

Melvin Mitts 06/16 PO Box 523 Stratford, TX 79084

### 75 cents

Published for over 100 years in Stratford, Sherman County, Texas 79084 usps 523 Number 34 August 20, 2015

The Stratford Star



# **Hogman Golf Tournament Winners**

Winners of the Hogman Scholarship Tourney were-left to right: Conner Vincent, Marcus Lavake, Richard Chumley, Clint Vincent and Rhea Chumley. Tournament was held the weekend of July 25<sup>th</sup>, 2015 Congratulations!!

Amarillo, Tri-State Fair entries are due in the office by Thursday, August 20<sup>th</sup> by 5:00 p.m. Please call Alexa or come by for more information.

## Happenings at SCOT

Scot Board Meeting 4:00 p.m. Monday, August 24th. Scot Luncheon 12 noon Thursday, August 27th

Stratford High School Students can pick up schedules as following: Freshman Thursday, August 20- 9-11 Sophomores Thursday, August 20- 1-3 Juniors-Friday, August 21- 9-11 Seniors Friday, August 21- 1-3

### NOTICE OF DEADLINE TO FILE APPLICATIONS FOR PLACE ON THE BALLOT

Notice is hereby given that applications for a place on the City of Stratford regular/special election ballot may be filed July 27, 2015 thru August 24, 2015 during the office hours of 8:00 am to 5:00 pm. You may file applications in person at City Hall, 518 N. 3rd Street, Stratford, Texas. Expiring two-year terms are: Greg Wright, Ann Johnson

and Diana Frittz. Holdover members are Ricky Reed, Joe Zak and James Lutes.

### NOTICE OF DEADLINE TO FILE APPLICATIONS FOR PLACE ON THE BALLOT

Notice is hereby given that application for a place on the Stratford Independent School District Regular election ballot may be filed July 27, 2015 thru August 24, 2015. Office Hours: 8:00 AM - 4:00 PM Monday - Friday, August 24th office hours 8:00 AM - 5 PM. You may file applications in person at Stratford ISD Administration Office, 503 N Street, Stratford, TX.

Board members whose terms will expire are Brad McBryde, Michelle Lutes and Dan Law unexpired term Tres Hess. Holdover members are Walt Berry, Tim Hudson, and Jo Hinds.

# SCOT to Offer Yoga for Life

Yoga for Life: This modified non-traditional yoga class is perfect for seniors, cancer patients, individuals who are overweight, suffering from arthritis, recovering from knee, hip or shoulder

## Imagine that at The Imagination Station

#### By Gaynelle Riffe

The Imagination Station is preparing for the "Whale of a Sale" to be held, September 11, 12. Special items at this point are a large lot of yarn, 6 upholstered chairs, table & 6 caster chairs, entertainment center, queen bed, decorator pillows(some new), a special section for new items and very nice decorator items.

Planning for "Goose Bump? Spook house 29thOctober, "President? Exhibit in November and Breakfast with Santa December 5.

# Travel to Hawaii?

A SCOT covered lunch "Luau", Thursday, August 27. Roast a pig or bake a chicken? Coconut, Pineapple, Rice and Nuts?

Come share the fellowship with Sherman County Older Texans. (If you get a seniors discount at the movies or the motel you are eligible)

### NOTICE

#### **REMINDERS**:

- you as the property owner, are responsible for mowing your property in the alley. Weeds and grass becomes a hazard when left uncut. Please check your alley and maintain as necessary.
- the alleys must be kept clear of trash and debris at all times and the parking of vehicles and/or the storage of items are not allowed in the alleyways at any time per City Ordinance.
- you must present a current utility bill to the attendant before being allowed to take items to the Recycle Center

Thank you for your immediate attention concerning these matters.

City of Stratford Code Enforcement and Recycle Department

# Stratford Youth Sports 2015 Soccer Season

We Need Parents to Coach 3 age Groups: 4-5 Years Old, (Children be a by children 6-8 Years Old, 9-12 Years Old

Check for sign-up forms at the back to school night at the school

Please Call: Bryan Clift (806)679-9421 Brandy Scott (620)424-7282 Lupe Duran (806-268-0755 Please Check our Facebook for more info. www.facebook.com/ stratfordyouthsports

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# A Medical Benefit Account for Cece Yelek has been set up at Happy State Bank

A Medical Benefit Account for David Acosta has been set up at Happy State Bank

surgery or just plain flexibly challenged! The entire class is done seated in a chair or with the support of the chair. Yoga "eggs" and straps are used to modify poses according to each individual's needs. Doctor approval is recommended for your personal safety. Regular class price \$5, Senior citizen price \$2, S.C.O.T. Members price \$1. Classes to be taught by Erin Gerrond. Lessons will start Tuesday Sept. 1at 9:15 until 10:00 a.m.

### Back to School Hamburger Supper

Stratford ISD Board of Trustees and Administration would like to invite you to our Annual Back to School Hamburger Supper. The supper is free to the public. We will serve hamburgers, chips, and tea. The supper will be held in the High School Cafeteria on Friday, August 21, 2015 from 5:30 pm to 7:30 pm. Come join us!

### Stratford Schools Open House

Stratford ISD invites you to come by each campus and meet and greet our employees. Open House is on Friday, August 21, 2015. Be sure to join us in the High School Cafeteria for the Annual Back to School Hamburger Supper during your visit! The schedule is as follows:

Mary AllenElementary 5:30 pm-6:30 pmJunior High6:00 pm-7:00 pmHigh School6:30 pm-7:30 pm

#### 5th Annual Stratford Community Tailgate Party and Dance Saturday, September 12, 2015 Stratford Country Club

No entry fee - Cash prizes for top three entries Cook Applications are available at extension office. You provide all items you need for cooking your item, equipment you need for set up, electricity, etc.

Meal - 7:00 PM Dance - 8:00 PM - 11:00 PM

Bring your lawn chair and enjoy an evening of food, fun and fellowship!

All proceeds go to Sherman County Livestock Association

Any questions call: Dinah – 806-753-7053, Larry – 806-930-0588, or James – 806-672-4291

\*\* All **2016 Sherman County Livestock Exhibitors** are required to sell 3 tickets. Tickets can be picked up at the extension office. Exhibitors will be charged \$45 for not selling tickets.\*\*\*

# Sugarcane aphids reach Texas Panhandle

Differentiating from yellow sugarcane aphid will be key for producers

It's official, the sugarcane aphid has been found in the Texas Panhandle this year, but how widespread it is remains uncertain at this time, according to a Texas A&M AgriLife Extension Service specialist. Entomologist Dr. Ed Bynum said he has confirmed aphids found in Ochiltree County by AgriLife Extension agents Scott Strawn and J.R. Sprague are the sugarcane aphid, not the yellow sugarcane aphid.. Additionally, they have been found in Carson and Donley counties.

"This is the first confirmed infestation this year in the Texas Panhandle," Bynum said. "The infestation in Ochiltree was only in a localized area in the field and was below the treatment threshold. But we found at least one field in Donley County with levels above the treatment threshold, and we are getting more calls from other concerned producers. We will continue checking fields throughout the week."

Bynum said the critical thing for producers at this time is to realize they need to have an active scouting program to determine which aphid they have and manage accordingly.

Updated information about the sugarcane aphid distribution, scouting procedures, treatment thresholds, insecticides and management options with other pests can be found at <u>http://www.txscan.blogspot.com</u> and <u>http://www.texasinsects.org/sorghum.html</u>.

"Initially, all fields will not be infested, but I'm concerned that we will be dealing with the sugarcane aphid infestations all across the Texas Panhandle. "Since this is the first year for us to have the sugarcane aphid in damaging infestations, we are unsure of what to expect and how best to manage it," he said. "What has been learned in southeast Texas, where sugarcane aphids have been a pest since 2013, is how to identify the aphid and thoroughly scout fields. "If you find aphids in your field that are unfamiliar to you, collect a sample to be taken to the AgriLife Extension office or contact your county agent to collect a sample for species identification," Bynum said.

Two weeks ago, sugarcane aphid infestations were confirmed at treatable levels in Floyd, Crosby and Lubbock counties. Also, infestations have been confirmed in Dawson, Hale, Hockley, Lamb, Swisher and Terry counties, he said. Depending on when a field is infested, sugarcane aphids can reach damaging levels in five to 14 days. "What has become evident is that there is confusion between these two aphids," Bynum said. "It is important to know how to identify each of these pests because the insecticides and management options are different for the sugarcane aphid and the yellow sugarcane aphid." He said another concern he has been hearing is what to do when there are other pest infestations in the field as well. "Our AgriLife Extension entomologists' recommendations are to deal with the pest at the time that will limit yield the most and deal with other pests as they become an issue," he said. Writer: Kay Ledbetter, 806-677-5608, skledbefter(dag.tamu.edu

Contact: Dr. Ed Bynum, 806-677-5600, ebynurn(ag.tamu.edu OR Alexa Reed, Sherman CEA Ag/NR, 806-366-2081, a1exa.reed(ag.tamu.edu

The Tasmanian Tiger went into extinction in the year 1936. This animal is regarded to have been the largest carnivorous marsupial in the modern day and age. It was a native of Australia and New Guinea.

# Heavy grasshopper infestations warrant treatment

Farmers and homeowners alike are battling against a heavy infestation of grasshoppers in the High Plains and without treatment they could double in size, numbers and amount of damage.

They are covering up green vegetation across the High Plains and are moving south.

Dr. Ed Bynum, Texas A&M AgriLife Extension Service entomologist in Amarillo said, "If you have been out any at all you already know that they are everywhere." Bynum said there's a wide assortment of grasshopper species present. The egg hatch typically ends by late June, but the nymphs will be molting four to five more times and will become adults over the next 40 to 60 days. And that's when the real damage will begin, he said. "Right now the pastures, Conservation Reserve Program fields, grasses and ditches still have a lot of green plants for the grasshoppers to feed on, which keeps them out of the field crops in large numbers."

With warm, humid weather, grasshoppers can become infected and die from a naturally occurring entomopathogenic fungus, Bynum said. Infected grasshoppers move to the top of a plant and die in a characteristic pose, with the front and middle legs grasping the object and the hind legs extended out. He warned, however, it is more likely they won't be affected by this virus in the High Plains and will continue to grow and become more difficult to control.

AgriLife Extension publications recommend control measures begin while grasshoppers are still young nymphs and to treat along the hatching sites - roadsides, fencerows, etc. Treating now can mean fewer acres need to be treated, requiring less insecticide, and excessive crop damage might be prevented, Bynum said. Also, the nymphal stage grasshoppers are not able to fly and are more susceptible to insecticides than are the larger nymphs and adults. "But, if you are the only one treating, then your acreage may be re-infested and overrun when grasshoppers can fly and migrate," he said. "The ideal situation would be to coordinate an area-wide spray program among producers within and across counties." To control the grasshoppers, Bynum said insecticide sprays and baits are the primary options. Baits are effective, but limited to those grasshoppers it attracts. Insecticide sprays can be used for larger acreage and are more economical. Canola oil added to the insecticide spray has been shown to improve control by making the treated plants more attractive to the grasshoppers.

He said there are numerous organophosphate, pyrethroid and other classes of insecticides labeled for grasshopper control in field crops. Primarily the pyrethroids will be labeled for urban/homeowner use. Sevin products with carbaryl also are labeled for use by homeowners and in urban landscapes. Each product is labeled for specific crops or non-cropland usage and should be consulted before use, Bynum said. Another insecticide labeled for select crops and non-cropland areas is Dimilin 2L, a bio-insecticide. This product is an insect growth regulator that interferes with grasshopper nymphs ability to molt to the next life stage, he said. "Since adults do not molt, this product is only effective against the small to medium sized immature grasshoppers," Bynum said. "But it does have a long residual activity."

Two other products with a new chemistry insecticide are Besiege and Prevathon. These products contain the insecticide chlorantraniliprole, which provides good control of grasshoppers. Prevathon only has this insecticide as its active ingredient, but Besiege is a chemical mixture of chlorantraniliprole with a pyrethroid insecticide. Both products are labeled for use in several crops and for range, pasture, and forage and silage production of grass, Bynum said. "But, neither of these products are labeled for use in non-cropland areas, so that means that homeowners do not have them as an option," he said. Bynum warned all chemicals have restrictions, so it is important to read the labels before use.

Writer: Kay Ledbetter, 806-677-5608, skledbetter@ag.tamu.edu Contact: Dr. Ed Bynum, 806-677-5600, ebynum@ag.tamu.edu Alexa Reed, 806-366-2081, alexa.reed@ag.tamu.edu



(NAPS)—Research has shown that combining medication with psychosocial support is a comprehensive way to help patients try to beat their addiction, and including medication with psychosocial support is now considered the optimal evidenced-based approach. For more on opioid dependence and its treatment, visit www.recovery ispossible.com.



### Thursday, August 27, 2015 — Sale Time: 9:30 a.m.

AUCTION

LOCATED: 14233 FM 119 Road Stratford, Texas 79084. From Stratford, Texas: 14 Miles East on Highway 15 then 1 Mile North. Or From Texhoma, Oklahoma: 2 Miles Southwest on Highway 54 then 9½ Miles South on Highway 119 Then 1 Mile West. For Info Telephone: Five Star Auctioneers: Jim Sumners (806 864-3611 or Cris Ingram (806) 265-265-7646

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The Christopher & Dana Reeve Foundation created The Big Idea campaign to raise funds for research into epidural stimulation of the spinal cord, which has already helped four men living with spinal cord injury to move voluntarily. To learn how to help, visit www.reevebigidea.org and www.ChristopherReeve.org or call (800) 225-0292.

<ul> <li>-TRACTORS —</li> <li>1—2004 J.D. 7820 2WD Dsl. Tractor, Cab, A/C, Htr., 16Sp. Power/Quad Trans., Radio, 3pt., 3 Hyd., Wts. (Only 1142 Hrs) Quick Hitch 480/30R42 Rubber, Duals (Brown Box Guid- ance) S.N. R018066</li> <li>1—1990 J.D. 4955 M.F.W.D. Dsl. Tractor, Cab, A/C, Htr., Radio, P/S Trans., 3pt., 3 Hyd., Wts., Q.H., 380/85R30 Front Rubber, 480/80R42 Rubber, Duals, S.N. 3902</li> <li>1—1985 J.D. 4850 M.F.W.D. Dsl. Tractor, Cab,</li> </ul>	<ul> <li>A/C, Htr., Radio, P/S, 3pt., 3 Hyd., Wts., Q.H., 149R30 Front Rubber, 480/80R42 Rubber, Duals S.N. 8087</li> <li>1—1978 J.D. 4440 Dsl. Tractor, Cab, A/C, Htr., Radio, Q/R Trans. 3pt., 2 Hyd., Wts., 18.4x38 Rubber, Duals (12,931 Hrs) S.N. 3753</li> <li>ROAD GRADER, DOZER, TRUCKS, PICKUPS, BLAZER, CAR, STOCK TRAILERS, TRAILERS, TANKS, TRAVEL</li> </ul>	TRAILER, GRILL, SEED DER, FARM EQUIP., FR DOZER BLADESPIPE, SPRAYERS, OIL VAC LIVESTOCK EQUIPMEN WHEELERS, GENERAT RIGATION SHOP EQUIP PARTS, NON CLASSIFI Note: Any Announcement Sale Day Take
JIM SUMNERS(806) 864-3611 Owner (10006) (HOME)	Five Star A	
JIMMY REEVES(806) 864-3362 Owner (HOME) DONNA NOEL	ANSWERING SERVICE: (806) 296-0379 — P.O. I Terms of Sale: Cash, Personal or Business Check, Cashier's All Accounts Settled Day of Sale — If You Have Not Establish We Must Have a Copy of Your Texas Ag and Timber (Non-Texas Residents Must Also Provid	Check — NOTE: Please Bring Your Own Ch ed Yourself With Our Company, Please Bring I r Number on File or Sales Tax Will be Charged te a Texas Ag and Timber Number)
Wts., Q.H., 380/85R30 Front Rubber, 480/80R42 Rubber, Duals, S.N. 3902         1—1985 J.D. 4850 M.F.W.D. Dsl. Tractor, Cab,         JIM SUMNERS	CAR, STÓCK TRAILERS, TRAILERS, TANKS, TRAVEL	RIGATION SHOP PARTS, NON CL. Note: Any Announcement Sa UCLIONEERS.COM BOX 1030 — PLAINVIEW & Check — NOTE: Please Bring & Check — NO



Aurochs was a species of large cattle. It is recorded to have gone into extinction in 1627. It is believed that this cattle originated in India, and migrated to the Middle East, finally reaching as far as Europe.



- E-Mail: <u>stardm@xit.net</u> The Stratford Star is published weekly Editor & Publisher Martha Robertson Advertising & Photographer Shari Hudson Subscription rates \$33.00 per year in Sherman & Adjoining counties \$40.00 per year all others
- S27.00 per (9 months) College rate The Stratford Star-PO Box 8-Stratford, TX 79084 Periodicals postage paid at Stratford, TX POSTMASTER: Send address changes to Stratford Star, PO Box 8-Stratford, TX 79084

## Mitchell Theaters Northridge 8 Guymon, OK

www.northridge8.com 580-338-3281 Southgate 6 Liberal, Kansas www.southgate6.com 620-624-5573 Garden City, Kansas www.sequoyah8.com 620-275-2760 Eyelashes help to keep dirt out of eyes and eyebrows help to keep perspiration from running into eyes.

# Attention to all subscribers!! Rate change

The Stratford Star is no longer sending out notices when your paper is due. Check the label on the paper and see what month your subscription expires. <u>I will be putting "Stars" on the current</u> <u>month"</u> If you have a Star on your label it <u>means that your sub expires that month.</u> If you are not sure the amount you owe if you live out of the area call 753-7373 and double check. Locally is \$33.00 and out of the area \$40.00. If you are paying for someone else's sub, you will be billed for that person. The Stratford Star, PO Box 8, Stratford, TX 79084 Thanks-Marty Humor is the great thing, the saving thing. The minute it crops up, all our irritation and resentments slip away, and a sunny spirit takes their place.

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-Mark Twain

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RAILER

## Deadline for The Stratford Star

Deadline for Stratford Star items. Photos by Sundays at 4 p.m. Letters to Editor 9 a.m. on Mondays (typed) and all other articles and ads at 10 a.m. on Mondays. (PLEASE) Thank you

# Pursuit of happiness- Finding the Path

"God grant me the serenity to accept the things I cannot change. Courage to change the things I can. And the wisdom to know the difference." These lines from The Serenity Prayer inspired me with a common sense perspective for pursuing happiness. I'm learning to focus on those things I CAN change. If I am feeling down or unhappy, that means I need to change something or the way I look at something. Is unhappiness a choice? Digging deep I identified and examined the roots of most common sources of unhappiness. Job? Education? Living conditions? Significant Other? Other people? Friends? Situations? Finances? Children? Poor self-image? Poor health? If I am unhappy about places, and things, those I can change. Being overweight or underweight I can change. Spiritual deficit I can change. This perspective does not mean run away from every problem. I use prayer and supplication and ask God to teach me to differentiate between what he wants me to change and what he wants to change in me.

On the opposite side of that, I don't allow things I cannot change to steal my joy? We all know life is full of toil and trouble. Problems are in our lives to build spiritual muscle. The Bible calls them tribulations. We are instructed to continuously discuss ALL our problems with our Heavenly Father. By the way, this is the exact opposite of worry. For me this means I pray, talk to God every time a problem crosses my mind. Not because I think God didn't hear me the first time. But the repetition of prayer about a problem reminds me that I've already spoken to him about it and he's taking care of it. He's handling it. Not me. It's out of my hands. I've come to the realization that in the grand scheme of life, most of my continuous cycle of earthly problems are of little real consequence. Often before they are resolved, I start thanking God for handling them for me. Spending time in thanksgiving often leads me down a lane of memories lined with God's graciousness. I recall many instances where he intervened or revealed himself in the problem, or strengthened me to endure the problem, or oftentimes he resolved the problem. I use a three step resolution process I call the three 'P's. I have a problem. Pray about the problem. Find peace in

Just like the prodigal son, my search for happiness through irresponsible choices led me to despair. I too, remembered my wealthy father. I lifted up my head from the pig trough, turned my eyes toward heaven and my patient, loving, kind, and forgiving Father in heaven, gathered me in his arms and welcomed me home.

Since that spiritual awakening, I still pursue happiness. But my gateway to everlasting peace is through pleasing my Heavenly Father. If I delight in The Lord, he promises to give me the desires of my heart. He commanded me to love him with all my heart. Thus, the desires of my heart are to build heavenly treasures. If I abide in him, like a branch on a vine, he promises I will produce much fruit. Abiding in him means He is my source for everything. My every want, need, and desire is rooted in The Vine. According to John 15:78 he is glorified when I produce fruit. My heart's desire is to produce fruit for the kingdom of God.

My happiness is pursued through heart desires not head desires. Learning to love God with heart, mind, strength, and spirit refocuses my heart's desires around him. Using God as my epicenter, deep soul searching revealed that my hearts desires are pushed down beneath my unending list of wants. They are buried under silly frivolities and fascinations with earthy treasures. Through incessant, sincere, prayer they are resurfacing. The word desideratum describes an ardent longing, as for something lost--a yearning. I use this word to describe the desire to see my family and other loved ones in heaven. One of my deepest God given yearnings is to win souls and see them in Heaven. I desire to open my mouth boldly and make known the mystery of the gospel of salvation. I desire to see all my loved ones in heaven. I fantasize about standing in God's presence singing praises from the bottom of my soul or dancing with all of my strength for his pleasure. I desire to win the approval of the only one whose opinion really matters--My Heavenly Father. To see these heart's desires realized will bring indescribable happiness and unspeakable joy!!

Feedback welcome joniahhyssop@gmail.com.

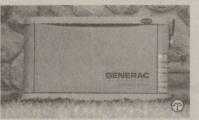
Meditation: How do I handle tribulations?

Psalm37:4 Romans 14:8 Ephesians 6:10-18 Ephesians 6:19 John 15:5-8 Philippians 4:6-7 Exodus 14:14 Romans 5:3 James 1:2-8 Psalm 23 Philippians 4:13 Romans 8:28 1 Peter 1:7-

### Five Steps To Help You Weather Summer Storm Season

(NAPS)—Properly preparing your home and family before the start of this year's summer and hurricane storm season will help you be ready for whatever Mother Nature sends your way. The following five tips can help you and your loved ones stay safe.

•Charge your electronics before the storm hits. No one can predict if the power will go out during or after a storm, so charge your cell phone, computer and other electronic devices in advance. Put new batteries in flashlights and have a backup case of



A backup generator can make a big difference to your home and family in a power outage.

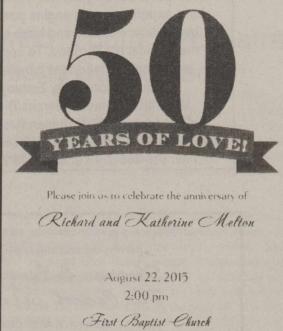
resistant garage doors and hurricane-proof windows to protect your home. Stratford Community Tailgate Party and Dance Saturday, September 12, 2015 Cook Application

### ALL APPLICATIONS ARE DUE TUESDAY, SEPTEMBER 8, 2015

JAME:	
DDRESS:	
HONE:	

EMAIL:

FOOD YOU WILL COOK: THE STRATFORD STAR Thursday, August 21, 2015 Page 3



702 N. Third Street Stratford, Tx RSVP to Desine at 806-930-2758 by August 17th

C. Po gifts please

batteries in a watertight container.

•Stock up on essentials. Having drinking water, three days of nonperishable food, extra batteries and waterproof emergency numbers on hand is a smart idea on its own and will come in extra handy if you can't leave your house or you have no power. If you have little ones, create an activity box full of games, cards and books to keep them busy—and yourself stress-free—during a storm.

• Remove all outdoor furniture prior to the storm. Patio furniture, plants, trash cans and children's toys can become airborne in high winds and damage your house. Put them in a garage or shed.

• Invest in hurricane-proof windows and garage doors. When hurricane winds blow, they can damage not only your windows, doors and roof, but also the actual structure of your home. Invest in wind-load and impact-

•Have a backup generator installed. Unlike portable generators, which are another great option to stay powered during summer storms, automatic home backup generators, like those from Generac, turn on automatically when the power goes out. And they don't require refueling, which could be a problem if local gas stations are also without power. Automatic standby generators remain on until power is returned, giving you and your family peace of mind and a sense of safety and security during severe storms and extended power outages

Preparing now, before a storm hits, is the best way to prevent damage, power outages and stress during hurricane and summer storm season.

Learn More For more facts and advice, visit www.Generac.com or call (888) GENERAC. AMOUNT:

WHAT TIME YOU WILL NEED TO SET UP:

SIZE OF SPACE NEEDED:

CASH PRIZE TO TOP 3 ENTRIES

**RETURN COMPLETED APPLICATION TO:** 

Larry Sims P.O. Box 422 STRATFORD, TEXAS 79084 806-930-0588 OR EMAIL TO: rooster\_sims@yahoo.com

# The Churches of Stratford Welcome You

This page sponsored by Stratford Grain 396-5541 Lautz 769-5541

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> Stratford Star 366-5885

Church of Christ Iglesia De Cristo Raymond Glendinning Juan Campos N. 3<sup>rd</sup> & Chestnut Sunday School 9:30 a.m. Morning Worship 10:30 a.m. Evening Worship 5:00 p.m. Wednesday Bible Study 7:00 p.m.

> Heritage Bible Baptist Pastor Mark Looney 302 S. Main For more info-call 396-2212 Morning worship 11:00 a.m. Evening Service 6 p.m. Thurs. Service 7:00 p.m.

Eben-Ezer Templo Hispano Asambleas De Dios Pastor: Juan M. Valenzuela 806-366-3071 205 N. Poplar-Hwy 287 268-2188 Escuela Dominical 10 a.m. - 12 noon Servicio De Adoracion 5 p.m.-7 p.m. Miercoles: Servicio De Adoracion 6-8 p.m.

> Kerrick Community Pastor Roy Harris Community Building 10 a.m. Worship Service

La Mision Bautista Mision Bautista 401 S. Wall 396-5376 Domingo (Sunday) Estuela Dominical 9:45 a.m. Miercoles (Wednesday) Servicio De Adoration 11 a.m. Estudio Biblico & Servicio De Oraction 6 p.m. Servicio De Adoration 6 p.m. se Cuidamos Susuinos Durante El Servicio

First Assembly of God Kevin Anderson, Pastor 921 Fulton Sunday School 9:45 a.m. Morning Worship 10:45 a.m. Evening Worship 6:00 p.m. Wed. Bible Study 6:30 p.m.

First Christian Church Pastor Gary Smith 5<sup>th</sup> & Main Sunday School 9:45 a.m. (nursery) Morning Worship 10:45 a.m. (nursery) No Sunday evening Worship Service

First United Methodist Rev. Steve Ulrey 396-2178 520 N. Main Sunday School 9:20 a.m. Morning Worship 10:30 a.m. Junior & Senior High UMY 6:00 p.m.

St. Joseph Catholic Church 6<sup>th</sup> & Pearl Rectory 366-5687 Sunday morning 8:00 a.m. (English) 9:30 (Spanish) Sacrament of Reconciliation Before Mass or t. Christian Formation Classes K-6 Grade Wed. Afternoon Jr. & Sr. High. Wed. 6:30-8:30 p.m.

First Baptist Church Pastor Ron Whitt 702 N. 3<sup>rd</sup> Sun.-Coffee 8:30 a.m. Sunday School 9:30 a.m. Worship Service 10:30 a.m. Wed. Children 6 p.m. youth 7 p.m.

> Warren Cat is seeking Service Technicians that have experience with engine powertrains, hydraulics, electrics and have a general mechanical background. To apply go to warrencat.com>current job openings. **Equal Opportunity Employer** Minorities/Women/Veterans/Disabled Gina Lawson, PHR Human Resources Generalist-WEC Office: 918-660-2321 Fax: 918-856-3749 or Cell: 918-284-7638

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 YARD & TREE SPRAYING DALHART PH. 249-4202 JIM STEVENSON BOX 192 DALHART, TEXAS



Offering Panhandle farmers quality, dry and liquid fertilizer and chemical, as well as ground and aerial application services.



### **Enjoy The Holidays Even More With** These Time And Money-Saving Tips

(NAPS)-More, more, more! While the holiday season should beckon a spirit of joy, it can become stressful with increased demands on our time and money. But holiday traditions don't have to exhaust our energy and financial resources. Sometimes, less is more. The experts at Grocery Outlet Bargain Market can help you trim time and money spending, so you can focus on what's more important.

**Tips For Saving Time** •Prioritize your commitments. The festivities are endless, but an overcommitted holiday calendar can bring out the Scrooge in anyone. Make a list of the holiday traditions that are most important to you and your family. Then cut the list in half and focus on the traditions that make you happy.

• Limit shopping time. Forget those aimless shopping excursions and schedule only one day to complete all your holiday gift shopping. Make a list and stick to one theme for all gifts to make it easier to choose. For example, everyone on your list gets a book, or a game, or a specialty food item.

•Make hostess duties easier. The experts at Grocery Outlet Bargain Market suggest asking your guests to contribute an appetizer, side dish or dessert to the big meal. You can focus on the turkey or ham and spend less time in the kitchen. To avoid lastminute hostess stress, set your table two days before with a nonperishable centerpiece. Include empty serving dishes and utensils, labeled according to intended foods, so your helpers can assemble the feast.



You can save time and money by planning meals that make the most of leftovers, such as this Turkey Pot Pie.

**Tips For Saving Money** 

• Give gifts from the heart. Reduce your gift budget with homemade treats and gifts of your time. Consider framed photos from your digital archives, children's artwork for grandparents, homemade cookies, or a coupon for petsitting.

• Start early. The earlier you start shopping, the more you can take advantage of sales and the less inclined you'll be to overspend out of desperation.

• Shop smart. Take inventory and shop your cupboards before you buy anything. Then, shop discount retailers first, such as Grocery Outlet, where you can find brand-name items for 40-70 percent less. Find the location nearest you at groceryoutlet.com.

•Utilize social media. Take advantage of offers on social media sites. For example, followers of Grocery Outlet's Facebook page (https://www.facebook.com/ GroceryOutletInc) get shopping tips and notice of sales not found elsewhere.

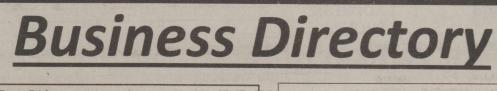
•Utilize leftovers. Save money and time by planning meals that make the most of leftovers, such as the following recipe.

#### Find something you love to do and you'll never have to work a day in your life.

\*\*\*

\*\*\*

-Harvey Mackay



**PO Box 510** Stratford, TX 79084 Phone: 806-366-5557

DUMAS

**Shari Hudson Photography** 

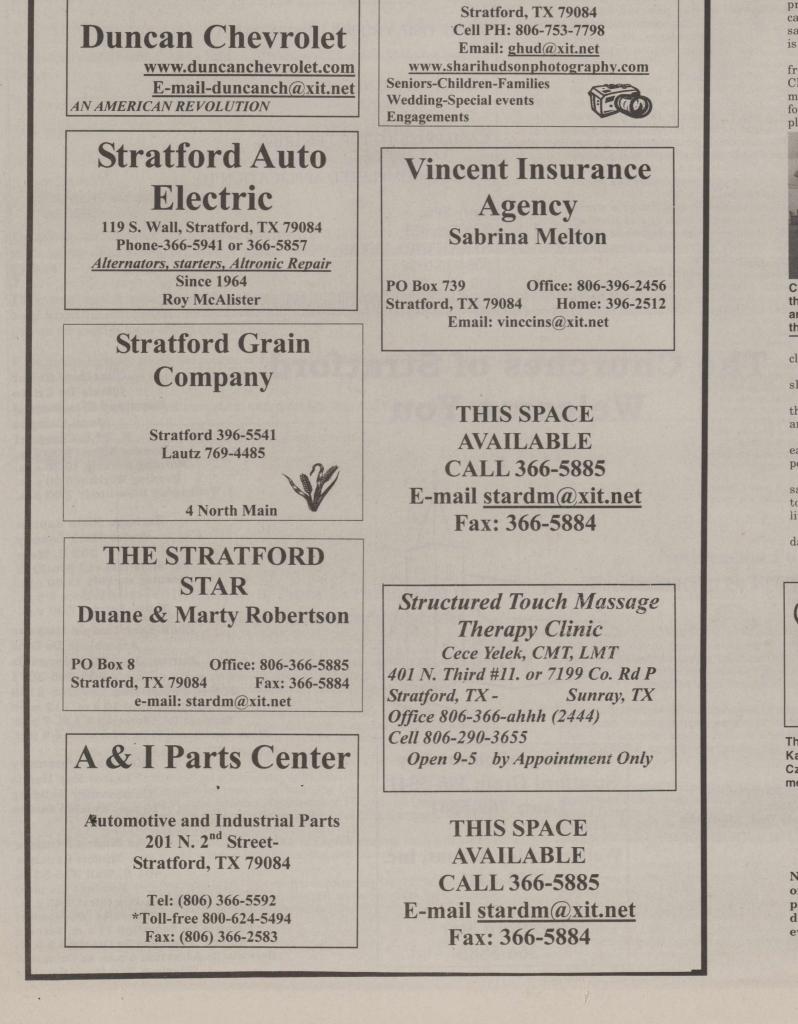
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CACTUS



### **Safety Tips For Those** With Alzheimer's

(NAPS)—There's helpful news for people with Alzheimer's disease and related dementias. There are



practical steps family caregivers can take to make an environment safer-whether that environment is a room or an entire home.

To help, here are some tips from the experts at Brookdale's Clare Bridge communities-communities purposefully designed for the safety and comfort of people living with Alzheimer's



Choosing contrasting colors for the floor, chairs and tables in an area can help to keep it safer for those with Alzheimer's.

• Minimize clutter and obstacles in the home.

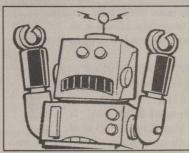
Make sure floors are not slippery.

• Choose contrasting colors for the floor, chairs and tables in an area.

•Use décor and furniture in each room to distinguish the purpose of the room.

Brookdale's experts believe a safe environment can contribute to the independence of a person living with Alzheimer's.

Visit Brookdale at www.brook dale.com or call 1-855-444-7658.



The word "robot" was created by Karel Capek. It came from the Czech word "robotovat," which means "to work very hard."

\*\*\* Never doubt that a small group of thoughtful, committed people can change the world. Indeed, it is the only thing that ever has.

> -Margaret Mead \*\*\*

#### Media Release for Free and Reduced-Price Meals Sample

*Texhoma ISD* announced its policy today for providing free and reduced-price meals for children served under the attached current income eligibility guidelines. Each school/site or the central office has a copy of the policy, which may be reviewed by anyone on request.

Starting on 8/7/2015 will begin distributing letters to the households of the children in the district about eligibility benefits and any actions households need to take to apply for these benefits. Applications also are available at *Texhoma ISD 402 Denver Street*, *Texhoma*, *TX 73960*.

#### **Criteria for Free and Reduced-Price Meal Benefits**

The following criteria will be used to determine a child's eligibility for free or reduced-price meal benefits:

#### Income

1. Household income that is at or below the income eligibility levels

Categorical or Automatic Eligibility

 Household receiving Supplemental Nutrition Assistance Program (SNAP), Temporary Assistance for Needy Families (TANF); or Food Distribution Program on Indian Reservations (FDPIR)

#### Program Participant

- 3. Child's status as a foster child, homeless, runaway, migrant, or displaced by a declared disaster
- 4. Child's enrollment in Head Start or Even Start

#### **Income Eligibility**

For those households that qualify for free or reduced-price meals based on income, an adult in the household must fill out free and reduced-price meal application and return it to *Lorena Whatley, Para Professional, 806-827-7400* Those individuals filling out the application will need to provide the following information:

- 1. Names of all household members
- 2. Amount, frequency, and source of current income for each household member
- Last 4 digits of the Social Security number of the adult household member who signs the application or, if the adult does not have a social security number, check the box for "No Social Security number"
- 4. Signature of an adult household member attesting that the information provided is correct

#### **Categorical or Program Eligibility**

Texhoma ISD is working with local agencies to identify all children who are categorically and program eligible. Texhoma ISD will notify the households of these children that they do not need to complete an application. Any household that does not receive a letter and feels it should have should contact Lorena Whatley, Para Professional, 806-827-7400.

Any household that wishes to decline benefits should contact Lorena Whatley, Para Professional, 806-827-7400.

Applications may be submitted anytime during the school year. The information households provide on the application will be used for the purpose of determining eligibility. Applications may also be verified by the school officials at any time during the school year.

#### **Determining Eligibility**

Under the provisions of the free and reduced-price meal policy, *Lorena Whatley, Para Professional, 806-827-7400* will review applications and determine eligibility. Households or guardians dissatisfied with the Reviewing Official's eligibility determination may wish to discuss the decision with the Reviewing Official on an informal basis. Households wishing to make a formal appeal for a hearing on the decision may make a request either orally or in writing to *Steve Lenz*,

## Amarillo Youth Orchestra Auditions Scheduled

AMARILLO, TEXAS - (August 18, 2015) - The Amarillo Symphony announces the return of the Amarillo Youth Orchestra program with three of the four ensemble's auditions scheduled August 31, 2015 to September 11, 2015. Auditions will be held at the Amarillo College Washington Street campus, Music Building.

Students interested in the Amarillo Youth Sinfonia, Philharmonic or Youth Symphony can register online at <u>www.amarillosymphony.org</u> and download music and requirements. Contact Irma Borup, education coordinator of the Amarillo Symphony, at 806-376-8782 to schedule an audition. Preparatory Strings students are only required to register and attend the first rehearsal of the year on Monday, September 14, 2015.

Rehearsals for the Youth Symphony and Youth Philharmonic will be held weekly at Amarillo College's Washington Street campus in the Music Building on Sundays from 2:00pm to 4:30pm. Weekly rehearsals for the Youth Preparatory Strings and Youth Sinfonia will be on Mondays from 4:30pm to 6:15pm in the same location.

The youth program announces new interim conductor, Dr. Guglielmo Manfredi, Amarillo Youth Symphony. Danica Ahedo returns as conductor of the Amarillo Youth Preparatory Strings and Fabian Saldaña returns as conductor of the Youth Philharmonic and the new conductor for the Amarillo Youth Sinfonia ensemble.

Ahedo is a graduate of Texas Tech University and is the director of orchestral activities at Caprock High School. Saldaña, also a Texas Tech graduate, heads orchestral activities at Bowie Middle School. Dr. Guglielmo Manfredi is a graduate from the West Texas A&M University and the University of Miami. Dr. Manfredi is currently the instructor of music at West Texas A&M University.

"The Amarillo Youth Orchestra program is gearing up for an exciting new season," said Borup. "We are welcoming some enthusiastic members to our AYO family, and our staff is working diligently to make our program even more accessible. Our mission is to provide an accessible opportunity for youth to engage themselves musically and to study and enhance their instrumental skills."

The Amarillo Symphony maintains the founding philosophy that any student, regardless of socio-economic status, will have the opportunity to study music and perform in an orchestra. For more information about joining the Amarillo Youth Orchestra, visit our website at <u>www.amarillosymphony.org</u> or call 806-376-8782.

Superintendent, PO Box 10080, Texhoma, TX 73960.

#### **Unexpected Circumstances**

If a household member becomes unemployed or if the household size increases, the household should contact the school. Such changes may make the children of the household eligible for benefits if the household's income falls at or below the attached current income eligibility guidelines.

The U.S Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint\_filing\_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the Information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax (202) 690-7442 or email at program.intake@usde.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish).USDA is an equal opportunity provider and employer.

Texas Department of Agriculture Chart | Income Eligibility (IEGs) May 7, 2015

#### Income Eligibility Guidelines for Determining Free and Reduced Price Benefits

Effective from July 1, 2015 to June 30, 2016

Family	Ann	ually	Mon	thly	Twice pe	er Month	Every Tw	vo Weeks	Weekly	
Size	Free	Reduced	Free	Reduced	Free	Reduced	Free	Reduced	Free	Reduced
1	\$15,301	\$21,775	\$1,276	\$1,813	\$638	\$908	\$589	\$838	\$295	\$419
2	\$20,709	\$29,471	\$1,726	\$2,456	\$863	\$1,228	\$797	\$1,134	\$399	\$567
3	\$26,117	\$37,167	\$2,177	\$3,098	\$1,089	\$1,549	\$1,005	\$1,430	\$503	\$715
4	\$31,525	\$44,863	\$2,628	\$3,739	\$1,314	\$1,870	\$1,213	\$1,726	\$607	\$863
5	\$36,933	\$52,559	\$3,078	\$4,380	\$1,539	\$2,190	\$1,421	\$2,022	\$711	\$1,011
6	\$42,341	\$60,255	\$3,529	\$5,022	\$1,765	\$2,511	\$1,629	\$2,318	\$815	\$1,159
7	\$47,749	\$67,951	\$3,980	\$5,663	\$1,990	\$2,832	\$1,837	\$2,614	\$919	\$1,307
8	\$53,157	\$75,647	\$4,430	\$6,304	\$2,215	\$3,152	\$2,045	\$2,910	\$1,023	\$1,455
9	\$58,565	\$83,343	\$4,881	\$6,946	\$2,441	\$3,473	\$2,253	\$3,206	\$1,127	\$1,603
10	\$63,973	\$91,039	\$5,332	\$7,588	\$2,667	\$3,794	\$2,461	\$3,502	\$1,231	\$1,751
11	\$69,381	\$98,735	\$5,783	\$8,230	\$2,893	\$4,115	\$2,669	\$3,798	\$1,335	\$1,899
12	\$74,789	\$106,431	\$6,234	\$8,872	\$3,119	\$4,436	\$2,877	\$4,094	\$1,439	\$2,047
For each a	dditional fami	ily member add				•	<b>.</b>			
	+ \$5,408	+ \$7,696	+ \$451	+ \$642	+ \$226	+ \$321	+ \$208	+ \$296	+ \$104	+ \$148

# **Protect Pets to Keep Your Whole Family Safe**

PETS

#### NewsUSA

(NU) - Playing outside isn't just for the kids. Pets love exploring the backyard as well, and while letting Fluffy and Fido out may cut down on fur balls on the carpet, they could be bringing unwanted guests back inside.

The National Pest Management Association (NPMA) reminds homeowners to thoroughly check pets' fur for fleas and ticks after they've been out in the yard or at the park. These pet pests are known to spread diseases to both animals and humans, and can easily infest homes.

Fleas are a very common problem for cats and dogs. Excessive scratching and red bumps can be signs that your pet has fleas. What makes this pest a problem is the ease with which they can transfer to carpets, couches and even humans. They are also difficult to find because of how small they are and how fast they move. Fleas are an itchy annoyance, but they can also cause flea allergy dermatitis and transfer tapeworms. Though rare, fleas can even transmit bubonic plague if they've fed on an infected rodent.

Ticks do not spread as quickly as fleas, but they are known to transfer multiple serious diseases to humans and animals. Lyme disease is one of the most common illnesses spread by ticks and is now seen in people and animals in most regions of the United States. Pets can also suffer from "tick



Take steps to keep your pet and your family free from fleas and ticks.

paralysis" if a female tick attaches near a pet's spinal cord.

It is important to look for signs of fleas and ticks, but pet owners can also prevent these pests with a few tips.

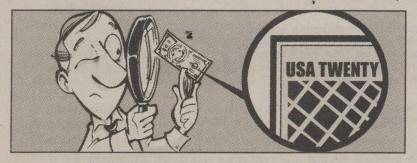
• Keep the lawn cut short, and gardens maintained. Fleas and ticks often hide in tall grass waiting for a host to walk by.

• Groom long-haired pets to prevent pests from latching on. Shorter hair is also easier to comb through to look for pests.

• Look out for skin irritations or changes in behavior that might signal an animal is sick.

• Talk with a veterinarian to see whether preventative medication is recommended for your pet.

If you suspect your home has an infestation of any type of pest, be sure to contact a licensed professional to identify and recommend a course of treatment. You can find a professional in your area by visiting www.PestWorld.org.



A security thread and microprinting were introduced to American currency in 1990 in order to deter counterfeiting by technologically advanced copiers and printers.



Roman statues were often made with detachable heads, so that one head could be removed and replaced with another.

#### Pets

(NU) - If your pet has flea problems, you may want to consider treating your it with an over-the-counter solution. For those pet owners seeking an alternative to topical flea medication, oral tablets such as Fast-Caps (nitenpyram), from the makers of PetArmor, may be the solution.

FastCaps contain nitenpyram, the same veterinarian-recommended active ingredient found in Capstar (nitenpyram), and begins working in 30 minutes to kill adult fleas on your pet. The fast-acting oral tablet, which can be found at discount retailers, works for dogs and cats that are two pounds or greater and four weeks of age or older.

To learn more about FastCaps, visit www.petarmor.com.

# **NOTICE OF 2015 TAX YEAR PROPOSED PROPERTY TAX RATE FOR**

المادهي التنبق المعماقين الالفيطلا الملام المارق

## SHERMAN COUNTY

A tax rate of \$0.508010 per \$100 valuation has been proposed by the governing body of SHERMAN COUNTY. This rate exceeds the lower of the effective or rollback tax rate, and state law requires that two public hearings be held by the governing body before adopting the proposed tax rate.

PROPOSED TAX RATE	\$0.508010 per \$100
PRECEDING YEAR'S TAX RATE	\$0.476960 per \$100
EFFECTIVE TAX RATE	\$0.498052 per \$100
ROLLBACK TAX RATE	\$0.537896 per \$100

The effective tax rate is the total tax rate needed to raise the same amount of property tax revenue for SHERMAN COUNTY from the same properties in both the 2014 tax year and the 2015 tax year.

The rollback tax rate is the highest tax rate that SHERMAN COUNTY may adopt before voters are entitled to petition for an election to limit the rate that may be approved to the rollback rate.

YOUR TAXES OWED UNDER ANY OF THE ABOVE RATES CAN BE CALCULATED AS FOLLOWS:

property tax amount = (rate) x (taxable value of your property) / 100

For assistance or detailed information about tax calculations, please contact:

Valerie McAlister Sherman County tax assessor-collector 701 N. 3rd St. 806-366-2150 valerie.mcalister@co.sherman.tx.us www.co.sherman.tx.us

You are urged to attend and express your views at the following public hearings on proposed tax rate:

First Hearing: 08/27/2015 8:30 AM at Sherman County Commissioners Courtroom Second Hearing: 09/04/2015 8:30 AM at Sherman County Commissioners Courtroom

Mour tipede White

### **Three Steps Toward Protecting Young Ears**

(NAPS)-According to the Centers for Disease Control and Prevention, as many as 16 percent of teens have reported hearing loss possibly caused by loud noisebut you can reduce the risk for the kids you care about.

**The Problem** Many young people get summer or afterschool jobs that involve farm work, construction, landscaping or theme parks, all of which can damage hearing. Prolonged exposure to high-noise volumes or even short exposures to high-level impulse sound can damage sensitive structures in the inner ear and cause noise-induced hearing loss and/or ringing in the ears

#### **Some Solutions**

"Young employees may need guidance to be safe from haz-ardous noise," said Dr. Laurie Wells, audiologist, and senior acoustics regulatory affairs specialist for 3M. Here's how:

Step 1: Recognize the Hazard. Too few children and parents realize the hazards of excessive noise, perhaps because school programs don't typically cover hearing health. The risk is real and increases depending on the combination of the sound level and the duration of exposure. A general guideline is: If you have to shout for someone to hear you at arm's length, the sound could be hazardous.

Step 2: Take Action. Fortunately, young workers can reduce the negative effects of noise exposure. When possible, reduce the noise at its source. This can be as easy as turning down the volume, keeping equipment regularly maintained or using a quieter tool in place of a louder one. Secondly, move away from the noise when you can.

If this isn't feasible, use hearing protection devices. Employers are obliged to provide appropriate hearing protection to workers in hazardous noise environments.



The louder the noise, the less time a person can safely listen to it before risking hearing damage.

Inexpensive foam earplugs can actually provide the most noise reduction and be the most comfortable if fit and used correctly. Specially designed hearing protectors such as those containing electronics are available for unique environments. Even some earmuffs use wireless signal transmission that lets workers enjoy a personal listening device or use a mobile phone while maintaining protection from noise

Regardless of which option employers or individuals choose, using hearing protection sometimes requires practice for maximum benefit and comfort.

Step 3: Know Your Rights. Young workers should expect a choice of suitable hearing protectors, provided at no cost to them, and to be trained in their proper use

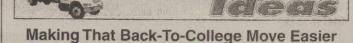
Being aware of noise sources, having appropriately selected and fitted protective devices, and using them correctly will help preserve a young person's hearing for many years to come

#### **Further Facts**

To encourage people to protect their hearing, 3M has launched the Hearing Pledge. Go to www. hearingpledge.com to learn more about hearing, noise, and hearing protection.

# **Notice of Public Hearing on Tax Increase**

The SHERMAN COUNTY will hold two public hearings on a proposal to increase total tax revenues from properties on the tax roll in the preceding tax year by 1.999390 percent (percentage by which proposed tax rate exceeds lower of



1 ON MAG

rollback tax rate or effective tax calculated under Chapter 26, Tax Code). Your individual taxes may increase at a greater or lesser rate, or even decrease, depending on the change in the taxable value of your property in relation to the change in taxable value of all other property and the tax rate that is adopted.

The first public hearing will be held on August 27, 2015 at 8:30 AM at Sherman County Commissioners Court Room.

The second public hearing will be held on September 4, 2015 at 8:30 AM at Sherman County Commissioners Court Room.

The members of the governing body voted on the proposal to consider the tax increase as follows:

FOR:

DANA BUCKLES, COMM. PRT. 1 RANDY WILLIAMS, COMM. PRT. 2 JEFF CRIPPEN, COMM. PRT. 3 DAVID DAVIS, COMM. PRT. 4 TERRI CARTER, COUNTY JUDGE

AGAINST: PRESENT and not voting: **ABSENT:** 

The average taxable value of a residence homestead in SHERMAN COUNTY last year was \$73,242. Based on last year's tax rate of \$0.476960 per \$100 of taxable value, the amount of taxes imposed last year on the average home was \$349.34.

The average taxable value of a residence homestead in SHERMAN COUNTY this year is \$73,814. If the governing body adopts the effective tax rate for this year of \$0.498052 per \$100 of taxable value, the amount of taxes imposed this year on the average home would be \$367.63.

If the governing body adopts the proposed tax rate of \$0.508010 per \$100 of taxable value, the amount of taxes imposed this year on the average home would be \$374.98.

Members of the public are encouraged to attend the hearings and express their views.

"Appraised value" is the amount shown on the appraisal roll and defined by Section 1.04(8), Tax Code. "New property" is defined by Section 26.012(17), Tax Code. "Taxable value" is defined by Section 1.04(10), Tax Code.

#### (NAPS)-As the new school year approaches, college students everywhere are preparing for their trip back to campus. Whether you are a freshman

making the journey into a college dorm for the first time or a senior headed to an apartment off campus, here arc some tips to help ensure a smooth, easy and affordable move. They're courtcsy of the experts at Penske Truck Rental:

•Go with the truck that **best fits your needs.** Experience has shown that in most cases the 12- or 16-foot truck is adequate for moving into a college dorm or efficiency apartment.

•Have a reservation. Fall is peak moving time for students and family, so it's best to reserve early. You should reserve your rental truck and order any moving accessories at least two weeks in advance. At Penske, a reservation guarantees that a truck will be available.

•Using accessories can make a difference. Boxes, pack-ing tape, Bubble Wrap, moving blankets and hand trucks are essential moving tools. Look to pack electronic items in their original cartons, and reinforce the bottoms of all boxes with extra tape for support.

•How you pack it is impor-tant. Load the heaviest items on the truck first. And to avoid injury, always bend your knees and lift with your legs, never your back. Better yet, get a friend to help with any heavy lifting.

•Think safety and security. Plan on picking up your truck a day early so you can practice driving it. Remember, trucks are taller, wider, heavier and require more stopping distance than cars.



Load the heaviest items on the truck first. And to avoid injury, always bend your knees and lift with your legs, never your back.

When traveling, be sure to park in well-lit areas and padlock the rear door

In the unlikely event a breakdown occurs, Penske offers aroundthe-clock emergency roadside assistance every day.Sharing is a good thing.

Sharing the ride with a friend can help to defer some of your truck rental costs and provide some extra help with your boxes.

•Discounts can help. When moving, costs can mount up, so every little bit of savings helps. Look for discounts that may be available through various memberships. For example, Penske Truck Rental is the exclusive truck rental partner of AAA and offers AAA members a discount.

•Keep things in easy reach. Finally, before you leave, create a travel bag for moving day to keep important paperwork, credit cards, identification, clothes, drinks and snacks close at hand. For additional moving tips,

visit www.PenskeTruckRental.

### **Public Notification of Nondiscrimination in Career & Technical Education Programs**

Stratford ISD offers career and technical education programs in Vocational Agriculture, Homemaking, Principles of Business, Career Preparation, Touch and Information Data, and Accounting. Admission to these programs is based on Vocational Agriculture, Homemaking, Computer Application, Diversified Career Preparation, Technology, and Accounting.

It is the policy of Stratford ISD not to discriminate on the basis of race, color, national origin, sex or handicap in its vocational programs, services or activities as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; and Section 504 of the Rehabilitation Act of 1973, as amended.

It is the policy of Stratford ISD not to discriminate on the basis of race, color, national origin, sex, handicap, or age in its employment practices as required by Title VI of the Civil Rights Act of 1964, as amended; Title IX of the Education Amendments of 1972; the Age Discrimination Act of 1975, as amended; and Section 504 of the Rehabilitation Act of 1973, as amended.

Stratford ISD will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs.

For information about your rights or grievance procedures, contact the Title IX Coordinator, Jerry Birdsong, at 503 N <sup>8th</sup> Street, Stratford, TX, (806) 366-3300, and/or the Section 504 Coordinator, Cindy Franklin, at 503 N <sup>8th</sup> Street, Strafford, TX, (806) 366-3324.

### Notificacion Publica de No **Discriminacion en Programas Vocacionales**

Stratford ISD ofrece programas vocacionales en Vocational Agriculture, Homemaking, Principles of Business, Career Preparation, Touch and Information Data, and Accounting. Admission to these programs is based on Vocational Agriculture, Homemaking, Computer Application, Diversified Carcer Preparation, Technology, and Accounting.

Es norma de Stratford ISD no discriminar por motivos de raza, color, origen nacional, sexo o impedimento, en sus programas, servicios o actividades vocacionales, tal como la requiercn el TItulo VI de la Ley de Derechos Civiles de 1964, segin enmienda; el TItulo IX de las Enmiendas en la EducaciOn, de 1972, y la Sección 504 de la Ley de RehabilitaciOn de 1973, segün enmienda.

Es norma de Stratford ISD no discriminar por motivos de raza, color, origen nacional, scxo, impedimento a edad, en sus procedimientos de empleo, tal como lo requieren el Título VI de la Ley de Derechos Civiles de 1964, segUn enmienda; el Titulo IX de las Enmiendas en la EducaciOn, de 1972, la ley de DiscriminaciOn por Edad, de 1975, segün enmienda, y la SecciOn 504 de la Ley de RehabilitaciOn de 1973, segcin enmienda.

Stratford ISD tomará las medidas necesarias para asegurar que la falta de habilidad en el uso del ingles no sea un obstáculo para Ia admisiOn y participaciOn en todos los programas educativos y vocacionales.

Para informaciOn sobre sus derechos a procedimientos para quejas, comuniquese con el Coordinador del TItulo IX, Jerry Birdsong, at 503 N 8 th Street, Stratford, TX, (806) 366-3300, and/or the Section 504 Coordinator,., y/o el Coordinador de la Sección 504, Cindy Franklin, at

503 N<sup>8th</sup> Street, Stratford, TX, (806) 366-3324

# It Pays To Look In The

THE STRATFORD STAR Thursday, August 21, 2015 Page 7

Star Classifieds

## Phone 366-5885

## .. The Best Salesperson Around

## **Help Wanted**

Cimarron Feeders is accepting applications for the following positions: \*Mechanic \*Mill laborer \*Mill MT \*Tank Washer 17 miles S. Keyes, OK on HWY 171 15 miles N. of Stratford, TX on HWY 287 Then right 5 miles on HWT 171 Apply in person: M-F 8a.m-3p.m. or call (580) 543-6383 Great benefits for full-time positions that include: Medical, Dental & Vision insurance as well as 401 K and paid time off. Pre-employment drug screen required. EOE M/F/Vet/Disabled JBS Five Rivers Cattle Feeding is an equal opportunity Employer

Full-time position open. Requires excellent communication skills, good work ethics, attention to detail and a pleasant, positive personality. Computer and ten key calculator skills necessary. Mapping experience a plus. Must attend classes to fulfill requirements of the job. Application may be obtained at the Sherman county Appraisal district Office at 402 N. 3<sup>rd</sup> Street in Stratford. Applications will be accepted through August 27<sup>th</sup>.

8-13-tfn

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Warren Cat is seeking Service Technicians that have experience with engine powertrains, hydraulics, electrics, and have a general mechanical background. To apply go to warrencat.com>current job openings. Equal Opportunity Employer, minorities/Women/Veterans/Disabled 8-13-c

Stratford Grain company is hiring both office and elevator help. Apply in person at 4 N. Main 806-tfn

Coldwater Manor is taking applications for RN's, LVN, Dietary Assistant and Housekeeping. Apply in person. From 8 a.m. to 5 p.m. Monday thru Friday. EOE 7-16-tfn

# For Rent

Close to school, nice 2-BR, 1 bath apartment. Furnished with stove & fridge, CH/A No pets. Tenant pays electric and water. \$550 month on 6 month lease. Call 806-244-3418 or go to westtexasrentals.com to see and send in application 1-8 tfn

Office Space-305 N. Main, across from bank. Call 806-570-0441 (7-30-tfn)

# Legal Notices

## NOTICE OF PUBLIC HEARINGS

The City of Stratford, Texas proposes to institute annexation proceedings to enlarge and extend the boundary limits of the City to include the following described territory:

A 160.30 acre tract of land out of the south portion of Section 163, Block IT, T&NO RR Co. Survey, Sherman County, Texas. A full metes and bounds description of the property is available at City Hall.

Two public hearings will be held by and before the City Council of the City of Stratford, Texas on the 25th day of August, 2015 at 12 pm noon and 6:00 pm in the City Council Chambers at City Hall. All persons interested in the above proposed annexation shall have the right to appear and be heard.

Published in The Stratford Star, Thursday, August 13, 2015 and Thursday, August 20, 2015.

### NOTICE TO ACCEPT SEALED BIDS

The City of Stratford, Texas is accepting sealed bids for financing the purchase of fire equipment. Sealed bids should be submitted by 12:00 pm noon on Tuesday, August 25, 2015 to Kathy Rendon, City Secretary, 518 N. 3 Street, Stratford, Texas 79084. All prospective bidders may obtain detailed bidding instruction requirements at City Hall.

The City may award the bid that is determined to be the best value to the City. The City reserves the right to reject any and all bids.

Published in the Stratford Star, Thursday, August 20, 2015.

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Travel

(NU) - Currently, there are 76 million baby boomers in the U.S., and AARP (travel.aarp.org) aims to help this generation and its family members plan a vacation by taking away some of what can arguably be a stressful activity. Travelers can now go to AARP's travel website to find expert advice and other tools that can help with planning, such as:

• Questions designed to deliver ideas and recommendations for destinations.

• A personal page that allows you to save and organize trip ideas, itineraries and related articles.

• Travel tips and online booking tools for hotels and rental cars through Expedia and Liberty Travel.



### **Stratford Family Medical Clinic**

Mon, - Thurs 8 a.m. - 5 p.m. Fri, 8 a.m. - 3 p.m. 396-5583 Tommy Brian, ANP & Krista Brown ANP

> Elk Pharmacy Mon.-Fri. 9 a.m. – 5:30 PM

## Houses for Sale

House-606 N. Poplar 3 large bedrooms, large living room, large kitchen, 2 bathrooms, laundry room, basement. Two car garage with shop in back. 3 lots 806-753-6166 Call for appointment to view. 7-23 for 4 issues

Country home for sale located just outside city limits sitting on 11 acres. 4 bedrooms, 2 bath, fireplace, sprinkler system, 2 car oversized garage with shop area, 2,731 sq. ft. including garage. Property includes horse barn with tack room, stalls and pens, garden shed, updates throughout, lots of storage, great location! Motivated seller \$239,000. Call 806-753-7556. 8-13-tfn--



We all know that there are children who have free breakfast and lunch provided for them at school Monday through Eriday. Have you ever stopped to think what these children do for food on the weekends? Have you ever eaten lunch on Friday and then not had another actual meal until Monday morning? Can you imagine trying to listen to your teacher on Monday morning when all you can do is watch the clock and count the seconds until lunchtime? Unfortunately, there are children in Stratford and the surrounding towns in the Texas panhandle who face this struggle every weekend and during school holidays. Snack Pak 4 Kids is a program that provides food for children in these situations every weekend of the school year. 100% of all money is used for food only.

ES!!! I want to adopt a child	for: Stra	tford	ISD
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1	year- \$133	(number of children
1	month-\$14	(number of children
-1	week- \$3.50	(number of children
C	ther-\$	

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5 4	ann	5	

Address

Phone

Email

Organization

School you are sponsoring

Adapped ad passance and a property and

Checks are payable to "Snack Pak 4 Kids." Please designate Stratford in memo line of your check.

Snack Pak 4 Kids 701 Park Place Ave Amarillo, TX 79101 806-337-5252 "Check our Competitive pricing" "Compounding Available" 366-5505 Randall Orcutt, RPH

**Coldwater Manor Nursing Facility** 

396-5568 Mark Moore, LNFA

### **Stratford EMS**

9-1-1 or 396-2844 Jimmy Lanning, Director The Stratford Hospital District operates on a non-discriminatory basis, giving equal treatment and access to services without regard to sex, race, religion, age or ethnicity.



## Friday - Aug. 21, 2015

Oklahoma Panhandle Research & Extension Center Goodwell, OK

٥	8:00 ~ 8:30	RegistrationCoffee & Donuts	
٥	8:30 ~ 9:00	Alternative Planting Strategies for Sub-Surface Drip (Dr. Jason Warren, OSU-Still	lwater)
٥	9:00 ~ 9:30	Deficit Irrigation Mgnt. For Corn & Grain Sorghum (Dr. Saleh Taghvaeian, OSU-St	illwater)
	CORN Hybrid	Strip Trial	
٥	9:30 ~ 9:45	Fontanel Hybrids Alan Imler & Wilson	n Henry
٥	9:45 ~ 10:00	LG Seeds	e Konda
٥.	10:00 ~ 10:15	Pioneer	Ramey
٥	10:15 ~ 10:30	Monsanto	ty Jones
	SORGHUM H	Iybrid Strip Trial	
٥	10:30 ~ 10:45	Alta Seeds	y Bevel
0	10:45 ~ 11:00	Fontanel Hybrids Alan Imler & Wilson	n Henry
0	11:00 ~ 11:15	Pioneer	Ramey
٥	11:15 ~ 11:30	Monsanto	y Jones
	Noon LUNC		5

### For meal reservations, 2011 (586) 349-3441 before August 18th



Oklahoma State University, U.S. Department of Agriculture, State and Local Governments cooperating, Oklahoma Cooperative Extension Services offers its programs to all eligible persons regardless of race, color, national origin, religion, sex age or disability and is an Equal Opportunity Employer.

Outstanding principal.

he	Texho	ima Independen	t School District				will hol	d a public
neeting at	6:30 PM, August 3	31st, 2015	in	5	Superintendent	's Office, F	ourth and Denve	r St
Francisco	Texhoma, Texas		Th	ne purc	ose of th	is mee	ting is to c	liscussthe
chool district's l the discussion	budget that will d							
ne proposed rate :	ultimately adopted shown below unles et out below and h	is the district	t publishes a	revised	notice con	ntaining	the same i	
Maintenar	ice Tax	\$1.0400	/\$100 (Pro	oposed	rate for m	aintena	nce and op	erations)
	bt Service Tax by Local Voters	é 0.1010	16100 (		1			
Approved	by Local voters .	<u>, , , , , , , , , , , , , , , , , , , </u>	) \$ 100 (pit	phosen	rate to pay	y Donde	e muebleu	(1855)
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**Comparison of Proposed Rates with Last Year's Rates** Maintenance Interest Local Revenue State Revenue & Operations & Sinking Fund\* Per Student Per Student Total **Last Year's Rate** 5 1.04000 0.17600 \* 5 Ś 1.21600 15,601 2,436

### WINTER SAFETY

## How to Boost Your Cell Phone's Signal for Safer Winter Travel

#### NewsUSA

(NU) - It's the bane of every cell phone user—conversations that become garbled and calls that drop. These "dead zones," usually happen while you're on the road, and can be frustrating at best, while making you feel exposed and defenseless at worst. However, they also present a critical safety issue when driving during the winter.

As winter weather wreaks havoc on roads (never mind cell phone coverage), it becomes more important than ever to stay connected to family and friends whether it's to let them know you're running late, stuck in traffic or in an emergency situation.

That's why zBoost, a Georgiabased company that develops and manufactures cell phone signal boosters, is helping people stay connected no matter where they are, while giving winter travelers a sense of safety and security.

"As a realtor in snowy Ohio, I am on the road showing homes or visiting family, and I'm dependent on my mobile phone to stay connected," said Lisa Van Doting. "Before adding my zBoost Mobile1 cell phone signal booster, I was frequently in areas with no cell service, which left me disconnected and vulnerable in emergency situations."

The way it works is the zBoost Mobile1 is set up in the interior of any car or truck, and a mobile phone is placed in a sturdy, light-



Don't get stranded on the side of the road without a cell phone signal this winter.

weight cradle (much like cell phones of old). The cradle amplifier connects to the dash-mount bracket and also connects to the vehicle's 12V power through a power adaptor via a USB cable. The magnetic antenna is mounted on the exterior of the car, which captures the signal outside of the car, brings it in through a narrow cable and amplifies it on the inside for a stronger signal, extending the in-vehicle cell zone (the phone must be in the cradle). The unit also boosts voice and text for all major cell carriers.

In addition to reducing dropped calls and combatting dead zones, it also extends the battery life of the phone, includes a hands-free option, and most important, extends your cell phone's range.

For more information, visit www.zboost.com/solutions-products/travel/zb245.html.

### HEALTH

# Is It Sarcoidosis? Don't Rule Out This Often Misdiagnosed Condition

#### NewsUSA

(NU) - Most people have never heard of sarcoidosis, but this complex condition has actually been acknowledged for more than 150 years. Well-known people who have been impacted by the condition include Bernie Mac, Reggie White, Evander Holyfield, Tisha Campbell-Martin and Daisy



Rate to Maintain Same Level of Maintenance Operations Revenue &				•	
Pay Debt Service	\$ 1.07,232	\$ 0.19171 *	\$ 1.26403	\$ 14,525	\$ 3,535
Proposed Rate	\$ 1.04000	\$ 0.19100 *	\$ 1.23100	\$ 14,302	\$ 3,535

\* The Interest & Sinking Fund tax revenue is used to pay for bonded indebtedness on construction, equipment, or both. The bonds, and the tax rate necessary to pay those bonds, were approved by the voters of this district.

#### Comparison of Proposed Levy with Last Year's Levy on Average Residence

	Last	Year	This	Year
Average Market Value of Residences	\$	69,643	\$	69,649
Average Taxable Value of Residences	\$	54,643	\$	44,649
Last Year's Rate Versus Proposed Rate per \$100 Value	\$	1.216	\$	1.231
Taxes Due on Average Residence	\$	664,46	\$	549.63
Increase (Decrease) in Taxes			\$	114,83

Under state law, the dollar amount of school taxes imposed on the residence homestead of a person 65 years of age or older or of the surviving spouse of such a person, if the surviving spouse was 55 years of age or older when the person died, may not be increased above the amount paid in the first year after the person turned 65, regardless of changes in tax rate or property value.

Notice of Rollback Rate: The highest tax rate the district can adopt before requiring voter approval at an				
election is	1.23181	This election will be automatically held if the district adopts		
a rate in excess o	of the rollback rate of	1.23181		

#### **Fund Balances**

The following estimated balances will remain at the end of the current fiscal year and are not encumbered with or by a corresponding debt obligation, less estimated funds necessary for operating the district before receipt of the first state aid payment:

Maintenance a	nd Operations Fund Balance(s)	\$ 440,820
Interest & Sinki	ing Fund Balance(s)	\$ 42,681



It's believed that the tradition of using a baby to signify the New Year started in Greece around 600 B.C. Other traditions of the season include the making of New Year's resolutions, which also dates back to the early Babylonians.

Fuentes. Although anyone can develop sarcoidosis, it is most common among people between the ages of 20-40.

Often, the symptoms of sarcoidosis are similar to cancer or arthritis, and people may undergo unnecessary treatment before finding out their actual diagnosis. It's stories like this that inspired the CHEST Foundation of the American College of Chest Physicians and the Foundation for Sarcoidosis Research (FSR) to team up and launch "Sarcoidosis: Seek Answers. Inspire Results," a campaign that encourages people living with sarcoidosis to take a proactive role in their treatment.

"While sarcoidosis is not fully understood, it's important to consider it if symptoms are present," said Doreen J. Addrizzo-Harris, MD, FCCP, co-director of the Pulmonary/Critical Care Faculty Group Practice at NYU Langone Medical Center, pulmonary section chief at Tisch Hospital in New York City, and trustee of the CHEST Foundation board. "The educational resources available at www.chestnet.org/sarcoid encourage people living with sarcoidosis to openly discuss options with their doctor, then follow their unique treatment plan."

Sarcoidosis is an inflammatory disease wherein the immune system goes into overdrive, causing cells to group together into clumps called granulomas. When too many granulomas form on an organ, they can interfere with its function. Though sarcoidosis can impact any organ, the lungs and lymph nodes are affected in more than 90 percent of cases.

With good medical care, most cases are not severe and do not cause lasting damage to the body. However, 30-40 percent of people with sarcoidosis have a persistent condition that may require treatment to control symptoms.

Common symptoms include: 1. Fever, fatigue, weight loss, night sweats and an overall feeling of ill health.

2. A persistent cough, shortness of breath and chest pain.

3. Enlarged lymph nodes — most often located in the neck, but they can also be under the chin, in the armpits or the groin area.

Other signs may include skin changes (such as painful or red, raised bumps), joint pain or eye sensitivity.

For more information and to download sarcoidosis resources including the "Sarcoid Five," a list of five questions designed to jumpstart conversations between patients and doctors — please visit www.chestnet.org/sarcoid.

# Did You Know?

(NAPS)—Kids wield significant decision-making power over family travel plans, according to a recent survey from HomeAway, the world's leading vacation rental marketplace. It connects families with over a million whole-home rentals that offer more room, more privacy and less cost than traditional hotel accommodations.

The first annual Neighborhood to Nation Recipe Contest awarded restaurant cooks and owners for good food and good deeds. Restaurants submitted a recipe using at least one ingredient from General Mills' list of eligible products. Learn more at www.Neighborhood toNation.com.

\*\*\* Starting a business in the franchise industry is possible for new graduates. For information about



starting a Coverall franchised business, visit www.coverall.com/ franchise-opportunities.

\* \* \*

If you've ever worn a logoed shirt, you've participated in one of the most popular forms of branding and advertising—promotional products. They're a medium that consumers remember and advertisers believe in. Learn more at www.promotional productswork.org.