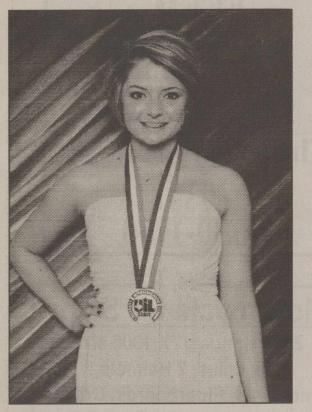
Melvin Mitts 06/15 PO Box 523 Stratford, TX 79084

Je Ine Stratford Star

75 cents Published for over 100 years in Stratford, Sherman County, Texas 79084 usps 523 Number 23 June 4, 2015



# Allissa Palmer brings home the Gold

Allissa Palmer recently went to state to participate in the UIL 2A Spring Meet and came home with first in State in the Lincoln Douglas Debate. Congratulations Allissa for a job well done.

### AMERICAN LEGION MEETING SCHEDULED

The Howard Norvell Green Post 262 of the American Legion will conduct its regular monthly meeting on Thursday, June 4, 2015 at 7:00 pm at the SCOT Hall in Stratford. All members are urged to attend. The Legion is doing a lot of good things in the community. Why don't you come and join in and be an active participant! The Legion needs you! For information contact Robert McGinnis at 396-2212 or Wayne Smith at 753-6708.

### Secretary Vilsack Announces Additional 800,000 Acres Dedicated to Conservation Reserve Program for Wildlife Habitat and Wetlands

### Secretary Hails Program's 30th Anniversary, Announces General Signup Period

MILWAUKEE, May 29, 2015 – Agriculture Secretary Tom Vilsack announced today that an additional 800,000 acres of highly environmentally sensitive land may be enrolled in Conservation Reserve Program (CRP) under certain wetland and wildlife initiatives that provide multiple benefits on the same land.

The U.S. Department of Agriculture (USDA) will accept new offers to participate in CRP under a general signup to be held Dec. 1, 2015, through Feb. 26, 2016. Eligible existing program participants with contracts expiring Sept. 30, 2015, will be granted an option for one-year extensions. Farmers and ranchers interested in removing sensitive land from agricultural production and planting grasses or trees to reduce soil erosion, improve water quality and restore wildlife habitat are encouraged to enroll. Secretary Vilsack made the announcement during a speech delivered at the Ducks Unlimited National Convention in Milwaukee, Wisconsin.

"For 30 years, the Conservation Reserve Program has supported farmers and ranchers as they continue to be good stewards of land and water. This initiative has helped farmers and ranchers prevent more than 8 billion tons of soil from eroding, reduce nitrogen and phosphorous runoff relative to cropland by 95 and 85 percent respectively, and even sequester 43 million tons of greenhouse gases annually, equal to taking 8 million cars off the road," said Vilsack. "This has been one of most successful conservation programs in the history of the country, and today's announcement keeps that momentum moving forward."

The voluntary Conservation Reserve Program allows USDA to contract with agricultural producers so that environmentally sensitive land is conserved. Participants establish long-term, resource-conserving plant species to control soil erosion, improve water quality and develop wildlife habitat. In return, USDA's Farm Service Agency (FSA) provides participants with rental payments and cost-share assistance. Contract duration is between 10 and 15 years.

"CRP protects water quality and restores significant habitat for ducks, pheasants, turkey, quail, deer and other important wildlife. That spurs economic development like hunting and fishing, outdoor recreation and tourism all over rural America," said Vilsack. "Today we're allowing an additional 800,000 acres for duck nesting habitat and other wetland and wildlife habitat initiatives to be enrolled in the program."

In addition to Ducks Unlimited's partnership with the Conservation Reserve Program, other longtime partners include Pheasants Forever, Quail Forever, Association of Fish and Wildlife Agencies, National Association of State Foresters, National Wild Turkey Federation, Audubon Society, National Bobwhite Technical Committee, Quality Deer Management Association, National Rural Water Association, Playa Lakes Joint Venture, Longleaf Alliance, state soil and water conservation districts, and state forestry, agriculture and natural resource agencies.

"I encourage all farmers and ranchers to consider the various CRP continuous sign-up initiatives that may help target specific resource concerns," said Vilsack. "Financial assistance is offered for many practices including conservation buffers and pollinator habitat plantings, and initiatives such as the highly erodible lands, bottomland hardwood tree and longleaf pine, all of which are extremely important."

Farmers and ranchers may visit their FSA county office for additional information. The 2014 Farm Bill authorized the enrollment of grasslands in CRP and information on grasslands enrollment will be available after the regulation is published later this summer.

The Conservation Reserve Program was re-authorized by the 2014 Farm Bill, which builds on historic economic gains in rural America over the past six years, while achieving meaningful reform and billions of dollars in savings for taxpayers. Since enactment, USDA has made significant progress to implement each provision of this critical legislation, including providing disaster relief to farmers and ranchers; strengthening risk management tools; expanding access to rural credit; funding critical research; establishing innovative public-private conservation partnerships; developing new markets for rural-made

## Story Teller to Perform at County Library

The Sherman County Public Library will be hosting Sue Kuentz, a member of the Texas Touring Arts Program, Tuesday, June 9, 2015, at 2:00 p.m. Having been an elementary school educator for 32 years, Mrs. Kuentz excites youth audiences with her folktales and fairy tales from around the world. She not only continues her youth storytelling club in the schools, empowering each child involved, but has been the organizer for the Texas Storytelling Youth Challenge each year. Sue has been honored with H-E-B's Lifetime Excellence in Teaching award, named NEISD's teacher of the year, and was a featured Texas Teller at the Tejas Storytelling Festival, as well as emceeing and storytelling on their various stages. Sue's storytelling sessions are age appropriate, utilizing participatory tales for the audience. If you would like more information about Sue, you can visit her website at www.door2lore.com or information about the performance you can contact Sandy Baskin at the Sherman County Public Library.

products; and investing in infrastructure, housing, and community facilities to help improve quality of life in rural America. For more information, visit <u>www.usda.gov/farmbill</u>.

For more information about CRP, visit <u>www.fsa.usda.gov/conservation</u>, or contact your local USDA Farm Service Agency office. To find your local FSA office, visit <u>http://offices.usda.gov</u>.



Flag Day June 14th

### Blast to the Past - FUMC Vacation Bible School

Join us for a Blast to the Past at the First United Methodist Church Vacation Bible School June 15, 16 and 17 from 5-8pm. All youth Pre-K - 6' grade are invited to attend, you do not have to be a member of the Methodist Church. Participants will receive a free T-shirt, and dinner is served each evening.

Students will perform the songs that they've learned during VBS on Wednesday the <sup>17th</sup> at 7:30. Come join the fun and learn about how GOD IS LOVE (John 4:16).



# **4-H Clover Kids Give Back**

On May 18, Sherman County Clover Kids met for the last time, for the 2014-2015 school year. They were asked by some local individuals to help plant flowers in Roxy Park. Sherman County had a few leftover geraniums from the fundraiser and graciously donated them to help beautify the park! Thank you for your help and we look forward to next year's successful Clover Kid group! If you are Kindergarten through 2nd grade, you can join Clover Kids FREE of charge! Please watch the newspaper and fliers we send home with the kids when school starts back up for more detail

Shown left to right above are at the Roxy Park are Kaytley Clift, Ripsey Blankenship, Daisy Marquez, Brenda Marquez, Morgan Clift and Ellie Clift.

This performance in being made possible through a grant with the Texas Commission of the Arts.

### What's Happening- In Stratford

Flag Day Sunday June 14th

Folks Remember to support your local businesses. Small towns need to survive

Father's Day Sunday June 14th

Story Teller Performance at the Sherman County Library, June 9<sup>th</sup> at 2:00 p.m.

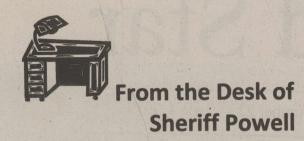
Summer Movies at the Sherman County Library begins June 16<sup>th</sup> at 1:30 p.m. and continues every Tuesday until August 21<sup>st</sup>

### CHET EVERETT MEMORIAL SCHOLARSHIP SET UP AT FIRST STATE BANK

The Chet Everett Memorial Scholarship has been set up at the First State Bank in Stratford. If you would like to contribute, please see Cindy Larance at FSB or mail your check to:

First State Bank ATTN: Cindy Larance PO Box 48 Stratford TX 79084

Paula, Hunter and Bethany Everett want all proceeds of this account to go to a deserving graduating senior. This account will be available for contributions until August 1<sup>st</sup>, 2015 THE STRATFORD STAR Thursday, June 4, 2015 Page 2



Last Wednesday night, just after midnight, the Deputies were working the late shift when they conducted a traffic stop which resulted in an arrest and the seizure of illegal drugs and almost \$9,000.00 cash. Deputies work late-night shifts more often than most realize, but when they do, they are checking on businesses, keeping an eye on things and this is also when the bulk of their drug arrests are made.

On Thursday of last week, around 5:30pm, my wife and I were traveling south on 287 in her car, headed to Wal-Mart when an 18-wheeler tanker truck swerved into our lane. After literally leaving the roadway and returning to our lane, we observed this truck swerve ditch to ditch until I could get Deputy Estrada to finally get it stopped. Long story short, alcohol was found in the cab and the driver was subsequently arrested and charged with DWI. Other charges were added at the jail when Deputies and Officers had to subdue the subject for being combative.

\*Due to recent auto thefts in the area, PLEASE lock up your vehicle!!

On a positive note: I'd like to send out a "Congratulations" to our recent graduates!! Prayers are with each and every one of you for a blessed future ahead! (Congrats to my wife, Julie Powell as well. She walks with her Bachelor's Degree in Graphic Design in San Antonio on the 29th of this month!)

By the way, my family and I truly appreciate your continued support!!

#### Sheriff Powell

The Tasmanian tiger went extinct in the year 1936. This animal is regarded to be the largest carnivorous marsupial in modern times. It was a native of Australia and New Guinea.

> Mitchell Theaters Northridge 8 Guymon, OK www.northridge8.com 580-338-3281 Southgate 6 Liberal, Kansas www.southgate6.com

# COUNCIL MINUTES April 28, 2015

Stratford City Council met in regular session with Mayor Reed presiding and the following: Present Council: Joe Zak, Diana Frittz, Ann Johnson, James Lutes Absent Council: Greg Wright City Attorney: Absent City Manager: Tommy Bogart City Secretary: Kathy Rendon Police Chief: Randy Hooks City Planner: George Harding Others: Kathy Allen Call to Order and Pledge of Allegiance Mayor Reed called the meeting to order at 6:02 pm and led the Pledge of Allegiance. **Consent Agenda Items** Minutes from regular meeting on March 24, 2015 **Budget Amendments** Accounts Payable for March 2015 Financial Statements for March 2015 Ann Johnson motioned to approve as presented, James Lutes seconded, all in favor, motion carried. **Council Business** Discuss and consider action re: Sherman County Appraisal District 2016 Budget After discussion, no action was taken. Discuss and consider action re: appointment of new zoning board member Joe Zak, Board President, to present Joe Zak reported that the zoning board will begin updating the zoning ordinance soon. After some discussion, James Lutes motioned to appoint Steve Pemberton, Ann Johnson seconded, all in favor, motion carried. **City Manager Report** Deeds have been received on both the Price and concrete plant properties Have been requested to display pictures of all previous and current Mayor Parks looks good Approximate \$49,000 overcharge by the jail will been addressed with the County on their May 12th meeting Discussion on a rabies control authority. More information will be gathered before making a decision on this. **Citizen Comment Period** There were none. Items from the Council **Ricky Reed commented about:** Have spoken to both Rob Elliott and the Chief about completion of the policies and procedures manual for the Police Department and also about a traffic ordinance for "no thru truck traffic".

Ann Johnson commented about:

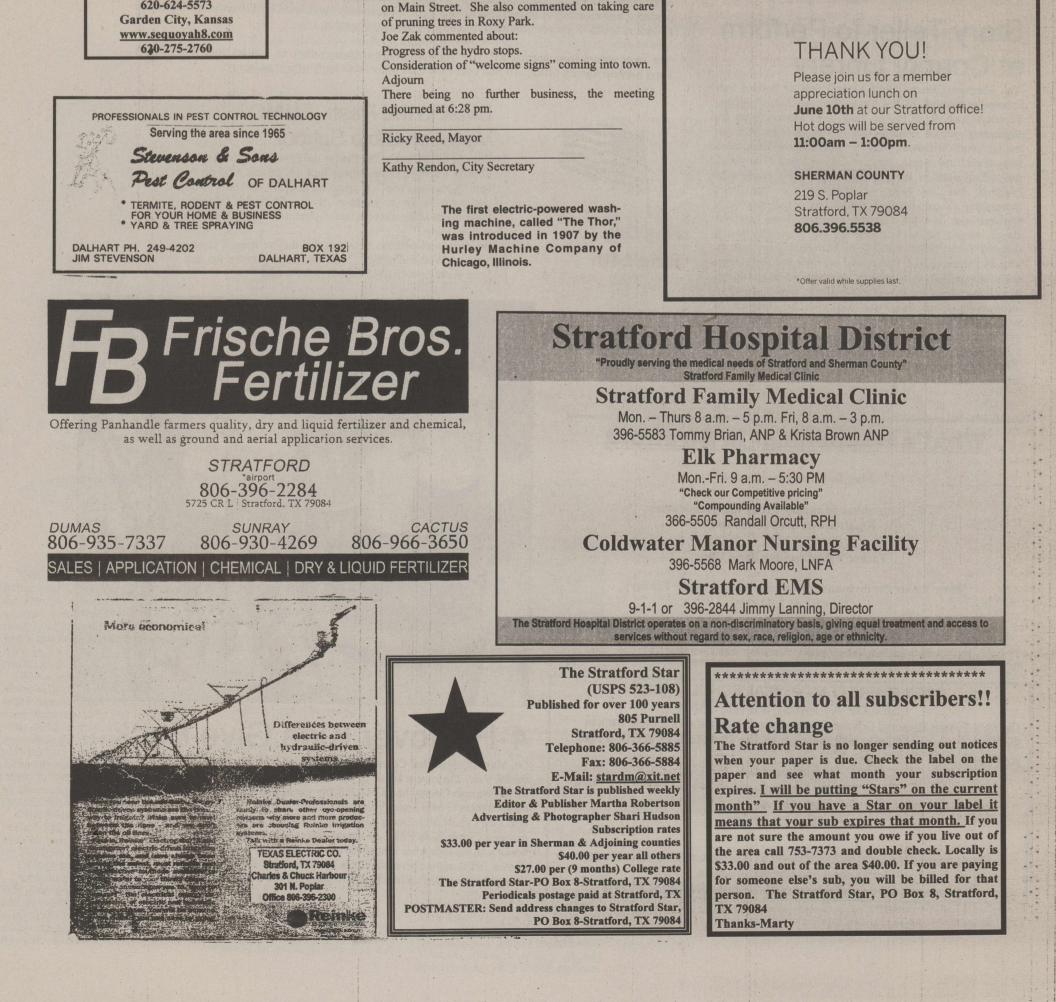
Ask about which department the refund from the jail overage charges would be coded to. Possible purchase of a cherry picker for hanging flags/banners REMINDER FREE HOT DOG FEED Stratford Grain Co. Thursday, June 4, 2015 11:30-1:30

Motorcycle for Sale 2006 Honda VTX 1300 s/r Low miles, 2 Helmets, Windshield, Floorboards, Crash bars, 2 sets saddle bags, Trip bags, New Rubber, Well maintained. \$5,000 for everything. George Harding 366-2206-753-6464

FARM

BUREAU

SHERMAN COUNTY



THE STRATFORD STAR Thursday, June 4, 2015 Page 3

## The Good Shepherd: Getting to Know God

"I am the good shepherd; I know my sheep and my sheep know me-(John 10:14 NJV)

We meet hundreds, maybe thousands, of people in our lifetime. Some people we meet, we simply say "Hi, how are you doing?" and never think of them again. Yet, there are some we meet and instantly click with them. There is something about them that captures our attention. We are drawn to them. We want to get to know them at a level deeper than just in passing; we want to become friends. What do we do when we want to get close to someone? There are things we do to become more familiar with that person. We might arrange for our paths to cross, approach them and ask for contact information. We would most certainly contact them and plan to spend time together. We would pursue every opportunity to get to know them through telephone calls and other means of communicating to make them aware them our desire to be with them. We would study what they like and do not like and attempt to please them, hoping they would, at some point, reciprocate our affection.

That is how we must pursue getting to know Jesus. The good news is Jesus has already declared his love for us; we do not need to earn his love. When we accept Christ as our Savior, we enter the fold of the Good Shepherd as God's newborn lambs. We are totally spiritual dependent. We are not capable of digesting the same food as spiritually mature Christians due to our infantile lack of understanding. As babies we must continually feed on the word of God, just like newborn babies surviving on milk. We are fragile and vulnerable. The word of God provides sustenance that helps us build spiritual muscle and grow strong in our new faith. As we read the Bible we learn God's voice as he speaks to us through his word. This concrete communication from God teaches us his way of thinking and acting. As we grow in knowledge of him we learn his voice. We must listen to this voice of God daily. This is where we learn to discern God's voice from that of a "stranger" (a wolf in sheep's clothing).

Jesus expects us to know him and know his voice. Believing in him and accepting Jesus as our

Shepherd is just the beginning. In John chapter 10 He states: My sheep know me ... My sheep know my voice and a stranger they will not follow; they will run from a stranger. Scripture says we must: "Study to shew thyself approved unto God, a workman that needeth not to be ashamed, rightly dividing the word of truth."(2 Timothy 2:15 KJV). Studying God's word (his voice) guides us from naive baby Christians toward spiritual maturity. We know what he hates and what he loves. We know his commands and his expectations. We know his consequences. We know his rewards. We know him. We know his voice.

Meditation: Do I work hard to present myself to God for his approval?

1 Corinthians 3: 1 Peter 2:2 Ephesians 4:14 1 Corinthians 14:20 Hebrews 5:14 James 1:21 Colossians 3:1-17 John 3:16 John 10:10 Romans 3:23-26 Romans 6:23 "I am the good shepherd; I know my sheep and my sheep know me- (John 10:14 NW)

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#### Four Ways To Keep Your Pet Happy In Hot Weather

(NAPS)-Pet parents who are cool to four important facts can help their furry friends flourish during the warm weather months.

1. Heat Can Bring Frightening Sounds of Thunder. Storm phobia can seriously affect the quality of life for pets.

Barbara L. Sherman, Ph.D., DVM, suggests you reward pets for calm behavior. Treat your pet to a special "inside" toy when he exhibits calm demeanor; he'll associate good behavior with special toys.

Also, make sure she can get to a favorite hiding place and feel safe when the lightning flashes and the thunder rol



Toys are great for increasing the bond between pet and person.

cally when you're out with it at night.

3. Exercise Gradually. An animal's body temperature can rise rapidly due to his or her furry coat and that can increase t odds of heatstroke. McMillan advises pet parents to bring water with them on long walks during the hotter months. In addition, increase your dog's play time gradually. Try toys such as Petmate's Chuckit! brand Ultra Sling, a pocket-sized launcher for a variety of fetch toys

### **Tips For Planning A Family Vacation**

(NAPS)-When it comes to creating a memorable vacation, planning and scheduling are key. That's the word from travel experts, such as those at Expedia, who say Americans collectively let half a billion paid days off go to waste last year.

The good news is that there is still time to avoid becoming a vacation statistic this summer. To help, here are some tips for making the most of those precious warm-weather days that are fast approaching.

Hur Get the kids' input. Even if you've already scheduled your family vacation, give them a voice by involving them in some of the planning. According to AAA, 21 percent of respondents listed "family arguments about where to go and what to do" as one of their biggest sum-



Many believe a vacation on water can give everyone in the family the chance to do something they enjoy.

freedom is taking vacation on your schedule.

Another way to secure longterm value for your vacation dol-

2.Keep Paws Cool and Smooth. Brandon McMillan, professional dog trainer and host of the CBS hit show "Lucky Dog," says, "When the temperature hits 85 degrees or higher, most dogs begin feeling uncomfortable. Depending on your pet's coat, the temperature can feel 15 to 30 degrees hotter." Let your dog walk through the grass or on a cool surface to help her feel better. McMillan recommends placing your hand where your pet will walk. If it's too hot for you, most likely, it's too hot for your pet, too.

You may want to move your walks to after dark. To keep your pet safe from traffic at night, you can get a leash and collar from the Petmate Max Glow in the Dark collection. Let it soak up the sun all day and it will glow automati-

4. Heatstroke Signs And Symptoms. The ASPCA advises pet owners to watch out for:

• excessive panting • staggered breathing

• increased heart rate

drooling and vomiting.

These can be signs of serious

heatstroke or other illness and should get you to contact the vet or emergency animal hospital immediately.

#### Learn More

For further pet facts, tips and products, visit www.petmate.com.

mer vacation frustrations. • Declare digital freedom. Emails and social media can wait. Use summer to reconnect with nature, your family and friends. Put your phone on silent. Store it in an out-of-reach bag. But keep it in case of emergencies

•Choose a wet destination. Many believe a vacation on water can give everyone in the family the chance to do something they enjo

• Think long term. Spending now on a lake house, boat or RV may save you money and headaches on future vacations. Real

lar is by investing in quality equipment, both on the water and on land.

For instance, new to the water this year is the Evinrude<sup>®</sup> E-TEC<sup>®</sup>G2<sup>™</sup> outboard engine. An innovative, boldly styled engine, it's designed to deliver 15 percent better fuel efficiency, 20 percent more torque and 75 percent fewer regulated emissions than its competitors'.

Contributing to the engine's lifetime value is the fact that it doesn't require dealer maintenance for five years. It's also available in 350 color combinations.

Consumers can test-ride boats rigged with the Evinrude E-TEC G2 line of outboard engines at select locations. To find one, visit www.EvinrudeTestRides.com.

# **The Churches of Stratford** Welcome You

**First Assembly of God Kevin Anderson**, Pastor 921 Fulton Sunday School 9:45 a.m. Morning Worship 10:45 a.m. Evening Worship 6:00 p.m. Wed. Bible Study 6:30 p.m.

**First Christian Church Pastor Gary Smith** 5th & Main Sunday School 9:45 a.m. (nursery) Morning Worship 10:45 a.m. (nursery) No Sunday evening Worship Service

**First United Methodist** Rev. Steve Ulrey 396-2178 520 N. Main Sunday School 9:20 a.m. Morning Worship 10:30 a.m. Junior & Senior High UMY 6:00 p.m.

St. Joseph Catholic Church 6th & Pearl **Rectory 366-5687** Sunday morning 8:00 a.m. (English) 9:30 (Spanish) Sacrament of Reconciliation Before Mass or t. Christian Formation Classes K-6 Grade Wed. Afternoon Jr. & Sr. High. Wed. 6:30-8:30 p.m.

**First Baptist Church Pastor Ron Whitt** 702 N. 3rd Sun.-Coffee 8:30 a.m. Sunday School 9:30 a.m. Worship Service 10:30 a.m. Wed. Children 6 p.m. youth 7 p.m.



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Walter Lasley & Sons, Inc. 753-4411

> **Stratford Star** 366-5885

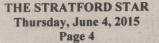
**Church of Christ** Iglesia De Cristo **Raymond Glendinning** Juan Campos N. 3rd & Chestnut Sunday School 9:30 a.m. Morning Worship 10:30 a.m. Evening Worship 5:00 p.m. Wednesday Bible Study 7:00 p.m.

> Heritage Bible Baptist **Pastor Mark Looney** 302 S. Main For more info-call 396-2212 Morning worship 11:00 a.m. Evening Service 6 p.m. Thurs. Service 7:00 p.m.

Eben-Ezer Templo Hispano **Asambleas De Dios** Pastor: Juan M. Valenzuela 806-366-3071 205 N. Poplar-Hwy 287 268-2188 Escuela Dominical 10 a.m. - 12 noon Servicio De Adoracion 5 p.m.-7 p.m. Miercoles: Servicio De Adoración 6-8 p.m.

> Kerrick Community **Pastor Roy Harris Community Building** 10 a.m. Worship Service

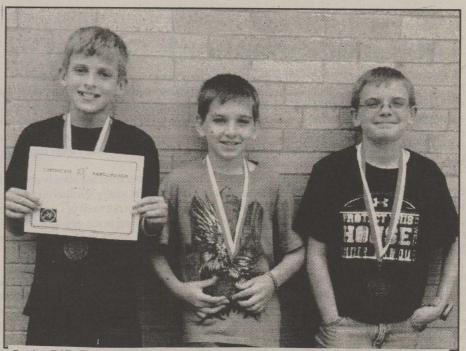
La Mision Bautista **Mision Bautista** 401 S. Wall 396-5376 Domingo (Sunday) Estuela Dominical 9:45 a.m. **Miercoles** (Wednesday) Servicio De Adoration 11 a.m. Estudio Biblico & Servicio De Oraction 6 p.m. Servicio De Adoration 6 p.m. se Cuidamos Susuinos Durante El Servicio



20



Intermediate Team Members: Hannah Sims, Charlie Harbour, and Jesus Angel Morales.



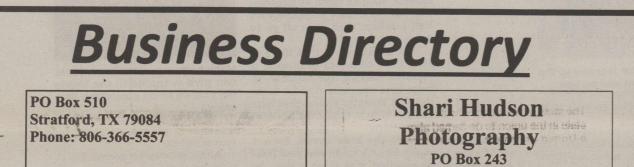
Junior Rifle Team members: Luke Braden who is also holding a certificate from the Amarillo Fund Match with a score of 139, Cole Scott, and James DeAnda



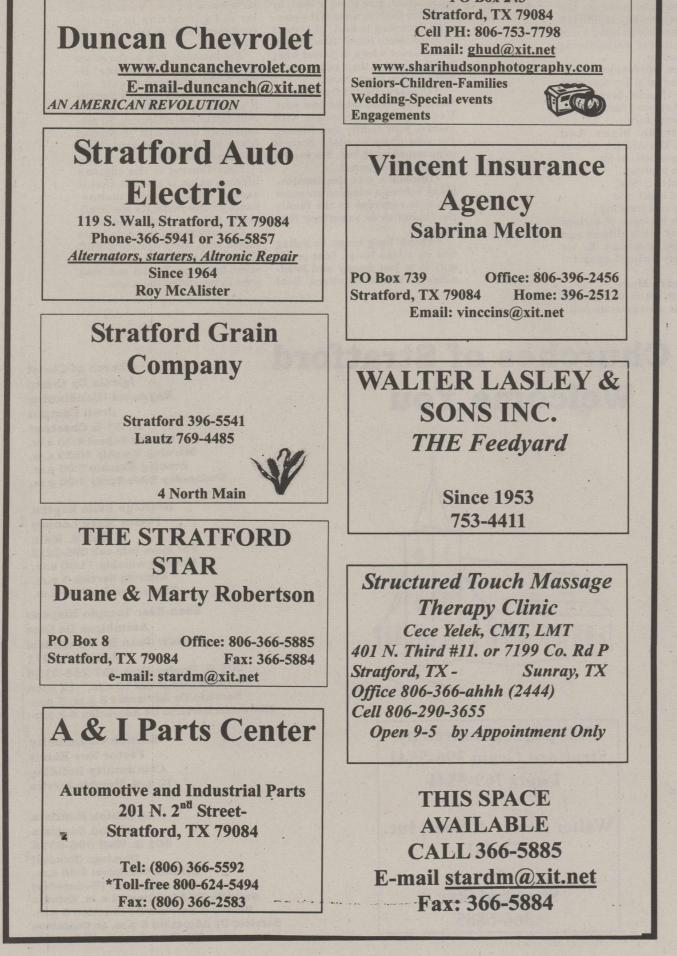
Senior Team Members: Abigail Ely, Matthew Sandvig, Karl Punch, and Kory Punch



Junior Rifle Team Member Emma Rosales also holding a certificate from Amarillo Fund Match. She placed <sup>3rd</sup> with a shooting score of 167.



Sherman County 4-H Rifle Team Competes at District 1 Shooting Match On May 15, Sherman County's junior 4-H rifle team



coached by Pat Barnard, competed in Amarillo at the District 1 Shooting Match.

This age level shoots prone only. Individually, Emma Rosales placed 5th with a score of 187, Luke Braden placed 8th with a score of 157, James DeAnda placed 10th with a score of 149, Cole Scott placed 11th with a score of 146, and Olivia Merry placed 18th with a score of 63. The junior team, which consisted of Emma, Luke, James and Col won the bronze medal with a combined score of 520.

On May 16, the intermediate 4-H team, coached by Larry Sims, competed at the same facility. The intermediate team of three placed 7th with a score of 273. Individually, Jesus Angel Morales placed 13th in prone, 18t in standing and 19th in kneeling, overall placing 17th with a score of 117. Charlie Harbour placed 4th in prone, 22nd if standing and 22nd in kneeling, overall placing 19th with a total score of 101. And, Hannah Sims placed 24th in prone, 21St in standing and due to an injury she stood for the kneeling portion placing 26th. She overall placed 24th with a score of 55.

The senior 4-H team, coached by Chad Ely, competed on the same day and same facility placing 5th with a score of 530. The team individually shot prone, standing and kneeling, leading to Abigail Ely placing 12th, 8th and 11th respectively, resulting in 10th place overall with a score of 220. Karl Punch tied for 20th, placed 12th and placed 20th, respectively, which led to individually placing 16th overall with a score of 165. Matthew Sandvig tied for 18th, placed 18th and placed 18th, respectively, assigning him 19th overall with a score of 144. And, Kory Punch tied for 18th, tied for 21St and placed 22nd, respectively, giving him an individual score of 114 and placing 22nd individually.

4-H shooting sports is a highly competitive sport involving tests of proficiency using various types of guns such as firearms and air guns. Each of these kids started practicing in early January with air guns and in March moved the firearms. They have presciently practiced at least twice a week since January and have learned about gun safety, how to control your breathing, accuracy, speed, loading and unloading a gun safely, physical and mental discipline, commitment, and responsibility. We are proud of the competitors and look forward to next year's adventure! We are actively looking for anyone who

would like to volunteer to become a certified Rifle coach.

Please call Alexa at the Texas A&M AgriLife Extension Service office if you are interested.

Robertson head square-drive screws were invented by Canadian P. L. Robertson in 1908. That's actually 28 years before Phillips head screws. The Model T car made by the Ford Motor Company used over 700 Robertson screws.

# It Pays To Look In The

THE STRATFORD STAR Thursday, June 4, 2015 Page 5

a server and the server and the

**Card of Thanks** 

THANK you for the First Christian Church ladies

dinner. Thanks for the food, flowers, cards and hugs.

The Service was very nice with Marihoward. Thanks

to people who said prayers for us. Thanks for EMTs,

Police who answered our calls. Thanks to Cathy,

Jack and Cris for helping me out. Thanks Coldwater

Manor for help. Thanks to our "Kids" parents, for

being by my side. Thanks for Happy State Bank, for

**Linda Forthman** 

# Star Classifieds

## Phone 366-5885

## .. The Best Salesperson Around

all their help. God Bless

## **Help Wanted**

**SECURITY OFFICERS** Full/Part time all shifts Cactus area \$8.00/HR/Benefits After 90 days \$8.25 another 90 days \$8.50 Clear Criminal Record/Pre- Drug Screening Apply with ABM Security on line You must have an email address to apply Go to www.abm.com Click on "careers" Click on "Career Search" Select Location by clicking on TX/Cactus Select "Job Category" by clicking on "Security/Protective Services" Mark 806-966-8202 EOE/M/F/D/V 5-28-c-6-4-c

Cimarron Feeders is accepting applications for the following positions: -Mechanic -Mill Laborer -Tank Washer -Pen Rider -Batch Operator -feed truck driver 17 miles S Keyes, OK on HWY 171 15 miles N of Stratford, TX on HWY 287 Then right 5 miles on HWY 171 Apply in person: M-F 8a.m-3p.m. or call (580) 543-6383 Great benefits for full-time positions that include: Medical, Dental & Vision insurance as well as 401K and paid time off. Pre-employment drug screen required. EOE/M/F/Vet/Disabled JBS Five Rivers Cattle feeding is an equal opportunity Employer 5-7-21 tfn

Part-time clerical position available. Duties include answering the telephone, weighing trucks, general office tasks and assisting management with various projects. Must have some experience with Excel. Bilingual is a plus. Please fax resume to (806) 727-4655 or email to d4c@xit.net 5-21-5-28c

Coldwater Creek Cattle Company, a feedyard located 3 miles West of Stratford is seeking an Equipment Operator. Applicants must be dependable and responsible. Will need experience operating feed truck, loaders and have experience maintaining equipment. References are required. We offer competitive pay and benefits. Please call (806) 727-4646 for more information 5-21 & 5-28-c

# Legal Notice

### LEGAL NOTICE

Application has been made with the Texas Alcoholic Beverage Commission for a (BQ) WINE and BEER RETAILER'S OFF PREMISE PERMIT by ROUND QUONSET, LLC dba EL PATRON LIQUOR STORE, to be located at 400-A SOUTH POPLAR, CITY OF STRATFORD, COUNTY OF SHERMAN, TEXAS. Officer of said corporation is ABRAHAM TAPIA, PRESIDENT.

Published in The Stratford Star, Thursday, June 4, 2015 and Thursday, June 11, 2015.

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The state of Washington is the only state in the union to be named after a United States president. Before it became a state, the territory was called Columbia, after the Columbia River.



An aardvark's teeth have no enamel coating and are worn away and regrown continuously.



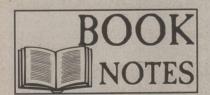
An elephant's tooth can weigh over 6 pounds.

## Houses for Sale

Newly renovated. Move-in-ready, 2500 sq. ft., 4 b/rm 3 bath, 2 living areas. 1 car garage and 2 car carport. 602 N. 4<sup>th</sup>, Large For Sale Lots of extras. Call for appointment 806-753-7411

### For Rent

Close to school, nice 2-BR, 1 bath apartment. Furnished with stove & fridge, CH/A No pets. Tenant pays electric and water. \$550 month on 6 month lease. Call 806-244-3418 or go to westtexasrentals.com to see and send in application 1-8 ffn



(NAPS)—When you want to get your mother a present, consider "For the Love of Mom: Amazing True Stories of Moms and the People Who Love Them" by Maria Bailey and "Life Could Be Verse" by Kirk Douglas, on Amazon and elsewhere books are sold.



\*\*\* Dr. Paul Corona has written a series of books called "Healing the Mind and Body: The Trilogy" to serve as a comprehensive reference guide for those seeking help understanding and dealing with depression. For more information, visit http://drpaulcoronamd.com.

Intriguing insights into how to make life better can be found in two books: "Feeling Great: Creating a Life of Optimism, Enthusiasm and Contentment," based on the teachings of Dadi Janki, and "Sunrise, Sunset: 52 Weeks of Awe & Gratitude" by Kim Weiss. They're on Amzzon and elsewhere.

The latest volume in a bestselling series of science fiction writing and art, "L. Ron Hubbard Presents Writers of the Future, Volume 31" is now available online at Amazon.com, KOBO.com and BN.com and in print where books are sold.

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SNACK PAK 4KIDS

## Giving a Voice to Hungry Kids

We all know that there are children who have free breakfast and lunch provided for them at school Monday through Friday. Have you ever stopped to think what these children do for food on the weekends? Have you ever eaten lunch on Friday and then not had another actual meal until Monday morning? Can you imagine trying to listen to your teacher on Monday morning when all you can do is watch the clock and count the seconds until lunchtime? Unfortunately, there are children in Stratford and the surrounding towns in the Texas panhandle who face this struggle every weekend and during school holidays. Snack Pak 4 Kids is a program that provides food for children in these situations every weekend of the school year. 100% of all money is used for food only.

### YES !!! I want to adopt a child for: Stratford ISD

Name

Address\_

Phone

Email\_\_\_

Organization

School you are sponsoring

Checks are payable to "Snack Pak 4 Kids." Please designate Stratford in memo line of your check.

Snack Pak 4 Kids 701 Park Place Ave Amarillo, TX 79101 806-337-5252 THE STRATFORD STAR Thursday, June 4, 2015 Page 6

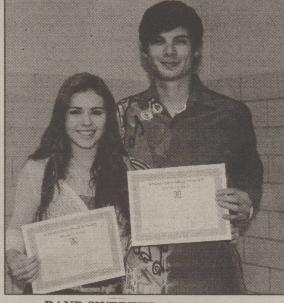
# STRATFORD HIGH SCHOOL BAND BANQUET MAY 18, 2015



ERICH TAYLOR LEADERSHIP AWARD Allissa Palmer



JOHN PHILIP SOUSA AWARD Brantley Powers



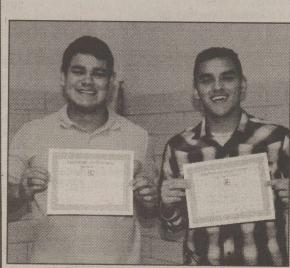
BAND SWEETHEART & BEAU Jacie Seward & Brantley Powers



OUTSTANDING BOY & MUSICIAN Brantley Powers & Vanessa Mendoza

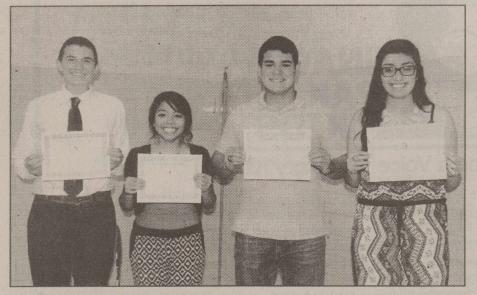


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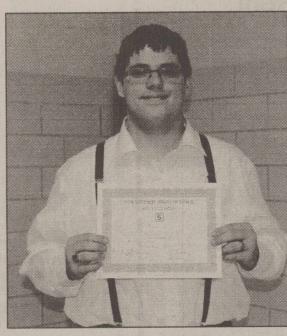
OUTSTANDING COOK & BUN DRESSER Juan Camberos & Ruben Gonzalez

OUTSTANDING AWARDS L/R: Outstanding Percussion – Kevin Hernandez, Outstanding Marcher & Brass – Brantley Powers, Outstanding Woodwind – Vanessa Mendoza.



**OUTSTANDING AWARDS** 

L/R: Outstanding Freshman – Colten Lanning, Outstanding Sophomore – Stephanie Vasquez, Outstanding Junior – Juan Camberos and Outstanding Senior – Vanessa Mendoza.



V.O. LASLEY AWARD Ethan McGinnis



### **Six Back-To-Basics Health Tips**

(NAPS)—Staying in shape and being healthy can be a challenge for anyone, especially with different fad diets and health trends constantly emerging. But knowing just a few facts and tips can really help you to stay on top of your health goals.

When looking to stay fit, it's always important to remember some basic guidelines including exercising regularly and hydrating with enough water. But how much exercise is the right amount, and is all water considered equal? Although water in the U.S. is fine to drink, in some cases it may not be as clean as you'd expect and could contain harmful contaminants.

The following six "back-tobasics" tips offer additional guidance on how to establish a healthier lifestyle:

1. Get enough exercise.

According to the experts at the U.S. Centers for Disease Control and Prevention, most adults need a minimum of 150 minutes of moderate-intensity aerobic activity (such as brisk walking) every

week. Adults also need musclestrengthening activities that work all major muscle groups (e.g., legs, abdomen, chest, arms) at least twice per week in order to improve their health.

**2. See your doctor.** Ask about the types and amounts of physical activity that are right for you, especially if you have a chronic health condition.

3. Don't get discouraged.

While 150 minutes each week may sound like a lot, it's really not. You don't have to do it all at once. Try breaking it up into smaller chunks of time; say, 10 minutes or so.

4. Go for variety.

There are a lot of different ways to get the physical activity you need: dancing, gardening, light jogging and sports such as softball and tennis are just a few options. Pick activities you enjoy and that match your abilities.

**5. Take the talk test.** There's a way to tell if your activity is intense enough; During moderate-intensity activity, you should be able to talk but not sing. During vigorous-intensity activity, you should not be able to say more than a few words without pausing for a breath.



Physical activity is good for your health but you need to stay properly hydrated to make the most of it.

6.Drink (water) to stay hydrated.

Water can help keep your energy levels up, cushion joints and prevent dehydration during exercise, ensuring peak performance no matter the activity. Staying sufficiently hydrated means you should take a drink before you feel thirsty, especially in warm weather when you may be perspiring more from the heat. To ensure you're consuming enough clean, fresh-tasting H2O, consider at-home water filtration. One filter system to consider is PUR, which features MAXION Technology, a unique formulation that blends carbon and ion exchange materials for maximum

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contaminant reduction. The PUR Pitchers reduce twice as many contaminants as Brita pitchers, while PUR Faucet Mounts reduce 10 times more contaminants than Brita pitchers.

In fact, these faucet mount filters are certified to reduce up to 71 contaminants including heavy metals, agricultural pesticides, industrial pollutants, pharmaceuticals, and chlorine taste and odor, while leaving behind beneficial fluoride that helps contribute to strong, healthy teeth. The faucet mount also features a brand-new metal adapter to ensure a tight, secure fit around your faucet and has a PUR Satisfaction Guarantee.

Choosing to make the simple decision to use an at-home water filtration system, and keeping in mind some of these other basic tips, can put you on the path to a healthier life.

To learn more about MAXION Technology and staying hydrated with PUR's products, visit www. pur.com.