheat noodles or 1/2-pound package whole wheat spaghetti, cooked according to package directions
4 green onions, sliced diagonally into 1/4-inch slices
1/2 cup chopped red bell pepper
Toasted sesame seeds for garnish

Combine peanut butter, soy sauce, chili oil, rice vinegar and brown sugar in a large bowl. Stir to blend well. Toss drained noodles with chili-nut sauce, onions and peppers. Cool noodles to room temperature. To serve, place noodles on serving platter, garnish with sesame seeds. For a variation, add 2 cups chopped cooked chicken.

Legal Notices

NOTICE TO CREDITORS

Notice is hereby given that original Letters Testamentary in the Estate of Benita M. Huereca, Deceased, were issued on October 3, 2006, in Cause No. 2117, pending in the County Court of Sherman County, Texas, to: Connie Harryman. Claims against the Estate may be presented to the Estate addressed as follows:

Connie Harryman
224 S. Laurens St.
Unit 412
Greenville, N.C. 29601

All persons having claims against this Estate which is currently being administered are required to present them within the time and in the manner prescribed by law.

DATED the 3rd day of October, 2006.

Hunter & Oelke, P.C.
By: Kimberly L. Allen
Attorney for the Estate
State Bar No.: 12199270
Published in The Stratford Star, Thursday, October 12, 2006.

PUBLIC NOTICE

The Following storage units will be auctioned to satisfy landlords lien. The Auction will take place October 14, 2006 at 10:00 a.m.

Location of Auction will be on Hwy 287, next to City Park. Stratford Self Storage. Sale will go to highest bidder.

(#208) Charity Robbins
(#307) Jose Santome
(#311) Elizabeth Byrd

Published in The Stratford Star, Thursday October 5, 2006 and Thursday, October 12, 2006.

Legal Notice

The Voting Machines will be tested for Logic and Accuracy on Monday, October 16, 2006.

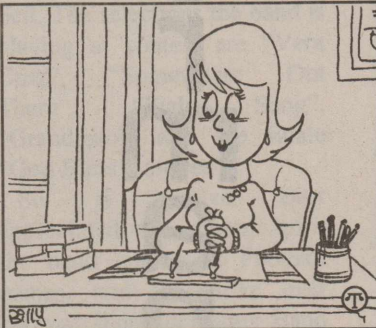
Published in The Stratford Star Thursday, October 12, 2006.

Consumer

(NU) - According to the new Web site www.purewaterplan.com, a variety of contaminants - including heavy metals, pesticides and arsenic - lurk in the nation's water. The site, created by Dennis L. Mast of Pure Water Projects, pulls together local drinking water information from the EPA, the latest research from scientific and industry experts, as well as information on how consumers can test and filter their own water. The Web site also offers home test kits that consumers can use to determine the precise levels of lead, arsenic, mercury, heavy metals and pesticides in their water.

BOOK NOTES

(NAPS)—Dual-earner families now constitute almost two-thirds of all married couples. In their new book, "Leaving Women Behind: Modern Families, Outdated Laws" (Rowman & Littlefield), Kimberley Strassel, John C. Goodman and Celeste Colgan



show real-life examples of how our nation's laws are making the lives of working women more difficult than they need to be. "Leaving Women Behind" is available at booksellers, such as BarnesandNoble.com and at Amazon.com.

NOTICE OF CONCENTRATED ANIMAL FEEDING OPERATION APPLICATION
General Permit-nil Authorization No. TXG920748

APPLICATION. GOSSETTS, INC., 320 West 7th Avenue, Amarillo, Texas 79101 has applied to the Texas Commission on Environmental Quality (TCEQ) under General Permit No. TXG920000 for authorization to operate a new dairy facility at 14,200 total head, of which 7,800 head are milking, in Sherman County, Texas. The notice of intent was received by TCEQ on April 24, 2006. No discharge of pollutants into the waters in the state is authorized by this general permit except under chronic or catastrophic rainfall conditions or events. All waste and wastewater will be beneficially used on agricultural land.

The proposed facility will be located approximately 2.5 miles east of the intersection of County Road CC and Highway 287 on the north and south side of County Road CC in Sherman County, Texas. The facility will be located in the drainage area of an unnamed segment in Segment No. 0100 of the Canadian River Basin.

A copy of the notice of intent, application, the Executive Director's technical summary, and the CAFO general permit is available for viewing and copying at the Sherman County Courthouse/County Clerk's Office, 701 North. 3rd Street, Stratford, Texas 79084.

The Executive Director of the TCEQ has made a preliminary decision to approve coverage of this facility under General Permit No. TXG92000D,

PUBLIC COMMENT.

Written public comments may be submitted to the Office of Chief Clerk, at the address provided in the information section below, within 30 days of the date of newspaper publication of this notice. In addition, the public may request a public meeting. If significant interest exists, the Executive Director will direct the applicant to publish a notice of the public meeting and hold the public meeting. The applicant must publish notice of a public meeting at least 30 days prior to the meeting in a newspaper of general circulation in the county in which the CAFO is proposed to be located. The Executive Director will consider all relevant information pertaining to whether the applicant meets the requirements of the general permit and will issue a written determination as to any final action on the notice of intent for coverage under the general permit.

INFORMATION. Written public comments should be submitted to the Office of the Chief Clerk, MC .1 OS, TCEQ, P.O. Box 1, 3087, Austin, Texas 78711-3087. For additional information, about the application or the procedure for public participation in the general permit process, individual members of the general public may contact the Office of Public Assistance at 1-800-687-4040. Si closes informacion en Espaiiol. pucde llamar al 1-800-687-4040. General information regarding the TCEQ can be found at our web site at www.tceq.state.tx.us

Issued: September 20, 2006
Published in The Stratford Star, Thursday, October 12, 2006.

NOTICE OF GENERAL ELECTION (AVISO DE ELECCION GENERAL)

To the registered voters of the County of Sherman, Texas: (a los votantes registrados del Condado de Sherman, Texas:)

Notice is hereby given that the polling places listed below will be open from 7:00 a.m. to 7:00 p.m., on November 7, 2006 for voting in a General Election to elect Members of Congress, Members of the Legislature, and state, district, county, and precinct officers. (Notifiquese, por las presente, que las casillas electorales citadas abajo se abriran desde las 7:00 a.m. hasta las 7:00 p.m. el 7 de noviembre de 2006 para votar en la Eleccion General para elegir Miembros del Congreso, Miembros de la Legislatura, y oficiales del estado, distrito, condado y del precincto.)

LOCATIONS OF POLLING PLACES (DIRECCIONES DE LAS CASILLAS ELECTORALES)

Pct. 101 County Barn at Lautz
Pct. 102 SCOT Hall
Pct. 201 Sherman County Barn
Pct. 202 Precinct 2 County Barn
Pct. 301 Stratford Ambulance Building
Pct. 302 Elementary School at Texhoma
Pct. 401 County and District Courtroom

Early voting by personal appearance will be conducted each weekday at: Office of County Clerk between the hours of 8:00 a.m. to 12:00 noon and 1:00 p.m. to 5:00 p.m. beginning on October 23, 2006 and ending on November 3, 2006.

(La votacion adelantada en persona se llevara a cabo de lunes a viernes en: Oficiales Secretario del Condado entre las 8:00 de la manana al mediodia 12:00y 1:00 al 5:00 de la tarde empezando el 23 de octubre 2006 y terminando el 3 de noviembre de 2006.) Applications for ballot by mail shall be mailed to: (Las solicitudes para boletas que se votar an adelantado por correo deberan enviarse a:)

Gina Jones
PO Box 270
Stratford TX 79084

Applications for ballots by mail must be received no later than the close of business on October 31, 2006.

(Las solicitudes para boletas que se votaran adulated por correo deberan recibirse para el fin de las horas de negocio el 31 de octubre, 2006.)

Issued this the 9th day of October, 2006
(Emitada este dia 9 de octubre, 2006.)

Signed by County Judge
Firma de la Jueza del Condado
Published in The Stratford Star, Thursday, October 12, 2006.

Sherman Co. Child Welfare Board

To report Suspected Child Abuse, call

Kathie Altman-366-5611
Paula Everett-966-5445
Leonda Fedric-366-5992
Patsy Harland-827-7568
Belinda Hamilton-827-7728
Jesse Resendes-366-3134
Ernie Maiwald-366-5546

Austin Hotline
1-800-252-5400
ALL CALLS CONFIDENTIAL

PHEASANT RIDGE APARTMENTS

1319 & 1320 N. Chestnut Stratford, TX

HAS OPENINGS

"2 BEDROOMS"

Great for Senior Citizens and HUD Approved.

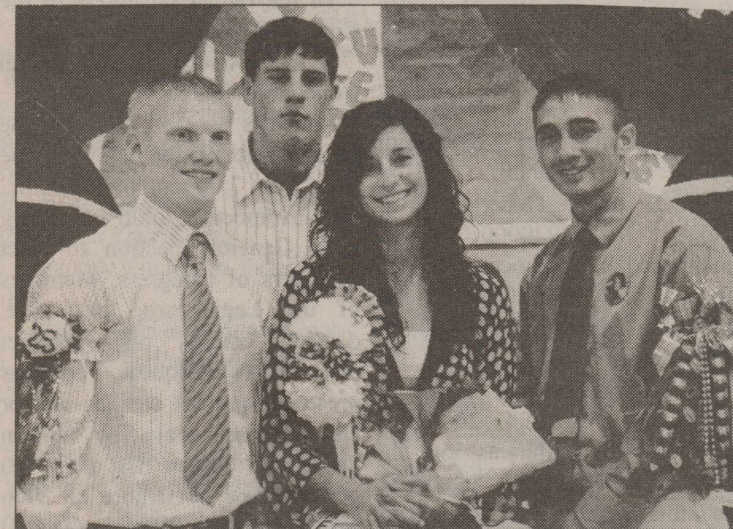
Call we have a home you.

806-244-3418

Homecoming 2006



Homecoming Queen Candidate Merilee McDaniel escorted by (L-R) Daniel Hays, Harrison Walden & Jonathan Licon.



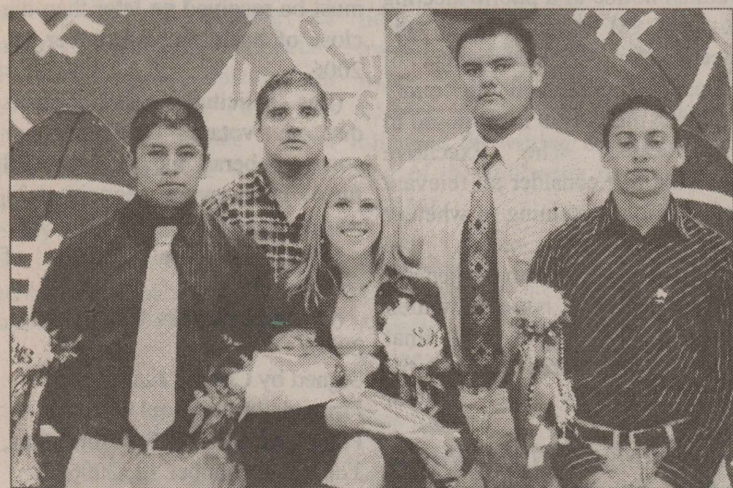
Homecoming Queen Candidate Whitney Garza escorted by (L-R) Scott Hudson, Daniel Nusz & Jeffrey Frizzell.



Homecoming Queen Candidate LaRissa Luna escorted by (L-R) Brant Cummings, Eric Riffe & Jake Lawrence.



Homecoming Queen Candidate Candie Bell escorted by (L-R) Adrian Vargas, Chad Smith & Martin Beltran.



Homecoming Queen Candidate Kristen Crabtree escorted by (L-R) Steven Rueda, Gilbert Reta, Rudy Portillo & Pablo Ibarra.



Eighth Grade Crown Bearers Chris Hart & Miranda Olivas.

Elks Lose In Overtime

The Stratford Elks lost their homecoming to Dalhart 14-7 in overtime on Friday, October 6th.

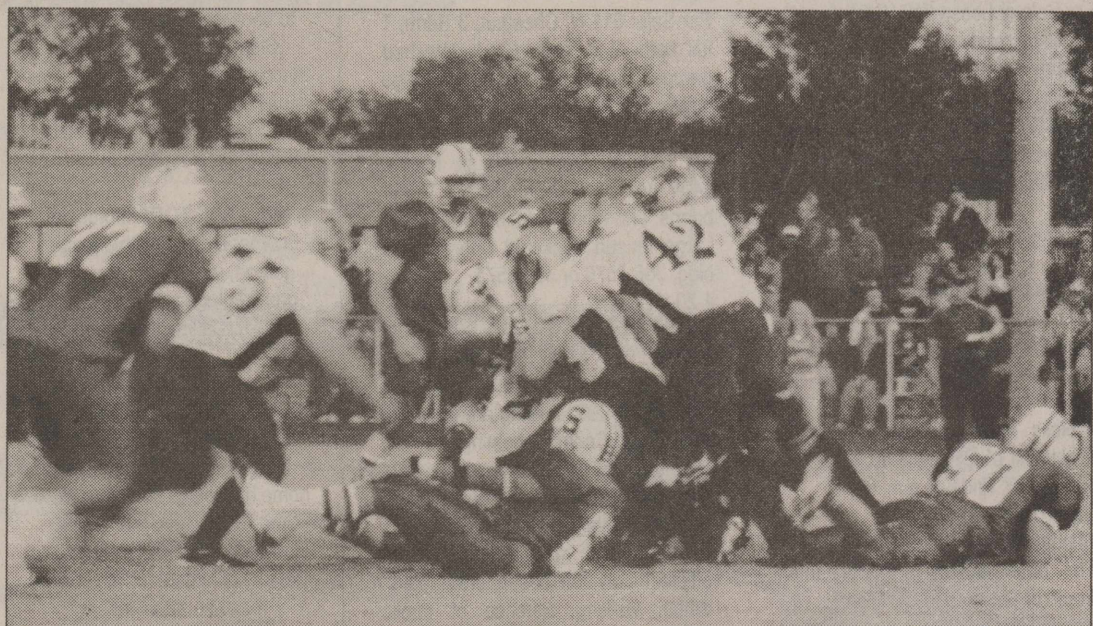
Hunter Buckles completed 7 or 18 passes for 72 yards and one touchdown. Buckles also carried the ball for 77 yards on 20 carries followed by Scott Hudson with 28 yards on 2 carries. Brant Cummings led in receptions with 31 yards on 3 catches and scored one touchdown followed by Jonathan Licon with 23 yards on 1 catch. Martin Beltran kicked the PAT.

Julio Ramirez led the defense with 9 tackles and 3 quarterback sacks. Craig Kautz followed with 8 tackles and Jeffrey Frizzell, Steven Rueda and Tony Vargas each had 6 tackles. Sandro Gomez had five tackles and one quarterback sack and Michael Frizzell finished the night with 3 tackles and one quarterback sack. Scott Hudson had two interceptions and two tackles for the night. Also contributing to the Elks defense were Joey Reta, Jonathan Licon, James Smith, Martin Beltran, Brant Cummings, Pablo Ibarra and Rudy Portillo.

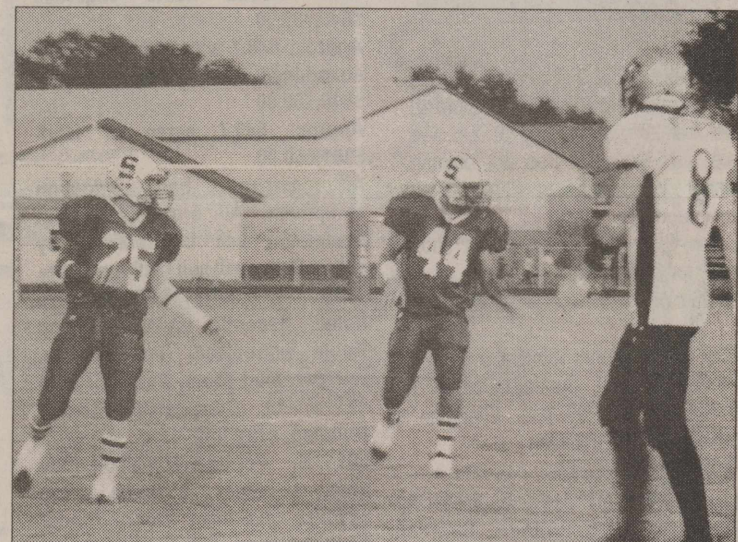
The Elks will kick off their District Opener this Friday, October 13th here against the Spearman Lynx. Come out and support the Elks!!!



2006 Football Captains #25 Scott Hudson, #60 Martin Beltran, #22 Jeffrey Frizzell, and #10 Jonathan Licon.



The Elks try to pick up some yardage against Dalhart on Friday, October 6, 2006.



Stratford Elks #25 Scott Hudson & #44 Julio Ramirez get ready on offense.

Good Luck Band



The Elks finish the preseason 2-3 and will face Spearman on Friday, October 13th for the Elks District Opener. We're behind you guys! Go Get A Lynx!!!!

Good Luck Elks



The Elks lost to Dalhart 14-7 in overtime on Friday, October 6th.

GO
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