

Sherman County Museum 07/12
PO Box 1248
Stratford, TX 79084

The Stratford Star

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Number 35 September 1, 2011



Elks fall to Bushland

The Stratford Elks kicked off their football season on Friday, August 26, 2011 against Bushland. The Elks fell to Bushland 42 to 26. Story and pictures on page 8.

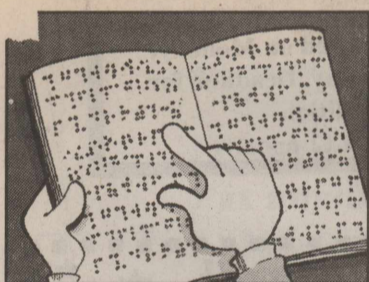
2011 Stratford Elk Football Schedules

Varsity

Sept. 2	Friona	There	7:30
Sept. 9	Sanford-Fritch	Here	7:30
Sept. 16	Texhoma (Homecoming)	Here	7:30
Sept. 23	OPEN		
Sept. 30	Perryton	There	7:30
Oct. 7	OPEN		
Oct. 14	Boys Ranch	There	7:30
Oct. 21	Canadian	Here	7:30
Oct. 28	Sunray	There	7:30
Nov. 4	West Texas	Here	7:30

**Good
Luck
Elks**

Red Hats will meet on
Thursday, September
1 at 6 p.m. at First
Methodist Church.



Louis Braille, inventor of a system of reading and writing used by blind and visually impaired people, lost his sight at age 3 as a result of an accident. At age 15 he simplified a method of battlefield communication used by the French military to create his own system.

Would that there were an award for people who come to understand the concept of enough. Good enough. Successful enough. Thin enough. Rich enough. Socially responsible enough. When you have self-respect, you have enough, and when you have enough, you have self-respect.

—Gail Sheehy

BOY SCOUT TROOP 38 ASKS YOU TO HELP WITH STARS FOR OUR TROOPS

What is Stars for our Troops? The Stars for our Troops program takes your worn, used American flags and turns them into a prized possession for an American soldier at home, on base, or overseas. Volunteers lovingly cut each embroidered star from the flag, dispose of the stripes properly, and place each star in a tiny plastic bag with a card.

The card reads: "I am part of our American flag that has flown over a home in the U.S.A. I can no longer fly. The sun and winds have caused me to become tattered and torn. Please carry me as a reminder that you are not forgotten."

Each star is then handed to, mailed, or sent with a care package to an American soldier or veteran by volunteers, family, friends, and through Gettysburg Flag Works retail location. Your worn out American flag can touch the lives of 50 American soldiers even after it has reached the end of its flying days!

If you have flags to donate for this project, please contact Chris or Ronna Rife. You can also leave your flags at the Methodist Church. Troop 38 will ship them to Gettysburg Flag Works. If you would like more information, you can go to www-GettysburgFlag.com.



Local Receives Doctor of Chiropractic Degree from Parker University College of Chiropractic

DALLAS, August 13th — Parker University College of Chiropractic presented Amber Larance Nolley with the Doctor of Chiropractic degree during its 78th graduating class ceremony held at Irving Bible Church in Irving, Texas on August 13, 2011. Dr. Nolley is the daughter of W.R. & Cindy Larance and is a native of Stratford, Texas. She completed a rigorous three year program, including one year as an intern at one of Parker University's wellness clinics, to earn the degree. Parker students have extensive classroom education and practical training in many areas of study. The study of chiropractic involves numerous hours of training in anatomy, physiology, diagnosis, and orthopedics.

More than 5,600 graduates of Parker have received the Doctor of Chiropractic degree and practice in all 50 states and in 25 countries. Parker graduates are educated to help patients live happier, healthier lives.

Amber and her husband Wes currently reside in Rowlett, TX. She will be practicing in Dallas and serving the surrounding communities.

Stratford ISD "Gold Card" Available to Those 62 Years of Age & Above

Stratford ISD is proud to offer a "Gold Card" for all citizens who are 62 years of age or older. This card will admit one person to all "home" UIL events. You may pick up a "Gold Card" in the Office of the Superintendent Monday-Friday from 8:00 am to 4:00 pm. We would be happy to mail you one by calling Penny at 366-3305. The Stratford ISD appreciates your support of the students and faculty of this district. We look forward to seeing you this year. For previous card holders, there is no need to renew each year as "Gold Cards" are good for a lifetime, unless lost or damaged. *Gold Cards are not for the Reserved Seating Section at the stadium, those tickets must be purchased in advance for the season.*

Stratford Star will be closed on Monday, September 5 for Labor Day. Deadline for next week's edition Friday, Sept. 2 at 12 noon.

American Legion Post Schedules Meeting

The regular meeting of the Howard Norvell Green Post 262 of the American Legion will be on Thursday, August 31, 2011 at the SCOT Hall in Stratford. Meeting time is 7:00 pm. All Legionnaires are encouraged to attend this meeting. If you have any questions about the meeting or about the American Legion, please call Robert Marr at (580) 827-7415 or Aaron Sheehan at (806) 680-4513. If you are a Veteran and interested in serving your fellow veterans and the community then please come and learn more about our organization.

Flower Bulbs for Sale

The Sherman County Soil & Water Conservation District, once again has flower bulbs for sale. These bulbs will be delivered in November ready for planting. They will bloom late winter into spring. Please call Terry at 396-5517 ext. 101 for more information or stop by the office at 418 North 4th to pick up an order form.

Information on fall trees will be available soon. Let Terry know if you are interested.

Medical Fund

There has been a Medical Fund set up for Nina Jurado at First State Bank of Stratford.

Deadline for The Stratford Star

Deadline for Stratford Star items. Photos by Sundays at 4 p.m. Letters to Editor 9 a.m. on Mondays (typed) and all other articles and ads at 10 a.m. on Mondays. (PLEASE) Thank you

Time nears to update brand registrations

The Texas and Southwestern Cattle Raisers Association is reminding ranchers that brand registration opens Aug. 30th and runs through February 29th. Registration in the county or counties where a producer operates is required by state law.

The association maintains a database of the brands to aid in recovering stolen cattle and arresting thieves.

Help with the process is available at www.tscrabrands.com, by providing paperwork and information in coordinating with all county clerk offices.

Facade Grant Application Deadline

If you're a business in the city limits of Stratford you could possibly be approved for a Facade Grant - but the deadline to apply is approaching. Sept. 30th is the last day to apply for up to \$2500 in matching funds for improvements you'd like to make to the outside of your property. New paint, new signs or landscaping, repairs to your sidewalk, etc.; anything that will improve the outside of your property. Applications are available at Sherman County Development; you can call 366-2897 or email scdc@xit.net, leave your name & address and the forms will be mailed to you. You can also stop by the office at 301 N. Main and pick one up. Instructions & guidelines are attached to the application. If your application is approved you'll have six (6) months to finish your project and receive your reimbursement.

WHIPS n WHEELS 2011 CARRIAGE RALLY

Sept. 24, 2011

9 a.m. Events begin @ Sherman County Rodeo Arena
Noon Lunch @ the Sherman Co. Barn by the Assembly of God Church-Open to the Public-Free will donation

7 p.m. Awards Banquet @ the Sherman Co. Barn catered by Lynn & Kathy Allen
Entertainment by Ed Montana-Singer/Songwriter from Amarillo
Tickets are \$12 (11 yrs & older) and \$5 (10 yrs & under) and are available at Acquisitions, Main St. Essentials, Structured Touch Massage and will be available at the door that night.

Sept. 25, 2011

9 a.m. Events begin @ the Riffe's Tumblin T Ranch, west of town
For more information go to <http://panhandlewhipsnwheels.com>
Or call Cece Yelek at 806-290-3655
Or Ann Wells at 806-396-2527

Special
(Wednesday thru Tuesday)
2 p.m. till closing

Clip this coupon for
Steak Sandwich Combo
\$5.29
Or
Grilled Chicken Combo
\$5.29

El Primo's
Call 806-366-3799
1120 E. Texas Hwy 54



Berry Completes Retirement Distribution and Estate Planning Program

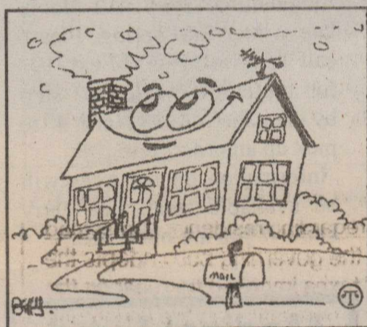
Walt A. Berry, Stratford, Texas, a Modern Woodmen of America representative, has completed a five-day advanced educational program at Modern Woodmen's home office in Rock Island, Ill.

The program covered retirement distribution techniques to maximize income to recipients while minimizing potential income tax liabilities during retirement years. The seminar also addressed estate planning techniques for wealth distribution to heirs, federal estate taxation, charitable giving and estate liquidity insurance.

Founded in 1883, Modern Woodmen of America touches lives and secures futures. The Fraternal benefit society offers financial services and fraternal member benefits to individuals and Families throughout the United States.

Home Ideas

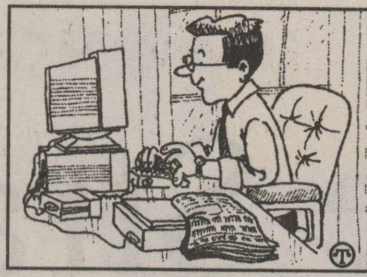
(NAPS)—Kitchen remodeling doesn't have to be daunting if you choose products made to work together, such as cabinets and



countertops. For information about Merillat functional cabinetry solutions, visit www.Merillat.com. Learn about DeNova countertops at www.DeNovaSurfaces.com.

Did You Know?

(NAPS)—Tax preparation solutions help navigate credits and deductions. They even complete the forms for you. Starting in October 2011, you can use TaxACT to estimate your federal and state taxes, and get year-end tax tips. You can learn more at www.taxact.com.



WebEx conferencing lets you meet with anyone, anywhere, in real time—on PCs and a variety of mobile phones and tablets—wherever you happen to be. For more information, visit at www.webx.com or call (877) 509-3239.

tile to no maintenance, and federal tax credits, visit www.waterfurnace.com or talk to a WaterFurnace expert at (800) GEO-SAVE.

It's a good idea to have cable television, phone and high-speed Internet services connected before you move. There's a website, www.cablemover.com, that makes the process easy. While you're there, you can discover additional tech and design tips.

America can create the transportation network this country needs for more and better jobs, security and quality of life, says Paul Yarossi, president of HNTB Holdings Ltd. Learn more at www.HNTB.com.

To learn about the benefits a geothermal system offers, including even distribution of heating and cooling, a reduced carbon footprint, improved indoor air quality, quiet operation, lit-

The late Senator John Heinz understood that bipartisanship, civility and integrity were the roots of legislative success and political longevity, says Jeffrey Lewis, the Republican staff director for Sen. Heinz. He can be reached at jeffrey13@himrx.com.

Beat Friona

Fredericksburg Farms

Country Goodness, Gourmet Taste

We are pleased to announce that we have brought in a new line of specialty food products from the Texas Hill Country.

With a focus on all-natural ingredients, **Fredericksburg Farms** offers a wide variety of delicious gourmet products made with high quality ingredients.

Grilling Glazes	Jams & Jellies
BBQ Sauces	Salsas & Queso
Bread Mixes	Mustards
Chili Mixes	Candied Jalapenos
Hot Sauces	Syrups
Dip Mixes	Rubs

Please drop by and see all 60 of these wonderful products!
Now available at:

Main St. Essentials
Stratford, Texas

For Sale

Beautiful King size iron bed, tall headboard w/curved sides & footboard w/curved sides. Bed frame included. Matching iron bench w/padded Cushion
\$275.00-Call 366-2206

Accolade Home Care is providing a blood pressure clinic in Elk Pharmacy, the first Monday of every month. Clinics will begin at 3 p.m. and run until 5 p.m. If you have any questions, please contact our office at 806-934-2000. Please visit us at accoladehomecare.com for more information or for upcoming events.

A benefit fund has been set up for Medical Expenses for Matthew Chaffee at The First State Bank of Stratford.

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PEST CONTROL
Termite & Pest Control • Rat Control • Bird Control
Yard & Tree Spraying
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"Professionals in Pest Control Technology"
249-4202 Jim Stevenson
Owner
Dalhart • Stratford • Hartley
Licensed and bonded

From the desk of Chief Powell



School has begun and we would like to remind everyone of the 20mph school zones. These zones will be strictly Enforced. Not for the sake of revenue but for the safety of our children. Please remember the sections of Texas Avenue and North 287 near the bus barn. Also, we will be monitoring Main Street and the 20mph zone on Purnell near the football field, Just FYI, there are no flashing lights on Purnell, and in this section, it is simply 20 at all times. These young people are our future so let's work together to protect them!

Well, the call came in. Our mobile data equipment is ready for installation. Some time in the next few weeks, the officers should be conducting most of their operations right from the car, which allows more time for patrol and a little less time at the office. Numerous arrests have been made lately and the processing of these arrests will be so much faster and easier once all car and office terminals are installed.

Fall is near and we are so ready for the cooler weather. We hope to see "trunk or treat" on Main Street again this year. I had recently taken over as your Chief of Police last year and this is where I met a lot of you. We all had a great time.

Also, don't forget we are accepting donated coats / cash for coats beginning October 1st for distribution at Christmas to those in need. We are accepting both children's and adult coats. Visit our website & sign up to donate!!

Chief Joe Powell
www.stratfordpd.com

See below for August crime stats:

August 2011
Building Checks - 44
Traffic Warnings - 33
Traffic Citations - 77

Sexual Assault - 1
Poss. of a controlled substance - 2 arrests
Poss. of drug paraphernalia - 2 arrests
Driving while intoxicated - 1 arrest
Domestic Violence against family member - 1 arrest
Domestic disturbance - 3
Burglary - 1
Theft - 1
Trespassing - 2
Criminal Mischief - 1
Found missing child - 1
Peddler - 1
Suspicious persons - 1
Choking infant - 1
Reckless driver - 1
Stranded motorist - 1
Business complaint - 1
Fire Call - 1
Down powerline - 1
Gas drive-off - 1

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Stratford Hospital District

Elk Pharmacy
Mon. - Fri. 9:00 AM - 5:30 PM
366-5505
Angie Hipp, RPh

Stratford Family Medical Clinic
Mon. - Fri. 8:00 AM - 5:00 PM
396-5583
Tommy Brian, ANP

Coldwater Manor Nursing Facility
396-5568
Karl Punch, LNFA

Stratford EMS
9-1-1 or 396-2844
Jimmy Lanning, Director

"Proudly serving the medical needs of Stratford and Sherman County."

More economical!

Differences between electric and hydraulic-driven systems

Have you seen the ads that tout hydraulic-driven systems as the better way to irrigate? Make sure to read between the lines - and we don't mean the oil lines.

Fact is, Reinke® ElectroGator™ and Advantage® electric-driven irrigation systems are, and have always been, among the safest, most reliable and most effective methods available to deliver water to your thirsty crops.

Reinke encourages you to compare the electrical energy requirements of electric and hydraulic driven systems. You will be amazed by the dollar you can save by going electric.

Reinke Dealer-Professionals are ready to share other eye-opening reasons why more and more producers are choosing Reinke Irrigation systems.

Talk with a Reinke Dealer today.

TEXAS ELECTRIC CO.
Stratford, TX 79084
Charles & Chuck Harbour
301 N. Poplar
Office 806-396-2300

Main Street Essentials

Back to School Supplies

Class Bundles
Elk T-Shirts
Elk Dresses w/bling
Cheerleading outfits
Youth Jerseys

The Stratford Star
(USPS 523-108)
Published for over 100 years
805 Purnell
Stratford, TX 79084
Telephone: 806-366-5885
Fax: 806-366-5884
E-Mail: stardm@xit.net

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MITCHELL THEATRES

Northridge 8
Guyton, Ok
www.northridge8.com
580-338-3281

Southgate 6
Liberal, Kansas
www.southgate6.com
620-624-5573

Sequoyah 8
Garden City, Kansas
www.sequoyah8.com
620-275-2760

15 Years, 4500 Babies in Dumas

Women's Health Center

Normal and high risk pregnancies
Gynecologic cancer screening
Breast cancer screening
Infertility and family planning
Menopause and hormone problems

Dr. Turhan I. Baykan, M.D.
Specializing In
OBSTETRICS-GYNECOLOGY

110 S. Bliss Monday-Thursday 8 a.m.-5 p.m. Friday 8 a.m.-12 noon

Kerrick News

By Marylou McDaniel

Roy and Ciccy Harris spent the weekend visiting with her brother and family in Mineral Wells.

Heath Collums had a birthday Saturday. There was a cookout for Leonard and Peggy Hawkins, Victor Carrera, Chandra Hawkins, Vick & Sue Holladay, Brady Schoonover, Roger, Brandi, Lara, Addie, Maylee Wells, and Kenna, Dempsey and Jefferson.

Marylou McDaniel spent several cool days in Colorado at Fred's Spread recently. Joining her were daughter, Patti and Terri Bell Blevins of Denver. It was former Stratford resident, Terri's, first trip to the San Isabel National Forest, Marylou & Patti enjoyed showing her the area including Bishop's Castle, San Isabel and a jaunt to Westcliff. While the ladies were appreciating the weather, Mike McDaniel made a quick trip to Phoenix, AZ on business

USDA Extends Deadline for Emergency Haying of CRP Acres in Texas

(Stratford TX) - August 29, 2011 - Sherman County USDA Farm Service Agency (FSA) Executive Director Rebecca J Hemphill today announced that, in response to drought conditions, the National FSA Office has extended the deadline for emergency haying use of Conservation Reserve Program (CRP) acres for all Texas counties that are currently approved for emergency haying.

Emergency haying of land enrolled in CRP has been extended through September 30, 2011.

"Eligible producers who are interested in emergency haying of CRP must request approval before haying eligible acreage," said Hemphill. "Producers must also obtain a modified conservation plan from the Natural Resources Conservation Service that includes haying requirements," she said.

There will be a 25 percent CRP payment reduction for CRP acres used for haying under these emergency provisions.

Upon approval of emergency haying, producers must leave at least 50 percent of each field or contiguous field unharmed for wildlife. If a county is eligible for emergency haying and grazing, the same CRP acreage cannot be both hayed and/or grazed at the same time. For example, if 50 percent of a field or contiguous field is hayed, the remaining unharmed 50 percent cannot be grazed; it must remain unharmed and ungrazed for wildlife.

For more information on emergency haying of CRP acres contact the Sherman County FSA office at 806-396-2211.

Mitchell Theatres expands to Kansas City Metro area

(Elkhart, KS)-Mitchell Theatres, LLC announced it has acquired the Belton Cinema 8 located in Belton, Missouri. Mitchell Theatres purchased the eight-screen theatre from Dickinson Theatres. Mitchell Theatres' mission is "To provide a big city movie theatre experience with small town service and prices."

The theatre will be temporarily closed beginning on Tuesday, September 6, and reopen Friday, September 23. During this period, the Belton Cinema 8 will be converted to 100 percent digital projection and will have four 3-D capable projectors to accommodate the increasing release of more 3-D movies. All auditoriums will be upgraded with 7.1 Digital Surround sound, the latest in audio technology.

Shortly after reopening, Mitchell Theatres will begin a multimillion dollar interior renovation of the complex. After completion, moviegoers will immediately notice a difference as they walk through the lobby doors. Movie themed carpet, new tile, neon lights and flat screen TV's playing previews of soon to be released blockbusters will be among some of the many improvements. Along with the latest in technology, comfort will be at a premium in the theatre auditoriums. The sloped floors will be replaced with stadium seating, 55-inch row spacing and high back rocker seats.

Along with these improvements, Mitchell Theatres will lower ticket prices for all shows and reduce concession prices. This combination of technology, affordable prices, small town service and a family friendly environment will make the Belton Cinema 8 a popular entertainment destination for Cass County and the surrounding area.

Mitchell Theatres is a third generation family owned business involved in farming, commercial real estate and headquartered in Elkhart, KS. Mitchell Theatres own and operate 52 screens, in seven locations across Kansas, Oklahoma and Missouri. Mitchell Theatres continues to actively look for opportunities to grow and expand throughout the Midwest. For information on the Company and its locations go to www.mitchelltheatres.com or www.belton8.com.

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Back To School

School-Time Cool

(NAPS)—Come fall, students everywhere want to start the new school year off on the right foot... and that means looking their best. While kids seek out the hottest trends in clothing, shoes and accessories, parents hunt for the best deals. The good news is that there is a way for both parents and kids to get what they want out of back-to-school shopping.

At off-price retailers like Marshalls and T.J. Maxx, kids will find the most sought-after trends and designers, and parents will love that they're all up to 60 percent off department and mall store prices. Check out the style guide below for back-to-school cool:

Girls: Lightweight sweaters top this year's must-have list. Whether it's a cable-knit sweater dress or thick vests with toggle closures, sweaters are a staple for the year. Varied sleeves—long, short and dolman—keep things interesting, and details like stripes, bright colors, hoods and belts add uniqueness to each look. Pair sweaters with the season's hottest denim: bootlegs and skinny styles in dark washes and with pocket detailing. Girls are putting their best foot forward in ballet flats, boots and Mary Janes. Sequined handbags, bright floral print backpacks and animal print shoulder bags top the list of must-have accessories for any school day.

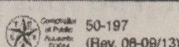
Boys: This fall, boys are showing their sportier side. It's all about activewear, and boys will be rocking performance tops, shorts and pants by the coolest brands that will take them from the classroom to the playground. He'll also



This season's top trends can keep every student stylish.

find tees and sweatshirts from his favorite local sports team to show off his pride. Vintage screen print tees and dark denim with whiskering and pocket details give him a more stylish look. For footwear, boys will wear athletic styles and skate shoes in bright, solid colors.

Teens: For teenage fashionistas, stylish knits rule in tees and dresses this year, and from wide dolman sleeves to voluminous ponchos, bigger is better. Chambray fabrics and floral and plaid prints make their way back to class in dresses and rompers that add a touch of sophistication for the high school set. Graphic tees, lightweight hoodies and shorts are must-haves for teen boys. Whether hanging at home or in homeroom, these versatile basics are comfortable, durable and on-trend.



Notice of Public Hearing on Tax Increase

The City of Stratford will hold two public hearings on a proposal to increase total tax revenues from properties on the tax roll in the preceding tax year by 1.92 percent (percentage by which proposed tax rate exceeds lower of rollback tax rate or effective tax calculated under Chapter 26, Tax Code). Your individual taxes may increase at a greater or lesser rate, or even decrease, depending on the change in the taxable value of your property in relation to the change in taxable value of all other property and the tax rate that is adopted.

The first public hearing will be held on 09/13/2011 at 6:00 pm at City Hall

The second public hearing will be held on 09/20/2011 at 6:00 pm at City Hall

The members of the governing body voted on the proposal to consider the tax increase as follows:

FOR: Joe Zak, Brad Williams, Ann Johnson, Ricky Reed

AGAINST: None

PRESENT and not voting: None

ABSENT: None

The average taxable value of a residence homestead in City of Stratford last year was \$ 59,013 (average taxable value of a residence homestead in the taxing unit for the preceding tax year, disregarding residence homestead exemptions available only to disabled persons or persons 65 years of age or older). Based on last year's tax rate of \$.895924 (preceding year's adopted tax rate) per \$100 of taxable value, the amount of taxes imposed last year on the average home was \$ 528.71 (tax on average taxable value of a residence homestead in the taxing unit for the preceding tax year, disregarding residence homestead exemptions available only to disabled persons or persons 65 years of age or older).

The average taxable value of a residence homestead in City of Stratford this year is \$ 60,447 (average taxable value of a residence homestead in the taxing unit for the current tax year, disregarding residence homestead exemptions available only to disabled persons or persons 65 years of age or older). If the governing body adopts the effective tax rate for this year of \$.879033 per \$100 of taxable value, the amount of taxes imposed this year on the average home would be \$ 531.35 (tax on average taxable value of a residence homestead in the taxing unit for the current tax year, disregarding residence homestead exemptions available only to disabled persons or persons 65 years of age or older).

If the governing body adopts the proposed tax rate of \$.895924 per \$100 of taxable value, the amount of taxes imposed this year on the average home would be \$ 541.56 (tax on the average taxable value of a residence homestead in the taxing unit for the current tax year, disregarding residence homestead exemptions available only to disabled persons or persons 65 years of age or older).

Members of the public are encouraged to attend the hearings and express their views.

Attention to all subscribers!!

Effective immediately The Stratford Star will no longer be sending out notices when your paper is due. Check the label on the paper and see what month your subscription expires. **I will be putting "Stars" on the current month. If you have a Star on your label it means that your sub expires that month.** If you are not sure the amount you owe if you live out of the area call 753-7373 and double check. Locally is \$30.00 and out of the area \$37.00. If you are paying for someone else's sub, you will be billed for that person. Due to the rising cost of postage, etc. we feel this is the best solution for us at this time. Thanking you in advance.
Marty

The Churches of Stratford Welcome You

First Assembly of God
Kevin Anderson, Pastor
921 Fulton
Sunday School 9:45 a.m.
Morning Worship 10:45 a.m.
Evening Worship 8:00 p.m.
Wed. Bible Study 7:00 p.m.

First Christian Church
Pastor Gary Smith
5th & Main
Sunday School 9:45 a.m. (nursery)
Morning Worship 10:45 a.m. (nursery)
No Sunday Evening Worship Service

First United Methodist
Rev. David Terry
520 N. Main
Sunday School 9:20 a.m.
Morning Worship 10:30 a.m.
Junior High UMY 5:00 p.m.
Senior High UMY 6:00 p.m.

St. Joseph Catholic
6th & Pearl
Rectory 366-5687
Sunday morning: 8:00 a.m. (English), 9:30 (Spanish)
Sacrament of Reconciliation: Before Mass or by appt.
Christian Formation Classes: K-6th Grade Wed. Afternoon
Jr. & Sr. High, Wed.-6:30-8:30 p.m.

Church of Christ Brad Beckett
N. 3rd & Chestnut
Sunday School 9:30 a.m.
Morning Worship 10:30 a.m.
Evening Worship 5:00 p.m.
Wednesday Bible Study 7:00 p.m. p.m.



Heritage Bible Baptist
Pastor Rick Carter
302 S. Main
For more info call 396-2212
Morning Worship-11 a.m.
Evening Service 6 p.m.
Wed. Service-7:30 p.m.

First Baptist
Pastor Jason Stone
702 N. 3rd
Sun.-Coffee-8:30
Sunday School-9:30
Worship Service-10:30
Wed.-Children-6 p.m. youth-7 p.m.

La Mision Bautista
Mision Bautista
401 S. Wall 396-5376
Domingo-(Sunday)
Escuela Dominical 9:45 a.m.
Miercoles (Wednesday)
Servicio De Adoracion 11 a.m. Estadio
Biblico & Servicio De Oracion 6 p.m.
Servicio De Adoracion 6 p.m. se Cuidamos
Susunio Durante El Servicio

Eben-Ezer Templo Hispano
Asambleas De Dios
Pastor: Juan M. Valenzuela
806-366-3071
205 N. Poplar-Hwy 287 268-2188
Escuela Dominical 10 a.m.-12 noon
Servicio De Adoracion 5 p.m.-7 p.m.
Miercoles: Servicio De Adoracion 6-8 p.m.

Kerrick Community
Pastor Roy Harris
Community Building
10 a.m. Worship Service

Sponsored by
Stratford
Grain
396-5541
Lautz
769-5541
Walter Lasley &
Sons, Inc.
754-4411
Stratford Star
366-5885


COMMUNITY WIDE TAILGATE PARTY AND DANCE

**STRATFORD, TX
SATURDAY, SEPTEMBER 10
7:00 P.M. - ????**

JON ENGELBRECHT'S BARN
(Barn West of Moore's Food Pride)

\$15.00
Per Person
school age and over
Includes food
and dance

Music Provided by
Agave Posse Band



**Anyone interested
in cooking needs to fill
out application. For
application or for more
information call:
Scotty - 786-3955 or
Dinah 753-7053
email: horsford@xit.net
All applications due
SEPTEMBER 1, 2011**

**THIS EVENT IS A
FUNDRAISER FOR THE
SHERMAN COUNTY
LIVESTOCK ASSOCIATION**

**SHERMAN COUNTY
LIVESTOCK ASSOCIATION
IS A NON-PROFIT ORGANIZATION**

**Stratford Community Tailgate Party and Dance
Cook Application**

ALL APPLICATIONS ARE DUE
THURSDAY, SEPTEMBER 1

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

FOOD YOU WILL COOK: _____

AMOUNT: _____

WHAT TIME YOU WILL NEED TO SET UP: _____

SIZE OF SPACE NEEDED: _____

CASH PRIZE TO TOP 3 ENTRIES

RETURN COMPLETED APPLICATION TO:

SCOTTY WRIGHT
P.O. BOX 1225
STRATFORD, TEXAS 79084

806-786-3955

OR

EMAIL TO: HORSFORD@XIT.NET
806-753-7053 (DINAH)

Education

(NU) - Over a million students failed to graduate from high school in 2010. The national graduation rate is a dismal 75 percent, due to the 15 million youth unsupervised after the school day ends and an additional 24 million needing summer supervision.

The education equation must be redefined to include community collaborations. Organizations like Boys & Girls Clubs of America (BGCA) provide refuge for youth during critical out-of-school hours. They give youth a place to continue to learn so they become responsible adults. Find out more at www.bgca.org.

**The common idea that success
spoils people by making them
vain, egotistic and self-complacent
is erroneous; on the contrary
it makes them, for the most part,
humble, tolerant and kind. Failure
makes people bitter and cruel.**

—W. Somerset Maugham

Automotive

(NU) - Summer heat is tough on tires, which makes regular tire checks a critical part of general vehicle maintenance. Here are the top five tips to ensure proper tire safety from the world's largest tire and wheel retailer, District Tires:

1. **Get Pressure Right.**
2. **Don't Overload Vehicle.**
3. **Rotate Before You Go.**
4. **Straighten Up.** Proper alignment helps tires wear evenly.
5. **Bald Isn't Beautiful.** Lack of tread affects the tire's ability to grip wet roads.

To get more information on tire maintenance and safety, visit www.tires.com.

Business Directory



We sell concrete for driveways, patios, etc. DIY Projects. Call with measurements and we can figure how much you will need and the cost and we will call the contractor for you. Call for more information.

Golden Spread of Stratford
County Rd (Across from Dollar General)
Office (806) 396-2301
Cell (806) 206-3454
Dalhart Redi-Mix
244-1854
1210 Chicago St. Dalhart

Great Lengths Salon



Walk-ins always
welcomed

Melissa White
(806) 396-5004

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Automotive and Industrial Parts
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Tel: (806) 366-5592
*Toll-free 800-624-5494
Fax: (806) 366-2583

**Stratford Grain
Company**

Stratford 396-5541
Lautz 769-4485



4 North Main

**Stratford Auto
Electric**

119 S. Wall, Stratford, Texas 79084
Phone-366-5941 or 366-5857
Alternators, starters-Magneto repair
Since 1964

**Structured Touch Massage
Therapy Clinic**

Cece Yelek, CMT, LMT
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Stratford, TX Sunray, TX
Office 806-366-ahhh (2444)
Cell 806-290-3655
9-5 M-F-Sat. by appt

Joe Taylor, Photography

PO Box 27
1305 N. Chestnut

Stratford, TX 79084
806-366-2459



Weddings, Portraits, etc

**Vincent Insurance
Agency**

Sabrina Melton
PO Box 739 Office: 806-396-2456
Stratford, TX 79084 Home: 396-2512
Email: vincins@xit.net

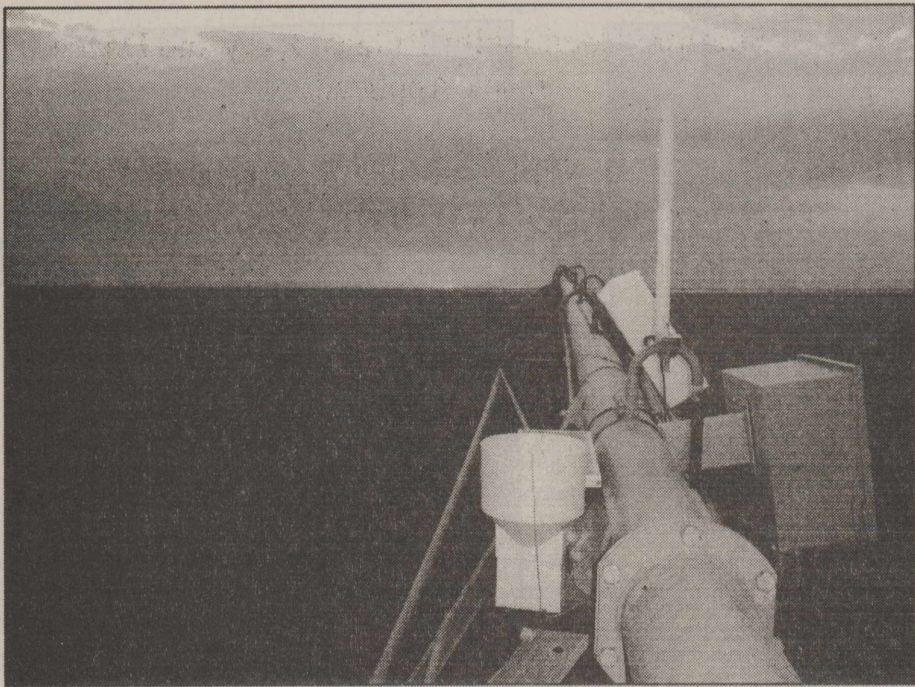
PO Box 510
Stratford, TX 79084
Phone: 806-366-5557

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Remote pivot control systems like this one are part of the strategic irrigation management approach being demonstrated in the initiative.

Texas High Plains Conservation Initiative Receives Federal Funding

A Texas Panhandle-High Plains conservation project has been awarded a federal grant from the United States Department of Agriculture's Natural Resources Conservation Service (NRCS). The Texas High Plains Initiative for Strategic and Innovative Irrigation Management and Conservation (the Initiative) will receive a \$499,848 Conservation Innovation Grant (CIG) to show farmers how to save irrigation water and extend the economic viability of their operations. The Initiative is designed to demonstrate strategic irrigation and crop system management technologies and practices, resulting in water savings across the region and best practices that are applicable nationwide in regions facing similar resource concerns.

The Initiative is a collaborative effort between the USDA-NRCS and North Plains Groundwater Conservation District, High Plains Underground Water Conservation District, Texas Alliance for Water Conservation (TAWC) and Texas Tech University. Until this joint application for funding, the member organizations of the Initiative were working on two separate irrigation efficiency demonstrations, the TAWC in Hale and Floyd counties in the south plains, and North Plains Groundwater Conservation District in the northern panhandle counties.

"We are pleased to partner in this initiative to demonstrate the possibilities and importance of agricultural water conservation for the future of Texas," said Bob Zimmer, President of the North Plains Board of Directors. "When we began talking about our individual projects, we saw that we were employing some different strategies and technologies, but the projects actually have the same basic objective," Zimmer said. "We decided there are advantages to joining forces to demonstrate irrigation water conservation methods." The grant will be split between the two projects, providing just under a quarter of a million dollars for each, over the next three years.

"The High Plains Underground Water Conservation District is pleased to be a partner in this initiative. Projects, such as this, have been a mainstay of the district during its 60-year history. It is important to continue research to develop best management practices to allow growers to use less water, maintain crop yields, and continue the economic viability of the Texas High Plains region," said Robert Meyer of Canyon, High Plains Water District Board President. High Plains is a critical supporter of the TAWC project.

The TAWC has been conducting demonstrations since 2005 with the support of their funding agency, the Texas Water Development Board (TWDB). The TWDB has also joined in the North Plains project in its second year by providing funding for three years beginning in 2011. "The drought conditions this year have driven home the importance of conservation to our region and our state," said Rick Kellison, Project Director for the TAWC. "Funding of programs like this will help us continue to address these pressing concerns."

The grant is one of 52 awarded this year across the nation by the USDA-NRCS, the lead agency in conservation planning and assistance to address conservation of all natural resources. "These grants will help some of America's top agricultural and conservation institutions, foundations and businesses develop unique approaches to enhancing and protecting natural resources on agricultural land. Their creativity and problem-solving will benefit conservation-minded farmers and ranchers, and everyone who relies upon our nation's natural resources for food and fiber," said NRCS Chief, Dave White.

Other important partners involved in the Initiative include: Texas AgriLife Extension and USDA, Agricultural Research Service.

Fly the Flag

Editors Note: Sometimes something comes across my E-Mail that I think maybe it should go in the paper also. A good friend of mine sent this along and I am encouraging all of us to do this come September 11, 2011. Thank you

On Thursday, September 11th, 2011, an American flag should be displayed outside every home, apartment, office, and store in the United States. Every individual should make it their duty to display an American flag on this tenth anniversary of one our country's worst tragedies. We do this honor of those who lost their lives on 9/11, their families, friends and loved ones who continue to endure the pain, and those who today are fighting at home and abroad to preserve our cherished freedoms.

In the days, weeks and months following 9/11, our country was bathed in American flags as citizens mourned the incredible losses and stood shoulder-to-shoulder against terrorism. Sadly, those flags have all but disappeared. Our patriotism pulled us through some tough times and it shouldn't take another attack to galvanize us in solidarity. Our American flag is the fabric of our country and together we can prevail over terrorism of all kinds.

Action Plan:

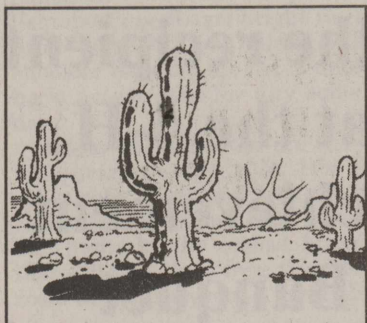
So, here's what we need you to do ...

(1) Forward this email to everyone you know (at least 11 people). Please don't be the one to break this chain. Take a moment to think back to how you felt on 9/11 and let those sentiments guide you.

(2) Fly an American flag of any size on 9/11. Honestly, Americans should fly the flag year-round, but if you don't, then at least make it a priority on this day.

Thank you for your participation.

God Bless You and God Bless America!



With only a few exceptions, true cacti are found exclusively in the Western Hemisphere.



Rattlesnakes gather in groups to sleep through the winter. Sometimes up to 1,000 of them coil up together to keep warm.

Good Luck Elks



Girls are Champs

3 on 3 Tournament champs 4th & 5th girls. Coach Jessica Audrain Shaylee Audrain, Mattee Johnson (Morse), Reaghan Audrain, Kenlee McBryde.



Boys Finished 2nd

Boys finished 2nd in Tournament 12 and under. Shown Alex Lobbin (Bushland), Cole Logsdon (Gruver), Carter Laramore (Texline), Kade McBride (Stratford)



The bird with the longest feathers is the onagadori, a domestic strain of red jungle fowl. Its feathers span more than 34 feet.

Health Awareness

Pedaling Past Knee Pain

(NAPS)—Pat Patterson is not your typical retiree. At 71 years of age, he cycles about 100 miles each week. Pat has bicycled around the world twice; the first trip took him two years and seven months to complete and the second, nearly four years. Despite his apparent vigor and determination, surprisingly, there was a time when Pat could hardly make his way around without pain in his knees.

Like more than 10 million Americans, Pat has a painful condition known as osteoarthritis of the knee. When Pat found that he couldn't make his way up stairs without pain, he knew it was time to see a doctor. "My primary care doctor recommended that I see an orthopedic surgeon, who diagnosed me with osteoarthritis of the knee," Pat said. "I was concerned when I heard the word 'arthritis' because I didn't want knee pain to keep me from doing the things I love." He tried over-the-counter medications to relieve the pain but it wasn't enough. Determined to treat this condition, Pat took the time to learn more about it and even asked friends what he could do.

"Luckily, a friend of mine told me that there were injections available to help with osteoarthritis," Pat said. After talking to his doctor, Pat was treated with a viscosupplement injection and noticed a big reduction in his pain. As a result, Pat can not only get up the stairs with ease but he is back riding his bike again.

"The knee pain was really starting to interfere with my life. Now that I've found a way to get past the pain, I can get back to enjoying the sport I love and, when I'm not riding my bike, I spend time at the gym and doing work around the house," Pat said. "Being able to do these things is important to me; it helps me be who I am and enjoy what I love to do."



Pat Patterson has bicycled around the world twice, despite osteoarthritis, with help from a viscosupplement injection.

"Pat's condition isn't uncommon and it is treatable," said Dr. Nicholas DiNubile, orthopedic surgeon and best-selling author of "FrameWork for the Knee: A 6-Step Plan for Preventing Injury and Ending Pain." "If you have pain in your knees, talking to your doctor about what you're experiencing is important. Osteoarthritis is a chronic condition that may benefit from regular medical attention. Although there isn't a cure, there are many treatments and lifestyle changes that can help reduce the effect that arthritis has on your life. Staying active and keeping your weight down are two key components to lessening the symptoms of osteoarthritis. But these may not be enough for some patients, so I find that many of my patients who fail more conservative approaches may benefit from the kind of viscosupplement injection that Pat received. Many patients choose a viscosupplement because it can provide pain relief for up to six months."

"When I get an injection, it just takes a few minutes," said Pat. "Afterwards, I stay off my bike for a couple of days, but other than that, I continue on with my normal activities."

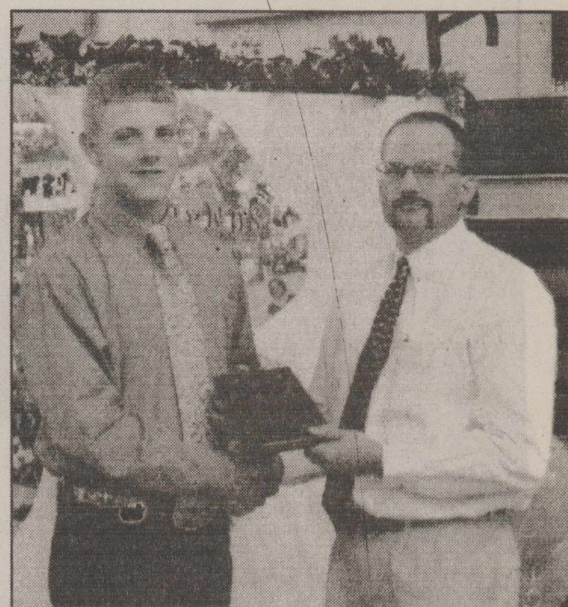
Learn more about treating osteoarthritis of the knee at www.mykneerelief.com.



Business Friend of 4-H- Kade McBryde presenting Rose Morales representing Express Lane.



Gold Star Award presented to Mary Ann Spurlock by Brad Easterling



Gold Star award presented to Rhyan Burton Brad Easterling.

Sherman County 4-Hers Honored At Achievement Banquet

By Brad Easterling

Our local Sherman County 4-Hers met Tuesday, August 16th to honor the achievements and hard work over the past year. This year's 4-H Achievement Banquet was sponsored by First State Bank. Kavan Killian served as Master of Ceremonies assisted by other members of the Sherman County 4-H Council including: Mary Ann Spurlock, Rhyan Burton, Erin Wilkins, and Blaine Killian. Hostess for the banquet was Shirley Durham and Billye Zak assisted with all of the preparations. Fried catfish was prepared and served by Lem and Cindy Russell.

This year's Rookie of the Year Award went to Kenlee McBryde. Kenlee competed in the county Food Show, district Nutrition Quiz Bowl, district Rifle Competition, and Share-the-Fun, Celebrate 4-H division.

Our Bronze Star Award Winners this year were Daniela Valdez and Katelin Berry. Daniela competed at the county Food Show as well as both the county and district Fashion Shows. She also entered many items in the Arts and Crafts division at both county and district. Katelin completed her Beef project showing her heifer at Tri-State, Denver, and San Angelo, as well as competing at the district level with the Nutrition Quiz Bowl team and participating in a Share-the-Fun Celebrate 4-H skit.

The 2011 Silver Star Award went to Russell Spurlock. Russell was a member of the district Nutrition Quiz Bowl team as well as competing at the county Food Show, Share-the-Fun, Celebrate 4-H skit, and completing a Record Book this year.

The 4-H Gold Star award is the premiere award presented at the county level across the United States. It is presented to outstanding 4-Hers in the county who are 14 years of age or older. Tim Weldon of First State Bank presented the awards to the recipients and announced the sponsorship of a framed portrait that will be hung in the lobby of First State Bank for the coming year. Last year's recipients, Garrett Ely and Kavan Killian were presented their portraits that First State Bank sponsored last year.

Mary Ann Spurlock was one of our two Gold Star winners this year and has been a 4-H member for 7 years with projects in Clothing and Textiles, Food and Nutrition, Shooting Sports, Share-The-Fun, and Swine. Her clothing and textiles projects included the county fashion show as well as starting her own business making doll clothes. In foods and nutrition, she has competed in the county and district food shows, as well as on the Nutrition Quiz Bowl team that competed at State 4-H Round Up this year. She is a crack shot with a rifle and helped her team qualify for State this year in the rifle competition. Unfortunately, due to an injury, she had to sit out of the competition at State. She did however qualify once again for State Round Up in Share-The-Fun in the Poetry/Prose category and won first place with her reading of the poem "Which Shall It Be. She also raised a pair of hogs again this year which she exhibited at the county show.

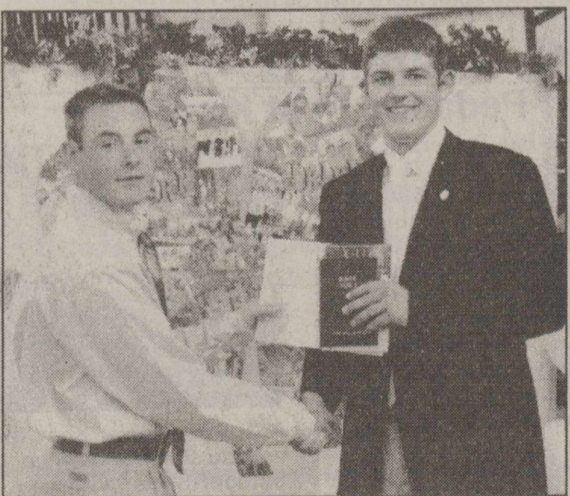
Our other Gold Star winner is Rhyan Burton who has been a 4-H member for 9 years with projects in Beef, Clothing and Textiles, Food and Nutrition, Shooting Sports, and Swine. He has not only shown heifers at the county and major stock shows around the state, but he has caught calves in the calf scramble in order to help with purchasing his show heifers. He has also turned his heifer project in a breeding program, breeding his heifers and exhibiting some of the calves that he has raised in stock shows. He is also more than willing to pass along any of the knowledge that he has gained over his years of exhibiting and breeding to any other 4-H members, younger or not who are willing to learn. He is also quite active in Clothing and Textiles including the Fashion Show. This past year he competed in the county and district fashion show and earned a trip to College Station to compete at State 4-H Round Up. He did quite well at state and finished 5th in his class.

He was active in the Food and Nutrition project a couple of years ago competing in both the Food Show and the Nutrition Quiz Bowl. He has also participated in Shooting Sports as a member of the rifle team where he did a good job at that as well. Any project that this young man has ever taken up he has done well at, he is the type of person that excels at everything he does. He has also attended several 4-H camps during the summer to improve his leadership skills. He has been to Xcel Energy Electric Camp in New Mexico as well as the Shooting Sports Extravaganza. He has also attended Fish 'n' Fun Camp.

The Danforth — "I Dare You" Award was presented to Garrett Ely and Connor Lowry. Garrett is a 7 year member of the Sherman County 4-H. Garrett is a member of the 4-H Council and Shooting Sports Club where he has served as president. He has completed projects in Shooting Sports, and participated in the county and district Arts and Crafts show. He has represented Sherman County at the District and Texas 4-H Roundup Rifle Contest. He has served on the Promotion task force for 4-H Enrollment Night, participated in the Stockings for Soldiers community service project and helped with the Coldwater Manor Birthday party. Conner is a 3 year member of Sherman County 4-H. He is a member of the Shooting Sports Club and served as the Vice-President. Connor Represented Sherman County at the District and Texas 4-H Roundup Rifle Contest.

This year's Outstanding Volunteer Leader goes to Walt Berry. Walt has been a 4-H volunteer much longer than his kids have been involved in the program. He serves on the Livestock Board as President and is an integral part of the stock show. Walt will be recognized as a Distinguished 4-H Leader during the District Gold Star Banquet on Saturday, December 3rd.

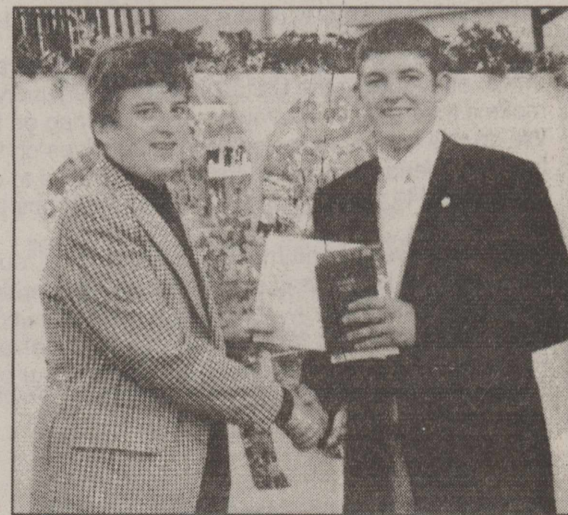
This year's Friend of 4-H goes to a 4-H supporter of 11 years. Sherwin Burton began assisting the 4-H program when his oldest son joined the program and now his youngest son is a senior. We appreciate all of his help.



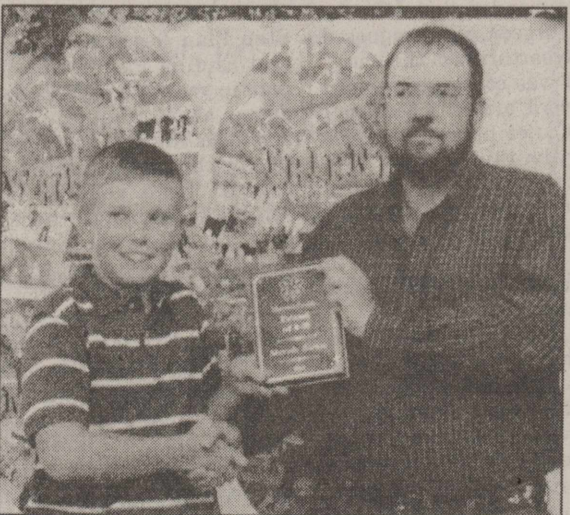
"I Dare You" Award was presented to Garrett Ely (l) by Kavan Killian



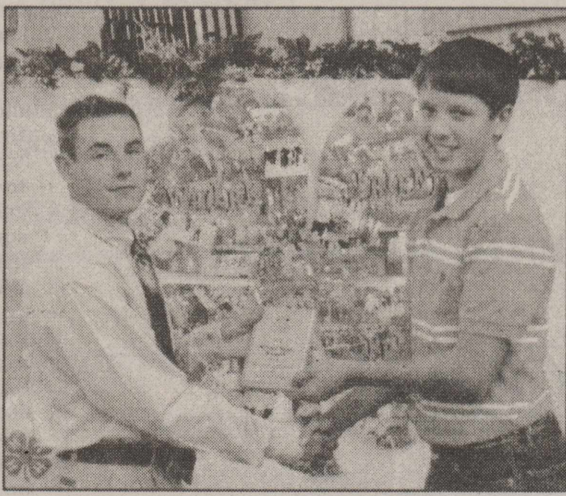
Rookie of the Year was presented by Carlee Metcalf to Kenlee McBryde (right).



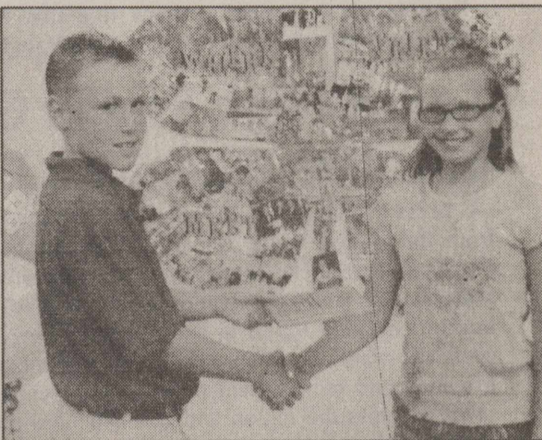
"I Dare You" Award was presented to Conner Lowry (l) by Kavan Killian



Friend of 4-H presented by Brett Barnard to Sherwin Burton.



Silver Star award presented by Garret Ely, to Russell Spurlock.



Bronze Star was presented by Turner Smith to Katelin Berry.

The 2011 Business Friend of 4-H is awarded to Rose Morales and Express Lane for all of the support and help that they have given to the 4-H program over the years. Their kindness is greatly appreciated, and we could not achieve the success that our program has achieved with help like yours. Thank you Express Lane.



Outstanding Volunteer Leader was presented by Mary Ann Spurlock to Walt Berry.

The Stratford Star would like to congratulate all the recipients at the 4-H Achievement Banquet



It Pays To Look In The

Star Classifieds

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Houses for Sale

House for Sale-3 BR, 1 1/4 Bath, new kitchen, new roof, new windows & flooring. Near schools-1306 Putnam call 806-769-4464 3-24-tfn-

REDUCED: Must sell, 3 bed, 1 1/4 bath, sunroom, nice yard. New roof, windows, floors, updated, 24 x 24 shop. 514 N. Fulton, 806-930-3042.

401 S. Maple, Stratford 3 bedrooms, 2 baths, 2 living rooms, laundry room, garage. Includes: 3 lots beside the house. (806) 366-3512 or 753-7513.

For Rent

Nice and close to schools, 2BR, 1 bath apartment. Furnished with refrigerator, and stove, Central H/A. Has stackable W/D hookups. Call 806-244-3418.
7-28-tfn---

Lost & Found

Found Older Male Jack Russell terrier-black & white at Allsups in Stratford, Thursday, August 25, 2011. Call 806-826-5821 or 806-323-6025

For Sale

For Sale: Can-Am four wheeler. 650 outlander max. 43 hours, winch, lots of extras. Call Jerry @ 717-1452. 9-1-c-9-7-c

Help Wanted

Cimarron Feeders is accepting applications for the following positions:

- *Processor
- *Part-time Night Watchman
- *Experienced Shop Foreman
- *Experienced Mill Maintenance
- *Accounting Manager
- *Part-time office clerk

17 miles S Keyes, OK on HWY 171

15 miles N of Stratford, TX on HWY 287, then right 5 miles on HWY 171

Apply in person: M-F 8 a.m.-3 p.m. or call (580)543-6383
Great benefits for full-time positions that include: Medical, Dental & Vision insurance as well as 401 K and paid time off. Pre-employment drug screen required. EOE M/F 9-1-tfn

**Reminder
Stratford Star
Fax number is
366-5884
Office phone
366-5885**

Healthier And Tastier Meat-Free Meals

(NAPS)—Reducing the amount of meat your family eats and creating healthier, tastier, protein-rich meals are easier than you might imagine.

One delicious way to do so is to use easy-to-prepare, protein-rich products such as those from Quorn.

"The products are made from mycoprotein, which is a member of the fungi family," said Chef Lilia Temple. "In addition to being really tasty, they are all low in fat but high in fiber, and soy-free. I love the soy-free part. Something like Quorn comes in so many different varieties, too—burgers, patties, tenders, grounds—there's something for every dish. Making just one change to your family mealtime—reducing meat intake—can make such a difference to overall health. And your family won't even notice."

Here are two recipes that may soon become family favorites:

Quorn Spinach & Mushroom Pizza

This delicious, veggie-ful pizza is a healthy, better-for-you alternative to the typical meatball pizza!

Prep time: 20 minutes
Cook time: 15 minutes
Makes one 12" pizza (6 servings)

- 2 tsp. olive oil
- 1 small onion, thinly sliced (about 1 cup)
- 1 pkg. (8 oz.) sliced Baby Bella or white mushrooms
- 2 Tbsp. white wine or vegetable broth
- 1/4 tsp. salt
- 1/4 tsp. freshly ground black pepper
- Dash nutmeg
- 4 cups baby spinach leaves
- 6 Quorn Meatless Meatballs
- 1/2 cup prepared tomato sauce
- 1 prepared 12-inch (10-oz.) 100% whole wheat, thin-crust-style pizza crust
- 1 cup shredded part skim mozzarella cheese



This delicious pizza is made with mycoprotein that is lower in fat and higher in fiber than those made with real meatballs.

Instructions

Preheat oven to 400°F

1. Heat oil in large skillet on medium-high heat. Add onions, sauté 2 minutes or until softened. Stir in mushrooms and wine. Cook, stirring occasionally, 2-3 more minutes, or until liquid is evaporated. Season with salt, pepper and nutmeg. Stir in spinach leaves until just wilted. Remove from heat.

2. Place Quorn Meatless Meatballs and tomato sauce in a small saucepot. Cover and simmer, stirring occasionally, on medium heat 15-18 minutes. Remove Meatless Meatballs from pot, cool slightly, then cut each in half; set aside.

3. Spread remaining sauce evenly onto pizza crust to within 1/2 inch from the edge. Top evenly with mushroom-spinach mixture, then Meatless Meatball halves. Sprinkle with mozzarella cheese and place on baking sheet (or a preheated pizza stone) and bake at 400° F 12-15 minutes or until cheese is melted.

Kiddie Mac & Cheese & Quorn™ Cones

This easy recipe turns an old favorite into a fun and wholesome handheld meal!

Makes about 6 servings (about 4 cups Quorn Mac & Cheese mixture—2 cones each).

Prep time: 15 minutes
Cook time: 15 minutes

- 2 tsp. canola or vegetable oil
- 1/2 small onion, finely chopped (about 1/4 cup)
- 1 cup Quorn Grounds
- 1/2 tsp. garlic powder
- 1/2 cup broccoli florets, chopped
- 1 box (6 oz.) Shells & Real Aged Cheddar-style Macaroni & Cheese mix
- 12 small wafer, flat-bottomed ice cream cones (1 box, 1.2 oz. each)
- Shredded Parmesan cheese, as needed



Instructions

1. Heat oil in medium skillet over medium-high heat. Add onions; cook, while stirring 3-4 minutes or until softened. Stir in Quorn™ Grounds, garlic, broccoli and 1/2 cup water. Simmer, stirring occasionally, until liquid has evaporated and broccoli is just tender-crisp. Cover to keep warm, set aside.

2. Meanwhile, cook Macaroni & Cheese as per package directions. Stir in Quorn broccoli mixture.

3. To serve, spoon about 1/4 cup of the macaroni, Quorn and broccoli mixture into each cone. Top with some Parmesan cheese "sprinkles." Serve immediately.

For more information, visit www.Quorn.us.

Legal Notices

Sherman County Sheriff's Office Notice of Impoundment of Estray

On the 23rd day of August, 2011, I impounded the following estray:

Kind-Bovine
Breed-Mixed
Color-Solid Red
Sex-Cow
Age-App. Six years old
Size-App. 1300 to 1400 lbs.
Brand, earmark or other identifiers:
On the left hip

?

On the right thigh

B

In the right ear a red ear tag with the numbers: 59 in black

And on the 24th day of August, 2011 I filed a Notice of Estray in the Estray Book of Sherman County, Texas.

I have made a diligent search of the register of recorded brands in Sherman County, Texas for the owner of said estray, but the search did not reveal the owner.

Notice is hereby given that, if the ownership of said estray is not determined by the 22nd Day of September, 2011, said estray will be sold at public auction at Dalhart, Texas.

Witness my hand this 24th Day of August, 2011.

Jack Haile
Sheriff of Sherman County, Texas

Published in The Stratford Star, Thursday, September 1, 2011, Thursday, September 8, 2011 and Thursday, September 15, 2011.

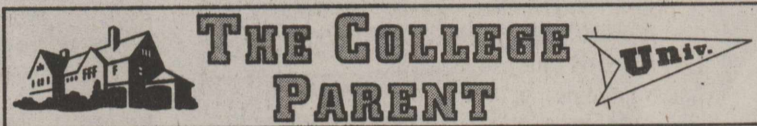
LEGAL NOTICE

NOTICE: Texhoma ISD is taking Requests for Proposals for the production and installation of up to ten manufactured homes. RFP's will be accepted from 8:00 am August 31, 2011 through September 14, 2011 at 3:00 pm. Contact Hope Appel at 806-827-7400, fax at 806-827-7657, email at hope.appel@texhomaisd.net, or by mail at PO Box 709, Texhoma, TX 73949. TISD Board of Trustees reserves the right to accept or reject any or all RFP's, to waive any and all technicalities, and to accept the proposal that will best serve the district. Published in the Stratford Star, Thursday, September 1, 2011 and September 8, 2011.

Card of Thanks

Dear Stratford People, Thank you, thank you for all the beautiful cards and best wishes for our "60th" Wedding Anniversary". It means so much to us. You are a dear and very special people to Grumps and Granny! Thank you for remembering us.

Love and God Bless all of you
Ed & Wanda Horsford



Going Away To School Made Easier

(NAPS)—While the emotional and financial aspects of sending your youngster away to college have been much discussed, what many parents really need to know is just how to get all the stuff from their kid's room at home to his or her room at school. Here are some hints that may help from the experts on moving at Penske Truck Rental:

• Know what you need before you go. Check with the student's roommate before leaving home to be sure you don't end up with two TVs and no refrigerator. Check with the school, too, about what objects may be forbidden (plastic trash cans, say) or required (such as specially sized sheets).

• Send ahead. You may be able to lighten your load a little by mailing some things to the school before you go or by buying appliances and electronics at chain stores that let you order near home or online and then pick up the actual items at stores near the school.

• Pick the proper-size truck for your stuff. Most college students can use a 12- or 16-foot truck for moving to their dorm room or off-campus apartment.

• Reserve early. Reserve the truck and any moving accessories at least two weeks in advance.

• Pack smart. Load the heaviest items first. To avoid injury, always bend your knees and lift with your legs, not your back.

• Use accessories. Boxes, packing tape, bubble wrap, moving blankets and hand trucks are essential moving tools.



Careful planning can help get your college student settled comfortably in his or her new room.

• Safety and security. Trucks are taller, wider and heavier than standard consumer vehicles. Drive more slowly and take extra precautions. Park in well-lit areas and padlock the rear door. Penske offers 24/7 emergency roadside assistance and optional protection plans.

• Create a travel bag. Don't pack everything on the truck. Keep important paperwork, credit cards, identification, change of clothes, drinks and snacks close at hand.

• Pack strategically. Dorm rooms are generally quite small but you can position your belongings strategically to fit more into less space. For example, lofting the beds can free up floor space. Putting the beds up on blocks can create room to store things underneath.

Learn More
You can find more useful moving tips at www.PenskeTruckRental.com and www.facebook.com/PenskeU.

Health Trends

Study Reveals Allergies Are Increasing

(NAPS)—If it seems like you are sneezing more this year than in the past, you may already have guessed the results of a recent study.

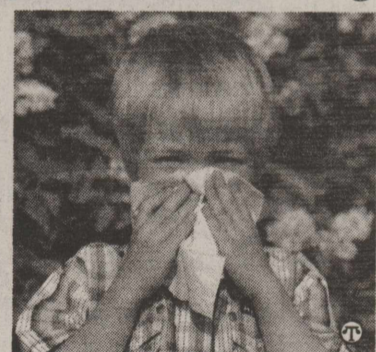
Allergies are on the rise in America, found the study, and most of the increase is due to two allergens found in the environment: ragweed and mold. The findings are important because these two allergens have been linked to a warming climate.

The Quest Diagnostics Health Trends report, "Allergies Across America," is from Quest Diagnostics, the nation's leading diagnostic testing company. The study analyzed test results of patients tested for 11 common allergens, including peanuts, house dust and pet dander. It is the largest study ever conducted on allergy testing, based on results of nearly 14 million tests.

In the study, sensitization to common ragweed (the most prevalent form of ragweed) grew 15 percent while mold grew 12 percent nationally. Sensitization indicates the likelihood that a person is allergic to a certain allergen. By comparison, sensitization to the 11 allergens combined increased less than 6 percent.

As many as two in 10 Americans have an allergy to ragweed. Increased exposure to ragweed has been shown to increase an individual's risk of developing more severe allergy symptoms or asthma. Research by other scientists has shown that a warming climate may increase the abundance of some allergens in the environment. For example, a warmer climate may lengthen the blooming season for ragweed, so people are exposed to it more often.

"Allergies, if untreated, can lead to worsening symptoms and, for



Ragweed and mold allergies are on the rise, possibly due to a warming climate.

some people, asthma," said Dr. Stanley J. Naides, medical director, Immunology, for Quest Diagnostics. "Allergy symptoms depend on the type of allergy, and can range from a runny nose to wheezing. People who believe they have an allergy should consult their doctor for proper evaluation and treatment."

The study also found that:
• Children with food allergies may be at risk for the "allergy march," a pattern of disease that can lead to asthma.

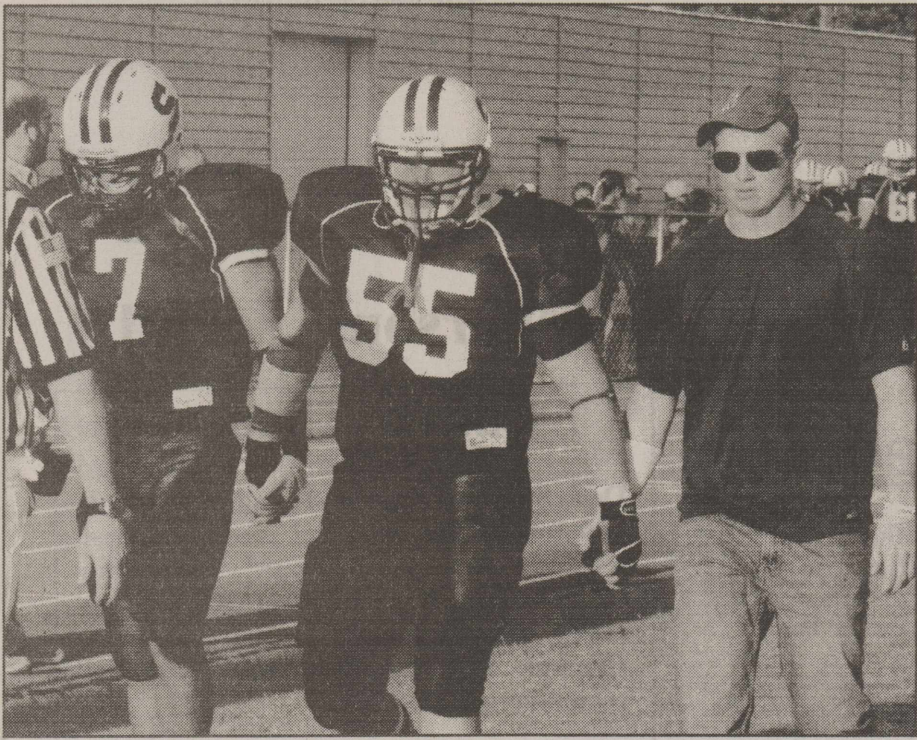
• Children in Medicaid may be tested for allergies at later ages than children in private health plans. Later testing means treatment that could prevent the allergy march doesn't start as early.

• Peanut allergies are the most common food allergies in school-age kids.

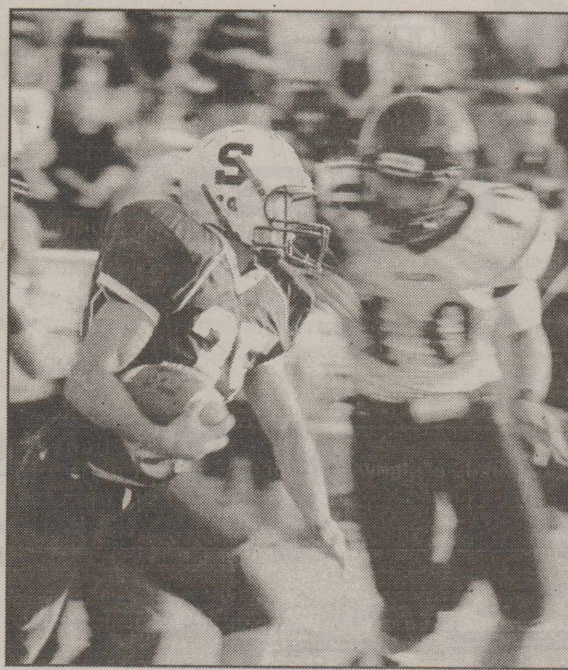
• Men may be at greater risk for allergies than women.

The "Allergies Across America" report also describes allergy symptoms, treatments and tests, including ImmunoCAP, the gold standard of allergy blood tests. Visit www.QuestDiagnostics.com/HealthTrends.

The Boys are Back for some football!!!



Stratford Elk Senior Captains #7 Edgar Guerrero, #55 Casey Lantelme and Justin Mungia.



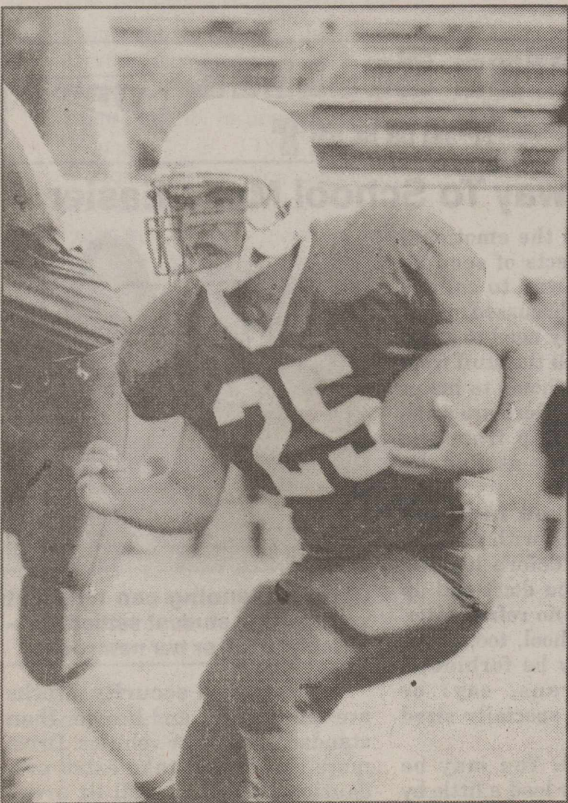
Stratford Elk Alex Chavoya carries the ball for the Elks in their loss to Bushland.

The Stratford Elks kicked off their season on Friday, August 26, 2011 against Bushland. The Elks after a lightning delay and finally calling the game with three minutes to play fell to Bushland 42-26 in their season opener.

Tanner Wright completed 11 of 13 passes for 230 yards and scored one touchdown. Alex Chavoya carried the ball for 115 yards on 20 carries and scored 2 touchdowns for the Elks. Edgar Guerrero added 17 yards on 2 carries for the Elks. Kelby Hartman caught the ball for 117 yards on 5 catches followed by Braiden Palmer with 56 yards on 4 catches and one touchdown. Nicolas Eismendi scored two PAT's for the Elks.

Casey Lantelme led the Elks defense with 9 tackles followed by Victor Acevedo and Wyatt Smith with 6 tackles each. Also contributing to the Elks defense were Kelby Hartman, Braiden Palmer, Edgar Guerrero, Jordan Johnson, Leo Ibarra, Alex Chavoya, Colten Rendon and Anthony Lemus.

The Elks will travel to Friona on Friday, September 2, 2011 with a kick-off time at 7:30 p.m.



J.V. Elk #25 Christian Martinez carries the ball in the Elks win over Bushland.

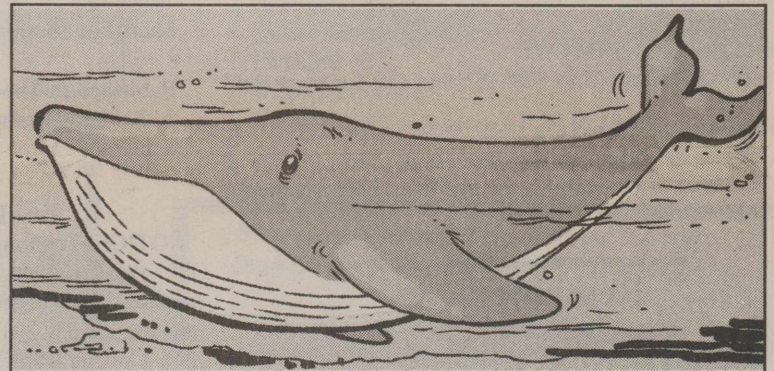


J.V. Elk #44 Logan Uttley tackles Bushland ball carrier in the Elks win on Thursday, August 25.

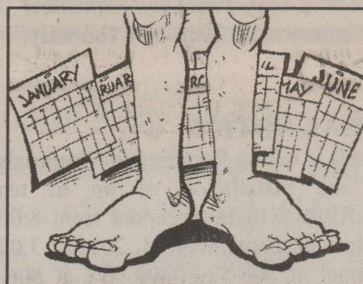
Sub-Varsity

Sept. 1	Friona	JV	Canyon	6:30
Sept. 8	Sanford-Fritch	7,8,JV	There	5:00
Sept. 15	Spearman	7,8,JV	There	5:00
Sept. 22				
Sept. 29	Perryton	JV	Here	7:30
	West Texas	7,8	Here	5:00
Oct. 6	Panhandle	7,8,JV	There	5:00
Oct. 13	Boys Ranch	7,8,JV	Here	5:00
Oct. 20	Canadian	7	Here	5:00
	Canadian	8,JV	There	5:00
Oct. 27	Sunray	7,8,JV	Here	5:00
Nov. 3	West Texas	7,8,JV	There	5:00

Good Luck Elks Beat Friona



A baby blue whale is 25 feet long at birth.



A fingernail or toenail takes about 6 months to grow from base to tip.

HUMAN INTEREST

4-Year-Old Faces Death, Lives to Tell the Tale

NewsUSA

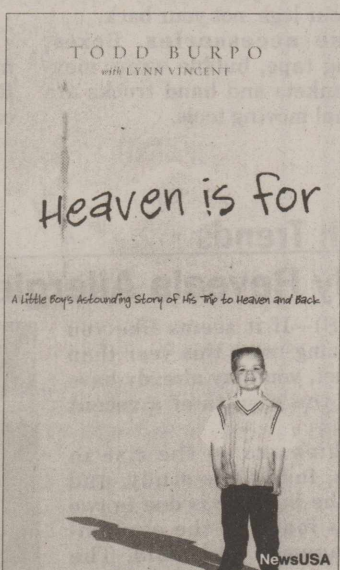
(NU) --"Now here was my kid, in his matter-of-fact, preschooler voice, telling me things that were not only astonishing on their face, but that also matched Scripture in every detail, right down to the rainbow colors described in the book of Revelation, which is hardly preschool material. And as he babbles, Colton asked me, his pastor-dad, every so often, 'Did you know that?'"

And I'm thinking, Yeah, but how do you know it?"

Not a typical conversation you would expect to have with a 4-year-old, but nonetheless one that occurred between Todd Burpo and his son, Colton, in the novel "Heaven is for Real: A Little Boy's Astounding Story of His Trip to Heaven and Back." Co-written by Burpo about his son's brush with death, the book recently topped the New York Times Best Seller list and has become an inspiration to hundreds of thousands of readers.

The harrowing tale begins in March of 2003, when Colton suffered a burst appendix and developed a life-threatening infection. Doctors told Burpo and his wife that surgery was his only chance. His survival, while miraculous, was not as spectacular as the journey he took while doctors worked to save his life - while Colton's body was in surgery, his consciousness ascended into heaven.

Skeptical? So were his parents when months after surgery, Colton mentioned that angels had sung to him in heaven. But Colton accurately described his parent's actions while he was in surgery. He talked about meeting his grandfather, who had died 30 years earlier. He even revealed that he had met a sister



One book tells the story of a 4-year-old boy's faith and survival.

who had been miscarried - except that his parents hadn't told Colton about the child they had lost prior to his birth.

"We have all accepted the truth of Colton's witness," said Todd. "As we read the Bible and hear Colton say over and over again, 'yeah, that's the way it is,' [it] affects us all."

Colton's story has spread like wildfire, having been featured on the Today Show and even exploding onto the social media scene. The Burpos created a Facebook page asking readers to share what their beliefs are on the afterlife. Since its conception, about 16,000 people have flocked to the site to share stories of similar loss and inspiration. To learn more, visit heavenisforreal.net.

Travel

(NU) - As the media landscape keeps changing around us, travel writers are following many paths to success. Some are book authors, some write primarily for magazines, and others are earning a good income by blogging or running destination websites. Tim Leffel, author of "Travel Writing 2.0," offers many tips on making it as a travel writer, whether in print, e-books, travel apps or the next media we haven't seen yet.

For a copy of Leffel's book, visit the Travel Writing 2.0 blog at <http://travelwriting2.com>.

NOTICE OF TAX REVENUE INCREASE

The Stratford Hospital District
(name of taxing unit)

conducted public hearings on 08/24/2011 and 08/31/2011 on a proposal to increase
(date of first hearing) (date of second hearing)

the total tax revenues of the Stratford Hospital District
(name of taxing unit)

from properties on the tax roll in the preceding year by 8 percent.
(percentage by which proposed tax rate exceeds lower of rollback rate or effective tax rate calculated under this chapter)

The total tax revenue proposed to be raised last year at last year's tax rate of .216022
(insert tax rate for the preceding year)

for each \$100 of taxable value was 999,779.94
(insert total amount of taxes imposed for the preceding year)

The total tax revenue proposed to be raised this year at the proposed tax rate of .250395
(insert proposed tax rate)

for each \$100 of taxable value, excluding tax revenue to be raised from new property added to the tax roll this year, is 107,718.30
(insert amount computed by multiplying proposed tax rate by the difference between current total value and new property value.)

The total tax revenue proposed to be raised this year at the proposed tax rate of .250395
(insert proposed tax rate)

for each \$100 of taxable value, including tax revenue to be raised from new property added to the tax roll this year, is 1,081,700.06
(insert amount computed by multiplying proposed tax rate by current total value.)

The Stratford Hospital District is scheduled to vote on the tax
(governing body of the taxing unit)

rate that will result in that tax increase at a public meeting to be held on 9/13/2011
(date of meeting)

at Coldwater Manor Board Room, 1111 Beaver Road, P.O. Box 1189 Stratford, TX 79084
(location of meeting, including mailing address)

at 6:30PM
(time of meeting)