Sherman County Museum 07/12 PO Box 1248 Stratford, TX 79084

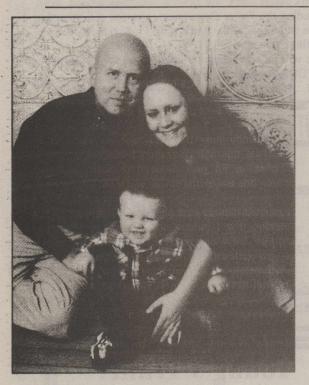
Pheasant Se

The Stratford Star

75 cents

Published for over 100 years in Stratford, Sherman County, Texas 79084 usps 523

Number 45 November 10, 2011



I am officially announcing my bid for the position of Sherman County Sheriff.

While serving as your Chief of Police of Stratford, there have been a few occasions, I have been encouraged to consider running for County Sheriff when Sheriff Haile retires.

After many nights of prayer and late evening talks with my wife, we have decided that running for this office would be beneficial not only to the residents of Sherman County but for my family as well. We love Sherman County!

With your support, I know I will make you proud of your Sheriff's Office for years to come. I would like you to consider a few key questions before you make your final decision....then, vote as if this is the last Sheriff you'll have to elect for the next 20 years.

- 1. Which candidate has the most total years of experience in law enforcement?
- 2. Which candidate has had hands-on experience with preparing and administering departmental budgets?
- 3. Which candidate has had the most (if any)

Veterans' Day Program

Veteran's Day program presented by Stratford Student Council will be held on November 11 at the HS Gym at 10:00 a.m to honor our veterans. The Public is invited to attend!

Texhoma Elementary Gifted and Talented Identification

Students at Texhoma Elementary may be nominated for the gifted and talented program at any time by teachers, counselors, parents, or other interested persons.

Questions regarding the characteristics of gifted children, the nomination process or referring students into the gifted and talented program may be directed to Jeanne Flanagan at 806-827-7400.



Fall Festival Pics Page 5

Flu Shot Clinic & Confidential Memory Screenings to be held

Accolade Home Care will be having two community service events in Stratford on November Thursday 17, 2011. The first event will be a Flu Shot Clinic at Elk Pharmacy from 11:00 a.m. until 12:00 p.m. The second event will be a Confidential Memory Screenings at Scot Hall from 11:30 a.m. until 1:30 p.m.



Crowned King and Queen and Prince and Princess at the 2011 Fall Festival held on Saturday, November 5 are in back King and Queen from the 12 grade class Derek Vasquez and Lidia Mendoza. In front crown bearers from the Kindergarten class Kimberly Mendoza Miranda and Angel Soto and Prince and Princess from the 3rd grade class Tyler Stone and Ashton Lavake.

Stratford Community Blood Drive Monday, November 14th 3:00 p.m. - 7:00 p.m. County Barn 5th & Maple Sponsored by Happy State Bank Every eligible donor who presents to donate will receive a t-shirt!***Plus be entered into a drawing to win a turkey!!*** For appointments call 1-877-574-8800

- supervisory or management experience in law enforcement?
- 4. Which candidate will not "play the politics?"
- 5. Which candidate can you count on to be readily and personally available when the need arises?
- 6. Which candidate is committed to strong public interaction & and community involvement?
- Which candidate has already proven to YOU they can lead a professional agency the citizens can be proud of?_

My family and I truly appreciate the hospitality of the citizens of Stratford and Sherman County.

I am ready to be the last Sheriff you have to vote for, for many years to come.

A Sheriff's term is four years. If your choice is not carefully selected, based on experience and leadership, that is a long time to have to wait for a leadership improvement. All the while, crime still exists and your tax dollars are still being used.

As YOUR Sheriff, I will attend area council meetings. I will constantly be seen in the public. I will operate a professional and efficient office that you WILL be proud of. I will make sure YOU know the deputies who are serving you. And, I will work toward the deterrence of crime throughout the county no matter what or how long it takes.

Sherman County citizens deserve experienced leadership.

I have many years of full-time law enforcement experience

I have supervised a Sheriff's Office D.W.I. Enforcement Division which required me to supervise as many as 25 deputies at a time.

I have been a law enforcement instructor since 2002 and

have taught new recruits at various academies.

I have been the keynote speaker at Arkansas Sheriff's Association Conventions.

I am certified in numerous areas of law enforcement to include specialized schools for supervision and management. I am in my fourth year as Chief of Police, working with budgets, ordering, planning, etc.

I am currently an undergraduate in criminal justice and preparing to attend Leadership Command College at Sam Houston State University next year. Please see my site at joepowellforsheriff.com for more information.

I sincerely appreciate your consideration... I refuse to let you down!!

My family and I thank you in advance for your vote.

Joe Powell

A paid political announcement paid for by Joe Powell, PO Box 1035, Stratford, TX 79084

This Christmas Support Your Local Tri-Corner Art Association Saturday, November 19th 11 a.m.-3 p.m. Sherman County Barn Buy Local Buy Handmade Give something unique and special this year New Recycle
Center Hours8 a.m. - 4 p.m.
Monday-FridayBffective
November 1, 2011St. Joseph's Church
would like to cordially
invite you for the
Annual Enchilada Dinner
Sunday, November 13th in
the Parish Hall from
10:00 a.m. to 2:00 pm.

The plate for adults is \$7.00 and Children \$5.00

Deadline for

The Stratford Star Deadline for Stratford Star items. Photos by Sundays at 4 p.m. Letters to Editor 9 a.m. on Mondays (typed) and all other articles and ads at 10 a.m. on Mondays. (PLEASE) Thank you



Sherman County Older Texans

HUNTERS LUNCH EVERYONE WELCOME

SATURDAY DECEMBER 3, 2011 TIME: 11:30-1:00 S.C.O.T. HALL SIT N. 3^{III} STRATFORD TEXAS FREE WILL DONATION

Special

(Wednesday thru Tuesday) 2 p.m. till closing

Clip this coupon for Thursday Only November 10th, Hamburgers 99 cents 2 p.m. until close

> From Wed. thru Tues. 2 p.m. till closing 2 burgers-2 fries \$6.59

El Primo's

Call 806-366-3799

1120 E. Texas Hwy 54

S.C.O.T. HALL SCUTTLE

By: Cindy Jackson

I was with some friends this weekend and we went to get a bite to eat. One of my friends ordered a Rueben Sandwich. Have you ever wondered why they call a Rueben sandwich a Rueben and why not a Henry or Larry sandwich? Well, back in 1913 or 14 a leading lady of Charlie Chaplin's went into a restaurant and said; "Make me a sandwich I'm so hungry I could eat a brick". The owner of the restaurant took a loaf of rye bread, some corn beef, coleslaw and his famous Russian dressing and made her a sandwich. She wanted him to name it after her but he decided to name it after himself. Arnold Rueben.

On the seventh Accolade Home Care will do Memory screening from 11:30 until they get finished. It is free. Accolade will also be giving flu shots at the Elk Pharmacy. The clinic will not be giving flu shots at S.C.O.T. Hall this year. S.C.O.T. Hall is sorry for any inconvenience this may cause you. Don't forget about the Harvest Lunch to be held on December 3rd, 2011. Sign-up sheets will be posted on the bulletin board at S.C.O.T. Hall just in time for the lunch on November 17th. We need everyone's help to make this a big success. Hostess for November- Prospectus Study Club November Birthday Hostess: Accolade Home Care November 10, 2011-2 p.m. Birthday Party 3 p.m. Bingo November 17, 2011- Noon Luncheon Thanksgiving Dinner by the Prospectus Study Club November 22, 2011- 5 p.m. Board Meeting

Thank you for being a part of the S.C.O.T. Hall family.

Accolade Home Care is Offering Confidential Memory Screenings

October 31, 2011, Stratford, Texas— In an effort to detect Alzheimer's in its early stages, Accolade Home Care is offering confidential memory screenings on November 17, 2011 at 36 locations across the state. As of 2000, it was estimated that 270,000 Texans were afflicted with Alzheimer's. This number has increased over 26 percent to 340,000 in 2010 and is expected to jump to 400,000 by the year 2020. According to Dr. Phillip D. Isbelle, "Screening tests for Alzheimer's disease are simple, painless and very effective at identifying individuals in the early stages of the condition."

Most families affected with Alzheimer's usually involve a child caring for the parent. Charlene Rogers' circumstances are a little different than most. Charlene's daughter was diagnosed with Alzheimer's in 2005, at the age of 54. After two years of visiting doctors and specialists, Leann was told she has Alzheimer's. Leann turned to her mother and said, "Mom, I know there will be a day when I forget who God is, but I know he will never forget who I am."

Sonora Henry understands the importance of early detection. At the age of 69, her mother's behavior began to change dramatically. She began wearing too much clothing in the summer, or mismatched shoes. She would go on walks, only to find herself in the police station not knowing where she was, or where she lived. This devastated Sonora as her mother had always cared for her, now it was her turn to care for her mother, being a caregiver impacted Sonora in a deep way, "I learned patience. I learned how to love deeper and stronger." Today Sonora understands that her chances of developing Alzheimer's are increased due to heredity. She regularly participates in memory screenings, and encourages her siblings to do the same. The screenings take roughly five to ten minutes to complete and consist of a series of simple questions and tasks. Each screening is administered by a qualified healthcare professional and provides individuals with information on Alzheimer's disease, dementia and successful aging and local resources. Accolade will be holding a memory screenings at the following locations.

Dumas Agency November 16, 2011 Dalhart Senior Citizens Center, 610 Denrock, Ave. Dalhart, Texas

Dumas Agency- November 17, 2011 Scot Hall, 513 E. 3rd St. Stratford, TX Dumas Agency- November 18, 2011 Pumas Senior Citizens Center, 710 E. 16th St.

Cheese Sales Being Conducted

Making plans for entertaining guest over the Christmas holidays or looking for gifts that will please everyone? Lollipop Junction can help you!!

During the month of November, Lollipop Junction will be conducting their annual cheese sales from Zak's Cheese, Inc. A variety of cheeses, including the popular Ranch Cheese, along with beef summer sausage, fudge, and popcorn are available. In addition, selections for gift boxes featuring a variety of cheeses, sausage, and salami are available and make excellent gifts for birthdays, Christmas, or to say Thank You.

Orders will be taken until Friday, November 18th. Delivery of products will be approximately December 13th.

To place an order, contact board members Jennifer DeAnda, Valarie Naugle, Martha Duncan, James Lutes, Cindy Cummings, Kristal Johnson, Lorree Nusz, or Wesley Spurlock. Or contact Brio at Lollipop Junction, telephone 366-5886.

Thanks Stratford for your support of Lollipop Junction and helping the center provide students with educational material, playground, and maintenance.

> Safe Place -

Many of you know that the holidays can be a difficult time for many, especially the men women and children who spend their holidays in a shelter or are in need of basic necessities like food, shelter clothing or warmth. This holiday season the Sheriff's office will be collecting blankets and canned food for your area crisis center, Safe Place Inc. in Dumas. A box will be available at the Sheriff's Office for those items. The canned food items will be shared between Safe Place and our local food pantry. If you have any questions please feel free to contact:

Sheriff'sOffice806-366-5551, Wesley Evans806-717-9208 or AmandaEvans 806-717-9257Your gracious giving is

appreciated by those who need it the most.

Horse Liniment Erases Pain

HIALEAH, FL — An ingredient often used to treat inflammation in race horse legs, is now back on the market in its original doctor recommended clinical strength

According to a national drug store survey, the formula at one time became so popular that it rose to the top of pharmacy sales for topical pain relievers. But the

From the desk of Chief Powell

From YOUR Police Department to you, we hope the holiday season brings happiness and joy to you and your families.

Please be thankful this month for your family, friends, and relatives. It is that time of year we should all forgive our enemies and make new friends. Stratford is a community we are all very proud of and all of the members of the Stratford Police Department wants you to know we are proud to serve you and as we always say: "Thank you for your continued support of Your Police Department and all we do. It is our mission to stay involved with our community."

Don't forget there are several locations around town, including the Police Department who are still accepting jeans and coats for the Angel Tree Project. Help someone out this Christmas!!

We will be scheduling an Open House for the Holidays at YOUR Police Department SOON!!!!!!

And...as alway7s, look us up at www.stratfordpd.com

HITCHELL THEATRES

Northridge 8 Guymon, Ok <u>www.northridge8.com</u> 580-338-3281 Southgate 6 Liberal, Kansas <u>www.southgate6.com</u> 620-624-5573 Sequoyah 8 Garden City, Kansas <u>www.sequoyah8.com</u> 620-275-2760

Young's Trailer Sales, Inc. 1100 S. Manhattan Amarillo, TX 79104 806-374-8171 We sell all types of trailers & we service what we sell. If you have a need for a new trailer or service on an existing one Call Jimmy Gillenwaters

366-5505

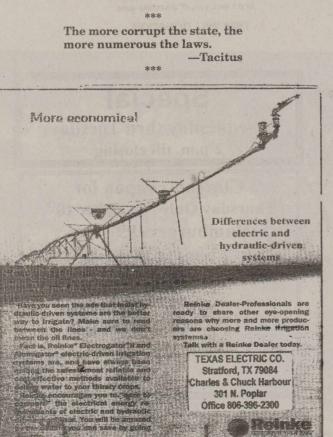
Dumas, TX Accolade Homecare

Based in Denton, Texas, Kindstar Corporation DEA, Accolade Homecares Management, has served Home Health and Hospice patients for more than 20 years. With 26 locations throughout Texas, Accolade's nurses and therapists visit patients in their homes, evaluate symptoms and provide treatment.

Accolade's sophisticated specialty programs focus on the patient and includes family members every step of the way. Accolade's services incorporate treatment for Alzheimer's disease, Dementia, Telehealth/Cardiac, Lower Extremity Management (Foot care), Physical therapy, Occupational therapy, Speech therapy and provide training for Wound and Ostomy Care and Diabetes. Accolade's hospice offers a special kind of care designed to meet the physical, emotional and spiritual needs of terminally ill patients and their families.



The Arctic tern's migration route spans 22,000 miles round-trip. It flies from the Antarctic Ocean to the Arctic Ocean each year.



company marketing the product at the time changed the formula and sales plummeted. One of the inventors of the original formula has brought it back to the market under the trade name ARTH AR-REST and says it can relieve pain for millions

ARTH ARREST works by a dual mechanism whereby one ingredient relieves pain immediately, while a second ingredient seeks out and destroys the pain messenger signal before it can be sent to the brain. Considered a medical miracle by some, the ARTH ARREST formula is useful in the treatment of painful disorders ranging from minor aches and pains to more serious conditions such as arthritis, bursitis, rheumatism, tendonitis, backache and more

and more. ARTH ARREST is available in a convenient roll-on applicator at pharmacies without a prescription or call 1-800-339-3301. Now at: ELK PHARMACY 317 N. Main St. • 396-5505

Life is its own journey, presupposes its own change and movement, and one tries to arrest them at one's eternal peril.

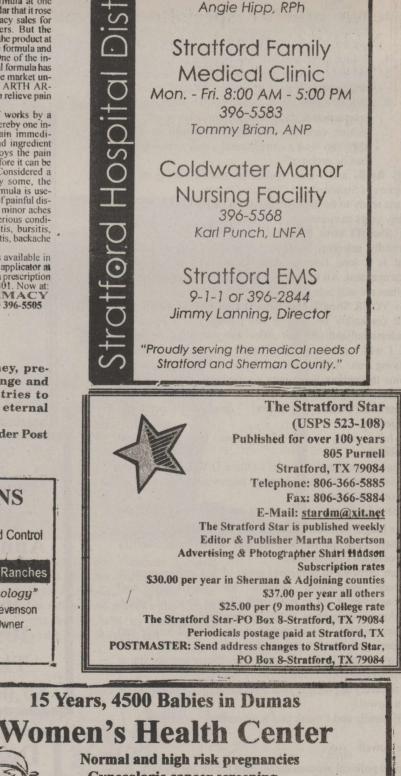
-Laurens van der Post ***



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Pedantry and bigotry are millstones, able to sink the best book which carries the least part of their dead weight. The temper of the pedagogue suits not with the age; and the world, however it may be taught, will not be tutored.

> —Lord Shaftesbury, 3rd Earl of Shaftesbury ***



Gynecologic cancer screening Breast cancer screening Infertility and family planning Menopause and hormone problems

Dr. Turhan I. Baykan, M.D. Specializing In OBSTETRICS-GYNECOLOGY

110 S. Bliss Monday-Thursday 8 a.m.-5 p.m. Friday 8 a.m.-12 noon



Surprise 80th birthday party for Janice Sladek

Janice Sladek was surprised with an 80th birthday party held on Saturday, October 29, 2011 at First United Methodist Church fellowship hall. Shown above left to right are Byron and Belinda Sawyer, Sherri and Rex Sladek, Janice, standing in front Blakelee Hataway and Holly Sladek, Alisha holding Riley Hataway, Blake and Marie Sladek and Amy Hataway.



The Bahamas were named for their shallow waters by Spanish explorer Juan Ponce de Leon. He called them "baja mar," Spanish for "shallow water.

JOE FLORES Wins National Award

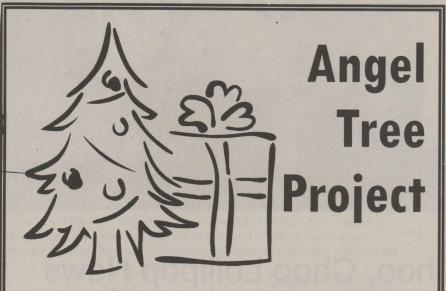
Local Insurance Agent Recognized by the Industry Stratford, Texas—October 28, 2011—Joe Flores, Agent for Texas Farm Bureau has received the NAIFA Quality Award from the National Association of Insurance and Financial Advisors (NAIFA), the industry's leading trade association.

The NAIFA Quality Award recognizes professionalism through education and earned designations, production measured by performance metrics customized for each practice specialty, adherence to the NAIFA Code of Ethics, and service to your industry association. "The NAIFA Quality Award is more than a measure of an advisor's production" says Terry Headley, LUTCF, LIC, FSS, immediate past- president of NAIFA. "By emphasizing quality client service, education, ethical conduct and service to NAIFA in addition to production, the NAIFA Quality Award is a mark of excellence to be recognized by advisors and consumers alike."

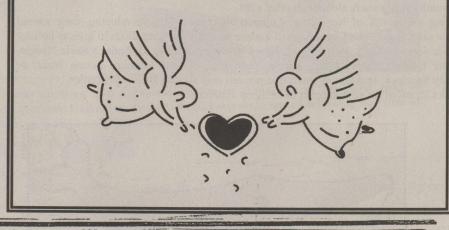
THE STRATFORD STAR Thursday, November 10, 2011 Page 3

When a man tells you that he got rich through hard work, ask him: "Whose?"

-Don Marquis



Angel Tree Project is having a jean and coat drive. There are Christmas boxes located in all the churches and one in the hallway of XIT's building. The drive will go until mid November. Also the applications for Angels will be with the school's secretary and Main Street Essentials. Deadline to have applications in is November 14, 2011. Please return them back to the school, Main Street or mail them into PO Box 447, Stratford, TX 79084



The Churches of Stratford Welcome You

First Assembly of God Kevin Anderson, Pastor 921 Fulton Sunday School Morning Worship 10:45 a.m Evening Worship 8:00 p.m. Wed, Bible Study

Heritage Bible Baptist **Pastor Rick Carter** 302 S. Main For more Info-Call 396-2212 Morning Worship-11 a.m. Evening Service 6 p.m. Wed. Service-7:30 p.m.

First Baptist **Pastor Jason Stone**

Joe has worked for Texas Farm Bureau for 48 years and has qualified for the NAIFA Quality Award for 38 years.

First Christian Church Pastor Gary Smith 5" & Main Sunday School 9:45 a.m. (nursery) Morning Worship 10:45 a.m. (nursery)

No Sunday Evening Worship Service

First United Methodist Rev. David Terrv 520 N. Main Sunday School 9:20 a.m. Morning Worship 10:30 a.m. Junior High UMY 5:00 p.m. senior High UMY 6:00 p.m.

St. Joseph Catholic

IN PUBLIC NOTICES

Lautz 769-5541 Walter Lasley & Sons, Inc. 754-4411 Stratford Star

366-5885 6th & Pearl Rectory 366-5687 Sunday morning: 8:00 a.m. (English). 9:30 (Spanish) Sacrament of Reconciliation: Before Mass or by appt. Christian Formation Classes. K-6th Grade Wed. Afternoon Jr. & Sr. High, Wed.-6:30-8:30 p.m.

Church of Christ Brad Beckett N. 3rd & Chestnut Sunday School 9:30 a.m. Morning Worship 10:30 a.m. Evening Worship 5:00 p.m. Wednesday Bible Study 7:00 p.m. p.m.

702 N. 3rd Sun.-Coffee-8:30 Sunday School-9:30 Worship Service-10:30 Wed.-Children-6 p.m. youth-7 p.m. La Mision Bautista Sponsored by **Mision Bautista** Stratford 401 S. Wall 396-5376 Grain 396-5541

Domingo-(Sunday) Estuela Dominical 9:45 a.m. Miercoles (Wednesday) Servicio De Adoration 11 a.m. Estudio Biblico & Servicio De Oraction 6 p.m. Servicio De Adoration 6 p.m. se Cuidam Susainos Durante El Servicio Eben-Ezer Templo Hispano

Asambleas De Dios Pastor: Juan M. Valenzuela-806-366-3071 205 N. Poplar-Hwy 287 268-2188 Escuela Dominical 10 a.m.-12 noon Servicio De Adoracion 5 p.m.-7 p.m. Miercoles: Servicio De Adoracion 6-8 p.

Kerrick Community Pastor Roy Harris **Community Building** 10 a.m. Worship Service



When local governments want to increase tax revenues, they are required to publish notices in the newspaper so that you will know. But that right to know could disappear.

Local governmental entities across the state want to hide their public notices on little seen, rarely visited government websites.

What you don't know will affect you personally!

If it is not in the newspaper, you won't know about it.

The Stratford Star



Cross Country

The Stratford Lady Elks and Elks were represented well at the Regional Cross Country meet in Lubbock on Saturday, November 5 at Mae Simmons Park. The Lady Elk team placed 7th at Regionals and Grayson Gonzalez placed 6th and will advance to the State Meet on Saturday, November 12 at Round Rock, Texas and will run at 12 noon. Shown from left, Coach Tashea Thies, Jacie Seward, Desinya Garza, Nohemi Ruedas, Mazie Vincent, Erika Ortega, Jackie Gonzales, Noemi Franco, Coach Ryan Tatum and Grayson Gonzalez. CONGRATULATIONS AND GOOD LUCK GRAYSON!!

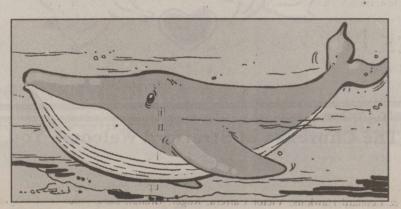
Choo, Choo Lollipop News

New Playground Equipment becomes reality!!!

Two weeks ago, new playground equipment was installed at the day care. Lollipop Junction board of directors have been working the past several years toward the goal of upgrading the playground area equipment. A special fund for this project was established with members of the community giving donations, memorials, and/or honorarium contributions. The fund received a big boost earlier this year from Monsanto's Grow Community program. After several months of researching numerous vendors for the best equipment to meet the developmental needs of children, one was selected and the goal became reality. A special thanks to the Naugle family for their leadership and efforts in getting the playground area ready for the new equipment.

Lollipop Junction will celebrate its 20th year of service to the community in 2012. The center continues to have needs to meet the safety standards prescribed by the Texas Department of Health and Human Services. To meet these needs, the center depends on community fund raisers along with other gifts.

During the month of November, Lollipop Junction will be conducting their annual cheese sales from Zak's Cheese, Inc. To place an order for great foods to give as holiday gifts or serve holiday guest, contact board members Jennifer DeAnda, Valarie Naugle, Martha Duncan, James Lutes, Cindy Cummings, Kristal Johnson, Lorree Nusz, or Wesley Spurlock. In addition, interested persons may contact Brio at the center. Thanks Stratford for your support of Lollipop Junction.



and Marca Ewers, Lloyd Willard, Doug at birth, guod A Marca Ewers, Lloyd Willard, Marcana

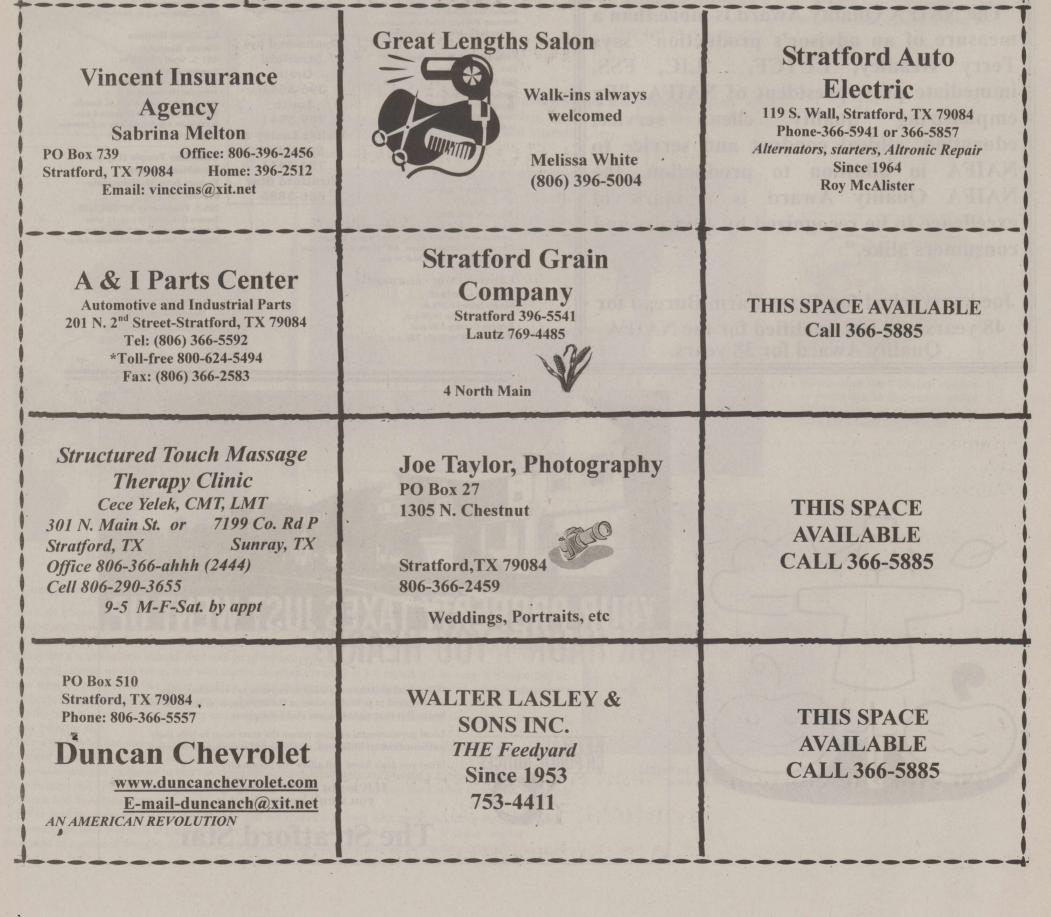


Children at Lollipop Junction enjoy playing on the new slide at the day care center.



Lollipop Junction's new playground equipment is being enjoyed by the children during outdoor playtime. Stop by and see all the great things that are taking place there name by a share taking being the source of the start of th

Business Directory





Fall Festival Royalty from the 9th grade class through 12th grade L/R are: 9th Grade -Bethany Everett and Chisum Rutherford; 10th Grade - Ana Guerra and Hunter Everett; 11th Grade - Macy Everson and Tyler Seward; 12th grade - Lidia Mendoza and Derek Vasquez.



Fall Festival Royalty from the 5th grade through 8th grade L/R are: 5th Grade- Jennifer Torres and Carlos Gonzalez; 6th Grade – Carlee Metcalf and Daniel DeCasas; 7th Grade – Julio Duran and Karina Henderson: 8th grade - Paola Guerra and John McBroom.



Fall Festival Royalty from the Kindergarten class through the 4th grade L/R are: Mayorga and Thomas Mariscal; Second Grade - Kirsten Keathley and Carson Foos; Third Grade - Ashton Lavake and Tyler Stone; 4th Grade - Annahi Ruiz and Iuden Romero.

Choo Choo ollipop News

THE STRATFORD STAR Thursday, November 10, 2011 Page 5



Halloween was celebrated at Lollipop Junction Monday, October 31st. Children enjoyed face painting, hair sprayed, playing games, and watched movie about different costumes. These children are showing how they painted their faces for the celebration.



Twenty-four children and 4 parents celebrated Halloween at the party held at Lollipop Junction. Halloween theme refreshments were served following nap time at the center.

Kerrick News

By Marylou McDaniel

Florecia Eslinger has been traveling around! She has been to Eagles Nest, Red River, Nebraska, Amarillo, Dumas. Plans on staying home for a while.

The recent chili supper included a door prize from El Primo, a dinner for two.

There will be a Thanksgiving supper Nov. 19th. Make plans to attend. Money made for it goes toward the roof community building.

Vic and Sue Holladay will be going back to Houka, MS for the winter. We'll see them again in the spring.

Heath, Kenna, Dempsey and Jackson Collums hosted a large group Sunday night. Present were Vi & Sue Holladay, Peggy & Leonard Hawkins, Victor Carrera, Roger, Brandi, Lara, Addie and Maylee Wells, Kindergarten - Kimberly Mendoza Miranda and Angel Soto; First Grade - Adamaris Daurie and Marca Ewers, Lloyd Willard, Doug Taylor, Todd, Brandi, Tiffany, Person and Madeline Drake.

Mike and Marylou McDaniel went to a birthday party for Sarah Lynch in Denver last week.

Attention New Subscribers And also our loyal subscribers Starting January 1, 2012 our rates will be going up

We are offering you a Fall deal until the end of the year December 31, 2011. All new subscribers-if you subscribe from Thursday October 20, 2011 until the

> end of the year Rates are \$27.00 local and out of area \$34.00 (Usual rate \$30.00 and \$37.00)

We are also offering the same reduced rate to all our loyal subscribers (even if you have just paid or whenever you paid, you can get another additional year for paying for it now at the new reduced rate until December 31, 2011. After the first of the year, rates will be Local \$33.00 and out of area \$40.00

Name:	and the second second
Address:	
City, State & Zip	
Local	
Out of Area	
New	and he and he is important to all a second to be a
Already Subscribe:	and to expand annual and a second annual

We have appreciated your support for all of these years, and would like to offer a discount before we raise our rates after .December 31st.

Just clip the coupon and send it to The Stratford Star, PO Box 8, Stratford, Texas 79084 **Att: Subscription enclosed**

1 minumenter and the



Sherman County 4-H Food Show a Huge Success

The 2011 Sherman Co. 4-H Food Show was a huge success last Wednesday night with a total of sixteen youth showing off their best recipes in an effort to advance to the District competition in Bushland on Saturday, November 19th In the Junior Category, 1st place in the Open Party them division was Kenlee McBryde and 2nd place was Nick Payne. Also competing in Open Party theme were Katelin Berry and Payton Berry. In the Cupcake division, 1st place went to Abby Law. 2nd place was Hannah Sims followed by Lashala Anderton. Turner Smith finished in 1st place in the Soup division and Bryce Killian was 1st in the Main Dish Casserole division.

For the Intermediate Category, Daniela Valdez was 1st in the Cake division and Tucker Summers was 1st in the Grilled Main Dish division. Russell Spurlock was 1st in the Salad division and Abby Ely was 1st in the Open Party theme division with DarCee Robinson 2nd.

For our Senior Category, Blaine Killian was 1st in the Nutritious Snacks division and Mary Ann Spurlock was 1st in the Fruit and Vegetable division.

Kenlee, Abby Law, Hannah, Turner, Bryce, Daniela, Tucker, Russell, Abby Ely, Blaine, and Mary Ann will all be competing at the District 4-H Food Show in Bushland on November 19. Good Luck to each of them.

Family Nutrition On The Go: Five Easy Tips

(NAPS)—Busy family schedules can force healthy eating to take a backseat.

and the states

"Even the healthiest families have a tendency to give in to fast, unhealthy foods because of the convenience factor," says mom and registered dietitian Tammi Hancock.

Pairing convenience with nutrition and great taste is possible. Here are five tips to help:

1. Plan. Plan family meals before heading to the grocery store. That way, you'll be less likely to revert to grabbing frozen pizza or hitting the drive-through.

2. Have a Plan B. Double a favorite recipe and freeze half for those nights when nothing goes according to plan.

3. Make the healthier choice. When you're hitting the vending machine for yourself or a hungry child at the game or activity, opt for a healthier option such as sunflower seeds, nuts or baked chips.

4. Keep the fresh stuff around for grab-'n-go. Have fresh fruit on hand and cut up veggies so they're ready to dip in dressing or toss in a lunch bag.

5. Make your own. Make your own healthier snacks, such as the Easy Energy Bars below. These double as a nutritious and tasty on-the-go breakfast or after-school snack:

> **Easy Energy Bars** Prep time: about 10 min.

- % cup nonfat dry milk powder 1 tablespoon Smart
- **Balance®** Milk
- ½ cup Smart Balance® Rich **Roast Peanut Butter**
- (creamy or chunky) 1½ cups minimarshmallows tablespoon Smart Balance®
- **Buttery Spread Original** 2 cups high-protein, multi-
- grain cluster cereal, crushed
- ¼ cup dried blueberries ¼ cup dark chocolate chips,
- melted (optional)



One easy way to make snacking healthier for your family is to make your own nutritious snacks such as these energy bars.

Directions:

Line the bottom of an 8-incl square pan with wax paper. In a small bowl, mix dry milk pow der with milk to moisten. Place the peanut butter, buttery spread and marshmallows in a medium microwave-safe bowl Heat in microwave for 30-sec ond intervals, stirring in be tween, until melted and smooth Stir in milk mixture. Add crushed cereal and blueberrie to peanut butter mixture and stir until evenly mixed. Trans

fer to prepared pan. Use a flat-bottom containe or a glass to firmly and evenly press mixture into pan. Coo completely. When cooled invert pan onto a cutting board, allowing pressed mix ture to fall onto board. Discard wax paper. Cut square pressed mixture in half, ther cut each half into six (4-inch) bars. If desired, drizzle melted chocolate over bars and store in airtight container.

Yield: Six 4-inch bars.

Per 1-bar serving (without chocolate): 122 calories, 5g fat, 0.9g saturated fat, 0g trans fat, 0.8g polyunsaturated fat, 3.2g monounsaturated fat, 139mg omega-3 fatty acids, 646mg omega-6 fatty acids, 0mg cholesterol, 74mg sodium, 17g carbohydrate, 2g fiber, 4g protein.

For more recipes, visit www.smartbalance.com.

Prospectus Study Club Fall Parade of Homes and Silent Auction Held Saturday



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Same S. W. 18. Carlovan 1. 1 建物的 经期间 医神经炎 计分子语言



Henry Dunster was named president of Harvard College in 1640. He taught all the courses himself.

Homes on the tour Saturday were Leonda Fedric, Joyce Hart, Kay Mires, Ineta Chesher and Michelle Lutes.





Genghis Khan is credited with introducing the Chinese makers of porcelain to the color called cobalt blue. It's believed he brought it back from Persia.

Home of Leonda Fedric

Cont. from page 7

Each state has an invasive plant website or every state can be found on the U.S. Department of Agriculture's invasive and noxious weeds list at http://plants.usda.gov/java/noxiousDriver.

"Make sure you know what they look like and then be on the lookout for them, starting in March," Rector said. "If they are a warm-season annual, they will be germinating then."

In general, annual weeds are treated with chemicals when the plant is 3-6 inches tall, he said. It is important to know what the plant looks like in the seedling, rosette and the early vegetative stages because that is when the chemicals and management practices are the cheapest.

"By the time most weeds are flowering and setting seed, it is too late to use a chemical to control most annual plants," Rector said.

Once a landowner can identify the plant, they need to know the recommendations for management to reduce the impact or eliminate it from the land, he said.

Rector said landowners can go to http://essmextension.tamu.edu/plants and there is a choice of plant, identification links that will help a landowner not only identify a plant, but also learn about its habitat, toxicity to livestock and management strategies.

"Try to limit the areas where you feed the hay and not spread it all over your ranch. And then make sure you continually go back and look at pastures where you fed hay in future years," he said. "With the weather prognosis of continued drought, those seeds may sit in the soil for several years before they emerge."

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Home of Kay Mires

It Pays To Look In The

THE STRATFORD STAR Thursday, November 10, 2011 Page 7

Star Classifieds

Phone 366-5885 Houses for Sale

House for Sale: 313 N. Pearl; 3bdr, 2 $^{1\!/}_2$ bth, cha, gas fp, 24 x 29 game/family rm, 2 c garage w/6 person ug shelter, Va approved assumable loan. 806-930-6920 10-27-tfn

HOME: LEASE TO OWN

20

Brand New 1900 sq. ft, 3 bedroom, 2 bath, 2 car garage in Texhoma, Texas, \$600 per month. Close to Elementary School. Contact Texhoma School at 806-827-7400 10-13-10-20-10-27

House for Sale-3 BR, 1 ¼ Bath, new kitchen, new roof, new windows & flooring. Near schools-1306 Putnam call 806-769-4464 3-24-tfn-

For Sale: 3 bed, 1 ½ bath, sunroom, carport, 24x24 shop, nice yard, updated, appx 1800 sq. ft 514 N. Fulton. Call 806-930-3042 or 806-930-3043 6-2-tfn

401 S. Maple, Stratford 3 bedrooms, 2 baths, 2 living rooms, laundry room, garage. Includes: 3 lots beside the house. (806) 366-3512 or 753-7513.

For Sale

The holidays are fast approaching and for most of us there is never enough time to get it all done...especially the baking. Leave the baking to me!! I am taking orders for holiday desserts; anything is possible including **Sugar Free**-Cakes, Pies, Cookies and Cupcakes for kiddos. Everything is made from scratch! I am also able to make sugar free for those who have special dietary needs but still want to enjoy the best part of the holiday dinner...DESSERT! To place your order Call or Text Amanda Evans at 806-717-9257. 11-10,17,24,12-1,8,15,22

Stainless Steel Frigidaire dishwasher for sale. 4 years old. \$150.00 Call 366-3224 10-20-Oct. 27th 11-3 11-10p

Garage Sale

Garage Sale Saturday November 12th 1207 N.W. 2nd St. 8 a.m. until noon 11-3, 11-10-p

Garage Sale 519 S. Spruce, Wes and Amanda Evan's house on Saturday November 12th 8:00 a.m. to 4:00 p.m. (or until everything is GONE). Several Men's Ralph Lauren, Women's Gap/Talbots clothes, HP printer, corner Office Desk, Furniture and LOTS MORE!!!!! 11-10-đ

The Foc4 Pantry in Stratford is in need of your help, we need donations. They may be made at the First State Bank of Stratford or Happy State Bank. Canned goods, etc. are also very welcomed. THANK YOU

Story Time @ Your Library Mondays October 3, 17, 31 November 14th Hours 9:30 a.m. - 10:00 a.m.

The holidays are just around the corner and the elves at **Acquisitions** have been busy getting ready! We have lots of great new treasures so please join us for our **Holiday Open House**! We'll celebrate with in store specials and \$50 gift card drawings everyday during the week of **Hov. 7th thru Hov. I 2th from I O a.M. to O p.M.** Have some cider and a cookie and check out our new products made right here in Texas! So please be sure to stop by **at the corner of Hwys 54 & 287 in Stratford, Texas**

and see what's new. (Check us out on FACEBOOK)

While gelatin was invented in 1845, JELL-O, which is a packaged gelatin dessert, did not get its name until 1897. Pearl B. Wait was the first person to develop a fruit-flavored gelatin and his wile gave the dessert its name.



.. The Best Salesperson Around

USDA Reminds Producers of Dec. 1st Sales Closing Date for Noninsurable Crops

(Stratford, TX) — November 4, 2011 - Sherman County USDA Farm Service Agency (FSA) Executive Director, Rebecca Hemphill urges producers who want to purchase coverage through the Noninsurable Crop Disaster Assistance Program (NAP) to do so before the sales closing date of December 1, 2011.

NAP provides financial assistance to producers of noninsurable crops when low yields/grazing loss, loss of inventory or prevented planting occur due to normal disasters.

The following crops have a NAP application closing date of Dec. 1, 2011: grazing and forage/hay on native and improved grass, honey, potatoes, radishes, grapes and caneberries.

"Purchasing a crop insurance policy is an easy way for producers to practice risk management," said Hemphill. "The 2011 crop year has proved that natural disasters can directly affect the profitability and recovery of agricultural operations," she said.

In order to meet eligibility requirements for NAP, crops must be noninsurable, commercially- produced agricultural commodity crops for which the catastrophic risk protection level of crop insurance is not available.

In the event of a natural disaster, NAP covers the amount of loss greater than 50 percent of the expected production based on the approved yield and reported acreage.

Eligible producers can apply for coverage using form CCC-471, "Application for Coverage." Producers must file the application and service fee by the Dec. 1st deadline. The service fee is the lesser of \$250 per crop or \$750 per producer per administrative county, not to exceed a total of \$1,875 for a producer with farming interests in multiple counties.

For more information on sales closing dates and NAP, contact the Sherman County FSA office at 806-396-2211.

USDA Farm Service Agency Reminds Producers of Livestock Disaster Program Deadlines

(*Stratford*; 7X), November 4, 2011 —Sherman County USDA Farm Service Agency (FSA) County Executive Director Rebecca Hemphill reminds eligible ranchers and livestock producers who had livestock losses or grazing losses during the 2011 crop year that the deadline for applying for benefits under the Livestock Forage Disaster Program (LFP) and the Emergency Assistance for Livestock, Honeybees and Farm-Raised Fish Program (ELAP) is Jan. 30, 2012.

AgriLife Extension expert says expect weed growth after a drought, wildfires- Weeds could be hitchhiking on imported hay

By Kay Ledbetter, N6-677-5608, skledbetter@ag.tamu.edu

COLLEGE STATION — "A weed is simply a plant growing out of place or growing in a site where it is not desired."

Those are the thoughts of Dr. Barron Rector, Texas AgriLife Extension Service range specialist. And he said following this year's drought, wildfires and tons of imported hay, there may be a lot more weeds for landowners to deal with, and some could be invasive species or even toxic.

Rector recently presented a webinar, "Invasive Plants of Texas Rangelands," as a part of the AgriLife Extension ecosystem science and management department's Texas Range Webinar Series. This webinar, as well as others in the series, can be accessed at http://naturalresourcewebinars.tamu.edu/.

"The soundest way to control weeds is to prevent the invasion, which means we must understand the biology,

limit the movement, understand the human behavior and actions that can cause the spread, and understand the

Pathways for its introduction, he said.

Some "weeds" may be a desirable plant in one location and a weed in another, Rector said. For instance, native weeds serve a role of protecting the soil surface after a disturbance, reducing raindrop impact and solar radiation, and providing some organic matter on the soil surface and below ground.

These native weedy plants depend on natural disturbances, such as grazing, fires, flooding, drought, mudslides, earthquakes, volcanoes and land development to spread and repróduce, he said. However, foreign or exotic invasive plant species can survive, reproduce and advance on the same kinds of soil disturbance and human management that produces native weed and brush problems.

"Our major problem with land management today is our inability to recognize an invasive plant species and deal with it accordingly," Rector said.

And following the recent influx of hay from other regions of the U.S. and even abroad, landowners should expect more invasive plants, he said.

Invasive species of weeds can cause economic or environmental harm due to habitat degradation, displacement of native plants threatening the reduction of wildlife food resources, alterations to the ecosystem of a region or alterations and changes to natural waterways.

"Invasive plants are those that have a tendency to spread and invade healthy landscapes ultimately causing some kind of negative impact," Rector said.

"Invasive plants are often best defined as plants that do not stay where they are planted."

Since 2008, portions of Texas have been in moderate to extreme drought, he said. This has had an important impact on forage production for livestock. In response to the drought, many livestock owners have opted not to sell their herds, but to buy hay that is available.

"That hay is coming from Louisiana, Tennessee, Nevada, Florida, Nebraska, Kansas and other surrounding states," Rector said. "Some individuals have even purchased hay from foreign countries, such as Brazil, Chile, Argentina and Canada.

"This sets up a potential problem because interstate commerce of hay is not regulated for the most part. There's no one at the state line to inspect the hay for foreign and invasive plants. Many landowners and livestock producers could be setting themselves up for weeds they've never seen and introduce potentially invasive plants."

Experience with this type situation goes back to the drought of the '50s when hay and other feedstuffs transported from California to Texas are suspected of setting up the invasion of woolly distaff thistle, a native of Italy and the Mediterranean region, he said.

Research has shown the seed of this plant may be viable in the soil for up to 19 years, Rector said. Today, because of the aggressiveness of this plant, it now grows in 47 Texas counties.

A second example would be in the drought of 1994-2002, where hay delivered from Louisiana to Jasper County carried the first tropical soda apple to Texas, he said.

The tropical soda apple is listed 94th on the federal noxious weed list, and woolly distaff thistle is on the Texas list of noxious and invasive plants.

"We want to alert landowners who feed hay from another state that it could carry with it viable seed that could come up on their land," Rector said.

"It's a Catch 22. We bought the emergency hay to feed and hold on to our herds, but there is the potential that we can introduce an unwanted plant that will cost more management dollars in the future trying to get rid of it." He said there are 1,400 invasive species documented in the U.S. infecting an estimated 1 million acres, and that number will continue to increase 8-20 percent annually, requiring, a destruction cost in U.S. estimated at \$100 billion annually.

Producers need to start now learning what plants they should be on the lookout for, Rector said. If the hay was purchased from Nebraska, Kansas, Montana, Wyoming, Utah and Idaho, producers should watch for an invasive plant called leafy spurge. If they purchased hay from Florida to Louisiana, that zone is known for the invasive tropical soda apples weed.

Other plants of concern include Canada thistle, spotted knapweed, blessed milk thistle, Russian knapweed and yellow star thistle, he said. Because of their aggressiveness, these will often be the plants that come up on the disturbed areas.

Not only will these invasive weeds keep landowners from producing valuable grass resources in the future, but they can take the place of native weeds that would have come up, such as broomweed, which provides seed that feeds bigds such as quail.

Rector said there are several things a landowner needs to do now to prevent problems later. "The first thing to do is be aware of what invasive plants occur in the area you bought the hay," he said. "Know what they look like."

Cont. on page 6

"It is imperative that producer's meet the deadline for disaster assistance as there are no late file provisions for LFP and ELAP," said Hemphill. "To insure a smooth application process, producers should have all required supporting documentation with them at the time they apply for benefits," she said.

Livestock Forage Disaster Program (LFP):

LFP provides payments to eligible livestock producers who have suffered livestock grazing losses due to qualifying drought or fire that occurred before Oct. 1, 2011. Fire losses apply only to federally managed rangeland. Eligible livestock under LFP include beef cattle, alpacas, buffalo, beefalo, dairy cattle, deer, elk, emus, equine, goats, llamas, poultry, reindeer, sheep and swine.

During the 2011 crop year, all Texas counties met the LFP trigger requirements for a three-month payment for native pasture, improved pasture and forage sorghum. Eligible ranchers and livestock producers have until Jan. 30, 2012, to apply for LFP benefits.

Emergency Assistance for Livestock, Honeybees and Farm-Raised Fish Program (ELAP): ELAP provides emergency assistance to eligible producers of livestock, honeybees and farm- raised fish who have losses due to disease, adverse weather or other conditions, including losses due to blizzards and wildfires that occurred before Oct. 1, 2011. ELAP assistance is for losses not covered under other disaster assistance programs established by the 2008 Farm Bill.

Producers who experienced livestock death losses must file a notice of loss 30 days after the loss is apparent, but no later than Dec. 29, 2011. Producers who suffered livestock grazing and feed losses must have filed a notice of loss no later than Oct. 31, 2011, and have until Jan. 30, 2012, to submit an application for payment for livestock death losses and livestock grazing and feed losses.

Program Requirements:

In order to qualify for LFP and ELAP, the applicant must have purchased insurance coverage through FSA's Noninsured Crop Disaster Assistance Program (NAP) or the Pasture, Rangeland and Forage Insurance-Rainfall Index for Grazing (PRF-R1) program offered through the Risk Management Agency

(RMA). Producers who meet the requirements of a socially disadvantaged, limited resource, or beginning farmer or rancher do not have to meet the Risk Management Purchase Requirement (RMPR).

Program applicants should note that certain payment limitation and adjusted gross income eligibility requirements must be met in order to qualify for LFP and ELAP.

For more information on FSA's livestock disaster assistance programs, please contact the Sherman County USDA Service Center at 806-396-2211 Information can also be obtained online at http://www.fsa.usda.gov.

1



The Stratford Elks were unable to get the win on Friday, November 4 against West Texas which would have enabled the Elks to advance to the Play-offs.



Jade Palmer gave the pep talk on Friday, November 4.

The Stratford Elks ended their season earlier than they wanted to with a loss to West Texas on Friday, November 4. The 7-16 loss prevented the Elks from going to the playoffs.

Braiden Palmer completed two of nine passes for 35 yards. Justin Mungia racked up 70 yards on the ground with 12 carries and scored the Elks lone touchdown. Alex Chavoya followed with 41 yards on 11 carries. Marcos Garza caught the ball for 24 yards on one pass.

Justin Mungia led the Elks defense with nine tackles followed by Jordan Johnson and Casey Lantelme with eight tackles each.



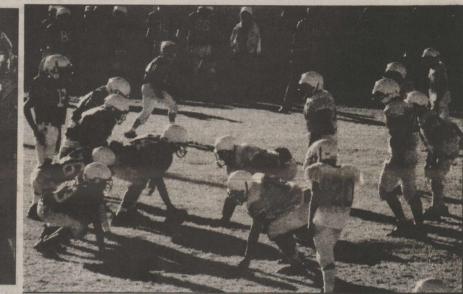
Coach Eddie Metcalf talks to his team after their loss to West Texas on Friday, November 4. The loss ended the Elks season.





8th grade Elk #40 Blake Griffin breaks through tackles as #55 Tanner Stone blocks in their win against West Texas on Thursday, November 3.

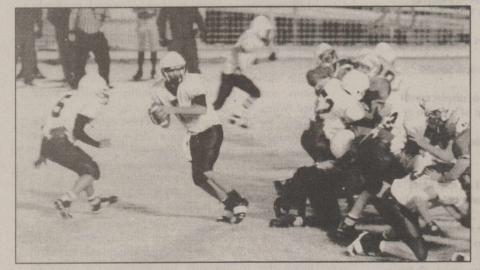
Football



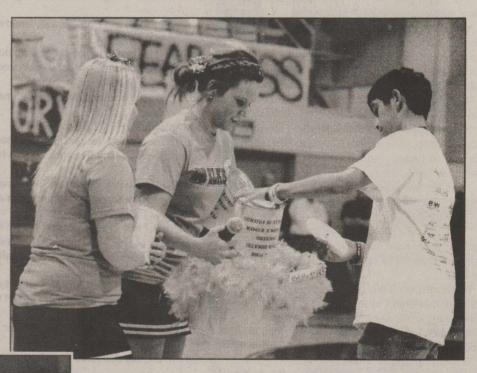


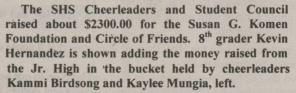
The senior band members of the Big Blue Band were recognized at the last football game on Friday, November 4. From left, Mariah Mireles, Tori McGinnis, Janell Casares, Nayely Marquez, Lidia Mendoza, Eduardo Tello Nava and Perla Reta.

The 7th grade Elks get lined up on defense in their loss against West Texas on Thursday, November 3.



J.V. quarterback #7 Sterling Audrain drops back to look for a receiver in their win against West Texas on Thursday, November 3.







Friday, November 4 was the Pink Out Pep Rally sponsored by the SHS Cheerleaders and Student Council to raise awareness for breast cancer. Lot's of students and adults showed their support by wearing some form of pink.

