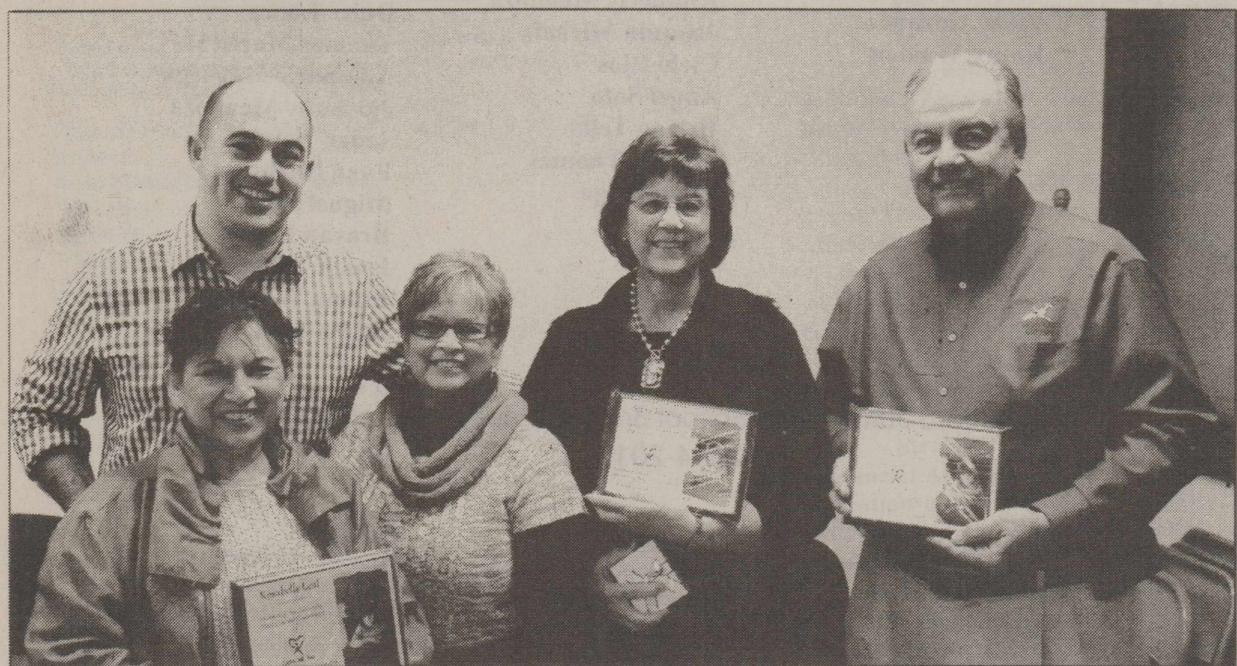


Melvin Mitts 06/15  
PO Box 523  
Stratford, TX 79084

# The Stratford Star

75 cents Published for over 100 years in Stratford, Sherman County, Texas 79084 usps 523 Number 3 January 15, 2015



(Left to right) Aaron Meneses, Rosabelle Leal, Edye Cunningham, Anita Ralston, Milton Pax

## CASA 69 Board of Directors Changes

As 2014 came to an end so did the service of four members of the CASA 69 Board of Directors. CASA 69 presented plaques and gifts to Aaron Meneses, Rosabelle Leal, Anita Ralston and Milton Pax in recognition of their dedication and service.

Aaron Meneses from Dallam/Hartley County joined CASA 69 in 2013, was instrumental in orchestrating our annual 5K events, working on several committees and held the office of Vice-President his last year of service. Aaron was promoted with Hilmar Cheese to a position in California. Although CASA hated to see Aaron go, he and his family were looking forward to moving back to be closer to their families and his challenging new career. Joining CASA 69 in 2006, Rosabelle Leal from Dallam/Hartley County served nine years on the Board of Directors. Rosabelle utilized her skills by serving on several committees throughout the years and assisting CASA with the development of a sustainable strategic plan. Prior to serving on the board, she was a CASA volunteer; and, as she exited her role on the board, Rosabelle stepped back up to serve as a volunteer for cases again. In fact, she has already accepted a case and will be able to use her extensive knowledge to continue to make a difference in our children's lives.

Anita Ralston, also from Dallam/Hartley County, became a board member in 2001 while serving as a volunteer. Active on several committees throughout the years, Anita was always the backbone of CASA 69 as Treasurer. Anita provided not only her financial expertise but also her knowledge as a volunteer advocate for several of our children. CASA is excited that Anita remains a volunteer and continues to make a difference in the children in her cases.

Milton Pax from Moore County began with CASA in 2006 and left the Board of Directors after nine years of service. As a leader in the Moore County community, Milton has developed awareness regarding child abuse and strongly promoted the CASA 69 mission. Serving on or chairing numerous committees for finance, nominating prospective volunteer and board candidates, and assisting with public relations and fundraising were just a few of Milton's generous contributions to CASA 69.

The staffs, volunteers, and the Board of Directors of CASA 69 would like to take this opportunity to sincerely thank Aaron, Rosabelle, Anita and Milton for their years of service, dedication, and contributions. Words cannot express our gratitude.

## STRATFORD POLICE DEPARTMENT

Randy Hooks - Chief of Police

On Tuesday the Stratford Police Department arrested Adrian Lopez 19 for Aggravated Sexual of a Child and Burglary.

The Stratford Police Department began the investigation when information was received that a female child may have been assaulted.

The Police Department was assisted was this investigation by the Texas Rangers.

The case will be referred to District Attorney's office for consideration of formal charges. During the month of the December the Police Department was able solve the Moore's Food Pride store burglary that case will be sent to the District Attorney's office for consideration of formal charges.

On 01/09/2015 Officers of the Stratford Police Department conducted a traffic stop on U.S. 278 and U.S. 54 after contact was made with the driver identified Darius Polly a consent to search was obtained and the officers located 2 fires arms and approx. a half ounce of marijuana, the driver was taken into custody and booked into the Sherman county jail for the offense of unlawful carrying a weapon and possession of marijuana with intent to deliver.

On 01/11/2015 at 8:30pm Officers of the Stratford Police Department conducted a traffic stop on U.S. 287 and south 2nd street after contact was made with the driver identified as Nathaniel Kaplan Officers obtained consent to search and was able to locate 2.88 pounds of marijuana and 122 grams of THC concentrate. Kaplan was taken into custody and booked into the Sherman County jail.

On 01/11/2015 at 1:35pm Officers of the Stratford Police Department conducted a traffic stop on U.S. 287 and U.S. 54 after contact was made with driver identified as Kory Hunt officers obtained consent to search and locate approx.. 50 grams of edibles which are candies laced with THC which can be bought legal in Colorado. Hunt was transported to Sherman county jail.

### Schedule of all 2014-2015 4-H & Clover Meetings

\*Dates are subject to change with weather or AgriLife mandatory meetings

All meetings for both clubs are at 6pm

#### 4-H Meetings

November 10  
December 8  
January 12  
February 9  
March 16  
April 13  
May 4

#### Clover Kid Meetings

November 24  
December 15  
January 26  
February 23  
March 30  
April 27  
May 18

\*\*\*  
If you like a man's laugh before you know anything of him, you may say with confidence that he is a good man.

—Fyodor Dostoyevsky

\*\*\*



## Basketball

The Lady Elks opened district play on Friday, January 9, 2015 with a 58-12 win against Booker.

Layne Burr led the Lady Elks with 18 points followed by Bethany Everett with 17 points.

The Stratford J.V. Lady Elks won 3rd place in the Spearman J.V. Tournament held Dec. 11-13, 2014.

In their first game, they lost to 31-32 to Spearman. Nicholle Law was high point with 16 points followed by Rubie Torres with 7 points. In their 2nd game, the Lady Elks beat Perryton 38-21. Sidney Turner led the scoring with 12 points followed by Whitney Stone with 9 points. In their final game, they beat Sunray 49-11. Nicholle Law was high point with 16 points followed by Whitney Stone with 15 points. On December 16, the J.V. Lady Elks beat Texline 39-25 with Vanessa Gonzalez leading the scoring with 12 points followed by Rubie Torres with 8 points. The Lady Elks opened up District play beating Booker on January 9, 2015 69-7. Sidney Turner led the Lady Elks with 16 points followed by Rebecca Couch with 13 points.

## UnTied January Outing

By Paula Nusz

UnTied Singles Fellowship has planned their January outing. On Saturday, January 17, 2015, the group will have supper at the new steakhouse in Dalhart, XIT Ten in Texas Grill. If you should want to carpool from Stratford, meet in the parking lot of the First United Methodist Church (520 N. Main) at 6:15. Everyone will gather at the restaurant at 7:00 p.m. and eat together as a group. This is a dutch-treat meal. This would be a good time for interested people from the Dalhart vicinity to meet the group.

The next regular monthly meeting will be Tuesday, February 3 at the Methodist Church in Stratford at 6:30. Bring your own meal. Ann Wells is in charge of the program. Plans for a Valentine's Party will be discussed. All single folks from the area (Oklahoma, Texas, New Mexico, and Kansas) are welcome to participate both activities. This is a non-denominational group who want to have fun. For more information, please contact Paula Nusz -806-753-6489.

## MEDICAL FUND FOR JACK GORE HAPPY STATE BANK

A medical fund has been set up for Jack and Vicki Gore at Happy State Bank

A Pauline Griffin fund has been set up for help with funeral expenses at The First State Bank of Stratford.

A medical fund has been set up for Gerardo Romero at Happy State Bank to help pay for his shoulder surgery. Your help will be appreciated!  
Un fondo medico se ha creado para Gerardo Romero en Happy State Bank para ayudar a pagar por su cirugia de hombre. Su ayuda sera apreciada!

## 2015 TREE SALE

Time is here once again for Sherman County Soil and Water Conservation District's annual Spring Tree Sale. Order forms are ready and can be picked up at our office at 418 North 4th in Stratford, or we can mail it if you give us a call. We can also email the order form if you supply us with an email address. Just call us or email us at [shermswcd@xit.net](mailto:shermswcd@xit.net).

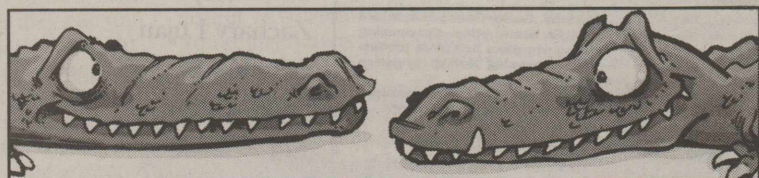
While we try to list as many species that are available for this area, we cannot list them all. If you have any special wants or wishes as far as trees go this year, please call the office at 396-5517 ext. 3 and we will be happy to try and find what you need.

The District can also fill requests for drip irrigation supplies. We keep some drip supplies in stock, and will help in the design of your system and order exactly what is needed for you if we do not have it. Delivery is usually within three working days. You can also help your investment with the installation of weed barrier. We have this available also. This is especially important in windbreaks because we do not want the newly planted seedlings to have to fight with weeds and grass for water. The barrier will help prevent the growth of weeds and grass and keep the moisture in the ground.

If you need a Tree Order Form, want to place an order for trees, irrigation supplies, weed barrier or just have any questions regarding the trees or need help planning for your particular needs, please do not hesitate to contact the District or the NRCS at 396-5517 ext. 3.

Thank you for your continued support of conservation in Sherman County.

\*\*\*  
It's also helpful to realize that this very body that we have, that's sitting right here right now...with its aches and it pleasures...is exactly what we need to be fully human, fully awake, fully alive.  
—Pema Chodron  
\*\*\*



One way to tell the difference between alligators and crocodiles is by their teeth. On crocodiles, the fourth tooth on each side of the lower jaw projects outside the snout when the mouth is closed.



## From the Desk of Sheriff Powell

As we transition into another great year, I would like to say "THANK YOU" to ALL of you for your continued support of the Office of the Sheriff and those public servants (Deputies, Jailers, and Dispatchers) who keep the wheels turning effectively and efficiently. We are proud of the community we serve!

We continue to remain well under budget, while still providing quality law enforcement service to our neighbors, friends, and visitors. Taking care of our seniors and our children is a top priority for us as well, and it is our pleasure to always be there for them and ALL of Sherman County, Texas!!

We plan for the next two years to go just as good, if not better! Have a great week.

-Sheriff Joe Powell-

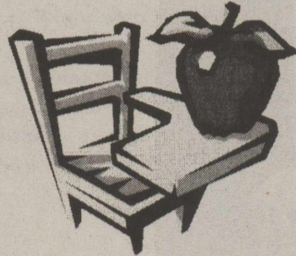
**3<sup>rd</sup> Six Weeks  
A Honor Roll  
3<sup>rd</sup> Grade**  
Omar Jacquez  
Abraham Ortega  
Jasmine Ruedas  
Caitlyn Skiles

# Honor Rolls

**4<sup>th</sup> grade**  
Cody-Paige Audrain  
Zane Burr  
Freddy Durate  
Max Engelbrecht  
Brenda Marquez  
Ethan Moczygemba  
Benjamin Paez  
Adam Sanchez  
Brenda Sanchez  
Lillie Skiles  
Dezerray Tims  
Yessenia Valdez  
Violet Cazquez  
Claire Walden

**AB Honor Roll  
3<sup>rd</sup> Grade**  
Valerie Andaya  
Abigail Botello  
Morgan Clift  
Zaeleigh Cutierrez  
Cole Hinds  
Abigail Ibarra  
Karston Long  
Jeremie Lupercio  
Tony McLaughlin  
Meghan McNeely  
Kimberly Mendoza  
Joaquin Michel  
Cielo Rios  
Angel Soto  
Briana Tello  
Maggie Thomas  
Linda Vega

**4<sup>th</sup> grade**  
Juan Acosta  
Vinny Aguilera  
Luke Braden  
Celeste Camberos  
Julio Castillo  
Viridiana Contreras  
Adan Duran  
Mauricio Duran  
Tony Duran  
Sarahi Franco  
Emmanuel Gonzalez  
Dulce Lopez  
Thomas Mariscal  
Adamaris Mayorga  
Jiovanny Mendoza  
Jaden Nelson  
Evan Norby  
Miguel Nunez  
Brayan Rueda  
Isaiah Torres  
Emma Watson  
Addie Wells



### Attention to all subscribers!! Rate change

The Stratford Star is no longer sending out notices when your paper is due. Check the label on the paper and see what month your subscription expires. I will be putting "Stars" on the current month" If you have a Star on your label it means that your sub expires that month. If you are not sure the amount you owe if you live out of the area call 753-7373 and double check. Locally is \$33.00 and out of the area \$40.00. If you are paying for someone else's sub, you will be billed for that person. The Stratford Star, PO Box 8, Stratford, TX 79084  
Thanks-Marty

### Deadline for The Stratford Star

**Deadline for Stratford Star items. Photos by Sundays at 4 p.m. Letters to Editor 9 a.m. on Mondays (typed) and all other articles and ads at 10 a.m. on Mondays. (PLEASE) Thank you**

**The Stratford Star**  
(USPS 523-108)  
Published for over 100 years  
805 Purnell  
Stratford, TX 79084  
Telephone: 806-366-5885  
Fax: 806-366-5884  
E-Mail: [stardm@xit.net](mailto:stardm@xit.net)

The Stratford Star is published weekly  
Editor & Publisher Martha Robertson  
Advertising & Photographer Shari Hudson  
Subscription rates  
\$33.00 per year in Sherman & Adjoining counties  
\$40.00 per year all others  
\$27.00 per (9 months) College rate  
The Stratford Star-PO Box 8-Stratford, TX 79084  
Periodicals postage paid at Stratford, TX  
POSTMASTER: Send address changes to Stratford Star,  
PO Box 8-Stratford, TX 79084

## Mitchell Theaters

Northridge 8  
Guyton, OK  
[www.northridge8.com](http://www.northridge8.com)  
580-338-3281  
Southgate 6  
Liberal, Kansas  
[www.southgate6.com](http://www.southgate6.com)  
620-624-5573  
Garden City, Kansas  
[www.sequoyah8.com](http://www.sequoyah8.com)  
620-275-2760

### Stratford Junior High School 3rd Six Weeks Honor Roll 2014-2015

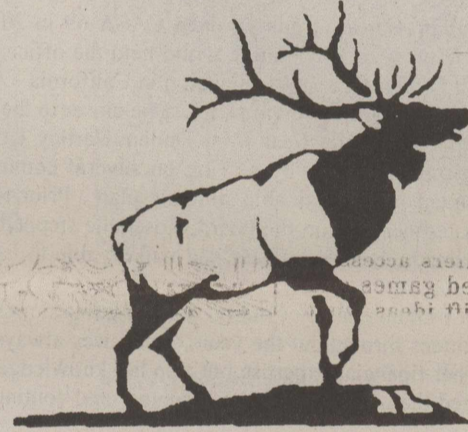
**5th grade**  
Jocelyn Cardenas  
Kaytly Cliff  
Erika Couch  
James DeAnda  
Andre Duran  
Emma Hartman  
Anastacio Ibarra  
Andrea Jacquez  
Linzee Langston  
Saralyn Mace  
Grace Mayorga  
Mason McNeely  
Viktoria Moczygemba  
Jasmyn Ortega  
Destiny Paez  
Nisha Patel  
Alejandra Portillo  
Diego Quintero  
Issai Reta  
Holly Sladek  
Mia Torres  
Jose Vega

**6th grade**  
Carlos Almendarez  
Reaghan Audrain  
Trevor Bell  
Tyson Brooks  
Dempsey Collums  
Angelica Couch  
Christian DeCasas  
Emma Franklin  
Cristian Gonzalez  
Ivan Guel  
Alexia Guerra  
Alberto Guerrero  
Benjamin James  
Ashton Lavake  
Abby Law  
Morgan Maldonado  
Eryck Mendoza  
Jennifer Morillon  
Francisco Ortega

**7th grade**  
Toni Lopez  
Kenlee McBryde  
Ty McBryde  
Walker McBryde  
Carlos Reta  
Annahi Ruiz Daisy Ruiz  
Jacob Sanchez  
Akira Vacio  
Abraham Villegas

**8th grade**  
Eugenia Almendarez  
Shaylee Audrain  
Adamaris Castro-Gonzalez  
Xenia Franco  
Renee Lawrence  
Eimy Mendoza  
Luis Mendoza  
Sherridan Powers  
Eiyelene Torres

Sydnee Palmer  
Eshaan Patel  
Miranda Pinon  
Reese Schoonover  
Hannah Sims  
Stewart Skiles  
Lara Wells



### Stratford High School All "A" Honor Roll

3<sup>rd</sup> Six Weeks  
2014

**9<sup>th</sup> Grade**  
Taylor Aduddell  
Layne Burr  
Noah Harris  
Kade McBryde  
Carlee Metcalf  
Natalia Niave  
Kory Punch  
Matthew Sandvig

**10<sup>th</sup> Grade**  
Bret Barnard  
Gage Brooks  
Nancy Garay  
Parker Hanna  
Fernando Jacquez  
Nicolle Law  
Russell Spurlock  
Stephanie Vasquez

**11<sup>th</sup> Grade**  
Yadhira Chavoya  
Ty Hess  
Lizeth Ibarra Robles  
Matalin Mace  
Jack McBryde  
AJ Rille  
Tanner Stone  
Whitney Stone

**12<sup>th</sup> Grade**  
Alan DeCasas  
Bethany Everett  
Brantley Powers

### Stratford High School A/B Honor Roll 2<sup>nd</sup> Six Weeks 2014

**9<sup>th</sup> Grade**  
Luis Carrillo  
Brandy Castaneda  
Juan DeCasas  
Vanessa Gonzalez  
Chantal Guel  
Angel Guerra  
Sergio Guerrero  
Shay Hess  
Allie James  
Brookelin Langston  
Colten Lanning  
Erika Lopez  
Sonia Lopez  
Zachary Lujan  
Giselle Marquez  
Sydnee Pottratz  
Karl Punch  
Lucero Robles Garcia  
Patricio Ruiz  
Daniela Valdez

**10<sup>th</sup> Grade**  
Alexander Aldavaz  
Francisco Barajas  
Zorro Daniels  
Katie Dennis  
Julio Duran  
Maxine Henderson  
Johnny Rivas  
Raeleigh Willborn

**11<sup>th</sup> Grade**  
Juan Camberos  
Val-mari du Plessis  
Alejandra Flores Sanchez  
Joshua Garza  
Brian Gonzalez  
Kevin Hernandez  
Erasmo Ibarra  
Tommie Long  
Luis Humberto Marquez  
Orlando Mayorga Gonzales  
Brannon Palmer  
Kelsey Pickens  
Andres Reyes  
Monica Reyes  
Eluterio Tijerina  
Sidney Turner  
Alexie Wright

**12<sup>th</sup> Grade**  
Alondra Bobadilla  
Yara Duarte Ontiveros  
Desinya Garza  
Magaly Guerrero  
Brittany Law  
David Marquez  
Vanessa Mendoza  
Madison Mungia  
Connor Natalino  
Karla Ramirez  
Allisa Ray  
Jordan Ruiz  
Chisum Rutherford  
Rett Schoonover  
Jacie Seward  
Jesus Tarango  
Diana Vazquez  
Aron Villegas  
Taylor Wright

*More economical!*

*Differences between electric and hydraulic-driven systems*

*When you see the difference between electric and hydraulic-driven systems, you will see why electric is the way to irrigate. It's less expensive, it's more productive, and it's easier to maintain. Electric systems are simpler to install, and they have less downtime than hydraulic systems. They are also safer and more reliable. You will see the difference between electric and hydraulic systems when you see a Reimke electric-driven irrigation system in operation. You will see the difference between electric and hydraulic systems when you see a Reimke electric-driven irrigation system in operation.*

Reimke Dealer-Professionals are ready to share other eye-opening reasons why more and more producers are choosing Reimke irrigation systems. Talk with a Reimke Dealer today.

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## A New Creation in Christ

Jesus replied, "I tell you the truth, unless you are born again, you cannot see the Kingdom of God." (John 3:3 NLT). "UNLESS YOU ARE BORN AGAIN" .... Let us focus on these four words for a moment. Jesus was having a conversation with a Jewish elder (Nicodemus) when he spoke these words. Of course Nicodemus was quite familiar with the fact that his natural birth placed him in the special Hebrew lineage. As a Jew he felt secure in salvation through following their laws. This statement to him by Jesus about another birth surprised him. It was a double whammy. Not only was his security in Judaism shaken, but he learned it was not enough. As the conversation continued it became more obvious that Jesus (God's representative) was replacing the old ways with a new way of salvation.

"Humans can reproduce only human life, but the Holy Spirit gives birth to spiritual life." (John 3:6 NLT). In this verse Jesus makes it plain: a natural birth in a certain lineage was just a birth into a body. He wanted Nicodemus to realize that he could be born of God's spirit. In John 3:7 he explains "That which is born of the flesh is flesh, and that which is born of the Spirit is spirit. Do not marvel that I said to you, 'You must be born again.' "The natural birth produces flesh—just a body. But God produces a new spirit. There are two births a natural one and a spiritual one.

The message is unequivocal, "unless you are born again" of God's spirit, you are not his child. The same message is repeated again in 1 John 4:7: Everyone who loves God is born of God. In order for humans to enter God's kingdom, they must experience a spiritual birth into his family. I must be born again. You must be born again. Everyone must be born again to enter God's kingdom.

There is nothing better than a fresh start. A new beginning. I appreciate a loving and forgiving Heavenly Father who sent his Holy Spirit to live in me. Thus cleansing and purifying me from the inside. Making me new. My new spirit changes me and motivates me to grow toward spiritual maturity in Christ. I am grateful that as God's new creation I have been born into eternal life with God. Meditation: How do I become a new creation?  
 John 3:3-7 | John 2:29 | John 4:7 | John 5:4 | John 5:18 | 2 Corinthians 5:17  
 Feedback welcome. joniahhsypp@gmail.com



## Hudson honored with Baby Shower Sunday

A baby shower was held Sunday, January 11, 2015 for Cassi Hudson in the home of Tiffany Hudson. Shown above L to R are Kay Fuqua, Ramona Spurlock, Michelle Garza, Cassi Hudson, Shari Hudson, Madison Webber, Marty Robertson, Brittany Haynes, Chelsea Garza, and Darcy Webber.

## Tips On Starting A More Nutritious Lifestyle

(NAPS)—A growing number of men are enjoying a lifestyle that focuses on a diet built around nutritious, whole foods. Here are some tips to help you get started.

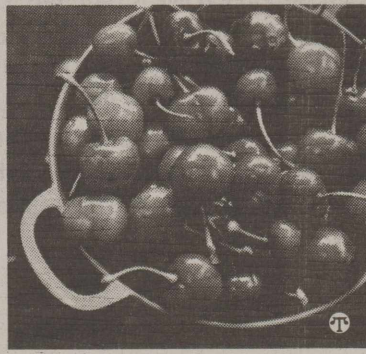
**Go with fresh vegetables when possible.** They tend to be full of vitamins and low in calories. As a bonus, they can help you meet your daily fiber target.

**Keep your alcohol intake moderate.** Too much alcohol can mean added sugar and filling your liver with toxins. For men, limit your intake to two drinks a day.

**Make your grains whole grains.** Eating three or more servings of whole grains each day can help you achieve a healthy diet. Also, when possible, choose brown rice over white rice.

**Try eating five to six small meals throughout the day.** This helps to prevent you from skipping meals and overeating. It also supports steady energy levels. Many find the best way to do this is with three main meals and three substantial snacks.

**Don't forget exercise and**



**Men who are following a more nutritious lifestyle need to snack smart. That means finding foods that are tasty, nutritious and convenient.**

**rest.** According to the Centers for Disease Control, adults ages 18 and over (including older adults) need at least 2½ hours of moderate aerobic activity each week and muscle-strengthening exercises twice a week.

**Quality sleep—seven to eight hours a night for adults—is also important. It aids in the ability to process information, restore**

your body's strength and repair muscles.

**Snack smart.** Don't overlook convenience as a factor when it comes to constructing a healthy diet. Foods or products that contribute the nutrients needed and are easy and enjoyable to consume have a better chance of being part of a man's diet over the long haul.

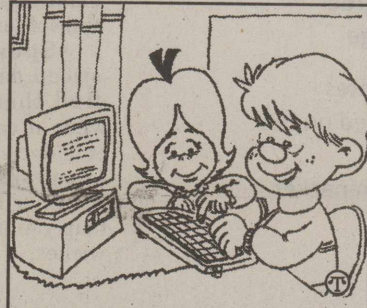
For example, there is a line of food bars called LARABAR made with "whole food" ingredients such as nuts and dried fruit and seasoned with spices. The Original Fruit & Nut Bar contains no more than nine ingredients and no trans fats or preservatives. The ingredients in the "Apple Pie" bar consist of dates, almonds, unsweetened apples, walnuts, raisins and cinnamon.

Plus, the bars come in a wide variety of flavors—from Blueberry Muffin to Peanut Butter Cookie or Chocolate Coconut Chew to Key Lime Pie—so there is something to satisfy just about any taste.

To learn more, visit [www.larabar.com](http://www.larabar.com).

## Did You Know?

(NAPS)—LeapFrog's LeapTV educational, active video game console and LeapBand wearable activity tracker are great ways to keep kids moving and learning, while the company's LeapPad3 learning tablet offers access to educator-approved games and apps. For more gift ideas, visit [www.leapfrog.com](http://www.leapfrog.com).



According to the National Funeral Directors Association, the cost of an adult funeral has nearly doubled since 1991. Fortunately, there are ways to keep prices in check. Remember, funeral directors are there to help you. Don't be afraid to ask for an itemized pricing list.

programs you want, when you want, on the device of your choice. To learn more, visit [www.youcouldbewatching.tv](http://www.youcouldbewatching.tv).

The nation's TV service providers and networks have partnered to bring viewers TV Everywhere. The viewing experience makes it possible to watch the

Monsanto's Seminis Home Garden division develops seeds that help make growing backyard produce more accessible for busy families. For more on how to get your family to enjoy produce, including delicious recipes, visit [www.more matters.org](http://www.more matters.org).

\*\*\*  
 Good communication is as stimulating as black coffee and just as hard to sleep after.  
 —Anne Morrow Lindbergh  
 \*\*\*

\*\*\*  
 Think like a wise man but communicate in the language of the people.  
 —William Butler Yeats  
 \*\*\*

## Stratford Hospital District

"Proudly serving the medical needs of Stratford and Sherman County"  
 Stratford Family Medical Clinic

**Stratford Family Medical Clinic**

Mon. - Thurs 8 a.m. - 5 p.m. Fri, 8 a.m. - 3 p.m.  
 396-5583 Tommy Brian, ANP

**Elk Pharmacy**

Mon.-Fri. 9 a.m. - 5:30 PM  
 "Check our Competitive pricing"  
 "Compounding Available"  
 366-5505

**Coldwater Manor Nursing Facility**

396-5568 Laura Davis, LNFA

**Stratford EMS**

9-1-1 or 396-2844 Jimmy Lanning, Director

The Stratford Hospital District operates on a non-discriminatory basis, giving equal treatment and access to services without regard to sex, race, religion, age or ethnicity.

## The Churches of Stratford Welcome You

**First Assembly of God**  
 Kevin Anderson, Pastor  
 921 Fulton  
 Sunday School 9:45 a.m.  
 Morning Worship 10:45 a.m.  
 Evening Worship 6:00 p.m.  
 Wed. Bible Study 6:30 p.m.

**First Christian Church**  
 Pastor Gary Smith  
 5th & Main  
 Sunday School 9:45 a.m. (nursery)  
 Morning Worship 10:45 a.m. (nursery)  
 No Sunday evening Worship Service

**First United Methodist**  
 Rev. Steve Ulrey 396-2178  
 520 N. Main  
 Sunday School 9:20 a.m.  
 Morning Worship 10:30 a.m.  
 Junior & Senior High UMY 6:00 p.m.

**St. Joseph Catholic Church**  
 6th & Pearl  
 Rectory 366-5687  
 Sunday morning 8:00 a.m. (English) 9:30 (Spanish)  
 Sacrament of Reconciliation Before Mass or t.  
 Christian Formation Classes K-6 Grade Wed. Afternoon  
 Jr. & Sr. High. Wed. 6:30-8:30 p.m.

**First Baptist Church**  
 Pastor Ron Whitt  
 702 N. 3rd  
 Sun.-Coffee 8:30 a.m.  
 Sunday School 9:30 a.m.  
 Worship Service 10:30 a.m.  
 Wed. Children 6 p.m. youth 7 p.m.



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 366-5885

**Church of Christ**  
 Iglesia De Cristo  
 Brad Beckett  
 Juan Campos  
 N. 3rd & Chestnut  
 Sunday School 9:30 a.m.  
 Morning Worship 10:30 a.m.  
 Evening Worship 5:00 p.m.  
 Wednesday Bible Study 7:00 p.m.

**Heritage Bible Baptist**  
 Pastor Mark Looney  
 302 S. Main  
 For more info-call 396-2212  
 Morning worship 11:00 a.m.  
 Evening Service 6 p.m.  
 Thurs. Service 7:00 p.m.

**Eben-Ezer Templo Hispano**  
 Asambleas De Dios  
 Pastor: Juan M. Valenzuela  
 806 366-3071  
 205 N. Poplar-Hwy 287 268-2188  
 Escuela Dominical 10 a.m. - 12 noon  
 Servicio De Adoracion 5 p.m.-7 p.m.  
 Miercoles: Servicio De Adoracion 6-8 p.m.

**Kerrick Community**  
 Pastor Roy Harris  
 Community Building  
 10 a.m. Worship Service

**La Mision Bautista**  
 Mision Bautista  
 401 S. Wall 396-5376  
 Domingo (Sunday)  
 Estuela Dominical 9:45 a.m.  
 Miercoles (Wednesday)  
 Servicio De Adoracion 11 a.m. Estudio  
 Biblico & Servicio De Oration 7 p.m.  
 Servicio De Adoracion 6 p.m. se Cuidamos  
 Susuinos Durante El Servicio

### County Stock Show is Three Weeks away

Registration is now open for the County Stock Show. FFA & 4-Hers must enter at the AgriLife office. It is \$18 for the first animal and \$10 for each additional animal (regardless of breed or species). You may also sign up for Showmanship at the same time for \$10.

**Registration closes Jan 23<sup>rd</sup>, so please get into the office and sign up before then!**

**Every Participant is required to help clean up.** This year's clean-up starts at 8am Saturday, Jan 31<sup>st</sup>. If you cannot make it, please call Alexa or Lance BEFORE the end of the show on Friday to see what you can do to help. Failure to show up and work will have \$25.00 deducted from their final check.

Also, ALL (FFA & 4-H) Thank Yous and Project Forms are due Feb 27<sup>th</sup> at the AgriLife office.

#### County Show Schedule

- **Thursday, Jan 29<sup>th</sup>**
  - ALL Animals (except beef) must be in the county barns by 4pm.
  - Lamb and Goat weigh in starts at 4:30
  - Exhibitor meeting starts at 6:00pm. ←EVERYONE SHOWING MUST ATTEND!
  - Swine weigh in starts after Lambs and Goats are 100% finished
  - Lamb show starts at 7pm
  - Goats will follow
- **Friday, Jan 30<sup>th</sup>**
  - Swine start at 8am (prospect swine show, then gilts, then barrows)
  - Weigh in for Steers and Heifers are at 9am
  - Steers follow swine
  - Heifers follow steers
  - ALL animals must be out of the barns by 5pm
- **Saturday, Jan 31<sup>st</sup>**
  - Clean-up starts at 8am. ← EVERYONE is required to help. If you are unable to, please get in touch with Alexa or Lance BEFORE the end of the show on Friday to see what you can do to help. Failure to show up and work will have \$25.00 deducted from their final check.
  - The exhibitor is **REQUIRED** to be back at the county barn at 5pm to eat. NO LATER! This is so we can make sure everyone is there, fed, and can start serving the buyers and guests as they arrive. **If you do not attend the dinner and sale, you forfeit your sale spot.**
  - Dinner starts at 6pm and the Sale will start at 6:30pm.

#### Support the Next Generation in Agriculture

The Texas and Southwestern Cattle Raisers Foundation offers scholarships to students pursuing a degree program in agriculture or an agriculture-related program (Animal Science, Pre-Vet, Agribusiness, Range

Management or Wildlife). Applications must be graduating high school seniors or college undergraduates currently enrolled or accepted at an accredited university in Texas or Oklahoma. Applicants are selected on the basis of their interest in the industry, leadership, academic achievement, and financial need.

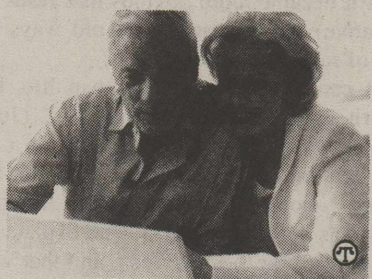
Applications are due by Feb 2, 2015. Scholarships are awarded in late March. To receive an application packet, please contact Kim Smith at [ksmith@cowgirl.net](mailto:ksmith@cowgirl.net) or (214)914-3407.



#### Tips On Keeping Funerals Affordable

(NAPS)—Despite the trend of rising costs, experts say it is still possible to keep funeral expenses in check.

The key is to be prepared and educate yourself on ways you can save money and ease the process for yourself and your family. Here are five tips to help you prepare and save:



Remember, funeral directors are there to help you. Don't be afraid to ask for an itemized pricing list.

•**Get a second opinion:** If you're in the market to preplan a funeral, don't be hesitant to compare prices. Families often don't realize that funeral costs vary by funeral home. If you're unhappy with the price, try another funeral home.

•**Shop smart:** Caskets are typically the most expensive purchase you will make when planning a funeral. Consider purchasing an engineered wood casket, a material formed from recycled wood that is affordable and attractive. In 2012, the average metal casket was \$2,395. An engineered wood casket can be purchased for as low as \$1,000.

•**Ask questions:** Ask your funeral director for an itemized pricing list. Funeral directors are there to help you walk through the decision-making process. Don't forget that all funerals are unique and each family grieves differently.

•**Educate yourself:** There are multiple online resources available for consumers. The more you know, the less likely you are to emotionally overspend during a time of loss.

•**Speak up:** Many families sweep death under the rug and find themselves overwhelmed when it comes time to make difficult decisions. Find an opportunity to share your thoughts with a friend or family member who can help you preplan or carry out your wishes.

# Business Directory

<p align="center"><b>Vincent Insurance Agency</b> Sabrina Melton</p> <p>PO Box 739     Office: 806-396-2456 Stratford, TX 79084     Home: 396-2512 Email: <a href="mailto:vincins@xit.net">vincins@xit.net</a></p>	<p align="center">THIS SPACE AVAILABLE CALL 366-5885 E-mail <a href="mailto:stardm@xit.net">stardm@xit.net</a> Fax: 366-5884</p>	<p align="center"><b>Stratford Auto Electric</b> 119 S. Wall, Stratford, TX 79084 Phone-366-5941 or 366-5857 <i>Alternators, starters, Altronic Repair</i> Since 1964 Roy McAlister</p>
<p align="center"><b>A &amp; I Parts Center</b> Automotive and Industrial Parts 201 N. 2<sup>nd</sup> Street-Stratford, TX 79084 Tel: (806) 366-5592 *Toll-free 800-624-5494 Fax: (806) 366-2583</p>	<p align="center"><b>Stratford Grain Company</b> Stratford 396-5541 Lautz 769-4485</p>  <p align="center">4 North Main</p>	<p align="center">THIS SPACE AVAILABLE CALL 366-5885 E-mail <a href="mailto:stardm@xit.net">stardm@xit.net</a> Fax: 366-5884</p>
<p align="center"><i><b>Structured Touch Massage Therapy Clinic</b></i> Cece Yelek, CMT, LMT 401 N. Third #11. or 7199 Co. Rd P Stratford, TX -     Sunray, TX Office 806-366-ahhh (2444) Cell 806-290-3655 9-5 M-F-Sat. by apt</p>	<p align="center"><b>Shari Hudson Photography</b> PO Box 243 Stratford, TX 79084 Cell PH: 806-753-7798 Email: <a href="mailto:ghud@xit.net">ghud@xit.net</a> <a href="http://www.sharihudsonphotography.com">www.sharihudsonphotography.com</a> Seniors-Children-Families Wedding-Special events</p>	<p align="center"><b>The Stratford Star</b> Duane &amp; Marty Robertson</p> <p>PO Box 8     Office: 806-366-5885 Stratford, TX 79084     Fax: 366-5884 Email: <a href="mailto:stardm@xit.net">stardm@xit.net</a></p>
<p>PO Box 510 Stratford, TX 79084 Phone: 806-366-5557</p> <p align="center"><b>Duncan Chevrolet</b> <a href="http://www.duncanchevrolet.com">www.duncanchevrolet.com</a> E-mail <a href="mailto:duncanch@xit.net">duncanch@xit.net</a> AN AMERICAN REVOLUTION</p>	<p align="center"><b>WALTER LASLEY &amp; SONS INC.</b> <b>THE Feedyard</b></p> <p align="center">Since 1953 753-4411</p>	<p align="center">THIS SPACE AVAILABLE CALL 366-5885 E-mail <a href="mailto:stardm@xit.net">stardm@xit.net</a> Fax: 366-5884</p>



It Pays To Look In The

# Star Classifieds

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## Houses for Sale

Newly renovated. Move-in-ready, 2500 sq. ft., 4 b/r, 3 bath, 2 living areas, 1 car garage and 2 car carport. 602 N. 4th. Large corner lot, nice neighborhood, in-ground storm shelter, \$139,000. Lots of extras. Call for appointment 806-753-7411.

## Help Wanted

Coldwater Manor in Stratford, TX is now taking applications for RN's and LVN's. If interested please come by 1111 Beaver road, Stratford, TX EOE 1-1-8 1-15 1-22 4 issues

Cimarron Feeders is accepting applications for the following positions:

- \*Feed Mill Maintenance Team Member
- \*Mill Laborer
- \*Mechanic

17 miles S. Keyes, OK on HWY 171

15 miles N. of Stratford, TX on HWY 287

Then right 5 miles on HWT 171

Apply in person: M-F 8a.m-3p.m. or call (580) 543-6383

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Medical, Dental & Vision insurance as well as 401 K and paid time off. Pre-employment drug screen required. EOE M/F

JBS Five Rivers Cattle Feeding is an equal opportunity Employer

11-6-tfn

## For Sale

Top quality BMR haygrazer in round bales. Also, clean milo stubble in round bales. Can deliver or load on your trailer. Call 806-685-5453 2x's 1-1 & 1-8

## For Rent

Close to school, nice 2BR, 1 bath apartment. Furnished with stove and fridge, CHA. No pets. Tenant pays electric and water. \$550 month on 6 month lease. Call 806-244-3418 or go to westtexrentals.com to see and send in application. 1-8-tfn

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## PUBLIC NOTICE

A hearing for public discussion of the 2013-2014 Texas Academic Performance Report for Texhoma Independent School District will be held at the regularly scheduled board of directors meeting. The meeting will be held on January 21, 2015 at 6:30 p.m. in the superintendent's office at 4<sup>th</sup> and Denver Texhoma, TX 73960

## FOOD

### Modern Farming: Technology Helps Keep Food on the Table

NewsUSA

(NU) - From farm to table, much about food production has changed—for both farmers and consumers. Like any other business, farmers must adapt to a changing world—one that will see its population grow to 9.6 billion by 2050. With finite resources, it will take innovation and a variety of technologies to meet the world's food demand. This includes using new technologies like biotechnology (also referred to as genetic engineering), which can help produce more food on the same amount of land, without having to destroy wildlife habitats.



Producing more food with fewer resources is important to consumers.

A 2014 study by the International Food Information Council (IFIC), "Consumer Perceptions of Food Technology," shows that more than seven in 10 consumers agree that modern agriculture—conventional farming using today's modern tools and equipment—can be sustainable and produce high-quality, nutritious foods. The survey also underscored that two-thirds (66 percent) of respondents say it is important that their food be produced in a sustainable way, including producing food affordably with the same or fewer resources, in a way that is better for the environment.

"When consumers understand the potential benefits that technology in food production can have for both people and the planet, they can get behind it," said Marianne Smith Edge, MS, RD, LD, FADA, and senior vice president of Nutrition and Food Safety at IFIC. "People need to know what's in it for them." To this point, of consumers who ranked these factors of sustainability as important, most believe there is a

role for biotechnology:

- Ensuring a sufficient food supply for a growing global population
- Producing more food with fewer natural resources
- Conserving the natural habitat
- Reducing carbon footprint

To address increasing interest in how our food is produced, IFIC Foundation provides a glimpse of modern agriculture in its new animated video, "Your Food, Farm to Table," showing how farmers in the U.S. and globally are working to produce our food year-round, including using technology to safely produce more food, while putting less stress on our natural resources. With more "precise" information at their fingertips, farmers can be more selective with supplies and resources such as fertilizers, pesticides, tractors and other fuel-run equipment, and irrigation water. As a result, they can reduce carbon dioxide (CO<sub>2</sub>) emissions, pesticide applications, soil erosion and water run-off—in turn, improving sustainability.

To view the video and find out more about biotechnology's role in producing food efficiently and sustainably, visit [www.foodinsight.org/farm4thought](http://www.foodinsight.org/farm4thought).

## HEALTH

### 5 Important Tips for Choosing a Medicare Health Plan

NewsUSA



Make sure you know what to do when choosing a Medicare health plan.

(NU) - As baby boomers retire in record numbers—10,000 Americans a day—more seniors than ever will be asking themselves, "How do I choose a Medicare health plan that's right for me?"

"Seniors should look for a high-quality health plan that has a team of doctors and specialists, who work together to coordinate your care and keep you healthy," said Patrick Courmeya, M.D., medical director, Kaiser Permanente Medicare Health Plans.

Dr. Courmeya offers these five important tips to help older adults make an informed decision for a healthy future:

**1. Know when to enroll.** Anyone who first becomes eligible for Medicare as they turn 65 can enroll during the three-month period before or after their 65th birthday. Those who choose to enroll after this window of time may pay a late-enrollment penalty. Medicare-eligible members may join or change plans during open enrollment from Oct. 15 to Dec. 7 each year, or they can join a Medicare five-star quality-rated plan nearly all year long. See tip four for star ratings details.

**2. Know the difference between Medicare and Medicare Advantage.** Medicare is the national health insurance program that began in 1965 and covers millions of Americans who are 65 and older,

and those with certain disabilities. Medicare Advantage plans are offered by private organizations and approved by Medicare. Some Medicare Advantage plans offer extra benefits such as vision. Enrollment trends show that nearly one in three people who have Medicare are enrolled in a Medicare Advantage plan.

**3. Confirm health plan doctors accept new Medicare members.** Choose a Medicare health plan that offers a network of doctors and specialists who accept new Medicare members. Some physicians are opting out of caring for Medicare members. Also, keep in mind, as Medicare members age, they may need access to more specialists who accept Medicare members.

**4. Use the Medicare 5-star Quality Ratings Tool.** The Medicare Star Quality Ratings sys-

tem was created by the Centers for Medicare & Medicaid Services to help beneficiaries choose high-quality Medicare health plans. Plans receive an overall rating from one to five stars, with five being the highest for quality and service. Medicare members have the benefit of joining a five-star plan nearly all year—from Dec. 8 through Nov. 30 of the next year. They must be eligible and live where a five-star plan is offered.

**5. Review your health care needs annually.** A Kaiser Family Foundation survey found that many beneficiaries—once enrolled in a Medicare health plan—don't often feel confident they made the right choice, and don't review their plan if their health care needs change. Medicare enrollees can use the Medicare star ratings to help them feel confident about choosing a high-quality plan.

The Kaiser Permanente Medicare health plans in California, Colorado, Hawaii, Maryland, Oregon, Virginia, Washington and Washington, D.C., received 5 stars—the highest possible Medicare rating for 2015. Kaiser Permanente's Georgia plan received 4.5 stars for 2015.

Star ratings information can be found on [kp.org/medicarestars](http://kp.org/medicarestars) or by calling 1-877-425-7892. Plans are rated each year and may change from one year to the next.

## Stratford Youth Busy Before Christmas Break

Stratford Youth has been very busy before Christmas break competing in area Jackpots preparing for the Major Stock Show Season around the corner.

Participants Kaytly Clift, Morgan Clift, and Ellie Clift kicked off Jackpot season on December 6th at the Winterfest Extravaganza Swine Jackpot in Dumas. Kaytly placed 3rd with her Hamp barrow and 3rd with her Spot barrow. Morgan placed 1st with her Chester barrow in the WOPB class and was also Breed Champion, she also placed 4th with her cross barrow. Ellie placed 2nd with a Landrace barrow in the WOPB class. They all competed in showmanship and Kaytly received Reserve Showman in her age division.

On December 13th they competed at the Spearman FFA Jackpot. Kaytly Clift placed 3rd with her Chester Gilt. Morgan placed 2nd with her Chester barrow and 6th with her Poland barrow. Ellie placed 5th with her Landrace barrow and 3rd with her Berkshire Gilt. They also competed in showmanship.

On December 20th they headed south to the Black and Gold Jackpot in Levelland. This was a two day show with two judges that had 640 barrows and gilts on Day 1 and 545 barrows and gilts on Day 2.

Day 1, Kaytly had 2nd place Chester Gilt, 5th place Landrace barrow, and 7th place spot barrow. Morgan had 6th place Berk Gilt, 1st place and Reserve Breed with her Chester Barrow, and 2nd place with her Poland barrow. They also competed in Showmanship.

Day 2, Kaytly had 2nd place Chester Gilt, and 4th with her Poland barrow. Morgan placed 15th with her Chester barrow and 3rd with her Landrace barrow.

Now they are preparing for the County Stock Show in January as well as the Major Stock Shows in February and March (Fort Worth, San Angelo, San Antonio, Houston and Austin).



This group of Kids brought back to Stratford a total of 8 banners and 7 buckles from the Black & Gold Classic in Levelland. Raeleigh Willborn, Kaytly, Morgan and Ellie Clift. Trever, Makenzie and Addison Bell.



Breed Champion Duroc Gilt-Black & Gold Classic Levelland with Judge Kane Causemaker. This is also the Breed Champion Duroc at Spearman FFA Jackpot



Kaytly and Morgan Clift-Morgan had the Reserve Chester Barrow at Levelland Black & Gold



Reserve Breed Champion Spot Barrow-Black and Gold Classic Levelland



Breed Champion Duroc-Spearman FFA Jackpot.



Reserve Breed Champion York Barrow-Black and Gold Classic Levelland



Trever Bell Reserve Breed Champion Berkshire Barrow. Bred and raised by Raeleigh Willborn



Reserve Breed Champion Hampshire Gilt-Black & gold Classic Levelland-This is also the Breed Champion Hampshire at Dumas Winter Extravaganza.



Raeleigh Willborn competed in Kansas City, MO at the American Royal where she received Reserve Breed Champion Spot Gilt honors.



Raeleigh with her Reserve Breed Champion York Barrow-She also was top 10 in Showmanship out of over 60 showmen from around the country. The ANLS is a show open to anyone in the United States. The Vision statement of the Arizona National is "To provide the premier national livestock show experience while showcasing Arizona and young leaders"